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February 9, 2016

WILDWOOD WALLY DAY

Submitted by Gayle Kowalchuk

Manitoba may have Merv, but Central Alberta has Wildwood Wally. This weather predicting puppet has been around for a number of years. He even had to be rebuilt in 2001 because the wear and tear were getting to him. The children this year had all made their prediction of whether he would see his shadow or not and waited for this morning to see what would happen. At 10:00 on Feb. 2nd Wally's

theme song called the students to the playground where they all gathered to see what the sun would do. As they crowded around the cover was lifted and the rodent gave his verdict to his interpreter who then passed it on to the grade 6 announcer. The word was out. The sun had broken through the clouds just enough and the shadow was just enough to scare the little fellow. Some children cheered and others hissed and more winter was the forecast.

The Wildwood Advantage: Small school, Big Ideas



TIPPLE PARK MUSEUM'S GRAND OPENING



Submitted by Rena Traxel, Museum Manager

In 1970, the Pembina- Lobstick Historical Society was incorporated, in an effort to preserve local history before it slipped away. Since then the Society has worked tirelessly, putting in countless volunteer hours, to build up Tipple Park Museum— a place where history can be shared, experienced, and preserved for generations to come.

As you can imagine, the Society is excited about the opening of the Reception and Tourism building, happening February 19 from 6:00-8:00pm. This is a major step forward in being a year around facility for

the community. With the new building, the Museum is able to offer year around programming for both children and adults, host the Farmers' Market, better protect artifacts, secure travelling exhibits, offer more volunteer and skill building opportunities to students and the community, promote local businesses and organizations, and provide a space the public can use.

Sometimes difficult decisions have to be made. In 2014 the old station-house came down. Unfortunately, the building was unsafe. Now we must look to the future full of possibilities. Thanks to the Society's vision, dedication of staff and volunteers, generous donations, and funding from Yellowhead County, Parkland County, and

the Canadian and Alberta Museum Associations the future looks bright. The Society not only wants to preserve the past, but dreams of becoming a cultural cornerstone—a place where conversation happens, laughter abounds and memories are made.

After the Grand Opening, the Museum will be holding a special community meeting to uncover what the community wants. This vital information will be used to develop meaningful exhibits, programs and events. The Society continues to hold firm to their commitment to preserve history, but they need your help! Please consider joining the Society at Tipple Park's Grand Opening, soak up the local cultural, and chat up a new friend.

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RCMP BEATS

Submitted by Stony Plain/ Spruce Grove RCMP

Occurrences for the week of January 25 to January 31, 2016.

Total Calls for Service Spruce Grove/Stony Plain Detachment: 462

Total Calls for Service for the Victim Service Unit: 71, Persons Crimes: 43, Property Crimes: 64, Impaired Driving Complaints reported: 8, Impaired Driving Charges Laid: 0, Roadside Suspensions: 1, Motor Vehicle Collisions Attended: 33

Property Crimes:

Spruce Grove

1. January 26 – Area of Arlington Street – Theft of Vehicle, 2000 blue Ford F250

2. January 26 – Area of Queen Street and Mohr Avenue – Theft from Mail

3. January 26 – Area of Deer Park Drive – Break and Enter to Residence

4. January 27 – Area of Wellington Crescent – Break and Enter to Residence, xBox, laptops, iPads stolen

5. January 29 – Area of Aspenglen Drive – Theft from Vehicle, backpack stolen

Stony Plain

6. January 29 – Area of 50 Street and 51 Avenue – Break and Enter Rural

7. January 25 – Area of Smith Crescent, Spring Lake – Theft from Vehicles, tools stolen

8. January 27 – Area of Township Road 525 and Range Road 12 – Break and Enter to Garage, tools stolen

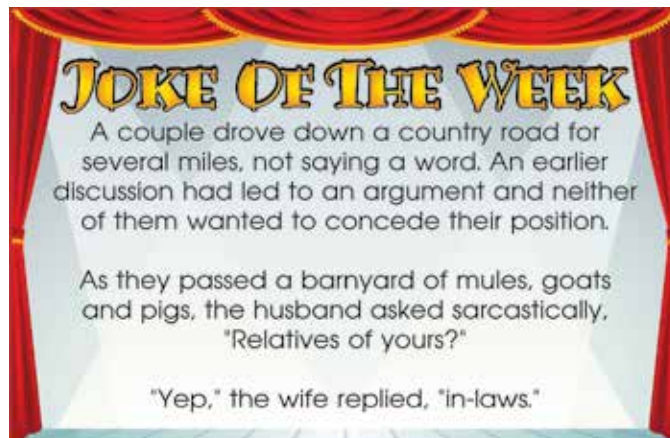
9. January 28 – Area of Township Road 531 and Range Road 12 – Theft of Vehicle, 2015 white Nissan Juke

10. January 28 – Area of Township Road 525 and Range Road 11 – Break and Enter to Garage, GPS, Bluetooth stolen

11. January 30 – Area of Township Road 544 and Range Road 14 – Break and Enter to Residence, TV and Stereo stolen

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Install motion activated lights on your home exterior and use timers to turn lights on inside your home when away.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.






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INTRODUCING ATCOENERGY: POSITIVE ENERGY FOR ALL ALBERTANS

Submitted by Donald McSwiney

ATCO today announced the launch of ATCOenergy, a new electricity and natural gas retail company that promises Albertans outstanding service and lower costs for their homes and businesses.

"I believe this is a positive day for ATCO and for Albertans," said Nancy Southern, ATCO Chair, President & Chief Executive Officer. "ATCO is showcasing our commitment to this province by investing in a new Alberta company, creating new jobs and lowering electricity and natural gas costs at a time when all Albertans need lower costs."

With a commitment to putting customers first and absolutely no door-to-door selling, ATCOenergy offers residential and business customers the best value for money and unique benefits unavailable elsewhere. Beginning today, Albertans can sign-up for some positive energy themselves at ATCOenergy.com or by calling 1-844-OUR-ATCO (687-2826).

ATCOenergy began by asking Albertans what kind of an energy

company they wanted. Customer input led to the creation of a positive energy company that rewards its customers for loyalty and offers low rates, and transparent, no strings attached plans and a commitment to an easy, positive experience!

"ATCOenergy is our opportunity to invest in our own province: Albertans helping Albertans," added Ms. Southern. "Founded in this province nearly 70 years ago, ATCO continues to strive to bring true value and real savings to Albertans and our customers across the province."

ATCOenergy's customer benefits include:

- + \$100 sign-up incentive credited to your first invoice for electricity and natural gas service bundle (3 or 5 year plan);

- + \$50 credit every year on the anniversary of your sign-up for the term of your agreement for electricity and natural gas service;

- + Green electricity options;

- + Convenient payment options including credit card payment;

- + A simple sign-up process by phone or online – inclusive of live-chat;

- + The lowest administration fees around;

- + Flexible contract options;

- + No penalty cancellation; and,

- + Exceptional customer service.

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ECONOMIC OPPORTUNITIES IN SUSTAINABLE BEEF

Submitted by Lorraine Taylor, Conservation Coordinator

Studies strongly indicate that consumers believe they have the right to know how their food is raised, and are ready to reward, or punish, a company/industry depending on its commitment to social and/or environmental causes.

In response to its customers' de-

mands for sustainably raised beef, McDonald's Restaurants has introduced the McDonald's Verified Sustainable Beef Canadian Pilot Project (VSB Pilot), a program to help Canadian Cattlemen make continuous improvements in the environmental, social, and economic performance of their operations, and to sell more Canadian beef through increased consumer trust and confidence.

Since there is no universal definition of sustainable beef, McDonald's collaborated with World Wildlife Federation (WWF), Cargill, JBS, and others to develop the Global Roundtable for Sustainable Beef (GRSB) and establish guiding principles and best practices for sustainable beef.

Now they are working with The Canadian Roundtable for Sustainable Beef, and numerous Canadian beef cattle experts and associations to run a pilot project to demonstrate and verify the sustainability of our Canadian beef supply, through transparent collaboration, communication and celebration of the great work done throughout the beef supply chain in Canada.

On Thursday, February 11, from 10 am to 3 pm at the Carvel Hall, the West-Central Forage Association is hosting Economic Opportunities in Sustainable Beef. This is the second workshop in the "Sustaining Agriculture Workshop Series" held in partnership

with Parkland and Lac Ste. Anne Counties.

This is an opportunity to learn more about the VSB Pilot Program, and see if you are interested in being a part of it. Representatives of the VSB Pilot, as well as local producers who have signed on, will explain the pilot and answer any questions.

Representatives from Alberta's Environmental Farm Plan (EFP), Alternative Land Use Systems (ALUS), and Growing Forward 2 (GF2) will also be on hand to talk about current opportunities and financial compensation programs to foster sustainability in agriculture, and how these programs can help producers meet some of the requirements for the McDonald's VSB Program.




Please pre-register, contact Tina at the West-Central Forage Association, 780-727-4447, info@westcentralforage.com, or register online at www.westcentralforage.com/events.

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FAMILY DAY WITH WABAMUN & AREA FCSS

Submitted by Wabamun & Area FCSS

Statistically, in the summer, people tend to get together more often on a casual basis. There's backyard BBQ's, days picnicking in the park, hanging out at beach, hitting up the local ice cream shop and more. In the winter, we tend to hibernate more, staying indoors, combatting the snow, cold and 'winter blues'.

Wabamun's Family Day weekend is blowing the winter trend out of the water and bringing families, friends and the community together for the whole weekend with some amazing events and we are proud to have a part in some of the festivities! Family is so important and many of us lead extremely busy lives and barely have time to have supper at the table together. The Family Day weekend in Wabamun is giving everyone a chance to slow down for one weekend, take in the festivities and spend it together as a family - our personal family and our community family.

From bowling all weekend from 12-8 each day to the infamous Kids Can Catch event on Saturday the 13th at waterfront park, (can you believe Wabamun doubled its population in one day during last year's event?!), which includes ice fishing demonstrations, activities, food and more! Wrapping up the weekend, Monday boasts an annual pancake breakfast hosted by the Communities in Bloom as a fundraiser and silent auction, Wabamun & Area FCSS will be entertaining the families with crafts, board

games and more during their Unplugged event - 'Disconnect to Connect.' The afternoon will be a good old fashioned Sock Hop from 1-4pm with the Wabamun LEAPS Association running the concession. Last but not least, there will be a free public skate at the arena from 5-6pm hosted by Wabamun Minor Hockey Association. Whew! How's that for a winter hibernation break?

Wabamun & Area FCSS is so excited to be a part of helping

bring families together not only with Family Day weekend but ongoing throughout the year. We are a partnership between the province and the Village of Wabamun. We develop preventative social initiatives to enhance the well-being of individuals and families in our community. We offer referral services and host a variety of events such as Fall Fest, Volunteer Appreciation, weekly programming like TotSpot drop in playgym, & Youth Night. We

offer a babysitter's course for those up and coming go getters, workshops as they come available and are jump starting new things all the time, like Meals on Wheels and are looking into senior's initiatives and programming.

Do you have an idea for us? Or would like to attend a meeting and see what we are all about? Drop us a line: 780-892-2699, email us: fcss@wabamun.ca or find us on Facebook!!

See you Family Day weekend!

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Other events have not been confirmed

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Family Evansburg Day

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YELLOWHEAD COUNTY GAIN DEEPER UNDERSTANDING OF WATER WELL MANAGEMENT

Submitted by Patricia O'Neil

On January 26, Wildwood and area county residents learned about risks to their groundwater and ways to protect their water wells at a free water well management workshop hosted by Yellowhead County and presented by the Working Well Program, with technical expertise from Alberta Agriculture and Forestry, Alberta Environment and Parks, Alberta Health Services and licensed water well drillers.

According to Ken Williams, from Sagewood Communications speaking in regards to the Alberta Environment and Parks' Working Well program, many Albertans have old wells they don't know what to do with, or they don't know how to properly maintain their existing wells. This may be putting their groundwater at risk of contamination. "A properly constructed and maintained water well is one of a landowner's most important in-

vestments," offers Williams. "This workshop helps people understand how groundwater works, and teaches them about their well and how to properly maintain it."

Participants learned about a variety of water well construction, siting, and maintenance topics including:

1. Setbacks: Alberta legislation requires minimum setbacks between water wells and contamination sources such as livestock pens, septic systems, manure piles and chemical and fuel storage. Shallow wells and wells located in gravelly or sandy soils are at higher risk of contamination and may need greater setback distances or special protective measures.

2. Landscaping: The ground around a water well should be mounded and landscaped to ensure that surface water does not run towards and pool around the outer casing of the well.

3. Eliminating well pits: In the past, well pits were installed to provide a frost free location for the

pressure system. Provincial regulations now prohibit the construction of wells pits as they increase the risk of contamination to groundwater and can be a deadly safety hazard. A licensed water well contractor should be hired to upgrade a well in a pit.

4. Water well drilling reports: Licensed water well contractors are required to submit drilling reports to Alberta Environment and Parks. This report includes important information that will help well owners manage and protect their wells.

5. Single Aquifer Source: Constructing a well so it draws water from more than one aquifer might increase the gallons per minute, but it also puts groundwater at higher risk. A single aquifer completion eliminates intermixing of water bearing formations with different water qualities and prevents aquifer depletion.

6. Water sampling: Well owners should do a standard coliform bacteria test twice a year (more often if the well is less than 50 feet deep) and a routine chemical test every two

years.

According to Guy Hancock, Alberta Environment and Parks, when having a new well installed it is critical that owners select a reputable driller and know what features to ask for. For example, make sure the drilling contractor does a full pump test and calculates a recommended pumping rate for your new well. "It is also a good idea to have the drilling contractor plug any old or unused wells while he is on your property," adds Hancock. "Surface water draining down through old wells can contaminate the aquifer tapped by your new well."

Landowners can also learn more about maintaining their water wells in the booklet Water Wells That Last, available on-line from Alberta Agriculture and Forestry at www.agric.gov.ab.ca or by contacting the Alberta Environment and Parks Information Centre toll free in Alberta at 310-3773 or ESRD.Info-Centre@gov.ab.ca.



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MONDAY, FEBRUARY 15TH

Communities In Bloom Annual Pancake Breakfast

8:30-12:00pm, Wabamun Jubilee Hall. \$5/person - Silent Auction as well!!

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Family Activities 9am - 12pm, Board Games, Crafts Door Prizes & More!
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FREE FAMILY SKATE! Sponsored by Wabamun Minor Hockey Association. 5:00pm - 6:00pm Wabamun Ice Arena 4820-52 Ave.

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SHOW US YOUR HEART FEBRUARY 12 – 28, 2016

Submitted by Cassandra Ward

January 12, 2016: Brampton, ON - A little goes a long way to helping thousands of homeless animals and the shelters and pet rescue groups that support them. From February 12- 28, join Global Pet Foods and Michael "Pinball" Clemons to support Global Pet Foods' annual Show Us Your Heart™ fundraiser.

Donate as little as \$1 in-store during Show Us Your Heart™ and Global Pet Foods will match it with another \$1. Purchase a Paper Heart for \$5 and Global Pet Foods will donate \$1, plus give you 10 AIR MILES® Bonus Miles! 100% of all funds raised will be donated to local animal shelters and pet rescue groups to provide much needed shelter, care and treatment for pets in need.

Pets like Hunter, a 10 year old Rottweiler Shepherd mix surrendered to Animal Rescue Transfer System (ARTS) in Alberta. When Hunter came to ARTS he was at least 50 lbs overweight, which significantly limited his mobility. With the help of aqua therapy, Hunter lost 40 lbs, regained his mobility, strengthened his muscles and is now looking for a forever home.

Community-based pet groups often struggle to raise the funds necessary to keep the lights on and pay vet bills. Even the smallest donation made during Show Us Your Heart™ can make a big difference to pets in need and the people who are caring for them.

To help homeless pets like Hunter, visit any Global Pet

Foods store from February 12-28, 2016 to donate. Since its inception, the Show Us Your Heart™ fundraiser has raised over \$1,000,000 to help care for thousands of homeless animals across Canada.

Show Us Your Pet Contest

For the chance to win great prizes, visit <http://www.globalpetfoods.com/showusyourheart2016>

and enter the Show Us Your Pet Contest by sharing a photo

of you and your pet.

About Global Pet Foods:

For more than 40 years Global Pet Foods has actively supported local companion animal charities and local shelter organizations.

Global Pet Foods is the largest Canadian-owned chain of speciality pet food and supply stores. Our philosophy is that caring for pets must include these four elements: Mind+Body+Soul+Spirit. By offering a unique and

wide selection of wholesome pet food, accessories and supplies that encompasses these four elements, we help pet parents make informed decisions for the total health and well-being of their companion pets.

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GRANDE YELLOWHEAD PUBLIC SCHOOL DIVISION FEBRUARY SCHOOL NEWS

Submitted by Nikki Gilks

LOBSTICK ZONE

Evansview School, Evansburg
The grade 5/6 class at Evansview Elementary is exploring sky science. One of our projects was to research a planet of our choosing and make a 3D model of it. We included some fun facts about the planet, wrote some interesting information that tells us more about the planet, and we made a Styrofoam 3D model of the planet itself. Through this

process we got to know a lot of new and interesting space information!

Grand Trunk High School, Evansburg

As the new semester starts, students have several activities to keep themselves occupied with over the month. The Students' Union group will be running its annual matchmaker fundraiser during the couple of days before the Valentine's day weekend. Discussion about running a student dance are also being looked

into. February also marks the annual administration of Alberta Education's Accountability Pillar surveys in which all students will be asked to complete as part of the Tell Them From Me. Parents of students in grades 7 & 10 will also receive copies of the survey at home to fill out.

February also sees the junior high basketball program wrap up its league schedule with 3 home games and 1 away game and then the GYAC divisional tournament at the end of the

month. Both teams have done well to this point and we wish them luck as they finish up their season. The senior basketball teams have a couple of tough tournaments ahead of them this month as they gear up for another run at the 1A zone championship in early March with the hopes of travelling to provincials once again representing the North Central Zone.

Grand Trunk Events for February:

- February 9 - Jr. B'ball @ GTHS
- February 12 & 13 - Sr. B'ball @ Ardrossan
- February 15 - Family Day (No School)
- February 16 - Jr. B'ball @ GT
- February 18 - Jr. B'ball @ Wildwood
- February 26 & 27 - Sr. B'ball @ Vegreville, GYAC Jr. B'ball Tournament

Niton Central School, Niton Junction

January continues to be busy at Niton Central School, as teachers and students regroup after the holidays and dig into a new year. Some new ping pong tables have been put to good use and skates, cross-country skis and snowshoes are now being dug out of storerooms. Global warming notwithstanding, there is plenty of snow here to enjoy winter sports!

Elementary staff have been using weekly PLC time to finalize writing essential learnings per grade. This project has taken a few months to complete, but many important issues have been discussed and resolved along the way. The next major project will be to continue work on math essential learnings. Elementary staff will be attending a number of math sessions at Teachers' Convention together, in an effort to take advantage of some excellent speakers and continue improving our program together in a meaningful way.

In the meantime, junior high staff continue to fine-tune their RTI and options programs.



EXCITING CONTRACT EMPLOYMENT OPPORTUNITY!! Whitecourt/Lac Ste. Anne Support for Adult Learning & Literacy (SALL)

Community Adult Learning Program Coordinator

We are currently accepting applications for the part-time contract position of a Community Adult Learning Program (CALP) Coordinator. Under the direction of the SALL Board, the CALP Coordinator will be responsible to plan, implement and evaluate adult education & learning programs and maintain the day-to-day operations of these programs within our boundaries. SALL serves the areas of Whitecourt, Lac Ste. Anne County, Mayerthorpe, Alberta Beach, Onoway, Sangudo, Blue Ridge, and Anselmo. SALL endeavors to provide lifelong learning opportunities that strengthen individuals, families and the community.

Duties will include, but are not limited to:

- Plan, develop, coordinate, promote and evaluate programs, and any special events related to adult learning.
- Provide written project/financial reports to the Board at their regular meetings.
- Liaise with the SALL Adult Literacy Coordinator on joint initiatives.
- Create project proposals and meet reporting requirements for funding.
- Promote adult learning programs and opportunities in all communities within our service area.
- Network with community organizations, businesses, agencies and stakeholders.
- Meet the requirements of the Policy and Operating Requirements set out by Alberta Advanced Education & Technology for Community Adult Learning Program (CALP).
- Assist with the development of the Annual Application and the completion of the Annual Report documentation.

Contract position at \$20.00/hour

Part time with an opportunity to negotiate full time hours

Office is based out of Whitecourt

Trista Court, SALL Administrator

c/o Box 219, Sangudo, AB T0E 2A0

Phone: 780-785-3411 or Toll Free: 1-866-880-5722 (LSAC)

Fax: 780-785-2359 E-mail: tcourt@lsac.ca

The position will remain open until a suitable candidate is selected.

We thank all applicants for their interest.

Only those candidates short-listed will be contacted for interviews.

Continued on Page 13

Grande Yellowhead Public School Division February School News

Continued From Page 12

Student needs drive their programs and much time is spent identifying and planning for them. The current RTI sessions include Source Analysis, Vocabulary and Number Sense, and options include PE, Robotics, Leadership, Wood Burning, Foods and Winter Sports. Grade 8 students will also be working on a real-life Math project, where they analyze certain home floor plans and cost out flooring options. Keeping our students learning and focused on what they need are our primary concerns.

Niton Events for February

- February 10 & 11 - Parent/Teacher Interviews

- February 15 - Family Day (No School)

- February 16 to March 4 - Elementary Math Blitz

Wildwood School, Wildwood

Wildwood School's Christmas Concert on December 16th featured a junior high nativity play, choir and chimes performances, and an amazing version of Polar Express! Congratulations to all for their hard work resulting in one of the best concerts ever! Thank you to our audience for their donations to the food bank and for their expressions of appreciation after the concert. With our return to school, fabulous experiential learning activities for your children abound! Elementary students will be enjoying skating at various times throughout January at the Wildwood Recreation Complex. Thank you to the complex and its staff for a great facility that is so well maintained - students rave about the great ice surface.

The Grade Four's and Five's are building miniature houses wired for electricity with working lights, doorbells, ceiling fans and burglar alarms. FNMI guest speakers and instructors will be visiting to teach Métis dancing, the making of drums, wampum belts, and rattles. The Grade 6 class will also be carving soapstone. Our Kindergarten and Grade 1 class has been explor-

ing hands-on learning activities about snow and may very well never want to eat snow again! The Grade 8 Science class has been doing water testing and will work with the K-1 class testing snow water from our school yard.

The Grade 4-6 students had a professional storyteller, Gail de Vos, visit on Tuesday, January 19th to model and teach oral storytelling skills to the students preparing each student for when

they will be presenting their own myth or legend to an audience in days to come.

In our BEST classes, Superflex is proving to be EXCELLENT for improving executive functioning. Our students are using the terms they learn and helping each other to not be a Rock Brain or DOF (Destroyer of Fun). Our students are in mid-year stride and busy being learners, and that's part of The Wildwood Advantage: Small School,

BIG Ideas!

Wildwood Events for February:

- February 9 - Gr. 6-9 Cooking Classes for Kids

- February 10 - Gr. 4-5 Cooking Classes for Kids

- February 15 - Family Day (No School)

- February 17 - 100 Day

- February 24 - Anti-Bullying Day



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Highvale End Land Use Area Structure Plan Final Phase - Public Open House

Residents are invited to attend an open house to view and provide feedback on the **Draft Highvale End Land Use Area Structure Plan (ASP)**. The plan area includes the existing Highvale Mine Permit Boundaries and surrounding areas within Parkland County.

Date: Tuesday, March 1, 2016

Time: 5:30 p.m. to 8:30 p.m. - Drop In
6:00 p.m. - Presentation

Location: Keephills Community Hall, 15A-51515 Rge Rd 32A

A moderated question and answer session will follow the presentation.

Let us know what is important to you!

Residents who cannot attend the meeting are invited to view the presentation information and provide feedback between March 1 and March 15, 2016 at highvaleendlanduseasp.ca

MR MIKES® STEAKHOUSECASUAL BRINGS QUALITY STEAKS AND THE ULTIMATE CASUAL DINING EXPERIENCE TO DRAYTON VALLEY



Submitted by Charis Whitbourne

Drayton Valley residents looking for the perfect restaurant/lounge for a casual and affordable dinner experience or upbeat night out need look no further, as MR MIKES® SteakhouseCasual officially opened its newest location on January 25, 2016 at 2248 50th Street, Drayton Valley, Alberta, T0E 1Z0

MR MIKES® SteakhouseCasual Drayton Valley will be a casual dining restaurant seating 192 people and features a hearty and affordable menu, full bar and lounge (urbanLODGE) beers on tap, patio, distinct décor, and a re-

laxed feel. The menu features a wide selection of entrees including Canada AAA steaks grilled to perfection, Mikeburgers®, salads, seafood, pastas, and rice bowls, as well as a range of delicious appetizers and desserts. The recent launch of a new menu draws on current food trends to give Canadian classics an added twist by introducing bacon to the Mac 'n' cheese, and adding Sriracha to favourites like the Honey Panko Shrimp and the Mikeburger®. Add warm and welcoming surroundings of natural woods and stone, house brews, exclusive wines, and a generous selection of tasty and creative cocktails. It's the recipe for a memorable steakhouse dining experience.

rience.

The franchisee behind MR MIKES® Drayton Valley is 5-Star Group, who also own MR MIKES® Steakhouse-Casual stores in Bonnyville and Slave Lake. "Just as Bonnyville and Slave Lake have embraced MR MIKES as a place for quality and affordable food served in a relaxed setting, we're confident Drayton Valley residents will be equally excited about the laid-back concept", says Sal Naim, co-owner of 5-Star Group. "From our steaks to our Mikeburgers®, to pastas, salads and stir-frys, there is something on the menu for everyone. Most importantly, MR MIKES® offers a casual environment and you can just come as

you are. We're excited to be part of the community and look forward to offering a place that Drayton Valley can be proud of."

Established in 1960, with its first restaurant on Granville Street in Vancouver, the MR MIKES® brand is well known and loved for its 55-year heritage, quality and affordable menu, and unique style. MR MIKES® has operations in 27 locations across Western Canada, and plans to open another 30 locations over the next three years with a recent opening in Peace River. Hinton, Whitehorse, and Cochrane are locations slated for 2016.

For more information on MR MIKES®, visit: www.mrmikes.ca

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Dr. Nicholas Teoh was born and raised in Edmonton. He attended the University of Alberta where he graduated with a Bachelor of Medical Sciences as well as a D.D.S. He received several awards during the course of his studies including the Dr. GH Gibb Memorial Prize and the Dr. Stanley S. Kucey Leadership Award.

Nicholas enjoys performing all aspects of dentistry. In his spare time, he enjoys working out, reading and playing board games with friends and family. He is very excited to be a part of the friendly team at Karo Dental as it allows him to provide quality care in a peaceful environment.



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Bridal Guide

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Bridal Guide



Wedding Good Luck Charms

Couples' wedding days are special moments, ones they hope pave the way to a life filled with happiness and good fortune. That's why the bride and groom surround themselves with close friends and family who want to celebrate and support their new life joined together.

Perhaps due to superstition or tradition, many couples employ some wedding day strategies to increase their good luck. The following are some of the symbols that couples may want to keep an eye out for on the day they walk down the aisle.

- It's good luck for the bride

to see a dove on the way to the wedding because doves symbolize peace and prosperity. Because doves mate for life, this symbol is doubly beneficial on a couple's wedding day, as it can be a harbinger of a long, happy marriage and home.

- Some brides believe sugar

cubes tucked into their wedding gloves leads to a sweet union.

- Hindu tradition states that rain on a wedding day is good luck. Rain is believed to be a symbol of fortune and abundance, especially after times of drought. What's more, rain can foretell a strong marriage. That's because a wet knot is more difficult to untie.

- Ancient Romans were so concerned with ensuring good luck that they actually studied pig entrails to determine the luckiest time to marry. If they consulted with the English, they might determine that a wedding shouldn't take place on a Saturday, which is unlucky. English tradition states Wednesday is the best day to get married.

- In Holland, well-wishers would plant pine trees outside of newlyweds' homes as a symbol of fertility and luck.

- Grooms may want to give a coin to the first person they see on the way to their weddings. This is another symbol of good luck.

- Some couples plan to marry during a full moon, because that can symbolize good luck and good fortune.

- On a couple's wedding day, tears from a bride or a child during the ceremony is considered lucky. English folklore suggests that brides who discover spiders in their gowns are in for some good luck.

- The Chinese believe that lighting fireworks at their wedding ceremonies chases away evil spirits. A red umbrella also might be held over a Chinese bride to keep bad spirits at bay.

- Many grooms do not see their brides in their wedding gowns before their wedding ceremonies, feeling it is bad luck if they do. Many brides also do not wear their complete wedding outfits prior to their big day.

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Bridal Guide



Dance Lessons Can Be Helpful Prior To A Wedding

Apart from their initial nerves during their wedding ceremonies, many couples feel comfortable having all eyes on them for the majority of their wedding days. However, some couples get a bit of stagefright when dancing as husband and wife for the first time.

First dances and parent-child dances are popular wedding reception rituals. The couple's dance serves as their first act as a married pair, often occurring at the onset of the wedding reception. Father-daughter and mother-son dances may take place at different points in the evening.

Some people relish the idea of having the spotlight on them, while others are nervous about dancing in front of a crowd. While couples need not look like contestants on "Dancing With the Stars" to pull off a successful first dance, taking dance lessons prior to the wedding can teach men and women some key moves and help calm their nerves.

Couples may want to begin dance lessons a few months before their wedding day to get acclimated to the experience. The more lessons couples take, the more comfortable they will likely be when it comes time to cut a rug.

Private dance lessons may be more effective than group lessons, as they enable one-on-one interaction with instructors, who point out any missteps immediately and correct form on the spot. Instructors also may suggest which routines couples should embrace and which they may want to avoid.

Preparation can stem nervousness and help couples feel more confident on the dance floor, even if their dances last only a few minutes. The goal of dance lessons is for couples to become better dancers, but improved skills on the dance floor is not the only thing couples can take from dance lessons.

· Exercise: Dancing is an excellent

form of exercise that can help couples build up their endurance. In addition, the cardiovascular benefits of dancing can help couples shed a few pounds prior to their wedding days.

· Stress relief: Planning a wedding is not always easy. Having a night

of the week devoted to some fun couple time can help relieve some of the stress couples may feel when planning a wedding.

· Enjoyable memories: Taking dance lessons as a couple is something couples may look back on

fondly long after they have tied the knot and cut their first rug as husband and wife.

Dance lessons can help couples calm their nerves as their first dance approaches.

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Bridal Guide



Wedding Rings Are Symbolic Gestures Of Commitment

Couples adhere to many traditions on their wedding days, including the exchange of wedding rings. Wedding rings symbolize the union of two people and their pledge to remain faithful to each other.

No one is exactly sure just when the tradition of exchanging wedding rings originated, but some say it can be traced back to ancient Egypt,

when the oldest recorded exchange of wedding rings was made. Reeds growing along the Nile were twisted and braided into rings and given during betrothal ceremonies. The round ring symbolized eternity, and the hole within the center meant a gateway to things unknown. Since reeds were not very durable, soon ivory, leather and bone were used to

create wedding rings.

As new lands were explored and territories expanded, traditions from one culture were adopted and modified by other cultures. The same is true with wedding rings. According to the Diamond Source, wedding rings were adopted by Romans and incorporated into Western wedding ceremonies. Romans' rings were

highly decorated, and some historians believe wedding rings were given to represent ownership over brides instead of symbolizing love. These rings were made of iron and called "Anulus Pronubus," or "betrothal ring."

Rings have been simplified since those days and ultimately made of many materials. Throughout history, wedding rings were worn on various fingers and even both hands, whereas many married people in Western cultures now wear their wedding rings on the left hand and on the fourth finger. Romans once believed that this finger contained a vein, called the "Vena Amoris," that ran directly to the heart. Though that is not true, the tradition has prevailed.

Other legends say that, when blessing a Christian marriage, priests would bind the marriage by saying, "In the name of the Father, the Son, and the Holy Spirit," simultaneously touching the ring to the recipient's thumb, index finger and middle finger, before slipping it on the fourth finger while saying, "Amen."

Another theory on ring placement is that wedding rings are worn on the ring finger because that finger isn't used as much as the rest of the hand, ensuring delicate ring materials won't be damaged.

Ross Simmons Jewelry states that gold is still the most popular metal choice for wedding rings, but couples are opting for some other metals that are more durable. Platinum is popular not only because it is long-wearing, but it also tends to be the most expensive. It's also a dense metal and can feel heavy in hand. Tungsten carbide is another durable metal that has grown in popularity in recent years. These rings cannot be cut and resoldered, which means it's important to size the rings correctly the first time. Titanium is both lightweight and durable, and it's popular because it is hypo-allergenic, making it practical for those with allergies to other metals.

Wedding rings continue to serve as symbols of a couple's vows and union. Much like the marriage itself, they are designed to last the test of time.



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Bridal Guide



Easy Ways To Trim Wedding Costs

Couples planning their weddings realize pretty quickly just how expensive weddings can be. Depending on where couples tie the knot, the costs can stretch into the tens of thousands of dollars, leaving many young men and women to scramble to find ways to trim costs without trimming quality.

Many couples look for ways to cut wedding costs, and couples facing that very dilemma should know that there are several ways to save money but still host the wedding of their dreams.

Guest list

Guest lists can consume a significant portion of couples' wedding budgets. When compiling the guest list, couples should keep in mind that guests will need save-the-date cards, invitations, catered meals (including cocktail hour, dinner and dessert), drinks, and gifts (including hotel gift bags and wedding favors). So

the cost per guest will be more than just the per person cost of the meal couples negotiate with their caterer. Couples who can pare their guests lists down to just family and close friends can save a substantial amount of money without affecting their ceremonies.

Reception

A couple's wedding reception also will chew up a lot of their wedding budgets. But there are ways to reduce the costs of receptions, too. Couples planning on having a morning wedding can shift their receptions from the evening to the afternoon, when the cost per meal will be considerably less. Afternoon receptions also can be alcohol-free, saving couples even more money. If a nighttime reception is a must-have, choose a limited cash bar instead of an open bar. Limited cash bars often provide guests with free beer and house wine while guests who prefer liquor or

mixed drinks must pay for their own libations. If you are planning an outdoor wedding reception, you may even be able to provide your own alcohol, which can save considerable amounts of money.

Couples also can trim reception costs by choosing the least expensive meal package. Packages often differ greatly in price but are not always so different with regard to their menus. If you find the packages offered by your venue are similar, choose the least expensive option.

Arrangements

Floral arrangements are a big and potentially expensive part of many couples' weddings. The bride needs her bouquet, as do her bridesmaids. In addition, many couples decorate their ceremony space with flowers, and of course reception table centerpieces typically include flowers as well. When working with your florist, request in-season flowers, which

will cost considerably less than exotic flowers that are out of season. In addition, let your florist know your budget and ask that he or she recommend flowers that won't break the bank.

Gifts

While it's become customary to prepare gift bags for guests staying in hotels, couples should not go overboard with such gifts. Gift bags need not include more than a snack, a bottle of water and a homemade thank-you card. Couples also should not break the bank with regard to reception gifts, which have also become a standard offering. Keep such gifts simple and inexpensive, even opting for homemade gifts if you and your future spouse are skilled with crafts.

Wedding costs can be eye-opening for couples preparing to walk down the aisle. Fortunately, there are many ways to cut costs without cutting quality.

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Entwistle Community League Hall, Contact Cheryl at 780-727-6671 or Verna at 780-716-2304.

Entwistle Senior's Drop In Centre, Barb 727-2108 or Glennis 727-4367 Mon-Fri

Evansburg Senior's Heritage House, Flo 727-2496 or Marcel 727-4269

Evansburg Legion, upper hall 250 people, lower hall 80-100 people, 727-3879

Fallis Community Hall, 892-3150

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Park Court Community Hall, 727-4476

Parkland Village, 960-3673 or 960-5556

Rich Valley Community Hall, 967-3696 or 967-5710

Rosenthal Community Hall, 963-7984

Seba Beach Heritage Pavilion, 797-3863

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Tomahawk & Dist Agra Center, 898-6069

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HOURS OF OPERATION: 9am – 5pm Weekdays

3rd party billing (AADL, WCB, DVA, FCH) • Personal 0% Financing if Needed

For The Latest Technology In Hearing Aids & Assisted Living Device Stop By & See Dawn

#220-70 McLeod Ave - Westland Market Mall, Spruce Grove

Drayton Valley Family Day

Monday, February 15th, 2016
1:00 pm - 5:00 pm | Omniplex



Join the Family Day Activities around Drayton Valley!
Included are: Horse and Wagon Rides, Tobogganing,
BBQ, Snowshoeing, Snowman Building Contest,
Photobooth, Cookie Decorating, Hot Chocolate, Skating
&Swimming. (Some Events Weather Permitting)



Omniplex Free Public Skating from 1:00-3:00PM
Park Valley Pool Free Public Swimming 1:00-4:00PM
Aspen Waste Management Facility Activities 1:00-5:00PM

You can also take the Bus from the Omniplex
that makes the Loop from all three locations.

Drayton Valley Family Day

These pages are sponsored by the following businesses

Town of
Drayton Valley
514-2200

Carol Lapointe
Professional
Services Ltd.
542-1571

Value Drug Mart
542-5366

Canadian Tire
-Drayton Valley
514-7670

Apex Monarch Inc.
542-7135

Big West Dodge
542-4488

Carlson Roberts
Seely -Chartered
Accountants
542-4468

Country Haven
Kennels
621-1631

Valley Concrete
(2003) Inc.
542-5488

D.V.
Home Hardware
& Bldg Centre
542-9663

Sabine & Webb
LLP Lawyers
514-3334

Lubers Express
Oil Change Ltd.
542-6880

Drayton Valley Auto
Parts / NAPA
542-6881

River
Valley Contractors
(Sand & Gravel)
898-8085

Dunn Right
Communications Inc.
542-5200

Wal-Mart
-Drayton Valley
514-3207

Fountain Tire
-Drayton Valley
542-7933

Tri-Electric Ltd.
542-4212

D.V. Rentals
542-5845

The Brick /
Crossroad Travel
542-4431



Noreen Hutt
www.noreenhuttrealestate.ca
4922-50th Ave
Evansburg, AB

780-727-2887
780-962-9696

REALTY EXECUTIVES

LEADING

MLS **R**

The Office is Open
From Monday to Friday,
Tuesday - Thursday
From 9:00 am to 4:30pm.
"I Live in the Community
So I'm Always Only
Minutes Away."

NEW



Amazing 2400 sq ft Commercial Building With the Perfect Downtown Location in Wildwood! A Great Investment Opportunity for **\$159,900!**

NEW



Wow! This 3 Bedroom Home is **Only 75,500!** This Home Has a Huge Entry, a Bright and Open Kitchen, a Spacious Living Room, 3 Bedrooms, an Upgraded Bath, a Sun Room, an Attached Garage, a Gazebo, a Playhouse and a Fenced Yard!

NEW



Beautiful Cedar Home on 79 Acres! Features Include an Attractive Oak Kitchen, a Dining Area With Bright Windows on All Sides, a Beautiful Living Room, 3 Spacious Bedrooms, 2 Baths, a Full Walk Out Basement, Air Conditioning, 3 Decks, & a Double Car Garage. The Property is Beautifully Treed With an Open Meadow, Walking trails, & Has an Abundance of Wildlife! **\$355,000**



14.8 Acres With Power, Mature Spruce and Poplar, an Open Meadow is Perfect for Your New Home or a Great Weekend Getaway **\$59,900**



This 9.93 Acres Has the Perfect Building Site or Weekend Retreat. Offering Both Treed & Open Areas & Your Own Private Pond **\$74,500**



Totally Redone 1037 sq ft Home Features a Beautiful Kitchen With New Cabinets, Countertops, Custom Tile Work and a Large Island, Bright Living Room, New Flooring, New Fixtures, a Newer Roof and is Located on a Corner Lot! **\$109,900**



This 5 Bedroom Home With Full Basement Has a Large Kitchen, a Spacious Living Room, a 4 pce Bath, and a Partially Finished Basement. Situated on .49 Acres and Approx. 35 Mins From Edson. **\$105,000**



Located in The New Subdivision in Evansburg Complete With Walking/ Bike Trails is This Perfect Residential Lot To Build Your New Home On. **\$32,500**



This Perfect Year Round Home or Weekend Retreat Right Off Pavement Has an Attractive Updated Home on 1 Acre & is Nestled in the Mature Spruce in a Private Setting. Features are a Large Kitchen, a Spacious Living Room, 2 Bedrooms, a 4 Pc Bath, Office & 2 Decks **\$129,900**



This 3.53 Acres is Close to The Lake In Singing Hills Estates. This is a Great Weekend Getaway or Perfect Building Spot! **\$89,900**



Beautiful Cape Cod Home on 1.44 Acres Right in Town Has 5 Spacious Bedrooms, 4 Baths, a Huge Dream Kitchen, a Separate Dining Area, a Den / Office, a Living Room Complete With a Gas Fireplace, a Massive Rec Room, an Attached Garage, 2 Covered Decks, a Paved Driveway & a Treed Park Like Setting. Also Included is an Older 2 Storey Home & a Garage! **\$429,900**



SOLD
This Well Maintained 1400 sq ft Home Built in 1997 To Be Moved Has a Large Country Kitchen, a Spacious Living Room, 3 Bedrooms, 2-4 Pce Baths, a Laundry Room, & a Large Deck **\$64,500**

REDUCED



Great 3 Bedroom Family Home With an Open Floor Plan Features a Bright Kitchen, Large Living Room, Updated Bathroom & a Huge Covered Deck. Other Features Include a Double Car Garage, Poured Sidewalks and a Corner Lot! **\$154,500**

REDUCED



Located on a Double Lot on Main Street in Entwistle is this Great Commercial Building With a Well Established Business on the Main Floor & an Attractive Suite Upstairs **\$279,900**



This Attractive 1217 sq ft Home Features a Huge Country Kitchen, a Bright Living Room, 3 Bedrooms, & 2 Baths. Extras Include a Newer Deck, Great Landscaping, a Garden Spot, 2 Sheds & Fenced Yard **\$169,900**



80+ Acres of Lakefront! This 1246 sq ft Home Has a Bright Kitchen, Inviting Livingroom, 2 Bdrms & 2 Baths. Included is a 1800 sq ft Quonset on the Property, Mature Trees & is Located on Round Lake **\$369,900**

If you are wanting to buy or sell in the Niton, Wildwood, Evansburg, Entwistle, Drayton Valley or Seba Beach areas, call Noreen, "Your Local Realtor"

Classified Ads - Call 962-9228

Business Opportunities

JOIN THE GOLD CANYON TEAM! Have the extra money you need or own the business you've always wanted! - Your Gold Canyon Business puts you on the path to success on your own terms! Call Independent Demonstrator Jodi Cazac at 780-995-6951 for more info, or go to www.mycg.com/jcazac (S) OG

LOOKING TO HOST A CANDLE PARTY? OR WANT TO DO A FUNDRAISER? EXCELLENT REWARDS!! Call Jodi for more information 780-995-6951 www.mycg.com/jcazac (S) OG

Services

Topaz Bookkeeping - Reliable & affordable at home or on site services. Monthly Quarterly and Annual Accounts. Samantha Laverty - Beaumont, AB. (780) 966-7623 or samanthashea@live.ca (4) 26-01

Firewood

Firewood, seasoned, split, birch, spruce/pine, poplar. Pick up and delivery. Woodchuck Firewood, Call 780-288-7247 (12) 26-01

Wanted

I Buy Gun Collections. Call for a quote, Legal Transactions Only. Call Jay at 780-686-1350 (24) 01-09-15

Wanted to Rent Pasture

Wanted: Pasture to Rent for Spring 2016. Call 780-916-2333 (2) 09-02

For Rent

Room for rent in Alberta Beach, \$650/month, all included, N/S, N/P. Call 780-893-7679 (4) 26-01 OG

Church Directory

All Saints' Anglican Church

Sunday Morning
Worship 9 BCP
10:30 BAS with Sunday
School & Nursery
5212-47 Ave. Drayton Valley
(780) 542-5048

Seba Beach Christian Fellowship

Sunday School 10:00a.m.
Worship Service 11:00a.m.
Weekdays Bible
Study & Prayer
(780) 305-3594

Roman Catholic Church

St. Agnes' Parish, Mayerthorpe
Sunday 9:00a.m.
St. Elizabeth Parish, Evansburg
Saturday 7:00p.m.
(780) 786-2032

Advent Lutheran Church

PASTOR
DANIEL DEYELL
Sunday Worship &
Sunday School 11:00a.m.
Evansburg
O: 727-3594
C: 991-2913

St. Saviour Mission (Anglican Diocese of Edmonton)

Service every
Sunday at 10:00a.m.
Rev Coleen Lynch
5117-51 Avenue
(Wabamun Seniors Center)
Ph: 780-940-4733
www.stsaviourmission.ca

St. Augustine's - Parkland Anglican Church

131 Church Rd. Spruce Grove
Sunday Service 10:00a.m.
Eucharist with Sunday School
Wednesday 7:00p.m.
Eucharist & Adult Education
Office 780-962-5131
www.staugustinesparkland.org

Parkland Baptist Church

Sunday Worship
Service 10:30a.m.
All Welcome
Pastor Norm Bleick
Youth Pastor Steve Gascon
121 Brookwood Drive
(780) 962-4101
www.parklandbaptist.ca

Immanuel Lutheran Church of Rosenthal

Traditional Service 9:00a.m.
Contemporary Service 10:15a.m.
Christian Counselling Services
Pastor Bill Flath
Rd Rd 13, Turp Rd 524
Ph: 780-963-4048
www.iler.ca email: office@iler.ca

Stony Plain United Church

Sunday Service 10:30a.m.
5012-51 Ave. Stony Plain

Mewassin United Church

Sunday Service 9:00a.m.
Rev. Sally Boyle
Hwy 627 - Rd Rd 30
Ph: 780-963-4745

Emmaus Lutheran Church

Sunday Worship
Service 10:30a.m.
Bible Study 9:30a.m.
Sunday School 9:30a.m.
Rev. Steven Brummett
4604-50th Ave. Drayton Valley
Ph: 780-542-5101
emmauslutheranchurch.wordpress.com

St. Anthony Catholic Church

WEEKEND MASS
SCHEDULE:
Saturday 5:00p.m.
Sunday 12:00p.m.
4708-50 Ave. Drayton Valley
Parish Office: 542-5254

Church of God

Pastor Evan Baum

Sunday School
10:00a.m. (Sept-June)
Worship Service
Sun. 11:00a.m.
Youth Fri. 7:00p.m.
(during the school year)
5004-49 Street.
Drayton Valley
Ph: 780-542-5091

Ignited Church & Ministries

Pastors: Mark &
Leanne Eshleman
Sunday Service
10:30a.m.
4951-41 Ave. Drayton Valley
(beside Malone Medical Clinic)
Ph: 542-5843
ignitedchurch@telus.net

The United Church of Canada

Sunday Worship
10:30a.m.
Sunday School
10:30a.m.
5029-48 St. Drayton Valley
Church Office 780-542-5743
duwc@telus.net www.dvuc.ca

Drayton Valley Alliance Church

Pastor John Haazen

Join us for Sunday
Service at 10:30a.m.
Aurora School 3901-55 Ave.
Programs for all ages
Office at
4901-55 St. Drayton Valley
Ph: 542-6501 dvalliance.ca

Calvary Baptist Church

Pastoral Team:
Lorne Trudgian &
Kenton Penner

Sunday Worship 10:30a.m.
Youth & Ministries Info -
calvbapt@telus.net
4401-50th Ave. Drayton Valley
780-542-4774
www.calvarybaptistdo.ca

COMMUNITY EVENTS 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 <small>Grousehog Day</small>	3	4	5	6
7	8	9	10	11	12	13
14 <small>Valentine's Day</small>	15 <small>President's Day</small>	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

If you are a **LICENSED, NON-PROFIT ORGANIZATION**, you are welcome to submit your announcement **FREE** of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

Feb 9 - ANNUAL SHROVE TUESDAY PANCAKE SUPPER, 5:00 - 7:00 PM (Come & Go) at Immanuel Fellowship Hall. Free Will offering. EVERYONE WELCOME!

Feb 20 - FREE BLANKET EXERCISE WORKSHOP, 9am-3pm at All Saints' Church, Drayton Valley (5212-47 Ave). Lunch & Child Care by Donation. Info/REGISTRATION: catkabob@telus.net

April 23/24 - ARTISAN MARKET & GARAGE SALE at Magnolia Hall, 10am - 4pm. 40 Vendor tables, Concession Open. Questions, email events@magnoliacomunityclub.ca or 780-727-2015.

FARMERS MARKETS

CARVEL FARMERS' MARKET - Thursday evenings 5 pm to 8 pm at Carvel Hall. Alberta Approved. Info www.facebook.com/CarvelStationMarket or (780) 499-1112

DARWELL - Open Sun. till May-Oct, 11am-2pm. Sue at (780) 892-4754.

DRAYTON VALLEY - Every Wed, 10:30-1:30pm at the Omniplex

EVANSBURG - Sat., 10am-2 pm, Main Street. Call 727-3526 for tables.

MAYERTHORPE & DISTRICT FARMER'S MARKET - Thurs 11-2pm, except late market last Thurs of every month, 4-8pm. Mayerthorpe Diamond Center

SEBA BEACH - Saturdays @ 10:20-12:30pm, at Seba Beach Pavilion. May 9 - Sept 19.

SPRUCED GROVE - at the Elevator, Sat 9:30-2:30, tables (780)240-5821

STONY PLAIN - Sat, 9am-1pm, Downtown, Stony Plain. Phone Nancy 780-962-3993.

BINGO

ENTWISTLE COMM. LEAGUE BINGO, Every Wednesday, Doors Open 6pm,

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

TOMAHAWK, every Mon at Agra Centre, doors 6pm, Bingo 7:30pm. Info 339-2423 or 339-3747

WABAMUN LIONS CLUB Satellite Bingo - Jubilee Hall Thurs. 6pm, 2 Early Birds,

WILDWOOD - Mon night. 6:30pm, bingo starts 7:30pm, Early Birds & Lucky 7.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$7/plate. 3rd Wed of Month, Sept - June. For reservations call Audrey 780-963-1782.

55+ CLUB DRAYTON VALLEY - in recreation center *upstairs. Music Jams: Doors open 1:00pm. Last Sun of each month. Come on in and listen, 780-542-3768.

ADULT CO-ED VOLLEYBALL: Tues nights, 7:30 at Grand Trunk High School, Evansburg, Oct 13-March 22. Don at 727-3982 or Renate at 325-2563 for info.

AEROBICS - Low impact, Mon/Wed, 11am-Noon, Wildwood Senior's Centre, \$1/session.

CONVERSATIONAL SPANISH LESSONS at Keeplinks Public Library. Tues & Thurs, 7:00pm. Free program for anyone interested in learning the language.

COUNTRY QUILTERS, Stony Plain "Sew in Tuesday", 2nd Tues of month, 10-3pm. \$5/member, \$6/non-members. Bring your own projects to work on, coffee, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.

COWBOY CHURCH Moon Lake Hall last Thurs, 7:30pm. Dennis/Ruth at 924-2230.

CRIBBAGE 1st & 3rd Sat every moon 7pm. Wabamun Seniors Centre

DARWELL MEAT DRAW - 3:30 pm, bi-weekly, Darwell Lounge & Restaurant.

EVANSBURG ART CLUB - meet & paint Thurs 1-4pm Rec Plex, 727-4340 or 727-4098

EVANSBURG PUBLIC LIBRARY CLUB - 4th Thurs, 7-9pm, Grand Trunk High. 727-3925

EVANSBURG GUIDES & PATHFINDERS - Mon, 6pm, Camp Evansburg.

EVANSBURG SENIOR'S HERITAGE HOUSE - Floor

Curling Mon & Thurs, 1:00pm. Court Whist Thurs, 7:00pm.

EVANSBURG TIPPLE PARK HISTORICAL BUILDING TOURS - Thurs - Sun, 10:00-4:00pm.

JAMBOREE, 4th Sat, Sept to May, Duffield Community Hall. 6:30 Supper.

JAMBOREE, Tomahawk Agriplex, Starts Nov 21st. 3rd Friday of month. 7:00pm. Call 780-339-3755.

JAMBOREE, at Magnolia Hall, 7:00pm. Every 2nd Saturday each Month Hot Food. 727-2015 or www.magnoliacomunityclub.ca

JAMBOREE, 2nd Friday, 7pm, Seba Senior's Centre, Toni 797-4233

JAMBOREE, Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

JAMBOREE, at Sandhills Community Hall, 3rd Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051

JAMBOREE at STONY PLAIN SENIORS DROP IN CENTER, 5018 - 51 Ave. Open every Thursday Evening @ 6:30 p.m., Cost \$2. (Winter's -20 of over, NO Jamboree), NO JAMBOREE FEB 11 & 18. Everybody Welcome. Contact 823-0035 or 963-7920.

JAMBOREE, at Wildwood Community Hall, 3rd Wed Each Month, 7:00pm. Oct - June. 325-3749

LAC STE ANNE COMMUNITY CHOIR, new choir accepting all voice ranges. Meets every Wed, 7:30pm. Info (780) 924-3662.

MAYERTHORPE WOMEN'S LEAGUE PRAYER CHAIN - Everyone with the 786, 785 or 674 Prayers and Prayers are needed. Doreen 786-2434.

MEAT DRAW, Evansburg Legion, Friday 8-10pm & Saturday 3-5pm

PANCAKE BREAKFAST - Parkland Village Community Centre, 9am-12, last Sun.

PARENT & TOT PLAYTIME: PERC Building Stony Plain Wed. 10-11am, Holborn Community Hall Thurs 9:30-11am, Parkland Village Thurs 9:30-11:30am.

PEMBINA SKATING CLUB (Evansburg Arena), offers Learn-to-Skate, CanSkate & STARSkate for all ages. Skating year runs from Sept-Mar. Call Lisa 727-2729.

POT LUCK every Tues, noon, Wabamun Seniors Centre. Come on down!

SEA CADETS - 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 youths 12-18, 963-0843

SEBA BEACH SENIORS CENTER - Yoga, Mondays at 9:30am, \$10/session. Bridge Thursdays at 1:00pm. Jams every Wednesday night at 7:00pm. Thrift Shop every Wed & Sat at 10:00-3:00. Join Us!

SEBA BEACH QUILTERS & FIBER ARTS - 1st, 2nd, 4th Wed at 9:30am in the Seniors Center. Quilters - 3rd Wed at 9:00 in the Seba Pavilion.

SENIORS 50+ LUNCHEON, 3rd Wed, 12 noon at Stony Plain United Church basement hall. Call Audrey (780) 963-7582

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain). 2nd Fri of month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

SPRUCED GROVE ELEVATOR TOURS, Tues-Sat, 9-3pm. 960-4600.

SQUARE DANCING, Evansburg Legion, Thurs 7-10pm starting Oct 6. Beginners & midstream welcome. Info (780) 727-4099.

STONY PLAIN'S 5TH MERIDIAN GOOD SAM'S RV CHAPTER - Ecole Meridian Heights School (4119-43 Street). Meets Every 3rd Tues of Month at 7pm. Call Pat at 780-963-6976 or Ruth at 780-288-9829.

STONY PLAIN BOMBER FOOTBALL CLUB is looking for football players ages 8-14, atom, pee-wee, ban-tam, contact jsmiddlewood@hotmail.com.

WILDWOOD SENIORS CRAFTS, Specific Fridays 11am-4pm. Esther (780) 325-2468.

WILTON PARK COMMUNITY JAMBOREE - Every 4th Saturday of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

WRITERS PROGRAM - Mayerthorpe Library, 1st & 3rd Wednesday at 1pm.

YOGA with Mary LeBlanc at Duffield Community Hall, to commence 10th Sept. Thurs Evening, 7:00-8:00pm. Drop in Fee \$10. Call Mary 780-892-3405.

YOGA FOR SENIORS, Fri, 10-11am. Fee: \$40, Drop-in \$5. Wabamun Seniors Centre, info/register Diane Latham (780) 892-3026

ZUMBA with Sholean, Wednesday evenings 6:30 to 7:30. For info, Stephanie 780-963-1541.

MEETINGS

AA Friday at 8pm, Evansburg. Call 325-2204, 727-2466 or 727-6652.

AHS - Addiction Services provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140.

ALCOHOLICS ANONYMOUS IF Drinking is a Problem! 780-236-1043

AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Drive. 8pm. 962-5205

ALBERTA PARENTING FOR THE FUTURE ASSOC. Call 963-0549 or visit www.apfa.ca to register. All programs are confidential & free.

CHAMBER OF COMMERCE (Evans/Ent) - 7:30pm 3rd Thurs, Heritage House.

CHERISHED MEMORIES, PARENTS & TOTS. Wed & Fri, 10-Noon, Alberta Beach Agriplex Liz 967-6856.

C.H.I.L.D. (Citizens Helping In Life's Defence) Please join our Pro-Life meetings once a month in Stony Plain. For info call Chris 963-6997.

CITIZENS ON PATROL - The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

COMMUNITY QUILTERS & CRAFTERS - 3rd Tues. Evansburg, Liz 727-3872 Brenda 727-4476

COUNTRY ELEVATOR SOCIETY. Volunteers welcome, Susan 786-2712.

DARWELL & DISTRICT AG SOCIETY 8pm, 1st Mon, Community Hall.

DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/Dec), Darwell Community Hall 892-3099.

DRAYTON VALLEY/CALMAR PC MONTHLY CONSTITUENCY MEETING, Breton Senior Center, 7pm. Everyone welcome. No meetings July & Aug.

DRAYTON VALLEY GENEALOGICAL SOCIETY - 7pm, The Wishing Well 3rd Wed. 542-2787

DRAYTON VALLEY WOMEN'S INSTITUTE, 7pm, 2nd last Tues of month, Drayton Valley Legion Hall. Info (780) 542-5943. New members welcome!

ENTWISTLE COMMUNITY LEAGUE GENERAL MEETINGS - Second Thursday monthly 7:30 PM except June, July, August

ENTWISTLE LIONS CLUB - 2nd & 4th Tues, 8pm, Entwistle curling rink. Jim 727-3573

ENTWISTLE SENIORS - Ladies: 10am 2nd & 3rd Wed, Floor Curling: Tue & Fri, 2pm

EVANSBURG PUBLIC LIBRARY BOOK CLUB - 4th Thurs, 7pm Grand Trunk High 727-2030.

EVANSBURG SENIOR'S HERITAGE HOUSE 2nd Tues of Month, 1:30pm. New Members Always Welcome.

EVERGREEN SPINNERS & WEAVERS GUILD 2nd Mon, 10am, Wildwood. 405-7582.

FALLS COMMUNITY ASSOCIATION 3rd Tues, 7pm.

GIRL GUIDES OF CANADA - Poplar Hollow District Guides-Pathfinders, Mon-6pm. Sparks-Brownies Tues 4-5:30pm. Meet at Camp Evansburg. Brenda

780-727-4476

KINETTE CLUB OF MAYERTHORPE, 7:30pm, Kinsmen Hall, 2nd Tues. Want to volunteer? Wanda 305-9832 or mayerthorpekinettes@gmail.com

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY 3rd Fri, 7pm, Alberta Beach Council Chambers.

LAKE ISLE HALL BOARD - 3rd Tues, 7:30 pm, Lake Isle Hall.

LOBSTICK 4-H BEEF & MULTI CLUB - 1ST Mon, Evansburg Arena, 7 pm, Jackie 780-727-2541

LOBSTICK GARDEN CLUB - 1st Mon, Evansburg Baptist Church, Charlotte (780) 325-3787

MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets 1st Tues of month, Sept-June, 6-8pm at Norquest College. Terra Leslie, 1-403-346-0290.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

NA MEETING - Tues, 7pm. 514-6011

PEMBINA AL-ANON FAMILY GROUP - meets Tuesdays @ 7:30pm at Evanburg Catholic Church Hall. Call Patty H. (780) 727-4516 or Cheryl (780) 727-6671

PEMBINA PORCUPINES - JUNIOR FOREST WARDENS - Entwistle Porcupine gathering: 7pm, 1st Tue. Len & Tineke at 727-2020.

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource for a free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

SOBRIETY Meetings - Men's group, Sun, 5413-51St, Stony Plain, 7:30pm. Mike 983-1951.

SOLVE - Community Enviro issues discussed at Smithfield Hall (N of Hwy 16 on RR34). 2nd Thurs. Free. Jana 892-0006

STONY PLAIN FISH & GAME ASSOCIATION & WABAMUN GUN CLUB - 2nd Mon, Stony Plain Comm Center, 7:30pm.

SUNDOWNERS TOASTMASTER CLUB - Mon, 7:30pm, St. Matthew's Lutheran Church, Spruce Grove. Jodi 962-6602.

W.E.E COMMUNITY FOOD BANK - Call (780) 727-4043 for emergency food needs, volunteer opportunities & donations. Monthly Meeting: LAST Monday of each month (except December) at 7:30pm at the Food Bank. (Old fire hall in Entwistle) ALL WELCOME.

WILDWOOD & DIST AG SOCIETY - 2nd Wed 7pm. Wilma 325-2424

WILDWOOD JAMBOREE - 3rd Wed, Oct-June. 325-3749

WILDWOOD & DIST. ROD & GUN CLUB - 1st Thurs, 7:30pm

WILDWOOD SENIORS - 4th Wed. at 2:00pm. No meeting July/Aug/Dec. Opal 325-2030

TOPS Meetings (Take Off Pounds Sensibly)

Alberta Beach - Tues, 6pm at St John's Lutheran Church on Hwy 633. 967-5009

Entwistle - Thurs 6:45 weigh-in, 7:15 meeting, upper level Lions Hall (next to swimming pool) 727-3982

Evansburg - Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155

Stony Plain - Thurs evening, Stony Plain United Church. Susan (780) 968-0869

Spruce Grove - Wed Mornings, 8:45 a.m. at Anglican Church, 131 Church Road. 960-1109, Christiane.

Wildwood - Thurs at Wildwood School, 5pm. Connie (780) 325-2420

YOUR COMMUNITY

FREE HOME DELIVERY PROGRAM, Wabamun Seniors & Wabamun Lions for individuals who would like to arrange for meal preparation through a local restaurant but have difficulty getting out to pick it up. Call 892-2551 Darlene or 892-2336 Linda.

HEALTHY AGING NURSE & FOOT CARE PERSON, Wabamun Seniors Centre, 2nd Thurs of month 9am

SUDOKU OF THE WEEK

		6		4				
5	9				3		6	4
7		3				5		2
9			7	3		2	1	6
			8			4		7
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3	8	5		2				
					9			5

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	2	6	9	4	5	7	3	1
5	9	1	2	7	3	8	6	4
7	4	3	6	1	8	5	9	2
9	5	8	7	3	4	2	1	6
6	3	2	8	9	1	4	5	7
1	7	4	5	6	2	9	8	3
4	6	9	1	5	7	3	2	8
3	8	5	4	2	6	1	7	9
2	1	7	3	8	9	6	4	5

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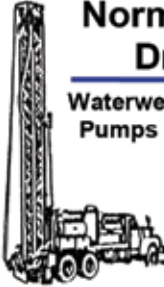
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