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February 16, 2016

BEWARE OF SCAMMERS IMPERSONATING THE CANADA REVENUE AGENCY

**Submitted by Alberta
RCMP**

Ottawa, Ontario -The RCMP and the Canada Revenue Agency (CRA) are warning Canadians about an ongoing scam in which taxpayers across the country receive phone calls or emails from individuals impersonating CRA employees. These people are scammers.

The scammers tell taxpayers

that they either owe money to the CRA or have a tax refund. Taxpayers are threatened with arrest or jail time if they do not take immediate action and provide money or personal or financial information.

"The CRA takes these matters very seriously and provides substantial information to Canadians about how to protect themselves from scams undertaken using the CRA's name. In-

forming yourself is particularly important during the tax filing season, when such scams peak," said the Honourable Diane Leboathillier, Minister of National Revenue. This information, including examples of real scam telephone calls and e-mails, can be easily found on the CRA web site.

Continued on Page 4

RURAL CRIME WATCH

**Submitted by LSANE Rural
Crime Watch Association**

Over the past few years residents in the Onoway area have seen a dramatic increase in crime. Many years ago there were Neighborhood Watch & the Police Radio Network in Onoway. These were citizen groups who looked out for each other & their neighborhood, reporting suspicious activity and incidents of crime to the RCMP. Over time these groups became inactive. But did you know Lac Ste. Anne North East Rural Crime Watch (LSANE Rural Crime Watch) has existed for many years? LSANE Rural Crime Watch membership

is open to residents within the Town of Onoway.

The group covers the area from the eastern border of Lac Ste Anne County (east of Onoway), south of Onoway to the Parkland County border, north of Onoway covering the areas of Rich Valley, Stettin, & Nakamun to as far west as Darwell. Darwell is our western cut off, west & north of Darwell is another group Lac Ste Anne West, who fall under the Mayerthorpe RCMP detachment.

LSANE Rural Crime Watch is registered with the Alberta Provincial Crime Watch Association and has been since its inception in the 1990's. We fall under the umbrella of the Stony Plain & District Crime Preven-

tion Association. Our RCMP detachment is Stony Plain. Our Liaison Officer is Cpl. Kim Mueller. Being part of Rural Crime Watch means posting your yellow membership sign, getting to know your neighbors, looking out for your neighbors & their property, reporting suspicious vehicles, suspicious activity & incidents of crime to the RCMP & asking for it to be put on the rural crime watch fan out message system. Members, receive the automated fan out messages via email or phone. Rural Crime Watch is NOT is a vigilante group looking to catch criminals on their own.

Continued on Page 2

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Rural Crime Watch

Continued From Page 1

It is simply a neighborhood watch group who are the eyes & ears of the RCMP. Posting the yellow signs, is a deterrent to criminal activity, letting people know that there are citizens watching out for each other in the neighborhood. Reporting to RCMP helps police know where trouble spots are, so RCMP can increase patrols to that area & respond to incidents accordingly.

LASNE Rural Crime Watch held

their AGM at the Onoway Heritage Centre Thursday Jan. 14, 2016. The following people were elected to the Board:

Robert Heinz - Pres.

Alycia Tietbohl - Vice Pres.

Moira Kanak - Secretary

Lisa Johnson - Treasurer

Bill Nickels - Director

Ralph Spathelfer - Director

Joan Dean - Director

The goal of LSANE Rural Crime Watch is to make you aware, keep you informed, and share knowledge.

Be aware of your surroundings, not a surprised victim of criminal activity. You will never be expected to put yourself in harms way. Simply have an increased awareness to suspicious activity within the community and share the information with the Crime Watch network.

LSANE Rural Crime Watch will be holding 2 membership nights

TUESDAY FEB. 23RD & THURSDAY MAR. 3rd 5:30pm - 8:30pm at the Onoway Heritage Centre

The cost of membership is a one time cost of \$25 and includes a criminal background check, signage for your property, and connection to the crime watch fan-out system. Your membership remains active as long as you live within the LSANE Rural Crime Watch boundaries.

If you are an existing member and have not been getting the fan out messages; please stop by one of these evenings and make sure we have your current email address and phone number. If you are new to the area, this is a very easy way to become involved, gain knowledge and stay informed.

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just totally awesome - Just the
total overall feeling good"

- Toni Spruce Grove

"Have heard as much as 15lbs loss
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that good! Have nothing to lose but
the weight which I am doing"

- Donna Edmonton

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only the weight loss but also the
physical & mental well-being. I just
feel much better!"

- P from Onoway



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JOKE OF THE WEEK

A man and his wife were having some problems at home and were giving each other the silent treatment. The next week the man realized that he would need his wife to wake him at 5:00 am for an early morning business flight to Chicago. Not wanting to be the first to break the silence, he finally wrote on a piece of paper, "Please wake me at 5:00 am."

The next morning the man woke up, only to discover it was 9:00am, and that he had missed his flight. Furious, he was about to go and see why his wife hadn't woken him when he noticed a piece of paper by the bed ... it said... "It is 5:00am; wake up."

You are invited to GOSPEL MEETINGS

Alberta Beach Agliplex

4811 46A Ave, Alberta Beach, AB

Wednesdays, 7:30 pm February 3 – March 16, 2016

We will be sharing from the Bible only. You are welcome to come & listen, with no obligations.

For Inquiries: 780-222-3025

A Sinclair

B Tschetter

Rich Valley Agricultural Society is hosting their 42nd Annual Fair on July 23, 2016

Details to follow, please contact Jillene McDonald (780) 903-3805 if you have any questions.



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Beware Of Scammers Impersonating The Canada Revenue Agency

Continued From Page 1

"Scammers are always looking for new ways to get your money or your personal information," warns Assistant Commissioner Todd Shean, who leads the RCMP's Federal Policing Special Services. "The RCMP works every day to track down fraudsters and bring them to justice, but raising awareness about fraud is also important as it is one of the most effective ways of protecting Canadians from scammers. The more you know about a specific fraud, the less likely you'll be a victim of that fraud."

The RCMP plays a crucial role in educating the public about scams, and has a number of programs in place to track fraud, including one run by the Canadian Anti-Fraud Centre (CAFC).

The CAFC monitors all types of scams, and warns Canadians to be on the lookout for scammers during the upcoming tax season. The RCMP also works closely with the CRA to raise awareness about tax-related scams.

When CRA employees call taxpayers, they follow established procedures to ensure personal information is protected. To confirm the authenticity of a call, contact the CRA by using its official telephone number for individual tax enquiries: 1-800-959-8281. You can also verify your individual tax account through a secure CRA portal: My Account.

If you believe you may be the victim of fraud or have given personal or financial information in error, contact your local police service and your financial institution.

Darwell & District Agricultural Society
Would Like To Invite You To

FAMILY DANCE

FRIDAY, FEBRUARY 19, 2016

7 PM - 11 PM | Darwell Centennial Hall

\$5/person at the door

Door Prizes, Free Snacks

* All children under 18 years must be accompanied by an adult guardian.



SATURDAY, FEBRUARY 27, 2016



hosted by the
Junior Ag Society
from 10am- 2 pm
@ the Darwell
Fair grounds

Volunteer Appreciation Night April 30th, 2016

If you volunteered for the Ag Society, please call Deb at (780) 892-2468 for details and to confirm your attendance.

www.darwellag.com

UNITED STATES MOVING TO REPEAL COUNTRY OF ORIGIN LABELLING

Submitted by Jim Eglinski, MP – Yellowhead

EDSON: I am pleased to see that the United States appears ready to repeal the problematic provisions related to Country of Origin Labelling (COOL). These are protectionist provisions that have cost Canadian producers hundreds of millions

of dollars. I expect the government to retaliate if the legislation is delayed, does not pass a vote in Congress, or is vetoed by the President of the United States.

Recently, Congressional leaders in the United States have drafted legislation that responds to demands from Canada and Mexico that COOL be repealed in the United

States. This legislation is also in response to demands from the World Trade Organization (WTO) which has ruled against the U.S. four times stating that COOL discriminates against Canadian imports such as cattle and hogs. Repealing the COOL in the United States was very actively pursued by the Conservative Government.

December 18th was the earliest date that the legislation may be voted on in the Senate and the House of Representatives. The legislation is part of a massive 2,000 page omnibus spending bill. Following votes in the Senate and in Congress the bill must then be signed by the President of the United States to become enacted.

SENATE REFORM

Submitted by Jim Eglinski, MP – Yellowhead

OTTAWA: The Liberal government announced the creation of a five-member advisory panel to recommend Senate appointments for the Prime Minister to make. This will be an unelected, appointed body to suggest unelected, appointed Senators. In my view, this new process isn't democratic, it isn't transparent, and it isn't real Senate reform. It will simply create an unelected, appointed body to recommend unelected, appointed Senators.

The one and only democratic element of our current system is that Senators from Alberta are nominated by means of a province-wide election under the 'Senatorial Selection Act'. Yet the Liberals seem intent on ruling out this possibility in Alberta and elsewhere. Already, the British Columbia government has made clear it will not take part in this process because it does nothing to address that province's actual concerns.

The process adds another level of secrecy to an already unclear process. The shortlist this panel will generate is secret by design. The public won't even learn who has been nominated by the panel, other than the candidate selected by the Prime Minister. In fact, the prime minister and most of the panel members won't represent the province for which an appointment is being made.

One of the first five new senators nominated through this will be appointed the new Government Leader in the Senate, a specifically partisan role tied to the government of the day. This simply adds to concerns that the appointment process is rigged from the start to provide the Prime Minister with a crop of

nominal 'independents' who will reliably support only the govern-

ment's agenda.

The Senate has to work better,

must be less partisan, more independent and more effective.

NOTICE TO OWNER OR CHARGE HOLDER OF LAND SOLD AT TAX SALE

TO: Tanya Vizzuso (Schroeder)
P.O. Box 697
5315 49th Ave
Alberta Beach, AB T0E 0A0

I HEREBY CERTIFY that at a Tax Sale held in the Town of Creston, on the 28th day of September, 2015: Anna Marie Close, of Hayden, ID, USA, purchased the following lands and premises known as **ALL AND SINGULAR**, that certain parcel or tract of land and premises situate, lying and being in the Town of Creston, in the Province of British Columbia, and being described as: LOT 33, DISTRICT LOT 9554, KOOTENAY DISTRICT, PLAN NEP81699, PID 026-788-837 for the price of \$ 3,523.31, calculated as follows:

Overdue Taxes and Interest:	\$ <u>3,268.60</u>
Costs and Expenses:	\$ <u>254.71</u>
Surplus:	\$ <u>0.00</u>
TOTAL:	\$ <u>3,523.31</u>

You have one year from the date of the tax sale, namely until September 28, 2016, to redeem the land and prevent the sale from completing.

The land may be redeemed by paying the following to the collector (at the address below):

- the upset price of the parcel at the time of the tax sale, which is \$3,523.31;
- all costs of which the collector has had notice that have been incurred by the purchaser in maintenance of the real property and in prevention of waste;
- taxes advanced by the purchaser;
- interest to the date of redemption on any amount in excess of the upset price and on the total amount expended by the purchaser under paragraphs (a) to (c) during the period for redemption, at the rate prescribed under section 11 (3) of the *Taxation (Rural Area) Act*.

TAKE NOTICE THAT a Tax Sale Deed, Certificate of Non-Redemption, conveying the above described property to the said purchaser or assignees will be issued to the purchaser on demand at any time after the expiration of one (1) year, from the date of the above sale, which date is the 28th day of September, 2016, if the land is not previously redeemed.

DATED at Creston, BC, this 13th day of January, 2016.

Collector: Steffan Klassen, CA, CPA

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WHITECOURT TOWN COUNCIL UPDATE

Submitted by Tara Gallant

Town Council encourages community members to attend the 2016 Interim Budget Information Open House on Wednesday, February 17. The event, which will run from 4:00 to 8:00 p.m. at the Allan & Jean Millar Centre, will inform participants of priorities and projects for the year, and participants can share

their thoughts on this year's budget. Comments received at the open house will be compiled for Council's review during final budget deliberations.

Town Council has directed Administration to work with the Whitecourt & District Chamber of Commerce to contact fuel suppliers to explore options to address the high fuel prices in Whitecourt. Recent price comparisons reported that, on aver-

age, prices in Whitecourt were higher than surrounding communities.

The Town of Whitecourt has provided its support to Woodlands County's application to the Alberta Community Partnership Grant. The County is making application for funding for installation of internet towers and certification of the Whitecourt Airport. The Town of Whitecourt has made its own

applications to the program for Athabasca Flats East Servicing, and Water Upgrades – Second River Crossing.

A committee of community volunteers is once again hosting the Canada Day Parade this July 1 in conjunction with other community activities. If you are interested in entering a float please contact july1parade@gmail.com.

150TH BIRTHDAY PROPOSAL FOR CANADA'S NORTH

Submitted by Jim Eglinski, MP - Yellowhead

OTTAWA – On January 26th, 2016, Jim Eglinski, Member of Parliament for Yellowhead, along with MPs John Barlow, (MacLeod) and Todd Doherty, (Cariboo-Prince George), met with representatives from Rocky Mountain House Airshow Society. The purpose of the meeting was to discuss the airshow's

'2017 Canadian Arctic Aviation Tour' proposal for Canada's 150th Birthday!

On January 29th Mr. Eglinski made the following statement in the House of Commons:

"Mr. Speaker, as we count down Canada's 150th birthday, I want to share an exciting proposal from Canada's internationally-acclaimed air show performers. I want to encourage members in the House to get in-

volved.

My local Rocky Mountain House Airshow Society is proposing a 2017 Canadian Arctic aviation tour. This air show will completely criss-cross Canada's north, encompassing 41 air shows, and 47 community fly-bys, covering a total of 16,000 nautical miles, equivalent to three-quarters of the way around the world! This will not only set a world record but put Canada's

north on the map.

This will be an opportunity for our northern communities to have an air show in their communities for the first time—a performance they will never forget.

Importantly, our sovereignty, and our great and vast northern regions, will be shared by Canadians as we celebrate Canada's 150 Birthday."

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Dr. Nicholas Teoh was born and raised in Edmonton. He attended the University of Alberta where he graduated with a Bachelor of Medical Sciences as well as a D.D.S. He received several awards during the course of his studies including the Dr. GH Gibb Memorial Prize and the Dr. Stanley S. Kucey Leadership Award.

Nicholas enjoys performing all aspects of dentistry. In his spare time, he enjoys working out, reading and playing board games with friends and family. He is very excited to be a part of the friendly team at Karo Dental as it allows him to provide quality care in a peaceful environment.



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Dr. Kris Kalhs



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FATALITY MOTOR VEHICLE COLLISION

Submitted by Morinville RCMP

Morinville, Alberta - On January 27, 2016 at approximately 10:30 a.m., Morinville RCMP and emergency services responded to a serious motor vehicle collision on Township 570 approximately 1 kilometer West of Range Road 231, Sturgeon County.

A commercial vehicle, towing a loaded flat deck trailer, entered Township 570 from a commercial yard located on the North side of the road. A west bound passenger vehicle with 4 occupants attempted to brake for the commercial vehicle. The vehicle then struck the side of the trailer causing severe damage to the front.

One passenger of the car

succumbed to his injuries and was pronounced deceased at the scene. All other occupants of the passenger vehicle were transported by ambulance with non-life threatening injuries. The driver of the semi was not injured.

Alcohol is not considered to be a factor in the incident. Road conditions at the time were slippery with icy sections.

The identity of the deceased is not being released at this time at the request of the family. Sturgeon County Victim Services is providing assistance to family and friends.

Morinville RCMP along with an RCMP Collision Analyst continue to investigate.

An update will be provided when new information becomes available.

MORINVILLE COUPLE WINS \$1,000,000

Submitted by Western Canada Lottery Corporation

Allen Luomala was having a regular Saturday until he stopped to check his lottery tickets. That's when he discovered that he and his wife Kristen had won \$1,000,000. They won one of the 15 MAXMILLIONS prizes drawn on February 5.

"I put the ticket through the self-scanner and saw a bunch of zeros," said Allan. "I honestly thought I was hallucinating. All I could see was all those zeros."

Kristen had a similar reaction when Allan phoned to tell her about the win.

"I didn't believe him at first," she started. "He sent me a picture of the ticket slip and I screamed! My daughter came running downstairs thinking someone had died, but I was just in shock."

The Luomalas have a few different plans for their winnings, starting with paying off their mortgage and all of their bills.

"We'll definitely pay off all of our bills and help our family

where we can," said Allan. "It's really exciting to know we'll be living in a house that's paid off."

"We're also planning a family trip to Florida," continued Kristen. "And we'll do some investing for our future. We want to make sure that our kids are taken care of and never have to go without the things they need."

Allan purchased their winning LOTTO MAX ticket at the Mac's Convenience Store located at 9821 100 Street in Morinville.



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ONE DAY ONLY February 27 from 10:00 - 5:00 P.M.

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RCMP BEATS

Submitted by Stony Plain/ Spruce Grove RCMP

Occurrences for the week of
February 1 to February 7, 2016.

Total Calls for Service Spruce
Grove/Stony Plain Detachment:
418

Total Calls for Service for the
Victim Service Unit: 29

Persons Crimes: 46

Property Crimes: 57

Impaired Driving Complaints
reported: 9

Impaired Driving Charges Laid:
1

Roadside Suspensions: 1

Motor Vehicle Collisions At-
tended: 35

Property Crimes:

Spruce Grove

1. February 2 – Area of Mc-
Laughlin Drive – Break and Enter
to Residence, computers and TV's
stolen

2. February 2 – Area of Spruce
Ridge Road – Theft of Tires and
Rims

3. February 4 – Area of Alber-

ta Drive – Theft of Vehicle, 2006
black GMC Sierra

Stony Plain

4. February 1 – Area of 50 Street
and 42 Avenue – Break and Enter
to Shed, pellet gun stolen

5. February 6 – Area of 50 Street
and 56 Avenue – Theft from Vehi-
cle, wallet stolen

Rural

6. February 2 – Area of Town-
ship Road 521 and Range Road
275 – Theft of Vehicle, 2013 red
F150 with two 2014 Yamaha Viper
snowmobiles on a flat deck trailer

7. February 3 – Area of Town-
ship Road 525 and Range Road 25
– Theft from Vehicle, wallet and
cell phone stolen

Stony Plain/Spruce Grove
RCMP remind you not to make it
easy for thieves. Ensure all house
doors, garage doors, and home
windows are locked.

The Spruce Grove / Stony Plain
Drug Section Information Tip Line
is 780-968-7212. Anyone with
drug information is asked to call
and leave a message.



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ONOWAY ROYAL CANADIAN LEGION NEWS

Submitted by Lorinda McCool

Greetings from the Onoway Legion. This has been such an incredible week of weather in our part of the country that it is almost scary! Everyone is saying we are going to pay for the mild winter but I think we prepaid by the dry and windy summer of 2015.

The Scouts will be having their silent auction and dinner on February 19th so please mark that date on your calendar and join us to support the Scouts while enjoying a fun filled evening with a great meal. They will be serving a Mexican style meal of soft and hard tacos, mexi-rice and veggie trays with banana splits for dessert. If you are able to donate something for their silent auction, please contact Scott @ 780-967-4146 or leave a message on the Legion answering machine @ 780-967-5361.

The Legion will be hosting its' first "fun" 8-Ball Pool Tournament on February 20th. Registration is from 8:30 am to 9:15am and the entry fee is \$5.00 if you are a Legion member or \$7.00 if you are not a member. The format will be a pairs or mixed singles 8-Ball round robin tournament, depending upon the number of participants. Rules will be based upon RCL competition rules and 50% of the registration fees will be allotted to first and second place winners. Refreshments and hot food will be available for purchase throughout the day with coffee and muffins available for purchase in the morning. To register email your name, telephone number and email address to onoway8ball@gmail.com. Please direct any inquiries to Larry Villneff @ 780-967-0607.

Seventeen customers enjoyed the Superbowl Sunday by watching the event on the big screen while munching on potluck goodies and chili.

Scott organized a fun evening of Sweetheart Darts on February 9th by allowing couples to play together. Twenty seven participants enjoyed special treats throughout the evening with Joanne's team, Broley's team and Pat's team winning prizes for placing first, second and third respectively. Anyone can participate in a Tuesday evening of drop-in darts for the very reasonable price of \$2.00 per person so please feel comfortable joining us no matter what

your skill level.

The Shepherd's Pie Meal on February 5th was once again very popular and tasty. Bob, Ron, Marcelle, Jay, Pat St. H, prepared and served the meal with Randy and Liane handling the cleanup and dishes. Thankfully two of our Scouts Harvey and Samantha were back to pick up dishes and wash tables. Scott worked hard selling tickets to our customers while Louise looked after refreshments. Val O'Toole won the free meal draw, Louise Bambrick the meat draw and Clint Waddell was unsuccessful in his search for the Queen by choosing the six of

clubs from the 20 remaining cards. Thanks to Cheryl for recording the results for the paper.

The Legion will be holding a spring garage sale on April 9th and if you would like to rent a table for your personal items please contact Cheryl Sadler @ 780-967-4146. The cost per table is \$10.00 and MUST be prepaid by April 2nd. Hamburgers and hotdogs will be available for lunch but no food or commercial vendors please.

UPCOMING EVENTS:

February 16 - Tuesday Night Darts

February 17 - Wednesday Night Pool and Games

February 19 - Friday Night Supper

- Scouts Silent Auction and Meal

February 20 - Onoway Pool

League "Fun" 8-Ball Tournament

February 23 - Tuesday Night Darts

February 24 - Masons

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to volunteer in the kitchen and for meal inquiries/suggestions, Cheryl Sadler @ 780-967-4146 for membership and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!

The extraordinary Magic of Professor Copperpot

When: Saturday March 12th

Time: 10:00 a.m. – 11:00 a.m.

Where: Onoway Public Library

Cost: Free!

Lots of fun for the entire family.
Let your imagination soar and
believe in the power of Magic!

The Fairy Godmama will also be there after the
show to do some incredible face painting while
Professor Copperpot will twist your wildest wish
into your favorite balloon character.



You may have seen his incredible magic at Prairie Gardens.

Funding provided by FCSS

STONY PLAIN MAN CHARGED WITH SEVERAL DRUG OFFENCES

Submitted by RCMP
Spruce Grove/Stony Plain

Parkland County, AB - On Thursday December 17th members of the Stony Plain/Spruce Grove/Enoch Serious Crime Unit - Drug Section,

executed arrest warrants for Possession of Stolen Property and other offences at a rural Parkland County address. As a result of the warrants Russell DICK (28) of Stony Plain, AB was arrested and taken into police custody. DICK was found

to be in possession of quantities of Cocaine, Methamphetamine, and Fentanyl consistent with illegal drug trafficking and he has been charged accordingly.

The approximate street value of the illicit drugs seized is over

\$10,000.00. Over 50% of that value is in Fentanyl pills.

DICK has been remanded in custody and will appear in Stony Plain Provincial Court on December 23rd.

DICK is well known to police.

TWO PEDESTRIANS STRUCK IN CROSSWALK

Submitted by RCMP
Stony Plain

20151609889

Stony Plain, AB - On Decem-

ber 14th at approximately 5pm the Stony Plain RCMP and Emergency Services were called to the intersection of 52nd Avenue and Brown Street in Stony Plain, AB.

At the scene police learned that two pedestrians, while crossing at a marked crosswalk, were struck by a pick up truck. Both pedestrians, a 62 year old female and a 53 year

old female, suffered serious injuries and were transported to hospital in Edmonton.

No charges have been laid by police at this time, however, the incident remains under investigation. Alcohol was not a factor in the collision.

The pedestrians remain in hospital in stable condition. Their names are not being released by police.

The female driver of the pick up truck was not injured.

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GETTING ENOUGH VITAMIN D THIS WINTER

Submitted by Alberta
Health Services

Alberta's winters are long, but the bright side is we get more sunny days year-round than most provinces. Our skin turns that sunlight into vitamin D, which protects our bones and teeth, prevents heart and lung disease, curbs appetite and boosts our immune system and mood, among others.

The best way to get it is spending time outside, but weak winter sunlight means our bodies can't make enough. Getting enough vitamin D this winter can be as simple as adding a few other things to your routine:

- Eat foods naturally rich in vitamin D such as fatty fish and eggs
- Eat foods with added vitamin D such as milk, yogurt and cheese
- Take a supplement. People over 70 years old can take a 400-IU supplement each day; people over 70 can take an 800 to 1,000-IU supplement each day.

For more information, visit www.MyHealth.Alberta.ca.

—reprinted from Apple magazine



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FEBRUARY NEWS FROM THE RICH VALLEY PUBLIC LIBRARY

Submitted by Melanie Fitzgerald, Rich Valley Public Library

People Savers was a huge success!! We had 18 participants in this program and all of the children are now certified People Savers! Congratulations on your hard work. Starting in February we are holding our weekly scavenger hunt again for our younger patrons to win a big stuffed Olaf. Visit the Library and to see what

the scavenger picture you have to find in a book to enter the draw. This draw will take place in April.

This month we are offering the following programs:

On February 27, 2016 the Rich Valley Public Library will be hosting a Dove Beauty / Self Esteem Workshop. This program is designed for girls age 7 and up. We will be discussing where image pressures come from and why. What problems this caus-

es and what we can do about it. The program runs from 1 - 3 pm in the yellow room. Please register by February 24, 2016 by calling the library at 780-967-3525.

Story time on Wednesdays from 11-12 pm in the yellow room. Come and join us for story time and crafts. Tents and tunnels will be every 3rd Wednesday of the month.

Adult WHIST is every 2nd & 4th Friday of the month at

7:30pm for \$2.00 a person. Just drop in and play some cards.

The Rich Valley Public Library Society will be holding our annual general meeting at 7:30 pm at the library in the yellow room on February 23, 2016. We will be holding elections and we are seeking 2 new board members. If you are interested in the library and wish to volunteer your time we hold only 4 meetings a year. We look forward to seeing you there.

Casino Volunteers needed. The Rich Valley Public Library Society is looking for volunteers to work a casino on April 28 and/or April 29th, 2016. This is our first casino opportunity to help raise funds for programming and materials in our library. Contact the library @ 780-967-3525 if you would like to donate your time.

If have any questions feel free to contact us at 780-967-3525 or drop in. We are located in the basement of the Rich Valley Community Hall.

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CRIME STOPPERS - THEFT OF CREDIT CARDS FROM SERVUS PLACE

Submitted by RCMP St Albert

File: 2016 - 1632383

On Saturday, December 19, 2015, between 6:30 p.m. and 7:30 p.m., a man arrived at Servus Place and walked into the locker room area. He broke into a locked locker in the swimming pool family change room area and stole 2 credit cards and driver's license from a wallet belonging to a St. Albert resident.

The suspect then left Servus Place and immediately used the credit cards to make purchases totalling over \$2000.00 at 3 drugstores. The Rexall drug store in St. Albert and two Shopper's Drug Mart locations in Edmonton were attended by this suspect before the credit card companies were able to put a stop on the cards.

The suspect in this investigation is described as:

- a Caucasian male
- approximately 40 years old,
- weighing approximately 190 lbs,
- wearing a red Nike ball cap,
- a grey hoodie, and black jacket,
- black pants, and black shoes.
- he appears to be about average height - approximately 5'10-6'.

St. Albert RCMP is looking for your help on this crime. If you have any information about this

or any crime, call the St. Albert RCMP at 780-458-7700, or if you wish to remain anonymous, call Crime Stoppers. At Crime Stoppers, you do not need to reveal your identity. Crime Stoppers does not subscribe to Call Display, Call Trace or tape any phone calls. If your information leads to an arrest, you may qualify for a cash award up to \$2,000.00. We want your tip, not your name. Call Crime Stoppers at 1-800-222-8477 (TIPS).



EXCITING CONTRACT EMPLOYMENT OPPORTUNITY!! Whitcourt/Lac Ste. Anne Support for Adult Learning & Literacy (SALL)

Community Adult Learning Program Coordinator

We are currently accepting applications for the part-time contract position of a Community Adult Learning Program (CALP) Coordinator. Under the direction of the SALL Board, the CALP Coordinator will be responsible to plan, implement and evaluate adult education & learning programs and maintain the day-to-day operations of these programs within our boundaries. SALL serves the areas of Whitcourt, Lac Ste. Anne County, Mayerthorpe, Alberta Beach, Onoway, Sangudo, Blue Ridge, and Anselmo. SALL endeavors to provide lifelong learning opportunities that strengthen individuals, families and the community.

Duties will include, but are not limited to:

- Plan, develop, coordinate, promote and evaluate programs, and any special events related to adult learning.
- Provide written project/financial reports to the Board at their regular meetings.
- Liaise with the SALL Adult Literacy Coordinator on joint initiatives.
- Create project proposals and meet reporting requirements for funding.
- Promote adult learning programs and opportunities in all communities within our service area.
- Network with community organizations, businesses, agencies and stakeholders.
- Meet the requirements of the Policy and Operating Requirements set out by Alberta Advanced Education & Technology for Community Adult Learning Program (CALP).
- Assist with the development of the Annual Application and the completion of the Annual Report documentation.

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The position will remain open until a suitable candidate is selected.

We thank all applicants for their interest.

Only those candidates short-listed will be contacted for interviews.



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FEBRUARY 2016

Bridal Guide

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Bridal Guide



DANCE LESSONS CAN BE HELPFUL PRIOR TO A WEDDING

Apart from their initial nerves during their wedding ceremonies, many couples feel comfortable having all eyes on them for the majority of their wedding days. However, some couples get a bit of stagefright when dancing as husband and wife for

the first time.

First dances and parent-child dances are popular wedding reception rituals. The couple's dance serves as their first act as a married pair, often occurring at the onset of the wedding reception. Father-daughter and moth-

er-son dances may take place at different points in the evening.

Some people relish the idea of having the spotlight on them, while others are nervous about dancing in front of a crowd. While couples need not look like contestants on "Dancing

With the Stars" to pull off a successful first dance, taking dance lessons prior to the wedding can teach men and women some key moves and help calm their nerves.

Couples may want to begin dance lessons a few months before their wedding day to get acclimated to the experience. The more lessons couples take, the more comfortable they will likely be when it comes time to cut a rug.

Private dance lessons may be more effective than group lessons, as they enable one-on-one interaction with instructors, who point out any missteps immediately and correct form on the spot. Instructors also may suggest which routines couples should embrace and which they may want to avoid.

Preparation can stem nervousness and help couples feel more confident on the dance floor, even if their dances last only a few minutes. The goal of dance lessons is for couples to become better dancers, but improved skills on the dance floor is not the only thing couples can take from dance lessons.

· Exercise: Dancing is an excellent form of exercise that can help couples build up their endurance. In addition, the cardiovascular benefits of dancing can help couples shed a few pounds prior to their wedding days.

· Stress relief: Planning a wedding is not always easy. Having a night of the week devoted to some fun couple time can help relieve some of the stress couples may feel when planning a wedding.

· Enjoyable memories: Taking dance lessons as a couple is something couples may look back on fondly long after they have tied the knot and cut their first rug as husband and wife.

Dance lessons can help couples calm their nerves as their first dance approaches.

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Bridal Guide



REHEARSAL DINNER HOW-TO

Many couples find their wedding rehearsal dinners to be relaxing respites from the whirlwind of wedding planning. Such dinners enable the happy couple to slow down and enjoy themselves in a relatively casual gathering with their closest friends and family members.

Rehearsal dinners typically take place in the night or two before the wedding. The couple, members of their wedding party, the parents of the bride and groom and others involved in the wedding typically attend this dinner. The couple generally takes the time at the dinner to thank everyone for their contributions to the wedding and to offer some small gifts of appreciation. No rules govern rehearsal dinners, so couples have the freedom to plan the dinners as they see fit.

Rehearsal dinners often come immediately after the ceremony rehearsal, when the wedding party and the officiant go over the timing and details of the wedding. Make arrangements with the ceremony site and officiant prior to making dinner reservations.

Parents of the groom traditionally host the rehearsal dinner, so they will be integral in planning the event. That means couples should keep an open and gracious mind. Remember, the rehearsal dinner doesn't have to be a lavish affair, and it can be customized to any budget or preference.

Some couples feel that hosting rehearsal dinners in casual settings can make the dinner more comfortable for members of the wedding, who can use the dinner as an opportunity to mingle and get to know one another before the wedding. This will help to tame nerves and enable the wedding party to loosen up and enjoy themselves even more. Some people may be more inclined to socialize and have fun when they're not worried about putting on airs.

Restaurants that have special meaning to the couple often make for great places to hold rehearsal dinners. The bride and groom can suggest their ideas, but ultimately it is the person handling the bill who has the final say. Couples who want greater control over the rehearsal dinner festivities can suggest host-

ing it themselves.

Despite its name, the rehearsal dinner doesn't actually have to be a dinner, as couples can opt for meals at a different time of the day, like brunch or lunch. An earlier occasion gives guests plenty of time to get home and rest up for the festivities of the wedding to come.

Toasts are expected at the rehearsal dinner, but they tend to be

spontaneous, off-the-cuff remarks. A couple with a good sense of humor might not mind being roasted at their rehearsal dinners. The bride and groom should expect to say a few words of thanks to all in attendance, but remarks need not be too formal.

Rehearsal dinners may even feature a little entertainment. Tech-savvy parents may put together a

presentation with videos or photographs that chronicles the couple's lives separately and their life together.

Rehearsal dinners provide an opportunity for couples and their families to spend time together before the larger festivities of the wedding pull them in multiple directions. Plus, they set a fun tone for the wedding weekend to come.



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Bridal Guide



TAME WEDDING DAY NERVES

When couples tie the knot, many changes are in store, many compromises will be made and many lasting memories will be created. But in the weeks and months before their big days, couples can easily get caught up in the whirlwind of wedding planning, never taking inventory of their feelings until their wedding days have arrived.

Come their wedding days, couples should not be surprised if some nerves set in. A survey from the anxiety self-help resource The Fear Source indicated 71 percent of brides-to-be suffered from some type of nerves during the lead-up to their weddings. Ninety-two percent of brides experienced nerves on the day of the wedding or the evening before, while 66 percent reported that it affected their daily lives prior to their weddings or

hampered their performance and enjoyment during the day itself.

According to Psych Central, a modern online voice for mental health information, emotional support and advocacy, pre-wedding jitters are common and can be the subconscious telling a person that something needs to be remedied. Wedding nerves do not mean a wedding is doomed; it just means certain issues may need to be worked through. The following are some ways to tame wedding day nerves.

- Keep an open dialogue. Speak with your future spouse about the things that may be causing your anxiety. Maybe you have doubts on financial choices or where you will be living after the wedding. Communicating openly and honestly is one of the foundations of a strong relationship.

- Slow down and breathe. Wed-

ding planning involves making many decisions, and sometimes couples move at breakneck speeds. Make slowing down a priority. Try to enjoy a quiet dinner with just the two of you. When enjoying peaceful moments, take deep breaths, which can be calming and revitalizing. If need be, consider signing up for a yoga or tai chi class to force you to slow down.

- Address performance anxiety. It's easy to build up the big day in your mind and hope that everything goes according to plan. But it's impossible to plan for each and every outcome on your wedding day. Focus on everything that can go right, rather than worrying about what might go wrong. Also, realize that your guests are your friends and family members who will be forgiving of any hiccups along the way.

You're bound to recover gracefully from any mishaps.

- Work on confidence. Wedding fears may stem from inadequate self-confidence. Give yourself a pep talk and surround yourself with positive people. Keep the worry-warts at arms' length for the time being.

- Recruit more help. Weddings are huge undertakings, so it's no surprise that couples sometimes feel overwhelmed. Ask reliable relatives or friends to double-check all of the last-minute details. This way you don't feel it is all on your shoulders.

Wedding days nerves are to be expected and often have little to do with the decision to get married. Planning such a big event can be nerve-wracking, but there are ways to combat any anxiety that builds up as the big day draws near.

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RCMP IDENTIFY HUMAN REMAINS FOUND IN BURNED-OUT VEHICLE

Submitted by Alberta RCMP

UPDATE #1

Fort Saskatchewan, AB – The RCMP is continuing its investigation into the circumstances surrounding the discovery of human remains in a burned out white 2013 BMW 328i two-door coupe in a rural location on Township Road 572 between Range Roads 201 and 202 in Lamont County on the evening of Sunday, January 10, 2016.

Police have confirmed that the identity of the human remains is that of 38-year-old Edmonton man, Junior Morris Laidley, who had been reported missing on January 13, 2016. Confirmation of the identity was made with the assistance of the Edmonton Medical Examiner's Office upon completion of an autopsy on Friday, January 15.

Currently, police are looking to hear from anyone with information pertaining to the activities of Mr. Laidley on or after January 4, 2016, when he was last seen by friends.

Mr. Laidley is described as follows:

- Black male
- 5'6" (168 cm) tall
- 196 lbs. (89 kg) in weight
- Black hair
- Brown eyes

The RCMP are asking anyone who may have had contact with or heard from Mr. Laidley anytime during the past several weeks before January 10, to contact the Fort Saskatchewan RCMP detachment at 780-992-6100.

Anyone with information pertaining to this investigation, or regarding Junior Morris Laidley, is asked to contact the Fort Saskatchewan RCMP detachment at 780-992-6100. Should you wish to remain anonymous, you can contact Crime Stoppers by phone at 1.800.222.8477 (TIPS), by internet at www.tipsubmit.com, or by SMS (check your local Crime Stoppers [www.crimestoppers.ab.ca] for instructions). You do not have to reveal your identity to Crime Stoppers.

BACKGROUND:

Fort Saskatchewan RCMP Investigate Suspicious Death

Fort Saskatchewan, AB - On the afternoon of Sunday January 10, 2016, at approximately 5:00 P.M., members of the Fort Saskatchewan RCMP detachment responded to a report of a burned vehicle in a rural location on Township Road 572 between Range Roads 201 and 202 in Lamont County.

Upon arriving at the location

police found a vehicle which had been damaged by fire. Closer examination of the burned-out vehicle and surrounding scene led to the discovery of human remains. Immediate steps were taken to secure the scene and specialized units such as the RCMP Major Crimes Unit (MCU) and the RCMP Forensic Identification Section (FIS) were called in from Edmonton to assist in the investigation.



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LAC STE ANNE COUNTY FREE PARENT LINK PROGRAMS FOR MARCH

Submitted by Cathy Steeves

Tents & Tunnels in Onoway

This free, active play program, for children under 6 years old, provides a warm, dry, indoor space for children to run and play! We have tents, tunnels, balls, hoops, potato sacks, a parachute, and more! Sorry – no snacks permitted in the gym please! This unstructured, drop-in program will run Every Friday morning until Mar. 18. At Alliance Pipeline Activity Centre (Onoway Museum Gym) from 9:00 – 11:00 am. Children MUST be supervised at

all times! **INSIDE SHOES RECOMMENDED!!** No outside shoes permitted!

SANGUDO PARENT & TOT

TUESDAYS – 9:30 AM – 11:30 AM at Sangudo Playschool Room (Arena)

Parents/Guardians...bring your little ones to this free, unstructured program and have fun! It's a great opportunity to visit with other families and to work on your child's social skills, like sharing and making new friends.

- Playdough Party - Mar. 1
- Tents & Tunnels – Mar. 8th, 15th, & 22nd

A light snack will be provided. Inside shoes or slippers recommended! This is a drop in program – hope to see you there!

Friday Afternoons in Onoway from 1:00-3:00 pm – Room # 3, Onoway Heritage Centre.

- Decorating Easter Eggs – Mar. 4th

This FREE program is designed for kids aged 2-8, but all ages are welcome. We will be using permanent markers, paint, etc., so "play clothes" are recommended. Please pre-register by February 29th, as space is limited.

- Playdough Party – Mar. 11th & 18th

This is a FREE, drop in program. No pre-registration is required.

Thank you to Cherished Memories Parent & Tot Playgroup for letting us join in their fun on Wednesday mornings!

- Wed., Mar. 3rd - Playdough Party
- Wed., Mar. 9th, 16th & 23rd - Let's Build

10:00 am – 12:00 pm (noon) at Alberta Beach Agliplex. This is a drop in program, so no need to pre-register.

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Wednesdays: March 2, 9, 16, 23 and April 6 & 13 from 1:00 – 3:00 pm at Onoway Public Library Program Room.

PRE-REGISTRATION IS REQUIRED. Workbook and snack provided. Childcare available, but MUST be requested at time of registration.

Important Dates in March:

- Northern Gateway Public Schools PD Day - Friday, Mar. 4th
- Good Friday - Mar. 25th
- Easter Monday - Mar. 28th

There will be no Parent Link Programs during Easter Break (March 25th to April 3rd)

For more information on these programs, or if you have a suggestion for future programs, please contact: Cathy Steeves, Parent Link/Early Childhood Development Coordinator, Lac Ste. Anne County, at 780-785-3411 (or 1-866-880-5722) ext. 229 or email csteeves@LSAC.ca

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We're on the hunt for **EGG**  **CELLENT** artists

AGE GROUPS: 3-4 YRS | 5-7 YRS | 8-10 YRS | 11+ YRS

NAME: _____ **AGE:** _____

PHONE: _____ **TOWN:** _____

Entries must be recieved by March 25, 2016.

**Mail to: Easter Bunny c/o Community Voice
Box 3595 Spruce Grove, AB T7X 3A8**



*You Could Win
a Gift Basket!*

Valentine's Colouring Contest



Adelynn F. ♥ Age 4 ♥ Stony Plain



Kaden G. ♥ Age 7 ♥ Edmonton



Ashlynn S. ♥ Age 9 ♥ Spruce Grove



Serena Q. ♥ Age 11 ♥ Leduc

We *loved* every entry but these are the 2016
Valentine's Day Colouring Contest *winners*



A CUT ABOVE THE REST

Diamond Realty (2007) Ltd.

#105, 4302 – 33 St., Stony Plain, AB

Ph: 780-963-8832

www.diamondrealty.biz**LEANN KNYSH**
780-916-6919**DEBBIE GOUIN**
780-497-0531

Giving Back to Our Community

Leann and Debbie have both lived and raised their families in the greater Alberta Beach/Tri-Village area. Not only do they work here and have a good understanding of all factors that influence the market, but they truly care about the important issues and community members. Over the years, they have given back to their community through countless hours of volunteering in organizations such as the Alberta Beach Library, Alberta Beach and District Museum, the local chapter of the Chamber of Commerce, Girl Guides of Canada, Grasmere and Onoway School Councils and several special interest events. They continue to support the community, not only through volunteering, but also through extensive sponsorship of groups and organizations responsible for enhancing the region.

If you're thinking of making a move in the real estate market, don't hesitate to give Leann or Debbie a call today and put their proven track record to work for you!

VIEW FULL LISTING DETAILS AT
WWW.LEANNKNYSH.COM OR WWW.DEBGOUIN.COM



Classified Ads - Call 962-9228

Classified Policy

CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion = \$6.00; Subsequent insertion = \$3.00 each. (Eg: 2 insertions = \$9.00; 3 insertions = \$12.00; 4 insertions = \$15.00; etc) Each additional word is 20 cents per word, per insertion. BOLD/CAPITAL text available for an additional \$1/line. Lost & Found and To Give Away (up to a max. of 25 words) are free of charge.

Ads must be paid in advance either by cheque, cash, Visa or Mastercard. DEADLINE: is Thurs. 4:00 pm (Wed. 4:00 pm on long weekends). Classified ads may be called in to the COMMUNITY VOICE office at (780) 962-9228 WITH CREDIT CARD NUMBER (otherwise ad cannot be taken), email your classified ad with your CREDIT CARD number included for payment to: classifieds@com-voice.com, drop off at Onway Registries, or mail cheque or money order along with your ad to:

COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8. Ads may also be placed on the web at www.com-voice.com/classified.htm

Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Heritage Centre, We now have air conditioning!

Space Available! Call Jeanne (780) 884-7111

Bright Bank Hall, 780-963-6835

Cherhill Legion, Mary 780-284-1703.

Cherhill Community, Taryn 305-9022

Darwell Hall, 780-721-2690

Darwell Seniors, 892-2457

Glenevis Hall, 785-4144 or 721-6188

Gunn Community Hall, 967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Hall, 892-2998.

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onway Community Hall, 967-4749.

Onway Legion, 967-4980

Onway Museum Gym classroom, 967-5263 or 967-1015

Park Court Community Hall, 727-4476

Parkland Village, 960-5556

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-3221 or 785-3118

Stettin Nakumun Comm. Hall, 967-9198

Business Opportunities

JOIN THE GOLD CANYON TEAM! Have the extra money you need or own the business you've always wanted! - Your Gold Canyon Business puts you on the path to success on your own terms! Call Independent Demonstrator Jodi Cazac at 780-995-6951 for more info, or go to www.mygc.com/jcazac (S) OG

LOOKING TO HOST A CANDLE PARTY? OR WANT TO DO A FUNDRAISER? EXCELLENT REWARDS!! Call Jodi for more information 780-995-6951 www.mygc.com/jcazac (S) OG

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A perfect day starts with perfect skin. Meticulously developed, our formula is lightweight and contains a skin-conditioning complex of minerals that evens skin tone. Instantly Ageless™ immediately dissolves into the skin, reducing the appearance of wrinkles. It's specifically designed to target areas which have lost elasticity—revealing visibly toned, lifted skin. Users have seen dramatic results in seconds.



A compact, yet powerful alternative to fortify skin affected by free radicals and environmental damage, Instantly Ageless™ is at the forefront of anti-aging technology.

BENEFITS

- VISIBLY DIMINISHES THE APPEARANCE OF FINE LINES AND WRINKLES
- ERASES THE APPEARANCE OF DARK CIRCLES AND PUFFINESS UNDER THE EYES
- MINIMIZES THE APPEARANCE OF PORES
- HELPS TO EVEN SKIN TEXTURE
- MATTES SKIN FOR A FLAWLESS FINISH
- RESTORES SKIN TO OPTIMUM APPEARANCE

You Tube [youtube.com/watch?v=9g1As1cBjGY](https://www.youtube.com/watch?v=9g1As1cBjGY)



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Classified Ads - Call 962-9228

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S & J House Cleaning. Starting at \$35/hour. Call Susan 780-990-8802 or 780-963-2220 (1)

Funeral & Group Lunch Catering - Starting at \$13.50/person for a basic lunch. Gluten free choices, meat, veggies, fruit trays, etc. Call Susan for a consultation 780-990-8802 or 780-963-2220 (1) 16-02

Nasty's Tree Removal. Stump Grinding, Pruning & Firewood for sale. Licensed & insured. Roger @ 780-720-2207 (12) 09-02 OG

Firewood

Firewood, seasoned, split, birch, spruce/pine, poplar. Pick up and delivery. Woodchuck Firewood, Call 780-288-7247 (12) 26-01

Wanted

I Buy Gun Collections. Call for a quote, Legal Transactions Only. Call Jay at 780-686-1350 (24)

Wanted to Rent Pasture

Wanted: Pasture to Rent for Spring 2016. Call 780-916-2333

For Lease

Commercial Bay for Lease. 1200 sq ft bay, 14x16 doors, located at Alberta Beach. For enquiries please call 780-924-3181 (1) 16-02

For Rent

Cabin for Rent, included all utilities, \$900 per month. Evansburg & Mayerthorpe area. 780-239-0553 (2) 16-02

2 Bedroom House in Sangudo. Renovated, 5 appliances, \$1100/month. Utilities, Deposit and Pets Negotiable or Included for right client. Call 780-957-2113 or Text 780-512-5120 (4) 09-02

House For Rent - Northside of Onoway Fas Gas on Hwy 43. 2 Bedroom 1 Bathroom. \$1200/month + Utilities. Approx. \$160

in winter, Under \$100 in the summer. \$1200 DD, Available March 1st, 2016. Call 780-967-0610 or Drop in at station (4)

Room for rent in Alberta Beach, \$650/month, all included, N/S, N/P. Call 780-893-7679 (4) 26-01

Enclosed Storage For Rent. Call (780) 910-5472 (50) 22-09-15

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962-9500**

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SUDOKU OF THE WEEK

		1			6			
7		3		9		6		
	4			2	3		1	
			7		2	5		3
	5		6	4				
		6	5			4	9	
1						9	5	
	6	5			1	3		
	3	4						

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	2	1	4	7	6	8	3	9
7	8	3	1	9	5	6	4	2
6	4	9	8	2	3	7	1	5
4	9	8	7	1	2	5	6	3
3	5	7	6	4	9	2	8	1
2	1	6	5	3	8	4	9	7
1	7	2	3	6	4	9	5	8
9	6	5	2	8	1	3	7	4
8	3	4	9	5	7	1	2	6

Church Directory

Rich Valley Community Church

Sunday School
10:00 a.m.
Worship Service
11:00 a.m.

Catholic Parish of Lac Ste. Anne

Sunday
10:00 a.m.

St. John's Anglican Church

Onoway
Sunday Service
10:00 a.m.
Everyone Welcome

Mayerthorpe Baptist Church

Worship Service
Sunday 10:30 a.m.
Children's Church
10:30 a.m.
4606-54 St. Mayerthorpe
(780) 786-2677

St. John's Lutheran Church

Alberta Beach
Sunday Service
11:00 a.m.
Sunday School

Zion United Church

Sunday Service
10:00 a.m.
Sunday School
Serving Alberta Beach,
Wabamun, Darwell &
Lake Isle, Onoway & Area
(780) 924-3351

Sangudo St Mary the Virgin Anglican Church

Sunday Services:
2nd & 4th Sunday
Holy Communion
11:00 a.m.

Sangudo United Church

Sunday Services
1st and 3rd Sun.
of each month
Worship Service
11:00 a.m.

Trinity Lutheran Church (LC-C)

"The Church of the Lutheran Hour" - Rockyfort Bridge
Pastor Dan Hansard
Church (780) 778-2055
Sunday Worship
9:00 a.m.
Senior's Service & Cottage Bible Study - Phone for locations

Mayerthorpe Pentecostal Assembly

P.A.O.C. Rev.
Arnold Lothoiz
Sunday 10:30 a.m.
Morning Service
Tuesday 7:30 p.m.
Ministry Training
(780) 786-2424

St. Michael Lutheran Church

Sunday Services
1st & 3rd Sunday
at 2:30 p.m.
Rev. Horst Gutsche
(780) 674-3944
Mystery Lake

Onoway Baptist Church

Sunday Service
10:00 a.m.
Youth Group
Friday 7:00 p.m.
(780) 967-2266

Mayerthorpe United Church

Mayerthorpe: Rev.
Alwin Maben
Sunday Worship 9:30 a.m.
to be held at the Peter
Trenchy Community Center
at Pleasant View Lodge
Until Further Notice.
PH: (780) 786-2134

Alberta Beach Alliance Church

Sunday Worship
Service & Kid's
Church 11:00 a.m.

Sunday School
10:00 a.m.
(780) 924-3282

Cherhill Community Church

Sunday School
10:00 a.m. - 11:00 a.m.

Worship Service
Sunday 11:00 a.m.

Roman Catholic Church

St. Agnes' Parish, Mayerthorpe
Sunday 9:00 a.m.
St. Elizabeth Parish, Evansburg
Saturday 7:00 p.m.

(780) 786-2032

Calahoo Alliance Church

Family Worship
Service Sunday
10:00 a.m.

For Info Call Jerry
(780) 974-7734

Rock Victory Church Worship Celebration

Sunday Worship w/
Children's Ministry
10:00 a.m.

Wednesday Prayer &
Bible Study 6:00 p.m.

COMMUNITY EVENTS 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 <small>Groundhog Day</small>	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
<small>Valentine's Day</small>	<small>President's Day</small>	22	23	24	25	26
28	29					

If you are a **LICENSED, NON-PROFIT ORGANIZATION**, you are welcome to submit your announcement **FREE** of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

MAR 12 - CRIB TOURNAMENT at Gunn Community Hall. \$20/person, call 780-951-9452 for details.

MAR 19 - CRIB TOURNAMENT at Rich Valley Community Hall. Registration 10am, play @ 11. \$20/person, \$40/team. Lunch Served. Eileen 780-967-5710.

FEB 22 - WHAT'S NEW IN THE GARDEN IN 2016: Guest Speaker Tasha Bradsell at Sangudo Golden Age Club. Non-members Welcome. \$5 drop-in fee.

FARMERS MARKETS

ALBERTA BEACH - May - Sept., Contact Joannee 780-690-6392

BARRHEAD - Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802

DARWELL - Open Sun. till May-Oct, 11am-2pm. Sue at (780) 892-4754

MAYERTHORPE & DISTRICT FARMER'S MARKET - Thurs 11-2pm, except late market last Thurs of every month, 4-8pm. Mayerthorpe Diamond Center

ONOWAY FARMERS' MARKET presented by the Onoway & District Ag Society. Fridays from 4 pm to 9 pm at the Community Hall. Starts May 1st

SPRUCE GROVE - at the Elevator, Sat 9:30-2:30, tables avail. 780-240-5821

STONY PLAIN - Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.

WESTLOCK - 11-3pm, Bargain Shop Mall, Dave 780-954-2437

WHITECOTT - Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

BINGO

BARRHEAD ROYAL CANADIAN LEGION - Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO Tuesdays at Cherhill Community Association. Doors Open at 6:30pm, Games at 7pm.

CHERHILL LEGION - First Sunday of Month. Doors Open 12:00 Noon

FALLIS COMMUNITY HALL BINGO - Tues, Doors 6:30pm, 7:30 pm. Fallis Comm Assoc.

MAYERTHORPE ROYAL CANADIAN LEGION - Tues, doors 6:30pm, bingo 7:30pm

RICH VALLEY COMMUNITY HALL BINGO - 7:30pm. Loonie Pots. Next bingos Jan 13 & 27, Feb 10 & 24.

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.

ALBERTA BEACH & DISTRICT ACTIVE 50+ Club activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).

BADMINTON - Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BARRHEAD PHOTO CLUB -1st & 3rd Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663

CARDS, POOL & OTHER GAMES Tues. & Fri. 1:30 p.m. Sangudo Golden Club. Newcomers welcome. Join us for coffee & socializing. 785-2368 or 785-3736

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.

COWBOY CHURCH Moon Lake Hall last Thurs, 7:30pm. 924-2230.

JAMBOREE AT SANDHILLS COMMUNITY HALL, 3rd Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051

JAMBOREE at STONY PLAIN SENIORS DROP IN CENTER, 5018 - 51 Ave. Open every Thursday Evening @ 6:30 p.m., Cost \$2. (Winter's -20 of over, NO Jamboree), NO JAMBOREE FEB 11 & 18. Everybody Welcome. Contact 823-0035 or 963-7920.

JR. SCRAPBOOKING Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

LAC STE ANNE COMMUNITY CHOIR, accepting all voice ranges. Meets every Wed. 7pm, Sept-June, at the Alberta Beach Heritage Centre. Lois 780-924-3126

ONOWAY GOLDEN CLUB - Bethal United Church. Coffee & Muffin Mondays, 10-12. Cards Tuesdays, 1:00. Crafts Thursdays 10-12. Much Socializing.

ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.

ONOWAY MUSEUM - Gym & classroom 780-967-1015 or 780 - 967- 5263

ONOWAY ROYAL CANADIAN LEGION open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)

PANCAKE BREAKFAST - Parkland Village Community Centre, last Sun, 9am-12.

RAVINE COMM. HALL JAMBOREE, 1st Sat of Every Mth, 780-325-2240

RIVER TALKERS TOAST MASTERS CLUB, every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Loraine 286-5040.

SANGUDO COMMUNITY HALL JAMBOREES - 1st Sat of month 7pm, Oct.-May. Everyone welcome. 785-4105 or 305-3688.

SANGUDO ART GROUP - Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain). 2nd Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVIN STONY PLAIN GATHERING at PERC Building (5413-51 St. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

WRITERS PROGRAM - Mayerthorpe Library, 1st & 3rd Wednesday at 1pm.

WILTON PARK COMMUNITY JAMBOREE - Every 4th Saturday of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP) - Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsac.ca

MEETINGS

1ST ONOWAY SCOUTS-Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

3053 ROYAL CANADIAN ARMY CADETS, Onoway Historical Centre, Thurs, 6:45pm-9:30 for youths 12+.

967-0443

755 PARKLAND AIR CADETS Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

526 Barrhead Air Cadets, Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-674-4058 or 780-674-9003

AA - Mayerthorpe, Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927

AA -Sangudo Golden Club, Tues 8pm call 786-4402/785-9214/785-3599

AL-ANON - Tuesday 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205

ALBERTA 55 PLUS - Villeneuve Hall at 10a.m. New Members Welcome. Meetings on second Tuesday of the month. Info from Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7pm, Alberta Beach Agliplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs. of month, 7pm, Agliplex

ALBERTA BEACH MUSEUM meets the 2nd Wed, 7pm at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043

BARRHEAD ROYAL CANADIAN LEGION, general meeting every 2nd Thurs, 7pm at the Legion Hall.

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12pm, Alberta Beach Agliplex. Sept-June. Info call Andrea 780-924-8323 or Melissa 780-297-1892.

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

CITIZENS ON PATROL -The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

COUNTRY ELEVATOR SOCIETY Meets last Mon. 786-2713

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8pm, 1st Mon, Darwell

DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/Dec), Darwell 892-3099.

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.

GLENEVIS COMMUNITY meets first Wed. Info 785-4144 or 721-6188.

GREENCOTT COMMUNITY ASSOCIATION meet second Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30pm at Kinsmen Hall, every 2nd Tues. Want to volunteer? Marilyn (780) 786-9168 or mayerthorpekinettes@gmail.com

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30 at Onoway Museum (780) 967-0443

LAC STE ANNE WRITERS GROUP, ages 14 & up, Alberta Beach Library, 1st Tues of month, 6:30-8pm starting May 13. Info Sheree 967-6450

LAKE ISLE HALL BOARD - 3rd Tues, 7:30pm, Lake Isle Hall.

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5pm in Hospital Basement Education Room.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept.-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

NA MEETING Tues, 7pm Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY - 2nd Wed of each month, 7:30pm, Chateau Lac Ste Anne

ONOWAY & DISTRICT HISTORICAL GUILD - 3rd Wed 7pm, Onoway Museum. 967-5263 or 967-2452.

ONOWAY QUILTERS, 2nd & 4th Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.

ONOWAY ROYAL CANADIAN LEGION General Meetings, first Mon, 7pm (Sept-June).

ONOWAY MASONIC LODGE #138, 4th Wed, 7:30

Onoway Legion

ONOWAY OSPREY JUNIOR FOREST WARDENS Ages 6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onoway Heritage Centre & monthly outings. Martin 780-963-1646

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

RICH VALLEY AG SOCIETY BOARD MEETINGS - at the Agriplex on the second Wednesday of the month. 7:00pm.

RIVER TALKERS TOASTMASTERS CLUB Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.

SANGUDO PAINTING GROUP - Every 1st and 3rd Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB - Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258

WEIGHT WATCHERS Alberta Beach Agriplex - Mondays, weigh in 6:30pm. Meeting at 7pm.

MEAT DRAWS

Alberta Beach Museum. Every Sat 4pm, Alberta Beach Hotel

Alberta Beach - 4pm, Every Sun. Jungles Bar & Grill

Barrhead Royal Canadian Legion, every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided during the event.

Darwell - Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant

Onoway Royal Canadian Legion - every Fri Ph. 780-967-5361

Whitecourt Legion Every Sat, 4pm. Located downtown behind the CIBC.

MEALS ON WHEELS

ALBERTA BEACH area call (780) 910-0034.

DARWELL area. For info on volunteering or eligibility, call Lorraine, 892-2967.

ONOWAY & DIST. Frozen & hot meals available. Call 967-2038 or 967-5244.

TOPS Meetings (Take Off Pounds Sensibly)

ALBERTA BEACH - Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

ENTWISTLE - Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982

EVANSBURG - Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155

SANGUDO - Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

YOUR COMMUNITY

ALBERTA BEACH BADMINTON - Tues, 7-9pm Grasmere School. Tim 924-3337

MAYERTHORPE WOMEN'S LEAGUE PRAYER CHAIN - Everyone with the 786, 785 or 674 ph number is encouraged to participate. Doreen 786-2434.

SEA CADETS - 299 Mackenzie, Stony Plain Comm Centre, Wed 6:30 for youths 12-18, 963-0843

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9-3pm. Info 960-4600.

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