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June 14, 2016

HILLSIDE TEACHER WINS EDWIN PARR AWARD!

Submitted by Lisa Bakos

We are pleased to announce that Mr. Stephen Eidick, our



2016 Edwin Parr Nominee, was awarded the prestigious honour in Edmonton this past weekend! Mr. Eidick teaches junior high at Hillside Jr/Sr High School in Valleyview, and is one of only 6 teachers in the province recognized as an Edwin Parr recipient.

Hillside Principal, Ms. Darlene Wood, was at the ceremony:

“We are so pleased for Stephen and proud of his accomplishment. As a truly reflective teacher, Stephen endeavours to meet the needs of every student and to contribute positively to our school community. His lead-

ership extends from his classes to extracurricular offerings and to his own professional learning.”

Mr. Eidick’s contributions include:

- An attention to student-centered learning and multifaceted instruction
- A strong aptitude for and practice in areas of differentiated instruction and assessment
- Demonstrating reflective and engaging teaching practices

Continued on Page 2

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ART AND MUSIC AT PEGG GARDEN

Submitted by Lorraine Taylor, George Pegg Botanic Garden

In celebration of Father’s Day AND National Garden Day the

George Pegg Botanic Garden is hosting the 4th annual Art in the Garden Show and Sale. On Sunday, June 19th visitors of all ages are invited to drop in from noon the 5:00pm.



On this day the tranquil Garden is transformed as more than 20 artists set up colourful displays. Event coordinator and artist Hilde Keller says “We have an amazing range of talented artists participating this year.” While the Garden provides a unique backdrop, visitors also have a rare opportunity to meet each of the artisans and to learn about their craft.

Another highlight of this popular event is the music. Sangudo Arts for Everyone (SAFE) has a full slate of musicians performing throughout the afternoon.

Continued on Page 2

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Hillside Teacher Wins Edwin Parr Award!

Continued from Page 1

- Coaching and support for extracurricular school programming
- Being a positive role model for students and contributor to the school community

Superintendent Kevin Andrea was also in attendance at the ceremony:

“The Edwin Parr Award is the most prestigious award a first

year teacher can receive and a true indicator of Stephen’s contributions to students and to Hillside Jr/Sr High School in his first year of teaching. We couldn’t be happier for Stephen as he is recognized as an educator who consistently exceeds expectations in creating safe, engaging and supportive learning environments for NGPS students.”

“We know we have talented,

caring staff in our schools, and Stephen’s accomplishments complement everything that is done for students in the community of Valleyview and in our NGPS community. We are honoured to have Stephen recognized as the first Edwin Parr winner from Northern Gateway in the 22 year history of the Division.” - Trustees Robyn O’Neill and Gerry Steinke

Art and Music at Pegg Garden

Continued from Page 1

Starting with the Magic Lamp Singers and rounding out the show with other featured musicians, the repertoire runs from folk to rock to Celtic.

With the People’s Choice award art show visitors get to choose the winners of the Youth

Art Competition. This showcase of work by junior and senior high school students offers a look at new talent in our community.

Families can get in on being creative as well with the Make and Take Art project. Visitors are welcome to bring a picnic lunch. Pegg Garden volunteers will be serving up some tasty treats at

the concession.

Admission to the Garden is by donation. For updates about the art festival call the Garden at 780-203-0331, visit www.PeggGarden.org, and check out the Pegg Facebook page for artist biographies. The George Pegg Garden is west of Onoway, on highway #43, just 2.5 km north of Glenevis. Watch for the signs.

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ALBERTA BEACH
IMPORTANT NOTICE

As per Section 311 of the Municipal Government Act, and by this publication, be advised that the Combined Tax & Assessment Notices for Alberta Beach were mailed June 10, 2016.

Please Note:
Assessment Appeal deadline is August 9, 2016.
Property Taxes are due by August 9, 2016.

If you did not receive your tax notice, or if you have any questions or concerns, please contact the Village office at 780-924-3181.

GLENN VAN DIJKEN, MLA
Barrhead - Morinville - Westlock Constituency

Congratulations
to the Graduates of 2016

Congratulations to all of this year’s hardworking graduates. We hope you are as proud of yourselves as we are of you. Good luck & best wishes to the Class of 2016!

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SUMMER FUN BROUGHT TO YOU BY THE ALBERTA BEACH AND DISTRICT MUSEUM AND ARCHIVES SOCIETY



Submitted by Leann Knysh

Our Heritage Village, which is located beside the Ball Diamonds, will be opening for the season on July 1st. This year we are excited to announce the Grand Opening of the Red and White Store!!!! It has been a project in the making for over a year and it is exciting for us to see it finally finished. A replica of the once vibrant original, one and only year round store in Alberta Beach. Opened in 1929 by the Meurins

Family and operated by them until 1956 when Maurice and Jean Howard purchased it and family operated for many years thereafter. Come join us for Cake and Timmy's coffee. Ribbon cutting ceremony will be at 2pm on July 1.

We also recently acquired a Beach Front Cottage, donated to us by the Orr Family. We will have this building open to the public this year but have some refurbishing to complete and it is our hope that we will then have the Grand Opening of this lovely building in 2017.

There is a ongoing summer activity for children ages 0-10. This is our Scavenger hunt within the park where the children are engaged in finding artifacts within the Park Historical Buildings. A penny will be given for every correct answer and they then get to spend their pennies purchasing candy. It makes it a fun and educational. The Grasmere School will be visiting our facility this June for the grade 1 and 2 tours and we love when they take the time to come and get a bit of local history. They always show enthusiasm

which is helps us to keep the attraction vibrant.

We are also looking forward to our 40th anniversary of incorporation this year. This celebration will be held during the Poly Days on the long weekend of August. Come help us celebrate the success of providing our area a facility to revisit the past and the history of the people that helped make it what it is today!

Run by Volunteers, operated by Donations and Grants, please come out and support this local tourist attraction throughout the summer!!!

JOKE OF THE WEEK

Q: "What's the difference between a guitar and a fish?" A: "You can't tuna fish."

Q: What do you call a pile of kittens
A: a meowtain

Q: What do you call a baby monkey?
A: A Chimp off the old block.

Q: Did you hear about the race between the lettuce and the tomato? A: The lettuce was a "head" and the tomato was trying to "ketchup"!

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Request for Proposals



The Summer Village of Yellowstone is accepting proposals for a Walking Trail & Resting Areas Upgrade Project. Project construction must commence in July and be completed by the end of August 2016 and will consist of the following work:

- Reworking and packing of existing material on 7th Street walkway approximately 120' x 5'
- Pouring concrete pads approximately 6' x 4' and installation of 9 benches throughout the Summer Villages (benches to be supplied by the Summer Village)
- Erecting walkway signs and safety barriers along walkways (signs and barriers to be supplied by the Summer Village)

Those interested in submitting a proposal, please forward same via email with subject line: "Yellowstone Walking Path Project Tender" prior to Monday, June 27, 2016 to:

administration@wildwillowenterprises.com

If you are interested in viewing the project areas and further discussing the scope of the project prior to submitting a proposal, please contact Alice Solesbury at 780-967-2178.

Please note that the Summer Village reserves the right to reject any and all proposals and the lowest proposal may not necessarily be accepted. Proof of WCB insurance and a minimum of 2,000,000 liability insurance will be required.

Lac Ste. Anne Foundation

Internal/External Employment Opportunity

Finance Officer (Full -Time)

Directly reporting to the Chief Administrative Officer (CAO), the Finance Officer is accountable for: General Accounting, Financial Consultation, Insurance & Contract Management, Operating and Capital Budgets and Financial Reporting.

Budgets and Forecasts

- Develop and manage the budgeting and forecasting processes;
- Ensure that the budgeting and forecasting process is efficient and effective and reflects the organization's strategic and financial plan;
- Ensure there is alignment between business plans and the annual budgets;
- Ensure appropriate processes are implemented to produce sound forecast information, enabling the organization to make decisions efficiently in anticipation of emerging issues.

Performance Analysis and Reporting

- Develop a deep understanding of the Lac Ste. Anne Foundation, act as a key advisor to the CAO, and provide support and recommendations for operational improvements and proposal pricing;
- Provide timely, relevant and value-added financial performance information for the CAO;
- Provide consistent and timely monitoring of financial performance and analysis of variances from budgets, forecasts, and business plans, ensuring that any divergences are detected early and brought to the attention of the CAO.

Process Improvements

- Engage effectively across the organization, proactively identifying, recommending, and promoting opportunities to minimize risk, efficiencies, performance, understanding, and analysis. Work with the CAO to support the implementation of new financial, business and project information processes;
- Support the CAO in preparing and evaluating the organization and provide decision support financial analysis.

Finance and Accounting, Team Support

- Undertake various Finance and Accounting responsibilities as assigned and based on emerging requirements;
- Provide support to other team members to accomplish period end, quarterly, and annual reporting requirements;
- Involvement in cash management, cash forecasting, credit, and collections.

The ideal candidate will possess

- A Chartered Professional Accountant (CPA) designation is required;
- A Business Degree from a recognized University is an asset;
- Five or more years of practical experience relevant to a Finance Manager role with experience in management accounting, cost accounting, financial accounting, budgets, and forecasts;
- Knowledge and experience in Payroll and Benefit administration;
- Knowledge and experience in the use of Simply Accounting is required;
- Excellent knowledge of Microsoft Excel and Word;
- The ability to create and format financial & project reports;
- Ability to approach process and information improvements from a project management standpoint with the ability to lead, plan, document, communicate, facilitate progress, and meet deadlines;
- Excellent written and verbal communication skills;
- Ability to work within a dynamic environment subject to the changing pressures of the environment, including evolving responsibilities, change of supervisory responsibilities, and sharing of supervisory responsibilities;
- Satisfactory Criminal Record Check #4.

Lac Ste. Anne Foundation offers a very competitive salary and attractive benefit package.

Closing date: Friday, June 24, 2016 at 4:00 p.m. or until a suitable applicant is hired.

Please send Resumes with references to:

Lac Ste. Anne Foundation
Attn: Dena Krysik, CAO
PO Box 299 Mayerthorpe, AB T0E 1N0
Fax: 780-786-4810

Thank you to all who may apply; only those chosen for an interview will be contacted.

PARLIAMENT UPDATE – WEEK OF JUNE 6

Submitted by Jim Eglinski, MP – Yellowhead

This week in Parliament, we largely debated the budget. We also covered topics including charitable donations, impaired driving, ISIS, and the national anthem.

The following was debated:

- Bill C-15 – Budget Implementation Act, 2016, No. 1 (Report Stage and Third Reading).
- Motion No. 40 – Abandoned Vessels (First Debate).
- Bill C-239 – Fairness in Charitable Gifts Act (Second Reading).

• Bill C-233 – National Strategy for Alzheimer’s disease and Other Dementias Act (Second Reading).

• Bill C-226 – Impaired Driving Act (Second Debate).

• Conservative Motion – calling on the House to strongly condemn atrocities committed by ISIS and declare that these crimes constitute genocide.

• Bill C-210 – An Act to amend the National Anthem Act (Third Reading).

I had the opportunity to participate in the debate of MP Ted Falk’s Private Member’s Bill (C-239). This

bill was a great initiative that would have allowed registered charities to provide donors with the same generous donation receipts that politicians can issue. However, I am extremely disappointed that the majority of Liberal and New Democrat Members voted to keep their preferential tax treatment of political donations. You can read my comments on page 77 of the following document: www.parl.gc.ca/content/hoc/House/421/Debates/067/HAN067-E.PDF

This week in the Standing Committee on Environment and Sustain-

able Development, we reviewed the Federal Sustainable Development Act and the Canadian Environmental Protection Act, 1999. For more information on committee meetings, visit: www.parl.gc.ca/Committees/en/ENVI

Throughout the week, I attended twelve meetings and 5 events. Though the House will be sitting next week, I will be back in the riding this weekend to attend events. Look for my update next Friday on the happenings of Parliament.

ZION UNITED CHURCH NEWS

Submitted by Betty Milne

With summer coming soon we will be taking a recess in July, but regular services in June continue. On June 26th our service will be at the regular time -10:00 a.m., followed by a Potluck picnic. We welcome anyone who enjoys the opportunity to share fellowship and food, don't we all!! Rev. Chang will be taking pictures for anyone wishing to have a family

photo. There is a sign-up sheet at the church for Aug. and Sept.

On Tues., June 28th our Bible Study will be a documentary about the challenge of living on \$ 1.00 per day.

Zion is a partner in the Lac Ste. Anne Refugee Partners, a group united in the plan to bring a refugee family to the Onoway area. Our goal is to raise \$24,000.00 required to support a family for the first year.

If you would like to help in our effort you could make your donation to Zion United Church and we will forward it to our treasurer. A charitable receipt will be issued at the end of the year. It was noted that if 250 people each donated \$120.00 we could reach our goal quickly! Would you like to be a part of this plan? Contact for more information --Shantelle 780-967-2890, Mu Lavin 780-967-3079 or Kathleen Ar-

nold 780- 967 4778/780-266-4778.

A fundraising event for LSARP was planned for June 4th but was postponed out of respect for the many events for Fort McMurray fire evacuees. We will reschedule the event for a September date TBA, please watch for updates on our project.

We wish you all a blessed summer, safe travels and God Bless.

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WHITECOURT RCMP SEEKING PUBLIC ASSISTANCE FOR SUSPICIOUS FIRE



Submitted by Whitecourt RCMP

Whitecourt, Alberta - On February 16th, 2016, Whitecourt Fire / Rescue and RCMP responded to a structure fire at the Whitecourt Wolverines Centre of Excellence located at 5116 50 avenue in Whitecourt, Alberta.

Investigation into this fire has been on-going and a report from a fire investigator now suggests there is evidence this fire may have been deliberately set.

RCMP are continuing their investigation into the fire, which caused significant structural

damage to the building. Police are particularly interested in speaking to anyone who saw any suspicious activity after 10:30 p.m. on February 15th, 2016.

If you have information in relation to this fire you are asked to call the Whitecourt RCMP at 780-779-5900.

If you wish to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS) or by internet at www.tipsubmit.com. You do not have to reveal your identity to Crime Stoppers, and if you provide information to Crime Stoppers that leads to an arrest,



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Lac Ste. Anne 50TH Show and Sale



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#SUMMERSESSIONS LINEUP ANNOUNCED

Submitted by Town of Stony Plain

The Town of Stony Plain is pleased to announce this year's 2016 #SummerSessions lineup. Summer Sessions, which are free concerts featuring Canadian artists, will be held every Wednesday night at 7 p.m. from June 8 to July 27 in Shikaoi Park, next to Town Hall.

"The purpose of the Summer Sessions concert series is to showcase Canadian talent and expand Alberta's cultural economy," says Chantelle Held, Cultural Development Officer at the Town of Stony Plain. "As we envision Summer Sessions to grow year after year, we've made it a priority to carefully select both emerging and well-known artists that will connect with Stony Plain residents."

This year's lineup includes the following musicians:

- June 15: The Orchard www.theorchardmusic.com
- June 22: Russell deCarle www.russelldecarle.com
- June 29: A Gentlemen's Pact www.gentlemanspact.com
- July 6: The Doll Sisters www.dollsisters.com
- July 13: Rebecca Lappa www.rebeccalappa.com
- July 20: Brock Andrews www.brockandrewsmusic.com
- July 27: Adam Gregory www.adamgregory.com

Summer Session concerts are free and appropriate for all ages. Participants are encouraged to bring a lawn chair or blanket to sit on and to visit the Stony Plain Youth Centre BBQ across the street.

For more information on the Summer Sessions lineup, visit www.stonyplain.com/summer-sessions.

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JUNE NEWS FROM THE RICH VALLEY PUBLIC LIBRARY

Submitted by Melanie Fitzgerald, Library Manager

Building birdhouses was a great success! We had 12 participants come out. We had some great designs from shingles to multi colored houses. Check out some of our pictures on Facebook.

The Summer Reading Club is designed to encourage children to explore ideas, enjoy reading, have fun and maintain literacy skills throughout the summer holidays. Summer Reading Club begins on Wednesday July 6 and the theme this year is Wild. Let's go wild together as we hold weekly challenges, crafts and of course stories and reading. Each week we will "go wild" with a different theme. This is a free program available to children from 2-12 years old.

The Summer Reading Club will be held every Wednesday and we will be dividing the ages up this year. Children ages 2-4 will run from 10:00-10:30 am. Children ages 5-8 will run from 10:30-11:30 am. Children ages 9-12 will be from 11:30 am-12:30 pm.

The Summer Reading Club is a free program, so you can join us any week you want. Registration is not necessary but if you know you are participating please stop by the Rich Valley Public Library or contact us so we have enough prizes.

This summer Teen Club is back by popular demand. Teen Club is every Tuesday from 7-9 pm and the start date is July 5. Anyone 12 and up is welcome.

Story Time at Rich Valley Public Library will end on Wednesday June 22, 2016. We want to thank all the parents, grandparents and children who joined us this year. Story Time will begin again in September.

This month we are offering the following programs:

Our June program is End of Life Planning on June 16, 2016 at 7pm. Pre plan your end of life service without pre paying a trust fund. Ask why and have your questions answered at this information and

open discussion evening. This program is presented by Prairie Sunset Funeral Homes. We ask that you register for this program to ensure we have enough materials for everyone. The registration deadline is June 14. Please call the library at 780-967-3525 or drop by to register.

Yoga is back! Incorporating yoga in your wellness routine will help you to stay strong, flexible and balanced for life. Yoga with Melissa Crawford, our new yoga

instructor, is every Thursday from 1 pm – 2 pm. The drop in fee is \$12. The June dates for yoga are June 9, June 16, June 23 and June 30.

Mom's and Tot's is held in the yellow room on Wednesday's at 9:30 am to 11:00 am.

Story time is on Wednesdays from 11-12 pm in the yellow room. Come and join us for story time and crafts. Tents and tunnels will be every 3rd Wednesday of the month.

The Rich Valley Public Library will be having Mrs. Fitzgerald's Reading Challenge Pizza Party on June 21 at 6:00 pm. This pizza party will mark the end of Mrs. Fitzgerald's Reading. You need to have 40 stickers to be eligible for the pizza party, so keep reading to join us.

If have any questions, feel free to contact us at 780-967-3525 or drop in. We are located in the basement of the Rich Valley Community Hall.

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MEN AND DEPRESSION

Submitted by Alberta Health Services – Addiction and Mental Health

It's not a sign of weakness, it's a fact. Guys get depressed. Depression affects 840,000 men every year in Canada, and is the second leading cause of disability worldwide.

Men's Mental Health Awareness Day, June 14, aims to raise awareness of signs and symptoms of mental health conditions helping reduce the stigma that often prevents men from seeking help, which includes a number

of misconceptions about depression.

Although there are still many misconceptions when it comes to depression, people's ideas about it have changed over the years. New technology and research show that depression is a illness based which impacts how a person's brain and body function, just like asthma or heart failure.

Symptoms of depression

Changes in the levels of certain brain chemicals and activity of some areas in the brain are associated with depression. No one thing causes this. Many things,

including your genes, stressful events, illness, and abusing drugs, or taking some types of medicine are all involved in developing depression.

Some misconceptions include:

- Depression only happens if something bad happens. The reality is that depression may start after a stressful event, but other things also may trigger it. Sometimes depression happens with no identified cause, particularly in people who have been depressed before.

- If you can't get over depression, you're weak. Depression is

not about your character, it is an illness. You can't force yourself to get over it any more than you can make asthma or a heart attack go away.

- Depression always will get better by itself and doesn't need treatment. Although a few people get over depression on their own, most people need treatment. People with depression can be treated and return to work and home routines, however without treatment, depression can last for months or even years.

Do you have a man in your life who you think may be depressed?

If you're worried about a loved one or a friend, you probably want to talk to him about your concerns. Here are some things you can do:

Tell the person about depression and why you are concerned

- Depression is not about laziness or weakness. It is more common than people realize, and is nothing to be embarrassed about.

- Point out the symptoms of depression that you have noticed in your family member or friend, and say why these symptoms worry you. Use a supportive and caring tone of voice while you are doing this.

Explain why the person needs to see a health professional

- Explain that very few people get over depression on their own. Most people need some type of treatment. The sooner someone gets treatment, the sooner he will feel better.

- Point out that there are many types of professionals who treat depression and many types of treatment. Just because a person is depressed doesn't mean that he needs to see a psychologist or take medicine. A family doctor or a counsellor may be able to help.

- Point out that depression might be caused by another problem. For example, genetic vulnerability, stress, medical problems, and medications all can cause symptoms of depression. A doctor can help diagnose this and provide the person with treatment options.

For more information on depression, visit myhealthalberta.ca or to access treatment and support call Health Link at 811.

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GREETINGS FROM THE ONOWAY LEGION

Submitted by Lorinda McCool

Many may already know the Legion is temporarily short of our kitchen manager Bob Clark due to a nasty fall over a week ago. We are very lucky and extremely grateful that Allen Parr has been able to step in and take over the kitchen duties at this time. Thank you as well to Lorne Olsvik and Derald Wood for their help seasoning and preparing the ribs for the sold out Navy Rum Rib Supper. The

Legion depends greatly on volunteers and would not survive if not for the incredible time and effort they all dedicate toward the success of the suppers. We are always looking for more help so if you have a little time and would like to join the crew to have some fun please contact Bob @ 780-967-3640.

The Bangers and Mash Meal on June 3 was very quiet but the customers that attended were very pleased with their meal. Allen, Ron, Marcelle, Sylvia, Randy and Liane made sure ev-

eryone was well fed and happy. Harvey was our lone Scout but as usual did a great job clearing the tables in a timely fashion. Keith Morrison won the free meal voucher, Phil Sutton the meat draw and the 50/50 money went home with Ron Watson. It was great to see Phil back again after having suffered some severe health issues.

The June General Meeting was attended by 17 members and some of the items of interest were as follows: The Fire Relief Donations have been

sent to District Command to be distributed as 50% to the Red Cross and 50% to veterans displaced because of the fire. Bob Walker resigned his director and service officer's positions and Ted Latimer has graciously offered to replace him for the rest of the term. Only four letters were received requesting community donations and funds have been allocated to the Lac Ste. Anne Choir, the 3053 Cadet Corp, the Scouts and the Girl Guides. John Snider has found a permanent home at the Good Sam in Stony Plain and is doing well.

The dart league will resume in September but everyone enjoyed the wind up party on June 4th. Unfortunately I do not have any results showing the winners in each category and our Dart Boss and President Scott Sadler is off to Newfoundland with Cheryl Sadler our Membership Chairperson for a convention. The Legion will be open each Tuesday for games and socializing with the third Tuesday of each month dedicated to darts and the third Thursday dedicated to pool. You do not have to be a member and are encouraged to come on in and just enjoy a cool beverage or play a few games of cards, darts or pool.

UPCOMING EVENTS:

June 14 - Tuesday Pub Night
- Darts, Pool, Cards and/or Socializing

June 16 - Pool Night

June 17 - Friday Night Supper
- Ham Dinner with Potato Salad

June 21 - Dart Night

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen, Cheryl Sadler @ 780-967-4146 for membership and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!



Got Junk??

Our classified section makes it easy to sell without lifting a finger!

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962-9229
To place your ad today!

DARWELL PUBLIC LIBRARY NEWS

Submitted by Sandra Stepaniuk, Library Manager

The hazy days of summer are almost here and we want to wish everyone a wonderful summer. The majority of our programs have ended, but we still have a few things happening and hope you can find time in your schedule to participate.

This is the perfect time to remind all of our patrons, in good standing, about the fantastic e-resources available to them through our website with their annual membership. Hoopla, Overdrive and 3M Cloud offer eBook's, comics, audiobooks, music, movies, and TV shows that can be live streamed on your computer with an internet connection or downloaded on to your mobile device with the installation of the appropriate app. This is the perfect way to take your holiday entertainment with you on your vacation or keep the children busy while travelling, or on those rainy days. Visit our website or contact the library for

more information.

We will be having a Father's Day Craft for children 6 to 13 years of age on Wednesday, June 15, 2016 from 3:30 to 5:00 PM. The cost to attend is \$ 2.00 per person and the maximum spaces available are 15. We have already received a few registrations so I would encourage you to call the library @ 780-892-3746 to register as soon as possible to avoid disappointment.

The Summer Reading Program, for children 6 to 13 years of age, will start Thursday, July 14 from 1 – 3PM and run for six consecutive Thursdays until August 18, 2016. This is a free program that will include stories, activities or games, crafts and a snack. The maximum space available for the program is 15. We will be participating in the official nation-wide registration launch for the Summer Reading Program.

Mark this date on your calendar: Saturday, June 25, 2016 is Get Your Summer Read On Day. The objective of the day is to

raise overall awareness of the program and to see how many single day registrations we can obtain. Those who register in person on Saturday, June 25, 2016 between 1 and 3 PM will have their picture taken, with parental consent, for our wall of fame (props will be provided) and their name will be entered for a chance to win a \$ 15.00 Chapters gift card. If you are unable to attend on June 25 you can register by calling the library after June 25th. See you there!

We will also be holding various fund raising events throughout the summer. Firstly, book events will be held in the green shed behind the library and will be open for a time during library hours. How this works is you peruse the titles, take what you want and leave a donation of your choosing. Secondly, we will be holding a silent auction during the Darwell Fair at the library. We are currently accepting donated new items for our event so should you have something you would like to

contribute, please contact the library. Thirdly, Lisa Losole from Discovery Toys will be assisting us with fundraising to provide materials for use within the library for programs during the Ag-Drage and the Darwell Fair. All monetary donations will go towards the completion of the library expansion. Please check our community board, local papers, and website or like us on Facebook for dates and times.

The Darwell Public Library Society will be holding their next regular meeting on Monday, June 27, 2016 starting at 7 pm. All meetings are open to the public and everyone is welcome to attend. The Library is open 11:00 am to 4:00 pm on Monday, Tuesday and Thursday and from 5:00 pm to 8:00 pm Wednesday and Friday, closed Saturdays, Sundays and Holidays. You can also find out what is happening at the library by checking our Website www.darwellpubliclibrary.ab.ca or like us on Facebook at www.facebook.com/DarwellPublicLibrary

SUDOKU OF THE WEEK

	2		3	7			9	
7					5			1
5						2	6	
					8	9		
3	5	2			9	1	8	6
	8			3				2
		4	5		2	7	3	9
8		9		6	3		2	
		5	4	9		6		

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	2	1	3	7	6	8	9	5
7	6	8	9	2	5	3	4	1
5	9	3	8	1	4	2	6	7
1	4	6	2	5	8	9	7	3
3	5	2	7	4	9	1	8	6
9	8	7	6	3	1	4	5	2
6	1	4	5	8	2	7	3	9
8	7	9	1	6	3	5	2	4
2	3	5	4	9	7	6	1	8

BELLE VALLEY 4-H EXPLORERS



Belle Valley members recycling tires

Submitted by Jesse Tufty & Adele Lutz, Club Reporters

The BELLE VALLEY 4-H EXPLORERS have been very busy again this spring. We have been completing our projects while exploring 4-H, raising market steers and breeding projects, raising chickens and learning about veterinary medicine. Other activities include small engines, welding, cooking, flower arranging and judging to name a few.

We also have spent some time at recycling and fundraising. Our whole club loaded tires on May 7th and 14th. As well as participated in the provincial 4-H high-way clean-up on May 14. We had one member attend Selections and win a trip to Canadian Citi-

zenship Congress in Ontario.

This last month has been extra busy for the beef project members. We were fortunate, once again to have a cattle clipping demonstration put on by Colin and Tessa Verbeek. Here we learnt how and why we clip our cattle projects for shows as well as some grooming tips. Our members also had a mini-show after they were clipped where they got advice on showmanship.

On May 25th our beef project members had their achievement day at the Sturgeon District Show and Sale in Cardiff, AB. The Belle Valley members had a strong show with Tanysha Van Hecke winning District Grand Champion Market Steer. In total we had 4 steers, 2 Two year old pairs, 2 Three year old pairs and 3 heifers. We



**Above: The Beef Project Members at Cardiff Show & Sale
Below: Belle Valley Members at Highway Cleanup**



would like to thank our buyers and everyone who came out to support our show and sale.

The Belle Valley 4-H Explorers will wrap up their year on July 15 at Mearns Hall.



Dr. Kris Kalhs



Dr. Evlyn Romanowski



Dr. Catheryn Shea

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Aitken



Samantha
Amsbaugh



Emily
Assenheimer



Alissa
Banks-Kuyek



Bailey
Behan



Ethan
Bernes



Michelle
Black



Corissa
Blake



Halley
Bohaychuk



Tylor
Bohn



Haley
Bondarchuk



Brayden
Borle



Logan
Branden



Bradley
Bujold



Shawn
Bzowy



Aedan
Card



Zack
Carlson



Jazmin
Chilito



Meagan
Christman



Caleb
Clark



Aaron
Clasper



Brandon
Critchley



Dustin
Cross-Kochan



Darien
Cyre



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de Vries



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Dezaeyer



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Dittmer



Samantha
Dodds



Kiernen
Dredge



Travis
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Tia
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Noelle
Eddington



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Tamara-Ann
Gerhardt



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Jordan
Gibbs



Brandon
Girard



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Hayes



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Baily McCloy Cassandra McKeever John Measures Blain Measures Peyton Measures Michael Mirau Natasha Mohrmann



Joshua Morin Zachary Munroe Emily Myrehaug Naomi Nanninga Kaylene Nemeth Tyler Nicholson Shannon Paluch

Congratulations Barrhead High School Class of 2016



Liam Pas



Zoe Perrault



Cassidy Peterson



Stuart Phillips



Ashley Pon



Connor Prociuk



Carlee Prosavich



Tabitha Raju



Shirria Rau



Karissa Rauscher



Alexander Reichelt



Brianna Scarlett



Jonathan Schembri



Nathan Schmidt



Dylen Starman



Cayla Thorlakson



Devan Tischer



Sofie Toews



Braydon Toews



Ashley Trebell



Morgan Valkenburg



Devon VanAssen



Adam Vanderwekkem



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& District
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Developments
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-Dr. Peter See
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ANOTHER RAINBOW SALE

RAINBOW'S 2016 ANNUAL MID-SUMMER CONSIGNMENT AUCTION SALE

Saturday, June 18, 2016 at 10:00 A.M.
Hwy 16A West Stony Plain, AB
1 Km west of Stony Plain Overpass

New additions arriving daily as sale day approaches.
Please check back regularly for updates.

ANOTHER RAINBOW SALE

Dispersals: • Dispersal for a trucking company - chains, boomers, ratchet straps, tire chains, plus parts & supplies, etc • Retirement sale for a senior - includes lots of fishing equip, rods, reels, tackle boxes and many more items to numerous to mention • Dispersal for a mechanic & welder. **Estates:** • Several Estate sales **RV's and Recreational:** • 1998 Bounder Class A motorhome, 34ft, c/w slide • 1987 Winnebago • 18ft Travelaire t/a holiday trailer, needs a little TLC • 12ft aluminum fishing boat • 650 Polaris SL Sea Doo • Lots coming in **Vehicles/Trailers:** • Lots coming in • 2000 Ford 3/4 ton, 4x4 • 1997 Chev. one-ton dually, c/w 10ft camper • 2003 Ford 4x4 F150 • 1987 Olds Firenza, excellent cond • Assorted tires • Assorted car and truck parts and accessories **Machinery:** • Snow blade (Unused) • Plus more **Farm/Acreage/Lawn/Garden Equipment:** • Noma Riding Mower, 14.5 hp, c/w. 43" cut • (2) 3ph rototillers (Unused) • Wood chipper (Unused) • MTD 14hp riding mower, 42" cut • Attractive entrance gates (Unused) • Plus more **Shop tools, Hand Tools, Supplies:** • Autolift car hoist (Unused) • Welding helmet (Unused) • Air impact wrench (Unused) • Work bench c/w drawers (Unused) • Shop press (Unused) • Porta-Power, 10 ton (Unused) • Sump pump (Unused) • Electric winch (Unused) • Wheel balancer (Unused) • Tool cabinet (Unused) • Pipe bender (Unused) • Lots more coming in **Buildings, Sheds, Tents:** • Commercial instant popup tent, 40ft x 30ft (Unused) • Commercial instant popup tent, 30ft x 20ft (Unused) • Commercial instant popup tent (Unused) • Party tent (Unused) • Greenhouse (Unused) • 10ft x16ft Gazebo • Plus more **Construction Equipment / Supplies: Furniture:** • Coming in **Miscellaneous:** • Many items coming in, too much to list everything

Auctioneer's Note: We have several dispersals for various businesses, estate sales, plus many other consigners. Much more to come and too much to list everything. We will be running two auctions rings in order to get through all the merchandise. Don't miss this sale - there will be something for everyone! ****More listings coming in everyday. Towing and trucking available on site**

UPCOMING SALES

Saturday, July 16, 2016 @ 10:00 a.m. - Annual Truck, Tractor, & Auto Auction Sale: Rainbow Auctions and Consignment Centre. **HIGHLIGHTS:** Vehicles, farm equipment, rv's, boats, quads, snowmobiles, plus shop equip, tools, business closeout dispersals, storage wars units, misc consignments and more.

Saturday, September 10, 2016 @ 10:00 a.m. - Annual End of Summer Consignment and Storage War Auction Sale: Rainbow Auctions and Consignment Centre. **HIGHLIGHTS:** Vehicles, farm equipment, harvest equipment, rv's, quads, snowmobiles, boats, antiques and collectibles, shop equip, tools, business closeout dispersals, storage wars units, misc consignments and more.

Saturday, October 8, 2016 @ 10:00 a.m. - Annual Harvest & Thanksgiving Day and Storage War Auction Sale: Rainbow Auctions and Consignment Centre. **HIGHLIGHTS:** Vehicles, farm equipment, rv's, boats, quads, snowmobiles, shop equip, tools, antiques, collectibles, business closeout dispersals, storage wars units, misc consignments and more.

Terms and Conditions: Cash, Visa, Mastercard, Debit. Nothing to be removed till paid for. Subject to additions and deletions. A 5% handling fee plus GST will be charged. Please be conscious of the handling fees and factor them into your bidding. Owner Rainbow Liquidators and Auctions or its employees shall not be responsible for any accidents.

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RCMP BEATS

Submitted by Stony Plain/
Spruce Grove RCMP

Occurrences for the week of May 30 to June 5, 2016.

Total Calls for Service Spruce Grove/Stony Plain Detachment: 537

Total Calls for Service for the Victim Service Unit: 27

Persons Crimes: 56

Property Crimes: 75

Impaired Driving Complaints reported: 7

Impaired Driving Charges Laid: 3

Roadside Suspensions: 1

Motor Vehicle Collisions Attended: 54

Property Crimes:

Spruce Grove

1. May 30 – Area of Meadowland Way – Theft from Vehicles, cash stolen

2. May 31 – Area of Westglen Crescent – Theft from Vehicle, wallet stolen

3. June 1 – Area of Deer Park Boulevard – Theft from Vehicle, cash stolen

4. June 3 – Area of Meadowview Court – Theft of Bicycle

5. June 5 – Area of Windermere Drive – Theft of Vehicle, 2006 brown Ford F350

Stony Plain

6. May 30 – Area of 43 Avenue and 46 Street – Theft from Vehicle, vehicle diagnostic scanner and cash stolen

7. May 31 – Area of Golf Course Road and Fairway Drive – Theft of Utility Trailer, 2006 white Royal Tag Cargo

8. June 1 – Area of Glory Hills Crescent – Theft of BBQ from Residence

Rural

9. May 30 – Area of Township Road 514 and Range Road 274 – Break and Enter to Residence, TV, jewelry, passport and computer stolen

10. June 1 – Area of Township Road 525 and Range Road 271 – Theft from Vehicle, GPS stolen

11. June 4 – Area of Hwy 16A and Range Road 261 – Theft of RV, 2008 white Cherokee Travel Trailer

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves.

Continued on Page 27

AGRICULTURE AND THE FUTURE

Submitted by Hon. Oneil Carlier, MLA, Whitecourt – Ste. Anne

I'm immensely proud of the agricultural sector in our province. It contributes billions of dollars to the economy, employs tens of thousands of Albertans and is one of the key elements of our provincial identity. It also plays a huge role in our history. In fact, Alberta's first substantial settlement wave in the first years of the 20th century was people coming for agricultural land of their own. Since then agriculture has gone through its own boom and bust cycles many times.

Everybody in rural Alberta knows firsthand that the climate impacts our business. Last summer the province declared a state of disaster in many agricultural areas due to drought. This spring again we had a long period of dry weather.

On a global scale we know that Alberta has a minor impact on climate change, but we're in this together. Our leadership on climate change action will help greatly in furthering our ability to build pipelines which are the safest, most environmentally sustainable way to bring our product to market, and attract investment.

That is why I am extremely proud of our government for moving ahead with our Climate Leadership Plan. The carbon levy that our government is putting into place recognizes that

pollution from carbon-based fuels is hurting our health and our province. The revenue raised from this carbon levy will help us move our entire province forward, and to become a leader in environmental stewardship and sustainable development.

As the Minister of Agriculture and Forestry, I recognize that Alberta's farmers have long been environmental leaders and have reduced their greenhouse gas emissions. We recognize as a government the value that Alberta's agriculture sector brings to the province, and that is why

marked farm fuel – propane, diesel, aviation fuel and gas - are exempt from the climate levy. This is one of the few exemptions.

We will also protect low- and middle-income families from the price of the carbon they use by rebating the full cost of the carbon levy to them in cash. The remainder of the revenue raised will be invested into green technology and economic diversification. Our agriculture sector will continue to grow and be an important part of life for us here in Alberta for generations to come. It is for those generations, the

children and the grandchildren that we want to see on our farms forever, that we move forward now.

Should you, our family of neighbors have questions about the Climate Leadership Plan, please do not hesitate to contact our constituency office where either Epiphany or Florence can help you out. Our office can be reached at 780-786-1997/1-800-786-7136 or whitecourt.ste-anne@assembly.ab.ca.

Sincerely,
Hon. Oneil Carlier
MLA, Whitecourt – Ste. Anne

RCMP Beats

Continued From Page 26

If your vehicle is not parked in your garage, remove your garage opener.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP At 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477 or text the keyword TIP205 (TIP250 for Edmonton Metro) & your Tip to CRIMES (274637)

JUNE 29TH AUCTION

FOR: KEN NELSON (349-0789)

Located: (From Westlock Inn – 15 mi W on Hwy 18 to RR 23 / Shoal Creek Road then 8 ½ N to 61315 RR 23) (From Barrhead Ford – 2 mi N, 7 mi E on Hwy 18 to RR 23 / Shoal Creek Road then 8 ½ N to 61315 RR 23)

Wednesday Evening, June 29th at 5:00P.M.

ATTRACTIVE / QUALITY ACREAGE EQ: * Kobata M 8200 Tractor w (1492 hr), 85 hp, AC/Heat Cab, 3 pt, 12.5 x 20 FWA, 16.9 x 28 Rear, Kobata M 740 FE Loader, bucket, 3 pt weight kit, pallet forks * 72" Howard HD Rototiller w new gear box, new blades * Industrial 7' Wonds R107 Brush Mower w new blades and skid plate * HD 8' Degelman 3 pt blade w hyd angle & tilt * 3 D Harrows * Ind/Style Kubota F 2260 Front Mnt Mower w (785 hr), 72" FM Mower, 22 hp diesel, turbo grass catcher w dump box, driveway broom att * Husq 5 hp Push Mower * HARDI (Quad Mnt Sprayer) (Back Pack Sprayer) * AC 917 Hydro Ride Mower w mower, rototiller, needs hydrostatic work * 10 cu ft Quad Trailer * 200 gl Plastic Tank * Rain Barrels * Bicycle * 2 Metal Frame Picnic Tables * PLUS – Older 16' Seaswirl FG Boat w 2.3 Ford Inboard, Trailer, will require some attention.

SPECIAL / NEW GRAIN ACCESSORIES: * 5 of 7.5 hp Grain Guard Inline Air Fans * Eltc Inline Heater * 3 of 3 hp Flaman Inline Centrifugal Air Fans * 2 New WR Full Floor 27 ft Brock Air System * New 10" Standard Duty 27" Clean Bin Sweep Auger * 5 New HD Hi Volt Eltc Panels * Spool of 2.0 AWG Alum XL PE IC 3AWG USEB-90 CA Underground Wire * 360' of 3 Plex Wire * BIN ERECTION EQUIP and PARTS – Cable Sling w Rnd Stand on Frame for Bin Erection, 20 Angle Irons for Straight Erection, Bin Bolts and Brackets, 4 of 10 L Bin Tar, 6 Good WR HD Bottom Panels * Special/Nice Link Metal Frame Frain Clean Mill w 2hp, 30" sieves * Box Protect-It Insect Spray * 2 Gator Gold Foam Marker Jugs * Jug Liberty Herbicide

SHOP TOOLS / NEW PARTS AND OILS / SPECIALTIES: * N 250 ACDC Miller Welder * Metal Work Benches * Smaller Snap On Red Tool Box * 2 Complete Tool Sets * Develbiss 5hp/220 V Port Air Comp * Air & Eltc Tools * Bench Grinder * Floor Drill Press * NEW PARTS – (44 Bourgault Carbide Knives/Chisel Points for NH4 Applicator) (75 of 410-PWV-1600 Knock On Cult Sweeps) (Muffler for Vers 875) * NEW (50' 2 Ply 64,000 lb Tow Line) (200L of 15/40 Oil) (Synthetic Gear Oil) (200L of HG/hyd Fluid) (Car Wash Soap) (2 Cab Heaters) (12 Adj Pulleys)

FUEL TANKS / FARM ITEMS / CONSTRUCTION: * 70,000 Litre Upright Deisel Fuel Tank w 2" Pump, Meter Gauge, Single Wall * 2 of 500 gl Fuel Tanks w Stands * 50gl Tidy Tank * 45' x 100' Hay Stack Tarps * Eltc Cords * 2 Shop Fans * Bundles of REBAR (3 of 15 mm) (2 of 10 mm) * 30 sheets of White 14' HD Metal Shop Siding * 6 Ins Const Tarps * \$ New large Windows & 1 basement * Farm Use 3 Axle Trailer w 14 bale pipe deck * 24' Tilt Deck 2 axle trailer w bale pipe ext * Portable wood/Metal Frame Cattle Chute

LARGE / MODERN OFFICE SYSTEM / HOUSEHOLD: * Oak Style Office System w metal slide drawers & frames, 3 optional Desks w roll tops/computer slides, cradanza, book wall cabinets, covers 2 to 3 walls * 2 Metal File Cabinets * Toshiba (Photocopier) (Fax Machine) * Epson Scanner * Maps * Polar Bear Water Distiller * 2 Good Single Beds w Dresser, C of D * Camping Equip

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- Alberta Beach & District Heritage Centre, We now have air conditioning! Space Available! Call Jeanne (780) 884-7111
- Bright Bank Hall, 780-963-6835
- Cherhill Legion, Mary 780-284-1703.
- Cherhill Community, Taryn 305-9022
- Darwell Hall, 780-721-2690
- Darwell Seniors, 892-2457
- Genevis Hall, 785-4144 or 721-6188
- Gunn Hall (G.A.R.S.) 780-967-2215
- Hathersage Community Centre, Noreen at 786-2946
- Lake Isle Hall, 892-2998.
- Magnolia Hall, 727-2015
- Manley Goodwill Community Hall, 963-9165 or 916-0146
- Mayerthorpe Diamond Centre, Charlotte at 786-4659
- Mayerthorpe Legion, 786-2470.
- Onoway Community Hall, 967-4749.
- Onoway Legion, 967-4980
- Onoway Museum Gym classroom, 967-5263 or 967-1015
- Park Court Community Hall, 727-4476
- Parkland Village, 960-5556
- Ravine Community Hall, 325-2240
- Rich Valley Community Hall, 967-5710 or 967-3696

- Rosenthal Community Hall, 963-7984
- Sandy Beach Rec Hall, 967-2873
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Will pull away unwanted travel trailers, too my farm use. Call 780-967-2779 (6) 24-05

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Land For Sale

Lot at Lake Isle! 1/2 treed, 1/2 clear lot. Close to power, gas, public greenbelt and lake. The lot is surveyed and comes with a good 6' x 12' shed. Lot is 2nd from the corner in a scenic area, Horne Beach. \$41,000.00 no GST. Phone 780-660-4092 (4) 14-06

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 <p>Spectacular 4 Bedroom Home Has a Large Kitchen/Dining Room, a Spacious Living Room, a Large Rec Room With a Gas Fireplace, 2 Baths & a Fully Basement. Extras are a Brick Patio, a Huge Fenced Backyard & a Triple Car Garage With Infloor Heating & 220 Wiring! \$279,900</p>	<p>SOLD</p>  <p>Right Off Pavement, 7.34 Acre Property Only Minutes From Evansburg Has a 3 Bedroom Mobile Home on a Finished Partial Basement. Extras Are a Double Car Garage With In Floor Heating and is Located Just West of Evansburg! \$195,500!</p>	<p>SOLD</p>  <p>This Amazing 153 Acres of Lakefront Property is Great For Fishing, Boating, Swimming, Watching Wildlife, & Going on Nature Walks! \$148,500</p>	 <p>This Attractive 1217 sq ft Home Features a Huge Country Kitchen, a Bright Living Room, 3 Bedrooms, & 2 Baths. Extras Include a Newer Deck, Great Landscaping, a Garden Spot, 2 Sheds & Fenced Yard \$169,900</p>
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GOLFER'S GUIDE

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(NC) A little know-how can help golfers avoid unnecessary injury. Considering the number of times a swing is repeated during a game, it's not surprising that the season often ends early for those who are not physically prepared.

Below are a few simple stretching techniques that can help prevent or reduce the impact of injuries:

Side bending stretch

1. Stand with feet shoulder-width apart.

der-width apart.

2. Hold the golf club above your head with your arms straight.

3. Slowly bend to one side, without rotating, until you feel a stretch in the side of your back.

4. Hold for 15 seconds and repeat twice for each side.

Shoulder stretch

1. Hold the shaft of a golf club vertically behind your back.

2. Gently pull the club up with your top hand until you feel a

slight stretch in the shoulder of your lower arm. Hold for 15 seconds.

3. Gently pull the club down with your bottom hand until you feel a stretch in the top shoulder and arm.

4. Hold for 15 seconds.

5. Reverse hand positions and repeat.

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DRIVE HOME A WINNING GOLF TOURNAMENT

(NC) The arrival of warmer weather has many Canadians dreaming of the hitting the local golf course. It is also the time that many companies, organizations, charities and other groups start planning their golf tournaments.

Hosting a golf tournament is a great way to entertain customers, thank employees or raise funds for your group. While there are

many details to arrange, organizing such an event doesn't have to be distressing.

Experts recommend that you cover the basics first. Picking the right date and a course that is suitable for your group is the first priority. The earlier you do this the better as you will get a wider selection of dates and courses.

Ensuring your guests are well fed and hydrated out on the

course should be another priority. In the heat of summer, a good supply food and non-alcoholic beverages will ensure your participants enjoy a healthy and safe round.

What about prizes? The excitement of winning something is always a big draw, so hit up local businesses, suppliers, business partners and friends for prize donations.

To take your tournament to the next level, you could offer hole-in-one prizes such as a car, boat, trips or cash. "Adding big prizes to your golf tournament doesn't have to be an expensive or worrisome endeavour," says Andrea Martin, Senior Underwriting Manager, Wayfarer Insurance. "You can get insurance coverage that will pay for the prize in the event that a golfer hits an ace."

One of the biggest tips is speak to the professionals at the golf course where you book your tournament. Often courses will have staff to assist you, or at least literature that will help you plan a successful event.

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GOLFER'S GUIDE

FIVE TOP GOLF TIPS TO HELP BOOST YOUR GAME

(NC) When it comes to golf, it's the little things that can have the biggest impact on your game. Whether it's your first attempt, or 10th season, golf expert Bob Weeks has got you covered at the links this summer with these five tips:

Choose the right clubs: Regardless of your experience or skill level, choosing the right equipment can be the difference between duffing it and striking the ball straight down the fairway. It's important to work with a professional to get the clubs best-suited to your game and then, to have them custom fit. You should be fit for the length, loft, lie angle, shaft flex and even the grip size. If your clubs aren't custom fit, it will be like

walking around in shoes that are the wrong size.

Get on the ball: Choose the right kind of golf ball for your game. While golf balls all look the same, it's what's inside that determines if it's right for you. Golf balls fall into two categories: distance or control. Distance balls are generally two-piece balls with a large core and a cover. They are harder and better suited for higher handicappers or beginners. Control balls, usually three- or four-piece balls, are softer and spin more meaning they will land on the green and stop. More skillful players should use these.

Consider the elements: Weather is always a factor in golf and dealing with it must always be


considered. For instance, in cold temperatures, the ball will travel shorter distances, so take more club. The opposite is true for warmer temperatures. If you're playing into the wind, swing easy as that will keep the ball from spinning too much and rising up into the breezes. And downwind, make sure to judge the intensity of the breezes so you can choose the proper club. Your ball will roll further than normal on a downwind shot so take that into account.

Putting and chipping is priority: Lots of players like to boom their drives and will spend a lot of time on the range hitting their drivers. But if you want to improve your scores, you should spend more time working on

your putting and chipping. Since most average players miss a lot of greens, the best way to save strokes is by chipping it close and making more putts. Focus more on your short game than your drive and you will improve.

Play the 19th hole: Win or lose, there's no better way to celebrate than hitting the 19th hole. Less is often more in golf and the same applies when considering what to eat and drink after a round. Molson Canadian 67 for example is specially brewed with 67 calories and an ABV of 3% per 341ml, offering a light, refreshing alternative for active players.

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Catholic Parish of Lac Ste. Anne
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St. John's Anglican Church
Onoway
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Mayerthorpe Baptist Church
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 Sunday 10:30a.m.
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 of each month
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Trinity Lutheran Church (LC-C)
"The Church of the Lutheran Hour" - Rockyfort Bridge
Pastor Dan Hansard
 Church (780) 778-2055
 Sunday Worship
 9:00a.m.
Senior's Service & Cottage Bible Study - Phone for locations

Mayerthorpe Pentecostal Assembly
 P.A.O.C. **Rev. Arnold Lothoiz**
 Sunday 10:30a.m.
 Morning Service
 Tuesday 7:30p.m.
 Ministry Training
 (780) 786-2424

St. Michael Lutheran Church
 Sunday Services
 1st & 3rd Sunday
 at 2:30p.m.
Rev. Horst Gutsche
 (780) 674-3944
 Mystery Lake

Onoway Baptist Church
 Sunday Service
 10:00a.m.
 Youth Group
 Friday 7:00p.m.
 (780) 967-2266

Mayerthorpe United Church
Mayerthorpe: Rev. Alwin Maben
 Sunday Worship 9:30a.m.
 to be held at the Peter Trynchy Community Center at Pleasant View Lodge
 Until Further Notice.
 PH: (780) 786-2134

Alberta Beach Alliance Church
 Sunday Worship Service & Kid's Church 11:00a.m.
 Sunday School
 10:00a.m.
 (780) 924-3282

Cherhill Community Church
 Sunday School
 10:00a.m. - 11:00a.m.
 Worship Service
 Sunday 11:00a.m.

Roman Catholic Church
 St. Agnes' Parish, Mayerthorpe
 Sunday 9:00a.m.
 St. Elizabeth Parish, Evansburg
 Saturday 7:00p.m.
 (780) 786-2032

Calahoo Alliance Church
 Family Worship Service Sunday
 10:00a.m.
 For Info Call Jerry
 (780) 974-7734

Rock Victory Church Worship Celebration
 Sunday Worship w/ Children's Ministry
 10:00a.m.
 Wednesday Prayer & Bible Study 6:00p.m.

COMMUNITY EVENTS 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

JUNE 1-30 - PARKLAND POTTERS GUILD/CROOKED POT GALLERY: SET IT UP - TAMMY PARKS-LEGGE, 4912 51 Ave. Stony Plain. Ft: Kitchen & bathroom pottery sets.
JULY 1 - CANADA DAY CAR SHOW at Meridian Mall, Stony Plain. Registration 9-11am, Show 11-3:30pm. Prizes, Trophies! Contact: Vicki (780) 914-8868.
JULY 9 - YARD/CRAFT/VENDOR SALE at Gunn Hall. Tables will be \$10.00. Call 780-951-9452 or 780-940-1025 to book your spot.
JULY 16 - FLAPJACKS AT THE TRACKS COMMUNITY PANCAKE BREAKFAST, 8-11am at SG Grain Elevator Museum Site. Info: call (780)960-4600.

AUG 20 - FARM & HERITAGE CARNIVAL, 12-4pm at SG Grain Elevator Museum Site. Info: call (780)960-4600 or visit www.sprucegroveagsociety.com or www.facebook.com/SpruceGroveAgSociety
SEPT 17 - HARVEST FAIR, 9:30am-1:30pm at SG Grain Elevator Museum Site. Info: call (780)960-4600 or visit www.sprucegroveagsociety.com or www.facebook.com/SpruceGroveAgSociety

FARMERS MARKETS

ALBERTA BEACH: May - Sept., Contact Joeanne 780-690-6392
BARRHEAD: Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802
MAYERTHORPE & DISTRICT FARMER'S MARKET: Thurs 11-2pm, except late market last Thurs of every month, 4-8pm. Mayerthorpe Diamond Center
ONOWAY FARMERS' MARKET presented by the Onoway & District Ag Society, Fridays 4pm-8pm at the Community Hall. Starts May 1st. Janice (780) 667-6327. onowayfarmersmarket@gmail.com. New vendors welcome!
SPRUCO GROVE: at the Elevator, Sat 9:30-1:30, tables (780)240-5821
STONY PLAIN: Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.
WESTLOCK: 11-3pm, Bargain Shop Mall, Dave 780-954-2437
WHITECOURT: Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.
CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors Open at 6:30pm, Games at 7pm.
CHESTERFIELD LEGION: First Sunday of Month. Doors Open 12:00 Noon
MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30pm, bingo 7:30pm
LOONIE VALLEY COMMUNITY HALL BINGO: 7:30pm. Rich Potts. Next bingos May 4 & 18, June 1, 15 & 29.
STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

JAMBOREES

CALMAR: Wilton Park Community Hall, Every 4th Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.
CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391
SANGUDO: Sangudo Community Hall, 1st Sat of month 7pm, Oct.-May. Everyone welcome. 785-4105 or 305-3688.
SPRUCO GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051
STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of the month @ 6:30 pm, Cost \$2. Everybody Welcome. Contact 823-0035 or 963-7920.

MEAT DRAWS

Alberta Beach Museum: Every Sat 4pm, Alberta Beach Hotel
Alberta Beach: 4pm, Every Sun. Jungles Bar & Grill
Barrhead Royal Canadian Legion: every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.
Darwell: Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant
Onoway Royal Canadian Legion: every Fri Ph. 780-967-5361
Whitecourt Legion: Every Sat, 4pm. Located downtown behind the CIBC.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.
ALBERTA BEACH & DISTRICT ACTIVE 50+ Club activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).
BADMINTON: Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.
BARRHEAD PHOTO CLUB: 1st & 3rd Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663
CARDS, POOL & OTHER GAMES: Tues. & Fri. 1:30 p.m. Sanguo Golden Club. Newcomers welcome. Join us for coffee & socializing. 785-2368 or 785-3736
COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.
JR. SCRAPBOOKING Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404
LAC STE ANNE COMMUNITY CHOIR, accepting all voice ranges. Meets every Wed. 7pm, Sept-June, at the Alberta Beach Heritage Centre. Lois 780-924-3126
ONOWAY GOLDEN CLUB: Bethal United Church. Coffee & Muffin Mondays, 10-12. Cards Tuesdays, 1:00. Crafts Thursdays 10-12. Much Socializing.
ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.

ONOWAY MUSEUM: Gym & classroom 780-967-1015 or 780 - 967 - 5263
ONOWAY ROYAL CANADIAN LEGION open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)
PANCAKE/BREAKFAST SOCIAL: Parkland Village Community Centre - 3rd Sunday (except June, July, August) 9-11:30am
RIVER TALKERS TOAST MASTERS CLUB, every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Lorraine 286-5040.
SANGUDO ART GROUP: Every Wednesday from 9:00am-12:00pm at Sanguo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.
SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain), 2nd Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032
SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032
WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1pm.
VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP): Meet assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsac.ca

MEETINGS

1ST ONOWAY SCOUTS: Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.
3053 ROYAL CANADIAN ARMY CADETS, Onoway Historical Centre, Wed, 6:45pm-9:30 for youths 12+. 967-0443
755 PARKLAND AIR CADETS Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.
526 BARRHEAD AIR CADETS, Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-674-4058 or 780-674-9003
AA - Mayerthorpe, Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927
AA - Sanguo Golden Club, Tues 8pm call 786-4402/785-9214/785-3599
AL-ANON: Tues 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.
AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205
ALBERTA 55 PLUS: Villeneuve Hall at 10a.m. New Members Welcome. Meetings on second Tuesday of the month. Info from Donna 780-962-5933
ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7pm, Alberta Beach Agplex.
ALBERTA BEACH AG SOCIETY meets on the 4th Thurs. of month, 7pm, Agplex
ALBERTA BEACH MUSEUM meets the 2nd Wed, 7pm at Heritage House 924-3167.
ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043
BARRHEAD ROYAL CANADIAN LEGION, general meeting every 2nd Thurs, 7pm at the Legion Hall.
CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12pm, Alberta Beach Agplex. Sept-June. Info call Andrea 780-924-8323 or Melissa 780-297-1892.
Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.
CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000
DARWELL & DISTRICT AG SOCIETY MEETINGS, 8pm, 1st Mon, Darwell
DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/Dec), Darwell 892-3099.
GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.
GLENEVIS COMMUNITY meets first Wed. Info 785-4144 or 721-6188.
GREENCOURT COMMUNITY ASSOCIATION meet second Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.
KINETTE CLUB OF MAYERTHORPE, 7:30pm at Kinsmen Hall, every 2nd Tues. Want to volunteer? Marilyn (780) 786-9168 or mayerthorpekinettes@gmail.com
LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30 at Onoway Museum (780) 967-0443
LAC STE ANNE WRITERS GROUP, ages 14 & up, Alberta Beach Library, 1st Tues of month, 6:30-8pm starting May 13. Info Sheree 967-6450
LAKE ISLE HALL BOARD: 3rd Tues, 7:30pm, Lake Isle Hall.
MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5pm in Hospital Basement Education Room.
MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405

South Park Dr.) Contact Cassy 780-471-3034
NA MEETING Tues, 7pm Poplar Valley Church (780)514-6011
ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:30pm, Chateau Lac Ste Anne
ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7pm, Onoway Museum. 967-5263 or 967-2452.
ONOWAY QUILTERS, 2nd & 4th Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.
ONOWAY ROYAL CANADIAN LEGION General Meetings, first Mon, 7pm (Sept-June).
ONOWAY MASONIC LODGE #138, 4th Wed, 7:30 Onoway Legion
ONOWAY OSPREY JUNIOR FOREST WARDENS Ages 6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onoway Heritage Centre & monthly outings. Martin 780-963-1646
PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.
RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agplex on the second Wednesday of the month. 7:00pm.
RIVER TALKERS TOASTMASTERS CLUB Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.
SANGUDO PAINTING GROUP: Every 1st and 3rd Wed from 9:30am-12:00pm at Sanguo Community School. Would you like to learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112.
SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258
WEIGHT WATCHERS Alberta Beach Agplex - Mondays, weigh in 6:30pm. Meeting at 7pm.
TOPS Meetings (Take Off Pounds Sensibly)
ALBERTA BEACH: Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.
ENTWISTLE: Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982
EVANSBURG: Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155
SANGUDO: Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.
MEALS ON WHEELS
ALBERTA BEACH & AREA: call (780) 910-0034.
DARWELL & AREA: For info on volunteering or eligibility, call Lorraine, 892-2967.
ONOWAY & DIST: Frozen & hot meals available. Call 967-2338 or 967-5244.
YOUR COMMUNITY
ALBERTA BEACH BADMINTON: Tues, 7-9pm Grasmere School. Tim 924-3337
SEA CADETS: 299 Mackenzie, Stony Plain Comm Center. Wed 6:30 for youths 12-18, 963-0843
SPRUCO GROVE ELEVATOR TOURS, Tues-Sat, 9-3pm. Info 960-4600.
UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10am-4pm.
WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1-2:30 pm.

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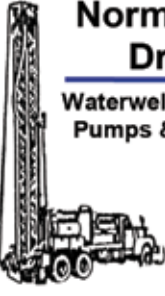
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