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July 26, 2016

ONOWAY JR SR HIGH SCHOOL BUILDING UPDATES-JULY 2016



Submitted by John Lobo – Principal

Binder Construction and sub trades are in the final phase of completing the replacement school for Onoway Jr./Sr. High School. We anticipate handing over of the school in late July/early August. Then, vendors contracted by the school will deliver and setup furniture, technology and equipment for classrooms, fitness area, labs, learning commons and the front foyer.

Exterior work continues. Part of the old school cafeteria and band room have to be removed before the new school drop off and staff parking area can be completed. The whole old school building will be demolished and cleared to make way for a track and large field space.



In mid-July demolition of the 1960's wing of the old school had commenced.

The school will be ready for staff and students for the 2016/17 school year.

For updates please follow us at onowayhigh.ca as well as on twitter @ngpsohs.

PUBLIC'S ASSISTANCE NEEDED IN IDENTIFYING SUSPECTS IN FLIGHT FROM POLICE/COLLISION

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

2016-887990

Stony Plain, Alberta – On Tuesday July 12, 2016 at approximately 9:20 AM, Stony Plain RCMP were investigating a report of a stolen vehicle. When police located the vehicle, a white Ford F550 flat deck, the suspect vehicle attempted to strike the occupied marked police vehicle as it fled. The Stony Plain RCMP engaged in a pursuit with a Ford F550. A short time later the suspect vehicle was attempting to enter Hwy 16A eastbound at Boundary Road when it collided with a civilian vehicle. The occupants of the civilian vehicle were not injured but their vehicle sustained heavy damage.

The pursuit was terminated by RCMP as the suspect vehicle entered the city of Spruce Grove. The Ford F550 proceeded to drive thru the wooded path system near the Marlborough area, in Spruce Grove before it was located unoccupied by police.

RCMP are looking for 2 male suspects and a female suspect but no descriptions are available at this time.

Stony Plain/ Spruce Grove/ Enoch RCMP are looking to speak to anyone who may have knowledge of the event to please contact them at 780-968-7267 or 780-962-2222.

If you want to remain anonymous, you can contact crime stoppers by phone at 1-800-222-8477 (TIPS), by internet at www.tipsubmit.com, or by SMS (www.crimestoppers.ab. ca for instructions). You do not have to reveal your identity to Crime Stoppers, and if you provide information to Crime Stoppers that leads to an arrest, the recovery of stolen property, and/or the seizure of illicit drugs, you may be eligible for a cash reward. Crime Stoppers does not subscribe to call display and the identity of the caller will remain anonymous.



www.ValentusTour.com/Ladybug

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AND BIWEEKLY (Zone 3)

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ORAL HEALTH: IT'S ABOUT MORE THAN THE MOUTH

Submitted by Alberta Health Services, Population, **Public and Aboriginal Health**

Most of us know that diet and exercise play an important role in keeping us healthy. Did you know that a healthy mouth is also an important part of your overall health? It's a great time to think about the importance of keeping your teeth and gums healthy. Although the mouth is part of the

body, we often think of it as something separate. Mounting evidence tells us otherwise.

Poor oral health is not only associated with potentially significant and lifelong health problems such as diabetes, heart disease and respiratory illness, it has also been linked to pre-term and low-birth-weight babies.

Anyone who has experienced poor oral health can also attest to the negative impact it has on overall quality of life. Mouth pain, missing teeth or oral infections can influence the way a person speaks, eats and socializes, affecting their physical, mental and social well-being. Oral health problems can also be a sign of something more serious, including oral cancer.

The good news? Good oral health is something we can all maintain. Make it a habit to brush teeth at least twice a day (in the morning, and before bedtime), and be sure to visit an oral health professional regularly, for routine cleanings and check-ups.

If you are experiencing signs of oral health concerns, including bleeding gums or irritation or pain in the mouth, don't ignore it. Visit an oral health professional.

To help prevent tooth decay in children at higher risk and in financial need, AHS delivers a preschool fluoride varnish program for eligible children aged 12 to 35 months, and a school-based fluoride varnish and dental sealant program for children in Kindergarten to Grade 2 and Grades 1 and 2, respectively.

For tips on proper brushing and flossing technique, and the importance of routine dental care, visit www.myhealth.alberta.ca and search "mouth and dental health"

SALES Elaine Lewchuck Ashley Cazac

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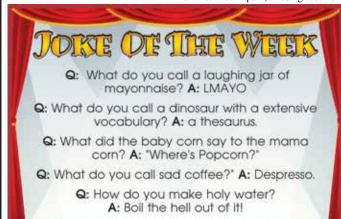
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July 26, 2016

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ALBERTA SECURITIES COMMISSION EMPOWERS SENIORS TO IDENTIFY AND AVOID INVESTMENT FRAUD

Submitted by Alberta Securities Commission

Financial abuse is one of the most frequently reported forms of elder abuse in the province according to the Government of Alberta. With World Elder Abuse Awareness Day (June 15) approaching, the Alberta Securities Commission (ASC) is empowering Alberta's seniors to self-protect against investment fraud by providing straightforward tips. These 10 simple tips will assist seniors to combat investment fraud and help to safeguard their hard-earned money.

Financial fraudsters often target seniors in Alberta for various reasons. Many seniors are trusting individuals and, by virtue of their age, have typically amassed more wealth than other segments of the population, in the form of retirement savings, residential and vacation properties and other assets. In addition, new online technologies are sometimes difficult for seniors to navigate, making them a vulnerable target. Further, because of shame or embarrassment, seniors are not likely to speak up when fraud happens to them.

"Investment fraud costs Albertans millions of dollars annually, and many victims are elderly,"

House for Sale to be Moved

#1. 1978 log house, approx. 1,826 ft2.

1 bedroom, 1 bathroom, log home with vaulted ceilings. The entry area, kitchen and bathroom all have tile flooring, dining room and living room have hardwood flooring. The dining room and living room share a custom stone faced fireplace which extends to the ceiling.

#2. Chain Link Fence

Approx. 360 metres of chain link fence, 6 ft tall. Still installed, buyer must dismantle.

#3. Metal Shed: Approx. 16' X8' steel shed

All buildings will be sold by sealed bid. Sealed bids will be accepted until 4pm on **Wednesday, August 24, 2016.** No fax or email bids will be accepted.

Mail bids to:

Capital Power "Building Sale" Box 20, Site 2, RR1 Warburg, Alberta, TOC 2T0

Location:

West side of RR31, south of Twp 502 Legal address: SE 11-50-3 W5 Municipal address: 50128 RR31

Buildings can be viewed:

- Wednesday, August 3, 2016 from 3pm- 8pm
- Saturday, August 6, 2016 from10am – 3pm

Open House: Wednesday, August 3, 2016 from 3pm- 8pm & Saturday, August 6, 2016 at 10am to 3pm.

Contacts:

Jennifer Tkachuk, 780-969-8706 (jtkachuk@capitalpower.com) or George Greenhough, 780-969-8618 (ggreenhough@capitalpower.com) for more information or to receive an illustrated bid package.

HOUSE MUST BE MOVED BY MARCH 1, 2017



says Alison Trollope, Director, Communications and Investor Education, Alberta Securities Commission. "We encourage seniors to have open lines of communication with their advisors or the person managing their finances to diminish the chances of investment fraud and help protect their retirement savings and assets. The most important thing to remember is your money belongs to you, and you alone."

In conjunction with the North American Securities Administrators Association (NASAA), the ASC has outlined 10 tips to protect seniors' retirement savings and assets. They include:

1. Don't be a victim of your manners – Con artists will exploit your good manners. It's OK to say "no" to an investment opportunity.

2. Check out strangers touting "strange" deals – Trusting strangers is a mistake anyone can make in their personal finances. Say "no" to any investment professional who presses you to make an immediate decision, giving you no opportunity to check out the salesperson, firm and the investment opportunity itself. Visit Checkfirst. ca to check the registration of the person and organization offering the investment.

3. Always stay in charge of your money – Beware of someone asking to manage or invest your money into something you don't understand or who urges you to leave everything in his or her hands, including power of attorney.

4. Don't judge a book by its cover – Successful con artists can sound and look professional.

5. Watch out for salespeople who prey on your fears – Con artists know that you worry about your future, including having enough money to live the retirement of your dreams, being able to leave a legacy for your family and the possibility of outliving your savings. Scammers will use those fears to convince you to hand over your money.

July 26, 2016 Alberta Securities Commission Empowers Seniors To Identify And Avoid Investment Fraud

Continued From Page 4

6. Don't make a tragedy worse with rash financial decisions – The death or hospitalization of a spouse has many sad consequences – financial fraud shouldn't be one of them.

7. Monitor your investments and ask tough questions – Keep an eye on the progress of your investments. This is prudent even if you're not concerned about fraud.

8. Look out for difficulties retrieving your principal or cashing out profits – If the individual has assured you that you can withdraw your money at any time, but stalls when you want to pull out your principal or profits, you may have uncovered someone who has cheated you.

9. Don't let embarrassment or fear keep you from reporting investment fraud or abuse – Scam artists know that you might be hesitant to report you have been victimized by fraud.

10. Beware of "recovery room" scams – Faced with a loss of funds, some seniors who have been victimized once will go along with another scheme in which the scam artists promise to make good on the original funds lost, and possibly even generate new returns beyond those originally promised.

In addition to being aware of the tips on how seniors can protect themselves against investment fraud, Albertans are also encouraged to educate themselves on the ways that seniors are often approached:

• Affinity fraud: A fraudulent opportunity is introduced by a family member, friend or a member of a community organization (such as a church or a curling club) and exploits the trust built in these types of relationships.

• Online ads: Pop-up ads will appear on various websites that seniors may visit, such as lottery and investing sites and social media sites such as Facebook. These ads are designed to lure viewers in, with promises of "easy money" and "high return, low risk" investments. Clicking on the ad will lead to the fraudster's website, which contains more misleading information on the investment opportunity.

• Cold calls: Persistent sales people use aggressive sales tactics over the phone to pitch genuine-sounding investment opportunities.

• Investment seminars: Seniors are lured into an educational seminar, which often includes a free lunch or coffee. The seminars are usually sales pitches for "exciting" and "lucrative" investment opportunities. The elderly often feel obligated and pressured to invest because they have accepted the lunch or coffee.

For more information on investment fraud and how to protect yourself and your family, visit www.checkfirst.ca.

The ASC is the regulatory agency responsible for administering the province's securities laws. It is entrusted with fostering a fair and efficient capital market in Alberta and with protecting investors. As a member of the Canadian Securities Administrators, the ASC works to improve, coordinate and harmonize the regulation of Canada's capital markets.



July 26, 2016 ST. ALBERT RCMP INVESTIGATES MOTOR VEHICLE VS PEDESTRIAN COLLISION

Submitted by RCMP St. Albert

File: 2016887158

On July 12th, 2016, at approximately 8:30 AM, St. Albert RCMP responded to report of a female pedestrian struck by a motor vehicle at the intersection of Hebert Road and sunset blvd in St. Albert.

The 50 years old St. Albert woman sustained minor injuries and was transported to the hospital.

The 55 -year-old female driver

was issued a violation ticket for Failing to Yield to a Pedestrian in a crosswalk.

If you have information about this incident, please call the St. Albert RCMP at 780-458-7700 or call your local police. If you want to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), by internet at www. tipsubmit.com, or by SMS (check your local Crime Stoppers www. crimestoppers.ab.ca for instructions).

EDMONTON RCMP CHARGE MORINVILLE **PARENTS IN DEATH OF CHILD**

Submitted by Edmonton RCMP

The parents of a toddler who drowned in a pond in The Lakes neighbourhood of Morinville, on July 25, 2015, now face a criminal charge in relation to the death of their two and half year old daughter. The child was not under adult supervision at the time of her drowning.

Trevor MacDonald, aged 42 and Robin MacDonald, aged 36, both of Morinville, have been jointly charged with one count of Failing to Provide the Necessaries of Life (Sec. 215(2) of the Criminal Code) in relation to their daughter's death. They are scheduled to appear in Morinville Provincial Court on Thursday, August 4, 2016.

Given that this matter is now before the courts, the RCMP cannot provide further comment on this investigation.

ING FATAL MVC

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

2016-927614 - On Tuesday, July 19, 2016 at approximately 7:10 PM, Stony Plain RCMP were called to a

report of a two vehicle collision on Highway 16 near Rang Road 24. A westbound Ford F350 had collided with a Chevrolet Uplander van, also west bound. The 63 year old male driver of the Chevrolet Uplander

was pronounced deceased on scene, his 65 year old passenger was transported to hospital by EMS. The 37 year old driver of the Ford F350, along with his two passengers ages 4 and 7 suffered minor injuries and

were treated by EMS on scene. The collision is still under investigation.



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SEARCH WARRANT RESULTS IN RECOVERY OF STOLEN PROPERTY

Submitted by RCMP Morinville

On July 29th, 2016 as a result of a police investigation Morinville RCMP conducted a search warrant of a rural property northwest of Morinville in Sturgeon County.

As the result of the search warrant police recovered stolen items including a 2015 Holiday trailer, a 2004 Ford F250 pick up truck, and a power generator. A stolen 2016 utility trailer was also recovered at a nearby location.

Morinville RCMP continue to investigate.

If you have any information, please call the Morinville RCMP at 780-939-4520. If you wish to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), or by internet at www.tipsubmit.com. You do not have to reveal your identity to Crime Stoppers and if you provide information to Crime Stoppers that leads to an arrest you may be eligible for a cash reward.

RCMP INVESTIGATE HOMICIDE UPDATES

Submitted by Stony Plain/ Spruce Grove RCMP

Onoway, Alta. – Casey Potts was arrested and charged for the following offences: Second Degree Murder, Attempt robbery using a firearm, use of firearm while committing and Indictable offence, Careless use of a firearm, Pointing a firearm and Posession of a weapon for a dangerous purpose. Casey is scheduled to attend the Stony Plain Provincial Court on July 13th at 0930 hrs for his first appearance.

"carjacking details on Update 2" On June 26 around 00:30 am, in Onaway, a woman and her son were approached by three people as they got into her vehicle to leave a grad ceremony, a firearm was produced during the incident. She was able to drive a short distance and alert security at the grad of the incident at which time police were called.

No further details are available at this time.

Background:

Stony Plain/Spruce Grove RCMP Investigate Homicide

Onoway, Alta. – The investigation revealed that Casey Potts and his girlfriend Sharisse Monkman were with Abbott prior to his death and that the three were responsible for a secondary investigation of an attempted robbery with firearm which involved them trying to "car jack" a mother and 6 yr old son as they left a graduation ceremony.

MONKMAN was arrested on robbery charges.

Casey Potts is wanted on Second Degree Murder of Abbott and for the attempted robbery. If you have any information as to his whereabouts, do not approach and call the police.

If you have information about this investigation, please call the Stony Plain/Spruce Grove RCMP at 780968-7267 or call your local police detachment. If you want to remain anonymous, you can contact Crime

Stoppers by phone at 1-800-222-8477 (TIPS), by internet at www. tipsubmit.com, or by SMS (check

your local Crime Stoppers [www. crimestoppers.ab.ca] for instructions).

NOTICE OF PUBLIC HEARING SUMMER VILLAGE OF ROSS HAVEN AMENDMENT TO LAND USE BYLAW #232-10

Pursuant to the Municipal Government Act, being Chapter M-26 of the Revised Statues of Alberta, 2000, and amendments thereto, the Council of the Summer Village of Ross Haven hereby gives notice that their intention is to consider proposed amendments to Land Use Bylaw # 232-10. The purpose of the amendment is as follows;

Sec. 63(3)(h) Minimum Side Yard Setback page 42

The minimum side yard setback of 1 meter (3 feet) has been removed and the following applies: Any structure located closer than 8 feet (2.4 meters) from the property line will be required to comply with the High Intensity Residential Fire Regulations (HIRF). Contact Superior Safety Codes to discuss how this may affect your development.

Accessory Building

means a building which is normally subordinate to, and the use of which is incidental to that of, a principal building and which includes such buildings as a garage, storage shed and guesthouse. This structure can be up to 1 $\frac{1}{2}$ storeys in height with a maximum height of 22'. This height cannot exceed the height of the principal residence. If a garage is $1\frac{1}{2}$ story's in height it can include sleeping accommodation over the garage, and shall not include cooking facilities or a kitchen. The maximum height of 22' and the height of the principal residence shall be measured from grade to the peak of the roof.

As part of the public review process, a formal public hearing is to be held as follows:

Date: Saturday, August 13, 2016. Time: 9:00 a.m. to 10:00 a.m. Place: Ross Haven Maintenance Shop 7th Street & Parkins Avenue South Ross Haven, Alberta

This is your opportunity to provide input for the Bylaw amendments. If you intend to speak or have any comments or suggestions regarding the proposed amendment, please contact the Village Administrator. For more information regarding the Land Use Bylaw Amendment, a copy of the current Land Use Bylaw and the new proposed Land Use Bylaw amendment are available by contacting the Village office at:

Dennis Evans, Municipal Administrator d.evans@rosshaven.ca Summer Village of Ross Haven Box 7, Site 19, RR 1 Gunn, Alberta T0E 1A0 Phone: 780-446-1426 **Page 8 Community Voice**

July 26, 2016 NORMAN FOOTE AND LISA BROKOP KICK **OFF LIVE AT THE CCC PERFORMANCE SEASON 2016 - 2017**

Submitted by Shaun Peters, Events & Culture Coordinator, Morinville Community Services

Morinville, AB. - The Town of Morinville is committed to the quality of life in our community. This commitment includes the presentation of a wide range of cultural activ-

ities and programs. LIVE at the Community Cultural Centre (CCC) brings world-class theatre and performances from acclaimed local, national, and international artists to Morinville

"The best theatre inspires and excites, makes us laugh and cry, causes us to think and sparks our imagination. Our 2016

-17 LIVE at the CCC season has been built on the foundation of successful seasons and standout performances from previous years. The upcoming season will be no exception," reveals Community Services, Events & Culture Coordinator. Shaun Peters. "We have been hard at work building an exciting season debuting this fall."



Juno award winner, Norman Foote opens our Kids series with a Halloween theme performance on Thursday, October 20. Canadian Country Music Association (CCMA) award winner and Independent Female Artist of the Year, Lisa Brokop kicks off the Mainstage series on Saturday, November 5 with Lisa Brokop The Patsy Cline Project offering an incredible musical journey featuring some of Patsy Cline's most memorable songs including: "Walkin' After Midnight," "I Fall to Pieces," and Lisa's favorite, "Crazy."

We invite the community to attend our season launch party on September 8, 6:00 - 8:00 pm at the Morinville Community Cultural Centre (9502 - 100 Avenue). At this event, we will unveil complete details on the upcoming season, introduce our new season brochure, provide theatre tours, refreshments and snacks.

"We are bringing back our popular cocktail and dinner hour as part of all of our Mainstage series performances. This provides a complete evening of entertainment for patrons, as well as the opportunity to socialize with friends and enjoy amazing performances," says Chris Fish, Community Services Business & Operations Manager. "Our goal with the LIVE at the CCC seasons is to present memorable performances and a consistent entertainment experience of the highest standard."

Tickets go on sale September 8, 2016. Watch for updates and details on the upcoming LIVE at the CCC Season at www. morinville.ca and follow us on Facebook and Twitter. For more information, contact the Morinville Community Cultural Centre at (780) 939.7839.

FEDERAL, PROVINCIAL AND MUNICIPAL FUNDING TO CONTROL EROSION ALONG ATHABASCA RIVER

Submitted by Tara Gallant

The governments of Canada and Alberta and the Town of Whitecourt are committed to making smart investments in public infrastructure that protect Canadians and mitigate the potential damage from natural events like erosion and flooding, to build the safe communities we want for our children, grand-children and great-grandchildren.

The Honourable Amarjeet Sohi, Minister of Infrastructure and Communities, and Her Worship Maryann Chichak, Mayor of Whitecourt, today announced funding to control erosion along the south bank of the Athabasca River in the Town of Whitecourt.

Over 11 acres of land were lost to erosion along this stretch of the Athabasca River between 2006 and 2014, through both the ongoing wearing away of the river bank and during recent flooding events. Erosion control infrastructure will be constructed and repaired as part of this project to direct the river current away from the south bank. This will prevent further encroachment of the river and protect public and private property along the developed bank, including trails and parkland, decommissioned municipal sewer lagoons, and the Millar Western Pulp Mill, which employs hundreds of local residents.

The Government of Canada will contribute up to \$1,839,888 toward this project through the Provincial-Territorial Infrastructure Component – National and Regional Projects, with the Province of Alberta, the Town of



Whitecourt and private partners covering the remainder of the estimated \$6 million project.

Quotes

"Effective disaster mitigation projects reduce the vulnerability of our communities and our public infrastructure to the negative impacts of extreme natural events. Erosion control measures along the Athabasca River in Whitecourt will help the Town protect its residents and its land. This project and others like it are part of the Government of Canada's commitment to build safer and more resilient communities, which is critical for attracting economic opportunities for the middle class and those trying to join it."

The Honourable Amarjeet

Sohi,

Minister of Infrastructure and Communities

"The additional funds are well timed to allow us to provide enhanced protection to our residents and businesses from the ongoing erosion of our river banks."

Her Worship Maryann Chichak, Mayor of Whitecourt



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"I've lost 30 Pounds in 45 days - I've tried all kinds of products and so happy to find one that actually works!" - Elaine Spruce Grove

"I've lost 21 pounds in 7 weeks! I tried everything over the last 10 years and nothing worked - I kept gaining and got very depressed. Who'd of known that taking one little Miracle 100% Natural Pill a day would allow me to succeed!!" - Penny M. Stony Plain "Down 36 lbs. in just 2 months. Even Dr. B's diet where I had to starve myself on 800 calories couldn't do this. This product is just totally awesome – Just the total overall feeling good" - Toni Spruce Grove

"Have heard as much as 15lbs loss from the 3 day sample – it works that good! Have nothing to lose but the weight which I am doing" - Donna Edmonton

"I totally love this product for not only the weight loss but also the physical & mental well-being. I just feel much better!" - P from Onoway

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ALBERTA PARKS MAKES BOOKING CAMPSITES EASIER WITH MOBILE ACCESS

Submitted by Government of Alberta

In response to user demand, many campsites in Alberta's provincial park campgrounds can now be booked on personal devices through Reserve.AlbertaParks.ca (RAP).

People can use RAP while on the go, making it easy to change a campsite

booking, extend a stay or reserve their next camping trip.

And there's more. The RAP website has undergone a complete revamp, including an updated campsite vacancy calendar.

"Albertans love to use our provincial parks and with the new improvements to the RAP website, it will be much easier to get outside and explore Alberta's great outdoors."

Shannon Phillips, Minister of Environment and Parks

The system boasts many new features, including a responsive design to make it more user-friendly and interactive from both personal mobile devices and desktop computers. Enhancements will give campers more access to information for trip planning



(deep linking, event and program information) and sharing of information via social media. It also features a more intuitive search function (users can search campsites by map, nearest community or campground).

Bookings as of May 12 of this year are six per cent higher than in 2015, with more than 55,000 reservations processed.

To book a campsite, group camping area or comfort camping unit through a mobile device, just go to the Reserve.AlbertaParks.ca website, search and book a spot.

Alberta Parks encourages wildfire evacuees of Fort McMurray to access free camping options through its contact centre by calling 1-877-537-2757 and not the RAP mobile feature.

Campers are reminded that fire bans and restrictions remain in place for areas of the province. People camping this weekend should check ahead to beta.AlbertaFirebans.ca or AlbertaParks.ca to check on the status of fire bans and restrictions, including off-highway vehicle restrictions, to avoid fines.

Anyone experiencing an issue with the mobile access booking function can get technical assistance at Reserve.AlbertaParks.ca or phone the Alberta Parks Contact Centre at 1-877-537-2757.

The RAP system, introduced in 2009, has processed almost 800,000 camping reservations since inception and boasts more than 433,000 account holders. Last year alone the system processed more than 151,000 camping reservations.



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FIRST QUARTER PERMIT STATS CONSISTENT WITH ECONOMY

Submitted by Town of Stony Plain

The Town of Stony Plain permit statistics for the first quarter of 2016 are consistent with the slowdown in the regional economy. The Town posted a total of 19 housing starts, with an estimated value of \$6.5 million, and 1 commercial permit valued at \$525.000.

"We are forty per cent of where we were last year," says Paul Hanlan, General Manager of Planning & Infrastructure. "However, these results were expected and seem to be the trend regionally." While Hanlan expected permit statistics to reflect the regional slowdown, he did not anticipate housing starts to be as high as they were over the past three to four years.

"Nineteen new housing starts means that nineteen families have committed to the Town of Stony Plain," says Hanlan. "These new housing starts were likely not speculative, but contracted new home construction, which confirms that Stony Plain is still growing as a community."

The Town of Stony Plain is confident that new housing starts will increase as the economy enters its correction phase.

GREETINGS FROM THE ONOWAY LEGION

Submitted by Lorinda Mc-Cool

It was great to see that most of the volunteers were Legion members working hard to help build the Town of Onoway Dog Park on Saturday. Hammers in hand and lots of sweat equity combined with plenty of laughter went in to completing approximately three quarters of the fencing with the rest to be finished in early August. What a terrific team we have both at and away from the Legion!

The breaded pork cutlet meal on Friday Night was the first night that the Girl Guides volunteered to help in the kitchen as well as table clearing and clean up. They did a super job and we would like to thank the Leaders Laina Fowler and Tamela Toma accompanied by their Guides Treasure Fowler, Oceanna Fowler, Shayla Toma and Amery Toma. We are certainly looking forward to their presence again in the future. Bob, Lorne, Derald, Marcelle, Wayne and Dee were so successful at producing a tasty meal that people came in off of the street because the supper smelled so wonderful. The only complaint we heard was that the cutlets were too big! Louise and Kelsey were busy making sure customers had their favorite beverage and Scott sold draw tickets and handled the draws. Congratulations to Dave Oslies for winning the free meal voucher, Cheryl Sadler the meat draw and Broley Huxley the 50/50.

We had a good turnout for dart night on July 19 and everyone is getting ready for the new season which commences on September 13th. We received the Legion Sports Calendar for 2016/2017 and Playoffs are beginning in September with the Onoway Legion hosting the Mixed Darts as early as September 24th. It is never too soon to begin putting your teams together and practice, practice.

UPCOMING EVENTS:

July 26 - Pub and Games Night -Darts, Cards, Pool and Socializing July 29 - Friday Night Supper -Ukrainian Platter

August 2 - Pub and Games Night August 5 - Friday Night Supper

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen, Cheryl Sadler @ 780-967-4146 for membership and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!



#220-70 McLeod Ave - Westland Market Mall, Spruce Grove

Page 18 Community Voice

PROVINCE FUNDS SUPPORTIVE HOUSING IN CALGARY

Submitted by Government of Alberta

The Alberta government is investing \$4 million for permanent supportive housing for Albertans with disabilities.

Construction is expected to begin this summer on the site of Accessible Housing's Fourth Dimension Group Home. Once complete, the new building will offer 45 units of barrier-free accessible housing with 24-hour, on-site supports for individuals with disabilities or limited mobility, many of whom are currently in hospitals or otherwise in need of supportive housing.

"Every Albertan deserves to live with dignity and opportunities to thrive at home and in their communities. Our government's housing investment ensures that Albertans with disabilities have a safe and supportive place to call home."

Irfan Sabir, Minister of Human Services

"Through significant capital investments in building more affordable housing and renewing existing housing, our government is creating safe places for Albertans to call home and jobs in the construction sector." Lori Sigurdson, Minister of Seniors and Housing

"When facing a diagnosis or injury, Calgarians who need supportive living environments as adults face an incredibly narrow range of options. This investment expands Accessible Housing's capacity to serve individuals in an appropriate and flexible setting."

David McElhanney, Accessible Housing Board Chair

The new building will be operated by Accessible Housing, a Calgary-based, not-for-profit organization supporting individuals with limited mobility. Construction is expected to be complete by fall 2017.

The \$4-million investment supplements a \$9.3-million philanthropic contribution from the RESOLVE campaign, a Calgary fundraising collaboration of nine agencies to support the building of affordable and supported rental housing for the homeless and other vulnerable Albertans. The provincial investment is part of \$1.1 billion in funding for housing in the 2015-18 Capital Plan.



July 26, 2016 **Community Voice Page 19 UNMASKING MEN'S MENTAL HEALTH**

Submitted by Alberta Health Services – Addiction and Mental Health

Overall, women are about twice as likely as men to be diagnosed with a mental illness. Part of the reason for this is that men only make about two thirds as many doctor visits as women do. And when men do see a doctor, they are often reluctant to talk about what's really bothering them, especially if it has anything to do with feelings or mood.

Plus, most men don't realize that some of the physical things like chronic pain and digestive problems could actually be caused by a mental health concern such as depression, anxiety, or stress.

And then there are men who know (or who at least strongly suspect) that they have a problem, but they suffer in silence, afraid to admit that they need help. Afraid others will find out their secret and they'll be perceived as weak or wimpy, or that they'll lose their job.

What Can Affect Your Mental Health?

· Your genes (some mental health issues run in families)

· Divorce, separation, or the breakup of a long term relationship

• The death of a loved one · Losing your job, or job changes Like Us Or facebook

FACEBOOK.COM

· Financial problems or going through bankruptcy

- Coping with a natural disaster
- Moving to a new home
- Marriage
- Getting a promotion at work
- Caring for an aging parent
- The birth of your child

· Being diagnosed and living with a serious illness, or suffering a major injury

• Serving in the military, especially in combat

· Sometimes lots of little things build up and the combination can be extremely harmful.

The Big Question: Am I Normal?

Everyone has their ups and downs from time to time. Most wonder at least one time in their life whether what they are feeling is normal, or whether they need professional help. Unfortunately, there's no single answer that's right for everyone. However, here's a good rule of thumb:

you need to seek help if you've been having symptoms every day for more than two weeks, and if those symptoms keep you

from enjoying life, performing at work, or maintaining relationships with friends, your partner, or your children.

Contact your family doctor or the nearest counselling services in your area.

Provincial Help Lines

- Health Link (24 hour)
- 811 Mental Health Help Line
- 1-877-303-2642 Credit Counselling of AB

1-888-294-0076

Addictions Help Line 1-866-332-2322





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Page 20 Community Voice



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 Oral Surgery Including Implant Placement and Restoration

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SPEECH FROM THE THRONE

Submitted by Jim Eglinski, MP – Yellowhead

OTTAWA: The Throne Speech delivered on December 4th to Parliament by Governor General David Johnston on behalf of the Liberal government, in my view, raised many questions about the eventual cost to Canadian taxpayers. How are the Liberals going to pay for all of the commitments they put forward in their Throne Speech? The document contained no details. It was merely a rehash of all the Liberal promises made during the election campaign.

The family farm is the foundation of the Canada we love. Products have evolved and technology has advanced, but one thing remains constant: Canadian farmers do the backbreaking work that feeds this country. Not one mention of farmers or agriculture was found.

No mention of the auto or energy sector either. No mention of the private sector. Albertans are suffering! No mention was given about jobs. No economic focus was given.

Yes, the Throne Speech was short on detail but it was long on spending commitments. Some of the larger commitments included a new health accord, infrastructure investments and military procurement – all expensive. This can only be paid for with higher taxes for all of us and a higher debt burden for our young people to pay off.

The Parliamentary Budget Officer said that our Government left the Liberals with a surplus. What the Liberals have done is put us back into debt by ratcheting up spending for the rest of this year.

With all the spending commitments and massive deficits and debt they are planning to rack up, how big will yearly deficits go to keep up with the Liberals' spending? And, by how much will they be raising taxes to pay for all their new spending? Albertans are suffering! We don't need higher taxes. We need jobs.



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STONY PLAIN/SPRUCE GROVE/ENOCH RCMP INVESTIGATE ARMED ROBBERY

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

Early this morning shortly after 6:00 a.m., the Shell Station on Highway 16 near Range Road 44 was robbed. The suspects were armed with a pellet rifle and with bear spray. Cash and other items were stolen and the suspects have fled in a newer black truck with a lift kit.

A crime spree began early this morning. It started with a break-in at a cabin in Moonlight Bay. A residence had a picture window, and door windows smashed and several items were left strewn on the front lawn of the residence. It is believed that a high powered pellet rifle was taken during that break in. No one was home at the time.

Then, at 5:17 a.m. RCMP received a report of break in to vehicles at a different residence in Moonlight Bay in Wabamun. Male suspects were seen rifling through the homeowner's vehicles and when the homeowner confronted the suspects, he was sprayed with bear spray. The suspects then fled. The homeowner did not sustain injuries.

Shortly after, at 6:06 a.m., the RCMP were dispatched to an armed robbery that just occurred at the Shell. Two male suspects entered the Shell, one armed with a pellet rifle. The employees and one customer were directed to lay on the floor while the suspects took several items from the store. Before fleeing the store, bear spray was sprayed at the individuals on the floor. None of the people in the store sustained injuries as a result of this incident.

The truck is believed to have fled westbound after leaving the Shell.

All occurrences are considered related.

The suspects are described as: Suspect #1:

- Male Black
- Wearing a white t-shirt.
- Later wearing a grey hoodie.
- · Blue ball cap
- Blue jeans
- Suspect #2,
- Male Possibly aboriginal

• Wearing a red bandanna and a red ball cap

- Black jacket
- Black pants
- Suspect #3
- Male Dark skin
- Wearing a white jacket
- Black ball cap

Either one or two females were seen inside the truck. No description

available for the female or females. Suspect Vehicle:

Truck is a described as a newer black truck with a lift kit. (jacked up) All black – no Chrome

It has been described as either a Chevrolet or a Dodge.

The RCMP is actively investigating these incidents with the assistance of the Forensic Identification Section and the Serious Crimes Unit.

The public is advised to call their local police, or 911, if this truck with these suspects is sighted. Do not approach the people in this vehicle as they are considered dangerous.





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For More Info: www.blueberrybluegrass.com or call 1-888-915-4973





FARM AUCTION for Ray NORMAN Alder Flats. Sat, August 6th @ 11:00 AM

Terms: Cash/Cheque/Debit

GST will apply where applicable

Lunch Available

Directions: At the Junction of Hwy#13 & Hwy#22, South on Hwy#22 8.5 km (West Side of Highway) OR from Rocky Mountain House on Hwy#22, North 55 km (West Side of Highway) WATCH FOR SIGNS



- **2009 Dodge Ram 3500 HD Dually Resistol Truck Mega Cab. 6.7 Cummins Turbo Diesel, Auto, 4x4, Short Box, Fully Load c/w Sunroof, **ONLY 67570 km - LIKE NEW ALWAYS KEPT INDOORS** **2007 Heartland Bighorn 5th Wheel Holiday Trailer - 3 Slides, Satellite Finder, Fully Loaded - EXCELLENT CONDITION LIKE NEW **1999 Polaris Sportsman 500 Quad - 4x4, Winch, Dual Sensing Engine Braking System, ONLY 2150 miles—EXCELLENT CONDITION **1984 Honda Big Red Trike **2 - Kid's Go Carts TRACTORS & MACHINERY: *Allis Chalmers "D17" Tractor Series IV c/w 18.4x28 Tires, All Original & Always Shedded-VERY NICE *McCormick "M" Tractor c/w 12x38 Tires *Massey "44" Tractor c/w 18.4x30 Tires
 - **New Holland 479 Havbine **IHC 430 Square Baler - Always Shedded
 - **Allis Chalmers 10' Disc
 - **John Deere 3 Bottom Plow
 - **Bale Stooker **Bale Forks
 - **7 3' Diamond Harrows c/w Drawbar **Harrow Drawbar
 - **5 Wheel Side Delivery Hay Rake
 - **4 12' Gates



GREENHOUSE, LAWN & GARDEN:**10'x16' Greenhouse c/w Metal Frame & Metal Skids (Can't be moved until the Fall) - VERY WELL BUILT **2005 JD L111 Automatic Hydrostatic 42"/20hp Riding Lawnmower—VERY NICE

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**Craftsman 30"/18hp Transaxle Riding Lawnmower c/w P/T Rototiller

MTD 42"/14.5hp Riding LawnmowerHonda Rear Tine Garden Tiller

John Deere 10P P/T 2 Wheel Lawn Trailer **Small P/T 2 Wheel Lawn Trailer **Quad BladeAllis Chalmers 410 Hydrostatic Riding Lawnmower - FOR PARTS

SHOP TOOLS & MISC:**16 - BP Solar Panels (27"x5') - UNUSED

5 - Battery RegulatorsNitrogen Regulator**Honda ES6500 Generator **Honda EG2200X Generator**Honda E300C Generator**Honda WB15 Sump Pump**Benchstar 16 Drill Press on Stand **Powermate Air Compressor on Wheels*Dewalt 10" Table Saw on Stand*10" Radial Arm Saw*Skil Saws*Makita Cutoff Saw **Makita Jig Saw**B&D Grinders**Bench Grinder**Craftsman Belt Sander**Jet 1/2 Ton Chain Hoists - UNUSED **Craftsman Shop Tool Cabinet on Wheels**Heavy Duty Pressure Washer on Wheels**Aluminum Ramps**Heavy Duty Ramps **Transit & Level**Ridgid Pipe Vise**Ridgid 2-4" Pipe Threading Head **Ridgid Pipe Threaders*Electric PTO Winch **Westward 3/4" Socket Set*Electric Impacts*Many Wrench Sets**Hand Tools **Jackalls**Flares**Tarps**Many 9" 6500 Grinding Wheels**Industrial Heaters**Propane Catadyne Heaters**Bolt Bin **Slings/Tie Down Straps**Danby 27"x32"x18" Depth Cooler*2 - Danby 27"x32"x16" Depth Coolers**Misc Iron**1" Grating (36"x292")*Metal Hand Rails*Scaffolding*Many Wooden Concrete Forms (Various Lengths & Sizes)*4 Sheets 7/16" Plywood **1/2"x21' Pipe **Angle Iron**Tech Cable **150' Heavy Duty Cable**Pipe Stands**Welding Rods**Oxy/Acetylene Cart/Torch/Hoses **Bander**Hydraulic Pumps **Extension Cords**Whirly Bird**Motorola 1225 2 Way Radio - UNUSED **Charbroil Big Easy Propane Hot Air Cooker

ANTIQUES & COLLECTIBLES:**The Burnham Record Player Cabinet**Singer Sewing Machine in Cabinet *Older Sewing Machine c/w Wooden Cabinet**Older Dresser**Crocks**Lanterns**Coal Pails**Many More Collectibles LIST IS SUBJECT TO ADDITIONS AND/OR DELETIO

AUCTIONEER'S NOTE: Ray is selling his property and moving so here is a great opportunity to purchase a "like new" 2009 Dodge 1 Ton Truck and an excellent 5th Wheel Holiday Trailer plus a good selection of Honda Generators and high end shop tools. For more information or to view the items prior to the sale, please contact Ray at 780-388-2290 or Timberlind Auctions at 780-542-7323.



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PLEASE NOTE:

THERE WILL BE NO 2016 TIMBERLIND AUCTIONS FALL CONSIGNMENT AUCTION AT BUCK CREEK SALES YARD

AUGUST 3RD AUCTION FOR: LILA HARRISON

Located: (From Sangudo – 1 mi W on Hwy 43, Turn N on Hwy 757 for 7 ½ mi turn E) (From Barrhead Ford 11 mi W on Hwy 18, Continue 15 mi SW on Hwy 18 to Hwy 757 turnoff to Sangudo, then 100 yd S on Hwy 757 turn E)

Wednesday Evening, August 3rd at 6:00р.м.

DODGE CREWCAB TRUCK/YARD EQ: * 2005 Dodge 1500 4WD Crew Cab w/(80,000 kms), silver/grey * 2W Trailer * Husq HU625HWT Push Weed Cutter * Snowblower * Free Stand Swing Set * Ext Ladder * 2 Yard Storage Units **SNAP-ON ITEMS/SHOP EQ:** * SNAP ON Rolling Tool Box * Variety Snap On Tools * Red Roll Tool Box and Contents * Miller M-180 AC Arc Welder * Air Comp & Air Tanks * Bench Grinder * Shop Vac * ITC 4 ½" Metal Band Saw * 10" Table Saw * Makita Mitre

Saw * Bostitch Frame Nailer * 2 ½ T hyd floor jack * Floor Stand Drill Press HOUSEHOLD: * Sears Sew Machine * Stereo Set * 1 yr Mattress & Box Base w Dble

Bed * 2 Piece Wall Unit * 2 File Cabinets * Carpet

COLLECTABLES: * ANTIQUE (Rectangle Table w 6 Dining Chairs, Buffet) (Dresser w Mirror) * 60 Wild Animal Collector Plates * 12 Barbie Dolls * Crystal * Ornaments * L/P Records * Wall Clock * Watkins Pie Plates & Mugs

AUGUST 12TH AUCTION FOR: ESTATE OF ZENNIE ZATORSKI OF NEWBROOK COMMUNITY

Located: (From Thorhild - 7 km E on Hwy 18, then 16.5 km N on Hwy 63) OR (From Thorhild Land Fill/Waste Management Site -1/2 mi NE on Hwy 63) (From Newbrooke - 4 km S on Hwy 63)

Friday Evening, August 12th at 6:00р.м.

GOOD HARVEST EQUIP/GRAINARIES/ITEMS: * JD Turbo 7720 combine w/(2955 hr), hydrastatic, runs nicely, shedded * Good 21' JD 2420 Swather w/cab, diesel, PU Reel * WF 46'x8" pto Auger * 2 hyd Bin Sweeps * Metal Grain Bins (4 WR 1750 bu/5 Ring) (Butlar 1650 bu)

TRACTORS/FIELD EQ/HAY EQ: * Co-op Cougar 250 4 WD Tractor * JD 4630 Tractor w/(6986 hr), quad range, 20.8x38 Rear * 36' IHC DT 55 Cult w/hyd wings * 30' IHC 490 Disc w/, mulchers * 22' Kraus Disc w/19" blades, hyd wings * Hyd Harrow Bar w/10 Good D harrows * Valmaar 240 Spreader Att * 18' IHC VS Cult * 6x16 Melroe 618 Plow w/auto sp return * 10' JD Disc on trans * Hyd fork Dump Rock Picker * NH 660 Auto Wrap Baler * Good Tonutti V10 Scissor Rake * 10W Alteen Ad-10 V Rake for 3 pt or trail

OLDER EQUIP REQUIRING ATTENTION: * Cat D7 17A Crawler w/hyd dozer * IHC 824 Tractor w/good motor, 3 pt, Ezee On Loader * IHC FC Tractor * 2 of 8' IHC 100 DD Press Drill w/gr, ft * IHC sd Rake w/extra new parts * Vemeer 605 G Rnd Baler * 1977 GMC 6500 Truck w/5th wheel, Air * Mack Truck w/5th W * IHC Loadster C/O 1800 Truck w/Nordic Hoist * 16' HD Gravel Box

BREAK PLOW/TANK/YARD/FARM ITEMS: * Dika Industrial 2x22" Btm Break Plow * 6 Very Good HD Power Poles * 4 Roll Viking Fan Mill * Tidy Tank * Acetylene Tanks & Torch * 18'x6' Metal U/G Tank Post Drill Press, H/C Cream seperator, Egg Incubator

PARSONS AUCTIONS LTD. Charles 674-7704 (780-674-3929) Jeff 305-4328 Pictures Availiable on: parsons-auctions.com

BEWARE OF RENTAL SCAM

Submitted by St. Albert RCMP

St. Albert RCMP is warning potential renters in St. Albert to be aware of some ads for places to live. The rental scam is a common one involving rental properties. Rental scams vary but here are two of the more common scenarios:

A fraudster has somehow obtained access to a property or place. They pose as a landlord / property manager and show the victim the property. They then request an immediate down payment to secure the property and inform the victim they can move in at a later date. On the move-in date, the victim arrives only to discover it wasn't actually a rental and there have been other victims as well.

A fraudster poses as a landlord and says they are out of the country and require a deposit on the rental. Once the money is paid, usually through a money transfer, the new tenant discovers there isn't actually a rental.

As a renter, there are some precautionary steps you can take to protect yourself from falling victim to scams such as this. First and foremost, apply common sense.

Tips

• Ensure a proper tenancy agreement is drafted and signed by both parties. This agreement should include names and addresses for the landlord.

• Ask the landlord to show picture identification as proof he / she is the person named in the document. While it is not a requirement that they produce identification, the renter should be suspicious if they refuse.

• As a renter, you might consider asking to see previous utility bills for the residence to confirm identity of the landlord.

• Check rental rates in the same area. Often fraudsters will try to entice their victims with low prices to elicit multiple victims.

• Avoid wiring money ie Western Union. There's never a good reason to wire money to pay a security deposit, application fee, first month's rent, or vacation rental fee.

Continued on Page 27

Beware Of Rental Scam

Continued From Page 26

For general information relating to entering into a tenancy or ending a tenancy, please visit the Edmonton Landlord and tenant advisory boards and info services at www.edmonton. ca/ltab

If you have information about this incident, please call the St. Albert RCMP at 780-458-7700. If you want to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477, by internet at www. tipsubmit.com, or by SMS (check your local Crime Stoppers www. crimestoppers.ab.ca for instructions).

ALBERTA RCMP OFFICER FACES CRIMINAL CHARGES

Submitted by Alberta RCMP

On June 13th, 2016 RCMP Corporal Roy Auger of Slave Lake Detachment was charged with following:

* one count of Fraud under \$5000.00

* one count of Theft under \$5000.00

Corporal Auger next court appearance is in St Paul on August 4th, 2016.

The charges are the result of misuse of a Government credit card while on duty from 2013-2015 in Elk Point.

Corporal Auger has been suspended from duty. He will remain off-duty until the criminal charges against him are resolved. His duty status will be reviewed at that time. His suspension is standard RCMP practice and not a disciplinary measure.

An internal code of conduct investigation is also underway in relation to Corporal Auger's conduct and will resume upon completion of the criminal court process.

For further information on RCMP disciplinary process visit: http:// www.rcmp-grc.gc.ca/disciplin/process-eng.htm

AUGUST 13TH AUCTION FOR: ESTATE OF LAWRENCE DENNIS MORRILL

Located: From ROCHESTER – Go E on Hwy 661 for 10mi to RR 224 then appx 1 ³/₄ mi S. Rochester is N of Clyde Corner on Hwy 2

Saturday Afternoon, August 13th at 1:00P.M.

QUALITY ACREAGE EQUIP: * JD 4520 Tractor w (950 hr), hp diesel, 3 pt, 10 – 16.5 FWA, JD 400 X FE Loader * Pallet Forks * 3 Prong Bale Fork * 3 Point Eq (New Buhler F/K Disc w Notch Blades) (F/K Land Leveler) (JD 513 Brush Mower) (RC 2072 Brush Mower) (Bombardier Flail Mower) (PTO Seed Mixer) (Agritec 40180 Rototiller) (Bale Fork) (5' Disc) (Single Tooth Dirt Ripper) (Potatoe Digger) (Like New 86" Meteor Snow Blower) * 2008 JD 4720 Power Train w Transmission, Rear End, FWA Axle * New PTO Shafts * Like New Wallenstein BXT6224 Trailing Wood Chipper w(50hr) *ATV Sprayer * Ariens S522 Snowblower

SPECIAL LIKE NEW ITEMS: * TITAN GN Trailer w 33' deck + 3' B Trail, 3 @ 7000lb axles * MILLER Bobcat 250 Welder w (47hr), CC/CV, AC/DC, 10,500 W Generator * New Power Protector Generator w 10kw/10,000W, digital control * 7 New P275 60 R17 Hankook Dynapro Tires * HD Tow Rope * Honda LPW 3600 PSI Pres Washer * Eltc Motors (2@ 3hp) (3 @ ½ hp) * Water Pump w 6.5hp, 2", Suction Hose * Celatom Animal Mix * Nice Bergen GN Trailer w (6900kg), 27' deck, 3' beavertail MANY LIKE NEW TOOLS/SHOP ITEMS: * LAZER TRANSIT * Weld Rod Holders *

GENERATORS (Honda EM 5000 S Generator) (Powertek EDG 6000 S) * Pipe Threaders * Shop Vac * Mechanic, Power and Cordless Tools * Many Good Tools, Shop Items and Air Tools * Hardwood Floor Nailer * 10 Ton Chain Hoist * 3 Chain Hoist w 3 Snatch Blocks * Used 40' x 16" T Beam

NEW BUILDING MATERIAL: * 4x8 Metal Sheet * 28 of ½" Plywood * 14 of ¾" T&G * Knotty Pine 8' Boards * Vinyl Windows * 5 Inframe Doors * 3 Boxes Snow White Vinyl Siding *Shower * More Building Supplies * OH Wire * Weeping Tile * Stucco Wire * 4 Toilets, 1 Urinal

LIKE NEW SKID SHACK/TRUCKS/KOMATSU CRAWLER: * Like New Camp Skid Shack w Bedrooms @ Each End, Queen Beds, Central Kitchen/Dining/F Room, Appliances, 3 Pce Washroom, Propane Tanks * New N/Gas Cook Stove, 2 Oak Centres, Blue Hide A Bed, Microwave, File Cabinets * Antannae Tower * 2001 RAM 3500 w (242k km), 4WD, duals, auto trans, 11' deck, ball 5th W, extra fuel tank, double tool chest * 1991 GMC Topkick w (390k km), GVW 14,700 kg, duals, 14' deck w roller, red * 1997 Ford F350 w (116k km), duals, 5 spd, 10' gravel box, hoist * 6' Truck Angle Snow Blade * Komatsu D31s Crawler w (6610 hr), new pads & bolts, FE loader w hyd bucket/blade, 3pt backhoe * Trailer for Crawler w 16' x 7 ½' deck, 2 @ 8k axles, roll at rear

AGRICULTURE: * CASE 2090 Tractor w (5900 hr), P/Shift * Universal 550 TC Tractor w 3pt, FWA, Leon 636 FE Loader * Fordson Super Major Tractor w good 16.9 – 30 Rear Tires * 16' HD Disc w fold up wings, needs discs * MF 4 btm Plow * Rock Picker w hyd fork dump * VERSATILE 150 Bi Directional w pallet forks

RECREATION/INTERESTING/YARD ITEMS: * Arctic Cat Wild Cat 650 w (2613 km) * 2001 Yamaha Phazer Snowmobile * 23' TravelAire GN Holiday Trailer * Bar & Apmt Fridge * Checker Board Storage Box * Air Seat * L Shape Fuel Tank * 4 Truck Tool Boxes * Car Tarp Frame * Cable Come Along * Strapping, Boomers * 2 Mail Box * Alum Ext Ladder * Chrysler Seabring 4 dr Car * AS IS Burtone X 1/9 Car w rear motor * IHC 8' Truck Box * Fuel & Water Tanks * Jump Jack Tamper * Sheds (10x12) (8x16) * Water Cystern 9x13x2 Tank * Mowers (CM 14/42) (MTD 14.5/42) * 20' Trple Axle Storage Trailer w B/Hitch * SEA CANS (2 @ 45') (1 @ 40)

PARSONS AUCTIONS LTD. Charles 674-7704 (780-674-3929) Jeff 305-4328 Pictures Availiable on: parsons-auctions.com

DARWEEL AND DISTRICT AGRICULTURAL SOCIETY Darwell AG Drag Barn Burner Music Fest

BARN BURNER MUSIC FESTIVAL

Friday. August 12th, 2016 Doors open at 6pm Show at 7pm

Featuring: Jess Moskaluke with special Guests: Tebey, Drew Gregory and Amber Haydey

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Tickets \$40 in advance and \$50 at the door. Tickets available on darwellag.com and at TicketWeb and local retailers DARWELL AG DRAG TRUCK & TRACTOR PULL Saturday, August 13th, 2016 DOORS AT 4:00PM SHOW AT 6:00 PM

annual

Sunday, August 14th, 2016 DOORS AT 11:30AM SHOW AT 1:00 PM ADMISSION \$15 | 5 AND UNDER FREE



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Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Heritage Centre, We now have air conditioning! Space Available! Call Mark (780) 892-4422

Bright Bank Hall, 780-963-6835

Cherhill Legion, Mary 780-284-1703.

Cherhill Community, Taryn 305-9022

Darwell Hall, 780-721-2690

Darwell Seniors, 892-2457

Glenevis Hall, 785-4144 or 721-6188

Gunn Hall (G.A.R.S.) 780-967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Hall, 892-2998.

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Legion , 967-4980

Onoway Museum Gym classroom, 967-5263 or 967-1015

Park Court Community Hall, 727-4476

Parkland Village, 960-5556

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-3221 or 785-3118

Stettin Nakumun Comm. Hall, 967-9198

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A compact, yet powerful alternative to fortify skin affected by free radicals and environmental damage, Instantly Ageless™ is at the forefront of anti-aging technology.

BENEFITS

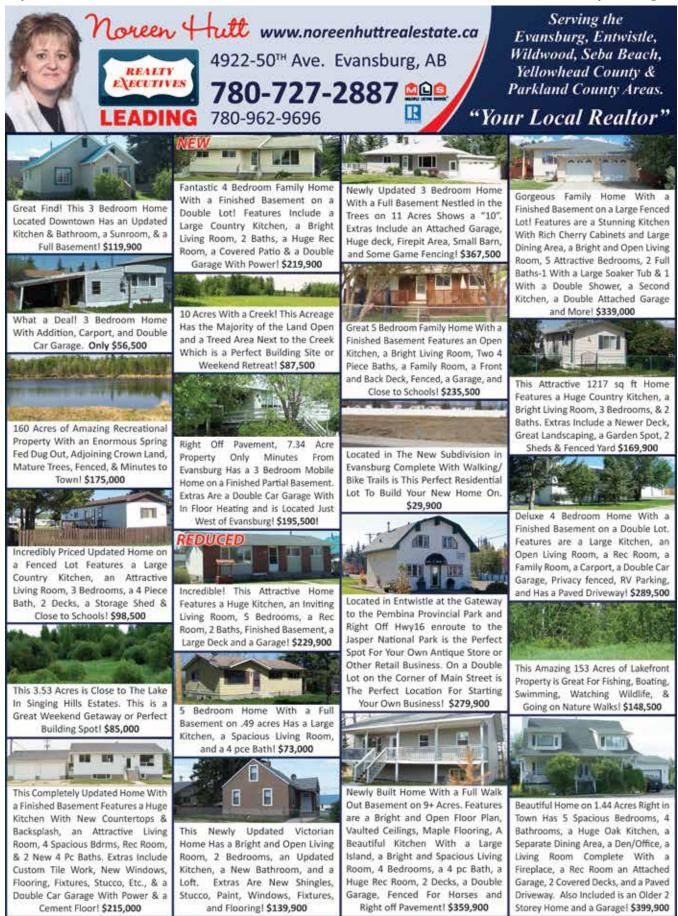
- VISIBLY DIMINISHES THE APPEARANCE OF FINE LINES AND WRINKLES
- ERASES THE APPEARANCE OF DARK CIRCLES AND PUFFINESS UNDER THE EYES
- MINIMIZES THE APPEARANCE OF PORES
- HELPS TO EVEN SKIN TEXTURE
- MATTES SKIN FOR A FLAWLESS FINISH
- RESTORES SKIN TO OPTIMUM APPEARANCE

You Tube youtube.com/watch?v=9g1As1cBjGY



BE FLAWLESS. www.elaine1.jeunesseglobal.com

Community Voice Page 31



Garage Sales

Multi-Family Garage Sale! Summer Village of Yellowstone #327-3rd Street Saturday, July 30th to Monday, August 1stfrom 11am-4pm daily (1) 26-07

HUGE MULTI-FAMILY GARAGE AND ESTATE SALE !!! RR 25

Hiway 43 (5 km north of Onoway turnoff) Entire household contents. antiques. never used items, large selection of Jim's Jigs discontinued tackle. Something for everyone!! Rain or shine as it is being held in a large shop. Thursday, July 28th (3 p.m. - 7 p.m.) Friday, July 29th - Monday, August 1st (9

a.m. - 5 p.m.) (2) 19-07

Call for a free sample!

780-907-8642

Business Opportunities

JOIN THE GOLD CANYON TEAM! Have the extra money you need or own the business you've always wanted! - Your Gold Canyon Business puts you on the path to success on your own terms! Call Independent Demonstrator Jodi Cazac at 780-995-6951 for more info. or go to www.mygc.com/jcazac (S) OG

LOOKING TO HOST A CANDLE PARTY? OR WANT TO DO A FUNDRAISER? EXCELLENT REWARDS !! Call Jodi for more 780-995-6951 information www.mygc.com/jcazac (S) OG

Services

Stump Grinding for Hire -Alberta Beach & Surrounding Area. 780-779-3589 (10) 26-07

Ferrier - Professional and Experiences, reliable, trimming, hot and cold shoeing. Call 780-720-6963 (8) 28-06

Experienced and Reliable House Cleaning Lady, with references available. Call Margie 780-924-2229 (15) 21-06

Best-Cistern-Septic-Solutions. Cistern and Septic Inspection, Cleaning and Repair! New Installs Available. Plastic. metal, fiberglass or concrete. We clean them all! Your cistern will be vacuumed, cleaned and sanitized with our high pressure, hot wash, sanitizing system. Reasonable Rates, Call 780-668-4306 (5) 19-07 OG

Nasty's Tree Removal. Stump Grinding, Pruning & Firewood for sale. Licensed & insured. Roger @ 780-720-2207 (12) 03-05 OG

Computers

FREE COMPUTER CHECKUP, Repairs not over \$50. Laptop for sale \$125. Ind. lessons for seniors and beginners. 780-892-4993. (19) 15-03

Computer Repairs Only \$50. Trade yours Bad or get good working Laptops or Desktops for Only \$135. FREE repairs for single parents. Computer Donations Welcome! 780-892-4993 (14) 26-07

PROBÍTA Hydrolyzed Collagen Protein Chew

- Reduces Wrinkles & Age Spots
- Tightens & Tones Skin
- Promotes Hair Regrowth
- ✓ Strengthens Bones, Cartilage & Organs
- Reduces Pain, Anti-Inflamatory
- Builds Lean Muscle & Enhances Weight loss
- Boosts Metabolism, Energy & Stamina
- Chocolate and Berry flavored

Everything your body craves!

100% Bio-Identical and Absorbable Clare after 2 weeks! Doris after 6 weeks!



Hair Regrowth

Skin Tightening

WE NEED **ISI PARTNERS** WORLDWIDE! ✓ Incredible Opportunity! V No Competition!

> Breakthrough Products! ✓ Up to \$25K per week

Car Bonus \$600/month

Classified Ads - Call 962-9228

Meat/Produce

Grace Gardens Saskatoons & Raspberries. 4 L pail: U-Pick/\$12, We-Pick/\$24. Calahoo Area, Call Tracy for picking time: 780-967-3587 or cell 780-405-8371 (3) 19-07

Firewood

Firewood For Sale: Birch, Spruce, Pine, Poplar. Cords, Partial Cords, Bundles, Split, Seasoned, Cleaned. Pickup or Delivery, Woodchuck Firewood. Call 780-288-7247 (13) 03-05

Miscellaneous

Lil' Mule Logging Inc. Now buying Poplar/Black Poplar, Minimum 20 Acres. Call Shawn 403-318-4346 (2) 26-07 OG

Mobile Homes

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ARE YOU LOOKING FOR A CUTE 1 BEDROOM HOME? Park Model Trailer, set up for year round living, lots of storage, big kitchen, nice bathroom, large entry with wood stove, also have a large shed. Just minutes to Drayton Valley on a quiet rented lot. Asking \$65,000. If you want the trailer only we will drop the price. Call 780-621-6472 (2) 26-07

For Rent

House For Rent in Alberta Beach. 2 plus bedrooms, one bathroom, five appliances, with garage. \$1250/month,



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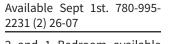
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DD Same, plus utilities.

2 and 1 Bedroom available immediately. Large, clean & quiet in an **adult only** building. Kids allowed up to 3 yrs old, cats allowed, must have good credit. 1 bedroom \$695, 2 Bedroom \$795 - includes heat, water & parking, DD \$300. Ivka 780-807-1300, jakovljevicivka@ yahoo.ca (2) 19-07

Enclosed Storage For Rent. Call (780) 910-5472 (50) 22-09-15

Real Estate

NEED CASH?! We Buy: Estates & Complete Households, We Pay Cash!! 780-727-2724 (4) 05-07 OG



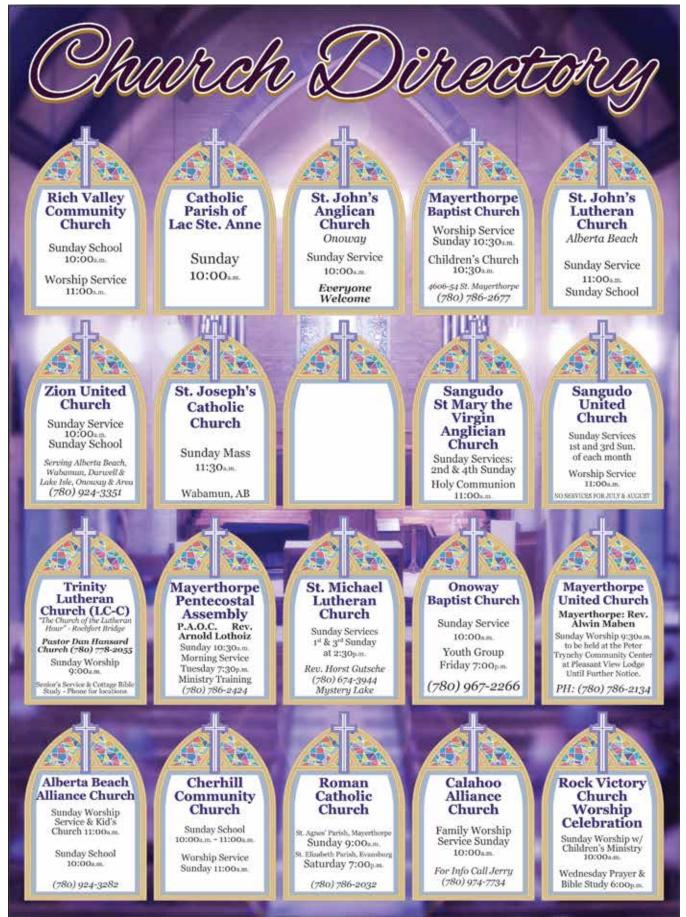
Located in Alberta Beach. \$244,900 MLS# E4030813 2 blocks from the lake. This home is situated on a double lot. Numerous upgrades, 3 bedrooms The yard has a park like feel with numerous fruit trees, roses and perennials galore. 6 foot chain link fence surrounds the property for your privacy. Oversized double garage with back lane access. Quick possession available.

Call Mikaela Murray Now Real Estate 780-982-6800

OKU OF THE WEEK 95 Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it

gets to solve the puzzle!



COMMUNITY	SUNDAY	MONDAY 4 Integendence Day	TUESDAY	WEDNESDAY 6		FRIDAY 1 Garaedo Doy 8	2 9
	10	11	12	13	14	15	16
EVENTS 2016	17	18	19	20	21	22	23
EVENTS 2016	24 31	25	26	27	28	29	30

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

AUG 13 - PIE BOOTH AT THE AG FAIR. Each family in Mayerthorpe and area, please donate 1 pie and bring it to the Diamond Centre that morning.

AUG 20 - FARM & HERITAGE CARNIVAL, 12-4pm at SG Grain Elevator Museum Site. Info: call (780)960-4600 or visit www.sprucegroveagsociety.com or www.facebook.com/ SpruceGroveAgSociety

SEPT 17 - HARVEST FAIR, 9:30am-1:30pm at SG Grain Elevator Museum Site. Info: call (780)960-4600 or visit www.sprucegroveagsociety.com or www.facebook.com/SpruceGroveAgSociety

FARMERS MARKETS

ALBERTA BEACH: Open Every Sunday, May - Oct, 12-3pm. Contact Joeanne 780-690-6392 BARRHEAD: Open Saturdays, May 1pm. Sherry 780-674-6802 Dec. 10am

MAYERTHORPE & DISTRICT FARMER'S MARKET: Thurs 11-2pm, except late market last Thurs of every month, 4-8pm. Mayerthorpe Diamond Center

ONOWAY FARMERS' MARKET presented by the Onoway & District Ag Society, Fridays 4pm-8pm at the Community Hall. Starts May 1st. Janice (780) 667-6327. onowayfarmersmarket@gmail.com. New vendors welcome!

SPRUCE GROVE: at the Elevator Sat 9:30-1:30 tables (780)240-5821

STONY PLAIN: Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993. WESTLOCK: 11-3pm, Bargain Shop Mall, Dave 780-

954-2437

WHITECOURT: Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors Open at 6:30pm, Games at 7pm CHERHILL LEGION: First Sunday of Month. Doors

MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30pm, bingo 7:30pm RICH VALLEY COMMUNITY HALL BINGO: 7:30pm

oonie Pots. Next bingos July 13 & 27, August 10 &

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

JAMBOREES

CALMAR: Wilton Park Community Hall, Every 4th Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200. CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or

SANGUDO: Sangudo Community Hall, 1st Sat of

month 7pm, Oct.-May. Everyone welcome. 785-4105 or 305-3688

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051

s104 margaret /80-962-3051 **STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.

MEAT DRAWS

Alberta Beach Museum: Every Sat 4pm, Alberta Reach Hotel

Alberta Beach: 4pm, Every Sun. Jungles Bar & Grill Barrhead Royal Canadian Legion: every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.

Darwell: Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge &

Restaurant

Onoway Royal Canadian Legion: every Fri Ph. 780-967-5361 Whitecourt Legion: Every Sat, 4pm. Located

downtown behind the CIBC

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782. ALBERTA BEACH & DISTRICT ACTIVE 50+ Club activities: Monday, Wed, Fri 10:15 am Aerobics/ Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round);

Wednesday 1:00 p.m. Bridge (year round). BADMINTON: Wed, 7:10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BARRHEAD PHOTO CLUB:1st & 3rd Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663

CARDS, POOL & OTHER GAMES: Tues. & Fri. 1:30 p.m. Sangudo Golden Club. Newcomers welcome. Join us for coffee & socializing. 785-2368 or 785-

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING Wed 4–6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www. verthornelibrary ab ca (780)786-2404

LAC STE ANNE COMMUNITY CHOIR, accepting all voice ranges. Meets every Wed. 7pm. Sept-June. at the Alberta Beach Heritage Centre.Lois 780-924-3126

ONOWAY GOLDEN CLUB: Bethal United Church.

ONOWAY GOLDEN CLUB: Bethal United Church. Coffee & Muffin Mondays, 10-12. Cards Tuesdays, 1:00. Crafts Thursdays 10-12. Much Socializing. ONOWAY HAVE FUN & GET FIT! Excercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.

ONOWAY MUSEUM: Gym & classroom 780-967-1015 or 780 - 967- 5263

ONOWAY ROYAL CANADIAN LEGION open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public) PANCAKE/BREAKFAST SOCIAL: Parkland Village

Community Centre - 3rd Sunday (except June, July, August) 9-11:30am

RIVER TALKERS TOAST MASTERS CLUB, every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Lorainne 286-5040.

SANGUDO ART GROUP: Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in

once a month for workshops. Potluck. For more information call 780-785-2112. SPIRITUAL LIVING STONY PLAIN INSPERATIONAL

CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain). 2nd Friday of the month at 7pm.

Popcorn provided, donations appreciated. Contact

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-15 K. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

SQUARE DANCE LESSONS: Thursdays 7-9pm. Starts Sept 29th to Dec 15th, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or i.squardance2016@gmail.com

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1pm. VOLUNTEER TUTOR ADULT LITERACY PROGRAM

(VTALP): Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell. 780-554-2940, email: literacy@lsac.ca

MEETINGS

1ST ONOWAY SCOUTS: Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339. 3053 ROYAL CANADIAN ARMY CADETS, Onoway Historical Centre, Wed, 6:45pm-9:30 for youths 12+. 967-0443

755 PARKLAND AIR CADETS Thurs 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

526 Barrhead Air Cadets, Wednesdays 6:30 -9:30pm, High School Ages 12-18 are welcome. 780-674-4058 or 780-674-9003

AA - Mayerthorpe, Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927 AA -Sangudo Golden Club, Tues 8pm call 786-

4402/185-9214/185-3599 AL-ANON: Tues 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205

ALBERTA 55 PLUS: Villenvue Hall at 10a.m. New Members Welcome. Meetings on second Tuesday of the month. Info from Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7pm, Alberta Beach Agliplex. ALBERTA BEACH AG SOCIETY meets on the 4th

Thurs. of month, 7pm, Agliplex ALBERTA BEACH MUSEUM meets the 2nd Wed,

ADDININ DECEMBER 1005 024-3167. ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043

BARRHEAD ROYAL CANADIAN LEGION, general meeting every 2nd Thurs, 7pm at the Legion Hall. CHERISHED MEMORIES, PARENTS & TOTS Wed

& Fri, 10-12pm, Alberta Beach Agliplex. Sept-June. Info call Andrea 780-924-8323 or Melissa 780-297-1892

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997. CITIZENS ON PATROL: The Pembina Community

Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000 DARWELL & DISTRICT AG SOCIETY MEETINGS,

8pm, 1st Mon, Darwell DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/ Dec), Darwell 892-3099.

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-

067 1004 GLENEVIS COMMUNITY meets first Wed. Info 785-

4144 or 721-6188 GREENCOURT COMMUNITY ASSOCIATION meet second Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648

KINETTE CLUB OF MAYERTHORPE, 7:30pm at Kinsmen Hall, every 2nd Tues. Want to volunteer?

Marilyn (780) 786-9168 or mayerthorpekinettes@ LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30 at

Onoway Museum (780) 967-0443 LAC STE ANNE WRITERS GROUP, ages 14 & up,

Alberta Beach Library, 1st Tues of month, 6:30-8pm

starting May 13, Info Sheree 967-6450 LAKE ISLE HALL BOARD: 3rd Tues, 7:30pm, Lake

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5pm in Hospital Basement

Education Room MS SOCIETY PARKLAND COMMUNITY SUPPORT

GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

NA MEETING Tues, 7pm Poplar Valley Church (780)514-6011 ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of

each month, 7:30pm, Chateau Lac Ste Anne ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed

7pm, Onoway Museum, 967-5263 or 967-2452. ONOWAY QUILTERS, 2nd & 4th Thurs, 10am-4pm, ac Ste Anne Chateau Activity Room

ONOWAY ROYAL CANADIAN LEGION General Meetings, first Mon, 7pm (Sept-June). ONOWAY MASONIC LODGE #138, 4th Wed, 7:30

ONOWAY OSPREY JUNIOR FOREST WARDENS Ages

6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onoway Heritage Centre & monthly outings. Martin 780-963-1646

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www. drugrehabresource net

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agriplex on the second Wednesday of the nonth 7.00pm

RIVER TALKERS TOASTMASTERS CLUB Build your RIVER HARKERS JOASI MASTERS CLOB build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653. SANGUDO PAINTING GROUP: Every 1st and 3rd Wild for the set of set of

Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258 WEIGHT WATCHERS Alberta Beach Agriplex

Mondays, weigh in 6:30pm. Meeting at 7pm

TOPS Meetings (Take Off Pounds Sensibly)

ALBERTA BEACH: Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

ENTWISTLE: Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982 EVANSBURG: Thursday Mornings 9:30am at

Evansburg Legion Hall (Back door). 727-2155 SANGUDO: Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

DARWELL & AREA: For info on volunteering or eligibility, call Lorraine, 892-2967.

ONOWAY & DIST: Frozen & hot meals available. Call

ALBERTA BEACH BADMINTON: Tues,7-9pm Grasmere School. Tim 924-3337 SEA CADETS: 299 Mackenzie, Stony Plain Comm

Center, Wed 6:30 for youths 12-18, 963-0843 SPRUCE GROVE ELEVATOR TOURS, Tues-Sat,

UNITED CHURCH THRIFT SHOP: North end Curling

Rink, Onoway. Open Fri & Sat, 10am-4pm. WATER SAMPLE DROP OFF: Tues Onoway Aspen

Health Services. Drop off 1-2:30 pm.

ALBERTA BEACH & AREA: call (780) 910-0034.

MEALS ON WHEELS

967-2338 or 967-5244

9-3pm, Info 960-4600,

YOUR COMMUNITY

July 26, 2016







July 26, 2016



