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September 13, 2016

LEDUC RCMP INVESTIGATE ROBBERY, ASSAULT AND SHOTS FIRED

Submitted by Leduc RCMP

Leduc RCMP is requesting the public's assistance in identifying unknown persons involved in a incident where shots were fired.

On August 29th, 2016 at approximately 12:00 noon The Leduc RCMP responded to a incident of shots fired in the back ally between 47 Avenue and 48 Avenue near 51 street. Seen leaving the area was a red vehicle and a silver or white

pick up truck. The occupants of the suspect vehicles had stopped in the back ally, jumped out of their vehicle hooped over a fence of a residence and assaulted a resident of the home who was sitting in his back yard. Prior to leave the suspects fired shots from a hand gun.

The RCMP is looking for any witnesses that may have information with respect to these incidents to call the Leduc RCMP Detachment at 780-980-7200. If you wish

to remain anonymous, call Crime Stoppers at 1-800-222-8477 (TIPS). You do not need to reveal your identity and Crime Stoppers does not subscribe to Call Display, Call Trace or tape any phone calls. If your information leads to an arrest, you may qualify for a cash award up to \$2,000.00. We want your tip, not your name. Call Crime Stoppers at 1-800-222-8477 (TIPS).

CHARGES LAID AGAINST MALE PASSENGER ON FLIGHT

Submitted by Alberta RCMP

Leduc, Alberta – Following an investigation into a 20-year-old male causing a disturbance on a flight bound for Edmonton, charges have been laid by the RCMP.

Yusuf Hassan of Edmonton has been charged with Mischief over \$5,000 under the Criminal Code of Canada, Endanger the safety or security of an aircraft and Fail to comply with aircrew, both charges under the Aeronautics Act. Hassan

remains in custody and is scheduled for an appearance in Leduc Provincial Court on September 8, 2016.

This matter is now before the courts and RCMP will not provide further information relating to this investigation.

FEMALE ON EDMONTON POLICE MOST WANTED LIST ARRESTED

Submitted by Leduc RCMP

On August 31st, 2016 the Leduc RCMP received information that a female on the Edmonton Police Service Most Wanted list was seen at a Motel in Leduc, Alberta.

Officers attended the location with the assistance of the Leduc RCMP

General Investigation/Drug Section. Attempts were made to make contact the female inside a motel room with no response. A warrant to enter the room was granted and 34 Year old Wendy KITT was taken into custody without incident.

Wendy KITT was arrested on 30 outstanding Edmonton Police Ser-

vice and Red Deer RCMP warrants in relation to weapon and property related offences.

KITT is currently in custody awaiting a bail hearing where she will later appear in Provincial Court in regards to her outstanding charges.

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BREAK AND ENTER'S

Submitted by Thorsby/
Breton RCMP Detachment

File number: 20161128490

On August 26, 2016, Thorsby RCMP received a complaint of an overnight Break and Enter into a seasonal residence, located at the Burnt Birch RV Park near Pigeon

Lake.

The suspects gained entry to a property between the hours of 2:30 AM, and early the following morning.

After an investigation, it appeared the suspect(s) had searched the grounds for easy access to alcoholic beverages, and ended up leaving

with one bottle of vodka, and one case of beer. Some damage was caused, and it appeared fridges, and outdoor coolers were targeted.

If you have any information that could assist in this investigation, please contact the Thorsby RCMP at 780-789-3951; or Crime Stoppers at 1-800-222-8477 or www.crimestoppers.ab.ca.

File number: 20161132530

In the early morning on August 27, 2016, Thorsby RCMP received a complaint of a Break and Enter into a business in Warburg. At 3:39 AM, a white automobile parked outside of the 2b Flower and Bistro, parallel with the sidewalk along 53 Street.

Three Suspects exited the vehicle, and entry was gained through the front doors setting off an alarm. The inside was heavily damaged, and the thieves departed with a small amount of money at 3:50 AM in the same vehicle.

If you have any information that could assist in this investigation, please contact the Thorsby RCMP at 780-789-3951; or Crime Stoppers at 1-800-222-8477 or www.crimestoppers.ab.ca.

Thank you for your assistance.



JOKE OF THE WEEK

Mike walked into a post office just before Valentine's day, he couldn't help noticing a middle-aged, balding man standing in a corner sticking "Love" stamps on bright pink envelopes with hearts all over them. Then the man got out a bottle of Channel perfume from his pocket and started spraying scent over the envelopes. By now Mike's curiosity had got the better of him, and so I asked the man why he was sending all those cards. The man replied, "I'm sending out 500 Valentine cards signed, "Guess who?" "But why?" asked Mike. "I'm a divorce lawyer," the man replied.

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SUICIDE PREVENTION DAY – UNDERSTANDING AND THE SIGNS

BEING AWARE OF THE SIGNS OF SUICIDE CAN HELP SOMEONE AT RISK

Submitted by Alberta Health Services

September 10 marks World Suicide Prevention Day, an internationally recognized event designed to raise awareness and dispel some of the myths related to suicide.

Suicide affects people of all ages and genders. Each year more Albertans die by suicide than motor vehicle collisions. As a result, many Albertans have been impacted by losing someone to suicide.

Suicide is a preventable tragedy that starts with learning how to recognize the signs that someone may be suicidal. Although not all people show warning signs, most suicidal people show signs of their distress. Being aware of these signs can help someone identify and talk to a person at risk.

There are many different warning signs and being aware of them is an important step in helping to prevent suicide. Talking to someone who may be suicidal does not put the idea in their head. In fact, being able to openly discuss suicide lets the person know you care and can make a difference.

Some of the suicide warning signs include:

- Talking about suicide or a plan
- Making statements about hopelessness, helplessness or worthlessness
- Showing a loss of interest in pleasurable activities
- Personality changes
- Becoming cheerful after a period of depression, which may mean the individual has already made the decision to escape their problems through suicide.

Suicidal people are in pain and want their pain to end, but do not necessarily want to die. Talking about suicide provides a clearer picture of how the person feels

so they can get the help they need.

If you or someone you know needs help, please call: Health Link at 811, or one of the following help lines:

- Addiction Help Line: 1-866-332-2322
- Child Abuse Hotline: 1-800-387-5437
- Family Violence: 310-1818
- Kids Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Suicide Prevention: 1-800-784-2433

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- Donna Edmonton*

*"I totally love this product for not only the weight loss but also the physical & mental well-being. I just feel much better!"
- P from Onoway*

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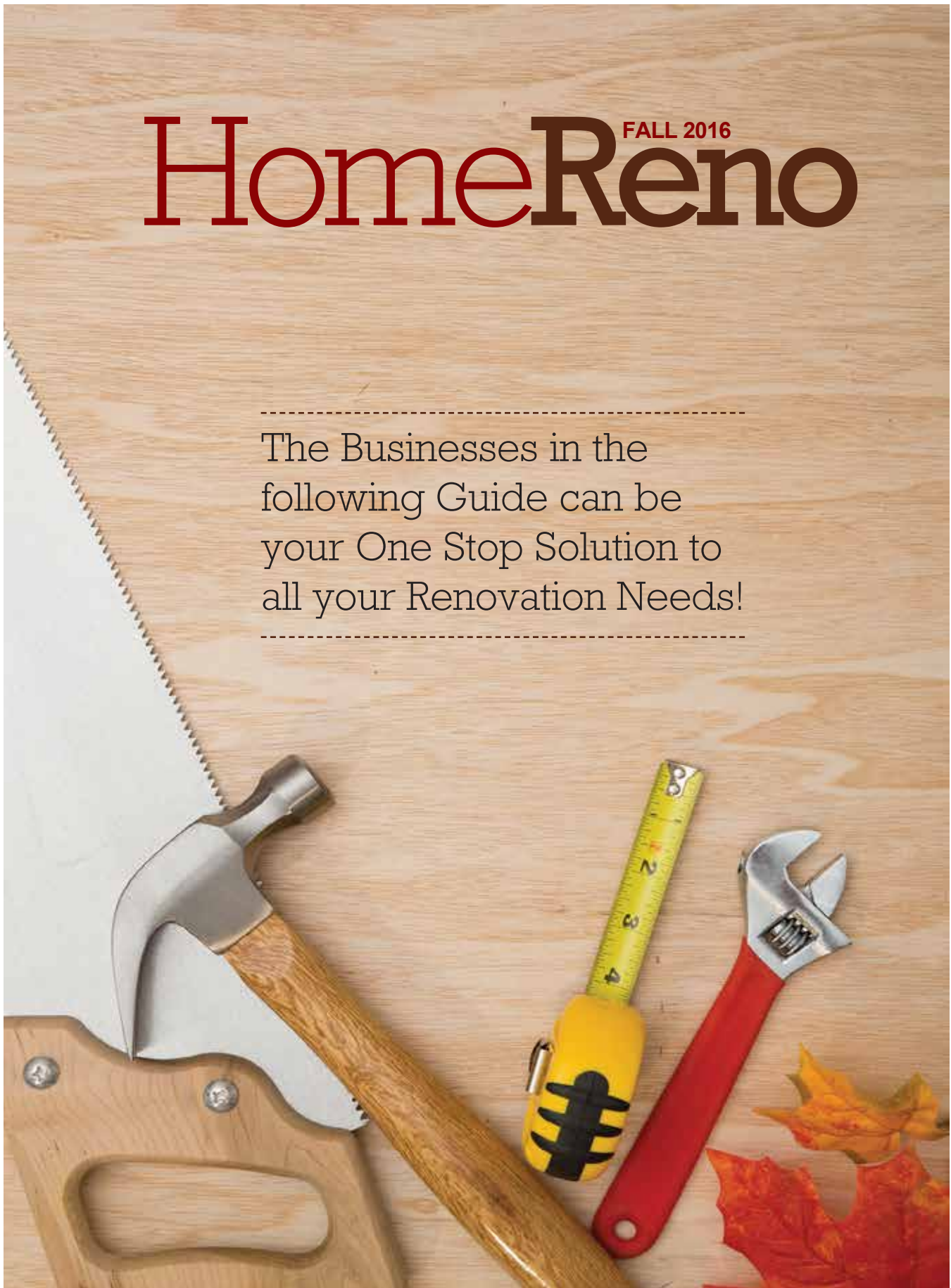
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4 SIMPLE WAYS TO WINTERIZE YOUR HOME

Trimming hanging branches and removing debris from their yards is one simple way homeowners can prepare their properties for winter.

As winter approaches, homeowners know they must do certain things to ready their homes for the coming months. Wrapping up the grill and closing the pool are no-brainers, but homeowners also must prioritize winterizing their homes to ensure homes withstand the winter.

Winterizing tasks range from small to big, but each can protect a home and its inhabitants and some can even save homeowners a substantial amount of money. The following are four simple ways to winterize your home.

1. Plug leaks

Leaky windows and doorways can cost homeowners money year-round, allowing cold air

to escape on hot summer afternoons and letting cold air in on brisk winter nights. When such leaks aren't fixed, homeowners are more liable to turn up their air conditioners or heaters, unnecessarily padding their energy bills along the way. Before winter arrives, check areas around windows and door frames for leaks, as well as any additional openings, such as chimneys, that may allow cold air in. Use caulk or weather strips to plug these leaks, and enjoy your warmer home and lower energy bills as winter weather gets colder and colder.

2. Inspect your chimney

If your home has a chimney, chances are you have not used it since last winter. During that time, the chimney has likely accumulated some dirt and grime, and may even have served as

home to some uninvited critters. As the season for fireside chats approaches, have your chimney serviced by a professional so it's ready for use and you are not greeted by some unwanted guests upon lighting your first fire.

3. Clear the yard

Autumn days, particularly late autumn days, can be gusty, and strong winds can cause branches to fall off trees. Branches big and small can cause damage to cars, siding and roofs, and smaller branches can get clogged in gutters, potentially causing gutters to back up and leading to leaky roofs that damage a home's interior. Take a walk around your property at least once per week during the fall, clearing any fallen limbs and trimming branches that appear one strong gust away from falling off of trees. Remove any branches that are hanging

over your home and driveway so they don't pose a threat to your house or vehicles.

4. Turn off outdoor water supplies

When temperatures get especially low, pipes with water still in them can freeze and burst, potentially leading to significant water damage. When you no longer need to water the lawn and when temperatures get too cold to wash your car in the driveway, be sure to shut off the water supply to outdoor spigots and sprinkler systems. Once you do that, drain them so no water is sitting in the pipes when temperatures dip.

There are many ways to winterize a home, and homeowners should take every precaution necessary to ensure their homes are safe and warm as the cold weather season approaches.



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UPSCALE HOME DÉCOR WITH CROWN MOLDING

(MS) - Create a dramatic new look throughout your home or highlight one area with crown molding - the key to an upscale

look for walls, windows, doors, cabinets and more. Homeowners will find the tools and supplies necessary for crown mold-

ing projects at Woodcraft.

Although crown molding is generally identified as trim for the area where a wall meets the ceiling, molding is used for many other home décor applications. Molding creates an appealing visual element when used at chair height along a wall, sometimes with thin vertical pieces attached to accent a wider area. Molding also serves as an attractive window cornice or as a frame for a wall-hung flat screen television or vertical mirror. The possibilities are only limited by homeowners' imaginations and finances.

pensive approach to adding beautiful detail to your home," Woodcraft national power tool sales manager Andrew Bondi said, "and Woodcraft is the go-to source for tools and supplies for molding and trim projects."

Bondi speaks from experience, having recently installed crown molding throughout his house.

Before lifting the first piece of molding, homeowners will want to do some research about molding and installation techniques and tips.

"Crown molding is an inex-

Continued on Page 9

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Upscale Home Décor With Crown Molding

Continued From Page 8

“Cutting and Installing Crown Molding,” a DVD by Jim Heavey, and “Crown Molding & Trim: Install It Like a Pro!,” a book by Wayne Drake, are good resources.

A miter saw, like DeWalt’s 10” Single-Bevel Miter Saw, is essential for cutting crown molding joints. To make the process easier, Woodcraft recommends using a cutting jig with the miter saw - either the General Tools EZ Pro Crown King Crown Molding Jig or the Kreg Crown-Pro Miter Saw Guide that features a bonus measurement transfer angle

finder. If your project involves a coped cut, Woodcraft stocks Eclipse Coping Saws and Gröz Coping Saw Frames.

“Remember to protect your eyes,” product manager Jessica Douglas said. “Pick up a pair of SAS Safety Glasses before you begin your project. The lightweight glasses can be worn alone or over eyeglasses.”

For all the marking and measuring necessary to prepare the molding, you will find the multipurpose Kreg Multi-Mark Marking Gauge indispensable. To fill any small gaps, Woodcraft recommends Famowood Wood Filler, along with Norton 5X Small Area Sanding Sponges for smoothing filled holes.

Once the molding is cut and

ready for fastening, use the Grex 18-gauge Green Buddy Nailer, which offers precision control and both sequential and contact trigger applications.

“If you are going to back your molding with an adhesive prior to nailing, Titebond’s No-Run, No-Drip Wood Glue for molding and trim is a great product to use,” said Woodcraft senior product manager Peter Collins, “especially if you are going to use a headless pinner to install trim.”

Painting crown molding can be simple - blending in with the wall or ceiling color - or new color can be introduced to match furnishings or accent the overall décor.

“General Finishes Milk Paint

and Old Fashioned Milk Paint, both water-based, are available in many colors and can be mixed to create an extensive palette of custom colors,” product manager Kent Harpool said. “Both brands also offer related products to produce special decorative effects, such as antiquing and distressing.”

Harpool recommends Redtree Bristle Brushes or Foam Brushes for applying paint. Use Microfiber Tack Cloths to remove sanding dust before applying paint or after distressing.

To learn more about these and other products, visit your local Woodcraft store, call (800) 535-4482 or visit www.woodcraft.com.



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BRETON RCMP INVESTIGATE BREAK AND ENTER AND THEFT IN BRAZEAU COUNTY



Submitted by Breton RCMP

Brazeau County, Alberta - On August 15, Breton RCMP received a complaint of a Break and Enter to a rural property east of Breton.

The incident occurred sometime between August 7, 2016 and August 14, 2016. The following items were stolen:

- 2013 Yellow CANAM MAVERICK bearing license

plate # DVY58.

- 2014 Yellow CANAM MAVERICK unknown license plate.

- 2008 Red Polaris Razor bearing license plate # CSA30.

- 2009 Black Polaris Razor S bearing license plate # QT899. (Custom paint job with flames on the hood)

- 2012 KJM SX 250 dirt bike.

- 2010 YAMAHA YZR

125 dirt bike.

- 2012 Black Polaris S12 snowmobile bearing license plate # CDK80 (with white custom storage container on back)

- 2012 Craftsman YT4000 red ride-on lawnmower

If you have information about this investigation, please call the Breton RCMP at 780-696-3520, or call your local police detachment. If you want to remain anonymous, you can contact Crime Stoppers by phone



at 1-800-222-8477 (TIPS), by internet at www.tipsubmit.com, or by SMS.

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SUDOKU OF THE WEEK

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	4			2	8	3	5	
1	9	5			6		4	2
	3	8				6		
5				8				
						1		8
			3	7		5	2	9
	5	2				4		6
4		3	2				8	
	8	7	4		5	2		

ANSWER:

7	4	6	9	2	8	3	5	1
1	9	5	7	3	6	8	4	2
2	3	8	1	5	4	6	9	7
5	2	1	6	8	9	7	3	4
3	7	9	5	4	2	1	6	8
8	6	4	3	7	1	5	2	9
9	5	2	8	1	3	4	7	6
4	1	3	2	6	7	9	8	5
6	8	7	4	9	5	2	1	3

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



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**Mail to: Jack O'Lanterns, c/o Community Voice
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BACK TO SCHOOL HEALTH CHECKLIST

Submitted by Alberta Health Services – Public Health

It's that time of year again. Store shelves are stacked with back-to-school supplies and racks of summer clothes are being replaced with sweaters and long pants. Getting your child ready for the new school year includes stocking up on notebooks, binders and pencils, but there's more to making the most of the year ahead: taking care of your child's health. As the most important head-start you

can give your child, beginning the year with good health is also simple with this back-to-school health check-list:

- **Immunization:** Ensure your child's immunizations are up-to-date for his or her age. This is especially important for kids entering kindergarten or elementary school. If your son or daughter is in Grade 5 and/or Grade 9, also watch for immunization consent forms coming home early in the school year. Remember: your signature on these forms is needed for your child to get his or her

important grade 5 and/or grade 9 immunizations.

- **Vision screening:** Have your child's vision tested before he or she starts kindergarten (ideally by age three) and again every year, until 18 years of age. It's estimated that up to 80 per cent of learning is visual, so keeping your kid's eyes healthy goes a long way in encouraging their full learning potential. Eye exams for children up to 18 years of age are free of charge, covered by Alberta Health.
- **Hearing/speech screen-**

ing: If you suspect your child may have a hearing or speech problem, ask your family doctor for a referral to an audiologist and/or speech specialist. Left untreated, these problems could interfere with your child's learning.

- **Dental checkup:** Regular dental checkups start early! If your child hasn't had his or her teeth examined prior to starting school, now is a good time to start. Remember: good oral health is essential to good overall health. Regular checkups and cleanings help detect dental problems early, and ensure your child's teeth stay healthy for life.

- **Emergency contacts:** Make sure the school has up-to-date emergency numbers for each of your children, including contact information for parents, physicians, etc.

- **Health conditions:** Ensure the school has up-to-date information about any health conditions, allergies or physical impairments your child may have. Also inform the school about any medications your child takes.

- **Backpack basics:** Your child's backpack should fit properly and shouldn't be too heavy for him or her to carry, which means it should weigh no more than 10 to 15 per cent of your child's body weight. The backpack should have broad shoulder straps and a waist strap that keeps the bag firmly on the spine. Watch for warning signs that the bag may be too heavy, including sore shoulders or changes in posture. For more information visit: <https://myhealth.alberta.ca/health/pages/conditions.aspx?Hwid=abk0958>

- **Nutrition plan:** Ensure your child has a healthy breakfast before heading to school in the mornings, and help him or her pack a nutritious lunch. Planning meals ahead of time and involving children in planning and preparation can make this task more manageable and fun. For more information visit: <http://www.albertahealthservices.ca/assets/info/nutrition/if-nfs-whats-for-lunch.pdf>

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ALSO SELLING SS Work Tables, Sinks, Electronic Scales, Brine Pumps, Printer, Cash Register, Metro Wire Shelving, Office, Seasonings, Spices, Small Wares, Etc.

AUCTIONEERS NOTE: This is a complete dispersal of T-Bones Specialty Foods Inc. This is late model, very well kept equipment. Be on time as large equipment will sell almost immediately. See Pics and more details on website. Cash/ Credit Card/Cheques w/Bank Letter of Credit. Subject to Additions & Deletions 10% Buyers Fee 15% On-Line Buyers Fee
VIEWING: Sept 23 9AM-4PM REMOVAL: By Tues. Sept 27 @ 3PM



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Hall Rentals

Lodgepole Community Hall - (780) 894-2277

Garage Sales

Vendors Wanted for Garage Sale at Entwistle Senior Center. Table rentals inside or out \$10.00, 10:00am - 4:00pm. Saturday September 24th. Call Dan 780-982-0353

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For Rent

Onoway 1 & 2 Bedroom. Reasonable Rent \$795/month & \$895/month. Call 780-721-4132 or 780-423-3664.

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Immediately. Large, clean, in an adult building. ONLY, cats allowed, must have good credit. \$795 includes heat, water & parking. DD \$300. Ivka 780-807-1300, jakovljevicivka@yahoo.ca

Great for a Small Family or Seniors. Newly renovated townhome, 2 bedrooms, den & 1.5 bathrooms in Winfield, AB. Washer & Dryer in-suite. \$850/month. Call 403-606-6977

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AUCTIONEERS NOTE: This is good well maintained commercial quality equipment. It is being sold in doors via big screen. See website for more info. Bid live on site or on-line via Bidspotter.com. Cash/C/Card/Cheque w/Letter of Credit 10% Buyers Fee 15% On-Line Buyers Fee, VIEWING: Tues Sept. 27 10am – 4pm REMOVAL: By Tues. Oct 4 @ 3PM



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COMMUNITY EVENTS 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 <small>Labour Day</small>	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

SEPT 13 - OL'TIME DANCE at Telford House 4907-46 St. Leduc. Second Wednesday of every month starting Sept. 14/2016. From 7:00pm to 10:00pm, refreshments and light lunch. \$ 8.00 per person. Live music, Everyone Welcome

FARMERS MARKETS

DRAYTON VALLEY: Every Wed, 10:30-1:30pm at the Omniplex

BINGO

MULHURST: Every Tuesday night, 7pm at the Mulhurst Legion

CALMAR: Every Wednesday night, 7:00pm at the Calmar Legion.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$7 per plate. 3rd Wed of Each Month, Sept - June. For reservations call Audrey 780-963-1782.

55+ CLUB DRAYTON VALLEY: located in recreation center *upstairs. Music Jams: Doors open at 1:00pm. Last Sunday of each month. Come on in and listen, 780-542-3768.

CALMAR SENIORS BUS: to West Edmonton Mall - 1st Wed. 9:30am; Seniors' Birthday Party - every 3rd Wed. 1:30pm; Meetings - every 2nd Wed of every month. 1:30pm. (780) 985-3117.

DEVON MUSIC JAM & DANCE: 4th Wed. of each month @ 7pm, June - Sept. Lions Campground Chalet. \$5 Admission, Musicians FREE. 780-987-2093

DEVON RECREATION: Volleyball, Mondays 8-10 p, \$2, John Maland High School. Badminton, Fridays 7-9 pm, Robina Baker School, \$2. Hockey (Arena), Tues & Thurs, noon (children under 15 must be accompanied by an adult).

INDOOR PLAYGROUND: Mondays,

10am-12pm, Alder Flats Community Centre. Info (780) 388-3333 No fee. Please bring a snack for your child.

JAM DANCE & CARDS: 1st Fri, 7pm, Buck Creek. (780) 514-3781

"KIDS OWN WORSHIP" an hour after-school, 1st and 3rd Thursdays each month. Songs, Crafts, Snacks and FUN! No charge. Call All Saints' Anglican Church. (780)542-5048

MUSICAL JAM SESSIONS: 4th Tues, 1:00 pm at Calmar Seniors Centre. Bring your own instruments and have fun.

MUSICAL PROGRAM: every 4th Saturday at the Cloverleaf Manor, 2:30pm. Everyone welcome.

OL' TIME DANCE: 2nd Wed of every month. 7-10pm, at Telford House (4907-46st Leduc). Live music, refreshments and light lunch. \$8/person.

PEMBINA SKATING CLUB (Evansburg Arena), offers Learn-to-Skate, CanSkate & STARSkate for all ages. Skating year runs from Sept-Mar. Call Lisa 727-2729.

ST. DAVIDS JR. CHOIR is seeking singers ages 7-13. Boys and girls are welcomed. Rehearsals in Leduc Tuesdays 3:45- 5 p.m. Contact 780-432-7805.

WARBURG ARENA HOSTS FREE SHINNY HOCKEY, Sun 2:30 - 3:45pm & Mon /Wed 4-5:45pm, arena closures & cancellations can be heard on recorded messages, call Arena 780-848-7581

WARBURG ARENA HOSTS FREE PUBLIC SKATING, Sundays 1-2:30pm & Fridays 4-5:45 pm, call arena for closure dates

WILTON PARK COMMUNITY JAM-

BOREE: Every 4th Saturday of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

MEETINGS

AHS: Addiction Services provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140.

Do you have a problem with alcohol & are you looking for an **AA MEETING** or someone to talk to? Call Toll Free 1-877-404-8100.

Drinking a Problem? There is a Solution, call AA 780-491-1043

ALDER FLATS AG SOCIETY: 3rd Wed, 7pm, Community Centre. Call (780) 388-3318 for more info.

BRETON COUNCIL MEETINGS: 2nd Tuesday of each month at 7 pm at the Council Chambers, Carolyn Strand Civic Centre. 780-696-3636.

BRETON & DISTRICT AG SOCIETY Regular Meeting 2nd Thurs. at 7:30pm at Hall.

CITIZENS ON PATROL: 2nd Thurs of ea mo, 7:30pm in Entwistle Seniors Bldg

DRAYTON VALLEY BRANCH OF ALBERTA GENEALOGICAL SOCIETY: meets 7pm at The Wishing Well every 3rd Wed of the month. For more information call (780) 542-2787

DRAYTON VALLEY WOMEN'S INSTITUTE, encouraging, educating & empowering women to improve conditions in our community, province, country & worldwide. Meetings held the last 2nd Tuesday of the month at the DV Legion Hall, 7pm. Call (780) 542-5943 for more info. New members welcome!

LEDUC MS SOCIETY COMMUNITY SUPPORT GROUP Are you diagnosed

with MS and have questions? This group is for you! Meets 2nd Tuesday of month, 7-9pm at Smitty's (5004 50st.) Contact Keith 780-471-3034

MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets every 1st Tuesday of the month, Sept-June from 6-8pm at Norquest College, dates TBA. Info, Terra Leslie at 1-403-346-0290.

T.O.P.S. (Take Off Pounds Sensibly) Thorsby, meeting every Monday morning 9:00am at Thorsby Fire Hall. Ph: 789-2219 for info.

T.O.P.S. (Take Off Pounds Sensibly) Devon, The meetings are held on Wed. at 9:30 am at Riverside Baptist Church, 2 Saskatchewan Dr., Devon. Contact Brenda at 987-9113 for info.

Winfield Legion Branch 236: Meetings every 2nd Tues. Contact Secretary Treasurer Shelly Oulton 696-3600 or Alfred Farmer 696-2006

YOUR COMMUNITY

Dental Health: Visit the dental hygienist with your toddler. Children 15-24 mos of age are encouraged to have this Free Toddler Mouth Check. For info, contact the Thorsby Health Centre at 789-4800.

Come join GIRL GUIDES OF CANADA, 1st Pipestone Sparks/Brownies/Guides Rainbow Unit. For more info call Jenny 387-3544 (anytime) or Teresa 901-3817 (evenings)

Meals on Wheels: Call Deanne Young, Director FCSS 696-3636

Thorsby Well Child & Immunization Clinic, every 1st & 3rd Thurs. of the month. Contact Thorsby Public Health Center for appointment. 789-4800.

Warburg Well Baby & Immunization Clinic, by appointment only, 2nd Wed of month, Cloverleaf Manor. Thorsby Health Unit 789-4800.





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