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**October 25, 2016**

## TRUNK OR TREAT AT DARWELL HALL



Submitted by Deb Stewart

Trunk or Treat will be taking place Sunday Oct 30th 1 pm – 4 pm in the Darwell halls parking lot.

Here is a chance for your children to get goodies handed out to them in 1 stop at a safe community gath-



ering.

Community members, young and old, are welcome to participate, and be visited by all the little ghosts and goblins instead of just a handful. If you, family and/or friends would like to participate in dishing out, you are welcome to bring your ve-



hicle down. It is not necessary to dress up your vehicle or yourself, however, if you would like to, you can find lots of ideas by Googling Trunk or Treat, or search Trunk or Treat in Pinterest.

Don't be scared to join us for some spooktacular fun

## FORMER ALBERTA RCMP OFFICER FACES CRIMINAL CHARGES

Submitted by Alberta RCMP

Today, the Alberta Serious Incident Response Team (ASIRT) announced that former Alberta RCMP officer Aaron Sayler was charged with the following:

- One count of theft under \$5000
- One count of obtaining by false pretenses
- One count of uttering a forged document
- One count of fraud under \$5000

Mr. Sayler is no longer a police officer but at the time of the offences was a sworn member of the Royal Canadian Mounted Police working

out of the Stony Plain Detachment.

The Director of Law Enforcement asked ASIRT to begin the investigation into Mr. Sayler on February 18, 2016. With respect to the alleged theft, it is believed that on March 6, 2015, then Constable Aaron Sayler participated in a search of a vehicle and found an airsoft pistol that, instead of seizing as evidence and properly handling as an exhibit, he simply took.

With respect to the remaining counts, it is alleged that on October 27, 2015, then Cst. Sayler engaged in insurance fraud by creating a false hit and run collision report that he submitted to his insurance com-

pany for the purpose of obtaining insurance money.

Mr. Sayler was suspended from duty on February 19, 2016. His suspension was standard RCMP practice and not a disciplinary measure. An internal RCMP Code of Conduct investigation is also underway in relation to Mr. Sayler's conduct. Mr. Sayler resigned from the RCMP on October 19, 2016.

Mr. Sayler had eight years and eleven months of RCMP service. He was posted to the Stony Plain Detachment in 2012. Before that he was posted to the Slave Lake Detachment from 2007 to 2011.

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# HEALTHY HALLOWEEN

Submitted by **Alberta Health Services**

Halloween is a time that children get excited about dressing up as their favourite character and stocking up on candy. Read on for tips to make your Halloween festivities healthier for your family and others.

For your family:

- Work out a plan with your children and discuss how to enjoy their candy and to decide

what they can do with the extra. Use your best judgment based on their personality and eating habits.

- Limit the amount of candy your children collect by limiting the number of houses they visit, or the amount of time they spend Trick-or-Treating.

- Always keep safety in mind. Keep only items that are unopened and in their original wrapping.

- Trade candy for non-food

items like bouncy balls, pencils or tattoos.

- Know how much candy was collected and store it out of sight. Having candy visible makes it more likely that you or your children will eat it.

- Use Halloween candy for craft projects.

For others:

- Hand out stickers, temporary tattoos, bubbles or Halloween themed pencils.

- Offer healthier food options like small bags of flavour rice cakes or pretzels, boxes of lower sugar cereal, pre-packaged cheese sticks, higher fibre granola bars, or bottles of water.

- Avoid bringing leftover candy to school.

You and your family can enjoy a healthy Halloween! Continue healthy eating and active living habits during the Halloween season.

For more ideas on healthy eating please visit: [healthyeating-startshere.ca](http://healthyeating-startshere.ca).

*Cherhill Legion*

## HALLOWEEN

### Breakfast Brunch

**Sunday, October 30, 2016**  
**10:00 A.M - 1:00 P.M.**  
Adults: \$12, 6-12: \$6, Under 6: Free

## Darwell Ag Society Annual Meeting

**November 7, 2016**  
**8:00PM @ Darwell Hall**

**New members welcome!!!**

## HAUNTED HOUSE & HALLOWEEN CARNIVAL

Presented by The Darwell Junior AG  
**Sunday, October 30<sup>th</sup>, 2016**  
From 1 Till 4 P.M. At Darwell Hall

There will be games, prizes and treats for children aged 2 to 12 years old - they can come dressed up if they wish.

For more information,  
Call Deb Stewart (780) 892-2468.

## "Christmas in November" SHOPPING EXTRAVAGAZA

**Where:** Cherhill Community Hall

**When:** Saturday, November 5<sup>th</sup>, 2016  
11:00 a.m. to 3:00 p.m.

Come and Enjoy 30 plus vendors  
Various items/products for a Special Day,  
Crafts for Kids, Lunch at the concession.

**Any questions call Dorothy at 780-785-2506**

## TRUNK OR TREAT

in the hall parking lot from 1 till 4 p.m.  
COME PARK YOUR VEHICLE AND GIVE OUT  
TREATS TO COMMUNITY CHILDREN.



Community members are welcome to dress up and decorate their vehicles if they wish.

Any community members are welcome to participate in the trunk and treat.



# RCMP BEATS

## Submitted by Stony Plain/ Spruce Grove RCMP

Occurrences for the week of 10 October to 16 October, 2016.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 423

Total Calls for Service for the Victim Service Unit: 14

Individuals Charged (all offences not including Impaired): 24

Person Crimes: 49

Property Crimes: 69

Impaired Driving Complaints reported: 12

Impaired Driving Charges Laid: 1

Roadside Suspensions: 1

Motor Vehicle Collisions Attended: 57

Property Crimes:

Spruce Grove

1. October 13 – Area of Linkside Court – Theft from Vehicle, wallet stolen

2. October 13 – Area of Greenbury Manor – Theft from Vehicle, iPod, registration, insurance, garage opener stolen

3. October 13 – Area of Calahoo Road and Church Road – Theft from Vehicle, electronic items stolen

4. October 14 – Area of Landsdowne Drive – Theft from Vehicle, cell phone stolen

5. October 15 – Area of Heron Crescent – Theft from Vehicle, sunglasses, money stolen

6. October 16 – Area of Wedgewood Avenue – Break and Enter to Garage, garage opener stolen from vehicle

Stony Plain

7. October 10 – Area of Oat-

way Drive – Theft from Vehicle, wallet and jacket stolen

8. October 10 – Area of Golden Spike Crescent – Theft from Vehicle, keys and tools stolen

9. October 11 – Area of Garden Valley Drive – Theft from Vehicle, wallet, cash and gift cards stolen

10. October 15 – Area of Brickyard Drive – Theft of Vehicle, 2000 blue Ford F150, 2013 white Arctic Cat 1000XT ATV in truck bed

Rural

11. October 11 – Area of

Township Road 532 and Range Road 272 – Theft of Bicycle, silver “Supercycle”

12. October 13 – Area of Township Road 553A and Range Road 35 – Break and Enter to Garage, 2012 black PJ utility trailer stolen

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Always lock your vehicle doors and close vehicle windows. The majority of Theft from Vehicles, or Theft of Vehicles, are crimes of opportunity.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP At 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477 or text the keyword TIP205 (TIP250 for Edmonton Metro) & your Tip to CRIMES (274637)

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**Guy (780) 461-7686****You are invited to GOSPEL MEETINGS**Alberta Beach Agliplex

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Sundays, 5:00 pm August 14 – November 20, 2016*We will be sharing from the Bible only. You are welcome to come & listen, with no obligations.*

For Inquiries: 780-222-3025

Adrienne Sinclair

Leona Dreger

# THEFT OF WELDING TRUCK

**Submitted by St. Albert RCMP**

2016-1387636: On Thursday October 19, 2016 R.C.M.P. received a report of a stolen flat deck welding truck. The vehicle was stolen overnight from Edward Way area of St. Albert. The vehicle is described as a:

- 2004 White Ford Super Duty Flatdeck

- Alberta Licence Plate DEJ 960 attached to rear of vehicle
- White welding cabinets
- Grey Lincoln 300 AMP diesel welder on back
- Reels and Clamps

If you have information about these incidents, please call the St. Albert RCMP at 780-458-7700 or call your local police. If you want to remain anonymous, you can contact Crime Stoppers.

## JOKE OF THE WEEK

Two monsters went to a party.

Suddenly one said to the other,  
"A lady just rolled her eyes at me.  
What should I do?""Be a gentleman and roll them  
back to her."

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## Christmas Event

**November 3 & 4, 2016**

5:00 PM - 8:00 PM

Onoway Community Hall  
Great family shopping event that supports our local community.**MORE VENDORS WELCOME****Tables are only \$10.****For more information,**  
**Contact Janice**  
**780-964-1297**



# ARRESTED MALE CHARGED AND REMANDED INTO CUSTODY

**Submitted by Whitecourt RCMP**

RCMP File 2016-1382870: Whitecourt RCMP have been tracking an recent uptick in break & enter offences, especially to outbuildings and garages within the municipality.

In the early morning hours of Tues-

day, October 18th, 2016, RCMP Police responded to an attempted theft of a quad and RCM Police Dog Services were summoned to assist in tracking the offender. Several residents called police to report suspicious persons in their yards; this was actually the police tracking the offender.

Shortly thereafter, a resident of

Trading Post Trail called to report an unknown male in a garage there. Dog Services responded and assisted apprehending the intruder inside the garage. The intruder did sustain some injuries during the arrest.

Kristien Anthony Levesque (29) of Whitecourt has been charged with eleven (11) new offences, including

breaking and entering, theft, disguising with intent, possession of property obtained by crime, and breaches of a probation order.

Levesque appeared before a Justice of the Peace yesterday and will next appear in Whitecourt on these charges on October 25th, 2016.

# CELEBRATE SMALL BUSINESS

**Submitted by Oneil Carlier, MLA for Whitecourt-Ste. Anne**

As the MLA for Whitecourt-Ste. Anne and as Minister of Agriculture and Forestry I've travelled the province and talked to hundreds of farmers, ranchers and small business owners. Our small businesses are the best in Canada, with a bigger economic impact per capita than similar businesses anywhere else in the country.

Small Business Week in Alberta is a great time to celebrate these businesses that earn a good living for themselves and their families and inject about \$100 billion a year into our hometowns and neighbourhoods.

We've been listening to small business owners, and have created programs to help them survive and expand, programs like:

- the Alberta Investor Tax Credit of 30 per cent for investment in Alberta small business
- restoring Self-Employment Training programs
- boosting our small business voucher program for small technology development
- expanding funding for small business incubators
- cutting the Small Business Tax by one third to ensure Alberta continues to have the lowest overall tax in Canada – billions lower than any other province

As we celebrate Small Business Week I'd especially like to congratulate all the businesses that were nominated for the Small Business Awards in Whitecourt, and the small businesses in Mayerthorpe and the rest of our constituency – they keep the Alberta economy going.

If you're a small business owner or looking to become a small business owner please visit <http://smallbusiness.alberta.ca/> to learn more about the supports available to you or to

share your thoughts and ideas for how we can keep moving Alberta forward together.

If you're a resident of our area, take the time to visit some local small businesses, tell them how much you

appreciate what they do, and support them with your business!

## Influenza is serious. Immunization works. Get Immunized.

Alberta's influenza immunization program is ongoing.  
Influenza immunization is offered, free of charge, to all Albertans  
six months of age and older.

### Upcoming Immunization Clinics in Your Area

| DATE:                 | TIME:                 | LOCATION:  |
|-----------------------|-----------------------|--|
| Wednesday, November 2 | 2:30 p.m. - 6:30 p.m. | Onoway & District Historical Guild<br>4708 Lac Ste An Trail, <b>Onoway</b> |
| Tuesday, October 25   | 2:30 p.m. - 6:30 p.m. | Alberta Beach Heritage Centre<br>5012 49 Avenue, <b>Alberta Beach</b>      |
| Monday, October 31    | 1 p.m. - 7 p.m.       | Barrhead Agrena, 5607 47 Street<br><b>Barrhead</b>                         |
| Tuesday, November 1   | 3 p.m. - 6:30 p.m.    | Darwell Golden Age Club, <b>Darwell</b>                                    |
| Tuesday, November 1   | 11 a.m. - 5 p.m.      | Mayerthorpe Diamond Centre<br>4814 54 Street, <b>Mayerthorpe</b>           |
| Wednesday, November 2 | 1 p.m. - 6 p.m.       | Barrhead Community Health<br>Services, 6203 49 Street<br><b>Barrhead</b>   |

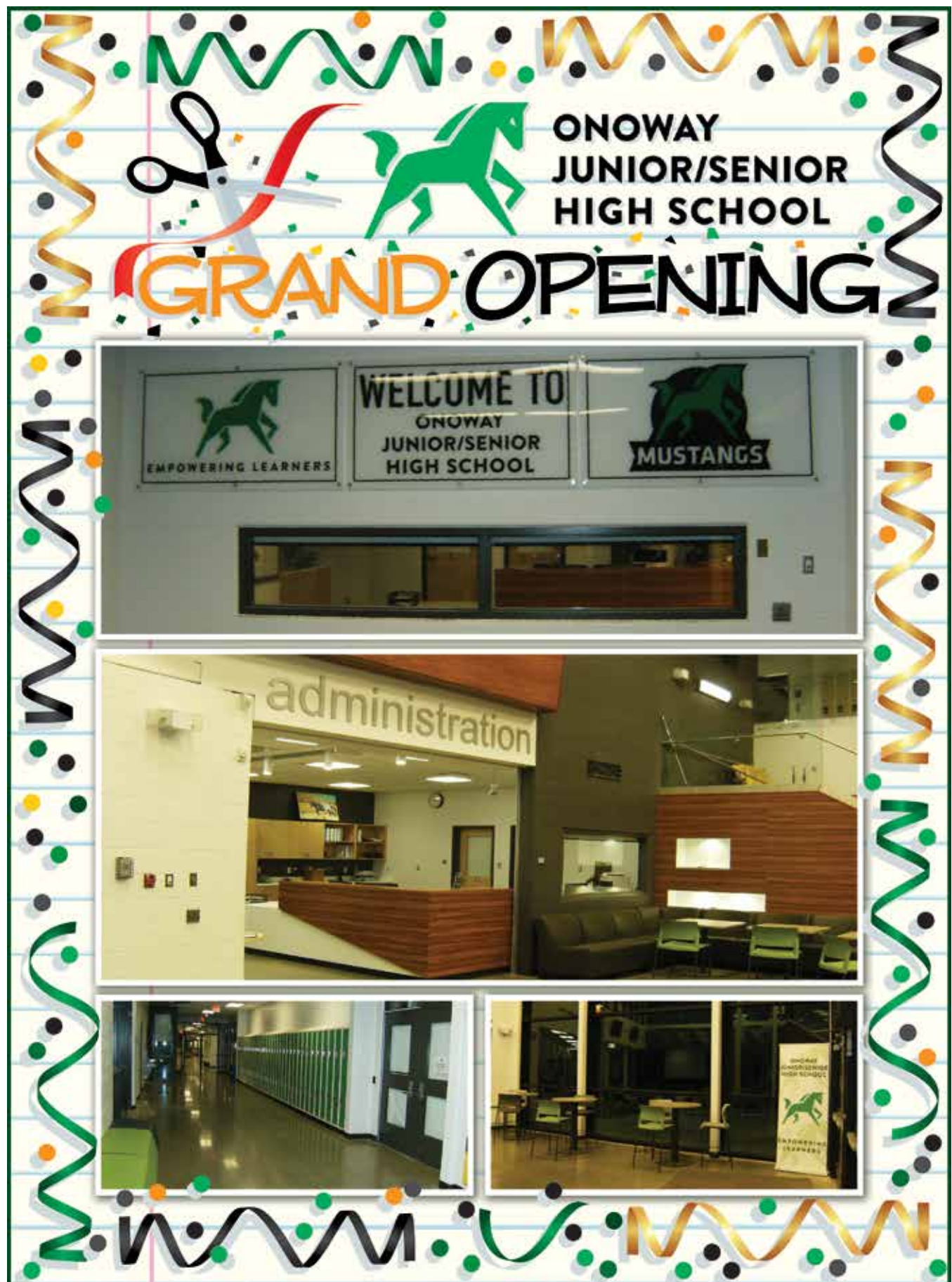
Please bring Alberta Health Care Card. Short sleeves recommended.

Influenza Immunization: Cut Albertans' risk for influenza in half last season.

[ahs.ca/influenza](http://ahs.ca/influenza) | Call 811

 Alberta Government

 Alberta Health Services















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**Terry Slemko**  
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*The waiting is over!  
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# MONTHLY UPDATE OF THE GROWTH ALBERTA BOARD

## Submitted by GROWTH Alberta

The following report provides a brief overview of the Board meeting of the Grizzly Regional Economic Alliance Society held September 26, 2016.

### CARES Program

The government awarded each REDA 100,000 dollars per year for the next two years including this year. These funds are over and above the current MOU. This is an opportunity to bring forth new project ideas. This is noncompetitive non-matching funding. There is more money available in a competitive funding model.

Troy Grainger, Manager – “The recognition and value of belonging to a REDA is quite evident with the increased access to project revenue under the CARES program and other streams. In the last year, GROWTH Alberta members have seen additional access to 4 potential streams where non-members would have access to only one. Separate matching grant resources are being allocated specifically to REDAs to undertake digital connectivity projects, a non-matching portion over the next two fiscal years and ability to access the CARES program as a REDA and as a sub-geographical collaboration. Board strategies and direction will allow membership fees to be leveraged up to 5:1 on projects that will benefit members as individual areas and GROWTH Alberta as a region.”

### GROWTH ALBERTA STRATEGIC THEME & INITIATIVE REVIEW

Youth Retention (Growing Opportunities School Expo)

Administration attended the School Expos in both Barrhead and Whitecourt. Data from the expos is still being tabulated.

### Business Awards of Excellence

The business awards have been ordered. There was a discussion on events and dates for the presentations. Members were asked to provide administration with the award dates and events.

### Tourism Development

### WEB SITE & CONTENT UPDATE

Nikki McKeand discussed where the website development is now and some of the changes requested. Members were asked to find Youtube videos that can be used to enhance the WILD Website and forward them to administration.

### GROWTH ALBERTA OPERATIONAL REPORT:

Troy Grainger went over the Report COMMUNITY ECONOMIC DEVELOPMENT STRATEGIES:

Town of Barrhead – Leslie Penny

- Barrhead Custom Meats is moving to a larger location
- The rodeo was successful
- Tim Hortons will have a counter service and slide out window. There will be no drive thru
- County of Barrhead – Bill Lane
- Meetings with town on the recreation project
- The rodeo was successful
- The Gravel pit project is moving along
- Town of Mayerthorpe – Kate Patrick
- Gasoline Alley construction is ongoing
- There are six new businesses since

spring

- There is a manufactured housing project
- Town of Legal - Trina Jones
- Alberta transportation has pushed back the project 4 times
- AUMA is doing studies in super singles on semi-trucks.
- Town of Swan Hills – Daryn Watson
- Oil is still low
- The waste plant is steady
- Town of Westlock – David Truckey
- Soul sisters raised 51k in 15 minutes
- Rotary Diner Theatre
- Harvest is 35% complete is slow

and tough

- Merger WL Foundation & Sturgeon Homeland Housing
- 2 car dealers celebrating 20yrs for GM and 35yrs Brown's Chrysler
- Collaboration Study
- Curling Alberta Bonspiel
- Lac Ste. Anne County – Cindy Suter
- Fairs were successful
- Budget process nearing completion
- New building is progressing. Hope to be completed in the beginning of the new year.

### NEXT MEETING

Monday, October 31, 2016 Place to be determined at 10:30 am.



## CONTRACT EMPLOYMENT OPPORTUNITY!!

Whitecourt/Lac Ste. Anne Adult Learning

## Community Adult Learning Program Coordinator

We are currently accepting applications for the part-time contract position of a Community Adult Learning Program (CALP) Coordinator. Under the direction of the Adult Learning Board, the CALP Coordinator will be responsible to plan, implement and evaluate adult education & learning programs and maintain the day-to-day operations of these programs within our boundaries. We serve the areas of Whitecourt, Lac Ste. Anne County, Mayerthorpe, Alberta Beach, Onoway, Sangudo, Blue Ridge, and Anselmo.

Duties will include, but are not limited to:

- Plan, develop, coordinate, promote and evaluate programs, and any special events related to adult learning and family literacy.
- Provide written project/financial reports to the Board at their regular meetings.
- Liaise with the Adult Literacy Coordinator on joint initiatives.
- Create project proposals and meet reporting requirements for funding.
- Promote adult learning programs and opportunities in all communities within our service area.
- Network with community organizations, businesses, agencies and stakeholders.
- Meet the requirements of the Community Adult Learning Program Guidelines as set out by Alberta Advanced Education.
- Assist with the development of the Annual Application and the completion of the Annual Report documentation.

Contract position at 20.00/hour

14 -21 hours per week (days and times to be negotiated)

Office is based out of Whitecourt

This position will remain open until a suitable candidate is found.

We thank all applicants for their interest. Only those candidates short-listed will be contacted for interviews.

Please forward your resume or direct any inquiries for this position to:

Trista Court, WLSA Adult Learning Administrator  
c/o Box 219, Sangudo, AB T0E 2A0

Phone: 780-785-3411 or Toll Free: 1-866-880-5722

Fax: 780-785-2359

E-mail: tcourt@lsac.ca

# GREETINGS FROM THE ONOWAY LEGION

**Submitted by Lorinda McCool**

Thank you Adam Farms Ltd. and Onoway Feed and Seed Ltd. for sponsoring the Roast Beef Meal at our Christmas in October Lac Ste. Anne East Food Bank Fundraiser. This meal will be held on October 28th and has been sold out every year. I would greatly recommend reserving your plate early and would ask that you bring non-perishable food items or cash to help out our families in need of a Christmas meal during the upcoming holiday season.

The Lest We Forget concert will be held at the Winspear Center on November 6th and tickets are being sold at the bar for \$25.00 per person. The committee is asking for donations to their silent auction which takes place on the same evening. Please contact Neil Gorman at 780-960-4160 for more information on the concert or to add donations to the silent auction.

The weather on October 14th contributed to a few cancellations at the Oktoberfest Supper, sponsored by Wade Neilson and Allen Parr/The Lac Ste. Anne Bulletin, but the Legion still managed to serve over

ninety meals. Thanks to Heike Post, Bob C., Marcelle J., Lorne O., Sylvia P., Randy W., and Liane W. everyone enjoyed a wonderful Beef Rouladen Meal complete with authentic German side dishes. Lorne O. contributed and peeled a huge twenty six pound kohlrabi, grown in his own garden, and many of the diners tasted raw kohlrabi sticks for the first time. Girl Guides Layla R-B., Brooke R-J. and Oceana F., supervised by Chantal D., did a terrific job of clearing and cleaning the tables. Toes were tapping and fingers were snapping during the entertaining music provided by Helmuth Hansen, Ellen Carlson and Bill Heide before and after the meal. Larry Bonk won the free meal voucher, Louise Bambrick the meat draw and Annette Austin took home her portion of the 50/50 draw. Please be considerate of our senior patrons and do not block the wheelchair access in front of the Legion as it can be very difficult for them to get over the curb and on to the sidewalk.

The Onoway Legion was proud to be selected as caterer to the Alberta Beach Volunteer Appreciation Dinner. We would like to thank all of the many volunteers who contributed

their time and effort to provide a great meal for a worthy cause.

Onoway was well represented by seven members at the District Rally in Stony Plain on October 15th and were treated to an informative meeting and delicious meal. Welcome members Mark Armishaw, Peter Menzel, Rob Ewart and Brian Tonita who were initiated at the Legion on October 16th.

Congratulations to Scott Sadler and Don Grant for placing second in the Area "A" Euchre tournament. They will be representing the Legion at the District playoffs in Jasper Place on October 29th. Going forward to the District Singles 8-Ball tournament on November 12th in Drayton Valley are Rob Ewart, Peter Menzel, Jode Jorgensen and Cory Gyman. Good luck to all! Wayne Perry, Peter Menzel and Cory Gyman placed first, second and third respectively at the fun Singles 8-Ball Pool tournament held in Onoway on October 16th. Tuesday night darts were very popular with Becky Bolden returning and new players Sammy Stevens and Earl L'Heureux competing as part of thirty seven participants. The Larry Miller Memorial Dart Tournament will be held

on Saturday October 29th so be sure to register your four person mixed team (one member of the opposite sex) ASAP.

## UPCOMING EVENTS:

October 25 - Tuesday Night Darts – Registration 6:45 to 7:15 pm. Play at 7:30 pm.

October 28 - Friday Night Supper – Roast Beef – Christmas in October Food Bank Fundraiser - 5:30 to 7:00 pm.

October 29 - Larry Miller Memorial Dart Tournament – Registration 8:00 to 8:45 am. Play at 9:00 pm.

November 1 - Tuesday Night Darts  
November 2 - Wednesday Night Pool – Registration 7:00 pm. Play at 7:30 pm.

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen, Cheryl Sadler @ 780-967-4146 for membership, Neil Gorman @ 780-960-4160 for sports and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!



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# INFLUENZA IMMUNIZATION PROGRAM BEGINS MONDAY

Submitted by Alberta Health Services

Starting Monday (October 24), Albertans will have the opportunity to protect themselves and others against influenza through Alberta's annual influenza immunization program.

Offering influenza immunization, free of charge, to all Alber-

tans six months of age and older, Alberta's program will make vaccine available at hundreds of Alberta Health Services (AHS) public influenza immunization clinics – as well as some pharmacists and physician offices – around the province.

"We are already seeing cases of influenza in Alberta," says Dr. Kathryn Koliaska, Medical

Officer of Health in North Zone. "You may be healthy now, but without immunization everyone is at risk. Prevention is your only protection."

Immunization is the most effective means of protecting against the strains of influenza virus circulating this season. Because those strains change from season to season, Albertans are reminded that they cannot rely on having been immunized in years past.

"Last season, influenza immunization cut Albertans' risk for influenza in half. That's great, but last year's immunization won't protect you this season. You need this season's immunization to be protected," says Dr. Koliaska.

In six months alone last season, more than 1,600 Albertans were hospitalized with influenza and 62 Albertans died. Influenza causes more emergency depart-

ment visits than heart attacks and strokes, and hospitalizes more children than poisonings.

"Influenza does not discriminate," reminds Dr. Koliaska. "Though some Albertans are at greater risk of severe complications, no one is immune to its potentially severe impact. Please don't take that risk."

"For yourself, and your loved ones, get immunized."

Find more information, including local clinic schedules, Albertans can visit [www.ahs.ca/influenza](http://www.ahs.ca/influenza) or call Health Link at 811.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

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# PARLIAMENT UPDATE – WEEK OF OCTOBER 17, 2016

**Submitted by Jim Eglinski, MP – Yellowhead**

This week in Parliament, we covered a range of topics including ISIS, gender equity, GST rebates for schools, maternity assistance, and human rights.

The following was debated in the House:

- Bill C-4 – An Act to amend the Canada Labour Code, the Parliamentary Employment and Staff Relations Act, the Public Service Labour Relations Act and the Income Tax Act (Third Reading)

- Bill C-13 – An Act to amend the Food and Drugs Act, the Hazardous Products Act, the Radiation Emitting Devices Act, the Canadian Environmental Protection Act, 1999, and the Canada Consumer Product Safety Act (Report Stage & Third Reading)

- Bill C-16 – An Act to amend the Canadian Human Rights Act and the Criminal Code (Second Reading)

- Bill C-24 – An Act to amend the Salaries Act and to make a consequential amendment to the Financial Administration Act (Second Reading)

- Bill C-26 – An Act to amend the Canada Pension Plan, the Canada Pension Plan Investment Board Act and the Income Tax Act (Second Reading)

- Bill C-225 – An Act to amend the Criminal Code (injuring or causing the death of a pre-born child while committing an offence). This bill was defeated at Second Reading in a vote on Wednesday (76 in favour and 209 opposed).

- Bill C-237 – Candidate Gender Equity Act (Second Reading)

- Bill C-240 – An Act to amend the Income Tax Act (tax credit – first aid) (Second Reading)

- Bill C-241 – An Act to amend the Excise Tax Act (school authorities) (Second Reading)

- Conservative motion

on the Softwood Lumber Agreement

- Bill C-243 – National Maternity Assistance Program Strategy Act (Second Reading)

- Conservative motion concerning genocide of the Yazidi people by ISIS

- Motion 42 – Tax Avoidance

On Monday, I participated in the debate on the Conservative motion calling on the Liberal

Government to take immediate action on softwood lumber. The government failed to negotiate a final agreement with the U.S. before the expiry of the last trade agreement on October 12, 2016. You can read my comments at: <http://www.parl.gc.ca/content/hoc/House/421/Debates/091/HAN091-E.PDF> (beginning on page 49).

This week in the Standing Committee on Environment and Sus-

tainable Development (ENVI), we discussed Federal Protected Areas and Conservation Objectives. For more information on these meetings, visit: [www.parl.gc.ca/Committees/en/ENVI](http://www.parl.gc.ca/Committees/en/ENVI)

This week, I attended 14 meetings and two events. My next update will be on the happenings of Parliament as it continues to sit next week.

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# AutoTUNE-UP

## 4 REASONS FOR A CHECK ENGINE LIGHT

Vehicles rely on many components working harmoniously to function at optimal capacity. Any number of systems can go wrong, and oftentimes the first indication that something has gone awry is an illuminated dashboard signal.

One such signal is the "check engine" light. Many drivers have little idea what to do when this indicator lights up, and this light can cause some anxiety. According to Consumer Reports, a check engine light turning on does not usually require immediate action. However, it does mean that you should make an appointment to have the vehicle inspected for potential problems.

Check engine lights are part

of a car's onboard diagnostics. The light turning on may indicate something minor, such as a loose fuel cap, or something more serious like a misfiring engine. When the light turns on, drivers wondering why may want to see if the answer is related to one of the following issues.

1. Loose gas cap: Fuel vapors can leak out and air can get in when the fuel cap isn't secured correctly. This can compromise the fuel system and make the check engine light come on. Take off the cap and then re-seal it to see if that alleviates the problem. Cracked caps will need to be replaced.

2. Dirty oxygen sensor: A faulty or clogged sensor may

not provide the right information about unburned oxygen from the vehicle's exhaust. This sensor monitors how much fuel is burned. Compromised data can cause a decrease in fuel efficiency. Some do-it-yourselfers can replace an oxygen sensor on their own, but those who can't should have the issue addressed immediately by a professional.

3. Too much speed or load: Towing a trailer or another heavy item may put strain on the vehicle and cause the light to come on because of loss of power. Lightening the load and reducing speed can help fix the problem. Always consult with the owner's manual to determine the towing capacity of

your vehicle.

4. Short or faulty code: Computers aren't always fool-proof, and sometimes an electrical short or another similar problem can cause a light to come on. Bring the vehicle to an automotive supply store. Such stores typically have diagnostics tools that can be hooked into the car's computer and provide a more detailed understanding of what is triggering the check engine indicator.

In many cases, a steady check engine light is not a serious concern. However, when such a light comes on, drivers should try to find out why as soon as possible.



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## HOW TO PROTECT YOUR CAR'S RESALE VALUE

Few drivers start thinking about resale value when driving a new car off of the dealership lot for the first time. Still enamored with that new car smell, drivers can be excused for not thinking of resale value as they put the pedal to the metal and speed off in their brand new ride.

But it's never too early to start protecting a vehicle's resale value, especially if you hope to recoup as much of your vehicle investment as possible when the time comes to sell your car or trade it in for a newer model. The following are some ways motorists can protect the resale value of their vehicles from the moment the dealer tosses them the keys.

- Keep all maintenance records. New cars typically do not require much maintenance. But drivers should keep records of all work and maintenance done on their vehicles, even if that work does not extend beyond routine tuneups or oil changes. Keeping maintenance records shows prospective buyers you prioritized taking care of the vehicle over the years, and that makes the car or truck more attractive to preowned vehicle buyers who want to avoid buying a lemon or a car that has not

been taken care of.

- Don't overlook looks. Looks can be deceiving, but new car buyers who eventually plan to sell their vehicles should do all they can to keep the car looking as new as it did the day it was first driven off the dealership lot. Much like homeowners benefit when selling a home with curb appeal, a car that looks good gives buyers the impression that it was well taken care of. But a dirty car or one with lots of dings and dents is a red flag to preowned car buyers.

- Keep a clean interior. New car owners typically maintain some strict rules with regard to food and beverages in their vehicles. After all, no one wants their brand new car to succumb to stains or spills. But the longer drivers have a car the more lax they tend to become with regard to allowing food and drinks into their cars, and that can ultimately hurt the resale value of the vehicle. Maintain a clean interior whether you just bought the car or have driven it for a few years. Much like an impressive exterior leaves a lasting impression, a clean interior that has not succumb to coffee stains or muddy boots is more likely to impress buyers than a car with

an interior that has seen better, cleaner days.

- Drive defensively. It's not just what you do to a car but how you drive the car that can affect its resale value. Driving defensively reduces your risk of accident, and an accident-free preowned vehicle is a top priority for potential buyers. But driving defensively also reduces wear and tear on your vehicle, as over time constant stop-and-go, aggressive driving takes its toll on vehicle engines and other components.

- Periodically examine the vehicle history report. Today's preowned car buyers know to ask for a vehicle history report before buying a car. If your vehicle history report contains

any suspicious or inaccurate information, you may be forced to sell the car for less than it's worth or delay selling until you can have any issues corrected. That won't necessarily happen overnight, but you can avoid dealing with a host of issues all at once by periodically examining the vehicle history report. Any discrepancies on the report can be brought to the attention of your insurance company, who can then work with you to correct the issues and restore your vehicle's reputation.

Resale value may not be foremost on the minds of new car owners, but the earlier buyers begin to factor resale value into their car-care routines, the more they will benefit down the road.




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Darwell Hall, 780-721-2690

Darwell Seniors, 892-2457

Glenevis Hall, 785-4144 or 721-6188

Gunn Hall (G.A.R.S.) 780-967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Hall, 892-2998.

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Oneway Community Hall, 967-4749.

Oneway Legion, 967-4980

Oneway Museum Gym classroom, 967-5263 or 967-1015

Park Court Community Hall, 727-4476

Parkland Village, 960-5556

Ravine Community Hall, 325-2240

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|   |   |  |
|---|---|--|
|  <p><b>Newly Updated 3 Bedroom Home With a Full Basement</b> Nestled in the Trees on 11 Acres Shows a "10". Extras Include an Attached Garage, Huge deck, Firepit Area, Small Barn, and Some Game Fencing! <b>\$358,900</b></p>  |  <p><b>This Newly Updated Victorian Home Has a Bright Open Living Room, 2 Bedrooms, an Updated Kitchen, a New Bathroom, and a Loft.</b> Extras Are New Shingles, Stucco, Paint, Windows, Fixtures, and Flooring! <b>\$129,900</b></p>   |  <p><b>This Attractive 1217 sq ft Home Features a Huge Country Kitchen, a Bright Living Room, 3 Bedrooms, &amp; 2 Baths.</b> Extras Include a Newer Deck, Great Landscaping, a Garden Spot, 2 Sheds &amp; Fenced Yard <b>\$169,900</b></p>  |
|  <p><b>5 Bedroom Home With a Full Basement on .49 acres Has a Large Kitchen, a Spacious Living Room, and a 4 pce Bath!</b> <b>\$73,000</b></p>   |  <p><b>Great 1270 Sq Ft Family Home! This Home Has a Bright &amp; Attractive Country Kitchen, Huge Living Room, 3 Spacious Bedrooms, 2 Baths, Large Rec Room, &amp; a Covered Sun Deck With Built in Seating.</b> Included is a Double Car Garage &amp; Nicely Landscaped Yard. <b>\$209,900</b></p>  |  <p><b>Located in The New Subdivision in Evansburg Complete With Walking/ Bike Trails is This Perfect Residential Lot To Build Your New Home On.</b> <b>\$28,500</b></p>  |
|  <p><b>Fantastic 4 Bedroom Family Home With a Finished Basement on a Double Lot! Features Include a Large Country Kitchen, a Bright Living Room, 2 Baths, a Huge Rec Room, a Covered Patio &amp; a Double Garage With Power!</b> <b>\$199,900</b></p>  |  <p><b>Great 5 Bedroom Family Home With a Finished Basement Features an Open Kitchen, a Bright Living Room, Two 4 Piece Baths, a Family Room, a Front and Back Deck, Fenced, a Garage, and Close to Schools!</b> <b>\$235,500</b></p>   |  <p><b>Great Find! This 3 Bedroom Home Located Downtown Has an Updated Kitchen &amp; Bathroom, a Sunroom, &amp; a Full Basement!</b> <b>\$119,900</b></p>   |
|  <p><b>This Great 3 Bedroom Family Home on 13 Acres Has a Large Country Kitchen, a Bright &amp; Open Living Room With a Fireplace, 3 Bedrooms, 2-4 pce Baths &amp; a Huge Deck. Also There is a Gorgeous Yard and a Storage Shed!</b> <b>\$229,900</b></p>   |  <p><b>Beautiful Home on 1.44 Acres Right in Town Has 5 Spacious Bedrooms, 4 Bathrooms, a Huge Oak Kitchen, a Separate Dining Area, a Den/Office, a Living Room Complete With a Fireplace, a Rec Room an Attached Garage, 2 Covered Decks, and a Paved Driveway.</b> Also Included is an Older 2 Storey Home and a Garage! <b>\$375,000</b></p>   |  <p><b>Country Charm at its Best! This Attractive 1517 sq ft Home Has 4 Bedrooms, Bright &amp; Updated Kitchen, Dining Area With a Bay Window, Spacious Living Room, Huge Rec Room, 2 Baths, Cold Room &amp; a Workshop. Extras are Double Car Garage With Power &amp; Cement Pad, Rv Parking, and Parklike Setting.</b> <b>\$339,900</b></p> |
|  <p><b>Located in Entwistle at the Gateway to the Pembina Provincial Park and Right Off Hwy16 enroute to the Jasper National Park is the Perfect Spot For Your Own Antique Store or Other Retail Business. On a Double Lot on the Corner of Main Street is The Perfect Location For Starting Your Own Business!</b> <b>\$279,900</b></p> |  <p><b>This Newer Custom Executive Home on 1.08 Acres in Town is Amazing! It Has a Grand Entry, a Dream Kitchen, Stunning Living Room, 4 Huge Bedrooms, 2 Baths, Spa Like Ensuite, Large Family Room, &amp; an Office. Included is a 1200 sq ft Shop With In Floor Heating, 3 pce Bath and a 12' Door, Fenced Yard, Mature Trees, &amp; Professional Landscaping!</b> <b>\$375,000!</b></p> |  <p><b>SOLD</b></p>   |



# Classified Ads - Call 962-9228

## Computers

Computer Repairs Only \$50. Trade yours Bad or get good working Laptops or Desktops for Only \$135. FREE repairs for single parents. Computer Donations Welcome! 780-892-4993

## Feed & Seed

1200 - 1300 lb Hay Bales: Alfalfa

Timothy @ \$50, Meadow-Brome, Fescue, Orchardgrass, Timothy Mix @ \$40, \$50, \$60. 1-780-924-3392 Alberta Beach

## Firewood

His Helping Hands Firewood - Poplar for sale, \$200/cord + delivery. All profits go to charity. 780-218-4177

Firewood For Sale: Birch, Spruce & Poplar. Dry & Split, No

Delivery. Call 780-967-5179

Firewood For Sale: Birch, Spruce, Pine, Poplar. 1 year old, well seasoned, cords and 1/2 cords, 1.0, 1.5 cft bundles. Pick up or Delivery. Woodchuck Firewood, 780-288-7247 email: woodchuckwood@hotmail.ca

## For Sale

Electric Chair Lift - Excellent Condition. Asking \$350.00, Call

780-785-2454

## For Rent

Onway Suites for Rent. 1 bedroom \$795, 2 bedroom \$895. Call 780-721-4132, 780-920-3652

2 bedroom, 1 bath home beautiful country setting near Ross Haven. No smoking, pets negotiable. If you are a handy person and don't mind doing chores on the acreage, rent will be decreased each month. \$1500/mo. Utilities included. No TV. Please call Shari at 587-899-3473 after 7pm or email si@secondwindenterprises.com

House For Rent, Wabamun. Top floor only, recently renovated, detached garage, 3 bedrooms, 1 bathroom. \$1000/month + utilities, DD Same. N/S, N/P, References Required. Available Immediately. Call or text 780-305-7077 or email dismoole@hotmail.com

Alberta Beach Hotel Rooms for Rent. Newly upgraded, \$60 per night or \$650/month. For more info please contact Laurie @ 780-924-3005

**Office/Bay For Rent in Spruce Grove** - partial or full bay. Call for more information 780-945-0604.

## Real Estate



Beautiful well maintained 1040 sq. ft. 3 Bdrm. bi-level home located in Spruce Grove for sale for \$354,900. For full listing and pictures visit [www.comfree.com/719763](http://www.comfree.com/719763). Call 780-239-7941

**NEED CASH?! We Buy: Estates & Complete Households, We Pay Cash!!** 780-727-2724

## Church Directory

|  |   |  |   |   |
|--|---|--|---|---|
| <b>Rich Valley Community Church</b><br>Sunday School<br>10:00 a.m.<br>Worship Service<br>11:00 a.m.  | <b>Catholic Parish of Lac Ste. Anne</b><br>Sunday<br>10:00 a.m.   | <b>St. John's Anglican Church</b><br><i>Onaway</i><br>Sunday Service<br>10:00 a.m.<br><i>Everyone Welcome</i>  | <b>Mayerthorpe Baptist Church</b><br>Worship Service<br>Sunday 10:30 a.m.<br>Children's Church<br>10:30 a.m.<br>4106-54 St. Mayerthorpe<br>(780) 780-2677 | <b>St. John's Lutheran Church</b><br><i>Alberta Beach</i><br>Sunday Service<br>11:00 a.m.<br>Sunday School  |
| <b>Zion United Church</b><br>Sunday Service<br>10:00 a.m.<br>Sunday School<br><i>Serving Alberta Beach, Wabamun, Damsell &amp; Lake Isle, Onaway &amp; Area</i><br>(780) 924-3353  | <b>St. Joseph's Catholic Church</b><br>Sunday Mass<br>11:30 a.m.<br>Wabamun, AB   |  | <b>Sangudo St Mary the Virgin Anglican Church</b><br>Sunday Services:<br>2nd & 4th Sunday<br>Holy Communion<br>11:00 a.m.                                 | <b>Sangudo United Church</b><br>Sunday Services<br>1st and 3rd Sun.<br>of each month<br>Worship Service<br>11:00 a.m.   |
| <b>Trinity Lutheran Church (LC-C)</b><br><i>"The Church of the Lutheran Home" - Redford Bridge</i><br>Pastor Dan Hansard<br>Church (780) 778-2033<br>Sunday Worship<br>9:00 a.m.<br><i>Senior's Service &amp; Communion Bible Study - Please see locations</i> | <b>Mayerthorpe Pentecostal Assembly</b><br>P.A.O.C. Rev. Arnold Lotholz<br>Sunday 10:30 a.m.<br>Morning Service<br>Tuesday 7:30 p.m.<br>Ministry Training<br>(780) 786-2424 | <b>St. Michael Lutheran Church</b><br>Sunday Services<br>1st & 3rd Sunday<br>at 2:30 p.m.<br>Rev. Horst Gutsche<br>(780) 674-3944<br><i>Mystery Lake</i>                   | <b>Onaway Baptist Church</b><br>Sunday Service<br>10:00 a.m.<br>Youth Group<br>Friday 7:00 p.m.<br>(780) 967-2266   | <b>Mayerthorpe United Church</b><br>Mayerthorpe Rev. Alwin Maben<br>Sunday Worship 9:30 a.m.<br>to be held at the Peter Tremblay Community Centre<br>at Pleasant View Lodge<br>Until Further Notice<br>PH: (780) 786-2134 |
| <b>Alberta Beach Alliance Church</b><br>Sunday Worship Service & Kid's Church 10:00 a.m.<br>Sunday School<br>10:00 a.m.<br>(780) 924-3282  | <b>Cherhill Community Church</b><br>Sunday School<br>10:00 a.m. - 11:00 a.m.<br>Worship Service<br>Sunday 11:00 a.m.  | <b>Roman Catholic Church</b><br><i>St. Agnes' Parish, Mayerthorpe</i><br>Sunday 9:00 a.m.<br><i>St. Elizabeth Parish, Evesburg</i><br>Saturday 7:00 p.m.<br>(780) 786-2032 | <b>Calahoo Alliance Church</b><br>Family Worship Service Sunday<br>10:00 a.m.<br>For Info Call Jerry<br>(780) 974-7734                                    | <b>Rock Victory Church Worship Celebration</b><br>Sunday Worship w/ Children's Ministry<br>10:00 a.m.<br>Wednesday Prayer & Bible Study 6:00 p.m.   |

# COMMUNITY EVENTS 2016

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          |        | 1        |
| 2      | 3      | 4       | 5         | 6        | 7      | 8        |
| 9      | 10     | 11      | 12        | 13       | 14     | 15       |
| 16     | 17     | 18      | 19        | 20       | 21     | 22       |
| 23     | 24     | 25      | 26        | 27       | 28     | 29       |
| 30     | 31     |         |           |          |        |          |

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

**OCT - PARKLAND POTTERS CROOKED POT GALLERY: HAUNTED BY THE PAST.** Functional pottery with layers of historical design by Jeannette Wright. 4912-51 Ave., Stony Plain.

**OCT 29 - GUNN CRIB TOURNAMENT,** Registration 10am-11am. \$20/person. 780-951-9452

**OCT 30 - CHERHILL LEGION HALLOWEEN BREAKFAST BRUNCH,** 10am-1pm. Adults: \$12, 6-12: \$6, Under 6: Free

**NOV 4 & 5 - "PLUGGING INTO ALBERTA'S ENERGY FUTURE."** A Citizens' Forum on Climate Change presented by Edmonton Chapter/Council of Canadians. Keynote Speakers and Facilitated Workshops. Friday Panel @ City Hall Main Floor, 7-9:30pm. Saturday @ U of A Education South, Ed. 129, 9:30am-5pm. FREE! Donations welcome.

**NOV 5 - THE STONY PLAIN WOMEN'S INSTITUTE: COTTAGE CRAFTERS SALE,** 10-3pm at the Stony Plain United Church, 5012-51 Ave. Admission is \$2.

## FARMERS MARKETS

**ALBERTA BEACH:** Open Every Sunday, May - Oct, 12-3pm. Contact Joanne 780-690-6392

**BARRHEAD:** Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802

**ONOWAY FARMERS' MARKET** presented by the Onoway & District Ag Society, Fridays 4pm-8pm at the Community Hall. Starts May 1<sup>st</sup>. Janice (780) 667-6327. onowayfarmersmarket@gmail.com. New vendors welcome!

**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30, tables (780)240-5821

**STONY PLAIN:** Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.

**WESTLOCK:** 11-3pm, Bargain Shop Mall, Dave 780-954-2437

**WHITECOURT:** Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

## BINGO

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Lonee #1 & #2.

**CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors Open at 6:30pm, Games at 7pm.

**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00 Noon

**MAYERTHORPE ROYAL CANADIAN LEGION:** Tues, doors 6:30pm, bingo 7:30pm

**RICH VALLEY COMMUNITY HALL BINGO:** 7:30pm. Lonee Pots. Next bingos November 2, 16 & 30, December 14 & 28.

**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

## JAMBOREES

**CALMAR:** Wilton Park Community Hall, Every 4<sup>th</sup> Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

**CHIP LAKE:** Ravine Comm Hall, 1<sup>st</sup> Sat 325-2119 or 325-2391

**SANGUDO:** Sangudo Community Hall, 1<sup>st</sup> Sat of month 7pm, Oct-May. Everyone welcome. 785-4105 or 305-3688.

**SPRUCE GROVE:** at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.

**THE ABBOTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of each month @ 7pm. PH: 780-918-8545, Admission is Donations Only.

## MEAT DRAWS

**Alberta Beach Museum:** Every Sat 4pm, Alberta Beach Hotel

**Alberta Beach:** 4pm, Every Sun. Jungles Bar & Grill  
**Barrhead Royal Canadian Legion:** every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.

**Darwell:** Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant

**Onoway Royal Canadian Legion:** every Fri Ph. 780-967-5361

**Stony Plain Royal Canadian Legion Br# 256:** Every Saturday @ 3pm. Meat Draw & 50/50.

**Whitecourt Legion:** Every Sat, 4pm. Located

downtown behind the CIBC.

## SOCIAL EVENTS

**50+ YOUNG AT HEART LUNCHEON** for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3<sup>rd</sup> Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.

**ALBERTA BEACH & DISTRICT ACTIVE 50+ Club** activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).

**BADMINTON:** Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

**BARRHEAD PHOTO CLUB:** 1<sup>st</sup> & 3<sup>rd</sup> Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-1710.

**JR. SCRAPBOOKING** Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

**LAC STE ANNE COMMUNITY CHOIR,** Accepting new members for all voice ranges. Men & women 18 yrs & over. Weekly practice Wednesdays at Alberta Beach Heritage Center from 7-9pm. For info call Eunice @ 780-618-7865.

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1:00pm. Exercise Fridays, 10:00am. 1<sup>st</sup> Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.

**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.

**ONOWAY MUSEUM:** Gym & classroom 780-967-1015 or 780-967-5263

**ONOWAY ROYAL CANADIAN LEGION** open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)

**PANCAKE/BREAKFAST SOCIAL:** Parkland Village Community Centre - 3<sup>rd</sup> Sunday (except June, July, August) 9-11:30am

**RIVER TALKERS TOAST MASTERS CLUB,** every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Loraine 286-5040.

**SANGUDO ART GROUP:** Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St. Stony Plain). 2<sup>nd</sup> Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032

**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St. Stony Plain). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

**SQUARE DANCE LESSONS:** Thursdays 7-9pm. Starts Sept 29<sup>th</sup> to Dec 15<sup>th</sup>, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or i.squaredance2016@gmail.com

**WRITERS PROGRAM:** Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1pm.

**VOLUNTEER TUTOR ADULT LITERACY PROGRAM**

**NOV 5 - JAMBOREE,** 7:00pm at Sangudo Community Hall. \$8/person (entertainer's free), Late lunch served. Everyone Welcome. Info call 785-4105 or 305-3688.

**NOV 9 - SANGUDO GOLDEN CLUB REGULAR MEETING,** 1:30pm. Newcomers Welcome. Info call 785-4105.

**NOV 14 - ORIENT FAMILY RESTAURANT: "LUNCHEON FOR LIGHT UP YOUR LIFE"**, 11:00am - 2:30pm. ALL PROFIT WILL BE DONATED to the "LIGHT UP YOUR LIFE" CAMPAIGN. 4305 South Park Drive in STONY PLAIN (By Movie World). Phone: 963-8277.

**NOV 19 - 3RD ANNUAL CHARITY VARIETY SHOW,** 7pm at the Pioneer Centre, Spruce Grove. Admission: By Donation Only at the Door. Dress: Casual. For Info Call: Amanda at 780-236-3480.

**NOV 23 - LIGHT UP YOUR LIFE SILENT AUCTION,** 12:00 - 7:00 P.M. at Westview Health Centre, Stony Plain. Over 200 Items. Everyone Welcome

(VTALP): Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsac.ca

## MEETINGS

**1ST ONOWAY SCOUTS:** Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

**3053 ROYAL CANADIAN ARMY CADETS,** Onoway Historical Centre, Wed, 6:45pm-9:30 for youths 12+. 967-0443

**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

**526 Barrhead Air Cadets,** Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-674-4058 or 780-674-9003

**AA - Mayerthorpe,** Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927

**AA - Sangudo Golden Club,** Tues 8pm call 786-4402/785-9214/785-3599

**AL-ANON:** Tues 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

**AL-ANON** Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205

**ALBERTA 55 PLUS:** Villeneuve Hall at 10a.m. New Members Welcome. Meetings on 2<sup>nd</sup> Tues of the month. Info from Donna 780-962-5933

**ALBERTA BEACH & DIST LIONS CLUB** meets every 4<sup>th</sup> Tues 7pm, Alberta Beach Agplex.

**ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs. of month, 7pm, Agplex

**ALBERTA BEACH MUSEUM** meets the 2<sup>nd</sup> Wed, 7pm at Heritage House 924-3167.

**ALCOHOLICS ANONYMOUS** IF Drinking is a Problem, call 780-236-1043

**BARRHEAD ROYAL CANADIAN LEGION,** general meeting every 2<sup>nd</sup> Thurs, 7pm at the Legion Hall.

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12pm, Alberta Beach Agplex. Sept-June. Info call Melissa 780-297-1892.

**Citizens Helping In Life's Defence (C.H.I.L.D)** Join our Pro-Life meetings for the Spruce Grove/ Stony Plain area once a month. Call Chris 780-963-6997.

**CITIZENS ON PATROL:** The Pembina Community Watch Patrol Meets 2<sup>nd</sup> Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8pm, 1<sup>st</sup> Mon, Darwell

**DDRA MEETING,** 7pm, 2<sup>nd</sup> Mon (except Jul/Aug/Dec), Darwell 892-3099.

**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.

**GLENEVIS COMMUNITY** meets 1<sup>st</sup> Wed. Info 785-4144 or 721-6188.

**GREENCOURT COMMUNITY ASSOCIATION** meet 2<sup>nd</sup> Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.

**KINETTE CLUB OF MAYERTHORPE,** 7:30pm at Kinsmen Hall, 1<sup>st</sup> Tues of each month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30 at Onoway Museum (780) 967-0443

**LAKE ISLE HALL BOARD:** 3<sup>rd</sup> Tues, 7:30pm, Lake Isle Hall.

**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4<sup>th</sup> Mon, 5pm in Hospital Basement Education Room.

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have

questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

**NA MEETING** Tues, 7pm Poplar Valley Church (780)514-6011

**ONOWAY & DIST HERITAGE SOCIETY:** 2<sup>nd</sup> Wed of each month, 7:30pm, Chateau Lac Ste Anne

**ONOWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7pm, Onoway Museum. 967-5263 or 967-2452.

**ONOWAY QUILTERS,** 2<sup>nd</sup> & 4<sup>th</sup> Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.

**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1<sup>st</sup> Mon, 7pm (Sept-June).

**ONOWAY MASONIC LODGE #138,** 4<sup>th</sup> Wed, 7:30 Onoway Legion

**ONOWAY OSPREY JUNIOR FOREST WARDENS** Ages 6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onoway Heritage Centre & monthly outings. Martin 780-963-1646

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agplex on the 2<sup>nd</sup> Wed of the month. 7:00pm.

**RIVER TALKERS TOASTMASTERS CLUB** Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.

**SANGUDO PAINTING GROUP:** Every 1<sup>st</sup> and 3<sup>rd</sup> Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258

**WEIGHT WATCHERS** Alberta Beach Agplex - Mondays, weigh in 6:30pm. Meeting at 7pm.

**TOPS Meetings (Take Off Pounds Sensibly)**

**ALBERTA BEACH:** Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

**ENTWISLE:** Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982

**EVANSBURG:** Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155

**SANGUDO:** Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

**MEALS ON WHEELS**

**ALBERTA BEACH & AREA:** call (780) 910-0034.

**DARWELL & AREA:** For info on volunteering or eligibility, call Lorraine, 892-2967.

**ONOWAY & DIST:** Frozen & hot meals available. Call 967-2338 or 967-5244.

**YOUR COMMUNITY**

**ALBERTA BEACH BADMINTON:** Tues, 7-9pm Grasmere School. Tim 924-3337

**SEA CADETS:** 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 for youths 12-18, 963-0843

**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9-3pm. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway. Open Fri & Sat, 10am-4pm.

**WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1-2:30 pm.



# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### ANSWER:

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 6 | 8 | 7 | 3 | 9 | 2 | 4 | 5 |
| 2 | 7 | 4 | 8 | 5 | 6 | 1 | 3 | 9 |
| 9 | 5 | 3 | 1 | 2 | 4 | 8 | 7 | 6 |
| 5 | 4 | 7 | 9 | 8 | 2 | 6 | 1 | 3 |
| 8 | 3 | 1 | 6 | 7 | 5 | 4 | 9 | 2 |
| 6 | 9 | 2 | 4 | 1 | 3 | 5 | 8 | 7 |
| 3 | 8 | 6 | 2 | 4 | 7 | 9 | 5 | 1 |
| 7 | 1 | 9 | 5 | 6 | 8 | 3 | 2 | 4 |
| 4 | 2 | 5 | 3 | 9 | 1 | 7 | 6 | 8 |

**Like puzzles?** Then you'll love sudoku.

This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 |   | 8 | 7 | 3 |   |   |   |   |
|   | 7 |   | 8 | 5 |   |   |   | 9 |
| 9 | 5 |   |   | 2 |   |   |   | 6 |
|   |   |   | 9 | 8 | 2 |   |   |   |
| 8 |   |   | 6 | 7 | 5 |   | 9 |   |
|   |   |   |   |   |   | 5 |   | 7 |
| 3 |   |   |   |   | 7 |   |   | 1 |
|   |   | 9 | 5 |   |   |   | 2 | 4 |
| 4 |   |   |   |   | 1 |   | 6 | 8 |



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