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**November 22, 2016**

## 9 READINGS AND CAROLS

Submitted by **Brenda Rusin**

“Joy to the World! The Lord is come.” While the commercial aspect of the Christmas season can be found all around us, we’ve often commented on how nice it would be if we could slow things down and enjoy the TRUE meaning of Christmas.

For more than 40 years, the church communities in Evansburg and Entwistle have gath-

ered together to do just that. This year, on December 7, everyone is invited to join us for 9 Readings and Carols, an evening to listen to Scripture readings that tell the Christmas story, and sing some favorite Christmas carols. Each year, members of the various denominations take turns reading a scripture passage, and through the years, there has been a wide variety of musical performers with their renditions of Christmas carols. Refreshments

will be served, and there will be time to visit with fellow community members.

Please join us on Wednesday, December 7th at 7 PM at St. Elizabeth church, 5015 - 50 Ave, Evansburg. Remember, everyone is welcome, whether you’ve “been to church” lately or not! If you have any questions, please call Liz at 780 727-3872 or Brenda at 780 727-4476.

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## PROVINCE INVESTING IN RURAL ROADS AND BRIDGES

Submitted by **Government of Alberta**

The Government of Alberta restored funding to STIP as part of the \$34.8-billion Capital Plan that is putting Albertans back to work, connecting communities and improving safety and travel on our highways.

“Restoring this funding means Alberta’s towns and counties will have the roads and bridges they need to grow sustainably. These investments will also create jobs for construction and engineering firms and workers involved in capital projects. Through our recent engagement, we heard from rural communities and worked to revise the program to better meet their needs.” - Brian Mason, Minister of Transportation and Minister of Infrastructure

In 2017-2018, \$35 million in funding for local road bridges, resource roads and community airports will be available to smaller towns, municipal districts and counties. This investment is expected to support more than 200 jobs across the province as approved projects get underway in 2017.

Stakeholders were consulted this past spring to inform the changes that have been made to improve the program’s criteria before being re-launched.

“The Alberta Association of Municipal Districts and Counties (AAMDC) is pleased to see the reintroduction of the Strategic Transportation Infrastructure Program (STIP) and believes that it is a good first step in getting our infrastructure deficit in hand. AAMDC rural municipal members manage the majority

of Alberta’s roads (77 per cent), most of the resource roads and 61 per cent of the bridges in our province. Our roads, bridges and small airports not only provide critical industry access to the province’s natural resources, but also link rural residents and businesses to one another and to community services.” - Al Kemmere, President, Alberta Association of Municipal Districts and Counties

The new deadline for STIP applications for the 2017-2018 year is Feb. 3, 2017. Municipalities can apply through their regional Alberta Transportation office or online at the Municipal Grants Management Application system. STIP’s new guidelines can be found on Alberta Transportation’s website.

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# GUNN HALL'S OCTOBER 29TH CRIB TOURNAMENT

Submitted by **Marlaine Janke**

The weather held nicely for our day of card playing & we accommodated 50 teams this time. Six games were played starting at 11am, the delicious full course dinner was enjoyed by all, then we continued with the remaining six games. A perfect score for 12 games is 1452 points.

The 1st place team, Roseann Eckert & Lance Thompson of St. Albert, finished with 1437 points and received the amount of \$350. Leo Billo with his partner Richard had 1428 points as did Fern Christianson and partner Lee making a tie for 2nd & 3rd place. These two teams were awarded \$200 each.

The Jackpot of \$50 was won by Leo Billo with his 28 point hand. An additional \$80 was paid out to

the eight players that had 24-26 hands. Two 50/50 draws were held with Linda Golby of Barrhead winning \$207.50 & Violet Vandusen of Barrhead winning \$260.

Leonard Baron of Edmonton came out to play as well & brought along his "handmade unique crib pegs" to offer them for sale. They have become quite a popular item for most players – especially the ladies.

This was the 2nd crib tournament our hall volunteers have organized and we all appreciate the support our surrounding communities have shown. We are planning to hold out next tournament in March 2017 and will be advertising in advance once the date is chosen. Watch the local papers or ask other crib players within the circuit if you haven't seen our ad. We don't want anyone missing out on an enjoyable day.

Our hall is welcoming to anyone who is looking to participate in community events, so feel free to drop in on our next meeting November 28th at 7:30 p.m.

**JOKE OF THE WEEK**

Against his better judgment, the big game hunter is talked into taking both his wife AND her mother along on one of his expeditions. It does not go well. The mother-in-law is, if anything, harder to get along with in the wilds than she was in the city. And to make matters worse, she won't even abide by the simple camp rules designed to keep the safari safe. One night after dinner, the hunter's wife realizes her mother is missing. Panicked, she rushes to her husband and begs him to institute a search. He sighs, and together they set out. But before they've gone far, they hear throaty growling. Soon they come upon a small clearing in which the mother-in-law stands, backed up against thick, seemingly impenetrable jungle brush, and facing a huge male lion. The wife whispers urgently, "What are we going to do?" "Nothing whatsoever," responds her husband. "The lion got himself into this mess, now let him get himself out of it."

**Celebrate Responsibly**  
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**HIGHEST OR ANY TENDER NOT NECESSARILY ACCEPTED.**

  
**Darwell Farmers'**  
**"CHRISTMAS" Markets**  
 November 27<sup>th</sup> & December 4<sup>th</sup>, 2016  
 from 11:00 am – 3:00 pm  
  
 Baking, Jewellery, Knitting/sewing, Crafts,  
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*For Vendor info – (587) 785-1175 – Weather permitting.*

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# PARLIAMENT UPDATE

## – WEEK OF NOVEMBER 14, 2016

**Submitted by Jim Eglinski, MP – Yellowhead**

This week in Parliament, we discussed the budget, the Canada Pension Plan, online access to violent sexual material, and controlled substances.

The following was debated in the House:

- Bill C-16 — An Act to amend the Canadian Human Rights Act and the Criminal Code
- Bill C-25 – An Act to amend the Canada Business Corporations Act, the Canada Cooperatives Act, the Canada Not-for-profit Corporations Act, and the Competition Act (Second Reading)
- Bill C-26 – An Act to amend the Canada Pension Plan, the Canada Pension Plan Investment Board Act and the Income Tax Act (Second Reading)
- Bill C-29 – Budget Implementation Act, 2016, No. 2 (Second Reading)
- Bill C-301 – An Act to amend the Income Tax Act and to make a related amendment to another Act (registered retirement income fund) (Second Reading)
- Bill C-307 – An Act to amend the Controlled Drugs and Substances Act (tamper resistance and abuse deter-

rence) (Second Reading)

- Bill C-309 – Gender Equality Week Act (Second Reading)
- Motion 47 – Instruction to the Standing Committee on Health (violent and sexual online material)
- Motion 64 – Italian Heritage Month

I had the opportunity to ask a question on Bill C-25 regarding the Liberal Government's 2016 Budget. You can find my question in the November 15th Hansard on page 7 at: <http://www.parl.gc.ca/content/hoc/House/421/Debates/107/HAN107-E.PDF>

In the Standing Committee on Environment and Sustainable Development (ENVI), we reviewed The Canadian Environmental Protection Act, 1999. We also studied Bill C-238, An Act respecting the development of a national strategy for the safe disposal of lamps containing mercury. For more information on these meetings, visit: [www.parl.gc.ca/Committees/en/ENVI](http://www.parl.gc.ca/Committees/en/ENVI)

This week, I attended 10 meetings and three events. My next update will be on the happenings of Parliament as it continues to sit next week.



**Alberta Beach Lions Club  
 Christmas Hampers**

If you are in need or know of someone in need of a Christmas Hamper please call Vivian at 780-924-2157 or Debbie at 587-920-9706.

Deadline for names will be **December 11<sup>th</sup>, 2016.**

Hamper Distributions on **December 17<sup>th</sup>, 2016**





# RIDING UPDATE – WEEK OF NOV 7, 2016

**Submitted by Jim Eglinski, MP – Yellowhead**

As Parliament was down for the week, I attended events and meetings in the riding.

Last Saturday in Drayton Valley, I observed a province-wide rally against the Alberta NDP Carbon Tax Initiative. I believe the provincial and federal carbon tax grabs will chase away jobs and do nothing to achieve our national climate change goals.

I had meetings Monday morning

in my Edson office, and later that evening I attended the celebration of Master Corporal Raymond Arndt. MCpl Arndt was killed in action during service in Afghanistan in August of 2006. He is remembered for his quick smile and his tenacity to follow what he loved.

On Tuesday, I had the opportunity to speak to students at Holy Redeemer High. I then attended the ribbon cutting ceremony and grand opening of the new Edson health-care centre. Later, I participated in Community Engagement discus-

sions at the Family and Community Support Services' Anniversary Party.

Wednesday was spent in meetings, and on Thursday afternoon I attended the Chamber of Commerce meeting in Rocky Mountain House to provide a federal update on the CPP tax hike and the federal carbon tax. Later, I visited West Central High School with CIVIX Canada.

Friday, being Remembrance Day, I spent the day in the company of veterans and current serving members of the Canadian Armed

Forces and Reserves. This year, I participated in the Remembrance Day Ceremony at Mayerthorpe's Legion. On my drive back to Edson, I dropped in at the Cherhill, Evansburg and Wildwood Legions. I ended the day at the Edson Legion, exchanging stories with members over dinner.

I look forward to returning to Ottawa on Saturday where I will spend the next five weeks. My next update will be next Friday on my week in Ottawa.

## RCMP BEATS

**Submitted by Stony Plain/Spruce Grove RCMP**

Occurrences for the week of 7 November to 13 November, 2016.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 442

Total Calls for Service for the Victim Service Unit: 45

Individuals Charged (all offences not including Impaired): 16

Person Crimes: 44

Property Crimes: 74

Impaired Driving Complaints reported: 6

Impaired Driving Charges Laid: 0

Roadside Suspensions: 1

Motor Vehicle Collisions Attended: 43

Property Crimes:

Spruce Grove

1. November 7 – Area of Highlands Way – Theft from Vehicle, game controller stolen

2. November 7 – Area of Sage Crescent – Theft from Vehicle, tools stolen

3. November 10 – Area of Harvest Ridge Drive – Break and Enter to Garage, mountain bike stolen

4. November 10 – Area of Hartwick Mews – Theft from Vehicle, jacket stolen

Stony Plain

5. November 8 – Area of St Andrews Drive – Break and Enter to Shed, golf clubs stolen

6. November 10 – Area of La Costa Fairway Close – Theft of Vehicle, 2008 white Chevrolet Silverado

7. November 12 – Area of Brickyard Place – Theft from Vehicle, backpack and hunting gear stolen

8. November 12 – Area of Umbach Road – Theft from Vehicle, iPod and CD's stolen

Influenza is serious. Immunization works. Get Immunized.

Alberta's influenza immunization program is ongoing. Influenza immunization is offered, free of charge, to all Albertans six months of age and older.

### Upcoming Immunization Clinics in Your Area

DATE:	TIME:	LOCATION:
Wednesday, November 23	2 p.m. - 7 p.m.	Onoway Community Health Services
Friday, December 2	9 a.m. - 12 p.m.	4919 Lac Ste An Trail
Monday, December 5	1 p.m. - 4 p.m.	Onoway
Wednesday, November 23	9 a.m. - 4:30 p.m.	Barrhead Community Health Services, 6203 49 Street, Barrhead
Wednesday, November 30		
Tuesday, November 29	1 p.m. - 7 p.m.	Mayerthorpe Diamond Centre 4814 54 Street, Mayerthorpe

Please bring Alberta Health Care Card. Short sleeves recommended.

Influenza Immunization: Cut Albertans' risk for influenza in half last season.

[ahs.ca/influenza](http://ahs.ca/influenza) | Call 811



Continued on Page 10

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# Don't Drive if you're tipsy, buzzed or Blitzen.

With your safety in mind, these community sponsors urge you to not drink and drive this holiday season.

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886-4851

Town of Onoway  
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The Hub Tavern  
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Sweet House & Bakery  
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Onoway Bigway Foods  
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*Be the Life of the Party.*  
**Don't Drink and Drive, and  
Don't Let Friends Drive Drunk.**

*These local businesses urge you to be aware,  
be responsible and be safe this holiday season.*

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# ANNOUNCING THE WINNER OF MP EGLINSKI'S 2016 CHRISTMAS CARD CONTEST



Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Parliament for Yellowhead, is pleased to announce the winner of his 2016 Christmas Card Contest.

Fallyn Adams, a grade three student at Elmer Elson Elementary in Mayerthorpe, designed the cover of MP

Eglinski's Christmas card this year. Her artwork, entitled "A Magical Christmas", depicts elves and other creatures busy at work with a sleigh flying overhead.

"There are many talented young individuals throughout our riding. I am delighted to recognize Fallyn as one of our young artists and showcase her work," said MP Eglinski.

Ms. Adams' artwork will also appear on MP Eglinski's Facebook page ([www.facebook.com/jimeglinski.mp/](http://www.facebook.com/jimeglinski.mp/)) and website ([www.jimeglinski.ca](http://www.jimeglinski.ca)).

"I want to thank all of the students from Kindergarten to grade eight who participated in the contest. There are many up and coming artists in our riding, and I look forward to seeing their work in years to come," concluded MP Eglinski.

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## RCMP Beats

Continued From Page 5

9. November 13 – Area of 50 Avenue and 50 Street – Theft from Vehicle, garage opener stolen

Rural

10. November 8 – Area of Township Road 533 and Range Road 273 – Theft from Vehicle, cash stolen

11. November 11 – Area of 47 Avenue and 45 Street, Alberta Beach – Theft of Vehicle, 2005 blue Ford F350

12. November 12 – Area of Township Road 530 and Range Road 35 – Theft of Vehicle, 2009 black Ford Escape

13. November 12 – Area of Township Road 514 and Range Road 270 – Theft of Motorcycle, 2013 orange KTM 450

14. November 13 – Area of Hwy 16 and Range Road 10 – Theft of Vehicle, 1996 white Ford F250

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Most thefts are crimes of opportunity. Ensure all doors (vehicle, home, garage), and all windows (home, garage) are locked.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP At 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477.



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## Testimonials

"Thank you for working on my horses at the CBHI 2016. They all benefited and were feeling great. The treatment I had myself was so amazing and beneficial. I was experiencing vertigo and feeling nauseous within a half an hour I was feeling so much better and my weekend was great. I did not feel tired and felt very energized. I did have a headache for a short time, a little ache in my shoulder area but that all was very short lived and did not interfere with my day. I really liked my treatment and as a massage therapist would highly recommend this treatment. Thank you Shirley." -Tanya Likes

"I have had BRUTAL sciatica and neck pain for years...chiropractic manages it for brief periods of time...I had one hour long treatment by Shirley Mazeppa and can honestly say I had no pain for weeks after!!!! Improved my mood and allowed me to have day to day tasks not be painful let alone ride!!!! SOOOOOOOOOOOOOOOOOOOOOO looking forward to my next treatment!!!!!" -Jody Poulin

"I am in disbelief, Shirley Mazeppa brought her PEMF machine to Thorsby where I was competing in a horse event. I have arthritis in both my knees and I was really feeling the hurting today. Shirley hooked me up for 40 minutes on Saturday afternoon, it's now Monday evening and I am still PAIN FREE, my knees feel great. I'll be making a trip to Shirley's next time I start feeling that pain, I won't try to handle it again. Thanks so much Shirley" -Debra Rowney



"I feel Pulsed Electromagnetic Therapy may be one of the Greatest Discoveries in the History of Medicine."

- Dr. David Williams, Alternatives for the Health Conscious Individual (March 2004)



# Don't Spill a **DROP** this Holiday Season - Your **BLOOD**, Your Life

These local businesses want to remind you to have a safe ride home: **DON'T DRINK & DRIVE**



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786-2416



TD Canada Trust  
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Hub Hotel  
-Mayerthorpe  
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Park Memorial  
Funeral Home &  
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786-2533



Vandenberg  
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# MADD PARKLAND CHAPTER KICKS OFF 2016 PROJECT RED RIBBON TO PROMOTE SOBER DRIVING THIS HOLIDAY SEASON



Submitted by Dale Friedel (Stony Plain, Alberta) – madd Parkland Chapters volunteers will be out in force over the coming weeks to distribute hundreds of

red ribbons to Albertan's as a reminder to drive sober during the upcoming holiday season.

madd Canada's 29th annual Project Red Ribbon campaign normally runs from November 1 to January 4, however madd Parkland has received National Board approval to hold-off from launching their Project Red Ribbon campaign until after November 11th, in respect of Remembrance Day. With plenty of parties and celebrations taking place over the holiday season, and with many people travelling to see family and friends, the risk of impaired driving increases. The red ribbon is a symbol of the wearers' commitment to sober driving, and a tribute to the thousands of Canadians who are killed and injured in impairment-related crashes each year.

For the second straight year, madd Parkland partnered with Parkland Funeral Services and local Tri-Municipal RCMP, Stony Plain & Parkland Enforcement and Fire Services, as well as AHS Emergency Services in displaying a strong presence of support for Project Red Ribbon. Spruce Grove Mayor, Stuart Huston, on behalf of Parkland Mayor, Rod Shaigec & Stony Plain Mayor, William Choy, provided a few words in recognition of all three municipalities providing on-going support for madd Parkland throughout the year and especially during the holiday season.

"We're asking Albertan's to join in and show their commitment to sober driving. Get a red ribbon, then tie it, wear it, show it, share it, and live it," said madd Parkland Chapter President Brenda Johnson, who lost her son, Remy, in an impairment-related crash in 2006.

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Continued on Page 5



# madd Parkland Chapter Kicks Off 2016 Project Red Ribbon To Promote Sober Driving This Holiday Season

Continued From Page 4

Also in attendance was Title Sponsor, Allstate Insurance Company of Canada, who, along with many road safety professionals, enforcement & emergency service partners from around the area, support madd Parkland in urging Albertan's to make this holiday season free from impaired driving crashes.

- Plan ahead when you know you'll be over indulging. Take a cab or bus, arrange a designated driver or plan to stay over.

- Never drive impaired or ride with an impaired driver whether it be drugs or alcohol.

- If you see a driver you suspect is impaired, call 911 to report it to police. The call you make could save a life.

- madd Parkland Chapter again held their Red Ribbon Launch in conjunction with the National Day of Remembrance for Road Crash Victims. "This occasion is a reminder that we can and must do more to prevent traffic colli-

sions from occurring. Through Alberta's Traffic Safety Plan, we are working to make Alberta's roads safer and urging Albertans to take greater care when behind the wheel," said Regional Traffic Safety Consultant Dale Friedel.

Red ribbons are available through the madd Parkland web site at [www.maddparkland.ca](http://www.maddparkland.ca) Or you can watch for the red ribbon on social media as well, as madd Parkland encourages volunteers, members, supporters and the general public to share photos of their red ribbons with online friends and followers using #projectredribbon.

Whether you need a safe ride home from a party or bar this holiday season, or if you're hosting a party and need to arrange transportation for your guests, madd Canada sponsor #TAXI offers a fast and easy option. Dial #TAXI (# 8-2-9-4) on any cell phone to connect to the first available taxi company or your taxi company of choice. For more information, visit <http://www.poundtaxi.com/>.

Those who wish to support Proj-

ect Red Ribbon financially can donate through madd Parkland's web site. A text donation option is also available for cell phone users; simply text "MADD" to 45678 to donate \$5. The one-time donation is added to the user's cell phone bill.

madd Parkland thanks the Tri-Municipal community traffic safety stakeholders for their gracious support for 2016 Project Red Ribbon.

For more information, please contact:

Brenda Johnson, President, madd Parkland, 780-999-7924 or [johnson.brenda1955@gmail.com](mailto:johnson.brenda1955@gmail.com)

Or Dale Friedel, Regional Traffic Safety Consultant, West Central Alberta & Alberta Metis Off-Settlement, Alberta Office of Traffic Safety, 780-292-0898 or [dale.friedel@gov.ab.ca](mailto:dale.friedel@gov.ab.ca)

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## DON'T DRINK AND DRIVE THIS HOLIDAY SEASON.

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# We want to see you alive! So don't leave the party drunk and drive!



# DON'T DRINK & DRIVE!

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## Please Don't Drink & Drive.

Your health is important. Your friends and family are precious. Your reputation is valuable. Your freedom is priceless. Life is irreplaceable. When you decide to drink and drive, you risk it all. Respect yourself and others by committing to a sober ride home this holiday season.

These community sponsors urge you to **celebrate responsibly for a safe and happy holiday season!**

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# Drunk Driving Can Break Up A Good Time

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# If You Plan on Drinking, Plan a **SAFE RIDE** Home

This important Reminder Sponsored by these Local Businesses:



# GREETINGS FROM THE ONOWAY LEGION

**Submitted by Lorinda McCool**

Remembrance Day was once again very special as the attendance at the school program was incredible, the parade was very impressive and the lunch following the official wreath laying was happily consumed by a full house of hungry patrons. Thanks to Ric Moses and Scott Sadler for organizing the ceremonies, to Ed Gallagher for leading the troops, to Ken Blacklock, Broley Huxley and Kim Menzel for organizing and transporting the official wreaths, to Rona Ambrose for laying the wreath at our Cenotaph for the Government of Canada and to Reverend Mike Lynch for leading the prayer before lunch. Louise B. and Lynne T. were very busy behind the bar keeping the thirsty customers happy and the Karaoke by Marty Pritchard had the troops singing loudly and often. Remembrance Day lunch requires an incredible amount of work for our kitchen and the support given by the following volunteers was

amazing: Bob C., Lorne O., Jay K., Marcelle J., Broley H., Bernice H., Liane W., Bill H., Diane H., Jeanne H., Neil G., Joanne G., Mary R., Trudy M., Darby M., Mackenzie M., Ron W., Pat St. H., Carol V., Wade N. and Val O' T. Thank you all for the contribution of your time and efforts to help the Legion host another successful Remembrance Day.

November has been, and still is, a very busy month! Atco will be sponsoring the November 25th Roast Turkey Meal and as a special treat the Lac Ste. Anne Community Choir will be performing during the meal. Please phone Bob @ 780-967-3640 to reserve your plate early as this meal will sell out before Friday. The Legion is hosting a fun Singles 8-Ball Pool tournament on November 26th and a Grey Cup Party on November 27th. You can check out more information under the Upcoming Events. Raffle tickets for the signed history book of the Edmonton Eskimo are now available at the Legion and will be sold until the draw on December 16th.

There will be a silent auction for the Onoway Heritage Trail on Friday December 2nd. Bidding will open @ 2:00 pm and begin closing @ 7:00 pm after the meal and the regular draws have been held. Please contact Pat St. Hilare @ 780-967-5050 if you are able to donate any items for the auction.

We welcomed Stony Plain Legion members Ken Best, Kathy Ward, Jason Lynch and Tracey McBride to our regular Tuesday Night "drop in" fun darts. Remember, you do not need to be a Legion member to play at any of our fun sports nights or tournaments. Everyone is welcome! Play downs to rank the Area "A" Senior's Mixed Darts teams will be held at the Legion on November 22nd and the tournament will be hosted by the Devon Legion on December 3rd.

**UPCOMING EVENTS:**

November 22 - Tuesday Night Darts - Registration 6:45 to 7:15 pm. Play @ 7:30 pm.

November 25 - Friday Night Supper Sponsored by ATCO - Roast Turkey with all the trim-

mings and a musical performance by the Lac Ste. Anne Community Choir

November 26 - Fun Singles 8-Ball Pool Tournament - Phone Larry Villneff @ 780-967-0607 for more info

November 27 - Grey Cup Party commencing @ 3:00 pm. Bring either a potluck "finger food" item or a donation of \$5.00 to watch the game on our big screen

December 2 - Friday Night Supper and Onoway Heritage Trail Silent Auction

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen, Cheryl Sadler @ 780-967-4146 for membership, Neil Gorman @ 780-960-4160 for sports and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!

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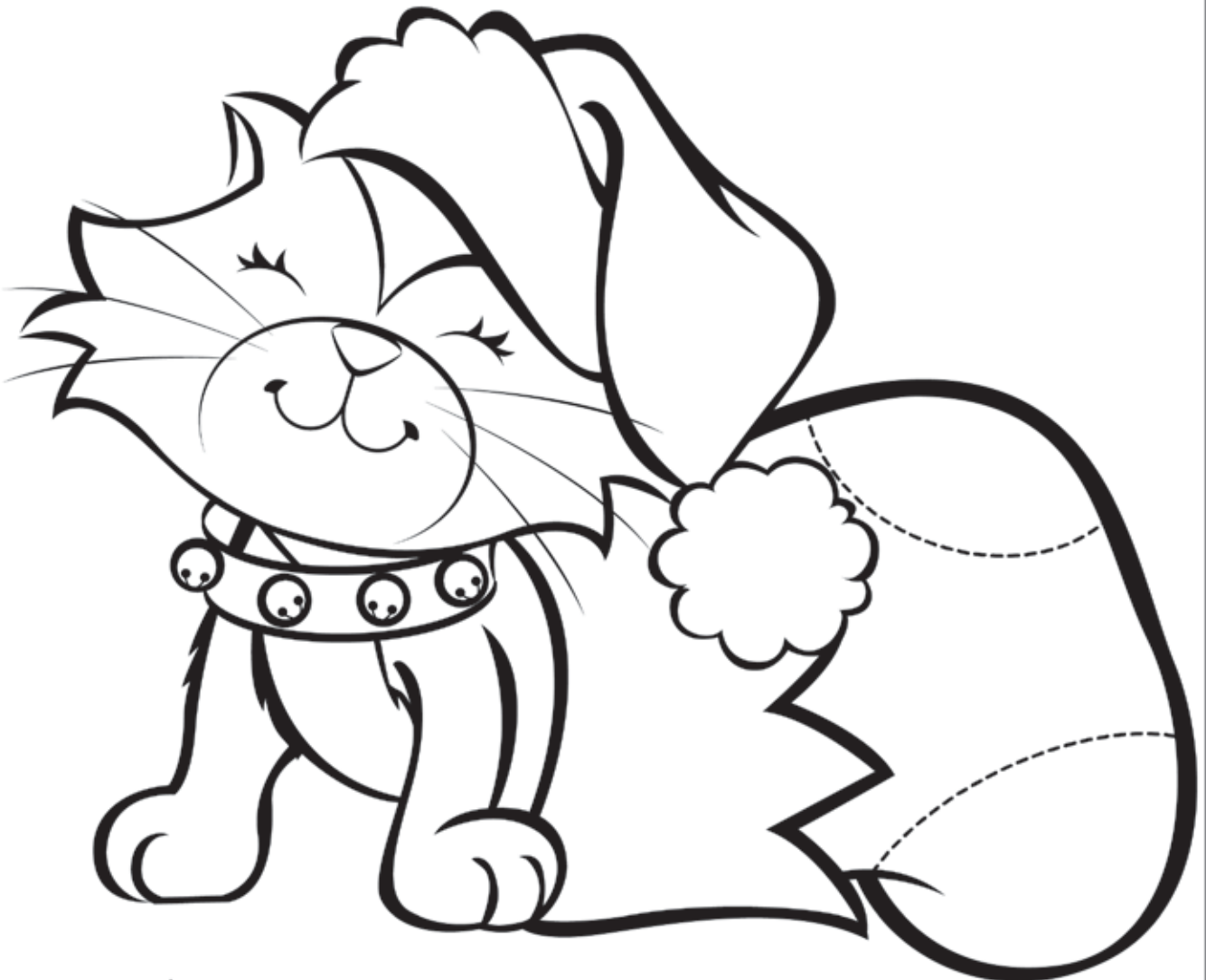
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**PHONE: \_\_\_\_\_ TOWN: \_\_\_\_\_**

**Entries must be recieved by December 16, 2016.**

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# ARRIVE ALIVE DON'T DRINK & DRIVE



*These community sponsors urge you to be safe and responsible this holiday season.*



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# Please **DON'T DRINK & DRIVE** this Holiday Season!

This is the perfect time of year to get together with friends old & ew, so when you're celebrating this year, remember to drink responsibly & always use a designated driver.

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<b>MADD Parkland County 999-7924</b>	<b>Spruce Grove Chamber of Commerce 962-2561</b>	<b>Grove Collision Repair 962-3755</b>	<b>H &amp; E Upholstery 962-3048</b>
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# Church Directory

**Rich Valley Community Church**  
 Sunday School  
 10:00a.m.  
 Worship Service  
 11:00a.m.

**Catholic Parish of Lac Ste. Anne**  
 Sunday  
 10:00a.m.

**St. John's Anglican Church**  
*Onoway*  
 Sunday Service  
 10:00a.m.  
*Everyone Welcome*

**Mayerthorpe Baptist Church**  
 Worship Service  
 Sunday 10:30a.m.  
 Children's Church  
 10:30a.m.  
 4606-54 St. Mayerthorpe  
 (780) 786-2677

**St. John's Lutheran Church**  
*Alberta Beach*  
 Sunday Service  
 11:00a.m.  
 Sunday School

**Zion United Church**  
 Sunday Service  
 10:00a.m.  
 Sunday School  
*Serving Alberta Beach, Wabamun, Darwell & Lake Isle, Onoway & Area*  
 (780) 924-3351

**St. Joseph's Catholic Church**  
 Sunday Mass  
 11:30a.m.  
 Wabamun, AB

**Sangudo St Mary the Virgin Anglican Church**  
 Sunday Services:  
 2nd & 4th Sunday  
 Holy Communion  
 11:00a.m.

**Sangudo United Church**  
 Sunday Services  
 1st and 3rd Sun.  
 of each month  
 Worship Service  
 11:00a.m.

**Trinity Lutheran Church (LC-C)**  
*"The Church of the Lutheran Hour" - Rockyfort Bridge*  
**Pastor Dan Hansard**  
 Church (780) 778-2055  
 Sunday Worship  
 9:00a.m.  
*Senior's Service & Cottage Bible Study - Phone for locations*

**Mayerthorpe Pentecostal Assembly**  
 P.A.O.C. **Rev. Arnold Lothoiz**  
 Sunday 10:30a.m.  
 Morning Service  
 Tuesday 7:30p.m.  
 Ministry Training  
 (780) 786-2424

**St. Michael Lutheran Church**  
 Sunday Services  
 1<sup>st</sup> & 3<sup>rd</sup> Sunday  
 at 2:30p.m.  
*Rev. Horst Gutsche*  
 (780) 674-3944  
*Mystery Lake*

**Onoway Baptist Church**  
 Sunday Service  
 10:00a.m.  
 Youth Group  
 Friday 7:00p.m.  
 (780) 967-2266

**Mayerthorpe United Church**  
**Mayerthorpe: Rev. Alwin Maben**  
 Sunday Worship 9:30a.m.  
 to be held at the Peter Trynchy Community Center at Pleasant View Lodge  
 Until Further Notice  
 PII: (780) 786-2134

**Alberta Beach Alliance Church**  
 Sunday Worship Service & Kid's Church 11:00a.m.  
 Sunday School  
 10:00a.m.  
 (780) 924-3282

**Cherhill Community Church**  
 Sunday School  
 10:00a.m. - 11:00a.m.  
 Worship Service  
 Sunday 11:00a.m.

**Roman Catholic Church**  
 St. Agnes' Parish, Mayerthorpe  
 Sunday 9:00a.m.  
 St. Elizabeth Parish, Evansburg  
 Saturday 7:00p.m.  
 (780) 786-2032

**Calahoo Alliance Church**  
 Family Worship Service Sunday  
 10:00a.m.  
 For Info Call Jerry  
 (780) 974-7734

**Rock Victory Church Worship Celebration**  
 Sunday Worship w/ Children's Ministry  
 10:00a.m.  
 Wednesday Prayer & Bible Study 6:00p.m.



# COMMUNITY EVENTS 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

**NOV 15 to DEC 31 - PARKLAND POTTERS GUILD/CROOKED POT GALLERY: WINTER WONDERLAND EVENT** 4012-51 Avenue in Stony Plain, Alberta and is open Tuesday-Saturday 10 a.m. to 5 p.m.  
**NOV 23 - LIGHT UP YOUR LIFE SILENT AUCTION**, 12:00 – 7:00 P.M. at Westview Health Centre, Stony Plain. Over 200 Items. Everyone Welcome  
**NOV 27 & DEC 4 - DARWELL FARMERS' "CHRISTMAS" MARKETS**, 11am–3pm. Baking, Jewellery, Knitting/sewing, Crafts, Stocking Stuffers, Much more, Commercial. For Vendor info – (587) 785-1175.  
**DEC 10 - CHRISTMAS PARTY** at Gunn Hall. Santa is bringing gifts for the children! Contact 780-951-9452 for tickets & more info.

## FARMERS MARKETS

**ALBERTA BEACH:** Open Every Sunday, May - Oct, 12-3pm. Contact Joanne 780-690-6392  
**BARRHEAD:** Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802  
**ONWAY FARMERS' MARKET** presented by the Onway & District Ag Society, Fridays 4pm-8pm at the Community Hall. Starts May 1<sup>st</sup>. Janice (780) 667-6327. onwayfarmersmarket@gmail.com. New vendors welcome!  
**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30, tables (780)240-5821  
**STONY PLAIN:** Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.  
**WESTLOCK:** 11-3pm, Bargain Shop Mall, Dave 780-954-2437  
**WHITECOURT:** Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart  
**BINGO**

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.  
**CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors Open at 6:30pm, Games at 7pm.  
**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00 Noon  
**MAYERTHORPE ROYAL CANADIAN LEGION:** Tues, doors 6:30pm, bingo 7:30pm  
**RICH VALLEY COMMUNITY HALL BINGO:** 7:30pm. Loonie Pots. Next bingos November 2, 16 & 30, December 14 & 28.  
**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

## JAMBOREES

**CALMAR:** Wilton Park Community Hall, Every 4<sup>th</sup> Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.  
**CHIP LAKE:** Ravine Comm Hall, 1<sup>st</sup> Sat 325-2119 or 325-2391  
**SANGUDO:** Sangudo Community Hall, 1<sup>st</sup> Sat of month 7pm, Oct.-May. Everyone welcome. 785-4105 or 305-3688.  
**SPRUCE GROVE:** at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051  
**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.  
**THE ABBOTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of each month @ 7pm. PH: 780-918-8545, Admission is Donations Only.

## MEAT DRAWS

**Alberta Beach Museum:** Every Sat 4pm, Alberta Beach Hotel  
**Alberta Beach:** 4pm, Every Sun. Jungles Bar & Grill  
**Barrhead Royal Canadian Legion:** every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.  
**Darwell:** Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge &

Restaurant  
**Onway Royal Canadian Legion:** every Fri Ph. 780-967-5361  
**Stony Plain Royal Canadian Legion Br# 256:** Every Saturday @ 3pm. Meat Draw & 50/50.  
**Whitecourt Legion:** Every Sat, 4pm. Located downtown behind the CIBC.

## SOCIAL EVENTS

**50+ YOUNG AT HEART LUNCHEON** for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3<sup>rd</sup> Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.

**ALBERTA BEACH & DISTRICT ACTIVE 50+ Club** activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).  
**BADMINTON:** Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.  
**BARRHEAD PHOTO CLUB:** 1<sup>st</sup> & 3<sup>rd</sup> Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663  
**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.  
**JR. SCRAPBOOKING** Hall 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404  
**LAC STE ANNE COMMUNITY CHOIR,** Accepting new members for all voice ranges. Men & women 18 yrs & over. Weekly practice Wednesdays at Alberta Beach Heritage Center from 7-9pm. For info call Eunice @ 780-618-7865.

**ONWAY GOLDEN CLUB:** Cards Tuesdays, 1:00PM. Exercise Fridays, 10:00AM. 1<sup>st</sup> Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.  
**ONWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.  
**ONWAY ROYAL CANADIAN LEGION** open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)  
**PANCAKE/BREAKFAST SOCIAL:** Parkland Village Community Centre - 3<sup>rd</sup> Sunday (except June, July, August) 9-11:30am  
**RIVER TALKERS TOAST MASTERS CLUB,** every thursday from 7-9pm. 32 Whitecourt Ave. Hilltop Community Church. Info Lorraine 286-5040.  
**SANGUDO ART GROUP:** Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.  
**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St. Stony Plain). 2<sup>nd</sup> Friday of the month at 7pm. Popcorn provided,

donations appreciated. Contact 780-940-3032  
**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St. Stony Plain). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032  
**SQUARE DANCE LESSONS:** Thursdays 7-9pm. Starts Sept 29<sup>th</sup> to Dec 15<sup>th</sup>, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or lsquardance2016@gmail.com  
**WRITERS PROGRAM:** Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1pm.  
**VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP):** Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsaca.ca

## MEETINGS

**1ST ONWAY SCOUTS:**Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.  
**3053 ROYAL CANADIAN ARMY CADETS,** Onway Historical Centre, Wed, 6:45pm-9:30 for youths 12+. 967-0443  
**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.  
**526 BARRHEAD AIR CADETS,** Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-305-7233  
**AA - Mayerthorpe,** Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927  
**AA - Sangudo Golden Club,** Tues 8pm call 786-4402/785-9214/785-3599  
**AL-ANON:** Tues 7pm, Onway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.  
**AL-ANON** Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205  
**ALBERTA 55 PLUS:** Villeneuve Hall at 10a.m. New Members Welcome. Meetings on 2<sup>nd</sup> Tues of the month. Info from Donna 780-962-5933  
**ALBERTA BEACH & DIST LIONS CLUB** meets every 4<sup>th</sup> Tues 7pm, Alberta Beach Agliplex.  
**ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs of month, 7pm, Agliplex  
**ALBERTA BEACH MUSEUM** meets the 2<sup>nd</sup> Wed, 7pm at Heritage House 924-3167.  
**ALCOHOLICS ANONYMOUS** IF Drinking is a Problem, call 780-236-1043  
**BARRHEAD ROYAL CANADIAN LEGION,** general meeting every 2<sup>nd</sup> Thurs, 7pm at the Legion Hall.  
**CHERRILL COMMUNITY ASSOC.** Monthly Meeting 1<sup>st</sup> Monday, 8pm at the Hall. 785-2825 \*Except July, Aug, Sept.

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12pm, Alberta Beach Agliplex. Sept-June. Info call Melissa 780-297-1892.

**Citizens Helping In Life's Defence (C.H.I.L.D.)** Join our Pro-Life meetings for the Spruce Grove/ Stony Plain area once a month. Call Chris 780-963-6997.

**CITIZENS ON PATROL:** The Pembina Community Watch Patrol Meets 2<sup>nd</sup> Thurs of each month at 7:30 pm, at the West Central Foreage Association Office 5009 45th Avenue, Entwine. Contact 780-727-2000

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8pm, 1<sup>st</sup> Mon, Darwell  
**DDRA MEETING,** 7pm, 2<sup>nd</sup> Mon (except Jul/Aug/Dec), Darwell 892-3099.  
**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30pm, Onway Heritage Centre. Info Laura, 780-967-1004.

**GLENEVIS COMMUNITY** meets 1<sup>st</sup> Wed. Info 785-4144 or 721-6188.  
**GREENCOURT COMMUNITY ASSOCIATION** meet 2<sup>nd</sup> Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.

**KINETTE CLUB OF MAYERTHORPE,** 7:30pm at Kingsmen Hall, 1<sup>st</sup> Tues of each month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30 at

Onway Museum (780) 967-0443  
**LAKE ISLE HALL BOARD:** 3<sup>rd</sup> Tues, 7:30pm, Lake Isle Hall.  
**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4<sup>th</sup> Mon, 5pm in Hospital Basement Education Room.

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

**NA MEETING** Tues, 7pm Poplar Valley Church (780)514-6011

**ONWAY & DIST HERITAGE SOCIETY:** 2<sup>nd</sup> Wed of each month, 7:30pm, Chateau Lac Ste Anne  
**ONWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7pm, Onway Museum. 967-5263 or 967-2452.

**ONWAY QUILTERS,** 2<sup>nd</sup> & 4<sup>th</sup> Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.  
**ONWAY ROYAL CANADIAN LEGION** General Meetings, 1<sup>st</sup> Mon, 7pm (Sept-June).

**ONWAY MASONIC LODGE #138,** 4<sup>th</sup> Wed, 7:30 Onway Legion  
**ONWAY OSPREY JUNIOR FOREST WARDENS** Ages 6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onway Heritage Centre & monthly outings. Martin 780-963-1646

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agripex on the 2<sup>nd</sup> Wed of the month. 7:00pm.  
**RIVER TALKERS TOASTMASTERS CLUB** Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.

**SANGUDO PAINTING GROUP:** Every 1<sup>st</sup> and 3<sup>rd</sup> Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops, For more information call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258  
**WEIGHT WATCHERS** Alberta Beach Agripex - Mondays, weigh in 6:30pm. Meeting at 7pm.

**TOPS Meetings (Take Off Pounds Sensibly)**

**ALBERTA BEACH:** Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

**ENTWISTLE:** Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982  
**EVANSBURG:** Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155  
**SANGUDO:** Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

## MEALS ON WHEELS

**ALBERTA BEACH & AREA:** call (780) 910-0034.  
**DARWELL & AREA:** For info on volunteering or eligibility, call Lorraine, 892-2967.  
**ONWAY & DIST:** Frozen & hot meals available. Call 967-2338 or 967-5244.

**YOUR COMMUNITY**

**SEA CADETS:** 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 for youths 12-18, 963-0843  
**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9-3pm. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Circling Rink, Onway. Open Fri & Sat, 10am-4pm.  
**WATER SAMPLE DROP OFF:** Tues Onway Aspen Health Services. Drop off 1-2:30 pm.

# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	9	8	3	1	2			6
			7		6	1		
	6	5		8		7		3
		3	2	4	9	8	6	7
		9		3		2	1	
		7	8			3	9	
		1						
8	7		6			4	3	
4				2				8

**ANSWER:**

7	9	8	3	1	2	5	4	6
3	2	4	7	5	6	1	8	9
1	6	5	9	8	4	7	2	3
5	1	3	2	4	9	8	6	7
6	8	9	5	3	7	2	1	4
2	4	7	8	6	1	3	9	5
9	3	1	4	7	8	6	5	2
8	7	2	6	9	5	4	3	1
4	5	6	1	2	3	9	7	8

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



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