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January 10, 2017

STRUCTURE FIRE, SUMMER VILLAGE OF YELLOWSTONE

Submitted by David Ives, Fire Chief, Onoway Regional Fire Service

At thirty-four minutes after midnight Onoway Regional Fire Services – Canada’s first Hybrid Fire Service was dispatched to a structure fire on fifth street in the Summer Village of Yellowstone. The first units were rolling to scene within 2-minutes with the

first unit arriving on scene in under ten minutes.

The young family residing in the home safely evacuated with no injuries. Thanks to quick 911 notification and fast use of a fire extinguisher the fire was in a smouldering state with no flames showing when fire crews arrived.

After exposing hidden fires and thorough search for fire ex-



tension, Onoway Regional Fire Services cleared the home of all smoke and returned property to its residents with minor damage.

Continued on Page 7

SING ALONG WITH YOUR COMMUNITY CHOIR!

Submitted by Jean Moses

Lac Ste. Anne Community Choir invites local singers to join the next musical season, beginning Wednesday, January 11. If you love to sing, whether you’ve ever been part of a choir or not, you’re welcome!

Joining a choir is more than just musical fun; it also provides mental and physical benefits. Studies show joining a choir can improve symptoms of Parkinson’s, depression and lung disease. Others indicate it not only increases oxygen levels in the blood but triggers the release of “happy” hormones such as oxytocin, which is thought to help lower stress levels and blood pressure. One choir member agrees. “Singing is a wonder-

ful way to improve fitness from the inside out. It stimulates the brain.”

Director Debbie Rosen chooses music that challenges choir members’ abilities, and provides each member with a CD of his or her own part to reinforce the weekly rehearsals. Accompanist RJ Chambers uses his training to complement her direction.

One member commented “I enjoy the diverse mix of choir members, and also like the musical materials that Debbie continues to challenge us with.” Another stressed the sense of community. “Like many others, I work in Edmonton. The choir is a way for me to remain connected to my home community. It also provides artistic expression for members and enjoyment

for concert attendees.”

The next season of the Lac Ste. Anne Community Choir begins Wednesday, January 11. Registration begins at 6:15 p.m. at the Heritage Centre in Alberta Beach (5012 – 49 Avenue). At 7 p.m., the first practice begins. All rehearsals are Wednesdays from 7 – 9 p.m., preparing for May concerts. Missed the first rehearsal? New members are accepted until the end of January. If you aren’t sure it’s for you, try the choir for two consecutive weeks with no obligation.

Membership is just \$70 per session, with a discount for multiple family members.

Questions? Call Eunice at 780-892-3159 or Judey at 780-924-3478.

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LAC STE. ANNE PARENT LINK/EARLY CHILDHOOD DEVELOPMENT INITIATIVE PROGRAMS AND COMMUNITY EVENTS FOR JANUARY

Submitted by **Cathy Steeves, Parent Link/Early Childhood Development Coordinator, Lac Ste. Anne County**

Sangudo Parent & Tot: Construction Zone

Drop in and enjoy construction themed toys, activities, sensory bins, and crafts as well as the usual awesome toys in the Early Childhood Room. January 10, 17, 24, & 31 from 10:00 – 11:30 in the Sangudo Early Childhood Room (arena)

Dino Day
Bring your family and enjoy dinosaur themed sensory bins, activities, crafts, and toys. Wednesday, January 11 from 1:00 - 2:30 p.m. in Room #3, Onoway Heritage Center.

Tents & Tunnels
Join us for active, indoor play for kids under 6 years old. Enjoy tents, tunnels, bucket stilts, stepping-stones, superhero costumes, and much more. January 13, 20, 27

from 9:30-10:30 a.m. in the Alliance Pipeline Activity Center, Onoway Raising Resilient Children

Resiliency is the ability to “bounce back” from setbacks and deal with adversity, and to react positively and adapt well to change when things don’t go as expected or hoped. Learn strategies to help your child in building their resiliency. Wednesday, January 18th from 1 – 3 pm in the Onoway Public Library Program Room. Pre-registration is required. Childcare is available, but **MUST** be requested at time of registration.

Messy Play
Drop by with your children to experience a variety of different textures through their fingertips.

- Onoway - Wednesday, January 25 from 1:00 – 2:30 p.m. in Room # 3, Onoway Heritage Center

- Alberta Beach - (with Cherished Memories Moms & Tots) Wednesdays, January 18 & 25 from 10:00 a.m. – 12 noon at the Alberta Beach

Aglixplex
Love and Logic Early Childhood Parenting Made Fun! ®

This program provides tools for raising respectful, responsible, and happy kids. Learn strategies to lower your family’s stress levels, teach responsibility and character, and up the odds that when the teenage years arrive, parenting can remain fun instead of frantic! Pre-registration is required. Childcare is available, but **MUST** be requested at time of registration. Thursdays, January 19 & 26, February 2, 16, & 23 from 1 – 3 pm in Room # 7, Onoway Heritage Center

For more information on these programs, or to register, please contact: Cathy Steeves, Parent Link/Early Childhood Development Coordinator, Lac Ste. Anne County, 780-785-3411 ext. 229 or 1-866-880-5722 ext. 229 csteeves@LSAC.ca

Darwell District Recreation Association

Annual General Meeting

Monday, January 16, 2017

Darwell Centennial Hall at 7:30PM

The Darwell District Recreation Association (DDRA) operates the Darwell Centennial Hall for the benefit of the community. Come and help the DDRA plan for the future. All area residents are welcome.

JOIN TODAY!






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Women 40-49 may be screened annually with a referral for their first visit.

For more information about breast cancer screening in Alberta, visit www.screeningforlife.ca

JOKE OF THE WEEK

A little girl asked her mother, "How did the human race begin?" The mother answered, "God made Adam and Eve and they had children, and so all mankind was made." Two days later the girl asked her father the same question, "How did the human race begin?" The father answered, "Many years ago there were monkeys from which the human race evolved. The confused girl returned to her mother and said, "Mom, how is it possible that you told me the human race was created by God, and Dad said they developed from monkeys?" The mother answered, "Well, dear, it is very simple. I told you about my side of the family and your father told you about his."

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CHERRILL 4-H MULTI CLUB NEWS

Submitted by Grace Churchill

On November 11th at the Cherhill Legion Remembrance Day Ceremony. Carlie Stadnyk, Karsten Gabler, Annaca Berry, Julianna Russell, and Mackenzie Lindemann were flag berres. Payton Lovich and Hailey Russell laid the wreath. We very proud of them.

On November 6 at Mayert-horpe ag barn the beef kids that had a steer project brought their steers to weigh in where their animals got weighed and got their ivomec. Later on November 17th there was a workshop for the beef and sheep where they learned or refreshed the minds on how to do their record books and learned how to make halters

for sheep and beef animals. The sheep group also had a workshop on October 29th where they make little sheep from wool and used a little needle to form their sheep. The quilters are hard at work on their gorgeous quilts.

The whole club would like to thank all the people that bought sausage from us through the Mundare sausage fundraiser it went great thanks to all the people that bought sausage, perogies or beef jerky. The whole club would also like to thank all the people that sponsored and supported the club at awards night your time and effort is really appreciated.

On December 11th, the club had their Christmas party. There was a karaoke machine were we all had two sing a song. The club

had a ugly sweater contest, you had to make a sweater by scratch and decorate it yourself. At the end of the night everyone got a

ticket for a gift.

We all wish you all a Merry Christmas and a Happy New Year.



DDRA YEAR IN REVIEW

Submitted by Lorne Ross, Darwell District Recreation Association

2016 was another good year for the Darwell District Recreation

Association. The Centennial Hall continues to be busy with community's activities. Zumba and Pickleball continued to attract participants to the hall. Both these activities will continue in the New

Year and will be joined by Jujitsu and Taichi. Additionally there seems to be some interest in forming a walking club in the Darwell area with the hall as its focal point. Anyone interested in any of

these activities are encouraged to come to the DDRA's Annual General Meeting on Monday January 16th at 7:30 PM. The past year's operation will be reviewed and plans for 2017 will be outlined.

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Lac Ste. Anne Foundation Internal/External Posting

Is seeking two individuals to fill two full time positions located in Mayerthorpe and Onoway.

Maintenance Level III – Central Locations

Description: The Lac Ste. Anne Foundation is actively searching for a qualified individual to perform a full range of maintenance responsibilities including preventable maintenance, corrective maintenance, grounds maintenance, inventory management, safety and security.

This position entails a high level of interaction with residents/tenants/staff as well as sub-contractors, frequent travel to multiple sites operated under the Lac Ste. Anne Foundation umbrella and requires physical endurance and availability to provide rotating on-call services.

Essential Functions / Responsibilities:

- Weekly, monthly site inspection of facilities.
- Perform interior and exterior repairs to facilities/suites as required
- Perform urgent/emergency maintenance
- Ensure sidewalks and grounds safety
- Maintain outdoor furnishings and outbuildings
- Develop and maintain inventory records
- Order and coordinate delivery of parts and materials
- Ensure a safe and secure environment while performing maintenance duties
- Monitor work performed by contractors and relay follow up requests
- Perform other duties as required.

Skills, Knowledge, Qualifications & Experience:

Proven success in the following job competencies:

- basic knowledge of preventative maintenance and operations of LSAF facilities
- understanding and follow relevant policies, procedures and legislation
- knowledge of LSAF Programs, services and related maintenance requirements
- basic knowledge of maintenance and repairs of plumbing, heating systems, boiler inspection and sewage systems
- understanding of emergency procedures, First Aid/WHMIS Certification
- must demonstrate analytical, problem solving and decision making skills
- effective verbal, listening and communication skills
- stress and time management skills
- Valid Driver's License is required

Lac Ste. Anne Foundation offers a very competitive salary and attractive benefit package.

Closing date: Friday, January 13, 2017 at 4:00 p.m. or until a suitable applicant is hired.

Submit resume to:

Lac Ste. Anne Foundation

Attn: Dena Krysik, Chief Administrative Officer

PO Box 299 Mayerthorpe, AB T0E 1N0

Fax: 780-786-4810

Email: dkrysik@lsaf.ca

We thank all applicants but only those selected for an interview will be contacted.



SANG'S 1ST ANNUAL STUFF A TRUCK A HUGE SUCCESS

We here at SANG would like to take this time and thank the staff; our members, Rich Valley School and Onoway Elementary School for assisting us in raising 2572.50 pounds of food and \$425.00, which was donated from the teachers at the Onoway Elementary School. Not only was it amazing experience for our staff; but also for the children at the school. The winning class from each school that accumulated the most items was given a pizza/subway party on behalf of SANG for all their hard work. Rev. Rick Foster from the Lac Ste Anne East Food Bank was overwhelmed with the generosity of the community, especially during this downturn in the economy. We hope next year to double the amount of food donated with the help from our amazing community.

Merry Christmas and Happy New Year from SANG



RCMP BEATS

Submitted by Stony Plain/Spruce Grove RCMP

Occurrences for the week of 26 December 2016 to 1 January, 2017.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 457

Total Calls for Service for the Victim Service Unit: 22

Individuals Charged (all offences not including Impaired): 16

Person Crimes: 54

Property Crimes: 67

Impaired Driving Complaints reported: 24

Impaired Driving Charges Laid: 4

Roadside Suspensions: 1

Motor Vehicle Collisions Attended: 71

Property Crimes:

Spruce Grove

1. December 26 – Area of Spruce Grouse Crescent – Theft from Vehicle, wallet and gym bag stolen

2. December 27 – Area of Garneau Gate – Break and Enter to Garage, bike and snowboard stolen

3. December 27 – Area of Ventura Street – Theft from Vehicle, wallet stolen

4. December 30 – Area of Hartwick Court – Theft from Vehicle, radar detector stolen

5. January 1 – Area of Calahoo Road – Theft of Vehicle, 1999 black GMC Sierra

6. January 1 – Area of Meadow Park Gate – Theft of Vehicle, 2010 white GMC Terrain

7. January 1 – Area of McLaughlin Drive – Break and Enter to Residence, safe stolen

8. December 29 – Area of Boulder Boulevard – Theft of Utility Trailer, 2006 white Haulin Rural

9. December 29 – Area of Lapotac Boulevard – Theft of Vehicle, 2004 grey Acura EL

10. December 30 – Area of Township Road 510 and Range Road 43 – Break and Enter to Shop, generators, battery chargers stolen

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. The majority of Theft from

Vehicles are crimes of opportunity. Lock your doors and remove anything of value from your vehicles.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP At 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477 or text the keyword TIP205 (TIP250 for Edmonton Metro) & your Tip to CRIMES (274637)

Structure Fire, Summer Village of Yellowstone

Continued From Page 1

The area of origin appeared to be the subfloor below a main-floor wood-burning fireplace. However, the exact point of flame contact or heat transfer is currently classified as undetermined.

Three apparatus and eleven firefighters were dispatched to this fire along with an initial response from Alberta Health Services and the Royal Canadian Mounted Police, as well as the electric and gas utility companies.

Oneway Regional Fire Services and North West Fire Rescue would like to remind everyone that smoke alarms save lives and can limit property damage. They urge you to check to ensure that there is a working alarm on every level of the home. For those with wood-burning appliances, they recommend you to have your chimney cleaned annually and fireplace inspected every five-years.

For more information contact Fire Chief David Ives 788-777-4688 / davidives.nwfr@gmail.com

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"I have had BRUTAL sciatica and neck pain for years....chiropractic manages it for brief periods of time...I had one hour long treatment by Shirley Mazeppa and can honestly say I had no pain for weeks after!!!! Improved my mood and allowed me to have day to day tasks not be painful let alone ride!!!! SOOOOOOOOOOOOOOOOOOOOOOOO looking forward to my next treatment!!!!!" -Jody Poulin

"I am in disbelief, Shirley Mazeppa brought her PEMF machine to Thorsby where I was competing in a horse event. I have arthritis in both my knees and I was really feeling the hurting today. Shirley hooked me up for 40 minutes on Saturday afternoon, it's now Monday evening and I am still PAIN FREE, my knees feel great. I'll be making a trip to Shirley's next time I start feeling that pain, I won't try to handle it again. Thanks so much Shirley" -Debra Rowney





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- Dr. David Williams, Alternatives for the Health Conscious Individual (March 2004)

ALBERTA HELPS NON-PROFITS SAVE MONEY

Submitted by Government of Alberta

Organizations can save money and reduce greenhouse gas emissions by determining areas for energy efficiency improvements.

The Non-Profit Energy Efficiency Transition (NEET) Program will provide funding to help non-profit and volunteer groups determine how efficient their current lighting, heating, cooling and hot water systems

are. Equipped with audit information, agencies can then take advantage of Energy Efficiency Alberta's Business, Non-Profit and Institutional Rebate Program, which offers incentives for the purchase and installation of high-efficiency products.

"This grant is another example of carbon levy revenues being meaningfully reinvested back into Alberta. We are ensuring that non-profit and volunteer groups receive the tools and supports they need to lower

costs, protect the environment and continue to do admirable work that improves the lives of Albertans. Energy efficiency is a cost-effective and accessible pathway for these organizations to play a role in Alberta's ambitious Climate Leadership Plan." - Shannon Phillips, Minister Responsible for the Climate Change Office

The Business, Non-Profit and Institutional Rebate Program is one of several programs offered by Energy Efficiency

Alberta – a provincial agency established as part of Alberta's Climate Leadership Plan. The agency will provide programs and services, starting this spring, to help families, businesses and communities protect their pocketbooks and lower their carbon footprints.

Non-profit and volunteer organizations looking for more information can email energyefficiency@gov.ab.ca.

NGPS BOARD CONSIDERS REDUCING NUMBER OF TRUSTEES IN 2017 ELECTION

Submitted by Lisa Bakos

Northern Gateway Public Schools' Board of Trustees is currently seeking public input regarding the potential reduction

of trustees and realignment of electoral areas in the 2017 election.

Since forming in 1995, the division has seen a decrease in both our student population and

our number of schools. Given the overall decrease, the Board of Trustees is reviewing the potential of governance with fewer members on the Board, reducing from 9 to 7 trustees.

The survey will take approximately 5 to 10 minutes to complete. Please follow this link to share your thoughts.

<http://signup.thotex.com/ngrd/vYY>

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CARBON LEVY REBATES BENEFIT MILLIONS OF ALBERTANS

Submitted by Government of Alberta

Deputy Premier Sarah Hoffman met with an Edmonton family that received a rebate under the program.

“The carbon price is a made-in-Alberta solution that protects pocketbooks with rebates for 66 per cent of Albertans to help our most vulnerable and ensures that we get pipelines built. We are committed to providing Albertans with the support they need to use energy more efficiently and save money.” - Sarah Hoffman, Deputy Premier

The rebate program helps lower- and middle-income families adjust to the additional costs of carbon. Families will also be able to take advantage of energy-efficiency programs that will start as early as spring 2017.

The carbon levy rebate is expected to recycle \$95 million back to Alberta households in 2016-17 and \$435 million in 2017-18.

Quick facts

- In 2017, 60 per cent of households are expected to receive a full rebate to help offset the costs of the carbon levy:

- A single adult earning up to \$47,500 per year will receive a rebate of \$200.

- A couple earning up to \$95,000 per year will receive \$300.

- Parents that qualify for the rebate will receive up to an additional \$30 per child (to a maximum of four).

- Rebates will increase in 2018, along with the carbon levy, to \$300 for singles, \$450 for couples, and \$45 per child.

- You do not have to apply to receive the rebate, but you must file your 2015 and subsequent income tax returns to be eligible.

- The rebate is non-taxable and also refundable, meaning you will receive it even if you pay no provincial income taxes.

- Questions about the rebate may be directed to the Canada Revenue Agency (CRA), as CRA is administering the program on the province’s behalf: 1-800-959-2809.



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SANGUDO HORTICULTURAL CLUB

2016 YEAR IN REVIEW

Submitted by Brenda Ogden

This year our club faced some difficult weather challenges in our landscapes. Our membership is spread out across wide distances, so the gardening challenges were different for each member of the group. Some gardens did not do well with our early drought, others did very well with an increase of moisture, while others got drowned out. Gardeners however tend to look forward to the next year, anticipating another successful season. We are a hardy lot!

Our plant of the year was the Red Velour Petunia. This plant was recommended by Baraka Gardens and most of our members enjoyed growing it. It spread out well for most of the gardeners and also worked in container pots.

January 18- Carolyn LeClerc had pictures of her garden and gave us information on how she created some of her special features. It was good to see the green season again on the screen. We also have catalogues that night to take home so that we can make our wish lists for the upcoming year.

January 23-Sangudo Horticultural Club's 9th Annual Garden Club Day had a wonderful crowd turnout. Thank-you to all who attended. Our guest speakers were Master Gardener Maggie Neilson; whose emphasis was on how to create your landscape with less effort and a local garlic grower Nick Lysachok. Nick was a last minute change, but he did a fabulous job and the crowd was given a lot of useful knowledge.

February 22-Tasha Bradsell, owner of Baraka Gardens, gave us information on what was new in the garden for 2016. She gave us pictorial images, plus tidbits of information on her recommendations of the best new flowers for our growing area.

March 28-Three speakers covered the topic of water features in your landscape. Lloyd Giebelhaus talked about his pondless waterfall, and his bubbler. Bev

Kippers was the only speaker of the group who had fish in her pond. Bev spoke a little on how to overwinter the plants and fish of ponds. Brenda Ogden was the third speaker of the night. She had a slide presentation on how beauty could be found in ponds when the snow has settled in. A website was mentioned; The Greengate Garden Center in Calgary has information on how to choose your site and how to lay down pond liner etc.

April 25-Mike Desmarais, who is the superintendent of the Trestle Creek Golf Resort, talked of Turfgrass Care in Rural Landscapes. Mike was very knowledgeable and we left at the end of the night with a lot of useful information. Did you know that adding molasses to a compost pile aides in decomposing it?

May 23-The Sundial Park and Sangudo spring clean-up. This is a way to spruce up Sangudo with the spirit of community connection.

May 28- The location of our annual plant sale was changed to the Sangudo Community Hall. We have both perennials and annuals for sale yearly, and our membership who attend are willing to answer questions from the public.

June -Held the chance for our members to do some volunteering at George Pegg Gardens with the Magnolia Joy of Gardening Club. Also a few members went down to Olds College Campus for the Ab Horticultural Associations Annual Conference. Some good ideas were put forward that benefit our Sangudo Horticultural Club.

June 27-The location of our meeting changed that night, so that we could take an Edible Mushroom Walk on the farm of Denise O'Reilly. For the potluck after the walk, we had the pleasant treat of pan fried mushrooms to go along with the meal.

July 22- We partnered with the Westlock Pembina Garden Club for a tour of the Gablehouse Daylily farm near Sylvan Lake. This farm sells over 400 varieties of daylilies that are all suitable for growing in the Zone 2 and higher

range. The daylily is regarded as one of the most versatile of the perennials and comes in an abundance of colors.

August 10-We also partnered with the Magnolia Horticultural Club with their Fruit Orchard Tour. This was a tour of well established fruit growers. We were fortunate enough to hear the expertise from some of the members of Alberta's fruit growers association. Bernie Nikolai, Jo Granger and Joyce Moss gave us valuable information at our first stop at an apple orchard, while Tony Voon was informative at our next stop at his plum orchard.

August 13 & 14- Edmonton Pond tour put on by the Water Works Ponds in Edmonton. Back in March we had speakers talking about their ponds and this tour tied in to that. There were 14 different locations to visit. My own personal tip in a tour this big is; (if you know you can not see everything and are unable to tour around the second day) the older sections of the city usually have more established ponds and plants, and may be more worthwhile visiting.

September 26- Use what you grow and share. We brought a potluck dish made with something we grew in our gardens and its corresponding recipe. We had an informal discussion and shared new ideas; how new plants that we grew survived the year, the results of our plant of the year that we had received in the spring, and shared how our gardens fared in this difficult weather. This was a meeting that brought a good connection to each other.

October 24-Travelogue to Antarctica. We were armchair travelers, as Yvonne and Terry Slemko showed pictures and told us of their exciting trips to Antarctica. The couple set up a Canadian Flag and proceeded to spend one frigid night in the outdoors under a sleeping bag in the cold Antarctic summer. I'm sure even the penguins were shaking their heads over that.

November 27. We went to the Muttart Conservatory in Edmonton for our Christmas gathering.

We had 15 people in attendance. Most of us joined the interpretive tour through the arid, temperate and tropical pyramids. The seasonal feature of the fourth pyramid was the Holiday Express. A mixture of trains were among the backdrop of hundreds of poinsettias.

Upcoming events:

January 23- 700pm- A Walk in my Garden. Carolyn Bajer will be giving us pictorial views of her yard. Everyone is welcome. Place- Sangudo Golden Club(4927-59ave)

January 28- 10th Annual Garden Club Day: Bountiful Garden- Growing & Preserving. Saturday, January 28, 2017 from 8:30-3:00 at Sangudo Community Hall(4924-50str). Guest Speakers: Stephen Legaree from Alberta Urban Garden and the ATCO Blue Flame Kitchen. \$35.00 registration includes catered lunch & snacks, mini-trade show, door prizes, recipes. Info: Brenda 780-237-4771 or Gloria 780-284-1056, e-mail: hpthompson0703@gmail.com. registration forms can be picked up at Lac Ste Anne County Office or more information and registration forms available on the George Pegg Botanic Garden website www.PeggGarden.org. Send cheques to Sangudo District Horticultural Club Box 466 Sangudo AB T0E 2A0. Hosted by the Sangudo & District Horticultural Club

Stephen Legaree is a keen home gardener. With his popular YouTube series Stephen "promotes organic gardening that is simple, sustainable, and does not have to cost a lot." We do this by investigating the Science behind gardening, methods, practices and products to make sure that you will have the best chance of successfully growing your own food at home."

The ATCO Blue Flame Kitchen presents an informative session on food preservation and safety. See a display of various types of equipment along with a "dry demo" of the processes. Everyone takes home a package of recipes and reference materials.

Everyone is welcome!

GREETINGS FROM THE ONOWAY LEGION

Submitted by Lorinda McCool

Congratulations on surviving 2016 and I hope you have a very happy and prosperous 2017. A bird we had never seen before visited the feeders over Christmas and by much research it was determined to be a Eurasian Collared Dove. According to the article from the "All About Birds" website this unusual visitor was introduced to the Bahamas in the 1970's, made their way to Florida by the 1980's and is beginning to colonize most of North America.

Our General meeting was held on January 2nd and the following items were discussed and /or voted on: President Scott Sadler thanked the membership, executive and directors for the positive growth and change while reminding everyone of the responsibilities of a Legion member; Bud Westerlund is in rehab at Norwood and is expected to be back home within three weeks; Don Grant is recuperating and

should also be home shortly; Dee Hobbs and Wayne Hobbs were accepted as members; Erin Lacey, Jeanne Hodgson and Dee Hobbs were initiated; there will be a Superbowl Party on February 5th beginning @ 3:30 pm and the Early Bird Membership Draw was won by Dennis Fellows.

After the General meeting elections were held with the following results: President: Scott Sadler, Vice President: Ric Moses, Treasurer: Val O'Toole, Secretary: Jay Krause, Service Officer: Ted Latimer and Sergeant at Arms: Darren Sadler. Our directors will be Bob Clark, Ed Gallagher, Bernice Henry, Louise Bambrick, Cheryl Wellon, Joanne Gorman, Neil Gorman, Lisa Johnson, Carol Villneff and Robert Heinz. Congratulations to our newly elected representatives. Thank you to Deputy District Commander Dave Velichko from the Joe Wynn Legion in Edson for overseeing our proceedings and performing the installation of officers.

Good luck to Peter Menzel who will be representing the Onoway Legion at Command Level in 8-Ball Pool Singles at the Coalhurst Legion on January 13th and 14th. District #8, 8-Ball Pool Doubles will be held at the Onoway Legion on January 21st.

Thank you to Jay K., Brodie H. and Cheryl S. for providing the very tasty breakfast sandwiches and lunch selections which included donairs and beef dips at the December 29th 8-Ball Scotch Doubles Fun Pool Tournament. The top three winning teams out of 10 teams were Jim Hyrniuk with Terry Wispiniski in first place, Rob Ewart with Mark Armishaw placing second and Kim Koroll with Woody Jordan taking third. Congratulations to Scott Sadler for winning the prize for the most creative Hawaiian outfit and to Kim Korall for turning 60 in the best Hawaiian Shirt!

UPCOMING EVENTS:

January 10 - Tuesday Night Drop-In Darts - Registration from 6:45 pm to 7:15 pm. Play

@ 7:30 pm

January 11 - Wednesday Night Drop-In Pool - Registration @ 7:00 pm. Play @ 7:30 pm.

January 13 - Friday Night Supper - Chicken Tournedos

January 14 - Private Catered Meal - Northwest Fire Rescue & Training Ltd.

January 16 - Executive Meeting

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen, Cheryl Sadler @ 780-967-4146 for membership, Neil Gorman @ 780-960-4160 for sports and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!

The Last Spike GRILL

Valentine's Dinner at The Last Spike Grill

February 10th & 11th
5:00 pm to 8:30 pm
Reservations Required

Four Course Dinner
Includes Dessert &
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MORINVILLE RCMP INVESTIGATE ROBBERY AND ASSAULT - SEEK 'WANTED' MAN

Submitted by Morinville RCMP

Sandy Beach, Alberta – Morinville RCMP are looking for public assistance in locating a 'wanted' man who discharged bear spray and robbed a liquor store at approximately 6:15 p.m. on December 30, 2016.

The suspect male sprayed bear spray in the liquor store, stole a small amount of liquor and departed. While outside the liquor store – the male discharged the bear spray through a vehicle window at a man

who was not associated to the liquor store, nor aware of the robbery. The suspect male then fled on foot.

The clerk in the liquor store was not injured, and the bystander in the vehicle suffered minor injuries as a result of the discharge of the bear spray.

RCMP investigation has determined that 29-year-old Taron Twoyoungmen is responsible for the above incident and is facing the following charges as a result:

- Assault with a weapon
- Possession of a weapon for a dangerous purpose

• Disguised with intent to commit an offence

• Robbery – with other offensive weapon

• Fail to comply with Probation Order (x3)

A warrant for his arrest has been granted.

The Morinville RCMP are requesting public assistance in locating Twoyoungmen. If you have information about his whereabouts, please call the Morinville RCMP at 780-939-4550 or call your local police detachment. If you want to remain anonymous, you can contact



Crime Stoppers by phone at 1-800-222-8477 (TIPS), by internet at www.tipsubmit.com, or by SMS.

RELEASE THE ARTIST IN YOU

Submitted by Joan Charbonneau

The Alberta beach and District 50 Plus club are hosting a Paint Party on Saturday January 21st. at the Heritage Centre. All supplies are included in the registration Fee of

\$40. The artist overseeing this event is Renee Lipka. Many have seen her dance but may not know that she is also an accomplished artist.

This is a fun afternoon and you will leave with a finished picture that you can proudly display. Snacks will be provided and the Bar will be

open so you may enjoy a glass of wine with friends as you create your own masterpiece. Two classes will be held the first from 12 to 2 p.m. and the second from 3 to 5 p.m.

Tickets are being sold by Chere at Beach Comber Beauty salon Ph: 780-924-3242 Ellen's Hairstyling



ph:780-924-2023 or Joan Charbonneau: 780-924-2186

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SNOMO DAYS COMING SOON!

Submitted by Lori Pratt

Hosted by a collaborative of non-profit community groups, this much anticipated annual event is back for its 38th year! The Alberta Beach & District Lions Club is the lead organization behind SnoMo Days and is proud to continue to serve the community, but the event is an amazing example of how great things come from many people working together. Just to name a few of the other non profit groups who help to organize activities at SnoMo Days, they included Alberta Beach & District Agricultural Society; Alberta Beach Snowmobile Club; Lac Ste. Anne ATV Club; Onoway Army Cadets; Active 50+ Club; Beachwave Park and Alberta Relic Riders. Thank you's are also extended to The Village of Alberta Beach, the County of Lac Ste. Anne and the Town of Onoway.

SnoMo Days is Alberta's winter festival committed to providing fun activities during the Family Day weekend. This season's event will take place in the Village of Alberta Beach from February 18 – 20, 2017. Dedicated to supporting motorized and non-motorized winter sports and family oriented winter leisure activities, this event truly has something for EVERYONE – young and old alike! From using your creative side to shape a snow sculpture, skating or playing broomball, riding your snowmobile or ATV in one of two poker rallies, relaxing on a horse-drawn wagon ride, dancing on the ice to music under a tent, participating in various activities within the Kidz Zone; riding in or watching the spectacular snowmobile drag races where machines may reach speeds of over 150 km/hr. in 660 feet from a stand still; to viewing the spectacular fireworks display and MUCH, MUCH more!!

Each year over 200 Albertans give their time to volunteer for this event. Big thanks go out to each one of you for your past support! We are in great need of volunteers for the upcoming event. If you are interested in volunteering for the 2017 SnoMo Days, please call Marvin at 780-945-3760. There are a variety of positions and you will meet some terrific people who are all community-minded at heart.

Beyond all the family fun and snow activities that will take place, the money raised from this collabo-

orative event goes directly back into the community. Because there are so many different non profit group involved, the benefits are far-reaching and too numerous to mention them all. Some examples of how just the Lions Club funds help our community include: Beachwave Park; Christmas Hampers, SADD (Students Against Drunk Driving); Onoway Minor Hockey; Scooter Loaner Program; the Food Bank; Community Family Emergency Fund; Stollery Children's Hospital and STARS Air Ambulance to name just a few. Each dollar raised, either by participation, donation or sponsorship goes a long, long way!

The foundation of the event comes from the generous support of local sponsors. Attracting over 8000

guests in 2016, this event provides vast marketing exposure for our sponsors. SnoMo Days would just not be possible without the engagement of our sponsors...please consider championing this event on a corporate or personal level. To help support this long standing local event, please email: [sponsors@sno-](mailto:sponsors@snomodays.com)

snomodays.com.

Details for the 2017 SnoMo Days are unfolding each week...check our website often for more information! snomodays.com or like us on Facebook: [facebook.com/albertabeach](https://www.facebook.com/albertabeach). Mark your calendar for some Sno-Fun!



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Hall Rentals

- Alberta Beach Agliplex, Susan 780-996-2960.
- Alberta Beach & District Heritage Centre, We now have air conditioning! Space Available! Call Shirley at: (780) 924-3272 or Shawna at: (587) 879-5450
- Bright Bank Hall, 780-963-6835
- Cherhill Legion, Mary 780-284-1703.
- Cherhill Community, Taryn 305-9022
- Darwell Hall, 780-721-2690
- Darwell Seniors, 892-2457
- Glenevis Hall, 785-4144 or 721-6188
- Gunn Hall (G.A.R.S.) 780-967-2215


- Hathersage Community Centre, Noreen at 786-2946
- Lake Isle Hall, 892-2998.
- Magnolia Hall, 727-2015
- Manley Goodwill Community Hall, 963-9165 or 916-0146
- Mayerthorpe Diamond Centre, Charlotte at 786-4659
- Mayerthorpe Legion, 786-2470.
- Onway Community Hall, 967-4749.
- Onway Legion, 967-4980
- Onway Museum Gym classroom, 967-5263 or 967-1015
- Park Court Community Hall, 727-4476
- Parkland Village, 960-5556

- Ravine Community Hall, 325-2240
- Rich Valley Community Hall, 967-5710 or 967-3696
- Rosenthal Community Hall, 963-7984
- Sandy Beach Rec Hall, 967-2873
- Sangudo Community Hall, 785-3221 or 785-3118
- Stettin Nakumun Comm. Hall, 967-9198

Obituaries



Benjamin Walter Sonnenberg
 With great sadness, we announce the passing of Ben Sonnenberg of Alberta Beach. (Jan. 20 1933 - Dec 17 2016 at the age of 83) Survived by one brother Art and two sisters, Ruth Nordli and Violet (Raymond) Hillman and numerous nieces, nephews, cousins, friends and neighbors. Ben was a lifelong farmer, until the last few months of his life, when cancer took hold. He was predeceased by his parents, Martha and Fred Sonnenberg, infant sister Doreen, brother-in-law John Nordli and infant nephews Kurtis and Blaine Nordli. As Ben requested, there will be no funeral. There will be a private family interment at a later date. Many thanks to Walter Berndt for all his help and to Alphonse Lavallee for his faithful friendship. A special heartfelt thank you to the Lynnwood Home for their exceptional kindness and care of Ben in his last months. He will be greatly missed. Charity donations gratefully accepted to the Alberta Beach Lutheran Church Cemetery Maintenance Fund.

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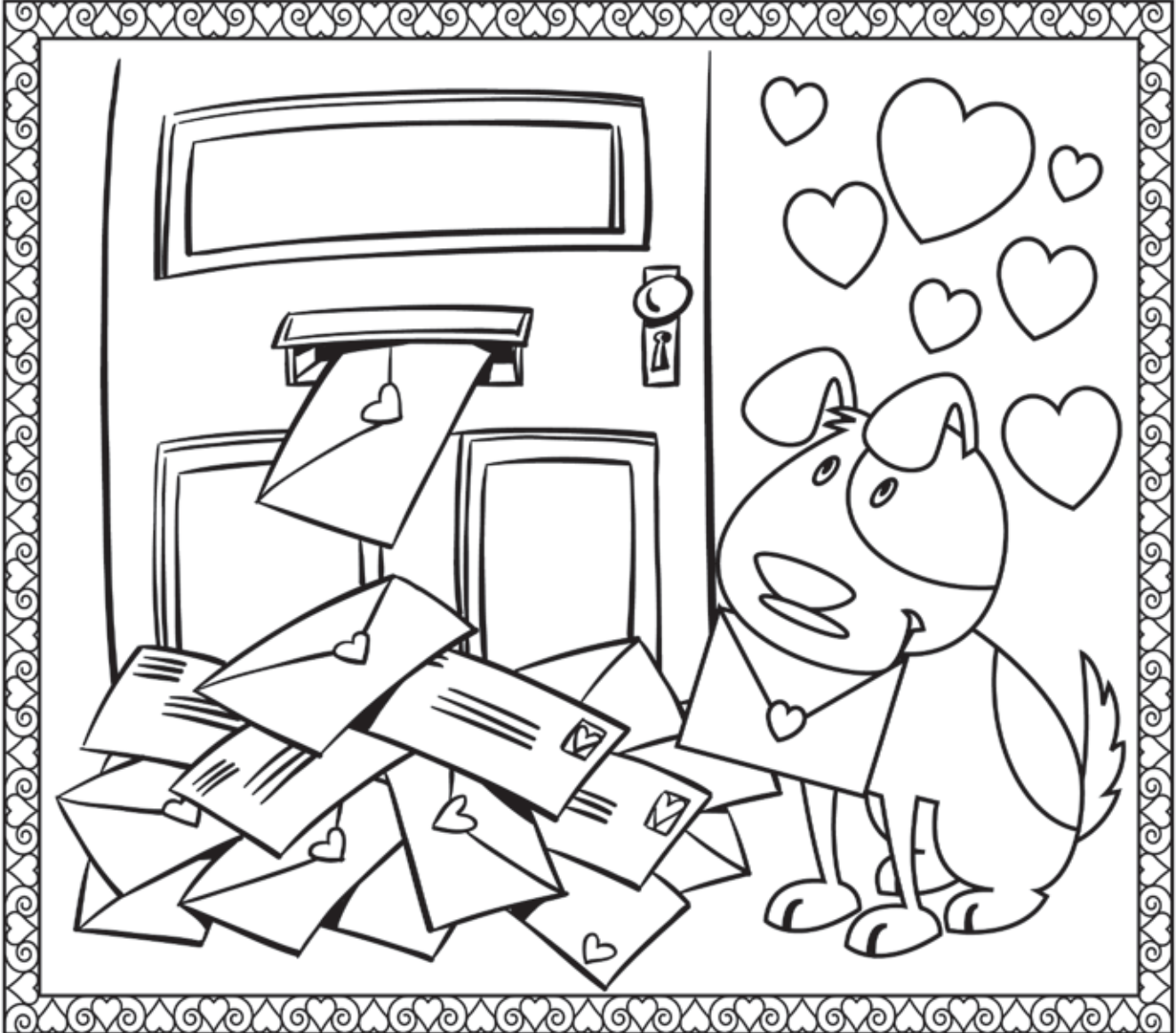
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PHONE: _____ TOWN: _____

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Box 3595 Spruce Grove, AB T7X 3A8**

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OSELIES, DAVID 1959 - 2016
 It is with great sadness we announce the passing of David Oselies on December 30, 2016 at the age of 57.

David will be dearly missed by his siblings: Allan, Bonnie (Herb) Grynke, Jerry (Terry), Erick (Debbie), Ruben (Donna), Joan (Rob) Goertz, Fred (Irene), and Betty (Bruce) McAnally as well as his nieces and nephews: Laurelie (Kris) White, Kristina (Robert) Pierce, Kimberley Grynke, Kelly Oselies (partner, Roxana), Corey (Kelley) Oselies, Ben (Margaret) Jex, Shannon (Phil) Smith, Stacey (Korey) Yushchshyn, Leanne (Derek) Wurban, Melanie Oselies (partner, Daniel), Brenda Oselies (partner, Jarod), James Goertz (partner, Debbie), Charity Goertz (Tarik Bramwell), Amy

(Lee) Wasylishyn, Jeff Oselies, Keith (Meghan) McAnally and Adam McAnally. David is also survived by his great nieces and nephews: Korbin and Konrad White, Matthew and Mikayla Pierce, Joshua and Julia Oselies, Sawyer, Jackson and Ella Oselies, Alexandra, Marie and Elyse Jex, Erica and Michael Smith, Reese and Nathan Yushchshyn, Hailey Wurban, Aiden and Owen Goertz, Perseus Bramwell, Ryan (Brittany) Wasylishyn, Brett Wasylishyn, Odessa Oselies, and Keira McAnally. David was predeceased by his parents, John and Annie Oselies. A Funeral Service for David was held

on Thursday, January 5, 2017 at Parkland Funeral Chapel, Stony Plain, AB. Interment at St. John's Lutheran Church Cemetery Alberta Beach. In lieu of flowers, Memorial Donations in David's name may be made to St. John's Lutheran Church Alberta Beach or to a charity of one's choice. Parkland Funeral Services, Stony Plain, in care of arrangements. 780 963 - 2520.

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His Helping Hands Firewood - Poplar for sale, \$200/cord + delivery. All profits go to charity. 780-218-4177

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2004 Ford Explorer Limited. 235,000 KM. 4.6 V8 Fully Loaded. DVD player, Sunroof, Power lock windows, seats 7, good tires, white exterior, black interior. Asking \$5,000 OBO. Call 780-967-0200

Miscellaneous

Gas Furnace 32000 btu, Noryne, used 1 winter. \$1000 OBO. Lortone Lapidary rock saw model ST10, \$800 OBO. Call 780-727-4003

For Sale - 1975 Allis Chalmers 7060 Tractor (including loader, bucket & bale fork), Seed Drill 12ft, Disk 10-12ft. Call 780-892-2815

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Senior Must Sell! 22 ft. Travel Trailer - \$5,500 OBO. (Parked on service road by seniors complex, has to be moved... Will Deliver. Springdale Keystone, year 2000. Light Weight, Easy to Tow. New Tires, Electric Brakes. Clean as new interior. Sleeps 4 to 6, Solid body, Awning, Air Conditioning. Was professionally winterized by Grove RV. (Ph. RV dealers for price on similar units, Aakan etc.) To view, by Darwell

Seniors Complex, 780-892-2110

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Onway Suites for rent, 1 bedroom \$795, 2 bedroom \$895. Call 780-721-4132

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 <p>158+ Acres With a Lake View and Next to Crown Land Has a Great Family Home With an Open Floor Plan, a Large Country Kitchen, a Spacious Living Room, a Huge Rec Room, 3 Bedrooms & 2 Baths. Extras Are a Large Shop, 4 Outbuildings, Corrals, Fencing & an Abundance of Wildlife! \$479,900</p>	 <p>1 of 2 Treed Lake Lots! Living at the Lake For Under \$25,000.00! Buy a Great Treed Lot For Only \$24,500! There are 2 To Choose From.</p>	 <p>Fantastic 4 Bedroom Family Home With a Finished Basement on a Double Lot! Features Include a Large Country Kitchen, a Bright Living Room, 2 Baths, a Huge Rec Room, a Covered Patio & a Double Garage With Power! \$195,500</p>
 <p>Large Lot Located in The New Subdivision in Evansburg! \$28,500</p>	 <p>NEWLY Updated 3 Bedroom Home With a Full Basement Nestled in the Trees on 11 Acres Shows a "10". Extras Include an Attached Garage, Huge deck, Firepit Area, Small Barn, and Some Game Fencing! \$358,900</p>	 <p>Incredibly Priced Updated Home on a Fenced Lot Features a Large Country Kitchen, an Attractive Living Room, 3 Bedrooms, a 4 Piece Bath, 2 Decks, a Storage Shed & Close to Schools! \$89,900</p>
 <p>SOLD Great 3 Bedroom Home! \$169,900</p>	 <p>Scenic 98+ Acres With a Creek, Close To Town, Right Off Pavement, Oil Revenue. Great Building Sites! \$146,500</p>	 <p>Beautiful Home on 1.44 Acres in Town Has 5 Spacious Bedrooms, 4 Baths, a Huge Chef's Kitchen, a Dining Area, a Den/Office, a Living Room With a Fireplace, a Rec Room an Attached Garage, 2 Covered Decks, & a Paved Driveway. Also Included is an Older 2 Storey Home & a Garage! \$375,000</p>
 <p>Stunning 2 Storey Home on 1.15 Acres Features a Large Custom Kitchen, a Living Room With a Gas Fireplace, 4 Bedrooms, 3 Baths, a Massive Bonus Room & a Finished Basement. Extras Are 2 Covered Decks, a 28X30 Heated Attached Garage, a 30X40 Shop With a Lean-To & Power. \$399,900</p>	 <p>Commercial Building in Entwistle With Residence on a Double Lot is Perfect For Your Own Antique Store or Other Retail Business! \$279,900</p>	 <p>Beautiful Home on 1.44 Acres in Town Has 5 Spacious Bedrooms, 4 Baths, a Huge Chef's Kitchen, a Dining Area, a Den/Office, a Living Room With a Fireplace, a Rec Room an Attached Garage, 2 Covered Decks, & a Paved Driveway. Also Included is an Older 2 Storey Home & a Garage! \$375,000</p>

Church Directory

Rich Valley Community Church
 Sunday School
 10:00a.m.
 Worship Service
 11:00a.m.

Catholic Parish of Lac Ste. Anne
 Sunday
 10:00a.m.

St. John's Anglican Church
Onoway
 Sunday Service
 10:00a.m.
Everyone Welcome

Mayerthorpe Baptist Church
 Worship Service
 Sunday 10:30a.m.
 Children's Church
 10:30a.m.
 4606-54 St. Mayerthorpe
 (780) 786-2677

St. John's Lutheran Church
Alberta Beach
 Sunday Service
 11:00a.m.
 Sunday School

Zion United Church
 Sunday Service
 10:00a.m.
 Sunday School
Serving Alberta Beach, Wabamun, Darwell & Lake Isle, Onoway & Area
 (780) 924-3351

St. Joseph's Catholic Church
 Sunday Mass
 11:30a.m.
 Wabamun, AB

Sangudo St Mary the Virgin Anglican Church
 Sunday Services:
 2nd & 4th Sunday
 Holy Communion
 11:00a.m.

Sangudo United Church
 Sunday Services
 1st and 3rd Sun.
 of each month
 Worship Service
 11:00a.m.

Trinity Lutheran Church (LC-C)
"The Church of the Lutheran Hour" - Rockyfort Bridge
Pastor Dan Hansard
 Church (780) 778-2055
 Sunday Worship
 9:00a.m.
Senior's Service & Cottage Bible Study - Phone for locations

Mayerthorpe Pentecostal Assembly
 P.A.O.C. **Rev. Arnold Lothoiz**
 Sunday 10:30a.m.
 Morning Service
 Tuesday 7:30p.m.
 Ministry Training
 (780) 786-2424

St. Michael Lutheran Church
 Sunday Services
 1st & 3rd Sunday
 at 2:30p.m.
Rev. Horst Gutsche
 (780) 674-3944
Mystery Lake

Onoway Baptist Church
 Sunday Service
 10:00a.m.
 Youth Group
 Friday 7:00p.m.
 (780) 967-2266

Mayerthorpe United Church
Mayerthorpe: Rev. Alwin Maben
 Sunday Worship 9:30a.m.
 to be held at the Peter Trynchy Community Center at Pleasant View Lodge
 Until Further Notice
 PII: (780) 786-2134

Alberta Beach Alliance Church
 Sunday Worship Service & Kid's Church 11:00a.m.
 Sunday School
 10:00a.m.
 (780) 924-3282

Cherhill Community Church
 Sunday School
 10:00a.m. - 11:00a.m.
 Worship Service
 Sunday 11:00a.m.

Roman Catholic Church
 St. Agnes' Parish, Mayerthorpe
 Sunday 9:00a.m.
 St. Elizabeth Parish, Evansburg
 Saturday 7:00p.m.
 (780) 786-2032

Calahoo Alliance Church
 Family Worship Service Sunday
 10:00a.m.
 For Info Call Jerry
 (780) 974-7734

Rock Victory Church Worship Celebration
 Sunday Worship w/ Children's Ministry
 10:00a.m.
 Wednesday Prayer & Bible Study 6:00p.m.

COMMUNITY EVENTS 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <small>New Year's Day</small>	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

JAN 23 - GUNN HALL MEETING @ 7:30pm.
JAN 28 - SANGUDO HORTICULTURAL CLUB 10TH ANNUAL GARDEN DAY: Bountiful Gardens-Growing & Preserving at Sangudo Community Hall. Cost \$35. Registration forms on George Pegg Botanical Garden website or pick-up at Sangudo County Office. Info Brenda 780-237-4771
JAN 30 - ANNUAL HALL MEETING at Rich Valley Community Hall, 7pm. New members welcome. Please come out & support your community.

FARMERS MARKETS

ALBERTA BEACH: Open Every Sunday, May - Oct, 12-3pm. Contact Joanne 780-690-6392
BARRHEAD: Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802
ONOWAY FARMERS' MARKET presented by the Onoway & District Ag Society, Fridays 4pm-8pm at the Community Hall. Starts May 1st. Janice (780) 667-6327. onowayfarmersmarket@gmail.com. New vendors welcome!
SPRUCE GROVE: at the Elevator, Sat 9:30-1:30, tables (780)240-5821
STONY PLAIN: Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.
WESTLOCK: 11-3pm, Bargain Shop Mall, Dave 780-954-2437
WHITECOURT: Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.
CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors Open at 6:30pm, Games at 7pm.
CHERHILL LEGION: First Sunday of Month. Doors Open 12:00 Noon
MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30pm, bingo 7:30pm
RICH VALLEY COMMUNITY HALL BINGO: 7:30pm. Loonie Pots. Next bingos November 2, 16 & 30, December 14 & 28.
STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

JAMBOREES

CALMAR: Wilton Park Community Hall, Every 4th Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.
CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391
SANGUDO: Sangudo Community Hall, 1st Sat of month 7pm, Oct-May. Everyone welcome. 785-4105 or 305-5088.
SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051
STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.
THE ABBOTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of each month @ 7pm. PH: 780-918-8545, Admission is Donations Only.

MEAT DRAWS

Alberta Beach Museum: Every Sat 4pm, Alberta Beach Hotel
Alberta Beach: 4pm, Every Sun. Jungles Bar & Grill
Barrhead Royal Canadian Legion: every Fri 6pm. Also have Queen of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.
Darwell: Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant

Onoway Royal Canadian Legion: every Fri Ph. 780-967-5361
Stony Plain Royal Canadian Legion Br# 256: Every Saturday @ 3pm. Meat Draw & 50/50.
Whitecourt Legion: Every Sat, 4pm. Located downtown behind the CIBC.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.
ALBERTA BEACH & DISTRICT ACTIVE 50+ Club activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).
BADMINTON: Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.
BARRHEAD PHOTO CLUB: 1st & 3rd Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663
COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.
JR. SCRAPBOOKING Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404
LAC STE ANNE COMMUNITY CHOIR, Accepting new members for all voice ranges. Men & women 18 yrs & over. Weekly practice Wednesdays at Alberta Beach Heritage Center from 7-9pm. For info call Eunice @ 780-618-7865.
ONOWAY GOLDEN CLUB: Cards Tuesdays, 1:00PM. Exercise Fridays, 10:00AM. 1st Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.

ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.
ONOWAY MUSEUM: Gym & classroom 780-967-1015 or 780-967-5263
ONOWAY ROYAL CANADIAN LEGION open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)
PANCAKE/BREAKFAST SOCIAL: Parkland Village Community Centre - 3rd Sunday (except June, July, August) 9-11:30am
RIVER TALKERS TOAST MASTERS CLUB, every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Lorraine 286-5040.
SANGUDO ART GROUP: Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.
SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain). 2nd Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032
SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am,

inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032
SQUARE DANCE LESSONS: Thursdays 7-9pm. Starts Sept 29th to Dec 15th, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or i.squardance2016@gmail.com
WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1pm.
VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP): Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsac.ca

MEETINGS

1ST ONOWAY SCOUTS:Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.
3053 ROYAL CANADIAN ARMY CADETS, Onoway Historical Centre, Wed, 6:45pm-9:30 for youths 12+ 967-0443
755 PARKLAND AIR CADETS Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.
526 Barrhead Air Cadets, Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-305-7233
AA - Mayerthorpe, Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927
AA -Sangudo Golden Club, Tues 8pm call 786-4402/785-9214/785-3599
AL-ANON: Tues 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.
AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205
ALBERTA 55 PLUS: Villeneuve Hall at 10a.m. New Members Welcome. Meetings on 2nd Tues of the month. Info from Donna 780-962-5933
ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7pm, Alberta Beach Agriplex.
ALBERTA BEACH AG SOCIETY meets on the 4th Thurs. of month, 7pm, Agriplex
ALBERTA BEACH MUSEUM meets the 2nd Wed, 7pm at Heritage House 924-3167.
ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043
BARRHEAD ROYAL CANADIAN LEGION, general meeting every 2nd Thurs, 7pm at the Legion Hall.
CHERHILL COMMUNITY ASSOC. Monthly Meeting 1st Monday, 8pm at the Hall. 785-2825 *Except July, Aug, Sept.
CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12pm, Alberta Beach Agriplex. Sept-June. Info call Melissa 780-297-1892.
Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/ Stony Plain area once a month. Call Chris 780-963-6997.
CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000
DARWELL & DISTRICT AG SOCIETY MEETINGS, 8pm, 1st Mon, Darwell
DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/Dec), Darwell 892-3099.
GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.
GLENEVIS COMMUNITY meets 1st Wed. Info 785-4144 or 721-6188.
GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.
KINETTE CLUB OF MAYERTHORPE, 7:30pm at Kinsmen Hall, 1st Tues of each month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.
LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30 at Onoway Museum (780) 967-0443

LAKE ISLE HALL BOARD: 3rd Tues, 7:30pm, Lake Isle Hall.
MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5pm in Hospital Basement Education Room.
MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034
NA MEETING Tues, 7pm Poplar Valley Church (780)514-6011
ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:30pm, Chateau Lac Ste Anne
ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7pm, Onoway Museum. 967-5263 or 967-2452.
ONOWAY QUILTERS, 2nd & 4th Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.
ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7pm (Sept-June).
ONOWAY MASONIC LODGE #138, 4th Wed, 7:30 Onoway Legion
ONOWAY OSPREY JUNIOR FOREST WARDENS Ages 6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onoway Heritage Centre & monthly outings. Martin 780-963-1646
PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.
RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agriplex on the 2nd Wed of the month. 7:00pm.
RIVER TALKERS TOASTMASTERS CLUB Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.
SANGUDO PAINTING GROUP: Every 1st & 3rd Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops, For more information call 780-785-2112.
SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's church, Spruce Grove. July 960-5258
WEIGHT WATCHERS Alberta Beach Agriplex - Mondays, weigh in 6:30pm. Meeting at 7pm.
TOPS Meetings (Take Off Pounds Sensibly)
ALBERTA BEACH: Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.
ENTWISTLE: Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982
EVANSBURG: Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155
SANGUDO: Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.
MEALS ON WHEELS
ALBERTA BEACH & AREA: call (780) 910-0034.
DARWELL & AREA: For info on volunteering or eligibility, call Lorraine, 892-2967.
ONOWAY & DIST: Frozen & hot meals available. Call 967-2338 or 967-5244.
YOUR COMMUNITY
SEA CADETS: 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 for youths 12-18, 963-0843
SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9-3pm. Info 960-4600.
UNITED CHURCH THREAT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10am-4pm.
WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1-2:30 pm.

SUDOKU OF THE WEEK

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

		5		3		1		
2	1		9	4			6	3
								2
			5	1	2		4	
	5		4		9			7
9		1			3			5
		7		2	6			4
3	2		1	5	8	6	7	9
5		6	7			2		

ANSWER:

4	6	5	2	3	7	1	9	8
2	1	8	9	4	5	7	6	3
7	3	9	8	6	1	4	5	2
8	7	3	5	1	2	9	4	6
6	5	2	4	8	9	3	1	7
9	4	1	6	7	3	8	2	5
1	9	7	3	2	6	5	8	4
3	2	4	1	5	8	6	7	9
5	8	6	7	9	4	2	3	1

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



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JANUARY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
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MARCH

S	M	T	W	T	F	S
			1	2	3	4
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APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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