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**March 21, 2017**

## ACADEMY FABRICATORS DONATES \$60,000 TO ONOWAY JR/SR HIGH SCHOOL!

Submitted by Lisa Bakos

Students and staff of Onoway Jr/Sr High School were already excited about last week's school assembly in which the school's basketball teams were recognized alongside the school's Robotics Club and Drama students. So it was with much surprise and delight that the school community welcomed Academy Fabricators representative Kelsey Grierson who, alongside three OJSH RAP students who are apprenticing at Academy, presented the school with a cheque for \$60,000! The funds will be put to good use at the new facility. Principal John Lobo shared, "This generosity on the part of



**From left to right is Academy Fabricators representative, Kelsey Grierson, 3 OJSH RAP (Registered Apprenticeship Program) students, NGPS Deputy Superintendent Michelle Brennick and Onoway Trustee Terry Slemko.**

local industry is to be commended. As long-time supporters and partners of education in Onoway, Academy has proven their

commitment to education in this community time and again and we sincerely appreciate their investment."

## LOCAL ARTIST TO STAR IN LSARP GALA

Submitted by Mu Lavin, Lac Ste Anne Refugee Partners

Alex Vissia from Stony Plain, Garner Butler from Onoway, RJ Chalmers from Stony Plain, The Joe Saumer Big Band with their keyboard player Bob Jervis playing 40/50/60's music from Lac St Anne/ Whitecourt/Stony/

Spruce and even Edmonton, and a surprise guest. Finger food will be abundant and desserts will fix your cravings. A light bar, wine, cooler and beer will be offered.

Our Family, an Iraqi Christian family living in Jordan, have their immigration number but it is taking forever and possible even another long wait. Why is it taking so long for our private

sponsorship, you ask? We just don't know this family have waited 4 years for someone to pick them up and when others can come in weeks and months, it's a mystery.

Want a ticket for the Gala of Music and Dancing or more information call Mu Lavin 780 967 3079 or Kathleen Arnold 780 266 4778.

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# PARLIAMENT UPDATE – WEEK OF MARCH 6, 2017

**Submitted by Jim Eglinski, MP – Yellowhead**

This week in Parliament, we discussed topics including national security, genetically modified food, taxation, and post-traumatic stress disorder.

The following was debated in the House:

- Bill C-22 – An Act to establish the National Security and Intelligence Committee of Parliamentarians and to make consequential amendments to certain Acts (Report Stage)
- Bill C-23 – An Act respecting the preclearance of persons and goods in Canada and the United States (Second Reading)
- Bill C-203 – An Act to amend the Supreme Court Act (understanding the official languages) (Second Reading)
- Bill C-211 – Federal Framework on Post-Traumatic Stress Disorder (Second Reading)
- Bill C-291 – An Act to amend the Food and Drugs Act (genetically modified food) (Second Reading)

ically modified food) (Second Reading)

• Bill C-323 – An Act to amend the Income Tax Act (rehabilitation of historic property) (Second Reading)

• Bill S-201 – Genetic Non-Discrimination Act (Report Stage)

- NDP Motion – Tax Fairness
- Conservative Motion – Canadian Forces Tax Benefits

Last week, I spoke on Bill C-23 but was cut short on time. Therefore, I had the opportunity to continue my thoughts on Monday. Also on Monday, I took part in debate on Bill C-211. You can read my comments on the corresponding day's Hansard at: <http://www.parl.gc.ca/HouseChamberBusiness/ChamberHome.aspx>

I am pleased that Bill C-211 passed Second Reading and is now before the Standing Committee on Health. I am also very pleased that Bill S-217 passed Third Reading with unanimous

support by all parties except for the Liberals, who were divided on the vote. The bill compels prosecutors and judges to take into consideration a criminal's past record, prior to granting bail. This comes after the tragic shooting of Constable Wynn on January 17, 2015, in St. Alberta, Alberta.

In the Standing Committee on Environment and Sustainable Development (ENVI), we continued our review of The Canadian Environmental Protection Act, 1999, as well as discussed federal protected areas and conservation objectives. For more information on these meetings, visit: [www.parl.gc.ca/Committees/en/ENVI](http://www.parl.gc.ca/Committees/en/ENVI)

This week, I attended 10 meetings, two events, and recorded a radio message. My next update will be on my travels throughout the riding as Parliament will not be sitting.

## JOKE OF THE WEEK

Two women met for the first time since graduating from high school. One asked the other, "You were always so organized in school, did you manage to live a well planned life?" "Yes," said her friend. "My first marriage was to a millionaire; my second marriage was to an actor; my third marriage was to a preacher; and now I'm married to an undertaker." Her friend asked, "What do those marriages have to do with a well planned life?" "One for the money, two for the show, three to get ready, and four to go."



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# RCMP STILL SEEKING PUBLIC ASSISTANCE IN LOCATING MISSING YOUTH

**Submitted by Morinville RCMP**

Morinville, Alberta – The Morinville RCMP are continuing to look for help in locating 15-year-old Nicolas Watkin.

It is believed that he may be in the Edmonton area in the company of some of his acquaintances. The RCMP would like to confirm his wellbeing.

**BACKGROUND:**

The Morinville RCMP are looking for help in locating 15-year-old Nicolas Watkin. He was last seen at his residence in Morinville on March 4, 2017 and has not returned home since.

Nicolas is described as:

- Caucasian with red hair and blue eyes
- 6'1" tall / 130 lbs
- Last wearing a maroon

ball cap, khaki skinny jeans, black winter jacket and black shoes.

If you have information about the location of Nicolas, please call the Morinville RCMP at 780-939-4520 or call your local police detachment. If you want to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), by internet at [www.tipsubmit.com](http://www.tipsubmit.com).



## RIDING UPDATE

**Submitted by Jim Eglinski, MP – Yellowhead**

Week of March 13

Parliament was down this week, allowing me to spend time in the riding. I had the opportunity to attend a number of community events and meetings, as well as speak to local students.

Last weekend, I spoke at the Flag Raising Ceremony of the Franco-Albertan flag at École Mountain View in Hinton. This was a great opportunity to celebrate the richness and diversity of a vibrant and growing Albertan Francophonie. Also last weekend, I attended the Jasper Pride Festival, as well as a St. Patrick's Day Fundraiser in Niton Junction.

On Monday, I had the opportunity to speak to a Grade 6 class at St. Anthony School in Drayton Valley. That evening, I attended the Mayerthorpe Town Council Meeting.

On Tuesday, I was back in Jasper to attend the Jasper National Park Annual Public Forum, where the implementation of the Jasper National Park Management Plan was discussed, including the proposed route of the Icefields Trail.

On Saturday, I will be speaking at the Rimbey Fish & Game Banquet. This event will be raising money to go towards educational programs and conservation efforts to ensure that local fish and wildlife continue to thrive well into the future.

I will be heading back to Ottawa on Sunday. My next update will be on the happenings of Parliament as it will sit next week.

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**- Elaine Spruce Grove**

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**- Toni Spruce Grove**

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**- Penny M. Stony Plain**

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**- Donna Edmonton**

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**Beachside Market**

**Job Posting – Meat & Deli Cutter/Manager**

Beachside Market, is a small family owned grocery store in the heart of Alberta Beach, Alberta. Our community has loyal customers with an increased flux in the summer months as we are on the beautiful shores of Lac Ste Anne.

**The following individual is required:**

As a Butcher you will be responsible for providing prompt, courteous and knowledgeable service to clients and customers. He or she will oversee the Meat & Deli Departments, determine order specifications, receive and inspect meat upon delivery to verify quality and quantity. He or she will cut, trim, grind, tie and bone meat to specifications. Other duties include preparation and placement of meats in the display counter to attract customers, the weighing, wrapping and labeling of cuts of meat, totaling sales and packaging customer orders, maintaining and cleaning of the department and managing inventory and ordering new stock. The incumbent may also oversee other butchers and...

As a Meat/Deli Manager you will be need to be motivated, multi-tasking, energetic and career-minded person. The Meat / Deli Manager will be responsible for coordinating, supervising and directing the operations of the meat and deli departments. The manager will ensure that all the departments under their management remain profitable, with high quality products and service levels. As the Meat / Deli Manager you will implement marketing ideas to promote the business; reduce employee turnover; maintain revenue and payroll budgets; and meet budgeted productivity while keeping quality and customer service consistently high. The manager is expected to provide and maintain a safe and healthy environment for all employees and customers of Beachside Market.

Beachside Market offers competitive salary package, a benefit package and an incredible work environment. You must be willing to move to the area.

Qualified applicants should contact Beachside Market at:  
beachside@xplornet.com or 4828-50 Avenue, Alberta Beach AB T0E 0A0

# RCMP BEATS

**Submitted by Stony Plain/  
Spruce Grove RCMP**

Occurrences for the week of 6 March to 12 March, 2017.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 442

Total Calls for Service for the Victim Service Unit: 32

Individuals Charged: 25

Person Crimes: 50

Property Crimes: 45

Impaired Driving Complaints reported: 10

Impaired Driving Charges Laid: 3

Roadside Suspensions: 1

Motor Vehicle Collisions Attended: 66

Property Crimes:

Spruce Grove

1. March 11 – Area of Wellington Crescent – Theft of Vehicle, 2003 white Ford F350

Stony Plain

2. March 7 – Area of Westerra Link – Theft from Vehicle, light bar stolen

3. March 10 – Area of 43 Avenue and 31 Street – Theft from Vehicle, GPS stolen

Rural

4. March 7 – Area of Highway 16 and Range Road 20 – Break and Enter

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Do not post holiday plans, or holiday updates on Social Media – your home may become a target while you are away.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP At 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477 or text the keyword TIP205 (TIP250 for Edmonton Metro) & your Tip to CRIMES (274637)

*Gala Evening of  
Music & Dancing*

**Lac Ste Anne Refugee Partners Present  
Joe Saumer Big Band,  
Alex Vissia, songwriter and vocalist,  
Bob Jervis singer and keyboardplayer,  
Lac Ste Anne Community Choir,  
RJ Chambers singer,  
Garner Butler, recording artist.  
Canapes and dessert will be served**





Alex Vissia      Garner Butler      Joe Saumer Big Band

**April 1<sup>st</sup>, 2017 at 7:00pm in the  
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& Mu (780) 967-3079**



# WHITECOURT TOWN COUNCIL UPDATE

**Submitted by Tara Galant, Legislative Manager | Town of Whitecourt**

MARCH 14, 2017

The Community Services Department presented its 2016 Year End Report to Council at last night's meeting. The report is prepared annually to provide Council and the Community Services Advisory Board with an overview of programs and services offered, and records major projects and accomplishments achieved throughout the year. Highlights from the report include:

- 122,784 scanned visits at the Allan & Jean Millar Centre (up 12,035 from 2015);
- 2,518.92 hours of use at the Scott Safety Centre;
- 1,859 people participated in registered programs;
- 74,337 visits to the ASAP Fitness Centre and Rotary Running Track;
- 1,148 people participated in aquatics classes at the Alliance

Pipeline Aquatic Centre;

- 1,727 people were assisted through the Whitecourt Food Bank;
- 1,833 children and 1,467 adults attended Parent Link & Early Childhood Development programs;
- 11,433 passengers used Whitecourt Transit.

A complete copy of the report can be viewed on [www.whitecourt.ca](http://www.whitecourt.ca).

Whitecourt is proud to announce that Scott Safety Supply Services Inc. has partnered for another term for naming rights of the twin arenas. The facility has been named the Scott Safety Centre since 2011, and this namesake will continue over the next several years. Whitecourt appreciates Scott Safety Supply Services Inc.'s continued support of our community.

Canadian Recreation Solutions has been contracted to construct new washroom facilities at Rotary Park and Graham Acres Recreation Area. The new building at Rotary Park will include washroom/change room facilities, storage and concession areas. Construction will begin

this spring, and it is anticipated that the new buildings will be open for use for the summer season.

Wellspring Family Resource & Crisis Centre presented information on its transitional housing project. Wellspring plans to construct a 12 unit apartment building, and is currently working to secure land and funding.

The Whitecourt & District Chamber of Commerce will be hosting the West Coast Amusements Carnival Midway on June 5 and 6. Council approved the Chamber's request to close 52 Avenue from 49 Street to 50 Street in order to host this event.

Council approved a request from St. Joseph Parish to hold a Catholic Mass and blessing of the Catholic grave sites in the Whitecourt Cemetery on May 20, 2017.

The name "Braithwaite" has been added to the Town's Available Street Name List. The addition was made in response to a letter received from local community members suggesting the addition in honour of Jack Braithwaite.

**NOTICE TO CREDITORS AND CLAIMANTS**

Estate of BENY DAVID OSELIES who died on December 30, 2016.

If you have a claim against this estate, you must file your claim by April 14, 2017, and provide details of your claim with: LA Law, Att: LARRY D. AYERS, Barrister and Solicitor, #200A, 215 McLeod Avenue, Spruce Grove, Alberta T7X 3B5.

If you do not file by the date above, the Estate property can lawfully be distributed without regard to any claim you may have.

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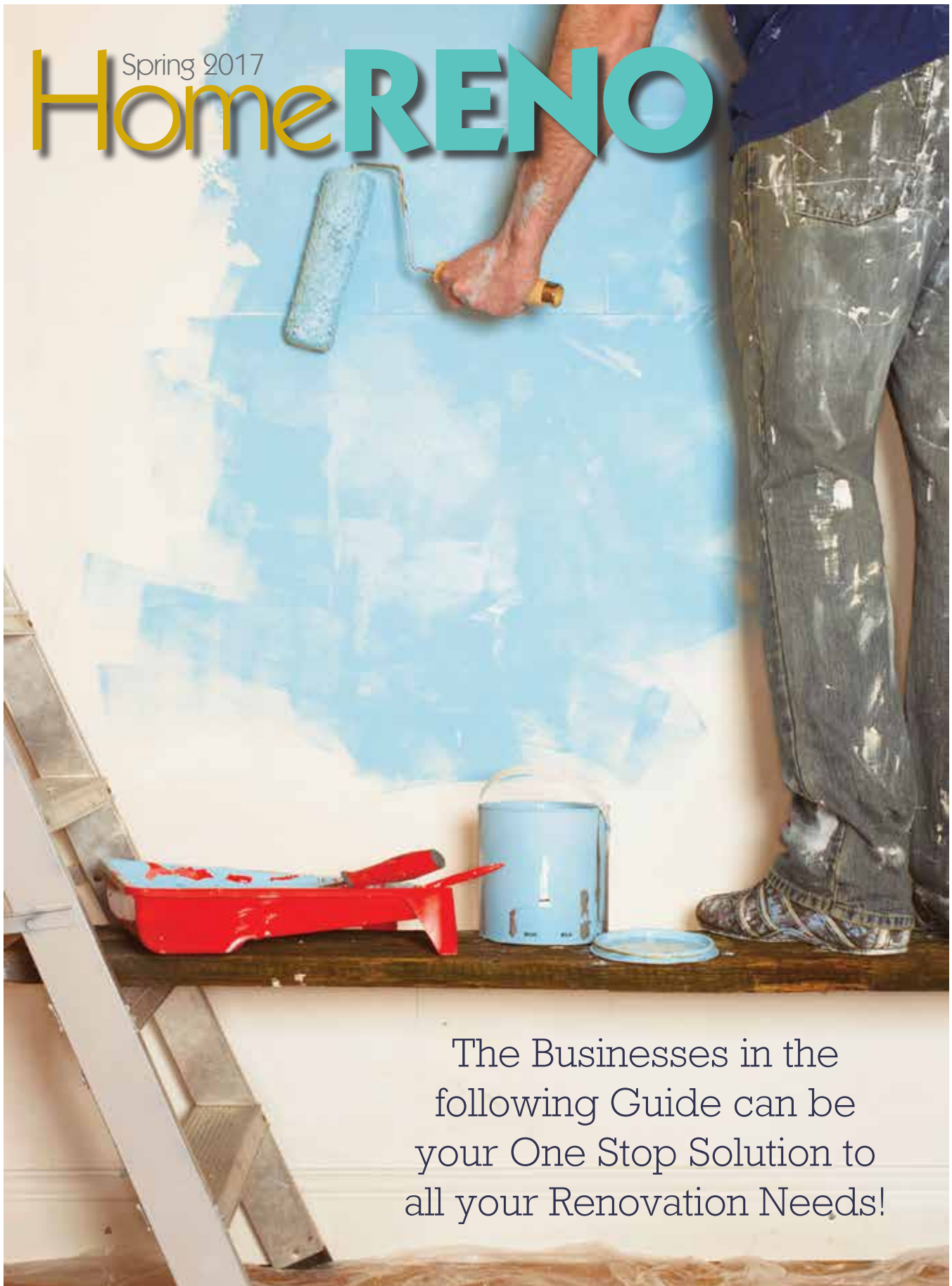


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# Spring 2017 HomeRENO



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## SUSTAINABLE FLOORING OPTIONS ABOUND

Kitchen and bathroom remodeling projects tend to make great investments, earning homeowners significant returns when they sell their homes down the road. But flooring upgrades are another home renovation project that can attract attention and help sellers when they put their homes on the market.

Home flooring options abound, and it is easy to get excited and overwhelmed about flooring renovation projects. When choosing new flooring materials, homeowners should keep in mind the latest consumer trends, as those trends might help them recoup more of their flooring investment down the road.

One popular flooring trend is the use of sustainable materials. In addition to the more widely known benefits of choosing sustainable flooring, such as protecting natural resources and reducing a home's carbon footprint, sustainable flooring can help

reduce indoor air pollution. Various studies from the U.S. Environmental Protection Agency have shown that indoor air pollutant levels may be higher indoors than outdoors. A major contributor to indoor air pollution are the volatile organic compounds, or VOCs, being off-gassed by carpeting and other flooring in a home.

Flooring manufacturers and designers are embracing the green design and remodeling movement. Today there are many beautiful and sustainable eco-flooring options. Here are some of the more popular materials.

- **Bamboo:** Contrary to popular belief, bamboo is not a wood, but a grass. It is a fast-growing grass, and that makes it a smart choice in many design applications. Also, unlike wood, which will absorb moisture and can warp, bamboo repels water and can be used for flooring

in areas where one wouldn't think to put wood, such as in bathrooms, entryways or mudrooms. Bamboo is naturally very light in color, but can be stained in many different hues to give homeowners more options.

- **Green carpeting:** Consumers can now find a wide range of sustainable carpets and rugs that are available at competitive prices. Wool carpets made with undyed or vegetable-dyed yarns and minimal glues are some options. Some carpets are even made from recycled content, such as rubber and plastics. Water-based, low-VOC adhesives paired with recycled cotton padding can reduce the toxicity and impact of carpeting even further.

- **Cork:** Growing in popularity, cork is a material harvested from the bark of cork trees found in the forests of the Mediterranean. The bark grows back every three years, so it is a handy renewable resource. Cork

boasts fire-retardant properties and may naturally repel insects. It can usually be stained to suit various color schemes.

- **Rubber:** Rubber flooring may call to mind fitness gyms and playground safety substrate, but it's also slowly finding its way into homes. Made from recycled tires, rubber flooring is flexible underfoot and can be long-lasting and colorful.

- **Reclaimed wood:** Rather than purchasing brand new hardwood planks for flooring, homeowners can opt for reclaimed wood reused from other building applications. After some sanding, staining and finishing, reclaimed wood provides homeowners with the opportunity to choose traditional hardwood flooring without any concerns about deforestation.

Eco-friendly flooring materials continue to evolve and can be smart choices in today's homes.

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## TOP 5 HOME PROJECTS TO HELP YOU SAVE MONEY

(MS) - It's remodeling season, and with so many projects on the to-do list, which should you tackle first? While some projects provide great long-term return on investment, a

few simple ones can provide instant savings. Here are the top home spring projects to help you save money:

Caulk around windows and doors

- Stop air leaks around your home by sealing existing gaps and cracks. Use caulking or weather stripping around doors and windows. Installing a door sweep is also a good idea.

Insulate your home - Use insulation with a high R-value, such as Roxul Comfortbatt, which can be used to top up insulation in your attic. Aim for an R-value of 50 or a depth of 16 inches. For whole home efficiency, ensure other areas of your home, such as crawl spaces, basement headers, walls and ceilings, are well insulated. It will keep your house cool in the warm weather and take the stress off your air conditioning unit.

Clean your AC unit - Come spring, it's not uncommon to find an air conditioner's condenser and compressor blocked up with dirt and debris. This

can result in greater stress on the unit, causing it to work harder. Giving it a thorough cleaning is easy and can help maximize your AC unit's service life while minimizing your energy bill.

Plant trees - Direct sunlight can heat up surfaces and building materials, as well as the interior temperature of your home. Consider planting trees in strategic locations to provide shade and reduce cooling costs.

Install a rain barrel - Water is an important, but costly resource. Installing a rain barrel is an easy and affordable measure to reduce your water consumption, while keeping your lawn and garden looking great.

These simple home maintenance tasks can be well worth the effort, potentially providing hundreds of dollars in annual savings.

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# HomeRENO

## FOUR EASY TIPS FOR A BASEMENT MAKEOVER

(MS) - By Scott McGillivray  
 The start of a new season is the perfect time to check some tasks off of your "to-do" list - whether it's to get in shape or tackle at-home projects. If you're planning on making some simple but effective changes at home, here are some tips on how to give your basement a total 180-degree makeover.

**Soundproof it**  
 Installing acoustic insulation is the perfect excuse to crank up the subwoofer, host a get-together or let the kids run wild. Soundproofing is the ultimate solution to maximize your basement's peace, quiet and privacy. Industry experts suggest using Roxul Safe n' Sound, which effectively absorbs sound and is easy to work with.

**Out with the old, in with a floor**  
 Installing a new floor or updating the existing one can improve the overall comfort level and look of your basement. Many unfinished basements have basic concrete flooring, which is cold year-round. Flooring options are endless - hardwood, laminate, cork and Berber flooring all add warmth to a basement bedroom or TV room; play mats are great for kids' playrooms; and carpets are perfect to make any room feel more comfy and welcoming.

**Get creative with a fresh coat of paint**  
 Transform the dull and boring space into an inviting entertainment oasis or a colorful playroom with a simple coat of paint. When considering the paint, think about

what color will compliment your existing furniture. To add some drama, consider adding depth and visual interest to your space with a different colored accent wall.

**Accessorize it**  
 Throw pillows, rugs, lighting, and artwork are simple additions that can immediately enhance or change your basement's look and feel. Pot lights can modernize, while art work and throw pillows can add a splash of color. Decide on a theme and color scheme for your room and keep your eye out for staple pieces that will make it feel like an entirely new space.

Scott McGillivray is the award-winning TV host, a full-time real estate investor, contractor, author, and educator. Follow him on Twitter @smcgillivray.

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## HOW TO CREATE EXTRA SPACE FOR GUESTS

Homeowners who enjoy entertaining frequently sometimes host overnight guests. While many hosts and hostesses have spare bedrooms for overnight or long-term guests, many others do not. But those among the latter group willing to get a little creative can find more places for overnight guests to rest their

heads.  
· **Sofa:** Living room or den sofas can double as bedding for overnight guests. As a short-term solution, a night or two on the couch can be comfortable enough. Be sure to cover the sofa with freshly laundered sheets and provide those amenities one would expect in a guest

space. Access to a television, a reading lamp, a fan for some white noise and a table on which to place a phone or alarm clock are helpful to have. Such items will make guests more comfortable. If your living room or family room has a door that can be closed, this will help create more privacy for guests.

· **Convertible bed:** Marketed frequently under the brand name Murphy Bed, convertible beds can incorporate sleeping options into rooms with limited space. This furniture essentially is a bed that folds vertically or horizontally into a frame. When closed, the bed can look like a decorative storage closet or armoire. Some convertible beds come with bookcase accessories to expand storage space and also make the piece look like a more cohesive unit. Designers also have experimented with these beds, and some transform from a desk or even from a low-lying bookshelf or bench into a bed.

· **Sofa bed or chair:** Sofa beds and chairs have a fold-out bed nestled beneath their cushions. Depending on the size of the couch, a twin, full or queen-sized bed may be housed within. Sofa beds vary in regard to their comfort levels, so prospective hosts should investigate their options to ensure guests have the most comfortable sleeping situations possible. A bed in a couch can turn an office or living space into a guest sanctuary in a matter of minutes. In addition, some sofa beds also have extra space built within for storing blankets and pillows. Many popular furniture retailers offer couch brands that can be equipped with a bed. And if space is especially tight, consider a convertible chair that has a twin-sized bed tucked away.

· **Bunk beds:** Bunk beds may seem like child's play, but they make great use of vertical space. Share a kid's room with your son or daughter and let the guest take your own bedroom. Otherwise, equip a home office with bunk beds and have two more sleeping spaces available.

Accommodating guests when you don't have a guest bedroom can take some creativity, but those willing to think outside the box can find options that don't compromise guests' comfort.

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## HOME TRENDS TO EXPECT IN THE YEAR AHEAD

Trends in home remodeling and decor tend to come and go. Something that is popular for a little while can fall out of favor when the next new idea comes along. New trends are always on the horizon, and 2017 may encourage homeowners to try something new.

- **Metallics and metals are back.** Although stainless steel accents in the kitchen have long been popular, the glistening look of metal and metallic shades are back in a big way. Inspired by the 1950s and 1970s, brass, gold and metallic finishes are popular right now.

- **Texture:** Texture is a big component of interior design. Furniture and accessories featuring faux fur and natural fibers are becoming popular. Pieces adorned with cozy materials can seem more inviting. Organic shapes, such as tables looking like the tree trunk they were cut from, also are expected to become more popular.

- **Artisanal touches in accessories:** It's all about getting back to basics, with homeowners desiring pieces that are one-of-a-kind and handmade rather than mass-produced. Expect to see more accessories that are made by hand or in small batches, like pottery or handwoven textiles, as homeowners are increasingly turning to independent artists and artisans when decorating their homes. Homeowners can even support independent artists when choosing art for their homes. For example, YourArtGallery.com provides an online marketplace for artists to showcase and sell their work, and buyers looking to support independent artists can rest easy knowing that 90 percent of all image royalties go directly to the artist, a stark contrast to the roughly 50 percent offered by more traditional galleries.

- **Fabric on the walls:** Walls also will be covered in texture and pattern. Textiles will increasingly turn up on walls and in places they haven't traditionally been seen. Patterns may lean toward

floral, tropical and indigenous artisan weaving designs.

- **Pinks and blues:** Expect to see pale pink and blue in various design applications. The Pantone Color Institute® released a blending of two colors, Rose Quartz and Serenity, as their 2016 Color of the Year. This has impacted color trends through all areas of

design - including home touches. These colors pair well with mid-tones, like browns and greens, as well as the increasingly popular metallics.

- **Smart homes:** Technology is changing the way people look at their homes. Water-resistant music systems for the bathroom, wirelessly operated Bluetooth

devices that turn on lights or appliances from a smartphone and even fixtures that use technology to self-clean are turning up more and more.

Home decor trends are always changing, adding new life to homes and keeping armchair interior decorators on their toes.



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## FIVE WAYS TO INCREASE HOME FIRE SAFETY

An average of seven Americans die each week as a result of house fires. Most fires occur in residential buildings between the hours of 11 p.m. and 7 a.m., when occupants are most likely to be asleep. Your first line of defense is fire preparedness.

Here's five things you can do to increase your chance of survival in a fire:

- Install smoke alarms on every story of your home and outside sleeping areas. Be sure to test them monthly, clean them every six months and replace batteries in spring and fall. Having working fire alarms can cut your chance of dying in a fire in half!

- Have a fire escape plan for your family and practice it. A small fire can spread rapidly - you may only have minutes or seconds to escape.

When going over the details of your escape plan, check windows and doors to ensure all open easily. Know your local emergency number (911). Never stop to gather belongings or reenter a home after safely outside.

- When renovating, consider using fire-rated, noncombustible products. Your choice of insulation, for example, can be vital. Stone wool insulation, like that produced by Roxul, resists temperatures up to approximately 2,150 F. When directly exposed to fire, it will not off-gas, contribute to toxic smoke or promote flames. Fire-resistant building materials can give you extra time to escape when seconds count.

- Purchase a multi-use fire ladder for each bedroom in your home and

practice using it. A fire ladder may be your only escape option if flames block critical exits.

- Place fire extinguishers on every level of your home, especially in high-risk areas like the kitchen, near fireplaces and in the garage. Use only for small, contained fires that are not spreading rapidly. Know how to operate your extinguisher before an emergency occurs using the PASS method: Pull pin, Aim low, Squeeze lever and Sweep from side to side. The safest option is always to evacuate your home and call for help.

Fire prevention measures are a serious matter in every home. Find out how to keep your home and family safe at [nfpa.org](http://nfpa.org) or improve your fire safety knowledge by visiting the Roxul website.



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# HomeRENO

## DOING AWAY WITH DINING ROOMS

Formal dining rooms are no longer as coveted as they once were. Family dinners, if they manage to be at home, are now just as likely to be served in the kitchen or in another space, such as on the patio or in the living room while watching television, as they are in formal dining rooms. Trendy homeowners have begun to ditch dining rooms in favor of using the space for other purposes. Homeowners with a passion for literature can outfit the room with floor-to-ceiling bookcases to turn one-time dining rooms into the ultimate library. Those who need a bit more family space can use a dining room as a family room, outfitting the room with all storage nooks, a flat screen TV and a comfortable couch to make it more inviting. Because dining rooms are

often located next to the kitchen, the removal of walls can make expanding the kitchen even easier. If their kitchens are cramped, homeowners can look into ways to spread out into the space allotted for the dining area. There are many ways to repurpose dining rooms so they are functional to homeowners' specific needs, especially if those needs do not include formal dining areas.

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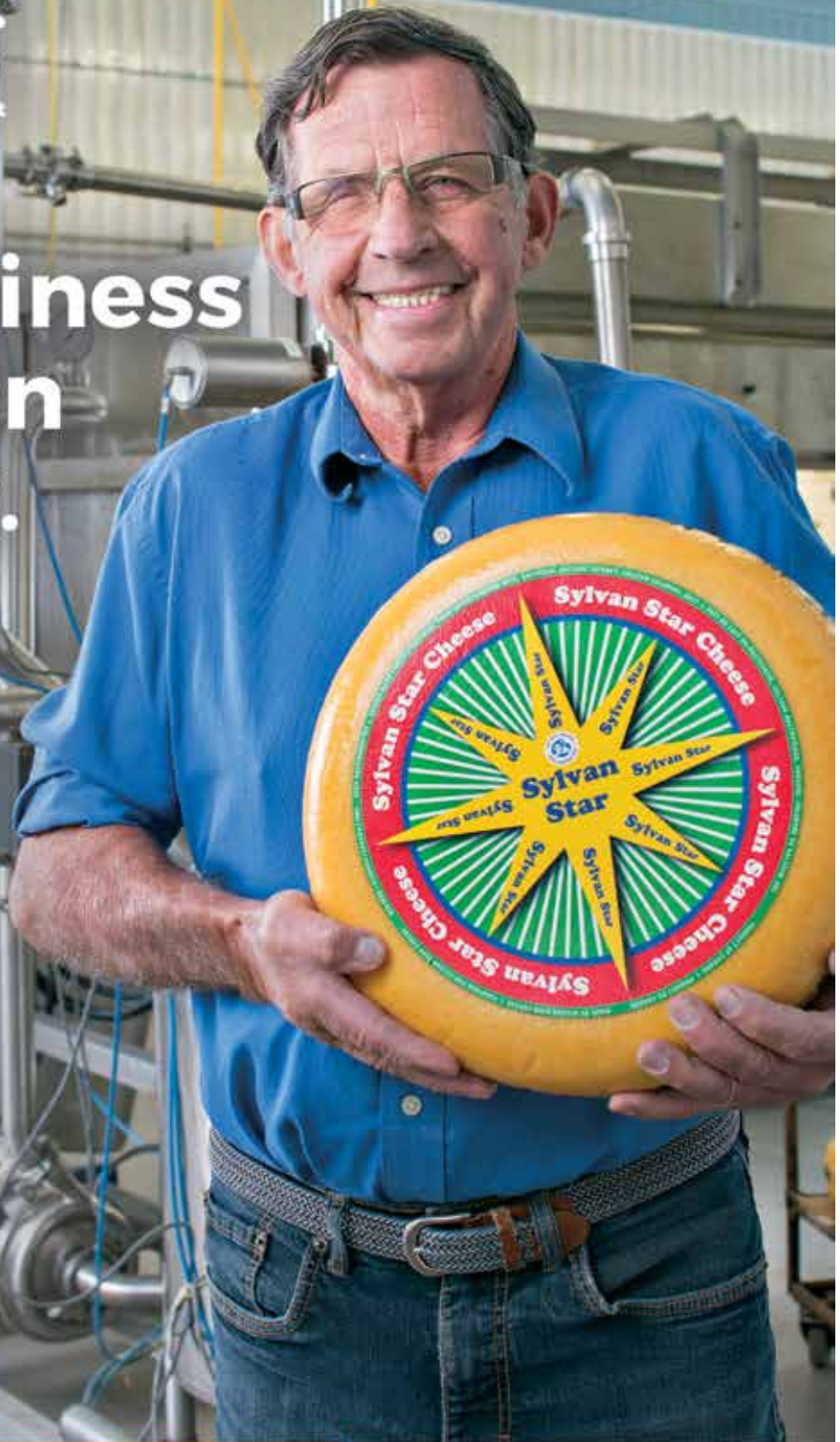




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# DARWELL PUBLIC LIBRARY NEWS

**Submitted by Sandra Stepaniuk, Library Manager | Darwell Public Library**

Registration is now open for Standard First Aid/Level C being held at the Darwell County Services Building on April 8 & 9, 2017 from 8:00 am to 4:30 pm. The cost is \$ 135.00 per person with a minimum of 8 and a maximum of 18. Should you have a current certification you can do a refresher for \$ 30.00,

you must provide your current valid certificate to do the refresher. We ask participants to wear comfortable clothing (no skirts or dresses), as you will be spending time on your knees practicing skills. Light refreshments will be supplied but you must bring your own lunch. Pre-registration is required prior to March 31, 2017. For further information and to pre-register please contact the library.

Do you need some tech help

with your device? You can now send your questions to darwell-techhelp@gmail.com and if we are unable to help you online you can set up an appointment at a mutually agreed time to meet at the library during regular library hours.

The colouring club continues daily, during regular library hours, for patrons of all ages and family games night is every Wednesday evening until the end of March. Both programs

are self-directed, we supply the materials you supply the inspiration and fun. We encourage you to ask about our programming and provide ideas for what you would like to see in the library. We look forward to hearing from you.

Beginner Tai Chi at the Darwell Centennial Hall runs Wednesday and Friday mornings from 10 to 11 am and will continue until May 31, 2017. The class is now full, no drop ins. If you were unable to attend this session please let us know, we have a sign-up sheet at the library and if there is enough interest we would consider holding another class in the future.

The next Book Club meeting will be on Monday, April 3, 2017 at 7:00p.m. to discuss "Beach Music" by Pat Conroy. Do you love to read? Do you like to discuss what you have read with others? We are always interested in a new perspective to add to our conversation. If you are interested in participating you can register and make arrangements for loan of the current title by calling the library @ 780-892-3746.

The Darwell Public Library Society will be holding their next regular meeting on Monday, March 27, 2017 starting at 7 pm. All meetings are open to the public and everyone is welcome to attend. The Library is open 11:00 am to 4:00 pm on Monday, Tuesday and Thursday and from 5:00 pm to 8:00 pm Wednesday and Friday, closed Saturdays, Sundays and Holidays. You can also find out what is happening at the library by checking our Website [www.darwellpubliclibrary.ab.ca](http://www.darwellpubliclibrary.ab.ca) or like us on Facebook at [www.facebook.com/DarwellPublicLibrary](http://www.facebook.com/DarwellPublicLibrary)

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# GREETINGS FROM THE ONOWAY LEGION

**Submitted by Lorinda McCool**

I am sure it is not too early to talk about flowers. According to the "Jewel of the North" author Michael Wiens the top ten flowers for attracting hummingbirds are Vining Nasturtiums, Zinnias, Million Bells, Scarlet Runners, Delphiniums, Honeysuckle, Hostas, Fuchsias, Crocosmia and Foxgloves. Many of these seeds may be started immediately, some are perennials and all will not only attract hummingbirds but also create a beautiful garden for you to enjoy throughout the summer.

Cory Gyman and Kim Koroll will be representing the Onoway Legion at the Provincial Command 8-Ball Pool Doubles being held in Calgary on March 25th and 26th. Congratulations on your successes enabling you to compete at such a high level and good luck in the competition.

Forty players attended fun darts on Tuesday with Jennie Noseworthy being welcomed back and Broley Huxley putting the teams together. Broley also made up new player cards and gave Scott Sadler a bit of a break from organizing the competition every Tuesday by looking after everything himself. Good job, Broley!

Don't forget to purchase Clint Waddell's popular and educational cookbook from the Legion. Clint graciously donates a portion of every sale to the Legion to help support various youth groups and the community.

Allen Parr was the chief cook at our Friday Night Supper on March 10th and contributed greatly to the success of the Chicken Breast Supreme supper helped by Bob C., Eleanor S. and Mary R. The Legion appreciates Allen's donation of his time, advertising and product. Girl Guide mothers Tamela Toma and Alona Leveille-Belanger along with their children Shayla, Amry, Thaden and Anna cleared the tables and helped in the

kitchen as well. Thank you to everyone for their participation including Cheryl S. and Val O'T for their help in clean up, Louise B. at the bar and Scott S. for running the draws. Gary Richmond won the free meal voucher, Bob Clark the meat draw and Cheryl Sadler the 50/50 draw.

**UPCOMING EVENTS:**

March 21 - Tuesday Night Drop-in Darts – Registration 6:45 to 7:15 pm. Play at @ 7:30 pm

March 24 - Friday Night Supper – Roast Beef

March 25 - Area Rally at the Stony Plain Legion

March 28 - Tuesday Night Drop-in Darts

March 29 - Wednesday Night Drop-in Pool – Registration 6:45 to 7:15 pm. Play @ 7:30 pm

March 31 - Friday Night Supper – Roast Turkey

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980

for hall rentals, Bob Clark @ 780-967-3640 to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen, Cheryl Sadler @ 780-967-4146 for membership, Neil Gorman @ 780-960-4160 for sports and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!

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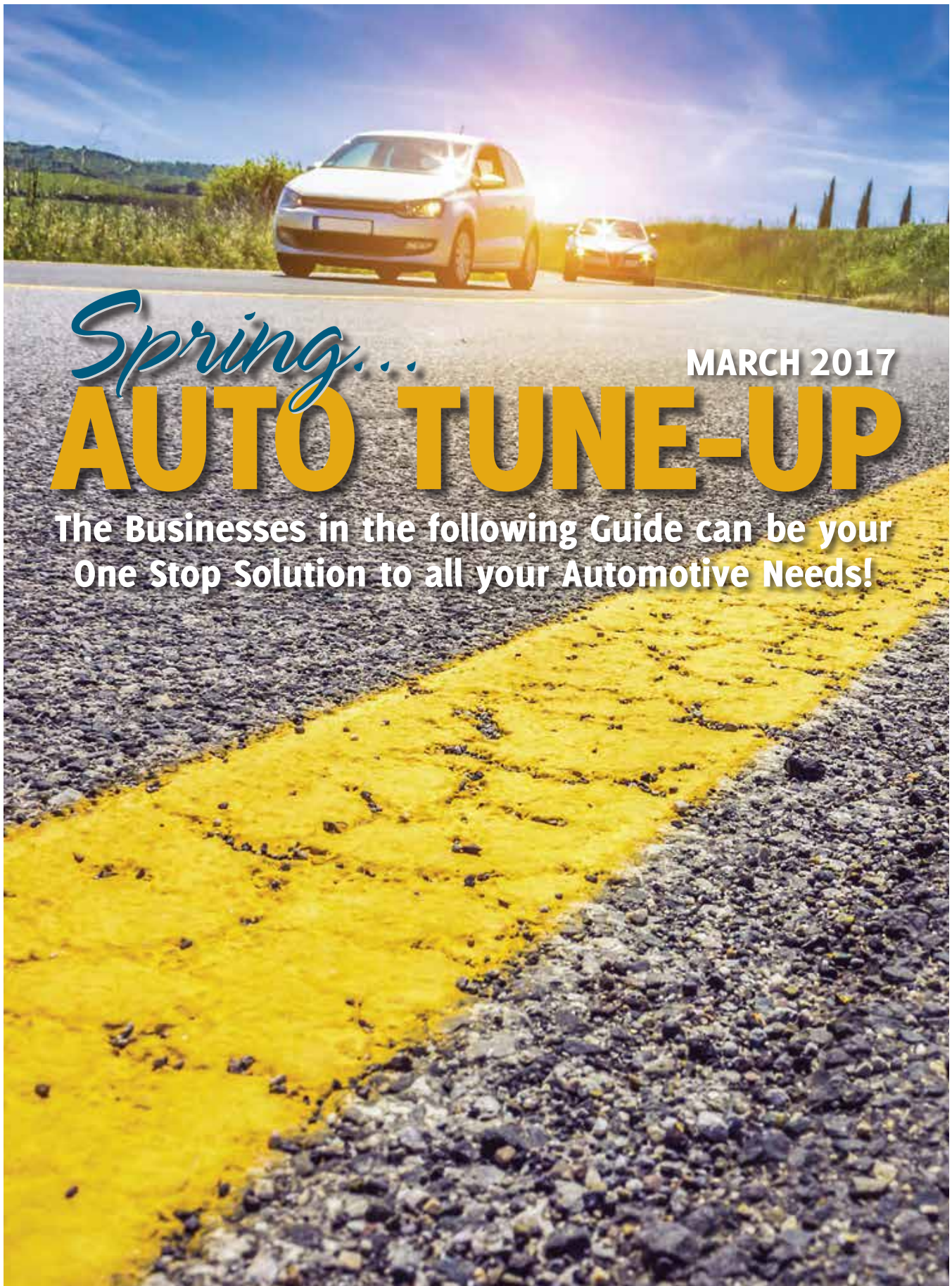
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# Auto TUNE-UP

## MAINTAIN TIRE BALANCE AND ALIGNMENT FOR A SMOOTH RIDE

It is easy for motorists to take their tires for granted when everything is working correctly. Wheels and suspension systems bear the weight of cars and trucks and must bear the brunt of rough roads, pot holes and any additional obstacles, so some wear and tear is to be expected.

Many drivers know to monitor their tire pressure, but it's also important to check for worn treads and inspect tires for punctures or damage. Proper tire alignment and

balance also is essential for a comfortable and smooth ride.

**Balance**  
Balancing tires involves equalizing the weight of the combined tire and wheel assembly so that each tire spins smoothly on the road. Tires are mounted on the wheel assembly, and the chances of this assembly having precise weight distribution is nearly impossible without a little help. According to Discount Tire, the slightest imbalance in the tires, even as little as half an ounce, can be felt by drivers. Unequal mass can make tires wobble, causing noticeable vibrations.

Mechanics will test tire balance by putting it on a balancing machine. The machine will spin the tire and determine the tire's heaviest point. Counteracting weights will

be placed on the tire hubs to create a more uniform balance of weight. Lead weights are often used, but some are being phased out for other metals, such as zinc, because of the medical and environmental implications of lead.

Tires that are not balanced will not only cause vibration, they also can lead to uneven wear.

**Alignment**

Tire alignment is another way to reduce wear on tires and help avoid steering and "pulling" problems. Bridgestone Tires defines tire alignment as an adjustment of the vehicle's suspension, or the system that connects a vehicle to its wheels.

When tires are not properly aligned, drivers may notice uneven tread wear. Misaligned tires also may cause the vehicle to pull to

the left or right. Drivers who notice their steering wheel is off-center or vibrating when they are driving may need to adjust their tires' alignment.

Camber, or the inward or outward angle of the tire when viewed from the front of the vehicle, will be adjusted. In addition, "toe," or the extent to which the tires turn inward or outward when viewed from above, will be adjusted. Caster angle also helps balance steering, stability and cornering. Caster is the angle of your steering axis when viewed from the side of your vehicle.

When tires are balanced correctly and aligned, vehicles will offer a smooth ride with little to no vibrations. Having tires serviced can maximize their performance and lifespan.

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# Auto TUNE-UP

## PREVENT BUGS, SAP AND OTHER SUBSTANCES FROM RUINING A VEHICLE

Keeping vehicles looking pristine requires care and diligent cleaning. So many day-to-day activities and environmental materials have the potential to damage the finish on cars and trucks. While winter weather and chemicals used to keep roadways passable are often blamed for affecting the appearance of cars and trucks, winter is not the only time of year when substances can cause damage to vehicles. Spring and summer are prime seasons for sap, birds and insects. These times of year tend to see an uptick in road work as well, and such projects can contribute to damage caused by loose asphalt, gravel and tar. Addressing problems resulting from tree sap, insect and bird droppings and tar may not be something to look forward

to, but it is necessary to keep cars looking pristine.

**Tree sap**  
According to Cars.com, an automotive information resource and vehicle sales website, although tree sap won't cause immediate damage to vehicle paint, it should not be ignored. Over time, sap can become more difficult to remove, etch through the clear coat on the vehicle and cause discoloration. When the temperature is hot, damage from sap can accelerate.

On windows and windshields, drivers may be able to gently remove dried sap with a razor blade. However, use cleaning products on more delicate paint. Automotive stores sell specialty sap and tar cleaners. Otherwise, you can try rubbing alcohol. It may take a few

attempts to remove sap entirely.

**Insects and bird droppings**  
Splattered bugs and avian surprises dropped from above can be a messy, unsightly nuisance. Their acidic composition also may cause them to damage paint over time. Bugs and droppings can be sticky, so you will need to work with something that will remove the splatter without removing the paint in the process. A product like WD-40 may help. This oily product is normally used on rust and hinges. When applied with a cloth and allowed to penetrate the stain, it can loosen difficult-to-remove sticky substances. Always test any product you use in an inconspicuous spot first to make sure it doesn't damage or discolor your the paint.

Insects or droppings that are

fresh may come off relatively easily with a good washing or hosing off of the car. Retailers also sell specialty insect sponges to remove bugs and other debris.

**Tar**  
Soap and water will do little to remove tar and other petroleum-based products from vehicles. Commercial tar removal products use a strong solvent or detergent to loosen the tar. This may include kerosene, mineral spirits or another item mixed with lubricants. Go slowly and use caution so that you remove the tar and not the paint.

Drivers who are hesitant to clean their vehicles of common residue can have their cars or trucks professionally detailed, leaving the work in the hands of experts.

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# MARCH IS FRAUD PREVENTION MONTH

Submitted by Jim Eglinski, MP – Yellowhead

It's almost spring and we all know what that means – tax season. It also means an increase in telephone scams.

As is usual every tax season, the Canada Revenue Agency (CRA) is noting an increase in reports of telephone scams where fraudulent callers claim to be from the CRA. I am asking constituents to beware — these phoney calls could result in identity and financial theft.

Some recent telephone scams

involve threatening taxpayers or using aggressive and forceful language to scare them into paying fictitious debt to the CRA. Victims receive a phone call from a person claiming to work for the CRA and saying that taxes are owed. The caller requests immediate payment by credit card or convinces the victims to purchase a prepaid credit card and to call back immediately with the information. The taxpayer is often threatened with court charges, jail or deportation.

If you get such a call, hang up

and report it to the Canadian Anti-Fraud Centre.

These types of communication are not from the CRA. When the CRA calls you, it has established procedures in place to make sure your personal information is protected. If you want to confirm the authenticity of a CRA telephone number, call the CRA by using the numbers on its Telephone numbers webpage. The number for business-related calls is 1-800-959-5525. The number for calls about individual concerns is 1-800-959-8281.

To help you identify possible

scams, use the following guidelines:

The CRA:

- never requests prepaid credit cards;
- never asks for information about your passport, health card, or driver's licence;
- never shares your taxpayer information with another person, unless you have provided the appropriate authorization; and
- never leaves personal information on your answering machine or asks you to leave a message containing your personal information on an answering machine.

For information on scams or to report deceptive telemarketing contact the Canadian Anti-Fraud Centre online at [www.antifraud-centre-centreantifraude.ca](http://www.antifraud-centre-centreantifraude.ca) or toll free at 1-888-495-8501.

If you believe you may be the victim of fraud or have given personal or financial information unwittingly, contact your local police service. Stay connected to make sure you have the information you need to arm yourself in the fight against fraud.



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We're on the hunt for **EGG**  **CELLENT** artists

**AGE GROUPS: 3-4 YRS | 5-6 YRS | 7-9 YRS | 10+ YRS**

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **TOWN:** \_\_\_\_\_

*Entries must be recieved by April 12, 2017.*

**Mail to: Easter Bunny c/o Community Voice  
Box 3595 Spruce Grove, AB T7X 3A8**



# OJSH STUDENT ATTENDS ENCOUNTERS WITH CANADA

**Submitted by Wanda Pederson, Onoway Junior Senior High School**

Encounters with Canada is our country's largest youth forum. It is active almost all year long - every week of the school year, 120 to 148 teens from across Canada, aged 14 to 17 years, travel to Ottawa. There they discover their country through each other, learn about Canadian institutions, meet well-known Canadians, explore career options, develop civic leadership skills and more.

From February 11th to 18th of this year, OJSH Grade 12 student Kennedy Tuccaro attended Encounters with Canada. Kennedy stayed at the host facility, the Terry Fox Centre, a

residential centre on almost 3 acres of beautiful landscape located a short distance from downtown Ottawa. She was able to meet and make friends with students from every province and territory.

Kennedy's experience at Encounters with Canada focused on International Relations. She was able to visit Global Affairs Canada, attend Question Period in the House of Commons, attend a Citizenship Ceremony, and meet with the ambassadors from France, the Netherlands and Indonesia. Kennedy and the other participants also toured Parliament, the Library of Parliament, the International Pavillion and the Rideau Canal.

Kennedy said Encounters with



Canada was an "awesome experience", and in particular, the opportunity to meet so many other students from all across Canada.

Encounters with Canada is a great worthwhile learning opportunity for our students. Onoway Junior Senior High School fully sponsors interested students who are accepted into

the program, including travel and accommodation costs. OJSH has been involved in sending students to this worthwhile forum for over 20 years. If you are between 14 and 17 years of age, and are interested in this program, please contact one of the school counsellors.

# RCMP ATTEND FATAL HOUSE FIRE

**Submitted by Whitecourt RCMP**


On March 13, 2017 at approximately 2:20 a.m. Whitecourt RCMP

along with the Whitecourt and Blue Ridge Fire Departments and Associated Ambulance responded to a structure fire in Blue Ridge with a report of two occupants trapped.

A 69 year old female occupant was located deceased in the residence, a 74 year old male was transported to Edmonton via STARS Air Ambulance where he was later



released. The investigation is ongoing with assistance from the Alberta Fire Commissioners Office and Edmonton Medical Examiner's Office.

**JUDICIAL SALE / REDUCED**




**HORSE PRODUCTION RIVERSONG** - 19,560 sq. ft. modern equestrian arena, barn and club house on 103 acres along the McLeod River between Whitecourt and Edson Highway 32. Older 2,072 sq. ft. bungalow overlooking river with three serviced cabins and outbuildings. Separate power and water services to barn and residence. Potential for campground and sub division.

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**STORY TO TELL?**

*Submit your story to the Community Voice!*

**Fax your story to 962-1021 or e-mail it to news@com-voice.com**

*Phone 962-9228 for more information.*

*Stories may be edited for length due to possible space restrictions.*



**Community VOICE**  
Keeping You and Your Community Informed





# Classified Ads - Call 962-9228

## Classified Policy

CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion = \$6.00; Subsequent insertion = \$3.00 each. Each additional word is 20 cents per word, per insertion. Ads must be paid in advance either by cheque, cash, Visa or Mastercard. No Refunds Allowed on Classified Ads. DEADLINE: is Thurs. 4:00 pm. Ads may be called in to the COMMUNITY VOICE office at (780) 962-9228, emailed to: classifieds@com-voice.com, dropped off at Onoway Registries, or mailed with your payment to: COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8. Ads may also be placed on the web at www.com-voice.com/classified.htm

## Hall Rentals

Alberta Beach Agplex, Susan 780-996-2960.

Alberta Beach & District Heritage Centre, We now have air conditioning! Space Available! Call Shirley at: (780) 924-3272 or Shawna at: (587) 879-5450

Bright Bank Hall, 780-963-6835

Cherhill Legion, Mary 780-785-3578.

Cherhill Community, Taryn 305-9022

Darwell Hall, 780-721-2690

Darwell Seniors, 892-2457

Genevis Hall, 785-4144 or 721-6188

Gunn Hall (G.A.R.S.) 780-967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Hall, 892-2998.

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Legion, 967-4980

Onoway Museum Gym classroom, 967-5263 or 967-1015

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-3221 or 785-3118

Stettin Nakumun Comm. Hall, 967-9198

## Services

Nasty's Tree Removal. Stump Grinding, Pruning & Firewood for sale. Licensed & insured. Roger @ 780-720-2207

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## Dog Caretaker

**Alberta Beach & Surrounding Areas**, thinking of a Spring or Summer Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There's a wrap around deck & court yard! I'll provide tending love & care, with walks every day. Best of all, I'm cheaper than a kennel! Also, daily drop in's or overnight stays welcome. If interested call 780-920-4166



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Excellent Investment Property or Building Opportunity on 10+ Acres. This Versatile Commercial Property With the Possibility of Building Your Dream Home on Has 3 Phase Power, is Fenced, Has Hwy Frontage, and 2 Approaches! **\$109,900**



Attractive 2000 Sq Ft 4 Bedroom Home has 3 Baths, Huge Country Kitchen, Large Living Room, Formal Dining Room, Full Basement, Attached Garage and More! **\$279,900**



**4 Bedroom Home With a Walk Out Basement on 10 Acres Off of Pavement Has a Dream Kitchen/Dining Area, a Bright Living Room With a Fireplace, & a Large Rec Room. Extras Are a Double Garage, a Firepit Area, a Full Basement & More! \$439,900**



158+ Acres With a Lake View and Next to Crown Land Has a Great Family Home With a Large Country Kitchen, a Spacious Living Room, a Huge Rec Room, 3 Bedrooms & 2 Baths. Extras Are a Large Shop, 4 Outbuildings, Corrals, & Fencing! **\$479,900**



**REDUCED**  
Newly Updated 3 Bedroom Home With a Full Basement Nestled in the Trees on 11 Acres Shows a "10". Extras Include an Attached Garage, Huge deck, Firepit Area, Small Barn, and Some Game Fencing! **\$349,900**



**Prime Commercial Lot! Located on Main Street in Wildwood. \$19,500**



Large Lot Located in The New Subdivision in Evansburg! **\$28,500**



Great Family Home! This Updated Home Features an Attractive Kitchen, a Bright & Open Living Room, a Huge Master Bedroom, a 2nd Bedroom, a 4 pce Bath and a Full Basement! **\$112,500**



Incredibly Priced Updated Home on a Fenced Lot Has a Large Country Kitchen, an Attractive Living Room, 3 Bedrooms, a 4 Pce Bath, 2 Decks, & Close to Schools! **\$89,900**



Country Charm at its Best! This Attractive 1517 sq ft Home Has 4 Bedrooms, an Updated Bright Kitchen & Dining Area, Spacious Living Room, Huge Rec Room, 2 Baths, Cold Room & a Workshop. Extras are Double Car Garage & Rv Parking. **\$339,900**



Scenic 98+ Acres With a Creek, Close To Town, Right Off Pavement, Oil Revenue. Great Building Sites! **\$146,500**



Stunning 2 Storey Home on 1.15 Acres Features a Large Custom Kitchen, a Living Room With a Gas Fireplace, 4 Bedrooms, 3 Baths, a Massive Bonus Room & a Finished Basement. Extras Are 2 Decks, a 28X30 Heated Attached Garage, a 30X40 Shop With a Lean-To. **\$399,900**



Great Commercial Building on a Double Lot Main Street Entwistle Has an Income Suite and Potential for 5 Offices or Your Own Retail Business! **\$279,900**



Beautiful Home on 1.44 Acres in Town Has 5 Bedrooms, 4 Baths, a Huge Chef's Kitchen, a Dining Area, a Den/Office, a Large Living Room, a Rec Room, an Attached Garage, 2 Covered Decks, & a Paved Driveway. Also Included is an Older 2 Storey Home & a Garage! **\$375,000**

# Classified Ads - Call 962-9228

## Computers

FREE COMPUTER CHECKUP - Repairs not over \$50, Screen repairs. Get GOOD LAPTOP or DESKTOP for ONLY \$135 with Games, Music, Pictures. Free repairs for single parents. 780-892-4993.

## Livestock

**RED POLL BULLS**, reg. Yearlings; 2 yr olds; easy calving; naturally polled calves. 780-892-3447

Registered Purebred Limousin Bulls for Sale. Red & Black, Heifer and Performance Bulls.

Semen Tested, Halter broke and will make a great addition to your herd. For more information please call Scott with Hansen's Limousin, Entwistle, AB. 780-202-0607. Come early for best selection! Free Delivery.

## Feed & Seed

Seed & Feed: Oats & Barley, Fursarium tested. 99% & 91% germ, no wild oats, can deliver. james@woodlandlumber.com Evansburg 780-621-2229

## Firewood

His Helping Hands Firewood - Poplar for sale, \$200/cord + delivery. All profits go to charity. 780-218-4177

## Vehicles

2013 Dodge Dart SXT 4 Door Sedan. 1.4 Turbo Engine, 6 Speed Manual, 51,000km. \$10,500 OBO. Call 780-778-6956.

2004 Ford Explorer Limited. 235,000 KM. 4.6 V8 Fully Loaded. DVD player, Sunroof, Power lock windows, seats 7, good tires, white exterior, black interior. Asking \$5,000 OBO. Call 780-967-0200

## Wanted to Rent Pasture

Wanted: Pasture to Rent for Spring 2017. Call 780-916-2333

## For Sale

BRAND NEW Genuine Leather Cowboy Boots, Made in USA - Brown, Size 8 1/2 D. Asking \$80. 780-907-8642

## For Rent

Sangudo, AB. 2 Bedroom Apartment, heat & water included, N/S. \$721 - \$772/month, DD same. Available Immediately. Call 780-999-7777

Alberta Beach Hotel Rooms for rent. Newly upgraded, very clean & well maintained for \$60.00 per night or \$650.00 per month. A bigger suite room is available for \$75.00 per night or \$700.00 per month. For more info please contact Laurie @ 780.924.3005

Cabin For Rent, \$850/month, Max 2 people, Utilities all included, Low DD. Call 780-239-0553

# Church Directory

<p><b>Rich Valley Community Church</b></p> <p>Sunday School 10:00a.m. Worship Service 11:00a.m.</p>	<p><b>Catholic Parish of Lac Ste. Anne</b></p> <p>Sunday 10:00a.m.</p>	<p><b>St. John's Anglican Church</b> <i>Onoway</i></p> <p>Sunday Service 10:00a.m. <b>Everyone Welcome</b></p>	<p><b>Mayerthorpe Baptist Church</b></p> <p>Worship Service Sunday 10:30a.m. Children's Church 10:30a.m. #606-54 St. Mayerthorpe (780) 786-2677</p>	<p><b>St. John's Lutheran Church</b> <i>Alberta Beach</i></p> <p>Sunday Service 11:00a.m. Sunday School</p>
<p><b>Zion United Church</b></p> <p>Sunday Service 10:00a.m. Sunday School</p> <p><i>Serving Alberta Beach, Wabaman, Dorisville &amp; Lake Isle, Onoway &amp; Arvo (780) 924-3351</i></p>	<p><b>St. Joseph's Catholic Church</b></p> <p>Sunday Mass 11:30a.m. Wabaman, AB</p>	<p><b>Sangudo St Mary the Virgin Anglican Church</b></p> <p>Sunday Services: 2nd &amp; 4th Sunday Holy Communion 11:00a.m.</p>	<p><b>Our Lady of Lourdes</b></p> <p>Sunday Services: Saturday's 7:00a.m. Lac La Poudre, AB 780-967-5261</p>	<p><b>Sangudo United Church</b></p> <p>Sunday Services 1<sup>st</sup> and 3<sup>rd</sup> Sun. of each month Lunch to follow. Feed the Body &amp; Soul. Worship Service 11:00a.m.</p>
<p><b>Trinity Lutheran Church (LC-C)</b> <i>The Church of the Lutheran Home - Rockfort Bridge</i></p> <p><b>Pastor Dan Hansard</b> Church (780) 778-2035</p> <p>Sunday Worship 9:00a.m. <i>Senior's Service &amp; Cottage Bible Study - Please for locations</i></p>	<p><b>Mayerthorpe Pentecostal Assembly</b> P.A.O.C. Rev. Arnold Lotholz</p> <p>Sunday 10:30a.m. Morning Service Tuesday 7:30p.m. Ministry Training (780) 786-2424</p>	<p><b>St. Michael Lutheran Church</b></p> <p>Sunday Services 1<sup>st</sup> &amp; 3<sup>rd</sup> Sunday at 2:30p.m. Rev. Horst Gutsche (780) 674-3944 <i>Mystery Lake</i></p>	<p><b>Onoway Baptist Church</b></p> <p>Sunday Service 10:00a.m. Youth Group Friday 7:00p.m. (780) 967-2266</p>	<p><b>Mayerthorpe United Church</b> Mayerthorpe Rev. Alwin Maben</p> <p>Sunday Worship 9:30a.m. to be held at the Peter Trynel Community Center at Pleasant View Lodge Until Further Notice PH: (780) 786-2134</p>
<p><b>Alberta Beach Alliance Church</b></p> <p>Sunday Worship Service &amp; Kid's Church 11:00a.m. Sunday School 10:00a.m. (780) 924-3282</p>	<p><b>Cherhill Community Church</b></p> <p>Sunday School 10:00a.m. - 11:00a.m. Worship Service Sunday 11:00a.m.</p>	<p><b>Roman Catholic Church</b></p> <p>St. Agnes' Parish, Mayerthorpe Sunday 9:00a.m. St. Elizabeth Parish, Evansburg Saturday 7:00p.m. (780) 786-2032</p>	<p><b>Calahoo Alliance Church</b></p> <p>Family Worship Service Sunday 10:00a.m. For Info Call Jerry (780) 974-7734</p>	<p><b>Rock Victory Church Worship Celebration</b></p> <p>Sunday Worship w/ Children's Ministry 10:00a.m. Wednesday Prayer &amp; Bible Study 6:00p.m.</p>

# COMMUNITY EVENTS 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

**MARCH 27 - SANGUDO HORTICULTURAL CLUB: A TALK ON TREES - PLANNING, PLANTING AND MAINTENANCE,** presented by Kenneth Willis. 7pm at the Sangudo Golden Age Club (4927-50ave Sangudo). Public welcome. (\$5 drop in fee).

**FARMERS MARKETS**

**ALBERTA BEACH:** Open Every Sunday, May - Oct, 12-3pm. Contact Joeanne 780-690-6392  
**BARRHEAD:** Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802  
**ONOWAY FARMERS' MARKET** presented by the Onoway & District Ag Society, Fridays 4pm-8pm at the Community Hall. Starts May 1<sup>st</sup>. Janice (780) 667-6327. onowayfarmersmarket@gmail.com. New vendors welcome!  
**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30, tables (780)240-5821  
**STONY PLAIN:** Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.  
**WESTLOCK:** 11-3pm, Bargain Shop Mall, Dave 780-954-2437  
**WHITECOURT:** Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

**BINGO**

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.  
**CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors Open at 6:30pm, Games at 7pm.  
**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00 Noon  
**MAYERTHORPE ROYAL CANADIAN LEGION:** Tues, doors 6:30pm, bingo 7:30pm  
**RICH VALLEY COMMUNITY HALL BINGO:** 7:30pm. Loonie Pots. Next bingos March 8 & 22, April 5 & 19.  
**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

**JAMBOREES**

**CALMAR:** Wilton Park Community Hall, Every 4<sup>th</sup> Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.  
**CHIP LAKE:** Ravine Comm Hall, 1<sup>st</sup> Sat 325-2119 or 325-2391  
**SANGUDO:** Sangudo Community Hall, 1<sup>st</sup> Sat of month 7pm, Oct.-May. Everyone welcome. 785-4105 or 305-5088.  
**SPRUCE GROVE:** at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051  
**STONY PLAIN:** Stony Plain Seniors Drop In Centre, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.  
**THE ABBOTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of each month @ 7pm. PH: 780-918-8545, Admission is Donations Only.

**MEAT DRAWS**

**Alberta Beach Museum:** Every Sat 4pm, Alberta Beach Hotel  
**Alberta Beach:** 4pm, Every Sun. Jungles Bar & Grill  
**Barrhead Royal Canadian Legion:** every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.  
**Darwell:** Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant  
**Onoway Royal Canadian Legion:** every Fri Ph. 780-967-5361

**Stony Plain Royal Canadian Legion Br# 256:** Every Saturday @ 3pm. Meat Draw & 50/50.  
**Whitecourt Legion:** Every Sat, 4pm. Located downtown behind the CIBC.

**SOCIAL EVENTS**

**50+ YOUNG AT HEART LUNCHEON** for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3<sup>rd</sup> Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.  
**ALBERTA BEACH & DISTRICT ACTIVE 50+ Club** activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).  
**BADMINTON:** Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.  
**BARRHEAD PHOTO CLUB:** 1<sup>st</sup> & 3<sup>rd</sup> Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663  
**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.  
**JR. SCRAPBOOKING** Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404  
**LAC STE ANNE COMMUNITY CHOIR,** Accepting new members for all voice ranges. Men & women 18 yrs & over. Weekly practice Wednesdays at Alberta Beach Heritage Centre from 7-9pm. For info call Eunice @ 780-618-7865.

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1:00PM. Exercise Fridays, 10:00AM. 1<sup>st</sup> Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.  
**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.  
**ONOWAY MUSEUM:** Gym & classroom 780-967-1015 or 780 - 967- 5263  
**ONOWAY ROYAL CANADIAN LEGION** open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)  
**PANCAKE/BREAKFAST SOCIAL:** Parkland Village Community Centre - 3<sup>rd</sup> Sunday (except June, July, August) 9-11:30am  
**RIVER TALKERS TOASTMASTERS CLUB,** every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Lorraine 286-5040.  
**SANGUDO ART GROUP:** Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.  
**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St. Stony Plain). 2<sup>nd</sup> Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032  
**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St. Stony Plain). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am,

Children's activities. Contact 780-940-3032  
**SQUARE DANCE LESSONS:** Thursdays 7-9pm. Starts Sept 29<sup>th</sup> to Dec 15<sup>th</sup>, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or i.squardance2016@gmail.com  
**WRITERS PROGRAM:** Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1pm.  
**VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP):** Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@isac.ca

**MEETINGS**

**1ST ONOWAY SCOUTS:**Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.  
**3053 ROYAL CANADIAN ARMY CADETS,** Onoway Historical Centre, Wed, 6:45pm-9:30 for youths 12+. 967-0443  
**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.  
**526 Barrhead Air Cadets,** Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-305-7233  
**AA - Mayerthorpe,** Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927  
**AA - Sangudo Golden Club,** Tues 8pm call 786-4402/785-9214/785-3599  
**AL-ANON:** Tues 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.  
**AL-ANON** Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205  
**ALBERTA 55 PLUS:** Villeneuve Hall at 10a.m. New Members Welcome. Meetings on 2<sup>nd</sup> Tues of the month. Info from Donna 780-962-5933  
**ALBERTA BEACH & DIST LIONS CLUB** meets every 4<sup>th</sup> Tues 7pm, Alberta Beach Agplex.  
**ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs. of month, 7pm, Agplex  
**ALBERTA BEACH MUSEUM** meets the 2<sup>nd</sup> Wed, 7pm at Heritage House 924-3167.  
**ALCOHOLICS ANONYMOUS** IF Drinking is a Problem, call 780-236-1043  
**BARRHEAD ROYAL CANADIAN LEGION,** general meeting every 2<sup>nd</sup> Thurs, 7pm at the Legion Hall.  
**CHERRILL COMMUNITY ASSOC.** Monthly Meeting 1<sup>st</sup> Wednesday, 8pm at the Hall. 785-2825 \*Except Jan, July, Aug, Sept.  
**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12pm, Alberta Beach Agplex. Sept-June. Info call Melissa 780-297-1892.  
**Citizens Helping In Life's Defence (C.H.I.L.D.)** Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.  
**CITIZENS ON PATROL:** The Pembina Community Watch Patrol Meets 2<sup>nd</sup> Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000  
**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8pm, 1<sup>st</sup> Mon, Darwell  
**DDRA MEETING,** 7pm, 2<sup>nd</sup> Mon (except Jul/Aug/Dec), Darwell 892-3099.  
**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.  
**GLENEVIS COMMUNITY** meets 1<sup>st</sup> Wed. Info 785-4144 or 721-6188.  
**GREENCOURT COMMUNITY ASSOCIATION** meet info. 2<sup>nd</sup> Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.  
**KINETTE CLUB OF MAYERTHORPE,** 7:30pm at Kinsmen Hall, 1<sup>st</sup> Tues of each month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.  
**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30 at Onoway Museum (780) 967-0443

**LAKE ISLE HALL BOARD:** 3<sup>rd</sup> Tues, 7:30pm, Lake Isle Hall.  
**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4<sup>th</sup> Mon, 5pm in Hospital Basement Education Room.  
**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034  
**NA MEETING** Tues, 7pm Poplar Valley Church (780)514-6011  
**ONOWAY & DIST HERITAGE SOCIETY:** 2<sup>nd</sup> Wed of each month, 7:30pm, Chateau Lac Ste Anne  
**ONOWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7pm, Onoway Museum. 967-5263 or 967-2452.  
**ONOWAY QUILTERS,** 2<sup>nd</sup> & 4<sup>th</sup> Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.  
**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1<sup>st</sup> Mon, 7pm (Sept-June).  
**ONOWAY MASONIC LODGE #138,** 4<sup>th</sup> Wed, 7:30 Onoway Legion  
**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.  
**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agplex on the 2<sup>nd</sup> Wed of the month. 7:00pm.  
**RIVER TALKERS TOASTMASTERS CLUB** Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.  
**SANGUDO PAINTING GROUP:** Every 1<sup>st</sup> and 3<sup>rd</sup> Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112.  
**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258  
**WEIGHT WATCHERS** Alberta Beach Agplex - 5023, weigh in 6:30pm. Meeting at 7pm.  
**TOPS Meetings (Take Off Pounds Sensibly)**  
**ALBERTA BEACH:** Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.  
**ENTWISTLE:** Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982  
**EVANSBURG:** Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155  
**SANGUDO:** Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.  
**MEALS ON WHEELS**  
**ALBERTA BEACH & AREA:** call (780) 910-0034.  
**DARWELL & AREA:** For info on volunteering or eligibility, call Lorraine, 892-2967.  
**ONOWAY & DIST:** Frozen & hot meals available. Call 967-2338 or 967-5244.  
**YOUR COMMUNITY**  
**SEA CADETS:** 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 for youths 12-18, 963-0843  
**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9-3pm. Info 960-4600.  
**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway. Open Fri & Sat, 10am-4pm.  
**WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1-2:30 pm.

# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	2	4	3				6	7
	8	1		7			9	4
		6	4			8		2
4	3	2		1	7			9
	1		9			4		
7						3		
1			7			2	5	
2	5	3	8	9			1	
8				2				

**ANSWER:**

5	2	4	3	8	9	1	6	7
3	8	1	2	7	6	5	9	4
9	7	6	4	5	1	8	3	2
4	3	2	5	1	7	6	8	9
6	1	8	9	3	2	4	7	5
7	9	5	6	4	8	3	2	1
1	4	9	7	6	3	2	5	8
2	5	3	8	9	4	7	1	6
8	6	7	1	2	5	9	4	3

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



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