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May 30, 2017

RCMP CHARGE ATB EMPLOYEE WITH FRAUD AFTER \$250,000 THEFT

Submitted by Stony Plain/Spruce Grove/Enoch RCMP

#20161490975 – Stony Plain/Spruce Grove/Enoch RCMP have charged a local woman accused of stealing more than \$250,000 from her employer, the Alberta Treasury Branch, after a detailed investigation led by the Stony Plain/Spruce

Grove/Enoch RCMP Serious Crimes Branch.

Stony Plain/Spruce Grove/Enoch RCMP began the fraud investigation in 2016 after the suspect's former employer, Alberta Treasury Branch, reported irregularities in their banking activity.

The accused worked as a loans officer for the Alberta Treasury

Branch for the past 30 years, and the total theft is estimated at over \$250,000.

61 year old Joyce Melody Gogerla has been charged with one count of fraud over \$5000.00 and will make her first court appearance in Stony Plain on June 26, 2017 at 9:30 am.

MOTORCYCLE SAFETY TIPS FROM THE ALBERTA RCMP

Submitted by Alberta RCMP

As the summer months approach and temperatures get warmer, roads users can expect to see an increase of motorcycles on the road. Alberta RCMP reminds all motorists that keeping our roads safe is a shared responsibility.

"Collisions involving motorcycles are a significant concern because there is a greater risk that it will result in a serious or fatal injury to the motorcycle driver or passenger," said Inspector Steve Daley, Acting Officer-in-Charge, Alberta RCMP Traffic Services. "All road users have a role to play in motorcycle safety. For drivers, it means being extra vigilant, especially at intersections. Many collisions occur when a driver fails to see a motorcyclist and then turns left in front of the motorcycle. Motorcyclists should always try to position their bikes to avoid a

driver's blind spot."

Below are safety tips for drivers and motorcycle riders.

- Staying safe means being visible. Motorcycles are smaller than most vehicles and can be difficult to see on roadways and in parking lots.

- Stay out of blind spots! Position yourself where other drivers can see you.

- Wear high visibility jackets and helmets. Colours such as orange, yellow and white instantly draws other motorists' eyes to you.

- In Alberta, wearing a helmet is the law. You're 37% less likely to get a fatal injury in a collision if you have a helmet on. (Alberta Transportation)

- Replace a helmet that has been damaged, and avoid buying a used one. A used helmet may have been involved in a crash and could be damaged in ways that are not obvious.

- Along with an approved motorcycle helmet, every rider should wear: shatter-proof eye, protection, a durable, brightly coloured jacket, Long pants, leather footwear that protects the ankles, full fingered, non-slip gloves, rain and cold weather riding clothes.

- Showing off and speeding do not pay off. Ride defensively and make every effort to enhance your visibility.

- Share the road – look twice for motorcyclists at intersections or when changing lanes.

- Never underestimate the speed of a motorcycle. Their size makes their speed deceptive.

The Alberta Motorcycle Safety Society is a non-profit society that partners with the motorcycle industry, municipal and provincial governments as well as the media to promote, educate, and bring awareness to motorcycle safety in Alberta.

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PARLIAMENT UPDATE – WEEK OF MAY 15, 2017

Submitted by **Jim Eglinski, MP – Yellowhead**

This week in Parliament, we discussed topics including labour unions, illegal substances and overdoses, impaired driving, and seniors.

The following was debated in the House:

- Bill C-4 – An Act to amend the Canada Labour Code, the Parliamentary Employment and Staff Relations Act, the Public Service Labour Relations Act and the Income Tax Act (Consideration of Senate Amendments)
- Bill C-7 – An Act to amend the Public Service Labour Relations Act, the Public Service Labour Relations and Employment Board Act and other Acts and to provide for certain other measures (Consideration of Senate Amendments)
- Bill C-37 – An Act to amend the Controlled Drugs and Substances Act and to make related amendments to other Acts (Consideration of Senate Amendments)
- Bill C-46 – An Act to amend the Criminal Code (offences relating to

conveyances) and to make consequential amendments to other Acts (Second Reading)

- Bill C-309 – Gender Equality Week Act (Report Stage)
- Bill S-226 – Justice for Victims of Corrupt Foreign Officials Act (Sergei Magnitsky Law) (Second Reading)
- Bill S-233 – Conveyance Presentation and Reporting Requirements Modernization Act (Second Reading)
- Estimates in Committee of the Whole – Foreign Affairs, Trade and Development
- CPC Opposition Day – Autism Spectrum Disorder
- Motion No. 64 – Italian Heritage Month
- Motion No. 106 – Seniors

On Tuesday, I asked multiple questions during debate on Bill C-7 regarding the unionization of the RCMP. You can find my comments and the responses to my questions on Tuesday's Debates Hansard at the House of Commons' new website: www.ourcommons.ca

Also on Tuesday, our Conserva-

tive Interim Leader, Hon. Rona Ambrose, announced she is resigning her seat and stepping down from federal politics. I want to wish her all the best. Voting is currently underway to select the new Conservative Party Leader. The winner will be announced at a convention in Toronto on May 27.

On Wednesday, I spoke on an amendment to M-106, calling on the Prime Minister to appoint a Minister of Seniors. You can read my comments on Wednesday's Debate Hansard at the above website.

In the Standing Committee on Environment and Sustainable Development (ENVI), we continued our review of The Canadian Environmental Protection Act, 1999 and the consideration of a draft report. For more information on these meetings, visit: www.ourcommons.ca/Committees/en/ENVI.

This week, I attended 12 meetings and four events, as well as recorded a radio message. My next update will be on my travels throughout the riding as Parliament will be on recess next week.



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GREETINGS FROM THE ONOWAY LEGION

Submitted by Lorinda McCool

Monday May 29, 2017

We have been eagerly anticipating the arrival of this year's hummingbirds and were very happy to finally see these enchanting little creatures on May 20th. Many other people in the area have also reported sightings, some as early as May 17th.

Reservations are highly recommended for the Heritage Days June 9th Navy Rum Rib Dinner. TransAlta has sponsored this Heritage Days Supper for the last few years and has graciously agreed to continue the tradition.

There will be a Community Garage and Craft Sale on Saturday June 10th, during Heritage Days, from 9:00 AM to 4:00 PM. Hamburgers, hot dogs, fries and poutine will be available from the kitchen and the bar will be open after the parade. Table rental is \$10.00 and must be paid in advance. For information or to book a table, please contact Joanne Gorman @ 780-960-4160 or e-mail gorm03@yahoo.com.

Submitted by The Onoway Legion Social Committee: "The Onoway Legion will be hosting a medieval dinner and accompanying medieval competitions the evening of June 17th. The Legion will open at 5:30 pm with dinner served at 6:30 pm and jousting, sword fighting and javelin throw just a few of the challenges available for entertainment following the "hands only" dinner. Our local blacksmith is forging tongs so that dinner patrons can retrieve their food from the platters. Period costumes are optional (but encouraged) and could range from a peasant potato sack or jester's crown to a knight's shining armour or ladies elegant lace. Tickets must be purchased at the Legion prior to the June 14th deadline for \$20.00 per person (no refunds).

The Onoway Pool League has put together another raffle consisting of three fabulous prize choices. The first is a wide variety of Avon women and men's products (donated by Dee Hobbs), second is Edmonton Oilers and Eskimos sports memorabilia (donated by

Wade Neilson) with bonus extras (donated by the Onoway Legion) and third is a Harley Davidson billiard set (donated by Karl Wichowski) combined with a Tekna wilderness survival knife and 2 Hydra Packs (donated by Northwest Scuba). Tickets are available at the Legion and you can choose which prize package you would like to win by placing your tickets in the appropriate box. Prize packages will be drawn after the supper on Friday July 14th.

Thank you to the many volunteers who worked at Scott Sadler's Barbequed Steak and Burger Supper on May 19th. Cheryl S. handled the cash, Ric M. sold tickets, Eleanor S. and George J. helped in the kitchen, Scout Marshal along with Leader Lisa and her Guides Oceana, Linda and Laina delivered meals as well as helped Larry V. and Carol V. with clean up while Randy W. did dishes and Liane W. tended the bar. John Coffee won the free meal voucher, Ren Murowchuk the meat draw and Jim Potter the 50/50 draw.

UPCOMING EVENTS:

May 30 - Tuesday Night Drop-in Darts – Registration 6:45 to 7:15 pm. Play at 7:30 pm.

June 2 - Friday Night Supper – Minute Steak

June 5 - General Meeting – Commences @ 7:00 pm.

June 9 - Heritage Days Friday Night Supper – TransAlta Sponsored Navy Rum Ribs

June 10 - Community Garage and Craft Sale from 9:00 am to 4:00 pm. Hamburger and Hot Dog Concession following the Parade

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals; Bob Clark @ 780-967-3640 or e-mail onerown1@xplornet.ca to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen; Cheryl Sadler @ 780-967-4146 for membership; Neil Gorman @ 780-960-4160 for sports and Lorinda McCool @ 780-907-1744 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!

Onoway FARMER'S MARKET

Heritage Days Market
Friday, June 9, 2017 5:30PM-8:30PM
Saturday, June 10, 2017 8:00AM-1:00PM

NEW Hours for Friday's Market are 5:30PM-8:30PM at the Onoway Community Hall

For more information or to book a table, please contact Shona:
 onowayfarmersmarket@gmail.com
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JOKE OF THE WEEK

A bill collector knocked on the door of a country debtor and asked the woman who answered the door, "Is Fred home?" "Sorry, Fred's gone for cotton." The next day the bill collector tried again. "Is Fred here today?" "No, sir. I'm afraid he has gone for cotton." When he returned the third day he humped. "I suppose Fred is gone for cotton again,?" "No, Fred died yesterday." Suspicious that he was being avoided, the collector decided to wait a week and check the cemetery himself. But sure enough, there was poor Fred's tombstone, with the inscription, "Gone, But Not for Cotton."

JUNE NEWS FROM THE RICH VALLEY PUBLIC LIBRARY

Submitted by Regan Macdonald, Library Programmer and Communication Coordinator | Rich Valley Public Library

Rich Valley Public Library is excited to be open on Fridays from 9 am-12 pm. Our hours are Tuesday from 5-8 pm. Wednesday from 10 am-2:30 pm. Thursday from 2-6:30 pm and now Friday now from 9 am-12 pm. We will be closing on some Fridays due to meetings but we will keep you informed by newsletter, website or you can follow us on Facebook.

The Summer Reading Club is designed to encourage children to explore ideas, enjoy reading, have fun and maintain literacy skills throughout the summer holidays. Summer Reading Club begins on Wednesday July 5, 2017 and the theme this year is Canada. Let's celebrate Canada's 150th Birthday together as we hold weekly challenges, crafts and of course stories and reading. Each week we will "travel Canada" with a different theme. This is a free program available to children from 2-12 years old.

The Summer Reading Club will be held every Wednesday and we will be dividing the ages up this year. Children ages 2-4 will run from 10:00-10:30 am. Children ages 5-8 will run from 10:30-11:30 am. Children ages 9-12 will be from 11:30 am-12:30 pm.

The Summer Reading Club is a free program, so you can join us any week you want. Registration is not necessary but if you know you are participating please stop by the Rich Valley Public Library or contact us so we have enough prizes.

This summer Teen Club is back by popular demand. Teen Club is every Tuesday from 7-9 pm and the start date is July 4, 2017. Anyone 12 and up is welcome.

The Rich Valley Public Library will be having Mrs. Fitzgerald's Read It Bingo Pizza Party on June 20, 2017 from 5:00-6:00 pm. This pizza party will mark the end of Mrs. Fitzgerald's Read It Bingo. You need to have a full card to be eligible for the pizza party and the deadline for books to qualify is June 16, 2017.

This month we are offering the

following programs:

New! Movie Night at Rich Valley Public Library. On Friday, June 16th, 2017 the Rich Valley Public Library will be showing "Beauty and the Beast" at 7:00 pm. Admission is free. Popcorn, licorice, pop and water will be available for sale. See you at the movies!

Story time is on Wednesday from 11:00-11:45 am. Bring your toddlers in on Wednesdays from 11:00 to 11:45 am for stories, activities and crafts. All children ages 0-5 are welcome to join us at this free program. Every third Wednesday of

the month we will alternate between Tents and Tunnels, Play Doh Fun and Lego Building. Story time will run until Wednesday, June 28, 2017 and then break for summer. Stay tuned for exciting Summer Reading Program initiatives!

Parents and Tots Play Group is on Wednesdays from 9:45-10:45 am. Parents and toddlers are invited to play, discover and make friends at this free drop-in program held at the Rich Valley Public Library. All children ages 0-6 are welcome. Snacks, juice and coffee will be provided. This program is funded by FCSS.

The last Play Group prior to summer break will be held on Wednesday, June 21, 2017.

Yoga is every Tuesday from 7:30-8:30 pm. Join Melissa, our yoga instructor, in the Yellow Room on Tuesdays from 7:30 to 8:30 pm. Yoga is a wonderful way to stay strong and flexible for life. The current session is May 23, May 30, June 6, June 13, June 20 and June 27. The cost is \$60.00 for the six sessions or \$12 drop in fee. Please contact the library at 780-967-3525 to register or drop in on Tuesdays.

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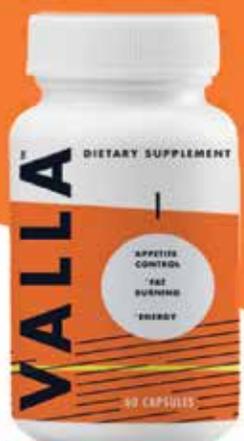
"I've lost 30 Pounds in 45 days - I've tried all kinds of products and so happy to find one that actually works!" - **Elaine Spruce Grove**

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Onoway & District

HERITAGE DAYS

JUNE 9, 10 & 11, 2017

FRIDAY, JUNE 9, 2017

UFA Farmers Day Kick Off to Heritage Days _____ 11:00AM – 2:00PM
Burgers & Chilli. Special guest Clint Waddell will be on hand to sell and sign his cookbooks!
Some of the proceeds from the sale will be donated to The Heritage Trail project!

CIBC Hot Dogs *Proceeds to support the Stollery* _____ 11:00AM – 3:00PM

Great Canadian Big Foot Race (NEW) _____ 12:00PM – 1:00PM
Challenge your co-workers or another team! Teams of three will race from the Legion to the
4 way stop wearing BIG FOOT!

Ball Tournament _____ Start

Royal Canadian Legion Dinner _____ Doors open at 3:00PM
Navy Rum Ribs. Sponsored by TransAlta. Reservations recommended.

Farmers Market (Onoway Community Hall) _____ 5:30PM – 8:30PM

Music in the Park _____ 7:00PM – 11:00PM
Elks Park (behind Shell Station). Concession available. Come out and listen to some of
Onoways home grown talent!!

Many local non profit groups will be selling food at various locations throughout the town, so take in the sites and by some treats and show your support for the different organizations!

Historical Guild will have the Museum Open.
Stop by at check out the BEST historical displays!

Celebrating Canada



Onoway & District

HERITAGE DAYS

JUNE 9, 10 & 11, 2017



SATURDAY JUNE 10, 2017

Onoway Fish & Game Pancake Breakfast _____ 7:00AM – 10:00AM
(Onoway Community Hall)

Farmers Market *(Onoway Community Hall)* _____ 8:00AM – 1:00PM

Ball Tournament _____ all day

Parade (1000 setup) _____ 11:00AM – 12:00PM

Staging for parade is at the school bus loop beginning at 10:00AM

Car Show & Shine *(Main Street)* _____ 12:00PM – 3:00PM

Kid's Fair *(Elks Park)* _____ 12:00PM – 4:00PM

Axe Throwing *(NEW)* _____ 12:00PM – 3:00PM

Beside the Paper Canvas (across from the Big Way)

Community Garage and Craft Sale *(Legion)* _____ 9:00AM – 4:00PM

No Minors Dance _____ Doors at 6:30PM

Hosted by Onoway and District Ag. Society at the Arena. Silent Auction

SUNDAY JUNE 11, 2017

Ball Tournament _____ ALL DAY

Celebrating Canada



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RIDING UPDATE – WEEK OF MAY 22, 2017

Submitted by Jim Eglinski, MP – Yellowhead

Parliament was on recess this week, allowing me to spend time in the riding.

Last Friday, I visited the new Northern Rockies Museum of Culture and Heritage in Hinton. On Saturday, I attended the Big Horn Rodeo breakfast and parade in Caroline. Later that day, I dropped in

for a visit with veterans at the Edson Legion.

On Monday, I spent the day in my Edson office meeting with constituents, including an organization to discuss affordable housing in our riding.

On Tuesday, I had a meeting in Drayton Valley before attending an unveiling celebration for the Brazeau County Solar Project.

On Wednesday, I toured the fa-

ilities at Camp He Ho Ha at Lake Isle and met with staff. The camp provides safe and rewarding recreational opportunities to children and adults with physical and mental disabilities. I was quite impressed with the facilities.

After spending the first half of the week in the riding, I flew to Ottawa on Thursday to attend the Conservative Party of Canada's Leadership Convention over the weekend. Vot-

ing for the next leader of the party has been underway and the winner will be announced on Saturday.

I look forward to welcoming the new leader and returning to Parliament next week with a renewed caucus. My next update will be from Parliament as we return from recess for the next couple of weeks before the summer break.

ROSEN METHOD BODYWORK

Submitted by Maivis Engelhardt

This hands-on bodywork uses gentle sensitive touch to bring your awareness to muscular tension long held in your body. With the supporting touch, you can relax. With relaxation one's breathe can flow with more ease.

A young child expresses emotion easily and spontaneously. As parents and caregivers we respond from our own experiences and conditioning, teaching inadvertently that emotions must be controlled.

There is a time in life, especially

in youth where we are unable to deal with negative responses to our instinctual feelings so we have to put them away. In most cases we lock them into our musculature and breathing patterns to control our behavior to meet the expected norm.

With Rosen Method Bodywork, change comes about not as a result of the Rosen Method worker doing something to the client in an intrusive way, but by providing a supporting and caring environment for something new to happen. With support, our body can remember old feelings with less fear and apprehension than facing these old feel-

ings alone. Insight into the habits we created to protect ourselves in past situations may come into our awareness. Through the verbal exchange, observation of restricted breath and physical contact with tight muscle encouraged in a Rosen Method session, old patterns of holding tension can be recognized. With recognition past feelings around events can be released and this allows more freedom and spontaneity in our present living.

As an Intern of Rosen Method Bodywork, it is rewarding and exciting to witness of the relaxation my clients experience after a ses-

sion. I continue to offer sessions at the discounted price of \$45.00 for a one hour session or three sessions for \$90.00. This work is unique and needs to be experienced to be understood. It is a great addition to your present medical and/or therapeutic self-care.

Maivis Engelhardt *Remedial Massage Therapist – Registration with NHPC *Rosen Method Bodywork RI Intern - Certification Level III

(Lac St. Anne County, AB)
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WHITECOURT TOWN COUNCIL UPDATE

Submitted by Tara Galant, Legislative Manager | Town of Whitecourt

May 25, 2017

The new buses for Whitecourt Transit will be hitting local streets and serving our community starting June 1. In celebration, a ribbon cutting event was scheduled for May 29 at 10:00 a.m. at the Town Office to see the new buses and celebrate this milestone. The buses were purchased with the Province's support through the GreenTRIP Grant Program. Two new transit buses, and a new Dial-A-Bus vehicle will be added to the municipal fleet as part of the first stage of enhancements planned for the Whitecourt Transit service. Starting in the fall, the transit schedule will change to provide 30 minute pickup during peak times. In conjunction with other initiatives, Whitecourt aims to enhance service deliverables and increase ridership and cost efficiencies. For information on Whitecourt Transit visit www.whitecourt.ca.

Plans for Party In The Park are well underway, and the event will take place in Rotary Park June 16 and 17. The event will feature activities and entertainment for people of all ages, and this year's headliners are Dan Davidson and The Watchman. For more information on Party In The Park visit www.whitecourt-woodlandstourism.com.

Whitecourt awarded over \$28,000 in funding to local community groups as part of the 2017 Enhancement Grant Program. The grant offers community arts, culture, and recreation organizations assistance to start-up or develop new community events or enhance existing facilities and programs. The following groups will receive support for their local projects:

- Boys & Girls Club of Whitecourt - \$2,205.43 for an outdoor sign at the Teen Centre
- Whitecourt Baptist Church - \$10,500.00 for Camp Caroline City Camps
- Whitecourt Woodlands Hawks Foundation - \$1,500.00 for Technology Enhancement Project
- Whitecourt Minor Ball Association - \$14,164.80 for Pitching Warm Up Areas

The Whitecourt Wolverines Hockey Club has requested permission to construct a 3,000 square foot addition to the Scott Safety Centre for

the exclusive use by the Junior "A" Team. The proposed addition, a key part of the Club's long-term commitment to the community, would include a dressing room, laundry room, office space and a weight room. Whitecourt will be working with the owner of the Wolverines to finalize details, and the Club is hoping to begin construction this summer to have the addition ready for the next hockey season.

Whitecourt has contracted Stantec Consulting to proceed with headworks conceptual design for the Whitecourt Wastewater Treatment

Plant. Last year, Stantec completed a master plan and odour mitigation study for the facility. The headworks conceptual design project is the first phase for proposed enhancements and will help to select equipment and processes to be used in upgrading the facility. The project will support future grant applications for proposed plant upgrades and capital expenditures.

Council has adopted the 2017 Twenty Year Capital Plan. The plan provides a vision for the long term development of Whitecourt's infrastructure, land development, parks

and trails, building and recreational facilities. To view a copy of the plan visit www.whitecourt.ca.

Council has authorized the Whitecourt Royal Canadian Legion Branch #44 to undertake enhancements at the Field of Honour in the Whitecourt Cemetery. The Legion plans to make enhancements to the landscaping and signage. The Legion will also be hosting a "Flags of Remembrance" event in early October to commemorate the lives of those lost while serving our country.

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MONDAY, JUNE 5TH, 2017

Mayerthorpe Ag Grounds

SHOW & SALE SCHEDULE:

Parade of Clubs & Opening Ceremonies	9:00AM
Interclub Goat Show	9:30AM
Interclub Beef Female Show	10:30AM
Interclub Sheep Show	12:30PM
Steer Show	2:00PM
Beef on a Bun	5:00 – 7:00PM
Supreme Steer Class	6:00PM
Special Presentations	6:30 PM

SALE

SALE CONTACTS:

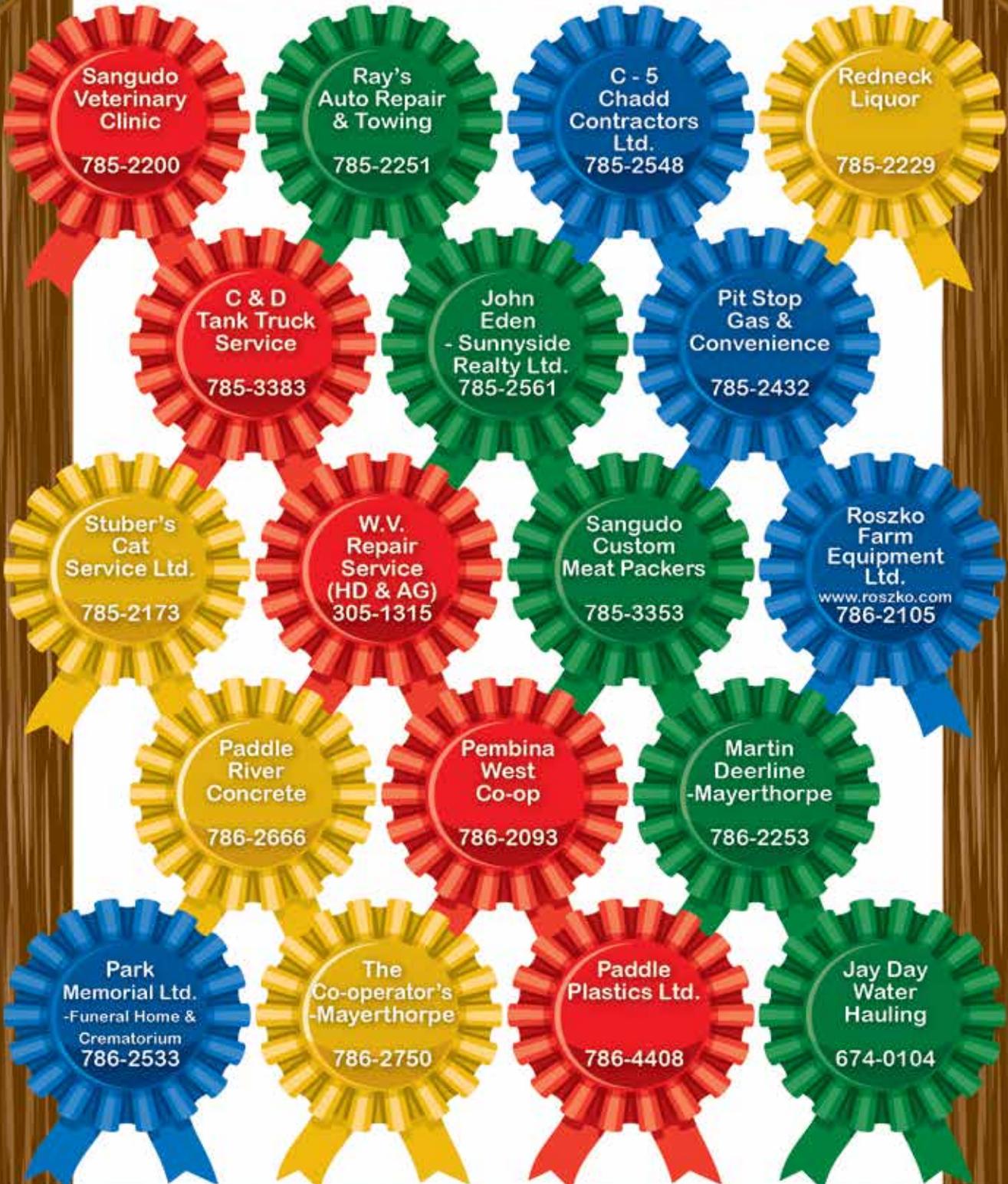
If you are unable to attend and would like to support the 4-H Program by purchasing a lamb or steer please contact one of the leaders below:

Anselmo: Grant Chittick	786-2181
Cherhill: Rick Haltiner	785-3473
Lakewell: Chad Lalonde	898-1600
Mayerthorpe: Kirk Wildman	785-3772
Whitecourt: Fay McLaughlin	779-8557

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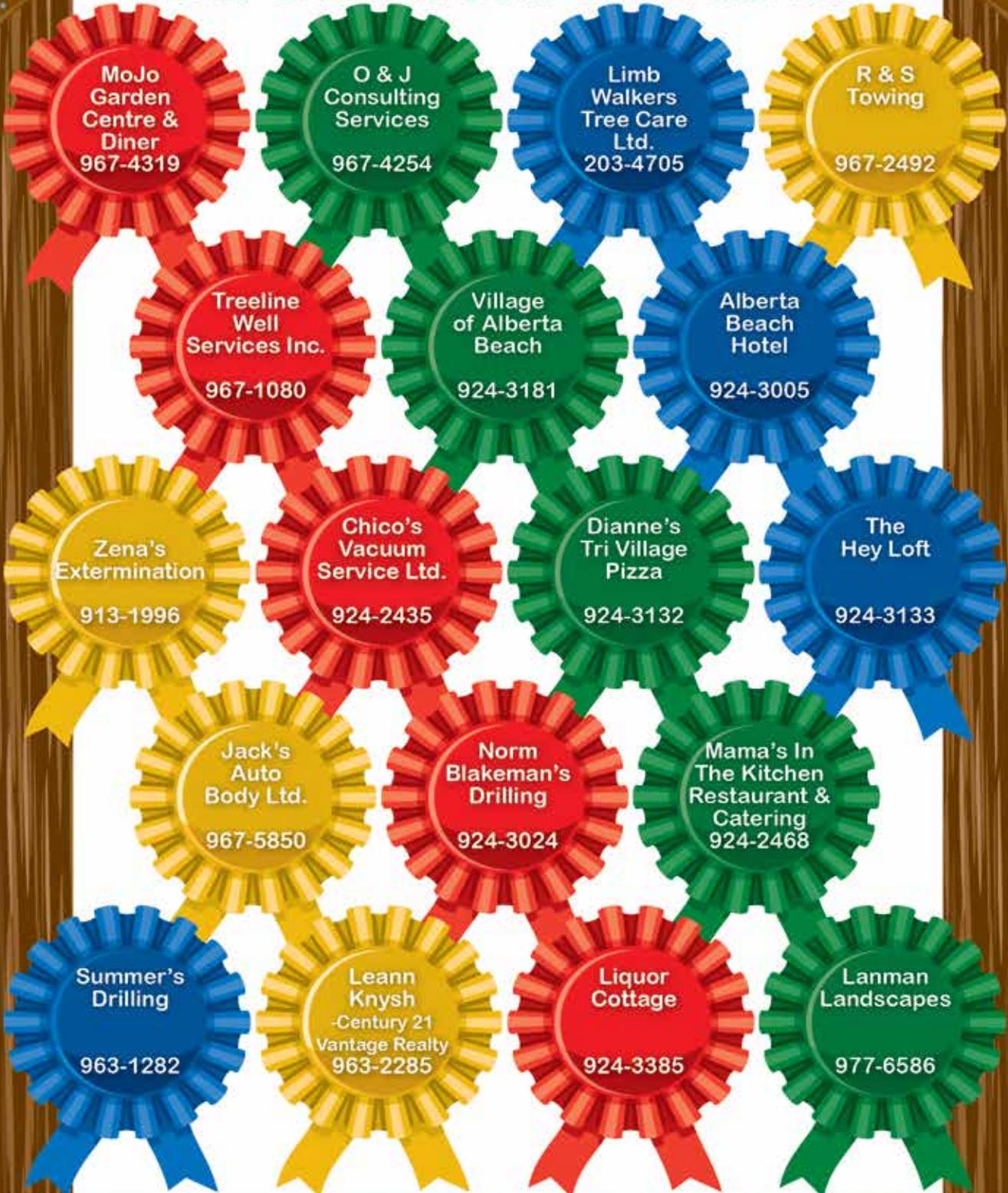
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BIRDWATCHING AT PEGG GARDEN: ANNUAL EVENT CARRIES ON TRADITION

Submitted by Lorraine Taylor | George Pegg Botanic Garden

Starting as young boys living in the Glenevis area George Pegg and his brothers were dedicated bird watchers. A favourite spot for finding interesting species was along the shores of Oldman Lake, a short distance north of their homestead.

On Sunday, June 4 stop by Pegg Garden to follow in George's

footsteps at the Annual June Bird Count. Throughout the day our birding enthusiasts Peggy and John Folinsbee lead tours around the historic site and down to the pond to check out what's in the trees and on the water. This is a great opportunity for visitors to bring their binoculars and pick up some birdwatching tips.

Everyone is welcome, drop in anytime from 9am to 1pm. We have a bird-friendly craft for chil-

dren. Bring a picnic lunch-refreshments are provided. At 1pm join the Folinsbees as they explore the back roads to Oldman Lake.

Seeking something new for your perennial garden? Have some plants to share? The Perennial Plant Swap & Sale also runs from 9am to 1pm. Diamond D Gardens will be there with tomatoes, peppers, and dahlias. Lac Ste. Anne County Horticulturist Lorraine Taylor will be available to answer

your gardening questions. The Horticulture Hot Topic is all about potatoes- planting options and pest control.

Next up on the calendar: June 18- Art in the Garden Show & Sale, with Youth Art Competition. July 9- Canada 150 Celebration.

The George Pegg Botanic Garden is 2.5 km north of Glenevis, off Highway 43. Call 780-203-0331 or visit www.PeggGarden.org for more information.

ONOWAY GOLDEN CLUB NEWS

Submitted by ML Hansen | Onoway Golden Club

Many of us are busy these days getting our gardens planted. Flora Weise does all the flowers for the Chateau. Enjoy her work if you get a chance!

We are sad to announce the passing this week of one our members, Rose Smith. Rose loved Bingo and playing cards. She loved the bantering that good friends enjoy.

She really enjoyed our Potluck Suppers. We will miss her smile.

This week our ladies went to Onoway Jr Sr High food classes to make jam. Flora Weise and Bernice Henry worked with the students to make Saskatoon jam. Mabel Trucky, June Schneider and Lorna Redlick made strawberry jam. A great experience for young & old. The ladies enjoyed lunch at the cafeteria.

Tuesday is our social afternoon,

we have our usual card games & board games but this week some played canasta. We have a good corner for those who enjoy crafting and visiting. A good supper follows at 4:30.

June 5 to 10 is Senior Week. Our senior supper is Tuesday, June 6 at 5:00pm. Seniors 90 and over will be recognized. If you know of anyone who is 90 or over let us know so we can make sure they are invited. Deadline for supper

is June 1. Call Elsie, (780) 967-2345.

Upcoming Events:
June 1 – Cut off for June Supper
June 6 – Senior Supper
June 8 – OHS Drama Class
June 9 & 10 – Heritage Days, Parade, BBQ, Pie & Crafts
June 12 – Horse Shoe Tournament, 1:00pm. All Welcome

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FRAUDULENT USE OF DEBIT CARD

Submitted by RCMP Morinville



On March 7th, 2017 at approximately 3:17 a.m. a male and female entered the Macs Convenience store. The store is located at 5008 47 Avenue in Bon Accord, Alberta and made 3 purchases using a stolen debit card, using the tap function.



The female is described as:

- Dark hair in a messy bun
- Wearing a brown coat with fur on hood
- Wearing black heel boots

The male is described as:

- Dark shaggy hair
- Large dark jacket with neon safety stripes
- Dark track pants with white stripes down the outside of leg

The Morinville RCMP is requesting the public's assistance in identifying and locating the two

suspects. If you have any information, please call the Morinville RCMP at 780-939-4520. If you want to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), or by internet at www.tipssubmit.com. You do not have to reveal your identity to Crime Stoppers and if you provide information to Crime Stoppers that leads to an arrest you may be eligible for a cash reward.

SCOTT SAFETY SUPPLY SERVICES INC. REINVESTS IN WHITECOURT'S TWIN ARENA FACILITY

Submitted by Tara Galant, Legislative Manager | Town of Whitecourt

Scott Safety is proud to announce the extensions of its sponsorship of the Whitecourt twin arenas, named the Scott Safety Centre, for a further 5 years.

Sponsorship dollars are utilized primarily to offset costs related to arena enhancements, which in turn keep facility operating costs low. This allows community members of all ages to enjoy the

facility, including public skating - year round. The agreement was signed on April 1, 2017 between Scott Safety Supply Services Inc. and the Town of Whitecourt.

One of Scott Safety's core values is the importance of community.

"It is our commitment to enhance the communities in which we live and work for our employees, customers, and all our families," stated Curtis Bandravala, Chief Operating Officer.

"I am pleased Scott Safety

Supply Services has extended its sponsorship of the twin arena facility," added Whitecourt Mayor Maryann Chichak. "Over the years, we have been fortunate to have strong interest from our business community wanting to support the facility. Having committed partners demonstrates the community's belief in our programs and services."

Sponsorships, donations and advertising revenues make it possible for the Town to expand its programs, services and initiatives

while reducing the need for additional user fees or use of tax revenues. Sponsorships also provide a great opportunity to assist your organization to meet its corporate goals. There are a variety of facility and partnership opportunities available of Town facilities and special events. For more information on opportunities please contact Kelly Sadoway, Manager of Recreation, at 780-778-3637 ext. 407.

CONGRATULATIONS PEMBINA PIPELINE ON CONSTRUCTION COMPLETION OF THE FOX CREEK TO NAMAQ PIPELINE PROJECT

Submitted by Tara Galant, Legislative Manager | Town of Whitecourt

Whitecourt and the Whitecourt Economic Development Committee congratulate Pembina Pipeline Corporation on the completion of its Fox Creek to Namao Pipeline Project.

The pipeline expansion project, valued at \$2 billion, involved the construction of two 270 kilometre pipelines between Fox Creek and Namao. It is the largest capital project in Pembina's history, and is estimated to be in service next month.

Whitecourt appreciates and applauds Pembina Pipeline's commitment to utilizing local re-

sources. This decision has had a significant impact and benefit on the region's service industry and workforce, pumping hundreds of thousands of dollars into the Whitecourt economy.

- Pembina Pipeline made a commitment to house non-local workers and contractors in local hotels.

- 198 local workers from the Whitecourt area worked on the project as employees of the prime contractor. This equates to approximately 93,000 work hours.

- 4 out of 5 local subcontractors hired for the project are based out of Whitecourt.

- Approximately \$4 million has been spent so far on local consumables between 45 local businesses; and 40 out of these 45 businesses

are based in Whitecourt.

The construction phase of the project is now complete, and post construction cleanup activities are scheduled throughout the summer. Pembina has hired locally for continued operational procurement services and monitoring.

"The impact this project has had on our community is substantial – not only in the short term during construction, but well into our future. This pipeline will assist with getting resources from our region to processing facilities to meet current market needs, and will have the potential to be expanded as demand grows," stated Whitecourt Mayor Maryann Chichak. "I applaud Pembina Pipeline's corporate citizenship, not only

in economic terms, but also for the social impact it has made to Whitecourt through sponsorship and donations to local organizations."

Although the construction phase of this project is nearing completion, Pembina Pipeline will continue to contribute locally. In 2016, Pembina partnered with 14 local charitable organizations that support the communities within its Whitecourt operations, donating over \$164,000 and volunteering over 100 hours. For more information on Pembina Pipeline Corporation visit www.pembina.com.

Lawn & Garden

HOW TO REPOT A PLANT

Gardening time is here, with people enjoying plants both inside and outside of their homes. Container gardening, which is a planting method in which flowers and other plants are grown in pots and other containers, is quite popular because of design versatility. Containers can be moved from location to location if plants are not thriving in a particular spot. They also make gardening possible when there isn't any available land space, which might be the case for apartment-dwellers.

Flower pots enable plant enthusiasts to enjoy foliage inside of the home as well. Houseplants can add beauty to interior spaces and help filter indoor air. In the late 1980s, NASA and the Associated Landscape Contractors of America actually studied houseplants as a way to purify the air in space facilities. They found several plants are particularly good at filtering out com-

mon volatile organic compounds (VOCs). Having plants around can create inviting spaces and improve healthy conditions inside and out.

Part of caring for plants in containers involves knowing when a potted plant might need a little tender loving care. As plants grow larger, they may outgrow their containers and require more roomy quarters. Without ample space, plants may not be able to adequately draw up water and nutrients to support top growth. Repotting may seem like it is easy, but it actually takes a little finesse so not to damage the plants.

Gardening experts like those from Fine Gardening, HGTV and Today's Homeowner suggest these repotting tips.

- Be sure the plant is well watered for a few days prior to the repotting process. Watering also will help loosen the root ball from inside of the smaller pot.

- A plant ready for repotting should slide out with most of the soil in one piece. If the soil is free-falling, it may not need to be repotted at this point because there's still room for the roots to expand. Other signs that plants may need repotting include roots poking out of the soil or plants that are straggly and pale.

- Consider repotting outside because the process can be messy. Have all of your materials, which include a trowel, gloves, scissors, and potting soil, handy so that you can tackle the process smoothly.

- Remove your plant from the pot carefully. Place the plant on its side, then support the main stem in one hand and use the other hand to gently pull the pot away. Be careful not to pull on the main stem or break the stem. Tread gently.

- Cut away any rotten or dead roots, and trim really long ends. Make three or four vertical cuts

about a third of the way up the remaining root ball. This also will help with water and nutrient absorption once the plant is in its new pot.

- Gently untangle any remaining roots and prepare to place the plant in a new pot.

- Choose a new pot that is slightly larger than the root ball. Fill the pot with soil so that the root ball sits about an inch below the rim of the pot. Add more soil around the roots to fill the pot. Be sure to leave enough room so that with each watering the pot can hold water.

- Thoroughly water the plant after repotting to moisten the soil.

Watch your plant afterwards to be sure that it's taking to its new potted home. It can take around three to four weeks for the plant to recover from repotting. Water regularly, avoid fertilizing and keep the plant out of direct sunlight.

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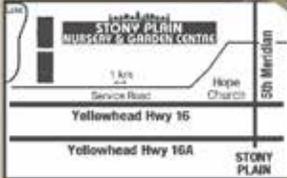
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Lawn & Garden

HOW TO SPOT AN UNHEALTHY TREE

Perhaps because they can live for so many years, trees have a way of falling down homeowners' landscaping priority lists. Trees also tend to be big and strong, so it's no surprise that they often are overlooked in favor of other areas of a lawn and garden that don't seem so strong in the face of Mother Nature.

But trees are susceptible to damage and disease, and homeowners who learn to recognize symptoms of such problems can prevent them from escalating and reduce the risk that the trees will cause damage to their properties. The following are just some of the ways homeowners can determine if their trees are unhealthy. Homeowners who suspect they have a tree that poses a safety risk should contact a professional tree service for an immediate inspection and steer clear of the

tree until an inspection has been performed.

- Check around the base of the tree. The base of a tree may offer some telltale signs that the tree is unhealthy. Soil that is cracked or raised at the base of the tree may be indicative of a tree that has started to uproot. If you recognize any cracking or if the soil is raised, look at the tree to see if it is leaning. If the soil is cracked or raised because it is uprooting, then the tree might have already started to lean in the opposite direction of the cracking or raised soil.

- Examine for fungus. The growth of fungus on the tree trunk or close to it may be a sign that the tree is rotting or decaying. Fungal growth, such as a sudden population of mushrooms, around the base of the tree is another sign of decay. If

the wood behind fungal growth crumbles easily, then homeowners should call a professional tree service, as the fungal problem on the tree has likely already been festering for quite some time.

- Look for cavities on the trunk. Cracks and cavities on a tree may not be an emergency, but especially deep cracks and cavities may be indicative of a structural problem. Multiple cracks and cavities also serve as red flags.

- Look for dead wood. It may sound simple, but dead wood poses a threat to the tree and anyone who happens to spend time in its vicinity. Dead wood snaps easily, and falling dead wood can harm anyone unlucky enough to be beneath the tree when the dead wood snaps. Dead wood branches won't bend in the wind, and such branches frequently fall off of trees when strong gusts of

wind come along. Dead branches either won't have leaves or the leaves will be brown (dead pine branches will have brown needles).

- Weak connections. Unhealthy trees often have weak connections between their branches and their trunks. If branches don't appear to be strongly connected to the tree bark, call a tree service to determine a solution. The tree might not be on its way out, but you may have to take steps to strengthen the connections so branches are not at risk of falling.

Unhealthy trees can pose a significant safety hazard on a property. Homeowners who learn to recognize the signs of unhealthy trees can do something to prevent dying trees from damaging their homes.

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GOLFER'S GUIDE

DON'T LET GOLFING PAIN BE PAR FOR THE COURSE

(NC) A little know-how can help golfers avoid unnecessary injury. Considering the number of times a swing is repeated during a game, it's not surprising that the season often ends early for those who are not physically prepared.

Below are a few simple stretching techniques that can help prevent or reduce the impact of injuries:

Side bending stretch
 1. Stand with feet shoulder-width apart.

2. Hold the golf club above your head with your arms straight.

3. Slowly bend to one side, without rotating, until you feel a

stretch in the side of your back.
 4. Hold for 15 seconds and repeat twice for each side.

Shoulder stretch
 1. Hold the shaft of a golf club vertically behind your back.

2. Gently pull the club up with your top hand until you feel a slight stretch in the shoulder of your lower arm. Hold for 15 seconds.

3. Gently pull the club down with your bottom hand until you feel a stretch in the top shoulder and arm.

4. Hold for 15 seconds.
 5. Reverse hand positions and repeat.

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GOLFER'S GUIDE

9 WAYS TO IMPROVE YOUR GOLF GAME

Warmer weather sends scores of golfers to their favorite courses each and every day. Golf is a challenging pastime, but a few pointers can help golfers hone their short games, long games and everything in between.

- Choose the right clubs. There is more to selecting clubs than pulling any old iron out of your golf bag and whacking away. Wind, hazards and obstructions in landing areas should influence your decision of which club to use. Novice golfers may want to rely on their caddies to make club recommendations, and as they become more confident in their abilities they can start to make their own choices.

- Anchor your feet. Anchor your foot behind the ball to drive the ball further. Right-handed players will keep the right foot anchored, and lefties will do the opposite. Do not lift your foot prematurely; otherwise, you can lose power and distance.

- Identify your weaknesses. As with any hobby, identifying those areas that need the most work can help you become a better golfer. Keep track of each shot you take, and then look at the results to see which areas of your game need the

most work.

- Fix your alignment. Align your shots by assessing the target from behind the ball. Then set the clubface behind the golf ball and align it with the target before you enter your stance.

- Use your torso for power. The torso is essential to a solid swing. Practice rotating from your core to control your backswing and then maintain the same spine angle and posture on the downswing.

- Use the wind. Not every golf game will be played in perfect weather. A good player knows how to make adjustments for the wind depending on the shot. Use the wind to your advantage when you can, and adjust your swing when hitting into the wind.

- Become a better chipper. Many players put so much emphasis on their backswings and putt shots that they fail to devote any practice to chips. All shots are important for golfers trying to shed strokes off of their scores.

- Keep fit. Maintaining or improving your physical

strength and overall health can help your golf game. Exercise more endurance on the links. and eat right, and you will have



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Cherhill Community, Taryn 305-9022

Darwell Hall, 780-721-2690

Darwell Seniors, 892-2457

Gunn Hall (G.A.R.S.) 780-967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Hall, 892-2998.

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Legion, 967-4980

Onoway Museum Gym classroom, 967-5263 or 967-1015

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @ PVCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-2924 or 785-3118

Stettin Nakumun Comm. Hall, 967-9198

Garage Sales

2 DAY GARAGE SALE for Senior Center in Entwistle. June 3rd & 4th. Table Rentals \$10/day or \$20/sale, Table setup the night before. Tailgate parking. Call Dan for more info 780-982-0353 (3) 16-05



Tudor style 2421 square foot home in Onoway! 5 beds, 4 baths, gorgeous yard - \$424,900!

RE/MAX RIVER CITY Call/Text Kalan Savill: 780.993.7030
MarketDirection.ca

BUYING OR SELLING A HOME?

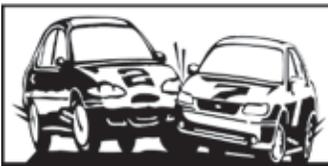
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For a Timely, Effective Closing at Competitive Prices

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Larry D. Ayers, B. Sc., LL. B.
962-9500

Suite 200 A (upstairs) 215 McLeod Avenue, Spruce Grove AB



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Quality Used Parts

- COMPUTERIZED INVENTORY • LICENSED MECHANICS
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- Renovations • Overhead Door Installation
- Concrete Placing & Finishing

Call Floyd or Leigh for your estimate
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Classified Ads - Call 962-9228

Business Opportunities

JOIN THE GOLD CANYON TEAM! Your Gold Canyon Business puts you on the path to success! LOOKING TO HOST A CANDLE PARTY? Call Independent Demonstrator Jodi Cazac at 780-995-6951 for more info, or go to www.mygc.com/jcazac

Employment Opportunities

Door Man Needed for Alberta Beach Hotel - Weekend Work. Must be able to interact with intoxicated people. Please drop off resume or call Laurie @ 780.924-3005 (8) 09-05

Cleaning Lady Needed for Alberta Beach Hotel. Some Experience Required. Minimal of 12 hrs per week. Please drop off resume or call Laurie @ 780.924.3005 (4) 16-05

Services

Stump Grinding for Hire - Alberta Beach & Surrounding Areas. Call 780-779-3589 (12) 11-04

Best-Cistern-Septic-Solutions. Cistern and Septic Inspection, Cleaning and Repair! New Installs Available. Plastic, metal, fiberglass or concrete. We clean them all! Your cistern will be vacuumed, cleaned and sanitized with our high pressure, hot wash, sanitizing system. Reasonable Rates, Call 780-668-4306 (4) 30-05 OG

Nasty's Tree Removal. Stump Grinding, Pruning & Firewood for sale. Licensed & insured. Roger @ 780-720-2207 (13) 02-05 OG

Dog Caretaker

Alberta Beach & Surrounding

Areas, thinking of a Spring or Summer Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There's a wrap around deck & court yard! I'll provide tending love & care, with walks every day. Best of all, I'm cheaper than a kennel! Also, daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 09-05 OG

Cleaning

Ceiling & Wall Cleaning. Stipple, wood, all types. Ceramic Tile Cleaning. Cig. smoke removal. Biodegradable non toxic cleaner. We travel to acreages & farms! **Seniors discount.** Call Ceiltech today! 780-914-0323 (5) 02-05

Computers

FREE COMPUTER CHECKUP -

Repairs not over \$50. Get GOOD LAPTOP or DESKTOP computer for ONLY \$150, with Games, Music, Pictures, Videos & more. "Hands on" Lesson how to use for Seniors and Beginners. FREE Computer Repairs for Single Parents. 780-892-4993. (16) 16-05

For Sale

BRAND NEW Genuine Leather Cowboy Boots, Made in USA - Brown, Size 8 1/2 D. Asking \$80. 780-907-8642 (S) OG

TO PLACE YOUR CLASSIFIED AD CALL (780) 962-9228 OR EMAIL CLASSIFIEDS@COM-VOICE.COM

Cash for Cars
967-2492
R & S TOWING

JUNE 9TH AUCTION FOR: CHESTER CUNNINGHAM

Located: From Westlock Inn - 6 mi W to HAZEL BLUFF CHURCH, Go S for 2 mi to TWP 594, Turn West for 1 1/2 mi to 117 TWP RD 594

Friday Evening, June 9th at 6:00P.M.

ACREAGE EQUIP and YARD ITEMS: * Kubota BX 2350D Tractor w (220 hr), FWA, 3pt, Shuttle Shift, LA243 Loader, 54" Belly Mower, 3pt (Rototiller) (BX 2750D Snow Blower) * 60' of Kennel Panels * Green Chain Link Fencing * 40 of 8' x 4x4 Garden Edging * Gas & Eltc Chain Saws * Garden Tools * Eltc Wood Splitter * BD 3 Unit 18V Trimmers * Chains, Cables * RR Tie Blocking * 36' x 11' Pipe Culvert

SHOP ITEMS / BUILDING SUPPLIES / REC: * Drafting Table * Honda 5hp Washer * Air Comp * Hitachi Mitre Saw * C/M Radial Arm Saw * Stone Polisher * Golf Clubs * Plastic Boxes/Bins * 7 Sheets OSB, Metal Roofing, Vinyl Siding, Tele Posts, Used Windows

HOUSEHOLD and UNIQUE ITEMS: * Kind Bed w Eltc Risers * Gun Safe * 28' of Wall Shelving * Wood Rocker * 2 Wood Glider Rockers * Oak and Pine China Cabinets * Dresser & C of D * New Window A/C * Lots of Books * Tonka Toys, 2 Trunks, Tea Cups, Bulova Wall Clock, China Cabinet, Desk * Filter Queen Vac * Corner Sew Cabinet * More

PARSONS AUCTIONS LTD.
Charles 674-7704 (780-674-3929) Jeff 305-4328
Pictures Available on: parsons-auctions.com

UPCOMING SALES

Saturday, June 17th, 2017 at 10:00AM
Retirement Auction Sale
for Al's Auto Wrecking: Gunn, AB

Directions: From the Esso on Hwy 43 (Whitecourt Hwy) go to Range Road 33 than go North to (Subdivision Fern Meadows) than go to lot 5 location.

HIGHLIGHTS: Trucks (light & Heavy), Cat Backhoe dump trucks, tractors, large selection of light & heavy tools, hand & Power, very large selection of truck & Auto Parts, also includes the 3 Acre parcel fully developed c/w 2 homes on the property and many shops & storage sheds. Lots of storage sheds on skids to be sold as well! All the household furn will be sold as well from the 2 Homes! Real Estate will be handled by Arlie Jespersion of Realty Executives of Spruce Grove, AB.

Auctioneer's Note: Property & Real Estate will be sold @ 1:00 and handled by Arlie Jespersion of Realty Executives of Spruce Grove, AB.

Thursday, June 22, 2017 at 5:00PM
Retirement Sale for S & P Backhoe Service
Corner of hwy 60 & Sec Hwy 627 - Spruce Grove, AB.
Listing to follow! Keep checking website

Saturday, June 24, 2017 at 10:00AM
Rainbow's Midsummer Consignment Sale

Saturday, Sept 9, 2017 at 10:00AM
Rainbow's Annual End of Summer Consignment Sale

Saturday, October 14, 2017 at 10:00AM
Rainbow's Annual Harvest Consignment Sale

****Watch website daily for new additions to auction lists****

Terms and Conditions: Cash, Visa, Mastercard, Debit, Interac. Nothing to be removed until paid for. Subject to additions and deletions. A 7% handling fee plus GST will be charged where applicable. Please be conscious of the handling fees and factor them into your bidding. Owner Rainbow Auctions & Liquidators or it's employees shall not be responsible for accidents

Sale Conducted By:
RAINBOW LIQUIDATORS AND AUCTIONS
Stony Plain, AB. 780-968-1000 or TOLL FREE 1-866-968-1001
Complete Liquidation and Auction Services Since 1978
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Classified Ads - Call 962-9228

Feed & Seed

Seed Oats For Sale, 93% germination, Double Gear Ranch, Call 780-727-2389 Evansburg (8) 09-05

Livestock

RED POLL BULLS, reg.

Yearlings; 2 yr olds; easy calving; naturally polled calves. 780-892-3447 (19) 21-02

Firewood

For Sale, Birch, Spruce/Pine Mix, Poplar, Tamarack. Split seasoned clean cords, 1/2 cords, Pickup loads. Pick-up or

delivery. 2 year old Spruce & Pine. 780-288-7247 Woodchuck Firewood. (18) 02-05

His Helping Hands Firewood - Poplar, Tamarack & Birch for sale. All profits go to charity. 780-218-4177 (5) 02-05 OG

Antiques

EVER AFTER ANTIQUES & COLLECTIBLES. 4823 - 50TH Avenue, Alberta Beach. We buy and sell. Call Pat 780-237-3528 to arrange a free consultation. OPEN Wednesday through Saturday, 11 to 5 and some Sundays and holiday Mondays, noon to 5. (12) 09-05

Miscellaneous

Top Soil, Peat Moss and Sheep Manure Mix, \$30 per yard. Rain Barrel and Burning Barrels, \$15 each. 1/2 Cord of Poplar Firewood, \$100. Near Gunn, Call 780-967-2779 (13) 04-04

Ezee-on Loader with Spear, Blade and Bucket, 10ft Ezee-on Tandem Disc, 8-10ft Seed Drill, 8ft Kello Bilt Offset Disc Series 176, 10ft Krauss Tandem Disc, 2 yr old hay, large round bales. 780-892-2815 (6) 09-05

Pasture For Rent

Pasture For Rent, 30 acres near Gainford, Call Kay 780-797-2171 or 780-717-6491 (2) 23-05

For Rent

Alberta Beach Hotel Rooms for rent. Newly upgraded, very clean & well maintained for \$60.00 per night or \$650.00 per month. A bigger suite room is available for \$75.00 per night or \$700.00 per month. For more info please contact Laurie @ 780.924.3005 (13) 07-03

Sangudo, AB. 2 Bedroom Apartment, heat & water included, N/S. \$721 - \$772/month, DD same. Available Immediately. Call 780-999-7777 (4) 09-05 OG

Live at the Lake Wabamun. Available June 1st, 3 Bedroom 1 Bathroom, Detached Garage, Recently Renovated, N/S, N/P, References Required. Call or text 780-305-7077 (4) 16-05

Church Directory

- Rich Valley Community Church**
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
- Catholic Parish of Lac Ste. Anne**
Sunday 10:00 a.m.
- St. John's Anglican Church Onoway**
Sunday Service 10:00 a.m.
Everyone Welcome
- Mayerthorpe Baptist Church**
Worship Service Sunday 10:30 a.m.
Children's Church 10:30 a.m.
#66-54 St. Mayerthorpe (780) 786-2677
- St. John's Lutheran Church Alberta Beach**
Sunday Service 11:00 a.m.
Sunday School
- Zion United Church**
Sunday Service 10:00 a.m.
Sunday School
Serving Alberta Beach, Wabamun, Dunsford & Lake Isle, Osoosy & Arva (780) 924-3371
- St. Joseph's Catholic Church Wabamun, AB**
Sunday Mass 11:30 a.m.
- Sangudo St Mary the Virgin Anglican Church**
Sunday Services: 2nd & 4th Sunday
Holy Communion 11:00 a.m.
- Our Lady of Lourdes Lac La Poudre, AB**
Sunday Services: Saturday 7:00 a.m.
780-967-5261
- Sangudo United Church**
Sunday Services 1st and 3rd Sun. of each month
Lunch to follow. Feed the Body & Soul.
Worship Service 11:00 a.m.
- Trinity Lutheran Church (LC-C) "The Church of the Lutheran Hour" - Rockfort Bridge**
Pastor Dan Hansard (780) 778-2035
Sunday Worship 9:00 a.m.
Senior's Service & Cottage Bible Study - Please see locations
- Mayerthorpe Pentecostal Assembly P.A.O.C. Rev. Arnold Lothoiz**
Sunday 10:30 a.m.
Morning Service Tuesday 7:30 p.m.
Ministry Training (780) 786-2424
- St. Michael Lutheran Church**
Sunday Services 1st & 3rd Sunday at 1:30 p.m.
Pastor Judy Jarvis (780) 674-3944
Mystery Lake
- Onoway Baptist Church**
Sunday Service 10:00 a.m.
Youth Group Friday 7:00 p.m.
(780) 967-2266
- Mayerthorpe United Church Mayerthorpe: Rev. Alwin Maben**
Sunday Worship 9:30 a.m. to be held at the Peter Tryndy Community Center at Pleasant View Lodge. Until Further Notice.
PH: (780) 786-2134
- Alberta Beach Alliance Church**
Sunday Worship Service & Kid's Church 11:00 a.m.
Sunday School 10:00 a.m.
(780) 924-3282
- Cherhill Community Church**
Sunday School 10:30 a.m. - 11:00 a.m.
Worship Service Sunday 11:00 a.m.
- Roman Catholic Church St. Agnes' Parish, Mayerthorpe**
Sunday 9:00 a.m.
St. Elizabeth Parish, Evansburg Saturday 7:00 p.m.
(780) 786-2032
- Calahoo Alliance Church**
Family Worship Service Sunday 10:00 a.m.
For Info Call Jerry (780) 974-7734
- Rock Victory Church Worship Celebration**
Sunday Worship w/ Children's Ministry 10:00 a.m.
Wednesday Prayer & Bible Study 6:00 p.m.

COMMUNITY EVENTS 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

JUNE 4 - PEGG GARDEN ANNUAL BIRD COUNT + PLANT SALE & SWAP (perennials, tomatoes, dahlias, & more!) Horticulturist on hand for garden questions. Drop in 9am-1pm. Admission by donation. 780-203-0331. www.PeggGarden.org

JUNE 5 - SCOTT WOOD CONCERT at the Stony Plain Community Centre, 7pm. Tickets can be purchased at www.scottwoods.ca, Phone Corrine 780-962-2089

JUNE 10 & 11 - OL' PEMBINA TRACTOR PULL SOCIETY 15TH ANNUAL FARMER'S DAY EVENT. Sangudo, across from Sports Grounds. Sat 11am; Sun 10am. Adm \$10; 6-12 yrs \$2. Antique & Classic Tractors pulling in 8 classes. Silent Auction Sat: 10am-3pm. For info: 780-785-2379

JUNE 10 - CAR BOOT / TAILGATE SALE by Spruce Grove Ag Society, 9:30-1:30pm. To book a table call the office at 780-960-4600.

JUNE 18- PEGG GARDEN ART IN THE GARDEN SHOW & SALE, Noon-5pm. 20+ artists, music, food. Youth Art Competition, family Make & Take art project. Admission by donation. 780-203-0331. www.PeggGarden.org

JULY 15 - FLAPJACKS AT THE TRACKS (Community Pancake Breakfast by Spruce Grove Ag Society), 8-11am. Great deals, \$3 Little Bee's, \$5 Big Bee's.

AUG 19 - FARM & HERITAGE CARNIVAL by Spruce Grove Ag Society, 12:00-4:00pm.
SEPT 19 - HARVEST FAIR by Spruce Grove Ag Society, 9:30am-1:00pm.

FARMERS MARKETS

ALBERTA BEACH: Open Every Sunday, May - Oct, 12-3pm. Contact Joanne 780-690-6392

BARRHEAD: Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802

ONOWAY FARMERS' MARKET presented by the Onoway & District Ag Society, Fridays at Onoway Community Hall. Starts May 1st, Contact (780) 667-6327 or onowayfarmersmarket@gmail.com. New vendors welcome!

SPRUCE GROVE: at the Elevator, Sat 9:30-1:30, tables (780)240-5821.

STONY PLAIN: Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.

WESTLOCK: 11-3pm, Bargain Shop Mall, Dave 780-954-2437

WHITECOURT: Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors Open at 6:30pm, Games at 7:30pm.

CHERHILL LEGION: First Sunday of Month. Doors Open 12:00 Noon

MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30pm, bingo 7:30pm

RICH VALLEY COMMUNITY HALL BINGO: 7:30pm. Loonie Pots. Next bingos May 3, 17 & 31, June 14 & 28.

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

MEAT DRAWS

Alberta Beach Museum: Every Sat 4pm, Alberta Beach Hotel

Alberta Beach: 4pm, Every Sun. Jungles Bar & Grill

Barrhead & District Lion's Club: Every 2nd & 4th Friday 5:30pm at Barrhead Neighbourhood Inn. Info 780-674-7242.

Barrhead Royal Canadian Legion: every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.

Darwell: Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant

Onoway Royal Canadian Legion: every Fri Ph. 780-967-5361

Stony Plain Royal Canadian Legion Br# 256: Every Saturday @ 3pm, Meat Draw & 50/50.

Whitecourt Legion: Every Sat, 4pm. Located downtown behind the CIBC.

MEALS ON WHEELS

ALBERTA BEACH & AREA: call (780) 910-0034.

DARWELL & AREA: For info on volunteering or eligibility, call Lorraine, 892-2967.

ONOWAY & DIST: Frozen & hot meals available. Call 967-2338 or 967-5244.

JAMBOREES

CALMAR: Wilton Park Community Hall, Every 4th Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

MAGNOLIA: at Magnolia Hall, 7pm. Every 2nd Saturday, Hot Food. 727-2015 or www.magnoliacommunityclub.ca *October - May.

SANGUDO: Sangudo Community Hall, 1st Sat of month 7pm. Everyone welcome. 785-4105 or 305-5088. *October - May.

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5pm. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.

THE ABBOTTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave, Edmonton) 3rd Friday of each month @ 7pm. Ph: 780-918-8545, Admission is Donations Only.

TOPS Meetings (Take Off Pounds Sensibly)

ALBERTA BEACH: Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

Entwistle: Wed 5:15 weigh-in, 5:30-6:30 meeting, upper level Lions Hall (next to swimming pool) 780-932-2695.

EVANSBURG: Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-1215

SANGUDO: Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

YOUR COMMUNITY

SEA CADETS: 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 for youths 12-18, 963-0843

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9-3pm. Info 960-4600.

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10am-4pm.

WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1-2:30pm.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.

ALBERTA BEACH & DISTRICT ACTIVE 50+ Club activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).

BADMINTON: Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BARRHEAD PHOTO CLUB: 1st & 3rd Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

LAC STE ANNE COMMUNITY CHOIR, Accepting new members for all voice ranges. Men & women 18 yrs & over. Weekly practice Wednesdays at Alberta Beach Heritage Center from 7-9pm. For info call Eunice @ 780-618-7865.

ONOWAY GOLDEN CLUB: Cards Tuesdays, 1:00PM. Exercise Fridays, 10:00AM. 1st Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.

ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast, Dancing with the Stars Choreographer

Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.

ONOWAY MUSEUM: Gym & classroom 780-967-1015 or 780-967-5263

ONOWAY ROYAL CANADIAN LEGION open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)

PANCAKE/BREAKFAST SOCIAL: Parkland Village Community Centre - 3rd Sunday (except June, July, August) 9-11:30am

RIVER TALKERS TOAST MASTERS CLUB, every Thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Loraine 286-5040.

SANGUDO ART GROUP: Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain). 2nd Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

SQUARE DANCE LESSONS: Thursdays 7-9pm. Starts Sept 29th to Dec 15th, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or i.squardance2016@gmail.com

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1pm.

VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP): Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsc.ca

MEETINGS

1ST ONOWAY SCOUTS: Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

3053 ROYAL CANADIAN ARMY CADETS, Onoway Historical Centre, Wed, 6:45pm-9:30 for youths 12+. 967-0443

755 PARKLAND AIR CADETS Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

526 Barrhead Air Cadets, Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-305-7233

AA - Mayerthorpe, Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927

AA -Sangudo Golden Club, Tues 8pm call 786-4402/785-9214/785-3599

AL-ANON: Tues 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205

ALBERTA 55 PLUS: Villeneuve Hall at 10a.m. New Members Welcome. Meetings on 2nd Tues of the month. Info from Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7pm, Alberta Beach Agplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs. of month, 7pm, Agplex

ALBERTA BEACH MUSEUM meets the 2nd Wed, 7pm at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043

BARRHEAD ROYAL CANADIAN LEGION, general meeting every 2nd Thurs, 7pm at the Legion Hall.

CHERHILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8pm at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12pm, Alberta Beach Agplex. Sept-June. Info call Melissa 780-297-1892.

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8pm, 1st Mon, Darwell

DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/Dec), Darwell 892-3099.

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.

GLENVIE COMMUNITY meets 1st Wed. Info 785-4144 or 721-6188.

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30pm at Kinsmen Hall, 1st Tues of each month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30 at Onoway Museum (780) 967-0443

LAKE ISLE HALL BOARD: 3rd Thurs, 7:30pm, Lake Isle Hall.

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5pm in Hospital Basement Education Room.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

NA MEETING Tues, 7pm Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:30pm, Chateau Lac Ste Anne

ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7pm, Onoway Museum. 967-5263 or 967-2452.

ONOWAY QUILTERS, 2nd & 4th Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.

ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7pm (Sept-June).

ONOWAY MASONIC LODGE #138, 4th Wed, 7:30 Onoway Legion

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agplex on the 2nd Wed of the month, 7:00pm.

RIVER TALKERS TOASTMASTERS CLUB Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.

SANGUDO PAINTING GROUP: Every 1st and 3rd Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258

WEIGHT WATCHERS Alberta Beach Agplex - Mondays, weigh in 6:30pm. Meeting at 7pm.

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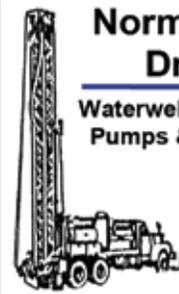
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With 2100 sq ft of bright refined finishing with solid wood cabinets hardwood floors plenty of main floor footage with large loft area. The main floor master has a Jacuzzi ensuite with in closet. This double lot features a 2.5 car garage, additional storage shed, wrap around deck, good lake access and did we mention you can drive your Golfcart to the Course.

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