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**April 24, 2018**

## CELEBRATE SPRING WITH THE LAC STE. ANNE COMMUNITY CHOIR

**Submitted by Eunice Woronuk, President | Lac Ste. Anne Community Choir**

Spring has sprung -- finally! The Lac Ste. Anne Community Choir invites you to celebrate it by enjoying (at least) one of the choir's performances over the next month. Director Debbie Rosen, with help from accompanist R.J. Chambers, leads almost 60 members in a variety of musical pieces from classic to pop.

The first performance for this popular community group will be 7 p.m. on Friday, May 4 at the Onoway Legion (4808 50 St.). Come for dinner and stay for the concert, or just come for the mu-

sic. Everyone is welcome, with admission through a free will donation.

The choir will entertain residents at the Chateau Lac Ste. Anne Seniors' Centre (5123 - 49 Ave., Onoway) at 6:30 pm on Wednesday, May 9. Although this performance is primarily for residents, the general public is welcome.

On Wednesday, May 16, the choir travels to Zion United Church (15 Paradise Estates - off Hwy. 633 west of Alberta Beach). The concert begins at 7 pm, with admission by free will donation.

On Friday, May 25 the Lac Ste. Anne Community Choir

will travel to Spruce Grove for an appearance at St. Andrew's United Church (1A Fieldstone Drive), beginning at 7 pm. Admission for this concert is \$15, with those 17 and under free. We encourage you to buy tickets in advance, but they will also be available at the door. Don't know a member but want to ensure you have tickets? Call 780-951-6494 to make arrangements for yours.

Our traditional Friends and Family performance (where everyone who likes music is a friend!) is the final one this spring.

**Continued on Page 3**

## SUNDAY BRUNCH AT THE ONOWAY COMMUNITY HALL

**Submitted by Donna Baldwin**

Sunday, April 29th, the Onoway Community Hall Association will be hosting another Sunday Brunch. Based on the success of one that was held in March, we are again hosting another one now in April. With pancakes, sausage, eggs, home made hash browns and all the trimmings, our guests were coming back for more. All you can eat is the order of the day. The brunch will run from 11:00am

until 2:00 and will be offered at \$10.00 for adults, \$6.00 for 10 and under with preschool free. Come on out and enjoy a nice brunch. Bring along a friend or neighbour and celebrate spring.

A very successful Alberta Floor Curling Association Tournament was held at the Community Hall on Thursday, April 19th. Welcoming 16 teams from the surrounding area each team played 3 games. A delicious roast beef dinner was served with a full spread of goodies available throughout the day. Our floor

curlers are a great group to pitch in and host these events and prepare for our tournaments. We also have several curlers that attend tournaments in many other communities from Vegreville to Edson, Anselmo, Dapp and many places in between. Door are open for our regular curling locally on Thursdays at 1:00pm at the Community Hall. Enjoy the nice spring weather that has finally arrived and see you at our upcoming events.

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# LETTER TO THE EDITOR: AN OPEN LETTER TO REEVE AND COUNCIL – LAC STE. ANNE COUNTY

Submitted by David Chawner

On the 20th of FEBRUARY!! I wrote Reeve & Council requesting information regarding the costs and/or income related to the Garbage Collection and

Recycling Programme. To date I have not even received the courtesy of an acknowledgement, although I know that Council received my letter, let alone the information I requested. Many members of the present Council were elected after voicing to be

transparent and open in releasing information to our taxpayers. This seems to fail miserably on both counts. While I am aware that this new Council, still learning the "ropes", the Administration is basically unchanged.

If the County is unaware of this information, it is long past time for a cost/benefit analysis to have been done;

- if they have those figures, why have they not been released?

- if they don't have that information, how was the \$197.25 fee established?

- why would the County insist on calling the fee reduction a "subsidy" when our taxpayers are smart enough to know that they're paying the full amount regardless of how it's labelled?

I look forward to a prompt reply.

**JOKE OF THE WEEK**

Today I went to a barber's shop for a shave. The barber asked me to put a small wooden ball in my mouth so he could get a closer shave around my cheeks.

I asked: "But what if I swallow the ball?"

He replied: "No problem sir, you just bring it back tomorrow like everybody else."

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**UPDATE: Mona has improved dramatically and is working with me at the Nursery again. Thank God!**

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# RECOGNIZING AGRICULTURE'S INDUSTRY LEADERS

**Submitted by Renato Gandia, Press Secretary, Agriculture and Forestry | Government of Alberta**

Nominations are open for the Alberta Agriculture Hall of Fame, the province's highest agricultural honour.

Up to three outstanding individuals will be inducted into the Hall of Fame this year in recognition of their significant contributions to agriculture and the sustainability of rural life in Alberta.

Since 1951, the Alberta Agriculture Hall of Fame has cele-

brated the accomplishments of visionary men and women who have dedicated their lives to agriculture and their rural communities. The inductees are innovators and community builders, and their leadership has made a lasting, positive impact across the industry.

"Agriculture is at the heart of who we are as Albertans – that's why the Hall of Fame is so im-

portant in recognizing those whose vision and hard work have helped advance our sector. We are paying tribute to the ongoing legacy of agricultural innovation in our province. I encourage all Albertans to nominate women and men who have worked to improve agricultural practices, support growth in the industry and educate the next generation of farmers and ranchers." - Oneil

Carlier, Minister of Agriculture and Forestry

Nominations close on April 30. Candidates must be nominated by three individuals who are not members of their immediate family.

Information about the Hall of Fame, including nomination forms and biographies of previous inductees, is available on the Agriculture and Forestry website.

## Celebrate Spring with the Lac Ste. Anne Community Choir

**Continued from Page 1**

It's on the afternoon of Sunday, June 3 at the Lac Ste. Anne Catholic Mission. This 2 p.m. start is in response to the many people who have difficulties attending an evening performance. Admission is by free will donation, and the entire audience is invited to stay after the performance to enjoy some goodies and visit with choir members

The Lac Ste. Anne Community Choir is open to anyone over 18. No auditions are required, and there's no need to read music or have choir experience. All that's needed is a love for singing, and a wish to meet other like-minded people. After a summer break, registration and the first practice for fall's season will be Wednesday, September 12 at the Heritage Centre in Alberta Beach (5012 – 49 Avenue). Watch for a reminder in late August.

Questions? Call Eunice at 780-892-3159 or Deb at 780-497-0531.



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# ENOCH RESIDENT WINS \$180,671 ON POKER LOTTO

Submitted by  
Kevin van Egdom  
| Western Canada  
Lottery Corporation

Joseph Peacock is reveling in his decision to add ALL IN to his POKER LOTTO ticket. Thanks to that choice, he saw his win prize jump from \$10,000 to

more than \$180,000. Peacock is the first-ever Royal Flush winner on ALL IN.

"My very first thought was, 'No. No way!'" he remembered. "I've never won anything like this before – I was so excited!"

The Enoch resident purchased his March 23 POKER LOTTO ALL IN ticket at Edmonton West Husky, located at 11429 266 Street in Acheson. One of

the hands on his ticket matched a Royal Flush in hearts, winning \$10,000, plus the \$170,667.60 ALL IN jackpot. He also matched two pair on another hand – winning \$4.

The happy winner said this win is extra-sweet, because he almost didn't buy the add-on game.

"I always add EXTRA when I buy other tickets, but this was the first time I added the ALL-IN option," he said. "I happened to look at the screen and saw that the pot was building, so I thought why not!"

"I'm glad I did," he continued with a laugh. "I think I always will from now on."

Peacock said he has a couple plans for his winnings.

The winner said he plans to use his windfall to help his family, trade his van for a newer model, and buy a new TV.

POKER LOTTO launched in the prairie provinces in March 2017, and ALL IN was added to the game in February 2018. ALL IN is an optional wager that can be played with POKER LOTTO, and it gives players a chance at a jackpot that grows with every ticket sold.



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# HONOURING THE HUMBOLDT BRONCOS



**Submitted by Wanda Pederson | Onoway Junior Senior High School**

Staff and students of OJSH joined Canadians across the country and, indeed, around the world on Thursday, April 12th by wearing hockey jerseys or something

green to show support for the victims of the Humboldt Broncos bus crash. The Humboldt Broncos' team colours are green and gold.

The initiative #JerseysforHumboldt was first proposed by a group of hockey moms in British Columbia as a way of honouring the Saskatchewan Junior Hockey

team involved in a fatal crash on April 6th. Sixteen people died as a result of the crash; thirteen were injured.

Word of #JerseysforHumboldt quickly spread across Canada and to other countries. As a result, hundreds of thousands of Canadians and others took part in

Jersey Day. Schools, businesses, sports teams, and everyday folk participated, paying tribute to the Broncos.

On April 12th, many of our students also brought their hockey sticks as a tribute to the Broncos team. The sticks were lined up in the school's foyer for the day.



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# PARLIAMENT UPDATE – WEEK OF APRIL 16, 2018

**Submitted by Jim Eglinski, MP – Yellowhead**

This week, we covered topics including Budget 2018 and the ongoing Trans Mountain Expansion Project crisis.

The following was debated in the House:

- Bill C-25 – An Act to amend the Canada Business Corporations Act, the Canada Cooper-

atives Act, the Canada Not-for-profit Corporations Act, and the Competition Act (Consideration of messages between the Senate and the House of Commons)

- Bill C-74 – Budget Implementation Act, 2018, No. 1 (Second Reading)

- Bill C-330 – An Act to amend the Controlled Drugs and Substances Act (landlord consent) (Second Reading)

- Bill C-395 – Opportunity for Workers with Disabilities Act (Second Reading)

- Bill C-396 – An Act to amend the Department of Industry Act (financial assistance) (Second Reading)

- Bill S-210 – An Act to amend an Act to amend the Immigration and Refugee Protection Act, the Civil Marriage Act and the Criminal Code and to make consequential amendments to other Acts (Second Reading)

- Emergency Debate – Trans Mountain Expansion Project

On Monday, I had the pleasure of meeting with Avery Pelz, a young constituent and student from Edson. She was visiting Ottawa as a participant of Encounters with Canada.

On Tuesday, in the House of Commons, I had the opportunity to recognize a local constituent. Ciera Knight, a 24 year-old from Edson, is currently at the base camp of Mount Everest and will attempt to summit the mountain

between May 20 and 26. You can read comments, speeches, and debates in the House on the corresponding day's Hansard at [www.ourcommons.ca/en](http://www.ourcommons.ca/en).

In the Standing Committee on Canadian Heritage (CHPC), we continued our study on cultural hubs and cultural districts in Canada. We also continued our study on the state of Canadian museums. For more information on these meetings, visit the CHPC Committee website at [www.ourcommons.ca/Committees/en/CHPC](http://www.ourcommons.ca/Committees/en/CHPC).

This week, I attended seven meetings four events. I will return to the riding on Thursday to attend an event in the riding. The House will not sit on Friday to accommodate the Liberal national convention that kicked off Thursday in Halifax. I will return to Ottawa on Sunday as the House will resume on Monday. Look for my update next Friday on the happenings of Parliament.



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# AWC SAYS THE CGC'S DECISION TO MOVE POPULAR VARIETIES OUT OF CWRS CLASS FAILS TO CONSIDER ECONOMIC IMPACT ON FARMERS AND CANADIAN VALUE CHAIN

Submitted by Victoria Decker, Communications Manager | Alberta Wheat Commission

The Alberta Wheat Commission (AWC) is expressing disappointment with the Canadian Grain Commission (CGC) for their decision to move five wheat

varieties out of the Canada Western Red Spring (CWRS) class without considering the long-term economic implications for farmers. Two of those varieties, AC

Muchmore and AAC Redwater, are very popular in Alberta with AC Muchmore acres increasing by 209 per cent per year since 2014 and AAC Redwater acres increasing by 234 per cent per year since 2015.

The varieties will be re-classified to the Canada Northern Hard Red (CNHR) class effective August 1, 2021 and also include, AC Domain, Vesper and 5605 HR CL.

Prior to this decision, AWC strongly encouraged the CGC to do an economic analysis to understand the full impact that will be felt throughout the Canadian value chain of reclassifying varieties. The CGC's decision fails to consider the agronomic performance of these varieties. AWC further points out that there have been no known complaints from global buyers on the varieties being pulled from the CWRS class.

"Farmers are choosing these varieties because they are high yielding, have better disease resistance and are early maturing," said Kevin Bender, AWC Chair. "If the quality of these varieties has never been raised as an issue with our global customers then farmers should be able to choose them based on their agronomic advantage without losing the economic value of growing CWRS wheat."

AWC notes that the effects of moving these varieties will have a spillover effect throughout the value chain, especially impacting seed growers who have been selling these varieties based on their CWRS classification.

"Reclassification puts financial stress on farmers with the unexpected need to replace varieties," Bender said. "We would have liked to see the CGC consult with farmers and consider these economic impacts before making these changes."

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# LAKEWELL 4-H MULTI CLUB REPORT

**Submitted by Jean Henderson | Lakewell 4-H Multi Club**

The Lakewell 4-H Multi Club has had a lot going on this past month. The District Fun Day was on March 10th. Everyone that attended had lots of fun and they can't wait to see what's in store for next year! The food drive went really well. Lakewell would like to send out a great big thank you to everyone who donated. We ended up with enough food to make four large hampers to give to families

in need around the area. Please keep in mind that the need is great all year long and most food drives are at Christmas. Don't forget that there are a lot of holidays that people don't celebrate simply because they can't afford to. Also March 10th was the day the Cleavers had their Chick Day. All the Cleavers enjoyed it and all the chicks are well. On Friday, April 6th some of our members and parents went to the Darwell Cow Palace to help the Darwell Ag Society clean the barn.

One of our senior members,

Mariah Corbiere, was accepted to attend Selections. Selections are an opportunity to meet other senior members and learn about things they might want to be involved in their future. To get into Selections you must be a senior member and must send in your diaries to be assessed. Based on diary points and what is in the diaries members are selected to attend. If they are accepted they receive a package explaining the events as well as the study packages before they head off to Olds College to compete. What are they competing

for? Depending on their grade they could win a trip somewhere in Canada or the U.S. Not everyone gets accepted into selections so we are very proud of Mariah!

On April 14th we co-hosted the District Multi-judging competition with Alseldo 4-H club. It started at 10:00am at the May-erthorpe Ag barns. Four of our members participated and three of them placed. Regional Multi-judging will be held on April 21 in Barrhead.

We will be participating in the Hwy Cleanup Program set for May 5th – that is if the weather cooperates and the government doesn't move it to the following weekend. If there is anyone out there that would like to give us a hand, we would appreciate the help. Just contact Jean Henderson for information. And remember to watch out for us working hard along Hwy 765.

That is all for this month and we are looking forward to sharing with you next month.



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**Submitted by St Albert RCMP**

File: 2018- 7488/ 14524/ 458195/ 493856/ 122907/ 163134/ 219423/ 443597

St. Albert, AB – Copper thefts and Precious Metals are a problem in St. Albert and the Province. When copper and other metal prices rise as a commodity, the RCMP sees an increase in thefts of copper wire and catalytic converters as criminals are selling the metals for an easy profit. Catalytic converters contain platinum, rhodium and palladium, which are expensive metals. Replacing a stolen catalytic converter can cost up to \$2000.00 per vehicle.

Catalytic converters can be removed from a vehicle by sawing through the piping, and trucks and SUV's are more at risk because they sit higher from the ground and are easier to get under.

Prevention tips would be:

- Park in well lit areas when possible
- If you have a garage, park your vehicle inside
- Park close to building entrances, or close to roads so there is increased vigilance for the area provided by pedestrians or other drivers
- Talk to security experts, or research the internet for ideas about preventing this theft

Here are the St. Albert reports for 2018:

Overnight between December 31, 2017 and January 1, 2018,

a catalytic converter was stolen from a work truck parked at a business on Carleton Drive, St. Albert.

On January 4, 2018, a catalytic converter was stolen from a truck parked at a business on Rayborn Crescent, St. Albert.

On January 28, 2018, 100 feet of copper cable was stolen from the back of a welding truck parked on a driveway on Patterson Crescent, St. Albert.

On February 6, 2018, \$5000.00 of copper tubing was stolen from a construction business located on Sturgeon Road in St. Albert.

On February 18, 2018, a roll of copper wire was stolen from a business yard located on Riel Drive, St. Albert.

Overnight between April 4 and April 5, 2018, copper wire was stolen from a construction site on Richardson Drive in St. Albert.

Between April 6 and April 7, 2018, a catalytic converter was stolen from a Salvation Army van parked on Liberton Drive in S. Albert.

On April 16, 2018, a catalytic converter was stolen off a commercial truck parked on Rayborn Crescent in St. Albert.

St. Albert RCMP is looking for your help on this crime. If you have any information about this or any crime, call the St. Albert RCMP at 780-458-7700, or if you wish to remain anonymous, call Crime Stoppers. At Crime Stoppers, you do not need to reveal your identity. Crime Stoppers does not subscribe to Call Display, Call Trace or tape any phone calls. If your information leads to an arrest, you may qualify for a cash award up to \$2,000.00. We want your tip, not your name. Call Crime Stoppers at 1-800-222-8477 (TIPS).

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# Spring 2018 HomeRENO

A photograph of a person painting a wall. The person is wearing a blue shirt and jeans, and is using a roller to apply blue paint to a white wall. A red tray with a paintbrush and a blue paint can are on a wooden surface in the foreground. The person's legs and feet are visible on the right side of the image.

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# HomeRENO

## DOS AND DONT'S FOR SECOND-FLOOR LAUNDRY ROOMS

Laundry can be a cumbersome chore. In homes with more than one story, clothes are put in a hamper, carried down to the washer and dryer, where they are then cleaned, dried, folded, and taken back upstairs to be put away. The entire process can be inefficient, which may contribute to why so many people delay doing laundry for as long as possible.

As unenjoyable as it can be, doing laundry is a necessity. Fresh clothing not only looks and smells good, it is essential to personal hygiene. One way to make the process of doing laundry go more smoothly is to consider moving the location of the laundry area. According to the National Association of Home Builders, more homeowners are moving their laundry rooms upstairs so they

don't have to transport laundry baskets up and down the stairs.

Before moving their laundry rooms, homeowners should take steps to safeguard their homes, and that may involve finding the ideal location for the new room. Find space for an upstairs laundry room and then consult with an engineer to be sure that the plan is feasible. An engineer and an architect can assess if a home is structurally sound enough to handle the weight and vibration of an upstairs laundry.

One of the biggest concerns with regard to moving a laundry room upstairs is the fear of flooding or leaks. There are certain steps to take to minimize these risks. Experts advise installing an easily accessible water shut-off valve. Turn off the valve when the wash-

er is not in use. Also, steel-braided washer hoses are more sturdy than standard hoses and are less likely to burst. Homeowners also can place the washer in a drain pan, which will catch overflowing water and drain it through a pipe. Some areas may require a floor drain as an alternative.

Homeowners also must recognize that noise can be a problem with upstairs laundry rooms. Front-loading appliances may cause more vibration and movement than top-loaders. However, some front-loaders are designed to be quiet. Antivibration pads may help with vibration issues.

Before moving their laundry rooms, homeowners should consult with contractors to ensure things go smoothly.

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# HomeRENO

## 3 TIPS TO PREPARE TO SELL YOUR HOME

According to Realtor.com, spring is the busiest and best season to sell a home. While a good home can find a buyer any time of year, homeowners might find the buyers' pool is stron-

gest in spring and into summer. The reasons for that are many, ranging from parents wanting to move when their children are not in school to buyers wanting to move when the weather is

most accommodating.

Because spring is such a popular time to sell a home, homeowners who want to put their homes on the market should use winter as an opportunity to prepare their homes for the prying eyes of prospective buyers. The following tips can help homeowners during the pre-selling preparation process.

1. Address the exterior of the home.

Winter can be harsh on a home's exterior, so as winter winds down, homeowners who want to sell their homes should make an effort to address anything that might negatively affect their homes' curb appeal. A study of homes in Greenville,

S.C., from researchers at Clemson University found that the value of homes with landscapes that were upgraded from "good" to "excellent" increased by 6 to 7 percent. If it's in the budget, hire professional landscapers to fix any problematic landscaping or address any issues that arose during the winter. Homeowners with green thumbs can tackle such projects on their own, but hiring professionals is akin to staging inside the home.

2. Conquer interior clutter.

Clutter has a way of accumulating over the winter, when people tend to spend more time indoors than they do throughout the rest of the year. Homeowners who want to put their homes

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## 3 Tips To Prepare To Sell Your Home

on the market in spring won't have the luxury of waiting until spring to do their "spring" cleaning, so start clearing any clutter out in winter, even resolving to make an effort to prevent its accumulation throughout winter. Just like buyers are impressed by curb appeal, they are turned off by clutter. The Appraisal Institute suggests homeowners clear clutter out of their homes before appraisers visit, and the same approach can be applied to open houses. Buyers, like appraisers, see cluttered homes as less valuable. In addition, a home full of clutter might give buyers the impression, true or not, that the home was not well maintained.

### 3. Eliminate odors.

A home's inhabitants grow accustomed to odors that might be circulating throughout the house. Pet odor, for instance, might not be as strong to a home's residents as it is to guests and prospective buyers. Because windows tend to stay closed throughout the winter, interior odors can be even stronger come late-winter than they are during the rest of the year. A thorough cleaning of the house, including vacuuming and removal of any pet hair that accumulated over the winter, can help to remove odor. In the weeks leading up to the open house, bathe pets more frequently, using a shampoo that

promotes healthy skin so pet dander is not as prevalent. Open windows when the weather allows so more fresh air comes into the home.

Spring is a popular and po-

tentially lucrative time to sell a home, and homeowners who spend winter preparing their homes for the market may reap even greater rewards.

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# HomeRENO



## PAINT YOUR HOME'S EXTERIOR LIKE A PRO

Painting is an inexpensive way to transform just about any space. Many people paint the interiors of their homes, but home exteriors also can undergo dramatic makeovers with fresh coats of paint. Timing the

job right and heeding some tips from professionals and do-it-yourselfers who have tread the painting path before you can make the job go smoothly.

Consider the time of year  
Consider local weather pat-

terns and forecasts when planning an exterior painting project. Choose a time of year when there is little rain and low humidity, such as autumn. Keep in mind that the paint will require a couple of days to dry completely and cure, and that can be difficult in damp weather. Don't hamper the final outcome with poor timing.

Prepare the painting surfaces

Resist the temptation to start painting straight away. Paint may not adhere to unprepared surfaces, and dirt and other debris may show through and mar the finished product. Repainting a home's exterior will likely involve removing peeling or chipping paint prior to making your first strokes. Wear

protective gear when scraping, sanding or brushing old paint, as such tasks can generate dust that can be dangerous to inhale, particularly if the old paint contains lead.

Employ a chlorine bleach solution to kill any mildew and to scrub any dirt from the house. In addition, repair any cracks or imperfections. For example, if you're painting stucco, you may have to fill in any pitting or holes. Use this opportunity to inspect caulking around windows and doors. Recaulk as needed to seal up drafty areas or those that may cause water infiltration prior to painting.

Continued on Page 19

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# HomeRENO

## CREATE DRAMA WITH BOLD PAINT COLORS

Painting is one of the easiest and least expensive ways to transform the look of a space. Paint colors can dramatically change the mood and the design of a home. And depending on a homeowner's goals, paint can make a statement or blend into the background.

Many people are now looking to bold colors to make spaces stand out. But choosing a paint color can be challenging. Homeowners looking to update walls and complement decor may want to look at some of the more impactful colors that Pantone indicates will be popular for the 2017 season. Primrose Yellow, Lapis Blue, Flame, Pink Yarrow, and Greenery are some of the more eye-catching selections. Once colors are selected, consider these guidelines for using bolder colors in room designs.

- Decide how big an impact you want to make. Are you looking for color overload or just a small focal point of vivid color? Remember, using bold color doesn't mean every wall must be lathered in that hue. Instead, select one wall to serve as an accent point and use that spot as your bold color display. Otherwise, rely on bold colors to dress up otherwise mundane areas, such as the back wall of a cupboard or moldings and trim.

- Try bold in a small space. Many people are surprised at how well bold colors work in small spaces. Powder rooms can be an ideal spot to experiment with paint colors. Try deep colors that can make the area seem intimate and even exotic. Dark, bold hues can be toned down by different accents, such as neutral colored fixtures and towels.

- Go bold in the kitchen. Incorporate a splash of color in the kitchen without going overboard. Try an appliance or design fixture in a bright shade. Or paint the inside of the cabinets in your favorite color and install glass inserts in the cabinet doors so that everyone gets a peek of the color beyond. A neutral kitchen also can be brightened up with the use of silverware, dishes,

pots and pans, and other kitchen items featured in bold hues.

- Stick to boldness on interchangeable items. Those who like to experiment with color may find that they like to switch out the colors now and again. Instead of having to repaint every few months, use decorative items in bright shades to make swapping out color

that much easier. For example, replace area rugs, throw pillows and draperies. Paint over terra cotta flower pots when the mood strikes.

- Establish balance. Rely on neutral furniture, rugs, moldings and baseboards if you decide to take bold colors up a notch. This will help create a sense of balance in the room.

Painting is a fun way to experiment with color. Many homeowners are not hesitant to use bold shades of color when they learn the right techniques. And because paint is an inexpensive option for making over a room, homeowners who find they do not like a particular color can easily paint over it with a new color.

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# HomeRENO



## HOW HUMIDITY CAN MAKE HOMES MORE COMFORTABLE

Central heating and cooling systems have revolutionized the way homeowners make their homes comfortable. But many people find that heating and cooling systems have a tendency to make areas in their homes more dry than they would be if the windows were open.

Without adequate indoor humidity, static electricity proliferates, and living environments may not be as pleasant as they could be. According to Lennox, makers of heating and cooling components, dry air can compromise peoples' respiratory systems. When membranes in the

nose and throat dry out, they cannot capture dirt, viruses and bacteria, potentially resulting in illness. Dry air can cause itchy, flaky skin as well as irritation in the nose, leading to nosebleeds.

Dry air in a home also can affect the structure of a home. Dry air will

pull moisture from wherever it can be sourced, including wood structures in a home. This may cause walls and door jambs to shift and floors to creak. Even wood furniture can bend and crack if indoor conditions are especially dry.

Homeowners can remedy dry air in various ways. Some methods are relatively simple, while others may require substantial financial investments and even some renovation.

### DIY remedies

Do-it-yourself remedies are simply ways to put moisture in the air. One of the easiest steps is to put bowls filled with water in front of or on heating registers or radiant heating units in the house. The water will evaporate slowly into the home. Another and similar tactic is to boil a large tea kettle or pot of water to distribute moisture throughout a space.

When showering, leave the door to the bathroom open to distribute steam throughout the house. For those who use the tub, allow the water to cool off and evaporate before pulling the drain.

### Humidifiers

Humidifiers come as whole-house central units or portable devices. Portable units can be moved from room to room depending on where moisture is needed the most. These humidifiers hold a predetermined volume of water and mist it into the air when the unit is on.

Central humidifiers work with the home's HVAC system. They are hard-wired and plugged into the system. Water vapor is introduced into the air that will be forced through vents throughout the house. These systems work on the whole house at once, making them quite efficient.

Many experts advise homeowners to keep their indoor home humidity between 40 and 60 percent for ultimate comfort. Investing in a hygrometer to measure relative humidity will help homeowners keep humidity at a level that produces a pleasant and comfortable environment.



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# HomeRENO

## Paint Your Home's Exterior Like A Pro

Continued From Page 16

Prime and cover stains

It may be a little extra work, but apply a quality primer as the first coat to hide any imperfections, such as wood knots or discoloration from weathering. Primer provides a smooth, even surface upon which to put your paint color. Once you have applied the primer, test your paint color in a small, inconspicuous spot to see how the color looks in the daylight. You do not want to paint the entire home only to find out you dislike the color.

Try these painting techniques

Rent a paint sprayer for large surface areas. The sprayer will produce a more uniform appli-

cation and is less time-consuming than painting everything with a brush or roller. Make sure you've chosen a high-quality paint, as the added expense is worth it if the paint lasts longer and coats more evenly. Also, if you have purchased multiple cans of paint, mix them all in one large bucket to ensure the same color; otherwise, the colors may not match perfectly.

The experts at HGTV recommend working your way from top to bottom in a smooth, controlled manner, overlapping each stroke by eight inches. Trim and hard-to-reach areas should be left for brush work so you can maintain control over your tools.

If you are painting areas like

steps or staircases, consider adding a little fine-grain sand to the paint to improve traction, as paint can be slippery when wet.

If painting your home's exterior is beyond your capabili-

ties, hire a professional. He or she will get the work done in a timely manner, and you can rest assured that the job will be done correctly.

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# HomeRENO

## FACTORS TO CONSIDER WHEN CHOOSING CARPETING

When the time comes to choose flooring for their homes, homeowners may be overwhelmed by the vast array of options at their disposal. The choice between carpet and hardwood flooring, laminate or tile is a matter of personal preference. People have long extolled the virtues of hardwood

flooring, but carpeting can be just as stylish and provides a host of other benefits as well.

Carpeting insulates rooms in the summer and winter, adding that extra level of protection against the elements. Carpeting also absorbs sound in a home. Many appreciate the warmth and cozy feeling of

carpet, especially when stepping out of bed. Carpeting also can increase the level of safety at home. According to the Carpet and Rug Institute, carpeting makes areas of play safer and may also reduce the severity of an injury in the event of a fall.

Today, there are many different

types of carpeting available. Selecting the right carpeting for a room comes down to identifying the level of traffic in a particular room, the attributes homeowners would like the carpet to have and any other needs that fit with their lifestyles. The following guidelines can make carpet shopping a bit easier.

### Type of carpeting

There are many different types of carpeting, some of which are best suited to certain situations. For example, plush and saxony carpets are better in low-traffic areas. These carpets may show footprints and also vacuum tracks and dirt, but they're higher on the comfort spectrum than other types of carpet. Berber, which is more flat and dense, helps mask stains and tracks. It is durable in high-traffic areas. Textured carpets like frieze are cut from fibers of different heights, so they mask stains and are also softer on the feet than berber.

### Padding

Padding can impact the way carpeting feels and how long it lasts. It isn't always necessary to purchase the most expensive or thickest padding. However, it is wise to pick a pad that matches the type of carpeting you're selecting and one that aligns with how you plan to use the room. You may be able to go with a thinner pad in low-traffic rooms and beneath dense carpeting like berber. In high-traffic rooms, choose a thicker, more durable padding. Padding prevents carpet backing and fibers from coming apart over time. It pays to invest in a padding that will last as well.

### Installation

Select a reliable carpet retailer and installer for your business. Competent installers will lay the carpeting in the correct manner so that it will look beautiful and maintain its durability for the life of the product. Shop around to find the right installer or even do the work yourself if you feel capable.

Take time when shopping for carpeting, which is a substantial investment that can last for many years if the right material is chosen and installed correctly.



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# HomeRENO

## MUST-HAVE KITCHEN REMODEL FEATURES

Homeowners looking to renovate often see room for improvement in their kitchens and bathrooms. The National Association of Home Builder's Remodeling Market Index Survey, which measures conditions in the remodeling market, indicates that, in 2015, the two most common remodeling jobs were bathroom remodels (81 percent) and kitchen remodels (79 percent). According to HGTV and Statistics Brain, a new kitchen remodel for a kitchen measuring 12 by 12 feet may cost homeowners anywhere from \$17,000 to \$37,000.

Before investing so much into their remodeling projects, homeowners should think carefully about the features that will improve their time spent at home. When planning a kitchen renovation, homeowners may want to consider the following upgrades to make the room more enjoyable while improving its functionality.

### Oversized sink

Although high-efficiency dishwashers are popular, deep sinks to soak soup pots or woks are still useful. Deep sinks may be preferable to double sinks, especially for homeowners who use lots of kitchen tools when preparing meals.

### Soft-closing hinges

When replacing cabinets (or just the hardware), consider installing soft-closing hinges and slides on doors and drawers. These devices eliminate slamming and caught fingers, reducing noise and injuries in the kitchen.

### Foot-pedal water operation

When outfitting a sink, think about foot controls, which are popular in doctors' offices and hospitals. Turning on the water with the tap of a foot can reduce the transfer of pathogens to faucets from hands during food preparation. These pedals also free up hands for other tasks.

### Bottom's up

People likely spend more time raiding the refrigerator than the freezer on any given day. Rather than having to bend down to seek out that favorite flavor of Greek yogurt, choose a model with the

fridge on top and freezer on the bottom, especially if anyone in the household has mobility issues. When shopping for refrigerators, French-door style units may offer even more access, making it easy for homeowners to slide fruit trays, sheet cakes and other large items into the fridge.

### Extra lighting

A kitchen should be a balance of form and function. A combination of overhead lighting, decorative lighting and task lighting can illuminate all areas of the space effectively.

### Appliance garages

Architectural and design resource Houzz says that appliance garages are popular kitchen additions, too.

Set at countertop level, these cabinets allow people to keep small appliances plugged in but tucked neatly behind closed doors.

Kitchen remodels are a sizable investment, and renovations can be customized to make the kitchen more hospitable for all in residence.




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# MAY 4 AUCTION

## FOR: ALBERT & GRACE PLANTINGA

**Located:** (From Barrhead Ford - 2 mi N, 3 E on Hwy 18 to RR 31, then 5 1/2 N) (From WESTLOCK INN - 20mi W on Hwy 18 to RR 31 then 5 1/2 N)

**Friday Evening, May 4<sup>th</sup> at 6:00P.M.**

**ACREAGE FARM EQ:** \* 1981 CASSE 1390 Diesel Tractor w (3800 hr), new clutch, 3 pt, FE Loader, bale fork\* 3 pt (54" Rototiller)(PTO Post Hole Auger w 4+9")(8 W V Rake)\* 12 V Grass Seeder and Grass Seed\* 20ft Chain/Pasture Harrows\* 51X8 Brandt pto Auger\* 1 hp Aeration Fan and Tubing\* Older (MF 124 Baler)(FM Post Pounder)\* Hay Tarp\* 2 Bin Ladders\* Single Bale Haybuster\* 7' 3 pt Blade

**TRUCKS:** \* Good 1995 GMC 1 Ton W(1851 Km), 6.5 diesel, 5 spd, 4x4, duals, new tires, Flat deck, hidden 5th Wheel Hitch\* 1989 Chev 1/2 ton w 20 k km on new motor, auto trans needs work\* Fuel Tanks(2 @ 300 gas)(50 diesel)\* 30Jack Aills, rotary Pumps, mechanicx tools, 2 @ 1/2" Drills, 9" Radial Arm Saw, Metal C/O Saw, Metal C/O Saw

**YARD/LAWN/LIVESTOCK EQ:** \*2009 Zero Turn Husq 2454 E2 Ride Mower\* 4' Lawn Sweep\* Husq Rear Tine Rototiller\* Mini 2 1/2 hp Rototiller\* 1200 gl Water Tank w pipe stand\* Hyd Drive 2 1/2" Monarch Water Pump\* ATV Weed Sprayer\* 3 Rnd Bale Feeders\* Variety of Pipe 2 1/2, 2 7/8 (15)\* 50 Used Fence Posts + Barb Wire\* Greenhouse Pots/Supplies\* Chicken Plucker + Wash Tubs\* Gas Furnace\* Cabinet Eltc Cream Separator \* Variety of Household

# MAY 5 AUCTION

## FOR: RETIRING SENIORS & ESTATES

**Located: BARRHEAD RODEO GROUNDS**

**Saturday Afternoon, May 5<sup>th</sup> at 1:00P.M.**

**RECREATION:** \* Nice 14' Alum Boat w Trailer, Mercury 110 O/B 9.9 hp \* Old Evinrude 5.5 hp \* 16' McWick Canoe w sq stern, 4 seats \* 16' Green Canoe w sq stern w 4 seats \* Decoys \* Totom Smoker \* Bike Carrier \* 3 Sets Light Truck Tire Chains \* Winch \* Water Purifier

**YARD / SHOP / GARDEN:** \* YAMAHA Generator \* Honda 3.5 hp / 2 in Water Pump \* Log Chains \* 3 Pipe Benders \* HD Bolt Cutters \* Lots of Tools, Bench Grinder, Makita 1/2 in Drill, Shop Misc \* Ariens RT 7020 Rototiller \* Garden Tools & Misc \* Ceramic Tiles & Cutter \* 12V Water Pumps

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# RCMP BEATS

**Submitted by Stony Plain/ Spruce Grove RCMP**

Occurrences for the week of 9 April to 15 April 2018.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 600

Total Calls for Service for the Victim Service Unit: 27

Individuals Charged: 161

Person Crimes reported: 53

Property Crimes reported: 57

Impaired Driving Complaints reported: 12

Impaired Driving Charges Laid: 1

Roadside Suspensions: 1

Motor Vehicle Collisions Attended: 33

Property Crimes:

Spruce Grove

1. April 12 – Area of Millgrove Drive – Theft of Vehicle, 2013 black Ford Focus

2. April 15 – Area of South Avenue – Theft from Vehicles, catalytic converters stolen

Stony Plain

3. April 10 – Area of Boulder Boulevard – Theft from Vehicle, catalytic convertor stolen

Rural

4. April 9 – Area of 49 Avenue and 50 Street, Onoway – Theft from Vehicle, catalytic convertor stolen

5. April 10 – Area of Township Road 531 and Range Road 264 – Theft of Trailer, 2009 black Titan flatbed

6. April 15 – Area of Highway 627 and Range Road 31 – Theft of Snowmobile, 2014 white Arctic Cat XF8000

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. If you are away from your home for an extended period of time, disconnect your garage door opener and place a lock in the door track.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP at 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477 or text the keyword TIP205 (TIP250 for Edmonton Metro) & your Tip to CRIMES (274637)



# SUPPORT OUR VETERANS!

**Submitted by Jim Eglinski, MP – Yellowhead**

OTTAWA: On February 2, Jim Eglinski, Member of Parliament for Yellowhead, gave the following statement in the House on the Prime Minister's refusal to keep his promise and provide funding for injured veterans.

He stated:

"Mr. Speaker, last night at a town hall meeting in Edmonton the Prime Minister said his government is fighting some Canadian veterans in court because they are asking for more money than the federal government can afford.

Mr. Speaker, our veterans put

their lives on the line to give Canadians the freedom we enjoy, whether it was World War I, II or any other conflicts our troops are sent into.

If any of our Veterans are injured, resulting in a disability, we MUST ensure they continue to have a quality of life they so richly deserve.

If this Liberal government can spend 10 million dollars for Khadr and install a rink on Parliament Hill for 5.5 million dollars, then why are they treating our veterans so poorly?

Remember, Mr. Speaker, they fought for us! We owe them!"

# HOMELESSNESS ACROSS CANADA

**Submitted by Jim Eglinski, MP – Yellowhead**

OTTAWA: On March 12, Employment and Social Development Canada announced the launch of Everyone Counts: the second nationally-coordinated Point-in-Time (PiT) Count of homelessness. Between March 1 and April 30, 2018, communities in every province and territory across Canada will conduct a PiT count.

"Even though there aren't any large cities in Yellowhead, we are not immune to homelessness. Every community, large and small, has people in need. This data will help develop effective strategies that respond to homelessness at the local level," stated MP Eglinski.

The PiT counts will provide vital information to participating communities about individuals experiencing homelessness, helping to identify their needs and plan community resources accordingly. The information collected will also contribute to a national portrait of homelessness and support the Government of Canada's work in preventing and reducing homelessness.

Communities can also choose to implement a joint PiT count and registry week, which helps the community to create a by-name list of individuals experiencing homelessness. This list can be used to link individuals to housing supports as part of the 20,000 Homes Campaign of the Canadian Alliance to End Homelessness.

"All Canadians should have access to safe and affordable housing. Through initiatives such as this, we can help address homelessness at the community

level," concluded MP Eglinski.

For more information, visit:

<https://www.canada.ca/en/employment-social-development/>

[programs/communities/homelessness/point-in-time.html](https://www.canada.ca/en/employment-social-development/programs/communities/homelessness/point-in-time.html)



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Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Seniors 55+ Club. We now have air conditioning! Space Available! Call Jeanne (780) 913 4494.

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Debra 780-785-2907

Darwell Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: [lakeislehall@mail.com](mailto:lakeislehall@mail.com)

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onway Community Hall, 967-4749.

Onway Heritage Center - Gym/Classrooms, 967-1015

Onway Legion, 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 780-204-1652 or 780-785-2904

Stettin Nakumun Comm. Hall, 967-9198

## Garage Sales

**COMMUNITY - WIDE GARAGE SALE** at Lake Isle Community Hall (Hwy 633 & RR55). Saturday, April 28th from 9am-5pm. \$10/ Table Inside or Outside Trunk Sale. (Set up Friday PM or Early Saturday AM) To reserve your space, Contact 780-267-1660, email [lakeislehall@gmail.com](mailto:lakeislehall@gmail.com), PH: 780-892-3121. BBQ & Concession Available. (9) 27-02

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## Dog Caretaker

**Alberta Beach & Surrounding Areas, thinking of a Summer Getaway? Worried about leaving your dog in a kennel?** Don't worry anymore, you can leave your pet with me! There is a wrap around deck in court yard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 17-04 OG

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## Computers

Computer Repairs NOT over \$50. Welcome: Seniors, low income, single parents. Available: Good Laptop or Desktop. Refurbished, Clean, good, Upgraded 7, Net, Games, Music, Pictures, Videos. ONLY \$100. Call or leave message, 780-892-4993 (10) 13-03

## Firewood

His Helping Hands Firewood - Poplar, Tamarack & Birch for sale. All profits go to charity. 780-218-4177 (5) 27-03 OG

**FIREWOOD FOR SALE** - Birch, Tamarack & Spruce Pine mix. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (28) 24-04

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\$3850.00, 4 door \$4250.00. New 20' high cube \$4750.00. We also sell container doors with or without frames. **Jason Robinson 780-604-2276 Premium Container Sales. Special pricing available only while supplies last. (7) 10-04**

## Wanted

I Buy Gun Collections. If you would like to sell your gun collection, Call Jay at 780-686-1350 (24) 12-12-17

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2 Bdrm Apartment For Rent - Alberta Beach Hotel. Utilities & Internet Included. No Pets. \$1000.00 per month, DD same. Laurie 780.924.3005 or Tom 780.446.1884 (4) 17-04

2 Bedroom House in Alberta Beach on 50th Avenue. All appliances, \$900/month + utilities. For more information, Phone 403-318-5575 (5) 24-04

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## Church Directory

<b>Rich Valley Community Church</b> Sunday School 10:00a.m. Worship Service 11:00a.m.	<b>Catholic Parish of Lac Ste. Anne</b> Sunday 10:00a.m.	<b>St. John's Anglican Church</b> <i>Onoway</i> Sunday Service 10:00a.m. <i>Everyone Welcome</i>	<b>Mayerthorpe Baptist Church</b> Worship Service Sunday 10:30a.m. Children's Church 10:30a.m. 4606-54 St. Mayerthorpe (780) 786-2677
<b>St. John's Lutheran Church</b> <i>Alberta Beach</i> Sunday Service 11:00a.m. Sunday School	<b>Zion United Church</b> Sunday Service 10:00a.m. Sunday School <i>Serving Alberta Beach, Wabamun, Darioell &amp; Lake Isle, Onoway &amp; Area</i> (780) 924-3351	<b>Sangudo United Church</b> 4907-50 Ave, Sangudo, AB <b>United Church Services</b> Sunday Services 1 <sup>st</sup> & 3 <sup>rd</sup> Sunday <b>St Mary United Anglican Services</b> Sunday Services: 2 <sup>nd</sup> & 4 <sup>th</sup> Sunday All Services Begin at 1:30p.m. <i>Reverend Barry Rose Officiating</i>	
<b>Trinity Lutheran Church (LC-C)</b> <i>The Church of the Lutheran Hour - Rochfort Bridge</i> <b>Pastor Dan Hansard</b> Church (780) 778-2055 Sunday Worship 9:00a.m. Senior's Service & Cottage Bible Study - Phone for locations	<b>Mayerthorpe Pentecostal Assembly</b> <b>P.A.O.C. Rev. Arnold Lothoiz</b> Sunday 10:30a.m. Morning Service Tuesday 7:30p.m. Ministry Training (780) 786-2141	<b>St. Michael Lutheran Church</b> Sunday Services 1 <sup>st</sup> & 3 <sup>rd</sup> Sunday at 2:00p.m. <i>Pastor Rick Chappell</i> (780) 674-2618 <i>Mystery Lake</i>	<b>Onoway Baptist Church</b> Sunday Service 10:00a.m. Youth Group Friday 7:00p.m. (780) 967-2266
<b>Alberta Beach Alliance Church</b> Sunday Worship Service & Kid's Church 11:00a.m. Sunday School 10:00a.m. (780) 924-3282	<b>Cherhill Community Church</b> Sunday School 10:00a.m. - 11:00a.m. Worship Service Sunday 11:00a.m.	<b>Roman Catholic Church</b> <i>St. Agnes' Parish, Mayerthorpe</i> Sunday 9:00a.m. <i>St. Elizabeth Parish, Evansburg</i> Saturday 7:00p.m. (780) 786-2032	<b>Calahoo Alliance Church</b> Family Worship Service Sunday 10:00a.m. For Info Call Jerry (780) 974-7734

**KEEPING YOU  
AND YOUR  
COMMUNITY  
INFORMED!**





# COMMUNITY EVENTS 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <i>Easter</i>	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

**MAY 3, 4 & 5 - HORIZON PLAYERS PRESENTS "LEAVING IOWA" @ 7:30pm** at the Horizon Stage - Spruce Grove. Tickets \$22.50, horizonstage.ticketpro.ca. More info - Horizonplayers.org

**MAY 12 - SOMETHING'S OLD, SOMETHING'S NEW COMMUNITY SALE, 10am-4pm** at Rich Valley Community Hall. "Toonie" Pancake Breakfast 9-10:30am. Concession 12-1:30pm. Free Introduction to CPR & AED - 10am & 2pm. Book Tables or Info, call Eileen 780-967-5710.

**MAY 12 - SPRING TEA & PLANT SALE, 10am-1pm** at St Augustines Parkland Anglican Church. Pie, Ice cream & beverage \$5; Children under 4, free. Hanging baskets, planters, bake table, crafts, used books.

**MAY 21 - SCOTTWOOD & BAND FIDDLING UP A STORM, 7pm** at Barrhead United Church. Tickets available at 4321-52 Ave. Barrhead or at Scottwood Band's office at 1-855-726-8896.

**MAY 26 - SANGUDO COMMUNITY HALL COMMUNITY GARAGE SALE, 10:00am to 3:00pm.** To book a table for \$10, call Donna @ 780-204-1652. Alternatively, saleable items can be donated for the Community Hall table.

**JUN 2 - HORSEBACK RIDE-A-THON** at Brightwood Ranch near Entwistle, AB. Ride your horse or ours. Help send underprivileged kids to camp. To donate or for info on riding, contact the ranch at 1-780-727-3840.

## FARMERS MARKETS

**ALBERTA BEACH:** Open Every Sunday, May - Oct, 12-3pm. Contact Joanne 780-690-6392

**BARRHEAD:** Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802

**ONOWAY FARMERS' MARKET:** Fridays at Onoway Community Hall. Starts May 1<sup>st</sup>. 780-667-6327 or onowayfarmersmarket@gmail.com.

**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30pm, tables (780)240-5821

**STONY PLAIN:** Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.

**WESTLOCK:** 11-3PM, Bargain Shop Mall, Dave 780-954-2437

**WHITECOURT:** Legion, Tuesdays from 11AM - 2PM, May - Oct. 779-7002.

## BINGO

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

**CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors @ 6:30PM, Games @ 7:30PM.

**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00PM.

**MAYERTHORPE ROYAL CANADIAN LEGION:** Tues, doors 6:30pm, bingo 7:30pm

**RICH VALLEY COMMUNITY HALL BINGO:** 7:30PM. Loonie Pots. Next bingos May 2, 16 & 30, June 13 & 27.

**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

## MEAT DRAWS

**ALBERTA BEACH MUSEUM:** Every Sat 4PM, Alberta Beach Hotel

**ALBERTA BEACH:** 4PM, Every Sun. Jungles Bar & Grill

**BARRHEAD ROYAL CANADIAN LEGION:** Fridays 6:00PM. Queen Of Hearts draw & 50/50.

**DARWELL:** by Alberta Beach & District Lions Club, 4:00PM bi-weekly, Darwell Lounge & Restaurant

**ONOWAY ROYAL CANADIAN LEGION:** Fridays, Ph. 780-967-5361

**STONY PLAIN ROYAL CANADIAN LEGION BR# 256:** Saturdays @ 3:00PM. Meat Draw & 50/50.

**WHITECOURT LEGION:** Saturdays 4:00PM. Located downtown behind the CIBC.

## MEALS ON WHEELS

**ALBERTA BEACH & AREA:** Diane 780-924-2348.

**DARWELL & AREA:** Lorraine, 892-2967.

**ONOWAY & DIST:** Call 967-2338 or 967-5244.

## JAMBOREES

**SANGUDO:** Sangudo Community Hall, 1<sup>st</sup> Sat of month 7PM. 785-4105 or 305-5088. *\*October - May.*

**SPRUCE GROVE:** at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5PM. Info Florence 780-962-3104

Margaret 780-962-3051 *\*September - June.*

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

**THE ABBOTTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3<sup>rd</sup> Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

## TOPS (Take Off Pounds Sensibly)

**ALBERTA BEACH:** Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633. 967-5009.

**EDMONTON:** Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

**SANGUDO:** Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

**STONY PLAIN:** Thurs evening, Stony Plain United Church. Susan (780) 968-0869

**SPRUCE GROVE:** Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

## YOUR COMMUNITY

**ALCOHOLICS ANONYMOUS** IF Drinking is a Problem, call 780-236-1043

**ONOWAY ROYAL CANADIAN LEGION:** Open Tuesdays 7:00PM to 10:00PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3:00 PM-10:00PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9:00-3:00PM. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.

**VOLUNTEER TUTOR ADULT LITERACY PROGRAM:** Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca

**WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

## SOCIAL EVENTS

**ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES:** Tues 7:30PM Crib; Wed 1PM Bridge.

Mon, Wed, Fri 10:15AM Aerobics/Fitness.

**BADMINTON:** Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

**JR. SCRAPBOOKING** Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

**LAC STE ANNE COMMUNITY CHOIR,** Wed 7-9pm at Alberta Beach Heritage Center. New members welcome (18+). Call Eunice @ 780-618-7865.

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1PM. Exercise Fridays, 10AM. 1<sup>st</sup> Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49

Ave. 780-967-3436.

**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

**PANCAKE/BREAKFAST SOCIAL:** 3<sup>rd</sup> Sunday 9:00-11:30AM, Parkland Village Community Centre. *\*except June, July, August*

**RIVER TALKERS TOAST MASTERS CLUB,** Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorraine 286-5040.

**SANGUDO ART GROUP:** Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St). 2<sup>nd</sup> Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

**WRITERS PROGRAM:** Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1PM.

## MEETINGS

**1ST ONOWAY SCOUTS:** Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

**299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE:** Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

**3053 ROYAL CANADIAN ARMY CADETS,** Onoway Historical Centre, Wed, 6:45-9:30PM for youths 12+. 967-0443

**526 BARRHEAD AIR CADETS,** Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

**AA - MAYERTHORPE,** Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

**AA - SANGUDO GOLDEN CLUB,** Tues 8PM call 786-4402/785-9214/785-3599

**AL-ANON:** Tues 7PM, Onoway Anglican Church (4809-50 St). 780-967-3356 or 1-800-4AL-ANON. *\*MEETINGS SUSPENDED FOR JANUARY - APRIL INCLUSIVELY*

**AL-ANON** Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

**ALBERTA 55 PLUS:** Villeneuve Hall at 10AM. Meetings on 2<sup>nd</sup> Tues of month. Info: Donna 780-962-5933

**ALBERTA BEACH & DIST LIONS CLUB** meets every 4<sup>th</sup> Tues 7:00PM, Alberta Beach Agplex.

**ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs of month, 7:00PM, Alberta Beach Agplex.

**ALBERTA BEACH MUSEUM** meets on the 2<sup>nd</sup> Wed, 7:00PM at Heritage House 924-3167.

**BARRHEAD ROYAL CANADIAN LEGION,** meeting every 2<sup>nd</sup> Thurs, 7PM at the Legion Hall.

**CHERRILL COMMUNITY ASSOC.** Monthly Meeting 1<sup>st</sup> Wednesday, 8PM at the Hall. 785-2825 *\*Except Jan, July, Aug, Sept.*

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12PM, Alberta Beach Agplex. Info call

780-902-4879 or 780-999-7622. *\*Sept-June.*

**Citizens Helping In Life's Defence (C.H.I.L.D)** Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8:00PM, 1<sup>st</sup> Monday, Darwell

**DDRA MEETING,** 7:00PM, 2<sup>nd</sup> Mon, Darwell 892-3099. *\*except Jul/Aug/Dec*

**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

**GREENCOURT COMMUNITY ASSOCIATION** meet 2<sup>nd</sup> Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

**KINETTE CLUB OF MAYERTHORPE,** 7:30PM at Kinsmen Hall, 1<sup>st</sup> Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

**LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY:** 3<sup>rd</sup> Fri, 7PM, Alberta Beach Council Chambers.

**LAKE ISLE HALL COMMUNITY HALL BOARD:** 3<sup>rd</sup> Thurs of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4<sup>th</sup> Mon, 5PM in Hospital Basement Education Room.

**MEN FOR SOBRIETY:** Wednesdays at 7:30PM, FCSS Building (4105, 505 Queen Street, Spruce Grove), Mike (780) 965-9991.

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034

*\*Sept-June*

**NA MEETING,** Tuesdays 7:00PM Poplar Valley Church (780)514-6011

**ONOWAY & DIST HERITAGE SOCIETY:** 2<sup>nd</sup> Wed of each month, 7:30PM, Chateau Lac Ste Anne

**ONOWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

**ONOWAY & DISTRICT QUILT GUILD:** Every 2<sup>nd</sup> Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Dixie @ 780 967 0528.

**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1<sup>st</sup> Mon, 7PM. *\*Sept-June*

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agriplex on the 2<sup>nd</sup> Wed of the month. 7:00PM.

**RIVER TALKERS TOASTMASTERS CLUB** Build confidence, speaking & listening skills. Thursdays 7-9PM at the Hilltop Community Church. Carla Burkell, VP Membership, (780)268-3653.

**SANGUDO PAINTING GROUP:** 1<sup>st</sup> & 3<sup>rd</sup> Wed, 9:30AM-12:00PM at Sangudo Community School. Info, call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

**WEIGHT WATCHERS** Alberta Beach Agriplex - Mondays, weigh in 6:30PM. Meeting at 7PM.

# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### ANSWER:

3	4	8	5	6	1	7	2	9
1	5	2	9	8	7	4	6	3
9	7	6	2	4	3	8	1	5
2	1	5	8	7	9	3	4	6
7	8	4	6	3	5	2	9	1
6	3	9	1	2	4	5	8	7
5	6	3	4	9	8	1	7	2
8	2	1	7	5	6	9	3	4
4	9	7	3	1	2	6	5	8

**Like puzzles?** Then you'll love sudoku.

This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

		8			1		2	9
1					7			3
9		6			3	8	1	5
	1					3	4	6
		4	6	3		2	9	
			1			5	8	
5			4	9				
8		1						4
		7			2	6		



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**From the \$220's**



## Life Inside the Gate

Simply stunning waterfront with lake views and sunsets that will start and end your day in paradise. This wonderful 900 sq ft bungalow on a 13,000 sq ft lot is one of 19 estates on Castle Island. Use it starting today and start planning your new home.

**\$499,900**



## Ready For The Beach

Nice property! Vaulted ceilings, 1000 plus sq ft, back deck with lake view, 2 bedrooms, large lot, year round property. This is a wonderful investment on Lac Ste Anne. Can be a turnkey purchase. Call today!

**\$219,900**



## Incredible Views

This 4 yr old home is 960 Sq Ft and has 2 bedrooms a wonderful dream kitchen on a lot that has great deck facing the lake. The original guest house has been preserved and is still on the lot a makes wonderful guest house.

**\$229,900**



## Luxury Lakefront

Newer 2 Story Castle Island 2400 sq ft on a 16000 sq ft lakefront lot. The inside of the home delivers on maximizing the lake views from every room in the house. A dream kitchen that every home chef would love.

**\$979,900**



**"Happy is the Man Who Finds Wisdom"**  
**– Call 780-991-5107 Today**

We offer Free Evaluations and Buyer Consultations!

**Call Wayne Today!**

**780-991-5107**



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