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August 28, 2018

ONOWAY CENOTAPH LATEST STEP IN LEGION IMPROVEMENTS



The cenotaph looks a bit different now. On the other side of the Legion, an extra base level pays homage to various conflicts where local veterans participated. The extra base also allows more space for wreaths on Remembrance Day.



The community came together to get the cenotaph into its new location, with coordination by Lorne Olsvik. Thanks to Larry Morill for the use of Morand Industry's forklift, and Grant Robinson of IEI for doing the work, the cenotaph was lifted from its old position, and carefully placed on its new base.

Submitted by Richard Moses, VP | Onoway Royal Canadian Legion

With the move of the cenotaph to the other side of the entry, another

step has been taken in making the Legion more accessible, and better for the community at large.

The entire project, led by Bob Clark, began with a decision to install a weather-resistant ramp to

the front door. It also included an upgraded glass entry to provide better access to the building. Many of the sponsored suppers over the past few years helped fund these much-needed changes.

BLUE-GREEN ALGAE BLOOM ADVISORY ISSUED FOR LAC STE. ANNE

Submitted by Alberta Health Services

ONOWAY – A blue-green algae (cyanobacteria) bloom has been identified in areas of Lac Ste. Anne. Residents living near the shores of this lake, as well as

visitors to this lake, are advised to take the following precautions:

- Avoid all contact with blue-green algae (cyanobacteria) blooms. If contact occurs, wash with tap water as soon as possible.
- Do not swim or wade (or al-

low your pets to swim or wade) in any areas where blue-green algae (cyanobacteria) is visible.

- Do not feed whole fish or fish trimmings from this lake to your pets.

Continued on Page 2

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Blue-Green Algae (Cyanobacteria) Bloom Advisory Issued For Lac Ste. Anne

Continued From Page 1

• Consider limiting human consumption of whole fish and fish trimmings from this lake, as it is known that fish may store toxins in their liver. (People can safely consume fish fillets from this lake).

As always, visitors and residents are reminded to never drink or cook with untreated water directly from any recreational body of water, including Lac Ste. Anne,

at any time. Boiling of this water will not remove the toxins produced by blue-green algae. An alternate source of drinking water should also be provided for pets and livestock, while this advisory is active.

Blue-green algae is naturally occurring, and often becomes visible when weather conditions are calm. Appearing like scum, grass clippings, fuzz or globs on the surface of water, blue-green algae can be blue-green, greenish-brown, brown, and/or pinkish-red, and of-

ten smell musty or grassy.

People who come in contact with visible blue-green algae or who ingest water containing blue-green algae may experience skin irritation, rash, sore throat, sore red eyes, swollen lips, fever, nausea and vomiting and/or diarrhea. Symptoms usually appear within one to three hours and resolve in one to two days. Symptoms in children are often more pronounced; however, all humans are at risk of these symptoms.

Weather and wind conditions

can cause algae blooms to move from one location in the lake to another. As such, this advisory will remain in effect for Lac Ste. Anne, until further notice.

Please note that areas of Lac Ste. Anne in which the blue-green algae bloom is NOT visible can still be used for recreational purposes, even while this blue-green algae Health Advisory is in place.

If you suspect a problem related to blue-green algae or if you require further information on health concerns and blue-green algae, please call Health Link at 811. Additional information is also available online, at www.ahs.ca/bga.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

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OPEN LETTER TO THE RESIDENTS OF ONOWAY

Submitted by Richard Moses, VP | Onoway Royal Canadian Legion

The Onoway Legion Branch 132 has heard rumours recently from many people that we plan to take over the Community Hall as our Legion building. We, the executive and members, want to say these rumours are false!

The Legion is satisfied with our present facility. Unofficially, some people think the present Legion building might make a good daycare, but other buildings in town could also suit that purpose.

The Legion is NOT interested in changing locations, in spite of talk to the contrary. We assure the community we have no plans to move! We are exploring ways to upgrade our building to meet our long-range needs, but

this planning has just begun. We recently made the building more accessible, moving our cenotaph in the process, but anything else could take years.

We want the rumour mill to provide accurate information. We are confident the Onoway community will continue to support Onoway Legion Branch 132, so that we, in turn, can continue to contribute to the community at large as we have for 80 years.



JOKE OF THE WEEK

A little girl opened the door to her teacher.
'Are your parents in?' asked the teacher.

'They was in', said the little girl,
'but they is out now.'

'They WAS in! They IS out!' exclaimed the teacher.
'Where's your grammar?'

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WHITECOURT TOWN COUNCIL UPDATE

Submitted by Tara Galant, Legislative Manager | Town of Whitecourt

August 24, 2018

Town Council encourages you to share your thoughts on projects and services at the 2019 Budget Public Input Session.

The session is scheduled during the Regular Meeting of Council.

Monday, September 24 at 7:00 p.m.

Forest Interpretive Centre – Council Chambers

3002 – 33 Street, Whitecourt
If you are unable to attend the September 24 input session, please submit your written comments to the following address by 12:00 noon on Wednesday, September 19:

Town of Whitecourt
Box 509, 5004 52 Avenue
Whitecourt AB T7S 1N6
administration@whitecourt.ca

All comments received regarding the 2019 Budget will be considered by Council during budget deliberations.

It is anticipated that the pos-

session, sale and consumption of cannabis for recreational use will be legalized by the Government of Canada on October 17, 2018. In preparation for this, the Town of Whitecourt has been working to determine guidelines surrounding consumption within our community. At the August 21 Regular Meeting, Council gave first reading to an amendment to the Community Standards By-law to include prohibitions and provisions for the consumption of cannabis. The proposed By-law amendment would expand

proposed provincial regulations regarding consumption in public places. We want to hear what the community thinks of the proposed guidelines, and invite you to attend a Public Open House to learn about the proposed bylaw changes, and provide your feedback on the topic.

Thursday, September 20
6:00 to 8:00 p.m.

Forest Interpretive Centre
3002 – 33 Street, Whitecourt
Reroofing of the Scott Safety Centre and Carlan Services Community Resource Centre will begin soon. Council awarded tenders for the projects to CCS Contracting and West point Roofing respectively.

The Whitecourt Fire Department has been selected by the Office of the Fire Commissioner to host one of the Province's Structural Protection Trailers that will serve our region. The trailer contains sprinklers, hoses, and auxiliary equipment that would be required to protect structures during a fire. The Whitecourt Fire Department will be training members to the provincial standard for the structural protection program, and if required will deploy a 2 or 3-member team to neighbouring communities when required.

Councillor Matt Connell has been appointed Deputy Mayor from September 1 through December 31, 2018.

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NOTES FROM THE ONOWAY LEGION

Submitted by Richard Moses, VP | Onoway Royal Canadian Legion

No Dinner on Long Weekend

Our volunteers deserve a long weekend too, so there'll be no meal served on Friday, August 31.

Buon Appetito

It's amore for Italian on Friday, September 7, when Sherry Brown serves her popular lasagna complete with garlic bread,

caesar salad and dessert.

Adults pay \$15. Doors open at 3, with the lasagna served from 5:30 to 7 pm. To ensure enough food is prepared, reservations are recommended. Call Louise at 789-340-0760, or leave a message on the Legion answering machine at 780-967-5361.

Every meal ticket comes with a chance to win a free meal. Adults can also buy raffle tickets on a delicious meat package, or take a chance on the 50:50

draw. Back by popular demand is Chase the President. This progressive jackpot (formerly know as Chase the Queen) increases in value each week there's no winner, while the chances of winning get better each week. You could be the big winner.

Famous Ribs are Served Again

Mark your calendar for dinner at the Legion on Friday, September 21. Blakeman Drilling

is sponsoring Lorne Olsvik and Bob Clark's famous ribs. These delicious melt-in-your-mouth ribs will be served with baked potato, maple-glazed carrots, Caesar salad garlic bread and dessert.

These meals fill up quickly, so make sure you reserve your spot! Call Louise at 789-340-0760, or leave a message on the Legion answering machine at 780-967-5361.

Pool Nights Begin

The balls will be racked again on Wednesday, September 5, for the weekly pool competition. Each Wednesday, drop-ins are welcome for a friendly game of pool. It's round-robin play for 8-ball, with Legion rules, not bar rules. Registration is at 7, and play begins at 7:30, every week from September to May. Tournaments are also held regularly.

Qualifications for the Legion singles pool league will begin on September 12. Contact Larry Villneff at 780-945-0600 for details.

Rack 'em up

Want to play a friendly game of darts each week, or occasionally? Beginning on September 11, and very Tuesday after that, dart enthusiasts gather at the Legion to throw and enjoy the camaraderie. Games begin at 7, but please arrive a bit early so you can be assigned to a team. Cost is just \$3 each week, plus some kind of snack if possible. The bar is always open.

Volunteers Desperately Needed

The legion is in urgent need of volunteer kitchen staff, helping out the team leader with prepping, serving and cleaning up of a Friday dinner. Training and mentoring is always available for volunteers, so don't hesitate if you think you can help. Come with a friend, or come alone. It's actually a lot of fun, and we'll accept whatever time you have available. Phone the legion at 780-967-5361, or talk to any legion member to learn how you can contribute and help ensure the Friday dinners continue.



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ARMED ROBBERY AT SCOTIABANK

Submitted by St Albert RCMP

File: 2018 – 1238787

St. Albert, AB – At approximately 12:00 p.m. (noon) on Monday, August 20, 2018, St. Albert RCMP received a report of an armed robbery at the Scotiabank on Hebert Road in St. Albert. Immediate attendance by RCMP found that the lone suspect had left the area with an undisclosed amount of money. The suspect is alleged to have entered the bank, shown a black handgun and demanded money from the teller. St. Albert RCMP General Investigation Section, RCMP General Duty Section, K Division RCMP Forensic Investigative Section and K Division RCMP Police Dog Section were all involved in this investigation.

RCMP are now asking for the help of the public in identifying the man responsible for this crime. He is described as:

- Male, about 21 to 28 years old
- dark complexion, possibly African descent
- dark eyes, with black hair with a 2 inch “afro” cut
- beard stubble on face
- approximately 5 foot 11 inches to 6 feet tall

No one was physically harmed during this incident, and St. Albert Victim Services were called to provide personal support for everyone impacted by this crime. Victim Services will continue to provide free services as this investigation proceeds.

If you have information about this crime and would like to remain anonymous, contact Crime Stoppers by phone at 1-800-222-TIPS (8477), online at p3tips.com, or with the P3 Tips app. Crime Stoppers does not collect information about your identity. A tip leading to an arrest may be eligible for a reward of up to \$2,000.



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GOLFER'S GUIDE

DON'T LET GOLFING PAIN BE PAR FOR THE COURSE

(NC) A little know-how can help golfers avoid unnecessary injury. Considering the number of times a

swing is repeated during a game, it's not surprising that the season often ends early for those who are not

physically prepared.

Below are a few simple stretching techniques that can help prevent or

reduce the impact of injuries:

Side bending stretch
1. Stand with feet shoulder-width apart.

2. Hold the golf club above your head with your arms straight.

3. Slowly bend to one side, without rotating, until you feel a stretch in the side of your back.

4. Hold for 15 seconds and repeat twice for each side.

Shoulder stretch
1. Hold the shaft of a golf club vertically behind your back.

2. Gently pull the club up with your top hand until you feel a slight stretch in the shoulder of your lower arm. Hold for 15 seconds.

3. Gently pull the club down with your bottom hand until you feel a stretch in the top shoulder and arm.

4. Hold for 15 seconds.

5. Reverse hand positions and repeat.



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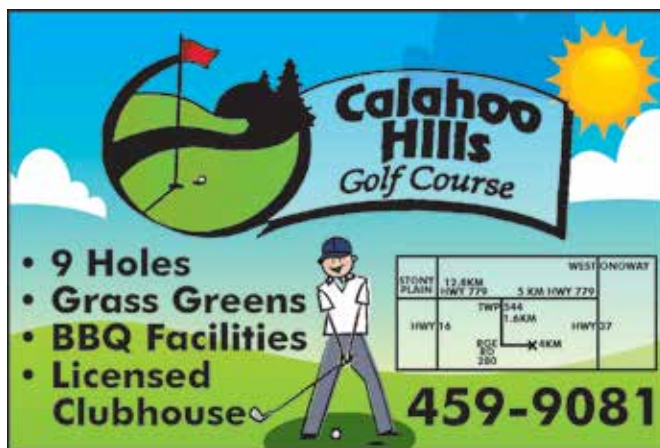
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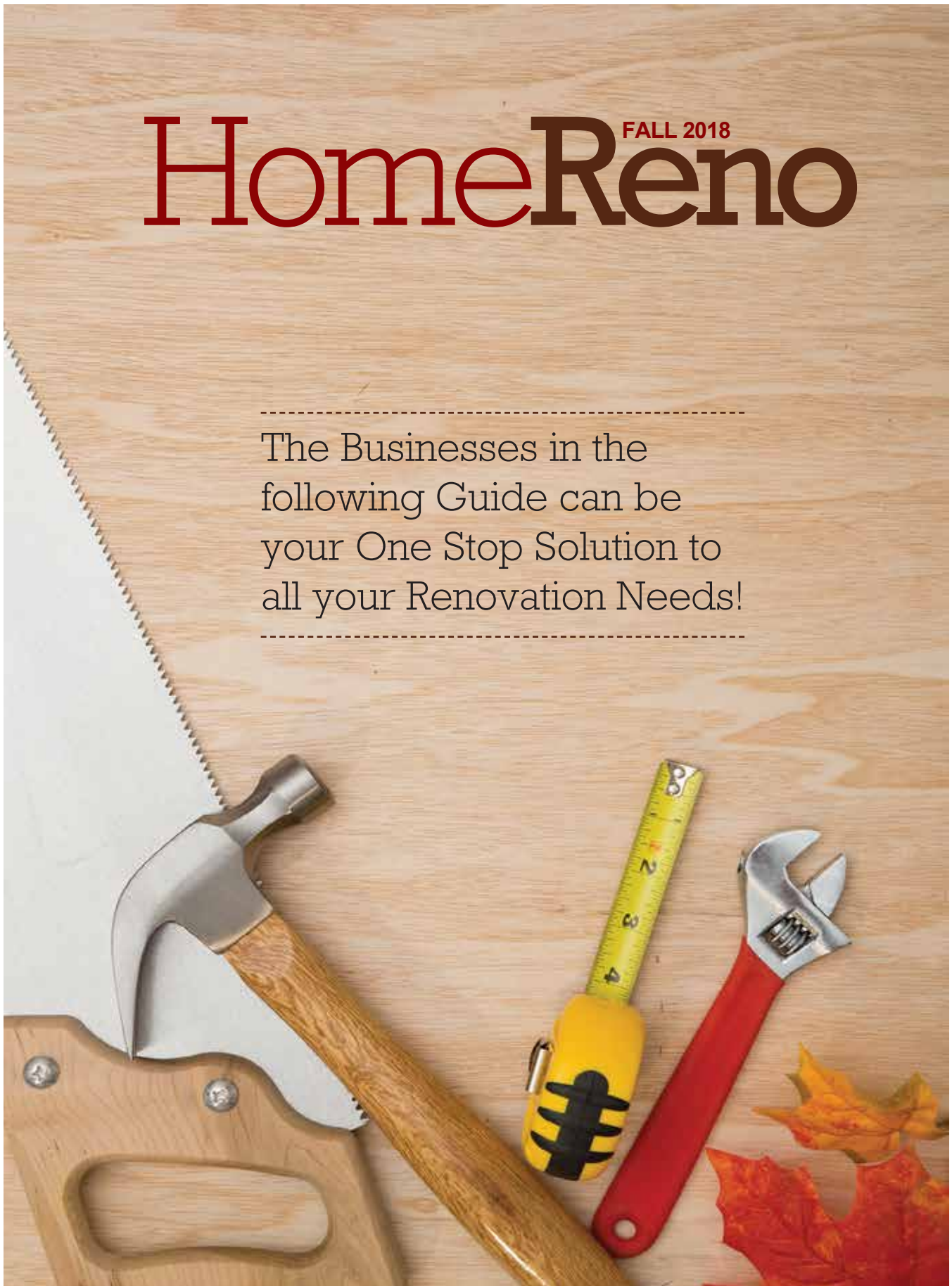
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HOW TO BUILD YOUR HOME BAR

Many people enjoy opening their homes to friends or family. In fact, according to the National Eating Trends survey and custom research by the NPD group, in 2016 the average person ate 38 meals at other people's homes.

Knowing how to cook, set the mood and entertain is increas-

ingly important for many homeowners. Installing and outfitting a home bar can provide guests with the features of a night out, only without the crowds or bar tabs that come at the end of the night. A home bar is a place where hosts and their guests can gather and enjoy great conversation. Such a spot also can serve

as a neighborhood hangout - a smart choice for those who want to indulge safely and not have to drive home afterward.

Creating a home bar need not be a difficult project. By investing in basic equipment, stocking up on preferred liquors and gaining some mixology expertise, hosts can impress and entertain

their guests.

Establish a bar setup

Home bars can range from rolling carts to built-in wet bars to a single tray of items. Space in a home will dictate the kind of bar homeowners can have. Rolling bar carts are popular and versatile, and they can be kept stationary or rolled in and out of a room as needed. If a bar cart is open, organization is key, as you don't want it to look unkempt.

A full-blown wet bar will require more construction, including plumbing and electricity if you need outlets for plugging in appliances. Wet bars are ideal in dens, renovated garages and finished basements.

Stock up on equipment

A new home bar requires barware and glassware. Various drinks are best served in requisite glassware and prepared with the right equipment. A home bar will benefit from a muddler, jigger, cocktail shaker, strainer, ice cube trays, and bar spoon. Glassware can include short glasses, tall glasses and wine glasses with stems. Martini glasses provide a chic look and are practical for those who prefer cosmopolitans and martinis.

Fill it with spirits

No bar is complete without alcohol and mixers. Homeowners can buy the types of spirits they love and complete their bars with the basics for mixing. When stocking a bar, keep in mind that everything does not have to be top-shelf. Vodka, gin, tequila, rum, and whiskey are some of the more popular spirits. Simple syrup, fresh fruit, club soda, cola, and bitters are examples of versatile mixers.

Entertaining guru Martha Stewart says to have enough supplies on hand for guests. Expect each person to have three drinks (requiring three glasses), use a pound of ice, and three cocktail napkins per two-hour party. Don't forget to also have nonalcoholic items on hand for those who don't imbibe.



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DEFINING HARDSCAPE AND HOW TO USE IT

Curb appeal is beneficial in various ways. Curb appeal can make a home more attractive to prospective buyers and give existing homeowners a place they want to come home to. In its study of the worth of outdoor remodeling projects, the National Association of Realtors found standard lawn care and overall landscape upgrades were most appealing to buyers, as well as the most likely to add value to a home.

Although plants, grass and other items can improve curb appeal, homeowners should not overlook hardscaping.

Hardscaping is an industry term that refers to the non-living features of a landscape. These features can include everything from decks to walkways to ornamental boulders. Introducing paths or paver walls to a property helps develop that home's hardscape. Hardscape and soft elements often work in concert to create inspiring landscape designs.

DIY landscape designers can heed certain tips to make the most of hardscape features on their properties.

Choose materials.

As with many landscaping projects, homeowners must first determine what types of additions they would like on their properties. Common hardscape features include patios, decks, walkways of pavers or bricks, and retaining walls. Hardscape elements can be functional or simply decorative features that add whimsy to the yard.

Choose a theme.

The right style allows hardscaping and softscaping materials to work together. For example, homeowners may want to give their yards an eastern feel, complete with a koi pond and decorative bridge or trellis. A formal English garden, however, may include manicured paths with stepping stones and ornate topiaries. Mixing too many styles together can take away from the overall appeal.

The pros suggest looking at the overall plan of the design, even if all of the work can't be completed at once. This way the eventual finished project will be cohesive.

Think about the purpose.

Hardscaping can look good but also serve key purposes. Pebbles or gravel can mitigate trouble areas that don't grow grass or plant life

well. Retaining walls hold back soil in yards with sharply inclined hills. Mulch can set perimeters around trees and shrubs, as well as planting beds. Fencing, another form of hardscaping, is essential for establishing property boundaries and adding privacy.

Consult a professional.

While many hardscaping additions can be handled by novices, large-scale projects, such as patios and decking, can change the grading of the yard. Professionals can map out how to handle drainage issues and meet building codes. In addition,

professional installation can ensure hardscaping features last for years to come.

Hardscaping should blend with the nature around it and take its cues from the surrounding environment. This can help softscaping and hardscaping work as one.

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GREEN OPTIONS IN HOME SIDING

If new siding is on the list of must-do home projects this year, there are many factors to consider. Though it's a transformative renovation, replacement siding is a significant and potentially

expensive undertaking. Therefore, careful consideration must be given to the materials used and their maintenance, longevity, insulation factor, and cost. Many homeowners also want

siding that is eco-friendly.

Sustainability is an important consideration for many homeowners. Data from the National Association of Home Builders' "Green Multifamily and Single Family Homes 2017 SmartMarket Brief" indicates that at least one-third of single-family and multifamily home builders who were surveyed said that green building is a significant portion of their overall activity (more than 60 percent of their portfolio). By 2022, this number should increase to nearly one-half in both the single-family and multifamily sectors. Green building has become an important and established part of the residential construction sector.

Where siding is sourced, the

materials that go into its fabrication and how well that siding insulates a home are key aspects of its "green factor." The following are some of the more sustainable options in home siding.

Reclaimed timber

A house sided with clapboard, or a log cabin-inspired look, is iconic. These types of siding are typically made from insect-repellant pine, cedar, cypress, or redwood. While lumber certified by the Forest Stewardship Council is environmentally friendly, homeowners may want to seek out reclaimed lumber. This wood has history and causes very little environmental impact. Plus, timber salvaged from old buildings or fallen trees may be superior to new wood because it likely came



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from slow-growing, old trees with dense grain.

Brick

Avoid any negative environmental impact by choosing locally produced or reclaimed bricks - or those made from post-consumer content. The longevity of bricks can often offset the energy expenditure in their manufacture. Plus, many bricks are made from natural clay, which can be an excellent insulator.

Stucco

HouseLogic says traditional stucco is made from sand and Portland cement mixed with water to make a usable plaster. It's tough and durable - often lasting the life of the house. Eco-friendly variants include stucco made with an earth-and-lime mixture,

offsetting the CO2 emissions associated with cement production. Stucco can reduce air infiltration that causes drafts in a home.

Fiber-cement

Fiber-cement is similar to stucco in that it is made from sand, Portland cement, clay, and wood pulp fibers. It can be fire-resistant and insect-proof and will not rot. It's a stable material that can recover almost 80 percent of the initial cost, according to the National Association of Realtors®.

Stone

This nonrenewable resource can be beautiful on a home and durable, but mining it can impact the environment. If homeowners can use reclaimed or displaced


stone, those are more sustainable options. Manufactured stone, which is cement and other materials molded to look like stone, is also aesthetically appealing and more eco-friendly.

Replacing siding is a significant undertaking. Homeowners can consider sustainability when selecting replacement siding materials.



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PAINT AND RENOVATE CORRECTLY

Changing paint colors is one of the easiest and least expensive ways to add a fresh new look to the interior or exterior of a home.

Both exterior and interior paint can be used to protect homes and make strong impressions. Painting projects are fun and can be

easy, but not all projects are so simple. Homeowners may need to exercise patience and devote an ample amount of time to get the job done right. One errand drip is all it takes to turn a perfect paint job into a colorful mess.

While paints are much safer

now than in years past, they still need to be handled with caution and disposed of with care after the job is done. Painting can be a tricky project because the fumes and chemicals found in many paints make these products more difficult to dispose of.

All homeowners should check

with their trash and recycling collection centers regarding the proper way to dispose of paints, stains and varnishes. It's also possible to visit Earth911.com and find a disposal facility online.



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RCMP BEATS

Submitted by Stony Plain/
Spruce Grove RCMP

Occurrences for the week of 13-20 August, 2018.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 574

Total Calls for Service for the Victim Service Unit: 18

Individuals Charged: 70

Person Crimes reported: 34

Property Crimes reported: 77

Impaired Driving Complaints reported: 9

Impaired Driving Charges Laid: 2

Roadside Suspensions: 2

Motor Vehicle Collisions Attended: 39

Property Crimes:

Spruce Grove

1. August 13 – Area of Goebel Close – Break and Enter to Garage, laptop stolen

2. August 16 – Area of Gilmore Way – Theft from Vehicle, Bluetooth hands free unit stolen

3. August 16 – Area of Governors Circle – Theft from Vehicle, wallet stolen

4. August 18 – Area of Hudson Cove – Theft of Vehicle, 2017 white Ford F350

5. August 19 – Area of Veronica Hill – Theft of Bicycles, silver Giant Canada and silver Trek Stagger Stony Plain

6. August 13 – Area of 43 Avenue and 46 Street – Theft from Vehicle, sunglasses stolen

7. August 19 – Area of 55 Avenue and 46 Street – Theft from Vehicle, wallet stolen

Rural

8. August 14 – Area of Township Road 552 and Range Road 24 – Theft of Vehicle, 2013 black Dodge Ram

9. August 15 – Area of Highway 16 and Range Road 12 – Theft of Vehicle, 2003 white Ford F350

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Ensure all doors and windows to garages are closed and locked. Ensure the door from the garage to home is locked as well.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP at 780-962-2222 or 780-968-7267.

SEPTEMBER 5 AUCTION

FOR: 3 ESTATES

Located: Barrhead Rodeo Grounds

Wednesday Evening, September 5th at 5:00P.M.

PARADE CAR: * Attractive/Refinished 1957 Lincoln 2 Dr Hard Top

HOLIDAY TRAILERS/CAMPER: * 1998 JAYCO 26' 5th W Holiday Trailer w 12' Slide, Oak Kitchen, Srdom Used, Shredded * 10 1/2ft Skylark OH Camper, Self Contained * Motor Home Hitch * Car Dolly * 2006 Gulf Stream 26' 5th Wheel, Hard Wall, Slides, Nice * 1999 Forest River 30' Bumper Pull, Full Bath, AC, Furnace, Good Shape, Bought 2003 never moved

COMPLETE WELDING ESTATE: * Acklands Big AD 300 DC diesel Welder * Weld Table * Rolling Hoist * HD Floor Jack * Weld Rod, Gloves, Masks * DeWalt C/O Saw * Acetylene Torch + Tanks * Chains, Boomers * Portable Weld Platform for Truck * Chain Saw * Lots of Tools * Many Boxes of Misc

VEHICLES: * New Front Bumper for Dodge Ram Truck 2W Trailer * 2004 Ford F250 Reg Cab w(240k km), 4x4 * 1994 Ford F 150 Reg Cab w (190k km), 2 WD * 2007 Dodge 2500hd, 5.7 Hemi, Auto, 163k km (Town of Barrhead Truck w/ Regular Service) * 1998 Ford F-150 XLT Super cab, 4.6L Triton, Auto, 206k km, (from good home)

COMBINES + HEADERS: * JD 9500, 2376 TR Hrs, Field Ready * JD 7720 Turbo, 3348 hrs, Hydrostatic, Field Ready * JD 920 Hdr w/transport * Like New MF 9024 24' Hdr w/transport * MF 9018 18' Hdr

RECREATION: * New Digital Security Camera * Sea Life Digital Camera * Quad Blade * 2 Tree Stands * Plastic Swim Pool * Tent * Fish Tank * Foosball Unit * CIL 171/22 BA Rifle w Clip * Gead 1 9mm Rim fire Rifle * SKS 7.62 Cal Rifle * McCullogh 4 hp O/B * Fish Eq * Folbot Travel Craft 2 man Kayak

MOTOR GRADER: * 1992 Champion 740A, Frt Dozer, Ice Pic Blade, Snow Wing, Tire Chains, Sloped Hood, Good shape (Retirement)

SPECIAL: * Wood Carved Chair * Sun Tan Bed * Mens Dressing Chair * Entertainment Centre w 2 Adjoining Towers & O/H Bar * 3 Jewellery Display Stands * Kenrose Incubator

TOOLS + VEHICLE LIFT: * Mac Tool Box * 5 Brad Nailers * Clutch Tool * Acetylene Unit * Drill Lathe * 4 Post HD Vehicle Lift

BUILDING MATERIAL: * 3 New Garage Door Openers * 3 of 30x30 New Windows



SEPTEMBER 6 AUCTION

FOR: JOHN AND AMBER DEAN

Located: From Barrhead Ford - 2 mi N. Turn W on Hwy 33 for 9 mi to Twp 604 then 1/8 mi East

Thursday Evening, September 6th at 5:00P.M.

SELLING AT 5PM: * Good Hand and Power Tools * 2 Herman Nelson Heaters & 2 Hot Fluid Heaters * 100ft Construction lightcord w bulbs * 75gl Air Tank * Picnic Tables * Adirondack Chairs Wagon Wheel Table w benches * Lots of Household, Kitchenware, Furniture * Baby Items, Double Stroller, HiChairs * Exercisers * Dishwasher * Bicycles

VEHICLES/MORE: * 2007 Dodge Caliber Car * 2005 Dodge Neon w body damage * 1998 and 2002 Grand Caravan Vans for Parts * 1995 Ram ¼ T Van w Seats for 8 and 4ft Storage * Goose Neck Trailer that needs repairs * Small Covered Utility Trailer * 1995 POLARIS 400 Quad * Small Chopper – not road legal * Tow Hitch Extender * Alum Cow Catcher for Pick Up

SHEDS/EXTRAS: * 14x14 w Dble Door * 4x12 Shed * 2 of 4'x4'x4' sheds * Wood Splitter * Chicken Plucker * Old Windows * Chimney Pipe and Wood Heater * Pile Firewood

YARD EQ: * 18 hp YM Tractor w/rototiller * 16 hp CM lawn tractor * Trailing (sprayer) (spreader) * Yard & Garden Tools * Plastic Water Tanks & Barrels * Green House Arch Frame * 50gl Stock Tank * 20 Ton 5hp Log Splitter on trans

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T7X 3A8. Ads may also be placed on the web at www.com-voice.com/classified.htm

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Alberta Beach Agliplex, Susan 780-996-2960.

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Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Debra 780-785-2907

Darwell Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/Classrooms, 967-1015

Onoway Legion , 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @ PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 780-204-1652 or 780-785-2904

Stettin Nakumun Comm. Hall, 967-9198

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STORY TO TELL?

Know of a good event going on in the community? Ever wanted to write up a local event for the Community Voice?

If you have any good ideas for articles or would like to submit a story for the paper Email it to news@com-voice.com or just fax it in at (780) 962-1021.

Please call us at (780) 962-9228 for more information.

Stories may be edited for length due to possible space restrictions.

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24-04

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Miscellaneous

Top Soil, Peat Moss, and Utility Trailers for sale - some have VIN#'s. 780-967-2279 (7) 14-08

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Beautiful 3 Bedroom House on acreage near Alberta Beach. \$1500/month includes utilities. Call Dave 780-886-0736 (6) 28-08

Church Directory

<p>Rich Valley Community Church</p> <p>Sunday School 10:00a.m.</p> <p>Worship Service 11:00a.m.</p>	<p>Catholic Parish of Lac Ste. Anne</p> <p>Sunday 10:00a.m.</p>	<p>St. John's Anglican Church</p> <p>Oneway</p> <p>Sunday Service 10:00a.m.</p> <p><i>Everyone Welcome</i></p>	<p>Mayerthorpe Baptist Church</p> <p>Worship Service Sunday 10:30a.m.</p> <p>Children's Church 10:30a.m.</p> <p>4606-54 St. Mayerthorpe (780) 786-2677</p>
<p>St. John's Lutheran Church</p> <p>Alberta Beach</p> <p>Sunday Service 11:00a.m.</p> <p>Sunday School</p>	<p>Zion United Church</p> <p>Sunday Service 10:00a.m.</p> <p>Sunday School</p> <p>Serving Alberta Beach, Wabamun, Darwell & Lake Isle, Oneway & Area (780) 924-3351</p>	<p>Sangudo United Church</p> <p>4907-50 Ave. Sangudo, AB</p> <p>United Church Services Worship Services 3rd Sunday at 11:00a.m.</p> <p>St. Mary's United Anglican Services Sunday Services: 2nd & 4th Sunday</p> <p>All Services Begin at 1:30p.m. Reverend Barry Rose Officiating</p>	<p>Infuzed Ministries</p> <p>Worship Service Sunday 3:30p.m.</p> <p>in Alexis Community Hall</p> <p>Pastor Daniel Jackson (780) 719-0240</p>
<p>Trinity Lutheran Church (LC-C)</p> <p>The Church of the Lutheran Hour - Rockyfort Bridge</p> <p>Pastor Dan Hansard Church (780) 778-2055</p> <p>Sunday Worship 9:00a.m.</p> <p>Senior's Service & Cottage Bible Study - Phone for locations</p>	<p>Mayerthorpe Pentecostal Assembly</p> <p>P.A.O.C. Rev. Arnold Lothoiz</p> <p>Sunday 10:30a.m.</p> <p>Morning Service Tuesday 7:30p.m.</p> <p>Ministry Training (780) 786-2141</p>	<p>St. Michael Lutheran Church</p> <p>Sunday Services 1st & 3rd Sunday at 2:00p.m.</p> <p>Pastor Rick Chappell (780) 674-2618</p> <p>Mystery Lake</p>	<p>Oneway Baptist Church</p> <p>Sunday Service 10:00a.m.</p> <p>Youth Group Friday 7:00p.m.</p> <p>(780) 967-2266</p>
<p>Alberta Beach Alliance Church</p> <p>Sunday Worship Service & Kid's Church 11:00a.m.</p> <p>Sunday School 10:00a.m.</p> <p>(780) 924-3282</p>	<p>Cherhill Community Church</p> <p>Sunday School 10:00a.m. - 11:00a.m.</p> <p>Worship Service Sunday 11:00a.m.</p>	<p>Roman Catholic Church</p> <p>St. Agnes' Parish, Mayerthorpe</p> <p>Sunday 9:00a.m.</p> <p>St. Elizabeth Parish, Evansburg</p> <p>Saturday 7:00p.m.</p> <p>(780) 786-2032</p>	<p>Calahoo Alliance Church</p> <p>Family Worship Service Sunday 10:00a.m.</p> <p>For Info Call Jerry (780) 974-7734</p>

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COMMUNITY EVENTS 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

SEPT 15 - THE HARVEST FAIR, 9:30am - 1:30pm at SG Grain Elevator Museum Site. Hosted by Spruce Grove & District Agricultural Society.

SEPT 22 - ONOWAY HISTORICAL GUILD THRESHING BEE, 11am-4pm. Location: NW junction of Hwys 43 & 633. Antique cars & tractors, music, parachute jumpers, blacksmith, activities for kids - fun for all ages! And home-made pies! For more info phone 780.967.1015 or visit www.onowaymuseum.ca.

FARMERS MARKETS

ALBERTA BEACH: Open Every Sunday, May - Oct, 12-3PM. Contact Joanne 780-690-6392

BARRHEAD: Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802

ONOWAY FARMERS' MARKET: Thursdays, 5-8pm at Onoway Community Hall. Starts May 1st. 780-667-6327 or onowayfarmersmarket@gmail.com.

SPRUCE GROVE: at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

STONY PLAIN: Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.

WESTLOCK: 11-3PM, Bargain Shop Mall, Dave 780-954-2437

WHITECOURT: Legion, Tuesdays from 11AM - 2PM, May - Oct. 779-7002.

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors @ 6:30PM, Games @ 7:30PM.

CHERHILL LEGION: First Sunday of Month. Doors Open 12:00PM

MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30pm, bingo 7:30PM

RICH VALLEY COMMUNITY HALL BINGO: 7:30PM. Loonie Pots. Next bingos September 5 & 19, October 3, 17 & 31.

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

MEAT DRAWS

ALBERTA BEACH MUSEUM: Every Sat 4PM, Alberta Beach Hotel

ALBERTA BEACH: Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.

BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50.

DARWELL: by Alberta Beach & District Lions Club, 4:00PM bi-weekly, Darwell Lounge & Restaurant

ONOWAY ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361

STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw & 50/50.

WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ALBERTA BEACH & AREA: Diane 780-924-2348.

DARWELL & AREA: Tracey, 780-915-2621.

ONOWAY & DIST: Call 967-2338.

JAMBOREES

MAGNOLIA: at Magnolia Hall. Every 2nd Saturday, Supper at 6PM. 727-2015 or www.magnoliacommunityclub.ca *October - May.

SANGUDO: Sangudo Community Hall, 1st Sat of month 7PM. 785-4105 or 305-5088. *October - May.

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

THE ABBOTTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

TOPS (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633. 967-5009.

EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave.). \$7/month

SANGUDO: Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-0869

SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

YOUR COMMUNITY

ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7:00PM to 10:00PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3:00 PM-10:00PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600.

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.

VOLUNTEER TUTOR ADULT LITERACY PROGRAM: Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca

WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Tues 7:30PM Crib; Wed 1PM Bridge. Mon, Wed, Fri 10:15AM Aerobics/Fitness.

BADMINTON: Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpelibrary.ab.ca (780)786-2404

ONOWAY GOLDEN CLUB: Cards Tuesdays, 1PM. Exercise Fridays, 10AM. 1st Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.

ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July, August

RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorraine 286-5040.

SANGUDO ART GROUP: Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

1ST ONOWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

3053 ROYAL CANADIAN ARMY CADETS, Onoway Historical Centre, Wed, 6:45-9:30PM for youths 12+. 967-0443

526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

AA - SANGUDO GOLDEN CLUB, Tues 8PM call 786-4402/785-9214/785-3599

AL-ANON: Tues 7PM, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

ALBERTA 55 PLUS: Villeneuve Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00PM, Alberta Beach Agplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agplex.

ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7PM at the Legion Hall.

CHERHILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agplex. Info call 780-902-4879 or 780-999-7622. *Sept-June.

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8:00PM, 1st Monday, Darwell

DDRA MEETING, 7:00PM, 2nd Mon, Darwell 892-3099. *except Jul/Aug/Dec

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

LAC STE ANNE COMMUNITY CHOIR, Wed 7-9PM at Alberta Beach Heritage Center. 18+ Guys & Gals, especially Guys! All voice ranges. Call Diane Gibbs @ 780-924-2348. **NEW SEASON BEGINS SEPTEMBER 5th.

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5PM in Hospital Basement Education Room.

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCCS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *Sept-June

NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:30PM, Chateau Lac Ste Anne

ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Dixie @ 780 967 0528.

ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7PM. *Sept-June

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agplex on the 2nd Wed of the month. 7:00PM.

RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking & listening skills. Thursdays 7-9PM at the Hilltop Community Church. Carla Burkell, VP Membership, (780)268-3653.

SANGUDO PAINTING GROUP: 1st & 3rd Wed, 9:30AM-12:00PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

WEIGHT WATCHERS Alberta Beach Agplex - Mondays, weigh in 6:30PM. Meeting at 7PM.

SUDOKU OF THE WEEK

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1				3		2		
						1	9	
	9					3		5
						2		4
3	8			5	7		9	6
6			4	8			7	3
		1				8	5	
	7	5		1			3	
8		2	7	9	5	4		

ANSWER:

1	5	6	9	4	3	7	2	8
2	4	3	5	7	8	8	1	9
7	9	8	1	6	2	3	4	5
5	1	7	6	3	9	2	8	4
3	8	4	2	5	7	1	9	6
6	2	9	4	8	1	5	7	3
9	6	1	3	2	4	8	5	7
4	7	5	8	1	6	9	3	2
8	3	2	7	9	5	4	6	1

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



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