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August 28, 2018

## YCFD TO LAUNCH FIRE CADET PROGRAM

THIS SEPTEMBER, YELLOWHEAD COUNTY FIRE DEPARTMENT WILL BE ACCEPTING HIGH SCHOOL-AGED APPLICANTS FOR ITS FIRE CADET PROGRAM.



Submitted by Dan Ivanov, Communications Department | Yellowhead County

The county's fire department is offering local teens an extracurricular opportunity that's more than just lugging things about



and standing around looking bored!

Continued on Page 3

## TWO ARRESTED AFTER FLIGHT FROM POLICE

Submitted by Stony Plain/Spruce Grove/Enoch RCMP

Spruce Grove, Alberta – On July 31, 2018 at approximately 3:30 a.m. members of the Stony Plain/Spruce Grove RCMP lo-

cated a suspicious vehicle at a construction site in Spruce Grove. Members attempted to stop the vehicle, however the driver failed to stop for police.

With the assistance of Edmonton Police Services Air 1

and RCMP Police Dog Services (PDS), RCMP members were able to track the suspect hiding under a trailer in a field near Range Road 272.

Continued on Page 2

## MORE CHARGES LAID IN PAUL BAND FIRST NATION HOMICIDE

Submitted by RCMP Major Crimes Unit North

UPDATE #3: The RCMP Major Crimes Unit along with Stony Plain RCMP have laid charges against two more people in the

homicide of Ellie Mae House of the Paul Band First Nation.

On August 23, Edmonton Police Service responded to a weapons complaint in north east Edmonton. They arrested two individuals who were pre-

viously identified by the RCMP as being suspects in the August 14 homicide. Custody of those individuals was handed over to the RCMP.

Continued on Page 2

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# Two Arrested After Flight from Police

Continued From Page 1

A second suspect was arrested a short time later by Morinville RCMP.

A 42 year old male, Jody Peters, from Red Deer was charged with 13 offences including:

- Section 249.1 of the Criminal Code – Flight from Police
- Section 249(1)(a) of the Criminal Code – Dangerous Operation of a Motor Vehicle
- Section 129(a) of the Crimi-

nal Code – Resisting Arrest

- Section 145(3) of the Criminal Code- Fail to Comply with Recognizance

- Section 4(1) of the Controlled Drugs and Substances Act- Possession of Methamphetamine

Jody Peters was remanded into custody and he will appear next on August 22, 2018 at Stony Plain Provincial Court.

A 27 year old female, Shantell Hebert, from Edmonton was charged with Section 145(5.1) of the Criminal Code, Failing to

comply with undertaking. Hebert was released from custody and will appear in Stony Plain Provincial Court on September 6, 2018

RCMP work with other jurisdictions and police agencies to ensure all communities in the province are safe and secure. By sharing intelligence, officers and other resources, we are able to mount complex multi-jurisdictional investigations at any time.

# More Charges Laid In Paul Band First Nation Homicide

Continued From Page 1

Edmonton Police Service have advised that charges are pending in relation to their investigation into the weapons complaints.

On August 24, RCMP Major

Crimes North charged 25-year-old Genie Elizabeth Bull and 23-year-old Lyle Kashten Buck, both of Edmonton, with second degree murder. A bail hearing has been held, and both are being held in custody to appear in Provincial Court of Alberta in

Stony Plain on Wednesday, August 29, 2018.

While no other suspects are currently being sought, the investigation into this homicide continues.

*Patricia (Pat) Benson*  
MARCH 28, 1946 – AUGUST 16, 2018 (AGE 72)

With great sadness we announce the passing of Patricia (Pat) Benson on Thursday August 16, 2018. Left to mourn the loss are her husband John Benson, brother Henry Sr. Kuster (Pat Kuster), Sister- In- Law Eddie Astle (Ron Astle), Brother- In- Laws Cleve Benson (Phyllis Benson), Kayo Benson, Bruce Benson (Carol Benson). Her son Chris Benson (Susan Tuttle), grandchildren Sarah (Mike), Kris, Kristie. Daughter Shauna Benson, grandchildren Alex (Cortney) and Cody. Son Cory Benson (Jennifer Benson), grandchildren Steele, Ryker, and Greysen. Son Wes Benson, grandchildren Mackenzie, Jamie and Cain, along with her great grandchildren Logan, Ryder, Adrian, Paige and Ava. She will also be missed by many nieces and nephews, aunts and uncles and cousins.

As per Pat's wishes there will be no Funeral Service. In lieu of flowers Pat would love for you to donate to either the Lobstick Garden Club or the Wildwood Grandparents Program.

Thank you for respecting the families privacy at this time.

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# DARWELL MEMORY PROJECT: COMMUNITY SEEKING MORE STORIES

## Submitted by the Darwell Memory Project

In 2015 current and former residents of Darwell celebrated the community's 100th anniversary. To commemorate this significant milestone, the Darwell Memory Project was initiated to gather stories from local families. Long time resident Edie Richardson

headed up the project and was delighted to receive more than 20 written recollections. These were compiled in a booklet and sold during the fair.

This year Darwell marks another milestone as we celebrate the 75th Annual Summer Fair. We know there are more stories to be told and the call is going out again for residents, past and

present, to tell us their memories of living in Darwell.

To inspire more storytellers, the 2015 collection is posted on the Darwell and District Agricultural Society's website. All stories are important, no story is too short or too long and we encourage all families to make a submission to be a part of our wonderful history. Photographs

add so much to a story, you are welcome to submit them as well.

For more information please contact Edie Richardson at 780-892-2457 or email edie.richie@yahoo.ca Visit www.DarwellAg.com to see some of the Darwell Memories.

## YCFD to Launch Fire Cadet Program

### Continued From Page 1

And we all know our teens get bored. The YCFD Fire Cadet Program will engage teens with one-of-a-kind learning experiences, such as:

- Identifying, understanding, and controlling various types of fire;
- Vehicle extractions, including making use of the Jaws of Life and similar apparatus;
- Learning the ins and outs of

various YCFD fleet vehicles;

- Assessing emergency situations and administering first aid;
- And much, much more!

A full suite of fire fighter training will be offered by YCFD's best leaders—our trainers will be on hand to provide one-on-one mentorship and direction for cadets.

But interested applicants shouldn't be intimidated by training; our fire halls are filled with all sorts, from all walks of life, with all kinds of person-

alities—but they all share one thing: They want to train to be the best, and have fun doing so!

Of course, the program is more than just training; the goal is to get local youth to value self-confidence, discipline, and teamwork. Moreover, cadets are expected to take on the role of community ambassadors, meaning they'll learn to take pride in serving their communities. The program will also offer teens up to 9 credits towards their high school diploma over three years

of modules.

So if you know a teen that may be interested, pass along this remarkable opportunity! Applicants do not need to be enrolled in high school, but must be between the ages of 16 to 18. Applications will be accepted through to the first week of September.

Visit [www.yellowheadcounty.ab.ca/firecadets](http://www.yellowheadcounty.ab.ca/firecadets) for more information!

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# CANADA'S CONSERVATIVES CALL ON TRUDEAU GOVERNMENT TO DEFEND BEEF PRODUCERS

Submitted by Jim Eglinski, MP – Yellowhead

On August 7, 2018, Jim Eglinski, Member of Parliament for Yellowhead, along with 32 Conservative MPs, wrote to the Finance Minister about the potential impact sanctions or tariffs would have on Canadian beef producers.

"With the escalation of the trade conflict between Canada and the

United States, export industries, such as the beef sector, have become increasingly nervous about what the future holds," stated MP Eglinski. "It is important that we stand up for the 60,000 beef farmers across Canada, 18,000 of which are in Alberta.

The co-signed letter requests that the Liberal government consult the beef industry and prepare a package of broad-based tax cuts

and industry supports for the agricultural sector in the event of further retaliatory trade measures that could cause significant damage to Canadian beef producers.

The Conservative Caucus has been touring Canada this summer listening to workers, business leaders and labour groups from across the country about the ongoing trade dispute with the United States and its effects on Canadian families.

The beef sector employs more than 60,000 people, and is responsible for \$6.8 billion in sales.

"We will continue to listen to Canadians and help protect local jobs in Canada," concluded MP Eglinski.

For more information and to provide feedback about how federal legislators can best address the trade challenges Canada is currently facing, visit: DefendLocalJobs.

## WALKING FOR FITNESS

Submitted by Alberta Health Services

Health Canada recommends healthy adults under the age of 65 get at least 2.5 hours a week of moderate physical activity. Simply adding a brisk walk to your daily routine can improve overall health.

Create a few habits to help make your daily walks fun and help you

maintain a healthy level of activity.

- Begin by setting a goal. You may want to start with a brisk 30 minute walk each day and work your way up to 10,000 steps a day.
- Wear comfortable footwear that provides protection and supports the foot.
- Try tracking your steps with a phone app or a pedometer.
- Challenge friends and col-

leagues to join you.

- Schedule a 15 or 30-minute walk before work in the morning, into your lunch hour or immediately after work.
- Daily dog walks are also a great way to keep up both you and your four-legged friend healthy.
- Whenever possible, walk to appointments, meetings or to run errands.
- Get to know your neighbour-

hood by taking a slightly different route each time you walk. You just might find some hidden gems near home.

- Find walks that include hills or stairs to increase your challenge and improve cardiovascular benefits.

Using a few simple tips can help make a daily walk one of the most pleasurable parts of your day.

**JOKE OF THE WEEK**

A little girl opened the door to her teacher.  
'Are your parents in?' asked the teacher.

'They was in', said the little girl,  
'but they is out now.'

'They WAS in! They IS out!' exclaimed the teacher.  
'Where's your grammar?'


'Oh, she's in the front room watching the telly.'

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# STONY PLAIN AND SPRUCE GROVE SENIORS TO PAY LESS FOR HUNTING LICENCES THIS FALL

Submitted by Doug Neuman, Communications Officer | Alberta NDP Caucus

STONY PLAIN – Stony Plain MLA Erin Babcock and Spruce Grove-St. Albert MLA Trevor Horne are pleased with the NDP government’s move to make life more affordable for many rural seniors.

This fall, the prices for hunting licences will be reduced for Alberta seniors:

- \$8.25 for a combination wildlife certificate and bird game permit, down from \$44.02.
- \$8.25 for a white-tailed deer licence, down from \$39.95
- Partner licences for senior Albertan hunters will cost

\$12  
The new prices will mean Alberta will have one of the lowest-cost licences in Canada for seniors to hunt game birds and white-tailed deer.

The government will also be partnering with the Alberta Hunter Education Instructors’ Association (AHEIA) to create mentorship so seniors can pass along their skills to a new generation of young Alberta hunters.

“I want seniors to know that I’m standing up for them. For seniors living on fixed incomes, the cost of a hunting licence should not be the barrier that keeps you from enjoying hunting.” - Trevor Horne, MLA for Spruce Grove-St. Albert

“Hunting is a longstanding tradition and way of life for many people in our communities. The

combination of the price reduction and mentorship opportunities available through the Alberta Hunter Education Instructors’ Association will help keep more hunters active in their senior years so they can provide a positive example for a new generation of hunters.” - Erin Babcock, MLA for Stony Plain

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# LETTER TO THE EDITOR: FLOWERING RUSH INFESTATION AT LAKE ISLE

Submitted by Patricia (Patti) Fish

Many Lake Isle Residents are frustrated and confused to learn that local residents' concerns have, for the second year in a row, thwarted the Alberta government plans to combat the Flowering rush infestation at Lake Isle with a federally approved herbicide treatment.

Our watershed community is home to many people who hold

many different relationships with water. Beyond these differences, people are united in their genuine concern for the health of these lakes and fragile ecosystem. We can trust that everyone concerning themselves with the Flowering rush infestation is acting on what they believe is the best way to protect these freshwaters.

Whether our knowledge originates from sacred wisdoms or modern science; each of us holds

a piece of Truth. We don't need to repeat the mistakes of the past and divide ourselves into 'us' versus 'them'. Current times challenge us to offer respect, openness and trust to each other, as a way to reconcile our differences.

This herbicide application was stopped by ordinary people who called on the Ministries to address their concerns. This is a good reminder that democracy works if people do.

We all have a voice, and we all should use it. You are encouraged to mail your comments and concerns to the (2) Ministers responsible for addressing the Flowering Rush crisis at Lake Isle.

You can tell them why you are concerned that a herbicide would be introduced to Lake Isle fragile aquatic ecosystem; You can tell them why you are concerned that this planned herbicide application is getting thwarted year after year. You can tell them what this all means to your lifestyle, your relationship with the lake, your property value, etc.

People are also being encouraged to come and hear the information being presented by Honorable Oneil Carlier, (AAF) and Mr. Travis Ripley, (AEP) regarding this decision and the government plans for the upcoming year. They will be speaking at LILSA AGM/Conference Saturday Aug 18 - 9:30am - 12:00pm at Alberta Beach Heritage Center: 5012 49 Ave. Alberta Beach, AB.

Your presence at this meeting amplifies your expectation that "something" must be done to address the seriousness of the threats to Lake Isle, Lac Ste. Anne, and all the fresh water resources in the Sturgeon River Watershed.

Every mailed-in letter must be responded to. For the price of 2 stamps, you will be heard!

1. Honourable Shannon Phillips, Alberta Minister of Environment and Parks (AEP)

Mail to: 208 Legislature Building | 10800 - 97 Avenue Edmonton, AB Canada T5K 2B6

2. Honourable Oneil Carlier, Alberta Minister of Agriculture and Forestry (AAF)

Mail to: 229 Legislature Building | 10800 - 97 Avenue Edmonton, AB Canada T5K 2B6

Thank you to everyone for caring for the water and making your valuable contribution to this Alberta government process!



## With the new school year approaching

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# RELATIONSHIPS BUILD GOOD MENTAL HEALTH

Submitted by Alberta Health Services – contributed by Apple Magazine

A child’s foundation for good mental health is built early in life through his experiences, including his relationships with his parents, family, caregivers, teachers and other children.

These relationships are essential to his development and help him build resiliency—the ability to bounce back from setbacks and cope with life’s ups and downs. Resiliency is built by

certain skills such as problem solving, empathy and emotional regulation, which is the ability to show emotions in ways that won’t hurt oneself or others.

A child with resiliency is able to react confidently, positively and adapt well to change when he hits bumps and potholes on the road of life. Resilience is also a buffer against the harmful effects of adverse childhood experiences.

“Our mental health depends on our relationships with other people from the very beginning,”

says Dr. Carole-Anne Hapchyn, an infant psychiatrist in Edmonton and a clinical professor of psychiatry and pediatrics at the University of Alberta.

“When you are resilient, you’ve got more in the bank to cope,” she says. It’s like a scale, with the positive things in a child’s life going to one side of the scale and the negative going to the other side. Resilience is the movable tipping point that gives a child the ability to have positive experiences outweigh the negative.

One of the best ways to build up the positive side of the scale is through serve and return interactions (see page 11). The key to this back-and-forth communication is watching for and responding to children’s cues, Hapchyn says. “Be sensitive and observant to what children are trying to tell you.”

Serve and return helps build a strong relationship between an adult and child, creating an emotional bond that gives that child the strength, trust and security he needs.



Read the full article in Apple magazine’s special reprint edition 2015 issue on [applemag.ca](http://applemag.ca).

To find out more about ‘What’s your balance?’ visit [ahs.ca/what-syourbalance](http://ahs.ca/what-syourbalance). You can also join the conversation on social media by using the hashtag #AHSwhat-syourbalance

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# AHS PROGRAM OFFERS SUPPORT FOR GRIEVING INDIVIDUALS

Submitted by Alberta Health Services

DRAYTON VALLEY — Local residents grieving the death of a loved one can learn coping techniques by attending an Alberta Health Services (AHS) bereavement program, now accepting registrations.

The free, eight-week program teaches participants how to cope with one's grief. In small group

settings, participants also receive and offer support and understanding.

"Grief is a process; it takes time to work through," says Susan Kathol, volunteer coordinator for the Drayton Valley Hospital and Care Centre. "We want to offer support to people through that process."

Developed in partnership with the AHS Volunteer Resources department and the Red Deer Hos-

pice Society, the bereavement program is open to both men and women. The program provides support to family members and caregivers, focusing on a different topic each week, designed to give people information and strategies from trained facilitators.

The sessions are led by trained volunteer facilitators and will cover the following topics:

- Getting Started — Where Do I Begin?

- Conversations with Myself and Others
- Regret, Resiliency and Rebuild
- Suspenders and Other Support Systems
- Who Am I Now?
- This Isn't Goodbye — This is Healing
- Plan "B"— Strategies for "Those Days"

The bereavement program will run from 6 p.m. to 8 p.m. on eight consecutive Thursdays starting Sept. 13 at the Wild Rose Room of the Drayton Valley Hospital and Care Centre (4550 Madsen Ave.).

For further information or to register, please call Volunteer Resources at 780-514-7171. Registration for the program closes Aug. 30.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

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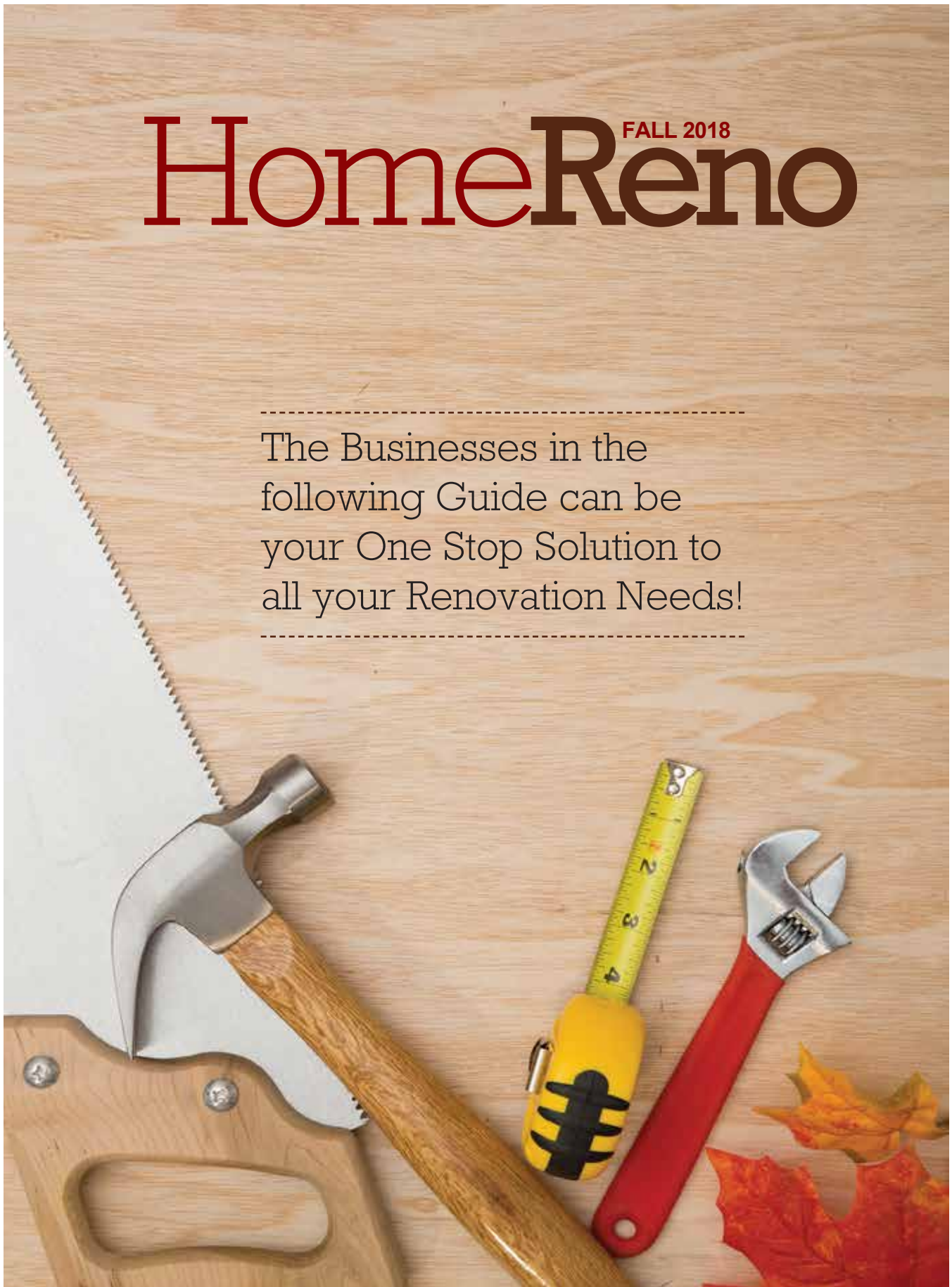
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## DEFINING HARDSCAPE AND HOW TO USE IT

Curb appeal is beneficial in various ways. Curb appeal can make a home more attractive to prospective buyers and give existing homeowners a place they want to come home to. In its study of the worth of outdoor remodeling projects, the National Association of Realtors found standard

lawn care and overall landscape upgrades were most appealing to buyers, as well as the most likely to add value to a home.

Although plants, grass and other items can improve curb appeal, homeowners should not overlook hardscaping.

Hardscaping is an industry term that refers to the non-living features of a landscape. These features can include everything from decks to walkways to ornamental boulders. Introducing paths or paver walls to a property helps develop that home's hardscape. Hardscape and soft ele-

ments often work in concert to create inspiring landscape designs.

DIY landscape designers can heed certain tips to make the most of hardscape features on their properties.

Choose materials. As with many landscaping projects, homeowners must first determine what types of additions they would like on their properties. Common hardscape features include patios, decks, walkways of pavers or bricks, and retaining walls. Hardscape elements can be functional or simply decorative features that add whimsy to the yard.

Choose a theme. The right style allows hardscaping and softscaping materials to work together. For example, homeowners may want to give their yards an eastern feel, complete with a koi pond and decorative bridge or trellis. A formal English garden, however, may include manicured paths with stepping stones and ornate topiaries. Mixing too many styles together can take away from the overall appeal.

The pros suggest looking at the overall plan of the design, even if all of the work can't be completed at once. This way the eventual finished project will be cohesive.

Think about the purpose. Hardscaping can look good but also serve key purposes. Pebbles or gravel can mitigate trouble areas that don't grow grass or plant life well. Retaining walls hold back soil in yards with sharply inclined hills. Mulch can set perimeters around trees and shrubs, as well as planting beds. Fencing, another form of hardscaping, is essential for establishing property boundaries and adding privacy.

Consult a professional. While many hardscaping additions can be handled by novices, large-scale projects, such as patios and decking, can change the grading of the yard. Professionals can map out how to handle drainage issues and meet building codes. In addition, professional installation can ensure hardscaping features last for years to come.

Hardscaping should blend with the nature around it and take its cues from the surrounding environment. This can help softscaping and hardscaping work as one.



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# HomeReno

## HOW TO BUILD YOUR HOME BAR

Many people enjoy opening their homes to friends or family. In fact, according to the National Eating Trends survey and custom research by the NPD group, in 2016 the average person ate 38 meals at other people's homes.

Knowing how to cook, set the mood and entertain is increasingly important for many homeowners. Installing and outfitting a home bar can provide guests with the features of a night out, only without the crowds or bar tabs that come at the end of the night. A home bar is a place where hosts and their guests can gather and enjoy great conversation. Such a spot also can serve as a neighborhood hang-out - a smart choice for those who want to indulge safely and

not have to drive home afterward.

Creating a home bar need not be a difficult project. By investing in basic equipment, stocking up on preferred liquors and gaining some mixology expertise, hosts can impress and entertain their guests.

Establish a bar setup  
Home bars can range from rolling carts to built-in wet bars to a single tray of items. Space in a home will dictate the kind of bar homeowners can have. Rolling bar carts are popular and versatile, and they can be kept stationary or rolled in and out of a room as needed. If a bar cart is open, organization is key, as you don't want it to look unkempt.

A full-blown wet bar will re-

quire more construction, including plumbing and electricity if you need outlets for plugging in appliances. Wet bars are ideal in dens, renovated garages and finished basements.

Stock up on equipment

A new home bar requires barware and glassware. Various drinks are best served in requisite glassware and prepared with the right equipment. A home bar will benefit from a muddler, jigger, cocktail shaker, strainer, ice cube trays, and bar spoon. Glassware can include short glasses, tall glasses and wine glasses with stems. Martini glasses provide a chic look and are practical for those who prefer cosmopolitans and martinis.

Fill it with spirits

No bar is complete without alcohol and mixers. Homeowners can buy the types of spirits they love and complete their bars with the basics for mixing. When stocking a bar, keep in mind that everything does not have to be top-shelf. Vodka, gin, tequila, rum, and whiskey are some of the more popular spirits. Simple syrup, fresh fruit, club soda, cola, and bitters are examples of versatile mixers.

Entertaining guru Martha Stewart says to have enough supplies on hand for guests. Expect each person to have three drinks (requiring three glasses), use a pound of ice, and three cocktail napkins per two-hour party. Don't forget to also have nonalcoholic items on hand for those who don't imbibe.

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# HomeReno

## GREEN OPTIONS IN HOME SIDING

If new siding is on the list of must-do home projects this year, there are many factors to consider. Though it's a transformative renovation, replacement siding is a significant and potentially expensive undertaking. Therefore, careful consideration must be given to the materials used and their maintenance, longevity, insulation factor, and cost. Many homeowners also want siding that is eco-friendly.

Sustainability is an important consideration for many homeowners. Data from the National Association of Home Builders' "Green Multifamily and Single Family Homes 2017 SmartMarket Brief" indicates that at least one-third of single-family and multifamily home builders who were surveyed said that green building is a significant portion of their overall activity (more than 60 percent of their portfolio). By 2022, this number should increase to nearly one-half in both

the single-family and multifamily sectors. Green building has become an important and established part of the residential construction sector.

Where siding is sourced, the materials that go into its fabrication and how well that siding insulates a home are key aspects of its "green factor." The following are some of the more sustainable options in home siding.

### Reclaimed timber

A house sided with clapboard, or a log cabin-inspired look, is iconic. These types of siding are typically made from insect-repellant pine, cedar, cypress, or redwood. While lumber certified by the Forest Stewardship Council is environmentally friendly, homeowners may want to seek out reclaimed lumber. This wood has history and causes very little environmental impact. Plus, timber salvaged from old buildings or fallen trees may be superior to new wood because it likely came

from slow-growing, old trees with dense grain.

### Brick

Avoid any negative environmental impact by choosing locally produced or reclaimed bricks - or those made from post-consumer content. The longevity of bricks can often offset the energy expenditure in their manufacture. Plus, many bricks are made from natural clay, which can be an excellent insulator.

### Stucco

HouseLogic says traditional stucco is made from sand and Portland cement mixed with water to make a usable plaster. It's tough and durable - often lasting the life of the house. Eco-friendly variants include stucco made with an earth-and-lime mixture, offsetting the CO2 emissions associated with cement production. Stucco can reduce air infiltration that causes drafts in a home.

### Fiber-cement

Fiber-cement is similar to stucco in that it is made from sand, Portland cement, clay, and wood pulp fibers. It can be fire-resistant and insect-proof and will not rot. It's a stable material that can recover almost 80 percent of the initial cost, according to the National Association of Realtors®.

### Stone

This nonrenewable resource can be beautiful on a home and durable, but mining it can impact the environment. If homeowners can use reclaimed or displaced stone, those are more sustainable options. Manufactured stone, which is cement and other materials molded to look like stone, is also aesthetically appealing and more eco-friendly.

Replacing siding is a significant undertaking. Homeowners can consider sustainability when selecting replacement siding materials.

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## A GUIDE TO SAFELY REMOVING FALLEN LEAVES

The University of Pittsburgh Medical Center advises that pain from outdoor leaf chores can range from strained back muscles to twisted knees. Blisters on the hands and sunburn are other potential side effects. Many people do not realize that raking is a thorough cardiovascular workout. Individuals at risk for cardiovascular disease or those who have recovered from surgery may not be well enough to rake leaves.

Here's how to make autumn leaf removal more of a breeze when the job is done safely.

- Pay attention when using a leaf blower. Be cautious not to point an operational blower in the direction of people or pets, as debris can be blown about and

cause injury.

- Stretch out before raking leaves. Warm up muscles beforehand so they are less likely to cramp. UPMC experts suggest taking a short walk prior to raking to stimulate circulation.

- Use proper raking form. Much like snow shoveling, one should emphasize proper posture when raking, with legs slightly bent and weight distributed evenly. Hold the rake handle close to the body and keep one hand near the top of the rake for better leverage.

- Use the proper gear. A leaf rake fans out like a triangle and comes in various widths. Choose a lightweight material that can be easily maneuvered. A metal rake is for stones and dirt

and shouldn't be used for leaves. To get between bushes, a smaller version of a leaf rake, called a shrub rake, should be used.

- Wear protective gear. When raking or leaf blowing, protect your eyes against debris. You also may want to use a mask to prevent inhalation of leaf mold and other particulates. Gloves can protect hands from blisters.

- Follow manufacturers' directions. Read the instructions for powered leaf blowers, and never modify the device in an unauthorized way.

- Use a tarp and lift wisely. Rake leaves onto a tarp that can be dragged to a garbage pail or to the curb for municipal pick up. For those who must lift bags of leaves, do so by bending

at the knees, not from the waist.

- Wear sunscreen. Protect skin from the sun. Even though temperatures are cooler in the fall, this does not mean the sun's rays are any less harmful. Also, take breaks to rehydrate frequently.

- Use a secure ladder. When removing leaves from gutters, be sure the ladder is sturdy and secure. Consider having a friend serve as a spotter, holding on to the ladder to offer greater security. Do not overextend to stretch for leaves.

If at any time during leaf clean-up you feel sharp or dull, incessant pains, stop working. Listen to your body's signals and start the task anew the next day or when you feel better.



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# SEPTEMBER 5 AUCTION

## FOR: 3 ESTATES

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**Wednesday Evening, September 5<sup>th</sup> at 5:00P.M.**

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**VEHICLES:** \* New Front Bumper for Dodge Ram Truck 2W Trailer \* 2004 Ford F250 Reg Cab w(240k km), 4x4 \* 1994 Ford F 150 Reg Cab w (190k km), 2 WD \* 2007 Dodge 2500hd, 5.7 Hemi, Auto, 163k km (Town of Barrhead Truck w/ Regular Service) \* 1998 Ford F-150 XLT Super cab, 4.6L Triton, Auto, 206k km, (from good home)  
**COMBINES + HEADERS:** \* JD 9500, 2376 TR Hrs, Field Ready \* JD 7720 Turbo, 3348 hrs, Hydrostatic, Field Ready \* JD 920 Hdr w/transport \* Like New MF 9024 24' Hdr w/transport \* MF 9018 18' Hdr  
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# RCMP BEATS

Submitted by Stony Plain/  
 Spruce Grove RCMP

Occurrences for the week of 13-20 August, 2018.  
 Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 574  
 Total Calls for Service for the Victim Service Unit: 18  
 Individuals Charged: 70  
 Person Crimes reported: 34  
 Property Crimes reported: 77  
 Impaired Driving Complaints reported: 9  
 Impaired Driving Charges Laid: 2  
 Roadside Suspensions: 2  
 Motor Vehicle Collisions Attend-ed: 39  
 Property Crimes: Spruce Grove  
 1. August 13 – Area of Goebel Close – Break and Enter to Garage, laptop stolen  
 2. August 16 – Area of Gilmore Way – Theft from Vehicle, Blue-tooth hands free unit stolen  
 3. August 16 – Area of Governors Circle – Theft from Vehicle, wallet stolen  
 4. August 18 – Area of Hudson Cove – Theft of Vehicle, 2017 white Ford F350  
 5. August 19 – Area of Veronica Hill – Theft of Bicycles, silver Giant Canada and silver Trek Stagger Stony Plain  
 6. August 13 – Area of 43 Avenue and 46 Street – Theft from Vehicle, sunglasses stolen  
 7. August 19 – Area of 55 Avenue and 46 Street – Theft from Vehicle, wallet stolen  
 Rural  
 8. August 14 – Area of Township Road 552 and Range Road 24 – Theft of Vehicle, 2013 black Dodge Ram  
 9. August 15 – Area of Highway 16 and Range Road 12 – Theft of Vehicle, 2003 white Ford F350  
 Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Ensure all doors and windows to garages are closed and locked. Ensure the door from the garage to home is locked as well.  
 The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.  
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- Darwell Hall, 780-721-2690
- Darwell Seniors, Phone Debra 780-785-2907
- Duffield Hall, 892-2425 or 963-6887
- Entwistle Hall, Contact Tracey at 780-898-2317 or Cheryl at 780-515-1755
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# Church Directory

<p><b>Seba Beach Christian Fellowship</b>                  Sunday School 10:00a.m.                  Worship Service 11:00a.m.                  Weekdays Bible Study &amp; Prayer                  (780) 305-3594</p>	<p><b>Advent Lutheran Church</b>                  Sunday Worship &amp; Sunday School 11:00a.m.                  Evansburg                  O: 727-3594</p>	<p><b>Roman Catholic Church</b>                  St. Agnes' Parish, Mayerthorpe                  Sunday 9:00a.m.                  St. Elizabeth Parish, Evansburg                  Saturday 7:00p.m.                  (780) 786-2032</p>	<p><b>St. Joseph's Catholic Church</b>                  Sunday Mass 11:30a.m.                  Tuesday Mass 7:00p.m.                  Wabamun, AB</p>
<p><b>St. Augustine's - Parkland Anglican Church</b>                  131 Church Rd. Spruce Grove                  Sunday Service 10:00a.m.                  Eucharist with Sunday School &amp; Nursery                  All are Welcome                  Office 780-962-5131                  www.staugustinesparkland.org</p>	<p><b>Parkland Baptist Church</b>                  Sunday Worship Service 10:30a.m.                  All Welcome                  121 Brookwood Drive                  (780) 962-4101                  www.parklandbaptist.ca</p>	<p><b>Word Church Apocalyptic Era</b>                  Border Parking Athletic Centre, 9 Tri Leisure Way, Spruce Grove upstairs in the Wild Rose room.                  Ph: 780-962-7579                  Service starts at 10:00 a.m. every Sunday morning, <b>come all &amp; be bless.</b></p>	<p><b>St. Saviour Mission (Anglican Diocese of Edmonton)</b>                  Service every Sunday at 10:00a.m.                  Rev Coleen Lynch                  5117-51 Avenue (Wabamun Seniors Center)                  Ph: 780-949-4733                  www.stsaviourmission.ca</p>
<p><b>Stony Plain United Church</b>                  Sunday Service 10:30a.m.                  5012-51 Ave. Stony Plain  <b>Mewassin United Church</b>                  Sunday Service 9:00a.m.                  Rev. Sally Boyle                  Hwy 627 - Rg Rd 30                  Ph: 780-963-4745</p>	<p><b>Immanuel Lutheran Church of Rosenthal</b>                  Traditional Service 9:00a.m.                  Contemporary Service 10:15a.m.                  Christian Counselling Services                  Pastor Bill Flath                  Rg Rd 13, Twp Rd 524                  Ph: 780-963-4048                  www.ldr.ca email: office@ldr.ca</p>	<p><b>Emmaus Lutheran Church</b>                  Sunday Worship Service 10:30a.m.                  Bible Study 9:30a.m.                  Sunday School 9:30a.m.                  Rev. Steven Brummett                  4604-50<sup>th</sup> Ave, Drayton Valley                  Ph: 780-542-5101                  emmauslutheranchurch.wordpress.com</p>	<p><b>Church of God</b>                  Worship Service Sun. 11:00a.m.                  Please contact for activities 5004-49 Street, Drayton Valley                  Ph: 780-542-5091</p>
<p><b>Calvary Baptist Church</b>                  Pastoral Team: Kenton Penner                  Sunday Worship 10:30a.m.                  Youth &amp; Ministries Info - calvbapt@telus.net                  4401-50<sup>th</sup> Ave, Drayton Valley                  780-542-4774                  www.calvarybaptist.ca</p>	<p><b>All Saints' Anglican Church</b>                  Sunday Morning Worship 9 BCP                  10:30 BAS with Sunday School &amp; Nursery                  5212-47 Ave. Drayton Valley                  (780) 542-5048</p>	<p><b>St. Anthony Catholic Church</b>                  WEEKEND MASS SCHEDULE:                  Saturday 5:00p.m.                  Sunday 12:00p.m.                  4708-50 Ave. Drayton Valley                  Parish Office: 542-5254</p>	<p><b>Drayton Valley Alliance Church</b>                  Pastor John Haazen                  Join us for Sunday Service at 10:30a.m. Aurora School 3901-55 Ave. Programs for all ages                  Office at 4901-55 St. Drayton Valley                  Ph: 542-6501 dvalliance.ca</p>

# COMMUNITY EVENTS 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

**SEPT 15 - THE HARVEST FAIR**, 9:30am - 1:30pm at SG Grain Elevator Museum Site. Hosted by Spruce Grove & District Agricultural Society.

## FARMERS MARKETS

**CARVEL:** FARMERS' MARKET at Carvel Hall every Thursday from 5-8 pm, May to August. Info (780) 554-0240

**DRAYTON VALLEY:** Evergreen Farmers' Market, Wednesdays at the Mackenzie Center of the Omniplex from 10:30AM-1:30PM. \*Ends Dec. 19

**EVANSBURG:** Sat, 10AM-2PM, Tipple Park Museum. Call 727-2240 for tables. \*OPEN Saturday May 6th

**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

**STONY PLAIN:** Sat, 9AM-1PM, Downtown, Stony Plain. Phone Nancy 780-962-3993.

## BINGO

**ENTWISTLE COMM. LEAGUE BINGO:** Every Wednesday, Doors Open 6PM.

**STONY PLAIN SENIOR'S DROP-IN CENTRE:** public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

**TOMAHAWK:** every Mon at Agra Centre, doors 6pm, Bingo 7:30PM. Info 339-2423 or 339-3747

**WILDWOOD:** Mon night. 6:30PM, bingo starts 7:30PM, Early Birds & Lucky 7.

## MEAT DRAWS

**Darwell:** Put on by Alberta Beach & District Lions Club, 4:00PM, bi-weekly, Darwell Lounge & Restaurant

**Evansburg:** Evansburg Legion, Friday 8-10PM & Saturday 3-5PM

## JAMBOREE

**CHIP LAKE:** Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

**DUFFIELD:** 4th Sat, Duffield Community Hall. 6:00PM Supper. \*Sept - May.

**DRAYTON VALLEY:** Last Sunday of month. Upstairs @ the "55 Rec. Center" Doors at 12PM, Starts at 1PM. 780-542-3768

**ENTWISTLE:** at Entwistle Community Hall, 3rd Saturday. For more info call Diann at 780-514-0045. \*Starting Oct - May.

**MAGNOLIA:** at Magnolia Hall. Every 2nd Saturday, Supper at 6PM. 727-2015 or www.magnoliacomcommunityclub.ca \*October - May.

**RAVINE COMMUNITY ASSOCIATION:** 1st Sat of each month. Info 780-325-2391 \*Sept - May.

**SEBA BEACH:** 2nd Friday 7PM, Seba Senior's Centre, Toni 797-4233

**SPRUCE GROVE:** at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 \*Sept - June.

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

**TOMAHAWK:** Tomahawk Agriplex, 3rd Friday of month. 7PM. PH: 780-339-3755. \*Starts Oct 21st.

**WILDWOOD:** Wildwood Community Hall, 3rd Wed Each Month, 7PM. 325-3749 \*Oct - June.

## TOPS (Take Off Pounds Sensibly)

**ENTWISTLE:** Wed 5:15PM weigh-in, 5:30-6:30PM meeting, upper level Lions Hall. 780-932-2695.

**EVANSBURG:** Thursday Mornings 9:30AM at Evansburg Legion Lodge. 241-0864.

**STONY PLAIN:** Thurs evening, Stony Plain United Church. Susan (780) 968-0869

**SPRUCE GROVE:** Wed 8:45am at Anglican Church, 131 Church Rd. Christiane 960-1109

**WILDWOOD:** Thurs at Wildwood School, 5PM. Connie (780) 325-2420

## YOUR COMMUNITY

**ALBERTA PARENTING FOR THE FUTURE ASSOC:** Call 963-0549 or visit www.apfa.ca to register. All programs are confidential & free.

**ALCOHOLICS ANONYMOUS IF** Drinking is a Problem! 780-236-1043

**FREE HOME MEAL DELIVERY PROGRAM**, for Wabamun Seniors & Wabamun Lions. Arrange for meal preparation through a local restaurant. Call Darlene, 892-2551.

**PEMBINA SKATING CLUB** (Evansburg Arena), offers Learn-to-Skate, CanSkate & STARSkate. All ages. Call Lisa 727-2729. \*RUNS Sept-March

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource for a free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

## LIBRARY EVENTS

**AFTERNOON BOOK CLUB** at Keephills Library. 2nd Tues of every month, 1:30-3:00PM. Visit www.pclibraries.ca for info.

**FAMILY GAMES NIGHT:** 3rd Wed of every month, 6-8PM. Located at Entwistle Library, Duffield Library and Tomahawk Library. In partnership with Parkland School Division. Visit www.pclibraries.ca for more info.

**HATCHET CITY READERS** at Tomahawk Library. 3rd Tues of every month, 10-11AM. For what we're reading next, visit our website, www.pclibraries.ca.

**INVENTORS CLUB:** 2nd Thurs of every month, 3:30-5:00PM at Entwistle Library. 4th Thurs of every month, 3:30-5:00PM at Tomahawk Library. Ages 8-13. To register: Call the library at 780-339-3935.

**SEBA BEACH PUBLIC LIBRARY BOOK CLUB** - meets the 4th Tuesday of the month in the library at 10:30AM. For info call 780-797-3940 or E-mail us at sebaeachlibrary@yrlab.ca.

**EVANSBURG PUBLIC LIBRARY BOOK CLUB:** 4th Thurs, 7:00PM Grand Trunk High 727-2030.

## SOCIAL EVENTS

**50+ YOUNG AT HEART LUNCHEON** for Parkland County Seniors. 12PM at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Month. Call Audrey 780-963-1782. \*Sept-June

**AEROBICS:** Low impact, Mon/Wed, 11AM-12PM, Wildwood Senior's Centre, \$1/session.

**BREAKFAST SOCIAL:** 9-11:30AM, Parkland Village Community Centre - 3rd Sunday. PH: 780.298.9155 Social Media: PVCCentre. \*except June-August

**COME PLAY CRIB:** Fridays, 7:30pm at Darwell Seniors Hall; lite lunch is served. All ages!

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

**EVANSBURG ART CLUB:** meet & paint Thurs 1-4PM Rec Plex. 727-4340 or 727-4098

**EVANSBURG GUIDES & PATHFINDERS:** Mon 6PM, Camp Evansburg.

**EVANSBURG SENIOR'S HERITAGE HOUSE:** Floor Curling Mon & Thurs, 1pm. Court Whist Thurs, 7PM.

**EVANSBURG TIPPLE PARK HISTORICAL BUILD-**

**ING TOURS:** Wed - Sat, 10:00-5:00PM.

**HEALTHY AGING NURSE & FOOT CARE PERSON,** Wabamun Seniors Centre, 2nd Thurs of month, 9AM.

**OPEN HOUSE** for socializing & card playing at Entwistle Senior Centre, Every Sunday from 1-4pm.

**PARENT & TOT PLAYTIME:** PERC Building Stony Plain Wed. 10-11AM, Holborn Community Hall. Thurs 9:30-11AM, Parkland Village Thurs 9:30-11:30AM.

**POT LUCK** every Tues 12:00PM, Wabamun Seniors Centre. Come on down!

**SEBA BEACH SENIORS CENTER:** Yoga, mon, 9:30AM, \$10/session. Bridge thurs, 1PM. Jams every Wed night, 7PM. Thrift Shop every Wed & Sat at 10-3PM.

**SEBA BEACH QUILTERS & FIBER ARTS:** Wednesdays 9:30AM, Seniors Centre.

**SENIORS 50+ LUNCHEON:** 3rd Wed, 12PM at Stony Plain United Church basement hall. Call Audrey (780) 963-7582

**SENIORS WEDNESDAY\* AFTERNOON** 1-4PM at Parkland Village Community Centre. Games, Crafts & more! Call Sheryl 780.695.7032 \*exceptions incl. Weather.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

**SPRUCE GROVE ELEVATOR TOURS:** Tues-Sat, 9-3PM. 960-4600.

**STONY PLAIN'S 5TH MERIDIAN GOOD SAM'S RV CHAPTER:** Ecole Meridian Heights School. 3rd Tues of Month, 7PM. Call Pat at 780-963-6976 or Ruth at 780-288-9829.

**MEETINGS**

**2nd TIMERS:** A support & confidential group for Grandparents Parenting. 1st Thurs of month, 6:30PM. Grand Trunk High School (meet in Lobstick Literacy & Learning room). Child care provided at the Evansburg Public Library. \*Starts October

**299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE:** Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

**755 PARKLAND IA CADETS** Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

**AA:** Friday at 8PM, Evansburg. Call 325-2204, 727-2466 or 727-6652.

**AHS:** Addiction Services provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140.

**AL-ANON:** Wed 8PM. Spruce Grove United Church, 1A Fieldstone Drive. 962-5205

**CHAMBER OF COMMERCE** (Evans/Ent): 7:30PM 3rd Thurs, Heritage House.

**C.H.I.L.D. (Citizens Helping In Life's Defence)** Please join our Pro-Life meetings once a month in Stony Plain. For info call Chris 963-6997.

**CITIZENS ON PATROL:** The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30PM, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

**COMMUNITY QUILTERS & CRAFTERS:** 3rd Tues. Evansburg, Liz 727-3872; Brenda 727-4476

**DARWELL & DISTRICT AG SOCIETY:** 8PM, 1st Mon, Community Hall.

**DDRA MEETING:** 7PM, 2nd Mon, Darwell Community Hall 892-3099. \*Except Jul/Aug/Dec

**DRAYTON VALLEY BRANCH OF ALBERTA GENEALOGICAL SOCIETY:** meets 7PM at Municipal Library (5120-52 St.) every 3rd Wed of month. Call (780) 542-2787

**ENTWISTLE COMMUNITY LEAGUE GENERAL MEETINGS:** 2nd Thurs monthly 7:30PM. \*Except June, July, August

**ENTWISTLE LIONS CLUB:** 2nd & 4th Tues, 8PM, Entwistle curling Rink. Jim 727-3573

**ENTWISTLE SENIORS:** Ladies: 10AM 2nd & 3rd Wed, Floor Curling: Tue & Fri, 2PM

**ENTWISTLE SENIORS 55+ CLUB:** Tue & Fri, 1:30-4:00PM at Entwistle Hall

**EVANSBURG SENIOR'S HERITAGE HOUSE:** 2nd Tues of Month, 1:30PM. Dennis, 727-4186.

**FALLIS COMMUNITY ASSOCIATION:** 3rd Tuesday, 7:00PM.

**GIRL GUIDES OF CANADA:** Poplar Hollow District Guides-Pathfinders, Mon 6-8PM. Sparks-Brownies Tues 4-5:30PM. Meet at Camp Evansburg. Brenda 780-727-4476

**LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY:** 3rd Fri, 7PM, Alberta Beach Council Chambers.

**LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS:** 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

**LOBSTICK 4-H BEEF & MULTI CLUB:** 1st Mon, Evansburg Arena, 7PM, Jackie 780-727-2541

**LOBSTICK GARDEN CLUB:** 1st Mon, Evansburg Baptist Church, Charlotte (780) 325-3787

**MEN FOR SOBRIETY:** Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

**MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP** meets 1st Tues of month, 6-8PM at Norquest College. Terra Leslie, 1-403-346-0290. \*Sept-June

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP:** Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Contact Cassy 780-471-3034

**NA MEETING:** Tuesdays, 7:00PM. 514-6011

**PEMBINA AL-ANON FAMILY GROUP:** meets Tuesdays @ 7:30PM at Evanburg Catholic Church Hall. Call Patty H. (780) 727-4516 or Cheryl (780) 727-6671

**PEMBINA PORCUPINES - JUNIOR FOREST WARDENS:** Entwistle Porcupine gathering: 7PM, 1st Tue. Len & Tineke at 727-2020. Porcupines@yellow-headjfw.ca

**SOLVE:** Community Enviro issues discussed at Smithfield Hall (N of Hwy 16 on RR34). 2nd Thursday. Jana 892-0006

**STONY PLAIN FISH & GAME ASSOCIATION & WABAMUN GUN CLUB:** 2nd Mon, Stony Plain Comm Center, 7:30PM.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

**TOMAHAWK SENIORS (50+)** meets every Thursday from 1-4pm at the Tomahawk Agra.

**W.E.E COMMUNITY FOOD BANK:** Call (780) 727-4043 for emergency food needs. Monthly Meeting: LAST Monday of month at 7:00PM at the Food Bank (Old fire hall in Entwistle). \*Except December

**WILDWOOD & DIST AG SOCIETY:** 2nd Wed of each month 7:00PM at the Wildwood Complex. Wilma 325-2424

**WILDWOOD & DIST ROD & GUN CLUB:** 2nd Thursday, 7:30PM at the range clubhouse, wildwoodrodandgun@gmail.com

**WILDWOOD SENIORS:** 4th Wednesday at 2:00PM. PH: 325-3787 or 325-2391. \*No meeting July/Aug/Dec.

# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1				3		2		
						1	9	
	9					3		5
						2		4
3	8			5	7		9	6
6			4	8			7	3
		1				8	5	
	7	5		1			3	
8		2	7	9	5	4		

**ANSWER:**

1	5	6	9	4	3	7	2	8
2	4	3	5	7	8	8	1	9
7	9	8	1	6	2	3	4	5
5	1	7	6	3	9	2	8	4
3	8	4	2	5	7	1	9	6
6	2	9	4	8	1	5	7	3
9	6	1	3	2	4	8	5	7
4	7	5	8	1	6	9	3	2
8	3	2	7	9	5	4	6	1

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



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## Steps To Seba Beach

This Seba Beach view property is less than 300 feet to the beach and has been reduced \$100,000. This renovated home has seen many upgrades. It was built in 2005 and offers 1800 sq ft plus a 1200 sq ft walk out basement. Creek runs along the edges of this Seba Beach double lot opportunity.

**\$329,000**



## Spectacular Views And Lake Access

With this 2200 sq ft modern raised bungalow you will find summer living at its best. From the main living rooms that include the kitchen, living room and Master Bedroom you will find unobstructed views of Lake Wabamun. The property is set on a half an acre with large double garage with oversized doors. 40 foot long carport to store the largest of boats. Call for private viewing.

**\$579,000**



## Complete Lakefront

This lakefront is the full deal with 70 feet of lakefront, 4 season home, large bedrooms, south exposure, large double door garage with heated floor, now available for viewing.

**\$729,900**



## Unlimited Lakefront

Want to build a private estate or develop a luxury RV park, this is the only potential site on Lake Wabamun that offers 40 acres with 2000 plus feet of untouched lakefront. Wonderful renovated home with 3 bedrooms, large Quonset set on high ground overlooking Wabamun. Incredible opportunity.

**\$1,695,000**



## WE Can Sell Yours AS Well

This home created many near lake acreage buyers, Call us today for a free evaluation

**\$549,900**



## Pending

This 80 acre parcel with 1500 sq ft home is now pending. The acreage is trailed with many recreational qualities. We need more acreages as we have more buyers ready to go.

**\$419,900**



## Vacant Lakefront Now Sold

This cleared Wabamun lakefront is now SOLD. This home created a lot of interest and we have Wabamun lakefront buyers waiting for new listings. If you are considering selling, your home could be sold today!!!

**\$549,900**



## Move In Ready

This year round home has been completely remodeled and is ready for either part time or full time enjoyment. It also offers outside fun with a covered patio, deck, gazebo fireplace. It has been also mechanically upgraded. Best priced listing on Lake Isle.

**\$129,900**



## Lakefront Opportunity

Located on Point Allison, one of Lake Wabamun's finest lake communities you will find this 6-year-old three bedroom 2200 sq ft home with den and large bonus room facing west to have the ultimate summer lake experience. This year round lakefront home is move in ready, call for easy viewing.

**\$1,029,000**

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