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September 4, 2018

## GEORGE TOMLINSON – HOMETOWN HERO

Submitted by Yvonne Slemko | Onoway and District Historical Guild

Onoway and District Historical Guild recognizes George Tomlinson - an early settler in the Brookdale area, a progressive farmer, a devoted advocate

of improvement in education – as its Hometown Hero.

When 17-year-old George Tomlinson enlisted in the Canadian army in 1917, probably the farthest thought from his mind was the importance of a good education. But after being honorably discharged after be-

ing wounded at Passchendaele, like many servicemen, his life changed. He left his farm in Ontario, found a piece of land near Onoway and in 1920, began a lifetime of hard work, service to his community and dedication to improvement of education.

Continued on Page 2

## MORE CHARGES LAID IN THE PAUL BAND FIRST NATION HOMICIDE

Submitted by RCMP Major Crimes Unit North

UPDATE #3

The RCMP Major Crimes Unit along with Stony Plain RCMP have laid charges against two more people in the homicide of Ellie Mae House of the Paul Band First Nation.

On August 23, Edmonton Police Service responded to a weapons complaint in north east

Edmonton. They arrested two individuals who were previously identified by the RCMP as being suspects in the August 14 homicide. Custody of those individuals was handed over to the RCMP. Edmonton Police Service have advised that charges are pending in relation to their investigation into the weapons complaints.

On August 24, RCMP Major Crimes North charged 25-year-

old Genie Elizabeth Bull and 23-year-old Lyle Kashten Buck, both of Edmonton, with second degree murder. A bail hearing has been held, and both are being held in custody to appear in Provincial Court of Alberta in Stony Plain on Wednesday, August 29, 2018.

While no other suspects are currently being sought, the investigation into this homicide continues.

## POSSIBLE SCAM IN AREA

Submitted by St Albert RCMP

It has come to the attention of the St. Albert RCMP that there may be a scam in the Edmonton area where people are offering to sell gold rings and gold chains from their vehicle in order to get money for gas. St. Albert RCMP have learned that the people are alleging that they are travelling

across Canada. They seem to have a large quantity of gold rings or necklaces that they wish to sell so they can continue their trip.

There is no way of verifying the value of these rings or chains, especially when they are being sold from a vehicle in a parking lot or on the side of a highway. A similar scam involving selling “designer” leather jackets from

a vehicle in a parking lot seems to return to St. Albert every so often and catches some residents unaware.

While St. Albert RCMP cannot say for sure that the jackets and gold are worthless, officers do warn everyone that it is “Buyer Beware” in these kinds of transactions. Don’t become the proud owner of “Fool’s Gold”.

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# George Tomlinson – Hometown Hero

Continued From Page 1

Tomlinson was one of the first trustees when Lac Ste. Anne School Division #11 was established in 1936 and maintained that position until the board was dissolved

when County of Lac Ste. Anne was formed in 1964. He was the longest serving trustee in Lac Ste. Anne and Alberta.

George Tomlinson was totally committed to improving access to education and the quality of edu-

cation offered. During his tenure, the centralization of the many one-room country schools was a major achievement. School buses changed schooling. No longer would kids have to walk to school, nor, if they wanted to go beyond grade 9, leave home to board in a larger centre (or the Dormitory in Sangudo).

The other huge improvement in education in Onoway was building schools. The original two-room Beaupré School increased exponentially over the years, then as more children pursued high school education, a separate six-room high school was built. This too increased in size during Tomlinson's term.

A small exhibit highlighting some of his accomplishments is currently on display at the Onoway Museum.



First School Board, Lac Ste. Anne School Division No. 11  
BACK ROW: Jack Morrison, Roper Berry, Doug Aikenhead (Superintendent), George Tomlinson.  
FRONT ROW: Georges Bugnet, Delbert Monroe, Frank Wiggins (Sec. Treas.).

First School Board of Lac Ste. Anne School Division No. 11 1937



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## Mayerthorpe Golf & Country Club

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Wednesday, September 12, 2018 - 7:00 PM

Public encouraged to attend to help promote and improve our Course!

Thank-you to all volunteers, sponsors, golfers and participants in our 2018 Season.

**Night Golf planned (Weather permitting)**  
Check with the golf course for date!

## JOKE OF THE WEEK

Mrs Mollard had been giving her second-grade students a lesson in science.

She had explained about magnets and showed how they would pick up nails and other bits of iron. Now it was question time, and Mrs Mollard asked, 'My name begins with the letter "M" and I pick up things. What am I?'

Tim, a little boy in the front row proudly said, 'You're a mother!'

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# PROJECT ENTRY IMPLICATES OUTLAW BIKERS IN DRUG TRAFFICKING

Submitted by ALERT

A joint investigation between ALERT and RCMP's Federal Serious and Organized Crime has dismantled an extensive cocaine distribution network linked to a member of the Hells Angels and support club members.

Project Entry was a year-long investigation that resulted in 10 people charged with 45 criminal offences. Those accused allegedly fulfilled various roles within a cocaine distribution network that impacted the communities of Edmonton, Spruce Grove, Cold Lake, Whitecourt, and Grande Prairie.

Project Entry resulted in the seizure of five kilograms of cocaine, half a kilogram of the buffing agent Phenacetin, cannabis resin, and a handgun. Multiple vehicles and motorcycles were seized, along with \$13,000 cash proceeds of crime.

The project concluded with mul-

tiiple arrests made between July 25 and 30, 2018.

Project Entry has resulted in extensive criminal charges being laid, including: instructing a criminal organization; participating in a criminal organization; conspiracy to traffic cocaine; and other drug-, firearms-, and property-related offences.

At the centre of the investigation was Hells Angels Westridge (Edmonton) member William McCabe. The 47-year-old man from Spruce Grove allegedly oversaw cocaine trafficking operations and facilitated distribution through various communities. McCabe has been charged with instructing a criminal organization.

Project Entry also implicated two support club members, Shane Daly and Pascal Jacques, who are members of the Dirty Few Lakeland chapter. Support clubs are typically utilized to carry out lower-level dirty work for the Hells

Angels, such as drug trafficking and expanding territory to secondary markets.

The full list of people arrested includes:

- William McCabe, a 47-year-old man from Spruce Grove;
- Shane Daly, a 39-year-old man from Spruce Grove;
- Joseph Collicutt, a 32-year-old man from Grande Prairie;
- Pascal Jaques, a 40-year-old man from Cold Lake;
- Theresa Acker, a 42-year-old woman from Spruce Grove;
- Anton Petrowitz, a 36-year-old man from Calgary;
- Clinton Thomas, a 33-year-old man from Parkland County;
- Nicholas Stovell, a 38-year-old man from Cold Lake;
- Nicholas Delibasic, a 46-year-old man from Cold Lake; and
- Larissa Ausmus, a 31-year-old woman from Spruce Grove.

Project Entry began in March 2017 after information was re-

ceived about the role of outlaw bikers in drug trafficking.

Members of the public who suspect drug or gang activity in their community can call local police, or contact Crime Stoppers at 1-800-222-TIPS (8477). Crime Stoppers is always anonymous.

ALERT was established and is funded by the Alberta Government and is a compilation of the province's most sophisticated law enforcement resources committed to tackling serious and organized crime. Members of Calgary Police Service, Edmonton Police Service, Lethbridge Police Service, Medicine Hat Police Service, and RCMP work in ALERT.

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# FARMCASH IS LIVE AND READY FOR APPLICATIONS AT FARMCASHADVANCE.COM

Submitted by Victoria Decker, Communications Manager | Alberta Wheat Commission

August 31, 2018 – FarmCash, a new cash advance option led by the Alberta Wheat Commission (AWC) under the Federal Government’s Advance Payments Program (APP), is now live and ready to accept applications on September 1 for the Fall Advance at farm-

cashadvance.com. Farmers who use the online application will be guided through a step-by-step process that is simple, efficient, and saves time on paperwork.

FarmCash offers advances on 45 commodities of up to \$400,000 per program year with \$100,000 interest-free and \$300,000 at a low interest rate.

“One of our goals in developing FarmCash is to improve the user

experience,” said Kevin Bender, AWC Chair. “Our web-based platform slims down the application process so applicants are only navigating through information that’s relevant to what they’re applying for. Our ultimate goal is to deliver something really simple that saves time. Farmers can also apply the traditional way if they prefer.”

FarmCash will provide top-notch customer service and any proceeds

from the program will be reinvested back into Alberta’s agriculture industry to benefit all commodities.

“We see a tremendous amount of value in the Federal Government’s APP program as a cash flow management tool and we look forward delivering FarmCash to serve farmers’ needs through a fully transparent financial model,” Bender added.

Farmers may also apply by downloading the complete form and emailing it to farmcash@albertawheat.com, by speaking to a FarmCash representative at 1-855-376-2274, by faxing it to 403-717-1966, or by mail or in person at AWC’s Calgary office.

With the first iteration of the website now open for business, AWC’s next step is to continue improving the online process by introducing new time-saving features to be ready in time for the Spring advance.

Visit farmcashadvance.com to learn more about the program and to apply for the fall advance.

Farmers seeking more information about FarmCash, please contact:

Syeda Khurram  
Chief Operating Officer - FarmCash  
Chief Financial Officer and Director of Human Resources  
Alberta Wheat Commission  
skhurram@albertawheatbarley.com  
403-219-6264



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# LAKEWELL 4-H MULTI CLUB NEWS

Submitted by Jean Henderson | Lakewell 4-H Multi Club

Lakewell 4-H Multi Club will be meeting at the Lake Isle Hall on September 6th at 6:30 pm for the first general meeting of the 2018 – 2019 4-H year; registrations and elections are on the agenda and new members are welcome. Our regular monthly meetings are held on the first Thursday of the month at 6:30 at the Lake Isle Hall.

For those of you who are unfamiliar with 4-H it is a well established club – Alberta 4-H turned 100 in 2017 - for youth aged 9 to 20 yrs old. During the club year, our members will participate in at least one Community Service, a few Fund Raising Activities, a Communication Day and several social events.

Since our executive is elected from the membership, they will learn about the ins and outs of running a meeting. 4-H also offers the opportunity for members

to earn Medallions of Excellence, attend camps, apply for Scholarships, win trips and participate in Exchange Programs.

Each member will also participate in at least one Project of their choosing which will require them to keep a Record Book to be handed in at the end of the year. Lakewell's most popular projects are Horse and Beef but we will also offer projects in Woodworking, Foods and Sewing among countless others, assuming there is sufficient

interest. And we also have a thriving Cleaver project. Cleavers are younger, ages 6-8, and are not required to meet all the requirements of the members. They meet at least once a month during the general meetings and, in addition, one more time for a fun learning activity.

Lakewell 4-H will be represented at the DDRA Community Information Night on Sept 12, 2018 between 5:30 and 7:00pm.

## RCMP BEATS

### Lac Ste. Anne Parkland Constituents

Thank you for choosing me as your Candidate!



There are so many people to thank. It takes team work to succeed in any endeavor. My wife Brenda has stood beside me all throughout the campaign. She has made sure things at home were looked after so when I came home we could sit together, relax and reflect on the day. My Mom Betty, our family and our children, Grant, Deanna, Mandy, Bill, Jolene, Barry, Justin, Alyssa, Jamie, Adam and all our grandchildren have been so supportive. We thank all of them.

My campaign team was absolutely undoubtably the best I've ever had to work with. Allen, Chris, Wayne, Wendy, Ron, Brian, Jodie, Len, Alice, Stella, Ted, Charity, Christie, Sherry, Scott, Dale, Jeremy, Amber, Lorinda, Bob, Joan, Ron, Myrna, Jason, Wade, Christine, Sherry L, Doug, Rick, Gary, Dianne, Randy, Cheryl, David, Stephan, Yvonne, Don, Jack and all their helpers from Mayerthorpe to Highway 2. Thank you from the bottom of my Heart.

We have proven that integrity, honesty, trust and true values are most important to every member. Your vote for me was a showing of respect for that. That was the resounding message across the constituency. I thank all of you for that confidence.

To my fellow nominees you worked hard and I applaud you for that.

We now start on a new journey to get organized and once again make this Constituency the strongest and most successful Constituency in Alberta. We are all part of the team, we will work with strength and we will show the NDP we are a force not to be taken lightly.

Thank you Once again to all of you

Submitted by Stony Plain/ Spruce Grove RCMP

Occurrences for the week of 20-26 August, 2018.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 682

Total Calls for Service for the Victim Service Unit: 23

Individuals Charged: 172

Person Crimes reported: 70

Property Crimes reported: 70

Impaired Driving Complaints reported: 3

Impaired Driving Charges Laid: 0

Roadside Suspensions: 3

Motor Vehicle Collisions Attended: 42

Property Crimes: Spruce Grove

1. August 20 – Area of Nelson Drive – Break and Enter to Garage, tool bag stolen

2. August 21 – Area of McLeod Avenue and King Street – Theft from Vehicle, laptop and boots stolen

3. August 23 – Area of King Street and Grove Drive – Theft from Vehicle, generator stolen

4. August 24 – Area of Woodside Crescent – Theft from Vehicle, sunglasses and iPhone charger stolen

5. August 25 – Area of Diamond Avenue – Theft of Vehicle, 2004 white GMC Sierra

6. August 25 – Area of Callowood Avenue – Theft from Vehicle, cash and sunglasses stolen  
Stony Plain

7. August 20 – Area of 53 Avenue and 48 Street – Theft from Vehicle, wallet stolen

Continued on Page 7

# RAIL SAFETY IMPROVEMENT PROGRAM

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Parliament for Yellowhead, is pleased to inform residents of funding being invested in rail safety within Alberta and the riding. This week, the Department of Transportation announced \$3.3 million to support eighteen projects in Alberta.

The funds are part of the Rail Safety Improvement Program, which provides grant and contribution funding to improve rail safety and reduce injuries and fatalities related to rail transportation.

The announced funds will be used to:

- build fencing and other barriers

to discourage trespassing on railway properties;

- install flashing lights, bells, and gates at the crossings;
- install advanced train detection and crossing control system.

In Yellowhead, Canadian National Railway will receive \$163,800 to upgrade a rail crossing on Range Road 73 with gates.

The announcement comes amid ongoing concerns about rail safety in Edson.

“While I welcome the funding announcement, for years our communities in Yellowhead

have experienced safety issues in which trains block crossings for unacceptable amounts of time,” stated MP Eglinski.

MP Eglinski took the opportunity to remind residents that the Canadian Transportation Agency (CTA) has launched a consultation on rail-related regulations and is requesting the feedback of Canadians. All those interested are invited to share their views to ensure that the CTA’s rail-related regulations and guidance materials are relevant, clear and up to date. Participants can submit comments to [ferroviaire-rail@otc-cta.gc.ca](mailto:ferroviaire-rail@otc-cta.gc.ca) before the September 30, 2018 deadline.

“If residents are being excessively held up by a train at a rail crossing or have a safety concern, I am encouraging them, as well as stakeholders with a vested interest in rail safety, to make their voices heard in this consultation,” stated MP Eglinski.

More information on the announced projects can be found at: <http://www.tc.gc.ca/en/programs-policies/programs/rail-safety-improvement-program/rsip-itr-infrastructure-projects.html>

## RCMP Beats

Continued From Page 6

Rural

8. August 20 – Area of Township Road 531A and Range Road 262 – Theft from Vehicle, tools stolen

9. August 21 – Area of 50 Avenue and 48 Street, Alberta Beach – Theft of Bicycle, black BMX

10. August 25 – Area of Township Road 531 and Range Road 40 – Theft of Boat, 2004 Champion Allante

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Ensure all doors and windows to garages are closed and locked. Ensure the door from the garage to home is locked as well.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP at 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477 or text the keyword TIP205 (TIP250 for Edmonton Metro) & your Tip to CRIMES (274637)

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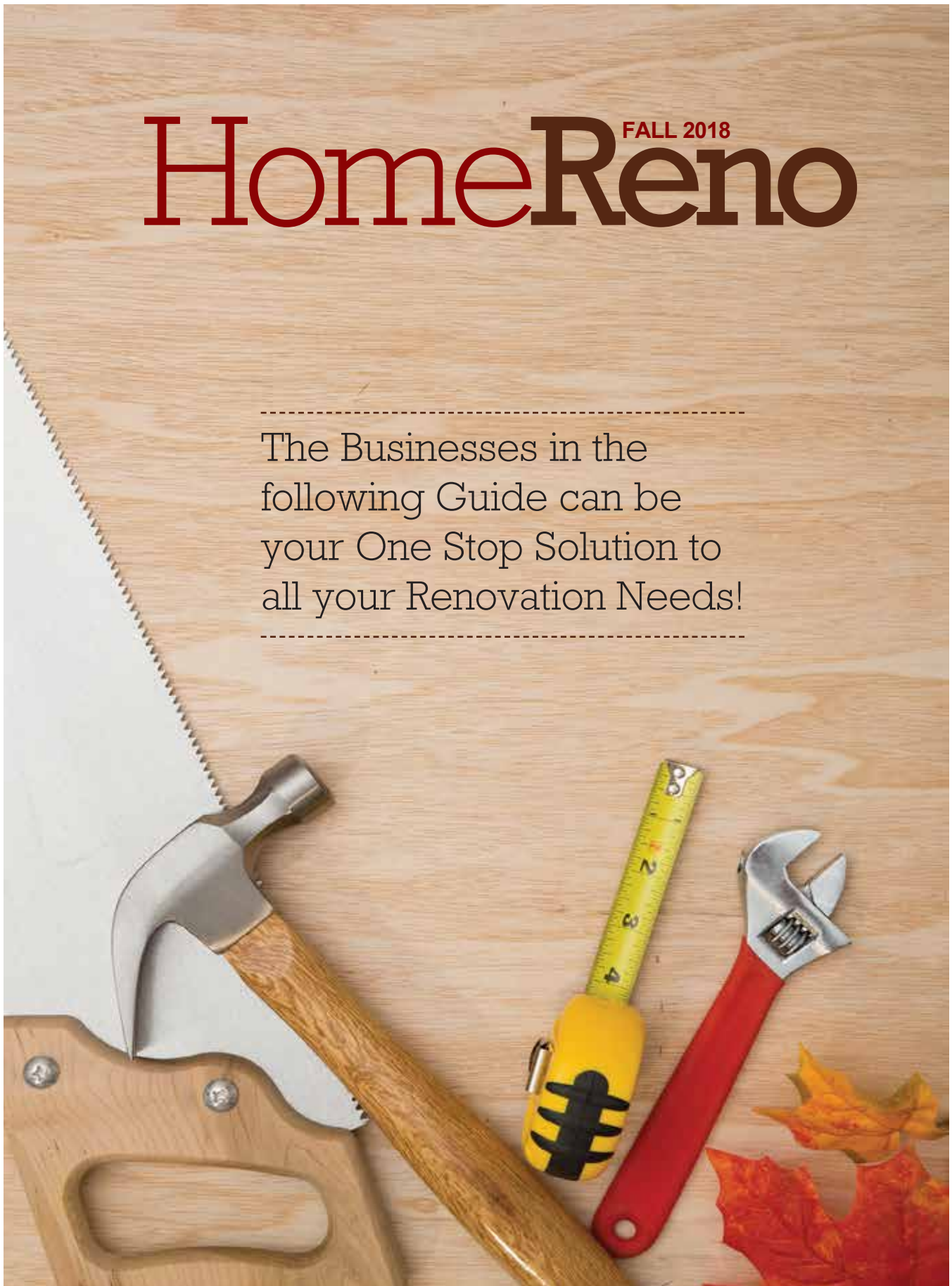
  
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# HomeReno

## BASEMENT REMODELING TIPS

A basement remodeling project can add valuable and usable space to a home. For many years, homeowners overlooked the potential of a basement remodel, perhaps thinking it would not be a smart return on investment. But that's no longer the case.

The latest "Cost vs. Value" report from Remodeling magazine says the average basement remodel can cost around \$61,000 with a 70.3 percent recoup rate. In addition, HGTV says architects and contractors indicate the cost of redoing a basement is roughly one-third to one-half less than the price of putting an addition on a home.

Before remodeling a basement, homeowners should think about how they want to use the space. Homeowners also must focus on some potential obstacles in a basement that will need to be addressed

so that the area can be as functional as possible.

Basements can be chilly and damp. That means moisture issues and heating and cooling needs must be addressed prior to any construction. Homeowners may have to consider the installation of a dehumidifier and run venting through the basement to allow for proper climate control. If a basement takes on water, either through the walls or a concrete slab, a professional waterproofing company can come in and fix these issues so they will not damage drywall and flooring afterwards.

The presence of insects and pests also must be addressed. Exterminators can help homeowners figure out which insects are in their basements and how to make the space less hospitable to these unwelcome guests so that the room will become comfortable for human occupants.

Space is often at a premium in basements, which may contain HVAC units, water heaters, filtration devices, ductwork, pipes, and the other appliances. Qualified contractors can suggest solutions for cordoning off appliances and camouflaging pipes and wires so they won't detract from the finished product. However, building access panels into the design will make it easier to service or repair features as necessary. Homeowners also may want to wrap pipes before drywall is installed to quiet noisy drainage pipes.

Uneven basement flooring will need to be smoothed out and flattened before carpeting or tile can be laid down. A self-leveling underlayment can be applied to fill in gullies, while larger crack and holes will need to be patched.

Once the structure of the basement

is addressed, then the design work can begin. Many professionals advise against drop ceilings, which can take away from ceiling height and look cheap. Basements can be dark, so the addition of plenty of lighting can help brighten the room. Small basement windows can be replaced with larger ones to add more light as well.

Homeowners can mimic built-ins and architectural details from elsewhere in the home so the basement is aesthetically cohesive and doesn't seem like an addition. Bookcases and shelving can add valuable storage space as well. Decorate the basement with bright, neutral colors so they make the space feel more inviting.

With some effort and financial investment, basements can be as beautiful and functional as other rooms in a home.

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# HomeReno

## ESSENTIALS FOR A DIY SPA BATHROOM

Relaxing at a spa each week may be a luxury reserved for celebrities and socialites. For many people, a day spa is a treat enjoyed on special occasions or while on vacation. However, home bathrooms can be designed to provide the same types of amenities offered at day spas right in the comfort of one's home.

The American Psychological Association says that money, work and the future of the country are particularly strong stressors today. Eighty percent of workers feel stress on the job and learning how to manage stress is a top concern, according to the American Institute of Stress. Creating a Zen-like retreat at home can help alleviate stress and improve health.

Homeowners whose renovation plans include turning a bathroom into a spa oasis will need to choose which features they desire most. These suggestions can spur on more ideas to create the ideal retreat.

• Soaker bathtub: There's something to be said about a luxurious soak in a tub. Tubs come in different sizes and shapes, like the highly recognizable clawfoot tub and other freestanding units. These types of tubs, as well as corner tubs, can offer deep-seated luxury by way of a relaxing and restorative soak. Pair with scented bath bombs or salts for a true spa experience.

• Steam shower: Steam showers are self-enclosed units that feature generators that deliver steam through steam heads. The steam fills the space and can help a person unwind before a refreshing shower or bath. According to the retailer Modern Bathroom®, modern steam showers come with digital controls, which makes it easy for users to activate the shower, adjust the length of time that the shower will operate and adjust temperature controls. Extra features like music, mood lighting and aromatherapy can be included as well.

• Heated floors: Heated floors provide the utmost in com-

fort when stepping out of the bath or shower. They can warm the room and make using the space more comfortable in cold weather.

• Vessel sinks: A vessel sink typically features a bowl or basin that looks like it was placed on top of the vanity. Vessel sinks can elevate the ambiance in spa bathrooms.

• Plush towels and robes: In addition to fixtures and other functional components of the bath, linens are key. Soft-spun Egyptian or Turkish cotton towels and robes are a must-have luxury for the full spa experience.

• Comfortable seat: A bench or chair nestled by a bathroom window is the perfect spot

for pedicures or catching up on some light reading.

• Natural light: Skylights or privacy-ensuring windows are a must to create a relaxing space close to nature.

A spa bathroom at home is within reach. With a few touches, any bathroom can be transformed into a luxurious oasis.

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# HomeReno

## SIGNS IT IS TIME FOR NEW WINDOWS

Windows help regulate the temperature in a home, let in natural light and keep insects, weather and outdoor elements outside where they belong. The right windows also can add value to a property by providing aesthetic appeal and increasing curb appeal.

Although homeowners can typically get many years out of their homes' windows, ultimately windows will need to be replaced. Homes that are more than 20 years old and still have their original windows could be due for an upgrade. Aluminum- or wood-framed windows also may be ripe for changing. Here are some signs that it's time to replace windows, courtesy of Good

Housekeeping, Centra® and the real estate website Redfin.

- Drafty feel in the home: Window frames can begin to shrink as they age, allowing air to flow from the outdoors in and vice versa. Homeowners may notice drafts when standing near windows or hear whistling on notably windy days.
- Rising energy bills: If energy bills are inexplicably on the rise, then old windows could be to blame. Aging, drafty windows can make it necessary to run HVAC systems more often and at higher or lower temperatures in order to keep homes comfortable.
- Windows are difficult to open or close: Homeowners

may get used to the quirks of their windows, but those that are difficult to open or close may require replacement. In addition, if windows need to be propped open, it's time to replace them.

- Water infiltration: Warping or decaying window frames can make it easy for rain or snow to get into the home. Wood frames are particularly prone to moisture decay. If frames are warping or allowing water into the home, it's time for an upgrade.

- Condensation on windows: Fog or condensation build-up on windows can occur if the seal between panes is broken. In this instance, replacement windows are necessary.

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# HomeReno

## PROTECT YOUR HOME (AND MORE) FROM WINTER'S FREEZE

Freezing temperatures may be good for ice skating or building snowmen, but sub-freezing temperatures can be dangerous for the average person and his or her home.

Cold weather often leaves people scurrying to do whatever is necessary to safeguard themselves from the big chill. But it's important homeowners also protect their homes in cold weather.

### Plumbing

Plumbing and pipes may be vulnerable to cold weather. Frozen pipes may burst and cause substantial damage to a home, potentially causing flooding and structural damage.

Homeowners should disconnect and drain garden hoses before winter arrives. Water to outdoor hose bibs should be turned off, though the valves on these outdoor faucets should be left open to drain. Also, outdoor faucets can be covered with insulating foam covers.

The Red Cross says pipes that freeze most frequently include pipes in unheated areas, such as basements, attics, garages, and crawl spaces. Close vents to the outside in areas like attics and basements to limit the amount of cold air that gets indoors. Think about insulating unheated areas, as well as using pipe sleeves, heat tape or wraps on exposed pipes.

By opening kitchen and bathroom cabinet doors, homeowners can allow warm air from a home to reach pipes under the sink. During extreme freezes, keep cold water dripping from a sink to prevent pipes from freezing.

### Service HVAC systems

It's important to ensure that heating systems are working properly prior to the cold-weather season. It may only take hours for the interior of a home to reach dangerously low temperatures without adequate heat. Homeowners should schedule annual checkups of furnaces and hot water heaters. Inspect the heat exchanger for cracks, install a clean air filter and make sure all thermostats are working properly.

### Have fuel ready

Homeowners who heat their homes with oil, wood or coal should make sure they have plenty of fuel on hand in advance of winter. Shortages can occur, and it may take some time for new fuel to arrive in the midst of a

cold snap.

As a precaution, homeowners can rely on portable space heaters to fill in the heating gaps during freezing temperatures. Exercise extreme caution with these devices, turning them off when leaving the room and remembering to avoid overloading

outlets.

### Protect outside

Drain birdbaths, clean out downspouts and remove water from other items where water can freeze and cause damage. Inspect roofing prior to the snowy season, but stay off roofs during freezing weather.

Remove snow shovels and other winter gear from storage and make sure the items are easily accessible during snowstorms.

Winter's bite can be severe. Homeowners can protect themselves and their properties when the freeze sets in.

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# HomeReno

## HOW TO CHOOSE THE RIGHT WINDOW TREATMENTS FOR YOUR HOME

Plantation shutters? Mini-blinds? Cafe curtains? Formal draperies? Homeowners' options in regard to window treatments for their homes are extensive, which can make outfitting home interiors challenging for novice decorators.

Some people do not pay a lot of attention to window treatments, failing to realize just how great an impact the right window treatments can have on a space. According to the design experts at Hunter Douglas, window treatments are often an afterthought because residents may not consider them necessities. As a result, homeowners may install whatever is on hand or accept window treatments that came with a house or apartment. But ignoring window treatments, especially when they can fulfill certain needs, is a missed design opportunity.

One of the first steps to choosing window treatments is determining

your end goal. Is privacy your main goal? Are you seeking more natural light in a room? Is there too much light and you need to darken the room? Window treatments can serve multiple functions, and some treatments may make better fits depending on homeowners' ultimate goals.

**Semi-sheer window treatments**  
Semi-sheer window treatments are often fabric and can help brighten rooms with natural light but offer little privacy. They're usually appropriate for spaces where people gather, such as living rooms, dens or dining rooms. Semi-sheer curtains may be paired with another complementary window treatment so privacy can be customized as needed. For example, sheer curtains let light into a bedroom, but shades can be drawn at night.

**Maximum privacy**  
Bedrooms, work spaces or bath-

rooms can benefit from extra privacy. While some people may think that privacy comes at the cost of light, that's not always the case.

Functional curtain panels can be drawn closed when privacy is desired and then opened to let in light. The thickness of the fabric will also dictate the amount of privacy the panels create.

Tiers are hung on a short rod-pocket panel and usually cover the lower one-third of a window. They're popular choices to let light in from the top, but obscure views from the bottom portion of the window.

Cellular shades are another option that provide privacy but still let light in. Cellular shades come in hard and fabric varieties and their use depends on the room. Many cellular shades are constructed with a honeycomb design, offers the design resource Houzz, so they can insulate as well as

decorate windows.

**Blackout shades/shutters**  
Perfect for rooms where babies nap, shift workers rest during daylight hours or external lights, such as that from a street lamp, need to be blocked out, blackout shades do just what their name implies. A dense fabric lining helps keep light out entirely.

Shutters also can block out light but add to the character of the room. They can be painted a bright color to make a statement or match wall colors to blend in seamlessly.

When selecting window treatments, shoppers can choose retail options or custom treatments. Many designers recommend custom window treatments because they are measured, manufactured and installed specifically for homeowners' windows. However, there are many DIY options available at budget-friendly retailers.



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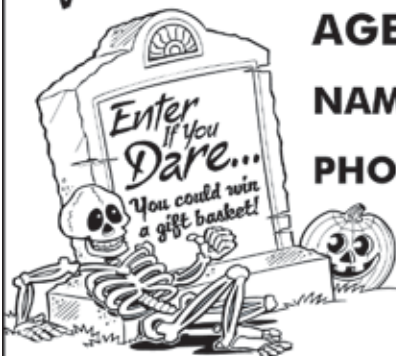
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Anselmo Community Hall, Phone 780-786-4280

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Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Debra 780-785-2907

Darwell Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: [lakeislehall@mail.com](mailto:lakeislehall@mail.com)

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/Classrooms, 967-1015

Onoway Legion , 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @ PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

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# Church Directory

<p><b>Rich Valley Community Church</b></p> <p>Sunday School 10:00 a.m.</p> <p>Worship Service 11:00 a.m.</p>	<p><b>Catholic Parish of Lac Ste. Anne</b></p> <p>Sunday 10:00 a.m.</p>	<p><b>St. John's Anglican Church</b></p> <p>Onoway</p> <p>Sunday Service 10:00 a.m.</p> <p><i>Everyone Welcome</i></p>	<p><b>Mayerthorpe Baptist Church</b></p> <p>Worship Service Sunday 10:30 a.m.</p> <p>Children's Church 10:30 a.m.</p> <p>4606-54 St. Mayerthorpe (780) 786-2677</p>
<p><b>St. John's Lutheran Church</b></p> <p>Alberta Beach</p> <p>Sunday Service 11:00 a.m.</p> <p>Sunday School</p>	<p><b>Zion United Church</b></p> <p>Sunday Service 10:00 a.m.</p> <p>Sunday School</p> <p><i>Serving Alberta Beach, Wabamun, Darwell &amp; Lake Isle, Onoway &amp; Area (780) 924-3351</i></p>	<p><b>Sangudo United Church</b></p> <p>Worship Service 3<sup>rd</sup> Sunday 11:00 a.m.</p> <p><i>All Services Begin at 1:30 p.m. Reverend Barry Rose Officiating 4907-50 Ave. Sangudo, AB</i></p>	<p><b>Infuzed Ministries</b></p> <p>Worship Service Sunday 3:30 p.m.</p> <p><i>in Alexis Community Hall</i></p> <p>Pastor Daniel Jackson (780) 719-0240</p>
<p><b>Trinity Lutheran Church (LC-C)</b></p> <p><i>The Church of the Lutheran Hour - Rockfort Bridge</i></p> <p>Pastor Dan Hansard Church (780) 778-2055</p> <p>Sunday Worship 9:00 a.m.</p> <p><i>Senior's Service &amp; Cottage Bible Study - Phone for locations</i></p>	<p><b>Mayerthorpe Pentecostal Assembly</b></p> <p>P.A.O.C. Rev. Arnold Lothoiz</p> <p>Sunday 10:30 a.m.</p> <p>Morning Service Tuesday 7:30 p.m.</p> <p>Ministry Training (780) 786-2141</p>	<p><b>St. Michael Lutheran Church</b></p> <p>Sunday Services 1<sup>st</sup> &amp; 3<sup>rd</sup> Sunday at 2:00 p.m.</p> <p>Pastor Rick Chappell (780) 674-2618</p> <p>Mystery Lake</p>	<p><b>Onoway Baptist Church</b></p> <p>Sunday Service 10:00 a.m.</p> <p>Youth Group Friday 7:00 p.m.</p> <p>(780) 967-2266</p>
<p><b>Alberta Beach Alliance Church</b></p> <p>Sunday Worship Service &amp; Kid's Church 11:00 a.m.</p> <p>Sunday School 10:00 a.m.</p> <p>(780) 924-3282</p>	<p><b>Cherhill Community Church</b></p> <p>Sunday School 10:00 a.m. - 11:00 a.m.</p> <p>Worship Service Sunday 11:00 a.m.</p>	<p><b>Roman Catholic Church</b></p> <p>St. Agnes' Parish, Mayerthorpe</p> <p>Sunday 9:00 a.m.</p> <p>St. Elizabeth Parish, Evansburg</p> <p>Saturday 7:00 p.m.</p> <p>(780) 786-2032</p>	<p><b>Calahoo Alliance Church</b></p> <p>Family Worship Service Sunday 10:00 a.m.</p> <p>For Info Call Jerry (780) 974-7734</p>

# COMMUNITY EVENTS 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 <small>Labor Day</small>	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22 <small>Fall Begins</small>
23 <small>30</small>	24	25	26	27	28	29

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

**SEPT 15 - THE HARVEST FAIR**, 9:30am - 1:30pm at SG Grain Elevator Museum Site. Hosted by Spruce Grove & District Ag Society.

**SEPT 22 - ONOWAY HISTORICAL GUILD THRESHING BEE**, 11am-4pm. Location: NW junction of Hwys 43 & 633. Antique cars & tractors, music, parachute jumpers, blacksmith, activities for kids & home-made pies! 780.967.1015 or www.onowaymuseum.ca.

## FARMERS MARKETS

**ALBERTA BEACH:** Open Every Sunday, May - Oct, 12-3PM. Contact Joanne 780-690-6392

**BARRHEAD:** Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802

**ONOWAY FARMERS' MARKET:** Thursdays, 5-8pm at Onoway Community Hall. Starts May 1<sup>st</sup>. 780-667-6327 or onowayfarmersmarket@gmail.com.

**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

**STONY PLAIN:** Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.

**WESTLOCK:** 11-3PM, Bargain Shop Mall, Dave 780-954-2437

**WHITECOURT:** Legion, Tuesdays from 11AM - 2PM, May - Oct. 779-7002.

## BINGO

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30PM, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

**CHERILL BINGO:** Tuesdays at Cherhill Community Association. Doors @ 6:30PM, Games @ 7:30PM.

**CHERILL LEGION:** First Sunday of Month. Doors Open 12:00PM

**MAYERTHORPE ROYAL CANADIAN LEGION:** Tues, doors 6:30pm, bingo 7:30PM

**RICH VALLEY COMMUNITY HALL BINGO:** 7:30PM. Loonie Pots. Next bingos September 5 & 19, October 3, 17 & 31.

**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

## MEAT DRAWS

**ALBERTA BEACH MUSEUM:** Every Sat 4PM, Alberta Beach Hotel

**ALBERTA BEACH:** Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.

**BARRHEAD ROYAL CANADIAN LEGION:** Fridays 6:00PM. Queen Of Hearts draw & 50/50.

**DARWELL:** by Alberta Beach & District Lions Club, 4:00PM bi-weekly, Darwell Lounge & Restaurant

**ONOWAY ROYAL CANADIAN LEGION:** Fridays, Ph. 780-967-5361

**STONY PLAIN ROYAL CANADIAN LEGION BR# 256:** Saturdays @ 3:00PM. Meat Draw & 50/50.

**WHITECOURT LEGION:** Saturdays 4:00PM. Located downtown behind the CIBC.

## MEALS ON WHEELS

**ALBERTA BEACH & AREA:** Diane 780-924-2348.

**DARWELL & AREA:** Tracey, 780-915-2621.

**ONOWAY & DIST:** Call 967-2338.

## JAMBOREES

**MAGNOLIA:** at Magnolia Hall. Every 2<sup>nd</sup> Saturday, Supper at 6PM. 727-2015 or www.magnoliacomunityclub.ca \*October - May.

**SANGUDO:** Sangudo Community Hall, 1<sup>st</sup> Sat of month 7PM. 785-4105 or 305-5088. \*October - May.

**SPRUCE GROVE:** at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 \*September - June.

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

**THE ABBOTTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3<sup>rd</sup> Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

## TOPS (Take Off Pounds Sensibly)

**ALBERTA BEACH:** Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633. 967-5009.

**EDMONTON:** Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

**SANGUDO:** Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

**STONY PLAIN:** Thurs evening, Stony Plain United Church. Susan (780) 968-0869

**SPRUCE GROVE:** Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

## YOUR COMMUNITY

**ALCOHOLICS ANONYMOUS** IF Drinking is a Problem, call 780-236-1043

**ONOWAY ROYAL CANADIAN LEGION:** Open Tuesdays 7:00PM to 10:00PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3:00 PM- 10:00PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9:00-3:00PM. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.

**VOLUNTEER TUTOR ADULT LITERACY PROGRAM:** Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca

**WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

## SOCIAL EVENTS

**ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES:** Tues 7:30PM Crib; Wed 1PM Bridge. Mon, Wed, Fri 10:15AM Aerobics/Fitness.

**BADMINTON:** Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

**COME PLAY CRIB:** Fridays, 7:30pm at Darwell Seniors Hall; lite lunch is served. All ages!

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month,

from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

**JR. SCRAPBOOKING** Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1PM. Exercise Fridays, 10AM. 1<sup>st</sup> Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.

**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

**PANCAKE/BREAKFAST SOCIAL:** 3<sup>rd</sup> Sunday 9:00-11:30AM, Parkland Village Community Centre. \*except June, July, August

**RIVER TALKERS TOAST MASTERS CLUB,** Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

**SANGUDO ART GROUP:** Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St). 2<sup>nd</sup> Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

**WRITERS PROGRAM:** Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1PM.

## MEETINGS

**1ST ONOWAY SCOUTS:** Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

**299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE:** Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

**3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS,** Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

**526 BARRHEAD AIR CADETS,** Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

**AA - MAYERTHORPE,** Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

**AA - SANGUDO GOLDEN CLUB,** Tues 8PM call 786-4402/785-9214/785-3599

**AL-ANON:** Tues 7PM, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

**AL-ANON** Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

**ALBERTA 55 PLUS:** Villeneuve Hall at 10AM. Meetings on 2<sup>nd</sup> Tues of month. Info: Donna 780-962-5933

**ALBERTA BEACH & DIST LIONS CLUB** meets every 4<sup>th</sup> Tues 7:00PM, Alberta Beach Agplex.

**ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs of month, 7:00PM, Alberta Beach Agplex.

**ALBERTA BEACH MUSEUM** meets on the 2<sup>nd</sup> Wed, 7:00PM at Heritage House 924-3167.

**BARRHEAD ROYAL CANADIAN LEGION,** meeting every 2<sup>nd</sup> Thurs, 7PM at the Legion Hall.

**CHEERILL COMMUNITY ASSOC.** Monthly Meeting 1<sup>st</sup> Wednesday, 8PM at the Hall. 785-2825 \*Except Jan, July, Aug, Sept.

**CHERISHED MEMORIES, PARENTS & TOTS**

Wed & Fri, 10-12PM, Alberta Beach Agplex. Info call 780-902-4879 or 780-999-7622. \*Sept-June.

**Citizens Helping In Life's Defence (C.H.I.L.D)** Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8:00PM, 1<sup>st</sup> Monday, Darwell

**DDRA MEETING,** 7:00PM, 2<sup>nd</sup> Mon, Darwell 892-3099. \*except Jul/Aug/Dec

**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

**GREENCOURT COMMUNITY ASSOCIATION** meet 2<sup>nd</sup> Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

**KINETTE CLUB OF MAYERTHORPE,** 7:30PM at Kinsmen Hall, 1<sup>st</sup> Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

**LAC STE ANNE COMMUNITY CHOIR,** Wed 7-9PM at Alberta Beach Heritage Centre. 18+ Guys & Gals, especially Guys! All voice ranges. Call Diane Gibbs @ 780-924-2348. \*\*NEW SEASON BEGINS SEPTEMBER 5<sup>th</sup>.

**LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY:** 3<sup>rd</sup> Fri, 7PM, Alberta Beach Council Chambers.

**LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS:** 3<sup>rd</sup> Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4<sup>th</sup> Mon, 5PM in Hospital Basement Education Room.

**MEN FOR SOBRIETY:** Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 \*Sept-June

**NA MEETING,** Tuesdays 7:00PM Poplar Valley Church (780)514-6011

**ONOWAY & DIST HERITAGE SOCIETY:** 2<sup>nd</sup> Wed of each month, 7:30PM, Chateau Lac Ste Anne

**ONOWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

**ONOWAY & DISTRICT QUILT GUILD:** Every 2<sup>nd</sup> Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Dixie @ 780 967 0528.

**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1<sup>st</sup> Mon, 7PM. \*Sept-June

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agplex on the 2<sup>nd</sup> Wed of the month. 7:00PM.

**RIVER TALKERS TOASTMASTERS CLUB** Build confidence, speaking & listening skills. Thursdays 7-9PM at the Hilltop Community Church. Carla Burkell, VP Membership, (780)268-3653.

**SANGUDO PAINTING GROUP:** 1<sup>st</sup> & 3<sup>rd</sup> Wed, 9:30AM-12:00PM at Sangudo Community School. Info, call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

**WEIGHT WATCHERS** Alberta Beach Agplex - Mondays, weigh in 6:30PM. Meeting at 7PM.

# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	6		3			9		
					1			8
2			6	7		5	3	4
3	5		2		4			
	4			8		6	5	
	9	6			5	4		2
6		9	8					
	2			1			9	
8	3		7	9	6		2	

**ANSWER:**

4	6	5	3	2	8	9	7	1
9	7	3	5	4	1	2	6	8
2	8	1	6	7	9	5	3	4
3	5	8	2	6	4	7	1	9
1	4	2	9	8	7	6	5	3
7	9	6	1	3	5	4	8	2
6	1	9	8	5	2	3	4	7
5	2	7	4	1	3	8	9	6
8	3	4	7	9	6	1	2	5

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



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