

Serving: Carvel, Darwell, Duffield, Wabamun, Seba Beach, Gainford, Entwistle, Evansburg, Wildwood, Tomahawk, Spruce Grove, Stony Plain & Drayton Valley

October 23, 2018

PUMPKIN FESTIVAL AT TIPPLE PARK MUSEUM

Submitted by **Melissa Kilklick | Tipple Park Museum**

“Each year, the Great Pumpkin rises out of the pumpkin patch that he thinks is the most sincere. He’s gotta pick this one. He’s got to. I don’t see how a pumpkin patch can be more sincere than this one. You can look around and there’s not a sign of hypocrisy. Nothing but sincerity

as far as the eye can see.” - It’s the great pumpkin Charlie Brown

There are a lot of symbolic things that represent Halloween like ghosts, black cats, candy, Frankenstein, skeletons and most importantly pumpkins!

This Year Tipple Park Museum is hosting a Pumpkin Festival Friday, October 26 from 5-8pm in Evansburg.

A HUGE thank you to Pinna- cle Renewable Energy for sponsoring this event.

We have many activities hap- pening during the festival in- cluding numerous child games like bobbing for apples and many more activities.

We have over a hundred pump- kins for guests to carve and cre- ate their design!

Continued on Page 3

RMA RESPONSE TO MUNICIPAL CANNABIS TRANSITION PROGRAM

Submitted by **Brandon Low, Manager, Marketing & Communications | Rural Municipalities of Alberta**

Nisku, AB, October 15, 2018 – In response to the Government of Alberta’s recently announced Municipal Cannabis Transition Program (MCTP), the Rural Municipalities of Alberta (RMA) expresses continued

concern regarding the lack of supports available to Alberta’s rural municipalities to navigate the impending legalization of recreational cannabis. The prov- ince has placed significant re- sponsibility on municipalities to develop and enforce bylaws that identify land use restrictions for production facilities, and public consumption rules within mu- nicipal boundaries, which will

require monitoring and enforce- ment to protect public health and reduce the risk of exposure for children.

The RMA has advocated that all municipalities in Alberta receive a 50 per cent share of federal cannabis excise tax re- venues that are distributed from the federal government to the provincial government in order to partially address costs associ- ated with increased planning and enforcement responsibility.

The MCTP provides minimal funding to a limited number of Alberta’s municipalities, not re- flecting the challenges that rural and small urban municipalities will have in addressing this issue effectively in their communities.

Continued on Page 3

All Precious JEWELLERS
"Your Spruce Grove Jewellery Store"
Goldsmith on Premises
 • Engraving • Clock & Watch Repairs
 • Jewellery Repairs • Custom Make-ups
 Jewellery Repairs Done On Site.
 Laser Welder Services Available.
 Toll Free: 1-877-962-4367
 PH: 780-960-4200 Fax: 780-960-4201
 Suite 102, 215 McLeod Avenue
 Spruce Grove, AB. T7X 0G2

L & B Tradition of Quality & Service
 Water Services Ltd.
 Well & Pump Repairs
 Complete Pressure Systems
 Farm - Residential - Commercial
 Potable Water Cisterns
 Financing Available
 BILL RIEDLINGER ERNIE BLEKER
 PH. 780-963-8134 OR 780-963-7749
 LBWATER@XPLORNET.COM

SHUTTLE 9AM
Alberta Beach Mondays
Onway Tuesdays
Wabamun Wednesdays
 to West Edmonton Mall
1(833)545-6262

PREVAIL MAX
 CELLULAR HOMEOSTASIS FORMULA
Nutritional Breakthrough For Your Cells
 LIVIN TRIM WITH
VALENTUS
(780) 907-8642
 www.ValentusTour.com/Ladybug

We're ONLINE!
www.com-voice.com



Keeping You and Your Community Informed

PUBLISHED WEEKLY (Zone 1 & 2) AND BIWEEKLY (Zone 3)

E.J. Lewchuck & Associates Ltd.

45C South Ave. | Box 3595
Spruce Grove, AB T7X 3A8

SALES TEAM

Elaine
Ashley
Dani

TELEPHONE:

Classifieds 962-9229
Advertising 962-9228
Fax 962-1021

E-MAIL:

comvoice@telusplanet.net
sales@com-voice.com
news@com-voice.com

THE LIGHT UP YOUR LIFE SOCIETY IS CELEBRATING 27 YEARS SERVING OUR COMMUNITIES!

Submitted by Linda McCreath, Director | Light Up Your Life Tri-Community Palliative/Hospice Care Society

November 1st marks the start of the 27th Annual "LIGHT UP YOUR LIFE" campaign in support of palliative/hospice and

continuing care in the communities of Stony Plain, Spruce Grove, Wabamun, Seba Beach and Parkland County. Donation boxes are located in many local businesses, and at WestView Health Centre and the Good Samaritan Facilities in Stony Plain and Spruce Grove. Each \$10.00

donation will light a bulb on one of the campaign symbols that will glow in memory of your loved one: The Murals (Stony Plain); Dove of Hope (Spruce Grove); Circle of Hope (Parkland County); Wave of Hope (Seba Beach) and Tree of Hope (Wabamun).

The Society is volunteer-run, and as such on average each year 97% of all funds raised are used to support the people in need in our own communities.

All donations are receipted for taxation purposes. Charitable Business #86282 5544 RR00011

For Information Contact: Linda McCreath at 963-5691.

Mail donations to: Light Up Your Life Society, 4405 South Park Drive, Stony Plain T7Z 2M7 or you may donate throughout the year on line at: www.lightupyourlifesociety.org

HORIZON STAGE
Performing Arts Centre

2018-19 Season

Johnny Summers Little Big Band

Friday, November 2 - 7:30 p.m.

Ticket Centre: 315 Jespersen Ave.
Theatre: 1001 Calahoo Road
Spruce Grove, AB **780-962-8995** horizonstage.com

Cherhill Community Association Presents

X-MAS IN NOVEMBER MARKET

Saturday, November 3, 2018
11:00am – 3:00pm

22+ Vendors – Lots of different items.
Shop Early!
Bring a friend – have a coffee.
Concession on Site.

Darwell Jr. Ag Society

TRUNK OR TREAT & HAUNTED CARNIVAL

Saturday, October 27th, 2018
2:00 TO 4:00PM at the Darwell Fair Grounds
This is a free Event and Everyone is welcome!!

Bring your kids to a safe and warm place to kick off Halloween!!

HAUNTED CARNIVAL

The Jr. Ag will host a haunted carnival in the Darwell Hall. Games and prizes!

We will park vehicles inside Cow palace in the case of inclement weather. Come and decorate your vehicle and hand out goodies to all the little ghosts and goblins! All surrounding communities are invited to come and participate!

DarwellAG.com
For more info call Deb at (780) 892-2468

RMA Response to Municipal Cannabis Transition Program

Continued From Page 1

“While we understand the legalization of recreational cannabis was a federal decision, adequate provincial sharing of the federal excise tax is needed to ensure that all of Alberta’s

municipalities can enforce local bylaws effectively for the health and safety of their residents. The recent announcement provides some support to some larger urban centres; however, rural areas rely on RCMP to monitor and handle criminal activity, not develop and enforce municipal

bylaws. The lack of funding through the Municipal Cannabis Transition Program made available to Alberta’s rural and small urban municipalities raises significant concerns as to the effective enforcement of bylaws guiding recreational cannabis use. Proper engagement with

Alberta’s municipal associations could have led to more municipal concerns being addressed through the design of this funding program.” - Al Kemmere, President, Rural Municipalities of Alberta

Pumpkin Festival at Tipple Park Museum

Continued From Page 1

Ready for an old fashion hay ride? Setzer’s Sleigh and Wagon Rides will be providing services for the whole length of the event.

Yes, we remembered to include activities for all ages! There will be mature games on site so adults they can partake in the festival.

Tipple Park Museum is also offering free family portraits. After your portrait is done, we will need your contact information.

Once all pictures are developed, all families will receive a free 5x7 photo.

There will also be pumpkins hiding around both Evansburg and Entwistle. Pick up a clue card from the Museum, then find the missing pumpkins. Prizes will be provided.

It’s going to be loads of festive fun! We are excited to be bringing something new and exciting to the community.

See you all October 26!

Learn Hebrew!
BIBLE BASED
 TAUGHT BY: MESSIANIC JEWISH ISRAELI INSTRUCTOR LIAT NESHER
OCT 30TH - DEC 4TH 6 WEEK COURSE
\$100 + \$20 FOR WORKBOOK
TUES // 7:00pm - 8:00pm
 Trinity Christian Centre (10347 - 152 st. Edmonton)
 For more information:
 780-903-2387 / liatstephanie@gmail.com



How's she goin' by?
Comedian Jimmy The Janitor "LIVE"
SUNDAY NOVEMBER 18, 2018
EVANSBURG LEGION HALL
 Clean Comedy ages 14+
 Doors open at 1:00PM, Show at 2:00PM
 Tickets \$30. Available at Claire's V&S or call Tipple Park Museum (Wed-Sat) at 780-727-2240
 PRESENTED BY THE PEMBINA LOBSTICK HISTORICAL SOCIETY

LAWYER
PATRICK DOLPHIN
 Evansburg
 Office open Mondays
 from 9:30A.M. to 4:00P.M. (except holidays)
 4910 - 50 Avenue Evansburg
Phone: 780-727-2270
 Serving Evansburg, Entwistle and area since 1994

JOKE OF THE WEEK
 A zombie was roaming through the woods looking for something to eat. He came across two men. One was sitting under a tree and reading a book and the other was typing away on his typewriter. The zombie quickly pounced on the man reading the book and started to devour him. Because even a brain dead zombie knows that readers digest and writers cramp.

RCMP AND PEACE OFFICERS RAISE AWARENESS ON AUTO THEFT



Submitted by Stony Plain/Spruce Grove/Enoch RCMP

Oct. 15, 2018 Edmonton - Stony Plain/Spruce Grove/Enoch RCMP thank all the citizens who locked their cars this week. In coordination with Peace Officers from Stony Plain, Spruce Grove and Parkland County, the RCMP conducted a Lock it or Lose it event last Thursday in a busy parking lot near the Acheson Industrial area. Peace Officers and RCMP members distributed crime prevention tips and scanned the lot to identify cars that were unlocked, left running unattended or contained valuables within view.

The results were encouraging but the RCMP believes there is

still room for improvement.

- Out of 153 cars checked
- 13 were left unlocked
- 44 were observed with valuables inside.

“We would like to remind everyone to lock their cars and keep valuables away from view. Stolen vehicles are often used to commit other types of crime.” - Insp. Mike Lokken, Detachment Commander Stony Plain/Spruce Grove/Enoch RCMP

“Almost half of all stolen vehicles contained the keys inside. Through these events, we hope

to raise awareness among Parkland County citizens that auto theft is still an issue. A simple checklist to remove identification documents and vehicle registration, hide shopping bags, and to park in well-lit areas will go a long way in telling potential thieves to keep walking.” - Peace Officer Matthew Nickless, Parkland County

Quick Facts

- In 2017, 413 vehicles were reported stolen in the Stony Plain/Spruce Grove/Enoch Detachment area.
- In 2017, an average of 34 vehicles per day a total 12,362 vehicles were reported stolen in Alberta RCMP detachments.
- From January to August of 2018, 6,667 cars were reported

stolen in Alberta RCMP detachments.

• During the same period, Alberta RCMP received over 7,000 reports of theft from a vehicle.

Safety Checklist

- Keep your vehicle locked at all times.
- Never leave your vehicle running while unattended.
- Dont keep your garage door opener in your car. This could give thieves easy access to your house and valuables.
- Dont keep vehicle registrations and other identification documents in the vehicle. They are used to steal your identity.

For more information on how to help prevent auto theft, visit facebook.com/RCMPinAlberta or twitter.com/RCMPAlberta.

We understand hearing loss. First hand.

Clarico Hearing in Stony Plain is locally owned by Jennifer Panteluk, a Registered Hearing Aid Practitioner, who suffers from hearing loss and wears hearing aids. She knows each hearing problem is unique, and she will find the best solution for you.



- Full Hearing Assessments
- Digital Hearing Aids
- WCB, VAC, NIHB, RCMP and AADL
- 90-Day Full Money Back Guarantee



Premium Hearing Aid Buy One, **Get One 50% Off***

*Limited time offer

110, 4300 South Park Dr, Stony Plain
Call 780-968-1011 | claricohearing.com

PARLIAMENT UPDATE – WEEK OF OCTOBER 15, 2018

Submitted by Jim Eglinski, MP – Yellowhead

The following was debated in the House:

- Bill C-65 – An act to amend the Canada Labour Code (harassment and violence), the Parliamentary Employment and Staff Relations Act and the Budget Implementation Act, 2017, No. 1.(Consideration of Senate Amendments)

- Bill C-77 – An Act to amend the National Defence Act and to make related and consequential amendments to other Acts (Second Reading)

- Bill C-82 – An Act to implement a multilateral convention to implement tax treaty related measures to prevent base erosion and profit shifting (Second Reading)

- Bill C-83 – An act to amend the Corrections and Conditional Release Act and another act (Second Reading)

- Bill C-281 – National Local Food Day Act (Report stage)

- Bill C-405 – An Act to amend the Pension Benefits Standards Act, 1985 and the Companies’ Creditors Arrangement Act (pension plans) (Second Reading)

- Bill S-245 – An Act to declare the Trans Mountain Pipeline Project and related works to be for the general advantage of Canada (Second Reading)

- M-177 – Flight Training Schools

- Emergency debate – Global Warming

On Monday, I took part in debate on Motion No. 177, which instructs the Standing Commit-

tee on Transport, Infrastructure and Communities to study issues faced by flight training schools in Canada.

On Friday, I took part in debate on Bill C-83, which would end solitary confinement in federal prisons. Also on Friday, I gave a statement on my experience sailing on board the HMCS Vancouver last week. You can read comments and questions from

Debates on the House Publications page at www.ourcommons.ca/en.

In the Standing Committee on Public Safety and National Security (SECU), we began the study on M-167, which deals with rural crime. For more information on these meetings, visit: www.ourcommons.ca/Committees/en/SECU.

This week, I attended 12 meet-

ings and three events, as well as recorded a message. I will remain in Ottawa over the weekend to attend a rally with the Conservative Party to mark the one year countdown to the next election. Look for my update next Friday on the happenings of Parliament as it will continue to sit for the next two weeks.

Influenza is serious.
Immunization works.
Get Immunized.

Alberta's influenza immunization program is ongoing. Influenza immunization is offered, free of charge, to all Albertans six months of age and older.

Upcoming Immunization Clinics in Your Area

DATE:	TIME:	LOCATION:
Friday, November 2	9 a.m. - 1 p.m.	Wabamun Jubilee Hall 5124 53 Avenue, Wabamun
Thursday, November 1	9:30 a.m. - 4 p.m.	Entwistle Community Hall 4921 51 Street, Entwistle
Tuesday, November 13	10 a.m. - 2 p.m.	Seba Seniors Centre Melmoth Lounge 109 1 Street South, Seba Beach
Wednesday, November 7	3 p.m. - 7 p.m.	Tomahawk Agra Centre, 51122 Secondary Highway 759, Tomahawk
Thursday, October 25 Monday, October 29 Thursday, November 1 Monday, November 5	12:15 p.m. - 8 p.m.	Spruce Grove Health Centre 505 Queen Street, Spruce Grove
Wednesday, October 24 Tuesday, October 30	12:15 p.m. - 8 p.m.	Heritage Park Pavilion 5100 41 Avenue, Stony Plain

Influenza Immunization: Cut Albertans' risk for influenza in half last season.

ahs.ca/influenza | Call 811



WHAT POWERS YOUR FAMILY?

1.888.627.4011



**EQUS**
www.equs.ca

**DELIVERING
MORE THAN POWER**



YOUR LOGICAL SOLUTION TO WEIGHT MANAGEMENT



CALL (780) 907-8642 FOR **FREE** SAMPLE

DARK ROAST COFFEE

SLIMROAST Optimum

Exclusive functional coffee formulated to:

- Crush Cravings
- Increase Energy
- Metabolize fat to Energy
- Help Regulate Blood Sugar
- Improve Mood & Focus
- Boosts Circulation & Oxygen delivery

TO **UNLOCK** THE SECRET OF **WEIGHT MANAGEMENT!** PUT THE **POWER** OF **SLIMROAST OPTIMUM** IN **YOUR CUP!**



Thrilled with my results! I lost 9 lbs and an amazing 11 inches off my abdomen! Works wonderfully!

Managed to lose 7 lbs very fast & much more in inches the way my clothes are fitting now! 1 cup a day is all for me!

Down 17 lbs and fitting into clothes that were way to tight before!

No dieting, first month finished. Down 7 1/2 lbs 8.5 inches. Awesome product!

www.ValentusTour.com/Ladybug

(780) 907-8642

ALBERTA PREPARED FOR CANNABIS LEGALIZATION

Submitted by Mike Brown, Press Secretary, Treasury Board and Finance | Government of Alberta

With cannabis set to be legalized across the country on October 17, the health and safety of Albertans remains a top priority for the provincial government.

Albertans can be confident the province is ready for legal cannabis following more than 18 months of preparation. After one of the largest public consul-

tations in Alberta's history, the government has built a legal cannabis system that keeps the drug out of the hands of children and keeps profits away from criminals. The system will also protect Albertans on our roads and in workplaces and public spaces.

The Alberta Gaming, Liquor and Cannabis Commission (AGLC) is the agency responsible for overseeing this new industry. Together with the Government of Alberta, AGLC is committed to a responsible, se-

cure rollout of legal cannabis in the province.

"This is a big shift for our province and country, but it's one that Alberta has prepared for over the last 18 months, and we are ready. We are managing and mitigating risks around cannabis legalization in our province, and all Albertans should have confidence that public health and safety remain a top priority." - Joe Ceci, President of Treasury Board and Minister of Finance

The AGLC has signed agree-

ments with 15 licensed producers to supply cannabis products to the AGLC which will then provide it to retailers. On Oct. 17, an AGLC call centre will go live where Albertans can get more information on legal cannabis. The albertacannabis.org website will also be live and allow Albertans to purchase cannabis products online.

"We take our role as the regulator of liquor and gaming seriously. The safety of all Albertans is at the forefront of our work as we provide oversight to these industries, and that remains our focus as we add legal cannabis to our portfolio. We work every day to provide Albertans with choices they can trust." - Alain Maisonneuve, president & CEO, AGLC

The province's latest step in preparing for cannabis legalization is to provide new funding to Alberta municipalities. This money will be used to address legalization-related enforcement and other implementation costs at the local level.

"Our cities and towns are the front lines when dealing with many aspects of cannabis legalization. This funding will help offset some of the costs they're facing. I look forward to continue working with local leaders to understand the real-world effects of legalization." - Shaye Anderson, Minister of Municipal Affairs

While the province expects a net loss from legal cannabis this year and next, the government recognizes municipalities have costs related to the federal decision to legalize cannabis. In total, the province will provide \$11.2 million over two years through the Municipal Cannabis Transition Program. Grants will be available for municipalities that have a population of more than 5,000 residents and are responsible for their own policing. The grants will help offset enforcement and other implementation costs at the local level.

The province will continue to work with municipalities to determine next steps and better understand the impacts during the first two years of legalization.

BETTER QUALITY OF LIFE

and a money saver, too!

You can immediately see and feel the difference Elite makes to the quality of your water and the quality of your life. With Elite conditioned water, you and your family will look and feel better - with noticeable glowing complexions and soft, shiny hair.

Beautifully soft, dazzling whites and brilliant colors will replace the rough, matted clothing and towels your hard water previously produced.

Even housework is less of a chore as conditioned water leaves no bathtub ring, scummy film on shower stalls or unsightly spots on glassware, dishes and fixtures.

Your Elite water conditioner will save you time and money, too. You'll spend significantly less on detergents, cleaning products, conditioners, creams and personal grooming products. In addition, your plumbing fixtures and appliances will be protected against costly repairs or premature replacements.



QUALITY SALES & SERVICE OF:

- DISTILLERS
- SUBMERSIBLE PUMPS
- SEPTIC & JET PUMPS
- PIPE, WIRE & FITTINGS
- BOTTLE BUSTER (R.O. WATER COOLER)
- CHLORINE BLEACH, CHEMICALS & SALT
- 3 MOBILE SERVICE VEHICLES
- CHEMICAL-FREE IRON FILTERS
- SOFTENERS
- CHLORINATION SYSTEMS
- MOBILE SHOCK CHLORINATION
- SEDIMENT, TASTE & ODOR FILTERS
- REVERSE OSMOSIS FILTERS (R.O.'s)
- HOT TUBS & JETTED TUBS
- POOL & SPA FILTERS & CHEMICALS
- FREE WATER ANALYSIS

OUR WORKMANSHIP IS GUARANTEED!

The benefits and savings provided by Elite conditioned water will make a wonderful difference in your life.

QUALITY WATER SERVICES LTD.

20 South Ave., SPRUCE GROVE

962-6040 425-2934 (Edm. Direct)



"We're recommended the MOST as the company that knows the MOST"

COMMUNITY CHRISTMAS CONCERT SHOUT OUT

Submitted by Melissa Killion | Tipple Park Museum

'Twas the night before the concert, when all through the town
 Everyone was excited
 For the new show that was going to go down
 The popcorn garland was hung
 Candles were lit
 Old fashioned Christmas was going to be a hit
 The pianist was ready to play some old-fashioned tunes
 Dancers were twirling
 They were lighting up the room
 Doors were now open
 The room filled with cheer
 The Hamlet was in for a treat
 A great performance was soon to appear
 People were laughing their good jolly sound
 Eyes twinkled with memories abound
 The concert brought good tidings to all
 Everyone had a ball.

How fun would it be to bring an old-fashioned community Christmas concert to town? Residents could take part in old-fashioned skits, dancers would dance the night away, and musicians would break out in Christmas carols for all to sing.

We need your help to make this happen. Tipple Park Museum is looking for talent, all sorts of ability and all ages for our first ever old-fashioned community Christmas concert. What no better way then to give back to our community then showcasing

your talent. The Museum will provide skits.

Please don't be shy! If you are interested in taking part, please phone 780-727-2240 or email tippelparkmuseum@gmail.com. Once we have everyone signed up, we will conduct weekly practice times.

Let's give our community a great performance this holiday season.



Start Your Day Right... with the

COMMUNITY VOICE

780-962-9228

Family run, local business, we care!

BEST CISTERN SEPTIC SOLUTIONS

Cistern and Septic Inspection, Installation and Repair!

Septic planning, design, installation by government certified installer(s)

New Installs Available. Reasonable Rates.

Let Us Handle the Dirty Work

780-668-4306

best-cistern-septic-solutions.com

GROVE HEARING CLINIC

960-2960
1-866-960-2960

Hear what you've been missing...

Senior Discounts

Full Service & Repair

Full Hearing Assessments

HOURS OF OPERATION: 9am – 5pm Weekdays

3rd party billing (AADL, WCB, DVA, FCH) • Personal 0% Financing if Needed

For The Latest Technology In Hearing Aids & Assisted Living Device Stop By & See Dawn

#220-70 McLeod Ave - Westland Market Mall, Spruce Grove

FUNDING TO PROTECT WOODLAND CARIBOU

Submitted by Jim Eglinski, MP – Yellowhead

OTTAWA: Jim Eglinski, Member of Parliament for Yellowhead, is pleased to inform residents that the Aseniwuche Winewak Nation has been approved by Environment and Climate Change Canada to receive \$279,025 over the next two years to assist in the recovery of the Woodland Caribou.

This two-year Aboriginal Fund for Species at Risk - Species at Risk Stream (AFSAR-SAR) proj-

ect continues previous work to recover the Woodland Caribou, Boreal and Southern Mountain populations (listed as threatened and priority species) within the traditional territory of the Aseniwuche Winewak Nation near the Town of Grande Cache, Alberta.

The Aseniwuche Winewak Nation is currently participating in the Provincial Woodland Caribou Range Plan to prepare and implement range plans for all Caribou herds in Alberta. This project builds upon on-the-ground work

undertaken in Aboriginal Fund for Species at Risk - Species at Risk Stream projects in 2016-2017 and 2017-2018 that focused on local community engagement and training Aseniwuche Winewak Nation members to conduct monitoring during key migration periods and to provide local level knowledge and resources to developers and the Government of Alberta to support implementation of restoration of critical Woodland Caribou habitat.

This project will raise awareness

and provide education to industry and the general public about local Caribou herds, the safe diversion of migrating Caribou from roadways, and monitoring activities in important Caribou habitat. Caribou patrollers will monitor primary, secondary, and other roadways during migration periods to safely divert Caribou from roads. The patrollers will distribute information packages and fact sheets and encourage the reporting of Caribou sightings, and hunters will be engaged to report animal sightings. Areas of re-vegetation to fill linear disturbance will be monitored for growth.

“This is an important issue for our riding as the range of the caribou overlaps with local natural resource extraction and timber harvesting, which are important economic sectors within Yellowhead and Alberta as a whole. It is important that investments continue to be made to protect our local wildlife, in partnership with industry and our Indigenous Peoples,” concluded MP Eglinski.

You can find details about the AFSAR contributions programs at www.ec.gc.ca/financement-funding/default.aspx?lang=En&n=923047A0-1.



FREE LOCAL CLASSIFIED ADS

Real Estate, Rentals, Vehicles, Pets, Jobs, Service Directory, Buy/Sell/Trade, Lawn & Garden, Garage Sales, Events, Local Places & Much More... Advertise for **FREE** Today!



Buy and Sell just about **ANYTHING!**

FREE Local Classifieds

Follow Us




SHOW YOUR SUPPORT FOR THOSE WHO SERVED

Our upcoming Remembrance Day issue presents local businesses like yours with a unique opportunity to voice your gratitude and support for those who served, both in our community and around the country.

To learn more about participating as a sponsor or advertiser, please contact your sales rep today.



fall...
AUTO TUNE-UP

OCTOBER 2018

**The Businesses in
the following Guide
can be your One Stop
Solution to all your
Automotive Needs!**



HOW SENIORS CAN SAFELY STAY BEHIND THE WHEEL

A greater sense of independence is often cited as the reason so many young people anxiously await the day they earn their drivers' licenses. But the connection between driving and independence is not lost on seniors, either.

Aging can take its toll on drivers, prompting such drivers' families to feel as if their loved ones' ability to safely operate motor vehicles has been compromised. However, many seniors can still safely operate motor vehicles, and those who do can take steps to ensure they're as safe as possible behind the wheel.

- Avoid driving on days when aches and pains are strong. Aches and pains are common side effects of aging, and seniors know that some days are better than others. Seniors' ability to control their

vehicles may be compromised on days when stiffness, aches or pains seem particularly strong, so it's best to avoid driving during these times. Fatigue may set in on days when aches and pains require extra effort to perform relatively simple tasks, and drivers of all ages should avoid driving while tired.

- Don't skip medical checkups. Few seniors may look forward to their medical checkups, but visits to the doctor can reveal issues that can help seniors be safer on the road. Schedule routine vision exams so eyeglass prescriptions are always up-to-date. In addition, seniors should discuss hearing screenings with their physicians so they can ensure they can always hear sirens and other motorists while on the road. Great strides have been

made in regard to helping people with fading hearing hear better, and seniors would be wise to take advantage of such advancements, which include hearing aids that can be connected to smartphones.

- Familiarize yourself with medication side effects. Whether they do so temporarily or permanently, many seniors take medications, and every medication comes with side effects. When filling a new prescription, carefully read the dosage and description label to ensure that it's safe to drive while taking the medicine. Make note of how you feel when taking a new prescription, avoiding driving if the medication makes you feel fatigued or drowsy or affects your motor functions. If the side effects of a new prescription are making it

difficult to safely operate a vehicle, discuss potential alternatives with your physician.

- Avoid driving in certain conditions. Driving in inclement weather, during rush hour and at night makes many drivers uncomfortable, regardless of their age. But such conditions can be especially dangerous for aging drivers whose vision and reaction times might be fading. Seniors who avoid driving in harsh conditions and heavy traffic may be more comfortable behind the wheel, thereby reducing their risk of accident or injury.

Seniors need not give up their drivers' licenses at the first signs of aging. But adjusting certain behaviors and exercising extra caution can help these men and women stay safe behind the wheel.

GROVE
COLLISION REPAIRS LTD.
Specialists in Unibody Repairs
GENESIS COMPUTERIZED DAMAGE ANALYSIS
The Latest in "Hi Tech" Collision Repair

ACCREDITED REPAIR FACILITY FOR

PEACE HILLS GENERAL INSURANCE COMPANY **Allstate**

the co-operators Insurance/Financial Services **The Economical Insurance Group**

ZURICH CANADA WESTERN UNION INSURANCE INC. CANADA

Insurance Claims Welcome

120 South Ave. SPRUCE GROVE (780) 962-3755

STONY PLAIN AUTO
17E Granite Drive, Stony Plain
Servicing All makes & Models ALL WORK GUARANTEED!
Tel: (780) 963-6297
stonyplainautomotive@gmail.com

NAPA AUTO PARTS

- * Auto Parts & Accessories
- * Body Shop Supplies
- * Agricultural & Industrial Parts
- * Shop Equipment

We are real Auto Parts People

120 St. Matthews Ave, Spruce Grove
962-4421 Fax: 962-3464

MasterCard VISA

Auto TUNE-UP

MAINTENANCE KEY TO FUNCTIONING FARMS

The family automobile is not the only piece of equipment that requires routine upkeep to ensure it is operating properly.

Life on a farm can come to a screeching halt if farm equipment is not properly maintained. Farmers invest hundreds of thousands of dollars on agricultural equipment, such as tractors, tillers, hoppers, and dozers. Adhering to maintenance schedules can prevent breakdowns and decrease the need for potentially costly emergency repairs.

Keep it clean

Cleaning the surface of equipment can go a long way toward keeping it operating smoothly. Use a pressure washer to remove caked-on mud and other debris. Titan iron suppliers recommend quickly washing equipment after usage so that substances do not have the chance to harden.

Learn the equipment

Over time, it is possible to employ your senses of sight, sound and even smell to determine if equipment is working properly. Familiarize yourself with the owner's manual so you can troubleshoot minor problems. Any unusual sounds, odors or responses from the gear should be noted.

Routine maintenance checks

Routinely inspect hoses, fittings, and seals to ensure they are in good working condition. Be sure fluids, such as coolant and oil, are at the proper levels. Check and replace filters as needed. Tires need to be properly inflated, and inspect the bat-

tery for corrosion or other signs that it may need to be replaced. Check belts for cracks. Tour the exterior of the equipment looking at signals and lights to ensure they are in proper working order. Hardware should be tightened and any missing pieces replaced.

Heavy farm equipment needs motor oil, hydraulic oil and filters changed more frequently than automobiles. Such equipment also may need more frequent lubrication of chains and cables. Always check and inspect equipment prior to jobs requiring heavy and extended usage.

Expect some welding

Have a knowledgeable welder on call to make repairs as needed, or develop your skills to a point where you feel comfortable making your own spot repairs. The experts at Miller, producers of welding equipment, say cleaning the surface area and removing any paint, oil or corrosion from the metal area that needs repairing can make for smooth, durable welds. Multi-process welding generators and accessories can ensure the right welds for repairs in the field or in the shop.

Maintenance on farm equipment helps keep operations run-

ning along and protects expensive investments.

WINTER is COMING

ARE YOU READY?

We have one of Drayton Valley's **BIGGEST SELECTION** of **WINTER TIRES!**

Winter rims available! Allow 2 business days for shipping

OUT OF PROVINCE Alberta Inspection Facility!

DRAYTON'S SHOP

TREADPRO 780-514-5795
5001 63 St, Drayton Valley

Hours of operation: 8:00 am - 5:00 pm

See What's Brewing

Nothing goes better with your morning coffee than your local paper.

RADIATOR REPAIR AND RECORE

MANY UNITS IN STOCK FOR LARGE TRUCKS SAME DAY SERVICE ON MOST RADIATORS. CALL FOR DETAILS AND PRICING.

We offer services

- CVIP Inspections
- Hydraulic hose crimping and thousands of adapters in stock.
- A/C Repair
- Espar and Webasto Repair, Installation.
- Engine Repair and Rebuilding.
- Power train/Driveline repair and service.
- Suspension and frame repair.
- Two Fully equipped service trucks for mobile needs.
- Gates Hydraulics, hoses and belts

WE HAVE FACTORY TRAINED TECHNICIANS FOR T & E PUMPS, CATERPILLAR AND CUMMINS ENGINES, AND SPICER AND MERITOR DRIVELINES.

WE STOCK PARTS FOR ALL MAKES AND MODELS OF TRUCKS, DRIVELINE & ENGINES.

We repair

- Truck Transport
- Heavy Equipment
- Automotive
- Industrial

Nitro Nut Mechanical LTD.

Shop 780.789.3322 • Fax 780.789.3331
Toll Free 1.855.789.3322 • www.nitronut.com
email: nitronutmech@hotmail.com

Auto TUNE-UP

HOW TO PREPARE FOR AN OUT-OF-TOWN BREAKDOWN

Road trips make for excellent get-aways. Whether you're embarking on a weekend excursion or a lengthy vacation, driving yourself to your destination is a great way to travel, especially for families looking to save money.

Though no one wants to think about the possibility of a vehicle breakdown while out of town, such things do happen. How prepared drivers are can go a long way toward determining how affected they and their passengers will be if this happens.

- Get a checkup before skipping town. It sounds simple, but many drivers may overlook the importance of vehicle checkups before departing on weekend get-aways or longer trips. A full check-up (including an oil change if the recommended interval has passed or is approaching) can uncover any

problems that might derail a trip.

- Examine your options in regard to emergency roadside assistance. Insurance providers typically offer emergency roadside assistance to policy holders for a nominal fee, and memberships in clubs such as AAA also are inexpensive. That's especially true when drivers compare the cost of extra coverage or AAA membership to the potential price tag of a tow truck and out-of-town repairs. Drivers should note that out-of-town repairs may require costly overnight shipping of parts so travelers can get back on the road as quickly as possible. Roadside assistance offered through an insurance company or motor club may include tow trucks free of charge up to a certain number of miles, allowing travelers to get their cars back home without breaking the bank.

- Inspect tires, including

your spare. Many a road trip has been derailed or thrown off schedule due to a flat tire or tires. Before departing, check the condition of your existing tires, including the spare, as well as the air pressure in each one. Firestone notes that many vehicle manufacturers recommend replacing tires at six years, regardless of tread wear. Tires that get heavy usage should be replaced even more frequently. To determine if tread wear is something to worry about, Firestone recommends the penny test, which involves placing a penny head first into several tread grooves across the tire. If the top of Abraham Lincoln's head is always visible, then your tires are shallow and worn and need to be replaced. But if part of Lincoln's head is always covered, your tires can probably withstand the trip. Worn tire treads can make it hard for tires to safely navigate

roads in inclement weather, so don't discount the importance of this simple step.

- Bring along some basic tools. Pack some basic tools, such as screw drivers, wrenches, pliers, a trolley jack, a battery charger, and, of course, duct tape, which may help you temporarily solve some issues on your own. This is especially important for drivers who intend to visit remote locations where mobile phone networks may be inaccessible and the nearest tow truck might be far away. Hone your tire-changing skills before hitting the road and make sure tools are still capable of performing the kind of basic maintenance that might help your vehicle safely return to civilization.

Vehicle breakdowns happen, even while on vacation. Some advance preparation can help drivers avert out-of-town disasters.

W.V. REPAIR SERVICES LTD. 

Agriculture & Heavy Duty Repairs
(NO AUTOMOTIVE REPAIRS)

Air Conditioning - in Shop & Mobile Service
CVIP Inspections, Hydraulic Repair, Hoses Made

 **EXPERIENCED MECHANIC 30+ YEARS**
WALLY 780-305-1315
SHOP IS LOCATED JUST 10 MIN SOUTH OF SANGUDO

Jack's Auto Body


& 24 HR Towing

SPECIALIZING IN COLLISION REPAIR
GUARANTEED WORK • INSURANCE CLAIMS

BOX 9 SITE 306 RR3, ONOWAY, AB T0E 1V0
(780) 967-5850  

OUR PLEDGE IS QUALITY

VANDENBERG COLLISION LTD.



Joe

Ph: (780) 786-2614 5014 - 51 St.
Fax: (780) 786-2736 Mayerthorpe, AB

 **Ray's AUTO REPAIR**

 **24 HR. TOWING SERVICE**
COMPLETE AUTO REPAIR
STIHL CHAIN SAWS

DANNY FRIEND 780-785-2251
(OWNER • MANAGER) BOX 332 SANGUDO, AB. T0E 2A0

GYPSED OCTOBER SCHOOL NEWS

Submitted by Nikki Gilks, Manager, Communications Services | Grande Yellowhead Public School Division

EVANSVIEW SCHOOL

At Evansview School, we began our year by inviting students to enjoy a sundae, tour the school, finalize registrations, and find their lockers. A formal Meet the Teacher night came later in September as the staff prepared a barbecue supper for our students and their families. The ankle-deep snow caused a change in plans for our first whole-school event. A special thanks goes out to our first responders (both firefighters and EMTs) who came

to help us with our annual Terry Fox Run. Instead of trudging through the snow, we had a dance off. Many cool moves could be seen not just by the students but also our guests! We finished up our event by enjoying hotdogs and cookies.

Our crossing guards are back on duty making sure that our students and their families safely cross the road. Our kindergarten and Grade 1 students also completed their bus safety training during the last week of September.

Orange Shirt Day marks a time when Evansview students remembered all those children who attended residential schools. The

students in our school received their own orange t-shirt with a logo created by a local Grand Trunk student. All the Evansview students joined the junior high students for an activity designed to come to a deeper understanding of the experiences of Indigenous children who were taken to residential schools.

This year we are working on adding to our school library book collection. Our 'Indigo's Love of Reading' campaign saw donations for over 100 books! Thank you to our community and families for all your donations. Look for some of our new library titles coming in a backpack near you.

EVANSVIEW EVENTS FOR

OCTOBER

- October 24 Parent-Teacher-Student Interviews
- October 16-25 Book Fair
- October 31 Halloween Celebrations

GRAND TRUNK HIGH SCHOOL (GT)

It's been a busy and exciting September at Grand Trunk High School! We kicked off our school year September 4th with a Grand Trunk mini-conference to ensure success for all of our students. Students attended sessions that taught them how to access library books through Trac Pac, use Solaro to gain knowledge and understanding on grad requirements and transitioning to high school, along with strategies for success with academic studies. GT students signed up for sports teams and clubs, learned about the Yellowhead County Firefighters program, and about our fantastic rock band and industrial arts programs. Students also took part in a scavenger hunt to discover new and fun information about our school and our staff, and to have the chance to move freely about our building. The feedback we have received on our conference from both students and parents has been very positive.

On September 5th, Dwayne Peace from Life Synergy 4 Youth visited Grand Trunk to work with our Grade 8 to 12 students with the presentation 'Life's Challenges in Secondary School'. Later that evening, Mr. Peace held an additional parent and community session on these important topics.

On September 7th, we had a barbecue lunch for all students and staff prepared with the help of our local trustee and board chair, Brenda Rosadiuk. During lunch, the students had a chance to partake in games and activities with the staff to celebrate the first week of school.

The Grad Class of 2018 graduation ceremonies were held on September 22nd. It was heartwarming to revisit with these students to celebrate their successes as well as catch up on their current lives. It was a wonderful event to witness this special moment in the lives of our students, as they move from being high school students to citizens of the world. This graduation marks the final fall graduation as we are transitioning to a spring convocation this year.

On September 28th our school celebrated Orange Shirt Day, learning about the historical significance of the day with Evansview students joining our junior high classes in the afternoon for student

Community Christmas Fair

Saturday November 17th, 2018
10:00AM – 3:00PM ONOWAY HERITAGE CENTER
Presented by the Onoway Public Library

- Sleigh Rides 11:00AM – 3:00PM (sponsored by Onoway Legion Branch #132)
- Photo's with Santa by Amanda Patricia Photography 11:00AM – 2:00PM
- Bubber-Fly Face Painting – 12:00PM – 3:00PM
- Old Fashioned Games 11:00AM – 2:00PM (sponsored by Onoway Historical Guild)
- Craft tables and Onoway Farmer's market with over 50 vendors (baking, knitting, wood crafts, glass ware, wreaths and much more!)
- Children's Craft and Cookie Decorating
- Make a bird feeder ornament (sponsored by Onoway Historical Guild)
- Free hot dogs and refreshments (sponsored by Bigway Foods)

Light Up the Town

to be held on main street at the Centennial Park gazebo.
Presented by the Onoway Beautification committee.

- Sleigh Rides 5:00PM – 6:30PM • Free hot dogs and refreshments
- Gazebo Christmas Light Up at 6:00PM
- Decorating the Living Trees (bring your bird feeder ornament)

Admission is FREE, but we will be collecting donations (cash or toy) for our local Santa's Helpers.

For more information contact the Onoway Public Library at 780-967-2445 or email: onowaylibrary@yrl.ab.ca

Fun for the whole family!

GYPSD October School News

led, hands-on activities. This was a important event to gain knowledge about Orange Shirt Day and to build relationships between our junior high students and elementary students. The school was abuzz with interactions and learning in all ages.

It is hard to believe that September has already left us. The 2018-2019 school year started in September with dynamic energy that will continue to flow throughout the year.

This year there has been the introduction of many new option classes, especially at the junior high level. New classes include classes in wellness, literacy and social gaming. Students are embracing the opportunities to experience new initiatives created by our staff members.

Volleyball season is now well under way with a staff of coaches for our junior and senior teams. With practices, tournaments and games, these teams are busy and will continue to find successes as their seasons progress. These programs exist for our students because of the committed volunteer coaches we have at GT and we greatly appreciate their time and effort.

New clubs have been created this year at GT including a Dungeons and Dragons club and an art club, all providing the students unique opportunities to experience new and amazing things. As the year progresses, more clubs will be added to the Grand Trunk roster, especially through student interest and requests.

October brings with it the first sessions of parent/teacher interviews on October 4th. They were a great opportunity for our staff to meet with families to discuss the education of their children.

On October 19th, our school staff will be meeting to look at our data from the 2017-2018 school year to learn from the results, and set goals

to move our students toward a successful future. We will be using this time to work together to ensure student success.

NITON CENTRAL SCHOOL

Niton Central School has had a busy startup this year and many great things are happening here! This month we'd like to feature just three of them:

- The Grade 5/6 Classroom Economy System - Mrs. Maskell has implemented classroom economy for the school year, where students earn classroom 'currency' for jobs and pay rent for their desks. They can earn bonus cash by participating in extracurricular activities, helping others, or earning excellent grades. On the flip side, students can also be fined for infractions such as not completing assignments or not listening when other students are speaking. In addition, there will be monthly auctions where students can use their currency to bid on popular items. The classroom economy helps students learn valuable life skills such as organization, the value of saving and delayed gratification. They also had to apply for the jobs they wanted and were interviewed before they were awarded. The Grade 5/6 students have embraced their classroom economy wholeheartedly!

- Junior High Gamification - Mr. Hayes has restructured how he delivers the curriculum this year through a gamification lens. This does not mean more screen time for the students, but rather a framework to engage, reward and challenge students in their studies. The two major components of gamification are 'progress mechanics' where students progress to different levels, and 'story and narrative' which provides the structure for the levels. The classroom now has a medieval theme and even a giant game board at the back of the room. Who says school can't

be fun?

- Grade 2/3 Community in the Classroom - Once every month this year, Mr. Meier's class will put on an event to bring the community into our school. For their September function, each student invited a member of the community in to have lunch with them in their classroom on the last Friday of the month. This gives them the opportunity to showcase their flexible seating plan and all of the great projects they have been working on. The Grade 2/3 students were very excited to have guests in!

We are delighted to announce that a former staff member of our school will be returning to work parttime in the junior high. Leanne DeLeeuw brings a lot of skills and talents with her that are sure to enhance what we are already doing.

NITON EVENTS FOR OCTOBER

- October 24 Bee Aware Field Trip for Grade 7 Class
- October 29 Fall UNESCO/ AS-Pnet Meeting
- October 30 Staff Literacy Consultations with Irene Heffel
- October 31 Halloween Celebrations

WILDWOOD SCHOOL

Wildwood School has had a wonderful start to the 2018-2019 school year. Principal James Randall has been very impressed with the new paint in the the hallways and office areas, repairs to the driveway, and work the teachers, teacher aides, and custodians did to ensure the school was ready for the year. The students, staff, parents, and community have made him feel very welcome to his new role and his return to Wildwood School, and he would like to extend a big THANK YOU to everyone.

The month of September was busy with an emphasis on excellence in junior high and building routines in elementary. Junior high students had the opportuni-

ty to participate in two separate presentations that focused on the benefits of hard work and dedication. During the presentations, students heard from local presenters who have excelled in their commitment to achieving their goals. Wildwood adventurer, Shay Foisy, spoke about her travel adventures as she ventured through Europe, Australia, and New Zealand. The second presentation was from Brad Bremner and his band who recently signed a recording contract with Eagle Records.

September was the start-up of the playschool program as well as the 'Successful Kids and Families' program hosted within the school. It is wonderful to partner with these programs to have our young up and coming students in the school so they are comfortable and accustomed to the building when they enter kindergarten.

The month of October is going to be a busy month at Wildwood School with the return and start up of the ever popular grandparents program for Grade 4's. We are once again partnering with local stakeholders to ensure our students and community feel connected to one another and share experiences from our students' and our grandparents' perspectives. We are thankful for the continued commitment our grandparent volunteers make to our school and our students as each group shares history, perspective, and views while working together.

In addition to the grandparent program, students can look forward to a junior high trip to NAIT on October 12nd, Student Led Conferences on October 16th and 17th, a field trip to Camp Warwa for Grade 4-6 on the 18th, School Bus Safety Week presentations for kindergarten and Grade 1 students, school pictures on October 23rd, and Halloween activities on October 31st.



SERENITY
FUNERAL SERVICE

NEW FACILITY
Chapel & Reception Centre

600 Calahoo Road Spruce Grove, AB
780-962-2749 www.serenity.ca

SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY



SERENITY
FUNERAL SERVICE



www.serenity.ca

780-542-3338 (24 hours) 5137-50 Avenue
Drayton Valley, AB

SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY

Classified Ads - Call 962-9228

Hall Rentals

Bright Bank Hall, 780-968-6813

Camp Encounter, Vincent Mireau - Camp Director. director@campencounter.com. C: 780-504-2012 W: 780-967-2548

Cherhill Community Assoc. Hall, Debra 780-785-2907

Darwell Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Duffield Hall, 892-2425 or 963-6887

Entwistle Hall, Contact Tracey at 780-898-2317 or Cheryl at 780-515-1755

Entwistle Senior's Drop In Centre, Barb 727-2108 or Glennis 727-4367 Mon-Fri

Evansburg Senior's Heritage House, Dennis 727-4186

Evansburg Legion, upper hall 250 people, lower hall 80-100 people, 727-3879

Fallis Community Hall, 892-3150

Gunn Hall (G.A.R.S.) 780-951-9452

Keephills Hall, 731-3761

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@gmail.com

Lake Romeo PeaVine Hall, 785-2700

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, 786-4044

Moon Lake Community Hall, Nikki Berg 780-898-1390

Park Court Hall, call or text Karyn 780-712-3918

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2391

Rich Valley Community Hall, 967-3696 or 967-5710

Rosenthal Community Hall, 963-7984

Seba Beach Heritage Pavilion, 797-3863

Smithfield Community Hall, 892-2390

Tomahawk & Dist Agra Center, 898-3443

Wabamun Jubilee Hall, 892-2699.

Wildwood Community Hall, 325-2180 or 780-514-6105

Wildwood Rec Complex 325-2077 or 514-8944

Wildwood Senior's Hall, 325-3787 or 325-2391

Announcement

Learn Hebrew! Bible Based. Taught by: Messianic Jewish Israeli Instructor Liat Neshet. Oct 30th - Dec 4th, 2018 - 6 Week Course, \$100 + \$20 for Workbook. Tuesdays 7:00pm - 8:00pm at Trinity Christian Centre (10347 - 152 St. Edmonton). For more information: 780-903-2387 or liatstephanie@gmail.com (1) 23-10



PURE POTENT CBD DROPS

The World's Purest CBD Oil

- 500mg • 750mg

Organic Non GMO

CBD is in a class of its own - affordable, high quality, and convenient!

WHAT IS CBD?

Cannabidiol (CBD) is just one of over 85 cannabinoids that is identified in the cannabis plant. CBD is becoming increasingly popular amongst the masses for having a wide scope of medicinal benefits - due to clinical reports and mounds of test data showing little to no side effects and a lack of psychoactivity typically associated with marijuana products and high THC.

Our CBD products are made with certified organic hemp grown in Colorado & Kentucky and we are 100% free of any synthetic or artificial ingredients. We have a very potent and high purity level in our products. Everything is tested in an FDA Approved facility and our products contain 0.3% THC.

Benefits of CBD Oil

- Reduce Nausea & Vomiting
- Suppress Muscle Spasms
- Reduce Seizures & Convulsions
- Promotes Health
- Promotes Brain Tissue & Bone Growth
- Fibromyalgia Pain
- Reduces Blood Sugar Levels
- Antibacterial
- Anxiety & Depression
- Reduces Nicotine Cravings
- Digestive Aid
- Anti-Psychotic
- Ringing Ears - Tinnitus
- Inhibits Cell Growth in Tumors

CBD HEALTH BENEFITS

- Mental & Brain Health**
CBD affects principal cannabinoid receptor in the brain promoting a healthy state of mind.
- General Health**
Cannabidiol has incredible medicinal benefits and will improve overall wellness.
- Healthy Balance**
Cannabidiol helps restore healthy balance to the endocannabinoid system.

DISTRIBUTORS NEEDED! Home Based Business MLM

FOR PETS

CBD Dog Treats and 250mg CBD Oil for Pets

- Highest Quality Ingredients
- Natural



For more information, Call (780) 907-8642
www.Elaine1.com

FOR RENT

Two Suites in Alberta Beach



One faces east and one west. Comes with 6 appliances, AC, window coverings, garbage pickup, water and detached garage (640 sq. ft.). Two bedrooms and two bathrooms. In just like new condition. Definitely worth a look.

A one year lease is required.

To View, call Angie 780-863-5621

Classified Ads - Call 962-9228

Help Wanted

Housekeeper Wanted in Sangudo - 3 hours every 2nd week. Call 780-785-2454 (S) OG

Services

Best-Cistern-Septic-Solutions. Cistern and Septic Inspection, Installation and Repair! New Installs Available. Plastic, metal, fiberglass or concrete. We clean them all! Your cistern will be vacuumed, cleaned and sanitized with our high pressure, hot wash, sanitizing system. Reasonable Rates, Call 780-668-4306 (7) 16-10 OG

Investment Opportunities

Earn 6 to 10 percent on your money. I am trying to buy an acreage appraised at \$360,000. I have \$130,000 down payment. Purchase price is \$290,000. I need to borrow \$160,000 at 6 to 10 percent interest for 12 months. Lender will have Caveat on property. Yellowhead County. 780-617-6685 (3) 09-10

Cleaning

Ceiling & Wall Cleaning - Stipple, Wood, All Types. Ceramic Tile Cleaning, Cig. Smoke Removal, Biodegradable non toxic cleaner. We travel to acreages and farms! Seniors Discount, Call Nano Cleaning Today! 780-914-0323 (5) 02-10 OG

Computers

Free Computer Check-ups, save, parts, screens, repairs NOT over \$50. Available: LIKE NEW Laptop or Desktop. your world or family access, clean, refurbished, upgraded, net, games, music, pictures and introduction lesson. ONLY \$100. Free repairs for single parents. Call or leave message,

780-892-4993 (15) 28-08

Firewood

FIREWOOD FOR SALE - Birch, Tamarack & Spruce Pine mix. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (1) 23-10 BW

For Sale

Rotational Plastic Hunting Blinds, with windows and doors for \$450.00. Also selling 500 Gallon Propane Tank for \$600.00. Call 780-621-9166. (4) 16-10

For Rent

Suite for Rent, with shower & bed, All inclusive. \$900/month, North of Evansburg on Hwy 22. Call 780-239-0553 (5) 02-10

Available Immediately, Large 2 Bedroom in Adults ONLY building in Entwistle. Includes Heat, Water & Parking. Rent \$795/month + DD \$300. Cats allowed, Must have good credit. Call Ivka 780-554-5493, jakovljevicivka@yahoo.ca or 780-807-1300 (2) 16-10 OG

Church Directory

<p>Seba Beach Christian Fellowship Sunday School 10:00a.m. Worship Service 11:00a.m. Weekdays Bible Study & Prayer (780) 305-3594</p>	<p>Advent Lutheran Church Sunday Worship & Sunday School 11:00a.m. Evansburg O: 727-3594</p>	<p>Roman Catholic Church St. Agnes' Parish, Mayerthorpe Sunday 9:00a.m. St. Elizabeth Parish, Evansburg Saturday 7:00p.m. (780) 786-2032</p>	<p>St. Joseph's Catholic Church Sunday Mass 11:30a.m. Tuesday Mass 7:00p.m. Wabamun, AB</p>
<p>St. Augustine's - Parkland Anglican Church 131 Church Rd. Spruce Grove Sunday Service 10:00a.m. Eucharist with Sunday School & Nursery All are Welcome Office 780-962-5131 www.staugustineparkland.org</p>	<p>Parkland Baptist Church Sunday Worship Service 10:30a.m. All Welcome 121 Brookwood Drive (780) 962-4101 www.parklandbaptist.ca</p>	<p>Word Church Apocalyptic Era Border Paving Athletic Centre, 9 Tri Leisure Way, Spruce Grove upstairs in the Wild Rose room. Ph: 780-962-7579 Service starts at 10:00 a.m. every Sunday morning, come all & be bless.</p>	<p>St. Saviour Mission (Anglican Diocese of Edmonton) Service every Sunday at 10:00a.m. Rev Coleen Lynch 5117-51 Avenue (Wabamun Seniors Center) Ph: 780-930-4733 www.stsaviourmission.ca</p>
<p>Stony Plain United Church Sunday Service 10:30a.m. 5012-51 Ave. Stony Plain Mewassin United Church Sunday Service 9:00a.m. Rev. Sally Boyle Hwy 627 - Rg Rd 30 Ph: 780-963-4745</p>	<p>Immanuel Lutheran Church of Rosenthal Traditional Service Sunday 9:30a.m. Contemporary Service 10:15a.m. Christian Counselling Services Rg Rd 13, Twp Rd 524 Ph: 780-963-4048 www.ilor.ca email: office@ilor.ca</p>	<p>Emmaus Lutheran Church Sunday Worship Service 11:30a.m. Rev. Robert Marshall 4004-50th Ave, Drayton Valley Ph: 780-542-5101 emmauslutheranchurch.asapress.com</p>	<p>Church of God Worship Service Sun. 11:00a.m. Please contact for activities 5003-49 Street, Drayton Valley Ph: 780-542-5091</p>
<p>Calvary Baptist Church Pastoral Team: Kenton Penner Sunday Worship 10:30a.m. Youth & Ministries Info - calvbapt@telus.net 4401-50th Ave. Drayton Valley 780-542-4774 www.calvarybaptist.ca</p>	<p>All Saints' Anglican Church Sunday Morning Worship 9 BCP 10:30 BAS with Sunday School & Nursery 5212-47 Ave. Drayton Valley (780) 542-5048</p>	<p>St. Anthony Catholic Church WEEKEND MASS SCHEDULE: Saturday 5:00p.m. Sunday 12:00p.m. 4708-50 Ave. Drayton Valley Parish Office: 542-5254</p>	<p>Drayton Valley Alliance Church Pastor John Haazen Join us for Sunday Service at 10:30a.m. Anora School 3901-55 Ave. Programs for all ages Office at 4901-55 St. Drayton Valley Ph: 542-6501 dvalliance.ca</p>

COMMUNITY EVENTS 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

OCT 28 - HARVEST DINNER at Park Court Hall, 12:30-2:00pm. Everyone is invited, quilt raffle and 50/25/25 draw. Call 780 727-4476 or 780 727-2138 for info.

NOV 3 - CHARITY VARIETY TALENT SHOW 7pm (Doors at 6:30pm) at Horizon Stage, Spruce Grove. Admission: By Donation. This is a fun, family show full of fabulous local entertainers.

NOV 3 - COMMUNITY WIDE GARAGE SALE + BBQ, 9am-5pm @ Lake Isle Hall (Hwy 633 & RR55). \$10/table, Contact: 780-892-0115

NOV 4 - SUNDAY CRIB TOURNAMENT at Gunn Community Hall. Reg 10am, Play 11am, \$40/team with lunch, Info 780-951-9452

NOV 5 - "LIGHT UP YOUR LIFE LUNCHEON" 11am-2:30pm at Orient Family Restaurant (900 4305 Southpark Dr, Stony Plain). The cost is as per the current Buffet Meal price.

NOV 14 - "LIGHT UP YOUR LIFE SILENT AUCTION" 12-7pm at WestView Health Centre, Stony Plain. Over 200 items including hand-crafted creations, quilts, gift baskets, gift certificates, original artwork, limited edition prints, wood-working and collectibles.

NOV 16 - VILLAGE MARKET, 5-9pm at Parkland Village Community Centre. Vendor Tables available for \$15. Contact Betty Gamble at morningdove@shaw.ca

NOV 24 - MURDER MYSTERY NIGHT at Parkland Village Community Centre. Doors open: 6:30pm; Show starts: 7pm. Dinner is provided by State and Main. Tickets go on sale soon, \$45/ticket, \$40 /members

FARMERS MARKETS

DRAYTON VALLEY: Evergreen Farmers' Market, Wednesdays at the Mackenzie Center of the Omniplex from 10:30AM-1:30PM. *Ends Dec. 19

EVANSBURG: Sat, 10AM-2PM, Tiptoe Park Museum. Call 727-2240 for tables.

SPRUCE GROVE: at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

STONY PLAIN: Sat, 9AM-1PM, Downtown, Stony Plain. Phone Nancy 780-962-3993.

BINGO

ENTWISTLE COMM. LEAGUE BINGO: Every Wednesday, Doors Open 6pm.

STONY PLAIN SENIOR'S DROP-IN CENTRE: public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

TOMAHAWK: every Mon at Agra Centre, doors 6pm, Bingo 7:30PM. Info 339-2423 or 339-3747

WILDWOOD: Mon night. 6:30PM, bingo starts 7:30PM, Early Birds & Lucky 7.

MEAT DRAWS

Darwell: Put on by Alberta Beach & District Lions Club, 4:00PM, bi-weekly, Darwell Lounge & Restaurant

EVANSBURG: Evansburg Legion, Friday 8-10PM & Saturday 3-5PM

JAMBOREE

CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

DUFFIELD: 4th Sat, Duffield Community Hall. 6:00PM Supper. *Sept - May.

DRAYTON VALLEY: Last Sunday of month. Upstairs @ the "55 Rec. Center" Doors at 12pm, Starts at 1pm. 780-542-3768

ENTWISTLE: at Entwistle Community Hall, 3rd Saturday. For more info call Diann at 780-514-0045. *Starting Oct - May.

MAGNOLIA: at Magnolia Hall. Every 2nd Saturday, Supper at 6PM. 727-2015 or www.magnoliacomunityclub.ca *October - May.

RAVINE COMMUNITY ASSOCIATION: 1st Sat of each month. Info 780-325-2391 *Sept - May.

SEBA BEACH: 2nd Friday 7PM, Seba Senior's Centre, Toni 797-4233

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5pm. Info Florence 780-962-3104 Margaret 780-962-3051 *Sept - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 -51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

TOMAHAWK: Tomahawk Agriplex, 3rd Friday of month. 7PM. PH: 780-339-3755. *Starts Oct 21st.

WILDWOOD: Wildwood Community Hall, 3rd Wed Each Month, 7PM. 325-3749 Oct - June.

TOPS (Take Off Pounds Sensibly)

ENTWISTLE: Wed 5:15PM weigh-in, 5:30-6:30PM meeting, upper level Lions Hall. 780-932-2695.

EVANSBURG: Thursday Mornings 9:30AM at Evansburg Legion Lodge. 241-0864.

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-0869

SPRUCE GROVE: Wed 8:45am at Anglican Church, 131

Church Rd. Christiane 960-1109
WILDWOOD: Thurs at Wildwood School, 5PM. Connie (780) 325-2420

YOUR COMMUNITY

ALBERTA PARENTING FOR THE FUTURE ASSOC: Call 963-0549 or visit www.apfa.ca to register. All programs are confidential & free.

ALCOHOLICS ANONYMOUS IF Drinking is a Problem! 780-236-1043

FREE HOME MEAL DELIVERY PROGRAM, for Wabamun Seniors & Wabamun Lions. Arrange for meal preparation through a local restaurant. Call Darlene, 892-2551.

PEMBINA SKATING CLUB (Evansburg Arena), offers Learn-to-Skate, CanSkate & STARSkate. All ages. Call Lisa 727-2729. *RUNS Sept-March

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource for a free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

LIBRARY EVENTS

AFTERNOON BOOK CLUB at Keephills Library. 2nd Tues of every month, 1:30-3:00PM. Visit www.pclibraries.ca for info.

FAMILY GAMES NIGHT: 3rd Wed of every month, 6-8PM. Located at Entwistle Library, Duffield Library and Tomahawk Library. In partnership with Parkland School Division. Visit www.pclibraries.ca for more info.

HATCHET CITY READERS at Tomahawk Library. 3rd Tues of every month, 10-11AM. For what we're reading next, visit our website, www.pclibraries.ca.

INVENTORS CLUB: 2nd Thurs of every month, 3:30-5:00PM at Entwistle Library. 4th Thurs of every month, 3:30-5:00PM at Tomahawk Library. Ages 8-13. To register: Call the library at 780-339-3935.

SEBA BEACH PUBLIC LIBRARY BOOK CLUB - meets the 4th Tuesday of the month in the library at 10:30AM. For info call 780-797-3940 or E-mail us at sebaeachlibrary@yrl.ab.ca.

EVANSBURG PUBLIC LIBRARY BOOK CLUB: 4th Thurs, 7:00PM Grand Trunk High 727-2030.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12PM at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Month. Call Audrey 780-963-1782. *Sept-June

AEROBICS: Low impact, Mon/Wed, 11AM-12PM, Wildwood Senior's Centre, \$1/session.

BREAKFAST SOCIAL: 9:30AM-NOON, Parkland Village Community Centre - 3rd Sunday. PH: 780.298.9155 Social Media: PVCentre. *NEXT: October 21 & December 16

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

EVANSBURG ART CLUB: meet & paint Thurs 1-4PM Rec Plex. 727-4340 or 727-4098

EVANSBURG GUIDES & PATHFINDERS: Mon 6PM, Camp Evansburg.

EVANSBURG SENIOR'S HERITAGE HOUSE: Floor Curling Mon & Thurs, 1pm. Court Whist Thurs, 7PM.

EVANSBURG TIPPLE PARK HISTORICAL BUILDING

TOURS: Wed - Sat, 10:00-5:00PM.

HEALTHY AGING NURSE & FOOT CARE PERSON, Wabamun Seniors Centre, 2nd Thurs of month, 9AM.

OPEN HOUSE for socializing & card playing at Entwistle Senior Center, Every Sunday from 1-4pm.

PARENT & TOT PLAYTIME: PERC Building Stony Plain Wed 10-11AM; Holborn Community Hall Thurs 9:30-11AM; Parkland Village Tues 9:30-11:30AM.

POT LUCK every Tues 12:00PM, Wabamun Seniors Centre. Come on down!

SEBA BEACH SENIORS CENTER: Yoga, mon, 9:30AM, \$10/session. Bridge thurs, 1pm. Jams every Wed night, 7PM. Thrift Shop every Wed & Sat at 10-3PM.

SEBA BEACH QUILTERS & FIBER ARTS: Wednesdays 9:30AM, Seniors Centre.

SENIORS 50+ LUNCHEON: 3rd Wed, 12PM at Stony Plain United Church basement hall. Call Audrey (780) 963-7582

SENIORS WEDNESDAY AFTERNOON 1-4PM at Parkland Village Community Centre. Games, Crafts & more! Call Sheryl 780.695.7032 *exceptions incl. Weather.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St), 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

SPRUCE GROVE ELEVATOR TOURS: Tues-Sat, 9-3PM. 960-4600.

STONY PLAIN'S 5TH MERIDIAN GOOD SAM'S RV CHAPTER: Ecole Meridian Heights School. 3rd Tues of Month, 7PM. Call Pat at 780-963-6976 or Ruth at 780-288-9829.

MEETINGS

2ND TIMERS: A support & confidential group for Grandparents Parenting. 1st Thurs of month, 6:30PM. Grand Trunk High School (meet in Lobstick Literacy & Learning room). Child care provided at the Evansburg Public Library. *Starts October

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0643

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

AA: Friday at 8PM, Evansburg. Call 325-2204, 727-2466 or 727-6652.

AHS: Addiction Services provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140.

AL-ANON: Wed 8PM. Spruce Grove United Church, 1A Fieldstone Drive. 962-5205

CHAMBER OF COMMERCE (Evans/Ent): 7:30PM 3rd Thurs, Heritage House.

C.H.I.L.D. (Citizens Helping In Life's Defence) Please join our Pro-Life meetings once a month in Stony Plain. For info call Chris 963-6997.

CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30PM, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

COMMUNITY QUILTERS & CRAFTERS: 3rd Tues. Evansburg, Liz 727-3872 Brenda 727-4476

DARWELL & DISTRICT AG SOCIETY: 8PM, 1st Mon, Community Hall.

DDRA MEETING: 7PM, 2nd Mon, Darwell Community Hall 892-3099. *Except Jul/Aug/Dec

DRAYTON VALLEY BRANCH OF ALBERTA GENEALOGICAL SOCIETY: meets 7PM at Municipal Library (5120-52 St.) every 3rd Wed of month. Call (780) 542-2787

ENTWISTLE COMMUNITY LEAGUE GENERAL MEETINGS: 2nd Thursday monthly 7:30PM. *Except June, July, August

ENTWISTLE LIONS CLUB: 2nd & 4th Tues, 8PM, Entwistle curling rink. Jim 727-3573

ENTWISTLE SENIORS: Ladies: 10AM 2nd & 3rd Wed, Floor Curling Tue & Fri, 2PM

ENTWISTLE SENIORS 55+ CLUB: Tue & Fri, 1:30-4:00PM at Entwistle Hall

EVANSBURG SENIOR'S HERITAGE HOUSE: 2nd Tues of Month, 1:30PM. Dennis, 727-4186.

FALLS COMMUNITY ASSOCIATION: 3rd Wednesday, 7:00PM.

GIRL GUIDES OF CANADA: Poplar Hollow District Guides-Pathfinders, Mon 6-8PM. Sparks-Brownies Tues 4-5:30PM. Meet at Camp Evansburg, Brenda 780-727-4476

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

LOBSTICK 4-H BEEF & MULTI CLUB: 1st Mon, Evansburg Arena, 7PM, Shannon 727-2358

LOBSTICK GARDEN CLUB: 1st Mon, Evansburg Baptist Church, Charlotte (780) 325-3787

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building #105, 505 Queen Street, Spruce Grove. Mike (780) 965-9991.

MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets 1st Tues of month, 6-8PM at Norquest College. Terra Leslie. 1-403-346-0290. *Sept-June

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP: Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Contact Cassy 780-471-3034

NA MEETING: Tuesdays, 7:00PM. 514-6011

PEMBINA AL-ANON FAMILY GROUP: meets Tuesdays @ 7:30PM, at Evansburg Catholic Church Hall. Call Patty H. (780) 727-4516 or Cheryl (780) 727-6671

PEMBINA PORCUPINES - JUNIOR FOREST WARDENS: Entwistle Porcupine gathering: 7PM, 1st Tue. Len & Tineke at 727-2020. Porcupines@yellowheadfiv.ca

SOLVE: Community Enviro issues discussed at Smithfield Hall (N of Hwy 16 on RR34). 2nd Thursday. Jana 892-0006

STONY PLAIN FISH & GAME ASSOCIATION & WABAMUN GUN CLUB: 2nd Mon, Stony Plain Comm Center, 7:30PM.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

TOMAHAWK SENIORS (50+) meets every Thursday from 1-4pm at the Tomahawk Agra.

W.E.E COMMUNITY FOOD BANK: Call (780) 727-4043 for emergency food needs. Monthly Meeting: LAST Monday of month at 7:00PM at the Food Bank (Old fire hall in Entwistle). *Except December

WILDWOOD & DIST AG SOCIETY: 2nd Wed of each month 7:00PM at the Wildwood Complex. Wilma 325-2424

WILDWOOD & DIST ROD & GUN CLUB: 2nd Thursday, 7:30PM at the range clubhouse, wildwoodrodandgun@gmail.com

WILDWOOD SENIORS: 4th Wednesday at 2:00PM. PH: 325-3787 or 325-2391. *No meeting July/Aug/Dec.

SUDOKU OF THE WEEK

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

			9	1			7	
9		5	7	3		6	8	
			5					3
	3				1		6	4
		9	3	6		5		
	6	1	4	7	5			
					9	3	5	
4				5		7		1
		8	1	2	7	9	4	

ANSWER:

6	8	3	9	1	2	4	7	5
9	1	5	7	3	4	8	8	2
7	2	4	5	8	6	1	9	3
5	3	7	2	9	1	8	6	4
2	4	9	3	6	8	5	1	7
8	6	1	4	7	5	2	3	9
1	7	2	6	4	9	3	5	8
4	9	6	8	5	3	7	2	1
3	5	8	1	2	7	9	4	6

Like puzzles? Then you'll love sudoku.

This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



Like Us On facebook
FACEBOOK.COM/COMMUNITYVOICENEWS PAPER

follow us on twitter
@communityvoice8

SERVICE DIRECTORY

2Bros
Custom Contracting Ltd.
Custom Framing • Concrete Floors • Shingling
Siding Soffit Fascia • Styrofoam Block System
Jeff 780-717-0520

BREWSTER BOBCAT SERVICE LTD.
P.O. Box 454, Wildwood, AB T0E 2M0
* Site Preparation
* Pile Drilling
* Concrete Work
* Landscaping
* Demolition
* Sand & Gravel Delivery
* General Contracting
brwcat@gmail.com
Telephone: (780) 325-3743
Bruce Balasck Cell: (780) 621-6960

POSTINGFIRST.com
FREE LOCAL CLASSIFIED ADS
Real Estate, Rentals, Vehicles, Pets, Jobs, Service Directory,
Buy/Sell/Trade, Lawn & Garden, Garage Sales, Events,
Local Places & Much More... Advertise for FREE Today!
Follow Us

WABAMUN PHARMACY
I.D.A.
Box 90, 5120 - 51 Avenue
Wabamun, AB T0E 2K0
Ph: (780) 892-2278 Fax: (780) 892-2488

Community VOICE
THIS SPACE IS RESERVED FOR YOU!

H & E UPHOLSTERY
For all your upholstery needs
Convertible tops for cars and boats, custom car and boat interiors, 5th wheel trailer skirts, boat tarps, ATV seats, furniture, kitchen chairs, heavy equipment seats.

www.h-and-e.ca 4-485 South Ave.
For more information contact: Spruce Grove
info@h-and-e.ca (780) 962-3048

SERVICE DIRECTORY

Blakeman Drilling Ltd.
 Waterwell Drilling & Servicing
 Pumps & Pressure Systems
 SERVING LAC STE. ANNE & WEST PARKLAND FOR OVER 25 YEARS
 Joe (780) 924-3024



DONALD N. GREENWAY
 Chartered Accountant
 Suite 205 Sunrise Professional Building
 215 McLeod Avenue
 Spruce Grove, AB
 (Bus.) 962-6366
 (Fax) 962-3990

THE MOST COMPLETE
 NUTRITIONAL SPRAYS ON THE PLANET
 ORDER TODAY!
 (780) 907-8642
 www.Elaine1.com



Ernie's Repair & Service
 SMALL ENGINES
 4820 - 47 Avenue, EVANSBURG
 727-4433



Community VOICE
 THIS SPACE IS RESERVED FOR YOU!

MARK MARTIN PFEIFFER
 MASTER BRICKLAYER/MASON
 Cell: 780-242-3308
 Email: pfeiffer.mark@hotmail.com
 • Brickwork • Stonework
 • Rockwork • Parging
 • Concrete Block Work
 • Tile Work (all kinds)



PURE POTENT CBD DROPS
 The World's Purest CBD Oil
 CBD OIL BENEFITS:
 • High Absorption Sublingual
 • Improves Overall Health
 • Helps Relieve Pain
 • Delivery System
 • Inhibits Cell Growth in Tumors
 (780) 907-8642



ROY SHERWOOD
 Master Electrician
 Ph: 780-968-1425
 Cell: 780-908-2287
 Fax: 780-968-2211
 Email: suretechroy@gmail.com
 2-53220 Rge Rd 21
 Parkland County, AB
 T7Y 0C5
SURETECH ELECTRIC LTD.
 Control & Automation
 Commissioning
 Solar Sales & Service
 Industrial . Commercial . Residential

PREVAIL MAX
 CELLULAR HOMEOSTASIS FORMULA
 A NUTRITIONAL BREAKTHROUGH THAT SUPPORTS YOU... RIGHT DOWN TO THE LAST CELL!
 LIVIN TRIM WITH VALENTUS (780) 907-8642
 www.ValentusTour.com/Ladybug



PEMBINA CONCRETE PRODUCTS LTD.
 Manufacturers of ONE PIECE SEPTIC & HOLDING TANKS
 * Water Cisterns * Field Systems * Pumps and Accessories * Sumps
 DELIVERED TO YOUR SITE
 1-800-661-3047
 780-727-2702
 PembinaConcrete.com
 New Line of Concrete Statues, Fountains and Garden Ornaments.
 BOX 123, Entwistle, T0E 0S0



Community VOICE
 THIS SPACE IS RESERVED FOR YOU!
Complete Drywall Service
 DRYWALL, TAPING, RENOVATIONS, DRYWALL ART, STEEL STUDS, INSULATION, T-BAR, TEXTURE
 RAL Drywall and Plastering Ltd.
 Randy: 780-691-5248



RESIDENTIAL CLEANING SERVICES
 Call Today for your FREE Quote!
 (780) 264-7740
 SERVING SPRUCE GROVE AND STONY PLAIN ONLY



SERVICE DIRECTORY

Jack's Auto Body

 & 24 HR Towing

SPECIALIZING IN COLLISION REPAIR
GUARANTEED WORK • INSURANCE CLAIMS

CAA BOX 9 SITE 306 RR3, ONDWAY, AB T0E 1V0
(780) 967-5850

OUR PLEDGE IS QUALITY

SANGUDO VETERINARY CLINIC

Box 581, 4916 - 52 Ave. Sangudo, AB. T0E 2A0

Dr. Ralf Sanders DVM

Ph: 780-785-2200
 Fax: 780-785-2228
 sangudovet@gmail.com

24 HOUR EMERGENCY SERVICE

Vanhill Contracting

"We are a family orientated company that pride ourselves on SAFETY and EFFICIENCY"

CHRIS & LISA VANHILL
 OWNER/OPERATOR

Site Clearing, Grading, Road Building,
 Brushing, Acreage Development, Dugouts, etc.

780-619-3236
 vanhillcontracting@gmail.com Onway.AB

SERVING ENTWISTLE AND AREA FOR OVER 30 YEARS

Entwistle CONCRETE

PRODUCTS LTD.

SAND & GRAVEL SALES

PH: (780) 727-3525

Dan McCracken Entwistle, AB
 www.entwistleconcrete.ca

Community VOICE

THIS SPACE IS RESERVED FOR YOU!

SMOOLE

- Construction & Septic Installation
- Environmental Wastewater Disposal
- Site Design & Evaluation
- Power, Water & Basement Excavation
- Trackhoe, Backhoe, Bobcat & Dump Truck

For All Your Excavation Needs

Call Dan 780-991-4484 Reid 780-909-0173

H&P Kosik CONSTRUCTION Ltd.

- Road Building • Gravel • Sand • Dugouts
- Black Dirt • Clearing

No Job too small! We do them all!

Harvey cell. 780-445-9010 ph. 780-892-3532
 Box 145, Darwell, AB. T0E 0L0

gold canyon

Elevate your everyday

CALL ME TODAY TO BOOK YOUR PARTY
JODI CAZAC • 780.995.6951

SLIMROAST Optimum

DARK ROAST COFFEE

YOUR LOGICAL SOLUTION TO WEIGHT MANAGEMENT

(780) 907-8642
 www.ValentusTour.com/Ladybug

CCAS

Canadian Clean Air Services Ltd.

Heating & Air Conditioning

High efficiency Furnace or Air Conditioner from 49.99/month.
 Instant Approval. No Credit Required

24 Hour Emergency Service

Licensed and Insured with over 14 years' experience.
 We accept Visa, master card, Amex and interact.

42 Singing Hill Estates, Seba Beach T0E 2B0
 Office line 780-569-5201

Community VOICE

THIS SPACE IS RESERVED FOR YOU!

Xtreme LEAN NRG

Xtreme LEAN NRG
 Advanced Formula helps you:

- Regulates Your Appetite
- Regulates Blood Sugar
- Regulates Fat Absorption
- Improve Energy Levels
- Improve Your Mood
- Increase Mental Focus

"We've unlocked the science of slim!"
(780) 907-8642

SUMMERS DRILLING LTD.

Water well drilling and service
 Family owned Business Serving Alberta since 1917

Never run out of water again!

5 year workmanship warranty

3 Convenient ways to pay

- Visa
- Mastercard

• We now offer full financing

Tired of hauling water?
 We can install a water well with a permanent water supply for as little as \$150/month OAC

Stop in at our office 4405 - 50 Street, Stony Plain
 780-963-1282
 admin@summersdrilling.com

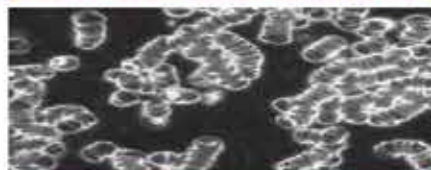
PREVAIL CELLULAR HOMEOSTASIS FORMULA MAX

A NUTRITIONAL BREAKTHROUGH THAT SUPPORTS YOU
...RIGHT DOWN TO THE LAST CELL!

How do you want your
BLOOD to look?



Before PrevailMAX:



- poor circulation
- low energy
- brain fog
- dehydration
- decreased nutrients
- pH imbalance
- poor endurance

After PrevailMAX:



- better circulation
- more vitality
- mental clarity
- cellular movement
- nutrient assimilation
- balanced pH
- optimal endurance

PrevailMAX™ is a nutritional breakthrough that delivers a rapid increase of internal blood cell pressure to speed absorption, enabling the body to take maximum advantage of the nutrients in foods and supplements. The electrolytes are small enough to penetrate your cell membranes, to bind with your cells, and to be carried wherever they are needed in the body.

At the microscopic level of human cells, **PrevailMAX™** supports healthy cell performance – a nutritional breakthrough for your cells.

When you use **PrevailMAX™**, you will feel more energy and an ability to focus like never before. Take a few sprays today and see just how good you can feel!

LIVIN TRIM WITH
VALENTUS

www.ValentusTour.com/Ladybug

(780) 907-8642