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December 11, 2018

LARGE QUANTITY OF EXPLOSIVES RECOVERED



Submitted by Alberta RCMP

Explosives and detonators that are not disposed of properly are

extremely dangerous and surprisingly common on Alberta properties. Historic rules gave Alberta farmers easy access to

dynamite and as a result there is a large quantity of explosives that remain forgotten on properties.

Continued on Page 2

LOCAL REAL CANADIAN SUPERSTORE ASKS RESIDENTS TO HELP MAKE EVERYONE'S HOLIDAY FEAST SPECIAL

In-Store Holiday Food Drive in support of Parkland Food Bank Society runs to December 24

Submitted by Food Banks Alberta

For many Canadians, it's easy to picture a holiday feast: platters generously heaping with

delicious food and all the fixings. But for Canada's 800,000 monthly food bank users, holiday dinners don't have the same ring. That's why Real Canadian Superstore in Spruce Grove has

teamed up with the Parkland Food Bank Society for their holiday food drive, which is on now until December 24.

Continued on Page 2

ARMED ROBBERY

Submitted by Stony Plain/Spruce Grove/Enoch RCMP

On December 4th, 2018 at approximately 5:40 P.M., RCMP responded to an armed robbery at a pharmacy in Spruce Grove, Alberta. A female suspect entered the store wearing a disguise. The female suspect approached

an employee, drew out what appeared to be a firearm, demanded an undisclosed amount of Oxycodone then fled the area.

The female suspect is described as:

- Caucasian
- Approximately 5'8ft – 5'10ft
- White toque
- Black balaclava with sun-

glasses

- White with some teal winter jacket
- Black snow pants
- Black winter gloves

If you have any information about this event, please call the Spruce Grove / Stony Plain RCMP at (780) 968-7267 or your local police detachment.

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Local Real Canadian Superstore Asks Residents To Help Make Everyone's Holiday Feast Special

Continued from Page 1

This year, these organizations are reminding community members that even a small donation is all it takes to enable us all to enjoy a special holiday dinner.

"We know that sometimes there's a big difference between dinner at our own house and what's on the table just down the street," says Keith Manasterski, Manager, Real Canadian Superstore. "This year we want to inspire people in Spruce Grove to make meaningful donations of funds and food to our local food bank so we can help bridge the gap between neighbours and make sure everyone

has a happy holiday and nutritious food throughout the winter months."

Statistics confirm that Canadians are closer to the issue of hunger than ever before. Nearly half of Canadians admit they know someone who has visited a food bank, up from 40 per cent in 2012. But there's some reassurance in the fact that 80 per cent of people in a recent Food Banks Canada survey said that Canadians like themselves play a role in helping those in need.

"We really see people stepping up to support their local food bank, whether it is during the holiday season or throughout the year," says Stephanie Walsh-Rigby of

Food Banks Alberta. "We hope the Loblaw holiday campaign will give community members across Alberta a reason to get out and donate so we can all enjoy the holidays together."

This year, Real Canadian Superstore is calling for donations of nutritious nonperishable food items - think of healthy items you would choose to feed your own family - as well as baby food and money. To see a full list of the most needed items in Spruce Grove, go to: <http://parklandfoodbank.org/get-involved/food-wishlist>. It's easy to donate - simply place food items in the special food drive bins in-store or make a monetary donation at the checkout.

Large Quantity of Explosives Recovered

Continued from Page 1

From November 2017 to October 2018 the RCMP Explosives Disposal Unit (EDU) recovered a substantial amount of commercial explosives:

- 25 kilograms of Geogel
- 205 sticks of dynamite
- eight slurry explosives
- 233 detonators

• 2½ rolls (approximately 750 metres long) of detonator cord

• one bag of cordite (from Second World War)

"Please remember that no matter how old an explosive is, it is still extremely dangerous," says Cpl. Paul Zanon. "We want Albertans to be safe and the safest thing to do is to call us."

Anyone who finds explosives or detonators should contact their local police immediately. Citizens are reminded not to move or touch explosives and providing a picture and an approximate age is helpful. RCMP EDU is trained to safely dispose of explosives and detonators and there is no cost to the public for this service.

JOKE OF THE WEEK

A father took his son Billy to the Penney's mall to see Santa. They stood in line awhile, and finally the boy was able to meet Santa and sit on his lap. "What would you like for Christmas, Billy?" asked Santa. "An X-Box and a Hobbit game," Billy said. "Okay, we'll see what we can do about that," said Santa with a big smile. Later on that day they also went to see Santa at the Sears mall. When Santa asked Billy what he wanted for Christmas, Billy said, "An X-Box and a Hobbit game." "Will you be a good boy and do what your daddy tells you?" Santa asked. Billy turned to his dad and said, "Let's go back to the other Santa, Dad." "Why Billy?" asked his father. "Because I didn't have to make any deals with that one."

Season's Greetings

From Lac Ste. Anne County Council and Staff, sincere wishes are extended for a joyous, festive season and for peace, health and prosperity in 2019.

CHRISTMAS OFFICE HOURS

Closed Monday, December 24 - Tuesday, January 1
Regular office hours resume Wednesday, January 2, 2019

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PARLIAMENT UPDATE – WEEK OF DECEMBER 3, 2018

Submitted by Jim Eglinski, MP – Yellowhead

The House of Commons debated the following:

- C-21 – An Act to Amend The Customs Act (Senate Amendments)
- C-75 – Criminal Code (An Act to amend the Criminal Code, the Youth Criminal Justice Act and other Acts and to make consequential amendments to other Acts) (Third Reading)
- C-84 – Criminal Code ((bestiality and animal fighting) (Second Reading)
- C-86 – Budget Implementation Act, 2018, No. 2 (Third Reading)

• C-88 – Mackenzie Valley Resource Management Act (Second Reading)

• C-90 – Appropriation Act No.3, 2018-19 – (Third Reading)

• C-316 – Canada Revenue Agency Act (Report Stage)

• C-392 – Aeronautics Act (Second Reading)

• C-415 -- An Act to Establish a Procedure For Expunging (Second Reading)

• Motion 151 -- National strategy to combat plastic pollution

• Conservative Opposition Motion – The Economy

On Monday, I presented a petition on human organ trafficking. Later, I participated

in debate on C-88, wherein I strongly stressed that the Liberal government should leave the people of northern Canada with their resources and let them be their own environmentalists and stewards of the land.

On Tuesday, I attended an All-Party Renewable Fuels Caucus Breakfast Meeting. That afternoon, in the Standing Committee on Public Safety and National Security (SECU), we continued the study on Motion 167, Rural Crime in Canada and on Thursday, we continued our study on Motion 161, the Record Suspension Program. Please see: www.ourcommons.ca/Committees/en/SECU.

On Tuesday evening, I attended the All-Party Climate Change meeting.

On Friday, while on House Duty, I asked two questions during debate on C-21.

You can read comments, speeches and debates on the corresponding day's Hansard on the House Publications page at: www.ourcommons.ca/en

This week, I attended 10 meetings, one event and recorded two tapings. This week-end I will be in the riding and returning to Ottawa on Sunday. My next update will be on the happenings of Parliament as it continues to sit for the last week before Christmas break.

YELLOWHEAD COUNTY COUNCIL HIGHLIGHTS

Submitted by Dan Ivanov, Communications Department | Yellowhead County

November 13, 2018

Parkland County/Yellowhead County IDP – A public hearing was held in regards to the adoption of the Parkland County/Yellowhead County Intermunicipal Development Plan (2018). No public presentations were made to council.

Federal and Provincial Fire Service Awards Presentation – Yellowhead County council and Kevin Thompson, Deputy Fire Commissioner, Province of Alberta awarded medals to several members of YCFD. The 30 Year Exemplary Service Medal (Federal) was awarded to Albert Bahri, Director of Protective Services; Thomas Heidler, Division Deputy Chief; John Frank, Firefighter; Jay Lowe, Division Chief; and Alfred Adam, Captain. The 12 Year Emergency Services Medal (Provincial) was awarded to Leslie Schatz, Di-

vision Chief and Jeremy Clark, Captain.

Evergreens Foundation Consolidates with Pembina Housing Authority – Council acknowledged that they are aware of the decision by the Evergreens Foundation to consolidate with the Pembina Housing Authority and that the Evergreens Foundation will be incorporating 51 additional housing units into their operations with no impact to the municipal requisition.

Portion of Mountain Road Closure – Council gave second and third reading to Bylaw 13.18 to close all of Mountain Road that lies within the SE 15 and NE 10-50-27-W5M. The landowner wishes to close the undeveloped road plan and consolidate with an adjacent parcel.

November 27, 2018

Baseline Road Construction Land Expropriation – To complete the Baseline Road reconstruction project, additional right-of-way is required to be obtained from a landowner. As

administration and the land buyer has exhausted its attempts to contact the land owner, council has moved to support a Notice of Intent to Expropriate. So far, the landowner has not been in contact with the county.

Parkland County/Yellowhead County Intermunicipal Development Plan – County council gave second and third reading to the Parkland County/Yellowhead County Intermunicipal Development Plan (IDP), dated October 2018, thereby adopting the plan. Previous public meetings regarding the IDP were well attended. In short, the content of the IDP includes: Land Use Policies, Hamlet Service Area Policies, Transportation and Infrastructure Policies, Economic and Social Development Policies, and Environmental Policies.

Intermunicipal Collaboration Framework Agreement with Parkland County – Council also gave second and third reading to an Intermunicipal Collaboration

Framework (ICP) Agreement with Parkland County. In short, the ICP outlines the process of collaboration for both counties, the agreed-upon services to be delivered, and modes of dispute resolution.

Wildwood Fire Hall and Wildwood, Evansburg Water Tower Demolition – Council approved the addition of \$131,000 from the Emergent Issues Reserve to the 2018 budget to allow for the demolition of the Wildwood Fire Hall and the Wildwood and Evansburg Water Towers in 2018 as opposed to 2018-19. Council has moved to allow all three demolition projects to be carried out December of this year.

The next Council Meeting is on December 11, 2018. The next Governance & Priorities Committee Meeting is on December 18, 2018. All meetings start at 9:30 a.m. in the Council Chambers.



Letter to the EDITOR

UCP LAC STE ANNE – PARKLAND CONSTITUENCY ELECTION ROUND TWO

Why Round Two?

August 21 & 22, 2018 the UCP membership turned out in large numbers and elected a highly qualified constituency resident, Dale Johnson, to represent Lac Ste Anne-Parkland as the UCP candidate for the upcoming Provincial election which will be held in 2019.

Dale Johnson pulled an upset

with the help of grassroot UCP voters. He won the election fairly and squarely which was acknowledged by the Provincial UCP Board.

Five weeks (September 29, 2018) after the election the Provincial Board notified Dale Johnson he would be disqualified because of a very minor and disputed technical oversight in his nomination application.

WHY DID IT TAKE TWO MONTHS TO ORGANIZE THE NEXT LSA-PARKLAND NOMINATION ELECTION? Because of the strong backlash from the UCP voters in the constituency to the disqualification of our duly elected candidate. The Provincial UCP board with their convoluted logic did not respect the voter's wishes or their intelligence to vote

for a well known, respected candidate and long time resident of the Constituency! They waited for the backlash to die down before calling the next nomination election.

The LSA-Parkland Constituency Association Board did not have the backbone to stand up to the Provincial UCP old boys/girls insider's club. They did not back Dale Johnson as the voter's choice for the UCP Candidate.

There are two nominees to consider for the December 15th & 17th elections:

Shane Getson – a very well spoken and highly qualified nominee WHO LIVES IN THE CONSTITUENCY (Onoway area.)

Leah Wood – who lives in the Drayton Valley area (NOT IN THE CONSTITUENCY). She ran and lost to Dale Johnson in the previous election.

Well Folks, it's time to send another strong message to the Provincial UCP Board! We do not want a cherry-picked interloper who DOES NOT LIVE IN THE CONSTITUENCY to represent our LSA-Parkland Constituency at the Provincial level. Please don't let the questionable actions of the UCP Board prevent you from once again voting for the right person as the LSA-Parkland representative. Let's get out and vote to support the only candidate that lives in our constituency, SAHNE GETSON.

Let us, the grassroots, reinforce the theme LET DEMOCRACY REIGN.

The new nomination election dates for a UCP Candidate for the LSA-Parkland Constituency are:

- December 15th
 - Evansburg Legion, 10:00am - 2:00pm
 - Mayerthorpe Legion, 4:00pm - 8:00pm
- December 17th
 - Muir Lake Community League, 10:00am - 2:00pm
 - Onoway Heritage Centre 4:00pm - 8:00pm

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WABAMUN SCHOOL DECEMBER NEWS



Submitted by Les Worthington, Principal | Wabamun School

Welcome to December! It would appear the snow is here to stay. Please ensure your child is dressed for the weather, especially when going on fieldtrips. Below are some highlights from November, and things to look forward to in December:

Breakfast Program & Community Breakfast – The Breakfast Program continues. Everyday students are provided the opportunity to get their day off with the healthy start they require. We also had a Community Breakfast in November, and are looking to host a Community Christmas lunch in December. The date and details still need to be figured out so please keep a close watch on Facebook (Wabamun School and Wabamun Village Voices). Thanks to our volunteers who make all of this possible, and to Servus Credit Union for sponsoring this month's Community Breakfast.

School Council & WSFA – Our next meeting is in January. Thanks to all of those for all of your hard work and support. We are fortunate to have such strong parental involvement.

CTF Round 1 – As November came to a close, so too did our first week of CTF at Seba Beach School for our students in grades 6-9. It was an amazing week of learning and continues to be one of the best option programs available to students.

Cinderella – On Wednesday, December 5th students in Kindergarten

through Grade 3 had the opportunity to watch Cinderella at Horizon Stage!

Story Teller – On Friday, December 7th our 8/9 class were visited by Gail de Vos!

Athletics – There will be Junior Boys & Junior Girls basketball this year. Junior Boys will have league play, and a fee will apply. Junior Girls will play exhibition games as scheduled by the school and will have no fee attached. Further information will come out in the future (schedule, fees, etc). In addition, Archery will be starting up in January for students in grades 4-9. More info coming in the new year!

Saffron Centre Presentations – Students in Kindergarten through Grade 7 participated in a presentation by the Saffron Centre on December 10th. In addition, from 5:30-7:00 there was a presentation for parents & caregivers on internet safety, online games and privacy settings. Thank you Wabamun & Area FCSS for making this happen. Thank you WSFA for providing childcare services.

Coffee with the Principal – Come join me Wednesday, December 12th @ 9:00 a.m. at Jingl's for a cup of coffee (my treat) and some great conversation. All are welcome. The more the merrier!

Christmas Concert – Wednesday, December 19th there will be two Christmas concerts held in our gym. The first will take place at 1:30 with the evening concert happening at 7:00. Tickets are required, and a form will be coming home soon. All



students have the opportunity to participate. Students in grades 7-9 are bringing home a form to have their level of participation approved by their parents/guardians.

Please check in with your child by asking the following: "What

were you excited about this week at school?" I'd love to hear their responses, so please share with me via email or written response.

Should you ever have any questions, comments or concerns please do not hesitate to contact me.

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NEWS FROM THE ROYAL CANADIAN LEGION WILDWOOD BR 149

Submitted by Charlotte Winters and Ellen Greenwood | Royal Canadian Legion Wildwood Br 149

It's a new year with a newly elected executive at RCL Wildwood Br 149 as follows: Coleen Young, President; Lori Rehn, Past President; Charlotte Winters, First Vice President; Don Gibbs, Second Vice President; Ellen Greenwood, Acting Secretary/Treasurer; Robert Veitch, Chaplain; Reg O'Dell, Sgt-at-Arms. Executive Members:



Ben Bird, Fiona Bird, Yvonne Nielsen, Terry Randall and Dan Bonham.

President's message: I wish to thank the Wildwood and area community for coming out to pack our Community Hall on November 11, 2018. It was at that time that I decided to step up and pursue being the President of Royal Canadian Legion Wildwood Br 149. Having said that, I want to thank the members of the Legion for having faith in voting for me and for the work of the past Executive with their three years of volunteering. I want to thank the entire new Executive for stepping up and accepting portfolios so that we may work together to re-establish Legion core values. It is the wish of my new Executive that we intertwine with the community to return the friendly atmosphere. Coleen Young, President.

Come out and enjoy music by The Convertibles on December 14, 2018, which is our continued second Friday of the month event. We will have a turkey and ham supper at 6 pm along with meat draws, basket and a 50/50 draw. For a time there was frozen meat at our meat draws which was not well received, so we have returned to having fresh meat. We hope to see you there. Please phone 780-325-2015 to reserve tickets. Early reservation really helps our cook to know how much to prepare, we don't want to have to turn people away.

With the many upcoming Christmas activities, Fry-days fish and chips are suspended until February 2019. January is traditionally the month to go on a diet, so we will help you all to achieve your goal for the month! See you in February! The legion will still be open on Fridays.

Our next casino is scheduled for the third quarter of 2019. We will need volunteers to step up to help.

The bottle depot is open Tuesday through Friday 11:00 am to 5:00 pm and Saturdays 10:00 am to 5:00 pm. We appreciate advance notice for large deposits, like a bottle drive, so we can serve you better. Our bottle depot manager regrets the removal of the shed and pallet lockup. If someone in our community has a small shed available for donation it would be appreciated.

We are open at 11:00 am for lunch on Thursdays and crib in the afternoon at 1:00 pm.

On the third Monday of the month our Executive meets at 6:00 pm followed by the General Membership at 7:00 pm.

Everyone is welcome to come to the legion. Hope to see you there soon. Watch for more news in the months to come.

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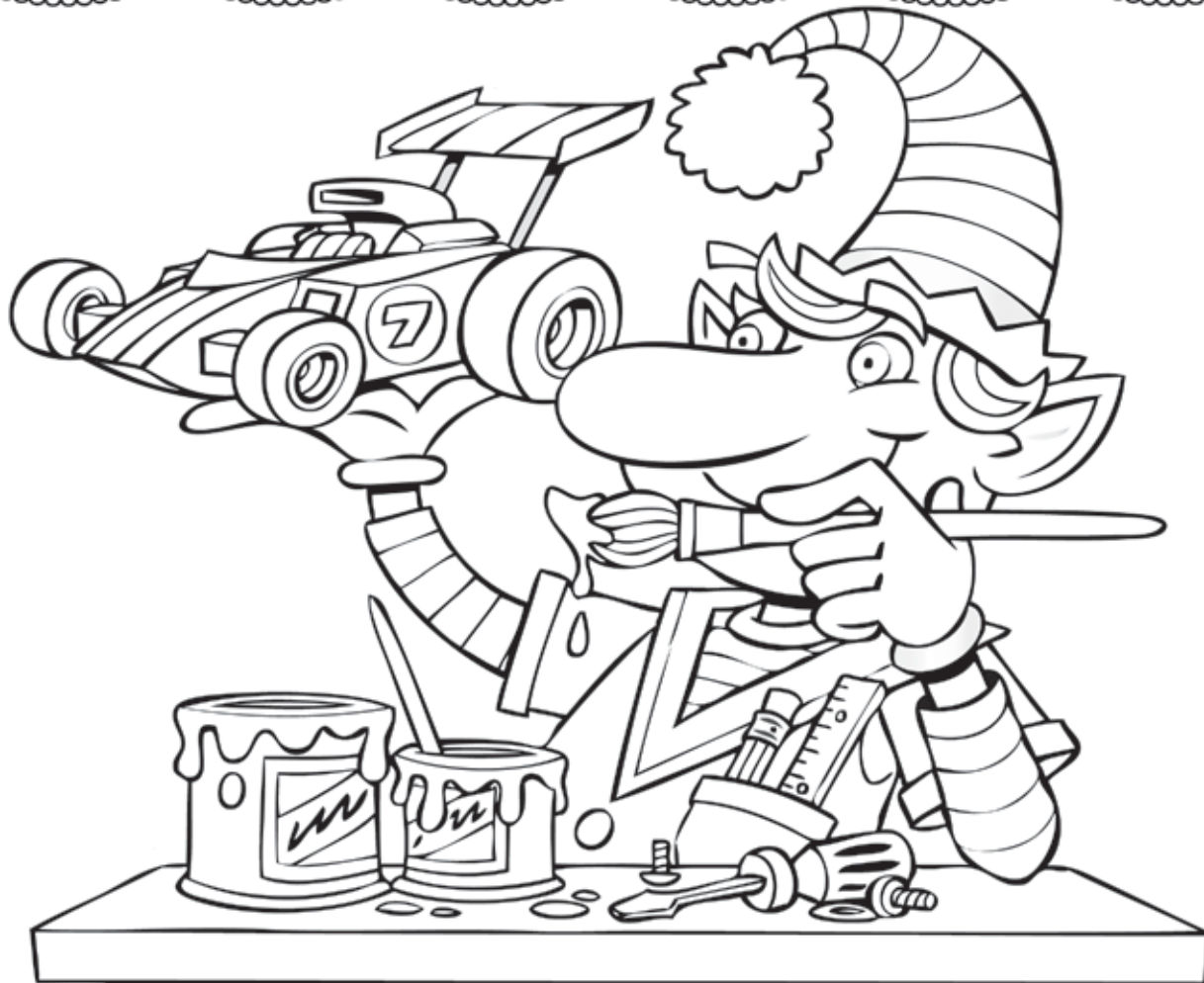
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Cherhill Community Assoc. Hall, Debra 780-785-2907

Darwell Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Duffield Hall, 892-2425 or 963-6887

Entwistle Hall, Contact Tracey at 780-

898-2317 or Cheryl at 780-515-1755

Entwistle Senior's Drop In Centre, Barb 727-2108 or Glennis 727-4367 Mon-Fri

Evansburg Senior's Heritage House, Dennis 727-4186

Evansburg Legion, upper hall 250 people, lower hall 80-100 people, 727-3879

Fallis Community Hall, 892-3150

Gunn Hall (G.A.R.S.) 780-951-9452

Keepfills Hall, 731-3761

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Lake Romeo PeaVine Hall, 785-2700

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, 786-4044

Moon Lake Community Hall, Nikki Berg 780-898-1390

Park Court Hall, call or text Karyn 780-712-3918

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2391

Rich Valley Community Hall, 967-3696 or 967-5710

Rosenthal Community Hall, 963-7984

Seba Beach Heritage Pavilion, 797-3863

Smithfield Community Hall, 892-2390

Tomahawk & Dist Agra Center, 898-3443

Wabamun Jubilee Hall, 892-2699.

Wildwood Community Hall, 325-2180 or 780-514-6105

Wildwood Rec Complex 325-2077 or 514-8944

Wildwood Senior's Hall, 325-3787 or 325-2391

Obituaries



Douglas Howard Brown was born July 16, 1931 in Calgary, AB. He passed away December 6, 2018 at the age of 87 years. Doug was predeceased by his parents Agnes and KD Brown, his sister Phyllis and brother Ken as well as a son. Doug was also predeceased by his 2 spouses Mable and Arlene. Doug leaves behind his special friend Rita as well as family and friends. A special thank you to Michelle of the Westview Health Centre Wound Clinic as well as the nurses that changed his bandages. Thank you to the home care staff at Evansburg and Stony Plain, as well as the Westview Health Centre for the excellent care they provided. A celebration of Life will be held December 19, 2018 at Heritage House 5009 - 49 St, Evansburg. Open House between 1-3pm. In lieu of flowers, donations can be made to the Canadian Diabetes Association. (2) 11-12

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Anti-Aging Uses For Pure Hemp CBD

Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.

KEY BENEFITS

PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.
PROMOTES HEALTH: Helps to promote relaxation and overall health.
WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.



CBD PET PRODUCTS

PET CHEW TREATS



KEY BENEFITS

SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects.
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DIETARY SUPPLEMENT: Can be administered daily as part of your pet's diet.



ORAL SPRAYS & DROPS



KEY BENEFITS

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain.
TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling.
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WANTED: Standing Timber. Are you looking to cut your woodlot before pine beetles or forest fires destroy it? Top dollar paid. Call now! Paul 780-706-1470 (12) 27-11

Computers

FREE - COMPUTER REPAIRS (or computers as available) for single parents or low income. Introduction how

to use. Tech volunteers and distributor members needed. Repairs for Public NOT over \$50. Also good like new refurbished computers available for anybody for \$100. Call or leave message, 780-892-4993 (14) 11-12

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FIREWOOD FOR SALE - Birch, Tamarack & Spruce Pine mix. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (1) 11-12 BW

Seasoned Firewood: Birch, Spruce/Pine, Tamarack & Poplar - 4x4x8 cord. Delivery or pick up at wood yard. Call 780-967-5835 (14) 20-11

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Wanted ASAP: Small breed FEMALE puppy. Will pay up to \$300. Call or text 780-914-5577 (2) 11-12

For Rent

SUITES FOR RENT - Oneway 1 and 2 Bedroom Suites. Clean, quiet & secure building. Reasonable rent. Call 780-967-

2055 or 780-504-2880. (10) 27-11

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SUDOKU OF THE WEEK

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	6	4	5	9				2
2			6		7	4		
1	8			2	3			7
6			1	4	2			8
			8		6	9	7	
3	1					2		
	2					1		6
					1		4	
	5				4	8	2	

ANSWER:

7	6	4	5	9	8	3	1	2
2	9	3	6	1	7	4	8	5
1	8	5	4	2	3	6	9	7
6	7	9	1	4	2	5	3	8
5	4	2	8	3	6	9	7	1
3	1	8	9	7	5	2	6	4
4	2	7	3	8	9	1	5	6
8	3	6	2	5	1	7	4	9
9	5	1	7	6	4	8	2	3

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



COMMUNITY EVENTS 2018

FARMERS MARKETS

DRAYTON VALLEY: Evergreen Farmers' Market, Wednesdays at the Mackenzie Center of the Omniplex from 10:30AM-1:30PM. *Ends Dec. 19

EVANSBURG: Sat, 10AM-2PM, Tipple Park Museum. Call 727-2240 for tables.

SPRUCE GROVE: at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

STONY PLAIN: Sat, 9AM-1PM, Downtown, Stony Plain. Phone Nancy 780-962-3993.

BINGO

ENTWISTLE COMM. LEAGUE BINGO: Every Wednesday, Doors Open 6PM.

STONY PLAIN SENIOR'S DROP-IN CENTRE: public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

TOMAHAWK: every Mon at Agra Centre, doors 6pm, Bingo 7:30PM. Info 339-2423 or 339-3747

WILDWOOD: Mon night. 6:30PM, bingo starts 7:30PM, Early Birds & Lucky 7.

MEAT DRAWS

Darwell: Put on by Alberta Beach & District Lions Club, 4:00PM, bi-weekly, Darwell Lounge & Restaurant

Evansburg: Evansburg Legion, Friday 8-10PM & Saturday 3-5PM

JAMBOREE

CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

DUFFIELD: 4th Sat, Duffield Community Hall. 6:00PM Supper. *Sept - May.

DRAYTON VALLEY: Last Sunday of month. Upstairs @ the "55 Rec. Center" Doors at 12PM, Starts at 1PM. 780-542-3768

ENTWISTLE: at Entwistle Community Hall, 3rd Saturday. For more info call Diann at 780-514-0045. *Starting Oct - May.

MAGNOLIA: at Magnolia Hall. Every 2nd Saturday, Supper at 6PM. 727-2015 or www.magnoliacomunityclub.ca, Call to confirm. *October - May; No Dec Jamboree

RAVINE COMMUNITY ASSOCIATION: 1st Sat of each month. Info 780-325-2391 *Sept - May.

SEBA BEACH: 2nd Friday 7PM, Seba Senior's Centre, Toni 797-4233

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *Sept - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

TOMAHAWK: Tomahawk Agriplex, 3rd Friday of month. 7PM. PH: 780-339-3755. *Starts Oct 21st.

WILDWOOD: Wildwood Community Hall, 3rd Wed Each Month, 7PM. 325-3749 *Oct - June.

TOPS (Take Off Pounds Sensibly)

ENTWISTLE: Wed 5:15PM weigh-in, 5:30-6:30PM meeting, food bank building, South entrance. 780-932-2695.

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-0869

SPRUCE GROVE: Wed 8:45am at Anglican Church, 131 Church Rd. Christiane 960-1109

WILDWOOD: Thurs at Wildwood School, 5PM. Connie (780) 325-2420

YOUR COMMUNITY

ALBERTA PARENTING FOR THE FUTURE ASSOC: Call 963-0549 or visit www.apfa.ca to register. All programs are confidential & free.

ALCOHOLICS ANONYMOUS IF Drinking is a Problem! 780-236-1043

FREE HOME MEAL DELIVERY PROGRAM, for Wabamun Seniors & Wabamun Lions. Arrange for meal preparation through a local restaurant. Call Darlene, 892-2551.

PEMBINA SKATING CLUB (Evansburg Arena), offers Learn-to-Skate, CanSkate & STARSkate. All ages. Call Lisa 727-2729. *RUNS Sept-March

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource for a free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

LIBRARY EVENTS

AFTERNOON BOOK CLUB at Keephills Library. 2nd Tues of every month, 1:30-3:00PM. Visit www.pclibraries.ca for info.

FAMILY GAMES NIGHT: 3rd Wed of every month, 6-8PM. Located at Entwistle Library, Duffield Library and Tomahawk Library. In partnership with Parkland School Division. Visit www.pclibraries.ca for more info.

HATCHET CITY READERS at Tomahawk Library. 3rd Tues of every month, 10-11AM. For what we're reading next, visit our website, www.pclibraries.ca.

INVENTORS CLUB: 2nd Thurs of every month, 3:30-5:00PM at Entwistle Library. 4th Thurs of every month, 3:30-5:00PM at Tomahawk Library. Ages 8-13. To register: Call the library at 780-339-3935.

SEBA BEACH PUBLIC LIBRARY BOOK CLUB - meets the 4th Tuesday of the month in the library at 10:30AM. For info call 780-797-3940 or E-mail us at sebaeachlibrary@yrl.ba.ca.

EVANSBURG PUBLIC LIBRARY BOOK CLUB: 4th Thurs, 7:00PM Grand Trunk High 727-2030.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12PM at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Month. Call Audrey 780-963-1782. *Sept-June

AEROBICS: Low impact, Mon/Wed, 11AM-12PM, Wildwood Senior's Centre, \$1/session.

BREAKFAST SOCIAL: 9:30AM-NOON, Parkland Village Community Centre - 3rd Sunday. PH: 780.298.9155 Social Media: PVCentre. *NEXT: December 16

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

EVANSBURG ART CLUB: meet & paint Thurs 1-4PM Rec Plex. 727-4340 or 727-4098

EVANSBURG GUIDES & PATHFINDERS: Mon 6PM, Camp Evansburg.

EVANSBURG SENIOR'S HERITAGE HOUSE: Floor Curling Mon & Thurs, 1pm. Court Whist Thurs, 7PM.

EVANSBURG TIPPLE PARK HISTORICAL BUILDING TOURS: Wed - Sat, 10:00-5:00PM.

HEALTHY AGING NURSE & FOOT CARE PERSON, Wabamun Seniors Centre, 2nd Thurs of month, 9AM.

OPEN HOUSE for socializing & card playing at Entwistle Senior Center, Every Sunday from 1-4pm.

PARENT & TOT PLAYTIME: PERC Building Stony Plain Wed 10-11AM; Holborn

Community Hall Thurs 9:30-11AM; Parkland Village Tues 9:30-11:30AM.

POT LUCK every Tues 12:00PM, Wabamun Seniors Centre. Come on down!

SEBA BEACH SENIORS CENTER: Yoga, mon, 9:30AM, \$10/session. Bridge thurs, 1PM. Jams every Wed night, 7PM. Thrift Shop every Wed & Sat at 10-3PM.

SEBA BEACH QUILTERS & FIBER ARTS: Wednesdays 9:30AM, Seniors Centre.

SENIORS 50+ LUNCHEON: 3rd Wed, 12PM at Stony Plain United Church basement hall. Call Audrey (780) 963-7582

SENIORS WEDNESDAY* AFTERNOON 1-4PM at Parkland Village Community Centre. Games, Crafts & more! Call Sheryl 780.695.7032 *exceptions incl. Weather.

SPIRITUAL LIVING STONY PLAIN INSPECTIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

SPRUCE GROVE ELEVATOR TOURS: Tues-Sat, 9-3PM. 960-4600.

STONY PLAIN'S 5TH MERIDIAN GOOD SAMS RV CHAPTER: Ecole Meridian Heights School. 3rd Tues of Month, 7PM. Call Pat at 780-963-6976 or Ruth at 780-288-9829.

MEETINGS

2nd TIMERS: A support & confidential group for Grandparents Parenting. 1st Thurs of month, 6:30PM. Grand Trunk High School (meet in Lobstick Literacy & Learning room). Child care provided at the Evansburg Public Library. *Starts October

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

AA: Friday at 8PM, Evansburg. Call 325-2204, 727-2466 or 727-6652.

AHS: Addiction Services provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140.

AL-ANON: Wed 8PM. Spruce Grove United Church, 1A Fieldstone Drive. 962-5205

CHAMBER OF COMMERCE (Evans/Ent): 7:30PM 3rd Thurs, Heritage House.

C.H.I.L.D. (Citizens Helping In Life's Defence) Please join our Pro-Life meetings once a month in Stony Plain. For info call Chris 963-6997.

CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30PM, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

COMMUNITY QUILTERS & CRAFTERS: 3rd Tues. Evansburg, Liz 727-3872 Brenda 727-4476

DARWELL & DISTRICT AG SOCIETY: 8PM, 1st Mon, Community Hall.

DDRA MEETING: 7PM, 2nd Mon, Darwell Community Hall 892-3099. *Except Jul/Aug/Dec

DRAYTON VALLEY BRANCH OF ALBERTA GENEALOGICAL SOCIETY: meets 7PM at Municipal Library (5120-52 St.) every 3rd

Wed of month. Call (780) 542-2787

ENTWISTLE COMMUNITY LEAGUE GENERAL MEETINGS: 2nd Thursday monthly 7:30PM. *Except June, July, August

ENTWISTLE LIONS CLUB: 2nd & 4th Tues, 8PM, Entwistle curling Rink. Jim 727-3573

ENTWISTLE SENIORS: Ladies: 10AM 2nd & 3rd Wed, Floor Curling: Tue & Fri, 2PM

ENTWISTLE SENIORS 55+ CLUB: Tue & Fri, 1:30-4:00PM at Entwistle Hall

EVANSBURG SENIOR'S HERITAGE HOUSE: 2nd Tues of Month, 1:30PM. Dennis, 727-4186.

FALLIS COMMUNITY ASSOCIATION: 3rd Tuesday, 7:00PM.

GIRL GUIDES OF CANADA: Poplar Hollow District Guides-Pathfinders, Mon 6-8PM. Sparks-Brownies Tues 4-5:30PM. Meet at Camp Evansburg. Brenda 780-727-4476

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

LOBSTICK 4-H BEEF & MULTI CLUB: 1st Mon, Evansburg Arena, 7PM, Shannon 727-2358

LOBSTICK GARDEN CLUB: 1st Mon, Evansburg Baptist Church, Charlotte (780) 325-3787

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets 1st Tues of month, 6-8PM at Norquest College. Terra Leslie, 1-403-346-0290. *Sept-June

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP: Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Contact Cassy 780-471-3034

NA MEETING: Tuesdays, 7:00PM. 514-6011

PEMBINA AL-ANON FAMILY GROUP: meets Tuesdays @ 7:30PM. at Evanburg Catholic Church Hall. Call Patty H. (780) 727-4516 or Cheryl (780) 727-6671

PEMBINA PORCUPINES - JUNIOR FOREST WARDENS: Entwistle Porcupine gathering: 7PM, 1st Tue. Len & Tineke at 727-2020. Porcupines@yellowheadjfw.ca

SOLVE: Community Enviro issues discussed at Smithfield Hall (N of Hwy 16 on RR34). 2nd Thursday. Jana 892-0006

STONY PLAIN FISH & GAME ASSOCIATION & WABAMUN GUN CLUB: 2nd Mon, Stony Plain Comm Center, 7:30PM.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

TOMAHAWK SENIORS (50+) meets every Thursday from 1-4pm at the Tomahawk Agra.

W.E.E COMMUNITY FOOD BANK: Call (780) 727-4043 for emergency food needs. Monthly Meeting: LAST Monday of month at 7:00PM at the Food Bank (Old fire hall in Entwistle). *Except December

WILDWOOD & DIST AG SOCIETY: 2nd Wed of each month 7:00PM at the Wildwood Complex. Wilma 325-2424

WILDWOOD & DIST ROD & GUN CLUB: 2nd Thursday, 7:30PM at the range clubhouse, wildwoodrodandgun@gmail.com

WILDWOOD SENIORS: 4th Wednesday at 2:00PM. PH: 325-3787 or 325-2391. *No meeting July/Aug/Dec.

Church Directory

<p>Seba Beach Christian Fellowship Sunday School 10:00a.m. Worship Service 11:00a.m. Weekdays Bible Study & Prayer (780) 305-3594</p>	<p>Advent Lutheran Church Sunday Worship & Sunday School 11:00a.m. Evansburg O: 727-3594</p>	<p>Roman Catholic Church St. Agnes' Parish, Mayorburge Sunday 9:00a.m. St. Elizabeth Parish, Evansburg Saturday 7:00p.m. (780) 786-2032</p>	<p>St. Joseph's Catholic Church Sunday Mass 11:30a.m. Tuesday Mass 7:00p.m. Wabamun, AB</p>	<p>St. Augustine's - Parkland Anglican Church 131 Church Rd. Spruce Grove Sunday Service 10:00a.m. Eucharist with Sunday School & Nursery All are Welcome Office 780-962-5231 www.staugustinesparkland.org</p>	
<p>Parkland Baptist Church Sunday Worship Service 10:30a.m. All Welcome 121 Brookwood Drive (780) 962-4101 www.parklandbaptist.ca</p>	<p>Word Church Apocalyptic Era Border Crossing Athletic Centre, 9 Tri Leisure Way, Spruce Grove upstairs in the Wild Rose room. Ph: 780-962-7579 Service starts at 10:00 a.m. every Sunday morning, come all & be bless.</p>	<p>St. Saviour Mission (Anglican Diocese of Edmonton) 5117-51 Avenue (Wabamun Seniors Center) Services every Sunday at 10:00a.m. Rev. Astron Parsall-Myler at St. Augustine's - Parkland 780-962-5131</p>	<p>Stony Plain United Church Sunday Service 10:30a.m. 5012-51 Ave. Stony Plain Mewassin United Church Sunday Service 9:00a.m. Rev. Sally Boyle Hwy 627 - Rg Rd 30 Ph: 780-963-4745</p>	<p>Immanuel Lutheran Church of Rosenthal Traditional Service Sunday 9:30a.m. Contemporary Service 10:15a.m. Christian Counselling Services Rg Rd 13, Twp Rd 524 Ph: 780-963-4048 www.lcra.ca email: ofbc@lcr.ca</p>	
<p>Emmaus Lutheran Church Sunday Worship Service 11:30a.m. Rev. Robert Marshall 604-50th Ave, Drayton Valley Ph: 780-542-5101 www.emmauslutheranchurch.wabamun.ab.ca</p>	<p>Church of God Worship Service Sun. 11:00a.m. Please contact for activities 5004-49 Street, Drayton Valley Ph: 780-542-5091</p>	<p>Calvary Baptist Church Pastoral Team: Kenton Penner Sunday Worship 10:30a.m. Youth & Ministries Info - calvbapt@telus.net 4401-50th Ave, Drayton Valley 780-542-4774 www.calvarybaptistdu.ca</p>	<p>Drayton Valley Alliance Church Pastor John Haazen Join us for Sunday Service at 10:30a.m. Aurora School 5901-55 Ave. Programs for all ages Office at 4901-55 St. Drayton Valley Ph: 542-6501 dvalliance.ca</p>	<p>All Saints' Anglican Church Sunday Morning Worship 9 BCP 10:30 BAS with Sunday School & Nursery 5212-47 Ave. Drayton Valley (780) 542-5048</p>	<p>St. Anthony Catholic Church WEEKEND MASS SCHEDULE: Saturday 5:00p.m. Sunday 12:00p.m. 4708-50 Ave, Drayton Valley Parish Office: 542-5254</p>

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PREVAIL

CELLULAR HOMEOSTASIS FORMULA

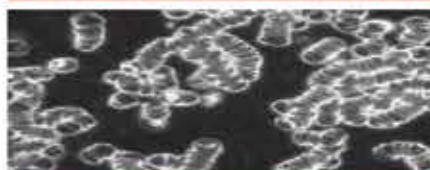
MAX

A NUTRITIONAL BREAKTHROUGH THAT SUPPORTS YOU
...RIGHT DOWN TO THE LAST CELL!

How do you want your
BLOOD to look?



Before PrevailMAX:



- poor circulation
- low energy
- brain fog
- dehydration
- decreased nutrients
- pH imbalance
- poor endurance

After PrevailMAX:



- better circulation
- more vitality
- mental clarity
- cellular movement
- nutrient assimilation
- balanced pH
- optimal endurance

PrevailMAX™ is a nutritional breakthrough that delivers a rapid increase of internal blood cell pressure to speed absorption, enabling the body to take maximum advantage of the nutrients in foods and supplements. The electrolytes are small enough to penetrate your cell membranes, to bind with your cells, and to be carried wherever they are needed in the body.

At the microscopic level of human cells, **PrevailMAX™** supports healthy cell performance – a nutritional breakthrough for your cells.

When you use **PrevailMAX™**, you will feel more energy and an ability to focus like never before. Take a few sprays today and see just how good you can feel!

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