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February 19, 2019

TRINUS HELPS YOUNG CANCER PATIENT THROUGH MAKE-A-WISH

Submitted by TRINUS

I don't like to talk-up the activities of TRINUS in these weekly articles; I'm sure you receive enough corporate advertisements, self-promotion, and flag-waving during your day. But we were honoured to be part of a special event that we held in

our office last week - and I want to make an exception and tell you about it.

Through happenstance, we were put in touch with the Make-A-Wish Foundation of Northern Alberta. I'm sure most of you know that Make-A-Wish grants "wishes" to children with serious ailments, who are receiving

treatment. Some of their stories are heart-wrenching; often involving invasive surgeries and years of treatments with chemotherapy and radiation. If anyone deserves a break from this nightmare, it's these kids - and their parents.

Continued on Page 3

EX-RCMP MEMBER ARRESTED BY ASIRT

Submitted by Alberta Serious Incident Response Team

On Sept. 28, 2018, as a result of ASIRT investigations and a subsequent prosecution, Aaron Lee Sayler, a former member of the RCMP, was convicted of multiple criminal offences.

That same date, Mr. Sayler was released pending sentencing on his own recognizance on multiple conditions including that he surrender his passport to the court, which he did.

On Feb. 7, 2019, Aaron Sayler was arrested pursuant to the provisions of S. 524 (2) of the

Criminal Code on the basis that there were reasonable grounds to believe that the accused was about to contravene his bail conditions. The matter was brought back before the court to seek bail revocation.

Subsequent investigation provided reasonable grounds to believe that Mr. Sayler had committed additional criminal offences and, as a result, on Feb. 11, 2019, in consultation with the Alberta Crown Prosecution Service, four additional charges were laid. Mr. Sayler has been charged with criminal offences of making a false statement to procure a passport, fraud under

\$5000, obstruction of justice and failure to comply with a condition of a recognizance.

As these new charges are now before the court and the proceedings in relation to Mr. Sayler's bail are the subject of a publication ban pursuant to S.517 of the Criminal Code, no further information will be released at this time.

ASIRT's mandate is to effectively, independently and objectively investigate incidents involving police that have resulted in serious injury or death to any person, as well as serious or sensitive allegations of police misconduct.











February 19, 2019 Page 2 Community Voice



Keeping You and Your **Community Informed**

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ENHANCING STUDENT LEARNING: NEW JUNIOR KINDERGARTEN PROGRAMS

Submitted by Nikki Gilks, Manager, Communications Services | Grande Yellowhead Public School Division

February 6, 2018

The Board of Trustees is pleased to move forward with the implementation of a junior kindergarten program in all elementary schools, where viable, within Grande Yellowhead Public School Division (GYPSD), effective the 2019-20 school year. The division has been investigating the establishment of a junior kindergarten program division-wide over the last year after inquiries from the community. The first junior kindergarten program opened in the Jasper community in December 2018.

The Board of Trustees discussed at today's Public Board Meeting about the many advantages of offering junior kindergarten programs within GYPSD schools. She notes that early learning opportunities for young children are important to their developmental milestones and provide increased academic readiness through a play-based experience. We would ensure that all junior kindergarten programs within our schools follow the guidelines under the Play, Participation, And Possibilities: An Early Learning And Child Care Curriculum Framework For Alberta which promotes developmental learning through play. Though our investigation, over the past several months, many school divisions in Alberta have successfully established preschool learning programs in their schools.

One of the board's priorities continues to be student learning. The first six years of a child's life are important to their development and future education. In 2007, GYPSD's board made a decision to provide additional funding to support fullday kindergarten in our schools because of the overwhelming benefits for our students to gain this important learning foundation. This year, the board wishes to expand the opportunities they can offer for these critical early learning years.

Currently, in the initial planning stages, local administration is looking forward to engaging local community playschools to look for collaborative opportunities. The Board of Trustees believes that parents will see many benefits to the new early learning program. Our new programs will follow the annual calendar, as well as align with the school day in the community. For many of our families, this is ideal as they already have older children coming to the elementary school. Children will receive full access to the learning opportunities and facility resources in our elementary schools.

Now that the Board has officially made the decision to move forward with the new junior kindergarten programming for the 2019-20 school year, conversations with local playschools societies may begin.



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JOKE OF THE WEEK

A lawyer's wife dies. At the cemetery, people are appalled to see that the tombstone reads, "Here lies Phyllis, wife of Murray, L. L. D., Wills, Divorce, Malpractice," Suddenly, Murray bursts into tears. His brother says, "You should cry, pulling a stunt like this!" Through his tears, Murray croaks, "You don't understand! They left out the phone number!"



TRINUS Helps Young Cancer Patient Through Make-A-Wish

Continued from Page 1

Make-A-Wish are very diligent in discovering the true desires of these young patients and go out of their way to grant them.

One of their recipients - Logan - wanted a gaming computer and Make-a-Wish contacted us to see if we could help. Logan is an unassuming, quiet 17-year-old, who loves snowboarding, drawing, and computer gaming. But according to his mom Lisa, he's also a fighter and is determined that cancer will not get the better of him. He is coming to the end of his 2-year treatment ordeal.

What an opportunity for us. Without delving into the technical details, we were able to evaluate Logan's Tech specifications, add a little expertise of our own, and gather together all of the required parts. It would have been a simple matter to assemble the components and test the computer; delivering a finished product to Logan with a handshake and a brief photo-op. DONE DEAL.

But, some minds at TRINUS thought we could do more. Our Marketing Supervisor Chris - working with the Directors - put together a full TRINUS Day for Logan. We thought we could have Logan assist with building the computer from the various components, install the software and his favourite games, and optimize the computer for maximum performance; a true Gaming Powerhouse. The proof would be in playing some computer games.

We wanted to add some special touches, so we had Sheri from NWT Promotions - our promotional products' supplier - arrange for a special graphic design based on Logan's favourite game, Overwatch. Darrel and Cheryl from Fine Line Industries - who wrap our vans agreed to wrap the case with the graphic. Finally, we alerted Robert Bailey from Stony Plain about the project. For those not familiar with Robert, he is a world-class artist. who has worked with George Lucas and Disney on Star Wars, and is licensed by Marvel to draw their characters. Specializing in pencil drawings, Robert would do a specially-commissioned artwork for Logan, Devon and Andrew from SAVIAN - our website developers and social media consultants - arranged to record the event in timelapse video, and Emily - a former marketing employee - agreed to

take some pictures of the event.

Well, it all came together last Wednesday, when Logan and his mom Lisa, accompanied by Jen and Aissa from Make-a-Wish, visited TRINUS. Kevin - our Director of Operations - spent the day with Logan, leading him through the computer-building process; Kevin is a long-time gaming computer Guru. All of our staff had pizza with Logan and we were able to make a few special presentations of Steam gift cards (to download his favourite games) and personally-branded TRINUS shirts. Robert's pencil drawing of Batman (Logan's favourite comic-book character) and the Joker was a huge hit. My wife Lena was at the office and she spent time with Lisa, Jen, and Aissa.

It's not often that we find an opportunity to make an impact in someone's life that doesn't involve a corporate computer network or someone engaging our professional services for a fee. Like most companies, we make charitable donations when and where we can. But aside from handing over some money or a gift, we're often detached from the event and not sure if we actually made a difference. Make-a-Wish afforded us the opportunity to gather together the expertise from our staff and valued

vendor-partners, to provide something to Logan that he wished for. We hope he has years of enjoyment from it, especially knowing he had a hand in building it. There were certainly some smiles when he started playing Overwatch on his new computer.

And we did take a few pictures. I'll break one of my rules and provide a link to our Facebook page so you can see for yourself.

Why am I telling you all this? Twenty three years ago, Kevin was a recipient from Make-a-Wish. Lena and I know what a difference it made to our family.



Housing That Promotes Quality of Life and Independence

MAINTENANCE TECHNICIAN

The Evergreens Foundation is currently seeking a skilled, safety-conscious individual to join our team in Evansburg. We have been managing Senior's and Social Housing Programs in our communities for over 58 years and we are known for the great care we take with our residents, tenants and our employees.

Come work in a position where you will make a difference providing building and ground maintenance at Pembina Pioneer Haven, Evansburg, Riverview Manor, Entwistle, and Rosewood Manor and Wildrose Villa, Wildwood, as well as Community Housing in Evansburg, Entwistle and Wildwood, for a total of 66 units. The Evergreens Foundation offers a comprehensive compensation package including benefits and training opportunities in a workplace environment that invokes personal satisfaction knowing you're improving the tenants' home.

Working Monday to Friday, 7.5 hours / day, the incumbent will be responsible for preventative maintenance for the buildings and suites including troubleshooting on heating, cooling and ventilation systems. Other duties include minor repairs to electrical, plumbing, appliances, painting, drywall repair and boiler checks. Grounds maintenance will include snow removal, garbage disposal/recycling, watering lawns/flower beds, mowing (ride on and push mower), raking leaves, trimming/pruning, cleaning eavestroughs and equipment repair services. The Maintenance Technician will be required to provide "on call" coverage for weekend/evening maintenance emergencies.

The ideal candidate must possess a valid driver's licence and have extensive experience as a maintenance worker. Demonstrated skills in building/grounds maintenance are required. Experience working with seniors would be an asset. The successful candidate must be physically able to carry out the duties of the position.

A full job description can be obtained on our website: <u>evergreensfoundation.com</u> in the Careers/Volunteers section.

The successful candidate will be required to obtain a Criminal Record Check.

Please submit resume by February 26, 2019, to hr@theegf.com

We wish to thank all applicants for their interest; however, only those candidates chosen for an interview will be contacted.

Page 4 Community Voice February 19, 2019

MISERICORDIA COMMUNITY HOSPITAL TO OPEN UNIQUE SPACES TO KEEP PATIENTS AND LOVED ONES TOGETHER

Submitted by Katrina Lingrell, Communications Advisor | Covenant Health

The Misericordia Community Hospital will open five Compassion Rooms on February 19, 2019 to enhance care for patients who would benefit from having loved ones nearby continuously during their hospital stay.

"Compassion Rooms allow us to ensure that our patients can be with their loved ones during difficult times," says Janet Schimpf, Senior Operating Officer, Misericordia Community Hospital. "These are dedicated spaces for patients who need their family or loved ones with them at all times, whether to ease anxiety or help navigate their care."

Compassion Rooms are available to patients who are particularly vulnerable, including those who are at the end of life, have experienced a pregnancy loss, are experiencing delirium or do not speak English.

The private rooms have special comforts that allow patients and loved ones to stay together 24 hours a day, including pull-out beds or fold-down chairs, coffee makers and refrigerators. Patients and loved ones may also order food from the Misericordia's made-to-order food service and enjoy meals together in the Compassion Rooms.

"Caring for our patients includes supporting their families and loved ones," says Janet Schimpf. "Helping them stay together is one way we can partner with them to give them the best experience possible."

The Associates of Caritas provided \$160,000 to fund the Compassion Rooms. The organization operates businesses in Edmonton Covenant Health sites and donates profits back to the hospitals to enhance patient care and comfort.

Contact: Katrina Lingrell, Covenant Health Communications, 780.721.0723

Misericordia Community Hospital Compassion Rooms

Compassion Room locations

The Misericordia Community Hospital will have five Compassion Rooms available throughout the hospital:

- 5 East (surgery unit)
- 4 West, 7 West, 7 East and 8 East (medicine units)

Vulnerable patients

Patients who may benefit from a Compassion Room include those who:

- Are at the end of life
- Have experienced a pregnancy
 loss
- · Are experiencing delirium
- Do not speak English

Compassion Room features

Each Compassion Room has amenities to keep patients and their loved ones as comfortable as possible during their stay, including:

- Pull-out beds or fold-down chairs to allow loved ones to sleep comfortably
 - Coffee maker
- Refrigerator with complimentary sandwiches and juice
- Menus for the Misericordia's made-to-order food service so loved ones and patients can enjoy fresh meals together in the Compassion Rooms

Covenant Health is one of Canada's largest Catholic healthcare organizations with over 15,000 physicians, employees and volunteers serving in 12 communities across Alberta. A major provider in Alberta's integrated health system, Covenant Health works with Alberta Health Services and community partners to positively influence the health of Albertans through a broad range of programs and services. CovenantHealth.ca

NOTICE OF PUBLIC HEARING

In accordance with the requirements of Section 606 of the Municipal Government Act, as amended, the Council of Parkland County has scheduled a Public Hearing regarding the proposed adoption of the following Bylaw:

Bylaw: 2018-29	Date: March 12, 2019	Time: 9:30 am	Location: Parkland County
_			Council Chambers
			53109A Hwy 779,
			Parkland County, AB

Proposed Bylaw 2018-29 Parkland County and Summer Village of Betula Beach Intermunicipal Development Plan

An Intermunicipal Development Plan (IDP) is a statutory document prepared with two (or more) municipalities that share a common border, and where at least one member is not a part of a growth management region. An IDP ensures future development and land use policy are coordinated between municipalities. Parkland County and the Summer Village of Betula Beach, under the direction of Section 631 of the Modernized Municipal Government Act, have agreed to jointly engage in an IDP. This plan has been developed to reduce the possibility of any potential conflicts between the municipalities and to ensure the relationship remains strong, transparent and collaborative in the future.

Hearing Procedure

This is a formal Public Hearing and Council is prepared to hear and receive formal submissions and presentations (verbal or written) from those who wish to speak to the proposed Bylaw. Written submissions or presentations may either be submitted in advance to Planning & Development by 4:00 P.M. on March 1, 2019, or submitted at the commencement of the Public Hearing on March 12, 2019.

Anyone wishing to make a verbal presentation to Council must notify Planning & Development Services in advance of the Public Hearing by 4:00 P.M., on March 1, 2019. Verbal presentations at the Public Hearing will be limited to a maximum of 10 minutes. Anyone wishing to make a verbal presentation who has not made prior arrangements may be allocated a time at the commencement of the Public Hearing. Council advises that this is your last opportunity to comment on the proposed Bylaw as Council is unable to receive further submissions after the Public Hearing is closed.

Copies of Proposed Intermunicipal Development Plan

Copies of the proposed IDP are available free of charge during regular business hours (8:30 A.M. to 4:30 P.M., Monday to Friday) from Planning & Development Services at Parkland County Centre. They are also available on the County's website at https://www.parklandcounty.com/en/county-office/inter-municipal-planning.aspx. If you have any questions please call 780-968-8888 and dial extension 8795 for Trina Lamanes or extension 8636 for Thomas Lippiatt, Planners at Planning and Development Services.

The personal information you provide will be used for the purpose of the items described above and is collected under the authority of Section 33 (c) of the Freedom of Information and Protection of Privacy (FOIP) Act. If you have any questions about the collection, use, and disclosure of this information, please contact the FOIP Coordinator at Parkland County, 53109A HWY 779, Parkland County, Alberta T7Z 1R1 (780-968-3229) or email foip@parklandcounty.com

ALBERTA – AN ENERGY PROVINCE

Submitted by MLA Mark Smith | Drayton Valley – Devon Constituency

A while back I met with an oilfield engineer and she said something that made me think. She said, "Alberta is not only an oil and gas province it is an energy province."

Now Alberta is and will remain for many, many years an oil and gas province.

There is no doubt that we need to be ensuring the prosperity of the oil, gas and coal energy sectors that have been so foundational to our economy.

But we are also an energy province and the Drayton Valley-Devon Constituency is ground zero of Alberta energy.

We are oil, we are gas, we are coal and we are electricity but we can and should be adding to this list.

Many communities across this constituency are actively taking steps to pursue opportunities to diversify their economies and build up their tax bases.

Some have been making headway into becoming an industrial hemp cluster attracting businesses that uses the stalk from industrial hemp.

Soon, in Drayton Valley, a company will be putting shovels in the ground to produce not only recreational cannabis but it will also produce CBD's from industrial hemp.

Thorsby is looking to work with a company that will intro-

with a company that will introduce world leading technology that will be used to clean up waste treatment ponds.

A proposed project North of Devon is looking at a char, organic biomass digester combined with algae to create heat, electricity and healthy soils.

The other day at the pipeline rally in Drayton Valley constituents heard a presentation from Mr. Stephen Lindop of EAVOR Technologies Inc. on the production of emissions free, base load energy from a new Geothermal technology developed right here in Alberta.

To accomplish this all of the world leading skills, technology and businesses that we have developed to access oil and gas will be needed.

We could use the existing infrastructure of wells, roads and electricity to produce not only geothermal electricity but also use the geothermal heat in combination with other opportunities like greenhouse food production.

All of these various initiatives speak to the entrepreneurial skills of our people, the forward looking, solve-a-problem attitude that exists in abundance here

As these projects move forward we can be proud of our efforts, we can be proud of the fact that we are an energy province.

ALENTUS





Page 6 Community Voice February 19, 2019

YELLOWHEAD COUNTY HOSTING RENT SMART BASICS WORKSHOP

The Rent Smart Basics Workshop provides education and support to tenants and landlords with one goal: Successful tenancies.

Submitted by Dan Ivanov, Communications Department | Yellowhead County

(February 13, 2019) – If you're just starting to rent, or starting to rent in Alberta—or want more information about how to be a good tenant, this workshop will guide you through the basics, and

more

You and your landlord both want the same thing: A peaceful, stable tenancy that ends in a security deposit being returned and a great reference to take to your next landlord. Being a good tenant requires knowledge, skills and confidence in your rights as a renter.

The Rent Smart Basics Workshop will provide you with a quick overview of the three things you need to know to find and keep your rental: Paying your rent in full and on time, not disturbing your neighbours, and looking after the home.

Successful tenancies are key to building strong communities,

increasing housing stability and preventing homelessness.

The workshop will be held on February 21 from 6:30 to 9:30 PM at the Evansburg Heritage House. Please call 780-325-3782 or 1-800-814-3935 to register. Light refreshments will be provided.

RCMP WARN PUBLIC ABOUT CANADIAN COUNTERFEIT BILLS

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

Spruce Grove, Alta. - On Jan. 15, 2019 the Spruce Grove RCMP were alerted to counterfeit Canadian currency in circulation from local businesses. The currency in question was missing several security features and was printed on regular paper instead of the new polymer

material. Further to the counterfeit currency one legitimate bill was discovered to have been altered. RCMP are advising businesses to be cautious when accepting any denominations of cash and to familiarize themselves with Canadian currency security features by reading the Bank of Canada website. https://www.bankofcanada.ca/banknotes/vertical10/security-features/

If you suspect someone is attempting to pass you a counterfeit bill, the Bank of Canada advises:

"Politely refuse the note and explain that you suspect that it may be counterfeit. Ask for another note (and check it too). Advise the person to check the note with the local police. Inform your local police of a possible attempt to pass suspected counterfeit money."

If you have any information regarding counterfeit bills, please call the Stony Plain RCMP at 780-968-7267 or call your local police. If you want to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.



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CLINIC LOCATION:

Entwistle Jubilee Senior's Drop-In 5107 50 Avenue, Entwistle, AB



RCMP INVESTIGATE THEFT OF TRAILERS

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

Stony Plain, Alta. – On Feb. 8, 2019 RCMP were advised that two trailers had been stolen. The trailers were parked on the side of road as the truck broke down and the trailers were disabled. The

trailers were parked off the westbound lane of Hwy 16, one mile west of Hwy 43.

The trailers are black Tycrop End Dump B Trains that had 24foot silver tubs attached that were approximately six feet tall. The trailers were loaded with approximately 40 tons of grain and were covered with black tarps. The license plates are from British Columbia – 80457U and 80456U.

The trailers went missing sometime between 5:00 P.M. on Feb. 7, 2019 and 2:00 P.M. on Feb. 8, 2019

If you have any information regarding this incident, please

contact the Stony Plain RCMP at 780-968-7267 or call your local police. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www. P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.

CONSULTATIONS ON AIR PASSENGER PROTECTION REGULATIONS

780.569.5201

Submitted by Jim Eglinski, MP – Yellowhead

OTTAWA: Jim Eglinski, Member of Parliament for Yellowhead, is pleased to advise that the Canadian Transportation Agency's proposed air passenger protection regulations will be published in the Canada Gazette Part I for public comment this weekend.

The Transportation Modernization Act mandated the Agency to develop regulations for air travellers that would be clear, consistent, transparent and fair. After months of public and stakeholder consultations, Canadians will have 60 days to comment.

Air passengers who are bumped from overbooked flights or forced to sit through long delays could receive up to \$2,400 in compensation -- under proposed regulations for the government's long-promised Passenger Bill of Rights.

Draft regulations, which will apply to all flights to and from Canada, and those within Canada include:

•Airlines would be required to provide passengers with food, drink and free Wi-Fi after delays of two hours, and accommodation if the delay stretches overnight.

•Compensation of up to \$1,000 for lengthy flight delays and cancellations. This will vary depending on the length of delay and the cause and whether it was in the airline's control.

•Compensation of up to \$2,400 if a passenger is denied boarding and is delayed reaching their destination because an airline overbooked the flight.

The final regulations will be published in Part II of the Canada Gazette. Regulations are expected to come into force next summer. Comments can be submitted to: consultations@otc-cta.gc.ca until February 20, 2019. For further

information on the proposed passenger regulations go to: https://otc-cta.gc.ca/eng/consultation/

air-passenger-protection-regula-

FINANCING AVAILABLE



Page 8 Community Voice February 19, 2019



WE WANT TO EARN YOUR BUSINESS! . WE WANT TO EARN YOUR BUSINESS! . W.

WILDWOOD SENIORS 6TH ANNUAL FANCY TEA

Submitted by Connie Gatzke

Despite the wickedly cold temperatures, the 6th Annual Fancy Tea sponsored by the Wildwood Grandparent program was a warm success.

Each year the program uses the luncheon to pay tribute to one of its components. We are super thankful to the FCSS for the yearly continued financial support to operate the program. We were pleased to have Wendy Robinson from Yellowhead County and Karla Boswell, FCSS board member attend. Just as we had honoured the FCSS last year we chose this year to honour the School. We are very aware how important the cooperation between the Wildwood School and the Wildwood Seniors is. Mr. Randal, the principal, was able to attend and expressed his praise of the program noting how expectant the grade fours are to attend. A highlight of the afternoon was to have Ms Gunderman, the grade 4 teacher, bring her recently awarded medal along with an explanatory chart and tell about the program that she and a teaching partner were involved in that led to the nomination and the awarding of a Governor General

Medal in History. She thanked the Wildwood Grandparents for their small part in her program when we accompanied the children to Stone's Fish Pond last year. She commended the Chip Lake History Society for creating the two volumes of Where the River Lobstick Flows citing these books are valuable references in her program. Wildwood School is truly blessed to have teachers of such calibre.

The Seniors in the Grandparent program met at ten o'clock in the morning and did the prep work for the fancy tea. Grandma Anna Hutchison and Grandma Pat Foisy appeared to be the driving force in the kitchen. Grandma Pat baked sugar cookies at home that were decorated with strawberries and blueberries creating a dessert that has become a signature confection for our fancy tea. Caroline Pudlo took pictures. Elizabeth Bobelik, Rebecca Lindsay Connie Fahrion, Nancy Johnson, Jean Riehl, Germain Spink, Joan Brown, Amber Anderson and Grandpa Barry Fahrion all participated in other forms of the prep work. We had a special guest worker Great Grandma Marjorie Russell. Many of the Grandmas brought trays of squares

from home that complimented our dessert array. When the children came from school at noon, they arranged the tables and chairs, set out the table cloths, flowers, napkins and plates, silverware and fancy tea cups. They created fancy sandwiches, devilled eggs, cracker snacks and were ready to greet guests.

At 2 o'clock when the guests began to arrive the children greeted them, requested they sign the guest book, arranged for them to be seated and served coffee and tea. Children in the program this year are Shyanne Ogley-Brown, Lauren Ice, Morgan Pudlo, Wyatt Boswell, Rhianna Riehl, Jacob W, Amy Lee, Deacon Raymond and Makayla Morrison. After we heard from Mr. Randal and Ms Gunderman lunch was served by the children.

We were fortunate to have more dignitaries attend. Jim Eglinski, MP for Yellowhead and his wife Nancy attended as they have for many years. Mr. Eglinski expressed his thoughts about a program he had been involved in, pairing Senior High School students with Seniors. He praised our program, stressing that seniors have much knowledge to share with children. Mr. Eglinski

honoured me by giving me a Challenge Medal, "In Recognition of Your Service" a medal possessed by service members inscribed with his name and his RCMP regiment number. I feel honoured to receive such a token.

Gerald Soroka, Mayor of Yellowhead County thanked the seniors for their volunteer time to make the program possible.

Anthony Giezen, Councillor of Ward 2, and his wife Scarlet were also able to attend. He brought personal praise of the program knowing first hand many of the children who have participated over the years citing their pleasure in attending the weekly sessions at the seniors.

As coordinator of the Grandparent Program, I basked in more than my share of praise for the program. I continue though, to stress that we are so successful because of the great rapport we have with Wildwood School, because of the financial support of FCSS and because of the remarkable senior members who attend the program every week from October til May each year. We are in our 21st year and some seniors have been attending nearly that long. Remarkable.



#220-70 McLeod Ave - Westland Market Mall. Spruce Grove

Page 10 Community Voice February 19, 2019



Bridal Guide

GET THE MOST OUT OF BRIDAL SHOWS AND WEDDING EVENTS

Recently engaged couples may be excited to get a jump on wedding planning. Bridal shows can be a great way for couples to meet and familiarize themselves with local wedding professionals, all the while introducing themselves to the terminology of wedding planning.

Though they're a great source of information, contacts and samples, bridal shows also can be a bit overwhelming. Learning how to maximize time spent at shows can help couples plan their weddings as efficiently as possible.

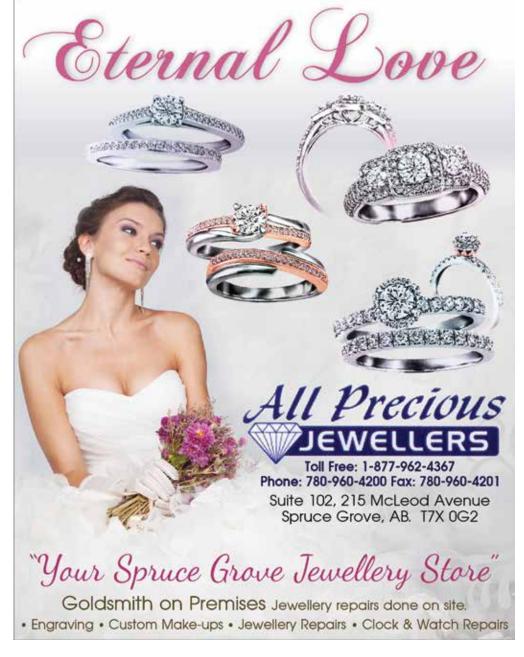
- Start small. If the idea of large crowds is unappealing, attend the more intimate, boutique shows that are often held at local reception halls and restaurants instead of the larger installations at convention centers and hotels
- Scout out vendors. Check the bridal show's website for lists of exhibitors and see if your desired vendors are on the list. But even if they're not, keep an open mind and use the show as a chance to compare offerings. If an event map is available, marking off must-visit booths can help save time.
- Pre-register. Pre-registering for bridal events saves time at check-in, and doing so may make you eligible for discounted tickets.
- Come prepared. Chances are each vendor is going to ask couples for information so that they can follow up with a phone call or email with more detailed offerings and estimates. Couples attending the show can expediate the process by coming equipped with labels that feature their names, contact information and wedding date. They can then stick the labels on sign-in sheets or use them like business cards.
- Dress comfortably.
 Bridal expos involve a lot of walking and roaming around. Wear comfortable clothing and shoes.
 Consider a backpack or handsfree bag so you are not weighed

down when collecting the swag and other handouts throughout the day.

 Ask questions. When face-to-face with vendors, rely on their expertise but don't hesitate to ask questions concerning themes, colors, recommendations for honeymoon locations, invitation paper suggestions, and much more.

 Stay for the fashion show. Many shows will offer a runway experience to present the latest gown and tuxedo offerings. This can be an entertaining way for couples to formulate their wedding styles.

Wedding shows introduce couples to vendors and set them on the path to making decisions regarding the planning of their weddings.



Page 12 Community Voice February 19, 2019

Bridal Guide

ALTERNATIVES TO ENGAGEMENT RINGS

Engagement rings are often sizable investments. Money magazine reports the average engagement ring costs around \$5,800. An engagement ring symbolizes the start of a lifelong commitment and may even set the tone for a couple's wedding day.

Jewelry styles are personal, and grooms-to-be should carefully

research their significant others' preferences in terms of precious metals, colors and gemstones. Even though tradition holds that a diamond gemstone is classic for engagement rings, these precious stones are not the only options. In fact, before World War II, just 10 percent of proposals involved diamond engagement

rings. That number jumped to 80 percent by 1990. However, many modern couples now lean toward other offerings not only for the uniqueness they provide, but also for the potential cost savings.

Those seeking something unique can embrace these engagement ring options.

- Amethyst: This vibrant, lavender-hued stone can be breathtaking when cut the correct way. Purple shades have long been associated with royalty, making an amethyst fitting for such an occasion as special as an engagement. Because amethysts, which are less expensive than diamonds, are a seven on the Mohs scale for gemstone hardness, they can be very durable.
- Knot rings: These rings do not have a center stone. Rather, they're designed to be a tied knot or infinity symbol. These rings can be particularly sentimental as they represent true, unbroken love.
- Opal: Gemstones, like flowers, have been assigned certain meanings. Tying the engagement ring to one of them can infuse more symbolism into the relationship. Opal, for example, represents love, passion, creativity, spontaneity, and inspiration. Those traits seem tailor-made for surprise proposals.
- Sapphire: While sapphire stones often are blue, they can also be yellow, green, pink, and white. Sapphires are the third hardest mineral. A white sapphire can be the perfect diamond replacement.
- Garnet or ruby: Red is the definitive color of love. A Valentine's Day proposal can be made even more special by presenting an engagement ring with a red gemstone.
- Moissanite: The jewelry source Brilliant Earth says moissanite is a gemstone first discovered in 1893 by Henri Moissan in a meteorite that fell to earth. It is remarkably similar to a diamond in appearance and strength. Moissanite also has heightened brilliance, with a refractive index higher than that of a diamond.

Couples have many beautiful alternatives to diamonds that they can explore when shopping for engagement rings.



Bridal Guide

FACTORS THAT CAN AFFEC

Each year, millions of couples around the world tie the knot. But before couples walk down the aisle, the proposal to get married must take place. Many couples mutually agree to get engaged, while the experience may be a surprise for others who have thought about it, but may not have been sure when one partner or another would "pop the question.3

Upon getting engaged, couples may ponder how long their engagement should last. There is no perfect answer, and engagement length typically depends on personal preference and the needs of the couple. In fact, according to The Knot 2017 Real Weddings Study, the average length of an engagement is 14.5 months.

A number of factors affect the length of a couple's engagement, and couples should not feel as if they need to hurry down the aisle. For example, couples who will be financing their own weddings may need a longer engagement than those whose parents will be chipping in. In such instances, longer engagements give couples more time to save and may help them ensure their weddings are everything they hoped for.

Others may prefer a shorter engagement if they are financially stable and prepared to tie the knot. Couples in their late 30s may feel the tug of a biological clock and want to ensure there is ample time to get married and have children. A shorter engagement can facilitate that.

Some couples may have little choice in the matter, as the length of their engagements may be dictated by the availability of their favorite

Military deployment, work commitments, medical issues, or travel responsibilities also may affect the length of an engagement.

Some couples may feel that an especially lengthy engagement diminishes their excitement about getting married. That "new engagement shine" can wear off as family and friends wait months or years for the wedding to take place.

stick with what feels right to them regarding the length of their engagements. Just like all aspects of the wedding, couples can weigh the opinions of others but follow through

Couples generally are advised to with what works best for them. WABAMUN JUBILEE HALL

Weddings, Banquets, Meetings

Accomodates up to 300 for large functions, room divider for carpet or hardwood, full kitchen facilities, handicap accessible.



Rentals start at \$175.00

To book the hall, call 892-2699





Alberta Beach, AB • 924-3385



Wabamun, AB • 892-3463



300-700 McLeod Ave. Spruce Grove, AB

Congratulations



Page 14 Community Voice February 19, 2019

Bridal Guide

TYPES OF WEDDING OFFICIANTS

Many people play a role in a wedding. The bride and groom, bridesmaids, groomsmen, ring bearers, and flower girls are front and center on the day a couple ties the knot.

Another central, and very important, figure on a couple's wedding day is the officiant. Officiants perform the wedding ceremony and are the first to introduce the newlyweds to their guests as an officially married couple.

Various types of officiants can officiate a wedding, and understanding each type can help couples find the right one for them. Religious officiant

Couples who want traditional religious ceremonies often choose a religious officiant, such as a parish priest or rabbi, with whom they're familiar. For example, couples who grew up attending

a particular church might choose the priest who's been preaching to them since they were children, while others might choose the priest at their current place of worship.

Religious officiants may be governed by certain rules that restrict them to performing ceremonies in a house of worship, which might rule them out for couples who want outdoor or destination weddings. Couples should inquire about such restrictions as early as possible in the planning process so they aren't caught off guard.

Civil officiant

Civil officiants are officers of the court, such as a judge or justice of the peace. Many couples who are planning destination weddings abroad still choose to have a civil officiant perform

a wedding ceremony at home. This is because some overseas officiants may not be authorized to marry couples in their home countries, meaning their marriages won't be recognized once they return home. Civil officiants make sure marriages are legal, and they also make great options for couples who just want to get hitched without a grand ceremony.

Professional officiant

Professional officiants are not affiliated with a particular religious organization. That makes them great choices for couples who aren't religious as well as those who come from different religious backgrounds and won't be converting to the same faith. Professional officiants typically meet with a couple once or twice to get to know them before writ-

ing the speech they will give during the ceremony. Many will share the speech with the couple in advance of the big day, and some even allow couples to write the speech.

Loved ones

Many couples ask a friend or family member to officiate their weddings, which can add a fun and very personal component to the ceremony. Couples who want to take this route should research local laws to determine the steps loved ones must take to become ordained ministers who will be recognized by the state or country where the ceremony will take place.

Officiants play a significant role during a wedding, and couples can choose one who best fits their personalities and ceremony preferences.







TWO ARRESTED FOR THEFT OF BACKHO

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

Spruce Grove, Alta. - On Jan. 14, 2019 at approximately 9:30 a.m., Stony Plain RCMP received information that a stolen backhoe was at a rural location near Spruce Grove, Alta. The backhoe had been stolen earlier that morning from the Edmonton area. The backhoe had a GPS tracker and employees were able to track the backhoe and provide

its location to the RCMP.

RCMP arrived on scene and located two suspects who were subsequently arrested.

Steven Soucy (29) of no fixed address was arrested for an outstanding warrant and charged with the following offences:

- Possession of property obtained by crime over \$5000 X
- Possession of a weapon for a dangerous purpose
 - Possession of a con-

trolled substance (Methamphetamine)

Clark Moukhaiber (46) of no fixed address was charged with the following offences:

- Possession of property obtained by crime over \$5000 X
- Possession of a weapon for a dangerous purpose
- Possession of for the Purpose of Trafficking

Both were remanded into custody and will appear in Stony

Plain Provincial Court on Jan. 23, 2019.

If you need to report a crime, please call the Stony Plain RCMP at 780-968-7267 or call your local police detachment. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.

MARCH MENTAL HEALTH WORKSHOP FOR LOCAL PRODUCERS

This March, Yellowhead County is celebrating its local farmers and producers—and we're focusing on an often overlooked side of the job: Mental health.

Submitted by Dan Ivanov, Communications Department | Yellowhead County

(Feb 13, 2019) — On March 1st, join Bill Lee, farmer and life coach, in celebrating the mental health of Yellowhead County's local farmers and producers! Bill is eager to bring his knowledge

about coping with farming stress so that you and your family can learn to manage tough times.

Because let's face it, farming isn't easy. Three tough growing seasons, financial pressures, and daily stress can take their toll. We know that farming isn't just a business—and it's not just a way of life—for most, it is their

everything.

Yellowhead County's Agricultural Services understands this, that's why we've invited Bill Lee to impart his skills on our proud community of producers. With Bill Lee's guidance, you'll learn a number of stress-management techniques that are productive and fun! Even if

you're not feeling occupational pressures, be sure to come out and take advantage of this rare education.

The session will be held at the Wildwood Community Hall (March 1st, from 1 to 4 PM). Please register before February 25th by calling 780-325-3782.





SCIENCE SATURDAYS STARTING APRIL 27 AT TIPPLE PARK MUSEUM

Submitted by Melissa Killick | Tipple Park Museum

Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world. – Albert Einstein

Are you between the age of 7 -14, and would like to get your creative mind flowing? Then we have a great and innovative program for you! Tipple Park Museum will be hosting Science Saturdays starting April 27 from

3 - 4 pm. Admission is \$1.00 per session. The program will run all year long, no registration needed.

We have tons of fun experiments, including make your own geodes, potato light bulbs,

slime, volcanos, pumpkin explosions, instant hot ice and so much more!

If you have any questions please phone 780-727-2240 or email tippleparkmuseum@ gmail.com

YELLOWHEAD COUNTY COUNCIL HIGHLIGHTS

Submitted by Stefan Fels- ment | Yellowhead County ing, Communications Depart-



600 Calahoo Road Spruce Grove, AB

780-962-2749 www.serenity.ca

SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY

February 12, 2019

Plans for Evansburg Water & Sewer Next Phase Underway Phase III of the Evansburg water, sewer and sidewalk improvements will move ahead with construction scheduled to begin in 2020. The total project cost of this phase is \$4.4 million. Local improvement charges of \$840,000 for residential water and sewer improvements will be split 50/50 between the County and the individual property owners. The \$840,000 is broken down between each lot that received new water and sewer lines in this phase and is calculated based on the lot size of each property.

County Adds Additional Advertising Method for MGA Requirements - Council passed a Bylaw that includes the formal addition of online advertising for notifications of bylaws, resolutions, and public hearings. The Alberta Municipal Government Act requires that Council must pass this bylaw if advertising these types of notices as official documents online.

The next Council Meeting is February 26, 2019. The next Governance & Priorities Committee Meeting is February 19, 2019. All meetings start at 9:30 a.m. in the Council Chambers.



Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	6		3	1		7	2	
	3	8				1	5	6
			4					
7		4	8			9		
		6				3	8	
	8			9	1			7
8		1	6		5		9	
	5					4	7	
	4	2		8	9			1





Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



Page 18 Community Voice February 19, 2019

Classified Ads - Call 962-9228

Classified Policy

CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion = \$6.00; Subsequent insertion = \$3.00 each. (Eg: 2 insertions = \$9.00; 3 insertions = \$15.00; 4 insertions = \$15.00; etc) Each additional word is 20 cents per word, per insertion. BOLD/CAPITAL text available for an additional \$1/line. Lost & Found and To Give Away (up to a max. of 25 words) are free of charge. Ads

must be paid in advance either by cheque, cash, Visa or Mastercard. No Refunds Allowed on Classified Ads. DEADLINE: is Thurs. 4:00 pm (Wed. 4:00 pm on long weekends). Classified ads may be called in to the COMMUNITY VOICE office at (780) 962-9228, emailed to: classifieds@com-voice.com, dropped off at Onoway Registries, or mailed with your ad and payment to: COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8. Ads may also be placed

on the web at www.com-voice. com/classified.htm

Hall Rentals

Bright Bank Hall, 780-968-6813

Camp Encounter, Vincent Mireau - Camp Director. director@campencounter.com. C: 780-504-2012 W: 780-967-2548

Cherhill Community Assoc. Hall, Debra 780-785-2907

Darwell Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Duffield Hall, 892-2425 or 963-6887

Entwistle Hall, Contact Tracey at 780-898-2317 or Cheryl at 780-515-1755

Entwistle Senior's Drop In Centre, Barb 727-2108 or Glennis 727-4367 Mon-Fri

Evansburg Senior's Heritage House, Dennis 727-4186

Evansburg Legion, upper hall 250 people, lower hall 80-100 people, 727-3879

Fallis Community Hall, 892-3150

Gunn Hall (G.A.R.S.) 780-951-9452

Keephills Hall, 731-3761

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Lake Romeo PeaVine Hall, 785-

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, 786-4044

Moon Lake Community Hall, Nikki Berg 780-898-1390

Park Court Hall, call or text Karyn 780-712-3918

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2391

Rich Valley Community Hall, 967-3696 or 967-5710

Rosenthal Community Hall, 963-7984

Smithfield Community Hall, 892-2390

Tomahawk & District Sports Agra, Bookings: Kathy 780-339-3773.

Wabamun Jubilee Hall, 892-2699.

Wildwood Community Hall, 325-2180 or 780-514-6105

Wildwood Rec Complex 325-2077 or 514-8944

Wildwood Senior's Hall, 325-3787 or 325-2391

Miscellaneous

For Sale - Electric Hospital Bed in new condition, \$900. Call 780-727-4433 (4) 29-01



Classified Ads - Call 962-9228

Announcement

For \$50 You Can Eliminate Your Cable Bill. Get 7000+ (CHANNELS)! Put \$500+ Weekly in your Bank Account. Ask me how! Text 780-882-4571. www.tryitoutforfree. com/dougfollet (4) 19-02

Events

Backyard Birds & Bees are offering beginning Beekeeper courses, March 2nd & April 7th, 2019 at the Pioneer Center in Spruce Grove. Please email backyardbirdsandbees@ outlook.com or call 780-446-4579. Cost is \$100 per person or \$150 per couple. Please pre register. No deposit required, payment at door. (4) 05-02

Employment Opportunities

LOCAL DRIVERS NEEDED!!
Community Voice is looking for local newspaper delivery drivers. Every Tuesday at 9:00am. Must have own vehicle. Call 780-962-9228 for more information. (S) OG

Services

WANTED: Standing Timber. Are you looking to cut your woodlot before pine beetles or forest fires destroy it? Top dollar paid. Call now! Paul 780-706-1470 (12) 27-11-18

Computers

FREE COMPUTER REPAIRS (or computers as available) for single parents, lonely seniors or low income. FREE check up while you wait. Repairs for NOT over \$50. Laptop win 7 or 10 like new refurbished only \$100. Donate your computers, tabs, cells or program disks for single parents (will be erased/cleared refurbished or used for parts). Call or leave clear message, 780-892-4993 (14) 11-12-18

Firewood

Seasoned Firewood: Birch, Spruce/Pine, Tamarack & Poplar - 4x4x8 cord. Delivery or pick up at wood yard. Call 780-967-5835 (14) 20-11-18

FIREWOOD FOR SALE -Birch, Tamarack & Spruce Pine mix. Poplar \$300/ cord. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (1) 19-02 BW

For Rent

2 Bedroom House in Evansburg, fully fenced yard, covered patio, backs on to Tipple Park, pets neg. \$995 undercost/month + utilities, DD same. 780-621-7421 (4) 05-02 Fallis Duplex overlooking Lake Wabamun. 1 bedroom reno, pets neg. Reduced \$875/month + DD same. Call or text 780-621-7421 (4) 05-02

1 Bedroom Apartment For Rent in Evansburg. Washer/ dryer/fridge/stove, seperate entrance, close to downtown. \$650/month, DD \$300. Call 780-963-1830 (3) 19-02



WHAT IS CBD?

A Health and Beauty Breakthrough!

Cannabidiol, CBD, is one of over 80 active cannabinoid chemicals in the hemp plant. CBD, unlike, THC, does not produce euphoria or intoxication. CBD targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using CBD products for both treatment and prevention of numerous ailments.



Supports healthy blood sugar levels, promotes healthy energy levels, releves anxioty, aids in digestion, supports optimal immune function and the regengration of healthy cells, and promotes a sense of serenity and overall well-being.



Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots. vorniting & nausea; suppress muscle spasms, reduce seitures & consulsions. PROMOTES HEALTH: Helps to promote relaxation and overall health. WELL-BEING: Helps to reliove anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.



CBD PET PRODUCTS

PET CHEW TREATS

KEY BENEFITS

SYNERGISTIC BENEFITS:
Can be used in conjunction
with regular medications with
no side effects
NO SIDE EFFECTS:
Does not damage the liver, kidney
or GI Tact like OTC medication.
DRETARY SUPPLEMENT.
Can be admanstered daily as part



ORAL SPRAYS & DROPS KEY BENEFITS MANAGES PAIN: Heeps to treet inflammation, arthritis and joint bain.

inflammation, arthritis and joint pain.
TREATS DIGESTIONAL ISSUES:
Holps with loss of apportion, naurona,
195 and pastnormetristant aveilting.
GENERAL HEASTH: Height of manage mood, anxiety and general
juikt pain. For heilithy, fragory peti.
CONVENIENT: Can be sprayed into
petit mouth or on food.

For more information, Call (780) 907-8642 www.Elainel.myctfocbd.com



COMMUNITY EVENTS 2019

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

FEB 23 - CHILI COOK-OFF at Woodbend Hall. Doors 5:30pm. Judging/Dinner 6pm. Bring your favorite chili for judging! Prizes. \$7/person or \$25/family. \$5 off if bring chili. Fun for all ages! Call 780-470-0574 to register.

MAR 9 - EVANSBURG ART CLUB PRESENTS: COLOURED PENCIL with Susan Cassault, 10am-4pm at the Heritage House Evansburg. For info 780-723-4119

MAR 16 - ST. PATRICKS DINNER & DANCE at Duffield Hall. Cocktails 5pm, Jiggs Dinner 6pm, 7pm Blue Northern Dancers Performance. Dance to follow by Singing Sawyer & Comrades Band. Advance Tickets \$20. PH: 780-717-6291, 780-963-9664

FARMERS MARKETS

DRAYTON VALLEY: Evergreen Farmers' Market, Wednesdays at the Mackenzie Center of the Omniplex from 10:30AM-1:30PM. *Ends Dec. 19

ESUPM. *Ends Dec. 19
EVANSBURG: Sat, 10AM-2PM, Tipple Park
Museum. Call 727-2240 for tables.
SPRUCE GROVE: at the Elevator, Sat 9:30130PM, tables (780)240-5821
STONY PLAIN: Sat, 9AM-1PM, Downtown,

Stony Plain. Phone Nancy 780-962-3993.

BINGO

ENTWISTLE COMM. LEAGUE BINGO: Every Wednesday, Doors Open 6PM.
STONY PLAIN SENIOR'S DROP-IN
CENTRE: public bingo every Tues, 7PM. All
ages welcome. Phone (780) 963-6685

TOMAHAWK: every Mon at Agra Centre, doors 6pm, Bingo 7:30pm. Info 339-2423 or

WILDWOOD: Mon night. 6:30PM, bingo starts 7:30PM, Early Birds & Lucky 7.

MEAT DRAWS

Darwell: Put on by Alberta Beach & District Lions Club, 4:00PM, bi-weekly,

Darwell Lounge & Restaurant

Evansburg: Evansburg Legion, Friday
8-10PM & Saturday 3-5PM

Wildwood: Wildwood Legion, Saturday

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

CHIP LAKE: Ravine Comm Hall, 1st Sat 325-

2119 or 325-2391 **DUFFIELD:** 4th Sat, Duffield Community

Hall. Supper 6PM. *Sept - May.

PRAYTON VALLEY: Last Sunday of month.

Upstairs @ the "55 Rec. Center" Doors at

12PM, Starts at 1PM. 780-542-3768

ENTWISTLE: at Entwistle Community Hall, 3rd Saturday. For more info call Diann at 780-514-0045. *Starting Oct - May.

MACNOLIA: at Magnolia Hall. Every 2nd Saturday, Supper at 6pm. 727-2015 or www.magnoliacommunityclub.ca, Call to confirm. *October - May RAVINE COMMUNITY ASSOCIATION: 1st Sat of each month. Info 780-325-2391 *Sept May 150-250 *S

SEBA BEACH: 2nd Friday 7PM, Seba Senior's Centre, Toni 797-4233 SPRUCE GROVE: at Sandhills Community

Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *Sept -

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7рм, \$2. PH: 587-989-7214 or

70MAHAWK: Tomahawk Agriplex, 3rd Friday of month. 7pm. PH: 780-339-3755. *Starts Oct 2Pt. WILDWOOD: Wildwood Community Hall, 3rd Wed Each Month, 7pm. 325-3749 *Oct

June.

TOPS (Take Off Pounds Sensibly)

ENTWISTLE: Wed 5:15PM weigh-in, 5:30-6:30PM meeting, food bank building,

South entrance, 780-932-2695.

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-0869 SPRUCE GROVE: Wed 8:45am at Anglican Church, 131 Church Rd. Christiane 960-1109 WILDWOOD: Thurs at Wildwood School, 5рм. Connie (780) 325-2420

YOUR COMMUNITY

ALBERTA PARENTING FOR THE FUTURE **ASSOC:** Call 963-0549 or visit www.apfa.ca to register. All programs are confidential

FREE HOME MEAL DELIVERY PROGRAM, for Wabamun Seniors & Wabamun Lions. Arrange for meal preparation through a local restaurant. Call Darlene, 892-2551.

PEMBINA SKATING CLUB (Evansburg

Arena), offers Learn-to-Skate, CanSkate & STARSkate. All ages. Call Lisa 727-2729. *RUNS Sept-March
PROBLEMS WITH DRUG OR ALCOHOL

ADDICTION in a loved one? Contact Drug Rehab Resource for a free confidential consultation. 1-866-649-1594 or www. drugrehabresource.net.

LIBRARY EVENTS

AFTERNOON BOOK CLUB at Keephills Library. 2nd Tues of every month, 1:3 3:00PM. Visit www.pclibraries.ca for info.

FAMILY GAMES NIGHT: 3rd Wed of every month, 6-8pm. Located at Entwistle Library, Duffield Library and Tomahawk Library. In partnership with Parkland School Division. Visit www.pclibraries.ca for more info.

HATCHET CITY READERS at Tomahawk Library. 3rd Tues of every month, 10-11AM. For what we're reading next, visit our website, www.pclibraries.ca.

INVENTORS CLUB: 2nd Thurs of every month, 3:30–5:00PM at Entwistle Library.

month, 3:30–5:00PM at Entwistle Library. 4th Thurs of every month, 3:30-5:00PM at Tomahawk Library. Ages 8-13. To register: Call the library at 780-339-3935.

SEBA BEACH PUBLIC LIBRARY BOOK CLUB – meets the 4th Tuesday of the month in the library at 10:30AM. For info call 780-797-3940 or E-mail us at sephaheachlibrary@vir.ab.ca. sebabeachlibrary@vrl.ab.ca

EVANSBURG PUBLIC LIBRARY BOOK CLUB: 4th Thurs, 7:00PM Grand Trunk High 727-2030.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12PM at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Month. Call Barb 780-952-0882

AEROBICS: Low impact, Mon/Wed.11AM-12РМ, Wildwood Senior's Centre,\$1/session. BREAKFAST SOCIAL: 9:30AM-NOON. Parkland Village Community Centre - 3rd Sunday. PH: 780.298.9155 Social Media:

COME PLAY CRIB: Fridays, 7:30pm at Darwell Seniors Hall; lite lunch is served.

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members, Contact Cindy 780-963-

EVANSBURG ART CLUB: meet & paint Thurs 1-4PM Rec Plex. 727-4340 or 727-

EVANSBURG GUIDES & PATHFINDERS:

WANSBURG SENIOR'S HERITAGE
HOUSE: Floor Curling Mon & Thurs, 1pm.
Court Whist Thurs, 7pm.
EVANSBURG TIPPLE PARK HISTORICAL
BUILDING TOURS: Wed - Sat, 10:00-

HEALTHY AGING NURSE & FOOT CARE **PERSON,** Wabamun Seniors Centre, 2nd Thurs of month, 9AM.

OPEN HOUSE for socializing & card playing at Entwistle Senior Center, Every Sunday from 1-4pm

PARENT & TOT PLAYTIME: PERC Building Stony Plain Wed 10–11AM; Holborn Community Hall Thurs 9:30–11AM; Parkland

Village Tues 9:30–11:30AM.

POT LUCK every Tues 12:00PM, Wabamun Seniors Centre. Come on down!

SEBA BEACH SENIORS CENTER: Yoga,

mon, 9:30AM, \$10/session. Bridge thurs, 1рм. Jams every Wed night, 7рм. Thrift Shop every Wed & Sat at 10-3pm

SEBA BEACH QUILTERS & FIBER ARTS: Wednesdays 9:30AM, Seniors Center. SENIORS 50+ LUNCHEON: 3rd Wed, 12PM

at Stony Plain United Church basement hall. Call Audrey (780) 963-7582

SENIORS WEDNESDAY* AFTERNOON
1-4PM at Parkland Village Community Centre. Games, Crafts & more! Call Sheryl 780.695.7032 *exceptions incl. Weather.

SPIRITUAL LIVING STONY INSPERATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

SPRUCE GROVE ELEVATOR TOURS: Tues-Sat, 9-3pm. 960-4600. STONY PLAIN'S 5TH MERIDIAN GOOD

SAMS RV CHAPTER: Ecole Meridian Heights School. 3rd Tues of Month, 7pm. Call Pat at 780-963-6976 or Ruth at 780-288-9829.

MEETINGS

2ND TIMERS: A support & confidential group for Grandparents Parenting. ^{1st} Thurs of month, 6:30 PM. Grand Trunk High School (meet in Lobstick Literacy & Learning room). Child care provided at the Evansburb Public Library. *Starts October 299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755. **AA:** Friday at 8рм, Evansburg. Call 325-2204, 727-2466 or 727-6652.

AHS: Addiction Services provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140.

AL-ANON: Wed 8PM. Spruce Grove United Church, 1A Fieldstone Drive. 962-5205

CHAMBER OF COMMERCE (Evans/Ent): 7:30PM 3rd Thurs, Heritage House.

C.H.I.L.D. (Citizens Helping In Life's Defence) Please join our Pro-Life meetings once a month in Stony Plain. For info call Chris 963-6997.

CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-

COMMUNITY QUILTERS & CRAFTERS: 3rd Tues. Evansburg, Liz 727-3872 Brenda

DARWELL & DISTRICT AG SOCIETY: 8PM,

1st Mon, Community Hall. **DDRA MEETING:** 7PM, 2nd Mon, Darwel Community Hall 892-3099. *Except Jul/

DDAYTON VALLEY RDANCH OF ALREDTA GENEALOGICAL SOCIETY: meets 7PM at Municipal Library (5120-52 St.) every 3rd Wed of month. Call (780) 542-2787

ENTWISTLE COMMUNITY LEAGUE
GENERAL MEETINGS: 2nd Thursday monthly 7:30PM. *Except June, July,

ENTWISTLE LIONS CLUB: 2nd & 4th Tues. 8рм, Entwistle curling Rink. Jim 727-3573 ENTWISTLE SENIORS: Ladies: 10AM 2nd & 3rd Wed, Floor Curling: Tue & Fri, 2PM

ENTWISTLE SENIORS 55+ CLUB: Tue & Fri, 1:30-4:00pm at Entwistle Hall

EVANSBURG SENIOR'S HERITAGE HOUSE: 2nd Tues of Month, 1:30PM. Dennis, HERITAGE

FALLIS COMMUNITY ASSOCIATION: 3rd

GIRL GUIDES OF CANADA: Poplar Hollow District Guides-Pathfinders, Mon 6-8PM. Sparks-Brownies Tues 4-5:30PM. Meet at

Camp Evansburg. Brenda 780-727-4476

LAC STE. ANNE & LAKE ISLE WATER **QUALITY MANAGEMENT SOCIETY:** 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3"d Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

LOBSTICK 4-H BEEF & MULTI CLUB: 1st Mon, Evansburg Arena, 7PM, Shannon 727-

LOBSTICK GARDEN CLUB: 1st Mon, 7pm at Tipple Park Museum, Clara (780) 399-2205

MAGNOLIA BOARD MEETINGS: 3

Tuesday of month, 7PM at Magnolia
Community Hall.

Community Hall.

MEN FOR SOBRIETY: Wednesdays at 7:30 pm, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets 1st Tues of month, 6-8 pm at Norquest College. Terra Leslie, 1-403-346-0290. *Sept-June

MS SOCIETY PARKLAND COMMUNITY SUPPORT CROUP: A Consequence of the community of the community

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP: Are you diagnosed with MS and have questions? Last Tues of month, 7-9pm, Westview Health Centre. Contact Cassy 780-471-3034.

NA MEETING: Tuesdays, 7:00pm. 514-6011

PEMBINA PORCUPINES - JUNIOR FOREST WARDENS: Entwistle Porcupine gathering: 7pm, 1st Tue. Len & Tineke at 727-

2020. Porcupines@yellowheadjfw.ca **SOLVE:** Community Enviro issues discussed at Smithfield Hall (N of Hwy 16 on RR34). 2nd Thursday. Jana 892-0006 STONY PLAIN FISH & GAME ASSOCIATION

& WABAMUN GUN CLUB: 2nd Mon, Stony Plain Comm Center, 7:30PM.

SUNDOWNERS TOASTMASTER CLUB:

Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy TOMAHAWK SENIORS (50+) meets every

Thursday from 1-4pm at the Tomahawk

W.E.E COMMUNITY FOOD BANK: Call (780) 727-4043 for emergency food needs. Monthly Meeting: LAST Monday of month at 7:00PM at the Food Bank (Old fire hall in

Entwistle). *Except December
WILDWOOD & DIST AG SOCIETY: 2nd Wed of each month 7:00PM at the Wildwood Complex. Wilma 325-2424

WILDWOOD & DIST ROD & GUN CLUB: 2nd

WILDWOOD & DIST ROD & CODE. 2
Thursday, 7:30PM at the range clubhouse, wildwoodrodandgun@gmail.com
WILDWOOD SENIORS: 4th Wednesday at 2:00PM. PH: 325-3787 or 325-2391. *No meeting July/Aug/Dec.



Ph: 542-6501 dvalliance.c



Jeff

Ph: 780-542-5101

780-717-0520

Ph: 780-542-5091



Bruce Balascak Cell: (780) 621-6960



(780) 542-5048



Ph: (780) 892-2278 Fax: (780) 892-2488





Page 22 Community Voice February 19, 2019

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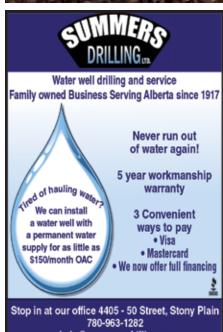


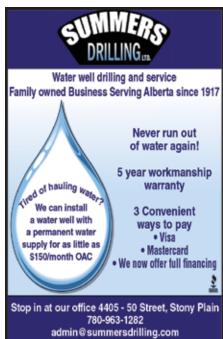
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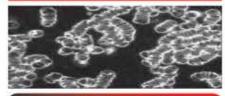
Page 24 Community Voice February 19, 2019



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