

*Serving: Onoway, Alberta Beach, Calahoo, Gunn, Glenevis, Darwell, Cherhill, Sangudo, Mayerthorpe, Rich Valley, Barrhead, Whitecourt, Stony Plain and Spruce Grove*

**March 5, 2019**

## MLA CHEQUE PRESENTATION MAKES EVERYONE SMILE

Submitted by Yvonne Slemko | Onoway and District Historical Guild

Much-needed upgrades to one of Onoway's busiest buildings are now underway, thanks to a grant received from CFEP. The Community Facility Enhancement Program enables small towns such as Onoway to improve community-use facilities to enhance the quality of life of locals.

MLA Oneil Carlier recently presented a cheque for \$69,281 to the Onoway and District Historical Guild for improvements to the Onoway Museum/Onoway Heritage Centre.

Continued on Page 5



*Onoway Historical Guild President Hazel Bourke accepts a CFEP grant cheque from MLA Oneil Carlier. Building Committee members Brian Bourke and Brian Turnbull couldn't stop smiling!*

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## IS IT TIME FOR YOUR MAMMOGRAM? SCREEN TEST IS COMING TO WHITECOURT ON MARCH 4 - 16, AND TO BARRHEAD ON MARCH 26 - APRIL 5, 2019.

Submitted by Alberta Health Services

Screen Test brings breast cancer screening to women across Alberta with its mobile mammography clinics.

Why should I get a screening mammogram?

A screening mammogram is

a special X-ray of your breast. Once you're over 50, it is the best way to find breast cancer early. Screening mammograms can help find breast cancer when it is very small, 2-3 years before you or your doctor can feel it. The earlier breast cancer is found the better treatment can be. In fact most women (about

90%) are now surviving breast cancer 5 years after diagnosis.

Who should get a screening mammogram?

Women 50 and over should plan to have a mammogram every 2 years and may self-refer.

Continued on Page 3

**CROFT LAW** Local. Legal. Service.  
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**TELEPHONE:**

Classifieds	962-9229
Advertising	962-9228
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## TENDER SERVICES REQUIRED

Submitted by Lac Ste. Anne County | [www.LSAC.ca](http://www.LSAC.ca)

Brushing Services along the Right-of-Way

On Friday, March 1, 2019, Lac Ste Anne County of will be

posting a tender on Alberta Purchasing Connection for brushing services along the right-of-way in preparation for the 2019 Reconstruction of Twp Rd 590 between Rge Rd 71 and 84.

All interested brushing contractors will be able to down-

load the documents from the APC website or County website at [LSAC.ca](http://LSAC.ca). Alternately, these documents can be picked up at the County Administration office.

## GLENN VAN DIJKEN, MLA

Barrhead - Morinville - Westlock Constituency



**(780) 674-3225**

5106 - 50 Street, Barrhead.

email: [barrhead.morinville.westlock@assembly.ab.ca](mailto:barrhead.morinville.westlock@assembly.ab.ca)

**FARM SAFETY WEEK**

**Safe farms are strong farms.  
Safe communities are strong communities.  
Keep your farming community healthy and safe.**

This Canadian Agricultural Safety Week celebrate Safe and Strong Farms. For more information on Building an AgSafe Canada, visit [agsafetyweek.ca](http://agsafetyweek.ca)

**Oneil Carlier, MLA**  
Whitecourt - Ste. Anne Constituency  
4811 Crockett Street  
Box 3618 Mayerthorpe, AB T0E 1N0  
Ph: 780-786-1997 | Fax: 780-786-1995  
[Whitecourt.steanne@assembly.ab.ca](mailto:Whitecourt.steanne@assembly.ab.ca)

**HORIZON STAGE** Performing Arts Centre

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Ticket Centre: 315 Jespersen Ave. Theatre: 1001 Calahoo Road  
Spruce Grove, AB **780-962-8995** [horizonstage.com](http://horizonstage.com)



## Is It Time For Your Mammogram? Screen Test is coming to Whitecourt on March 4 - 16, and to Barrhead on March 26 - April 5, 2019.

### Continued from Page 1

Women 40-49 should discuss the risks and benefits of screening with their doctor, and require a referral for their first appointment. There is no cost for this service. For more information visit: [www.screeningforlife.ca/screentest](http://www.screeningforlife.ca/screentest).

Here are some common myths and facts about breast cancer screening:

Myth #1: Breast cancer isn't very common.

In fact, 1 in 8 Alberta women will develop breast cancer in their lifetime.

Myth #2: Only women with a family history of breast cancer will get it.

The truth is, 80% of women who develop breast cancer have no family history. So it's important to understand that you are still at risk for breast cancer even if no one in your family has ever had the disease.

Myth #3: Regular mammograms can't find small tumours any sooner than women could find them themselves.

Screening mammograms can find small tumours about 2-3 years before they can be felt. That's why screening is so important — it can find cancer before it has a chance to become more serious.

Myth #4: Having a mammogram can cause breast cancer or can cause an already existing cancer to spread.

Mammograms use a very small dose of radiation. Research con-

firms that the risk of harm from radiation from mammography is very low. The benefits of finding and treating breast cancer early far outweigh the risk of the small dose of radiation.

Myth #5: There is nothing a woman can do to lower her risk of developing breast cancer.

While it's true that there are some things you can't control, there are some things you can do:

- Physical Activity – Be physically active throughout your life

and exercise every day.

- Weight – Try to reach or stay at a healthy body weight. This becomes even more important after menopause.

- Alcohol – Limit the amount of alcohol you drink to no more than one drink per day.

- Smoking – Don't smoke and avoid second-hand smoke. If you're currently a smoker, talk to your healthcare provider about options for quitting or cutting back. You can also get support at [AlbertaQuits.ca](http://AlbertaQuits.ca) or call

1-866-710-QUIT.

- Long-term Hormone Replacement Therapies (HRT) – Limit using the combination of estrogen and progestin menopausal hormone replacement therapy to no more than 5 years; long-term use (beyond 5 years) increases a woman's risk of breast cancer. But within 2 years of stopping, a woman's risk of breast cancer returns to average.

To book an appointment call Screen Test at 1-800-667-0604 (toll-free)

## Building Safety on Your Farm

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You have a farm safety plan. You use toolbox talks.  
You talk about farm safety with your family.  
You are a part of an AgSafe Canada.

*This Canadian Agricultural Safety Week celebrate Safe and Strong Farms, March 10-16, 2019. For more information on Building an AgSafe Canada, visit [agsafetyweek.ca](http://agsafetyweek.ca)*



**Jim Eglinski<sup>MP</sup>**  
Yellowhead

[Jim.Eglinski.C1@parl.gc.ca](mailto:Jim.Eglinski.C1@parl.gc.ca)  
[www.jimeglinski.ca](http://www.jimeglinski.ca) • 1-800-268-7117



## NOTICE TO CREDITORS AND CLAIMANTS

Estate of **ALVIS KIT KLAPPER** also known as **BUTCH KLAPPER** who died on July 26, 2018.

If you have a claim against this estate, you must file your claim by April 05, 2019, with the Lawyer for the Personal Representative: **JOSHUA ALLEN, MAIN STREET LAW LLP, Box 3407, #12, 119 First Avenue, Spruce Grove, Alberta T7X 3A7** and provide details of your claim.

*If you do not file by the date above, the estate property can lawfully be distributed without regard to any claim you may have.*

## NOTICE TO CREDITORS AND CLAIMANTS

Estate of **JOACHIM "JACK" WOLFGANG DIETMAR HASCHICK** who passed away on February 9, 2019.

If you have a claim against this estate, you must file your claim by March 22, 2019 and provide details of your claim, with **Donald William MacIntosh (Executor)** at 417 - 4 Street, West Cove, Alberta T0E 0A2

*If you do not file by the date above, the estate property can lawfully be distributed without regard to any claim you may have.*

## Letter to the **EDITOR**

### CONSERVATIVES DEMAND THAT JUSTIN TRUDEAU RESIGN AMID SNC-LAVALIN AFFAIR

Dear Editor,

Canadians were shocked to hear the explosive testimony of former Attorney General Jody Wilson-Raybould on the SNC-Lavalin affair. Her story was one of inappropriate, and potentially illegal, pressure brought on her by the highest officials of Justin Trudeau's government and Justin Trudeau himself – all to let a Liberal-connected corporation off the hook on corruption charges.

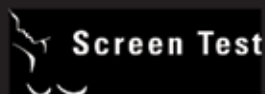
Justin Trudeau simply cannot continue to govern this great nation now that Canadians know what he has done. Ms. Wilson-Raybould's testimony tells the story of a Prime Minister who has lost the moral authority to govern. A Prime Minister who allowed his partisan polit-

ical motivations to overrule his duty to uphold the law. A Prime Minister who has allowed a systemic culture of corruption to take root in his office.

Andrew Scheer and Canada's Conservatives are calling on Justin Trudeau to resign. Further, we are asking that the RCMP immediately open an investigation into the numerous examples of obstruction of justice that were detailed in the testimony.

Canada should be a country where we are all equal under the law. Where nobody – regardless of wealth, status, or political connections – is above the law. I believe we can be that country again.

Sincerely,  
Jim Eglinski, MP  
Yellowhead



Visit Screen Test in  
**Whitecourt**  
March 4 - 16

**Barrhead**  
March 26 - April 5

Call for an appointment  
**1-800-667-0604**  
(toll-free)

*Everyone who loves Linda is glad she got a mammogram. Because her breast cancer was found early, she is alive and well today.*

Women 50 to 74 should plan to have a screening mammogram every 2 years, and can self-refer.

Women 40-49 may be screened annually with a referral for their first visit.

[www.screeningforlife.ca](http://www.screeningforlife.ca)

## WANTED

### Ground's Maintenance Person for Senior's Complex in Onoway

For further information, contact Ted at 780-967-4980 or [wlatimer@telus.net](mailto:wlatimer@telus.net)

## JOKE OF THE WEEK

An Irishman, by the name of O'Malley proposed to his girl on St. Patrick's Day. He gave her a ring with a synthetic diamond. The excited young lass showed it to her father, a jeweller. He took one look at it and saw it wasn't real. The young lass on learning it wasn't real returned to her future husband. She protested vehemently about his cheapness.

'It was in honour of St. Patrick's Day,' he smiled. 'I gave you a sham rock.'



# MLA Cheque Presentation Makes Everyone Smile

Continued from Page 1

The Guild raised a matching amount in order to qualify for the grant. And work has already begun!

Repair of the roof over the On-oway Public Library portion of the building has been completed. Another improvement – much noticed and appreciated by facility users – is the replacement of fluorescent tubes with LED lighting. Carpet in the Open Area and tile in the Museum hallway will be replaced. The office/storage room used by the Cadets (one of the longest renters) received a major flooring update as well as painting.

One of the major improvements will have long-term positive ramifications. Solar panels will be installed on the roof of the building; this will result in reduced utility costs, a payback of the investment in five years.

The Guild – and the thousands of people who use the facility annually (62,880 in 2018) – are most appreciative of this funding to help make our community better. President Hazel Bourke said it best: “We as the Guild, believe that we will be trend setters in our community and conscientious stewards of the environment with these improvements to our facility.”



## We care about our farmers.

On the farm, safety is paramount. The more we talk about safety with neighbours, employees, family members and fellow operators, the better equipped we all are to prevent farm injuries and fatalities before they happen.

Be an Ag Safe Family. Visit [agsafetyweek.ca](http://agsafetyweek.ca) today and get access to a spectrum of tools and resources designed to help maximize the safety of everyone on your farm.

Remember: most farm injuries are predictable and preventable. Safety starts with you.



**LAC STE. ANNE COUNTY**

T 780.785.3411 TF 1.866.880.5722 [www.LSAC.ca](http://www.LSAC.ca)

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# Farm Safety Week

March 10<sup>th</sup>-16<sup>th</sup>

## Entanglements

\* The average farm is full of machinery and device that can grab, cut, smash and entangle fingers, hands, toes, and feet causing injury to the extremities and even death. The sad truth is that most of these injuries can be avoided.

\*Some of the key entanglement prevention measures to implement when working with or near machinery are:

- Before operating any machine or equipment, ensure that all guards are in place and in good condition.
- Wear tight fitting clothing, such as overalls. Avoid wearing any items that could become entangled, such as long coats or scarves.
- Never step over a PTO shaft or conveyer belt while it is still running.

\*Ensure that anyone working with augers, PTOs, and other extremely hazardous machinery receives appropriate safety instruction and adequate supervision.

\*Keep young children out of the farm or ranch work site, especially areas where there is moving machinery.

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# FARM SAFETY WEEK

As we recognize Farm Safety Week, please take a moment to review these simple tips designed to protect your health and safety on the job.

- Designate a safe play area for kids that is a safe distance from machinery.
- Plan an escape route when working around animals in tight areas.
- Wear protective equipment like masks and goggles to safeguard your lungs and eyes.
- Review and enforce basic safety rules for employees and family members, and set the example by following them yourself.

**These local businesses care about the health and safety of the farmers, ranchers and agricultural workers they serve.**

<b>Onoway Veterinary Clinic</b> 967-2967	<b>XL Graphics &amp; Design</b> 967-5959	<b>Onoway Timber Mart</b> 967-2274	<b>Treeline Well Service Inc.</b> 967-1080
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# FARM SAFETY WEEK

## Preventing Crushes

• From rolling machinery to falling front-end loaders there are countless crush hazards on a farm. While farm operators and workers can't prevent every hazard on a farm, they should prevent every hazard they can by taking simple preventative measures while working.

• Failure to block-up equipment safely can result in a fatal crushing injury. A jack may slip, a hose or overhead support may break, or the equipment may roll. Always take the precaution of placing support blocks under the equipment prior to working with raised machinery for any reason.





# FARM SAFETY & HEALTH WEEK

MARCH 10-16, 2019

## Farm Safety Tips

When farming please follow these precautions in order to keep yourself, your family and your workers safe:

- Decrease your risk of being crushed by using lockout procedures before beginning any maintenance or repair work. Lockout means to physically neutralize all energies in a piece of equipment. Machines, devices or power transmission lines can be de-energized by applying blocks to all parts under tension or pressure, bleeding the hydraulic pressure from the lines or by releasing pressure from a coil or spring.
- Provide a safe, fenced play area for all children and supervise closely. The working area of the farm is not a playground any more than a construction site or other industrial area would be a play area. Review the safety rules on your farm with your family often. Fence off all manure, retaining ponds and dugouts, and lock buildings containing hazardous goods.

The following businesses are proud sponsors of Farm Safety & Health Week

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Hey Loft

924-3133

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909-3003

Blakeman's  
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Leann Knysh  
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Masters

963-2285

Beach Comber  
Beauty &  
Barber Salon

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Liquor  
Cottage

924-3385

Alberta Beach  
Inn & Suites

587-  
763-0351





# FARM SAFETY TIPS

- Hire right – hire the right person and pay them fairly rather than hire an unqualified person for less money then pay for their liability and errors.
- Get a check-up – make sure every worker is checked up on at least every two hours
- Know the code – the Code of Practices for Farm Safety (PEI) has set the industry standard for agriculture
- Train for safety

**The following businesses are proud sponsors of Farm Safety & Health Week March 10 - 16, 2019**

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Water  
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Services  
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# Farm Safety & Health Week

March  
10-16

Teach small children the rudiments of safety, such as which areas are off-limits. As they grow older, explain why certain things are dangerous. When they start helping with the work, make sure they are properly trained, keeping their limited strength and experience in mind. The safe way to do things is not always obvious to a child, so always explain and enforce the safety aspects of the job.

**This page is proudly sponsored by the following local businesses**

 <b>Roszko Farm Equipment Ltd.</b> <a href="http://www.roszko.com">www.roszko.com</a> <b>786-2105</b>	 <b>Barsi Enterprises</b> <b>786-4014</b>	 <b>Paddle Plastics Ltd.</b> <b>786-4408</b>	 <b>The Co-operator's -Mayerthorpe</b> <b>786-2750</b>
 <b>Town of Mayerthorpe</b> <b>786-2416</b>	 <b>Vandenberg Collision Ltd.</b> <b>786-2614</b>	 <b>Pembina West Co-op</b> <b>786-2093</b>	 <b>Martin Deerline -Mayerthorpe</b> <b>786-2253</b>
 <b>Doggie Style</b> <b>786-0171</b>	 <b>Hub Hotel -Mayerthorpe</b> <b>786-2688</b>	 <b>Paddle River Concrete</b> <b>786-2666</b>	 <b>Mayerthorpe Family Dental</b>  <b>786-2878</b>
 <b>Park Memorial Ltd. -Funeral Home &amp; Crematorium</b> <b>786-2533</b>	 <b>C-5 Chadd Contractors Ltd.</b> <b>785-2548</b>	 <b>C &amp; D Tank Truck Service -Cherhill</b> <b>785-3383</b>	 <b>Gibbs Contracting</b> <b>785-4002</b>

# TRUDEAU MUST RESIGN AMID SNC-LAVALIN AFFAIR: MP JIM EGLINSKI

Submitted by Jim Eglinski, MP – Yellowhead

OTTAWA: Jim Eglinski, Member of Member for Yellowhead, today reiterated Conservative Leader Andrew Scheer's demand that Justin Trudeau resign amid the SNC-Lavalin affair.

"Canadians were shocked to hear the explosive testimony of former Attorney General Jody Wilson-Raybould on the SNC-Lavalin affair. It's clear there was inappropriate – and potentially illegal – pressure brought on her by the highest

officials in Justin Trudeau's government, all in a bid to let a Liberal-connected corporation off the hook on corruption charges," said MP Eglinski.

Media began reporting in early February that the Prime Minister's Office (PMO) pressured Justice Minister and Attorney General, Jody Wilson-Raybould, to intervene in the criminal prosecution of Montreal engineering and construction giant SNC-Lavalin Group Inc.

At the Justice Committee, Ms. Wilson-Raybould said, "...I experienced a consistent and sustained effort by many

people within the government to seek to politically interfere in the exercise of prosecutorial discretion in my role as the Attorney General of Canada in an inappropriate effort to secure a deferred prosecution agreement with SNC-Lavalin."

Ms. Wilson-Raybould's testimony tells the story of a Prime Minister who has lost the moral authority to govern. A Prime Minister who allows his partisan political motivations to overrule his duty to uphold the law. A Prime Minister who has allowed a systemic culture of corruption to take root in his office.

"Canada's Conservatives are calling on Justin Trudeau to resign and the RCMP must immediately open an investigation into the numerous examples of obstruction of justice that was detailed in the testimony," concluded MP Eglinski.

Canada should be a country where we are all equal under the law. Where nobody – regardless of wealth, status or political connections – is above the law. Canada's Conservatives believe we can be that country again.

# MAN CHARGED FOR PERSONATING A POLICE OFFICER

Submitted by St Albert RCMP

St. Albert, Alta - On Monday, February 18, 2019, St. Albert RCMP received two separate re-

ports of a black Jeep Patriot with flashing red and blue lights on its dash, driving erratically, speeding and driving through a red light in the city. Vehicle drivers initially believed the Jeep to be a police vehicle because of the

flashing emergency lights, but RCMP determined that this was not the case.

A 62 year old St. Albert man will be facing charges of Personation of a Police Officer, operating a unregistered vehicle

and operating a vehicle with unauthorized flashing lights. The man will be in St. Albert court on April 1, 2019, and the red and blue flashing lights have been seized by police.



**LAC STE. ANNE COUNTY**

Lac Ste. Anne County | P.O. Box 219 | Sangudo, Alberta | T0E 2A0 | 1.866.880.5722 | www.LSAC.ca

## COUNTY JOB OPPORTUNITY

### HEALTH & SAFETY DIRECTOR

**Full-Time Permanent** (Competition #2019-CP501)  
**OR Contract Position** (Competition #2019-Contract01)

The County is recruiting for a Health & Safety Director, either through full-time permanent employment or through a contract position. Reporting to the General Manager of Community & Protective Services, this position will support the enhancement of the County's Safety Program with the ultimate goal of minimizing occupational injuries, accidents and health problems through promotion of a positive health and safety culture, development and implementation of policies and procedures, and monitoring workplace activities and enforcing safety regulations.



**Salary Range:** Competitive salary, commensurate with experience.

**Benefits:** Full benefit package available including an earned days off program.

**Closing Date:** This position will remain open until a suitable candidate is found.

**For complete details on this job opportunity, please visit [LSAC.ca/Careers](http://LSAC.ca/Careers).**



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# MARCH NEWS FROM THE RICH VALLEY PUBLIC LIBRARY

**Submitted by Jennifer Parker, Library Programmer and Communication Coordinator | Rich Valley Public Library**

The Rich Valley Public Library is very excited that we have installed the chair lift so now our library is accessible to everyone. This was made possible with funding from a CFEP grant, the Lac Ste Anne County and the Rich Valley Public Library Board. We would like to thank all the volunteers who contributed to this project.

The Rich Valley Public Library is having a used book sale on March 23, 2019 from 11:00 am-4:00 pm. Please, come on down to the library and see if we have a used book you would love to read. Books are for sale by donation for the Rich Valley Public Library.

This month we are offering the following programs:

Yoga is every Tuesday from 1:00-2:15 pm. Our second session will run on Tuesday February 26, March 5, March 12, March 19, March 26 and April 2, 2019 from 1:00- 2:15 pm. The cost will be \$60.00 for the 6 classes or \$12.00 drop in fee. Please contact the library at (780) 967-3525 to register.

Story time is every Wednesday from 11:00-11:45 am. Bring your toddlers in on Wednesdays from 11:00 to 11:45 am for stories, activities and crafts. All children ages 0-5 are welcome to join us at this free program. Every third Wednesday of the month we will alternate between Tents and Tunnels, Play Doh Fun and Lego Building. This program is funded by FCSS.

Parents and Tots is every Wednesday from 9:45-10:45 am. Parents, guardians and caregivers are invited to bring your toddlers to play, discover and make friends at this free drop-in program held at the Rich Valley Public Library. All children ages 0-5 are welcome. Snacks, juice and coffee will be provided. This program is funded by FCSS.

Adult Whist is every 2nd & 4th Friday of the month at 7:30 pm. If you like cards join us for a night

of fun and laughs. The cost is only \$2.00 per person and is held in the Yellow Room.

Join us for Free Movie Night at the Rich Valley Public Library. The Rich Valley Public Library will be showing "Wreck-It-Ralph 2" (Rated PG) on March 9, 2019. Doors open at 5:00 pm and the movie will start at 6:00 pm in the Yellow Room. Admission is free. Popcorn, licorice, candy, pop and water plus juice will be available for sale. Please feel free to bring pillows or blankets to sit on.

Join us for Make the Connection Afternoon on March 23, 2019 from 11:00 am- 3:00 pm. Come on down to the Yellow Room in the basement of the Rich Valley Hall and find out more information about our community programs and surrounding area: Rich Valley Ladies Club, Rich Valley Hall, Rich Valley Parents & Tots, Rich Valley Ag, Baseball, Soccer, Fun Hockey, Skating and Yoga. Our councillor George Vaughan will be here from 11:00 am- 12:30 pm.

We are located in the basement of the Rich Valley Community Hall. We are wheelchair accessible. Please contact the library with any questions.

Rich Valley Public Library is open Tuesday from 5-8 pm, Wednesday from 10 am-2:30 pm, Thursday from 2-6:30 pm, and Friday from 9 am-12 pm. We look forward to seeing you!

Please check out our website at [www.richvalleylibrary.ab.ca](http://www.richvalleylibrary.ab.ca) and Facebook for all our programs and news.

## Tri-Village Regional Sewage Services Commission FORCEMAIN REPLACEMENT

February 22, 2019

The Tri-Village Regional Sewage Commission will be replacing the existing sewage forcemain in Alberta Beach. The Forcemain Replacement is scheduled to start on March 4, 2019 and be completed by the end of July 2019. Lane/road closures will be required and are outlined in the figure below.



Increased construction traffic is anticipated throughout project duration. Detours will be provided and access to residents will be maintained. Sanitary sewer service will also be maintained for the project duration.

All construction timelines are subject to change due to weather conditions and unforeseen circumstances. Should you have any questions pertaining to the above information, please contact the Tri-Village Regional Sewage Commission at 780-446-1426.





# FARM SAFETY & HEALTH WEEK

**MARCH 10 - 16, 2018**

## KEEP AN EYE FOR SAFETY

The type of safety eye protection you should wear depends on the hazards in your workplace. If you are working in an area that has particles, flying objects, or dust, you must at least wear safety glasses with side protection (side shields). If you are working with chemicals, you should wear goggles. If you are working near hazardous radiation (welding, lasers, or fibre optics) you must use special-purpose safety glasses, goggles, face shields, or helmets designed for that task.





# OJSH STUDENTS IN THE SPOTLIGHT

**Submitted by Wanda Pederson | Onoway Junior Senior High School**

Onoway Junior Senior High School may not be one of the biggest schools in the province but it certainly has more than its fair share of student who excel in many different areas, especially sports.

In February, Grade 10 student Seth Sorge travelled to Las Vegas Nevada for an international soccer tournament. Seth has been playing soccer since he was 12 and for the last two years, he has been playing with the Victoria Soccer Club in Edmonton. Las Vegas was a dramatic change from Edmonton in terms of weather and activity. Warm weather, bright lights and more slot machines than you can count were some of his first impressions.

Once settled in, Seth's team played two games a day for three days, February 15th to 18th. They won all games except one. While in Las Vegas, a college from England reached out to

Seth's parents, saying they were interested in recruiting Seth for their college team. A conference call followed by a detailed email showed how serious the college was in recruiting Seth. Seth would be eligible to join their team when he turns 18 and has achieved a grade point average of 3.0.

Seth said that he was excited by this opportunity and looking forward to the future. He said his parents are fully supporting him

in this new venture. He also said this opportunity came just at the right time- he had been thinking about quitting soccer and getting into boxing until this happened. He said his enthusiasm and passion for soccer has been renewed and he wants to explore all the avenues this sport can offer.

Also in Las Vegas in February -from the 7th to 11th — was Kadence Lambert-House. Kadence is in Grade 8 this year and her sports passion is baseball. Thir-

teen-year-old Kadence plays for the Calahoo U16 Erins and is the youngest member of her team. The Calahoo U16 Erins are a competitive team competing in Girls Prairie League Softball "A" and in the Edmonton ladies league. The team travelled to Las Vegas this winter for an international tournament.

Kadence, who plays third base, started playing softball when she was 10 years old.

**Continued on Page 20**



**Seth**



**Kadence**



**Zakk**



## Tender Notice

### Request for Janitorial Services

Ste. Anne Natural Gas Co-op will be accepting proposals for cleaning services of our facility located at: 2321 Twp. Rd. 545, Lac Ste Anne County.

Bids are invited from eligible and qualified firms. Preferences will be given to prequalified/registered service providers. Interested eligible bidders can obtain further information from Ste. Anne Natural Gas Co-op during normal working hours or by email at [info@steannegas.com](mailto:info@steannegas.com). Walk throughs available by appointment only.

**Closing Date: 15th March 2019**

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## PLANNING &amp; DEVELOPMENT

**NOTICE OF DEVELOPMENT PERMIT APPROVALS**

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses.

Interested parties are encouraged to contact the Planning & Development Department at **1.866.880.5722** or [devassistant@LSAC.ca](mailto:devassistant@LSAC.ca), Monday to Friday from 8:30am until 4:30pm to request additional information on a permit.

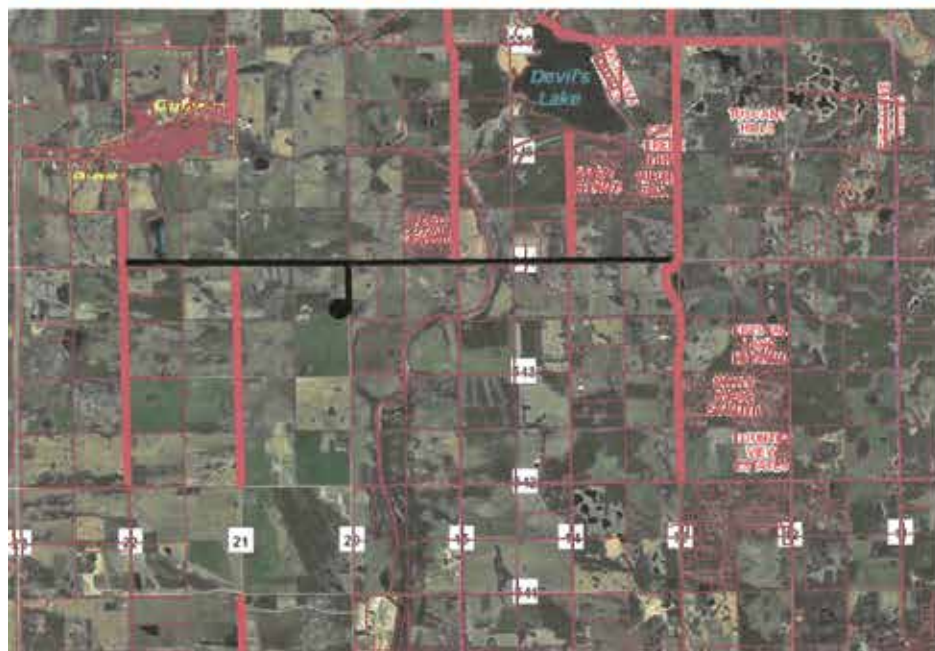
PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DATE DEADLINE
19-D0011	Lot 1, Block 1, Plan 8020622, Paradise Estates within NE 12-54-04 W5M	Moved on 1958 house 41.0' x 43.0' (1300.0 sq. ft.) on basement	March 18, 2019
19-D0020	SE 34-53-05 W5M	Modular Home 28.0' x 76.0' (2128.0 sq. ft.) on pilings with covered deck 16.0 x 16.0 (256.0 sq. ft.) and attached garage 28.0' x 28.0' (784.0 sq. ft.) - second residence	March 18, 2019

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30pm on the above noted date(s).

*Secretary of the Subdivision and Development Appeal Board,  
c/o Lac Ste. Anne County, Planning & Development Department, Box 219 Sangudo, Alberta T0E 2A0.*

**PLEASE NOTE:** Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by cheque, Visa, MasterCard, Interac or cash.

## COUNTY BEGINS GRAVELLING ACTIVITIES



**Lac Ste. Anne County's Public Works department has begun graveling the roads indicated on the map to the left.**

The red lines on the map indicate roads to be gravelled, and the black line indicates the route County gravel trucks will be taking to haul gravel. Trucks will be hauling out of the Lafarge pit on Rge. Rd. 20 just south of Twp. Rd. 544.

Motorists are advised to use caution in the area while these planned road maintenance activities are underway.





# FARM SAFETY WEEK

## Be SAFE – Plan Ahead Assess Risk

Risk concerns the expected value of results of a situation or event. The value of those results may be positive or negative. In the farming industry, the measure of risk can be rated as high, medium or low. Once the risk has been assessed, through your regular safety checks, employers can determine whether to take immediate action of a hazard or identify those that can be monitored and fixed at a later time. Regular assessment can help with budgeting time and resources for immediate or future repairs.

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# AutoTUNE-UP

## TIPS FOR STAYING SAFE WITH KEYLESS SYSTEMS

Auto manufacturers have long embraced technology that can streamline the automotive experience for drivers. For example, several years ago keyless entry and ignition systems were introduced, initially on high-end vehicles before they became standard on many other models.

Keyless entry systems require a fob, which sends a signal to the receiver inside the vehicle. The fob transmits a low-frequency code to the car's internal computer system, which engages the locks and will allow the driver to push a button on the dashboard or console to start

the vehicles. The fob can be stashed away in a pocket or purse and still send the signal, which makes it convenient for drivers. Drivers with arthritis or hand injuries also may find keyless systems an asset.

Because fobs work on wireless systems, hackers potentially can intercept the fob-to-car signal. That enables a thief to not only open the vehicle's doors, but also to potentially drive away as well. Even though the fob/car security pairing is unique and can create billions of codes, researchers at Radboud University in the Netherlands and the University of Birmingham found that, by intercepting the wireless signal just twice, they could narrow down the possible combinations from billions to just 200,000. After that, a computer can figure out the code in just half an hour and unlock the car. Potentially, a thief can gather car codes as drivers enter their vehicles during the day, then return

later to steal a number of cars.

Thieves who purchase signal amplifiers also pose a threat. These amplifiers magnify the reach of the fob signal so that a vehicle owner can be in his or her house with the fob, but the thief can walk up to the car and open it - even if the fob is far enough away that it should not engage. One way to circumvent this is to buy a signal-blocking pouch that can hold the key fob. Also, an old-school steering wheel or gear shift lock is an effective way to provide another layer of protection.

Drivers also should be aware of their surroundings as they approach their vehicles. Thieves may count on keyless entry systems to be able to hop into a vehicle once the owner gets within range and drive away.

Vehicle technology thrives to make driving as convenient as possible, but some features also may make things more convenient for prospective thieves.


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## HOW TO REDUCE VEHICLE MAINTENANCE COSTS

Major repairs to a vehicle can be expensive. When unanticipated repairs are necessary, drivers' budgets can be thrown out of whack, potentially causing a domino effect that compromises their ability to pay their bills on time.

Whether your vehicle is brand new, a few years old or reaching milestones on its odometer with every mile driven, there are ways to care for the vehicle so you aren't caught off guard by costly repairs down the road.

- Read your owner's manual. A vehicle owner's manual is a great resource that can help drivers keep their cars and trucks running strong for years. Every vehicle, whether it's purchased brand new from a dealership or preowned from a pre-owned dealer or private citizen, should come with an owner's

manual. Don't worry if you purchased a preowned vehicle from a private citizen who lost the manual, as many manufacturers have manuals available for free on their websites. Print manuals may cost some money. Drivers may be able to find their manuals elsewhere online on a site such as Justgivemethedammanual.com, which has thousands of manuals from various automakers available. Once you have the manual in hand or on your computer, visit the maintenance section to familiarize yourself with the manufacturer's recommended maintenance guidelines. Adhering to those guidelines is a great way to keep your car running strong for years on end, and it might just save you from the hassle of sudden expensive repairs.

- Protect the engine.

The engine is arguably the most expensive part of your vehicle to replace, so protecting it should be a priority. Routine oil changes and oil filter replacements is a great way to protect the engine. Manufacturer guidelines vary in regard to oil change and oil filter replacement intervals, but such recommendations can be found in your manual.

- Hone your DIY skills. Drivers also can save money on maintenance by doing some of their own minor vehicle repairs. YouTube is home to many DIY tutorials that can teach drivers how to change their own oil and replace the filters on their vehicles. Routine repairs are relatively easy, and many tutorials can walk you through them step-by-step. Depending on how much you drive, learning to do your own minor vehicle repairs

may save you hundreds of dollars per year.

- Perform routine inspections. Older vehicles may or may not alert drivers via noises or leaks that they're in need of repair. Routine inspections of hoses, brakes and tires, which should always be properly inflated, can let drivers know if their vehicles are experiencing problems before those problems grow and become something costly.

Vehicle maintenance costs tend to be most expensive when drivers ignore routine maintenance or miss signs that their cars and trucks might be struggling. By adhering to manufacturer maintenance guidelines and paying attention to their vehicles, drivers can reduce the cost of keeping their cars on the road.

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# ALBERTA RCMP WARN PUBLIC OF FRAUDS – OVER 11,000 REPORTS RECEIVED LAST YEAR

**Submitted by Alberta RCMP**

March is Fraud Prevention Month and in all of 2018, there were over 11,000 reports of fraud within Alberta RCMP jurisdiction. Impersonation and identity related incidents accounted for 14 per cent of all

reported frauds for the year.

Protect yourself by learning how to recognize fraud. Here are some tips:

- If it sounds too good to be true, it probably is
- Ignore communication from unknown contacts
- Purchase items from reputable organizations

• Never send money on a dating site

• Regularly monitor credit card statements for unknown charges

• Research organizations via the Better Business Bureau

• Don't leave personal identification in your vehicle

Check out our social media accounts and #StopFraud2019

and #FPM2019 for more fraud education and tips. Follow us on Twitter @RCMPAlberta and on Facebook @RCMPinAlberta.

If you have been the victim of a fraud, report it to your local police service and to the Canadian Anti-Fraud Centre online at: [www.antifraudcentre.ca](http://www.antifraudcentre.ca) or by calling: 1-888-495-8501.

## OJSH Students in the Spotlight

**Continued from Page 15**

She had originally started out playing hockey, discovered she did not like it, and turned to baseball where she found her sports passion.

She says she loves the adrenalin rush of being in the field when the batter is up and the anticipation of the play. She wants to continue playing until she is 19 and she is hoping eventually to make it onto a women's na-

tional team.

Zakk Goertzen is in Grade 11 this year. Zakk, in addition to being a diligent student, has been in Cadets for 4 years. Canada's Department of National Defence offers biathlon training programs for its cadets and Zakk has been involved with that program for the last two years. The training has paid off for Zakk: he is going to Prince Edward Island from March 4th to 10th to compete in the Cadet Nationals for

Biathlon.

To get to the Cadet Nationals, Zakk had to place top in the province. But, before that, he first had to make the biathlon team for his squadron. Then he had to compete in Zones before moving onto Provincials. At Nationals, Zakk will compete in four Biathlon events, the longest being 7.5 km.

Cadet biathlon develops power, endurance, strength, skill, precision and calm under pres-

sure. It is a combination of cross-country skiing and marksmanship: after skiing fast and hard, biathletes must calm themselves to take accurate and controlled shots at targets 50 meters away. In a single race, cadets can ski up to 10 kilometers and shoot 20 targets.

OJSH certainly can be proud of all these fine young athletes and their remarkable achievements at such a young age!

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# PARLIAMENT UPDATE – WEEK OF FEBRUARY 25, 2019

**Submitted by Jim Eglinski, MP – Yellowhead**

The following was debated in the House:

- C-77 – National Defence Act (Third Reading)
- C-83 – Corrections and Conditional Release Act (Report Stage)
- C-92 – An Act Respecting First Nations, Inuit and Métis Children, Youth and Families (First Reading)
- C-93 – An Act to provide no-cost, expedited record suspensions for simple possession of cannabis (First Reading)
- C-369 – Bills of Exchange Act (Third Reading)
- C-431 – Canada Pension Plan Investment Board Act (First Reading)
- C-432 – Public Servants Disclosure Protection Act (First Reading)
- C-433 – Competition Act (First Reading)
- C-434 – Criminal Code (First Reading)
- C-435 – Rare Disease Day Act (First Reading)
- C-436 – Acromegaly Awareness Day Act (First Reading)
- CPC Opposition Motion – Standing Committee on Justice and Human Rights
- Motion – 111 – Menno-nite Heritage Week
- Motion – 194 – Precarious Employment
- Motion – 206 – To Study Fitness and Physical Activity Levels of Canadian Youth
- S-6 – Canada-Madagascar Tax Convention Implementation Act, 2018 (Referred to Committee)

On Monday, in the Standing Committee on Public Safety and National Security (SECU), we heard witnesses from Public Safety and Emergency Preparedness, Royal Canadian Mounted Police,

the Canadian Security Intelligence Service, Canada Border Services Agency, Correctional Service Of Canada, and the Parole Board of Canada on the Supplementary Estimates (B) 2018-19 and the Interim Estimates 2019-20.

On Wednesday, we heard from witnesses as we continued the study on Cybersecurity in the Financial Sector as a National Economic Security Issue. For more information on these meetings, visit the SECU Committee website at [www.ourcommons.ca/Commit-](http://www.ourcommons.ca/Committees/en/SECU)

[tees/en/SECU](http://www.ourcommons.ca/en/SECU)

On Thursday, the Speaker of the House of Commons granted our request for an emergency debate that evening on the topic of the Prime Minister pressuring the former Attorney General to interfere in the prosecution of SNC-Lavalin. You can read comments and questions from Debates on the House Publications page at [www.ourcommons.ca/en](http://www.ourcommons.ca/en)

On Friday, I flew back to the riding.

On Saturday, I will have the hon-

our of attending the Edson First Responders Dinner and Awards Banquet where I will be presenting Fire Chief, Tyler Robinson, his Federal Fire Services Exemplary Service Medal and certificate. Congratulations Fire Chief Robinson!

This week, I attended eight meetings and two events, as well as recorded a message.

I will remain in the riding for the next two weeks while the House is on recess. My next update will be on my travels in the Yellowhead.

LAC STE. ANNE COUNTY



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## PLANNING & DEVELOPMENT

# Notice of Public Hearing

## Bylaw 22-2017 to replace amended Land Use Bylaw #24-2014

Pursuant to the provisions of Section 692 of the Municipal Government Act, the Council of Lac Ste. Anne County is considering a new Land Use Bylaw to replace Land Use Bylaw through Bylaw 24-2014 (as amended).

### Some of the proposed changes include:

- Recreational vehicles – allowed on some lots where no residence exists in some locations and prohibits RVs in other locations
- Rezoning residential parcels 3 to 10 acres in size outside of subdivision
- Allowing garages prior to principal residence: garage as principal use in the multiple districts
- Caretaker residence must be accessory to industrial use
- Municipal infrastructure as principal use on some properties
- Administrative Amendments:
  - Updated referral requirements
  - Removed age limit on mobile homes
  - Clarification on when a permit is not required
  - Update LUB to match Alberta Building Code for permit requirements on accessory buildings 100 sq. ft.
- And other various changes

### Public Hearing

Interested individuals may attend to voice their comments directly to Council. Schedule a 5-minute speaking time by contacting the County office at 780.785.3411 and requesting the Planning & Development department.

Those with scheduled appointments will be given priority. We strongly encourage those wishing to speak to call and book a time.

**Saturday, March 23, 2019 | 1:00 pm**

Onway Heritage Centre Gym  
4708 Lac Ste. Anne Trail – Onway

## TAKE PART IN THE DISCUSSION

### Your Thoughts and Ideas About the Proposed Changes are Important

Written comments on the above proposed Bylaw may be provided prior to March 15, 2019 to Lac Ste. Anne County at Box 219, Sangudo AB T0E 2A0 or by email at [devassistant@lsac.ca](mailto:devassistant@lsac.ca).

The proposed amendment may be reviewed during regular business hours at the County Office at 56521 Range Road 65.

The Bylaw and Information Summary Sheets can be found online at [LSAC.ca/LUB](http://LSAC.ca/LUB).

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## GUARD YOUR PROFITS

The bottom line for any business is profitability. An important part of maximizing profits is minimizing losses - and that includes non-productive time, costly machinery breakdowns as well as losses due to injury, illness, or death of the farmer, farm family, or farm workers.

Minimizing loss begins with making safety a priority, conducting a safety audit on your farm, keeping all machinery in good repair with guards and shields in place, having adequate accident insurance coverage, training workers in safe practices, leading by example every day.

# FARM SAFETY & HEALTH WEEK

### MARCH 10TH – 16TH

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# FARM SAFETY WEEK

is a great opportunity to stress the importance of keeping our farm families safe and healthy. The agriculture industry is unique in that so many of its members live, work and play at the worksite. This often increases the level to which farmers and their families are exposed to dangerous chemicals, machinery and livestock. Because of this potentially hazardous environment, it's essential that each and every person on the farm is experienced and knowledgeable in the area of farm safety.

- Handle cattle with respect and awareness. They have the strength and speed to cause serious injury.
- Never operate machinery when you are fatigued, stressed or highly medicated.
- Always read and follow owner's manuals and safety decals on all equipment.
- Outfit all farm buildings with smoke detectors and fire extinguishers.

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962-3755

H & R Block  
-Spruce Grove  
962-8884

Serenity  
Funeral  
Services  
-Spruce Grove  
962-2749

Grove  
Hearing Clinic  
962-2960

B.W.  
Eavestroughing  
699-1880

Cartridge  
Express  
960-9413





# Classified Ads

## Hall Rentals

Alberta Beach Agplex, Susan 780-996-2960.

Alberta Beach & District Seniors 50+ Club. Air conditioning! Space Available! Jeanne 780-913-4494. Chere Myers 780-924-3242 or cell 780-951-3242 call/text.

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/Classrooms, 967-1015

Onoway Legion, 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sanguo Community Hall, 785-2904

or 305-4616

Stettin Nakumun Comm. Hall, 967-9198

## Announcement

**For \$50 You Can Eliminate Your Cable Bill. Get 7000+ (CHANNELS)! Put \$500+ Weekly in your Bank Account. Ask me how! Text 780-882-4571. www.tryitoutforfree.com/dougfollet (4) 19-02**

## Notices

**Now Booking for 2019 Season - MAY to SEPT. Commercial Marine Charters Ltd.** Ken H. Seymour, Owner/Captain: info@commercialmarinecharters.com or www.commercialmarinecharters.com **OR** Hugh Provence 780-967-4944 or 780-499-8850. Fishing for Salmon, Halibut, Crab - \$5670 GST included for 3 days fishing for 4 people. All you bring is your rain gear. (9) 22-01

## Lost & Found

**FOUND:** Gold Ring with diamonds, around the hospital area. Size 6 1/2 with inscription. Please call to identify, 780-906-1949 (2) 26-02

## Services

Nasty's Tree Removal. Stump Grinding, Pruning & Firewood for sale. Licensed & insured. Roger @ 780-720-2207 (13) 19-02 OG



**SERENITY FUNERAL SERVICE**

**NEW FACILITY**  
Chapel & Reception Centre

600 Calahoo Road Spruce Grove, AB  
**780-962-2749** [www.serenity.ca](http://www.serenity.ca)

SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY

## MAR 30 AUCTION

**FOR: CLARENCE & JOAN GROOT (780-674-4077) (4118 TWP RD 624)**

**Located:** (From Barrhead Ford - 3km N, 1.5 E on Hwy 18, then take Hwy 769 N for 26.5 km to Twp 624A, then 5 W, .8 S, 2.4 W to 4118 Twp Rd 624) (From Westlock Inn - 34.5 km W on Hwy 18, Turn N on Hwy 769 for 26.5 km to Twp 624A, then 5 W, .8 S, 2.4 W to 4118 Twp Rd 624)

## Saturday, March 30<sup>th</sup> at 1:00PM

**GOOD JOHN DEER EQ:** \* JD 7810 Tractor w (4298hr), 16.9 x 26 FWA, 20.8 x 38 duals, Power Quad Trans \* 7 x 18 JD 3600 Safety Trip Plow \* 25ft JD Disc w 20" Discs \* 2007 JD 9450 30ft or 3 x 10 ft Spike How Press Drill on hyd movers w/grass, fert \* 2011 JD 922 F Flex Combine Header on Trail Tech Transport Trailer \* JD 566 Round Baler

**OTHER FIELD EQ:** \* Good 60"/12D Harrow Bar \* 60' Inland Sprayer w plastic tank \* 16' Land Roller \* 28' IHC VS Cult \* 22' Wil-Rich 4400 Field Eq \* 16' Haul All Grain/Fort Tank w hyd Augers

**VERY GOOD TRUCK AND GN TRAILERS:** \* 2006 Dodge Ram 3500 Crew Cab Dually w (132,000 km), cummins, 8' Box, White \* 2006 Wilson 24' Alum GN Stock Trailer \* 2008 Conquest 2.8' GN Holiday Trailer w 12' Slide \* 14' Alum Boat \* 8hp Johnson O/B

**GOOD HARVEST TRUCK / EQUIP / GRAINARIES:** \* 1991 IHC 4900 Tandem Truck w/ (55,000km), 10 spd, 20ft x 5ft Hi Metal Box w Grain and Silage Gate, Tarp \* 20ft Premier 2950 Swather w MacDon Harvest Header (2213/1789hr) \* Hyd Canola Shear \* Like New WF MK 100-61 Grain Auger w Swing \* Brandt 835 Auger w Kohler Pro 20 \* WR Hopper Bins - (5000 bu) (3 @ 2100) (1800) (2 @ 1500) \* 2 Air Fans \* Butlar 4 Ring \* Older 1971 GMC 5500 Truck w 16' x 4' hi Metal Box

**HAY EQ AND LIVESTOCK EQ:** \* 11ft MOCO 930 Disc Bine \* 8W 3 pt V Rake \* 15 Bale Pipe Frame 3 Axle Trailer \* Unique 30' Portable Rnd Bale Feeder on Wheels \* HD Bale Feeder \* 3 Feeder Hopper Bins \* 2 Salts Licks \* Hyd Wire Roller \* Eltc Fencing \* 14' Pasture Harrows \* HD 3pt Bale Fork \* MORAND Crowd Tub w Alleys, Scale Squeeze \* Hoof Trim Table \* Extra Squeeze \* Maternity Pen \* Pipe Frame (30ft Silage Feeder on trans) (2 Calf Shelters) (2 @ 31' FS Panels) (Saw Horses) \* WATER (5hp/2in Pump) (Tank on Trailer) (Auto Stock Waterer) (1250gl Plastic Tank) (Rnd Stock Trough) \* 4" Eltc Input Auger \* Gates, Panels

**SHOP:** \* Tidy Tank w 12V \* Honda EM 5000 SX Gen \* Karcher diesel Pres Washer \* Miller 225 Welder \* Tools and Farm Parts & Misc \* Dog House \* 2 Yard Trailers

## PARSONS AUCTIONS LTD.

Charles 674-7704 (780-674-3929) Jeff 305-4328  
Pictures Available on: [parsons-auctions.com](http://parsons-auctions.com)



# Classified Ads - Call 962-9228

## Employment Opportunities

Ecko Marine a local Powersports dealership that has been serving the community for the last 40 years is currently seeking Outdoor enthusiasts to join our team. We are currently hiring Sales Person, Service Writer and Technician. If you are a reliable, self-motivated, works well in a team environment and has experience in any of these departments please email your resume to [sheri@eckomarine.com](mailto:sheri@eckomarine.com) (1) 05-03

## Dog Caretaker

**Alberta Beach & Surrounding Areas, thinking of a Summer Getaway? Worried about leaving your dog in a kennel?** Don't worry anymore, you can leave your pet with me! There is a wrap around deck in court yard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel!

Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 05-03 OG

## Bookkeeping

NEED A BOOKKEEPER? Exp. Bookkeeper 40 years. If you are a small business that needs a full cycle bookkeeper to process your paperwork and get your year end work done for your accountant - That is what I can do for you! Looking for a contract, or part-time job. Call me @ 780-918-1645 Let's talk to see if I come to your place to work or you can drop off and pick up as needed. Call Addy. (3) 26-02

## Computers

**FREE** COMPUTER REPAIRS (or computers as available) for single parents, lonely seniors or low income. FREE check up while you wait. Repairs for NOT over \$50. Laptop win 7 or 10 like new refurbished only \$100.

Donate your computers, tabs, cells or program disks for single parents (will be erased/cleared refurbished or used for parts). Call or leave clear message, 780-892-4993 (14) 11-12-18

## Firewood

**FIREWOOD FOR SALE** - Birch, Tamarack & Spruce Pine mix. Poplar \$300/cord. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (28) 30-10-18 OG

**Seasoned Firewood: Birch, Spruce/Pine, Tamarack & Poplar - 4x4x8 cord.** Delivery or pick up at wood yard. Call 780-967-5835 (14) 20-11-18

## For Rent

Alberta Beach Inn & Suites - Nightly, weekly and monthly rentals available, resonable rates. Call 587-763-0351 (13) 18-12-18

Alberta Beach Hotel rooms for rent. Upgraded, very clean & well maintained, shaw cable tv included. \$60.00 per night or \$500.00 per month. Damage deposit is required. Call 780-924-3005 for more information (50) 08-01

Available Immediately, Large 2 Bedroom in 12 Unit Apartment building in Entwistle. Includes Heat, Water & Parking. Rent \$785/month + DD \$300. Please Call Ivka 780-807-1300 or email: [jakovljevicivka@yahoo.ca](mailto:jakovljevicivka@yahoo.ca) (2) 05-03

House For Rent in Cherhill, 3 bedrooms, 1.5 bathrooms, attached garage, covered veranda off dining room, recently renovated, fridge, stove, dishwasher, washer/dryer, N/S, N/P, References required, available immediately, \$1000/month + DD same. Beautiful home on a double lot in quiet community, 15 mins West of Onoway on Hwy 43. Call 780-305-7077 or email: [dismoole@hotmail.com](mailto:dismoole@hotmail.com) (4) 05-03

# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### ANSWER:

7	6	4	1	3	9	8	5	2
9	8	1	2	4	5	6	7	3
3	5	2	8	7	6	1	4	9
2	3	6	7	5	4	9	8	1
4	7	8	9	1	3	5	2	6
1	9	5	6	8	2	7	3	4
5	2	9	4	6	8	3	1	7
6	1	3	5	2	7	4	9	8
8	4	7	3	9	1	2	6	5

	6	4	1	3	9		5	2
9				4				
	5				6	1		
					4	9		1
4			9	1		5	2	
		5	6			7	3	
	2		4		8			
6	1		5	2	7	4		
8	4			9	1	2		

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



# COMMUNITY EVENTS 2019

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

**MAR 5 - SHOVE TUESDAY PANCAKE SUPPER, 5:00pm-6:30pm** at Peace Evangelical Lutheran Church, (303 Church Rd, Spruce Grove). Free Will Offering. Please plan to join us and bring your friends & family.

**MAR 16 - CRIB TOURNAMENT** at Rich Valley Hall. Doors open at 10am, Play at 11am. \$20/person. Lunch served. Info 780-967-5710.

## FARMERS MARKETS

**BARRHEAD:** Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802

**ONOWAY FARMERS' MARKET:** Thursdays, 5-8pm at Onoway Community Hall. Starts May 1st. 780-667-6327 or onowayfarmersmarket@gmail.com.

**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

**STONY PLAIN:** Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.

**WESTLOCK:** 11-3PM, Bargain Shop Mall, Dave 780-954-2437

## BINGO

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2. **CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors @ 6:30PM, Games @ 7:30PM.

**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00PM

**MAYERTHORPE ROYAL CANADIAN LEGION:** Tues, doors 6:30PM, bingo 7:30PM

**RICH VALLEY COMMUNITY HALL BINGO:** 7:30PM. Loonie Pots. Next bingos March 6 & 20, April 3 & 17.

**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

## MEAT DRAWS

**ALBERTA BEACH MUSEUM:** Every Sat 4PM, Alberta Beach Hotel

**ALBERTA BEACH:** Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.

**BARRHEAD ROYAL CANADIAN LEGION:** Fridays 6:00PM. Queen Of Hearts draw & 50/50.

**DARWELL:** by Alberta Beach & District Lions Club, 4:00PM bi-weekly, Darwell Lounge & Restaurant

**ONOWAY ROYAL CANADIAN LEGION:** Fridays, Ph. 780-967-5361

**STONY PLAIN ROYAL CANADIAN LEGION BR# 256:** Saturdays @ 3:00PM. Meat Draw & 50/50.

**WHITECOURT LEGION:** Saturdays 4:00PM. Located downtown behind the CIBC.

## MEALS ON WHEELS

**ALBERTA BEACH & DISTRICT:** Coordinator - Diane 780.924.2348

**DARWELL & AREA:** Coordinators - Tracey: 780.915.2621 or Edie: 780.892.2457

**ONOWAY:** LSAC Div 1 & 2, East of Hwy 43, Hazel Bourke: 780.967.2338 or bnbourke@icloud.com

**WEST END:** Sanguo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

## JAMBOREES

**CARVEL:** 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

**SANGUDO:** Sanguo Community Hall, 1st Sat of month 7PM. 785-4105 or 305-5088.

**\*October - May.**

**SPRUCE GROVE:** at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051

**\*September - June.**

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

**THE ABBOTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

## TOPS (Take Off Pounds Sensibly)

**ALBERTA BEACH:** Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633. 967-5009.

**EDMONTON:** Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

**SANGUDO:** Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

**STONY PLAIN:** Thurs evening, Stony Plain United Church. Susan (780) 968-0869

**SPRUCE GROVE:** Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

## YOUR COMMUNITY

**ONOWAY ROYAL CANADIAN LEGION:** Open Tuesdays 7:00PM to 10:00PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3:00 PM- 10:00PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9:00-3:00PM. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.

**VOLUNTEER TUTOR ADULT LITERACY PROGRAM:** Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca

**WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

**SOCIAL EVENTS**

**ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES:** Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone Welcome.

**BADMINTON:** Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

**COME PLAY CRIB:** Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

**JR. SCRAPBOOKING** Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404.

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1PM, 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.

**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

**MAR 25 - SANGUDO HORTICULTURAL CLUB PRESENTS: NATIVE PLANTS FOR GARDENS.** Members from the Edmonton Native Plant Group will be at the Sanguo Golden Age Club - 7:00pm. Public welcome. \$5 drop in fee.

**APR 7 - ST. PETER'S CWL ANNUAL HAM BINGO & BONANZA, 1:00pm** at Villeneuve Hall (wheelchair accessible). \$5/Cost, donuts available for purchase, Free Juice & coffee.

**PANCAKE/BREAKFAST SOCIAL:** 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. *\*except June, July, August*

**RIVER TALKERS TOAST MASTERS CLUB,** Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

**SANGUDO ART GROUP:** Wednesdays 9AM-12PM at Sanguo Community School. Info call 780-785-2112.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

**WRITERS PROGRAM:** Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

## MEETINGS

**1ST ONOWAY SCOUTS:** Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

**299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE:** Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

**3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS,** Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

**526 BARRHEAD AIR CADETS,** Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

**AA - MAYERTHORPE,** Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

**AA - SANGUDO GOLDEN CLUB,** Tues 8PM call 786-4402/785-9214/785-3599

**AL-ANON - ONOWAY:** Meetings are suspended for January thru April inclusively.

**AL-ANON** Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

**ALBERTA 55 PLUS:** Villeneuve Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

**ALBERTA BEACH & DIST LIONS CLUB** meets every 4th Tues 7:00PM, Alberta Beach Agriplex.

**ALBERTA BEACH AG SOCIETY** meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agriplex.

**ALBERTA BEACH MUSEUM** meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

**BARRHEAD ROYAL CANADIAN LEGION,** meeting every 2nd Thurs, 7PM at the Legion Hall.

**CHERRILL COMMUNITY ASSOC.** Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *\*Except Jan, July, Aug, Sept.*

**CHERRILL SILVER & GOLD SENIORS CLUB** Regular Meetings 1st Tuesday of month, Cherrill Seniors Hall. Call Rosamy 780-785-2625

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12PM, Alberta Beach

Agriplex. Info call 780-902-4879 or 780-999-7622. *\*Sept-June.*

**Citizens Helping In Life's Defence (C.H.I.L.D.)** Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8:00PM, 1st Monday, Darwell

**DDRA MEETING,** 7:00PM, 2nd Mon, Darwell 892-3099. *\*except Jul/Aug/Dec*

**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

**GREENCOURT COMMUNITY ASSOCIATION** meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

**KINETTE CLUB OF MAYERTHORPE,** 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

**LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY:** 3rd Fri, 7PM, Alberta Beach Council Chambers.

**LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS:** 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4th Mon, 5PM in Hospital Basement Education Room.

**MEN FOR SOBRIETY:** Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *\*Sept-June*

**NA MEETING,** Tuesdays 7:00PM Poplar Valley Church (780)514-6011

**ONOWAY & DIST HISTORICAL SOCIETY:** 2nd Wed of each month, 7:00PM, Onoway Legion

**ONOWAY & DISTRICT HISTORICAL GUILD:** 3rd Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

**ONOWAY & DISTRICT QUILT GUILD:** Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Dixie @ 780 967 0528.

**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1st Mon, 7PM. *\*Sept-June*

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agriplex on the 2nd Wed of the month, 7:00PM.

**RIVER TALKERS TOASTMASTERS CLUB** Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180.

**SANGUDO PAINTING GROUP:** Every Wed, 9AM-12PM at Sanguo Community School. Info, call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

**WEIGHT WATCHERS** Alberta Beach Agriplex - Mondays, weigh in 6:30PM. Meeting at 7PM.



# Church Directory

<b>Rich Valley Community Church</b> Sunday School 10:00a.m. Worship Service 11:00a.m.	<b>Catholic Parish of Lac Ste. Anne</b> Sunday 10:00a.m.		<b>Mayerthorpe Baptist Church</b> Worship Service Sunday 10:30a.m. Children's Church 10:30a.m. 4606-54 St. Mayerthorpe (780) 786-2677	<b>Alberta Beach Alliance Church</b> Sunday Worship Service & Kid's Church 11:00a.m. Sunday School 10:00a.m. (780) 924-3282	<b>St. John's Anglican Church</b> <i>Onoway</i> Sunday Service 10:00a.m. <b>Everyone Welcome</b>
<b>St. John's Lutheran Church</b> <i>Alberta Beach</i> Sunday Service 11:00a.m. Sunday School	<b>Zion United Church</b> Sunday Service 10:00a.m. Sunday School <i>Serving Alberta Beach, Wabamun, Darnell &amp; Lake Isle, Onoway &amp; Area</i> (780) 924-3351	<b>Sangudo United Church</b> Worship Service 3rd Sunday 11:00a.m. 4907-50 Ave. Sangudo, AB	<b>Infuzed Ministries</b> Worship Service Sunday 3:30p.m. in Alexis Community Hall Pastor Daniel Jackson (780) 719-0240	<b>Cherhill Community Church</b> Sunday School 10:00a.m. - 11:00a.m. Worship Service Sunday 11:00a.m.	<b>St. Michael Lutheran Church</b> Sunday Services 1st & 3rd Sunday at 2:00p.m. Pastor Rick Chappell (780) 674-2618 <i>Mystery Lake</i>
<b>Trinity Lutheran Church (LC-C)</b> <i>The Church of the Lutheran Hour - Rockyfort Bridge</i> Pastor Dan Hansard Church (780) 778-2035 Sunday Worship 9:00a.m. Senior's Service & Cottage Bible Study - Phone for locations	<b>Mayerthorpe Pentecostal Assembly</b> P.A.O.C. Rev. Arnold Lothoiz Sunday 10:30a.m. Morning Service Tuesday 7:30p.m. Ministry Training (780) 786-2141		<b>Onoway Baptist Church</b> Sunday Service 10:30a.m. Pastor Greg Garbutt (780) 967-2266	<b>Roman Catholic Church</b> St. Agnes' Parish, Mayerthorpe Sunday 9:00a.m. St. Elizabeth Parish, Evansburg Saturday 7:00p.m. (780) 786-2032	<b>Calahoo Alliance Church</b> Family Worship Service Sunday 10:00a.m. For Info Call Jerry (780) 974-7734

## SERVICE DIRECTORY

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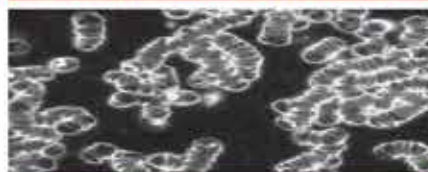
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