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March 26, 2019

ERIN BABCOCK FIGHTS FOR SENIORS AND THEIR HEALTHCARE PROVIDERS

-- Kenney's Plan to Cut and Privatize Health Care Hurts Albertans --

Submitted by Alberta's NDP

Spruce Grove — Erin Babcock applauded Alberta NDP Leader Rachel Notley's announcement today to open 2,000 more long-term care beds across the province.

Notley made the announcement today standing next to nurses and caregivers in Lethbridge, which will not only benefit seniors, but also those who take care of them.

"Our loved ones deserve to age safely and with dignity, and we're going to keep investing in them. Announcing our commitment to 2,000 more long-term spaces is a major commitment to seniors and to their families."

- Erin Babcock, Spruce Grove-Stony Plain candidate

The 2,000 new long-term care beds provide benefits to both patients and their caregivers by:

- Reducing crowding in emergency rooms which helps ER nurses and ER team.
- Helping to improve the responsiveness of our paramedics.
- Reducing wait times.
- Ensuring people who need long-term care are being treated in the proper facility.
- Allowing nurses and other staff to focus on patients who should be treated in hospital.
- Ensuring long-term care nurses and caregivers get the space and resources they need to care for long-term care patients.

Notley's \$170-million strategic investment ensures the 2,000 new long-term care beds are added over the next five years and that the beds already added under her government are kept operational. Since forming government, more than 2,100 long-term care and dementia beds have already been added, the seniors' benefit was protected and increased, and Alberta's first permanent seniors' advocate was appointed.

There are also more doctors and nurses working in Alberta now than ever before thanks to Notley's continued support of our public healthcare system.

SPEND A NIGHT CELEBRATING EMERGING MUSICIANS

Submitted by Horizon Stage

The first of its kind at Horizon Stage, the Emerging Artist Showcase featuring Nuela

Charles on Tuesday, April 9, will allow you to sample the work of four up-and-coming artists alongside a well-established headliner. Audience members will enjoy short performances

by indie-folk singer/songwriter Keltie, local alternative rock trio Hack, and Edmonton-based indie-bluesy-rock band Hewson Grey.

Continued on Page 3

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TELEPHONE:

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Advertising 962-9228
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RCMP – INTERIM MANAGEMENT ADVISORY BOARD

**Submitted by Jim Eglinski,
MP – Yellowhead**

Jim Eglinski, Member of Parliament for Yellowhead, wishes to advise constituents that the Department of Public Safety is taking immediate steps to establish a new Interim Management Advisory Board for the RCMP, to provide advice on the administration and management of the RCMP, and strategies to achieve its objective, by:

- transformation and modernization plans;
- the effective and efficient use of RCMP resources;
- corporate risk and responses to address them;
- policies and management controls that support RCMP operations;
- human resources and labour relations;
- corporate and strategic direction, and implementation plans including, financial and human resources

strategies and multi-year plans;

- operating and capital budgets; and
- performance measurement and departmental results.

The Governor in Council will appoint up to 13 part-time members to the initial Board by April 1, 2019. Legislative changes will be introduced this spring to the RCMP Act to make the Board permanent.

The mandate of the Board will initially focus on key priorities of RCMP transformation, including supporting the development of a "People First Strategy," RCMP business modernization and employee health and well-being.

"As a former RCMP Officer for 35 years, I welcome the creation of an Interim Management Advisory Board to assist in modernizing the RCMP," concluded MP Eglinski.

For more information visit: <https://www.canada.ca/en/public-safety-canada/news/2019/01/new-interim-management-advisory-board-to-help-drive-rcmp-modernization.html>



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JOKE OF THE WEEK

TOOL DEFINITIONS

- **Table Saw** - a large stationary power tool commonly used to launch wood projectiles for testing wall integrity.
- **Skill Saw** - a portable cutting tool used to make studs too short.
- **Belt Sander** - an electric sanding tool commonly used to convert minor touch-up jobs into major refinishing jobs.
- **Hose Cutter** - used to make hoses too short - but only usually at one end.
- **Hammer** - a diving rod to locate the most expensive parts adjacent the object you are trying to hit.
- **Pliers** - designed for rounding off bolt heads.
- **Pry Bar** - best used to crumple the metal surrounding that clip or bracket you needed to remove in order to replace a 25 cent part.



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Spend a Night Celebrating Emerging Musicians

Continued from Page 1

Intermission will feature live music in the lobby by Metis fiddler Brianna Lizotte and complimentary desserts. After intermission, Edmonton-based contemporary singer-songwriter Nuela Charles and her band will play a 45 minute set featuring music from her Juno-nominated albums.

Keltie is a singer/songwriter from Sherwood Park. Her style is unique and can best be described as alternative with crossovers into folk, roots, & rock. She engages audiences with her authenticity and extraordinary sound. She has won an Edmonton Music Award and was a CBC Searchlight finalist in 2017.

Hack is a small alternative rock band originally out of the Westlock area. They have performed at the Hollywood Jamboree in Jarvie and at Stage North in Slave Lake. For this Emerging Artists Showcase they will share a few upbeat acoustic originals and a couple covers. The members of Hack are Koltan Potts (guitar and lead vocals), Mat-

thew Seskus (guitar), and Curtis Paine (drums).

Hewson Grey has a super-cool vibe that is a complex mesh of indie, alternative, bluesy rock, and ambient psych. Rocking the charts and gaining airplay across Western Canada, highlights from their last year include performances at K-Days, the Starlite Room, and the Forge on Whyte, headlining Friday night of East Coulee Springfest (2018), and various other festival appearances around Alberta.

Brianna Lizotte is most recognized for her old time fiddling and from performing with the award-winning Red Deer Royals Marching Show Band. Having only taken up the fiddle seven years ago this young Albertan has performed in Western Canada and Europe and received the Rising Star Award from The Alberta Men and Women of Country Music. Brianna is an artist, teacher, and community leader, and is deeply proud of her Metis heritage.

Nuela Charles is an alternative/soul artist from Edmonton who is known for her expressive vocals

and captivating stage presence. Nominated for two Juno Awards (2018 & 2019) Nuela has brought her distinct voice to various stages across North America, headlined at the Edmonton Jazz Festival, and opened for Ziggy Marley. The lead single, "Crumbling Down", from her 2016 album, The Grand Hustle, was on the CBC Radio 2 Top 20 charts for seven weeks. Newer singles, from her 2018 album, Distant Danger, including "Forecast" and "Do It Right", have recently been

receiving a lot of air play on CBC Radio One.

Find some musical gems. Spend the night exploring new music and artists at the Emerging Artist's Showcase at Horizon Stage on Tuesday, April 9 at 7:30 p.m. Tickets are an affordable \$15 for all ages and may be purchased at the City Hall Ticket Centre (315 Jaspersen Ave), by phone at 780-962-8995 or 1-888-655-9090, and online by visiting and clicking on the 'Tickets' link.



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SPRUCE GROVE RCMP WARN RESIDENTS ABOUT ONGOING SCAM

Submitted by Spruce Grove RCMP

Spruce Grove RCMP are reminding the public about an ongoing scam in which taxpayers across the country receive phone calls or emails from individuals impersonating CRA employees. These people are scammers. A

local resident recently fell victim to this scam and RCMP are once again educating the public on this issue.

An individual received a call from the Canada Revenue Agency indicating that she owed taxes following an audit. The caller demanded that she pay the amount owing by purchasing iTunes cards and providing the

activation codes to the caller.

The phone scammers typically threaten individuals with arrest, imminent legal action, a warrant for arrest, or deportation if their demands are not met. No legitimate government agency or business will demand payment in gift cards or prepaid credit cards. These methods are used by criminals in order to hide

their activities from police.

To learn how to protect yourself from frauds and scams check out The Little Black Book of Scams: <https://www.competitionbureau.gc.ca/eic/site/cb-bc.nsf/eng/04333.html>

Please contact Stony Plain RCMP at 780-968-7267 or your local police if you have information to share with the RCMP.

RCMP LAY CHARGES FOR THEFT OF MAIL

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

NOTICE TO MEMBERS



46TH ANNUAL GENERAL MEETING

Tuesday, April 16, 2019
6:00 P.M. Beef on a Bun
7:00 P.M. Meeting



Three Director positions are up for election, incumbents are eligible to be re-elected.
If you would like more information, please contact:

Mr. Keith Bobey or Mr. Mel Kause
780-963-5087 780-963-4061

Line walking contractors will be patrolling (checking for leaks, etc.) all Co-op high pressure pipe lines as well as the plastic lines located in Taps 30 & 50. This will be ongoing through 2019.

Please accept this notice as your invitation to attend the Annual General Meeting of West Parkland Gas Co-op Ltd. Beef on a bun will be served at 6:00 p.m. followed by the formal meeting at 7:00p.m. This is an ideal opportunity for you to have input and learn more about your Co-op. There will be door prize draws during the meeting.

If you are able to attend, please R.S.V.P. to the office by April 5, 2019.

Phone: 780-963-3311 or by email at admin@westparklandgas.com

On January 8, 2019, a male suspect was arrested without incident after Canadian Postal Inspectors and Stony Plain RCMP received information that post office boxes were broken into and mail stolen.

Dylan Robinson (31) of Stony Plain, Alberta has been charged with:

- Break and Enter to a Business
- Mischief
- Theft of Mail
- Possession of Matter Stolen from Mail
- Possession of Break-in Instruments
- Fail to Comply with Undertaking

Dylan Robinson is scheduled to appear at Stony Plain Provincial Court on Wednesday, January 30, 2019.

Canadian Postal Inspectors and RCMP are working together to prevent and investigate mail theft and encourage customers to report any suspicious activities regarding mail to police.

Here are some tips to help secure your mail and protect your identity:

- Collect your mail daily,
- If you'll be away, use Canada Post's Hold Mail service to suspend delivery until you return,
- When you move, file a change of address with Canada Post and advise your banks and other companies.

If you have concerns about your mail, or if you believe any mail has not been delivered, contact your mailers to ensure they have your correct mailing address, report it to Canada Post Customer Service, 1-800-267-1177, and report suspicious activities to local police.

ALBERTA RCMP STARTS 2019 BY TACKLING IMPAIRED DRIVING AND SHARING INTERSECTION SAFETY TIPS

Submitted by Alberta RCMP Traffic Services

This past holiday season, RCMP ran Checkstops across Alberta. From Dec. 22, 2018 to Jan. 2, 2019, Alberta RCMP laid 81 charges for impaired operation by alcohol and five charges for impaired operation by drugs.

As we enter into a new year, Alberta RCMP encourages drivers to maintain safe driving habits on all types of roads, including intersections, in both urban and rural roads. In Alberta, the most frequently identified driver errors leading to collisions that occurred at intersections in 2016 were: improper left turns, committing a stop sign violation and disobeying a traffic signal. (Alberta Transportation)

Alberta RCMP encourages you to practice the following intersection #TrafficSafety tips:

Drivers

- Slow down as you approach an intersection, stop and check all traffic before proceeding.
- Obey traffic signs and signals. Make a full stop at red lights and stop signs, even when turning right.
- At a four-way stop, remember the Right of Way rule. You must yield to the vehicle on your right.
- Leave ample room between your vehicle and the vehicle in front. It might stop unexpectedly.
- Use your signal when making turns. Ensure it is safe to turn left before doing so.
- Pedestrians have the right of way in all marked or unmarked crosswalks. Pay attention to pedestrians crossing when making any turns or at an all-way stop.
- Be prepared for the unexpected. Always look for pedestrians, changing lights, slippery road conditions and other drivers before proceeding through an intersection.
- Don't try to speed up on a yellow light. A yellow light means slow down and prepare to stop.

Pedestrians

- Never jaywalk. Check traffic before crossing and only proceed when it is safe to do so.
- Always use crosswalks and pedestrian-activated signals when they are available.

• Don't be a distracted pedestrian. Remove headphones; put away cell phones or other electronic devices when crossing the street.

"Intersection safety entails consistently watching the road and other drivers and pedestrians to avoid dangerous collisions. You should never assume that other drivers will do the right thing at an intersection," said Supt. Rick Gardner, Alberta Sheriffs. "We all have the responsibility as road users, drivers

and pedestrians alike, that intersection safety is a shared responsibility."

"Almost every collision is preventable. The most common driver errors at intersections include driving too fast for road conditions, unsafe turns, running yellow or red lights and unsafe lane changes," said Supt. Gary Graham, Alberta RCMP Traffic Services. "From Jan. 1 to Dec. 31, 2018, there were 31 fatalities involving intersections in

Alberta RCMP jurisdictions. When we all take steps to enhance intersection safety, we have the ability to reduce the number of collisions and save lives."

The Alberta RCMP will continue to work with Alberta Sheriffs and other law enforcement and safety partners to ensure Albertans make the right driving decisions. Follow our #TrafficSafety tips on Facebook @RCMPinAlberta and Twitter @RCMPAlberta.



TOMAHAWK SCHOOL KINDERGARTEN & EARLY EDUCATION OPEN HOUSE

for the 2019–2020 school year

DATE

Wednesday, April 10, 2019

TIME

5-7pm

LOCATION

Tomahawk School
6119 Township Road 512

RSVP

Please call 780-339-3935

FREE pizza for attending families.

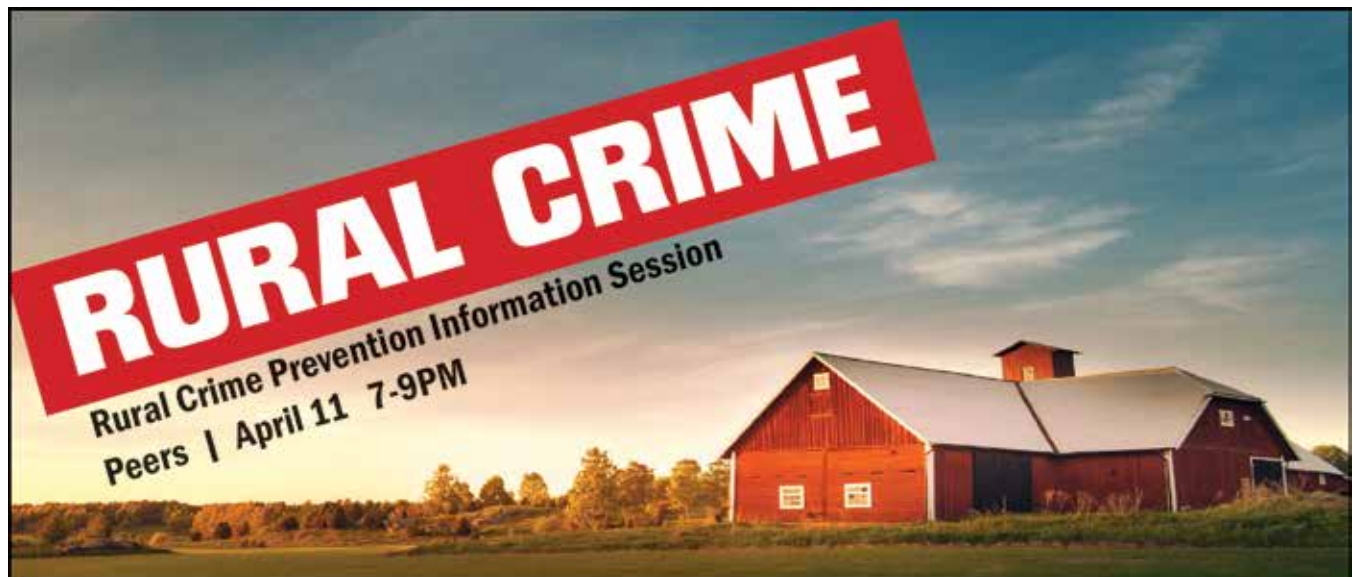


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RURAL CRIME
Rural Crime Prevention Information Session
Peers | April 11 7-9PM

Get tips on crime reduction and safety strategies for your property!

Join Cor De Wit (Alberta Rural Crime Watch) to find out about **rural crime prevention solutions** that will help you protect the things that matter most.

**Peers Multiplex
April 11, 2019
7:00 PM**

Brought to you by Yellowhead County in partnership with the Alberta Rural Crime Watch Association and the RCMP. **Call 1-800-665-6030 to register.**



**FIRE PERMITS REQUIRED IN
YELLOWHEAD COUNTY
FIRE PERMIT ZONE
STARTING APRIL 1**

Contact the Yellowhead County offices in Edson or Wildwood at 1-800-665-6030 for more details regarding fire permits required for this area.

The Yellowhead County Fire Zone covers Evansburg and the surrounding area:
Yellowhead County north of Hwy 16 starting from Highway 22 across to Yellowhead County's eastern boundary at the Pembina River.

Pursuant to Yellowhead County Bylaw 18.02, Yellowhead County will require Fire Permits beginning **APRIL 1** as required by the Authority of the Director of Protective Services of Yellowhead County.

UPDATE ON THE ENTWISTLE POOL AND COMMUNITY HUB

Submitted by Parkland County

Parkland County is happy to report that the Entwistle Pool and Community Hub is moving forward into the demolition phase in the upcoming weeks.

The demolition includes the removal of all structures on the

site, including the pool, buildings, playground, and skate park. In the near future we look forward to sharing with you the full plan for the site – including all new play features, the new pool, skate park, and so much more. Don't forget to visit and subscribe to www.parkland-county.com/pool to keep up on

the latest project news.

The demolition does not pose any health or safety risk to residents. The site will be fenced off, with professionals on-site preparing the site for hazardous material removal from the old structures. All demolition is scheduled to take place between 7 a.m. and 5 p.m. Monday

through Friday.

We look forward to welcoming you to the new Entwistle Pool and Community Hub in 2020.

If you have any questions or concerns, please call Suzanne Merrills, Community Development Coordinator, by phone at 780-968-3236 or via email at aquatics@parklandcounty.com.

NO SPRAY PROGRAM YEARLY RENEWAL REMINDER

Submitted by Dan Ivanov, Communications Department | Yellowhead County

If you are a Yellowhead County landowner who does not want herbicide applied adjacent to your property, you must enter into a no-spray agreement with the County prior to April 1st of each year. This means that you will be responsible for weed and brush control in the designated areas, as defined by the no-spray agreement.

Once an agreement has been completed, you must place no-spray signs in a highly visible area as close as possible to the property line. No-spray signs must be purchased from the Yellowhead County Edson or Wildwood Offices at a cost of \$5.00 for two signs.

Yellowhead County Agricultural Services requires each landowner who has signed the agreement to fulfill their obligations before the July 1st deadline. After the July 1st deadline, Yellowhead County re-assumes responsibility for weed and brush control and may apply herbicide adjacent to non-compliant roadsides if necessary.

If you chose not to renew your agreement for 2019, we ask that you please remove your signs prior to the start of the spray season starting May 1st, 2019.

Residents who have any concerns or questions are asked to contact Yellowhead County Agricultural Services at 1-800-814-3935 or (780) 325-3782.



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Yellowhead Local Food Initiative

www.GrowYellowhead.ca

Website Launch Apr. 8-11 & 16

Want to find out where to buy local products? The Grow Yellowhead website will help you find where to purchase local goods directly from the producers.

Join us at these locations across the region to find out more:

- Monday, April 8 - Wildwood Community Hall**
- Tuesday, April 9 - Edson Chamber Office**
- Wednesday, April 10 - Hinton Community Futures**
- Thursday, April 11 - Jasper Chamber**
- Tuesday, April 16 - Grande Cache Eagle's Nest**

ALL EVENTS ARE FROM 3:00 PM - 5:00 PM

Call 1-800-263-1716 for specific event locations.

A shared initiative of Community Futures West Yellowhead and Yellowhead County Community Services.

Yellowhead County **Community Futures West Yellowhead**

INVESTIGATION OF LARGE SCALE FRAUD OPERATION RESULTS IN NUMEROUS CHARGES

Submitted by Stony Plain/Spruce Grove/Enoch RCMP

On Jan. 4, 2019 an investigation conducted by members of the Stony Plain/Spruce Grove/Enoch RCMP Drug Section and Crime Reduction Unit led to the execution of a search warrant at a residence in Stony Plain, Alta.

Police recovered a large quantity of stolen mail, stolen and fraudulent identity documents,

stolen and fraudulent cheques and a small quantity of methamphetamine.

Crystal Stebbings (38) of Stony Plain, Alta. has been charged with:

- Possession of property obtained by crime less than or equal to \$5000
- Unauthorized use of credit card data
- Draw execute document without authorization, so as to de-

fraud

- Identity theft
- Identity fraud
- Possession of Methamphetamine (Crystal Meth)
- Unauthorized possession of a prohibited weapon
- Make/Sell/Possess instruments for making a forged document
- Theft, forgery, misuse of credit card
- Possession of matter stolen

from mail

Stebbings was out of custody on two separate recognizances. The first was stemming from an arrest in Edmonton in Apr. 2018 which resulted in her being charged with possession of property obtained by crime and 25 additional charges. The second pertained to a Jul. 2018 charge from Leduc for theft of a motor vehicle.

She was released from custody after a judicial interim hearing on Jan. 16, 2019, and will be appearing in Stony Plain Provincial Court on Feb. 6, 2019.

During the search of the residence the following was located:

- 3 grams of methamphetamine;
- A fraudulent Alberta Operator's licence containing the information of one of the victim's but altered to have Crystal Stebbings's photograph displayed
- A binder which contained, among other items, hundreds of fraudulent or stolen gift cards
- Hundreds of stolen or fraudulent debit cards, credit cards, gift cards and identification documents of hundreds of victims with an estimated value exceeding \$100,000
- Hundreds of stolen or fraudulent cheques with more than 50 victims with an estimated value exceeding \$100,000
- Thousands of pages of financial, government issued or mailed documents from more than a hundred victims from locations across Alberta
- Hundreds of pages of hotel receipts which contain complete credit card details from hotel guests;
- Blank cheque printing paper
- A typewriter loaded with a fraudulent bank draft with the amount \$11,289.29 typed on it
- Nun chucks (a prohibited weapon)

Investigation revealed that some of the victims did not realize they were victims of fraud and/or identity theft. Some of the documents located during the search warrant had been taken from recycling bins, some from the garbage. These documents



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CONCEPTUAL DESIGN AND LOCATION CHOSEN FOR EDSON MULTI-USE RECREATION COMPLEX

Submitted by Yellowhead County | Town of Edson

The joint Town of Edson and Yellowhead County Steering Committee has agreed to the project scope, location, timeline, and cost of the proposed Multi-Use Recreation Complex to be constructed in Edson, at Griffiths Park. The chosen location will be ideal for future expansion and parking considerations.

The project is estimated to cost \$70 million, though the proposed development and construction timeline will allow

both communities to budget in a responsible manner with the objective of a limited impact on future tax rates and consider the current and future impacts of the local economy.

This option has all the recreational requirements that were part of the Steering Committee's tender that were derived from recent community engagement, as well as previous consultation with various community groups and organizations that took into account all the needs for local recreation.

Going forward, the Steering

Committee intends to present their recommendations to both Yellowhead County and Edson Councils for adoption, as well as bringing it to the residents for information regarding the design concepts.

After a thorough review process, the facility's detailed design is planned to commence in late 2019 and construction anticipated to commence in late 2022. The Steering Committee is very pleased with the regional cooperation that has been displayed throughout the realization of this project, and believes this to be

the right recreational enterprise to serve our communities and future generations.

Moreover, the Steering Committee is confident that the timelines set out for this project will allow our communities to gauge and plan fiscally—so that this exciting new initiative can be accommodated with limited tax implications.

Thank you to all who participated in the development of this initiative, and we are excited to continue our regional collaboration to ensure that the needs of our residents are met.

Investigation Of Large Scale Fraud Operation Results In Numerous Charges

were used to attempt to open credit card accounts.

Inspector Mike Lokken stated, "Criminals are always looking

for new ways to take your money. Identity theft is a growing and serious crime. We need to protect our personal information

and prevent it from falling into the wrong hands."

To learn how to protect yourself from frauds and scams check out

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Spring 2019 HomeRENO



The Businesses in the following Guide can be your One Stop Solution to all your Renovation Needs!

HomeRENO



EXPAND LIVING SPACES WITH CLEVER IDEAS

Homeowners looking to add more space to their homes do not necessarily need to make major renovations. They simply have to see the possibilities in outdoor living spaces.

A recent survey from the on-line home design and remodeling resource Houzz found that more than 4,500 users were planning a landscape update. In addition, 56 percent of homeowners surveyed were making updates to improve their yards for entertaining.

While the creation of outdoor living spaces can cost thousands of dollars depending on the renovation, homeowners have more budget-friendly options at their disposal as well. The following are some ways to create inviting spaces no matter how much square-footage is present.

Revamp a garage or shed: Rather than turning a storage

area into a catch-all for items time forgot, clean out the space and put it to better use. For instance, kids may appreciate their own clubhouse away from the main living area. These spaces also can be handy bonus rooms for when Mother Nature doesn't cooperate and backyard guests need to seek shelter. Wall art, curtains, a pendant light, and some comfortable outdoor-compatible furniture can quickly transform a space.

Create a relaxing nook: Whether there's a ledge, overhang, small terrace, or porch off the house, turn it into a relaxing area for reading a book or sipping a beverage. Use a few outdoor pillows, pull up a small folding table and dress the area with hanging lights and potted plants for a quiet retreat.

Add privacy to a porch: If it's privacy you covet, install curtain

rods and hang lightweight mesh or another translucent material that obscures neighbors' views without blocking out natural light. Invest in outdoor sofas and chaises to create an outdoor living room right on the porch. If your budget allows, consider

closing in the porch as a true three-season room so it can be used throughout fall, spring and summer.

Outdoor living spaces are booming and highly achievable, and many such spaces need not be expensive.

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6 OPTIONS FOR FUNDING YOUR NEXT HOME IMPROVEMENT PROJECT

Before starting a home improvement project, either on one's own or with the assistance of a professional contractor, homeowners must first

consider the costs involved. According to the home improvement resource HomeAdvisor, more than one-third of homeowners do not under-

stand what hiring a professional will cost, and then cannot successfully budget and secure financing once they have set their sights on a renovation project.

HomeAdvisor says that some of the more popular projects, such as remodeling a kitchen or bathroom or building a deck, can cost, on average, \$19,920, \$9,274 and \$6,919, respectively.

Homeowners may find that the more expensive renovations require them to secure some type of financing. Those who have never before sought such financing may want to consider these options.

1. Cash-out refinancing: With cash-out refinancing, a person will begin the mortgage process anew with the intention of paying off the current mortgage balance, and then taking out additional funds for other purposes. Cash-out refinancing is a way to tap into a home's existing equity for use on improvements or other expenses, such as college tuition.

2. Home equity line of credit: The financial experts at Bankrate indicate that a HELOC works like a credit card, with the house as collateral. There is a credit limit, and borrowers can spend up to that limit. The interest rate may or may not

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6 Options For Funding Your Next Home Improvement Project

be fixed. However, the interest may be tax-deductible if the financing is used to improve, buy or build a home.

3. Home equity loan: Individuals also can borrow against equity in their homes with a fixed interest rate through a home equity loan. Most lenders will calculate 80 percent of the home value and subtract a homeowner's mortgage balance to figure out how much can be borrowed, according to the financial advisory site The Simple Dollar.

4. Personal loan: Homeowners can shop around at various financial institutions for competitive personal loans to be used for home improvement purposes. Funds may be ap-

proved within one business day, which can be ideal for those who want to begin their improvements soon.

5. Personal line of credit: A personal line of credit allows borrowers to borrow only the money needed at the time, and offers a variable interest rate that is generally lower than fixed loan rates. Again, like a credit card, PLOC gives a person a maximum borrowing amount and is ideal for ongoing purchases.

6. Credit cards: In a pinch, credit cards can be used to finance improvements, but they do come with the cost of very high interest rates if the balance is not paid in full by the time the bill comes due. How-

ever, for funding smaller projects and maximizing rewards points through home improvement retailers or specific credit card company promotions, credit cards can be a way to earn various perks in addition

to the benefit of improving a home.

Homeowners looking to finance their next improvements should speak to a financial advisor and shop around for the best types of funding for them.

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WHEN IT CAN BE SMART TO HIRE A PAINTING PRO

Few things can revitalize a home more readily than a fresh coat of paint.

Thanks in part to the affordability of paint and its ease of application, painting is something that even novice DIYers can typically handle. According

to the marketing advice guru Brandon Gaille, it is estimated that residential interior paint only lasts around three years before it needs to be updated. Exterior paint can fade, chip and peel due to various environmental factors. As a result, many

homes can likely use a fresh coat of paint in at least one room.

As DIY-friendly as painting can be, when attempting to paint the interior or exterior of their homes, homeowners may learn that some painting projects are best left to the professionals.

Painting requires skill, patience and a knowledge of how various paints - including finishes for particular applications - will hold up. Novice painters may do more harm than good by dripping paint on expensive carpeting or floors or fail to recognize the nuances that indicate a spot-on painting job.

Professional painters have spent hours upon hours learning the ropes of what works - and what does not. Painters often understand that painstaking preparatory work is crucial to getting pristine finished results. Walls and ceilings must be properly repaired and prepared even before a base coat is applied.

Professional painters also have an eye for details. And because professional painters make a business out of doing interior and exterior surfaces, they understand which techniques can improve efficiency. That means a professional job can typically be completed much more quickly than a DIY project.

Even though some people think they'll save money by painting their own homes, that's not necessarily true. Professionals already have all the equipment necessary, unlike novices who may need to make repeated and potentially costly trips to the hardware store for supplies. Plus, if mistakes happen, DIYers have to spend additional time and money fixing them.

Safety can be a large motivator for turning painting over to a pro. Navigating exterior areas or tall interior ceilings can be challenging and may require scaffolding or tall ladders DIYers do not have. Risk of falls or other injuries increase with lack of experience.

Painting can give a home a facelift, and oftentimes it is smart to turn the work over to professionals to ensure the job is done just right.



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NOMINATIONS FOR THE VETERANS OMBUDSMAN COMMENDATION

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Parliament for Yellowhead, is advising constituents of the nominations for the Veterans Ombudsman Commendation. The commendation will recognize the efforts of individuals and groups across Canada, and especially in the Yellowhead riding, on behalf of Veterans and their families. These individuals and groups often have a thankless job, but their passion and dedication are crucial to the advancement of Veterans' issues.

This is an opportunity to recognize someone's outstanding contributions that meets one of the following criteria:

- National organization or group – to recognize the exceptional work and significant contribution of an organization or group with a national scope that resulted in a long-lasting and positive impact on the well-being of Veterans and their families;
- Local organization or group – to recognize the exceptional work and significant contribution of an organization or group that resulted in a long-lasting and positive impact, at the local or regional level, on the well-being of Veterans and their families;
- Individual – to recognize the exceptional work and significant contribution of an individual that resulted in a long-lasting and positive impact on the well-being of Veterans and their families at the national or local level; and
- Lifetime Contribution – to recognize the life-long dedi-

cation, exceptional work, and significant contribution an individual has made in supporting or advocating for Veterans and their families.

"I encourage you to complete the online nomination form with a brief summary describing the exceptional work and significant contribution of the nominee, as well as two letters of support from individuals other than the nominator," said MP Eglinski.

"This is your opportunity to recognize someone's outstand-

ing contributions to the well-being of Veterans and their families," concluded MP Eglinski.

The deadline for receipt of nominations is March 31st, 2019.

The online nomination form can be found at: <http://www.ombudsman-veterans.gc.ca/pdfs/about/Nomination-Form-e.pdf>

To learn more about the nomination form, please go to: <http://www.ombudsman-veterans.gc.ca/eng/about-us/ombudsman/>

[commendation#nomination](#)

Once the call for nominations has closed, the Veterans Ombudsman's Advisory Council will review all nominations and provide their recommendations.

Nominations can be sent electronically to ovo.communication.bov@canada.ca or by mail to:

Office of the Veterans Ombudsman

1560 - 360 Albert St.

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NOTICE OF PUBLIC HEARING

In accordance with the requirements of Section 606 of the Municipal Government Act, as amended, the Council of Parkland County has scheduled a Public Hearing regarding the proposed adoption of the following Bylaw:

Bylaw: 2019-01	Date: April 9, 2019	Time: 9:30 am	Location: Parkland County Council Chambers 53109A Hwy 779, Parkland County, AB
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Proposed Bylaw 2019-01 Cannabis Related Amendments to the Land Use Bylaw

As a result of the legislation enacted at the Federal and Provincial levels of government (*Cannabis Act*, October 17, 2018; *Gaming and Liquor Statutes Amendment Act*, May 30, 2018), Cannabis cultivation, processing, and retail sales, are legal and regulated in Canada. Municipalities, as the land use management authorities, are responsible for the land use and zoning regulations that will direct these activities. Bylaw 2019-01 includes new land use classes and definitions for a variety of cannabis-related activities; including Cannabis Cultivation, Cannabis Processing and refining the definition of Cannabis Retail Sales. This proposed bylaw also includes the necessary accompanying regulations and identifies appropriate land use districts for each of the new use classes.

Hearing Procedure

This is a formal Public Hearing and Council is prepared to hear and receive formal submissions and presentations (verbal or written) from those who wish to speak to the proposed Bylaw. Written submissions or presentations may either be submitted in advance to Planning & Development by 4:00 p.m. on March 27, 2019, or submitted at the commencement of the Public Hearing on April 9, 2019.

Anyone wishing to make a verbal presentation to Council must notify Planning & Development Services in advance of the Public Hearing by 4:00 a.m., on March 27, 2019. Verbal presentations at the Public Hearing will be limited to a maximum of 10 minutes. Anyone wishing to make a verbal presentation who has not made prior arrangements may be allocated a time at the commencement of the Public Hearing. Council advises that this is your last opportunity to comment on the proposed Bylaw as Council is unable to receive further submissions after the Public Hearing is closed.

Copies of Proposed Land Use Bylaw Amendment 2019-01

Copies of the proposed Land Use Bylaw Amendment 2019-01 are available free of charge during regular business hours (8:30 a.m. to 4:30 p.m., Monday to Friday) from Planning & Development Services at Parkland County Centre. If you have any questions, please contact Rachelle Trovato by phone 780-968-8888 ext. 8321 or email Rachelle.trovato@parklandcounty.com

The personal information you provide will be used for the purpose of the items described above and is collected under the authority of Section 33 (c) of the Freedom of Information and Protection of Privacy (FOIP) Act. If you have any questions about the collection, use, and disclosure of this information, please contact the FOIP Coordinator at Parkland County, 53109A HWY 779, Parkland County, Alberta T7Z 1R1 (780-968-3229) or email foip@parklandcounty.com



AutoTUNE-UP

WHAT TO DO WHEN A TIRE BLOWS OUT WHILE DRIVING

Many frightening scenarios can unfold while driving. Inclement weather can affect visibility and the safety of roads, while distracted driving can put anyone on the road in harm's way.

One situation that can suddenly turn a Sunday drive into some-

thing scary is a blown out tire. No drivers or vehicles are immune to blown out tires. But savvy drivers who know what to do in such situations can greatly reduce their risk of a blown out tire turning into something far worse.

Recognizing a blown out tire

The movies might make blown out tires seem as though drivers suddenly find themselves in wholly uncontrollable situations. But blown out tires won't immediately send cars into the nearest roadside ditch. When a tire blows, the vehicle will immediately slow down and then begin pulling to the right or left, depending on which side of the car suffered the blowout. The automotive retailer Pep Boys notes that, if a front tire blows out, drivers will feel the force in their steering wheels, while a rear tire blowout will be felt more in the seat and/or body of the vehicle.

Driving through a blowout

Plenty of drivers have safely navigated their way through tire blowouts. When such a situation arises, drivers should avoid slamming on their brakes, instead allowing their vehicles to grad-

ually decelerate, making sure to turn on their emergency flashing lights once they are certain they have control of the vehicle. As the vehicle slows down, pull to the side of the road, calling for help if necessary.

When on the side of the road

Drivers who do not have a spare tire or cannot change the tire themselves should wait patiently for assistance to arrive after they have called for help. Drivers who can change their tires should place reflective cones or triangles behind their vehicles before they begin working. Such devices warn oncoming drivers of stranded vehicles. If replacing the tire with a donut, remember that such replacement tires are not designed to travel long distances and will need to be replaced shortly after they are put on the vehicle.

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COUNTY STUDENTS ATTEND ONLINE SAFETY PRESENTATION

This December, over 400 Grade 4 to 12 students got some much-needed schooling on internet safety courtesy of The White Hatter team.

Submitted by Dan Ivanov,
Communications Department |
Yellowhead County

The award-winning White Hatter Team visited Yellowhead County to remind our students of best digital safety practices. The team includes Darren Laur, a former Staff Sergeant with the Victoria City Police Department, and his son, Brandon, who recently received his Master's Degree in Professional Communications. Both have devoted their professional lives to helping the public navigate the darker side of the internet.

This event was put on in partnership with both Grande Yellowhead and Parkland School divisions. Key messages for digital safety included:

- Old cell phones should not be sold, even after a factory reset, as some of the information can still be accessed.
- Six digit passwords are optimal for improving a phone's unlock security.
- Finally and probably the most important, kids should remember that "Everything they do online is public, permanent, searchable, exploitable, copy-able and for sale." The team stressed that banks, colleges, universities, and employers are

now all searching applicants' profiles online to match their credentials.

The White Hatter Team also facilitated a session of tips for parents, noting that the most important thing a parent can do to keep their kid(s) safe online is to keep Wi-Fi-capable devices out of kids' bedrooms. Devices should be used with parental su-

pervision until parents feel their kids can be trusted to use their devices responsibly.

Darren also impressed on parents that "The majority of kids are [...] really good digital citizens. Only a small percentage of them aren't and it's that small percentage that gets a lot of the media attention and as a result, a lot of parents think that all the

kids are doing bad stuff when in fact, that's not true."

Yellowhead County Family and Community Support Services (FCSS) would like to thank the White Hatter Team, Grand Yellowhead School Division, and Parkland School Division for helping to provide this much needed education for our children, youth, and families.

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NO SIDE EFFECTS: Does not damage the liver, kidney, or GI Tract like OTC medication.

DIETARY SUPPLEMENT: Can be administered daily as part of your pet's diet.

ORAL SPRAYS & DROPS

KEY BENEFITS

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain.

TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling.

GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets.

CONVENIENT: Can be sprayed into pet's mouth or on food.

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COMMUNITY EVENTS 2019

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

APR 9 - **LOGO CONTEST TIME** How would you like to have your design displayed as the logo for the Wildwood & District Agricultural Society? Logo must have the name of "Wildwood & District Agricultural Society" incorporated in the design! Deadline is April 9, 2019!! Please send all submissions into wildwoodagsociety@gmail.com.

APR 13 - EASTER BUNNY BREAKFAST, 9am-2pm at Duffield Hall. Also, FLEA MARKET: Tables \$10. Egg hunts, activities for kids all ages. \$7/Breakfast 9am-12pm. Hot Dogs 12-2pm. Info, 780-963-9664 or 892 2425.

FARMERS MARKETS

DRAYTON VALLEY: Evergreen Farmers' Market, Wednesdays at the Mackenzie Center of the Omniplex from 10:30AM-1:30PM. *Ends Dec. 19

EVANSBURG: Sat, 10AM-2PM, Tipple Park Museum. Call 727-2240 for tables.

SPRUCE GROVE: at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

STONY PLAIN: Sat, 9AM-1PM, Downtown, Stony Plain. Phone Nancy 780-962-3993.

BINGO

ENTWISTLE COMM. LEAGUE BINGO: Every Wednesday, Doors Open 6PM.

STONY PLAIN SENIOR'S DROP-IN CENTRE: public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

TOMAHAWK: every Mon at Agra Centre, doors 6pm, Bingo 7:30PM. Info 339-2423 or 339-3747

WILDWOOD: Mon night, 6:30PM, bingo starts 7:30PM, Early Birds & Lucky 7.

MEAT DRAWS

Darwell: Put on by Alberta Beach & District Lions Club, 4:00PM, bi-weekly, Darwell Lounge & Restaurant

Evansburg: Evansburg Legion, Friday 8:10PM & Saturday 3-5PM

Wildwood: Wildwood Legion, Saturday 3-5PM

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

DUFFIELD: 4th Sat, Duffield Community Hall, Supper 6PM. *Sept - May.

DRAYTON VALLEY: Last Sunday of month. Upstairs @ the "55 Rec. Center" Doors at 12PM, Starts at 1PM. 780-542-3768

ENTWISTLE: at Entwistle Community Hall, 3rd Saturday. For more info call Diann at 780-514-0045. *Starting Oct - May.

MAGNOLIA: at Magnolia Hall. Every 2nd Saturday, Supper at 6PM. 727-2015 or www.magnoliacommunityclub.ca. Call to confirm. *October - May

RAVINE COMMUNITY ASSOCIATION: 1st Sat of each month. Info 780-325-2391

*Sept - May.

SEBA BEACH: 2nd Friday 7PM, Seba Senior's Centre, Toni 797-4233

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *Sept - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

TOMAHAWK: Tomahawk Agriplex, 3rd Friday of month, 7PM. PH: 780-339-3755. *Starts Oct 21st.

WILDWOOD: Wildwood Community Hall, 3rd Wed Each Month, 7PM. 325-3749 *Oct - June.

TOPS (Take Off Pounds Sensibly)

ENTWISTLE: Wed 5:15PM weigh-in, 5:30-6:30PM meeting, food bank building, South entrance, 780-932-2695.

STONY PLAIN: Thurs evening, Stony Plain United Church, Susan (780) 968-0869

SPRUCE GROVE: Wed 8:45am at Anglican Church, 131 Church Rd. Christiane 960-1109

WILDWOOD: Thurs at Wildwood School,

5PM. Connie (780) 325-2420

YOUR COMMUNITY

ALBERTA PARENTING FOR THE FUTURE ASSOC: Call 963-0549 or visit www.apfa.ca to register. All programs are confidential & free.

FREE HOME MEAL DELIVERY PROGRAM, for Wabamun Seniors & Wabamun Lions. Arrange for meal preparation through a local restaurant. Call Darlene, 892-2551.

PEMBINA SKATING CLUB (Evansburg Arena), offers Learn-to-Skate, CanSkate & STARSkate. All ages. Call Lisa 727-2729.

*RUNS Sept-March

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource for a free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

LIBRARY EVENTS

AFTERNOON BOOK CLUB at Keephills Library. 2nd Tues of every month, 1:30-3:00PM. Visit www.pclibraries.ca for info.

FAMILY GAMES NIGHT: 3rd Wed of every month, 6-8PM. Located at Entwistle Library, Duffield Library and Tomahawk Library. In partnership with Parkland School Division. Visit www.pclibraries.ca for more info.

HATCHET CITY READERS at Tomahawk Library. 3rd Tues of every month, 10-11AM. For what we're reading next, visit our website, www.pclibraries.ca.

INVENTORS CLUB: 2nd Thurs of every month, 3:30-5:00PM at Entwistle Library.

4th Thurs of every month, 3:30-5:00PM at Tomahawk Library. Ages 8-13. To register: Call the library at 780-339-3935.

SEBA BEACH PUBLIC LIBRARY BOOK CLUB - meets the 4th Tuesday of the month in the library at 10:30AM. For info call 780-797-3940 or E-mail us at sebaeachlibrary@gvrl.ab.ca.

EVANSBURG PUBLIC LIBRARY BOOK CLUB: 4th Thurs, 7:00PM Grand Trunk High 727-2030.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12PM at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Month. Call Barb 780-952-0882.

*Sept-June

AEROBICS: Low impact, Mon/Wed, 11AM-12PM, Wildwood Senior's Centre, \$1/session.

BREAKFAST SOCIAL: 9:30AM-NOON, Parkland Village Community Centre - 3rd Sunday. PH: 780-298-9155 Social Media: PVMCentre.

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

EVANSBURG ART CLUB: meet & paint Thurs 1-4PM Rec Plex. 727-4340 or 727-4098

EVANSBURG GUIDES & PATHFINDERS: Mon 6PM, Camp Evansburg.

EVANSBURG SENIOR'S HERITAGE HOUSE: Floor Curling Mon & Thurs, 1pm. Court Whist Thurs, 7PM.

EVANSBURG TITTLE PARK HISTORICAL BUILDING TOURS: Wed - Sat, 10:00-5:00PM.

HEALTHY AGING NURSE & FOOT CARE

PERSON, Wabamun Seniors Centre, 2nd Thurs of month, 9AM.

OPEN HOUSE for socializing, Crib & card playing at Entwistle Senior Center, Thursdays at 6:45PM. Dan 780-982-0353

PARENT & TOT PLAYTIME: PERC Building Stony Plain Wed 10-11AM; Holborn Community Hall Thurs 9:30-11AM; Parkland Village Tues 9:30-11:30AM.

POT LUCK every Tues 12:00PM, Wabamun Seniors Centre. Come on down!

SEBA BEACH SENIORS CENTER: Yoga, mon, 9:30AM, \$10/session. Bridge thurs, 1pm. Jams every Wed night, 7PM. Thrift Shop every Wed & Sat at 10-3PM.

SEBA BEACH QUILTERS & FIBER ARTS: Wednesdays 9:30AM, Seniors Center.

SENIORS 50+ LUNCHEON: 3rd Wed, 12PM at Stony Plain United Church basement hall. Call Audrey (780) 963-7582.

SENIORS WEDNESDAY* AFTERNOON 1-4PM at Parkland Village Community Centre. Games, Crafts & more! Call Sheryl 780-695-7032 *exceptions incl. Weather.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032.

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032.

SPRUCE GROVE ELEVATOR TOURS: Tues-Sat, 9-3PM, 960-4600.

STONY PLAIN'S 5TH MERIDIAN GOOD SAMS RV CHAPTER: Ecole Meridian Heights School. 3rd Tues of Month, 7PM. Call Pat at 780-963-6976 or Ruth at 780-288-9829.

MEETINGS

2ND TIMERS: A support & confidential group for Grandparents Parenting. 1st Thurs of month, 6:30PM. Grand Trunk High School (meet in Lobstick Literacy & Learning room). Child care provided at the Evansburg Public Library. *Starts October

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

AA: Friday at 8PM, Evansburg. Call 325-2204, 727-2466 or 727-6652.

AL-ANON: Wed 8PM. Spruce Grove United Church, 1A Fieldstone Drive. 962-5205

CHAMBER OF COMMERCE (Evans/Ent): 7:30PM 3rd Thurs, Heritage House.

C.H.I.L.D. (Citizens Helping in Life's Defence) Please join our Pro-Life meetings once a month in Stony Plain. For info call Chris 963-6997.

CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30PM, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

COMMUNITY QUILTERS & CRAFTERS: 3rd Tues. Evansburg, Liz 727-3872 Brenda 727-4476

DARWELL & DISTRICT AG SOCIETY: 8PM, 1st Mon, Community Hall.

DDRA MEETING: 7PM, 2nd Mon, Darwell Community Hall 892-3099. *Except Jul/Aug/Dec

DRAYTON VALLEY BRANCH OF ALBERTA

GENEALOGICAL SOCIETY: meets 7PM at Municipal Library (5120-52 St.) every 3rd Wed of month. Call (780) 542-2787

ENTWISTLE COMMUNITY LEAGUE GENERAL MEETINGS: 2nd Thursday monthly 7:30PM. *Except June, July, August

ENTWISTLE LIONS CLUB: 2nd & 4th Tues, 8PM, Entwistle curling rink. Jim 727-3573

ENTWISTLE SENIORS 55+ CLUB: Tue & Fri, 1:30-4:00PM at Entwistle Hall

EVANSBURG SENIOR'S HERITAGE HOUSE: 2nd Tues of Month, 1:30PM. Dennis, 727-4186.

FALLS COMMUNITY ASSOCIATION: 3rd Tuesday, 7:00PM.

GIRL GUIDES OF CANADA: Poplar Hollow District Guides-Pathfinders, Mon 6-8PM.

Sparks-Brownies Tues 4-5:30PM. Meet at Camp Evansburg. Brenda 780-727-4476

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

LOBSTICK 4-H BEEF & MULTI CLUB: 1st Mon, Evansburg Arena, 7PM, Shannon 727-2358

LOBSTICK GARDEN CLUB: 1st Mon, 7PM at Tipple Park Museum, Clara (780) 399-2205

MAGNOLIA BOARD MEETINGS: 1st Tuesday of month, 7PM at Magnolia Community Hall.

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSB Building (#105, 505 Queen Street, Spruce Grove), Mike (780) 965-9991.

MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets 1st Tues of month, 6-8PM at Norquest College, Terra Leslie, 1-403-346-0290. *Sept-June

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP: Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Contact Cassy 780-471-3034

NA MEETING: Tuesdays, 7:00PM. 514-6011

PEMBINA PORCUPINES - JUNIOR FOREST WARDENS: Entwistle Porcupine gathering: 7PM, 1st Tue. Len & Tineke at 727-2020. Porcupines@yellowheadjfw.ca

SOLVE: Community Enviro issues discussed at Smithfield Hall (N of Hwy 16 on RR34). 2nd Thursday, Jana 892-0006

STONY PLAIN FISH & GAME ASSOCIATION & WABAMUN GUN CLUB: 2nd Mon, Stony Plain Comm Center, 7:30PM.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM, St. Matthew's Church, Spruce Grove. Judy 960-5258

TOMAHAWK SENIORS (50+) meets every Thursday from 1-4pm at the Tomahawk Agra.

W.E.E COMMUNITY FOOD BANK: Call (780) 727-4043 for emergency food needs. Monthly Meeting: LAST Monday of month at 7:00PM at the Food Bank (Old fire hall in Entwistle). *Except December

WILDWOOD & DIST AG SOCIETY: 2nd Wed of each month 7:00PM at the Wildwood Complex. Wilma 325-2424

WILDWOOD & DIST ROD & GUN CLUB: 2nd Thursday, 7:30PM at the range clubhouse, wildwoodrodandgun@gmail.com

WILDWOOD SENIORS: 4th Wednesday at 2:00PM, PH: 325-3787 or 325-2391. *No meeting July/Aug/Dec.

Church Directory

Seba Beach Christian Fellowship Sunday School 10:00a.m. Worship Service 11:00a.m. Weekdays Bible Study & Prayer (780) 305-3594	Advent Lutheran Church Sunday Worship & Sunday School 11:00a.m. Evansburg O: 727-3594	Roman Catholic Church St. Agnes' Parish, Mayerthorpe Sunday 9:00a.m. St. Elizabeth Parish, Evansburg Saturday 7:00p.m. (780) 786-2032	St. Joseph's Catholic Church Sunday Mass 11:30a.m. Tuesday Mass 7:00p.m. Wabamun, AB	St. Augustine's - Parkland Anglican Church 131 Church Rd. Spruce Grove Sunday Service 10:00a.m. Eucharist with Sunday School & Nursery All are Welcome Office 780-962-5231 www.staugustinesparkland.org	
Parkland Baptist Church Sunday Worship Service 10:30a.m. All Welcome 121 Brookwood Drive (780) 962-4101 www.parklandbaptist.ca	Word Church Apocalyptic Era Border Crossing Athletic Centre, 9 Tri Leisure Way, Spruce Grove upstairs in the Wild Rose room. Ph: 780-962-7579 Service starts at 10:00 a.m. every Sunday morning, come all & be bless.	St. Saviour Mission (Anglican Diocese of Edmonton) 5117-51 Avenue (Wabamun Seniors Center) Services every Sunday at 10:00a.m. Rev. Aaron Parsall-Myler at St. Augustine's - Parkland 780-962-5131	Stony Plain United Church Sunday Service 10:30a.m. 5012-51 Ave. Stony Plain Mewassin United Church Sunday Service 9:00a.m. Rev. Heather Koots Hwy 627 - Rg Rd 30 Ph: 780-963-4745	Immanuel Lutheran Church of Rosenthal Traditional Service Sunday 9:30a.m. Contemporary Service 10:15a.m. Christian Counselling Services Rg Rd 13, Twp Rd 524 Ph: 780-963-4048 www.lcr.ca email: office@lcr.ca	
Emmaus Lutheran Church Sunday Worship Service 11:30a.m. Rev. Robert Marshall 6604-50th Ave, Drayton Valley Ph: 780-542-5101 www.emmauslutheranchurch.ab.ca	Church of God Worship Service Sun. 11:00a.m. Please contact for activities 5004-49 Street, Drayton Valley Ph: 780-542-5091	Calvary Baptist Church Pastoral Team: Kenton Penner Sunday Worship 10:30a.m. Youth & Ministries Info - calvbapt@telus.net 4401-50th Ave, Drayton Valley 780-542-4774 www.calvarybaptistdu.ca	Drayton Valley Alliance Church Pastor John Haazen Join us for Sunday Service at 10:30a.m. 5014-56 Ave. (next to Value Drug Mart) Programs for all ages Ph: 542-6501 dvalliance.ca	All Saints' Anglican Church Sunday Morning Worship 9 BCP 10:30 BAS with Sunday School & Nursery 5212-47 Ave. Drayton Valley (780) 542-5048	St. Anthony Catholic Church WEEKEND MASS SCHEDULE: Saturday 5:00p.m. Sunday 12:00p.m. 4708-50 Ave, Drayton Valley Parish Office: 542-5254

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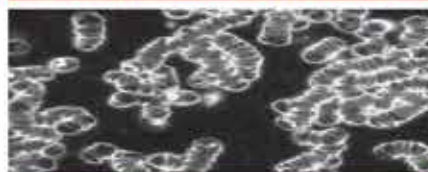
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