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March 26, 2019

#### LEDUC INVESTIGATION REVEALS SEXUAL ASSAULT CLAIM WAS FABRICATED

Submitted by Leduc RCMP

Leduc RCMP issued a release and sketch last month seeking information on a suspect in regards to a sexual assault that took place on Jan 13, 2019 in the City of Leduc. The female alleged she was sexually assaulted by an unknown male who she connected with via an online dating application.

The RCMP has determined, after a detailed investigation was conducted, that the incident was fabricated. The matter has been resolved and no charges have been laid.

"Now that the investigation has been completed we would like to ensure the public that their safety was not at risk as a result of this incident" states Constable Bridget MORLA. "With the growing concern in the community we thought it was important for the public to be updated"

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#### VETERANS AFFAIRS CANADA ACCEPTING 2019 APPLICATIONS FOR THE VETERAN AND FAMILY WELL-BEING FUND

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Par-

liament for Yellowhead, wishes to inform constituents that Veterans Affairs Canada is now accepting 2019 applications for the Veteran and Family Well-Being Fund.

Continued on Page 3

## PUBLIC ACCESS TO CLINICAL INFORMATION ON DRUGS AND MEDICAL DEVICES

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Par-

liament for Yellowhead, wishes to inform constituents that Health Canada will publish on March 20, 2019, the final regulations allowing for the public release of clinical information on drugs and medical devices.

Continued on Page 2







Page 2 Community Voice March 26, 2019



#### **Keeping You and Your** Community Informed

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#### **Public Access to Clinical Information on Drugs and Medical Devices**

#### **Continued from Page 1**

This will give Canadians greater access to reliable information that will enable them to make well-informed decisions about their health and that of their families. The data that companies provide when requesting authorization of these products will include study reports and clinical trial results. These regulations are one of key transparency measures introduced under Vanessa's Law. The Department will consult manufacturers to ensure that confidential and personal information is removed before it releases anv data.

Clinical information will be made available to Canadians through Health Canada's new Clinical Information Portal as of March 13, 2019 and will include clinical information on a small number of products provided by volunteer companies in advance of the final regulations.

Proactive disclosure for medical devices will start in 2021, to coincide with steps the European Union is taking to increase the transparency of clinical information for medical devices, and to reduce the burden on stakeholders by aligning approaches. Health Canada will also make information about drugs and medical devices already on the market available upon request and add this information to the portal. Health Canada consulted extensively with academic researchers, health care professionals, patient groups and industry on this approach to determine what information should be shared and in what form.

"This will help researchers tap into and use to benefit the health and safety of Canadians," concluded MP Eglinski.

For more information please go to: https://www.canada.ca/en/ health-canada/services/publications/drugs-health-products/medical-devices-action-plan.html

#### TOOL DEFINITIONS

- Table Saw a large stationary power tool commonly used to launch wood projectiles for testing wall integrity.
- Skill Saw a portable cutting tool used to make studs too short.
- Belt Sander an electric sanding tool commonly used to convert minor touch-up jobs into major refinishing jobs.
- Hose Cutter used to make hoses too short but only usually at one end.
- Hammer a divining rod to locate the most expensive parts adjacent the object you are trying to hit.
- Pliers designed for rounding off bolt heads.
- Pry Bar best used to crumple the metal surrounding that clip or bracket you needed to remove in order to replace a 25 cent part

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#### LEDUC COUNTY WELCOMES FEDERAL COAL TRANSITION TASK FORCE RECOMMENDATIONS

Submitted by Lindsay Chambers, Communications Coordinator | Leduc County

March 14, 2019

A series of recommendations provided by a Government of Canada task force highlights the importance of providing support and financial resources to communities, like Leduc County, who will be directly impacted by the phase out of coal-fired elec-

Veterans
Affairs Canada
Accepting 2019
Applications
For The
Veteran And
Family WellBeing Fund

**Continued from Page 1** 

This is the second call for applications for the Veteran and Family Well-Being Fund which supports innovative initiatives and projects through grants and contributions to private, public or academic organizations to conduct research and implement initiatives and projects that support the well-being of Veterans and their families.

Organizations are invited to share their innovative ideas and encouraged to submit their applications online as early as possible.

The deadline to apply for the 2019 year is March 31, 2019.

"I encourage all interested organizations to share their ideas and apply for this funding. This will allow Veterans and their families to access more support," concluded MP Eglinski.

For more information please see: https://veterans.gc.ca/eng/about-vac/research/well-being-fund

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"We are pleased to see that the recommendations from the task force reflect the concerns of affected communities across Canada, including Leduc County. The federal government must keep the families in our communities who depend on the coal industry to make a living at the forefront of the decision-making process, and ensure support for municipalities impacted by the transi-

tion." - Mayor Tanni Doblanko

Leduc County has been working diligently with the federal and provincial governments to secure funding to help diminish the impacts of the transition away from coal-fired electricity, which will cost the county approximately \$20 million annually.

Earlier this week the Government of Canada's Just Transition for Canadian Coal Power Workers and Communities task force delivered its report with recommendations on making the transition away from coal-fired electricity fair for Canadian communities and coal workers.

The recommendations from the report encourage the Government of Canada to take action and invest in affected communities through local infrastructure projects, transition funding programs and funding application support.



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Page 4 Community Voice March 26, 2019

#### **BREAK AND ENTER TO WAREHOUSE**

Submitted by Leduc RCMP

Sometime between February 22 and February 25, 2019 a Rocanda warehouse in the City of Leduc was broken into.

Items stolen included a fork-

lift, a large shop vacuum, a transformer, and other items. Total value of items stolen is over \$50,000.

"While we have had success in the past years solving these types of break and enters, we continue to see industrial equipment and materials around the Leduc area targeted," states Cst. Bridget MORLA of the Leduc RCMP Detachment. "We hope that a member of the public may have some information on this

crime and will come forward to assist us in this investigation."

"If you have information about this investigation, please call the Leduc RCMP at 780-980-7267.

## LEDUC FIRE RESURRECTS ROOFTOP CAMPOUT TO SUPPORT MD CANADA

Submitted by Mariann Mc-Laughlin, Corporate Communications | City of Leduc

Four of Leduc's fire medics are

volunteering their time and efforts to raise money and awareness throughout the region about muscular dystrophy.

"We have an amazing family

here at Leduc Fire, devoted to this community and committed to serving others," says Leduc Fire Chief George Clancy. "It's been four years since the last rooftop campout and as their chief I'm incredibly proud of these campers as they're taking charge, giving of their time for a highly worthy cause that helps those in our community living with neuromuscular disorders."

Muscular Dystrophy and related muscle diseases are referred to as neuromuscular disorders, which are a group of diseases that weaken the body's muscles. According to Muscular Dystrophy Canada, causes, symptoms, age of onset and severity and progression vary depending on the exact diagnosis and the individual affected.

Symptoms of neuromuscular disorders include muscle weakness, loss of function and progressive wasting. Common signs of the disease include poor balance, difficulty walking, limited range of motion, frequent falls and drooping eyelids. Muscular Dystrophy isn't contagious as it's a genetic mutation passed from one generation to another, and in some cases it can occur in a single individual due to a spontaneous mutation.

For anyone interested about learning more, visit Muscular Dystrophy Canada's website as they have a detailed section on frequently asked questions.

Leduc's rooftop campers were on the roof of Fire House 1 (2-4119 50th St. Leduc) until March 14 at 2 p.m. when the community was invited to join the Leduc Fire family, sponsors and supporters to welcome the campers off the roof and back to everyday life.

Visit www.rooftopcampout.ca to make a donation and to learn more about the national efforts to help those living with one of more than 150 different types neuromuscular disorders.





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## DRAYTON VALLEY CHAMBER TO HOST AN ALL CANDIDATES FORUM

Submitted by Drayton Valley and District Chamber of Commerce

Alberta's political and economic future hang in the balance and the Drayton Valley and District Chamber of Commerce is looking to help locals get some clarity as they head to the polls April 16.

As a non-partisan business advocacy organization the Drayton Valley chamber chapter is concerned about the state of the local economic outlook. Over the past six months they have helped with local lobbying efforts to get the eyes and ears of provincial and federal officials to see what is happening to rural oil and gas, construction, retail, the industrial service sector, and industrial tourism.

Chamber president, Brandy Fredrickson says there has been a visible decrease of economic activity in these sectors since 2015.

"We have seen it all around our town; new builds have slowed to a trickle, equipment is sitting in yards, hotel parking lots are empty. This lack of industrial activity trickles down to our secondary and tertiary industrial service sectors and retail store that see business dry up. It brings the whole town to a halt and puts more pressure on our volunteer based and donation based social programs. At some point something's got to give," says Fredrickson.

Fredrickson says that this election has the attention of local

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businesses whose livelihoods rely on government policy that are pro-business and pro-industry.

Fredrickson hopes that a forum piques the interest of first time voters as well as give the constituents of the Drayton Valley-Devon riding an opportunity to ask questions, gets answers and form an opinion of how they are going to vote.

"We felt that a forum is the best way for locals to get a good understanding on where each party stands. Our advocacy committee made up of chamber board members have done a great job of pulling this event together within a tight timeframe, and we hope to see a great turnout," says Fredrickson.

The forum will take place April 9, 2019 at the Clean Energy and

Technology Centre, Drayton Valley. Doors will open at 6:30 pm, the forum will run 7:00 pm - 9:00 pm.

Inquiries about this event can be directed to the chamber at draytonvalleychamber@outlook.com.

The Drayton Valley and District Chamber of Commerce has been serving regional businesses since 1984.



Page 6 Community Voice March 26, 2019

#### RIDING UPDATE - WEEKS OF MARCH 4 & 11, 2019

Submitted by Jim Eglinski, MP – Yellowhead

During the week of March 4th, I took some time off to visit friends I haven't seen in quite a while.

On Saturday, March 9th, I met with constituents in Wildwood and had a very enjoyable supper with them.

On Monday, March 11, I spent the day in my riding office, getting caught up on my emails, phone calls and scheduling events for the rest of the week.

On Tuesday, I met with constit-

uents in Edson and on Wednesday, I met and toured the new expansion at Acreage Pharms in Peers. That afternoon, I visited Parkland Composite High School in Edson where I met with grade 11 Social Studies students. It is always a pleasure to meet with students in the riding to get their perspective on what is happening federally and answer any questions they may have.

On Thursday, I spent the day in the riding office and on Friday afternoon, my wife, Nancy, and I, along with many community friends and neighbours, attended the afternoon prayer at the local mosque in Edson. I was pleased to see the community so united. That evening Nancy and I attended the 75th Annual Chamber Banquet and Awards event at Lou Soppit Community Centre in Rocky Mountain House.

On Saturday, I drove to Edmonton and on the way, stopped to see some constituents just west of Sylvan Lake. Then I continued to Edmonton for my flight back to Ottawa the next morning as the House will be reconvening on

March 18th.

Look for my update next week on the happenings of Parliament.

P.S. I want to wish all my constituents a Happy St. Patrick's Day!

Two Irish blessings that will certainly bring a smile to your face:

As you slide down the banister of life, may the splinters never point in the wrong direction.

May your troubles be less, your blessings be more and nothing, but happiness come through your door.

## \$100M IN FUNDING FOR STEEL AND ALUMINUM INDUSTRIES

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Parliament for Yellowhead, wishes to inform constituents that the Department of Innovation, Science and Economic Development has announced that Regional Economic Growth through Innovation Steel and Aluminum Initiative, will provide funding of \$100 million in non-repayable contributions to small- and medium-sized enterprises (SMEs) within Canadian steel and aluminum supply chains for invest-

ments in innovative projects that will enhance productivity and/or competitiveness.

Canadian (SME) manufacturers that are significant users of steel and aluminum play an important role in transforming these inputs into finished or semi-finished products for the manufacturing, defence, aerospace, energy, automotive, and construction industries. Escalating commodity prices and increasing financial and competitive pressures have significantly impacted SMEs operating within Canadian steel and aluminum supply chains.

The Regional Economic Growth through Innovation Steel and Aluminum Initiative will:

- •Assist firms with high growth potential to scale up and expand;
- •Support technology demonstration and the commercialization of new technologies;
- •Encourage the early adoption or adaptation of leading-edge technologies and processes to improve productivity; and
- •Increase businesses' capacity to grow through market diversification and entry into global markets.

Contributions will range from

\$150,000 to \$1 million, to support up to a maximum of 45 percent of eligible project costs.

Priority will be given to applications received on or before April 8, 2019.

"As Canada's steel and aluminum sectors are key contributors to the Canadian economy, I encourage small and medium-sized steel and aluminum industries to apply for this funding," concluded MP Eglinski.

For more information on how to apply please go to: https://www.wd-deo.gc.ca/eng/19828.asp

## NOMINATIONS FOR THE VETERANS OMBUDSMAN COMMENDATION

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Parliament for Yellowhead, is advising constituents of the nominations for the Veterans Ombudsman Commendation. The commendation will recognize the efforts of individuals and groups across Canada, and especially in the Yellowhead riding, on behalf of Veterans and their families. These individuals and groups often have a thankless job, but their passion and dedication are crucial to the advancement of Veterans' issues.

This is an opportunity to recognize someone's outstanding contributions that meets one of the following criteria:

- National organization or group – to recognize the exceptional work and significant contribution of an organization or group with a national scope that resulted in a long-lasting and positive impact on the well-being of Veterans and their families;
- Local organization or group to recognize the exceptional work and significant contribution of an organization or group that resulted in a long-lasting and positive impact, at the local or regional level, on the well-being of Veterans and their families;
- Individual to recognize the exceptional work and significant contribution of an individual that resulted in a long-lasting and positive impact on the well-being of Veterans and their families at

the national or local level; and

• Lifetime Contribution – to recognize the life-long dedication, exceptional work, and significant contribution an individual has made in supporting or advocating for Veterans and their families.

"I encourage you to complete the online nomination form with a brief summary describing the exceptional work and significant contribution of the nominee, as well as two letters of support from individuals other than the nominator," said MP Eglinski.

"This is your opportunity to recognize someone's outstanding contributions to the well-being of Veterans and their families," concluded MP Eglinski.

The deadline for receipt of

nominations is March 31st, 2019.

The online nomination form can be found at: http://www.ombudsman-veterans.gc.ca/pdfs/about/Nomination-Form-e.pdf

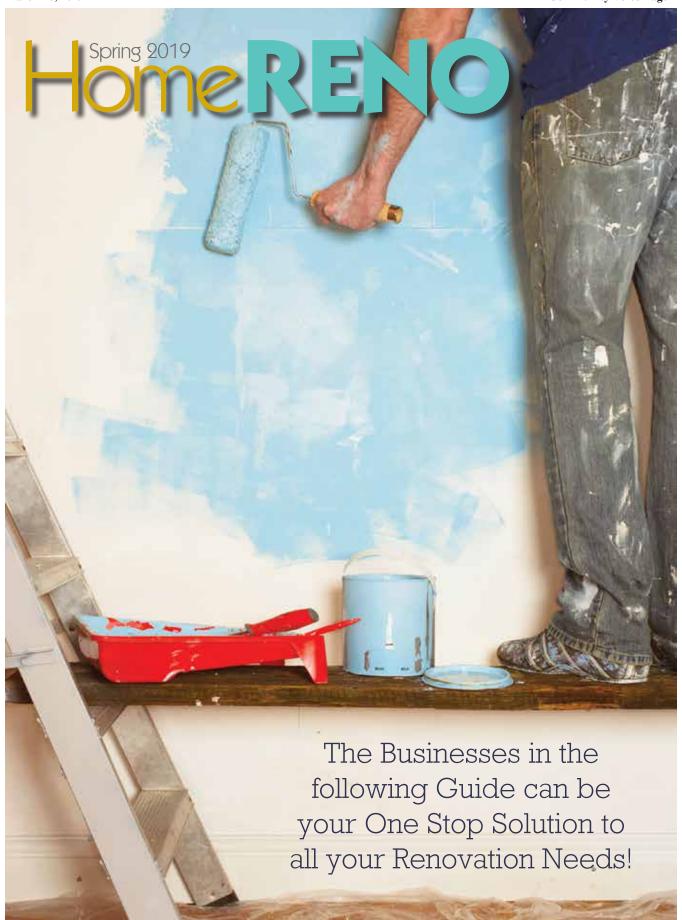
To learn more about the nomination form, please go to: http://www.ombudsman-veterans.gc.ca/eng/about-us/ombudsman/commendation#nomination

Once the call for nominations has closed, the Veterans Ombudsman's Advisory Council will review all nominations and provide their recommendations.

Nominations can be sent electronically to ovo.communication. bov@canada.ca or by mail to:

Office of the Veterans Ombuds-

1560 - 360 Albert St. Ottawa, ON K1R 7X7



Page 8 Community Voice March 26, 2019

## HomeRENO

## ITEMS TO GET YOU STARTED ON CREATING YOUR SMART HOME

Technology has changed the way people live in the 21st century. Once ubiquitous, land lines anchored to kitchen walls have now given way to smartphones that can be taken anywhere. Bulky television sets that required at least two people to move have been replaced with high-definition offerings so light and thin they can be mounted on living room walls.

It's no great surprise that technology also is changing the physical places we call home. Smart homes are a rapidly growing trend. In a typical smart home, devices such as the thermostat, television and even the refrigerator can be controlled remotely through the internet.

Converting an existing home into a smart home can seem intimidating, especially for people who don't consider themselves tech savvy. But today's user-friendly technology makes it relatively easy for anyone to turn his or her home into a smarter one.

Before you get started, recognize that there are certain must-have items to turn a home into a smart home.

Hub

The hub refers to software or hardware that connects all of your devices and gets them to work together. Think of the various devices you have and then think of their manufacturers. Chances are strong you have devices manufactured by various companies, and enabling those to work together might seem impossible. A hub does that work for you. And because they can be connected to your smartphone, hubs also make it possible to control devices while you're away from

home.

WiFi router

Some people rent their routers from their internet/cable providers, while others buy their own routers. Regardless of which category you fall into, you're going to need a good WiFi router to get your smart home up and running. Determine which type of WiFi your home currently has and then find a router that's compatible with that WiFi. Request a list of routers that are compatible with your WiFi from your service provider, as not all routers will necessarily work with your internet connection. If possible, upgrade to the fastest WiFi your internet provider offers, as that will make your smart home that much more enjoyable and frustration-free.

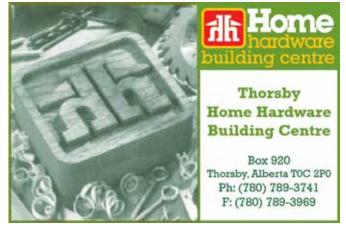
Devices You won't necessarily need to upgrade your devices to get a smart home. In fact, if you control or can control any device in your home with a smartphone, you are already on your way to having a smart home. Upgrading to a programmable thermostat that's compatible with your smartphone might be a great idea if your current thermostat is old and not internet-compatible. With a programmable thermostat, you can control the temperature in your home remotely. That ensures the home is a comfortable temperature when you arrive home and allows you to turn off costly heating and cooling units when no one is home.

Smart homes may seem futuristic. But chances are strong your home only needs some simple, inexpensive upgrades to join the smart home revolution.









## HomeRENO

#### TIME TO REPLACE OLD WIRING?

Old homes can be charming and contain architectural elements not often seen in many modern housing developments. But what older homes may have in design appeal, they may lack in updated features.

While cosmetic changes are not necessarily difficult, one area of concern in historic homes - and sometimes even in houses built 40 or 50 years ago - is archaic wiring. Wiring provides power to every room of the home. In today's electronics-driven society, electricity that works is an essential component of daily life. Over time, wiring can be compromised through simple aging, pest infiltration, weather, or other conditions. Deteriorated wiring can present a shock hazard and also a serious fire hazard, warn the home renovation experts at The Spruce. Furthermore, the home improvement site This Old House advises

that the amperage of old wiring may not be able to meet the needs of the devices used in homes - overpowering the circuits. This can cause breaker blowouts and other problems, such as overheated wires that may spark and cause fires from within the wall.

For those who haven't already done so, schedule an inspection with a licensed electrician to go over the home's wiring. He or she can determine if any areas pose a safety risk and/or do not conform to local code requirements and the National Electrical Code. Failure to meet code can lead to difficulty obtaining permits to make other home renovations, or difficulty selling a home later on.

The electrician can also go over improvements that can improve safety and function. Additional outlets, including GFCI outlets in kitchens and bathrooms, may be part of the plan, as well as rewiring a fuse box or circuit panel to allow for better flow of power around the house. Frayed wiring or underinsulated wiring also may need to be replaced.

Owners of old homes should recognize possible electrical sys-

tem dangers that require attention. Plus, considering electrical codes change quite frequently, it is always in a homeowner's best interest to work with a qualified electrician to keep wiring inspected and up to date.





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Page 10 Community Voice March 26, 2019

## HomeRENO

## HOW TREE SERVICES CAN PROTECT YOUR PROPERTY

Cold weather can take its toll on a property, especially in regions of the world where winters are harsh. Most parts of the landscape are vulnerable to damage from winter storms, but trees may be especially susceptible. By the end of winter, many homeowners wonder if their trees would benefit from some professional TLC.

Tree services provide a host of services. While fall is a popular time to remove trees from a property, doing so in spring is not unheard of, especially if trees were affected by winter storms and now pose a threat to a home and the people who live inside it.

Homeowners considering tree services can explore the following ways that some professional arbor attention can protect them and their homes.

Tree services can help protect a home's foundation. Old trees that stretch well into the sky can be captivating, but they also can pose a threat to a home's foundation. Such trees may have especially large root zones that may extend beneath walkways and even a home. In the latter instance, foundations may crack as roots try to stake their claim to the ground beneath a home. According to the home improvement resource HomeAdvisor, homeowners pay an average of just over \$4,000 to repair foundation issues, though major problems can cost considerably more than that. A professional tree service can remove aging trees that might be beautiful and awe-inspiring but still pose a threat to a home and the areas surrounding it.

Tree services can im-

prove visibility. Trees that have aged a bit since their last trimming might affect the view of a property from inside a home. Overgrown branches can compromise residents' ability to see and experience the natural beauty just outside their windows. The average homeowner may be able to trim short trees on his or her own, but if views from the second floor of a home or higher have been compromised, it's much safer to call a professional tree service. Such services have the right tools and experienced personnel necessary to safely trim high branches on tall trees.

• Tree services can help prevent future damage. Even if trees made it through a recent winter unscathed, that's no guarantee next winter or even the coming seasons of spring, summer and fall won't ultimately prove their undoing. Travelers Insurance notes that weather-related roof damage, including damage resulting from falling limbs and branches weighed down by snow during the winter months, accounted for more than half of all Travelers property loss claims between 2009 and 2016. According to BNC Insurance and Risk Advisors, homeowners may be liable if a tree they knew posed a threat falls onto a passerby or a neighbor's property and causes damage or injury. Having all trees properly trimmed each year, but especially those that can fall on your home and your neighbors' homes, may prevent future damage and legal issues.

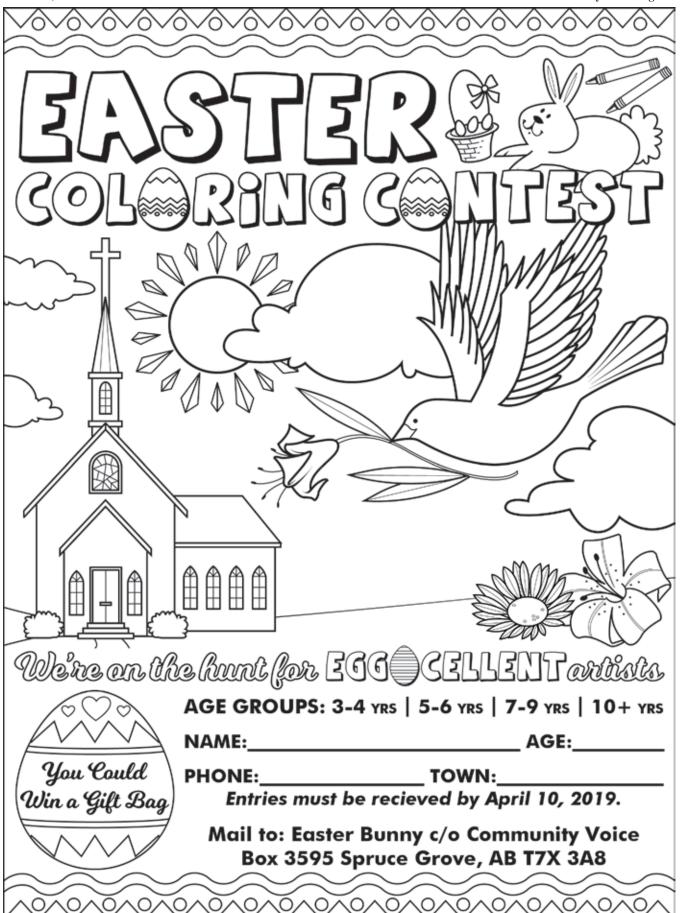
Tree services can ensure trees maintain their awe-inspiring beauty and help homeowners protect their homes and their belongings.











Page 12 Community Voice March 26, 2019

#### **DEVELOP A VEHICLE MAINTENANCE SCHEDULE**

The oft-sudden expense of vehicle repairs can throw monthly budgets into disarray. Maintaining a routine service schedule is one way for drivers to keep repair costs down.

The online automotive resources Edmunds.com says many car owners do not adequately prepare for scheduled maintenance, and may not give maintenance a thought until it's too late. The first step drivers take upon purchasing a new or preowned vehicle should be to familiarize themselves with the vehicle's owner's manual, which is filled with valuable information and likely includes maintenance interval recommendations.

Next, drivers should learn about their vehicle, which is particularly relevant when buying a preowned vehicle. Getting to know how the car or truck rides, as well as any sounds it may make, can provide drivers with a solid foundation they can then use to keep their cars running strong.

Routine service typically includes tire rotation, oil changes and topping off of fluids. So just how long between service appointments can a car go? Here are some generalized estimates.

Oil change: Oil chemistry and engine technology

have improved so much that most cars can go well beyond the once-recommended 3,000 mile interval between oil changes. Now many vehicle manufacturers recommend between 5,000 and 10,000 miles between changes, advises Edmunds. Drivers should err on the side of caution if they do a lot of stopand-go driving and short trips. Other drivers may want to invest in vehicles that have oil change maintenance minders built in. A light or countdown will come on the dashboard, indicating when the oil has reached the end of its usefulness.

Tire rotation: Rotating tires helps prolong the life of the tires and alleviates uneven tread and wear. During the rotation, each tire is removed and relocated to a different position to ensure that all the tires will wear evenly. Michelin Tires states that tires should be rotated around every six months, or between 6,000 and 8,000 miles.

Vehicle fluids: Your best bet is to see what the manufacturer recommends in regard to fluids such as transmission fluid, differential oil, brake fluids, coolant, etc. Some transmissions need regular maintenance, while others can go 150,000 miles between changes, according to the vehicle information site The Drive. Coolant typically can last 100,000 miles. For these types of changes, it may be best to go to a mechanic or service center familiar with your make and model rather than a quicklube center, as knowing when to drain and refill can be more complicated.

Service schedules can be designed to adhere to manufacturers' recommendations and drivers' personal preferences.





According to the National Highway Traffic Safety Administration, in 2016, the most recent year for which the organization has statistics, more than 3,400 people were killed in motor vehicle accidents that involved a distracted driver. NHT-SA estimates suggest that as many as 481,000 drivers are using mobile phones while driving during the day, greatly increasing their own risk of accident as well as the risk that their fellow motorists will be involved in an accident. The threat posed by distracted driving is not exclusive to the United States, as the World Health Organization notes that drivers using mobile phones are approximately four times more likely to be involved in motor vehicle accidents than drivers who are not using mobile phones. The WHO even notes that hands-free phones are not considerably safer than handheld phone sets, emphasizing the need for drivers to simply forget about their phones the moment

they get behind the wheel.

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#### Miscellaneous

SeaCan Storage Containers for sale, all sizes available, 10ft 53ft. Located in Entwistle, 4905 - 45 Ave. We Deliver. Call 780-604-2276 or 780-727-4062 (2) 12-03 OG



#### WHAT IS CBD?

#### A Health and Beauty Breakthrough!

Cannabidiol, CBD, is one of over 80 active cannabinoid chemicals in the hemp plant. CBD. unlike, THC, does not produce euphoria or intoxication. CBD targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using CBD products for both treatment and prevention of numerous ailments





Therapeutic Uses For Pure Hemp CBD

Supports healthy blood sugar levels, prohealthy energy levels, relieves anxiety, aids in digestion, supports optimal immune function and the regeneration of healthy cells, and promotes a sense of serenity and overall well-being.

Anti-Aging Uses For Pure Hemp CBD

motes more youthful skin, provides hydration, enhances radiance, lessens age lin-as well as the appearance of dark spots.

#### PAIN RELIEF: Known to reduce PROMOTES HEALTH: Helps to promote relaxation and overall health. WELL-BEING: Helps to relieve



#### CBD PET PRODUCTS

#### PET CHEW TREATS



KEY BENEFITS SYNERGISTIC BENEFITS:

NO SIDE EFFECTS DIETARY SUPPLEMENT: Can be administered daily as port



#### ORAL SPRAYS & DROPS



For more information, Call (780) 907-8642 www.Elaine1.myctfocbd.com



Page 14 Community Voice March 26, 2019

### **MUNITY EVENTS 2019**

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

#### **FARMERS MARKETS**

**DRAYTON VALLEY:** Everareen Farmers' Wednesdays Market. at Mackenzie Center  $\circ f$ the Omniplex from 10:30am-1:30pm. WWW. dvevergreenfarmersmarket. ca

#### **BINGO**

MULHURST: Every Tuesday night, 7:00рм at the Mulhurst Legion

**CALMAR**: Every Wednesday night. 7:00рм at the Calmar Legion.

#### **JAMBOREE**

CALMAR: Wilton Park Community Hall, 4th Sat of Month, 7:30PM. 780-985-2478. DRAYTON VALLEY: Last Sunday of month. Upstairs @ the "55 Rec. Center" Doors at 12PM, Starts at 1PM. 780-542-3768

#### **TOPS** (Take Off Pounds Sensibly)

**DEVON:** Wed. at 9:30AM at Riverside Baptist Church, 2 Saskatchewan Dr., Devon. Contact Brenda at 987-9113

EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

**LEDUC:** Tuesday Nights at Lutheran Church, 4606 - 48 St. Leduc. Weighins: 5:45-6:30pm, Meeting 7:00-7:30рм. Call Marie at 780-986-6477.

THORSBY: meeting every Monday morning 9:00AM at Thorsby Fire Hall. Call 780-621-3461.

#### **SOCIAL EVENTS**

50+ YOUNG AT HEART **LUNCHEON** for Parkland County Seniors. 12PM Stony Plain United Church Basement, \$7 per plate. 3<sup>rd</sup> Wed of Each Month, Sept -June. For reservations call Audrey 780-963-1782.

CALMAR SENIORS BUS: to West Edmonton Mall - 1st Wed. 9:30 AM; Seniors' Birthday Party - every 3<sup>rd</sup> Wed. 1:30pm; Meetings - every 2<sup>nd</sup> Wed of every month. 1:30pm. (780) 985-3117.

MUSIC JAM & DEVON DANCE: 4th Wed. of each month @ 7PM, June - Sept. Chalet Lions Campground. Admission, Musicians FREE. 780-987-2093

DEVON **RECREATION:** Volleyball, Mondays 8-10рм, \$2, John Maland High School. Badminton, Fridays 7-9рм, Robina Baker School, \$2. Hockey (Arena), Tues & Thurs, noon (children under 15 must be accompanied by an adult). INDOOR PLAYGROUND: Mondays, 10AM-12PM, Alder Flats Community Centre. Info (780) 388-3333 No fee. Pleas bring a snack for your child. JAM DANCE & CARDS: 1st Fri, 7рм, Buck Creek. (780) 514-

"KIDS OWN WORSHIP" an hour after-school, 1st and 3<sup>rd</sup> Thursdays each month. Songs, Crafts, Snacks and FUN! No charge. Call All Saints' Anglican Church. (780)542-5048

3781

MUSICAL JAM SESSIONS: 4<sup>th</sup> Tues, 1:00рм at Calmar Seniors Centre. Bring your own instruments and have

MUSIC **JAMBOREE:** Last Sunday of each month. Upstairs @ the "55 Rec. Center" Doors open at 12PM, Starts at 1pm. 780-542-3768

MUSICAL PROGRAM: every 4th Saturday at the Cloverleaf Manor, 2:30рм. Everyone welcome.

OL' TIME DANCE: 2nd Wed every month. 7-10рм. of Telford House (4907-46st Leduc). Live music, refreshments and light lunch. \$8/person.

ST. DAVIDS JR. CHOIR is

seeking singers ages 7-13. Boys and girls are welcomed. Rehearsals in Leduc Tuesdays 3:45- 5рм. Contact 780-432-7805

WARBURG ARENA HOSTS FREE SHINNY HOCKEY, Sun 2:30 - 3:45pm & Mon /Wed 4-5:45рм, arena closures & cancellations can be heard on recorded messages, call Arena 780-848-7581

WARBURG ARENA HOSTS FREE PUBLIC SKATING, Sundays 1-2:30PM & Fridays 4-5:45PM, call arena for closure dates

#### **MEETINGS**

Services AHS: Addiction provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140

Do you have a problem with alcohol & are you looking for an AA MEETING or someone to talk to? Call Toll Free 1-877-404-8100.

Drinking a Problem? There is a Solution, call AA 780-491-

ALDER FLATS AG SOCIETY: 3<sup>rd</sup> Wed, 7<sub>PM</sub>, Community Centre. Call (780) 388-3318 for more info.

**BRETON** COUNCIL MEETINGS: 2<sup>nd</sup> Tuesday of each month at 7pm at the Council Chambers, Carolyn Strand Civic Centre. 780-696-3636

**BRETON & DISTRICT AG SOCIETY** Regular Meeting 2<sup>nd</sup> Thurs. at 7:30рм at Hall. CITIZENS ON PATROL: 2nd Thurs of ea mo, 7:30pm in

Entwistle Seniors Bldg

DRAYTON VALLEY BRANCH OF **ALBERTA** GENEALOGICAL SOCIETY: meets 7PM at Drayton Valley Municipal Library every 3rd Wed of the month. For more

information call (780) 542-

2787

**DRAYTON** VALLEY/ PC CALMAR MONTHLY CONSTITUENCY MEETING, Breton Senior Center, 7PM. Everyone welcome. \*No meetings July & Aug. **LEDUC** MS SOCIETY **COMMUNITY SUPPORT** 

**GROUP** Are you diagnosed with MS and have questions? This group is for you! Meetings TBD. Contact the Edmonton Chapter, 780-471-3034

MS SOCIETY DRAYTON **VALLEY** COMMUNITY **GROUP** meets every 1st Tuesday of the month, Sept-June from 6-8PM at Norquest College, dates TBA. Info, Terra Leslie at 1-403-346-0290.

Winfield Legion Branch 236: Meetings every 2<sup>nd</sup> Tues. Contact Secretary Treasurer Shelly Oulton 696-3600 or Alfred Farmer 696-2006

#### YOUR COMMUNITY

Dental Health: Visit the dental hygienist with your toddler. Children 15-24 mos of age are encouraged to have this Free Toddler Mouth Check. For info, contact the Thorsby Health Centre at 789-4800.

Come join GIRL GUIDES OF CANADA, 1st Pipestone Sparks/Brownies/Guides Rainbow Unit. For more info call Jenny 387-3544 (anytime) or Teresa 901-3817 (evenings) Meals on Wheels: Call

Young, Deanne Director FCSS 696-3636

Thorsby Well Child & **Immunization** Clinic. every 1st & 3rd Thurs. of the month. Contact Thorsby Public Health Center for appointment. 789-4800.

Well Baby Warburg **Immunization Clinic,** by appointment only, 2<sup>nd</sup> Wed of month, Cloverleaf Manor. Thorsby Health Unit 789-4800.





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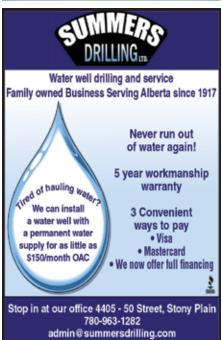






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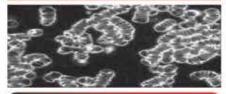
March 26, 2019 Page 16 Community Voice



A NUTRITIONAL BREAKTHROUGH THAT SUPPORTS YOU ...RIGHT DOWN TO THE LAST CELL!

### How do you want your **BLOOD** to look?

Before PrevailMAX:



poor circulation

low energy

brain fog

dehydration

decreased nutrients

pH imbalance

poor endurance

After PrevailMAX:



better circulation

more vitality

mental clarity

cellular movement

nutrient assimilation

balanced pH

optimal endurance

PrevailMAX™ is a nutritional breakthrough that delivers a rapid increase of internal blood cell pressure to speed absorption, enabling the body to take maximum advantage of the nutrients in foods and supplements. The electrolytes are small enough to penetrate your cell membranes, to bind with your cells, and to be carried wherever they are needed in the body.

At the microscopic level of human cells, PrevailMAX™ supports healthy cell performance - a nutritional breakthrough for your cells.

When you use PrevailMAX™, you will feel more energy and an ability to focus like never before. Take a few sprays today and see just how good you can feel!



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