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April 16, 2019

AMANDA OLING: THE IMPACT OF ONE DECISION

Submitted by Wanda Pederson | Onoway Jr Sr High School

Introduced by Grade 12 student Hailey Whalen, Amanda Oling presented her powerful presentation on the consequences of impaired driving to the students of OJSH on Monday, April 8th. Amanda's powerful presentation focused on the risks and consequences associated with

impaired driving and making just one wrong decision in life.

Amanda Oling was born and raised in Alberta. As an adult, she became involved in law enforcement: she was a Fish & Wildlife Officer and a Special Constable and Community Peace Officer in various parts of Alberta. She is an acclaimed speaker on impaired driving and its consequences.

Continued on Page 2



MOVING FORWARD WITH THE INTERMUNICIPAL COLLABORATION PROJECT

Submitted by Town of Whitecourt & Woodlands County

Progress continues on the In-

termunicipal Collaboration Project. Woodlands County and the Town of Whitecourt are drafting an Intermunicipal Collaboration Framework (ICF) that will for-

mulate how the municipalities will manage growth, coordinate service delivery, and optimize resources for their citizens.

Continued on Page 4

HORTICULTURE SESSIONS

Submitted by Lac Ste. Anne County | www.LSAC.ca

Tree & Small Fruit Crops for Home Gardens FREE

Thursday, April 18 | 2:30 - 4:00 pm at Rich Valley Public Library

Perhaps you've had success with strawberries and raspberries. Now you'd like to grow more fruit crops. You might be surprised to see how many kinds do well here- apple, plum, Saskatoon, cranberry, haskap, and

more. Join County Horticulturist Lorraine Taylor to learn about hardy cultivars, finding the right location to plant, and specific growing needs for each crop.

Continued on Page 2

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Amanda Oling: The Impact of One Decision

Continued from Page 1

Using her very personal experience of losing her father to an impaired driver in a stolen vehicle, Amanda explained how life is a sequence of decisions. Some of those decisions could have far-reaching consequences that impact not only your life but the lives of many others.

Using a slide show, Amanda took her audience through the sequence of events that eventually claimed her father's life and the aftermath. She talked of

her reactions and emotions and the lasting effects of the loss of her father on her family. Interspersed throughout her story, she presented startling statistics: every day, on average, four Canadians are killed and 175 are injured in impairment-related (alcohol and drugs) crashes. Annually, it is estimated between 1,250 and 1,500 people are killed and more than 63,000 are injured each year in Canada in impairment-related crashes. These stark statistics do not include the pain and suffering of the families that are left to cope

with their loved one's loss or injuries. Amanda also highlighted the huge costs involved in these needless, preventable accidents. For the impaired driver, the costs could reach over \$40,000.00.

Amanda called on Grade 12 students Olivia Robb and Santina Bassanese to demonstrate the effects of various levels of blood alcohol by wearing impairment goggles. They had to pretend to be cars passing each other on a highway and then had to attempt to walk a straight line. Grade 10 student Kaedy Corke was timed as she used a computer to make

her way through a maze on the screen while wearing goggles that mimicked the effect of marijuana use. All the demonstrations showed how impaired driving whether due to alcohol or drug use negatively affects the brain, eyesight, balance, and judgement – all factors that can lead to serious consequences.

After the presentation, Amanda made herself available to any of the students who had questions or who wished to talk to her.

Horticulture Sessions

Continued from Page 1

Pre-registration is preferred for

this program. For further information or to register for this program, please call 780.967.3525

or email rvpublib@yrl.ab.ca.

Summer Flowering Bulbs FREE

Thursday, April 25 | 7:00 - 8:30 pm at Darwell Public Library

Begonia, dahlia, canna lily, and gladiolus- these are just some of the splendid summer flowering bulbs we can grow. Many have big, beautiful flowers and they bloom for much of the summer. Unlike our hardy spring flowering bulbs, the storage roots of these tender perennials must be stored indoors for the winter. Join Lac Ste. Anne County Horticulturist Lorraine Taylor to learn about starting them early, planting, and summertime care. Come and find out how you can add these pretty plants to your landscape. Everyone welcome!

Pre-registration is preferred for this program. For further information or to register for this program, please call 780.892.3746 or email adarlibrary@yrl.ab.ca.

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JOKE OF THE WEEK

A short skinny guy is drinking beer and all of a sudden another man punches him and says "Karate chop from Japan." The short skinny guy gets up and moves away. The same man comes again and throws him. He then says "Judo throw from China". The short skinny guy goes out and is gone for an hour. He comes back knocks the guy out, and tells the bartender "When he comes to, tell him a crowbar from Home Depot."

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CALL FOR NOMINATIONS FOR CANADA'S 2019 VOLUNTEER AWARDS IS NOW OPEN

Submitted by Jim Eglinski, MP – Yellowhead

OTTAWA: Jim Eglinski, Member of Parliament for Yellowhead, is pleased to inform residents that Employment and Social Development Canada on April 8, 2019, announced that the 2019 Call for Nominations is now open from April 8th to June 21, 2019.

Nominees can be individuals or groups, businesses, social enterprises or non-profit organizations and must meet specific eligibility criteria. Political and public advocacy work is not eligible.

This year, 21 awards will be presented during an award ceremony in April 2020. Recipients will also have a chance to give back; regional award recipients are eligible to identify a not-for-profit organization to receive a \$5,000 grant, and the national award recipient is eligible to identify a not-for-profit orga-

nization to receive a \$10,000 grant.

Nominations are being accepted in the following categories:

- one national award – Thérèse Casgrain Lifelong Achievement Award for individuals who have volunteered for at least 20 years;
- five regional awards – Emerging Leader for young volunteers between the ages of 18 and 30;
- five regional awards – Community Leader for individuals or groups of volunteers;
- five regional awards – Busi-

ness Leader to recognize businesses that demonstrate social responsibility in their practices, including promoting and facilitating volunteerism locally, regionally and nationally, as well as for-profit and not-for-profit social enterprises dedicated to creating social, cultural or environmental benefits for their communities; and

- five regional awards – Social Innovator to recognize the contributions of not-for-profit organizations, including not-for-

profit social enterprises that find and use innovative approaches that address social challenges in their communities.

"All volunteers in the Yellowhead riding do a great job for all of us. It is now our turn to show them how much we appreciate them," concluded MP Eglinski.

The nomination application form can be found at: <https://catalogue.servicecanada.gc.ca/content/EForms/en/Detail.html?Form=hrb5040>



Northern Gateway
Public Schools

Form 20

NORTHERN GATEWAY REGIONAL DIVISION No. 10

PUBLIC NOTICE OF NOTICE OF INTENT TO BORROW BY DEBENTURE SCHOOL ACT, SECTION 268

BY-LAW NO 2-19

DATE PASSED: March 12, 2019

ATTENTION: ELECTORS of Northern Gateway Regional Division No. 10

TAKE NOTICE that:

The Board of Trustees of Northern Gateway Regional Division No. 10 intends to implement Building Management Energy improvements to reduce energy and related costs in facilities that are owned and operated by the school division. The project estimated cost is \$3,300,000.00. The capital available is \$600,000.00.

Therefore, the sum of Two Million Seven Hundred Thousand (\$2,700,000.00) dollars is to be borrowed on the security of Northern Gateway Regional Division No. 10 by the issue of debentures and shall repay the indebtedness according to the repayment structure in effect, namely yearly equal payments of combined principal and interest installments not to exceed 20 years consecutive annual installments with interest at the rate determined from time to time by Alberta Capital Finance Authority (currently two point nine three per cent (2.93%) per annum). The total cost of the project will be recovered through energy savings.

The Board of Trustees have taken the necessary proceedings under the provisions of the School Act to obtain authority from the Minister of Education to borrow the aforesaid debenture funds or such portion of the said funds as may be required for the aforesaid purposes.

If you do not agree with the Board of Trustees of the Northern Gateway Regional Division No. 10 should implement a Building Management Energy improvement, you may petition for a vote in accordance under the provision of the School Act, Section 268.

And be received by the Superintendent of Schools within 15 days of the last publication of this public notice of the proposed debenture borrowing. The last publication date will be May 1, 2019.

Kevin Andrea

Northern Gateway Regional Division No. 10

Superintendent of Schools

Name of Board of Trustees



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AND BIWEEKLY (Zone 3)

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2019 BUDGET APPROVED

Submitted by Tara Galant, Legislative Manager | Town of Whitecourt

APRIL 13, 2019

Whitecourt Town Council approved the final 2019 Budget. The budget, valued at just over \$55.1 million, requires a 2.68% change to municipal mill rates for both residential and business properties.

"Budget decisions outline the funding for all municipal operations and activities – including infrastructure investment, recreation and cultural programs, social services, and more. It is our

most important planning tool, and guides decisions and priorities for both the short and long term," stated Mayor Maryann Chichak. "With input from various stakeholders, the 2019 budget allows us to maintain and enhance service levels for today, as well as plan and prepare for growth in the future."

Budget highlights include:

- The 2019 Capital Budget totals \$15,756,526.
- The 2019 Operating Budget totals \$39,376,295.
- Revenue from taxation totals \$14,102,515; accounting for 26% of the municipality's total revenue.

nue.

"This year's budget is exceptional in the way that there are a number of variables and external factors that the municipality has no control over which are unique to 2019. Upcoming federal and provincial elections, the economy, as well as negotiations with municipal partners, have the potential to greatly impact our community and our operations," added Mayor Chichak. "Given these variables, the 2019 Budget is conservative; and I believe we have found a balance that will allow us to meet current community needs, and be prepared to manage

any pressures these external factors may bring. This year's budget also reflects the municipality's strategic direction and priorities, and our responsibility to prudent financial management."

The Town of Whitecourt publishes an annual budget report to help increase local understanding of projects and initiatives planned for the year, and residents' knowledge of where municipal tax dollars are spent. The report will be available on www.whitecourt.ca and municipal social media sites at the beginning of May after the Tax Rate Bylaw has been adopted by Town Council.

Moving Forward With The Intermunicipal Collaboration Project

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R & S TOWING

Continued from Page 1

Both municipalities recently adopted protocols that will guide collaborative discussions and negotiations over the coming weeks as they work to develop a new, long-term

cost sharing agreement.

The Municipal Government Act requires all municipalities prepare and adopt an ICF by April 1, 2020; and funding support for the project has been provided by the Alberta Community Partnership Program.

Woodlands County and White-

court have a respected history of partnership projects and initiatives. This project will further build on agreements currently formalized and under review; and provide continuous, seamless and enhanced services to residents of both communities.

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WASTE COMMISSION HOLIDAY CLOSURE

Please be advised that the Highway 43 East Waste Commission will be closed on Friday, April 19 and Monday, April 22 in observance of the Easter holiday.

Residents are encouraged to visit LSAC.ca/Waste for transfer station and landfill hours of operation.

COUNTY CAREER OPPORTUNITY

RECORDS MANAGEMENT FILE CLERK

Two Summer Student | Term Positions

Lac Ste. Anne County is currently recruiting to fill two job openings for Records Management File Clerks. Both roles are for summer students for an up to four-month term summer position.

Reporting to the Records Manager/FOIP Coordinator, these roles work closely with the Corporate Services team to: receive files and maintain active hard copy records on-site into appropriate filing systems; classify paper and electronic records according to records retention schedule; prepare records for storage, boxing, and coding for archiving; transfer inactive hard copies to off-site storage for retention as needed; pack and label each file by identifying with appropriate record code; add metadata and templated information to each file, such as a date range and the subject of the records; and identify documents eligible for destruction.

Salary Range: \$14 - \$15/hr **Hours of Work:** 35 hrs/wk



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Spring 2019 HomeRENO

A photograph of a person painting a wall. The person is wearing a blue shirt and jeans, and is using a roller to apply blue paint to a wall. The wall is partially painted blue, with some white paint still visible. In the foreground, there is a wooden surface, possibly a workbench or a shelf, with a red tray, a blue paint can, and a small blue lid on it. A ladder is visible on the left side of the image.

The Businesses in the
following Guide can be
your One Stop Solution to
all your Renovation Needs!

HomeRENO

CREATE KID-FRIENDLY SPACES AT HOME

Maintaining a home that is welcoming and kid-friendly can be challenging. Kids are full of energy and oftentimes put fun ahead of tidiness. But no matter how energetic their youngsters are, parents can still employ several strategies to ensure their homes are both sophisticated and child-friendly.

- Consider an open floor plan. Rooms that flow into one another make it easier to keep tabs on children. Such rooms also allow residents and guests to mingle in separate rooms but not be too far away from one another.

- Choose washable fabrics. Upholstery will need to stand up to the abuse kids can dish out. Sofas and chairs with slipcovers can be advantageous because many slipcovers can be easily removed and laundered. Patterned fabrics will

hide some stains, while treated fabrics may resist liquid spills for easier cleanup.

- Create a catch-all spot. Special bins or other organizational tools in the entryway can help to cull clutter when children come in the house from school or play. Be sure the keep cubbies, containers and coat hooks at a child-friendly height.

- Look for high-traffic rugs. Rugs designed for high-traffic areas will be more forgiving when children march across them several times per day. There are no rules that say you can't bring an outdoor rug inside, and these rugs tend to be easier to clean.

- Ensure there is plenty of seating. Sectionals give children ample room to spread out. And ample seating ensures there is enough room for kids to invite their friends

over to hang out.

- Think outside pink and blue. For children's rooms, make sure they're colorful, but consider other hues to give the rooms some personality. Focus on a hobby or activity and borrow the color scheme from the accessories used for decorating.

- Hang whimsical artwork. Employ framing and lighting to make kids' artwork look like professional pieces. Routinely change the pictures when a new look is desired.

- Designate a place for play. Devote an entire room or a nook in a house for imaginative play. Store toys here so these items will not create clutter in individual bedrooms.

Creating child-friendly spaces while ensuring a home maintains a sophisticated feel is easier than parents might think.

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SUSTAINABLE FLOORING OPTIONS ABOUND

Kitchen and bathroom remodeling projects tend to make great investments, earning homeowners significant returns when they sell their homes down the road. But flooring upgrades are another home renovation project

that can attract attention and help sellers when they put their homes on the market.

Home flooring options abound, and it is easy to get excited and overwhelmed about flooring renovation projects.

When choosing new flooring materials, homeowners should keep in mind the latest consumer trends, as those trends might help them recoup more of their flooring investment down the road.

One popular flooring trend is the use of sustainable materials. In addition to the more widely known benefits of choosing sustainable flooring, such as protecting natural resources and reducing a home's carbon footprint, sustainable flooring can help reduce indoor air pollution. Various studies from the U.S. Environmental Protection Agency have shown that indoor air pollutant levels may be higher indoors than outdoors. A major contributor to indoor air

pollution are the volatile organic compounds, or VOCs, being off-gassed by carpeting and other flooring in a home.

Flooring manufacturers and designers are embracing the green design and remodeling movement. Today there are many beautiful and sustainable eco-flooring options. Here are some of the more popular materials.

· **Bamboo:** Contrary to popular belief, bamboo is not a wood, but a grass. It is a fast-growing grass, and that makes it a smart choice in many design applications. Also, unlike wood, which will absorb moisture and can warp, bamboo repels water and can be used for flooring in areas where one wouldn't think to put

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Sustainable Flooring Options Abound

wood, such as in bathrooms, entryways or mudrooms. Bamboo is naturally very light in color, but can be stained in many different hues to give homeowners more options.

- **Green carpeting:** Consumers can now find a wide range of sustainable carpets and rugs that are available at competitive prices. Wool carpets made with undyed or vegetable-dyed yarns and minimal glues are some options. Some carpets are even made from recycled content, such as rubber and plastics. Water-based, low-VOC adhesives paired with recycled cotton padding can reduce the toxicity and impact of carpeting even further.

- **Cork:** Growing in popu-

larity, cork is a material harvested from the bark of cork trees found in the forests of the Mediterranean. The bark grows back every three years, so it is a handy renewable resource. Cork boasts fire-retardant properties and may naturally repel insects. It can usually be stained to suit various color schemes.

- **Rubber:** Rubber flooring may call to mind fitness gyms and playground safety substrate, but it's also slowly finding its way into homes. Made from recycled tires, rubber flooring is flexible underfoot and can be long-lasting and colorful.

- **Reclaimed wood:** Rather than purchasing brand new hardwood planks for floor-

ing, homeowners can opt for reclaimed wood reused from other building applications. After some sanding, staining and finishing, reclaimed wood provides homeowners with the opportunity to choose traditional

hardwood flooring without any concerns about deforestation.

Eco-friendly flooring materials continue to evolve and can be smart choices in today's homes.

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HomeRENO



ROOFING MATERIALS TRANSFORM THE LOOK AND FUNCTIONALITY OF A HOME

When renovating a home, homeowners may not give ample thought to the roof unless there is a leak or another sign of damage. It's easy to forget about the roof when materials are working properly. Some people

put off replacing or repairing a roof simply because of the costs of such undertakings. However, the right roof can improve the appearance of a home and provide protection against the elements, potentially

preventing damage to a home's interior as well.

Roofing materials have evolved over the years, but the most common type of roofing material is the asphalt shingle. These shingles are a relatively modern invention, with the first "asphalt prepared roofing" serving as a forerunner to asphalt shingles, appearing in the late 1800s.

Roofing materials will need to meet a particular area's fire codes and must be able to withstand any extreme weather conditions common to the geographic region where the home is located. Certain roofing materials may be heavier than others and may require special framing. Work with an experienced roofing contractor to learn more about your available options and to shed light on any special installation or maintenance issues to consider before

construction begins.

The following are just some of the roofing materials homeowners may want to consider.

- **Asphalt shingles:** The most popular roofing material, asphalt shingles are guaranteed for 20 to 30 years, which helps solidify this choice as a smart-value product. For some homeowners, a downside to shingles is that, because they are so popular, they're seen everywhere. So those homeowners looking to make a unique statement with their roofing materials may want to choose a different option.

- **Wood shingles and shakes:** A wood roof is another possibility, but some homeowners find wood roofs require more money to install and more effort to maintain than roofs made with other materials.

Continued on Page 12

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FIND AND MAINTAIN THE RIGHT CARPET

Carpets provide both practical and aesthetic appeal inside a home. In winter, carpets help keep homes warm, and the right color carpet can add to design schemes.

While rugs may have originated in the Far East, North America also has some rich carpet history. According to The Carpet and Rug Institute, the United States carpet industry began in 1791 when the first woven carpet mill opened in Philadelphia. Others soon followed suit. Tufted carpets and machine-powered manufacturing helped churn out yards upon yards of carpeting, making it a popular, affordable and common addition to homes, especially after the post-World War II housing boom.

Carpeting remains a go-to flooring material in modern homes. In fact, many homes offer a blend of both carpeting in some rooms and different flooring choices in others.

Upon choosing carpet, it is important that homeowners follow some guidelines to prolong a carpet's longevity and maintain its style. The following are some common carpeting dos and don'ts.

DO consider the room's purpose and foot traffic before shopping for carpeting. Make a list of the attributes desired (e.g., soundproofing, easy care, high pile) and present these to the salesperson so he or she can help you make the best choice.

DON'T rush into flooring choices. Unlike paint colors, flooring materials are more permanent choices that are only updated every several years or more. Weigh all of your options before diving in.

DO consider conservative colors and styles. Neutral hues and patterns will blend better with furniture options. This means you can change furniture out and still keep the existing carpeting, which complements any new pieces. Also, if there's a chance you might sell your home in the near future, buyers tend to look for a neutral color scheme they can make their own.

DON'T skimp on padding to save a few dollars on the carpet installation. The carpeting needs a solid foundation to last and look its best.

Inadequate padding can lead to extra and noticeable wear and tear. Invest in a good foundation for the carpeting, like firm, dense padding in high-traffic areas.

DO become knowledgeable about different carpet styles, such as frieze, Berber, Saxony, textured, and more. This will help ensure you make the most educated decision.

DON'T purchase at the first store you visit. Shop around to investigate different pricing and specials. Also, consider the professionalism and expertise of the staff responsible for carpet installation. High-cost carpet may not look very good if it isn't installed correctly.

DO stain-protect rugs and carpeting, which can help repel stains that

would otherwise become permanent and can prolong the longevity of the flooring.

DON'T forget to vacuum carpets frequently to prevent ground-in dirt and debris.

DO pick textured carpets to conceal footprints and vacuum track marks.

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Roofing Materials Transform the Look and Functionality of a Home

Continued from Page 10

Wood shingles are sawn from logs and are thin, while shakes are thick, rough and formed by being split from logs.

• Clay or concrete tiles: These tiles add texture and elegance to a roof, says HGTV. Clay or concrete

tiles are very durable and quite heavy, so they must be installed by a professional. These tiles can make Mediterranean-, Spanish- or mission-style houses stand out even more. Their long-lasting nature can help offset the price tag.

• Metal: Metal roofs are usually made from fully recyclable steel,

aluminum or alloy, making them an eco-friendly choice. Metal roofs also reflect the sun's rays and can be an energy-efficient option in hot climates.

• Slate: One of the longest-lasting materials available in roofing products, slate is fireproof and comes in various natural colors and shapes.

Once installed, slate requires very little maintenance. However, slate can be cost-prohibitive because its delicacy and weight requires extra roofing support and professional installation.

Changing a roof means years of improved performance and an instant uplift to the look of a home.

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Evan M. Age 4



Justice Age 6



Abrieal B. Age 9



Avery G. Age 11

The Easter Bunny is proud to announce the winners of the Easter Colouring Contest!

Our contest was a huge success! There were so many great entries that it was difficult to choose the winners, but after careful deliberation, we made our decision.

Each winner received a gift bag.



MAY 3 AUCTION

FOR: ESTATE OF GARRY BRADE & OIL-BERTA CONSTRUCTION

Located: From Barrhead Ford - 2 mi S on Hwy 33 to "OIL BERTA CONSTRUCTION" Site. Enter Yard Site and Continue to Rear of Yard Site

Friday Evening, May 3rd at 5:00PM

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* Disassembled Hoover Pull Type Grader

GOOD RUNNING VEHICLES: * 2012 GMC Denali 2500 Crew Cab w (293 k km), 5th Wheel * 2007 NISSAN Titan Crew Cab (213 k km), 4x4 * 2001 CHEV 2500 w (306 k km), 4x4 * 1998 CHEV Suburban w (279 k km), 4x4

GRAVEL PIT SCALE: * WESTERN M2000 Scale w/ 70ft Long, 60260 KG Capacity, Printer, Digital Read, Located SW 32-61-5W5

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RCMP ARREST MALE FOR INDECENT ACT

Submitted by Stony Plain/
Spruce Grove/Enoch RCMP

Acheson, AB. — On April 2, 2019 at approximately 12:59 p.m. Stony Plain/Spruce Grove RCMP officers responded to a call reporting an indecent act. A vehicle was parked on the side of the road with the driver's side door open. A male was sitting in the driver's seat, fully exposed and was engaged in an indecent act.

Andrew Hawkins (36) from Redwater, Alta. was charged

with:

- Indecent act
- Possession of Methamphetamine

Andrew Hawkins was released from custody on a recognizance and will be appearing in Stony Plain Provincial Court on May 1, 2019.

RCMP are asking anyone who may have witnessed this incident, or has been a victim of such an act to please contact Stony Plain RCMP at 780-968-7267.

STOLEN TRUCK FOUND BURNT

Submitted by St Albert
RCMP

St. Albert RCMP are asking for witnesses or information about a truck that was found burning on Riel Drive shortly after 9:00 p.m. on Saturday, March

30, 2019. The dark blue 2018 Dodge Ram pickup truck is alleged to have been stolen from an address on Amherst Crescent in S. Albert earlier that evening and was found empty and burning in the industrial area.

ANOTHER RAINBOW SALE

RAINBOW AUCTIONS

ANNUAL SPRING CONSIGNMENT SALE:

Saturday, May 11, 2019 at 10:00AM

Directions: Rainbow's Stony Plain Consignment Centre | HWY 16A West RR 11. Stony Plain.

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PARLIAMENT UPDATE – WEEK OF APRIL 8, 2019

Submitted by Jim Eglinski, MP – Yellowhead

The following was debated in the House:

- C-82 -- Multilateral Instrument in Respect of Tax Conventions Act (Third Reading)
- C-88 -- An Act to amend the Mackenzie Valley Resource Management Act and the Canada Petroleum Resources Act and to make consequential amendments to other Acts (Second Reading and referred to the Standing Committee on Indigenous and Northern Affairs)
- C-93 — An Act to Provide No-cost, Expedited Record Suspensions for Simple Possession of Cannabis (Second Reading)
- C-97 – Budget Implementation Act, 2019, No. 1 (Second Reading - amendment)
- C-278 – Foreign Lobbyist Transparency Act (Second Reading)
- C-415 – Expungement of Certain Cannabis-related Convictions Act (Second Reading)
- C-417 -- An Act to amend the Criminal Code (disclosure of information by jurors) (Third Reading)
- C-419 – Credit Card Fairness Act (Second Reading)
- C-439 – National Freshwater Strategy Act (First Reading)
- C-440 – Copyright Act (First Reading)
- C-441 – Commissioner for Young Persons in Canada Act (First Reading)
- C-442 – Federal-Provincial Fiscal Agreements Act (First Reading)
- S-214 -- An Act to amend the Food and Drugs Act (cruelty-free cosmetics) (First Reading)
- S-215 – An Act to amend the Criminal Code (sentencing for violent offences against Aboriginal women) (Second Reading)
- S-248 -- National Physicians' Day (Second Reading)

On Monday and Wednesday, at the Standing Committee on Public Safety and National Security (SECU), we continued to hear from witnesses on Cybersecurity in the Financial Sector as a National Economic Security Issue.

Also, on Wednesday, I presented a petition requesting that the third day in May of each year be designated as Vyshyvanka Day throughout Canada.

On Friday, I flew back to the

riding to attend the Parkland County Community League Volunteer Appreciation Night and Saturday night, I will be in Warburg for their Volunteer Appreciation Banquet.

You can read comments and questions from Debates on the House Publications page at www.ourcommons.ca/en

This week, I attended 16 meetings, two events and did one taping.

I will be in Ukraine from April 18 to 22nd as part of the observer mission for the second-round presidential election.

As the House will be in recess for the next two weeks, my next report for the weeks of April 15 and 22nd on riding events/meetings, will be on April 26th.

I want to take this opportunity to wish everyone a 'Happy Easter'.



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PARLIAMENT UPDATE – WEEK OF APRIL 1, 2019

Submitted by Jim Eglinski, MP – Yellowhead

The following was debated in the House:

- C-278— Foreign Lobbyist Transparency Act ((Second Reading)
- C-420 – An Act to amend the Canada Labour Code, the Official Languages Act and the Canada Business Corporations Act (Second Reading)

- C-438 – An Act to Enact the Canadian Environmental Bill of Rights and to Make Related Amendments to Other Acts (First Reading)
- Ways & Means Motion #27 – Budgetary Policy
- Motion 207 – Dutch Heritage Day
- S-238 – Ban on Shark Fin Importation and Exportation Act (Second Reading)
- S-1003 – The United

Church of Canada Act (Passed)

- Conservative Opposition Motion – Vice-Admiral Mark Norman

Starting Monday to end of day on Thursday, Conservative Finance Shadow Minister Pierre Poilievre began a marathon speech in the House of Commons to demand the Liberals agree to re-open the Justice Committee's investigation into Justin Trudeau's SNC-Lavalin cover-up.

Also, on Monday, in the Standing Committee on Public Safety and National Security (SECU), continued to hear from wit-

nesses on Cybersecurity in the Financial Sector as a National Economic Security Issue.

On Tuesday, I returned to Ottawa from Ukraine where I was part of an observer mission for the presidential election. The experience reminded how fortunate we are in Canada in being able to vote freely without fear of retaliation. In Lviv, where I was stationed as an observer, I found it to be very organized and at the end of the 12-hour voting period, no problems arose.

You can read comments and questions from Debates on the House Publications page at www.ourcommons.ca/en

This week, I attended three meetings, two events.

On Friday, I will be staying in Ottawa to catch up on correspondence and phone calls as I prepare for next week as Parliament continues.

Look for my next update for the week of April 8th on the happenings of Parliament.



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SUDOKU OF THE WEEK


Fun By The Numbers

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ANSWER:

1	5	6	3	2	9	7	8	4
4	7	9	8	1	6	2	5	3
2	3	8	5	4	7	1	9	6
7	8	2	4	9	3	5	6	1
9	6	3	7	5	1	4	2	8
5	1	4	6	8	2	3	7	9
8	2	1	9	3	5	6	4	7
3	4	7	2	6	8	9	1	5
6	9	5	1	7	4	8	3	2

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



				2	9	7		
4		9		1		2		3
2	3	8		4				6
7		2		9	3			1
9			7		1			
	1	4		8	2		7	
8		1		3		6		7
	4			6		9	1	
	9							2

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Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Centennial Hall, 780-721-2690

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/

Classrooms, 967-1015

Onoway Legion, 967-4980

Park Court Community Hall, 727-4476

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Rich Valley Community Hall, 967-5710 or 967-3696

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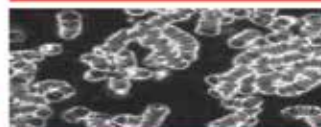
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\$254,900.00 - Estate Sale. (980 sq. ft.) 1141-11 Street, West Cove, AB. 2 bedroom, 1 bathroom, kitchen with skylight, living room, dining room, comes with 6 appliances, hardwood throughout - except bath, utility and furnace room, double garage, water well and 1500 gallon holding tank. To view call Don at 780-892-3364 (4) 09-04

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Therapeutic Uses For Pure Hemp CBD

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KEY BENEFITS

PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.

PROMOTES HEALTH: Helps to promote relaxation and overall health.

WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

Anti-Aging Uses For Pure Hemp CBD

Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.



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If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

APR 22 - SANGUDO HORTICULTURAL CLUB PRESENTS Growing Roses by Maggie Easton of the Edmonton Horticultural Society. 7pm at the Sangudo Golden Age Club, Public welcome. \$5 drop in fee.

APR 27 - ANNUAL STRAWBERRY TEA, 9:30am - 2:30pm at Peace Evangelical Lutheran Church. Fresh Strawberry Shortcake with coffee or tea for \$4.00. Selection of tempting homemade baking, plants for your yard and some beautiful pictures for sale.

APR 30 - BARRHEAD HISTORICAL SOCIETY'S ANNUAL GENERAL MEETING, 7:00 p.m. at the Centennial Museum. New members welcome!

FARMERS MARKETS

SPRUCE GROVE: at the Elevator, Sat 9:30-1:30pm, tables (780)240-5821

STONY PLAIN: Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.

WESTLOCK: 11:30pm, Bargain Shop Mall, Dave 780-954-2437

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERRILL BINGO: Tuesdays at Cherrill Community Association. Doors @ 6:30pm, Games @ 7:30pm.

CHERRILL LEGION: First Sunday of Month. Doors Open 12:00PM

MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30PM, bingo 7:30PM

RICH VALLEY COMMUNITY HALL BINGO: 7:30PM. Loonie Pots. Next bingos March 6 & 20, April 3 & 17.

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

MEAT DRAWS

ALBERTA BEACH MUSEUM: Every Sat 4PM, Alberta Beach Hotel

ALBERTA BEACH: Lac Ste Anne Community Choir & Onaway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.

BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50.

DARWELL: by Alberta Beach & District Lions Club, 4:00PM bi-weekly, Darwell Lounge & Restaurant

ONAWAY ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361

STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw & 50/50.

WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ALBERTA BEACH & DISTRICT: Coordinator - Diane 780.924.2348

DARWELL & AREA: Coordinators - Tracey: 780.915.2621 or Edie: 780.892.2457

ONAWAY: LSAC Div 1 & 2, East of Hwy 43, Hazel Bourke: 780.967.2338 or bnbourke@icloud.com

WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

SANGUDO: Sangudo Community Hall, 1st Sat of month 7PM. 785-4105 or 305-5088. *October - May.

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051

*September - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-7920.

THE ABBOTSFIELD VARIETY MUSIC JAM:

at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

TOPS (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633, 967-5009.

EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

SANGUDO: Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

STONY PLAIN: Thurs evening, Stony Plain United Church, Susan (780) 968-0869

SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

YOUR COMMUNITY

ONAWAY ROYAL CANADIAN LEGION: Open Tuesdays 7:00PM to 10:00PM for "Games" (pool, shuffleboard, darts, cards, etc.). Fridays 3:00 PM- 10:00PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation, 1-866-649-1594 or www.drugrehabresource.net.

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600.

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onaway. Open Fri & Sat, 10AM-4PM.

VOLUNTEER TUTOR ADULT LITERACY PROGRAM: Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca

WATER SAMPLE DROP OFF: Tues Onaway Aspen Health Services. Drop off 1:00-2:30PM.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone Welcome.

BADMINTON: Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library. www.mayerthorpepubliclibrary.ab.ca (780)786-2404.

"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agriplex from 10:00-11:00AM starting May. Funded Lac Ste Anne FCSS.

ONAWAY GOLDEN CLUB: Cards Tuesdays, 1PM, 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.

ONAWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

MAY 4 - SANGUDO COMMUNITY HALL JAMBOREE starts at 7:00 pm. \$12/person (Entertainers free). Late lunch will be served. Everyone welcome. Info call 785-4105 or 305-5088

MAY 11 - COMMUNITY GARAGE SALE 10am-3pm at Sangudo Community Hall. \$10/Tables, call/text Donna @ 1-780-204-1652, Sandra @ 1-780-909-4666, or Bonnie @ 780-785-4105.

MAY 12 - SOMETHING'S OLD, SOMETHING'S NEW COMMUNITY SALE, 10am-4pm at Rich Valley Community Hall. Library Books, "Toonie" Breakfast 9-10:30am. Concession 12-1:30pm. \$10/Table. Info, call 780-967-5710.

JUN 8 - ONOWAY QUILT GROUP'S QUILT SHOW in the Onaway Community Hall. Joan Grierson 780.967.4485

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July, August

RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

SANGUDO ART GROUP: Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

1ST ONAWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

2716 ROYAL CANADIAN ARMY CADET CORP, 6:30-9:00PM at Mayerthorpe Legion. Contact Captain Barr 780-910-3741.

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onaway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+. Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

AA - SANGUDO GOLDEN CLUB, Tues 8PM call 786-4402/785-9214/785-3599

AL-ANON - ONAWAY: Meetings are suspended for January thru April inclusively. **AL-ANON** Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

ALBERTA 55 PLUS: Villeneuve Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00PM, Alberta Beach Agriplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agriplex.

ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

BARRHEAD & AREA CANCER SUPPORT GROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church.

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7PM at the Legion Hall.

CHERRILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERRILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month, Cherrill Seniors Hall. Call Rosamy 780-785-2625

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agriplex. Info call 780-962-4879 or 780-999-7622. *Sept-June.

Citizens Helping In Life's Defence (C.H.I.L.D.) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8:00PM, 1st Monday, Darwell **DDRA MEETING**, 7:00PM, 2nd Mon, Darwell Centennial Hall 721-2690. *except Jul/Aug/Dec

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30PM, Onaway Heritage Centre. Info Laura 780-967-1004.

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onaway Museum (780) 967-0443

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY ASSOC., every 4th Mon, 5PM in Hospital Basement Education Room.

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *Sept-June

NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011

ONAWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:00PM, Onaway Legion

ONAWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7PM, Onaway Museum. 967-5263 or 967-2452.

ONAWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629.

ONAWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7PM. *Sept-June

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agriplex on the 2nd Wed of the month. 7:00PM.

RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcen, (780)778-1180.

SANGUDO PAINTING GROUP: Every Wed, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

WEIGHT WATCHERS Alberta Beach Agriplex - Mondays, weigh in 6:30PM. Meeting at 7PM.

WESTLOCK & AREA CANCER SUPPORT GROUP: 3rd Wed. 6:30-8:00PM at Westlock Library.

Church Directory

Rich Valley Community Church Sunday School 10:00 a.m. Worship Service 11:00 a.m.	Catholic Parish of Lac Ste. Anne Sunday 10:00 a.m.		Mayerthorpe Baptist Church Worship Service Sunday 10:30 a.m. Children's Church 10:30 a.m. 4606-54 St. Mayerthorpe (780) 786-2677	Alberta Beach Alliance Church Sunday Worship Service & Kid's Church 11:00 a.m. Sunday School 10:00 a.m. (780) 924-3282	St. John's Anglican Church Onoway Sunday Service 10:00 a.m. Everyone Welcome
St. John's Lutheran Church Alberta Beach Sunday Service 11:00 a.m. Sunday School	Zion United Church Sunday Service 10:00 a.m. Sunday School <i>Serving Alberta Beach, Wabamun, Darnell & Lake Isle, Onoway & Area</i> (780) 924-3351	Sangudo United Church Worship Service 3rd Sunday 11:00 a.m. 4907-50 Ave. Sangudo, AB	St. Mary's Anglican Church Service Holy Communion 2nd Sunday each month 11:00 a.m. at Sangudo United Church Reverend Barry Rose Officiating	Cherhill Community Church Sunday School 10:00 a.m. - 11:00 a.m. Worship Service Sunday 11:00 a.m.	St. Michael Lutheran Church Sunday Services 1st & 3rd Sunday at 2:00 p.m. Pastor Rick Chappell (780) 674-2618 Mystery Lake
Trinity Lutheran Church (LC-C) <i>The Church of the Lutheran Hour - Rockyfort Bridge</i> Pastor Dan Hansard Church (780) 778-2035 Sunday Worship 9:00 a.m. Senior's Service & Cottage Bible Study - Phone for locations	Mayerthorpe Pentecostal Assembly P.A.O.C. Rev. Arnold Lothoiz Sunday 10:30 a.m. Morning Service Tuesday 7:30 p.m. Ministry Training (780) 786-2141	Infuzed Ministries Worship Service Sunday 3:30 p.m. in Alexia Community Hall Pastor Daniel Jackson (780) 719-0240	Onoway Baptist Church Sunday Service 10:30 a.m. Pastor Greg Garbutt (780) 967-2266	Roman Catholic Church St. Agnes' Parish, Mayerthorpe Sunday 9:00 a.m. St. Elizabeth Parish, Evansburg Saturday 7:00 p.m. (780) 786-2032	Calahoo Alliance Church Family Worship Service Sunday 10:00 a.m. For Info Call Jerry (780) 974-7734

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