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April 16, 2019

EVANSBURG FARMERS' MARKET STARTS MAY 4, 2019

Submitted by Jeanette Jones | Tipple Park Museum

Spring has sprung and so has our annual Farmers' Market. It's going to be a good year, full of sunshine and homemade treats. Once again Evansburg Farmers' Market is going to be held

at Tipple Park Museum every

Saturday from 10-2pm starting May 4, 2019. We have returning vendors, along with new ones.

Continued on Page 3

2019 CALL FOR NOMINATIONS FOR CANADA'S VOLUNTEER AWARDS IS NOW OPEN Submitted by Jim Eglins- Parliament for Yellowhead, is announced that the 2019 Call

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of opment Canada on April 8, 2019,

pleased to inform residents that Employment and Social Development Canada on April 8, 2019 announced that the 2019 Call for Nominations is now open from April 8th to June 21, 2019. Continued on Page 2

PH. 780-963-8134 OR 780-963-7749

HIT AND RUN SUSPECTS

Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

On Apr. 6, 2019 at sometime between 11:50 a.m. and 12:05 p.m. a silver 4 door vehicle attended the 7-Eleven Gas Bar on Aspenglen Drive. Prior to leaving the parking lot, the vehicle drove directly into a fence. The driver did not report the damages.

RCMP members are seeking the assistance of the public to identify the driver and the passenger of the vehicle.

Continued on Page 2



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Page 2 Community Voice 2019 Call for Nominations for Canada's Volunteer Awards is Now Open

Continued from Page 1

Nominees can be individuals or groups, businesses, social enterprises or non-profit organizations and must meet specific eligibility criteria. Political and public advocacy work is not eligible.

This year, 21 awards will be presented during an award ceremony in April 2020. Recipients



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will also have a chance to give back; regional award recipients are eligible to identify a not-forprofit organization to receive a \$5,000 grant, and the national award recipient is eligible to identify a not-for-profit organization to receive a \$10,000 grant.

Nominations are being accepted in the following categories:

• one national award – Thérèse Casgrain Lifelong Achievement Award for individuals who have volunteered for at least 20 years; • five regional awards - Emerging Leader for young volunteers

between the ages of 18 and 30; • five regional awards - Community Leader for individuals or groups of volunteers;

• five regional awards - Business Leader to recognize businesses that demonstrate social responsibility in their practices, including promoting and facilitating volunteerism locally, regionally and nationally, as well as for-profit and not-for-profit social enterprises dedicated to creating social, cultural or environmental benefits for their communities; and

• five regional awards - So-

cial Innovator to recognize the contributions of not-for-profit organizations, including not-forprofit social enterprises that find and use innovative approaches that address social challenges in their communities.

"All volunteers in the Yellowhead riding do a great job for all of us. It is now our turn to show them how much we appreciate them," concluded MP Eglinski.

The nomination application form can be found at: https:// catalogue.servicecanada.gc.ca/ content/EForms/en/Detail.htm-1?Form=hrb5040

Hit And Run Suspects

If you witnessed this incident, or can identify the driver and/or passenger involved in this collision please contact Stony Plain RCMP at 780-968-7267 or your local police detachment.



Continued from Page 1

April 16, 2019 **Community Voice Page 3 REGULAR BOARD MEETING HIGHLIGH**

Submitted by Parkland School Division

April 2, 2019 - The Board of Trustees is pleased to share with all education stakeholders the highlights of our recent Board meeting held on Tuesday, April 2, 2019. The adopted minutes will be available on our website following the next Regular Board meeting.

Update:

• The Board approved the monthly financial report for the period ending February 28, 2019. As of February 28th, 67.7% of revenues have been collected for the year compared to 67.97% of expenses paid out to date resulting in total year-todate deficit of \$200,000.

· The Board received as information the School Facility Utilization Review with proposed recommendation as prepared by commissioned consultants from Edmonton Public Schools Infrastructure Planning.

· The Board approved the Three Year Capital Plan 2020 -2023 with the following priorities:

- 2020-2021 - Year One

Priority One: Modernization of Spruce Grove Composite High School at a cost of \$20-25 million dollars

- 2021-2022 - Year Two Priority One: Modernization

and preservation of Brookwood

School at a cost of \$12-14 million dollars.

Priority Two: Modernization and preservation of Forest Green School at a cost of \$12-16 million dollars.

- 2022-2023 - Year Three

Priority One: Replacement of Parkland Village School at a cost of \$14-18 million dollars.

Priority Two: Modernization and preservation of Tomahawk School at a cost of \$14-16 million dollars.

· The Board approved Board Policy 2 - Role of the Board.

• The Board approved Board Policy 7 - Board Operations.

• The Board approved Board Policy 8 - Board Committees.

• The Board approved Board

Policy 13 - Appeals and Hearings Regarding Student Matters. • The Board approved Board

Policy 17 - Student Transportation.

· The Board received as information the Transportation Services Department Report for 2018-2019 as presented by Director, Transportation Services Dennis Simcoe.

• The Board received as information the Human Resources 2018-2019 Department Report, as presented by Human Resources Director Shae Abba.

Next Regular Board meeting will be held on Tuesday, May 7, 2018 at 9:30 a.m., Centre for Education

Evansburg Farmers' Market Starts May 4, 2019

Continued from Page 1

This year we have new vendors bringing a variety of new products. Along with our new vendors we will have many familiar faces including Brenda Maddock who sells delicious fresh farm eggs, Jeanette Jones from Hello Soaps, Hannelore will be there with her delicious baking, Al Hanson who designs amazing wood working pieces and Doreen Quist the talented knitter. I have only listed a few.

The list could go on forever! It's always rewarding and eco-

nomically smart to shop local. Not only are you benefiting the Vendors but you're also promoting the community you live in. I encourage all of you to come check out our Market May 4

from 10-2, shop local and have a natural, amazing experience.

For information on becoming a vendor at our market contact Jeanette Jones 780-777-9586 Happy Spring



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KEY MESSAGES FROM GYPSD'S PUBLIC BOARD MEETING

Submitted by Nikki Gilks, Manager, Communications Services | Grande Yellowhead Public School Division

April 3, 2019

· Trustees approved the transfer of the junior high program (Grades 7-9) at Wildwood School to Grand Trunk High School in Evansburg, effective the 2019/2020 school year.

• The bi-annual Council of School Councils' meeting will be held on May 23, 2019, at Parkland Composite High School in Edson. The board hosts this meeting with representatives from each school council, the board of trustees, school administrators, and members from central office administration, to provide an opportunity for stakeholders to learn more about the division's operations and contribute to long term planning.

for a student memorial plaque from a local Edson family at École Westhaven School.

• A new joint public/school library agreement for Grande Cache between the board and the Municipal District of Greenview was approved.

• Trustees were pleased to learn that the Division is on track to achieve its financial target that was set out in the 2018/19 budget.

• A report on the MHCB (Mental Health Capacity Building In Schools Initiative) and B.E.S.T (Bringing Empowered Students Together) were presented. The B.E.S.T project promotes positive mental health initiatives in schools and community based on identified needs.

• Superintendent Carolyn Lewis shared highlights from the Superintendent's Youth Council's activities and leadership initiatives. Engagement in educational issues and working collaboratively with each other allow students to serve as leaders in their schools, engage their peers in conversations, and lead change through action projects. Students from all five high schools and from the Learning Connection serve on the current council.

· Trustees provided individual reports on their attendance throughout the region at various stakeholder meetings and school events.

• Hinton Trustees Ellen Aust and Shirley Caputo attended Hinton school council meetings which included topics on school breakfast programs, recruitment of host families for international students in local high schools, and GYPSD's new junior kindergarten and playschool programs. They also joined local Chamber members for a presentation from Big Horn Mining.

· Trustee Caputo also encouraged local Interagency representatives to share information about the division's pilot calendar survey, and community engagement sessions on the Three-Year Education Plan.

• Jasper Trustee Dale Karpluk shared information from the last ASBA Zone 2/3 meeting which included highlights from a presentation on the new concept-based curriculum from Alberta Education. · Edson Trustees Fiona Fowler and Joan Zaporosky enjoyed student drama presentations at both Fulham School and Mary Bergeron Elementary (MBE). They were also present when MBE choir students sang to local seniors after presenting them with a fundraising cheque of over \$1,300 towards new furniture from the school's recent bake sales.

· Grande Cache Trustee Ken Fate shared that the MD of Greenview has been actively assisting the Grande Cache Chamber of Commerce to recruit new members.

· Board Chair, Brenda Rosadiuk, met with local community members in her ward to discuss the transition of Wildwood Junior High students to Grand Trunk Jr./Sr. High School. She also spoke to the upcoming election and commended ASBA for their recent release of election resources for school boards.

· Superintendent Lewis provided an update on her current work, and how it aligns with the Superintendent Leadership Ouality Standard and Board Policy 12 - Role of the Superintendent. She spoke to the many initiatives focused on student learning and building teacher and leader capacity. She also welcomed John Beaton, as the division's acting Assistant Superintendent of Human Resources, and recognized K. Shipka, as acting Deputy Superintendent.

• The board affirmed a request



JOIKE OF THE WEEK A short skinny guy is drinking beer and All of a sudden another man punches him and says "Karate chop from Japan." The short skinny guy gets up and moves away. The same man comes again and throws him. He then says "Judo throw from China". The short skinny guy goes out and is gone for an hour. He comes back knocks the guy out, and tells the bartender "When he comes to, tell him a crowbar from Home Depot."

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All proceeds support the Palliative Care Renovation Campaign

GYPSD APRIL SCHOOL NEWS

Submitted by Nikki Gilks, Manager, Communications Services | Grande Yellowhead Public School Division

EVANSVIEW SCHOOL

March was a productive month for Evansview School. First, we revamped the 'Evansview Goes RED' reading program. Students are now expected to record the number of pages they read, instead of the colour and we have added some goalpost prizes! When a class gets to a certain number of pages read, they will receive the following prizes: stickers, bookmarks, doughnuts, pizza lunch and finally a \$10 book voucher for Scholastic.

We also had a chance to celebrate students who had pledged to stop bullying on Pink Shirt Day. We



held an assembly where students' names were read out along with their pledge. These students were then awarded a \$10 book voucher for Scholastic. We are very proud of the students of Evansview School and their commitment to the prevention of bullying behaviours.

The Grade 5's and 6's have been working very hard in music class. Both classes began a ukulele program and are making excellent progress! So far students have been learning how to strum individual notes. They have learned C, D, and E, and are beginning to play these notes in songs. The students are applying their rhythm knowledge to ensure they are playing the right beats and tempo.

The Grade 3's and 4's have just finished up their 'Simple Machines and Building Vehicles That Move' units in science. They have been doing a lot of project work such as building carnival rides by incorporating many simple machines. Students had the opportunity to build two rollercoasters, as well as design a thrill ride of their own choosing. They also had a visit from a leprechaun in March. They used their knowledge of simple machines to build traps to try to catch him, but unfortunately he escaped.

On March 22nd, our Grade 5 and 6 students made their way over to Grand Trunk High School for their 'Taste of GT' event. All of the students came back with smiles on their faces and paper bags full of deep fried Oreos and doughnuts. They look forward to participating in future events.

Mini-basketball is now in full swing, and students are enjoying practices and games. We are proud to see the level of sportsmanship and commitment the students are showing. A big thank you to Mrs. Morrison for all her work in getting mini-basketball organized, as well as all the volunteer coaches. Keep playing hard everyone!

EVW EVENTS FOR APRIL

• April 19 STAT: Good Friday – No School

• April 22 PD Day – No School for Students

• April 27 Mini-B'ball Tournament in Edson/Grouch's Ball

GRAND TRUNK HIGH

ney SCHOOL

Grand Trunk staff and students had a very busy March. We met with parents to promote their child's education, took part in professional learning for staff, participated in basketball at the zone and provincial levels, and held our annual 'Taste of GT' event.

On March 7th we held parent-teacher interviews and a good percentage of our parents came out to meet with teachers about their children's progress. Most of our staff joined other high schools in the school division on March 8th for a professional development day. In the morning, staff worked with Irene Heffel on building literacy strategies for schools. Staff then collaborated on common subject specific strategies. This was a very effective professional learning day for our staff, and we look forward to future ones.

Our senior high basketball teams took part in zones in Slave Lake on the 8th and 9th. Both our boys' and girls' teams played very well! Our boys placed fourth and our girls placed first in zones. With our girls' placement, they carried



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April 16, 2019 GYPSD April School News

onto provincials in Paradise Valley during March 13-16. After a few nail-biting games, our girls finished in fourth overall. The staff at Grand Trunk are very proud of our basketball players, and would like to thank the coaches and volunteers who put in many hours to support our students in their athletic endeavors. On March 22nd, the last day before spring break, our students and staff hosted our annual 'Taste of GT'.

Each team of students worked with a staff member to plan, prepare, and sell various food items. Booths were placed around our Theatre Hall with food venues. Our community was out in full force to support our students. Thank you to everyone who came out to make the 2019 Taste of GT a huge success.

WILDWOOD SCHOOL

Spring break is over and we are into the final few months of the 2018/2019 school year. Our 'Bus to Ski' program wrapped up with a one day ski trip for interested students in Grades 4 to 9. The students had a wonderful time on the hill, and came back with some interesting suntans on their faces because of helmets and goggles that were worn throughout the day.

April is the beginning of our 'Bus to Swim' program. This program includes swimming lessons to students in Grades 2 to 9 at the Drayton Valley Pool. The program runs for five Thursday's with the bus leaving at 1 p.m., and returning to the school at approximately 5 p.m. We would like to thank our parent council and the many volunteers who are providing a pancake breakfast to our students once a month. The next one is on Friday, April 12th. The PAC pancake breakfast is in addition to the regular breakfast program that runs every day of the week. Students are always excited to have the parents in the building. It is a delight to see the students' faces as they enter the building and smell pancakes cooking first thing and realize it's a 'pancake morning'.

Our final student-led conferences for the year were moved to Wednesday, April 17th and Thursday, April 18th because of the provincial election taking place on the 16th. Please watch for more information as the days gets closer. We wanted to ensure everyone had the opportunity to vote and demonstrate to their students the importance of taking part in the democratic process we teach about in school, and remember every year on Remembrance Day.

Wednesday, April 24th, is Administrative Professional Day and we would like to take this opportunity to thank Mrs. Vankosky for all she does EVERY day of the year to help everyone at Wildwood School. If you have a question, ask Mrs. Vankosky; if you are sick, go see Mrs. Vankosky; you need a pencil, go see Mrs. Vankosky. She always has a smile for you

> THANK YOU!

and she almost always has a little Thanks I bit of chocolate that she will share. ERYTHI

Thanks Mrs. Vankosky for EV-ERYTHING!



TOMAHAWK

We appreciate the commitment

volunteers make to our students

and our school.

Special thanks to those who

participate in school council

meetings and our fundraising

group, Friends of Tomahawk.

Tomahawk School tomahawk.ped70.ab.ca

PARLIAMENT UPDATE

Submitted by Jim Eglinski, MP – Yellowhead

Week of April 1, 2019

The following was debated in the House:

• C-278— Foreign Lobbyist Transparency Act ((Second Reading)

• C-420 – An Act to amend the Canada Labour Code, the Official Languages Act and the Canada Business Corporations Act (Second Reading)

• C-438 – An Act to Enact the Canadian Environmental Bill of Rights and to Make Related Amendments to Other Acts (First Reading)

• Ways & Means Motion #27 – Budgetary Policy

• Motion 207 – Dutch Heritage Day

• S-238 – Ban on Shark Fin Importation and Exportation Act (Second Reading)

• S-1003 – The United Church of Canada Act (Passed)

Conservative Opposition Motion

- Vice-Admiral Mark Norman Starting Monday to end of day on Thursday, Conservative Finance Shadow Minister Pierre Poilievre began a marathon speech in the House of Commons to demand the Liberals agree to re-open the Justice Committee's investigation into Justin Trudeau's SNC-Lavalin cover-up.

Also, on Monday, in the Standing Committee on Public Safety and National Security (SECU), continued to hear from witnesses on Cybersecurity in the Financial Sector as a National Economic Security Issue.

On Tuesday, I returned to Ottawa from Ukraine where I was part of an observer mission for the presidential election. The experience reminded how fortunate we are in Canada in being able to vote freely without fear of retaliation. In Lviv, where I was stationed as an observer, I found it to be very organized and at the end of the 12-hour voting period, no problems arose.

This week, I attended three meetings, two events.

Week of April 8, 2019

The following was debated in the House:

• C-82 -- Multilateral Instrument in Respect of Tax Conventions Act (Third Reading)

• C-88 -- An Act to amend the Mackenzie Valley Resource Management Act and the Canada Petroleum Resources Act and to make consequential amendments to other Acts (Second Reading and referred to the Standing Committee on Indigenous and Northern Affairs) • C-93 — An Act to Provide Nocost, Expedited Record Suspensions for Simple Possession of Cannabis (Second Reading)

• C-97 – Budget Implementation Act, 2019, No. 1 (Second Reading amendment)

• C-278 – Foreign Lobbyist Transparency Act (Second Reading)

• C-415 – Expungement of Certain Cannabis-related Convictions Act (Second Reading)

• C-417 -- An Act to amend the Criminal Code (disclosure of information by jurors) (Third Reading)

• C-419 – Credit Card Fairness Act (Second Reading)

• C-439 – National Freshwater Strategy Act (First Reading)

• C-440 – Copyright Act (First Reading)

• C-441 – Commissioner for Young Persons In Canada Act (First Reading)

 C-442 – Federal-Provincial Fiscal Agreements Act (First Reading)
 S-214 -- An Act to amend the Food and Drugs Act (cruelty-free

cosmetics) (First Reading) • S-215 – An Act to amend the Criminal Code (sentencing for violent offences against Aboriginal women) (Second Reading)

• S-248 -- National Physicians Day (Second Reading) On Monday and Wednesday, at the Standing Committee on Public Safety and National Security (SECU), we continued to hear from witnesses on Cybersecurity in the Financial Sector as a National Economic Security Issue.

Also, on Wednesday, I presented a petition requesting that the third day in May of each year be designated as Vyshyvanka Day throughout Canada.

On Friday, I flew back to the riding to attend the Parkland County Community League Volunteer Appreciation Night and Saturday night, I will be in Warburg for their Volunteer Appreciation Banquet.

You can read comments and questions from Debates on the House Publications page at www.ourcommons.ca/en

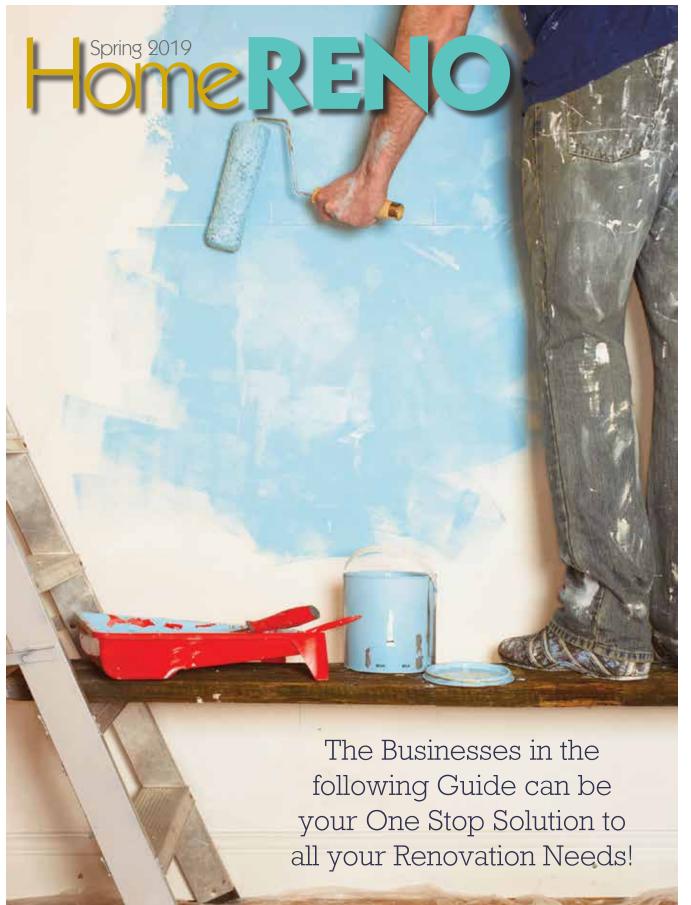
This week, I attended 16 meetings, two events and did one taping.

I will be in Ukraine from April 18 to 22nd as part of the observer mission for the second-round presidential election.

As the House will be in recess for the next two weeks, my next report for the weeks of April 15 and 22nd on riding events/meetings, will be on April 26th.

I want to take this opportunity to wish everyone a 'Happy Easter'.

<text><text><image>



April 16, 2019



NG PUT E CHOICE FOR STAY MOVING

Many home improvement television series showcase people deciding whether to improve upon their current homes to make them into the houses of their dreams or to put "for sale" signs in their lawns and move on to something new.

twis

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The question of whether to move or stay put depends on

various factors. Such factors may include emotional attachment to a home, the current economic climate and the cost of real estate. Current data points to a greater propensity for people SERVING ENTWISTLE AND AREA FOR OVER 30 YEARS

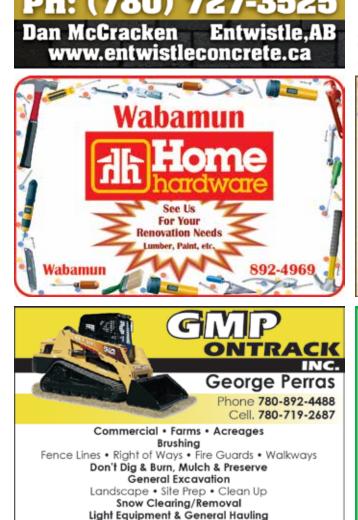
to invest and improve upon their current properties rather than trading up for something new.

According to information collected by John Burns Real Estate Consulting, the percentage of homeowners moving up to their next home is the lowest in 25 years. Many are opting to make starter homes permanent by expanding them and repairing homes for the long haul.

The National Association of Realtors said that, between 1987 and 2008, home buyers stayed in their homes an average of six years before selling. Since 2010, however, NAR says the average expected length of time people will stay in their homes before selling is now 15 years.

Part of what's fueling this permanency is that many home buyers were able to acquire rock-bottom mortgage interest rates shortly after the 2008 recession. As a result, they're not inclined to walk away from those rates, even if doing so means getting more house. Also, a low inventory of available houses has stymied repeat buying for many people.

Those factors and others have led many homeowners to invest in renovations instead. The experts at Bankrate say realistic budgeting and comparing renovation project costs against mortgages and interests rates can further help individuals decide whether to remain in their current homes or move out. Very often a smarter layout and more efficient floor plan can make meaningful differences in spaces. Renovations and redesigns can make sense and often are less expensive and disruptive than moving.





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BENEFITS OF FREESTANDING TUBS

Few home design elements provide the instant wow factor of freestanding tubs. Freestanding tubs have an air of luxury that can help current homeowners relax, and impress buyers when homes go on the market.

Freestanding tubs are typically made of cast iron or porcelain. The home improvement website HomeAdvisor notes that cast iron is durable and solid and retains heat well, which is great for those who want to spend more than a little time relaxing in a freestanding tub. However, because cast iron is so heavy, installing a cast iron tub may require structural reinforcement of the flooring, which will add to the overall cost of the project.

According to HomeAdvisor, the average cost to install a tub varies widely depending on the type of tub, the materials its made of and other factors, including plumbing and piping. For example, the cost to install a freestanding tub will rise considerably if new plumbing and piping are necessary.

Before purchasing a freestanding tub, homeowners should seek estimates regarding installation, making sure to get them in writing. Contractors will determine if structural reinforcement is necessary and include such costs in their estimates. In addition, make sure to ask contractors to investigate piping and plumbing so no surprises pop up after the tub has been purchased and work has begun.

If estimates from contractors aren't budget busting, homeowners can consider these benefits of freestanding tubs before making their final decisions.

• Cleaning: Because they're detached from other bathroom fixtures and not flush against the wall, freestanding tubs tend to be easier to clean than built-in bathtubs. Freestanding tubs are accessible from all sides, making it easy to reach all those nooks and crannies where grime can build up.

• Return on investment: In its 2018 "Cost vs. Value" report, Remodeling magazine noted that upscale bathroom remodels recouped 56.2 percent of their cost at resale. That was a better return on investment than an upscale kitchen remodel (53.5 percent) and an upscale master suite addition (48.3 percent). The thought of a sizable return on investment can make relaxing in a freestanding tub that much more enjoyable.

• Warmth: Even freestanding tubs made of materials other than cast iron offer great heat retention. Stone resin bathtubs, for example, provide excellent insulation on cold nights. That's ideal for people who want to unwind in the tub without having to exit early because the water has become cold.

Freestanding tubs can transform regular bathrooms into luxurious oases.



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April 16, 2019



12 WAYS TO MAXIMIZE VERTICAL SPACE

Who hasn't, at one point in their lives, lamented a lack of space and organization at home? A lifetime's worth of items have to be kept somewhere, and without the right organizational strategy, clutter can quickly take

The home improvement site Home Therapy says that, when square footage is limited, tapping vertical walls is the fastest way to maximize and multiply the space available. Hooks, rods,



over.

shelving, built-ins . the sky is the limit when it comes to finding additional storage and adding a bit of personality to tight quarters. Even homes that may have adequate space can benefit from vertical solutions.

Here are some ideas to put vertical and other less-utilized areas to work for you.

1. Hang wire or plastic file organizers on the inside of kitchen cabinets to easily store cookie sheets, trays and cutting boards.

2. Save on counter or cabinet space with hanging spice racks. These can be hung directly on walls or on the inside of cabinet doors.

3. Stack all the stuff you can, including washers and dryers, beds (with storage drawers underneath) and even stacking nesting tables.

4. Choose furniture that is tall rather than wide. This can mean swapping out a dresser in a bedroom for an armoire or vertical chest of drawers.

5. Canvas bags hung on a towel bar on a wall can keep dirty clothes wrangled until it's time to wash them. This also eliminates clothes hampers on the floor.

6. Add a second rod or shelving to the inside of closets to create more space for clothing and other items.

7. Take kitchen cabinets all the way to the ceiling. Store lesser used items on the uppermost shelves and the items you use each on the most accessible shelves.

8. Install a shelf over the en-







12 Ways To Maximize Vertical Space

tryway to a room to utilize this seldom-used space. Shelves also can be custom cut and placed in oddly shaped areas, such as in attic rooms under the eaves or on slanted walls.

9. Dowels or curtain rods and

some fabric can be used to fabricate slings to hold books or magazines.

10. Invest in some magnetic boards that can hold keys or notes by the front door or store knives on a kitchen wall. 11. Install two towel bars parallel to one another on the wall of a bathroom. These can hold extra toilet tissue or rolled hand towels.

12. Use rope plant hangers to store potatoes or onions near

prep areas. The same plant hangers can wrangle stuffed animals and small toys in kids' rooms.

Utilizing vertical areas in a home is a great way to increase storage capacity and keep rooms more organized.





ORGANIZE AND DECLUTTER ROOM-BY-ROOM

Clutter can be a major source of stress that affects how individuals feel about their spaces. Psychology Today indicates messy homes and work spaces can contribute to feelings of helplessness, anxiety and overwhelming stress. Clutter bombards the mind with excessive stimuli, makes it more difficult to relax and can constantly signal to the brain that work is never done.

Tackling messes no matter where they are lurking is not a one-time project. Much like losing weight and getting healthy, clearing a home of clutter requires dedication and lifestyle changes. With these organizational tips and tricks, anyone can work through their home roomby-room and conquer clutter. Find a place for everything

Clutter creeps up as people accumulate possessions over the years. Over time, failure to regularly go through belongings and thin the herd can lead to the accumulation of clutter. But clutter also can accumulate if people fail to find a place to put items. Racks for garages, organizational systems for closets and furniture with storage capacity, such as storage ottomans, are some storage solutions that can help people find a place for their possessions.

Utilize vertical space when possible

Getting items up and off the floor can maximize square footage in a home. Bookshelves, hanging wall shelves, hooks, cabinetry, built-ins, and other storage solutions that rely on walls and ceilings are simple and effective storage solutions. Unused space behind cabinet or closet doors are some additional places to store belongings. Hang razors or toothbrushes on medicine cabinet walls and curling irons and other hair tools on the interior of cabinet doors in bathrooms.

Create a coding system

Home offices can be some of the more disorganized rooms in a house simply due to the volume of electronics and paperwork within them. HGTV suggests using a color-coded system for important files to keep them organized. Label important items, whether they're paper or digital files, in accordance with your system.

Put it away

When you finish using an item, return it to its storage location. This eliminates piles of belongings strewn around the house - and hunting and pecking for missing things. If you can't put it away immediately, have a few baskets on hand labeled for the different rooms in the house. Pop the items in the requisite baskets and then routinely take each basket around the house to return the items.

Investing in custom cabinetry and organizational systems also can help people organize their belongings. Tackle rooms such as the garage, basements, bedroom closets, and pantries, or those areas that tend to accumulate clutter the fastest.





6 WAYS TO MAKE BATHROOMS A SAFER PLACE

Homes should be safe havens. But each year injuries in and around the home contribute to millions of medical visits and many fatalities each year.

Although anywhere in a home can be the scene of an accident, bathrooms tend to be the most dangerous room in the house. Slippery tile, the presence of water, stockpiled medications, and many sharp and hard edges in a small space pose several different hazards in the bathroom, particularly for young children and people age 65 and up. The Centers for Disease Control and Prevention says falls, which can result in serious injuries like hip fractures and head trauma, are the cause of 80 percent of all bathroom accidents.

Many bathroom accidents are preventable with some easy modifications.

1. Reduce slippery surfaces. Wet tile is a recipe for slick conditions. Bath rugs with rubber backing can provide traction in the bathroom, as can nonslip mats placed on the floor of the bathtub or shower enclosure. Water-resistant flooring made from recycled rubber is another option. It is softer, less slippery and more forgiving than traditional tile flooring.

2. Install lever-style fixtures. Round knobs in the bathroom can be difficult to grasp, especially for the elderly or those with arthritis. Lever-style fixtures are easier to maneuver and can help alleviate scalding from not being able to adequately adjust the water temperature.

3. Utilize transfer benches and shower seats. A transfer bench can help reduce injuries that occur when trying to climb over a tub wall. Benches are placed outside of the tub and a person sits and then swings his legs over the ledge. Transfer benches also can be used in conjunction with shower seats. This is a chair or bench that allows people to sit while they shower.

4. Discard old medications. Clean out the medicine cabinet of old or expired medications, including both prescription and over-the-counter drugs. This reduces the likelihood of medication confusion, and does not put potentially harmful pills and syrups into the hands of children.

5. Install grab bars. Properly installed grab bars around the shower and toilet area can provide leverage and stability. AARP says many injuries to seniors occur when they are attempting to sit or get up from the toilet. Grab bars or an elevated toilet seat can help.

6. Install motion-detecting lights. These lights turn on automatically upon detecting movement, making them beneficial for people who routinely visit the bathroom in the middle of the night. Adequate illumination also can help reduce fall risk.

Bathroom safety should be made a priority. Various modifications can make bathrooms safer for people of all ages.

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MAY 3 AUCTION FOR: ESTATE OF GARRY BRADE & OIL-BERTA CONSTRUCTION

Located: From Barrhead Ford - 2 mi S on Hwy 33 to "OIL BERTA CONSTRUCTION" Site. Enter Yard Site and Continue to Rear of Yard Site

Friday Evening, May 3rd at 5:00pm STARTING AT 5 PM GOOD QUALITY ITEMS:

* Miller Super S - 32P Mig Welder * Acetylene Unit * Welders Oven * Magnet Power Drill * Snap On Shop Light * Shop Lights, Eltc Cords, Clamps, Air Tank * Rolling Scaffold * Ridgid HD Mitre Saw * Power Tools * Air Tools * Wratchet Straps * PLUS MORE TOOLS, GARAGE ITEMS,

PIONEER SALVAGE EQ: * Caterpiller 30 * Disassembled Hoover Pull Type Grader

GOOD RUNNING VEHICLES: * 2012 GMC Denali 2500 Crew Cab w (293 k km), 5th Wheel * 2007 NISSAN Titan Crew Cab (213 k km), 4x4 * 2001 CHEV 2500 w (306 k km), 4x4 * 1998 CHEV Suburban w (279 k km), 4x4

GRAVEL PIT SCALE: * WESTERN M2000 Scale w/ 70ft Long, 60260 KG Capacity, Printer, Digital Read, Located SW 32-61-5W5

RECREATION and YARD EQ: * POLARIS 250 QUAD * EXTRA QUAD TIRES * 14 ft Thunder Craft F/G Boat w 70hp Johnson on Trailer * 2 Sets Water Skies * Honda 5000 SX Gen Set * Saddles * Horse Tack * Metal Guard Rail * 2500lb Winch * Electronic Game Call * Deep Freeze * Good Polaris RMK Custom Built Mountain Sled * Husq 353 Chainsaw * Craftsman 22" Push Trimmer * 2" Water Pump + Hose * Snow Fence * Many Used Culverts

GOOD RUNNING TRACTORS & ACCESSORIES: *

VERSATILE 875 4 WD Tractor w rebuilt engine, Tough Tractor for Rough Work * MF 1100 w cab, 3 pt, duals, FE Loader, bucket, grapple forks * Ford 8 N Tractor w 3 pt * 3 POINT (2 Btm Plow)(5 ft Maschio RotoTiller w new blades) * JD Trailing Grass Sweep * Hyd 8 " Post Drill * Asst Hard Cyl * Dozer Blade for 100 hp Tractor * Variety of Older Cult, Etc. *

FUEL STORAGE TANKS: * 6570 gal/ 24,335 L Tank w pump motor * 2780 gal/10,314 L Tank on skids * Jockey Skid Tanks * 3 of 500 Tanks

GRAVEL TRAILERS: * 2 of 1980 Arnes 28' Tandem axle End Dump * 2007 Midland 35' tri-axle End Dump (Roll over Damage), 11R22.5 Tires * Ready for Rough Farm Work

GOOD CAMP UNITS: * ATCO 10x40 5 Man Sleeper on Skids * NORTHERN 10x40 5 Man Sleeper on Skids * WELL SITE 10x28 Self Contained on Wheels

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Charles 674-7704 (780-674-3929) Jeff 305-4328 Pictures Availiable on: parsons-auctions.com

Classified Ads

Obituaries



A Celebration of Life - Allan Oral Carter 1942 - 2019. On April 11th 2019 at 76 yrs of age, Allan Carter passed away peacefully surrounded by family. He is survived by partner Dianne Rozak, sons Sheldon & Kevin (Rhonda). Grandchildren: Owen, Justin (krystal), Kari (Justin), Travis (Miranda), Brittany (Alan). Great Grandchildren: Mya, Brynley, Brandon, Deegan, Arrianna, Easton & Bella. Brothers: Lorne, Daryl (Gail), Roddy (Laurie), Kerry (Cathy), numerous nieces and nephews. Predeceased by loving wife Bev of 45 years. Parents Oral & Mary, Brother Stanley. Celebration to take place at Wabamun Jubilee Hall, Thursday April 18th at 1:00pm. In Lieu of flowers. donations can be made to the Cross cancer Institute. (1) 16-04

Garage Sales

Entwistle Senior Center GARAGE SALE, April 27. Tables \$10 each, ONLY 22 TABLES AVAILABLE. Call 780-982-0353 for more information. (4) 02-04



Saturday, May 11, 2019 at 10:00AM

Directions: Rainbow's Stony Plain Consignment Centre | HWY 16A West RR 11. Stony Plain.

CONSIGN NOW FOR PROPER ADVERTISING.

**Watch website daily for new additions to auction lists **
Terms and conditions: Cash, Visa, MasterCard, Debit, Interac. Nothing to be removed until paid for: Subject to additions and
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factor them into your bidding. Owner Rainbow Auctions & Liquidators or it's employees shall not be responsible for accidents.
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Classified Ads - Call 962-9228

Computers

FREE for ALL computer immediate check up, while you watch. Repairs NOT over \$50. Good refurbished computer for only \$100. See it working. Also, parts, screens, batteries, Save, Erase, Update, Recycle, Trade. Call for appointment 780-892-4993 (14) 12-03

Firewood

FIREWOOD FOR SALE - Birch, Tamarack & Spruce Pine mix. Poplar \$300/cord. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (1) 16-04 BW

Vehicles

2010 Silver Buick Lucerne CXL, fully loaded, excellent condition, new battery & windshield, tires like new, no rust, no dents. 146,000 kms -\$8500. Call 780-967-4448 (2) 16-04

Feed & Seed

Oats & Barley, Fusarium tested, 80% & 85% Germ. Can deliver, JamesBeniuk@gmail. com, Woodland Lumber, Evansburg. Call 780-621-2229 (4) 09-04 Red Clover Seed For Sale - 89% Germ. Call 780-727-4275 (3) 16-09

Miscellaneous

Spring Seacan Storage Container Sale: Get your shop, garage, basement back with safe and secure container storage. New 20' \$3800.00; New 20' HC \$4700.00 Used 20' \$3000.00; Used 40' HC \$3900.00: New 40' HC \$6800.00. Used 40' double door HC \$5900.00; 100% Guaranty. Delivery available. We also sell container doors with or without frames. Jason 780-604-2276 Robinson Premium Container Sales 4905-45 Ave, Entwistle, AB (12) 12-03 Z1-Z2-AW

Buy & Sell

I buy Guns/Gun Collections & WW2 Collectables. Please call Jay at 780-686-1350 (24) 19-03

Pasture For Rent



Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Horse Pasture for rent, all fenced and cattle water, \$15 per horse per month, call 780-218-2869. (2) 16-04

For Sale



\$254.900.00 - Estate Sale. (980 sq. ft.) 1141-11 Street, West Cove, AB. 2 bedroom, 1 kitchen bathroom, with skylight, living room, dining room. comes with 6 hardwood appliances. throughout - except bath, utility and furnace room, double garage, water well and 1500 gallon holding tank. To view call Don at 780-892-3364

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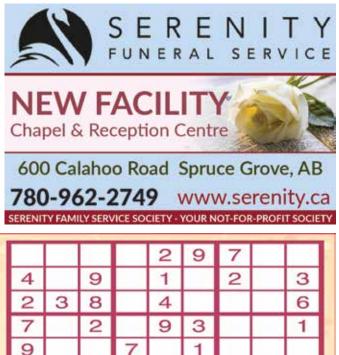
(4) 09-04

For Rent

Cabin for Rent - North of Evansburg on Hwy 22, (15 mins from Evansburg). \$1100/ month + DD All inclusive, Utilities & TV. Max. 2 people. 780-239-0553 (4) 02-04

Available Immediately, Large 2 Bedroom in 12 Unit Apartment Building in Entwistle. Includes Heat, Water & Parking. Rent \$785/ month + DD \$300. Please Call Ivka 780-807-1300 or email: jakovljevicivka@yahoo.ca (2) 09-04 OG

Cabin For Rent, Seba Beach. \$890 + DD + utilities, Max. 2 People, Pet Friendly. Call 780-920-2283 (4) 16-04



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COMMUNITY EVENTS 2019

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

APR 27 - COMMUNITY-WIDE GARAGE SALE + BBQ, 9am-2pm @ Lake Isle Hall (Hwy 633 & RR55). \$10/table (inside or outside) Contact: 780-892-0115

APR 27 - ANNUAL STRAWBERRY TEA, 9:30am - 2:30pm at Peace Evangelical Lutheran Church. Fresh Strawberry Shortcake with coffee or tea for \$4. Selection of homemade baking, plants for your yard & beautiful pictures for sale.

FARMERS MARKETS

DRAYTON VALLEY: Evergreen Farmers Market, Wednesdays at the Mackenzie Center of the Omniplex from 10:30AM-1:30PM. *Ends Dec. 19 EVANSBURC: Sat, 10AM-2PM, Tipple Park Museum. Call 727-2240 for tables.

SPRUCE GROVE: at the Elevator, Sat 9:30-

1:30PM, tables (780)240-5821 STONY PLAIN: Sat, 9ам-1PM, Downtown, Stony Plain. Phone Nancy 780-962-3993.

BINGO

ENTWISTLE COMM. LEAGUE BINGO: Every Wednesday, Doors Open 6PM. STONY PLAIN SENIOR'S

DROP-IN **CENTRE:** public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

TOMAHAWK: every Mon at Agra Centre, doors 6pm, Bingo 7:30pm. Info 339-2423 or 339-3747 WILDWOOD: Mon night. 6:30PM, bingo

starts 7:30рм, Early Birds & Lucky 7

MEAT DRAWS

Darwell: Put on by Alberta Beach & District Lions Club, 4:00PM, bi-weekly, Darwell Lounge & Restaurant

Evansburg: Evansburg Legion, Friday 8-10PM & Saturday 3-5PM Wildwood: Wildwood Legion, Saturday

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

2119 or 325-2391 DUFFIELD: 4th Sat, Duffield Community Hall. Supper 6PM. ***Sept - May.** DRAYTON VALLEY: Last Sunday of month. Upstairs @ the "55 Rec. Center" Doors at 12PM, Starts at 1PM. 780-542-3768

ENTWISTLE: at Entwistle Community Hall.

ENTWISTLE: at Entwistle Community Hall, 3rd Saturday, For more info call Diann at 780-514-0045. *Starting Oct - May. MACNOLIA: at Magnolia Hall. Every 2nd Saturday, Supper at 6PM, 727-2015 or www.magnoliacommunityclub.ca, Call to confirm. *October - May RAVINE COMMUNITY ASSOCIATION: 1st Sat of each month. Info 780-325-2391 *Sept - May.

Ma

SEBA BEACH: 2nd Friday 7PM, Seba Senior's Centre, Toni 797-4233 SPRUCE GROVE: at Sandhills Community

Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 ***Sept -**June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7рм, \$2. PH: 587-989-7214 or 963-7920

TOMAHAWK: Tomahawk Agriplex, 3rd Friday of month. 7PM. PH: 780-339-3755. *Starts Oct 21st.

WILDWOOD: Wildwood Community Hall, 3rd Wed Each Month, 7PM. 325-3749 ***Oct** -June

TOPS (Take Off Pounds Sensibly)

ENTWISTLE: Wed 5:15PM weigh-in, 5:30 6:30PM meeting, food bank building, South entrance. 780-932-2695.

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-0869 SPRUCE GROVE: Wed 8:45am at Anglican

Church, 131 Church Rd. Christiane 960-1109

WILDWOOD: Thurs at Wildwood School, 5рм. Connie (780) 325-2420 YOUR COMMUNITY

ALBERTA PARENTING FOR THE FUTURE ASSOC: Call 963-0549 or visit www.apfa to register. All programs are confidential &

FREE HOME MEAL DELIVERY PROGRAM, for Wabamun Seniors & Wabamun Lions Arrange for meal preparation through a local restaurant. Call Darlene, 892-2551.

PEMBINA SKATING CLUB (Evansburg Arena), offers Learn-to-Skate, CanSkate & STARSkate, All ages. Call Lisa 727-2729. *RUNS Sept-March

*RUNS Sept-March PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource for a free confidential consultation. 1-866-649-1594 or www. drugrehabresource.net.

LIBRARY EVENTS

AFTERNOON BOOK CLUB at Keephills Library. 2nd Tues of every month, 1:30– 3:00PM. Visit www.pclibraries.ca for info. **FAMILY GAMES NIGHT:** 3rd Wed of every

month, 6-8PM. Located at Entwistle Library, Duffield Library and Tomahawk Library. In partnership with Parkland School Division. Visit www.pclibraries.ca for more info.

HATCHET CITY READERS at Tomahawk Library. 3rd Tues of every month, 10-11AM. For what we're reading next, visit our website, www.pclibraries.ca

INVENTORS CLUB: 2nd Thurs of every month, 3:30–5:00PM at Entwistle Library. ^{4th} Thurs of every month, 3:30-5:00PM at Tomahawk Library. Ages 8-13. To register: Call the library at 780-339-3935.

SEBA BEACH PUBLIC LIBRARY BOOK CLUB - meets the 4th Tuesday of the month in the library at 10:30AM. For info call 780-797-3940 or E-mail us at sebabeachlibrary@ /rlahca

EVANSBURG PUBLIC LIBRARY BOOK CLUB: 4th Thurs, 7:00PM Grand Trunk High 727-2030.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12PM at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Month. Call Barb 780-952-0882

*Sept-June AEROBICS: Low impact, Mon/Wed,11AM-

12pm, Wildwood Senior's Centre,\$1/session. BREAKFAST SOCIAL: 9:30AM-Noon, Parkland Village Community Centre - 3rd Sunday. PH: 780.298.9155 Social Media: **PVCCentre**

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-

EVANSBURG ART CLUB: meet & paint Thurs 1-4PM Rec Plex. 727-4340 or 727-4098 EVANSBURG GUIDES & PATHFINDERS: Mon 6PM, Camp Evansburg.

EVANSBURG SENIOR'S HERITAGE HOUSE: Floor Curling Mon & Thurs, 1pm. Court Whist Thurs, 7pm.

EVANSBURG TIPPLE PARK HISTORICAL BUILDING TOURS: Wed - Sat, 10:00-5:00PM. HEALTHY AGING NURSE & FOOT CARE PERSON. Wabamun Seniors Centre, 2

APR 27 - GARAGE SALE at Entwistle Senior Center. Tables \$10. Call Dan 780-982-0353.

MAY 11 - TACK/TRADE SHOW & GARAGE SALE! in conjunction with the travelling garage sale, from 9am-4pm at the Wildwood Complex! Setup May 10, 6pm. \$5/Tables! Call Wilma 780-325-2424 or Laura 250-818-2395 See you there!"

Thurs of month, 9AM.

OPEN HOUSE for socializing, Crib & card playing at Entwistle Senior Center, Thursdays at 6:45PM. Dan 780-982-0353 PARENT & TOT PLAYTIME: PERC Building Stony Plain Wed 10–11AM; Holborn Community Hall Thurs 9:30–11AM; Parkland

Village Tues 9:30-11:30AM. POT LUCK every Tues 12:00PM, Wabamun Seniors Centre. Come on down!

SEAB BEACH SENIORS CENTER: Yoga, mon, 9:30AM, \$10/session. Bridge thurs, 1PM. Jams every Wed night, 7PM. Thrift Shop every Wed & Sat at 10-3PM.

SEBA BEACH QUILTERS & FIBER ARTS: Wednesdays 9:30AM, Seniors Center. SENIORS 50+ LUNCHEON: 3rd Wed, 12PM at

SENIORS 50* LUNCHEON: 3rd Wed, 1/2PM at Story Plain United Church basement hall. Call Audrey (780) 963-7582 SENIORS WEDNESDAY* AFTERNOON 1-4PM at Parkland Village Community Centre. Games, Crafts & more! Call Sheryl 780.695.7032 *exceptions incl. Weather. SPIRITUAL LIVING STONY PLAIN

INSPERATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10ам, inspirational sharing 10:30ам. PH 780-9/10-2022

SPRUCE GROVE ELEVATOR TOURS: Tues-Sat, 9-3PM. 960-4600. STONY PLAIN'S 5TH MERIDIAN GOOD

SAMS RV CHAPTER: Ecole Meridian Heights School. 3rd Tues of Month, 7PM. Call Pat at 780-963-6976 or Ruth at 780-288-9829

MEETINGS

2ND TIMERS: A support & confidential group for Grandparents Parenting. 1st Thurs of month, 6:30PM. Grand Trunk High School (meet in Lobstick Literacy & Learning room). Child care provided at the Evansburg Public Library. *Starts October 299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843 755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755. AA: Friday at 8PM, Evansburg. Call 325-2204, 727-2466 or 727-6652.

AL-ANON: Wed 8PM. Spruce Grove United Church, 1A Fieldstone Drive. 962-5205

CHAMBER OF COMMERCE (Evans/Ent): м 3rd Thurs, Heritage House.

C.H.I.L.D. (Citizens Helping In Life's Defence) Please join our Pro-Life meetings once a month in Stony Plain. For info call Chris 963-6997.

CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30PM, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-

COMMUNITY QUILTERS & CRAFTERS: 3" Tues. Evansburg, Liz 727-3872 Brenda 727-

DARWELL & DISTRICT AG SOCIETY: 8PM. 1 Community Hall.

DDRA MEETING: 7PM, 2nd Mon, Darwell Community Hall 892-3099. *Except Jul/ Aug/Dec

DRAYTON VALLEY BRANCH OF ALBERTA GENEALOGICAL SOCIETY: meets 7PM at

Municipal Library (5120-52 St.) every 3rd Wed

Central Construction of the second state of th 8PM, Entwistle curling Rink. Jim 727-3573 ENTWISTLE SENIORS 55+ CLUB: Tue & Fri,

1:30-4:00PM at Entwistle Hall EVANSBURG SENIOR'S HERITAGE HOUSE: 2nd Tues of Month, 1:30PM. Dennis, 727-4186. FALLIS COMMUNITY ASSOCIATION: 3rd Tuesday, 7:00pm

GIRL GUIDES OF CANADA: Poplar Hollow District Guides-Pathfinders, Mon 6-8PM. Sparks-Brownies Tues 4-5:30PM. Meet at Camp Evansburg. Brenda 780-727-4476

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri,

7PM, Alberta Beach Council Chambers. LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

LAKE ISLE MULTI 4-H GENERAL MEETINGS: 1st Thurs of each month @ 6300PM @ Lake Isle Hall. Contact 780-242-2486

LOBSTICK 4-H BEEF & MULTI CLUB: 1s Mon, Evansburg Arena, 7рм, Shannon 727-

LOBSTICK GARDEN CLUB: 1st Mon. 7PM at Tipple Park Museum, Clara (780) 399-2205 MAGNOLIA BOARD MEETINGS: 1st Tuesday of month, 7PM at Magnolia Community

MEN FOR SOBRIETY: Wednesdays at MEN FOR SOBRIELY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991. MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets 1st Tues of month, 6-8PM at Norquest College. Terra Leslie, 1-403-346-0290. *Sept-June

Leslie, I-403-346-0290. "Sept-June MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP: Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Contact Cassy 780-471-3034 NA MEETING: Tuesdays, 7:00PM.514-6011

PEMBINA PORCUPINES - JUNIOR FOREST WARDENS: Entwistle Porcupine gathering: 7Рм, 1st Tue. Len & Tineke at 727-2020. Porcupines@yellowheadjfw.ca

SOLVE: Community Enviro issues discussed at Smithfield Hall (N of Hwy 16 on RR34). 2nd Thursday. Jana 892-0006

STONY PLAIN FISH & GAME ASSOCIATION & WABAMUN GUN CLUB: 2nd Mon, Stony

Plain Comm Center, 7:30PM. SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-

TOMAHAWK SENIORS (50+) meets every Thursday from 1-4pm at the Tomahawk

W.E.E COMMUNITY FOOD BANK: Call (780) 727-4043 for emergency food needs. Monthly Meeting: LAST Monday of month at 7:00PM at the Food Bank (Old fire hall in Entwistle). ***Except December**

WILDWOOD & DIST AG SOCIETY: 2nd Wed of each month 7:00PM at the Wildwood Complex Wilma 325-2424

WILDWOOD & DIST ROD & GUN CLUB: 2nd Thursday, 7:30PM at the range clubhouse, wildwoodrodandgun@gmail.com

WILDWOOD SENIORS: 4th Wednesday at 2:00PM. PH: 325-3787 or 325-2391. *No meeting July/Aug/Dec.





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April 16, 2019
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