Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

### **November 12, 2019**

### PROPERTY TAX EXEMPTION **DEADLINE HAS PASSED**

**Anne County** 

Supporting documentation is due November 20.

To apply for a Property Tax Exemption for the 2020 tax year per Section 362(n)(i) to

**Submitted by Lac Ste.** (v) of the Municipal Government Act and the Community Organization Property Tax Regulation A/R 281/98 as amended, applications must have been received or post marked no later than September 30, 2019.

Please note that if you have filed a property tax exemption application for the 2020 tax year, all of your required documentation must be received or post marked no later than November 30,



## RCMP ARREST MALE FOR DANGEROUS OPERATION

Submitted by Parkland **RCMP** 

Spruce Grove, Alta. - On Oct. 31, 2019 at approximately 2:00 a.m. Parkland RCMP were patrolling and attempted a traffic stop. The vehicle failed to stop and erratic driving patterns were observed. A spike belt was successfully deployed and when RCMP attempted to make contact with the driver, the suspect attempted to drive away, striking two police vehicles. No one was injured during the inci-

Daniel Harris (32) of Parkland County, Alta. was charged with:

- Flight from peace officer
- Dangerous operation
- Assault peace officer (x2)
- · Resist peace officer

Daniel Harris was held for a Judicial Interim Release Hearing and was remanded into custody. His first appearance is scheduled for Nov.6, 2019 at Stony Plain Provincial Court.







### DRUG SEARCH WARRANT **RESULTS IN CHARGES**

Submitted by St. Albert **RCMP** 

On October 18, 2019, the St. Albert RCMP Drug Unit, with the assistance of the Parkland County RCMP Drug Unit, RCMP Police Dog Service and Toefield RCMP, executed a Search

Warrant on a rural property in Beaver County, Alta.

Continued on Page 2





### **Drug Search Warrant Results in Charges**

#### Continued from Page 1

The Search Warrant was executed in relation to a drug trafficking investigation which utilized the assistance of the North Region Sheriff Investigative Support Unit.

The Search Warrant resulted in the following items being seized:

• \$4295.00 in Canadian Currency

Over 11 ounces of Methamphetamine

• 2.5 Litres of Gamma-Hydroxybutyrate (GHB)

- 153 Capsules of Gabapentin
- A single stick of Commercial Dynamite
- Small quantity of Psilocybin
- 2 Stolen Trailers
- 1 Firearm

JOKE OF THE WEEK

A six-year-old boy called his mother

from his friend Charlie's house and

confessed he had broken a lamp when

he threw a football in their living room.

"But, Mom," he said, brightening, "you

don't have to worry about buying

another one. Charlie's mother said it

• A 2015 Chrysler 200 was also seized pursuant to this

investigation and held as offence related property

Denise LAROUCHE (39) from the Edmonton area has been charged with:

- Possession of a Controlled Substance for the Purpose of Trafficking (x 3)
- Possession of a Controlled Substance (x 1)
- Possession of Proceeds of Crime under \$5000 (x 1)
- Possession of an Explosive (x 1)
- Firearms Offences (x 2)
  Property Obtained by
- Property Obtained by Crime Over \$5000 (x 1)
- Tampering with a Vehicle Identification Number (x 2)

• Weapons Possession Contrary to Order (x 2)

Barry MAGILLE (42) from the Edmonton area has been charged with:

- Possession of a Controlled Substance for the Purpose of Trafficking (x 3)
- Possession of a Controlled Substance (x 1)
- Possession of Proceeds of Crime under \$5000 (x 1)

- Possession of an Explosive (x 1)
- Firearms Offences (x 2)
- Property Obtained by Crime Over \$5000 (x 1)
- Tampering with a Vehicle Identification Number (x 2)
- Criminal Flight (x 2)
- Dangerous Operation of a Motor Vehicle (x 1)
- Assault to Prevent Arrest (x 1)
- Operate Motor Vehicle while Disqualified (x 4)
- Fail to Stop for Peace Officer (x 1)
- Exceed Max Speed Limit (x 1)
- Fail to Signal Properly (x 1)

Both individuals are scheduled to appear in St. Albert Provincial Court on November 4, 2019.

If anyone has information regarding any crime, they are asked to contact the St. Albert RCMP Detachment at 780-458-7700 or their local police. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play



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7th Grade Teacher Competition #T1946

Grande Yellowhead Public School Division is accepting applications for the position of Teacher Grand Trunk High School. Duties to commence immediately.

A copy of **competition number T1946** outlining the qualifications, are available on the GYPSD website <a href="https://gypsd.ca/our-division/working-at-gypsd">https://gypsd.ca/our-division/working-at-gypsd</a> under Teaching/Principals.

Grande Yellowhead Public School Division appreciates all interest in this position, however, only those short-listed for an interview will be contacted.



# Alberta Beach Employment Opportunity EQUIPMENT OPERATOR \ LABOURER – LEAD HAND

The Village of Alberta Beach seeks a F/T qualified Equipment Operator\Labourer – Lead Hand. This is a hands-on position with requirements to work in all weather conditions. The ideal candidate will be highly motivated, mechanically inclined and competent in the operation of heavy equipment (grader, hoe, excavator, skidsteer, etc.), and must have a valid Alberta Class 3 with "Q" endorsement at a minimum. For a complete description of this Employment Opportunity please see this ad on the home page of our website: www.albertabeach.com under News & Notices.



Place your

ad today!

# NOTES FROM THE ONOWAY LEGION

Submitted by Richard Moses | Onoway Royal Canadian Legion

Welcome our new Kitchen Manager!

In response to the appeals for a kitchen manager, Chris Stewart has stepped up. Starting in January, Chris will provide guidance to the volunteer coordinator, Friday night dinner coordinator, special events/functions coordinator, and kitchen administrator. Thanks, Chris.

Pork Loin Roast Dinner

On Friday, November 15, Ira and his crew will be cooking Roast Pork loin. It'll be served with soup, roasted root vegetables, and Caesar salad, with a fruit tray and assorted cakes for dessert.

Book your reservation by phoning or texting 780-340-0760, or leave a message on the Legion answering machine at 780-967-5361. (Don't forget to call to cancel if your plans change.) Doors open at 3, with the meal served from 6 to 7 pm. Adults pay \$15; kids up to 10 years cost \$9, while 5 and under are free.

As usual, the bar will be open, along with the usual draw for a free meal. You'll have a chance to buy raffle tickets on a delicious meat package, on the 50:50 draw, or the Chase the President raffle, a progressive jackpot that increases in value each week there's no winner.

Roast Beef Dinner

Ira's head cook again the following week, on Friday, November 22. This time, the crew will serve roast beef with Yorkshire pudding. It'll be accompanied by both mashed and roast potatoes, a vegetable medley, and coleslaw. Gravy and horseradish will be available, along with dessert.

Watch the Grey Cup on the Big Screen

As usual, the legion will be open and the big screen down for the Grey Cup on Sunday, Nov. 24. Doors open at 2:30 p.m., with admission either \$5 or a donation to the potluck dinner. Bring your friends, meet new ones, and cheer on your favourite football team.

Gray Cup Tickets on Sale
Don't miss your chance to
buy a Gray Cup pull ticket! This year, they cost just
\$1 per ticket, with prizes
ranging from \$100 to \$200.
They're for sale at dinners,
and from legion members.

Fun Pool Tournament

Our first Fun Tournament of the new season attracted 16 players (9 from the Onoway Legion) to participate in the fun. A special thank you goes to Glo Jahelka (chef), Kim Menzel (bartender), Carol Villneff and Cheryl Wellon (bar & kitchen assistants) for the excellent food and service throughout the

day. Your volunteerism is critical to the days' success and is much appreciated. Our top four players of the day were awarded a share of \$170 in prize money.

District 8 Pool Tournament

On November 23, a District 8, 8-ball pool singles tournament racks up. Registration is 8 – 8:45 a.m., with opening ceremonies at 8:50. Play begins immediately afterwards. Registration fee is \$20/player. Lunch will be provided for players, with guest lunch available at \$20/guest. Please request guest lunches on, or before, November 16.

Did You Know?

Friday dinners at the legion won't happen over the Christmas holidays, so volunteers can spend time with their own families. The last dinner will be December 13, and they'll resume on January 10.







# NOTICES: COUNCIL MEETING CHANGES, OFFICE CLOSURE

Submitted by Lac Ste. Anne County

Pursuant to Section 193(3)

of the Municipal Government Act, please note that Council has cancelled its regular scheduled November 14 and 28 meetings. A new Council meeting has been scheduled for November 21. Additionally, please note that the County office will be closed from noon to 1:00 pm on Friday, November 22 for a staff meeting.

# TOWN OF WHITECOURT AND WOODLANDS COUNTY EXTEND FIRE SERVICES AGREEMENT

Submitted by Town of Whitecourt & Wood-lands County

October 31, 2019

The Town of Whitecourt and Woodlands County have mutually agreed to extend the fire protection services portion of the Intermunicipal Cost-Share Agreement to March 31, 2020. Community safety and wellbeing are a top priority for both munici-

palities, and extending the provision of fire protection services will assure all residents and stakeholders continue to be provided this essential service until new agreements between the municipalities are adopted.

The Town and the County continue to work collaboratively to achieve agreements that are of mutual benefit, sustainable, and support the quality of life for all residents in the region

"Whitecourt Town Council recognizes that the safety and confidence of residents and the business community is essential for our region," stated Whitecourt Mayor Maryann Chichak. "We will continue to work in good faith on all agreements to ensure and instill investor confidence in our region for both the short and long term."

"Woodlands County

Council is appreciative of our administration team getting negotiations back on track and making progress to reach fair, equitable, and sustainable agreements that create prosperity for the region. Fire services is a key component to these negotiations and the extension allows discussions to continue positively and productively," commented Mayor Burrows.







November 12, 2019 Community VOICE Page 5

# WHITECOURT TOWN COUNCIL UPDATE

### Submitted by Town of Whitecourt

OCTOBER 21, 2019

Representatives from Edmonton-based Terrapin Geothermic attended the October 15 Council Meeting to discuss the potential for a geothermal project in the Whitecourt area. During a 2018 study for the Northern Alberta Development Council, Terrapin identified the Whitecourt area to have a strong potential for direct-use applications and power generation. Whitecourt Town Council has directed Administration to explore potential partnership opportunities with municipal and industry partners.

2020 Budget deliberations have begun, and meetings have been scheduled over the next several weeks as Council works to develop the 2020 Interim Budget. A Special Meeting of Council has been scheduled for December 11, 2019 at 5:00 p.m., and it is anticipated that the 2020 Interim Budget will be adopted on December 16, 2019 at Council's Regular Meeting.

Whitecourt has contracted IBI Group to conduct a Flood Mitigation Plan. The Plan, which is funded in part by the National Disaster Mitigation Program, will identify and prioritize flood mitigation efforts for our community.

Lambourne Environmental Ltd. has been contracted to provide biosolid disposal services from the Wastewater Treatment Plant for the next three years.

Whitecourt awarded a fuel contract to Pembina West CO-OP for a three-year term starting in January 2020.

Whitecourt Town Council has confirmed a meeting with the Living Waters Catholic Schools Board on November 22, 2019 to discuss opportunities for working together in the community.

Whitecourt Town Council has scheduled its annual Planning Session for January 30-February 1, 2020.

Council is hosting the annual Council Committee Appreciation Reception on Thursday, November 21. The evening provides Council the opportunity to thank members of the community that volunteer their time on a municipal boards and committees.

Small Business Week was October 20-26 and pays tribute to the contributions that small and medium-sized businesses make to our economy. Business workshops and seminars were scheduled October 22-24. For details on all educational sessions visit www. whitecourt.ca and click on the Event Calendar.

Council has approved street closure on December 6 and 7, 2019 to accommodate the Whitecourt & District Chamber of Commerce's annual Santa Claus Parade and Christmas Is For Kids event. A reminder to motorists about the downtown street closures will be posted closer to the event dates.







**NEWS HIGHLIGHTS** 

Lac Ste. Anne County | Box 219, Sangudo Alberta TOE 2A0 | 1.866.880.5722 | www.LSAC.ca | facebook.com/LSACounty

# COPING WITH STRESS IN CHALLENGING TIMES



An interactive workshop for building a resilient community.

Tuesday December 3 10:00 am - 3:00 pm Cherhill

#### With Carol Ohler, Relationship Enhancement Coach.

Join Carol for a day of resiliency-building. Explore common-sense, regenerative tools that will allow you to reduce the negative effects of overwhelm, fear, anger, frustration, guilt, shame and other less-than-desired emotions.

# Tickets are just \$20 per person or \$30 for two people — bring a partner or friend!

Please register by November 28. Find us on Eventbrite or call 1.866.880.5722 to register. For more details about this informative and inspiring workshop, please visit LSAC.ca/events or email LTaylor@LSAC.ca.





# 2019 FOOD BANK AND TOY DRIVE BEGINS

# Pitch in and make a difference to families in need this holiday season.

Between December 1 and 14, Lac Ste. Anne County Council & Staff will be collecting donations of food bank items and toys for kids of all ages. These items will then be donated to the East and West End food banks and Santas Anonymous Groups.

What should I donate? New, unwrapped toys and nonperishable food items are appreciated. Top food items include cereal, brown beans, canned veggies, Kraft Dinner, Ichiban, diced tomatoes, pasta sauce, pasta, peanut butter, juice boxes and canned fruit.

Where can I donate? Donation bins will be set up at three County locations: the Main Administration Office at 56521 Rge. Rd. 65; the Public Works Maintenance Shop at 56304 Rge. Rd. 62; and the Lac Ste. Anne County East End Administration and Fire Station at 2317 Twp. Rd. 545 near Onoway.

Donations will be accepted Monday to Friday from from 8:30 am - 4:30 pm. The County thanks all who participate in the seasonal drive for their generous support of a worthy cause.

# **BOOK ILLUSTRATOR AND CARTOONIST VISITS OJSH**







Submitted by Onoway Jr Sr High School

October has been designated Canadian Library Month. To mark this event, on October 23rd, OJSH Librarian Mrs. Pederson arranged for a special guest speaker for Mrs. Walker's Grade 8 and 9 Art classes. The guest was Gerry Rasmussen, a well-known book illustrator and comic strip artist.

Gerry originally enrolled at the U of A in Fine Art to become a painter. However, his career plans took a turn when he and a friend started a comic strip, Bub Slug, for the university newspaper. That strip became so popular that creating it became a full time job.

Gerry likely is best known for his comic strip Betty. Along with Gary Delainey, who writes the strip, Gerry Rasmussen illustrates the Betty comic strip. The two friends have collaborated on the strip since 1991. Betty is a syndicated comic strip shown in daily newspapers all over the world. In addition to the Betty comic strip and Betty books, Gerry illustrates books for people of all ages. His latest collaboration is a series of sportsthemed books for younger teens written by Loris Lesynski. The author writes about hockey, soccer and basketball in verse. Every page of the books are filled with

Gerry's colourful and clever illustrations. Mrs. Pederson has bought three of his books for the OJSH Learning Commons for students to read and look at.

Gerry's time is consumed by his comic strip. It is a daily cartoon and he and Gary Delainey have daily and weekly deadlines to make. However, Gerry does find additional time to illustrate books, create paintings and visit school to talk and give workshops to young adults. He spent the afternoon of his visit at OJSH giving a drawing workshop to the Grade 9 students and then to the Grade 8 students. Other interested student artists in high school were also invited to the workshops.

Gerry said he thoroughly enjoys interacting with young people, showing them how anyone can draw and create. He shares his message of how drawing – even doodling – can help in writing and discovery.

Gerry was booked for the workshop through YABS – Young Alberta Book Society – an advocate for children's literacy in Alberta. YABS mission is "to foster literacy and a love of reading among young people in Alberta by providing access to the province's literary artists and their work." Booking an Alberta literary artist was an enjoyable and successful venture that will be repeated in the future.

# PRICE REDUCED



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14K White Gold Engagement Ring Brand New, Still in Box, Tags on! Asking \$2,300



10K White Gold Diamond ring Brand New, Still in Box, Tags on! Asking \$1,375

Call for more information, or to view the ring 780-907-8642

November 12, 2019 Community**Voice** Page 7



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- · Increase Energy
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- · Improve Mood & Focus
- Boosts Circulation & Oxygen delivery







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#### PLANNING & DEVELOPMENT

#### NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses.

Interested parties are encouraged to contact the Planning & Development Department at 1.866.880.5722 or devassistant@LSAC.ca, Monday to Friday from 8:30am until 4:30pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DATE DEADLINE
19-D0208	9, 4021 TWP 540 Lot 20, Block 2, Plan 782 2064, Westlakes Estates within NW 36-53-4 W5M	Shipping Container '8.0' x '40.0' (320 sq. ft.)	November 18, 2019
19-D0201	1, 55530 RGE RD 52 Lot 1, Block 1, Plan 0726923, Lessard Landing within NE 34-55-5 W5M	Temporary Shed '16.0 x 40.0' (640 sq. ft.) on skids	November 18, 2019
19-D0211	55332 RGE RD 63 Lot 1, Block, Plan 8923253, Within NE 21-55-6 W5M	Shipping container 40.0' x 8.0' (320.0 sq. ft.) and roof extending from shop over shipping container 40.0' x 16.0' (640.0 sq. ft.)	November 19, 2019
19-D0213	1401 HWY 37 Lot 1, Block 4, Plan 0325038, Within SE 8-55-1 W5M	Shed 16.0' x 12.0' (192 sq. ft.) with side overhang 16.0' x 4.0' (64.0 sq. ft.) and side overhang 16.0' x 7.0' (112.0 sq. ft.)	November 19, 2019
19-D0214	#136 54425 Ste, Anne Trail Lot 7, Block 6, Plan 0121251, Lakeview Place within SE 26-54-3 W5M	2 Recreational Vehicles 30.0' x 8.0'	November 19, 2019

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30 pm on the above noted date(s).

Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development Department, Box 219 Sangudo, Alberta T0E 2A0.

PLEASE NOTE: The County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by cheque, Visa, MasterCard, Interac or cash.

# COUNTY SNOWPLOW FLAG RULES

PLEASE NOTE: The flag signifying a request for service must be placed on the RIGHT-hand side approach shoulder near the property line (RIGHT hand side of approach - when facing the driveway from the road). Flags must be attached or pinned to a stake in a manner to facilitate retrieval by the motor grader operator. Flags placed in other locations will NOT be acknowledged.





Snowplowing of any driveway will not occur without the proper flag. The \$25.00 fee provides snowplowing from the road to the residence only. Please do not write additional instructions on the flags as they will NOT be acknowledged. Additional clearing and/or custom snowplowing requests are to be reported the County Office, Public Works department, and will be charged at a rate of \$80.00 per hour plus

GST with the minimum charge being for one (1) hour, any time over the one (1) hour will be charged accordingly.

November 12, 2019 Community**Voice** Page 9



















# THURS, NOVEMBER 28 AFFORT ASSINIBOINE LEGION 32 STATE AVENUE

# LEARN ABOUT: SOIL FERTILITY LIVESTOCK MINERAL SUPPLEMENTATION RURAL ROUTES TO CLIMATE SOLUTIONS VERIFIED BEEF PRODUCTION PLUS



Tickets Just \$20} {Students Free} {Trade Show Table \$50}



Registration begins at 9:00am. First speaker takes the stage at 9:30am. Event wrap up by 2:00pm. Lunch and coffee provided.

# TO REGISTER, FIND US ON EVENTBRITE

OR CONTACT ORGANIZERS AT 780.785.3411. sberry@LSAC.ca





### ZION UNITED CHURCH NEWS

Submitted by Betty Milne for Zion Worship Committee

The congregation of Zion United Church thanks ev-

eryone who has included us in their prayers following the fire in May and for care and concern shown in many ways. We have decided not to host the annual Fall Supper and Silent Auction in Nov. We do plan to have our Spring Supper – watch for information in the early new year.

We hope to be back at Zion

on Nov. 17th. If you would like to share this joyous occasion with us the service is at 10:00 a.m. May God Bless All.

### **ANNUAL CHRISTMAS DINNER**

### Submitted by Onoway Golden Club

Looks like winter has arrived, whether we like it or not. Onoway Golden Club will be hosting their annual Christmas Dinner at the Onoway Community Hall on Tuesday, December 3rd

at 5:00pm. The usual card games and socializing will begin at the Hall at 1:00pm. Members and guests, 55 and over, are welcome to come out and share this celebration with us. Our thanks to the Lac Ste Anne FCSS for partially assisting with funding for the dinner. There will be some door

prizes draws as well as the 2020 memberships will be available. To reserve your dinner tickets please call Mabel at 780-967-5352 before November 30th.

We recently welcomed Grade 5 students from the Onoway Elementary School for an Intergenerational Program that included making cookies, smoothies, birdfeeders, granola and muffins and they were also learning to crochet. This is a program that is made available through an Equs grant.

Come out and join us on Tuesdays for socializing, cards and a supper at the Center at 5023-49th Avenue.

# WATER QUALITY ADVISORIES LIFTED

#### Submitted by Alberta Health Services

November 6, 2019 GRANDE PRAIRIE – Recent weather has cooled lake and reservoir water temperatures to such an extent that blue-green algae is no longer a health concern, including in 13 water bodies which had previously been placed under blue-green algae (cyanobacteria) bloom advisories in the North Zone of Alberta Health Services (AHS).

Effective immediately, AHS has lifted the bluegreen algae (cyanobacteria) bloom advisories for:

- Lac Ste. Anne
- · Lac La Biche Lake
- · Wadlin Lake
- Bear Lake
- · Bangs Lake
- Shining Bank Lake
- Moose Lake

- · Chatwin Lake
- · Cold Lake
- Wapasu Lake
- Floating Stone Lake
- Sturgeon Lake
- Steele Lake

AHS has also lifted the water quality advisories for:

- Kacikewin Campground Beach area of Lac Ste. Anne
- McGrane Beach area of Lac La Biche Lake
- Golden Sands area of Lac La Biche Lake

- McArthur Beach area of Lac La Biche Lake
- Sir Winston Churchill Provincial Park Campers Beach area of Lac La Biche
- Kinosoo Beach area of Cold Lake

As always, visitors and residents are reminded to never drink or cook with untreated water directly from any recreational body of water at any time.

# Letter to the EDITOR

### DO 6, 7, AND 8 YEAR OLDS MATTER TO YOU?

### Submitted by Candice Averill

Last week articles were posted on the recent Alberta Budget which included the line, "protects funding for health and education." A quick glance likely brought some sighs of relief. However, delving deeper into the facts, a different picture actually presents itself.

I will focus on how this budget impacts 6, 7, and 8 year olds. Much research is available on the importance of early intervention and support for younger learners. It not only sets them up for further success in every area of their lives, but, in the long run, saves many tax dollars.

This budget slashes over \$1300 per student, for most students in Grades 1-3. This translates to about a 16% cut. Kindergarten students will see similar cuts. This is happening because of the government's decision to dramatically reduce the Class Size Grant that has been in

effect.

According to the Minister of Education, even though 3.4 billion dollars have been spent over the last 15 years to lower class size, there has not been much change. So that funding for that program has been dropped.

So why hasn't this previous funding been successful in lowering class sizes? Some say because it didn't end up going to the area it was intended. Because of much underfunding of education, it may have gone into special needs supports, ESL, plant operations, transportation etc.

Regardless of the reason, that money was put to very important uses. Students were supported because of it. Simply withdrawing the money does not help the problem. Over the next three years, student population will grow, costs will rise, but this government is not planning on increased funding for either of these scenarios. So I ask you- Do 6, 7, and 8 Year Olds Matter to You?

November 12, 2019 Community VOICE Page 11

# Auto TUNE-UP

### REDUCE RISK OF VEHICLE THEFT

According to the Insurance Information Institute, more than 700,000 motor vehicles were reported stolen in the United States in 2015. And car theft is not exclusive to the United States, as the Insurance Bureau of Canada reports that automobile theft costs Canadians roughly \$1 billion each year.

Car thieves are often highly skilled, but that does not mean car owners cannot take steps to reduce their risk of being victimized by auto theft.

• Take the simple steps. Suggestions like keeping cars locked at all times and rolling up all windows before walking away from the car may

sound simple, but they're also effective. Drivers should avoid being careless no matter how briefly they plan to be away from their vehicles. Talented thieves need only a few seconds to steal a car, so don't make it any easier for them than it already is.

- Park in well-lit areas. Well-lit parking lots may not prevent cars from being stolen, but such lots, especially ones monitored by security cameras, can be a strong deterrent to thieves who want to avoid being seen and having their crimes documented on camera.
- Park in public areas. Avoid parking in areas that are off the beaten path.

While this might make for easy parking, such areas are also enticing to prospective car thieves worried about people witnessing their crimes. When parking at grocery stores, malls or other areas with large parking lots, park as close to pedestrian entrances as possible. Constant foot traffic can deter thieves from attempting to steal cars.

• Install an alarm system and anti-theft device. Insurance companies often discount their premiums for drivers whose vehicles have alarm systems and anti-theft devices. Such systems and technology draw attention to vehicles when thieves attempt to steal them, and many

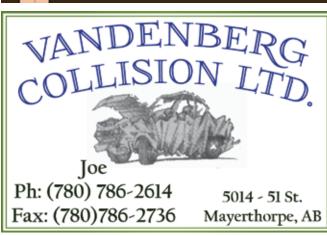
thieves can easily spot which cars have anti-theft devices they would prefer to avoid.

• Remove personal items and valuables from the vehicle. Automobiles should not be used as rolling storage facilities for various reasons. One such reason is that valuables may attract thieves. Women should always take their purses with them when leaving their vehicles, and all drivers should make sure to remove all valuables when exiting their cars.

Car theft is a legitimate concern for drivers, but savvy motorists can take steps to reduce the risk of their vehicles being stolen.









Page 12 Community**VOICE** November 12, 2019

# Auto TUNE-UP

### PREVENT MOBILE PHONE-RELATED ACCIDENTS

Because they enable people to make calls or send messages from just about anywhere, mobile phones can be great conveniences. But they also can be annoying when conversations, texting or perusing the Internet gets in the way of proper etiquette.

Talking loudly in public areas, texting when in the middle of a face-to-face conversation or sharing personal details in public are not just bad manners, but such behaviors also can be unsafe. Poor mobile phone etiquette is cause for some concern, but there is great cause for concern for people who find themselves routinely distracted by their mobile phones while driving or operating equipment. Using a

mobile phone when driving greatly increases a person's risk of getting into an accident. Distracted driving has become something of an epidemic, as the following figures, courtesy of Don't Text and Drive, illustrate.

- Texting or doing something on your phone can distract drivers for as long as five seconds. If you're traveling at 55 miles per hour, that is the equivalent of driving the length of a football field without looking at the road.
- Texting while driving makes you 23 times more likely than normal to be in a car crash.
- Among drivers between the ages of 18 and 20 involved in car accidents in the United States, 13 percent admitted to texting or talking

on their phones at the times of their crashes.

- The National Safety Council reports that cell phone use while driving leads to around 1.6 million crashes each year, with nearly 330,000 injuries occurring from such accidents.
- Cell phone usage while driving can delay a driver's reaction time as much as having a blood alcohol concentration at the legal limit.

Although the majority of drivers support a ban on texting while driving, many still continue to do it. The single best way to prevent driving accidents and fatalities related to mobile phone usage is to put the phone down. Consider the following suggestions to help you avoid looking at your phone

while behind the wheel.

- Keep your phone in a purse or in a bag in the back seat so that it is not readily accessible while driving. Many cars now have Bluetooth-enabled hands-free dialing and calling. So you do not need to have the phone nearby to answer a call.
- Leave your phone at home on short trips and give yourself a break from screen time.
- Set up an automatically generated text message that indicates you are driving. Other apps will read out texts to you or block incoming calls or texts altogether.
- Turn off notifications so you will not be tempted to look at your phone each time there's a new pop-up or sound







November 12, 2019 Community**VOICE** Page 13

# AutoTUNE-UP

### RECOGNIZE AND AVOID BUYING A LEMON

New or preowned vehicles are significant investments. New cars might be more expensive than preowned models, but according to Edmunds, the average cost of a preowned vehicle is around \$16,000.

Preowned vehicles seem and often are consumer-friendly options. However, preowned vehicles always carry some measure of risk. Unless a vehicle is covered by a warranty, consumers take that risk on themselves.

One way for buyers to reduce any anxiety they may have about preowned vehicles is to learn as much as they can about automobiles and spotting potential lemons. Despite the availability of vehicle history reports, some lemons still make it onto used car lots. The following are a handful of ways buyers can protect themselves from buying lemons.

- Research vehicles through reputable sources. Investigate the reliability ratings of certain vehicles on reputable sites such as Edmunds.com, the National Highway Traffic Safety Administration website (NHT-SA.gov) and Kelly Blue Book (kbb.com).
- Ask the right questions. Once you find a vehicle that interests you, ask pointed questions about its condition and features. Relatively new cars with high mileage may raise red flags, so ask

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how many owners such vehicles had and if maintenance records are available. Consumer Reports says a high-mileage car used on a long highway commute is better than if the car does many short trips or stopand-go driving. Also ask if a vehicle you're considering has been in an accident or if there are any recalls on the make and model.

- Request a vehicle history report. Ask to see a copy of the vehicle's history report. Such reports may include information about major accidents, mileage counts, number of owners, airbag deployment, and many other clues that can shed light on the condition of the vehicle. The report also may included warranty information and whether the car or truck was branded a lemon.
- Conduct a visual inspection. Look at the vehicle for certain telltale signs of wear and tear that may indicate you should not buy the vehicle. Such indicators may

include prematurely worn pedals or a sagging driver's seat. Check for dents, chipped paint, mismatched body panels, body filler, or sloppy repair work. Inconsistent welds around the hood also may indicate the car has undergone significant repairs.

When looking under the hood, Consumer Reports suggests paying attention to the level of grease and corrosion on the engine, radiator and battery. Check for wet spots that may be indic-

ative of leaks. Melted wires or blackened areas can be a sign of an engine overheating or even a fire.

• Rely on a trusted mechanic. Ask a mechanic you trust to give the vehicle a thorough, professional inspection. He or she may be able to spot signs of a lemon more readily than amateurs.

Purchasing a car can induce some anxiety. Research and patience can calm buyers' nerves and ensure they find the right vehicle at the right price.



### RADIATOR REPAIR AND RECORE

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Page 14 Community**VOICE** November 12, 2019

# NOVEMBER NEWS FROM THE RICH VALLEY PUBLIC LIBRARY

Submitted by Rich Valley Public Library

This month's programs:

Akhanda Yoga is every Tuesday from 10:00-11:30 am. Our second session dates will run on Tuesday November 12, November 19, November 26, December 3, December 10 and December 17, 2019, all from 10:00-11:30 am. After a holiday break, new sessions will start on January 7, 2020. The cost will be \$60.00 for



the 6 classes or a \$12.00 drop in fee. Please contact the library at (780)967-3525 to register or drop in on Tuesdays. All levels of yoga experience are welcome.

Storytime is every Wednesday from 11:00-11:45 am. Bring your toddlers in on Wednesdays from 11:00 to 11:45 am for stories, activities and crafts. All children ages 0-5 are welcome to join us at this free program. Every third Wednesday of the month we will alternate between Tents and Tunnels, Play Doh Fun, Literacy Activities and Lego Building. This program is funded by

Parents and Tots is every Wednesday from 9:45-10:45 am. Parents, guardians and caregivers are invited to bring your toddlers to play, discover and make friends at this free drop-in program

held at the Rich Valley Public Library. All children ages 0-5 are welcome. Snacks, juice and coffee will be provided. This program is funded by FCSS.

Adult Whist is on every 2nd & 4th Friday of the month at 7:30 pm. If you like cards join us for a night of fun and laughs. The cost is only \$2.00 per person and is held in the Yellow Room.

Our November Program is a DIY Bath Bomb Workshop on Saturday, November 16, 2019 from 1:00 to 4:00 pm. Do you like to treat yourself to a luxurious bath but don't want to pay full sticker price for expensive bath bombs? Come on down to the Rich Valley Public Library to learn how to make your own refreshing and colourful bath bombs. Please register by November 14, 2019 so that the supplies can be

provided, at 780-967-3525 or stop by the library for more details. This program is funded by FCSS.

We are located in the basement of the Rich Valley Community Hall. We have installed a stairlift in the Yellow Room so all our programs and services are accessible to everyone. If you are in need of the stairlift please press the buzzer at the front door and the library staff will assist you.

Rich Valley Public Library is open Tuesday from 5:00-8:00 pm, Wednesday from 10:00 am-2:30 pm, Thursday from 2:00-6:30 pm, and Friday from 9:00 am-12:00 pm. We look forward to seeing you!

Please check out our website at www.richvalleylibrary.ab.ca and Facebook for all our programs and news.





### ARMY CADET NEWS

### Submitted by Captain R. Heinz, CD

The last couple of months have been very busy with everyone at 3053 (Lac Ste Anne) Royal Canadian Army Cadet Corps from community service activities and training in the field.

Several cadets and staff members assisted with the Courageous Companions fundraising gala in Edmonton on the 14th of September. This is an organization very near to our hearts and we are only too happy to assist.

The following Saturday was very busy for all members of the corps as the cadets helped with parking and security for the Heritage Festival in Onoway. It was a very busy time with great exposure for the cadet unit. Later in the afternoon our flag party was involved with the Royal Canadian Legion (Onoway) Branch #132's 85th

Anniversary celebration at the Legion Hall. The branch is the cadet unit's sponsor and it was an honour to be involved.

The following Saturday had our Gold Star cadets travel to Edmonton Garrison to practice their map and compass skills in the training area. It was a cool day but dry in the field for our seniors.

From October 18-20th we had three Silver Star cadets travel to Elk Island National Park with other local army cadets for plenty of fun while hiking in the park, the weather was ideal for them too.

From the 25-27th October, our Corps was the host unit at Imrie Park for a joint exercise. Our cadets were joined by other army cadets from Evansburg, Hinton and Mayerthorpe.

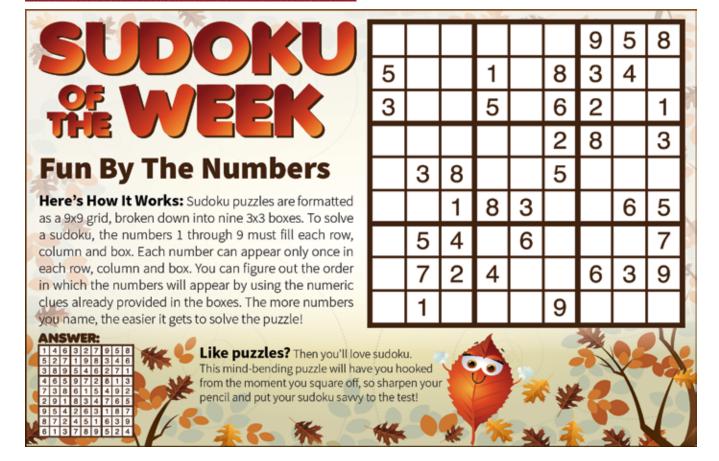
This was the first time in the field for many of the junior cadets and the weather was certainly challenging with some light snow and very strong cold winds all weekend. In the end, the cadets persevered and had lots of fun while learning many new skills. The new cadets were shown how to set up tents and cook their own meals on camping stoves and the art of camouflage as the seniors practiced bushcraft skills, GPS, leadership, and map and compass. It was a very busy weekend for all involved.

The cadets are training now for our winter survival exercise in January at Cold Lake as well as preparing for all the Remembrance Day activities in the community.

The unit meets every Wednesday evening from 6:45pm to 9:15pm at the Onoway Historical Centre and if you are an interested teen, please come and talk to us about the exciting challenges and opportunities with your local army cadets of 3053 RCACC.

Cheers





November 12, 2019 Community**VOICE** Page 17

# Classified Ads - Call 962-9228

#### **Obituaries**

Myrtle Steeves formerly of Darwell, AB. Has seen her last sunrise. After 95 sunrises, she will be joining Henry for their first sunset in 27 years. Wishing her farewell and God's speed are their eight children and mates. A gathering will be held November 16 at 1:00pm. Come have coffee, lunch and a visit at the Darwell Hall (1) 12-11

HARKNESS, David George On October 31, 2019, Mr. David George Harkness of Sangudo, AB, passed away at the age of 83 years. David is survived by his children, Vera (Frank) Pocé, Ida (Andre) Larose Favel, Ellen (Merv Lyons) Favel, Kayla (Gary Fairweather) Favel and Brandon (Lindsay Nairn) Favel; thirteen grandchildren; numerous greatgrandchildren; and many more dear relatives and friends. Predeceased by his wife, Hazel in 2017; and parents, Arthur and Lucy. Thank you to Dr. Bablitz and the staff of Whitecourt Healthcare Centre for the care provided to David and his family. Funeral Service was held Saturday, November 9 at 11:00 a.m. at Sangudo Community Hall, 4920 - 50 Street, Sangudo. Reverend Travis Enright officiating with interment Peavine in Cemetery. Photos, memories and condolences may be shared through WWW. parkmemorial.com Park Memorial, Mayerthorpe

780-786-2533. Family Owned Funeral Home and Crematorium (1) 12-11

#### **Dog Caretaker**

Alberta Beach & Surrounding Areas, thinking of a Winter Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard!

I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 12-11 OG

#### Services

WANTED: Standing Timber – Are you looking to cut your wood lot before pine beetles or forest fires destroy it? Top

dollar paid. Call Paul 780-706-1470 (12) 22-10

#### Cleaning

#### **CEILING & WALL CLEANING**

- Specializing in cleaning Stipple & California knockdown. Cig. Smoke removal & Odour removal. Ceramic floor tiles steamed cleaned. Call Nano Cleaning for Discount Prices! 780-914-0323 (4) 05-11



Page 18 Community**VOICE** November 12, 2019

# Classified Ads - Call 962-9228

#### Computers

FREE Computer Checkup. Repairs or saving your data NOT over \$50. Yes, you can have a good, clean, refurbished and upgraded laptop win 10 or 7 for ONLY \$100. Call now 780-863-4601 (12) 05-11

#### **Firewood**

FIREWOOD FOR SALE -Birch, Tamarack & Spruce Pine mix. Poplar. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (28) 28-05 OG

#### SEASONED FIREWOOD:

Birch, Tamarack, Spruce/ Pine & Poplar. 4x4x8 cord, Split and delivered or pick up at wood yard, 1/2 cord or full cords available. Call 780-967-5835 or 780-983-1495 (28) 27-08

For Rent

Alberta Beach Hotel rooms for rent. Upgraded, very clean & well maintained, shaw cable tv included. \$60.00 per night or \$500.00 per month + GST. Damage deposit is required. Call 780-924-3005 for more information (50) 08-01

Homer's Hut Cabin Rentals - Daily, weekly, monthly rates, Alberta Beach area, Call Connie 780-913-8024 (15) 17-09

In Alberta Beach, 2 Bdrm Suite in New Adult Living 4plex, \$1200/month + DD same, includes 6 appl, infloor heating, garage, power & gas. N/S, Call Connie 780-913-8024 (4) 29-10

In Alberta Beach, 3 Bdrm House with 4 appliances, detached garage, N/P, N/S, Available immediately, \$1100/ month + DD. Call 780-913-8024 (4) 29-10

Available December 1st bedroom in 12 Unit Apartment building in Entwistle. Includes heat. water & parking. \$685/ month + DD \$300. Please call Ivka 780-807-1300 or email jakovljevicivka@yahoo.ca (2) 05-11

Alberta beach, available Dec 1, 2 bedroom mobile home + single garage, nice yard, close to the lake. \$800 month + DD + utilities, Call Shane 780-221-8306 (2) 12-11

Completely renovated Motel in Onoway, offering monthly rentals, all utilities FREE, furnished bachelors and furnished 1 bedroom with full kitchen, please call Cheryl for viewing 780-967-4420 www. onowayinnandsuites.com (4) 12-11 OG

ALBERTA BEACH - Newer 2 bdrm apartment, downtown, awesome view looking over the lake, 1100sqft, washer/dryer/central vac, 2 baths, stainless steel appl, open concept, please call Cheryl 780-982-6922 (4) 12-11 OG



#### WHAT IS CBD?

#### A Health and Beauty Breakthrough!

Cannabidiol, CBD, is one of over 80 active cannabinoid chemicals in the hemp plant. CBD, unlike, THC, does not produce euphoria or intoxication. CBD targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using CBD products for both treatment and prevention of numerous ailments.



#### Therapeutic Uses For Pure Hemp CBD

PURE HEMP CBD PRODUCTS

AGING IS INEVITABLE - LOOKING AND FEELING OLD ISN'T!

Supports healthy blood sugar levels, promotes healthy energy levels, relieves anxiety, aids in digestion, supports optimal immune function and the regengration of healthy cells, and promotes a sense of serenity and overall well-being.



Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.

#### **KEY BENEFITS**

PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.

PROMOTES HEALTH: Helps to promote relaxation and overall health.

WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

#### CBD PET PRODUCTS

#### PET CHEW TREATS



#### KEY BENEFITS

SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects. NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication.

medication.
DIETARY SUPPLEMENT:
Can be administered daily as part of your pet's diet.



#### ORAL SPRAYS & DROPS

**KEY BENEFITS** 

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain. TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling. GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets. CONVENIENT: Can be sprayed into pet's mouth or on food.

For more information, Call (780) 907-8642

# MMUNITY EVENT

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

NOV 16 - GUNN HALL CRIB TOURNAMENT, Reg. 10:00am Play 11:00am - \$20.00/person.

**NOV 30 - ANNUAL SOUP LUNCH & CHRISTMAS** BAZAAR, 10am-1pm at St Augustines Parkland Anglican Church. Soup, dessert, beverage \$7, Dessert & beverage \$4. Christmas crafts, baking, used books.

**DEC 8 - ANNUAL CHRISTMAS TURKEY BINGO AND** BONANZA, at Calahoo Community hall. Doors @ 1pm, 1st game starting at 2pm. \$5/cost, All proceeds to St. Catherine's Catholic Church of Calahoo

#### **FARMERS MARKETS**

BARRHEAD: Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802 ONOWAY FARMERS' MARKET: Thursdays, 5-8pm at Onoway Community Hall. Starts May 1st. 780-667-6327 or onowayfarmersmarket@gmail.com.

SPRUCE GROVE: at the Elevator, Sat 9:30-

STROLE GROVE: at the Elevator, Sat 9.50-130pm, tables (780)240-5821
STONY PLAIN: Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.
WESTLOCK: 11-3pm, Bargain Shop Mall,

Dave 780-954-2437

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors @ 6:30рм, Games @ 7:30рм

CHERHILL LEGION: First Sunday of Month.

MAYERTHORPE ROYAL CANADIA
LEGION: Tues, doors 6:30pm, bingo 7:30pm RICH VALLEY COMMUNITY HALL BINGO: 7:30рм. Loonie Pots. Next bingos November

13 & 27, December 11. STONY PLAIN SENIOR'S **CENTRE**, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

WHITECOURT SENIORS CIRCLE, Every Tuesday. Open @ 5PM, 1st call @ 6:45PM, Nevadas, Concession. 780-778-4950 \*Sept

#### **MEAT DRAWS**

ALBERTA BEACH MUSEUM: Every Sat 4PM,

ALBERTA BEACH: Lac Ste Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00рм at Jungle's

BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00рм. Queen Of Hearts draw &

DARWELL: by Alberta Beach & District Lions Club, 4:00PM bi-weekly, Darwell Lounge & Restaurant

ONOWAY ROYAL CANADIAN LEGION:

Fridays, Ph. 780-967-5361 STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00pm. Meat Draw

WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the CIBC.

#### **MEALS ON WHEELS**

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@icloud.com

WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@

#### **JAMBOREES**

CARVEL: 2<sup>nd</sup> Sunday of month. \$6 lunch served. Info 780-991-3001

served. Info '780-91-3001' MAGNOLIA: at Magnolia Hall. 2nd Saturday of Month, New Time is 1:00pm. Call to confirm, 727-2015. \*October - May, NO Dec. SANGUDO: Sangudo Community Hall, 1<sup>st</sup> Sat of month 7pm. 785-4105 or 305-5088.

SPRUCE GROVE: at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5pm. 780-962-3104 Margaret 1-5PM. Info Florence argaret 780-962-3051 \*September - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of month, 7рм, \$2. PH: 587-989-7214 or 963-

THE ABBOTTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3<sup>rd</sup> Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

WHITECOURT SENIORS CIRCLE: 2nd Sunday of the month 1-5pm, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 \*Nov -

#### **TOPS** (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-ALBERTA BEACH: Tuesdays, Weign-Initio.00-6:45pm, Meeting 7:00pm, Alberta Beach Lutheran Church, Hwy 633. 967-5009.

EDMONTON: Thurs 8:30-10Am at Annex 1666.

of Grace United Church (6215-104 Ave), \$7/

SANGUDO: Tues, United Church, 6:00pm. SANODO: 10es, Officer Childri, SUDPM. Sharon 785-2095 or Marlene 786-4646.

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-0869

SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

#### YOUR COMMUNITY

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7:00pm to 10:00pm for 'Games'' (pool, shuffleboard, darts, cards, etc.) Fridays 3:00 рм- 10:00рм. Friday's Family Friendly Dinner, 5:30рм (open to the

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www. drugrehahresource net

SPRUCE GROVE ELEVATOR TOURS, Tuesat. 9:00-3:00pm. Info 960-4600

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat,

OLUNTEER TUTOR ADULT LITERACY PROGRAM: Need assistance with reading/ writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.

WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30 PM.

#### **SOCIAL EVENTS**

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed IPM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/ Fitness. Everyone Welcome. **BADMINTON:** Wed, 7-10PM,

High School Gym. Jamie (780)674-8974 or (780)674-6974.

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served.

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-

JR. SCRAPBOOKING Wed 4-6PM. Preregister by Tues evg. Mayerthorpe Public Library www.mayerthorpelibrary.ab.ca (780)786-2404

(780)786-2404

"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00Am starting May. Funded Lac Ste Anne FCSS

ONOWAY GOLDEN CLUB: Cards Tuesdays, IPM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436. ONOWAY HAVE FUN & GET FIT! Excercise

Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. \*except June, July, August

RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne

SANGUDO ART GROUP: Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN

INSPERATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7Pm. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN

**GATHERING** at PERC Building (5413-51 St). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of month. Meditation 10Aм, inspirational sharing 10:30Aм. PH 780-

WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00pm. 780-778-

WRITERS PROGRAM: Mayerthorpe Library 1st & 3rd Wednesday at 1рм.

#### **MEETINGS**

1ST ONOWAY SCOUTS: Registration Mondays 6:30-8рм. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

2716 ROYAL CANADIAN ARMY CADETS. Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842

ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843 3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets. or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30рм, High School. Ages 12-18. 780-305-

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

**АА - MAYERTHORPE,** Kingsmen Hall, Thurs 8рм. (780) 786-2604 or (780) 786-1927

**AA - SANGUDO GOLDEN CLUB,** Tues 8PM call 786-4402/785-9214/785-3599

AL-ANON - ONOWAY: Meetings are at 7:00PM, Tuesday evenings, at the Onoway United Church.

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-

ALBERTA 55 PLUS: Villenvue Hall at 10AM. Meetings on 2<sup>nd</sup> Tues of month. Info: Donna

ALBERTA BEACH & DIST LIONS CLUB

ALBERTA BEACH AG SOCIETY meets on the 4<sup>th</sup> Thurs of month, 7:00PM, Alberta Beach Agliplex.

ALBERTA BEACH MUSEUM meets on the Wed, 7:00pm at Heritage House 924-

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St. Onoway

BARRHEAD & AREA CANCER SUPPORT GROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2<sup>nd</sup> Thurs, 7рм at the Legion

CHERHILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 \*Except Jan, July, Aug, Sept. CHERHILL SILVER & GOLD SENIORS CLUB

Regular Meetings 1<sup>st</sup> Tuesday of month, Cherhill Seniors Hall. Call Rosamy 780-785-

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12PM, Alberta Beach Agliplex. Info call 780-902-4879 or 780-999-7622. Sept-June.

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8:00PM, 1st Monday, Darwell DDRA MEETING, 7:00PM, 2nd Mon, Darwell Centennial Hall 721-2690. \*except Jul/Aug/

GIRL GUIDES, BROWNIES & SPARKS
Thurs, 6:30PM, Onoway Heritage Centre.
Info Laura, 780-967-1004.

GREENCOURT COMMUNITY ASSOCIATION meet 2<sup>nd</sup> Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy. 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443 LAC STE ANNE COMMUNITY CHOIR. Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel).

Further info, call Diane @ 780 924-2348.

LAC STE. ANNE & LAKE ISLE WATER

QUALITY MANAGEMENT SOCIETY: 3<sup>rd</sup> Fri,

QUALITY MANAGEMENT SOCIETY: 3<sup>rd</sup> Fri, 7<sup>rd</sup> M, Alberta Beach Council Chambers. LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3<sup>rd</sup> Wed of each month @ 7:30 PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY
ASSOC, every 4th Mon, 5PM in Hospital
Basement Education Room.

MEN FOR SOBRIETY: Wednesdays at MEN FOR SOBRIETT Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY

SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9pm, Westview Health Centre. Cassy 780-471-3034 \*Sept-June

NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: Wed of each month, 7:00pm, Onoway

**ONOWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7pm, Onoway Museum. 967-5263 or

**ONOWAY & DISTRICT QUILT GUILD: Every** 2<sup>nd</sup> Thurs, 10Aм-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-

ONOWAY ROYAL CANADIAN LEGION
General Meetings, 1st Mon, 7pm. \*Sept-June
RICH VALLEY AG SOCIETY BOARD
MEETINGS: at the Agriplex on the 2nd Wed of the month 7:00pm

RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-

SANGUDO PAINTING GROUP: Every Thurs 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-

WEIGHT WATCHERS Alberta Agriplex - Mondays, weigh in 6:30pm. Meeting at 7pm.

WESTLOCK & AREA CANCER SUPPORT

GROUP: 3rd Wed. 6:30-8:00PM at Westlock

# hurch Directory



Sunday School 10:00a=

Worship Service 11:00a=

Catholic Parish of Lac Ste. Anne

> Sunday 10:00am

#### Mayerthorpe **Baptist Church**

Worship Service Sunday 10:30 .... Children's Church

-34 St. Mayerthorpe (780) 786-2677

#### Alberta Beach Alliance Church

Sunday Worship Service & Kid's Church 11:00s.m.

Sunday School 10000am (780) 924-3282

10:00am Everyone Welcome

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Sunday Service



#### St. John's Lutheran Church

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Sunday Service 11:00 == Sunday School

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#### Sangudo United Church

Worship Service 3rd Sunday 11:00a.m.

#### St. Mary's Anglican Church Service

Holy Communion 2nd Sunday each month 11:00 a.m. Reverend Barry Rose Officiating

#### Cherhill Community Church

Sunday School 10:00am. - 11:00am

Worship Service Sunday 11:00m

#### St. Michael Lutheran Church

Sunday Services 1st & 3<sup>rd</sup> Sunday at 2:00p.m

Pastor Rick Chappell (780) 674-2618 Mystery Lake



#### Trinity Lutheran Church (LC-C)

Pastor Dan Hansard hurch (780) 778-2035 Sunday Worship

Service & Cottage Bibb Phone for locations

#### Mayerthorpe Pentecostal

45

Assembly P.A.O.C. Rev. Arnold Lothoiz Sunday 10:30s.m. Morning Service Tuesday 7:30<sub>p.m.</sub> Ministry Training

#### Infuzed Ministries

Worship Service Sunday 3:30p.m. Community Hall

Pastor Daniel Jackson (780) 719-0240

#### Onoway **Baptist** Church

Sunday Service 10:30a.m.

Pastor Greg Garbutt (780) 967-2266

#### Roman Catholic Church

Sunday 9:00am St. Elizabeth Farish. Saturday 7:00pm

(780) 786-2032

#### Calahoo Alliance Church

Family Worship Service Sunday 10:00am

For Info Call Jerry (780) 974-773

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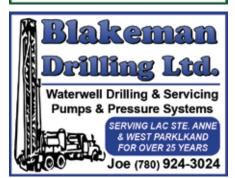


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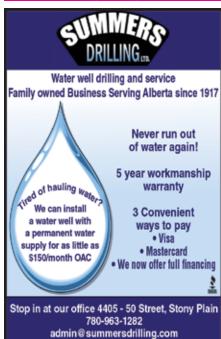




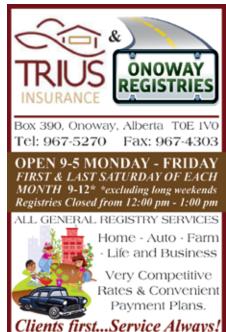












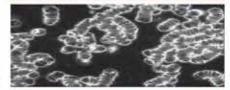
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