# COMMUNITYVOICE

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

### **January 14, 2020**

# THREE ALBERTANS FACE ENVIRONMENTAL CHARGES

### Submitted by Government of Alberta

Government has laid six charges under the Public Lands Act related to the unauthorized use of public land near Whitecourt.

Claude Parent, Brian Mareck and Jennifer McCallum-Maltauro have each been charged under the act with occupying vacant public land without authorization between Oct. 30 and Nov. 19, 2019.

Parent and Mareck each face five additional charges under the Public Lands Act for alleged unlawful activities which include damaging public lands and accumulating waste on public lands.

All three accused are scheduled to appear in court in Whitecourt on Jan. 14.

The charges involve:

- Occupying public land without holding a disposition or an authorization.
- · Accumulating waste materi-

al, debris, refuse or garbage on public land.

- Using public land in a way that is likely to result in loss or damage to public land.
- Causing alterations, such as any structure or excavation on public land, that are undesirable or otherwise in contravention of the Public Lands Act or the regulations.
- Causing the existence on public land of any condition that may cause loss or damage to the public land.

# MAYERTHORPE PHARMACY 4821-50° Street, Unit-1, Mayerthospe, A8 Phone: 780-780-0185 Fax: 780-786-0186 Enjoy Senior's Day Discount EVERYDAY!! Hours of Operation: MON to FRI: 9:00aм to 6:00pm SAT: 10:00aw to 2:00pm Sundays & Holidays: Closed Please visit us and sign up for our Loyalty Program.



# IS IT TIME FOR YOUR MAMMOGRAM? SCREEN TEST IS COMING TO BARRHEAD ON JAN 30-FEB 10

### Submitted by Alberta Health Services

Here are some common myths and facts about breast cancer screening:

Myth #1: Breast cancer isn't very common.

In fact, 1 in 8 Alberta women will develop breast cancer in their lifetime.

Myth #2: Women with small breasts can't get breast cancer.

Women with breasts of all shapes and sizes are at risk of developing breast cancer. Breast cancer doesn't discriminate according to size.

Myth #3: Regular mammograms can't find small tumours any sooner than women could find themselves.

Screening mammograms find many small tumours approximately 2-3 years before they can be felt. That's why screening is so important – it can find cancer before it has a chance to become more serious.

Alberta Health Services – Screen Test brings breast cancer screening to women across Alberta with its mobile mammography clinics. Call 1-800-667-0604 (toll-free) to book a mammogram. There is no cost for this service. For more information visit: www.screeningforlife.ca/screentest.









PUBLISHED WEEKLY (Zone 1 & 2) AND BIWEEKLY (Zone 3)

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### **SALES TEAM**

Elaine Ashley Dani

### **TELEPHONE:**

Classifieds 962-9229 Advertising 962-9228 Fax 962-1021

### E-MAIL:

comvoice@telusplanet.net news@com-voice.com

# NOTES FROM THE ONOWAY LEGION

### Submitted by Richard Moses

Regular Friday Dinners Are Back

The regular Legion dinners provide everyone with a delicious meal at a great price. Families (including children) are welcome, and you don't need to be a member to attend. All you need to do is make a reservation to ensure there's room for everyone.

Ymmm! Pork Chops!

On Friday, January 17, Chris Stewart and Lilianna Henry are in the kitchen to prepare pork chops, with roasted baby potatoes and veggies, with pie and ice cream for dessert.

Don't forget to book your reservation by text or phone to 780-340-0760, or leave a message on the Legion answering machine at 780-967-5361. Doors open at 3, with the meal served from 6 to 7 pm. Adults pay \$15; kids up to 10 years cost \$9 while 5 and under are free.

As usual, the bar will be open, along with the usual draw for a free meal. You'll have a chance to buy raffle tickets on a delicious meat package, on the 50:50 draw, or the Chase the President raffle, a progressive jackpot that increases in value each week there's no winner.

Tyschuk Construction Sponsors Meal

The meal on Friday, January 24 will be sponsored by Tyschuk Construction, with Lorne Olsvik cooking. Watch for menu details. (This was originally publicized as January 31.)

ŠuperBowl Party

Watch the SuperBowl on the big screen at the Legion. Beginning at 4 p.m., join the party on Sunday, Feb. 2. Admission is by a pot luck contribution or a donation.

Drop-in Weekly Pool and Darts Clubs

Every Tuesday evening, it's drop-in darts, with spare darts available if you just want to try it. Play begins at 7 pm, but please arrive earlier so you can be included on a team. Cost is just \$3 each week, plus some kind of snack if possible. The bar is always open.

Recreational pool, playing singles on four tables, goes every Wednesday evening. Registration is at 7 pm, and the balls are racked up at 7:30. Everyone is welcome, even non-members, and no experience is necessary. Cost is just \$5 each week, and the bar is always

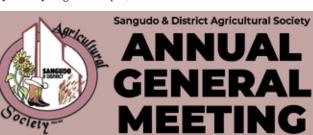
St. Paddy's Day Raffle

Tickets are now available for the St. Paddy's Day raffle for a \$400 liquor basket. Tickets cost \$10 each, are available at the Legion bar. The proceeds will go toward getting Ste. Anne Gas to replace our 30-year-old furnace.

Did You Know? The Legion has been busy with some badly-needed fixes and renovations – a new roof and insulation, and a new bar. Next up, replacement of our ancient furnace and dishwasher.



- † Cemetery Monument Sales & Installation
- † Traditional Burial & Funeral Services
- † Pre-need Funeral Packages
- † Crematorium & Memorial Services



January 15, 2020 @ 7:00рм at the Sangudo Arena

New members welcome! Refreshments provided! Please contact David at 780-284-8033 for more information

# JOINE OF THE WEEK

A Bulgarian tourist visiting America was interested in all types of American games. When he returned home, his friends asked him to describe the things he saw. "One interesting game I witnessed", he said, " was one called 'Oh shit', where one fellow calls out things like G4, I9, etc. After a while someone in the audience calls out 'Bingol' and the croud yells 'Oh shit!!"

### **BUSINESS FOR SALE**

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January 14, 2020 Community VOICE Page 3

### SANGUDO HORTICULTURAL CLUB'S YEAR IN REVIEW

Submitted by Brenda Ogden

First our upcoming events for 2020.

Monday January 20-2020 - Join Marlene Petersen for a virtual tour of her greenhouse. Many gardeners dream of having their own backyard greenhouse. Whether you are planning to build or already have a greenhouse, Marlene has lots of tips to share.

Saturday January 25-2020 - 13th annual Gardeners Day; Floral Fantasy. Maria Beers on spring flowering bulbs and Clara Qualizza on cut flowers. Registration forms on Alberta Horticultural Association website: www.abhorta.ca. or pickup form at ATB Financial in Sangudo. New this year catch a ride on the East End bus 780-905-3934.

THE YEAR 2019 IN REVIEW: January 21 A Walk in my Garden-Roxanne Lewchuk.

Try to find inexpensive materials to work with for landscaping, like an old granary for a greenhouse. Before you start landscaping you should track the sun and wildlife habits. If you have a design, push the lawnmower through the grass of the design before you start, and change your design if the lawnmower can't operate correctly. Structure and Balance are important for the look of rural properties in all seasons. Cover up the septic, and have plants eye level on hills. A seven foot tall fence all around the backyard will keep deer out.

Two tiered raised garden beds against a south house wall will speed gardening up by two weeks.

Continued on Page 4



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### Sangudo Horticultural Club's Year in Review

### Continued from Page 3

January 26 Gardeners Day was a huge success with speakers Kevin Napora, Michelle Bourke and Denise O'Reilly. The theme was about creating spaces and special places in your landscape and on growing seeds.

February 25 New this Season-Three representatives from the Big Greenhouse in Spruce Grove filled us in on the new stock for 2019.

March 25 Native Plants for

Gardens-Judith Golub and Manna Parseyan from Edmonton Native Plant Society. Some information sources are Attracting Native Pollinators: Protecting North America's Bees and Butterflies by the Xerxes Society; Go Wild with Easy to Grow Prairie Wildflowers and Grasses by Cherry Dodd and the Edmonton Naturalization Group; and Native Plants for Prairie Gardens by June Flanagan.

April 22 Growing Roses-Maggie Easton from the Edmonton Horticultural Society.

May 11 The horticultural club's annual plant sale. Perennials, annuals and edible plants are for public purchase each vear.

May 27 The Sundial Park and Sangudo spring clean-up. This is a way to give back to the community.

June 24 Tour-U of A Botanic Garden-Aga Khan Garden/ Creekside Home and Garden-display garden.

July 23 Tour Whitecourt yards. Vickie Quinn, Betty

Switzer, Gary and Nola Trynchy and the Anglican Church Labyrinth.

September 23 Use What You Grow-The focus of this meeting is sharing the fruits of our labor from our garden and discussing how the year went.

October Growing Vines-Lorraine Taylor, the Horticulturist from Lac Ste. Anne county.

When purchasing vines, consider if you want flowers or foliage, if needed for sun or shade, and how much maintenance the vine requires. Some vines may need pruning.

November 25 Christmas Party-A craft workshop at De Herdt Greenhouse in Barrhead.

The horticultural club meets the 4th Monday of most months at the Sangudo Golden Club.

For more information on the 2020 Gardener's Day; Con-Brenda- 780-237-4771 tact/ or Heather-780-785-2171 or sangudohortclub@ e-mailgmail.com

Our best to everyone in the New Year!







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way to find breast cancer early. And it can truly save your life.

The SCREEN TEST mobile mammography unit will be in

Barrhead January 30 - February 10, 2020

Call for an appointment

1-800-667-0604 (toll free)

screeningforlife.ca/screentest







# JANUARY NEWS FROM THE RICH VALLEY PUBLIC LIBRARY

Submitted by Rich Valley Public Library

Annual General Meeting on Monday February 24, 2020 at 7:00 pm

The Rich Valley Public Library will be holding our Annual General Meeting on Monday February 24, 2020 at 7:00 pm at the Library. We will be holding elections on this night and are seeking new board members. If you are interested in the Library and wish to volunteer your time on the board, we hold 4 meetings a year. Everyone is welcome and we look forward to seeing you there.

This month's programs:

Akhanda Yoga is every Tuesday from 11:00 am-12:15 pm. Our third session will run on Tuesday January 7, January 14, January 21, January 28, February 4 and February 11, 2020 from 11:00 am-12:15 pm. The next session will begin on February 18, February 25, March 3, March 10, March 17 and March 24, 2020. The cost will be \$60.00 for the 6 classes or a \$12.00 drop in fee. Please contact the library at (780)967-3525 to register or drop in on Tuesdays. All levels of yoga experience are welcome.

Storytime is every Wednesday from 11:00-11:45 am. Bring your toddlers in on Wednesdays from 11:00 to 11:45 am for stories, activities and crafts. All children ages 0-5 are welcome to join us at this free program. Every third Wednesday of the month we will alternate between Tents and Tunnels, Play Doh Fun, Literacy Activities and Lego Building. This program is funded by Lac Ste Anne County FCSS.

Ste Anne County FCSS.

Parents and Tots is every Wednesday from 9:45-10:45 am. Parents, guardians and caregivers are invited to bring your toddlers to play, discover and make friends at this free drop-in program held at the Rich Valley Public Library. All children ages 0-5 are welcome. Snacks, juice and coffee will be provided. This program is funded by Lac Ste Anne County FCSS.

Adult Whist is on every 2nd & 4th Friday of the month

at 7:30 pm. If you like cards join us for a night of fun and laughs. The cost is only \$2.00 per person and is held in the Yellow Room.

Our January program is Learn to Sharpen Your Own Knives on January 18, 2020 at 1:00 pm. Never struggle with dull knives in your kitchen again! Join us at the Rich Valley Public Library in the Yellow Room to learn how to sharpen your most used and therefore first to dullen kitchen knives. Bring one or two of your own knives, and whatever sharpening tools you have at home. We will have someone on hand to show you how to use it effectively. Please contact the library at 780-967-3525 or in person by January 16, 2020 so we can prepare accordingly. This program is funded by Lac Ste Anne County FCSS.

We are located in the basement of the Rich Valley Community Hall. We have installed a stairlift in the Yellow Room so all our programs and services are accessible to every-

one. If you are in need of the stairlift please press the buzzer at the front door and the library staff will assist you.

Rich Valley Public Library is open Tuesday from 5:00-8:00 pm, Wednesday from 10:00 am-2:30 pm, Thursday from 2:00-6:30 pm, and Friday from 9:00 am-12:00 pm. We look forward to seeing you!

Please check out our website at www.richvalleylibrary.ab.ca and Facebook for all our programs and news.

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OFFICE HOURS: 8:30AM TO 4:30PM MONDAY THROUGH FRIDAY
phone 780.785.3411 toll-free 1.866.880.5722 Isac@lsac.ca

# County News Highlights

January 9, 2020 County Council Meeting

Council meetings are held the second and fourth Thursdays of each month unless otherwise noted. Meetings begin at 9:30am. Visit LSAC ca/agendas for meeting agendas. To address Council, appointments must be booked at least 8 working days prior.

### NEW COUNTY MAP

### Download a free PDF or visit the County Office for the hard copy

A new version of the Lac Ste. Anne County map is available as a free PDF download, and in hard copy format for \$10.00 (GST included).

Download the map at LSAC.ca/maps or buy the print version at the County Administration Office, Mayerthorpe Town Office, Onoway Town Office or Village of Alberta Beach Office.

### **AG JOB OPPORTUNITIES**

## Agricultural Services hiring for seasonal positions

The County's Agricultural Services department is recruiting candidates for seasonal Weed Inspector, Crop Inspector and Pesticide Applicator positions. The employment term is approximately six weeks beginning May 4, 2020, with a salary range of between \$21 and \$25 per hour.

To apply for one of these seasonal positions, visit LSAC.ca/careers. The County thanks all applicants for their interest; however, only those selected for an interview will be contacted.

### ADMIN ASSISTANT NEEDED

### Full-time opportunity to support two County departments

Community Services and Enforcement Services have an immediate need for an Administrative Assistant. This role ensures operations are coordinated in an effective and efficient manner.

Visit LSAC.ca/careers for details.

### UPCOMING EVENT: RESILIENCE IN THE FACE OF STRESS

Four strategies for you and your community WEDNESDAY, FEBRUARY 5
CHERHILL, 10:00AM – 3:00PM
Join Relationship Enhancement Coach Carol Ohler for a day of resiliency building. Explore common-sense, regenerative tools that will allow you to reduce the negative effects of overwhelm, fear, anger, frustration, guilt, shame and other less-thandesired emotions.

Tickets are just \$20 each or \$30 for two people. Bring a partner or friend! Visit Eventbrite or call 1.866.880.5722 to register. For more info on this workshop, visit LSAC.ca/events or email taylor@lsac.ca.

Event sponsored by Gateway Research Organization (GRO) and Lac Ste. Anne County.

### PLANNING & DEVELOPMENT

### NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at 1-866-880-5722 or devassistant@lsac.ca, Monday to Friday 8:30am to 4:30pm to request additional information on a permit.

PERMIT#	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DATE DEADLINE
19-D0204	20, 55203 RGE RD 33 Lot 20, Block, Plan 7922674 Maylair Park within SW 15-55-3 W5M	Park Model Trailer 37.6' x 8.4' (315.84 sq. ft.) Wall Height 8.0'	January 20, 2020

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30pm on the above nated date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning and Development department, Box 219, Sangudo, Alberta, TOE 2AO.

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash.





# LAC STE. ANNE COUNTY PARENT LINK / EARLY CHILDHOOD DEVELOPMENT INITIATIVE

### FREE PROGRAMS IN JANUARY

### MESSY PLAY



Wednesdays, January 15, 22 & 29 10:00am - 11:30am & 1:00pm - 2:30pm Room 3, Onoway Heritage Centre

Come get messy with us...join us for some squishy, sticky, slimy

fun! Explore colours and textures with your fingertips. Make your own cloud dough to take home. Have tons of sensory fun with no worries about cleaning up the mess!

FREE drop-in program - no need to pre-register.

### WINTER WONDERLAND

Thursday, January 16, 9:00am - 11:30am Parent Link Room, Onoway Heritage Centre

Drop in and "chill" with us as we celebrate the season of ice and snow! Enjoy winter themed crafts, activities, toys, and sensory bins. A light snack will be provided.

FREE drop-in program - no need to pre-register.

### A PIRATE'S LIFE FOR ME

Thursday, January 23, 9:00am – 11:30am Parent Link Room, Onoway Heritage Centre

Arrr me mateys! Join our pirate crew as we transform you from landlubber to swashbuckler. Embark on an epic pirate adventure with loads of pirate activities. Make a pirate hat and spyglass, and decorate your own pirate sword. But, be careful – you may end up walking the plank!

A light snack will be provided.

FREE drop-in program - no need to pre-register.

### **TENTS & TUNNELS**

Thursdays, January 16, 23, & 30, 1:00pm – 2:30pm Alliance Activity Centre (museum gym), Onoway Heritage Centre

Drop in for active indoor play. Enjoy tents, tunnels, balls, hula hoops, stepping-stones, soccer, dress-up clothes and more.

FREE drop-in program - no need to pre-register.

### **BABY NETWORK**

(in partnership with Alberta Health Services and the Onoway Public Library)



Thursdays, January 30 – March 12 (except Feb. 6th) 10:45am - 12:15pm Parent Link Room, Onoway Heritage Centre

Meet other parents and discover

parenting strategies. Learn about great resources in your community, infant massage, dental care, speech & language development, introduction to solid foods, self-care & depression around childbirth, and much more!

Registration is required. Please contact Alberta Health Services at 780.967.4440 to register. Childcare is available for older siblings but MUST be requested at time of registration.

### SANGUDO STAY & PLAY

January 14 & 21 (no Sangudo Stay & Play Jan. 28) 11:00am - 12:00 noon Sangudo Early Childhood Room (arena)

Drop by to enjoy a coffee, visit while your kids explore the awesome toys and sensory bins, and create crafts.

FREE drop-in program - no need to pre-register.

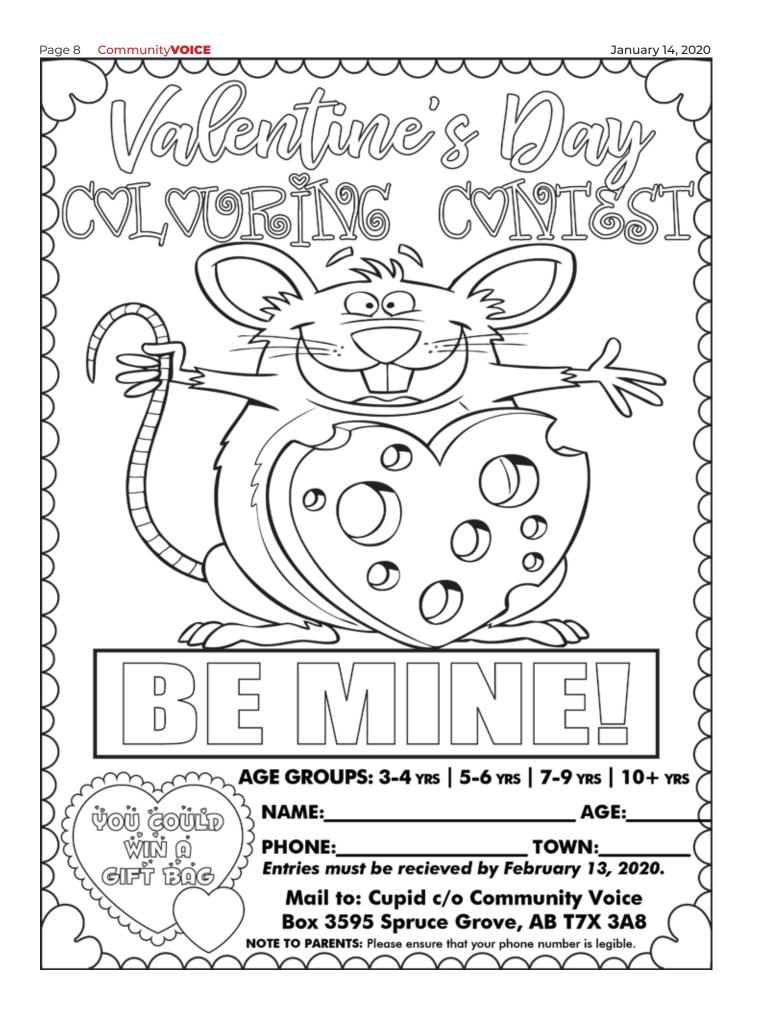
Parent/caregiver supervision of children is required. For more information, please contact Parent Link/Early Childhood Development Coordinator Cathy Steeves: 780.785.3411 / 1.866.880.5722 or email csteeves@LSAC.ca.











January 14, 2020 Community VOICE Page 9

# Classified Ads - Call 962-9228

### **Obituaries**



BRENT, Marcelle Elizabeth 1934 – 2020

It is with heavy hearts the family of Mrs. Marcelle Brent Alberta Beach, AB. announce her passing at the age of 85 years. Marcy will be remembered for excellent baking and cooking skills. Marcy will forever be loved and remembered by her children: Brenda (Ralph) Sampson, Greg (Karen) and Brian; her son-in-law Mark Skaley; 12 grandchildren; two great grandchildren; her brother Lyle (Arlene) as well as numerous other relatives and friends. Marcy was predeceased by her husband E. John; her parents Daniel and Annie Zdunich; her two daughters Teresa Brent and Mary Skaley as well as her brothers: Gabriel, James, Danny, Stan and Clarence. A Memorial Service will held on Friday, January 17, 2020 at 1:00 P.M. at the Lac Ste. Anne Catholic Church with Father Kwiatkowski, O.M.I., Celebrant. If friends desire, Memorial Tributes may be made to the Canadian Cancer Society, #201, 9452 51 Avenue NW, Edmonton, AB T6E 5A6 or the Heart & Stroke Foundation. #144. Calgary Trail, Edmonton, AB T6H 5G8 Parkland Funeral Services, Stony Plain, in care of arrangements. 780 963 2520. (1) 14-01

## **Employment Opportunities**

Camp Yowochas in Fallis is currently seeking COOKS to prepare meals during summer camp. Maintaining a clean and friendly work area and light lifting required. Part-time and full-time positions available with flexible shift options including weekends or weekday only. Please contact Terry Konyi at 780-892-2660

ext. 23 or by email at t.konyi@ ywcaedm.org to apply. (2) 14-01

### Computers

COMPUTER REPAIRS NOT over \$50. Get a good, clean, refurbished, Upgraded Laptop or Desktop for ONLY \$100. Discount for Single Parents or Seniors. Donate Used Computers/will clear data. Call: 780-892-2407 (12) 05-11-19

### **Buy & Sell**

I BUY GUN COLLECTIONS and World War 2 Collectables, Please call Jay for a quote 780-686-1350 (30) 19-11-19

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Cannabidiol, CBD, is one of over 80 active cannabinoid chemicals in the hemp plant. CBD, unlike, THC, does not produce euphoria or intoxication. CBD targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using CBD products for both treatment and prevention of numerous allments.





### Therapeutic Uses For Pure Hemp CBD

Supports healthy blood sugar levels, promotes healthy energy levels, releves aroiety, aids in digestion, supports optimal immune function and the regengration of healthy cells, and promotes a sense of serenity and overall well-being.



Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.

### KEY BENEFITS

PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.

PROMOTES HEALTH: Helps to promote relaxation and overall health.

WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

### **CBD PET PRODUCTS**

### PET CHEW TREATS



### KEY BENEFITS

SYNERGISTIC BENEFITS:
Can be used in conjunction
with regular medications
with no side effects.
NO SIDE EFFECTS: Does
not damage the fiver,
iddney or GI Tract like OTC
medication.
DISTARY SIDENI EMENT:

DIETARY SUPPLEMENT: Can be administered daily as part of your pet's diet.



### ORAL SPRAYS & DROPS KEY BENEFITS

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain. TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling. GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets. CONVENIENT: Can be sprayed into pet's mouth or on food.

For more information, Call (780) 907-8642

Page 10 Community**VOICE** January 14, 2020

# Classified Ads - Call 962-9228

### **Dog Caretaker**

Alberta Beach & Surrounding Areas, thinking of a Winter Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving

care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 10-12 OG

### **Services**

WANTED: Standing Timber – Are you looking to cut your wood lot before pine beetles

or forest fires destroy it? Top dollar paid. Call Paul 780-706-1470 (12) 22-10-19

### **Firewood**

FIREWOOD FOR SALE -Birch, Tamarack & Spruce Pine mix. Poplar. 4x4x8 cords and 1/2 cords. Quality seasoned wood, Delivery or Pick up. Woodchuck Firewood, 780-288-7247 (28) 10-12-19 OG

SEASONED FIREWOOD: Birch, Tamarack, Spruce/ Pine & Poplar. 4x4x8 cord, Split and delivered or pick up at wood yard, 1/2 cord or full cords available. Call 780-967-5835 or 780-983-1495 (28) 27-08-19

### For Rent

Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Please call Peggy for viewing at 780-967-4420 or 1-403-742-6467. www. onowayinnandsuites.com (4) 10-12 OG

ALBERTA BEACH - Newer 2 bdrm apartment, downtown, awesome view looking over the lake, 1100sqft, washer/dryer/central vac, 2 baths, stainless steel appl, open concept, please call Cheryl 780-982-6922 (4) 10-12 OG

Available immediately, Large 2 Bedroom in 12 Unit Apartment Building in Entwistle. Includes heat, water & parking. Rent \$795/ month + DD \$300. Please call Ivka 780-807-1300 or email jakovljevicivka@yahoo.ca (2) 07-01 OG



# NEW FACILITY Chapel & Reception Centre

600 Calahoo Road Spruce Grove, AB 780-962-2749 www.serenity.ca

SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY

# SUDOKU REWEEK

### **Fun By The Numbers**

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	2		6	5				
7	3			1	8			
		4		9			6	
	5				1			7
						9	2	
4	7		9	6	3			
					6		5	3
			5	3			9	
	4	5	1					6





**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

# MMUNITY EVENTS2

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

JAN 15 - SPRING SESSION REGISTRATION for Lac Ste Anne Community Choir, 6-7 pm at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348.

JAN 20 - SANGUDO HORTICULTRUAL CLUB: A WALK IN MY GREENHOUSE. Join Marlene Petersen for a virtual tour of her greenhouse. 7:00pm, at the Golden Age Club (4927-50ave Sangudo). Walk-in fee \$5.00.

JAN 25 - SANGUDO HORTICULTURAL CLUB'S 13TH ANNUAL GARDENERS DAY. Floral Fantasy. Cost \$35.00. Sangudo Community School 8:30am-3pm. Info Brenda 780-237-4771

FEB 25 - GRIEFSHARE WEEKLY GRIEF SUPPORT GROUP STARTS held on Tuesdays 6:30-8:30pm, at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for \$25. Call 780-786-2695 to register.

#### **FARMERS MARKETS**

BARRHEAD: Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802 ONOWAY FARMERS' MARKET: Thursdays,

5-8pm at Onoway Community Hall. Starts May 1st. 780-667-6327 or onowayfarmersmarket@ SPRUCE GROVE: at the Elevator. Sat 9:30-

1:30PM, tables (780)240-5821 **STONY PLAIN:** Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.

WESTLOCK: 11-3PM, Bargain Shop Mall, Dave

#### **BINGO**

BARRHEAD ROYAL CANADIAN LEGION:
Doors 5:30pm, games start 7pm. Games: #7,
Jack Pot, Mini Jack Pot, Loonie #1 & #2.
CHERHILL BINGO: Tuesdays at Cherhill ommunity Association. Doors @ 6:30pm,

CHERHILL LEGION: First Sunday of Month.

MAYERTHORPE ROYAL CANADIAN LEGION:

Tues, doors 6:30pm, bingo 7:30pm
RICH VALLEY COMMUNITY HALL BINGO: DPM. Loonie Pots. Next bingos January 8 & February 5 & 19.

STONY PLAIN SENIOR'S DROP-IN CENTRE,

public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685
WHITECOURT SENIORS CIRCLE, Every Tuesday. Open (§ 5pm, 1st call (§ 6:45pm, Nevadas, Concession. 780-778-4950 \*Sept.

### **MEAT DRAWS**

ALBERTA BEACH MUSEUM: Every Sat 4PM,

Alberta Beach Hotel

ALBERTA BEACH: Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw -Sundays, 4:00pm at Jungle's Bar & Grill. BARRHEAD ROYAL CANADIAN LEGION:

Fridays 6:00pm. Queen Of Hearts draw 8

DARWELL: by Alberta Beach & District Lions Club, 4:00PM bi-weekly, Darwell Lounge &

ONOWAY ROYAL CANADIAN LEGION:

STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw &

WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the CIBC.

#### **MEALS ON WHEELS**

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@

WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.318 or email: westendmow@

#### **JAMBOREES**

CARVEL: 2<sup>nd</sup> Sunday of month. \$6 lunch served. Info 780-991-3001 MAGNOLIA: at Magnolia Hall. 2<sup>nd</sup> Saturday of

MAGNOLIA: at Magnolia Hail. 2" Saturday or Month, New Time is 1:00pm. Call to confirm, 727-2015. \*October - May, NO Dec. SANGUDO: Sangudo Community Hall, 1st Sat of month 7Pm. 785-4105 or 305-5088. \*October - Mav.

SPRUCE GROVE: at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 \*September

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of month, 7PM, \$2. PH: 587-989-7214 or 963-

THE ABBOTTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3" Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only. WHITECOURT SENIORS CIRCLE: 2nd Sunday

of the month 1-5pm, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 \***Nov - June** 

#### TOPS (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-6:45pm. Meeting 7:00pm. Alberta Beach Lutheran Church, Hwy 633. 967-5009. EDMONTON: Thurs 8:30-10AM at Annex of

Grace United Church (6215-104 Ave). \$7/ SANGUDO: Tues, United Church, 6:00pm. on 785-2095 or Marlene 786-4646

STONY PLAIN: Thurs evening, Stony Plain United Church, Susan (780) 968-0869 SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

#### YOUR COMMUNITY

ONOWAY ROYAL CANADIAN LEGION: Open

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7:00Pm to 10:00Pm for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3:00 Pm- 10:00Pm. Friday's Family Friendly Dinner, 5:30Pm (open to the public).

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www. drugrehabresource.net.

SPRUCE GROVE ELEVATOR TOURS, Tues-Satt, 9:00-3:00Pm. Info 960-4600.

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10AM-VOLUNTEER TUTOR ADULT LITERACY

VOLUNTEER TUTOR ADULT LITERACY PROCRAM: Need assistance with reading/ writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

### **SOCIAL EVENTS**

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/ Fitness. Everyone Welcome. BADMINTON: Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

(78U)6/4-69/4.

BALLROOM, LATIN, COUNTRY DANCE SOCIAL: 1st Saturday of every month. Doors open 89m at Central Lions Recreation Center, 11113 113 St., Edmonton AB. Cost \$15 paid at the doors, Hosted by Everyone's Ballroom Dance Assoc, More info; www.ebda.ca 780-893-6828 COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2º "Tuesday of every month, from 10-3PM. Drop in \$\$/member, \$\$/nonmembers. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING Wed 4-6PM. Preregister by Tues evg. Mayerthorpe Public Library www.mayerthorpelibrary.ab.ca (780)786-2404

"ME, YOU, & EVERYBODY" Fun new

local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00AM starting May.

ONOWAY GOLDEN CLUB: Cards Tuesdays, 1PM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.

ONOWAY HAVE FUN & GET FIT! Excercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday

PANCARE/BREAKFAST SUIGLE: 3" SURINGS 9:00-11:30AM, Parkland Village Community Centre. \*except June, July, August RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040. SANGUDO ART GROUP: Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

STONY LIVING INSPERATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations

month at /PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-7037

WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00pm. 780-778-4950 WRITERS PROGRAM: Mayerthorpe Library, 1st Wednesday at 1PM.

### **MEETINGS**

**IST ONOWAY SCOUTS:** Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

2716 ROYAL CANADIAN ARMY CADETS, Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842 299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30pm. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233 755 PARKLAND AIR CADETS Thurs, 6:30-

9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com. **AA - MAYERTHORPE**, Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

8PM. (780) 786-2604 of (780) 786-1927
AA - SANGUDO GOLDEN CLUB, Tues 8PM call 786-4402/785-9214/785-3599
AL-ANON - ONOWAY: Meetings are at 7:00PM, Tuesday evenings, at the Onoway United Church. \*Meetings suspended till Marcs 2020.

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-

ALBERTA 55 PLUS: Villenvue Hall at 10AM. Meetings on 2<sup>nd</sup> Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4<sup>th</sup> Tues 7:00PM, Alberta Beach Agliplex. **ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs of month, 7:00рм, Alberta Beach

ALBERTA BEACH MUSEUM meets on the 2<sup>n</sup>

Wed, 7:00PM at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St. Onoway

BARRHEAD & AREA CANCER SUPPORT GROUP: 4<sup>th</sup> Thurs. 6:30-8:00pm at Barrhead

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2<sup>nd</sup> Thurs, 7PM at the Legion

Hall. COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8pm at the Hall. 785-2825 \*Except Jan, July, Aug, Sept. CHERHILL SILVER & GOLD SENIORS CLUB

Regular Meetings 1<sup>st</sup> Tuesday of month, Cherhill Seniors Hall. Call Rosamy 780-785-

CHERISHED MEMORIES, PARENTS & TOTS

Wed & Fri, 10-12PM, Alberta Beach Agliplex Info call 780-902-4879 or 780-999-7622 \*Sept-June.

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. all Chris 780-963-6997

DARWELL & DISTRICT AC SOCIETY
MEETINGS, 8:00PM, 1st Monday, Darwell
DDRA MEETING, 7:00PM, 2st Mon, Darwell
Centennial Hall 721-2690. \*except Jul/Aug/

GIRL GUIDES, BROWNIES & SPARKS Thurs, Onoway Heritage Centre. Info Laura,

GREENCOURT COMMUNITY ASSOCIATION

GREENCOURI COMMUNITY ASSOCIATION meet 2<sup>nd</sup> Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

CriefShare: WEEKLY GRIEF SUPPORT GROUP held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for just \$25. Call 780-786-2695 to register.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorekinette-6/mail/com. Tracv.

mayerthorpekinettes@gmail.com,

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30pm at Onoway Museum (780) 967-0443 9:30PM at Onoway Museum (780) 967-0443
LAC STE ANNE COMMUNITY CHOIR,
Wednesdays 7PM at the Heritage Centre in
Alberta Beach (50+ Club behind the hotel).
Further info, call Diane @ 780 924-2348.
LAC STE. ANNE & LAKE ISLE WATER
QUALITY MANAGEMENT SOCIETY: 3'd Fri,
7PM Alberta Pach Course! (Chambers\*

LAKE ISLE HALL COMMUNITY HALL BOARD LARE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RRSS) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY
ASSOC, every 4<sup>th</sup> Mon, 5PM in Hospital
Basement Education Room.

MEN FOR SOBRIETY: Wednesdays at 7:30 PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY

MS SOCIETY PARKLAND COMMUNITY
SUPPORT GROUP Are you diagnosed with
MS and have questions? Last Tues of month,
7-9pm, Westview Health Centre. Cassy 780471-3034 \*Sept-June
NA MEETING, Tuesdays 7:00PM Poplar Valley
Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd ONOWAY & DISTRICT HISTORICAL GUILD: 3<sup>rd</sup> Wed 7pm, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-

967-2629.

ONOWAY ROYAL CANADIAN LEGION
General Meetings, 1st Mon, 7pm. \*Sept-June
RICH VALLEY AG SOCIETY BOARD
MEETINGS: at the Agriplex on the 2nd Wed of
the month. 7:00pm. the month. 7:00PM.
RIVER TALKERS TOASTMASTERS CLUB

Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-

SANGUDO PAINTING GROUP: Every Thurs. Sangudo Community School. 785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258 **WEIGHT WATCHERS** Alberta Beach Agriplex

- Mondays, weigh in 6:30pm. Meeting at 7pm. WESTLOCK & AREA CANCER SUPPORT GROUP: 3rd Wed. 6:30-8:00pm at Westlock

# hurch Directory



Sunday School 10:00am

Worship Service 11:00 am

Catholic Parish of Lac Ste. Anne

> Sunday 10:00am



Worship Service Sunday 10:30sm Children's Church

54 St. Mayerthorpe (780) 786-2677

### Alberta Beach Alliance Church

Sunday Worship Service & Kid's Church 11:00<sub>km</sub>

Sunday School 10:00am (780) 924-3282

### St. John's Anglican Church

Onoway

Sunday Service 10:00 a.m. Everyone Welcome

### St. John's Lutheran Church

Alberta Beach

Sunday Service 11:00<sub>m</sub> Sunday School

### Zion United Church

Sunday Service Sunday School

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### Sangudo United Church

Worship Service 3rd Sunday 11:00a.m.

### St. Mary's Anglican Church Service

Holy Communion 2<sup>nd</sup> Sunday each month 11:00 a.m. Reverend Barry Rose Officiating

### Cherhill Community Church

Sunday School 10:00s.m. - 11:00s.m.

Worship Service Sunday 11:00m

### St. Michael Lutheran Church

Sunday Services 1st & 3<sup>rd</sup> Sunday at 2:00p.m

Pastor Rick Chappell (780) 674-2618 Mystery Lake



### Trinity Lutheran Church (LC-C)

Pastor Dan Hansard hurch (780) 778-2055 Sunday Worship

### Mayerthorpe Pentecostal Assembly

P.A.O.C. Rev. Arnold Lothoiz Sunday 10:30sm. Morning Service Tuesday 7:30pm. Ministry Training (780) 786-214

### Onoway Baptist Church

Sunday Service 10:30a.m.

Pastor Greg Garbutt (780) 967-2266

### Roman Catholic Church

Sunday 9:00am St. Elizabeth Farish. Saturday 7:00pm (780) 786-2032

### Calahoo Alliance Church

Family Worship Service Sunday 10:00am

For Info Call Jerry (780) 974-773

## **ATB** Financial

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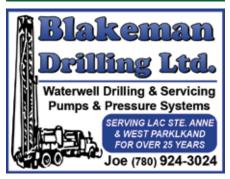
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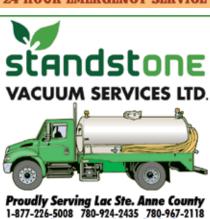
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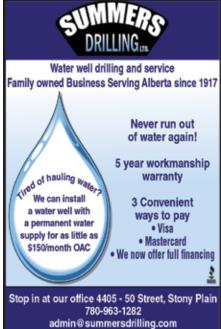


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