



COMMUNITY VOICE

YOUR LOCAL NEWSPAPER

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

February 4, 2020

NEWS FROM SANGUDO HORTICULTURAL CLUB

Submitted by Sangudo Horticultural Club

We have had two activities since the New Year

On Jan 20/2020 Marlene Petersen was the presenter of a Walk in my Greenhouse. The important things to have in a greenhouse are grow lighting, air circulation and water misting for your plants. An interesting fact

that came up was that tomatoes can't be in temperatures below 50°F/10°C. or they won't set blooms.

On Jan 25/2020 we had our 13th Annual workshop, Floral Fantasies. Maria Beers a Dutch landscape designer talked about spring flowering bulbs. Her talk included the way to combine them with other early flowering perennials and shrubs to make an

attractive spring yard. Let perennials that emerge later cover your bulbs so your yard is always in bloom.

You buy the bulbs in the fall and plant them as soon as possible after purchasing them. Plant them in August or September for zone 2 yards and Mid-September to early October for zone 3-4 yards.

Continued on Page 4

CANADA SUMMER JOBS PROGRAM (CSJ) 2020

Submitted by Gerald Soroka, MP for Yellowhead

Gerald Soroka, Member of Parliament for Yellowhead, is pleased to inform constituents that the CSJ 2020 application period for employers has opened and will be running until February 24, 2020. The Canada Summer Jobs initiative helps employers create summer job opportunities for those between the ages of 15 and 30.

"I encourage Yellowhead not-for-profit organizations,

public-sector employers and small businesses to apply for funding through the Canada Summer Jobs program," stated MP Soroka.

To support employers, the CSJ 2020 Applicant Guide is available at

<https://www.canada.ca/en/employment-social-development/services/funding/canada-summer-jobs.html>

Service Canada will automatically post all positions funded by CSJ to JobBank.gc.ca and on the mobile

app to help employers fill CSJ-funded positions with qualified youth looking for work in their communities.

For more information on local priorities, including the local priorities that have been established for each constituency, consult the Canada Summer Jobs website at the link below:

<https://www.canada.ca/en/employment-social-development/services/funding/canada-summer-jobs/local-priorities.html>

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—YOUR LOCAL NEWSPAPER—

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LAC STE. ANNE COUNTY – A CONSERVATION SUCCESS STORY



Submitted by Alternative Land Use Services (ALUS)

Despite the terrible farming conditions in 2019, Lac Ste. Anne County farmers had another successful year for conservation. The farmers here are leaders in the western provinces for the Alternative Land Use Services (ALUS) program. A total of 265 acres were protected this year, as a direct result of 10 alternate watering systems and 11 miles of fencing.

The ALUS program works with farmers to complete environmentally sustainable projects on private land and compensates farmers for land they are no longer farming or are unable to farm effectively. We cost-share fences, watering systems, nest boxes, some tree and shrub planting in order to protect wetlands, old growth forests, and sensitive areas. Farmers are paid to grow clean air, clean water, and wildlife habitat with no change in land title.

The LSAC ALUS program runs on a Provincial grant from the Watershed Resiliency and Restoration Program and this is the last year for funding under this grant. Do you have an area on your farm that you would like to protect? Then come to our open house at the County office on February 20, 2020 from 5 – 8pm! You can also contact the County's ALUS coordinator by calling 780-785-3411, toll free at 1-866-880-5722 or via email, alus@LSAC.ca.



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DARWELL PUBLIC LIBRARY NEWS

Submitted by Darwell Public Library

We are busy planning our programming schedule for the Winter/Spring session and have a few things happening should you stop by the library. The Colouring Club, Family Games and LEGO run daily, during regular library hours, for patrons of all ages. These passive programs are self-directed activities; we supply the materials you supply the inspiration and fun. We encourage you to ask about our passive programming and provide ideas for what you would like to see in the library. We look forward to hearing from you.

The next Book Club meeting will be held on Monday, March 2, 2020 at 2:00p.m. to review "Eleanor Oliphant is Completely Fine" by Gail Honeyman. Do you love to read? Do you like to discuss what you have read with others? We are always interested in a new

perspective to add to our conversation. If you are interested in participating, you can register and make arrangement for loan of the current title by calling the library @ 780-892-3746.

Preschool Story Time/Play Time for children 0 to 5 years of age will start on Monday, February 10, 2020 with Valentine Fun Day and run once a month until May 11, 2020 from 1 PM to 2PM at the library. We are making changes to this program and will require you to register if you wish to attend No Drop Ins. All children must be accompanied by an adult as this is a program designed for parents/caregivers and children together. This is an interactive early literacy program so come join us for stories, activities, crafts and a snack.

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FAIR DEAL FOR ALBERTA
MLA PANEL




MLA Shane Getson, MLA Martin Long

Wednesday, February 19:

Mayerthorpe Diamond Centre
4814 - 54 Street
Mayerthorpe, AB T0E 1N0
7:00pm - 8:30pm

Standing up for Alberta

FAIR DEAL FOR ALBERTA
MLA TOWN HALL



MLA Shane Getson, MLA Mark Smith

Thursday, February 13:

Villeneuve Airport, Building 44
Range Road 271
Secondary HWY 663
7:00pm - 8:30pm

Standing up for Alberta

JOKE OF THE WEEK

A Police officer stops a driver:
"Your tail light is broken, your tires must be exchanged and your bumper hangs halfway down. That will be 300 dollars."

Driver: Alright, go ahead. They want twice as much as that at the garage.



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News from Sangudo Horticultural Club

Continued from Page 1

The more root development they achieve, the more chance they will survive the winter. Water them well after planting. Don't mulch the soil above them until the soil is frozen.

Clara Qualizza is the owner of Meadow and Thicket Farm Flowers, a cut flower operation. It is important to use clean sharp tools to cut the stems of flowers at a 45° angle. Cut your flowers in the cool part of the morning. Put your flowers in a bucket of water right away. The stage you

harvest your flowers in affects how long they will live in the vase. To extend their vase life: After picking the flowers put them in a dark place for eight hours and feed them flower food. When you put them in the vase make sure no leaves extend into the water, feed them flower food and recut the stem at a 45° angle every day. Keep the vase out of direct sun. Keep vase away from heat sources, and fruits and vegetables. Use rain water, as water quality also affects plant life.

To make your own flower food, 1 liter water, 2 tsp lemon

juice, 1 tsp sugar, 1 tsp bleach.

Our day would not be complete without our vendors at the trade show.

New this year:

Lee Valley Tools out of Edmonton

Debbie's Flower Therapy-Parkland county. Debbie Burton teaches crafts, sells fairy houses and more, and is an energy healer. This includes flower therapy. Flower therapy is based upon nature's healing abilities and can be used to create potent healing effects. Whether you're working with flowers in your own garden,

or specially purchased to heal a specific situation, they will bring more emotional, physical and spiritual beauty into your life. More info 780-887-2182

Paulette's Signs and Designs-Darwell. Paulette will do customized signs, decals, iron-ons, and more. She offers paint nights, wedding ideas, bachelorette/bridal showers, birthday parties. More info 403-819-0617

Cygnets Creek Tree Farms-Onoway. Sells Ornamental trees. Call before coming, Axel 780-221-7050

And we were glad to see back again:

Al's Wood Working, Al Hanson-Mayerthorpe. Al has been a continuing vendor at our workshops for a number of years with his ornately crafted wooden artwork.

Mitch's Makes-Onoway. Michelle has canning, pickles, jams, baking and woodwork for sale. She attends markets, hosts paint nights and offers her yard for tours. More info 780-905-9704

Marc Lallier Apiaries Inc-Sangudo. Melanie Lallier was selling local honey.

Twist and wrap Studios-Cosmos area. Dianne Johansson-Paverpol instructor teaches classes. Paverpol allows you to use your artistic talent. You create outdoor hardy statuettes to add uniqueness to your garden. 780-305-1952

Aspen Acres Market Garden-Alberta Beach. Lucie Heins. Canning, pickles etc. for sale. Attends various markets.

A'Bunadh Seeds-Cherhill. Denise O'Reilly is a perpetual favorite with her heritage seeds for sale.

Lac Ste. Anne County booth-Lorraine Taylor

Sangudo and District Horticultural Club- 2020 cookbooks for sale and photo contest entries.

A big thanks to our caterer Cookhouse on Main-Sangudo, the Lac Ste. Anne county and all the volunteers who make the event run smoothly!

Upcoming: February 24/2020 Presentation by Ashleigh Munro representing Kiwi Nurseries at Sangudo Golden Age Club.

Constituency Assistant

Constituent Assistants play a key role in the democratic process in the province of Alberta, as they are the first point of contact for constituents. The Constituency Assistant acts as a bridge between the citizen and the elected representative.

As an extension of the Legislative Assembly Office, we offer challenging work, dynamic environment and a rich history.

The constituency office of Lac Ste. Anne-Parkland is looking for a mid-to-senior level full-time Constituency Assistant. In this unique role, the ideal candidate will possess exceptional organizational skills along with strong attention to detail as they support and coordinate the needs of constituents and carry out the functions of the office. Experience with supervision would be an asset.

The Constituency Assistant is responsible for maintaining strong communication networks within the constituency, coordinating operational and administrative functions in the office, providing outreach and liaison in the community and overseeing constituent's casework. In this role, you may provide supervision and direction to staff while ensuring issues and functions of the office are carried out in a timely and professional manner.

The ideal candidate would possess a related post-secondary degree along with 3-5 years of experience in an office setting. Strong communication and relationship building skills are necessary in order to effectively assist constituents and community members with various inquiries. The ideal candidate will be able to efficiently manage multiple demands while projecting a calm and professional presence. Experience with supervision and task delegation would be an asset.

Salary range for this position is \$43,824 – \$72,888 dependent on qualifications in addition to a comprehensive benefit package.

If you believe this job is right for you, please send your complete application package, including resume and cover letter, to:

MLA Shane Getson
4708 Lac Ste. Anne Trail, N
P.O. Box 248, Onoway PO
Onoway, AB T0E 1V0

Or email to:
LacSte.Anne-Parkland@assembly.ab.ca

The deadline to apply is February 21, 2020.

We thank all applicants for their interest; however, only candidates under further consideration will be contacted. Final candidates will undergo pre-employment checks.

NORTH CENTRAL CO-OP BEGINS RENOVATION AT ITS STONY PLAIN FOOD STORE

Submitted by North Central Co-op

After receiving approval from its Board of Directors, North Central Co-op moves forward with refreshing the Stony Plain Food Store. The store, located at 4917 50th Avenue, will remain open to the public during regular operating hours throughout the renovation.

Aware of the much-needed face-lift, North Central Co-op will be making significant upgrades to the interior and exterior décor. They will also be increasing the produce and fresh offerings (Deli & Produce), updating coolers and freezers, making front-end improves for convenience, adding a new customer service counter and will be remodeling the public washrooms.

According to Kris Larsen, Food Division Manager, "we recognize that this renovation

has been long overdue and we are thrilled to be able reinvest approximately \$800,000 back into our Stony Plain Co-op Food Store. It's big deal for our customers, members and our employees."

The local, Stony Plain Co-op has been an important part of the community for a lot of years.

"Our objective is to improve the existing layout and refresh the store. We want to make something old, new again. So far, we've had a few customers question whether we will be painting over the mural. Our answer—the mural stays—it's a heritage piece that's very much tied to the Stony Plain Co-op," states Rory Brady, Stony Plain Food Store Manager.

With tight deadlines, North Central Co-op aims to wrap up the renovation in Spring of 2020. The Association plans to hold a grand reopening and

will invite the community to come join in the celebration.

North Central Co-op would like to thank its customers, members and employees for their patience during the refresh. "Please bear with us. We know that the added noise, workers and equipment are very disruptive to our shop-

pers—there is an end in sight and the store will be so much better because of the changes we are making" adds Rory.

North Central Co-op plans to hold a Renovation Sale in the coming weeks to thank shoppers for their continued patience.

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- Control Room Technician
- Heavy Equipment Operators (minimum 3 years experience in aggregate industry)
- General Maintenance and Support
- Junior Mining Engineer (minimum 3 years experience)
- Materials Coordinator
- Pump Technician (minimum 3 years experience)

WHITCOURT APPROVES 2020 INTERIM BUDGET

Submitted by Town of Whitecourt

Whitecourt Town Council has approved the 2020 Interim Operating and Capital Budget. The Interim Budget includes over \$52 million of capital and operating expenditures and requires a 0% overall tax change.

“Whitecourt Town Council realizes that an unpredictable and volatile economy has impacted many families in our community, and we have been mindful of that during development of this budget,” stated Mayor Maryann Chichak. “We tasked Administration and community advisory boards to find cost efficiencies and reduce spending. At a time when inflation and cost of living continues to increase, we have developed an interim budget that requires no change to tax rates,” stated Mayor Maryann Chichak.

The passing of the Interim Budget allows projects to proceed before the 2020 Budget is given final approval. The 2020 Budget will be finalized in the spring of 2020 once the Provincial budget is adopted, and final assessment figures are established. The 2020 Interim

Budget Report can be viewed on www.whitecourt.ca.

“While we have managed to keep the overall tax change at 0% for the interim, there are still a number of factors that could significantly impact our operations and the tax rate before we adopt the final budget. The federal and provincial budgets, as well as inter-municipal service agreement negotiations with Woodlands County, could impact revenue sources and force us to revisit proposed projects, service levels and the tax rate for 2020,” added Mayor Chichak.

Capital Budget Highlights:

- The 2020 Street Improvement Program includes street, lighting, and sidewalk repairs at locations throughout the community.

- The Water System Upgrade Project construction is anticipated to begin in 2020 with funding support from the Build Canada Program and the Alberta Community Partnership Program. The upgrades include a dedicated supply main and other system upgrades, including pressure reducing measures to improve the distribution network and fire flows.

- The Aerial Platform Pumper Truck was ordered in 2019 and is expected to be delivered in June 2020. The unit is expected to be in service by the summer of 2020.

- Festival Way will be constructed in Rotary Park in the spring of 2020 with funding support from the Enabling Accessibility Fund and sponsorship from the Rotary Club of Whitecourt. Festival Way will provide the base for future cultural and family entertainment options in the community, and will enhance Rotary Park through the creation of a corridor for pedestrian traffic through the park with spaces for community groups to set up tents/displays with power services and pathway lighting.

Operating Budget Highlights:

- Continue with the Odour Control Program at the Wastewater Treatment Plant (chemical treatment, permitting of haulers, etc.) until future system upgrades are complete.

- Continued collaboration and development of new agreements with Woodlands County for services that benefit residents of both municipalities.

- Creation of a Geographic

Information System (GIS) that will be completed in the spring of 2020 that will centralize the Town’s datasets and allow for better use and analysis of the information.

- Completion of the Regional Business Park Feasibility Study in partnership with Woodlands County to identify current and future industrial needs in the region.

- Create recommendations based on the Flood Mitigation Plan for future flood mitigation enhancements, funding strategies, education programs, and projects that will improve community flood planning and mitigate potential flood damage.

- Development of a Sports Hosting Partnership Program to support and grow the economic impact that is experienced through hosting sporting activities in our community.

As part of the budget process, members of the public will have an opportunity to review the Interim Budget and provide feedback at the annual Budget Open House. The 2020 event is tentatively scheduled for February, and advertisements will be published in the new year.

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FEBRUARY

15TH TO 17TH, 2020



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- Snowmobile Poker Rally
- Skate Park
- Snow Sculptures
- Horse Drawn Wagon Rides
- NEW!** • Ice Car Racing
- Snowmobile Parade
- Bonfire
- Roast Beef Dinner
- Fireworks
- Ice Breaker Party

BAR WILL BE OPEN FROM 1-5PM
PARTY STARTS AT 5:30PM

SUNDAY

- Breakfast
- Snowmobile Drag Race
- Ice Park & Kidz Zone
- OHV Novelty Challenge
- 5 km Walk/Run
- Skate Park
- Snow Dig
- Broomball Tournament
- Vintage Snowmobile Show and Shine

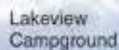
MONDAY

- Breakfast
- Family Fishing Day
- ATV Poker Rally
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DARWELL PUBLIC LIBRARY NEWS

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TRAFFIC STOP IN OLDS RESULTS IN SEIZURE OF DRUGS AND FRAUDULENT DOCUMENTS

Submitted by Alberta RCMP

Olds, Alberta - On Tuesday, January 21st, 2020, at approximately 9:40 PM, the Olds RCMP responded to a complaint of a possible impaired driver in the town of Olds. A short time later, an officer located the vehicle and determined that the

male driver was wanted on outstanding warrants. The male was arrested and an initial search of the vehicle revealed what appeared to be several fraudulent documents including falsified identification cards and licences. Through the course of the investigation a female passenger disclosed to police that she had been

assaulted by the driver.

A search warrant was obtained to further search the vehicle which resulted in a seizure of various drugs, including what is suspected to be heroine and fentanyl.

Evan Mitchell Balchen (31) of Spruce Grove has been charged with eleven offences, including:

- Unlawful posses-

sion of identity documents

- Trafficking of a controlled substance
- Possession of a controlled substance
- Assault
- Utter threats

Balchen was held in custody on his warrants and is scheduled to attend Didsbury Provincial Court on February 24th, 2020.

PARKLAND RCMP ARREST BUS DRIVER FOR IMPAIRED OPERATION

Submitted by Parkland RCMP

Spruce Grove, Alta. - On Dec. 16, 2019 at 3:11 p.m. Parkland RCMP were dispatched to Graminia School, located south east of Spruce Grove. Gramin-

ia School staff identified a safety concern involving one of the bus drivers. Some students were on the bus when the driver was removed. The driver was removed prior to the scheduled bus departure time.

A 46-year-old female from

Spruce Grove was arrested for impaired operation.

The investigation is ongoing and charges are pending.

If you have any information regarding this investigation, please contact the Parkland RCMP at 825-220-

7267 or your local police detachment. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.

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WHITECOURT TOWN COUNCIL UPDATE

Submitted by Town of Whitecourt

JANUARY 28, 2020

Whitecourt Town Council awarded over \$16,000 to community organizations as part of the FCSS Grant Program. The grant provides financial assistance to organizations that provide social programs that are preventative in nature to the community.

Recipients for the 2020

funding year include:

- Royal Canadian Legion - \$540.80 for the Little Warrior, Prevent It! Workshop & Training;
- Community Lunch Box - \$13,575.37 for Volunteer Centre Support;
- McLeod River Primary Care Network - \$2,500.00 for the Whitecourt Connections Event.

Whitecourt has created a Sports Hosting Program that will support hosting of sporting events that have a positive economic impact on our community. Events hosted by the sporting community increase visitors into Whitecourt, which has a positive impact by generating overnight stays and stimulating the local

economy. Information on the program will be advertised in February.

Road closures have been approved to accommodate the 2020 Sled Invasion that is being hosted by the Whitecourt Trailblazers on February 14-16. The Club recently changed the proposed route for the Snowmobile Parade, and, to avoid conflicts with local industry, Flats Road from Rotary Park east to Flats Connector will be closed February 14 from 3:00 to 8:00 p.m. to accommodate the Parade. One-way traffic will remain open for residents that live on Flats Road and emergency vehicles only. A reminder to motorists of all street closures throughout the 3-day event will be

posted in early February. For details on the Sled Invasion visit www.whitecourtrailblazers.com.

Whitecourt has adopted the 2020 Economic Development Strategic Plan. The Plan, which is available on Whitecourt's website, identifies priorities and how resources will be allocated to meet established goals.

Whitecourt's Family Day Winter Carnival is scheduled for Monday, February 17. A variety of activities will be held in Rotary Park between noon and 4:00 p.m., along with a family movie and family skate at other locations. For details visit the event page on www.facebook.com/TownofWhitecourt.

Visit LSAC.ca to explore the latest Lac Ste. Anne County news and events in greater detail.



LAC STE. ANNE COUNTY



56521 RGE RD 65, BOX 219, SANGUDO AB T0E 2A0
 OFFICE HOURS: 8:30AM TO 4:30PM MONDAY THROUGH FRIDAY
 phone 780.785.3411 toll-free 1.866.880.5722 lsac@lsac.ca

PUBLIC WORKS DEPT SEEKS SEASONAL LABOURERS

Five seasonal County positions are open for applicants

Lac Ste. Anne County's Public Works department requires Seasonal Labourers for road maintenance activities between the months of May and August 2020. A total of five positions are available.

Visit LSAC.ca/careers for more details on these opportunities. Please note that only those selected for an interview will be contacted.

PLANNING & DEVELOPMENT

NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at 1-866-880-5722 or devassistant@lsac.ca, Monday to Friday 8:30am to 4:30pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DEADLINE
20-D0004	55503 Nikoodi Road SE 34-55-04 W5M	Portable building served as office & residence on temp. location, will be moved back within setbacks, and used as residence only, Main 16.0 x 24.0 and 14.0 x 12.0 (552.0 sq. ft.), on blocking with variance to building size and variance to side yard setback - required: 6.0 m, requested: 5.0 m, variance 1.0 m.	February 17, 2020

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning and Development department, Box 219, Sangudo, Alberta, T0E 2A0.

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash.

Bridal Guide

February 2020



Your Guide to Planning Your Big Day

Filled with helpful planning advice, savvy how-to tips and the latest wedding trends, as well as a host of local wedding vendors here to help you plan the perfect day!

Bridal Guide

GUIDE TO A SUCCESSFUL DESTINATION WEDDING

Imagine reciting vows along the Mediterranean coast or amid pastel-hued homes and swaying palm trees. For the travel-inclined, destination weddings present the perfect opportunity to meld wedding and honeymoon all into one — with family and friends around to enjoy the magic.

The Knot Real Weddings Study, the largest survey of its kind, surveys thousands of American brides and grooms to determine the latest wedding trends. In its 2017 report, the Knot revealed 25 percent of weddings that took place that year were destination weddings. Couples are increasingly leaning on entertainment and personalization to create memorable experiences for their guests, and destination weddings are great ways to create those unique experiences.

While planning a wedding inevitably involves some obstacles and even some stress, planning a destination wedding presents a unique set of obstacles. Before couples commit to a destination wedding, it's important to first consider a few factors to ensure knots get tied without a hitch.

- **Pick a meaningful location (but one that works for guests, too).** Exchanging vows at a favorite hiking spot can give guests an inside view into what makes you tick as a couple, but the location of the ceremony should not come at the expense of practicality. Choose a locale that speaks to you but will also offer the convenience and amenities that work for the guests who will be traveling.
- **See the place in person.** If budget allows, book a trip to the intended destination to see the facilities and location,



advise the experts at Brides magazine. Working with vendors in person also can simplify sorting out certain details.

- **Send save-the-date cards promptly.** Unlike traditional weddings in which reminders can be sent roughly six months before the wedding, save-the-date cards for destination weddings should be mailed at least nine months to a year in advance of the big day.
- **Hire a professional.** Professional wed-

ding planners may prove invaluable when it comes to destination weddings. Rather than organizing everything on your own, you can hire a wedding planner to take care of itineraries, obtain information about necessary travel documents, coordinate with local vendors, and much more.

• **Consider tourist seasons.** Weather tends to be best during tourist seasons. Therefore, make sure to reserve hotel

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Bridal Guide



Guide to a Successful Destination Wedding

room blocks and venues promptly. Slightly before or after peak season may still be fine, but ensure that vendors will be available and look into weather trends carefully before choosing a date.

• **Research the legality.** According to The Knot, many countries have residency requirements, which means you must live in that country for a certain period of time before the ceremony. Factor this into budget and availability.

• **Scale back on DIY.** Handling many of the details while getting married close to home can be challenging, but doing so for a destination wedding can be difficult to organize. Scale back on DIY, leaving many of the details to the professionals.

Destination weddings require extra planning, but they can be memorable ways for couples to start their new life together.

Popular destination wedding locales

Couples are increasingly tying the knot in exotic locales. According to The Knot 2017 Real Weddings Study, a survey of nearly 13,000 U.S. brides and grooms who married in 2017, 25 percent of weddings were destination weddings. While the survey did not ask participants who opted for destination weddings where they got hitched, The Knot notes that the following locales are some stunning places for couples to say their "I dos."

Dominican Republic: Home to 800 miles of sandy beaches, the Dominican Republic features a host of all-inclusive resorts, many of which offer wedding packages. Couples who want to tie the knot under the warm sun need look no further than the Dominican Republic, which boasts average temperatures in the 70s and 80s year-round.

Costa Rica: A popular honeymoon destination, Costa Rica also makes a great place to host a tropical wedding. Couples can take advantage of stunning mountaintop views or enjoy their weddings on any of Costa Rica's many white sand beaches. Dense rain forests, numerous nature preserves and national parks make Costa Rica a great place for guests to explore, especially during the dry season between December and April (rain falls throughout the year on the Caribbean coast of Costa Rica).

Maine: Couples who want waterfront weddings with a little something different may want to consider Maine. Lighthouses might provide the perfect backdrop for couples' nuptials, and guests can indulge in fresh lobster and various outdoor activities. Maine's tourist season is July and August, but Maine's famous fall foliage can be used to create a beautiful look for couples who tie the knot in September.

Jackson Hole, Wyoming: Another destination that won't require couples or their guests to dust off their passports, Jackson Hole is nestled in the awe-inspiring Teton mountain range. Summer and early fall are the best times to tie the knot in Jackson Hole, which is home to numerous rustic ranches that can make for ideal wedding settings.

Ireland: Couples who don't mind a rain shower here or there may want to tie the knot in Ireland, where weather is usually most welcoming between May and September. Idyllic seaside villages dot the Irish landscape, as do rolling green hills and towering cliffs that can make for beautiful backdrops for wedding ceremonies. Castles can be found throughout Ireland, giving couples unique spaces to host their weddings and receptions.

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Bridal Guide



TIPS FOR CHOOSING A WEDDING RECEPTION MENU

Weddings are memorable for a host of reasons. While couples remember their weddings because they mark the day they officially tied the knot, guests may remember weddings for other reasons, including the food served at the reception.

Some wedding venues are known for their stunning landscapes, while others build their reputations on unique interiors that provide unforgettable ambiance. But regardless of where weddings take place, guests are liable to discuss the food served at the reception. Guests might rave about the escargot or complain that the fish was flaky, but couples who choose reception menus wisely can go a long way toward ensuring there are more compliments than complaints once the dinner bell rings.

• Don't zero in on specialties. According to The Knot 2017 Real Weddings Study, a survey of nearly 13,000 brides and grooms who tied the knot in 2017, the average wedding hosted 136 guests. While couples might be

tempted by specialty dishes when choosing their wedding menus, couples who are hosting dozens, if not hundreds, of guests should keep things simple.

• Consider potential allergies. In regard to entrées, make sure guests with food allergies can choose something that won't make them sick. According to Food Allergy Research & Education®, an organization devoted to improving the quality of life of individuals with food allergies, some common foods cause the majority of allergic reactions. Peanuts, soy, sesame, and shellfish are among the most common food allergies, according to FARE®. FARE also notes that allergies to wheat, milk and eggs are common in children. While such foods can still be served at wedding receptions, make sure to also include foods that are unlikely to trigger allergic reactions. Couples can even ask guests to inform them of any food allergies.

• Don't hesitate to offer a favorite food. While specialty entrées might

not be a great choice, especially at large receptions where lots of mouths must be fed, a couple who has a favorite food that's symbolic of their relationship should not hesitate to offer it during the cocktail hour. For example, a couple who met in Thailand may want to offer a favorite Thai dish. • Offer an elaborate dessert. The last bite guests will take is dessert, so couples who want their guests to go home raving about the food may want to offer something special after the entrées have been taken away. Some guests may not indulge, but those who do might end their nights thinking about the delicious dessert they enjoyed as the festivities drew to a close. If the dessert is especially unique, offer something more traditional alongside it for more hesitant guests.

Choosing a wedding menu should be fun. Menus should reflect not only couples' tastes but also include some popular foods so no one goes home hungry.





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NOTE TO PARENTS: Please ensure that your phone number is legible.





PARKLAND RCMP REQUEST ASSISTANCE TO IDENTIFY KNIFE WIELDING SUSPECT

Submitted by Parkland RCMP

Spruce Grove, Alta. – On Dec. 2, 2019 at 7:12 p.m., Parkland RCMP responded to the Canadian Tire in Spruce Grove. An unidentified male was observed

attempting to steal items from the store. The items were subsequently recovered by the Loss Prevention Officer outside the door. During this exchange, the suspect pulled out a knife and threatened the Loss Prevention Officer and a

bystander who was assisting. The suspect then fled on foot.

The suspect is described as:

- Caucasian male
- 28 - 35 years' old
- Brown hair, short crew cut
- 5'9" tall
- 140 - 150 lbs
- Black jacket
- Blue jeans
- Red shirt
- Dark running shoes with white trim

Parkland RCMP are seeking to identify the suspect male. If you have any information, please contact the Parkland RCMP at 825-220-7267. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.

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- Cherhill Legion, Mary 780-785-3578.
- Cherhill Community Assoc. Hall, Kevin 780-785-8153
- Darwell Centennial Hall, 780-892-3099
- Darwell Seniors, Phone Debra 780-785-2907
- Goose Lake Hall, Contact Deanna (780) 584-3738
- Gunn Hall (G.A.R.S.) 780-951-9452
- Hathersage Community Centre, Noreen at 786-2946
- Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com
- Magnolia Hall, 727-2015
- Manley Goodwill Community Hall, 963-9165 or 916-0146
- Mayerthorpe Diamond Centre, Charlotte at 786-4659
- Mayerthorpe Legion, 786-2470.
- Onway Community Hall, 967-4749.
- Onway Heritage Center - Gym/Classrooms, 967-1015
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- Park Court Community Hall, 727-4476
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- Ravine Community Hall, 325-2240
- Rich Valley Community Hall, 967-5710 or 967-3696
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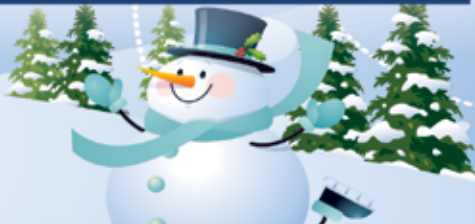
Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ANSWER:

1	7	2	4	5	9	3	8	6
4	3	6	8	2	7	5	9	1
9	5	8	3	1	6	7	4	2
2	1	4	7	3	5	8	6	9
7	9	3	6	8	1	2	5	4
8	6	5	2	9	4	1	7	3
6	2	1	5	4	8	9	3	7
5	4	9	1	7	3	6	2	8
3	8	7	9	6	2	4	1	5

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		2						
4	3			2			9	1
9						7		2
	1		7				6	
	9			8				4
8		5			4		7	3
6	2			4			3	
5			1		3			8
3			9				1	

COMMUNITY EVENTS 2020

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

FEB 11 - INTERLAKE GOLDEN AGE CLUB, DARWELL SENIORS: ANNUAL GENERAL MEETING at 2:30pm in the Darwell Seniors hall. Lite lunch will be served, All 55 plus persons welcome. Come and check out the "Darwell seniors"

FEB 16 - ANNUAL VALENTINE PANCAKE BREAKFAST! 9 am - 11 am at Stanger Hall. Everyone welcome! Adults \$12, 6 - 12 years \$5, 5 and under Free

FEB 24 - SANGUDO HORTICULTURAL CLUB PRESENTS: Ashleigh Munro a representative of Kiwi Nursery. 7pm at the Sangudo Golden Age club. Public welcome. \$5 drop in fee.

FEB 25 - GRIEF SHARE WEEKLY GRIEF SUPPORT GROUP held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for just \$25. Call 780-786-2695 to register.

FARMERS MARKETS

BARRHEAD: Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802
ONOWAY FARMERS' MARKET: Thursdays, 5-8pm at Onoway Community Hall. Starts May 1st. 780-667-6327 or onowayfarmersmarket@gmail.com.
SPRUCE GROVE: at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821
STONY PLAIN: Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.
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CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors @ 6:30PM, Games @ 7:30PM.
CHERHILL LEGION: First Sunday of Month. Doors Open 12:00PM
MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30PM, bingo 7:30PM.
RICH VALLEY COMMUNITY HALL BINGO: 7:30PM. Loonie Pots. Next bingos January 8 & 22, February 5 & 19.
STONY PLAIN SENIORS' DROP-IN CENTRE: public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685
WHITECOURT SENIORS CIRCLE: Every Tuesday, Open @ 5PM, 1st call @ 6:45PM, Nevadas, Concession. 780-778-4950 *Sept - June

MEAT DRAWS

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ALBERTA BEACH: Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.
BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50.
ONOWAY ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361
STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw & 50/50.
WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or hnbourke@icloud.com
WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001
MAGNOLIA: at Magnolia Hall. 2nd Saturday of Month. New Time is 1:00PM. Call to confirm, 727-2015. *October - May, NO Dec.
SANGUDO: Sangudo Community Hall, 1st Sat of month 7PM. 785-4105 or 305-5088. *October - May.
SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June.
STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2.
THE ABBOTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

WHITECOURT SENIORS CIRCLE: 2nd Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 *Nov - June

TOPS (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633, 967-5009.
EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month
SANGUDO: Tues, (United Church, 6:00PM, Sharon 785-2095 or Marlene 786-4646.
STONY PLAIN: Thurs evening, Stony Plain United Church, Susan (780) 968-0869
SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

YOUR COMMUNITY

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7:00PM to 10:00PM for "Games" [pool, shuffleboard, darts, cards, etc.] Fridays 3:00 PM - 10:00PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).
PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.
SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600.
UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.
VOLUNTEER TUTOR ADULT LITERACY PROGRAM: Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca
WATER SAMPLE DROP OFF: Tues-2:30PM Aspen Health Services. Drop off 1:00-2:30PM.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone Welcome.
BADMINTON: Wed, 7:10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.
BALLROOM, LATIN, COUNTRY DANCE SOCIAL: 1st Saturday of every month. Doors open 8PM at Central Lions Recreation Center, 1113 113 St., Edmonton AB. Cost \$15 paid at the doors. Hosted by Everyone's Ballroom Dance Assoc. More info: www.ebd.ca 780-893-6828
COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!
COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/hon-members. Contact Cindy 780-963-7170.
JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404
"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agplex from 10:00-11:00AM starting May. Funded Lac Ste Anne FCSS.
ONOWAY GOLDEN CLUB: Cards Tuesdays, 1PM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.
ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.
PANCAKE/BREAKFAST SOCIAL: 3rd Sunday

9:00-11:30AM, Parkland Village Community Centre. *except June, July, August
RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Loraine 286-5040.
SANGUDO ART GROUP: Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00PM. 780-778-4950

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

1ST ONOWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

2716 ROYAL CANADIAN ARMY CADETS, Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs. Call 780-515-1842.

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center. Wed 6:30PM. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Center. Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

AA - SANGUDO GOLDEN CLUB, Tues 8PM call 786-4402/785-9214/785-3599

AL-ANON - ONOWAY: Meetings are at 7:00PM, Tuesday evenings, at the Onoway United Church. *Meetings suspended till May 5, 2020

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

ALBERTA 55 PLUS: Villeneuve Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00PM, Alberta Beach Agplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agplex.

ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St. Onoway

BARRHEAD & AREA CANCER SUPPORT GROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church.

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7PM at the Legion Hall.

CHERHILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERHILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month, Cherhill Seniors Hall. Call Rosamy 780-785-2625

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agplex. Info call 780-902-4879 or 780-999-7622. *Sept-June.

Citizens Helping In Life's Defence (C.H.I.L.D.) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8:00PM, 1st Monday, Darwell
DDRA MEETING, 7:00PM, 2nd Mon, Darwell Centennial Hall 780-892-3099. *except Jul/Aug/Dec

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

GriefShare: WEEKLY GRIEF SUPPORT GROUP held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for just \$25. Call 780-786-2695 to register.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

LAC STE ANNE COMMUNITY CHOIR, Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348.

LAC STE ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5PM in Hospital Basement Education Room.

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *Sept-June

NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:00PM, Onoway Legion

ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629.

ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7PM. *Sept-June

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agriplex on the 2nd Wed of the month, 7:00PM.

RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180.

SANGUDO PAINTING GROUP: Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

WEIGHT WATCHERS Alberta Beach Agplex - Mondays, weigh in 6:30PM. Meeting at 7PM.

WESTLOCK & AREA CANCER SUPPORT GROUP: 3rd Wed. 6:30-8:00PM at Westlock Library.

Church Directory

<p>Rich Valley Community Church</p> <p>Sunday School 10:00a.m.</p> <p>Worship Service 11:00a.m.</p>	<p>Catholic Parish of Lac Ste. Anne</p> <p>Sunday 10:00a.m.</p>		<p>Mayerthorpe Baptist Church</p> <p>Worship Service Sunday 10:30a.m.</p> <p>Children's Church 10:30a.m.</p> <p>4606-54 St. Mayerthorpe (780) 786-2677</p>	<p>Alberta Beach Alliance Church</p> <p>Sunday Worship Service & Kid's Church 11:00a.m.</p> <p>Sunday School 10:00a.m.</p> <p>(780) 924-3282</p>	<p>St. John's Anglican Church</p> <p>Onoway Sunday Service 10:00a.m.</p> <p>Everyone Welcome</p>
<p>St. John's Lutheran Church Alberta Beach</p> <p>Sunday Service 11:00a.m.</p> <p>Sunday School</p>	<p>Zion United Church</p> <p>Sunday Service 10:00a.m.</p> <p>Sunday School</p> <p>Serving Alberta Beach, Wabamun, Darcwell & Lake Isle, Onoway & Area (780) 924-3351</p>	<p>Sangudo United Church</p> <p>Christmas Eve Service 6:00p.m.</p> <p>Worship Service 3rd Sunday 11:00a.m.</p> <p>4907-50 Ave. Sangudo, AB</p>	<p>St. Mary's Anglican Church Service</p> <p>Holy Communion 2nd Sunday each month 11:00 a.m. at Sangudo United Church</p> <p>Reverend Barry Rose Officiating</p>	<p>Cherhill Community Church</p> <p>Sunday School 10:00a.m. - 11:00a.m.</p> <p>Worship Service Sunday 11:00a.m.</p>	<p>St. Michael Lutheran Church</p> <p>Sunday Services 1st & 3rd Sunday at 2:00p.m.</p> <p>Pastor Rick Chappell (780) 674-2618 Mystery Lake</p>
<p>Trinity Lutheran Church (LC-C) The Church of the Lutheran Hour - Rockyford Bridge Pastor Dan Hansard Church (780) 778-2035</p> <p>Sunday Worship 9:00a.m.</p> <p>Senior's Service & Cottage Bible Study - Phone for locations</p>	<p>Crossroads Community Church P.A.O.C. Rev. Arnold Lothoiz</p> <p>Sunday Service 10:30a.m.</p> <p>(780) 786-2424</p>		<p>Onoway Baptist Church</p> <p>Sunday Service 10:30a.m.</p> <p>Pastor Greg Garbutt (780) 967-2266</p>	<p>Roman Catholic Church St. Agnes' Parish, Mayerthorpe Sunday 9:00a.m.</p> <p>St. Elizabeth Parish, Evansburg Saturday 7:00p.m.</p> <p>(780) 786-2032</p>	<p>Calahoo Alliance Church</p> <p>Family Worship Service Sunday 10:00a.m.</p> <p>For Info Call Jerry (780) 974-7734</p>

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Bacon & Egg Sandwich	\$7	Ham & Egg Sandwich	\$7
Breakfast Bowl	\$10	Breakfast Burger	\$10
Hashbrown, 2 eggs, bacon, ham, signature sauce & cheese		6oz beef patty, eggs, bacon, cheese, signature sauce & hashbrown	



SIDES

Bacon:	\$2.50	Egg:	\$1.50
Ham:	\$2.50	Toast:	\$2.50

2 - 16" 3 TOPPING PIZZA **\$35**

2 - 12" 3 TOPPING PIZZA **\$25**

12" 3 TOPPING PIZZA & WINGS **\$22**

12" 2 TOPPING PIZZA, 12" GARLIC BREAD, WINGS & CAESAR SALAD **\$38**

3 CHEESE BURGERS, 3 FRIES, 3 FOUNTAIN POP **\$35**

3 CHEESE DONAIRS, 3 FRIES, 3 FOUNTAIN POP **\$35**

WE ACCEPT ALL COMPETITOR COUPONS!

DRIVE-THRU NOW OPEN! (780) 674-2050
TAKE-OUT, DINE-IN
 Monday to Saturday: 10am-10pm
 Sunday & Holidays 11am-8pm