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February 11, 2020

ALBERTA RCMP PLAY CUPID WITH #VEHICLEVALENTINES

Submitted by Alberta RCMP

Alberta RCMP is sending out valentines on behalf of people's vehicles for the month of February. Twice a week valentines will be sent from the Alberta RCMP social media accounts with tips about how to keep their vehicles safe from thieves.



Continued on Page 7

LEDUC RCMP RESPOND TO A FATAL TRAFFIC COLLISION

Submitted by Leduc RCMP

Leduc, Alta. - On Feb, 9, 2020 at approximately 4:20 p.m., Leduc RCMP responded to a fatal traffic collision on Highway 60 south of Devon involving a truck and semi-tractor.

Preliminary investigation revealed the truck was northbound on Highway 60

when a collision occurred with the semi-tractor heading southbound. Both vehicles ended up in the southbound ditch as a result of the collision.

The lone 18-year-old female occupant of the truck from Thorsby was pronounced deceased at the scene. The driver of the semi-tractor was not injured

Highway 60 was closed for several hours while Leduc RCMP and an RCMP Collision Analyst investigated. Traffic is no longer being diverted in the area. Road conditions at the time of the collision were reported as icy.

The name of the deceased will not be released and no charges are anticipated.

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BRETON RCMP RESPOND TO FATAL COLLISION

Submitted by Breton RCMP

Breton, Alta. – On January 29, 2020 the RCMP responded to a two vehicle collision on Highway 22 and Secondary Highway 616.

The collision was reported at 2:20 p.m.

A 60-year-old male passenger of the SUV involved in this collision was pronounced deceased at the scene. The driver of the SUV was taken to hospital with non-life-threatening

injuries. The driver and passenger of the pick-up truck involved were not injured.

Breton RCMP, along with an RCMP Collision Analyst, continue to investigate.

The name of the deceased will not be released.

RCMP REMIND BUSINESS TO SECURE DEBIT MACHINES

Submitted by Leduc RCMP

Between Feb. 2 and Feb. 4, Leduc RCMP received two complaints of theft of debit machines from businesses. On both occasions an unknown male was able to easily access the debit machines at the counter when the machines were left unattended and unsecured.

remind any businesses using debit machines not to leave them unattended and keep them in a secure location to prevent them from being stolen. In addition to this, if a debit machine is stolen, call to deactivate the machine and report it stolen immediately.

Leduc RCMP are continuing to investigate these two incidents.

Leduc RCMP are asking the

public to report suspicious person, vehicles and activities. If you have information regarding crime or suspicious activity, please contact Leduc RCMP at 780-980-7267 or your local police. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477, online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.



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A MESSAGE FROM MLA MARK SMITH

Submitted by MLA Mark Smith | Drayton Valley – Devon Constituency

This last week Minister Shandro announced a highly anticipated and welcome review of Alberta's Healthcare System. The report, conducted by Ernst & Young LLP (EY), will look to maintain current healthcare spending while searching for greater efficiencies and more effective services for Albertans.

The review is the first in 10 years, since Alberta Health Services was formed. The report contains 57 recommendations and 72 savings opportunities to improve the quality and long-term sustainability of health services.

"The AHS review is a key commitment to Albertans, and I'm very excited about moving forward with implementation. Every dollar we save will be put right back into the health system to de-

liver on our promise to improve access and make the system work better for patients. It's about freeing up administrative resources so we can spend more directly on Albertans' health care." - Tyler Shandro, Minister of Health

The recommendations address four key areas: people, clinical services, non-clinical services and governance. The government accepts the report, with two important exceptions: there will be no hospital closures or consolidation of urban trauma centres.

Internal savings will allow more money to be directed to patients and front-line care, and will help free up funds for more surgeries while diminishing wait times.

The report identifies a range of long-term savings initiatives with the potential to save between \$1.5 billion to \$1.9 billion annually.

Stakeholder input into the

review process far exceeded any similar projects that Ernst & Young LLP (EY) has conducted across Canada. Staff engagement included feedback from about 1,200 physicians, 27,000 front-line staff and 4,200 AHS leaders.

Over the next 100 days, AHS will engage staff and clinical leaders as it develops a long-term implementation plan. The successful completion of this AHS review will fulfill an important platform committed to cut administrative costs while increasing patient care.

I am also excited to tell you about an incredible opportunity to honour and recognize those who help keep our communities safe. The Alberta Community Justice Awards acknowledge the people and organizations involved with crime prevention and community safety initiatives. This includes youth justice, restorative justice and other community-based justice efforts that

improve safety and well-being.

Nominations close February 28 and the 29th Annual Alberta Community Justice Awards ceremony will take place in Edmonton in June.

Finally, in regards to our oil and gas sector, we have been receiving some great news and even better numbers. Since being elected, our government has focused on attracting investment and sending a strong message that Alberta is open for business.

I am happy to report that the Canadian Association of Petroleum Producers expects total investment in oil and gas will be \$37 billion this year – up \$2 billion from \$35.1 billion in 2019. This investment will support approximately 8,100 jobs here in Alberta and 3,700 jobs in the rest of Canada. This is in addition to the 533,000 jobs that Alberta's energy industry provides across the country.

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DEDICATED HEALTH CARE PROVIDER SECURED FOR THORSBY & WARBURG

**Submitted by Leduc
Beaumont Devon Primary
Care Network**

The answer to providing health care needs in the under-served communities of Thorsby and Warburg has been found. A Nurse Practitioner (NP) has been hired by the Leduc Beaumont Devon Primary Care Network (LBD PCN) to deliver primary care support to those living in Thorsby, Warburg and surrounding areas.

Michelle Williams is trained as a family/all ages Nurse Practitioner and has been practicing as a Registered Nurse for 20 years prior to obtaining her

Nurse Practitioner graduate degree. She has spent most of her career in the community of Whitecourt and surrounding areas working in the emergency department, acute care, labour and delivery, and public health settings. Michelle previously worked at the McLeod River Primary Care Network where she developed a palliative care program. Some of you may have already met Michelle through her most recent experience as a Palliative Nurse Consultant seeing patients in the communities of Thorsby, Warburg, Calmar, Devon, Leduc and Beaumont, as well as in the local rural

hospitals.

A Nurse Practitioner is a registered nurse with additional graduate education and training in advanced clinical practice. They conduct comprehensive health assessment, diagnose health conditions and treat and manage acute and chronic illness within a holistic model of care. NPs order and interpret screening and diagnostic tests, perform procedures, and prescribe medications (no restrictions) and therapeutic interventions and can refer to specialists.

Nurse practitioners act as primary care providers within their stream of practice. They work independently across the spectrum of health services, such as acute care, primary care, community health, long-term care, specialty areas of health and emergency care. They work collaboratively with physicians and other health care professionals to provide high-quality, patient-centred care. Nurse practitioners use a holistic approach to health care, focusing not only on medical issues or problems, but also on patient/family-centred care including the psycho-

social and functional aspects of life.

In short, a nurse practitioner can provide the same level of care that a family physician can.

“The Thorsby/Warburg Doctor Attraction/Retention committee is very grateful to have partnered with the Leduc Beaumont Devon Primary Care Network and many other community partners to bring a Nurse Practitioner to our communities,” said Shawna Ofstie, committee chair and Black Gold School Division Trustee – County West. “Thorsby has been without a family physician since January 1971 and Warburg’s last doctor closed his practice in the 1960’s, leaving our communities to travel to nearby towns or cities to receive care. This has left many unattached patients in the area for several reasons including transportation issues.”

The LBD PCN is working to secure suitable space for the NP to open clinics in both Thorsby and Warburg and anticipates that Michelle will be able to start seeing patients by late February.

Miscellaneous support for the two clinics will be funded by the communities while funding for the nurse practitioner position was secured through a grant provided by the Government of Alberta through the Nurse Practitioner Support Program.

“A Nurse Practitioner in Thorsby & Warburg is a long-awaited solution to provide continuity of care to our families who need it most by eliminating barriers,” says Ofstie. “After learning more about the role of Nurse Practitioners, it is apparent that this is the best solution to serving the healthcare needs and providing the care the residents of our rural communities deserve.”

MARK SMITH
MLA FOR DRAYTON VALLEY-DEVON

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WHAT IS THE LEDUC BEAUMONT DEVON PRIMARY CARE NETWORK?

Submitted by Leduc Beaumont Devon Primary Care Network

The Leduc Beaumont Devon Primary Care Network (LBD PCN) provides services for patients in the cities of Leduc and Beaumont, town of Devon and all communities in Leduc County. A group of 56 family physicians in 13 clinics along with additional healthcare professionals (nurses, dietitians, an exercise specialist, be-

havioural health consultants and mental health clinicians) work together to improve primary care for our patients. The LBD PCN offers support to our patients through the following services:

- Health promotion and disease prevention
- Diabetes management
- Weight management
- Nutrition concerns
- Exercise and activity support
- Mental health support

- Tobacco reduction and cessation
- Health education classes and workshops
- Senior care
- Specialty clinics
- Referral coordination
- After-hours clinics in Leduc and Beaumont

Primary Care Networks (PCNs) use a collaborative team approach to provide care for patients and to coordinate primary health care services provided by family physicians,

Alberta Health Services and other health care professionals.

PCNs are a way to provide team support for family doctors by bringing teams of health professionals together; doctors, nurses, dietitians, social workers, mental health professionals, pharmacists, occupational and respiratory therapists and others. PCNs also manage 24-hour patient access to appropriate primary care services.

What are Primary Care Networks?

PCNs are a made-in-Alberta approach to improving access to and better coordination of care for patients across the province. In a PCN, a group of family doctors working with a multidisciplinary team and Alberta Health Services coordinate health services for patients. A PCN is not necessarily a bricks and mortar building – it is a network of doctors and other health providers such as nurses, dietitians, mental health professionals, therapists, pharmacists and others working together to provide primary health care to patients.

A PCN can be comprised of one clinic with many physicians and support staff, or several doctors in several clinics in a geographic area. Each network has the flexibility to develop programs and to provide services in a way that works locally to meet the specific needs of patients. This is done within the provincial Primary Care Initiative framework. The flexibility to develop local solutions to local health issues makes each PCN unique and encourages the PCN team to focus on the needs of the local patient population.

There are 41 PCNs operating throughout Alberta with more than 3800 family physicians and 1400 healthcare professionals are working in PCNs. Approximately 85% of Albertans receive care through a Primary Care Network.

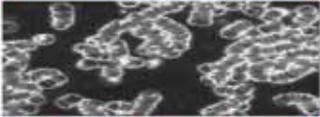
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TECK MINE PROJECT

Submitted by Gerald Soroka, MP for Yellowhead

OTTAWA: Gerald Soroka, Member of Parliament for Yellowhead and Deputy Shadow Minister for Natural Resources (Forestry and Mining), rose in the House

of Commons to ask the government to stop dividing the country and approve the Teck mine project.

MP Soroka stated, "Canada's Environmental Assessment Agency recommended this mine be approved. The project has signed agreements with all Indigenous

groups who live near it."

He continued, "since the Liberals were first elected, over \$100 billion in energy projects have been lost, thousands of jobs are gone, and national unity is damaged. The failure to approve the Teck Mine would make this problem even worse."

In response, the Parliamentary Secretary to the Minister of Economic Development and Official Languages said: "...we'll have a decision at the end of February 2020, Thank you."

Alberta RCMP Play Cupid With #VehicleValentines

Continued from Page 1

Last year, there were almost 10,000 thefts of motor vehicles in Alberta RCMP jurisdiction. Over 6,500 of those thefts were trucks, SUVs, or vans. Cars made up a smaller portion of thefts accounting for just over 1,200. There was a 5% decrease in vehicle thefts from 2018 to 2019, but there is still room for improvement. In February 2019,

there were almost 700 vehicles stolen from Alberta RCMP jurisdiction.

One of the most important tips is to lock your vehicle and remove the keys. If you plan to start your car to warm it up, you need a remote starter or plan to stay with your vehicle.

Here are some easy steps to keep your vehicle safe:

- Lock the doors
- Remove all valuables
- Use a steering wheel lock

- Lock your garage
- Remove garage door opener from vehicle
- Use a vehicle tracking system
- Park in a well-lit area

Follow us on Facebook (@RCMPinAlberta), Twitter (@RCMPAlberta) and #VehicleValentines for more tips on keeping your vehicle safe.

RCMP encourage the public to report any criminal or suspicious activity to po-

lice. Reports tell us where to look, who to look for, and where to patrol in the future. If you see a crime in progress, dial 911. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.

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Bridal Guide

February 2020



Your Guide to Planning Your Big Day

Filled with helpful planning advice, savvy how-to tips and the latest wedding trends, as well as a host of local wedding vendors here to help you plan the perfect day!

Bridal Guide

GUIDE TO A SUCCESSFUL DESTINATION WEDDING

Imagine reciting vows along the Mediterranean coast or amid pastel-hued homes and swaying palm trees. For the travel-inclined, destination weddings present the perfect opportunity to meld wedding and honeymoon all into one — with family and friends around to enjoy the magic.

The Knot Real Weddings Study, the largest survey of its kind, surveys thousands of American brides and grooms to determine the latest wedding trends. In its 2017 report, the Knot revealed 25 percent of weddings that took place that year were destination weddings. Couples are increasingly leaning on entertainment and personalization to create memorable experiences for their guests, and destination weddings are great ways to create those unique experiences.

While planning a wedding inevitably involves some obstacles and even some stress, planning a destination wedding presents a unique set of obstacles. Before couples commit to a destination wedding, it's important to first consider a few factors to ensure knots get tied without a hitch.

- **Pick a meaningful location (but one that works for guests, too).** Exchanging vows at a favorite hiking spot can give guests an inside view into what makes you tick as a couple, but the location of the ceremony should not come at the expense of practicality. Choose a locale that speaks to you but will also offer the convenience and amenities that work for the guests who will be traveling.
- **See the place in person.** If budget allows, book a trip to the intended destination to see the facilities and location,



25%
of couples tying the knot choose to have destination weddings.

advise the experts at Brides magazine. Working with vendors in person also can simplify sorting out certain details.

- **Send save-the-date cards promptly.** Unlike traditional weddings in which reminders can be sent roughly six months before the wedding, save-the-date cards for destination weddings should be mailed at least nine months to a year in advance of the big day.

- **Hire a professional.** Professional wed-

ding planners may prove invaluable when it comes to destination weddings. Rather than organizing everything on your own, you can hire a wedding planner to take care of itineraries, obtain information about necessary travel documents, coordinate with local vendors, and much more.

- **Consider tourist seasons.** Weather tends to be best during tourist seasons. Therefore, make sure to reserve hotel

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Bridal Guide



Guide to a Successful Destination Wedding

room blocks and venues promptly. Slightly before or after peak season may still be fine, but ensure that vendors will be available and look into weather trends carefully before choosing a date.

- **Research the legality.** According to The Knot, many countries have residency requirements, which means you must live in that country for a certain period of time before the ceremony. Factor this into budget and availability.
- **Scale back on DIY.** Handling many of the details while getting married close to home can be challenging, but doing so for a destination wedding can be difficult to organize. Scale back on DIY, leaving many of the details to the professionals.

Destination weddings require extra planning, but they can be memorable ways for couples to start their new life together.

Popular destination wedding locales

Couples are increasingly tying the knot in exotic locales. According to The Knot 2017 Real Weddings Study, a survey of nearly 13,000 U.S. brides and grooms who married in 2017, 25 percent of weddings were destination weddings. While the survey did not ask participants who opted for destination weddings where they got hitched, The Knot notes that the following locales are some stunning places for couples to say their "I dos."

Dominican Republic: Home to 800 miles of sandy beaches, the Dominican Republic features a host of all-inclusive resorts, many of which offer wedding packages. Couples who want to tie the knot under the warm sun need look no further than the Dominican Republic, which boasts average temperatures in the 70s and 80s year-round.

Costa Rica: A popular honeymoon destination, Costa Rica also makes a great place to host a tropical wedding. Couples can take advantage of stunning mountaintop views or enjoy their weddings on any of Costa Rica's many white sand beaches. Dense rain forests, numerous nature preserves and national parks make Costa Rica a great place for guests to explore, especially during the dry season between December and April (rain falls throughout the year on the Caribbean coast of Costa Rica).

Maine: Couples who want waterfront weddings with a little something different may want to consider Maine. Lighthouses might provide the perfect backdrop for couples' nuptials, and guests can indulge in fresh lobster and various outdoor activities. Maine's tourist season is July and August, but Maine's famous fall foliage can be used to create a beautiful look for couples who tie the knot in September.

Jackson Hole, Wyoming: Another destination that won't require couples or their guests to dust off their passports, Jackson Hole is nestled in the awe-inspiring Teton mountain range. Summer and early fall are the best times to tie the knot in Jackson Hole, which is home to numerous rustic ranches that can make for ideal wedding settings.

Ireland: Couples who don't mind a rain shower here or there may want to tie the knot in Ireland, where weather is usually most welcoming between May and September. Idyllic seaside villages dot the Irish landscape, as do rolling green hills and towering cliffs that can make for beautiful backdrops for wedding ceremonies. Castles can be found throughout Ireland, giving couples unique spaces to host their weddings and receptions.

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MALE WANTED ON FIRST DEGREE MURDER CHARGE

Submitted by RCMP Major Crimes Unit

Wetaskiwin, Alta. – On Jan. 3, 2020 the Wetaskiwin RCMP responded to a homicide in the city of Wetaskiwin. An investigation conducted by the Major Crimes Unit has led to first degree murder charges against Ryan Jake Applegarth (27).

Applegarth has not been located by the RCMP since an earlier request for public assistance on Jan. 6, when he had arrest warrants on unrelated charges. The whereabouts of Applegarth remain unknown and the Major Crimes Unit is now looking to take him into custody. He is believed to be in either the Wetaskiwin, Maskwacis or Edmonton

area. He is believed to be armed and should not be approached.

Applegarth is described as:

- Indigenous
- 5'11" tall / 181 lbs.
- Black hair / brown eyes
- Wears glasses

If you have seen him, or know the whereabouts of Ryan Jake Applegarth, please contact the Wetaskiwin RCMP at 780-312-7267 or your local RCMP.



Applegarth is believed to be armed and should not be approached. Applegarth is described as: If you have seen him, or know the whereabouts of Ryan Jake Applegarth, please contact the Wetaskiwin RCMP at 780-312-7267 or your local RCMP.

CANADA SUMMER JOBS PROGRAM 2020

Submitted by Gerald Soroka, MP for Yellowhead

Gerald Soroka, Member of Parliament for Yellowhead, is pleased to inform constituents that the CSJ 2020 application period for employers has opened and will be running until February 24, 2020. The Canada Summer Jobs initiative helps em-

ployers create summer job opportunities for those between the ages of 15 and 30.

"I encourage Yellowhead not-for-profit organizations, public-sector employers and small businesses to apply for funding through the Canada Summer Jobs program," stated MP Soroka.

To support employers, the CSJ 2020 Applicant Guide is available at

<https://www.canada.ca/en/employment-social-development/services/funding/canada-summer-jobs.html>

Service Canada will automatically post all positions funded by CSJ to JobBank.gc.ca and on the mobile app to help employers fill CSJ-funded positions with qualified youth looking for work in their communities.

For more information on local priorities, including the local priorities that have been established for each constituency, consult the Canada Summer Jobs website at the link below:

<https://www.canada.ca/en/employment-social-development/services/funding/canada-summer-jobs/local-priorities.html>

SUDOKU OF THE WEEK

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ANSWER:

2	9	4	3	7	6	1	8	5
5	7	1	8	9	4	6	2	3
6	3	8	2	1	5	7	4	9
3	8	5	4	6	1	9	7	2
7	6	9	5	8	2	3	1	4
4	1	2	7	3	9	8	5	6
1	5	3	6	4	8	2	9	7
9	2	6	1	5	7	4	3	8
8	4	7	9	2	3	5	6	1

				7		1	8	
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		8		1	5			
3	8		4	6	1		7	
	6				2			4
4				3	9		5	
1	5					2		7
	2	6						
		7	9	2	3			

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Classified Ads - Call 962-9228

Classified Policy

CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion = \$6.00; Subsequent insertion = \$3.00 each. (Eg: 2 insertions = \$9.00; 3 insertions = \$12.00; 4 insertions = \$15.00; etc) Each additional word is 20 cents per word,

per insertion. **BOLD/CAPITAL** text available for an additional \$1/line. Lost & Found and To Give Away (up to a max. of 25 words) are free of charge. Ads must be paid in advance either by cheque, cash, Visa or Mastercard. No Refunds Allowed on Classified Ads. **DEADLINE:** is Thurs. 4:00 pm (Wed. 4:00 pm on long

weekends). Classified ads may be called in to the COMMUNITY VOICE office at (780) 962-9228, emailed to: classifieds@com-voice.com, dropped off at Onway Registries, or mailed with your ad and payment to: COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8. Ads may also be placed on the web at www.com-voice.com/classified.htm

[com-voice.com/classified.htm](http://www.com-voice.com/classified.htm)

Hall Rentals

Lodgepole Community Hall - (780) 894-2277

Wanted

WILL BUY YOUR HAY OR OAT CROPS to winter pasture horses, till you need the field. Also buying bales as soon as baling is done, or buy your property. Call or Text me at 1-587-936-8585 (10) 24-09-19

Services

WANTED: Standing Timber – Are you looking to cut your wood lot before pine beetles or forest fires destroy it? Top dollar paid. Call Paul 780-706-1470 (6) 05-11-19

Computers

Computer Repairs NOT over \$50. Get a good, clean, refurbished, upgraded **Laptop** or a **Desktop** with games, world pictures, music, videos and more for **ONLY \$100.** FREE repairs for single parents. Donate used computers, tablets, etc. Will fix, clear to donate or use for parts. Call: 780-892-2407 (8) 28-01

Miscellaneous

SeaCan Storage Containers for sale, all sizes available, 10ft - 53ft. Located in Entwistle, 4905 - 45 Ave. We Deliver, Call 780-604-2276 or 780-727-4062 (2) 28-01 OG

Buy & Sell

I BUY GUN COLLECTIONS and World War 2 Collectables, Please call Jay for a quote 780-686-1350 (15) 19-11-19

PURE HEMP CBD PRODUCTS
AGING IS INEVITABLE - LOOKING AND FEELING OLD ISN'T!

WHAT IS CBD?

A Health and Beauty Breakthrough!
Cannabidiol, CBD, is one of over 80 active cannabinoid chemicals in the hemp plant. CBD, unlike, THC, does not produce euphoria or intoxication. CBD targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using CBD products for both treatment and prevention of numerous ailments.

Therapeutic Uses For Pure Hemp CBD
Supports healthy blood sugar levels, promotes healthy energy levels, relieves anxiety, aids in digestion, supports optimal immune function and the regeneration of healthy cells, and promotes a sense of serenity and overall well-being.

Anti-Aging Uses For Pure Hemp CBD
Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.

KEY BENEFITS
PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.
PROMOTES HEALTH: Helps to promote relaxation and overall health.
WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

CBD PET PRODUCTS

PET CHEW TREATS
KEY BENEFITS
SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects.
NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication.
DIETARY SUPPLEMENT: Can be administered daily as part of your pet's diet.

ORAL SPRAYS & DROPS
KEY BENEFITS
MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain.
TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling.
GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets.
CONVENIENT: Can be sprayed into pet's mouth or on food.

For more information, Call (780) 907-8642



A few highlights...

Saturday, February 15

Oversized Game Play

9 – 11 a.m. | Fieldhouse Court C
Connect 4, Twister, Candyland & more

Sunday, February 16

Leisure – drop in games

8 – 11:30 a.m. | Fieldhouse Court C
Bean bag toss, snakes & ladders,
parachute and more

FREE Skate Alex Arena

1 – 3 p.m. | Alex Arena



\$10 DAILY FAMILY ADMISSION

Monday, February 17

FREE Face Painter

Noon – 4 p.m. | Main Corridor

FREE Sleigh Rides

Noon - 4 p.m. | Located outside of the
West Entrance, on the multiway

FREE Hot Chocolate**

Noon – 4 p.m. | DQ Orange Julius

DJ

Noon – 4 p.m. | Main Corridor

Public Swim

10 a.m. - 8 p.m. | Aquatic Centre

*Family Admission is 2 Adults and all children under 18 years of age who reside in the same household, **While quantities last, one per person.

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COMMUNITY EVENTS 2020

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

FEB 29 - CHILI COOK-OFF at Woodbend Hall. Bring your chili for judging! Doors 5:30pm Judging/Dinner 6pm. \$7/person or \$25/family. \$5 refund if bring chili. Fun for all ages! 780-470-0574 to register.

FARMERS MARKETS

DRAYTON VALLEY: Evergreen Farmers' Market, Wednesdays at the Mackenzie Center of the Omniplex from 10:30AM-1:30PM. www.dvevergreenfarmersmarket.ca

BINGO

MULHURST: Every Tuesday night, 7:00PM at the Mulhurst Legion

CALMAR: Every Wednesday night, 7:00PM at the Calmar Legion.

JAMBOREE

DRAYTON VALLEY: Last Sunday of month. Upstairs @ the "55 Rec. Center" Doors at 12PM, Starts at 1PM. 780-542-3768

TOPS (Take Off Pounds Sensibly)

DEVON: Wed. at 9:30AM at Riverside Baptist Church, 2 Saskatchewan Dr., Devon. Contact Brenda at 987-9113 for info.

EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

LEDUC: Tuesday Nights at Peace Lutheran Church, 4606 - 48 St. Leduc. Weigh-ins: 5:45-6:30PM, Meeting 7:00-7:30PM. Call Marie at 780-986-6477.

THORSBY: meeting every Monday morning 9:00AM at Thorsby Fire Hall. Call 780-621-3461.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12PM at Stony Plain United Church Basement, \$7 per plate. 3rd Wed of Each Month, Sept - June. For reservations call Audrey 780-963-1782.

BALLROOM, LATIN, COUNTRY

DANCE SOCIAL: 1st Saturday of every month. Doors open 8PM at Central Lions Recreation Center, 11113 113 St., Edmonton AB. Cost \$15 paid at the doors. Hosted by Everyone's Ballroom Dance Assoc. More info: www.ebda.ca 780-893-6828

CALMAR SENIORS BUS: to West Edmonton Mall - 1st Wed. 9:30AM; Seniors' Birthday Party - every 3rd Wed. 1:30PM; Meetings - every 2nd Wed of every month. 1:30PM. (780) 985-3117.

DEVON MUSIC JAM & DANCE: 4th Wed. of each month @ 6PM, June - Sept. @ Chalet Lions Campground. Oct. - May (excl. Dec.) @Pioneers 73 Club (29 St. Lawrence Ave.). Guests \$7, Musicians \$2. More info call 780-987-2093.

DEVON RECREATION: Volleyball, Mondays 8-10PM, \$2, John Maland High School. Badminton, Fridays 7-9PM, Robina Baker School, \$2. Hockey (Arena), Tues & Thurs, noon (children under 15 must be accompanied by an adult).

INDOOR PLAYGROUND: Mondays, 10AM-12PM, Alder Flats Community Centre. Info (780) 388-3333 No fee. Please bring a snack for your child.

JAM DANCE & CARDS: 1st Fri, 7PM, Buck Creek. (780) 514-3781
"KIDS OWN WORSHIP" an hour after-school, 1st and 3rd Thursdays each month. Songs, Crafts, Snacks and FUN! No charge. Call All Saints' Anglican Church. (780)542-5048

MUSICAL JAM SESSIONS: 4th Tues, 1:00PM at Calmar Seniors Centre. Bring your own instruments and have fun.

MUSIC JAMBOREE: Last Sunday of each month. Upstairs @ the "55 Rec. Center" Doors open at 12PM, Starts at 1PM. 780-

542-3768

MUSICAL PROGRAM: every 4th Saturday at the Cloverleaf Manor, 2:30PM. Everyone welcome.

ST. DAVIDS JR. CHOIR is seeking singers ages 7-13. Boys and girls are welcomed. Rehearsals in Leduc Tuesdays 3:45- 5PM. Contact 780-432-7805.

WARBURG ARENA HOSTS FREE SHINNY HOCKEY, Sun 2:30 - 3:45PM & Mon /Wed 4-5:45PM, arena closures & cancellations can be heard on recorded messages, call Arena 780-848-7581

WARBURG ARENA HOSTS FREE PUBLIC SKATING, Sundays 1-2:30PM & Fridays 4-5:45PM, call arena for closure dates

MEETINGS

AHS: Addiction Services provides assessment and counseling for alcohol, other drugs, tobacco and gambling in Breton on court day Wednesdays. To make an appointment, please call 780-542-3140.

Do you have a problem with alcohol & are you looking for an **AA MEETING** or someone to talk to? Call Toll Free 1-877-404-8100.

Drinking a Problem? There is a Solution, call AA 780-491-1043

ALDER FLATS AG SOCIETY: 3rd Wed, 7PM, Community Centre. Call (780) 388-3318 for more info.

BRETON COUNCIL MEETINGS: 2nd Tuesday of each month at 7PM at the Council Chambers, Carolyn Strand Civic Centre. 780-696-3636.

BRETON & DISTRICT AG SOCIETY Regular Meeting 2nd Thurs. at 7:30PM at Hall.

CITIZENS ON PATROL: 2nd Thurs of each mo, 7:30PM in Entwistle Seniors Bldg

DEVON TOASTMASTERS, Thurs. 7PM at St. Georges Anglican Church (2 St. Clair,

Devon). Learn and practice the skills required to effectively speak in public - we help conquer your fear.

More info: Marc 780-729-4932

DRAYTON VALLEY BRANCH OF ALBERTA GENEALOGICAL SOCIETY: meets 7PM at Drayton Valley Municipal Library every 3rd Wed of the month. For more information call (780) 542-2787
LEDUC MS SOCIETY COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Meetings TBD. Contact the Edmonton Chapter, 780-471-3034

MS SOCIETY DRAYTON VALLEY COMMUNITY GROUP meets every 1st Tuesday of the month, Sept-June from 6-8PM at Norquest College, dates TBA. Info, Terra Leslie at 1-403-346-0290.

Winfield Legion Branch 236: Meetings every 2nd Tues. Contact Secretary Treasurer Shelly Oulton 696-3600 or Alfred Farmer 696-2006

YOUR COMMUNITY

Dental Health: Visit the dental hygienist with your toddler. Children 15-24 mos of age are encouraged to have this Free Toddler Mouth Check. For info, contact the Thorsby Health Centre at 789-4800.

Come join GIRL GUIDES OF CANADA, 1st Pipestone Sparks/Brownies/Guides Rainbow Unit. For more info call Jenny 387-3544 (anytime) or Teresa 901-3817 (evenings)

Meals on Wheels: Call Deanne Young, Director FCSS 696-3636
Thorsby Well Child & Immunization Clinic, every 1st & 3rd Thurs. of the month. Contact Thorsby Public Health Center for appointment. 789-4800.

Warburg Well Baby & Immunization Clinic, by appointment only, 2nd Wed of month, Cloverleaf Manor. Thorsby Health Unit 789-4800.



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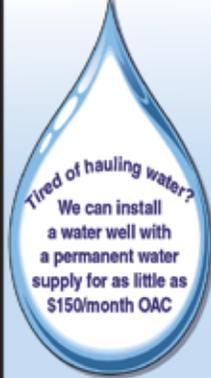
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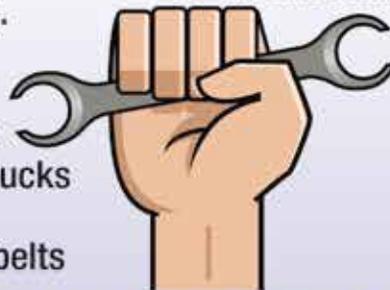
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