



COMMUNITY VOICE

YOUR LOCAL NEWSPAPER

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

March 3, 2020

WORLD DAY OF PRAYER

Submitted by Zion United Church

On Friday, March 6th at 2:00 p.m., you are invited to join friends and family at the Zion United Church for the inter-denominational World Day of Prayer ser-

vice. Written by the women of Zimbabwe for 2020 WDP, we are given an insight into the culture of their country and the challenges they face in their daily lives.

We will also share our prayers with many people around the world on this

“World Day of Prayer” Zion United church is # 15 in Paradise Estates on Tshp Rd 542 between Rg. Rd. 35 and 40. Refreshments to follow the service as well as a video prepared for this day. For information call 780-902-1850.

PIZZA AND TRIVIA NIGHT FUNDRAISER

Submitted by Alberta Beach Library

On Saturday, April 18 we are holding our second pizza and trivia night fundraiser at our library.



Continued on Page 3

ALBERTA BEACH TURNS 100 YEARS OLD!

Submitted by Alberta Beach Museum

Attention, Attention, read all about it: The Alberta Beach Museum is so much

more than a tourist attraction. It is a dedication to the very history of The Village. As such, we are pleased to announce that on August 22, 2020, Alberta Beach

turns 100 years old. And... we would like you to come celebrate with us at The Museum.

Continued on Page 2

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Alberta Beach Turns 100 Years Old!

Continued from Page 1

It was decided that such a huge event should be commemorated in a huge way. So, we set out to publish a very unique book. One that portrays the intimacy of the connections people have formed in this area. We reached out to the public for their personal stories about their own experiences at the beach in our endeavor.

The response was amazing. Hundreds of short stories and photos from residents, business owners and visitors were submitted. We are extremely proud to announce the release of our book... Alberta Beach turns 100 years old on August 20th.

This edition will not be your normal history book. It's a cumulation of true life stories told by the people for the people. A treasure of ex-

periences in print describing events that took place at Alberta Beach. These interesting personal renditions will live on forever in the pages of this book thanks to Jean Mosley and The Alberta Beach Museum. Jean has put in endless hours transcribing the text and ensuring the flow is accurate and compelling to read. This has been a huge accomplishment for us and it is our pleasure to make it available for you.

Our Book Launch Celebration will be held at our Heritage Village historical park on Sunday, August 23rd 1-6pm. You can avoid the lineup by pre-ordering your copy. Call the Museum at 780-924-2140 and leave a message or if more convenient call Sylvia at 780-924-3167 and own a piece of history. We also have Spirits and Trails book one and book two available for a complete historical set.



COMMUNITYVOICE
—YOUR LOCAL NEWSPAPER—

PUBLISHED WEEKLY (Zone 1 & 2)
AND BIWEEKLY (Zone 3)

E.J. Lewchuck & Associates Ltd.

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SHANE GETSON
MLA for LAC STE. ANNE-PARKLAND

FARM
Safety Week

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NOTES FROM THE ONOWAY LEGION

Submitted by Richard Moses

It's Roast Beef Time!
 On Friday, March 6, Chris Stewart and volunteers will serve a full roast beef dinner with mashed potatoes and gravy, acorn squash, and carrot salad. Dessert is brownies and ice cream.
 Don't forget to book your reservation by text or phone to 780-340-0760, or leave a message on the Legion answering machine at 780-

967-5361. Doors open at 3, with the meal served from 6 to 7 pm. Adults pay \$15; kids up to 10 years cost \$9, while 5 and under are free.
 As usual, the bar will be open, along with the usual draw for a free meal. You'll have a chance to buy raffle tickets on a delicious meat package, on the 50:50 draw, or the Chase the President raffle, a progressive jackpot that increases in value each week there's no winner. That was the case on Feb-

ruary 21, meaning the pot grew to \$1,516.25, with only 10 cards left. There could be a lucky winner anytime, so don't miss your chance!
 St. Patrick's Day Dinner
 On Friday, March 13 Lynne Tonita heads the volunteers in serving a special Irish meal to honour St. Patrick's Day. Enjoy Irish stew with colcannon (a traditional Irish dish of mashed potatoes with kale or cabbage), brussels sprouts, and salads, with Irish apple cake

for dessert.
 St. Paddy's Day Raffle
 Time's running out to get your tickets for the \$400 liquor basket being raffled off. The draw will be on Friday, March 13 (for St. Paddy's Day). Tickets are available at the Legion bar for \$10 each.
 Did You Know?
 The Legion is a family-friendly place, and children are welcome. There are a couple of high chairs available for the little ones.

Pizza and Trivia Night Fundraiser

Continued from Page 1

For \$25 you can enjoy a pizza supper and are registered for our trivia night. If you want to get your friends, co-workers, or family together to form a team - great! If you are on your

own or are coming with a partner, we will find you some nice people to make a team with.
 Don't be scared about the trivia part. Some of the questions you or your team members will know, some you won't (but you will

learn something new when you hear the answer), and some you know but you just can't pull the answer out. The point is you are supporting a good cause and you'll have a lot of fun!
 There will be prizes for

trivia, 50/50 draw, bucket raffles. Cash bar will also be available. We can deliver tickets to you if you aren't around the beach. Don't be disappointed... tickets are limited and are sure to sell out! 780-924-3491, ablibrary@yrl.ab.ca.

GLENN VAN DIJKEN, MLA
 Athabasca - Barrhead - Westlock Constituency




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 email: Athabasca.Barrhead.Westlock@assembly.ab.ca

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JOKE OF THE WEEK

Man to his wife: "Do you know what our 6 year old son wants to be once he's big?"
 Wife: "No."
 Man: "A garbage man. And you know why?"
 Wife: "No, why?"
 Man: "Because he thinks they only work on Tuesdays."

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MAYERTHORPE RCMP MARK 15-YEAR ANNIVERSARY OF FOUR OFFICERS DYING IN THE LINE OF DUTY

Submitted by Mayerthorpe RCMP

Mayerthorpe, Alta. – March 3, 2020, marks the 15-year anniversary of the four RCMP officers who died in the line of duty. Constables Leonide Johnston,

Anthony Gordon, Brock Myrol and Peter Schiemann were ambushed and killed on March 3, 2005, while investigating a marijuana grow operation and vehicle chop shop outside of Mayerthorpe, Alta. A memorial service host-

ed by the Fallen Four Society will be held at the Fallen Four Memorial Park in Mayerthorpe. This is an opportunity for family, friends, peace officers and members of the public to come together to remember those we have lost in the

line of duty. When: March 3, 2020, at 6:30 p.m. Where: 4602-52 Street, Mayerthorpe Corporal Deanna Fontaine, Media Relations Officer, will be available to the media in attendance.

WILDFIRE SEASON BEGINS MARCH 1

March 1 marks the start of wildfire season in Alberta.

Submitted by Government of Alberta

Wildfire season begins one month earlier in Al-

berta than in other jurisdictions and runs until Oct. 31. Research shows that wildfires are starting earlier and lasting longer. Alberta's

early fire season means our firefighters are trained and positioned throughout the province sooner.

Almost all spring wildfires are caused by human activity and are completely preventable.

Human-caused wildfires are generally accidental in nature – often started by an out-of-control campfire or spark from an off-highway vehicle. Dead and dry grass, twigs, leaves and branches provide fuel for fast-moving grassfires. Whether started by accident or arson, wildfires can cause major environmental damage. While arson is a criminal offence,

any unsafe fire-related behaviours can lead to hefty fines or charges for the person involved.

“Most wildfires are preventable. More than 70 per cent of Alberta wildfires last year were caused by humans – and the McMillan wildfire near Slave Lake was started by arson. We will continue to promote prevention, provide adequate funding and improvements to forest management.” - Devin Dreeshen, Minister of Agriculture and Forestry

During wildfire season, fire permits are required for any burning except campfires in the Forest Protection Area of Alberta. Fire permits let firefighters know exactly where planned burning is being done. Permits also help prevent false calls, which ensures firefighters are available for real wildfire response. Fire permits are free and can be requested from any Agriculture and Forestry office.

- Quick facts
- Last fire season, 989 wildfires burned more than 883,411 hectares in Alberta.
 - Seventy-one per cent of the wildfires were human-caused.
 - If you see a wildfire burning in the forest, report it toll-free at 310-FIRE (3473).

EDMONTON – Capital Region
GUN SHOW
March 7 & 8, 2020
Located at “The Pavilion at Heritage Park”
5100-41 Avenue, Stony Plain, AB
PUBLIC WELCOME - FREE PARKING ADMISSION: \$8.00
SATURDAY 10:00AM-5:00PM
SUNDAY 9:30AM-3:00PM

Onoway and District Historical Guild
ANNUAL GENERAL MEETING
March 18, 2020 8:00 pm
Regular meeting commences 7:00 pm
Onoway Heritage Centre – Room 3

Anyone and everyone is invited to join us at this meeting.

We will review the accomplishments of 2019 and look ahead to plans and projects to be undertaken in 2020. Elections will be held for President, Vice President, Secretary, Treasurer and directors.

Our members and volunteers bring many interests and talents – ranging from artistic aptitude to an interest in local history and genealogy; from skilled tradesmen to accounting experience; from meticulous cleaning ability to technological expertise.

Help play a part in maintaining our thriving community resource centre and our amazing local museum. **Join us!**



LAC STE. ANNE COUNTY PARENT LINK / EARLY CHILDHOOD DEVELOPMENT INITIATIVE

FREE PROGRAMS IN MARCH

GOING BUGGY

Wednesday, March 4

10:00am - 11:30am & 1:00pm - 2:30pm

Room # 3, Onoway Heritage Centre

Do you love bugs of all shapes and sizes? Then join us for a Going Buggy adventure! Make bug crafts and learn tons of neat stuff about bugs through sensory fun!

FREE drop-in program - no need to pre-register.

IT'S A JUNGLE OUT THERE!

Wednesday, March 11

10:00am - 11:30am & 1:00pm - 2:30pm

Room # 3, Onoway Heritage Centre

Tigers & elephants & monkeys, Oh my! Join us to create jungle crafts, play jungle games, and learn interesting facts about jungle animals through sensory play as we enjoy a safari adventure.

FREE drop-in program - no need to pre-register.

KNIGHTS & PRINCESSES

Wednesday, March 18

10:00am - 11:30am & 1:00pm - 2:30pm

Room # 3, Onoway Heritage Centre



Drop in and be transported back to the middle ages complete with castles and dragons! Decorate your own sword and shield, or crown and wand. Slay a dragon with a pool noodle javelin and

show off your princess skills in a glass slipper relay race.

FREE drop-in program - no need to pre-register.

STAY & PLAY

SANGUDO

Tuesdays, March 3 & 10

11:00am - 12:00 noon

Sangudo Early Childhood Room (arena)

ONOWAY

Thursday, March 9

11:00am - 12:00 noon

Parent Link Room, Onoway Heritage Centre



Drop by to enjoy a coffee, visit while your kids explore the awesome toys and sensory bins, and create crafts.

FREE drop-in program - no need to pre-register.

PARENTLINK CELEBRATION

SANGUDO

Tuesday, March 17

11:00am - 1:00pm

Sangudo Early Childhood Room (arena)

ONOWAY

Wednesday, March 26 | 12 noon - 2:00pm - and -

Thursday, March 26 | 10:30am - 12:30pm

Alliance Activity Centre (museum gym), Onoway Heritage Centre

Drop in and join us as we celebrate Parent Link. Enjoy coffee or tea and a snack while your kids enjoy playdough, crafts, toys, sensory bins, dress-up clothes, stepping-stones, stilts, Edublocks, Mega Blocks Castle, and more!

SNACKS WILL BE PROVIDED.

FREE drop-in program - no need to pre-register.

Parent/caregiver supervision of children is required. For more information, please contact Parent Link/Early Childhood Development Coordinator Cathy Steeves: 780.785.3411 / 1.866.880.5722 or email csteeves@LSAC.ca.





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FARM SAFETY WEEK

Preventing Crushes

- From rolling machinery to falling front-end loaders there are countless crush hazards on a farm. While farm operators and workers can't prevent every hazard on a farm, they should prevent every hazard they can by taking simple preventative measures while working.

- Failure to block-up equipment safely can result in a fatal crushing injury. A jack may slip, a hose or overhead support may break, or the equipment may roll. Always take the precaution of placing support blocks under the equipment prior to working with raised machinery for any reason.

| | | | |
|---|--|--|--|
| <p>Sangudo Custom Meat Packers 785-3353</p> | <p>Community Health Pharmacy 785-3784</p> | <p>W.V. Repair Service -HD & AG 305-1315</p> | <p>Sangudo Veterinary Clinic 785-2200</p> |
| <p>Harapchuk Trucking Inc. 785-2655</p> | <p>Pit Stop Gas & Convenience 785-2432</p> | <p>Rapid Tire Service Ltd. 785-2474</p> | <p>C & D Tank Truck Service 785-3383</p> |
| <p>Redneck Liquor 785-2229</p> | <p>Ray's Auto Repair & Towing 785-2251</p> | <p>C-5 Chadd Contractors Ltd. 785-2548</p> | <p>Sonny's Stucco & Drywall 785-2022</p> |
| <p>Stuber's Cat Service Ltd. 785-2173</p> | <p>Jay Day Water Hauling Services 674-0104</p> | <p>The Co-operator's -Mayerthorpe 786-2750</p> | <p>Paddle River Concrete 786-2666</p> |

FARM SAFETY & HEALTH WEEK

MARCH 15-21, 2020

Farm Safety Tips

When farming please follow these precautions in order to keep yourself, your family and your workers safe:

- Decrease your risk of being crushed by using lockout procedures before beginning any maintenance or repair work. Lockout means to physically neutralize all energies in a piece of equipment. Machines, devices or power transmission lines can be de-energized by applying blocks to all parts under tension or pressure, bleeding the hydraulic pressure from the lines or by releasing pressure from a coil or spring.
- Provide a safe, fenced play area for all children and supervise closely. The working area of the farm is not a playground any more than a construction site or other industrial area would be a play area. Review the safety rules on your farm with your family often. Fence off all manure, retaining ponds and dugouts, and lock buildings containing hazardous goods.



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The following businesses are proud
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**Onoway
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Supplies, Pet
Sitting**

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**Treeline Well
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**Town of
Onoway**

967-5338



**2K Small
Engine Service**

952-3956



**Suds Up
Car Wash**

967-0022



**Cottage Flair
Woodwork**

903-4099



**BRK
Masonry**

289-3987



FARM SAFETY TIPS

- Hire right - hire the right person and pay them fairly rather than hire an unqualified person for less money then pay for their liability and errors.
- Get a check-up - make sure every worker is checked up on at least every two hours
- Know the code - the Code of Practices for Farm Safety (PEI) has set the industry standard for agriculture
- Train for safety

**The following local businesses are proud sponsors of Farm Safety & Health Week
March 15 - 21, 2020**

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967-2500

Onoway Veterinary Clinic
967-2967

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458-2136

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FARM SAFETY WEEK

Be SAFE – Plan Ahead Assess Risk

Risk concerns the expected value of results of a situation or event. The value of those results may be positive or negative. In the farming industry, the measure of risk can be rated as high, medium or low. Once the risk has been assessed, through your regular safety checks, employers can determine whether to take immediate action of a hazard or identify those that can be monitored and fixed at a later time. Regular assessment can help with budgeting time and resources for immediate or future repairs.

The following businesses of are proud sponsors of **Farm Safety & Health Week**

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-Mayerthorpe
786-2688

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www.roszko.com
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Mayerthorpe Pharmacy
786-0185

Pembina West Co-op
-Mayerthorpe
786-2093

Paddle River Concrete
786-2666

Doggie Style
786-0171

Paddle Plastics Ltd.
786-4408

Park Memorial Ltd.
-Funeral Home & Crematorium
786-2533

The Co-operator's
-Mayerthorpe
786-2750

Martin Deerline
-Mayerthorpe
786-2253

Rexall
-Mayerthorpe
786-2044

Vandenberg Collision Ltd.
786-2614

Gibbs Contracting
785-4002

C-5 Chadd Contractors Ltd.
785-2548

C & D Tank Truck Service
-Cherhill
785-3383

SUMMER VILLAGE OF VAL QUENTIN NEWS

Submitted by Marlene Walsh Deputy Mayor, Summer Village of Val Quentin

Emergency Management ... Is Your Family Prepared?

Ste Anne Emergency Management Agency is comprised of the following municipalities: Yellowstone; South View; Sandy Beach; Sunset Point; Val Quentin; Silver Sands; West Cove; Ross Haven; Sunrise Beach; Nakamun; Birch Cove and Ross Haven.

Agency/Advisory Committee Representative: Marlene Walsh

Volunteer Director of Emergency Management (DEM): Janice Christiansen

Are You Interested in Getting Involved .. please contact Marlene Walsh at marlenehwalsh@gmail.com.

For additional information on Emergency Preparedness: <https://www.getprepared.gc.ca>

Canadian Red Cross Website: redcross.ca; to purchase First

Aid Kits please visit: shop.redcross.ca

Culvert/Drainage Project - During the Summer/Fall of 2019, Lamb's Construction proceeded with drainage work in the village. The project was funded by a Municipal Sustainability Initiative (MSI) grant through Municipal Affairs Alberta. If you have any questions, or notice any problem areas within the ditch and culvert system, please contact Dennis Evans at d.evans@valquentin.ca.

Ice Fishing is a popular and enjoyable sport at Lac Ste Anne and has resulted in an increase of ice fishing shelters/huts on our lake. We strongly recommend ALL ice huts be removed by March 31, 2020!

Intermunicipal Collaboration Framework (Bill 25) (ICF) - The revised MGA requires all municipalities that share a common boundary to adopt ICF bylaws by April 1, 2020. The Summer Villages of Val Quentin and Sunset Point continue to work collaborative-

ly with the Village of Alberta Beach and the County of Lac Ste Anne to maximize our opportunities to work together on Core Services including Transportation, Emergency Services, Water/Waste Water, Solid Waste and Recreation.

Snow Removal - Unless otherwise indicated with signage by property owners, windrows are cleared of snow on all driveways in conjunction with snow plowing of the roads. Windrow removal service will be provided when the windrow is an accumulated height of 6 inches or greater. Windrow removal service will not be provided to residents who push snow from their driveways into the windrow for removal by the Village. The intent of the windrow removal service is to knock down the windrow and allow for vehicle passage. Windrows will be removed from the edge of the roadway inwards to a maximum of 4 feet and a maximum length of 20 feet. Property owners with rear entrances are required to

post signage to indicate that the driveway entrance is to be cleared. The plow operator does not enter private property to clear windrows.

Alberta Beach Library Pizza/Trivia Fundraiser Saturday, April 18, 2020 SAVE THE DATE! Invite your family and friends to start boning up on their trivia! Supper starts at 6:00 pm, and Trivia starts at 7:00 pm. Tickets will go on sale in early March. Tickets are \$25 each and include a pizza supper. Cash bar available. 50/50 draw, bucket raffles, and trivia prizes!

Council Meetings are held the 3rd Wednesday monthly at 7 PM at Sunset Point Office.

All residents are welcome to attend these public meetings. If you have an item you would like added to the agenda, please submit to Dennis Evans at d.evans@valquentin.ca one week in advance. Meeting minutes are posted on the Summer Village Website at www.valquentin.ca.

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DARWELL PUBLIC LIBRARY NEWS

Submitted by Darwell Public Library

Here is what is happening at the library in March. The Colouring Club, Family Games and LEGO run daily, during regular library hours, for patrons of all ages. We supply the materials you supply the inspiration and fun.

The next Book Club meeting will be held on Monday, March 2, 2020 at 2 :00p.m. to review "Eleanor Oliphant is Completely Fine" by Gail Honeyman. Do you love to read? Do you like to discuss what you have read with others? We are always interested in a new perspective to add to our conversation. If you are interested in participating, you can register and make arrangement for loan of the current title by calling the library @ 780-892-3746. Beginner Tai Chi & Practice

continues Tuesday and Friday mornings at the Darwell Centennial Hall from 10:00 to 11:00 AM. All you need is loose comfortable clothes and flat comfortable shoes. The drop-in rate is \$ 10.00 per person, per session.

Preschool Story/Play Time for children 0 to 5 years of age will be Monday, March 9, 2020 starting at 1:00 p.m. The theme for this session is Let's Celebrate Spring. If you would like to attend, please pre-register by calling the library as we are no longer running this as a drop-in program. All children must be accompanied by an adult as this is an interactive early literacy program including stories, activities, crafts and a snack.

Join us on Wednesday, March 18, 2020 between 3:30 and 5:00 p.m. as we will be doing a painted rock craft for children ages 6 – 13. Paulette Gillespie of Paulette's Signs & Designs will lead the children through this cute project. The cost will be \$ 3.00 per child and you must pre-register no later than March 13, 2020. (Samples are available for viewing at the library and on our website and Facebook page).

The planning is complete, and the program has been tested and we are ready to do our first Escape Room at the library. Join us on Saturday, March 21, 2020 between 12:00 pm and 3:00 p.m. and help us find Captain Blake Gibson and his sailboat before the approaching storm arrives. We have 4 sessions scheduled and due to space limitations, each group will be limited to 4 people. Admission will be by donation and you will have 45 minutes to find the Captain and his boat. This program is designed for everyone, but

we ask that children be at least 8 years old to attend the program. Please contact the library to register and let us know what time slot you would like 12:00, 1:00, 2:00 or 3:00. See you there!

Join us Thursday March 26, 2020 from 7:00 to 8:30PM as Lorraine Taylor, Horticulturalist, Lac Ste Anne County will be here to talk about Tomatoes Galore! Gardeners consistently rate tomatoes as their favourite vegetable. 2019 was a tough year for gardens and for many, the tomato crop was disappointing. This session puts the focus on growing your best tomatoes ever. Lorraine has talked with the tomato experts and gathered tips from our local great growers. Soil, water, heat, fertility- find out what tomatoes need to thrive. Heirlooms and hybrids; from grape to paste, to beefsteaks- learn

Visit LSAC.ca to explore the latest Lac Ste. Anne County news and events in greater detail.



LAC STE. ANNE COUNTY



56521 RGE RD 65, BOX 219, SANGUDO AB T0E 2A0
OFFICE HOURS: 8:30AM TO 4:30PM MONDAY THROUGH FRIDAY
phone 780.785.3411 toll-free 1.866.880.5722 lsac@lsac.ca

PLANNING & DEVELOPMENT

NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at **1-866-880-5722** or devassistant@lsac.ca, Monday to Friday 8:30am to 4:30pm to request additional information on a permit.

| PERMIT # | LEGAL LAND DESCRIPTION | DESCRIPTION | APPEAL DEADLINE |
|----------|---|--|-----------------|
| 20-D0002 | Lot 2, Block 1, Plan 1024294 Within SE 08-54-3 W5M | Wedding event venue, 3948 square feet building designed to look like a barn for a home based wedding event business, on screw piles, Main 65.8 x 60.0 (3948 sq. ft.), Basement/crawl space 65.8 x 60.0 (3948 sq. ft.), Deck 60.0 x 16.0 (960 sq. ft.). | March 23, 2020 |
| 20-D0017 | Lot 3, Block 1, Plan 0426007 Lac Ste Anne Settlement RL8 within NE 19-54-03 W5M | Mobile Home on screw piles 16.0' X 58.0' (928.0 sq.ft.), Deck 10.0' X 12.0' (120.0 sq.ft.). | March 23, 2020 |

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning and Development department, Box 219, Sangudo, Alberta, T0E 2A0.

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash.

Darwell Public Library March News

what cultivars consistently succeed here. Bring your own best advice to share. Everyone seeds some pots to grow on at home. Take on the Darwell Fair challenge and join us again in October to share your success stories. There is no charge to attend this session, but we ask you to pre-register by contacting the library @ 780-892-3746.

Family Movie Night, at the Lake Isle Community Hall, will be held on Friday, March 27, 2020. We will be showing the "G" rated title "Frozen 2". The doors will open at 6:30pm and the movie starts at 7:00 pm. Admission is \$ 2.50, and a concession will be available. See you there!

Are you interested in the library and looking for a way to contribute? Have you thought about joining the Darwell Public Library Society or the Darwell Library Friends Society? The Darwell Public Library Society will be holding their Annual General Meeting Monday, April 27, 2020 starting at 7PM followed by the regular meeting. Everyone is welcome to attend, and light refreshments will be available.

The Darwell Public Library Society will be holding their next regular meeting on Monday, March 23, 2020 starting at 7 pm. All meetings are open to the public and everyone is welcome to attend. The Library is open 11:00 am to 4:00 pm on Monday, Tuesday and Thursday and from 5:00 pm to 8:00 pm Wednesday and Friday, closed Saturdays, Sundays and Holidays. You can also find out what is happening at the library by checking our Website www.darwellpubliclibrary.ab.ca or follow us on Facebook at www.facebook.com/DarwellPublicLibrary



We care about our farmers.

On the farm, safety is paramount. The more we talk about safety with neighbours, employees, family members and fellow operators, the better equipped we all are to prevent farm injuries and fatalities before they happen.

Be an Ag Safe Family. Visit agsafetyweek.ca today and get access to a spectrum of tools and resources designed to help maximize the safety of everyone on your farm.

Remember: most farm injuries are predictable and preventable. Safety starts with you.



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agsafetyweek.ca // March 15-21, 2020



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Farm Safety & Health Week

March 15-21

Teach small children the rudiments of safety, such as which areas are off-limits. As they grow older, explain why certain things are dangerous. When they start helping with the work, make sure they are properly trained, keeping their limited strength and experience in mind. The safe way to do things is not always obvious to a child, so always explain and enforce the safety aspects of the job.

The following businesses are proud sponsors of Farm Safety & Health Week



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FREE PARENTING PRESENTATIONS IN MARCH

Don't miss these outstanding sessions from Danyelle Lynch!

THE 5 LOVE LANGUAGES OF CHILDREN

March 11 from 6:00pm to 8:30pm
room #4, Onway Heritage Centre

*Registration deadline March 6



Does your child feel loved? "Of course," you will say...but are you communicating that love in a way s/he understands? This presentation introduces you to **The 5 Love Languages of Children** (based on the book by Gary Chapman) and will help you determine the primary languages in which your child hears your love.

STRENGTHENING YOUR PARENT-CHILD RELATIONSHIP

March 18 from 6:00pm to 8:30pm
room #4, Onway Heritage Centre

*Registration deadline March 13



I know — it's hard to find time to have fun when you're just trying to get through the evening schedule of dinner, bath and bedtime routine. Parenting is a tough job, but you don't need a lot of extra time to strengthen the relationship with your child. Join us for this presentation to consider that maybe what your child needs is a different kind of attention.

* Please note that **Pre-registration is required** for each of these **FREE** presentations. Call Lac Ste Anne County's Community Services department at **780.785.3411** to register.



About Danyelle Lynch

Danyelle has been working with children, youth and families within community-based, residential, and family support settings since 2008 and in clinical settings since 2014. Her focus has been on increasing the strengths and attachments of families to benefit each individual member of the family.

Danyelle also spends her time teaching in the Child and Youth Care program at MacEwan University.



Highway 43 Come Play With Me Early Childhood Coalition



FARM SAFETY & HEALTH WEEK

MARCH 15-21, 2020

Keep an eye for safety

The type of safety eye protection you should wear depends on the hazards in your workplace. If you are working in an area that has particles, flying objects, or

dust, you must at least wear safety glasses with side protection (side shields). If you are working with chemicals, you should wear goggles. If you are working near hazardous radiation (welding, lasers, or fibre optics) you must use special-purpose safety glasses, goggles, face shields, or helmets designed for that task.

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FARM SAFETY WEEK



As we recognize Farm Safety Week, please take a moment to review these simple tips designed to protect your health and safety on the job.

- Designate a safe play area for kids that is a safe distance from machinery.
- Plan an escape route when working around animals in tight areas.
- Wear protective equipment like masks and goggles to safeguard your lungs and eyes.
- Review and enforce basic safety rules for employees and family members, and set the example by following them yourself.

These local businesses care about the health and safety of the farmers, ranchers and agricultural workers they serve.

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REQUEST TO SPEAK TO

Submitted by St. Albert RCMP

St. Albert, Alta. – St. Albert RCMP are investigating an incident that occurred at Servus Place on February 1, 2020 and are asking to speak to an individual who may have information regarding the matter. The

individual appears to be in their mid 20's, dark short hair, light skin, and wears glasses.

If someone in the community recognizes this person, please contact the St. Albert RCMP and/or ask them to contact the St. Albert RCMP.

If anyone has information regarding any crime, they

are asked to contact the St. Albert RCMP Detachment at 780-458-7700 or their local police. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www.P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play



MP SOROKA QUESTIONS THE GOVERNMENT'S APPROACH ON ILLEGAL BLOCKADES

Submitted by Gerald Soroka, MP for Yellowhead

OTTAWA: Gerald Soroka, Member of Parliament for Yellowhead, rose in the House of Commons to ask the government when the agricultural, forestry, and coal producers in his riding

would once again be able to get their products to market.

MP Soroka stated, "the Prime Minister's weakness is costing Canada's economy once again. People in Alberta and across the country have lost all faith in the government's willingness to end the illegal blockades."

In Response, Mr. Joël Lightbound (Parliamentary Secretary to the Minister of Public Safety and Emergency Preparedness, had this to say, "Mr. Speaker, we recognize the hardships that these blockades have placed upon many Canadians across the country and on the economy. However,

there is no simple solution to such a complex problem..."

The video can be found on my YouTube (<https://www.youtube.com/watch?v=5T-08pfC4m78>), and Facebook (<https://www.facebook.com/GeraldSorokamp/videos/2656839004385989/>) pages.

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auto TUNE-UP

ARE AUTO FINANCING RATES NEGOTIABLE?

When buying a home, buyers are often on the lookout for the most competitive interest rate they can find. Buyers may request estimates from various lenders in the hopes

of finding low interest rates that can save them tens of thousands of dollars over the life of the loan. Car buyers may not know it, but similar due diligence can be performed when buy-

ing a new car. According to the Consumer Financial Protection Bureau, buyers may be able to negotiate with dealers in an effort to secure the lowest auto loan interest rate possible. The CFPB notes that, with dealer-arranged financing, dealers collect information from buyers and then forward that information to potential lenders. Those lenders then choose whether or not to finance the loan. Those that propose financing will offer a rate, referred to as the "buy rate," to the dealer. The interest rate negotiated between the buyer and the dealer may be higher than the buy rate, as it accounts for the effort the dealer put

forth in arranging the financing. However, buyers may be able to negotiate to receive the buy rate, or least something closer to the buy rate than the dealer initially offered. Buyers also should know that they have options other than dealer-arranged financing. Before visiting a dealership, buyers can contact banks, credit unions or other lenders to get preapproval for an auto loan. In such instances, these lenders will quote buyers an interest rate, and buyers can then compare those quoted rates with the ones they receive from dealers, ultimately choosing the best rate for them.

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WHAT NOISY BRAKES MAY BE TELLING YOU

The only noises many drivers ever want to hear coming from their vehicles are the sounds of their favorite songs blasting from their car stereos. But cars sometimes make noises that aren't nearly as inviting as music.

Noises that seem to pop up when applying the brakes can be especially scary for motorists. No one wants to drive a vehicle with faltering or suspect brakes, so learning to distinguish between the two most common brake noises can be a wise move for drivers.

Grinding brakes
The automotive retailer Pep Boys® notes that grinding noises indicate a serious problem with the

braking system. According to CarsDirect.com, there are two major causes behind the grinding noise made by brakes. If the grinding sound is audible when pressing on the brake pedal, this likely because the rotor disc is coming into contact with part of the caliper. This typically occurs because the brake pads or rotors are extremely worn down, causing the steel backing of the worn out pad to grind against the rotor. In such instances, Pep Boys® recommends replacing the brake pads immediately.

If the grinding noise is audible while the vehicle is in motion, debris might be stuck inside the brakes. Drivers might be able to

dislodge this debris by repeatedly moving their cars forward and backward in a safe place, such as a driveway. If that does not work, have the brakes serviced by a qualified mechanic.

Squealing
Many drivers are familiar with the high-pitched squealing sound that comes from their vehicles or those of fellow motorists. That squeal, while certainly not music to the ears, might be a good thing. That's because Pep Boys® notes that some brake pads are equipped with small steel clips that serve as wear indicators. When brake pads have worn down, these devices produce a squealing sound to let drivers know it's time to get new brake

pads.
But squealing can be indicative of other things as well. Squealing noises are sometimes heard immediately after brake pads or rotors have been replaced. In such instances, the noise typically subsides within a day or two once the pads have been broken in.
Glazed pads also can create a squealing sound. When calipers stick, the brakes stay partially applied, producing excessive friction or heat. The heat causes the brake pads to glaze.
No one wants to hear noises coming from their brakes. However, such noises are often a car's way of telling drivers that brakes need to be serviced.

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HOW TO RECOGNIZE AND DEAL WITH ANXIETY

Submitted by Alberta Health Services, myhealth.alberta.ca

Feeling worried or nervous is a normal part of everyday life. Everyone frets or feels anxious from time to time. Mild to moderate anxiety can help you focus your attention, energy, and

motivation.

If anxiety is severe, you may have feelings of helplessness, confusion, and extreme worry that are out of proportion with the actual seriousness or likelihood of the feared event. Anxiety affects the part of the brain that helps control how you communicate. This makes it

harder to express yourself creatively or function effectively in relationships.

Overwhelming anxiety that interferes with daily life is not normal. This type of anxiety may be a symptom of generalized anxiety disorder, or it may be a symptom of another problem, such as depression.

Physical symptoms of anxiety include:

- Trembling, twitching, or shaking.
- Feeling of fullness in the throat or chest.
- Breathlessness or rapid heartbeat.
- Light-headedness or dizziness.
- Sweating or cold, clammy hands.
- Feeling jumpy.
- Muscle tension, aches, or soreness.
- Extreme tiredness.
- Sleep problems, such as the inability to fall asleep or stay asleep, early waking, or restlessness (not feeling rested when you wake up).

Emotional symptoms of anxiety include:

- Restlessness, irritability, or feeling on edge or keyed up.
- Worrying too much.
- Fearing that something bad is going to happen; feeling doomed.
- Inability to concentrate; feeling like your mind goes blank.

You can help prevent anxiety attacks:

- Avoid caffeine, especially in coffees, teas, colas, energy drinks, and chocolate.
- Do not smoke or use smokeless (spit) tobacco products. Nicotine stimulates many physical and psychological processes, causes your blood vessels to constrict, and makes your heart work harder.
- Exercise during the day. Even a brisk walk around the block may help you stay calm.
- Talk with your doctor about your symptoms of anxiety or panic. A licensed counsellor or other health professional can help you find ways to reduce your symptoms with techniques such as biofeedback, hypnosis, or cognitive-behavioural therapy.

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Farm Safety Week

March 15th-21st

Entanglements

° The average farm is full of machinery and device that can grab, cut, smash and entangle fingers, hands, toes, and feet causing injury to the extremities and even death. The sad truth is that most of these injuries can be avoided.

°Some of the key entanglement prevention measures to implement when working with or near machinery are:

- Before operating any machine or equipment, ensure that all guards are in place and in good condition.
- Wear tight fitting clothing, such as overalls. Avoid wearing any items that could become entangled, such as long coats or scarves.
- Never step over a PTO shaft or conveyer belt while it is still running.

°Ensure that anyone working with augers, PTOs, and other extremely hazardous machinery receives appropriate safety instruction and adequate supervision.

°Keep young children out of the farm or ranch work site, especially areas where there is moving machinery.



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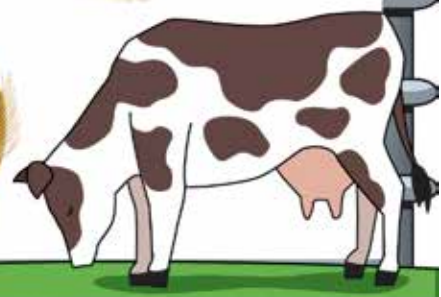
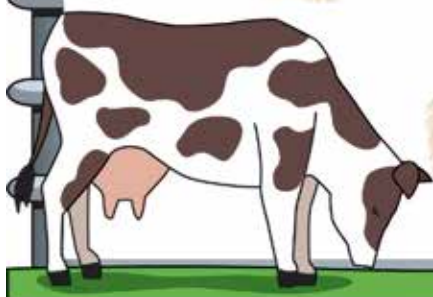
FARM SAFETY WEEK

is a great opportunity to stress the importance of keeping our farm families safe and healthy. The agriculture industry is unique in that so many of its members live, work and play at the worksite. This often increases the level to which farmers and their families are exposed to dangerous chemicals, machinery and livestock. Because of this potentially hazardous environment, it's essential that each and every person on the farm is experienced and knowledgeable in the area of farm safety.

- Handle cattle with respect and awareness. They have the strength and speed to cause serious injury.
 - Never operate machinery when you are fatigued, stressed or highly medicated.
 - Always read and follow owner's manuals and safety decals on all equipment.
 - Outfit all farm buildings with smoke detectors and fire extinguishers.

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Experienced Chambermaid for Onoway Inn & Suites. Part time with possible full time in the summer. Call 780-967-4420. (4) 03-03

Services

WANTED! Standing Timber. Are you looking to cut your wood lot before pine beetles or forest fires destroy it? Top dollar paid. Call Paul 780-706-1470 (12) 25-02

Computers

Computer Repairs NOT over \$50. Get a good, clean, refurbished, upgraded **Laptop** or a **Desktop** with games, world pictures, music, videos and more for **ONLY \$100.** FREE repairs for single parents. Donate used computers, tablets, etc. Will fix, clear to donate or use for parts. Call: 780-892-2407 (14) 28-01

Firewood

SEASONED FIREWOOD: Birch, Tamarack, Spruce/ Pine & Poplar. 4x4x8 cord, Split and delivered or pick up at wood yard, 1/2 cord or full cords available. Call 780-967-5835 or 780-983-1495 (28) 27-08-19

Buy & Sell

I BUY GUN COLLECTIONS and World War 2 Collectables, Please call Jay for a quote 780-686-1350 (30) 19-11-19

For Lease

Restaurant For Lease: Fully equipped restaurant for lease, Restaurant is 1300 Sqft, with seating capacity of 42 seats. Located 1hr outside of Edmonton. Ideal for family run Chinese or Homestyle restaurant. Living accommodations included with lease. For inquires contact Dan at 587-990-4455. (5) 03-03

For Rent

Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Please call Peggy for viewing at 780-967-4420 or 1-403-742-6467. www.onowayinnandsuites.com

ALBERTA BEACH - Newer 2 bdrm apartment, downtown, awesome view looking over the lake, 1100sqft, washer/dryer/central vac, 2 baths, stainless steel appl, open concept, please call Cheryl 780-982-6922 (4) 18-02 OG

Available Immediately in 12 Unit Apartment Building in Entwistle. Large 2 Bedroom, Rent \$795/month + DD \$300. 1 Bedroom, \$685/month + DD \$300. Includes heat, water & parking. Please call Ivka 780-807-1300 or email jakovljevicivka@yahoo.ca (2) 03-03



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SUDOKU OF THE WEEK

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ANSWER:

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 5 | 9 | 7 | 1 | 4 | 2 | 6 | 3 |
| 6 | 1 | 2 | 5 | 9 | 3 | 8 | 4 | 7 |
| 7 | 4 | 3 | 2 | 8 | 6 | 1 | 9 | 5 |
| 4 | 2 | 8 | 6 | 3 | 5 | 7 | 1 | 9 |
| 5 | 9 | 6 | 8 | 7 | 1 | 4 | 3 | 2 |
| 3 | 7 | 1 | 9 | 4 | 2 | 5 | 8 | 6 |
| 2 | 8 | 5 | 4 | 6 | 9 | 3 | 7 | 1 |
| 1 | 6 | 7 | 3 | 2 | 8 | 9 | 5 | 4 |
| 9 | 3 | 4 | 1 | 5 | 7 | 6 | 2 | 8 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 9 | 7 | | 4 | | 6 | |
| | | 2 | 5 | | | | | |
| | 4 | | | | 6 | 1 | | |
| | | | 6 | | | | | |
| | | 6 | | 7 | 1 | | 3 | 2 |
| 3 | 7 | | 9 | | | | 8 | |
| 2 | | 5 | 4 | | 9 | 3 | 7 | |
| | 6 | | | 2 | | 9 | 5 | 4 |
| | | | 1 | | 7 | 6 | | 8 |

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



COMMUNITY EVENTS 2020

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

MAR 7 - SANGUDO COMMUNITY HALL JAMBOREE starts at 7pm, doors open at 6pm. Late lunch at 9:30pm. \$12/person (Entertainers free). Everybody is welcome. Info call 305-5088 or 785-4105.

MAR 14 - CRIB TOURNAMENT at Rich Valley Community Hall. Doors open at 10am, Play at 11am. Admission \$20/person, lunch served.

MAR 29 - ST. CATHERINE'S CATHOLIC CHURCH OF CALAHOO: ANNUAL EASTER HAM BINGO & BONANZA at Calahoo Community hall. Doors open at 1pm with the 1st game starts at 2pm. \$5/cost at door with hotdogs, popcorn and pop available for purchase. All proceeds go directly to the operational/maintenance costs of our church.

FARMERS MARKETS

WESTLOCK FARMERS' MARKET: Fridays 11-3pm, Someplace Else Youth Centre 10612 102 St., Ph: 780-954-2437 *Feb 14, 2020 - Dec 18, 2020.

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.
CHERRILL BINGO: Tuesdays at Cherrill Community Association. Doors @ 6:30PM, Games @ 7:30PM.
CHERRILL LEGION: First Sunday of Month. Doors Open 12:00PM

RICH VALLEY COMMUNITY HALL BINGO: 7:30PM. Loonie Pots. Next bingos February 19.

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

WHITECOURT SENIORS CIRCLE, Every Tuesday. Open @ 5PM, 1st call @ 6:45PM, Nevadas, Concession. 780-778-4950 *Sept - June

MEAT DRAWS

ALBERTA BEACH MUSEUM: Every Sat 4PM, Alberta Beach Hotel

ALBERTA BEACH: Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.
BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50.

ONOWAY ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361
STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw & 50/50.

WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@icloud.com

WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

MAGNOLIA: at Magnolia Hall. 2nd Saturday of Month. New Time is 1:00PM. Call to confirm, 727-2015. *October - May, NO Dec.
SANGUDO: Sangudo Community Hall, 1st Sat of month 7PM. 785-4105 or 305-5088. *October - May.

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2.

THE ABBOTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

WHITECOURT SENIORS CIRCLE: 2nd Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 *Nov - June

TOPS (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633. 967-5009.

EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/ month

SANGUDO: Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

STONY PLAIN: Thurs evening, Stony Plain United Church, Susan (780) 968-0869
SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

YOUR COMMUNITY

MAYERTHORPE LEGION BR. #126: Seniors' Floor Curling - Thurs @ 1PM. Fun Darts - Thurs @ 7PM. Wings Night - Every Wed 5-8PM. Steak & Fish Night - 1st Friday of month 5-8PM. Everyone welcome. For more info please call 780-786-2470.

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7PM to 10PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600
UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.

VOLUNTEER TUTOR ADULT LITERACY PROGRAM: Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@ilsac.ca

WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts, Thurs 7:30PM Crib, Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone Welcome.

BADMINTON: Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BALLROOM, LATIN, COUNTRY DANCE SOCIAL: 1st Saturday of every month. Doors open 8PM at Central Lions Recreation Center, 1113 113 St., Edmonton AB. Cost \$15 paid at the doors. Hosted by Everyone's Ballroom Dance Assoc, More info: www.ebdba.ca 780-893-6828

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00AM starting May. Funded Lac Ste Anne FCSS.

ONOWAY GOLDEN CLUB: Cards Tuesdays, 1PM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.

ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July, August

RIVER TALKERS TOAST MASTERS CLUB,

Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Loraine 286-5040.
SANGUDO ART GROUP: Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00PM. 780-778-4950
WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

1ST ONOWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7, Cubs 8-11, Scouts 12-14. Kim 967-4339.

2716 ROYAL CANADIAN ARMY CADETS, Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Centre. Wed 6:30PM. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre. Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

AA - SANGUDO GOLDEN CLUB, Tues 8PM call 786-4402/785-9214/785-3599

AL-ANON - ONOWAY: Meetings are at 7:00PM, Tuesday evenings, at the Onoway United Church. *Meetings suspended till May 5, 2020

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

ALBERTA 55 PLUS: Villeneuve Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00PM, Alberta Beach Agliplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agliplex.

ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement (4805 - 50 St. Onoway

BARRHEAD & AREA CANCER SUPPORT GROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church.

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7PM at the Legion Hall.

CHERRILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERRILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month, Cherrill Seniors Hall. Call Rosamy 780-785-2625

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agliplex. Info call 780-902-4879 or 780-999-7622.

*Sept-June.

Citizens Helping In Life's Defence (C.H.I.L.D.) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8:00PM, 1st Monday, Darwell
DDRA MEETING, 7:00PM, 2nd Mon, Darwell Centennial Hall 780-892-3099. *except Jul/Aug/Dec

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

GriefShare: WEEKLY GRIEF SUPPORT GROUP held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for just \$25. Call 780-786-2695 to register.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

LAC STE ANNE COMMUNITY CHOIR, Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348.

LAC STE ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5PM in Hospital Basement Education Room.

MAYERTHORPE LEGION BR. #126: Meetings 2nd Mon of month at 7:30PM. For more info please call 780-786-2470.

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *Sept-June

NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:00PM, Onoway Legion
ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629.

ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7PM. *Sept-June

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agriplex on the 2nd Wed of the month, 7:00PM.

RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180.

SANGUDO PAINTING GROUP: Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

WEIGHT WATCHERS Alberta Beach Agriplex - Mondays, weigh in 6:30PM. Meeting at 7PM.

WESTLOCK & AREA CANCER SUPPORT GROUP: 3rd Wed. 6:30-8:00PM at Westlock Library.

Church Directory

| | | | | | |
|--|---|--|--|--|---|
| <p>Rich Valley Community Church</p> <p>Sunday School 10:00a.m.</p> <p>Worship Service 11:00a.m.</p> | <p>Catholic Parish of Lac Ste. Anne</p> <p>Sunday 10:00a.m.</p> | | <p>Mayerthorpe Baptist Church</p> <p>Worship Service Sunday 10:30a.m.</p> <p>Children's Church 10:30a.m.</p> <p>4606-54 St. Mayerthorpe (780) 786-2677</p> | <p>Alberta Beach Alliance Church</p> <p>Sunday Worship Service & Kid's Church 11:00a.m.</p> <p>Sunday School 10:00a.m.</p> <p>(780) 924-3282</p> | <p>St. John's Anglican Church</p> <p>Onoway Sunday Service 10:00a.m.</p> <p>Everyone Welcome</p> |
| <p>St. John's Lutheran Church Alberta Beach</p> <p>Sunday Service 11:00a.m.</p> <p>Sunday School</p> | <p>Zion United Church</p> <p>Sunday Service 10:00a.m.</p> <p>Sunday School</p> <p>Serving Alberta Beach, Wabamun, Daricell & Lake Isle, Onoway & Area (780) 924-3351</p> | <p>Sangudo United Church</p> <p>Christmas Eve Service 6:00p.m.</p> <p>Worship Service 3rd Sunday 11:00a.m.</p> <p>4907-50 Ave. Sangudo, AB</p> | <p>St. Mary's Anglican Church Service</p> <p>Holy Communion 2nd Sunday each month 11:00 a.m. at Sangudo United Church</p> <p>Reverend Barry Rose Officiating</p> | <p>Cherhill Community Church</p> <p>Sunday School 10:00a.m. - 11:00a.m.</p> <p>Worship Service Sunday 11:00a.m.</p> | <p>St. Michael Lutheran Church</p> <p>Sunday Services 1st & 3rd Sunday at 2:00p.m.</p> <p>Pastor Rick Chappell (780) 674-2618 Mystery Lake</p> |
| <p>Trinity Lutheran Church (LC-C) The Church of the Lutheran Hour - Rockyford Bridge</p> <p>Pastor Dan Hansard Church (780) 778-2035</p> <p>Sunday Worship 9:00a.m.</p> <p>Senior's Service & Cottage Bible Study - Phone for locations</p> | <p>Crossroads Community Church P.A.O.C.</p> <p>Rev. Arnold Lothoiz</p> <p>Sunday Service 10:30a.m.</p> <p>(780) 786-2424</p> | | <p>Onoway Baptist Church</p> <p>Sunday Service 10:30a.m.</p> <p>Pastor Greg Garbutt (780) 967-2266</p> | <p>Roman Catholic Church</p> <p>St. Agnes' Parish, Mayerthorpe Sunday 9:00a.m.</p> <p>St. Elizabeth Parish, Evansburg Saturday 7:00p.m.</p> <p>(780) 786-2032</p> | <p>Calahoo Alliance Church</p> <p>Family Worship Service Sunday 10:00a.m.</p> <p>For Info Call Jerry (780) 974-7734</p> |

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