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## August 25, 2020

### LAC STE. ANNE COUNTY NEWS HIGHLIGHTS

**Submitted by Lac Ste. Anne County**

Council Meetings  
• September 2, 2020 - Municipal Planning Commission Meeting  
• September 10, 2020 - County Council Meeting

• September 21, 2020 - County Council Meeting  
• September 22, 2020 - Agricultural Service Board Meeting  
Council meetings are held the second and fourth Thursdays of each month unless otherwise noted.

Meetings begin at 9:30 am. Please visit [LSAC.ca/agendas](http://LSAC.ca/agendas) for meeting agendas. To address Council, appointments must be booked at least 8 working days prior.

*Continued on Page 3*

**GRIEF SHARE** weekly grief support group held Tuesdays 6:30-8:30pm, starting Sept 15 at Crossroads Community Church in Mayerthorpe. 13-weekly sessions for \$25. **Pre-registration is required. Call 780-786-2695 to join us at GriefShare.**

### ARMY CADET TRAINING BEGINS IN OCTOBER

**Submitted by R R Heinz, CD, Captain, Commanding Officer | 3053 (Lac Ste Anne) RCACC**

On September 18, 2020 Brigadier General D. Cochrane, Formation Commander of Cadets and Canadian Junior Rangers issued a directive regarding the upcoming training year.

The new orders are that all cadet in-person training would be DELAYED until October 1st, 2020 due to the current uncertainty with the covid pandemic.

Also, that all fundraising is not allowed until further direction is issued from DND.

This unusual directive is based on the main priority of keeping cadets, staff and the public safe during these uncertain times. The cadet movement does not want to be a vector for transmission of the virus. It is expected that when in-person training commenced, all members of the Canadian Cadet Movement will be required to wear non-medical masks for the majority of the training and community services activities. Further orders regarding the new protocols will be issued in mid-September.

New recruits (ages 12 and up) are encouraged to check

out the activities of Cadets, and can register beginning September 1st online at [cadets.ca](http://cadets.ca). Returning Army cadets will re-register with 3053 RCACC at the Onoway Heritage Centre on the first parade night on October 7th at 1900hrs. New recruits will also be welcome at this time. More details will be published closer to the start up date as to what will be expected of all.

During these unprecedented times, my staff and I encourage all members involved with our great unit to stay positive and safe, and we will meet again soon.

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# ALBERTA RCMP EXPLAINS HOW TO REDUCE RISKS ON THE WATER

Submitted by Alberta  
RCMP

Edmonton - Every year as summer sets in and more Albertans take to our provincial rivers and lakes, there is an unfortunate increase of water-related accidents and fatalities. It is important to understand the risks associated with water activities and take necessary precautions so

that we can safely enjoy our waterways.

Between January 2016 and July 2020, there were 67 drowning fatalities in Alberta. Seventy-five percent of the individuals who drowned were over the age of 21, and 70% of the incidents occurred on a lake or river. From January 2020 to date, there has been a total of five fatalities due to drowning.

To reduce the risks of drowning and promote water-safety, RCMP asks Albertans to remember the following:

- Children must be supervised by an adult while swimming.

- Children and inexperienced swimmers should always wear a lifejacket when in the water.

- Check both water and weather conditions before heading out on a lake or river. Weather can change and quickly become dangerous.

- Ensure there are enough lifejackets or Personal Floatation Devices for every person on a watercraft.

- Ensure boats have a safety kit and cell phone on board in case of emergencies.

- Never operate a boat while under the influence of drugs or alcohol.

- Avoid climbing rocks or cliffs near water for photo op purposes. A selfie should never compromise your safety.

By being properly prepared and implementing water-safety best practices, we can all do our part to prevent drowning fatalities.



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## JOKE of the week

When Mia comes home from her first day back to school her mom asks her how her day was. She responds "I think we need a new teacher." Her mom, puzzled asks "Why is that?" Mia states "Our teacher doesn't know anything, she keeps asking us for the answers."

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# Lac Ste. Anne County News Highlights

*Continued from Page 1*

**PUBLIC NOTICE: Meeting dates rescheduled**

Pursuant to Section 193 of the Municipal Government Act, be advised that Lac Ste. Anne County Council has canceled its September 24, 2020 regular scheduled Council meeting. This meeting has been moved to Monday, September 21, 2020 commencing at 9:30 am in the County Council Chambers at 56521 Range Road 65, Lac Ste. Anne County, AB.

**WEED INSPECTION ACTIVITIES CONTINUE**

Program targets noxious and prohibited noxious weeds.

The County's Agricultural Services department continues its weed inspection program with properties around

Nakamun Lake scheduled for upcoming visits.

The subdivisions of Westlake, Bay Bridge, Birchwood, and Mayfair Park are also scheduled for inspection prior to the season's end. This scheduling is subject to change.

Visit [LSAC.ca/weeds](http://LSAC.ca/weeds) for County weed control updates and resources.

**PLEASE PRACTICE FARM TRAFFIC SAFETY**

Many farm-related fatalities are traffic-related.

With the summer season drawing to a close, there is an increase of farming equipment on the region's roadways. When driving during harvest time, please remain mindful of the potential of meeting a larger piece of machinery.

Keep your distance from

farm equipment on roadways, drive the appropriate speed limit, and stick to your side of the road – especially during curves and hills. Motorists are thanked for their patience and courtesy as we share the motorways this harvest season.

Visit [LSAC.ca/agriculture](http://LSAC.ca/agriculture) for more farm transport safety tips.

**BUDGET INSIGHTS**

Share your thoughts on the 2021 budget planning process.

When preparing the budget, County Council is tasked with making the best use of financial resources while at the same time trying to continue to provide the level of service ratepayers have come to expect.

Share your input into the programs, services and fiscal

decisions that will affect the region both today and in the years to come. Visit [LSAC.ca/budget2021](http://LSAC.ca/budget2021) to review the facts, and to lend your voice to the process.

**8TH ANNUAL PHOTO CONTEST UNDERWAY**

Show off your best shots for a chance to win \$100!

Whether you're a seasoned shooter or an amateur shutter bug, you're invited to share your take on what makes the County an exceptional place in which to live, work and play!

Winners will receive \$100 (only one prize per entrant), and the winning photos will be featured in the 2021 calendar that's produced by the County at the end of the contest.

*Continued on Page 16*

## PLANNING & DEVELOPMENT

### NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at 1-866-880-5722 or [devassistant@LSAC.ca](mailto:devassistant@LSAC.ca), Monday to Friday 8:30am to 4:30pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DEADLINE
20-D0121	Lot 2, Block 1, Plan 3956MC Mortenson Beach within NE 22-57-03 W5M 133, 3215 TWP RD 574	Single detached dwelling, Stick Build house with walkout basement and deck, Main 26.0' x 24.0' (624.0 sq. ft.), Basement 26.0' x 24.0' (624.0 sq. ft.), Deck 31.0' x 8.0' (248.0 sq. ft.); Front Yard Variance Request for proposed development - Required: 10.0 m, Requested: 9.43 m, Variance: 0.57 m	September 14, 2020
20-D0133	SW 01-55-06 W5M	Pole Shed 34.0' x 12.0' (408.0 Sq.ft) Wall Height 12.0', Lean-To 30.0' x 12.0' (360.0 Sq.ft) Wall Height 12.0' on Gravel	September 14, 2020
20-D0135	Lot 1, Block 1, Plan 1620597 Within 55415 HWY 777	2018 Modular Home, Main 24.0' x 70.0' (1680.0' Sq.ft) Deck 10.0' x 43.0' (430.0' Sq.ft) on engineered screw pilings; Variance Request for proposed development - Existing Building Size 2333.0 Sq. ft., Regulation (50% of principal building) 1166.50 Sq. ft., Request 1680.0 Sq. ft., Variance 513.50 Sq. ft	September 14, 2020

*Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development department, Box 219, Sangudo, Alberta, T0E 2A0.*

**PLEASE NOTE:** Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. Fees may be paid by Cheque, Visa, MasterCard, Interac or Cash.

# PARENTS' GUIDE: 2020–21 SCHOOL YEAR

## — Return to near normal daily in-school classes with health measures

### Learning in the new school year

Students will return to school daily at the beginning of the new school year. There are health measures that everyone has to follow to reduce the risk of COVID-19 and help stay safe. While your school will develop a plan to meet the government's health recommendations, everyone will have a role to play.

### PARENTS' ROLE IN KEEPING SCHOOLS SAFE

#### Screen for symptoms every morning

Check every morning to see if your child has any of these symptoms. If yes, they must stay home:

- Fever, cough, shortness of breath/difficulty breathing, sore throat, chills, painful swallowing
- Runny nose/nasal congestion, feeling unwell/fatigued, nausea/vomiting/diarrhea, unexplained loss of appetite
- Loss of sense of taste or smell, muscle/joint aches, headache, Conjunctivitis (Pink Eye)

Use the [Self-Assessment tool](#) to check if your child should be tested for COVID-19.

#### Stay home when sick or if in contact with someone who is sick

Students, parents or family members must not enter school if they:

- Feel sick or have symptoms of COVID-19
- Had close contact with someone who is ill with a cough and/or fever
- Have anyone in the household who has been in close contact in the last 14 days with someone who is being investigated or confirmed to have COVID-19
- Have traveled outside of Canada in the last 14 days
- Had close contact with someone who has travelled outside of Canada in the last 14 days and who is ill

#### Keep a safe distance

Keep 2 metres between you and others when possible:

- During drop-off and pick-up
- During interactions with a teacher, school staff or other parents and students

#### Pick up students promptly if they show symptoms at school

You will be asked to pick up your child from school immediately if they show symptoms. Please ensure the school has your most up-to-date contact information so they may reach you if your child needs to be picked up.

### Taking your child to school

If your child normally takes the bus, consider taking them directly to school if your personal situation allows for it. This would help with physical distancing on the bus for students who do not have other options besides taking the bus.

### WHAT STUDENTS NEED TO KNOW

#### Cohort

A cohort—or bubble—is a group of students and staff who remain together. The size of the cohort will depend on the physical space of the classroom.

The risk of COVID-19 is reduced by limiting exposure to others. Staying in a cohort also makes contact tracing easier and faster if there is a suspected case of COVID-19.

Talk to your child about some of the new health measures to help them prepare for the first day of school:

- Sanitize hands before entering school and classrooms
- Keep a distance between others and follow marks in hallways
- Do not share food or personal items
- Cover coughs and sneezes
- Tell staff if feeling sick at school

- Lunch and recess time may change to allow for more physical distancing

- Students may be asked to stay in their own cohort to decrease contact with others

- Students who take the bus will have to sit in the same seat every day.

Your child may feel nervous about what school will be like. While there will be changes, the key school experience will be the same as before—they will learn in class with their teacher and see friends.

For more details: [alberta.ca/returntoschool](https://alberta.ca/returntoschool)

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## COVID-19 INFORMATION

# Screening Questionnaire

PARENTS/GUARDIANS/STUDENTS MUST USE THIS QUESTIONNAIRE DAILY TO DECIDE IF THE STUDENT SHOULD ATTEND SCHOOL

## Risk Assessment: Initial Screening Questions

1.	Do you, or your child attending the program, have any of the below symptoms:	CIRCLE ONE	
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (Pink Eye)	YES	NO
2.	Has the person attending the activity/facility travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you/your child had close <u>unprotected*</u> contact (face-to-face contact within 2 meters/6 feet) with someone who has travelled outside of Canada in the last 14 days <u>and who is ill**</u> ?	YES	NO
4.	Have you/your child attending the program or activity had close <u>unprotected*</u> contact (face-to-face contact within 2 meters/6 feet) in the last 14 days with someone who is ill**?	YES	NO
5.	Have you/your child or anyone in your household been in close <u>unprotected*</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

\* "unprotected" means close contact without appropriate personal protective equipment (PPE).

\*\* "ill" means someone with COVID-19 symptoms on the list above

If you have answered "Yes" to any of the above questions, please **DO NOT** enter the school at this time. You should stay home and use the [COVID-19 Self-Assessment Tool](#) to determine whether you need to be tested for COVID-19.

If you have answered "No" to all the above questions, you may attend school.



# BLUE-GREEN ALGAE (CYANOBACTERIA) BLOOM ADVISORY ISSUED FOR MATCHAYAW (DEVIL'S) LAKE

**Submitted by Alberta Health Services**

A blue-green algae (cyanobacteria) bloom has been identified in areas of Matchayaw (Devil's) Lake. Visitors to this lake, as well as residents living near the shores, are advised to take the following precautions:

- Avoid all contact with blue-

green algae (cyanobacteria) blooms. If contact occurs, wash with tap water as soon as possible.

- Do not swim or wade, or allow your pets to swim or wade in any areas where blue-green algae (cyanobacteria) is visible.
- Do not feed whole fish or fish trimmings from this lake to your pets.

- Consider limiting human consumption of whole fish and fish trimmings from this lake, as it is known that fish may store toxins in their liver. (People can safely consume fish filets from this lake).

As always, visitors and residents are reminded to never drink or cook with untreated water directly from any recreational body of water, including Matchayaw (Devil's) Lake, at any time. Boiling of this water will not remove the toxins produced by blue-green algae. An alternate source of drinking water should also be provided for pets and livestock, while this advisory is active.

Blue-green algae is naturally occurring, and often becomes visible when weather conditions are calm. Appearing like scum, grass clippings, fuzz or globs on the surface of water, blue-green algae can be blue-green, greenish-brown, brown, and/or pinkish-red, and often smell musty or grassy.

People who come in contact with visible blue-green algae or who ingest water containing blue-green algae may experience skin irritation, rash, sore throat, sore red eyes, swollen lips, fever, nausea and vomiting and/or diarrhea. Symptoms usually appear within one to three hours and resolve in one to two days. Symptoms in children are often more pronounced; however, all humans are at risk of these symptoms.

Exposure to the blue-green algae may be fatal to pets.

Weather and wind conditions can cause algae blooms to move from one location in the lake to another. As such, this advisory will remain in effect for Matchayaw (Devil's) Lake, until further notice. Please note that areas of Matchayaw (Devil's) Lake in which the blue-green algae bloom is NOT visible can still be used for recreational purposes, even while this blue-green algae Health Advisory is in place.

## UPDATE

**Canada-U.S. border to remain closed to non-essential travel UNTIL SEPTEMBER 21**

**Contact my Office**

✉ [Gerald.Soroka.cl@parl.gc.ca](mailto:Gerald.Soroka.cl@parl.gc.ca)

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# TRUDEAU PROROGUES PARLIAMENT AMID WE SCANDAL

**Submitted by Gerald Soroka, MP for Yellowhead**

Justin Trudeau and the Liberal government are wrapped up in a scandal once again; this time they needed to prorogue Parliament. Prime Minister Justin Trudeau is under investigation by the Conflict of Interest and Ethics Commissioner for the third time since 2015. First, he was under investigation for illegally accepting a vacation to the Aga Khan's private island in 2016. Last year he was under investigation for the SNC Lavalin scandal. Now, Trudeau is dealing with his latest ethical lapse, the WE scandal.

Back in April, Trudeau announced the Canada Student Service Grant (CSSG). This was one of many programs the government had announced to help Canadians get through the COVID-19 pandemic. The stated objective of the program was to deliver financial compensation to students volunteering over the summer. These funds would have helped many youths finance their education upon returning to school in the fall. Instead, the money for this program ended up in the hands of Trudeau's friends at WE Charity. The government repeatedly claimed that WE was the only organization capable of running this program despite the fact that WE Charity had no experience running a program of this size ever before. When the \$900,000,000 contract was awarded it did not even go to WE Charity, it was sent to a shell corporation setup by WE with no financial history.

In July, WE Charity backed out of the deal after Conservatives discovered that Trudeau did not recuse himself from the decision to award WE this contract. Additionally, it was discovered that Trudeau's family had received \$500,000 in compensation from WE since he had been elected Prime Minister. Conservatives have been using the tools at our disposal and working hard to get answers for Canadians. Since the news initially broke, the Finance Committee and the Ethics Committee have been tirelessly attempt-

ing to get to the bottom of all of this. Conservatives have made huge headway on this fact-finding mission. In fact, within 24 hours of MP Pierre Poilievre receiving 5000 pages of redacted documents regarding the WE scandal, Minister of Finance Bill Morneau resigned, and Trudeau asked the Governor General to prorogue parliament.

What does it really mean to prorogue Parliament? Many people have reached out asking questions as to what this means and why Trudeau can prorogue Parliament without holding a vote on it. The

answer is that a sitting Prime Minister reserves the right to request that the Governor General prorogue the House of Commons. Trudeau requested a prorogation and his handpicked Governor General Julie Payette complied. Proroguing the House of Commons effectively resets it to a post-election state without having an election. This means there is now no business on the docket and no committees formed. Already, during the COVID Committee, our ability to hold the Liberals to account was limited. Now, it is non-existent. A new throne

speech will be delivered on September 23rd and following that there will be a vote of no confidence and if passed, would trigger an election.

If Trudeau wanted to introduce a throne speech and test the confidence of the House, he could have simply allowed these important committees to continue their work and then prorogue Parliament in the days before his proposed date for a Speech from the Throne (September 23rd). Instead he chose to shut down the Opposition's last avenue for accountability so that he can avoid the tough questions.

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# **fall HOME RENO GUIDE**

AUGUST 2020







## A BUYER'S GUIDE TO HOME AIR CONDITIONING SYSTEMS

Few experiences provide as much relief as walking into a cool room on a hot summer day. Air conditioning systems make such experiences possible, and homeowners' decision in regard to which one to install in their homes is significant.

Homeowners may not know where to begin in regard to finding the right air conditioning system for their home. According to the Air-Conditioning, Heating, & Refrigeration Institute, the best systems provide steady, dependable performance for many years when sized correctly for the home. Correct installation and routine maintenance also can ensure homeowners' air conditioning systems withstand the test of time.

How do I know which size is best?

When shopping for new air conditioning systems, homeowners must consider a host of factors to ensure they get the best match. The AHRI notes that the home's age, the number and quality of its windows, how well it's insulated, the number of stories it has, and its square footage are among the factors to consider. Homeowners can benefit from working with trained technicians who can investigate each of these factors and recommend the correct system. The AHRI recommends homeowners ask their technicians to perform a Manual J analysis, which is a standardized formula that can help homeowners get the perfect system for their homes.

What about energy efficiency?

Energy efficiency is an important consideration when purchasing a new air conditioner for a home. Energy rates vary depending on where a person lives, but rates remain pretty high across the board. The Energy Information Association notes that residential electricity rates increased throughout the United States by about 15 percent between

2009 and 2019. An energy-efficient unit can help homeowners save considerable amounts of money, so homeowners can ask their technicians to recommend energy-efficient units that suit their homes. A unit that adequately cools a home without consuming a

lot of costly electricity should be every homeowner's goal. The U.S. Department of Energy employs the Seasonal Energy Efficiency Rating, or SEER, to inform consumers about the efficiency of each air conditioner. This rating is noted on the Energy Guide® label on

each unit, and the higher the number, the more efficient the unit.

Home air conditioning systems are costly. But the right choice of unit can keep homes cool without costing homeowners a fortune in energy costs.

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# fall HOME RENO GUIDE



## 5 TIPS TO PREPARE FOR WINDOW REPLACEMENT

Winter is coming, and for millions of people who reside in areas of the country that see the mercury drop

considerably between December and March, that means prioritizing staying warm. Inefficient or aging

housing materials may compromise your ability to do just that.

Drafts from doors, poorly protected attics and basements and aging windows may force heating systems to work extra hard to maintain interior temperatures.

Replacing old windows can make a home quieter by blocking out exterior noises. Consumer Reports also notes that new windows are often easier to clean and maintain than older varieties.

Many homeowners are interested in replacing their windows, but may not know

where to start. These guidelines can help the process along.

1. Get several estimates. Ask for recommendations from neighbors or other people in your area on which companies they used to install their replacement windows. When you interview the prospects, ask several questions about how they go about installing the windows. Questions can include:

- How long will the project take?

- Will I need to remain home during the process?

- Do you discard of



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## Fall HOME RENO GUIDE

### 5 Tips To Prepare For Window Replacement

old debris?

- What is the protocol for installation during inclement weather?

2. Research permits. Most home renovation projects need to be approved by the local municipality. Go to the permit office and find out the requirements. Some window contractors will include securing permits in the cost of the project. After the project is completed, an inspector will come by and ensure the work was done according to code.

3. Change up the appearance. Look at the type of hardware you have around

the home and other fixtures. Choose windows that have locks or latches that can match those features for continuity of style. Think about choosing a different style or frame color of the window, or a different type of window to improve efficiency and function.

4. Research top window manufacturers. It's tempting to purchase windows based on price alone, but replacement windows are often a decision that only has to be made once or twice for the life of the home. Invest in durable windows that will have staying power. Con-

sumer Reports offers unbiased reviews on various window brands and can help homeowners make sound decisions.

5. Prepare for installation. Clear pathways, remove window treatments and disconnect window alarm systems. Plan for one to two days of installation, advises Andersen Windows and Doors. Keep pets and children away from work areas.

Replacement windows can be a smart investment. New windows can improve the look of a home, reduce heating costs and can keep interior spaces comfortable.

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## GET AHEAD OF CHIMNEY REPAIR THIS SEASON

Woodburning fireplaces or fuel stoves can add warmth and ambiance to a home. These appliances are particularly coveted in the cooler months when people spend more time indoors. Maintenance is necessary in order for fireplaces and stoves to function safely, and that upkeep must include paying close attention to the functionality of the chimney.

Chimneys are designed to last for decades. Cracks and spalling in brick chimneys are common concerns that can cause significant damage if left unchecked.

Chimney maintenance involves more than cleaning the flue. Rather than running the risk of costly repairs, which can cost several thousand dollars, homeowners can take

some simple steps to keep their chimneys in tip-top shape. Certain components of chimney maintenance are do-it-yourself tasks, while others may be better left to the professionals.

- Start from the inside and ensure that dampers are working properly. When using fireplaces and other appliances, dampers need to be open to allow smoke to vent outside; otherwise, smoke will be trapped in the home and could lead to carbon monoxide buildup. Dampers need to be fixed or replaced if they are not operational. Replacement fireplace dampers should be snug and not have any gaps, states Vertical Chimney Care.

- Conduct a visual inspection of the chimney to check for any cracks or spalling.

Spalling is the wearing away of masonry due to water, weather and time. If enough of the material erodes, that erosion can adversely affect the structural integrity of the chimney. Some repairs can be made by patching up cracks or replacing missing bricks. Chimney tuckpointing is the process of repairing mortar.

- Think about waterproofing the chimney to prevent damage. A water sealant applied to the outside of the chimney can prevent moisture from breaking down the masonry.

- Inspect and replace the chimney cap if it is worn out. A chimney cap is a contraption that sits atop the chimney to allow the smoke to vent while also preventing critters and water from going inside the flue, helping to extend the flue

life. The chimney cap attaches to the flue liner, so outside dimensions should be taken to ensure the cap is the right size for the chimney.

- Have the chimney swept. Sweeping helps remove the soot and debris that clings to the inside of the flue, known as creosote. The amount of time the fireplace is used will determine how often the chimney must be cleaned. Generally speaking, the chimney liner needs to be cleaned if it has 1/8-inch or more of soot.

Regular inspection and maintenance can help keep a chimney working safely for decades. For those who do not like working at such an elevation, leave exterior chimney repair to a certified professional.

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## Fall HOME RENO GUIDE



# SIGNS YOUR GUTTERS ARE IN NEED OF REPAIR

Fall is a great time to tackle projects around the house. The weather each fall allows homeowners to make improvements to their homes' exteriors without worrying about extreme heat or cold, while interior projects like painting are made easier because homeowners can open the windows to allow for proper ventilation.

Fall also marks a great time to prepare for upcoming projects that can make winter work that much easier. For example, fall is a great time to take stock of your gutters so you can address any issues before leaves begin to fall or the first snowstorm touches down. Compromised gutters can contribute to water issues in basements and adversely affect a home's foundation if not addressed immediately, so it behooves home-

owners to learn the signs that gutters are in need of repair or replacement.

- **Gutters hanging off the home:** Gutters were once installed predominantly with spikes. However, many industry professionals now install gutters with hanger brackets. Why the change? Spikes loosen over time, leading to the gutters hanging off the home. That can contribute to serious issues if left untreated. Gutters hanging off the home need not necessarily be replaced, but rather secured to the home, ideally with hanger brackets instead of spikes. Brackets hook into the front of the gutter and are then screwed into the fascia of a home. A professional who specializes in gutter repair can perform this task relatively quickly, and it's

an inexpensive yet highly effective solution.

- **Gutter separation:** Gutters that are no longer fastened together can leak and contribute to issues that affect the home's foundation, siding and appearance. Clogs and the accumulation of debris can cause gutters to separate because they are not designed to hold too much weight. Replacement of separated gutters may or may not be necessary depending on how big the problem is and the condition of the existing gutters. If replacement is not necessary, separated gutters may be remedied by securing the joints, another relatively simple and inexpensive fix.

- **Peeling exterior paint:** Paint that appears to be peeling off of your home may indicate that water is seeping over the edge

of the gutter closest to your home. When that happens, water is coming down the side of the house, causing the paint to peel. In such instances, replacing the gutters is often necessary.

- **Basement flooding:** Not all signs of deteriorating gutters are outside a home. Many a homeowner has been flummoxed by flooding in their basements, and such flooding can be caused by aging, ineffective gutters. That's because deteriorating gutters sometimes allow water to leak near the foundation of a home, contributing to basement flooding.

Fall is an ideal time to inspect gutters and have any issues fixed before leaves begin to fall or harsh winter weather arrives.

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LOCATED: Barrhead Rodeo Grounds

**Saturday Afternoon, August 29<sup>th</sup> at 1:00PM**

**VEHICLES:** \* 2005 Dodge 1500 Quad Cab w 4WD, 6 cyl, auto, flat deck, grey, (218kkm), new tires \* 2006 Ford Explorer w 4x4, gold, (170k km), good \* Nice 1990 Mercury Grand Marquis 4dr car, black, (148 k km) \* 2003 Ford F150 XLT Crew Cab w(160 k km) \*1959 Ford 4 dr Sedan in Parts & ReBuild

**GOOD/NICE RECREATION:** \* 1992 Corsair 5th Wheel Holiday Trailer w A/C, Awning, Clean, Nice \* 2012 Polaris Ranger 800 Side by side with Recent Service and Repairs \* Like New Red 12' x 6.5' Quad Trailer w Side Ramps \* 16' x 5' Red Quad Trailer w 2 Axles \* 2 Gold Sluices 1" and 2" \* 11ft Alum Boat \* 4hp Mercury O/B Motor

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**Thursday Evening, September 10<sup>th</sup> at 4:30PM****PROPERTY SOLD/LOTS OF INTERESTING ITEMS**

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Pictures Available on: [parsons-auctions.com](http://parsons-auctions.com)**THE RCMP WANTS TO HEAR FROM YOUTH****Submitted by Royal Canadian Mounted Police**

To best support young people, we need to listen to them. That's exactly why the RCMP has a National Youth Advisory Committee (NYAC).

Help us find the young leaders who will make up the 2020-2021 NYAC! Applicants must be:

- Canadian residents
- Between the ages of 13 and 21
- Ready to engage for two to four hours per month on an online forum, from October to June

The deadline to submit an application is September 11, 2020.

What's in it for them? There are many reasons youth should get involved, including:

- Help shape RCMP youth programs and strategies
- Connect with youth from coast to coast to coast

- Hear from and interact with RCMP officers and experts
- Get a reference letter and volunteer hours

NYAC members discuss important issues they face in their communities. Their insight can help create positive change. Help us spread the word. For all the details, visit the RCMP website.

"I really enjoyed being a part of the NYAC. I have a lot to say, and it feels great knowing that my perspective is reaching a larger audience who will use it to help others!" - Ariel, 15 years old, 2018 NYAC member from British Columbia

Quick facts

- Youth are a priority for the RCMP. The NYAC helps the RCMP create relevant youth programs.

• The deadline to apply for the 2020-21 NYAC is September 11, 2020.

• To request an application form, send an email to RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca.



# GOLFER'S GUIDE

## DON'T LET GOLFING PAIN BE PAR FOR THE COURSE

A little know-how can help golfers avoid unnecessary injury. Considering the number of times a swing is repeated during a game, it's not surprising that the season often ends early for those who are not physically prepared.

Below are a few simple stretching techniques that

can help prevent or reduce the impact of injuries:

Side bending stretch

1. Stand with feet shoulder-width apart.

2. Hold the golf club above your head with your arms straight.

3. Slowly bend to one side, without rotating, until you

feel a stretch in the side of your back.

4. Hold for 15 seconds and repeat twice for each side.

Shoulder stretch

1. Hold the shaft of a golf club vertically behind your back.

2. Gently pull the club up with your top hand until you

feel a slight stretch in the shoulder of your lower arm. Hold for 15 seconds.

3. Gently pull the club down with your bottom hand until you feel a stretch in the top shoulder and arm.

4. Hold for 15 seconds.

5. Reverse hand positions and repeat.

## INTERESTING FACTS ABOUT GOLF

Golf is played all over the globe. Golf is one of the world's oldest sports, boasting a rich history. Golf is a sport of skill, that can involve not only athletic prowess, but also brain power. Here are some interesting facts about the game.

- To this date, golf is only one of two games to be played on the moon. The other is a javelin throw.

- Long before the advent of tees, golfers played off of hand-built sand piles.

- In 1889, Ab Smith inadvertently coined the phrase "birdie," when he hit a shot he defined as a "bird of a shot."

- Making a hole-in-one during a round of golf is quite a challenge. However, the odds of making two are incredibly low, at one in 64 million.

- Only around 20 percent of golfers have a handicap below 18. The United States Golf

Teachers Federation defines handicap as "a measure of a player's current ability over an entire round of golf, signi-

fied by a number. The lower the number, the better the golfer is."

- The word "caddy" comes

from "cadet," the French word for "student."

- A regulation golf ball contains 336 dimples.

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# COMPUTER RECYCLING IN CANADA, CALGARY DONATION TO ALEXIS FIRST NATION SCHOOL WITH THE HELP OF MLA SHANE GETSON

## Submitted by Electronic Recycling Association

The Electronic Recycling Association (ERA) and long-standing donor Shell Canada will be working with MLA Shane Getson to donate 50 laptops, 5 projectors, and 5 printers to the Alexis Nakota Sioux Nation School. Chief Tony Alexis and board members will be in attendance to receive the generous donation.

Bojan Paduh, Founder of the ERA, states: "We are thrilled to work alongside Shell Canada as we continue to donate technology together to those in need. Due to the circumstances surrounding Covid-19, students require laptops now more than ever and it is of the highest importance to Shell and ERA to support the education of our future generations. We also thank MLA Getson for his involvement in the community and his support of our donation event."

Alexis is a caring community that works together in raising their children. The

saying "It takes a community to raise a child" is something the community practices. Alexis students honor their connection to their community and their ancestors who have taught them to be spiritual, humble, independent and hardworking individuals. The community's goal is to raise the level of education in their great nation!

"Thank you to ERA for their donation to our school to help our students strive and achieve their future goals, this is the best investment that our students can receive. Again, with much appreciation we would like to extend our gratitude. "Pinamiyad" (thank you in our language)," said assistant director Jasmine Alexis.

MLA Shane Getson declared, "The gift of Tools for Education is Priceless, and in this electronic age, with the current events of remote learning, and access to the internet, this donation is excellent. I am sure the students will enjoy the ability to connect with the outside world,

others within their community, as well as have the ability to excel in their educational endeavors. Hat's off to the folks at the Electronics Recycling Association for their donation, and the work that they do."

About the Electronic Recycling Association

The Electronic Recycling Association (ERA) is a non-profit organization founded in 2004 to address the growing problem of e-waste and the increasing 'digital divide'. For over fifteen years, ERA has offered simple solutions to help individuals and organizations prevent operational equipment from premature destruction. With a focus on recovery, refurbishment and reuse, ERA continuously supplies charitable groups with donated IT equipment while securely managing the retiring IT assets of organizations and individuals across Canada.

About Alexis Nakota Sioux Nation School

Alexis Education Depart-

ment oversees On Reserve and Off Reserve school aged students K-12 who reside on the Nation which includes Alexis Nakota Sioux Nation School & Northern Gateway School Division (Darwell, Onoway Elementary, Onoway Jr/Sr High). Our student population is about 180 students on average per year.

About MLA Shane Getson  
Shane was elected to the Legislative Assembly for the Constituency of Lac Ste. Anne-Parkland on April 16, 2019. Previously he worked in the energy sector and construction industry, supervising major projects all over North America for over two decades. He graduated from NAIT with a Civil Engineering diploma in 1996. With the support of his wife and 4 children, Shane entered politics, winning the nomination and subsequently the April 2019 election representing the United Conservative Party. At the end of his first Legislative session, he was voted "Best Debater" by his fellow MLA's.

## Lac Ste. Anne County News Highlights

### Continued from Page 3

All entries must be received no later than Thursday, October 8. To qualify, photos must be taken within the Lac Ste. Anne County boundaries. Photo submissions will be posted on the County website, where the public can vote for their favourites.

Visit [LSAC.ca/photo-contest](https://lsac.ca/photo-contest) to participate, or to vote for your favourite shots! For more information, contact Cindy Suter at 1.866.880.5722 or [csuter@lsac.ca](mailto:csuter@lsac.ca).

### ASSESSMENT FIELD INSPECTIONS UNDERWAY

Please be advised that Assessors will be conducting

field inspections of properties throughout Lac Ste. Anne County over the next few months.

The County conducts assessments each year that reflect the market value for property or the typical net annual rental rate for business, as provisioned by the Municipal Government Act. For further information, please visit [LSAC.ca/assessment](https://lsac.ca/assessment) or call the County office at 1.866.880.5722.

### CALLING ALL RURAL BEAUTIFICATION 2020 PARTICIPANTS

Submit your online entry to qualify for prize draws.

Due to the uncertainty of

COVID-19, we're taking a break from the Rural Beautification Contest and Tour this year; instead, we invite you to share the diversity of trees, shrubs and perennials in your landscape.

As a participant you'll receive a gardeners gift package that includes a full colour plant hardiness zone wall map, a gardeners gift package, garden journal templates and more.

What's more, every participant is eligible to win one of ten prizes (including a Lee Valley gift certificate, and other great items for gardeners). Last but not least, participants will be included

in a draw for the grand prize (prize to be confirmed).

Enter Rural Beautification 2020 today by visiting [LSAC.ca/horticulture](https://lsac.ca/horticulture).

### MOBILE MAMMOGRAM SCREEN TEST RETURNS

Call 1.800.667.0604 to book. Alberta Health Services is pleased to bring its Mobile Mammography Clinic to the Onoway Heritage Centre from September 21-23. Due to COVID-19, precautions will be taken to ensure the safety of clients and staff. Forward this notice to your female friends, family members and colleagues who may benefit from this free and discreet service.



# RCMP LAUNCHES ONLINE CRIME REPORTING ACROSS THE PROVINCE

Submitted by Alberta RCMP

The Alberta RCMP officially rolled out a new, province-wide online crime reporting initiative. The online crime reporting tool allows Albertans to report select property crimes online. This project has been initiated to ensure the public is able to report select crime types in whatever way is most convenient or accessible to them. A goal for the Alberta RCMP is to make sure all crime is reported, no matter how small. This provides the most accurate crime data and allows our resources to be deployed appropriately in the areas that need it most.

Citizens will be able to report the following crimes online:

- Damage/mischief to property under \$5,000
- Theft of bicycle under \$5,000
- Theft under \$5,000
- Theft from vehicle under \$5,000

• Lost property  
Incidents must also satisfy the following conditions to be reported online:

- No witnesses or suspects
- Item(s) lost or stolen must cost less than \$5,000
- Vandalized property will cost less than \$5,000 to repair
- There are no items involving personal identity, firearms, licence plates or decals

All crimes reported online will be followed up with a phone call from a police officer in "K" Division's Call Back Unit (CBU) within five business days. The CBU was created to ensure all non-urgent calls for service are investigated efficiently and effectively. "The Alberta RCMP is always looking for new opportunities to modernize and streamline our services for all Albertans – no matter where they live in the province," says Deputy Commissioner Curtis Zablocki, Commanding Officer of Alberta RCMP. "Online crime reporting is accessible and convenient, and will help

us capture more intelligence when it comes to property crime occurring in all of the communities we serve. Offering a contactless service is also vital in these times when physical distancing is so important."

This initiative has already been piloted in Airdrie, Banff, Cold Lake, Grande Prairie, Red Deer and Strathcona County from June 1, 2020 to present. The link to report a crime on-

line can be found here: <https://ocre-sielc.rcmp-grc.gc.ca/alberta>

We encourage the public to report crime online, when possible. Reporting less serious crime online helps emergency call takers and frontline members focus their time on high-priority calls. We take all reports of crime seriously and crime reported online will be treated the same as crime reported in any other way.



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## SUDOKU of the week

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**ANSWER:**

4	9	5	3	6	7	2	8	1
3	8	6	2	9	1	7	4	5
1	2	7	8	4	5	9	3	6
7	3	9	1	5	4	6	2	8
2	6	1	7	8	9	4	5	3
5	4	8	6	2	3	1	7	9
9	1	2	5	7	8	3	6	4
6	5	3	4	1	2	8	9	7
8	7	4	9	3	6	5	1	2

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	9		3				8	1
3		6		9	1			5
		7	8				3	6
	3				4	6		8
	6	1	7	8			5	
					3		7	
9			5		8			4
		3		1	2	8		
		4		3	6		1	

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# EXPANDING COVID-19 TESTING FOR ASYMPTOMATIC ALBERTANS

## Submitted by Government of Alberta

More than 50 Shoppers Drug Mart and Loblaw pharmacies in Real Canadian Superstore locations are already offering asymptomatic testing, and by September 1, 2020 all 234 of the company's pharmacies in Alberta (including pharmacies at Independent Foods, Extra Foods, City Market, and No Frills) will offer asymptomatic COVID-19 testing.

This is in addition to province-wide testing offered via AHS assessment centres and about 75 other community pharmacies that already offer tests. Additional community pharmacies are encouraged to register voluntarily to offer asymptomatic testing.

To date, more than 837,649 COVID-19 tests have been completed across the province.

"Since the beginning of this pandemic, Alberta has been a

leader in testing. We have consistently had the most open testing approach in Canada, and I am pleased to partner with Shoppers Drug Mart to further strengthen our capacity," - Tyler Shandro, Minister of Health

"Testing is a powerful tool that helps us limit the spread of COVID-19 and protect people from infection. Expanded testing capacity will support additional testing opportunities for all Albertans, including school teachers and staff. This will provide a baseline for school re-entry and enhance access throughout the school year." - Dr. Deena Hinshaw, Chief Medical Officer of Health

To support school re-entry, Albertans without symptoms are asked to delay testing until after the 2020-21 school year starts on Sept. 1.

All Albertans are also reminded that continued adherence to public health measures

- including physical distancing, masking and hand hygiene - remain critical to the reduction of spread of COVID-19 in our province.

### Asymptomatic testing

Asymptomatic Albertans are still encouraged to complete the AHS self-assessment tool to book a test, or contact a participating community pharmacy.

Each pharmacy adheres to strict protocols and has the specialized skills needed to protect patient safety. The pharmacy test is a throat swab, which is sent to Alberta Precision Labs for analysis.

Testing at pharmacies is particularly encouraged for all teachers and school staff.

### Symptomatic testing

Any Albertan with symptoms of COVID-19 must book testing through AHS, via [www.ahs.ca/covid](http://www.ahs.ca/covid).

Testing appointments for children with pre-existing medical conditions that

have symptoms similar to COVID-19, such as allergies, must also be booked through AHS.

### Quick facts

- Alberta has performed 837,649 tests on 677,754 Albertans.

- Strong testing data helps government and public health officials understand how our communities are affected by COVID-19 to make public health decisions.

- Only those who have no symptoms and no known exposure to COVID-19 can be tested at participating pharmacies.

- Anyone with COVID-19 symptoms or known exposure must complete the COVID-19 self-assessment or call Health Link 811.

- AHS will directly contact any Albertan who tests positive to discuss the results, begin contact tracing, and protect the public's health.

# MISERICORDIA COMMUNITY HOSPITAL BEGINS PHASED REOPENING

## Submitted by Alberta Health Services

EDMONTON - The Misericordia Community Hospital will resume Emergency Department (ED) and labour and delivery services this afternoon and begin a phased reopening of scheduled ambulatory appointments and surgical procedures.

The Misericordia was temporarily closed to incoming patients, including the ED, on July 8 as part of Alberta Health Services' COVID-19 response to the site's full facility outbreak. Existing patients within the hospital continued to receive the treatment, care and support they required, while labouring mothers and patients with scheduled day procedures were rebooked or cared for at other Edmonton Zone hospitals.

Since July 17, 2020, there have been no new COVID-19 cases linked to the Misericordia's outbreak. As of August 14, 2020 the Misericordia outbreak is now considered over and site restrictions have been lifted.

"Early in the outbreak at the Misericordia, we took significant measures to prevent the spread of COVID-19 and ensure the safety of patients, staff, physicians, and volunteers," says Dr. David Zygun, Medical Director, AHS Edmonton Zone.

"With an abundance of caution, and nearly a month without a new case linked to the initial outbreak, we are confident the site is ready to begin accepting incoming patients to a safe environment of care."

AHS and Covenant Health are grateful to EMS as well as staff and physicians at health-

care facilities, hospitals and in the community throughout the Edmonton Zone who worked tirelessly to accommodate an increase in patient flow due to the temporary closure of the Misericordia.

"The ability of our teams to adapt to the closure of a hospital in the Edmonton Zone is a testament to the depth of our capacity to care for Albertans during a pandemic," says Dr. Zygun. "The hard work and vigilance of our staff and physicians across the system have kept hospital transmission rates low and the environment safe for patients."

Medicine and other hospital inpatient units including the neonatal intensive care unit that continued to care for patients at the Misericordia during the temporary closure will also begin accepting incoming patients. Patients with

postponed or upcoming appointments and surgeries will be contacted to reschedule appointments and procedures.

Covenant Health and Alberta Health Services want to assure Albertans that the facility is safe for new admissions.

"Our focus continues to be on the safety of our patients, staff, physicians and visitors in the facility," said Owen Heisler, Chief Medical Officer, Covenant Health. "We are extremely grateful for our hard-working and dedicated physicians and staff who cared for patients and each other during the outbreak, both at the Misericordia or through redeployment throughout the zone."

AHS and Covenant would like to express gratitude to patients and families for their support and patience throughout this temporary service suspension.



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# Church Directory

<b>Rich Valley Community Church</b> Sunday School 10:00 a.m. Worship Service 11:00 a.m.	<b>Catholic Parish of Lac Ste. Anne</b> Sunday 10:00 a.m.		<b>Mayerthorpe Baptist Church</b> Worship Service Sunday 10:30 a.m. Children's Church 10:30 a.m. 4606-54 St. Mayerthorpe (780) 786-2677	<b>Alberta Beach Alliance Church</b> Sunday Worship Service & Kid's Church 11:00 a.m. Sunday School 10:00 a.m. (780) 924-3282	<b>St. John's Anglican Church</b> <i>Onoway</i> Sunday Service 10:00 a.m. <b>Everyone Welcome</b>
<b>St. John's Lutheran Church</b> <i>Alberta Beach</i> Sunday Service 11:00 a.m. Sunday School	<b>Zion United Church</b> Sunday Service 10:00 a.m. Sunday School <i>Serving Alberta Beach, Wabamun, Darricell &amp; Lake Isle, Onoway &amp; Area</i> (780) 924-3351	<b>Sangudo United Church</b> <b>Christmas Eve Service 6:00 p.m.</b> Worship Service 3 <sup>rd</sup> Sunday 11:00 a.m. 4907-50 Ave. Sangudo, AB	<b>St. Mary's Anglican Church Service</b> Holy Communion 2 <sup>nd</sup> Sunday each month 11:00 a.m. at Sangudo United Church Reverend Barry Rose Officiating	<b>Cherhill Community Church</b> Sunday School 10:00 a.m. - 11:00 a.m. Worship Service Sunday 11:00 a.m.	<b>St. Michael Lutheran Church</b> Sunday Services 1 <sup>st</sup> & 3 <sup>rd</sup> Sunday at 2:00 p.m. Pastor Rick Chappell (780) 674-2618 <i>Mystery Lake</i>
<b>Trinity Lutheran Church (LC-C)</b> <i>The Church of the Lutheran Hour - Rockfort Bridge</i> Pastor Dan Hansard Church (780) 778-2035 Sunday Worship 9:00 a.m. Senior's Service & Cottage Bible Study - Phone for locations	<b>Crossroads Community Church</b> <b>P.A.O.C.</b> Rev. Arnold Lothoiz Sunday Service 10:30 a.m. (780) 786-2424		<b>Onoway Baptist Church</b> Sunday Service 10:30 a.m. Pastor Greg Garbutt (780) 967-2266	<b>Roman Catholic Church</b> St. Agnes' Parish, Mayerthorpe Sunday 9:00 a.m. St. Elizabeth Parish, Evansburg Saturday 7:00 p.m. (780) 786-2032	<b>Calahoo Alliance Church</b> Family Worship Service Sunday 10:00 a.m. For Info Call Jerry (780) 974-7734

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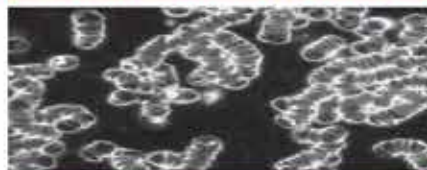
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