

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

# June 22, 2021

# CADET LEAGUE AWARD

Submitted by Yvonne Slemko

Both Yvonne and Terry were nominated secretly to receive the ACLC 50th Anniversary certificate and coin. There were only 50 certificates and coins given out throughout Alberta and this is only one way that the Army Cadet League of Canada can recognize the dedication of their volunteerism. Thank you very much! (photo taken June 17, 2021)



Left to right: Yvonne Slemko, Ian McDermid, CD With the Army Cadet League of Canada – Alberta Branch and Terry Slemko.

# OLUNTEERS NEEDED!

#### Submitted by Wayne Sydor

The Alberta Beach Museum is looking for volunteers to help us work the casino in St. Albert on June 26th and 27th.

The casino is an excellent fund raising opportunity for us that only comes around once every four years.

That is why when covid restrictions were lifted we grabbed the opportunity even though it came with very short notice.

If you are able to help please contact us by phone at 780-924-2140 or by email at albertabeachmuseum@ gmail.com



DARK ROAST COFFEE

780) 907-8642

ISLE LAKE

# **ONOWAY LEGION NEWS**

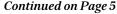
## Submitted by Richard Moses

**Re-opening Dinner** The Legion's first dinner will be served on Friday, June 25, but only for 35 diners. That means reservations by June 23 are necessary - text or call Scott at 780-991-6777. The menu will be linguini with seafood sauce, summer salad and dessert.

Garage Sale Planned

Don't miss the outdoor garage sale at the Legion on Saturday, June 26. It will

run from 9 am to 4 pm to raise funds for the Lest We Forget concert in November. Donations of garage sale items will be welcome. Contact Joanne or Neil at 587-785-3080 if you have something to contribute.







PUBLISHED WEEKLY (Zone 1 & 2) AND BIWEEKLY (Zone 3)

E.J. Lewchuck & Associates Ltd.

Box 3595 Spruce Grove, AB T7X 3A8



Advertising	962-9228
Fax	962-1021
E-MA	dL:
comvoice@telu	isplanet.net
news@com-	voice.com

# **COUNTY NEWS HIGHLIGHTS**

Submitted by Lac Ste. Anne County

COUNTY ADMIN OFFICE REOPENS FOR BUSINESS. facilities County-managed have moved to in-person service delivery in alignment with Stage 2 of the Province's Open for Summer Plan. The County administration office has resumed its regular business hours of Monday to Friday from 8:30 am to 4:30 pm (including lunch hour). Even though mandatory restrictions are being safely eased as vaccine targets are reached and hospitalizations decline, safety protocols like face coverings and social distancing will continue to be in effect inside County facilities until further notice.

CONGRATULATIONS TO THE MAYERTHORPE AND ONOWAY HIGH SCHOOL GRADUATING CLASSES OF 2021. Lac Ste. Anne County Council, Administration, and Staff would like to congratulate all of the 2021 graduates for their hard work and dedication in achieving this milestone goal. Wishing you the very best on all your future endeavours!

CONGRATULATIONS 2021 LITTLE GRADUATES. On behalf of the Onowav Playschool program, Community Services would like to congratulate all the 2021 Playschool Graduates, heading off to Kindergarten in September. We hope you enjoyed your time in our program - we will miss you! Thank you to our Playschool staff, Vivian McDonald and Sheila Albertson, as well as Michelle Bass (EA from OES) and Taryn Monteith (Community Services Coordinator) for making the June 11, 2021 drive-thru grad so memorable for the excited students. A huge shout out to the Onoway & District Agricultural Society for permitting us to use the arena parking lot to host the celebration this year. It worked fantastic! And finally, extra big thanks to Rocky at the Onoway Burger Baron for once

again supplying all graduating students with a free ice cream cone – we sincerely appreciate your kindness and generosity.

June 22, 2021

WEED INSPECTION ACTIV-ITIES CONTINUE. The Agricultural Services department continues its weed & crop inspection program within Lac Ste. Anne County. If you have any questions about the program, contact the Agricultural Services Department at 780.785.3411 or AgServices@ LSAC.ca. Visit LSAC.ca/weeds for County weed control updates and resources.

SHARE THE MOTORWAYS THIS SEASON. A friendly reminder that there is an increase of mowers, sprayers and farming equipment on the region's roadways. Keep your distance from farm equipment on roadways, drive the appropriate speed limit, and stick to your side of the road – especially on curves and hills. Visit LSAC.ca/agriculture for more farm transport safety tips.



ONLINE AUCTION SALE ONLINE AUCTION SALE ONLINE ESTATE SALE ONLINE ESTATE SALE ONLINE ESTATE SALE SUBJECT OF SANGUDO, AB -COURTNEY KELLER OF SANGUDO (COURTNEY SANGUDO) -COUR

Terms and conditions: Cash, Visa, NasterCard, Debit, Interac. Nothing to be removed until paid for. Subject to additions and delations. A 10% handling fee, plus GST will be charged where applicable. Hease be conscisue of the handling fees and factor them into your bidding. Owner Rainbow Auctions & Liquidators or it's employees shall not be responsible for accidents SALE CONDUCTED BY:



Stony Plain, AB. 780-968-1000 or TOLL FREE 1-866-968-1001 Complete Liquidation and Auction Services Since 1978 <u>www.rainbowauctions.ca</u> BOOK YOUR SALE WITH US TODAY!

# MOBILE MAMMOGRAPHY SERVICE TO VISIT ALEXANDER FIRST NATION

#### Submitted by Alberta Health Services

Women ages 50-74 – the group most at risk of developing breast cancer – will have local access to mammography services when the Alberta Health Services Screen Test program arrives in the community.

A mobile mammography

trailer will be stationed at Alexander First Nation Health Services on July 8 and 9, 2021. Appointments are required. Residents can book an appointment or learn more about the program by calling 1-800-667-0604.

Screen Test is improving access to cancer screening for hundreds of women in Alberta communities where mammography is not readily available.

A mammogram is an X-ray of the breast and has proven to be the most effective way to detect breast cancer. Early detection allows for a greater number of options for treatment and a better chance of survival.

Due to COVID-19, Screen

Test is taking a number of precautions to ensure the safety of our clients and staff. Details will be shared when you call to book your appointment.

Visit https://screeningforlife.ca/breast/screen-testmobile-clinics/ for more information and a complete listing of Screen Test mobile sites.

## PLANNING & DEVELOPMENT

## NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at **1-866-880-5722** or **devassistant@LSAC.ca**, Monday to Friday 8:30am to 4:30pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DEADLINE
21-D0099	Lot 9, Block 3, Plan 8722602, Woodland Bay within SW 27-53-06 W5M 14, 6231 HWY 633	Land alterations and entrance fence and gate	July 12, 2021
21-D0090	Lot 19 adjacent to Lots 20-23 (parking lot), Block 4, Plan 6967BG, Hamlet of Sangudo within NE 36-56-07 W5M, 5028 50 Avenue	8.5' Walls of Sangudo	
21-D0163	Lot 2, Block 1, Plan 0426007, LSAS RL 8 Within SW 30-54-03-W5M 165, 3510 Ste. Anne Trail	Mobile home with deck, Main 20.0' x 76.0' (1520.0 sq. ft.) 8.0' walls, Deck 10.0' x 10.0' (100.0 sq. ft.), Side Yard Variance Request Regulation: 6.0m Requested: 4.0m Variance: 2.0m	July 12, 2021
21-D0046	Lot 1, Block 1, Plan 0120684 Within SE 11-55-01 W5M	Single Detached Dwelling on basement with deck and attached garage, Main 79.0' x 32.0' (1695.0 sq. ft.) 9.0' walls, Basement 79.0' x 32.0' (1695.0 sq. ft.) 9.0' walls, Attached garage 24.0' x 23.0' (560.0 sq. ft.) 10.0' walls, Deck 50.0' x 12.0' (509.0 sq. ft.) and a Shipping Container	July 12, 2021
21-D0164	Block 110, Plan 1323364, Lake Arnault Within NW 31-54-05 W5M	walls 6.5' and Covered Deck 10.0' x 4.0' (40.0 sq. ft.)	
21-D0168	Lot 125, Plan 8021106, Lessard Lake Estates within SW 27-55-05 W5M 125, 5124 TWP RD 554	As built shed, Main 8.0' x 12.0' (96.0 sq. ft.), Side Yard Variance Request Regulation: 6.0m Requested: 3.41m Variance: 2.59m	July 12, 2021
21-D0170	Lot 7, Block 1, Plan 7622324, Birchwood Estates within NW 20-54-04 W5M 84, 4418 HWY 633	2011 Forrest River RV, Main 8.0' x 18.0' (144.0 sq. ft.) 8.5' high, Outhouse 8.0' x 4.0' (32.0 sq. ft.) 8.0' high	July 12, 2021

Anyone who claims to be affected, and who wishes to lodge an appeal against any of the above developments, must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development department, Box 219, Sangudo, Alberta, TOE 2A0.

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. Fees may be paid by Cheque, Visa, MasterCard, Interac or Cash.

# We are EQUS

# TRUST IS EVERYTHING

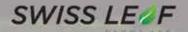
The roots of co-operative electricity run deep here. Rural Albertans built their distribution system over 70 years ago with the goal of providing reliable electricity for themselves and their neighbours.

With the highest ratio of Powerline Technicians to members in our Service Area, EQUS members can trust that they're getting the most reliable electric services possible.

For EQUS members Dave and Alyssa Pfaeffli, EQUS' 99.9% system reliability rating is vital to power both their family, and their innovative indoor cubic farming business, Swiss Leaf Farms.

Albertan's trust the Pfaeffli family to provide fresh, local produce year-round, and the Pfaeffli family trusts EQUS to keep the lights on and the lettuce growing.

Contact EQUS to learn more about the benefits of co-operative electric distribution for your home or business.



Westlock County EQUS Member Since 2018

# **F** Reliability is huge for us

Alyssa Pfaeffli
Innovative CubicFarm business
Swiss Leaf Farms

equs.ca | 310-EQUS





# MORE THAN POWER

# **RCMP INVESTIGATE FIREARMS INCIDENT & SEEK DASH CAM FOOTAGE**

## Submitted by Fox Creek incident. RCMP

On June 16, 2021, at approximately 7:30 p.m., Fox Creek RCMP received a 911 call of an erratic driver where a firearm had been involved in an interaction sometime between 7-7:30 p.m., in the area of Highway 43. Fox Creek RCMP with the assistance of **RCMP** Police Dog Service but were unable to locate a firearm believed to be used in this

On June 17, 2021, the Fox Creek RCMP with the assistance of Greenview Search and Rescue (SAR), conducted a search in a new location pertaining the outstanding firearm. The Greenview SAR was successful in locating the firearm-that was subsequently seized by police.

Fox Creek RCMP, at approximately 8:45 p.m., arrested a 29-year-old male, Blaine Clifford Landsverk, of Duffield,

# Onoway Legion News

## Continued from Page 1

Memberships Available Because the legion has been closed, it has been difficult for members to renew their memberships, or transfer from other branches. Those memberships will be available at the bar when the legion is open, and memberships will also be sold at the Garage Sale on June 26.

Did You Know?

All proceeds from the various raffles and draws at the Legion are governed by AGLC regulations. That means they can only be used for specific things, and can't be part of general revenue.

Alta., and he is facing the following charges:

- Point a firearm
- Theft under \$5,000

· Unauthorized possession of a firearm

 Possession of a controlled substance (Cocaine)

• Mischief under \$5,000

Following a judicial hearing, Landsverk was released on cash bail with conditions;

Gorgeous setting, pretty, mature Cheviot Hills located on RR13, just north of 37 between Calahoo and Onoway. Spacious 1600 sqft bungalow + newly finished walkout bsmnt. Open kitchen with cooktop island. Patio doors lead to

however, was unable to meet bail and remains in custody awaiting his next scheduled appearing in Fox Creek Provincial Court on June 28, 2021.

Fox Creek RCMP are seeking dash cam footage from anyone who was in the area of Highway 43 and Little Smokey General Store on June 16, 2021, between the hours of 6:45 p.m. and 7:45 p.m.



sun-swept deck, relaxing views of your land & forest. Front veranda, full length of the home, a great place to relax, shaded and out of the rain. 5 piece ensuite with jetted tub. 3 full baths, hookups for a second kitchen. 3 acres siding onto additional 2.3 acre reserve. Your own personal forest with walking trails. Very nicely landscaped, many planted trees, tons of blueberries, apple trees, saskatoons. A great find!





## Page 6 Community**VOICE** June 22, 2021 EASING BORDER MEASURES FOR TRAVELLERS ENTERING CANADA

## Submitted by Gerald Soroka, MP for Yellowhead

Gerald Soroka, Member of Parliament for Yellowhead, wishes to advise that the first phase to easing border mea-

VALENTUS

sures for travellers entering Canada begins on July 5, 2021 at 11:59 p.m. EDT. Fully vaccinated travellers who are permitted to enter Canada will not be subject to the federal requirement to quarantine or

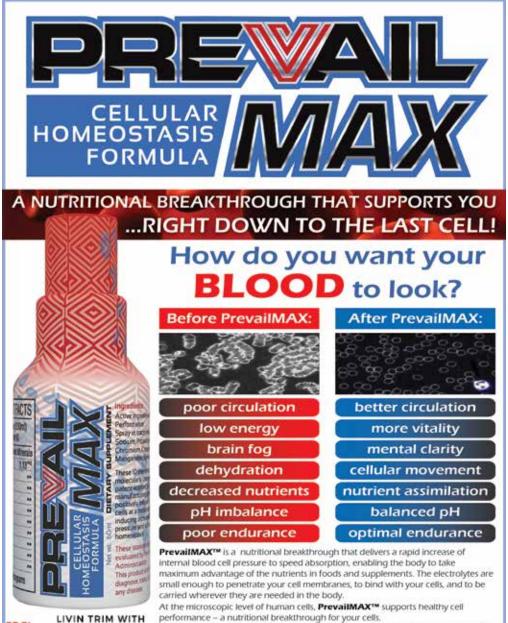
take a COVID-19 test on dav-8. In addition, fully vaccinated travellers arriving by air will not be required to stay at a government-authorized hotel. Further details for those fully

vaccinated or not fully vacci-

nated can be found at:

Backgrounder: Phase 1 of easing border measures for travellers entering Canada -Canada.ca

# EDSON MAINLINE EXPANSION PROJECT **APPROVED WITH 25 CONDITIONS**



performance - a nutritional breakthrough for your cells.

When you use PrevailMAX<sup>TM</sup>, you will feel more energy and an ability to focus like never before. Take a few sprays today and see just how good you can feel

907-8642 www.ValentusTour.com/Ladybug 780)

## Submitted by Gerald Soroka, MP for Yellowhead

OTTAWA: Gerald Soroka, Member of Parliament for Yellowhead, is pleased to advise that Natural Resources Canada has announced approval of the NOVA Gas Transmission Ltd. (NGTL) Edson Mainline Expansion Project with 25 conditions. This decision was based on facts, science, Indigenous knowledge, the public interest and careful consideration of the concerns of potentially impacted Indigenous communities.

In addition to the 24 conditions recommended by the Commission of the Canada Energy Regulator (CER), the Government of Canada has added a new condition in direct response to concerns raised by Indigenous groups. The proponent is required to provide funding to Indigenous groups to support their active participation in the ongoing regulatory process and to report on its engagement with Îndigenous groups. In total, the proponent must comply with 25 binding conditions related to safety, environmental and wildlife protection, and protection of Indigenous rights and interests. With the implementation of NGTL's environmental protection procedures, mitigation measures and conditions, the project is unlikely to cause adverse environmental effects.

This \$509-million project will create up to 1,470 jobs during construction and contribute approximately \$285 million to Alberta's GDP.



# **9 WAYS TO IMPROVE YOUR GOLF GAME**

Warmer weather sends scores of golfers to their favorite courses each and every day. Golf is a challenging pastime, but a few pointers can help golfers hone their short games, long games and everything in between.

Choose the right clubs. There is more to selecting clubs than pulling any old iron out of your golf bag and whacking away. Wind, hazards and obstructions in landing areas should influence your decision of which club to use. Novice golfers may want to rely on their caddies to make club recommendations, and as they become more confident in their abilities they can start to make their own choices.

Anchor your feet. Anchor your foot behind the ball to drive the ball further. Right-handed players will keep the right foot anchored, and lefties will do the opposite. Do not lift your foot prematurely; otherwise, you can lose power and distance.

· Identify your weaknesses. As with any hobby, identifying those

areas that need the most work can help you become a better golfer. Keep track of each shot you take, and then look at the results to see which areas of your game need the most work. Fix your align-. ment. Align your shots by assessing the target from behind the ball. Then set the clubface behind the golf ball and align it with the target before you enter your stance.

• Use your torso for power. The torso is essen-

tial to a solid swing. Practice rotating from your core to control your backswing and then maintain the same spine angle and posture on the downswing.

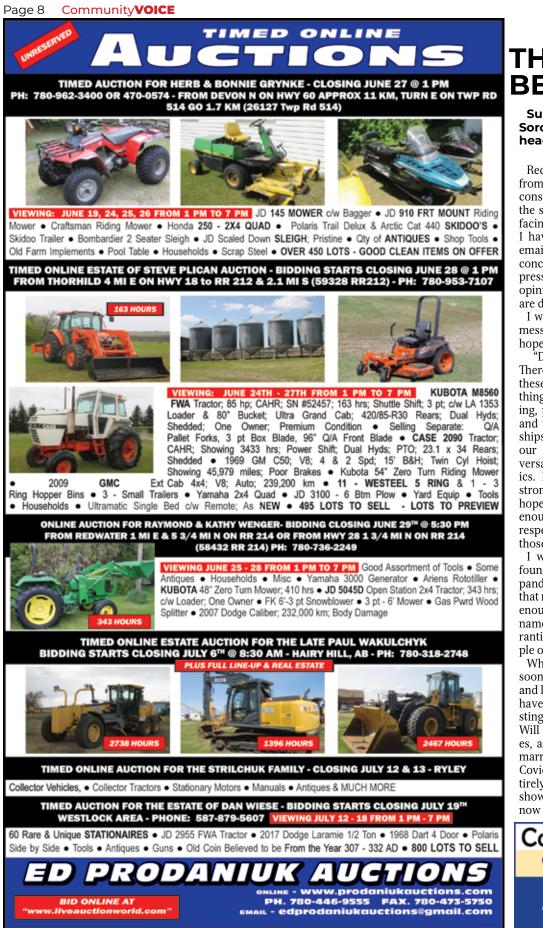
• Use the wind. Not every golf game will be played in perfect weather. A good player knows how to make adjustments for the wind depending on the shot. Use the wind to your advantage when you can, and adjust your swing when hitting into the wind. • Become a better chipper. Many players put so much emphasis on their backswings and putt shots that they fail to devote any practice to chips. All shots are important for golfers trying to shed strokes off of their scores.

• Keep fit. Maintaining or improving your physical strength and overall health can help your golf game. Exercise and eat right, and you will have more endurance on the links.









WHEN THIS IS ALL BEHIND US

#### Submitted by Gerald Soroka, MP for Yellowhead

Recently I received a note from a fellow Yellowhead constituent. This note reflects the struggles we have all been facing during this COVID time. I have received many letters, emails and phone calls from concerned citizens that express the myriad range of opinions and frustrations we are dealing with.

I want to share Rob Duiker's message. Have a read and let's hope for better times ahead.

"Disagreement is not bad. There is a lot of disagreement these days regarding such things as masking, distancing, public health restrictions, and vaccines. A lot of friendships have been strained by our sometimes-heated conversations around these topics. I hope our friendships are stronger than our opinions. I hope our fellowship is strong enough to cause us to remain respectful and loving with those with whom we disagree.

I worry that the most profound consequence of this pandemic will be relationships that never recover. Will we find enough grace to overcome the name-calling and impassioned ranting from and toward people on all sides of these issues.

When, hopefully someday soon, restrictions are removed and legal barriers to fellowship have been set aside, will the sting of our discourse endure? Will our churches, workplaces, and homes continue to be marred by division rooted in Covid-19 matters? That is entirely up to us. Plan now to show grace to everyone. Plan now to put this behind us."



## June 22, 2021

# Classified Ads - Call 962-9228

# **Classified Policy**

CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion = \$6.00; Subsequent insertion = \$3.00 each. (Eg: 2 insertions = \$9.00; 3 insertions = \$12.00; 4 insertions = \$15.00; etc) Each additional word is 20 cents per word, per insertion. BOLD/CAPITAL text available for an additional \$1/ line. Lost & Found and To Give Away (up to a max. of 25 words) are free of charge. Ads must be paid in advance either by cheque, cash, Visa or Mastercard. No Refunds Allowed on Classified Ads. DEADLINE: is Thurs. 4:00 pm (Wed. 4:00 pm on long weekends). Classified ads may be called in to the COMMUNITY VOICE office at (780) 962-9228, emailed classifieds@com-voice.com, to: dropped off at Onoway Registries, or mailed with your ad and payment to: COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8. Ads may also be placed on the web at www.com-voice.com/classified.htm

# Hall Rentals

#### Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Seniors 50+ Club. Air conditioning! Space Available! Val: 780-690-1655 or Dianne: 780-217-8482

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578. Cherhill Community Assoc. Hall,

Kevin 780-785-8153 Darwell Centennial Hall, 780-892-

3099 Darwell Seniors, Phone Debra 780-

785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail. com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/ Classrooms, 967-1015 Onoway Legion , 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-2904

or 305-4616

Stettin Nakumun Comm. Hall, 967-9198

## **Moving Sale**

Moving sale now on, so much to sell! 11:00 - 6:00pm, five miles east of Onoway on Hwy 37. Hillview. 780-967-4361 (2) 22-06

# Services

Stump Grinding For Hire -Alberta Beach & Surrounding Areas. Call 780-779-3589 (30) 13-04

WANTED: Standing Timber. Are you looking to cut your woodlot before pine beetles or forest fires destroy it? Top dollar paid. Call Paul 780-706-1470 (12) 27-04









"I am super excited! Down 4 lbs / 6.5 inches in 8 days. Feeling GREAT! Awesome product!" - Donna "I had given up on losing weight but 11 days in I dropped enough lbs to fit into a favorite pair of jeans hanging in my closet for the last 5 years – and they are loose, Yeah!" – Kayla M.



# Classified Ads - Call 962-9228

# **Help Wanted**

Alta Agri-Foods

ALTA AGRI-FO	DODS	LTD IN
ONOWAY is A	ccepti	ng (FT &
PT) application	ons fo	or <b>Food</b>
Production		Workers.
Production	Worke	<u>ers</u> are
responsible	for	ensuring
products are	prepa	red and

packaged from start to finish. · Candidates must be able to lift 25kg. • We are looking for employees who are reliable with a good work ethic. • Food handler's certificate would be an asset · The positions start at a base rate of \$15.00 per hour to be reviewed after three months (probation period). APPLICANTS INTERESTED CAN EMAIL RESUMES TO

info@altaagrifoods.com (3) 22-06

## **Dog Caretaker**

Alberta Beach & Surrounding Areas, thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap

around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 15-06 OG

# Computers



FREE COMPUTER CHECK UP - Repairs NOT over \$50 or will SAVE photos and documents from your old or broken computers. Get good laptop for ONLY \$150. WANTED: Old used broken laptops, tablets or cell phones to clear ALL content, fix and donate FREE to single parents and lonely seniors. Call or leave message 780-892-2407 (23) 04-05

# Farm Equipment

SHULTE Rock Picker \$1500 obo. New Holland 1024 Sqr Baler Wagon \$1500 obo. 1994 Chev Silverado 4x4 \$500 obo. Call 780-967-2104 (4) 15-06

# For Rent

Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$950 + tax. Please call for viewing, 780-967-4420 or 780-945-1723. www. onowayinnandsuites.com (4) 15-06 OG

Renovated 1& 2 bedrm suites for rent. Call 780-920-3652 (4) 22-06



Acreage living 1 bdrm & sitting room w/ private bthrm. Shared kitchen & living room. Non- smoker (of any kind). Animals are welcome. Satellite, internet, Netflix incld. DD required, \$750/month 780-967-4917 (3) 15-06



# AGING IS INEVITABLE - LOOKING AND FEELING OLD ISN'T!

#### A Health and Beauty Breakthrough!

Cannabidiol, is one of over 80 active cannabinoid chemicals in the hemp plant, Unlike, THC, it does not produce euphoria or intoxication. It targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using these products for both treatment and prevention of numerous ailments.



## Therapeutic Uses For Pure Hemp Supports healthy blood sugar levels, promotes

•

healthy energy levels, relieves anxiety, aids in digestion, supports optimal immune function and the regeneration of healthy cells, and promotes a renity and overall well-being

### Anti-Aging Uses For Pure Hemp

Promotes more youthful skin, provides hydration, enhances radiance, lessens a as well as the appearance of dark spots. ens age lines

suppress muscle spasms; reduce seizures & convulsions PROMOTES HEALTH: Helps to promote relaxation and overall health.

**KEY BENEFITS** 

reduce vomiting & nausea;

PAIN RELIEF: Known to

PRODUCTS

WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

## PET PRODUCTS

# PET CHEW TREATS

**KEY BENEFITS** SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects. NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication.

DIETARY SUPPLEMENT: Can be administered daily as part of your pet's diet.



## **ORAL SPRAYS & DROPS KEY BENEFITS**

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain. TREATS DIGESTIONAL ISSUES: ielps with loss of appetite, nausea, IBS and gastrointestinal swelling. GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets. CONVENIENT: Can be sprayed into

pet's mouth or on food.

For more information, Call (780) 907-8642

# June 22, 2021 Community**VOICE** Page 11 **OMMUNITY EVENTS** 2

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

#### **NOTE: Please inquire first** as COVID-19 restrictions may still apply.

#### FARMERS MARKETS

ALBERTA BEACH: Sundays, 12-3PM. Contact Joeanne 780-690-6392 \*May Oct

BARRHEAD: Saturdays, 10AM-1PM at Barrhead Agrena. Sherry 780-674-6802 \*May - Dec.

ONOWAY: Thursdays, 5-8PM at Onoway Community Hall. 780-667-6327 or Community Hall. 780-667-6327 onowayfarmersmarket@gmail.com.

Starts May 1<sup>4</sup>. SPRUCE GROVE: at the Elevator, Sat 10<u>:</u>00-1:00рм, Info (780)288-6174 **\*April** Dec

- Dec. STONY PLAIN: Saturdays, 9AM-IPM, Community Centre Downtown, Stony Plain. Nancy 780-962-3993. \*April - Dec. WESTLOCK FARMERS' MARKET: Fridays 11-3PM, Someplace Else Youth Centre 10612 102 St., Ph. 780-954-2437 \*Feb 14, 2020 - Dec 18, 2020. WHITECOURT: Tuesdays 11AM-2PM, Whitecourt Legion Hall, 779-7002. \*May - Oct.

- Oct.

#### BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO: Tuesdays at Cherhill

Community Association. Doors @ 6:30PM, Games @ 7:30PM. CHERHILL LECION: First Sunday of Month. Doors Open 12:00PM

CHERHILL LEGION: First Sunday of Month. Doors Open 12:00PM RICH VALLEY COMMUNITY HALL BINGO: 7:30PM. Loonie Pots. Next bingos March 18, April 1, 15 & 29. STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685 WHITECOURT SENIORS CIRCLE, Every

Tuesday. Ореп @ 5рм, 1<sup>st</sup> call @ 6:45рм, Nevadas, Concession. 780-778-4950 **\*Sept - June** 

#### **MEAT DRAWS**

ALBERTA BEACH MUSEUM: Every Sat

ALBERTA BEACH MOSEOM. EVery Sat APM, Alberta Beach Hotel ALBERTA BEACH: Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.

BARRHEAD ROYAL CANADIAN BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50. ONOWAY ROYAL CANADIAN LEGION:

STONY PLAIN ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361 STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw & 50/50. WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the

CIBC

## **MEALS ON WHEELS**

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@icloud.com WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

#### JAMBOREES

CARVEL: 2<sup>nd</sup> Sunday of month. \$6 lunch served. Info 780-991-3001 MACNOLIA: at Magnolia Hall. 2<sup>nd</sup> Saturday of Month, New Time is 1:00PM. Call to confirm, 727-2015. \*October -May, NO Dec. SANGUDO: Sangudo Community Hall, 1<sup>st</sup> Sat of month 7PM. 785-4105 or 305-5088. \*October - May. SPRUCE CROVE: at Sandhills Community Hall, 3<sup>nd</sup> Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 \*September - June. STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup>

Thurs of month, 7PM, \$2. **THE ABBOTTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3<sup>rd</sup> Friday of month, 7PM, PH: 780-918-8545, Adm: Donations

WHITECOURT SENIORS CIRCLE: 2<sup>nd</sup> Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 \*Nov - June

#### TOPS (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-6:45pm. Meeting 7:00pm. Alberta Beach Lutheran Church, Hwy 633. 967-

EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

\$//ITIONTH SANCUDO: Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-

SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd.

Anglican Church, Christiane 960-1109

#### YOUR COMMUNITY

MAYERTHORPE LEGION BR. #126: Seniors' Floor Curling – Thurs @ IPM. Fun Darts – Thurs @ 7PM. Wings Night – Every Wed 5-8PM. Steak & Fish Night – 1\* Friday of month 5-8PM. Everyone welcome. For more info please call 780-700 - 070

**ONOWAY ROYAL CANADIAN LEGION:** Open Tuesdays 7PM to 10PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to

the public). PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www. drugrehabresource.net

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600. UNITED CHURCH THRIFT SHOP: North

end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM. VOLUNTEER TUTOR ADULT LITERACY PROCRAM: Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940,

email: literacy@lsac.ca WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

#### **SOCIAL EVENTS**

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30Am, Aerobics/Fitness. Everyone Walcome

Weicome. BADMINTON: Wed, 7-10рм, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BALLROOM, LATIN, COUNTRY DANCE SOCIAL: 1<sup>st</sup> Saturday of every month. Doors open 8PM at Central Lions Recreation Center, 11113 113 St., Edmonton AB. Cost \$15 paid at the doors. Hosted by Everyone's Ballroom Dance Assoc, More info: www.ebda.ca 780-893-6828 COME PLAY SCIE

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served.

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members, Contact 780-963-7170 Cindy

JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpelibrary. ab.ca (780)786-2404

YOU, & EVERYBODY" Fun new Decal program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00Am starting May. Funded Lac Ste Anne FCSS. ONOWAY GOLDEN CLUB: Cards Tuesdays, IPM. 1<sup>st</sup> Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436. ONOWAY HAVE FUN & GET FIT! Excercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056. PANCAKE/BREAKFAST SOCIAL: 3'd Sunday 9:00-11:30AM, Parkland Village

Sunday 9:00-11:30AM, Parkland Village Community Centre. \*except June, July,

August RIVER August RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

Lorainne 286-5040. SANGUDO ART CLUB meets every Thursday morning at 9AM at the Sangudo Community School. New members welcome. For further information call Brenda at 780-785-2402

2402. SPIRITUAL LIVING STONY PLAIN INSPERATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2<sup>nd</sup> Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032 SPIRITUAL LIVING STONY PLAIN CATHERING at PERC Building (5413-51 St). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032 WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00PM. 780-

IN CRIB 1st & 3rd Sundays 1:00рм. 780-

WRITERS PROGRAM: Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1PM. MEETINGS

IST ONOWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

CADETS, Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 630-930pm, High School. Ages 12-18. 780-305-7233

780-305-7233 755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927 AA - SANGUDO GOLDEN CLUB. Tues

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

ALBERTA 55 PLUS: Villenvue Hall at 10AM. Meetings on 2<sup>nd</sup> Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4<sup>th</sup> Tues 7:00рм, Alberta Beach Agliplex.

ALBERTA BEACH AG SOCIETY meets Alberta Beach Ad Societt meets on the 4<sup>th</sup> Thurs of month, 7:00PM, Alberta Beach Agliplex. ALBERTA BEACH MUSEUM meets on

the 2<sup>nd</sup> Wed, 7:00рм at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS: Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St.

Onoway BARRHEAD

BARRHEAD & AREA CANCER SUPPORT CROUP: 4<sup>th</sup> Thurs. 6:30-8:00PM at Barrhead United Church. BARRHEAD ROYAL CANADIAN LEGION, meeting every 2<sup>nd</sup> Thurs, 7PM at the Legion Hall. CHERHILL COMMUNITY ASSOC. Monthly Meeting. <sup>15</sup> Wedneeday. Baw

Monthly Meeting 1<sup>st</sup> Wednesday, 8PM at the Hall. 785-2825 **\*Except Jan, July,** 

Aug, Sept. CHERHILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month, Cherhill Seniors Hall. Call Rosamy 780-785-2625 CHERISHED MEMORIES, PARENTS &

Bosarny 780-785-2625 CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agliplex. Info call 780-902-4879 or 780-999-7622. \*Sept-June. Citizens Helping In Life's Defence (C.H.I.LD) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997. DARWELL & DISTRICT AC SOCIETY MEETINCS, 8:00PM, 1<sup>st</sup> Monday, Darwell DDRA MEETING, 7:00PM, 2<sup>rd</sup> Mon, Darwell Centennial Hall 780-892-3099. \*except Jul/Aug/Dec GIRL CUIDES, BROWNIES & SPARKS Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004. GREENCOURT COMMUNITY ASSOCIATION meet 2<sup>rd</sup> Tuesday. monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648. GriefShare: WEEKLY GRIEF SUPPORT GROUP held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for Just \$25. Call 780-786-2695 to register. KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall. I<sup>th</sup> Tuesdmonth. Contact: mayerthorpekinettes@gmail. Cam, Tacy: 780-786-0161. LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

6:30-9:30PM at Onoway Museum (780) 967-0443 LAC STE ANNE COMMUNITY CHOIR,

Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348.

LAC STE, ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3<sup>rd</sup> Fri, 7PM, Alberta Beach Council Chambers

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3<sup>rd</sup> Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121 MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4<sup>th</sup> Mon, 5PM in Hospital Basement Education Room.

Basement Education Room. MAYERTHORPE LECION BR. #126: Meetings 2nd Mon of month at 7:30PM. For more info please call 780-786-2470. MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-opa

MS SOCIETY PARKLAND COMMUNITY MS SOCIE IY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 "Sept-June NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011 ONOWAY & DIST HERITAGE SOCIETY: 208 W/d of, acth month 7:00PM

ONOWAY & DIST HERITAGE SOCIETY: 2<sup>nd</sup> Wed of each month, 7:00рм, Onoway Legion ONOWAY & DISTRICT HISTORICAL GUILD: 3<sup>rd</sup> Wed 7рм, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2<sup>rd</sup> Thurs, 10.0m-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629 ONOWAY ROYAL CANADIAN LEGION General Meetings, 1<sup>st</sup> Mon, 7PM. \*Sept-

June RICH VALLEY AC SOCIETY BOARD MEETINGS: at the Agriplex on the 2<sup>nd</sup> Wed of the month. 7:00PM. RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180. SANCUDO PAINTING GROUP: Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112. June

SUNDOWNERS TOASTMASTER CLUB:

Mon (excl. Holidays) 7:30-9:30рм. St. Matthew's Church, Spruce Grove. Judy

960-5258 WEICHT WATCHERS Alberta Beach Agriplex - Mondays, weigh in 6:30PM. MestInoCK & AREA CANCER SUPPORT CROUP: 3rd Wed. 6:30-2020 to Workloak Liberary.

8:00PM at Westlock Library.

#### Page 12 Community VOICE

June 22, 2021



Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets **ANSWER**:

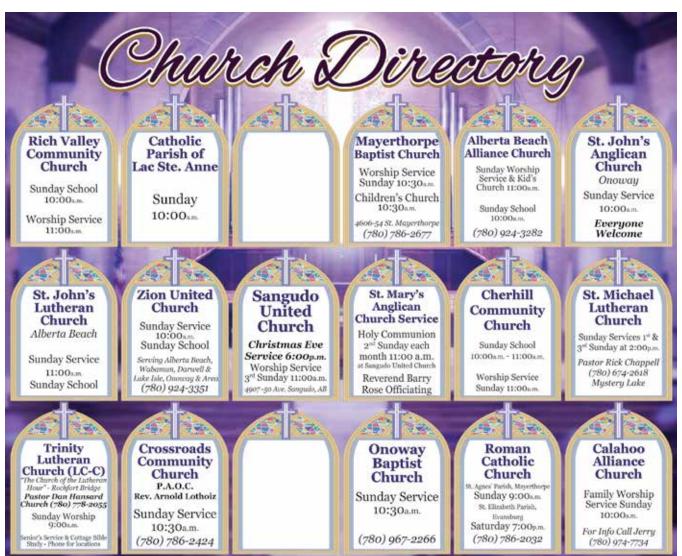
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

to solve the puzzle!

A	NS	S N	/E	R		1		d	
8	5	2	7	1	3	4	9	6	1
4	7	9	2	8	6	3	1	5	2
3	1	6	4	5	9	2	8	7	3
6	8	1	5	2	4	9	7	3	2.
7	3	5	9	6	8	1	2	4	2
9	2	4	1	3	7	5	6	8	8
1	4	3	8	7	2	6	5	9	2
2	6	8	3	9	5	7	4	1	1
5	9	7	6	4	1	8	3	2	
	12	10	22	22	12	1	11	18	

	_								1
8	5	2						6	
	7	9	2	8			1	5	
3									
	8	1	5	2	4	9			
7		5	9			1			
	2		1			5		8	
			3	9			4	1	
5	9	7	6		1		3	2	

BEACHE AT LES



June 22, 2021



Page 14 Community VOICE

June 22, 2021

# SERVICE DIRECTORY





