

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

August 3, 2021

PRESS RELEASE BEAR SIGHTED **IN CENTENNIAL PARK AREA**

Whitecourt

The Town of Whitecourt has received reports of bear sightings within Whitecourt, and this eve-

Submitted by Town of ning a resident encountered a bear in the Centennial Park area. Alberta Fish and Wildlife has been advised of the matter.

As a community surrounded by forests, wildlife sightings are not uncommon; however, residents are advised to use caution when using the trail system and...

Continued on Page 2



FIRE RESTRICTION LIFTED FOR WHITECOURT AS OF JULY 21

Submitted by Town of Whitecourt

Effective 12:00 noon on Wednesday, July 21, the Town of Whitecourt fire restriction will be lifted. A fire restriction has been in place within Town limits since July 16, 2021.

Fire permits previously suspended are now active, and the normal fire permitting process is now in effect for the Town.

Continued on Page 2

ST. ALBERT RCMP EDUCATE REGARDING CLAIRE'S LAW

Submitted by St. Albert RCMP

This past spring, St. Albert RCMP Domestic Violence Unit and St. Albert RCMP General Investigations Section participated in online training for the new Act the Government of Alberta introduced; the Disclosure to Protect Against Domestic Violence (Clare's Law), which

came into effect April 1, 2021.

This Act gives people who feel at risk of domestic...

Continued on Page 3





JRE HEMP PRODUCTS

KEY BENEFITS

Page 2 Community**VOICE**



PUBLISHED WEEKLY (Zone 1 & 2)

AND BIWEEKLY (Zone 3)

E.J. Lewchuck &

Associates Ltd.

Box 3595

Spruce Grove, AB

T7X 3A8

SALES TEAM

Elaine

Ashley

Press Release Bear Sighted In **Centennial Park Area**

Continued from Page 1

...other outdoor recreation facilities.such as Centennial Park.

· Residents are reminded to keep their dogs on leashes and to be mindful of surroundings when walking area trails.

 Should you come across a bear, remain calm. Do

not approach the bear and back away slowly out of the area if possible. If you feel you are in danger or are otherwise unable to get away safely, call 911.

Property owners are also encouraged to clean up yard waste (i.e. fruit that may have fallen off trees) and ensure garbage is not

left out to help prevent wildlife encounters.

If you see a bear in the community, please report it to Alberta Fish & Wildlife at 1-800-642-3800. For more information, visit the Government of Alberta's website.

Fire Restriction Lifted For Whitecourt As Of July 21

TELEPHONE: Advertising 962-9228 Fax 962-1021 E-MAIL: comvoice@telusplanet.net news@com-voice.com

Continued from Page 1

We ask residents to be diligent and aware of potential fire risks.

ConiFor information on fire restrictions and bans throughout the province, visit www.albertafirebans.

ca. For more information. please contact: Tara Gallant

Legislative Manager

Town of Whitecourt taragallant@whitecourt. ca

Ste. Anne West Crime Watch Society

Annual General Meeting Aug 23 at 7:00 Pm Golden Club in Sangudo



President: then OK THIS IS BUSINESS



Glen Kelly 780-305-4837 Cheyenne 780-266-9767

www.serenity.ca



SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY

August 3, 2021

St. Albert RCMP Educate Regarding Claire's Law

Continued from Page 1

...violence a way to get information about their partners so they can make informed choices about their safety.

•The right to ask: Anyone who feels suspicious or at risk about a partner or potential partner can apply to find out if their partner has a history of domestic violence, stalking or harassment, breach of no contact order or other relevant acts.

•The right to know: Po-

lice will now be able to disclose an individual's criminal record to people at risk, without an application, in an attempt to help prevent violence. For example, during a suspected domestic violence call, police can later contact the individual to inform them of their partner's abusive past.

•The right to privacy: The person of disclosure will not be told there was an application for information about them. People can trust that their personal information will be protected and that only certain details will be disclosed to those who are authorized to received it.

St. Albert RCMP Domestic Violence Unit, in conjunction with St. Albert Victim Services Unit, will educate clients about Claire's Law and provide direction on the application process. Regardless of any circumstance that may arise in the process, the Clare's Law program will focus on providing information and support to the persons at risk so they can protect themselves.

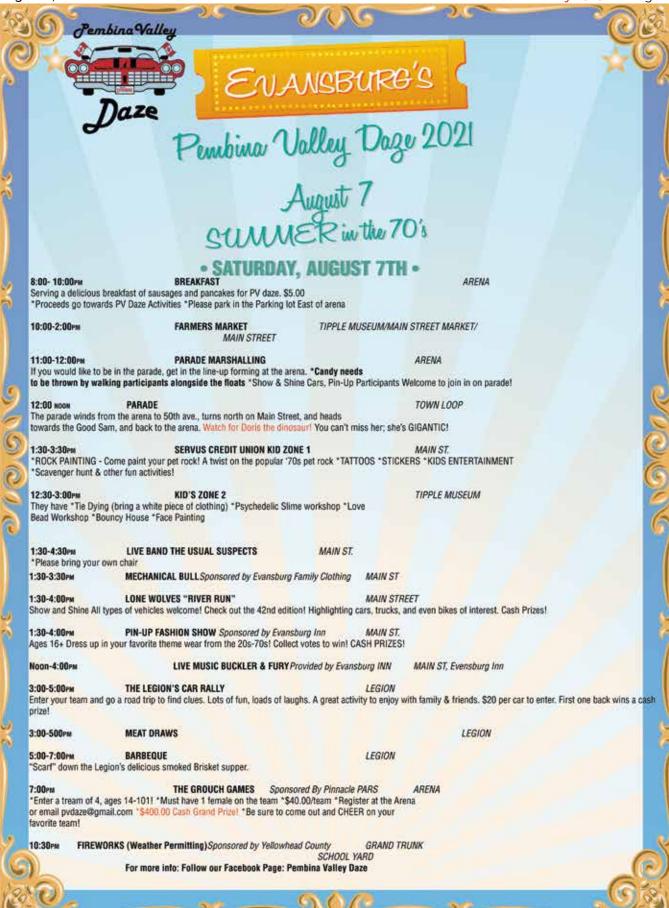
Applications can only be submitted online at https:/ www.alberta.ca/clareslaw (there is no cost to apply).

Call 310-1818 to access local supports on Family Violence. Help is available 24/7 in over 170 languages. Chat online at Alberta. ca/safetychat available daily from 8:00 a.m. to 8:00 p.m.



August 3, 2021





BUSINESS SUPPORTS EXTENDED TO SUPPORT STRONGER ECONOMIC RECOVERY

Submitted by Gerald Soroka MP for Yellowhead

Gerald Soroka Member of Parliament for Yellowhead wishes to advise the following extensions of support measures for Canadians and Canadian businesses:

1) Extending the eligibility period for the Canada Emergency Wage Subsidy, the Canada Emergency Rent Subsidy and Lockdown Support until October 23, 2021and increasing the rate of support employers and organizations can receive during the period between August 29 and September 25, 2021.

2) Extending the Canada Recovery Benefit (CRB), the Canada Recovery Caregiving Benefit (CRCB), and the Canada Recovery Sickness Benefit (CRSB) until October 23, 2021.

3) Increasing the maximum number of weeks available for the CRB, by an additional 4 weeks, to a total of 54 weeks, at a rate of \$300 per week, and ensuring it is available to those who have exhausted their employment insurance (EI) benefits.

4) Proposing to offer businesses greater flexibility when calculating the revenue decline used to determine eligibility for the wage and rent subsidy programs and the new Canada Recovery Hiring Program.

5) Draft legislation to provide further clarity on

previously announced changes to the wage subsidy for furloughed employees.

Further information can be found at: https://www.canada. ca/en/department-finance/news/2021/07/ extending-business-support-measures-through-the-pandemic.html

CANADA STUDENT FINANCIAL ASSISTANCE PROGRAM (CSFA)

Submitted by Gerald Soroka MP for Yellowhead

Gerald Soroka Member of Parliament for Yellowhead wishes to advise that students under the new Canada Student Financial Assistance Program (CSFA),will have access to direct financial support through the form of Canada Student Grants (CSG), Canada Student Loans and Canada Apprentice Loans, making it easier for them – as well as recent graduates – to pay off their student debt.

As of August 1, 2021, the Government is extending the doubling of CSG for an additional two years. This means that the maximum amount available for CSG will be up to \$6,000 for full-time students and \$10,000 for students with disabilities until July 31, 2023. The flexibility for students to use their current year's income when applying for the CSG will be permanent so those in financial need will not have their previous workforce participation count against them.

Also, the waiver of interest accrual on student and apprentice loans has been extended to March 31, 2023.

Disability supports under the CSFA Program will be extended beyond recipients with life-long disabilities to recipients whose disabilities are persistent and prolonged. This will allow access up to \$22,000 in grants, in-study supports, and specialized repayment assistance on their loans.

As well, the Repayment Assistance Plan will be enhanced so that no one with an income of \$40,000 or less will have to make payments on their student loans.



August 3, 2021 CommunityVOICE Page 7 UPCOMING EVENT AT THE ALBERTA BEACH MUSEUM

Submitted by Alberta Beach

Spelling B

August 8th between 2 and 4 p.m. inside our one room schoolhouse.

The Museum is going to be showcasing the schoolhouse on August 8th between 2 and 4 p.m.

As part of the event we will be hosting an old fashioned Spelling B inside the classroom and awarding prizes.

There is a lot of interesting stuff to see in this building so please feel free to browse around.

Depending on your age it's quite possible that you will recognize things like the desks and chalkboard sparking your own childhood memories. While our younger guests may not be the least bit familiar with these foreign looking objects.....

However, we aim to impress everyone with our unique artifacts.

That being said I would like to suggest taking a

look at the attendance records displayed on the teacher's desk. Once upon a time those very folders were used by the teacher of our once functioning school to record the childrens absentees who attended there.

What's even better is that we can share with you what some of the students that passed through the school looked like. Even details like how they wore their hair and the clothing of the day. To see with your own two eyes, I would like to draw your attention to the wall on the left while facing the chalkboard. Towards the front of the room there are 4 black and white class photographs from the 1950's all hanging in a row.

What more can I say other than a picture really does speak a thousand words and we are looking forward to your visit.

PLANNING 6 DEVELOPMENT

NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at **1-866-880-5722** or **devassistant@L5AC.ca**, Monday to Friday 8:30am to 4:30pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DEADLINE
21-D0059	Lot 4, Block 1, Plan 8122209, Sturgeon Heights within SW 12-55-02 W5M 4, 55109 HWY 777	As Built – Quonset and Shed, Quonset 9.24m x 12.26m (113.28 m. sq.), Shed 3.75m x 3.13m (11.74 m. sq.), Side Yard Variance for Existing Shed – Regulation: 6.0m, Requested: 4.88m, Variance: 1.12m	Aug. 16, 2021
21-D0216	NE 12-57-03 W5M 3002 TWP RD 572	Addition to House – (856 sq. ft) 8.0' Walls, Basement Renovation, Covered Deck Addition (1184 sq. ft.) Rear (West) Yard Variance Request for Proposed Development – Required: 7.5 m, Requested: 6.7 m, Variance 0.8 m; Rear (North) Yard Variance Request for Proposed Development – Required: 7.5 m, Requested: 6.5m, Variance: 1.0m	Aug. 16, 2021
21-D0207	Lot 3, Block 3, Plan 3996KS, Winkleman Beach within NW 07-57-02 W5M 46, 2531 TWP RD 572	Stick Built Dwelling – Main Floor (1230 sq. ft.) 10.0' Walls, Loft and Bonus Room (1264 sq. ft.), Crawl Space (1225 sq. ft.), Deck (176.0 sq. ft.), Covered Deck (606.0 sq. ft.) and Attached Garage (782 sq. ft), Side Yard Variance Request – Regulation: 6.0m, Requested: 1.5m, Variance: 4.5m, and Side Yard Variance Request – Regulation: 6.0m, Requested: 5.8m, Variance: 0.2m	Aug. 16, 2021
21-D0036	Lot 1, Plan 9723627 within SW 04-56-08 W5M 56015 HWY 22	Major Home Business – Recycling wood waste for cattle bedding and colored wood mulch	Aug. 23, 2021
21-D0222	Lot 8, Plan 6989 AP, Lac Ste. Anne Settlement within 19-54-03 W5M 114 3510 Ste. Anne Trail	As Built Sheds – Shed 1: 6.9' x 9.7' (66.8 sq. ft.) with Side Yard Variance Request – Regulation: 6.0m, Requested: 2.97m, Variance 3.03m; Shed 2: 8.0' x 12.1' (97.0 sq. ft.) with Side Yard Variance Request – Regulation: 6.0m, Requested: 1.87m, Variance 4.13m; Shed 3: 12.3' x 16.0' (18.4 sq. ft.) with Side Yard Variance Request – Regulation: 6.0m, Requested: 2.34m, Variance: 3.66m; Shed 4: 5.4' x 6.2' (33.4 sq. ft.) with Side Yard Variance Request – Regulation: 6.0m, Requested: 2.78m, Variance: 3.22m	Aug. 23, 2021

Anyone who claims to be affected, and who wishes to lodge an appeal against any of the above developments, must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development department, Box 219, Sangudo, Alberta, TOE 2A0.

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. Fees may be paid by Cheque, Visa, MasterCard, Interac or Cash.



FIVE TOP GOLF TIPS TO HELP BOOST YOUR GAME

(NC) When it comes to golf, it's the little things that can have the biggest impact on your game. Whether it's your first attempt, or 10th season, golf expert Bob Weeks has got you covered at the links this summer with these five tips:

Choose the right clubs: Regardless of your experience or skill level, choosing the right equipment can be the difference between duffing it and striking the ball straight down the fairway. It's important to work with a professional to get the clubs best-suited to your game and then, to have them custom fit. You should be fit for the length, loft, lie angle, shaft flex and even the grip size. If your clubs aren't custom fit, it will be like walking around in shoes that are the wrong size.

Get on the ball: Choose the right kind of golf ball for your game. While golf balls all look the same, it's what's inside that determines if it's right for you. Golf balls fall into two categories: distance or control. Distance balls are generally two-piece balls with a large core and a cover. They are harder and better suited for higher handicappers or beginners. Control balls, usually three- or four-piece balls, are softer and spin more meaning they will land on the green and stop. More skillful players should use these.

Consider the elements: Weather is always a factor in golf and dealing with it must always be considered. For instance, in cold temperatures, the ball will travel shorter distances, so take more club. The opposite is true for warmer



To Book your Tee Times or Tournaments Call: (780) 924-GOLF (4653) temperatures. If you're playing into the wind, swing easy as that will keep the ball from spinning too much and rising up into the breezes. And downwind, make sure to judge the intensity of the breezes so you can choose the proper club. Your ball will roll further than normal on a downwind shot so take that into account.

Putting and chipping is priority: Lots of players like to boom their drives and will spend a lot of time on the range hitting their drivers. But if you want to improve your scores, you should spend more time working on your putting and chipping. Since most average players miss a lot of greens, the best way to save strokes is by chipping it close and making more putts. Focus more on your short game than your drive and you will improve.

Play the 19th hole: Win or lose, there's no better way to celebrate than hitting the 19th hole. Less is often more in golf and the same applies when considering what to eat and drink after a round. Molson Canadian 67 for example is specially brewed with 67 calories and an ABV of 3% per 341ml, offering a light, refreshing alternative for active players.

www.newscanada.com

info@calahoohillsgolfcourse.ca

calahoohillsgolfcourse.ca

Classified Ads - Call 962-9228

Classified Policy

CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion \$6.00: Subsequent insertion = \$3.00 each. (Eq: 2 insertions = \$9.00; 3 insertions = \$12.00; 4 insertions = \$15.00; etc) Each additional word is 20 cents per word, per insertion. BOLD/CAPITAL available for an text additional \$1/line. Lost & Found and To Give Away (up to a max. of 25 words) are free of charge. Ads must be paid in advance either by cheque, cash, Visa or Mastercard. No Refunds Allowed on Classified Ads. DEADLINE: Thurs. 4:00 is pm (Wed. 4:00 pm on long weekends). Classified ads may be called in to the COMMUNITY VOICE office at (780) 962-9228, emailed classifieds@comto: voice.com, dropped off at Onoway Registries, or mailed with your ad and payment to: COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8. Ads may also be placed on the web at www.com-voice. com/classified.htm

Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Seniors 50+ Club. Air conditioning! Space Available! Val: 780-690-1655 or Dianne: 780-217-8482

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Centennial Hall, 780-892-3099

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738 Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community

Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center -Gym/Classrooms, 967-1015 Onoway Legion , 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @PVCCentre Ravine Community Hall, 325-2240 Rich Valley Community

Hall, 967-5710 or 967-3696 Rosenthal Community Hall, 963-7984 Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-2904 or 305-4616

Stettin Nakumun Comm. Hall, 967-9198

Services

Stump Grinding For Hire - Alberta Beach & Surrounding Areas. Call 780-779-3589 (30) 13-04

Dog Caretaker

Alberta Beach ጲ Surrounding Areas. thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 13-07 OG



Classified Ads - Call 962-9228

Computers

FREE COMPUTER CHECK UP - Repairs NOT over \$50 or will SAVE photos and documents from your old or broken computers. WANTED: Old used broken laptops, tablets or cell phones to clear ALL content, fix and donate FREE to single parents and lonely seniors. Call or leave message 780-892-2407 (24) 13-07

Farm Equipment

SHULTE Rock Picker \$1500 obo. New Holland 1024 Sqr Bale Wagon \$1500 obo. Call 780-967-2104 (4) 13-07

U-Pick

U-Pick It OPEN 1-6 p.m. Tuesday to Sunday until August 25th. Closed Mondays. Located at 53520 Range Road 75 (2.5 KM North of Evansburg). Call 780-727-4344 for messages. (4) 07-27

For Rent

Completely renovated Motel in Onoway, AB. daily, offering weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double furnished bedrooms. bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$950 + tax. Please call for viewing, 780-967-4420 or 780-945-1723. www. onowayinnandsuites.com





AGING IS INEVITABLE - LOOKING AND FEELING OLD ISN'T

A Health and Beauty Breakthrough!

Cannabidiol, is one of over 80 active cannabinoid chemicals in the hemp plant. Unlike, THC, it does not produce euphoria or intoxication. It targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using these products for both treatment and prevention of numerous allments.



Therapeutic Uses For Pure Hemp

Supports healthy blood sugar levels, promotes healthy energy levels, relieves anxiety, aids in digestion, supports optimal immune function and the regeneration of healthy cells, and promotes a sense of serenity and overall well-being.

Anti-Aging Uses For Pure Hemp

Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.

PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.

KEY BENEFITS

PROMOTES HEALTH: Helps to promote relaxation and overall health.

WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

PET PRODUCTS

PET CHEW TREATS

SYNERCISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects. NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication. DIETARY SUPPLEMENT: Can be administered daily as part of your pet's diet.



ORAL SPRAYS & DROPS KEY BENEFITS

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain, TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling. GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets. CONVENIENT: Can be sprayed into

pet's mouth or on food.

For more information, Call (780) 907-8642

August 3, 2021 Community**VOICE** Page 11 **OMMUNITY EVENTS 2**

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

NOTE: Please inquire first as COVID-19 restrictions may still apply.

FARMERS MARKETS

ALBERTA BEACH: Sundays, 12-3PM. Contact Joeanne 780-690-6392 *May Oct

BARRHEAD: Saturdays, 10AM-1PM at Barrhead Agrena. Sherry 780-674-6802 *May - Dec.

ONOWAY: Thursdays, 5-8PM at Onoway Community Hall. 780-667-6327 or Community Hall. 780-667-6327 onowayfarmersmarket@gmail.com.

Starts May 1⁴. SPRUCE GROVE: at the Elevator, Sat 10<u>:</u>00-1:00рм, Info (780)288-6174 ***April** Dec

- Dec. STONY PLAIN: Saturdays, 9AM-IPM, Community Centre Downtown, Stony Plain. Nancy 780-962-3993. *April - Dec. WESTLOCK FARMERS' MARKET: Fridays 11-3PM, Someplace Else Youth Centre 10612 102 St., Ph. 780-954-2437 *Feb 14, 2020 - Dec 18, 2020. WHITECOURT: Tuesdays 11AM-2PM, Whitecourt Legion Hall, 779-7002. *May - Oct.

- Oct.

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO: Tuesdays at Cherhill

Community Association. Doors @ 6:30PM, Games @ 7:30PM. CHERHILL LECION: First Sunday of Month. Doors Open 12:00PM

CHERRILL LEGION: First Sunday of Month. Doors Open 12:00PM RICH VALLEY COMMUNITY HALL BINGO: 7:30PM. Loonie Pots. Next bingos Sept 1st, 15th,29th... STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

WHITECOURT SENIORS CIRCLE, Every Tuesday. Ореп @ 5рм, 1st call @ 6:45рм, Nevadas, Concession. 780-778-4950 ***Sept - June**

MEAT DRAWS

ALBERTA BEACH MUSEUM: Every Sat

ALBERTA BEACH MOSEOM. EVERY Sat APM, Alberta Beach Hotel ALBERTA BEACH: Lac Ste Anne Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Grill.

BARRHEAD ROYAL CANADIAN BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50. ONOWAY ROYAL CANADIAN LEGION:

Fridays, Ph. 780-967-5361 STONY PLAIN ROYAL CANADIAN LEGION LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw & 50/50. WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the

CIBC

MEALS ON WHEELS

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@icloud.com WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

JAMBOREES

 JAMBOREES

 CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

 MAGNOLIA: at Magnolia Hall. 2nd Saturday of Month, New Time is 1:00PM. Call to confirm, 727-2015. *October - May, NO Dec.

 SANGUDO: Sangudo Community Hall, 1st Sat of month 7PM. 785-4105 or 305-5088. *October - May.

 SPRUCE CROVE: at Sandhills

 Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3014 Margaret 780-962-3015 *September - June.

 STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th

Thurs of month, 7PM, \$2. **THE ABBOTTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of month, 7PM, PH: 780-918-8545, Adm: Donations

WHITECOURT SENIORS CIRCLE: 2nd Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 *Nov - June

TOPS (Take Off Pounds Sensibly)

ALBERTA BEACH: Tuesdays, Weigh-in 6:00-6:45pm. Meeting 7:00pm. Alberta Beach Lutheran Church, Hwy 633. 967-

EDMONTON: Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

SANCUDO: Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

STONY PLAIN: Thurs evening, Stony Plain United Church. Susan (780) 968-

SPRUCE GROVE: Wed 8:45AM at Anglican Church, 131 Church Rd. Anglican Church, Christiane 960-1109

YOUR COMMUNITY

MAYERTHORPE LEGION BR. #126: Seniors' Floor Curling – Thurs @ IPM. Fun Darts – Thurs @ 7PM. Wings Night – Every Wed 5-8PM. Steak & Fish Night – 1ª Friday of month 5-8PM. Everyone welcome. For more info please call 780-700 - 2010

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7PM to 10PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to

the public). PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www. drugrehabresource.net

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600. UNITED CHURCH THRIFT SHOP: North

end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM. VOLUNTEER TUTOR ADULT LITERACY VOLUNTEER TUTOR ADULT LITERACY PROCRAM: Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30Am, Aerobics/Fitness. Everyone Walcome

Weicome. BADMINTON: Wed, 7-10рм, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BALLROOM, LATIN, COUNTRY DANCE SOCIAL: 1st Saturday of every month. Doors open 8PM at Central Lions Recreation Center, 11113 113 St., Edmonton AB. Cost \$15 paid at the doors. Hosted by Everyone's Ballroom Dance Assoc, More info: www.ebda.ca 780-893-6828 COME PLAY COL

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served.

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members, Contact Cindy 780-963-7170

JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpelibrary. ab.ca (780)786-2404

YOU, & EVERYBODY" Fun new Decal program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00Am starting May. Funded Lac Ste Anne FCSS. ONOWAY GOLDEN CLUB: Cards Tuesdays, IPM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436. ONOWAY HAVE FUN & CET FIT! Excercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056. PANCAKE/BREAKFAST SOCIAL: 3'd Sunday 9:00-11:30AM, Parkland Village

Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July,

August RIVER August RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

Lorainne 286-5040. SANGUDO ART CLUB meets every Thursday morning at 9AM at the Sangudo Community School. New members welcome. For further information call Brenda at 780-785-2402

2402. SPIRITUAL LIVING STONY PLAIN INSPERATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032 SPIRITUAL LIVING STONY PLAIN CATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032 WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00PM. 780-

IN CRIB 1st & 3rd Sundays 1:00рм. 780-

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM. MEETINGS

IST ONOWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

CADETS, Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842

Conrol 2007-0042 299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30pm. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 630-930pm, High School. Ages 12-18. 780-305-7233

780-305-7233 755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall, Thurs 8рм. (780) 786-2604 or (780) 786-1927

AA - SANGUDO GOLDEN CLUB. Tues AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

ALBERTA 55 PLUS: Villenvue Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00рм, Alberta Beach Agliplex.

ALBERTA BEACH AG SOCIETY meets

Alberta Beach Ad Societt meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agliplex. ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00рм at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS: Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St.

Onoway BARRHEAD

BARRHEAD & AREA CANCER SUPPORT CROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church. BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7PM at the Legion Hall. CHERHILL COMMUNITY ASSOC. Monthly Meeting. ¹⁵ Wedneeday. 8RM

Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 ***Except Jan, July,** Aug, Sept. CHERHILL SILVER & GOLD SENIORS

CLUB Regular Meetings 1st Tuesday

of month, Cherhill Seniors Hall. Call Rosamy 780-785-2625 CHERISHED MEMORIES, PARENTS &

Bosarny 780-785-2625 CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agliplex. Info call 780-902-4879 or 780-999-7622. *Sept-June. Citizens Helping In Life's Defence (C.H.I.LD) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997. DARWELL & DISTRICT AC SOCIETY MEETINCS, 8:00PM, 1st Monday, Darwell DDRA MEETING, 7:00PM, 2rd Mon, Darwell Centennial Hall 780-892-3099. *except Jul/Aug/Dec GIRL CUIDES, BROWNIES & SPARKS Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004. GREENCOURT COMMUNITY ASSOCIATION meet 2rd Tuesday. monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648. GriefShare: WEEKLY GRIEF SUPPORT GROUP held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for just \$25. Call 780-786-2695 to register. KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall. Ith Tuesdmonth. Contact: mayerthorpekinettes@gmail. Cam, Tacy: 780-786-0161. LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

6:30-9:30PM at Onoway Museum (780) 967-0443 LAC STE ANNE COMMUNITY CHOIR,

Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348.

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121 MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5PM in Hospital Basement Education Room.

Basement Education Room. MAYERTHORPE LECION BR. #126: Meetings 2nd Mon of month at 7:30PM. For more info please call 780-786-2470. MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-agai

MS SOCIETY PARKLAND COMMUNITY MS SOCIE IY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *Sept-June NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011 ONOWAY & DIST HERITAGE SOCIETY: 208 W/d of, acth month 7:00PM

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:00рм, Onoway Legion ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7рм, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2^{ad} Thurs, 10.0m-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629 ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7PM. *Sept-

June

June RICH VALLEY AC SOCIETY BOARD MEETINGS: at the Agriplex on the 2nd Wed of the month. 7:00PM. RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180. SANCUDO PAINTING GROUP: Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB:

Mon (excl. Holidays) 7:30-9:30рм. St. Matthew's Church, Spruce Grove. Judy

960-5258 WEICHT WATCHERS Alberta Beach Agriplex - Mondays, weigh in 6:30PM. MestInoCK & AREA CANCER SUPPORT CROUP: 3rd Wed. 6:30-2020 to Workloak Liberary.

8:00PM at Westlock Library.

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Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets **ANSWER**:

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

to solve the puzzle!

A	ANSWER:									
8	4	2	1	5	7	9	6	3	12	
3	7	5	8	9	6	4	2	1	2	
9	6	1	2	4	3	7	5	8	2	
7	9	3	5	2	1	8	4	6	2.1	
5	1	8	6	3	4	2	7	9	2	
4	2	6	7	8	9	3	1	5	83	
6	3	9	4	7	5	1	8	2		
1	8	4	9	6	2	5	3	7	2	
2	5	7	3	1	8	6	9	4		
	12	10	22	22	18	1	11	18		

8		2			7	9	6	3	
	7		8						
9		1		4		7			
	9	3	5			8	4	6	
		8							
	2						1	5	
6			4			1			
1		4	9				3	7	
2				1	8	6	9		

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SERVICE DIRECTORY





