COMMUNITYVOICE

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

September 28, 2021

FIRST MEETING FOR CHERHILL 4-H MULTI CLUB

Submitted by: Katrien Bakos, Cherhill 4-H Multi Club Reporter

On Friday September 17, the Cherhill 4-H Multi Club had their start-up meeting for new and returning members. The meeting covered Club information for members including project options and upcoming events. Club Officers were elected for the 2021-22 year: President – Julianna Russell

Our District Council Reps: Vice President - Grace Churchill Julianna Russell, Grace Churchill, Anthony Bouius 2nd Vice President – Anthony Bouius

Secretary – Annabelle Haresnape

Treasurer – Alyssa Blanch-

General Leader – Dorothy Carlson

Project Leaders: Sheep
- Mrs. Stadnyk Quilting
- Mrs. Carlson Feathered
Friends -Mrs. Vanderwell
Foods - Mrs. Blanchette
Trapping - Mr. Jeffreys
Bees - Mr. and Mrs. Yeoman
Mundare Sausage

The Club's Mundare Sau-

sage Fundraiser is coming up! So if you need sausage for Christmas or you are just craving something delicious, make sure to buy from your local Cherhill 4H members!

Want to join 4H?

Are you interested in joining 4-H? If so, get in touch with Dorothy Carlson at 780-674-1411. We have Beef, Sheep, Quilting, Foods, Vet Science, Trapping, Bees, and Feathered Friends projects to choose from! Our next meeting takes place on October 1, 2021!





ONOWAY LEGION NEWS

Submitted by Onoway Legion

Friday Dinner

Chris is back as cook for the dinner on Friday, October 1. He's planned a crowd favourite – spaghetti with meatballs and meat sauce. It'll be served with Caesar salad and ice cream for dessert. Don't forget to reserve your spot by the evening of Wednesday, September 29 by calling or texting Linda at 780-907-6300. Remember, only double-vaccinated people will be allowed into

the hall, but take-out orders are available by reservation. Dinner Reservations

PLEASE RESERVE ahead of time if you're planning to come to a Friday dinner.

Continued on Page 3







Page 2 Community **VOICE**



PUBLISHED WEEKLY (Zone 1 & 2) AND BIWEEKLY (Zone 3)

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AHS POSTPONES SOME NON-**URGENT SURGERIES TO CREATE ADDITIONAL HOSPITAL CAPACITY**

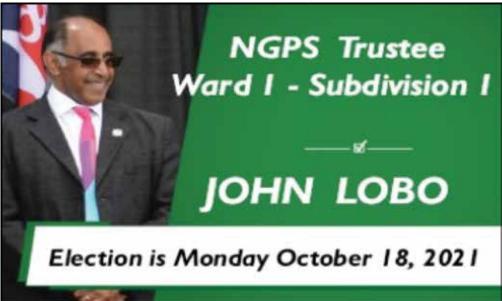
Submitted Alberta Health Services

With the rise in COVID-19

cases in the community and the increasing demand on hospital resources, Alberta Health Services (AHS) is

taking steps to create additional acute and ICU capacity.

Continued on Page 6



BO'S PLEDGE OF COMMITMENT



1. APPROACHABLE TRANSPARENT GOVERNANCE 2. RE-OPEN ALL LINES OF COMMUNICATIONS 3. REDUCTION OF SPENDING AND TAXATION 4. RE-ESTABLISH THE TRUST OF THE RATEPAYERS 5. FAIRNESS AND NO DIVISION WITHIN LAC STE. ANNE COUNTY

I Pledge to Respect my Duties and Responsibilities as a Councillor while

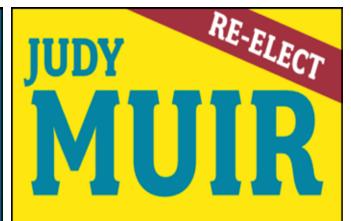
'Committing to the Betterment of Lac Ste. Anne County "

Council Candidate

Lac Ste. Anne County

am Bo Knysh and I am vying for the position of Councillor, Lac Ste. Anne County Division 5 and would appreciate your support. Our family has worked and lived in the area for 30 years. If elected, I will strive to ensure Lac Ste. Anne County Council and Administration becomes Open and Transparent with Accountability to the Ratepayers of our County. This needs to be done to ensure our County becomes a place that we can be proud to raise our children and grandchildren for generations to come. My frustration during the last 2 terms over how the county functions has prompted me to step up and become a part of the solution. Please help me to achieve my goal and Please, VOTE on OCTOBER 18, 2021. Thank You For Your

www.facebook.com/voteboknysh www.voteforboknysh.blogspot.com



SCHOOL TRUSTEE NGPS

Ward 1, Electoral Subdivision 2 Representing the areas of Rich Valley, Alberta Beach, and Darwell.

Please VOTE October 18

Onoway Legion News

Continued from Page 1

If your plans change, you can always cancel so someone else can take your spot. Without a reservation, you may be asked to wait until everyone who did reserve is served before you can eat. On occasion, there have been so many walk-ins that the volunteers (who eat last) have been the ones go-

ing hungry. Call or text Linda at 780-907-6300 up to the evening of the Wednesday before each dinner to ensure enough food is prepared.

Darts Club has Started

Every Tuesday, doors open at 6:30 for darts, with play beginning at 7:30. You do not have to be a Legion member to enjoy the evening. No experience necessary. The bar is open.

Everyone must be double-vaccinated and masked.

Christmas in October

Normally the Legion holds a "Christmas in October" dinner to raise funds for the local food bank. This year, however, because of the reduced numbers attending Friday night dinners, this will not happen. Instead, the Legion will make a donation directly to the food bank.

Poppy-decorated Afghan Raffle

Make sure you get your tickets for the "Lest we forget" patterned afghan being raffled off to raise funds for branch renovations. Raffle tickets are \$2.00 each or 3 for \$5.00, with tickets available at the branch every time it's open. The draw will be held on Remembrance Day.

MUNICIPAL ELECTION NOMINATIONS OFFICIAL LIST

Submitted by Town of Whitecourt

The list of nominees for the Town of Whitecourt 2021 Municipal Election is official.

Mayor
Chartrand, Darlene
Hilts, Ray
Pickard, Tom
Councillor
Ashcroft, Chris
Baker, Tara
Chauvet, Paul
Connell, Adam
Day, Raelene
Lanctot, Braden
Lapointe, Serena
McAree, Bill
Rose, Ashley
Schlosser, Derek



COUNTY RELEASES OFFICIAL LIST OF CANDIDATE NOMINATIONS

Election Day is October 18, 2021

The County has released its official list of candidate nominations effective noon on Tuesday, September 21, 2021.

Visit LSAC.ca/election2021 to review voting locations, voter requirements and other important information leading up to the municipal general election.

Candidates for Councillor, Division 1

- Anstead, David
- Dickson, Mark
- · Olsvik, Lorne

Candidates for Councillor, Division 2

- Fundytus, Mel
- · Gelych, Nick

Candidates for Councillor, Division 3

- · Perrin, Deborah
- · Vaughan, George

Candidates for Councillor, Division 4

- · Hoyda, Steve
- Pokorski, James

Candidates for Councillor, Division 5

- · Blakeman, Joe
- Knysh, Bo

Candidates for Councillor, Division 6

- Bohnet, Ross
- Claybrook, Michelle
- · Hagman, Harvey W.
- Nelson, Terry

Candidates for Councillor, Division 7

- · Giebelhaus, Lloyd R.
- King, Wayne
- · McMillan, Gordon W.

FORM 7



NOTICE OF ELECTION AND REQUIREMENTS FOR VOTER IDENTIFICATION

Local Authorities Election Act (Sections 12, 35, 46, 53)

LOCAL JURISDICTION: <u>LAC STE. ANNE COUNTY</u>, PROVINCE OF ALBERTA Notice is hereby given:

A. That an election will be held for the filling of the following offices:

Office(s)	# of Vacancies	Electoral Division		
Councillor	1	Division 1		
Councillor	1	Division 2		
Councillor	1	Division 3		
Councillor	1	Division 4		
Councillor	1	Division 5		
Councillor	1	Division 6		
Councillor	1	Division 7		

- B. That an election will be held for the election of a Senate nominee for the purposes of the *Alberta Senate Election Act*;
- C. That a vote of the electors will be held on the following referendum question(s) under the Referendum Act;
 - a. Should Section 36(2) of the Constitution Act, 1982 Parliament and the government of Canada's commitment to the principle of making equalization payments – be removed from the Constitution?
 - b. Do you want Alberta to adopt year-round Daylight Saving Time, which is summer hours, eliminating the need to change our clocks twice a year?

Advance Voting will take place on the 14th and 16th days of October, 2021, between the hours of 10:00 am and 8:00 pm.

Advance Voting stations will be located at Sangudo Community Hall and Gunn Hall Voting will take place on **Election Day**, the 18th day of October, 2021, between the hours of 9:00 am and 8:00 pm.

Election Day Voting stations will be located at:

 Division 1 	East End Fire Hall	and	Onoway Legion
 Division 2 	Stettin-Nakamun Hall	and	Onoway Legion
 Division 3 	Rich Valley Community Hall	and	Gunn Hall
 Division 4 	Cherhill Legion	and	Darwell Community Hall
 Division 5 	Darwell Community Hall	and	Alberta Beach Community Hall
 Division 6 	Deer Lodge Hall	and	Greencourt Community Hall
 Division 7 	Sangudo Community Hall	and	Peavine Hall

LAC STE. ANNE COUNTY NEWS

Submitted by Lac Ste Anne County

Ag Service Board Members Wanted

Multiple ASB Member Vacancies The County has several vacancies on its Agricultural Service Board.

There are three regular ASB Member vacancies in addition to two new Youth ASB memberships to fill.

Please note: Youth ASB applicants must be at least 16 years of age, and must possess a valid Class 5 driver's license The deadline for all applications is October 22, 2021.

Upcoming Road Closure

Please obey all signs and use caution around road crews

Please be advised that RR 72 between Highway 18 North to TWP RD 583 A will be closed for construction for approximately 3 to 4 weeks starting on Wednesday, September 22 at noon.

Only local traffic will be allowed.

County To Host Meetings Via Zoom

Council and MPC Meetings will be held remotely.

Please be advised that the County has switched to remote meeting presentation via Zoom for County Council and Municipal Planning Commission meetings. In-person meeting attendance will not be permitted unless an approved appointment has been made in advance with Council. Visit LSAC.ca/council for further details.

SEPTEMBER FIREFIGHTER RECRUITMENT CAMPAIGN UNDERWAY

Find your fit at CountyFire.

The County's Volunteer Firefighter recruitment drive is underway throughout September. We're looking for new members with a volunteering spirit from any demographic. Seize this opportunity to explore membership types; compensation and benefits; and training opportunities. Then submit an online expression of interest form and write your next chapter with Lac Ste. Anne County Fire Services.

From paid-on-call Firefighters to community engagement and operational support roles, there are a variety of journeys you can take with Lac Ste. Anne County Fire Services.

Thinking about joining... or maybe just learning more about us?

Visit CountyFire.ca today to see what's in store.



A little boy stops in front of a church with his bike and he sees the priest come out. The priest says, "Come inside, I want to show you something." The little boy says to the priest, "But somebody will steal my bike." The priest says to him, "Don't worry, the Holy Spirit will watch it."

So the little boy goes inside and the priest says, "Let me show you how to do the sign of the cross. In the name of the Father, the Son and the Holy Spirit, Amen. Now, you try it." So the boy says, "In the name of the Father and the Son, Amen." The priest asks, "What happened to the Holy Spirit?" The boy replied "He's outside, watching my bike."



SUMMER VILLAGE OF YELLOWSTONE SNOW REMOVAL CONTRACT

TENDER

(September 2021)

The Summer Village of Yellowstone has approximately 2.7 km of roadway and cul-de-sacs.

The contractor must supply and maintain their own equipment for snow removal (please list available equipment in your tender and note your experience in snowplowing services).

The contractor must provide a copy of a WCB clearance certificate and must have at least a 2 million Liability Insurance Policy (copies to be included with tender).

Roads and driveway windrows are to be cleared when an accumulation of sufficient snow is on the ground, sufficiency to be determined by a Summer Village representative.

The ability to sand would be considered an asset. Please provide a separate quote for same.

REFERENCES REQUIRED and to be included with tender.

The Summer Village will consider a contract with annual review of terms and conditions or a season-by-season contract.

For a tour of the Summer Village, or to discuss in more detail the scope of work, please contact Wendy Wildman, Chief Administrative Officer, at 780-967-0271.

Tenders to be sent to: Summer Village of Yellowstone Administration Office Box 8

Alberta Beach, Alberta T0E 0A0 Fax: 967-0431

Email: administration@wildwillowenterprises.com Or drop off at 4808-51st Street, Onoway, AB This tender will remain open until a suitable candidate is found.



AHS Postpones Some Non-Urgent Surgeries To Create Additional Hospital Capacity

Continued from Page 2

This will result in the postponement of some non-urgent surgeries and procedures to ensure we have the beds and staff required to take care of all patients needing hospital care, including those with COVID-19 as well as other Albertans who are sick or

injured.

This proactive approach mirrors similar surgical reductions during previous waves. AHS will maintain emergent, urgent procedures, as well as prioritized cancer surgeries.

These measures will help free up space in our hospitals for patients who need a higher level of care, and allow us to redeploy frontline staff and resources to areas of greatest need.

Any patient whose surgery or procedure is being postponed due to this temporary reduction will be contacted directly by AHS. To date, service adjustments are being planned in two zones.

In the North Zone, approximately 45 elective surgical procedures per week

at the Queen Elizabeth II Hospital in Grande Prairie will be postponed starting August 30. This will allow the site to increase bed capacity and create a dedicated COVID-19 unit.

In the Edmonton zone, up to 30 per cent of non-urgent surgeries and procedures will be postponed starting August 30.

AHS is currently working through the province's surgical backlog brought on by the pandemic. For the last two months we have been operating at 100 per cent of pre-COVID-19 surgical levels, and have been performing more non-urgent scheduled surgeries.

All backlogged surgeries in wave one have been rebooked and 96 per cent of all delayed surgeries from wave one, two and three have been completed.

We strongly urge all eligible Albertans to get immunized as quickly as possible, and to continue following preventative measures such as staying home when sick.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.



TOWN OF ONOWAY NOTICE OF PUBLIC HEARING BYLAW NO. 790-21

Pursuant to Section 606 of the Municipal Government Act, the Council of the Town of Onoway gives notice that it has given First Reading to Bylaw No. 790-21 a Bylaw to amend Land Use Bylaw No. 712-13 to redistrict a portion of lands legally known as Plan 4114 TR; Block A from Residential – Single Family Narrow Lot District (RIN) to Urban Services District (US).

The Public Hearing for Bylaw No. 790-21 will be held on Tuesday, October 5th, 2021 at 7:00 p.m. at the Onoway Museum & Heritage Centre located at 4708 Lac Ste. Anne Trail North, Onoway, Alberta, as well there will be a virtual opportunity to participate.

Anyone affected by this proposed amendment may make a written or verbal submission. Your submission should contain your name and address; the location of your land; and your comments. Opportunity will be given to make both verbal and/or written submission at the time of the hearing. This public hearing is your opportunity to provide testimony & comment with respect to this proposed bylaw amendment, it is not a debate, it is not a question and answer session.

Written Submissions can be provided to:

Mail: Town of Onoway, Box 540, Onoway AB T0E 1V0 / Drop-off: 4812-51 Street, Onoway, Alberta Fax: 780-967-3226 / email: info@onoway.ca Questions or Further Information can be obtained from Tony Sonnleitner, Development Officer, at 780-718-5479 or email at pcm1@telusplanet.net.

A copy of the notice along with proposed Bylaw 790-21 can be viewed on the Town's website, along with the virtual login information for this public hearing. www.onoway.ca



September 28, 2021 Community**Voice** Page 7

ALBERTA RCMP MAJOR CRIMES UNIT INVESTIGATING DOUBLE HOMICIDE IN HINTON

Submitted by Alberta RCMP

On Sept. 16, 2021, at approximately 6 p.m., Hinton RCMP responded to a report of a missing 24-year-old female and her 16-month-old toddler who were last seen in Hinton.

Hinton RCMP, along with the assistance of Alberta RCMP Major Crimes, have been investigating this occurrence. The investigation is ongoing in the Hinton area and RCMP can now confirm that both the mother and her child have since been located deceased.

On Sept. 17, 2021, Alberta RCMP Major Crimes arrested

a 53-year-old male in Hinton, in relation to this investigation. He remains in custody at this time

Robert Keith Major (age 53) from Hinton, has been charged with two counts of 2nd degree murder and 1 count of indignity to human remains. He has been remanded into custody and is scheduled to make his first court appearance on Tuesday, September 21, 2021 at 10:00 am in Edson Provincial Court.

Investigators have learned that Robert Major lived in the same apartment complex as the 24-year-old female victim and her 16-month-old child. No other connection has been identified by between the victims and the perpetrator and police are not seeking any other suspects in this case.

Autopsies are taking place at the Edmonton Medical Examiners office today, September 18 and tomorrow, September 19, 2021.

This tragic loss of life is incredibly difficult for all involved, especially the family of the victims. The family has asked for privacy to grieve at this time and of respect for the wishes of the family, the names of the deceased will not be re-

leased by the RCMP.

Autopsies were completed at the Edmonton Office of the Chief Medical Examiner and the manner of death was deemed to be homicide in both autopsies.

Robert Major's next scheduled court appearance in Hinton Provincial Court is Oct. 20, 2021.

Due to inquiries from the public and the media, the Alberta RCMP would like to clarify that Robert Major had not been subject to any Recognizance conditions since July of 2020.

MP SOROKA EXPRESSES HIS GRIEF OVER THE TRAGIC LOSS OF MCHALE BUSCH AND NOAH MCCONNELL

Submitted by Gerald Soroka, MP

As the Member of Parliament for Yellowhead, I am completely heartbroken over the heinous crimes that took place in our community of Hinton. I would like to extend my sincere condolences to the family and friends of Mchale Busch and Noah McConnell.

Knowing that a convicted sex offender had the freedom to commit two counts of second-degree murder and take two innocent lives is a complete failure of our justice system. This tragedy has highlighted the need for stricter laws surrounding the parole of sex offenders.

Cody Lee McConnell (spouse/father) started a petition on Change.org that will call on the government to: Amend the Criminal Code of Canada sentencing provisions for repeat sexual offenders by requiring mandatory minimum sentences for offenders with multiple sexual assault

convictions who are designated to be at high risk to reoffend and lifelong parole.

Further, require registered offenders to update their personal information, including address and contact information every month or face jail time.

I strongly support this petition and encourage everyone to take the time to sign it. These are reasonable amendments to the Criminal Code, and I promise to take these much-needed changes to Parliament.

I will be consulting with the Parliamentary Law Clerk and our Conservative Shadow Ministers for Justice and Public Safety and with their support I plan on introducing a Private Member's Bill entitled 'Noah's Law'. I will work towards all party support so that the law is changed once and for all.

Until then, I hope the family and friends of Mchale, and Noah can take solace as our community rallies around them offering our comfort and support in this agonizing

imes





GOLF COURSES MANAGE PESTS TO PROTECT THEIR TURF

Golf courses are valuable green spaces in many communities, and the sport is enjoyed by Canadians of all ages.

We want our favourite course to be healthy, but this requires a lot of attention. Despite best efforts, sometimes golf courses are affected by pests. These can include turf diseases like dollar spot and snow mould, which affect

and can cause significant turf loss, according to experts. Turf insects feed on the grass and can inflict severe damage. Weeds are also a threat, because they compete with grass for moisture and affect the playability of a course.

To control pests, golf courses practice integrated pest management, using the right tool at

normal growth of grass the right time to treat an infestation. This includes pesticides, which are regulated by Health Canada to ensure they are safe and effective in controlling the pests they are designed to target. They help maintain healthy vegetation and playing surfaces, and also offer many environmental benefits.

Golf courses are often lo-

cated in urbanized areas and can be valuable green spaces that help preserve habitats for wildlife and waterfowl. Data show that healthy turf and trees act as natural air conditioners by producing large amounts of oxygen, while removing carbon dioxide. Did you know that healthy turf grass can sequester almost 900 kilograms of carbon per hectare each year?









ONOWAY LEGION COVID CLARIFICATION

Submitted by Onoway Legion

At the last general meeting of the Onoway Legion, the decision was made to require double-vaccination for everyone participating in all Legion events.

As many businesses and organizations have discovered, with the continuing rise in active COVID cases, the choice is to put restrictions in place or close again. AHS guidelines make masks mandatory in all indoor public spaces and workplaces except when eating and drinking. This applies to Legion volunteer workers as well.

Some local people have questioned the need for the double-vaccination requirement so to clarify, here are the more frequent questions with answers.

1) What is the new vaccination requirement at the Onoway Legion?

You must be double-vaccinated against COVID-19 to enter the Onoway Legion Hall for all Legion activities, including meetings, sports events (darts, pool) and Friday night suppers.

2) When does this new requirement take effect?

It takes effect right away, but we will work with volunteers, members and patrons of the Legion to help people comply with the new requirement. We prefer education and encouragement as our primary tool.

3) Why is this being done now?

This is being done now because of the high rate of transmission of the Delta variant of COVID-19 as a way (combined with others such as physical distancing and mask wearing) to help protect our vulnerable volunteers, members and patrons, many of whom are in higher risk groups, so that we can keep our Legion

open, safe and available to as many members and other patrons as possible.

4) What proof needs to be shown?

You need to show a written copy of your vaccination certificates. If you cannot locate the certificates that you were given upon vaccination, you can get another copy online through MyHealth Records (or use the MyHealth Records app) or by requesting another copy from the pharmacy or Doctor's office where you received your vaccine or by calling 811 if you got your vaccine at an AHS clinic.

5) What are the exceptions to this requirement?

There are three categories of persons who are exempt for this requirement, and efforts will be made to accommodate these persons.

- (1) Persons who are unable to be vaccinated (a note from a physician needs to confirm that).
- (2) Persons whose religious beliefs preclude the vaccination (a written note from a religious official such as a Minister explaining how vaccination interferes with the person's core religious beliefs must be provided).

(3) Persons who are under 12 years of age.

6) How will information about my vaccination status be protected?

Persons will be required to show proof of vaccination upon entry. No copies of vaccination certificates will be taken or otherwise recorded or stored in any way.

7) Who will be enforcing this?

Legion volunteers will be enforcing this requirement as persons enter the Legion Hall. Please respect the fact that they are just doing their job.

8) Can I refuse to provide my vaccine status or proof of my vaccine status? Yes, you can refuse to pro-

vide your vaccine status and/or proof of that status. However, you will not be permitted to enter the Legion Hall and take part in Legion events if you choose not to provide the required proof of vaccination. We will be trying to assist with work-arounds, such as takeout meals for those who cannot enter.

9) What about private events that take place at the Legion?

Decisions about vaccination requirements, and enforcement, are the responsibility of the person or group responsible for the private event. Legion staff will be required to follow AHS requirements.



PLANNING & DEVELOPMENT

NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at 1-866-880-5722 or <a href="mailto:devaluational-devaluationa-devaluationa-devaluationa-devaluationa-devaluationa

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DEADLINE
21-D0263	Lot 103, Block 1, Plan 0726923, Lessard Landing, within NE 34-55-5 WSM 103, 55530 RGE RD 52	Shipping Container – 8.0' x 20.0' (160.0 sq. ft.) and a Recreational Vehicle	Oct. 11, 2021

Anyone who claims to be affected, and who wishes to lodge an appeal against any of the above developments, must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development department, Box 219, Sangudo, Alberta, TOE 2A0.

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. Fees may be paid by Cheque, Visa, MasterCard, Interac or Cash.

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Fall HOME RENOG

SEPTEMBER 2021





FACTORS TO CONSIDER WHEN PLANNING A HOME OFFICE

As technology has made working remotely easier, more and more professionals are working from home. Working from home can help working parents save money on child-care costs and help all workers avoid rush hour traffic jams and the costs of commuting to and from the office.

The right working environment is essential for men and women who work from home. An environment that's conducive to work can help people increase their productivity and make their employers more likely to allow more employees to work from home. Professionals who are new to working from home may find it takes some time before they

can create the perfect working environment, but the following are a few factors to consider when planning a home office

Space

One of the disadvantages to working from home is that remote workers don't have access to the same level of equipment as in the main office, such as color copiers or scanners. If you want to include even scaled-down versions of such equipment in your office, you will need ample space. In addition, less spacious home offices can feel too tight and enclosed, making workers uncomfortable and less enthusiastic about working every day. Pick a spot in

your home that affords room for your equipment and the ability to move around so you don't feel cramped throughout the workday.

Continued on Page 12

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HOME



Factors To Consider When Planning A Home Office

Continued from Page 11

Lighting

Lighting is another factor remote workers must consider when they're planning their home offices. Natural light can provide an energetic boost and improve your mood, so choose a room in your home that gets lots of sunlight during the day. Many professionals who work remotely do so from the basements of their homes, which can make it difficult to rely on natural light. If the basement is the only location in your home that can fit a home office, look for lighting sources that replicate daylight so you are not working in dark quarters. Speak with your physician

about how to arrange lighting to reduce eyestrain caused by staring at a computer.

Connectivity

Connectivity also must be considered when planning a home office. While wireless Internet has made Internet dead zones less problematic, certain areas or rooms in your home may still be touch-and-go with regard to Internet connectivity. Such areas should be avoided when choosing a room for your home office, as it can be difficult to remain productive if your connection to your office's external server is routinely compromised. Find an area where the wireless connection is always strong.

Distractions

While your home might be empty for much of the day, you don't want to be distracted when the kids come home from school or when your spouse or roommate arrives home from work. Avoid putting your home office too close to popular hangout areas in your home, such as the kitchen and the living room. Instead, choose a room where you have lots of privacy so you can focus on your work and won't be routinely interrupted.

Working from home can pay numerous dividends, but professionals who telework must put careful thought into the rooms or areas of their homes where they plan to work.

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September 28, 2021 Community VOICE Page 13



HOW TO PREVENT MOLD GROWTH IN YOUR HOME

Mold plays an important role in nature. Mold breaks down dead organic matter, including fallen leaves, and speeds up the decomposition process so nutrients can return to the soil as quickly as possible. But mold inside a home can be a formidable foe, triggering allergic reactions and increasing a person's risk of developing respiratory problems. Mold can even cause damage to a home by attaching itself to wood and breaking down that wood.

Because the consequences of mold growth inside a home can be so dire, it's

important that men and women take steps to prevent mold growth in their homes and apartments. The U.S. Environmental Protection Agency notes that controlling moisture levels in a home or apartment is the key to controlling mold as well.

·Address spills quickly and properly. Many instances of mold infestations can be traced to leaks or spills that were not quickly or properly addressed. The EPA advises that wet or damp materials or areas should be dried within 24 to 48 hours to prevent the growth of mold. Make sure spills are

thoroughly cleaned as opposed to a cursory cleanup of only the areas visible to the naked eye.

Continued on Page 14











How To Prevent Mold Growth In Your Home

Continued from Page 13

Inspect nearby crevices when spills occur to ensure the area where the spill happened and all surrounding areas vulnerable to mold growth are dry. In addition, fix leaky plumbing fixtures immediately, hiring a professional if necessary.

Inspect the ground surrounding your home. Factors outside a home can sometimes contribute to mold growth within a home. Make sure the ground outside your home slopes away from the foundation. If the ground slopes toward your home, rainwater or runoff from sprinkler systems may direct water into your home, creating conditions favorable to mold growth inside. Gutters and downspouts also should be inspected to ensure they are working optimally. If not, they can contribute to water damage on the roof that can ultimately lead to mold growth.

•Monitor indoor humidity. The EPA advises that homeowners keep indoor humidity below 60 percent relative humidity, which can be measured with humidity meters available at many hardware stores.

Homeowners who can keep indoor humidity at levels 30 to 50 percent below relative humidity might be even more successful at keeping indoor mold growth at bay.

Dry wet surfaces immediately. Surfaces can become wet even if a home has no leaky fixtures and no spills have occurred. For example, the surfaces of bathroom walls, ceilings and floors get wet when a home's inhabitants take hot baths or showers. That condensation is natural, but such surfaces are also susceptible to mold growth. Make sure to dry

wet surfaces immediately, and keep exhaust fans on or windows open when bathing to decrease the likelihood of mold growth.

Mold growth can be detrimental to human beings and their homes. But many mold infestations are easily prevented.









September 28, 2021 Community VOICE Page 15



Entries must be recieved by October 29, 2021.

Mail to: Jack O'Lanterns, c/o Community Voice Box 3595 Spruce Grove, AB T7X 3A8 Page 16 Community**VOICE** September 28, 2021

ALBERTA RCMP LAUNCHES ONLINE CRIMINAL RECORD CHECKS IN SELECT DETACHMENTS ACROSS THE PROVINCE

Submitted by Alberta RCMP

In an effort to provide simpler, more efficient public service, a pilot of an online criminal record check tool begins Sept. 22, 2021 in select Alberta RCMP detachments. Criminal record check information typically obtained from RCMP detachments can now be accessed online. If this online service option is successful, it will be expanded to other locations.

A criminal record check is obtained to determine if a person has been charged or convicted of a crime. Vulnerable sector checks (VSC) are included in the service provision for criminal record checks. A VSC is a police information check which is done to protect children and other vulnerable people from physical, sexual, mental, and financial abuse. A VSC is the most thorough of all background checks available.

Online criminal record checks will be processed within the same timeframe as they are typically done in person and will be mailed to the applicant, unless arrangements have been made for collection at the detachment. The timing of this tool is important and beneficial, as physical distancing measures have encouraged people to minimize gathering and proximity with others.

The pilot program is currently only available to the following detachments: Bashaw, Cochrane, Consort, Drayton Valley, Drumheller, Grande Prairie, Provost, St. Albert, St. Paul, Sundre, and Sylvan Lake. Criminal record checks will continue to be available in person at all detachment locations and will be the only option for any location area not covered for the pilot program.

To Vote Lac. Ste. Anne County

D. In order to vote, you must produce identification for inspection. The identification must be one or more of the following as required by section 53 of the Local Authorities Election Act.

Any of the following documents that has the voter's name and address on it will be accepted as valid proof:

- Identification issued by a Canadian government, whether federal, provincial or local, or an agency of that government, that contains a photograph of the elector and their name and current address.
- Bank or credit card statement or personal cheque.
- · Government cheque or cheque stub.
- · Income or property tax assessment notice.
- Insurance policy or coverage card.
- Letter from a public curator, public guardian or public trustee.
- · Pension plan statement of benefits, contributions or participation.
- Residential lease or mortgage statement.
- Statement of government benefits (for example, employment insurance, old-age security, social assistance, disability support or child tax benefit).
- · Utility bill (for example, telephone, public utilities commission, television, hydro, gas or water).
- · Vehicle ownership, registration or insurance certificate.

A letter or form (attestation) confirming that the person lives at the stated address will also be accepted as valid proof. The letter can be signed prior to the vote by any of the following:

- · authorized representative of a commercial property management company;
- authorized representative of a correctional institution;
- authorized representative of a First Nations band or reserve;
- · authorized representative of a postsecondary institution;
- · authorized representative of a facility that provides services to the homeless; or
- authorized representative of a supportive living facility or treatment centre.

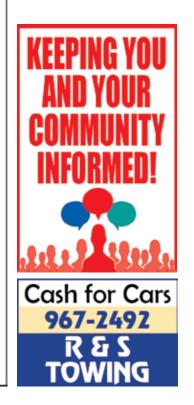
If a voter's identification shows a post office box number as the address instead of a residential or legal address, it can be accepted as verification of current address if it is in reasonable distance to the voting jurisdiction. The address does not have to be in the voting division or ward.

An elected authority could, by bylaw, require additional verification or a combination of verification to establish the person's specific current address.

As required by section 53 of the Local Authorities Election Act.

DATED at Lac Ste. Anne County, in the Province of Alberta, this 20th day of September, 2021.





September 28, 2021 Community**VOICE** Page 17

Classified Ads - Call 962-9228

Classified Policy

CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion = \$6.00: Subsequent insertion = \$3.00 each. (Eg: 2 insertions = \$9.00; 3 insertions = \$12.00; 4 insertions = \$15.00; etc) Each additional word is 20 cents per word, per insertion. BOLD/ CAPITAL text available for an additional \$1/line. Lost & Found and To Give Away (up to a max. of 25 words) are free of charge. Ads must be paid in advance either by cheque, cash, Visa or Mastercard. No Refunds Allowed on Classified Ads. DEADLINE: is Thurs. 4:00 pm (Wed. 4:00 pm on long weekends). Classified ads may be called in to the COMMUNITY VOICE office at (780) 962-9228, emailed to: classifieds@ com-voice.com, dropped off at Onoway Registries, or mailed with your ad and payment to: COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8.

Ads may also be placed on the web at www.com-voice.com/classified.htm

Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Seniors 50+ Club. Air conditioning! Space Available! Val: 780-690-1655 or Dianne: 780-217-8482

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Centennial Hall, 780-892-3099

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

EVENING AUCTION 2 Estates

Wednesday, Evening Oct 6 at 4 PM

Located: Barrhead Rodeo Grounds

EVERYTHING IN GOOD TO EXCELLENT CONDITION

Major Items: *2012 Dodge Ram 1500 SLT Crew Cab w (160,000km), 4WD, black, canopy *2001 Forest River 26ft B/Hitch Holiday Trailer *2W Quad Trailer *JD 2305 Tractor w FE Loader, 3pt, Mower Attachment, nice *Yamaha EF 2400 Inverter Generator *Quality Yard Eq - Poulin 16 Chain Saw, Troy Bilt Weed Eater, Cm Weed Eater, Husg Rear Tine Tiller, More *Sets of Tires

Quality Shop Tools: "HD Table Saw w 4ft Ext *Many DeWalt and Other Power Tools *Air Compressor *5 Brad Nailers *Makita Compound Miter Saw *Battery Charger/Booster *Socket Sets *Emergency and Shop Lights *Plus Lots More of Excellent Items *Eltc Power Tongue Jack

Like New Recreation: *New Outdoor Stove/Oven *Lots of Fishing Rods Etc.,Camping Eq, Outdoor Clothing As New *Many More Interesting Items Plus A Second Estate: *30ft Enclosed Trailer Full of Household Goods Sells at 4 PM

vww.parsons-auctions.con

PARSONS AUCTIONS LTD

CHARLES 780-674-7704

780-674-5999

JEFF 780-305-4328

ONLINE AUCTION SALE HARVEST CONSIGNMENT SALE

Hwy 16A West Range Road 11 Stony Plain, AB Rainbow Consignment Center

October 4, 2021

Auction List:

*Estate Sale - Courtney Keller - Sangudo AB - well known Guitar Luthier

*Retirement Sale - Jerry & Gladys Chieduch -Lessard Lake Subdivision

*Keller Convenience Store Sale - Complete Close Out - Fort McMurray AB

*Retirement Sale - Ute Schneider - Stony Plain, AB

*Semi-Retirement Farm Sale - Ernie Thiebeau, Duffield, Alberta

Plus Many Other Consignors

Load of Trees

Bidding to Open Monday, Oct 4, 2021 @ 6:00am Starts Closing Friday Oct 8, 2021 @ 2:00pm

Load out TBD

This sale will be online internet bidding only.

As new product comes in our online auction catalogue gets updated.

Keep checking in so you don't miss anything.

Large selection of John Deere tractors and farm equipment from various consignors.

Watch website daily for new additions to auction lists

Terms and conditions: Cash, Visa, MasterCard, Debit, Interac. Nothing to be removed until paid for. Subject to additions and deletions. A 10% handling fee, plus GST will be charged where applicable. Please be conscious of the handling fees and factor them into your bidding. Owner Rainbow Auctions & Liquidators or it's employees shall not be responsible for accidents.

-SALE CONDUCTED BY:-



Stony Plain, AB. 780-968-1000 or TOLL FREE 1-866-968-1001

Complete Liquidation and Auction Services Since 1978 www.rainbowauctions.ca BOOK YOUR SALE WITH US TODAY! Page 18 CommunityVOICE September 28, 2021

Classified Ads - Call 962-9228

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/ Classrooms, 967-1015

Onoway Legion, 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @ PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-2904 or 305-4616

Stettin Nakumun Comm. Hall, 967-9198

Services

Stump Grinding For Hire - Alberta Beach & Surrounding Areas. Call 780-779-3589 (30) 02-11

Wanted: Standing timber. Are you looking to cut your woodlot before pine beetles or forest fires destroy it? Top dollar paid. Call Paul 780-706-1470 (12) 23-11

Dog Caretaker

Alberta Beach & Surrounding Areas, thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel?

Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper

than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 19-10 OG

For Sale

Hot Top, works great, \$1500! Galvanized metal 16ft, \$25.00 a sheet. Located in Evansburg 780-239-0553 (4) 10-12

Sheet metal 16ft., green colour. \$30.00 per sheet. Ventilated roof caps, 12 ft and \$30.00 per roof cap. Located in Evansburg 780-239-0553 (4) 19-10

Personals

Widow, 60's in Alberta. If you are a man of faith, integrity, ambition, 62-72 good mental, physical health. Phone/text 780-512-5120 (3) 09-28

Computers

FREE computer checkup, repairs NOT over \$50. Save photos from broken old computers. Like NEW refurbished Laptop or Desktop windows 10, registered for only \$150. Call or leave message 780-892-2407(24) 21-12

Farm Equipment

SHULTE rock picker \$1000 obo. New Holland 1024 sqr baler wagon \$1000 obo. 780-967-2104 (6) 09-28

For Rent

Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$975 + tax. Please call for viewing, 780-967-4420 or 780-945-1723. www. onowayinnandsuites.com (4) 19-10 OG

Year round cabin for rent north of Evansburg on Hwy 22 (15 mins from Evansburg). \$1050/month + DD. All inclusive, utilities & TV. Max 2 people. Call 780-239-0553 (4) 10-05



PET PRODUCTS

PET CHEW TREATS

KEY BENEFITS

SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects.

NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication DIETARY SUPPLEMENT: Can be administered daily



ORAL SPRAYS & DROPS KEY BENEFITS

function and the

PROMOTES HEALTH: Helps

WELL-BEING: Helps to relieve

to promote relaxation and overall health.

anxiety, aid in digestion, supports optimal immune

regeneration of healthy cells.

convulsions.

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain. TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling. GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets.

CONVENIENT: Can be sprayed into

For more information, Call (780) 907-8642

Anti-Aging Uses For

Pure Hemp

Promotes more youthful skin, provides hydration, enhances radiance, leasens age lines as well as the appearance of dark spots.

MMUNITY EVENTS 2

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

NOTE: Please inquire first as COVID-19 restrictions may still apply.

FARMERS MARKETS

ALBERTA BEACH: Sundays, 11:30 - 3pm. Contact Hali 780-666-1604 *May

BARRHEAD: Saturdays, 10AM-1PM at Barrhead Agrena. Sherry 780-674-6802 *May - Dec

ONOWAY: Thursdays, 5-8PM at Onoway Community Hall. 780-667-6327 or onowayfarmersmarket@gmail.com. *

Starts May 1st.

SPRUCE GROVE: at the Elevator, Sat 10:00-1:00PM, Info (780)288-6174 *April

- Dec.
STONY PLAIN: Saturdays, 9AM-1PM,
Community Centre Downtown, Stony
Plain. Nancy 780-962-3993. *April - Dec.
WHITECOURT: Tuesdays 11AM-2PM,
Whitecourt Legion Hall, 779-7002. Whitecourt ***May - Oct.**

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO: Tuesdays at Cherhill Community Association. 6:30рм, Games @ 7:30рм. Doors @

6:30PM, Games @ 7:30PM.

CHERHILL LEGION: First Sunday of Month. Doors Open 12:00PM

RICH VALLEY COMMUNITY HALL BINGO: 7:30PM. Loonie Pots. Next bingos Sept 1st, 15th,29th CLOSED UNTIL FURTHER NOTICE.

STONY PLAIN SENIOR'S DROP-IN
CENTRE, public bingo every Tues, 7PM.
All ages welcome. Phone (780) 963-

WHITECOURT SENIORS CIRCLE, Every Tuesday. Open @ 5pm, 1st call @ 6:45pm, Nevadas, Concession. 780-778-4950 ***Sept - June**

MEAT DRAWS

ALBERTA BEACH: Lac Ste Community Choir & Onoway Minor Hockey Meat Draw - Sundays, 4:00PM at Jungle's Bar & Crill.

at Jungle's Bar & Grill.

BARRHEAD ROYAL CANADIAN

LEGION: Fridays 6:00PM. Queen Of

Hearts draw & 50/50.

ONOWAY ROYAL CANADIAN LEGION:

Fridays, Ph. 780-967-5361

STONY PLAIN ROYAL CANADIAN
LEGION BR# 256: Saturdays @ 3:00PM.
Meat Draw & 50/50.

WHITECOURT LEGION: Saturdays

4:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@icloud.com

WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001 MAGNOLIA: at Magnolia Hall. 2nd Saturday of Month, New Time is 1:00PM. Call to confirm, 727-2015. *October - Mary Magnetic 1.00 ps.

Call to confirm, 727-2015. *October - May, NO Dec.
SANGUDO: Sangudo Community Hall
Jamborees will start the 1st SUNDAY
of the month @ 1:00 pm as soon as
possible. Current restrictions make
Jamborees too risky. Please get fully
vaccinated so we can continue these
important functions soon. Watch for
further updates & keep safe, thanks.
Info call
785-4105 or 305-5088.
SPRUCE GROVE: at Sandhills
Community Hall, 3° Sunday, 1-5PM. Info
Florence 780-962-3104 Margaret 780962-3051 *September - June.

Edmonton Northwest Senior's Center: 12963 - 120st NW, Every Wed From 1-3:30pm Aug & Sept Admin: \$5 non members \$2 members Yearly membership \$30 STONY PLAIN: Stony Plain Seniors Drop in Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2.

4" Inurs of month, 7PM, \$2.

WHITECOURT SENIORS CIRCLE: 2nd
Sunday of the month 1-5PM, \$5/Adm
Door prizes & 50/50 draw. 780-7784950 *Nov - June

TOPS (Take Off Pounds Sensibly)

SANGUDO: Tues, United Church, 6:00PM. Toni (780)-786-4612 or Sandy (780-305-9669

STONY PLAIN: Thurs evening at 5:30PM, Stony Plain Library. Susan (780) 968-0869

SPRUCE GROVE: Mon at 5pm at Anglican Church, 131 Church Rd. Betty (780)-962-3857 (786)-962-3857

SPRUCE GROVE: Tues at 6:15pm at Anglican Church, 131 Church Rd. Sharren (780)-962-27722

SPRUCE GROVE: Wed at 8:45am at Anglican Church, 131 Church Rd. Christiana

at Anglicali Christianne

YOUR COMMUNITY

THE LAC STE ANNE COMMUNITY CHOIR Meets every Wednesday at 7:00 pm in the Heritage Centre in Alberta Beach & welcomes new members who are fully vaccinated. Please wear a mask & abide by Covid rules. MAYERTHORPE LEGION BR. #126: Seniors' Floor Curling – Thurs @ 1pm. Fun Darts – Thurs @ 7pm. Wings Night – 1st Friday of month 5-8pm. Everyone welcome. For more info please call 780-786-2470. THE LAC STE ANNE COMMUNITY

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7pm to 10pm for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3pm-10pm. Friday's Family Friendly Dinner, 5:30pm (open to the public)

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact
Drug Rehab Resource free confidential
consultation. 1-866-649-1594 or www.

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00pm. Info 960-4600. UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.

FREE TUTORING FOR ADULTS: Need help with reading, writing, math, English language (ESL) or basic digital skills? Free 1-on-1 and small group tutoring! Odette Lloyd 780-220-6460. calp@norquest.ca
WATER SAMPLE DROP OFF: Tues

Onoway Aspen Health Services. Drop off 1:00-2:30 PM.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone

BADMINTON: Wed, 7-10PM, Barrhead High School Cym. Jamie (780)674-8974 or (780)674-6974.

COME PLAY CRIB: Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is

Served. All ages!
COUNTRY QUILTERS in Stony Plain
house a "Sew in Tuesday", 2nd Tuesday
of every month, from 10-3рм. Drop in

or every montin, from IO-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING

4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www. mayerthorpelibrary.ab.ca (780)786-2404

"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00AM starting May. Funded Lac Ste Anne

ONOWAY GOLDEN CLUB: Cards Tuesdays, 1PM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436. ONOWAY HAVE FUN & GET FIT!

Excercise Class with Video La Blast.

Fridays 10:30AM at the Drop in Centre,

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July,

RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9pm, 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

Lorainne 286-5040. SANGUDO ART CLUB meets every Thursday morning at 9AM at the Sangudo Community School. New members welcome. For further information call Brenda at 780-785-

2402.

SPIRITUAL LIVING STONY PLAIN CINEMA & LIVING SPERCY BUILDING STONY PLAIN CINEMA & LIVING STONY PLAIN CINEMA & LIVING STONY PLAIN CATHERING at PERC Building (5413-51 SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM, PH 780-940-3032

WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00PM. 780-

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

1ST ONOWAY SCOUTS: Registration, Mondays 6:30-8pm. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339. 2716 ROYAL CANADIAN ARMY

CADETS, Wednesdays 6:30-9:00pm at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842

CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30 PM. Youths 12-19, 067, 047

18, 963-0843
3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 200 006.1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30рм, High School. Ages 12-18. 780-305-7233

PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall,

Thurs 8рм. (780) 786-2604 от (780) 786-

AA - SANGUDO GOLDEN CLUB, Tues RPM call 786-4402/785-9214/785-3599 AL-ANON Wednesdays, 8pm. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

780-962-5205

ALBERTA 55 PLUS: Villenvue Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB

meets every 4th Tues 7:00pm, Alberta

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs of month, 7:00pm, Alberta Beach Agliplex.

ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00рм at Heritage House 924-3167.

924-3167.

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St.

Onoway

BARRHEAD & AREA CANCER

SUPPORT GROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church.

BARRHEAD ROYAL CANADIAN

LEGION, meeting every 2nd Thurs, 7PM

at the Legion Hall.

CHERHILL COMMUNITY ASSOC.

Monthly Meeting 1st Wednesday, 8PM

at the Hall. 785-2825 *Except Jan, July,

Aug Sept.

Aug. Sept.

CHERHILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month, Cherhill Seniors Hall. Call

CHERISHED MEMORIES, PARENTS &

ROSAMY /80-785-2625
CHERISHED MEMORIES, PARENTS &
TOTS Wed & Fri, 10-12PM, Alberta Beach
Agliplex. Info call /780-902-4879 or 780999-7622. *Sept-June.
Citizens Helping In Life's Defence
(C.H.I.L.D) Join our Pro-Life meetings
for the Spruce Grove/Stony Plain area
once a month. Call Chris 780-963-6997.
DARWELL & DISTRICT AG SOCIETY
MEETINGS, 8:00PM, 1st Monday, Darwell
DDRA MEETING, 7:00PM, 2nd Mon,
Darwell Centennial Hall 780-892-3099.
*except Jul/Jau/Dec
CriefShare: Weekly grief support
group held on Tuesdays 6:30 - 8:30
pm, starting Sept 14 at Crossroads
Community Church, 4419 44 Ave,
Mayerthorpe. \$25 for 12 sessions. Preregistration required. Call 780-7862695 today.

2695 today.
GIRL GUIDES, BROWNIES & SPARKS

GIRL GUIDES, BROWNIES & SPARKS
Thurs, 6:30PM, Onoway Heritage
Centre. Info Laura, 780-967-1004.
GREENCOURT

COMMUNITY
ASSOCIATION

meet 2nd Tuesday,
monthly at 7:30PM at the hall. Info W.
Jager (780) 786-4648.
KINETTE CLUB OF MAYERTHORPE,
7:30PM at Kinsmen Hall, 1st Tuesofmonth.
Contact: mayerthorpekinettes@gmail.
com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs,
6:30-9:30PM at Onoway Museum (780)

6:30-9:30рм at Onoway Museum (780)

LAC STE ANNE COMMUNITY CHOIR, Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel), Further info, call Diane @ 780 924-2348.

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7pm, Alberta Beach Council

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121 MAYERTHORPE HOSPITAL AUXILIARY
ASSOC, every 4th Mon, 5PM in Hospital
Basement Education Room.

Basement Education Room.

MAYERTHORPE LEGION BR. #126:
Meetings 2nd Mon of month at 7:30 PM.
For more info please call 780-786-2470.
MEN FOR SOBRIETY: Wednesdays at 7:30 PM, FCSS Building (#105, 505)
Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9 PM, Westview Health Centre. Cassy 780-471-3034 "Sept-June NA MEETING, Tuesdays 7:00 PM Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:00 PM,

ONOWAY & DIST HERITIAGE SOCIETY: 2nd Wed of each month, 7:00PM, Onoway Legion ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, vla @ 780-967-26

ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7рм. ***Sept**-

June
RICH VALLEY AG SOCIETY BOARD
MEETINGS: at the Agriplex on the 2nd
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SANGUDO PAINTING GROUP:
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Community School. Info, call 780-7852112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

Service Sunday

10:00am

For Info Call Jerry

(780) 974-7734

St. Elizabeth Parish,

Saturday 7:00p.m.

(780) 786-2032

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets ANSWER:

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10:30a.m.

(780) 786-2424

Sunday Worship

9:00s.m

Service & Cottage Bible Phone for locations

to solve the puzzle!

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

6				4	1			
1		5	6			2		
	4				2			3
				6	9	7	8	
		6	7					
			8			6		2
				9			7	4
4		2	3	5				
	9			8		5		



10:30a.m.

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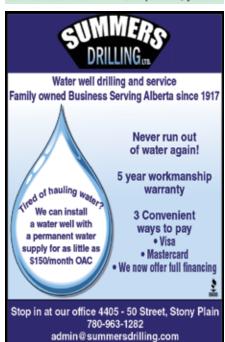
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