

Serving: Alsike, Brazeau County, Breton, Calmar, Devon Drayton Valley, Leduc, Sunnybrook, Thorsby and Warburg.

**December 21, 2021** 



# BRETON RCMP SEEK PUBLIC ASSISTANCE FOR BREAK AND ENTER TO LOCAL BANK AND BUSINESS CAUSING EXTENSIVE DAMAGE

Submitted by Breton RCMP

On Nov. 28, 2021, shortly before 3 a.m., Breton and Thorsby RCMP received a report of a break and enter in progress to a bank on 50 Street in Warburg. Heavy duty equipment was used by suspects to ram the side of the building causing significant damage. Three suspects fled the scene making off

with an undisclosed amount of Canadian currency in a dark dually style pick-up truck.

Breton and Thorsby RCMP attended the scene to find the building significantly damaged and, after searching the building and immediate surroundings, that the suspects had fled. The investigation then proceeded to a nearby business from which the front end load-

er was stolen. Suspects had forced entry into that building. RCMP Forensic Identification Section examined both scenes for evidence.

The investigation has identified the pick-up truck used to flee the scene as one was reported stolen on Nov. 28, 2021, at approximately 8:30 a.m., in Warburg. The stolen pick-up truck is described as a black.

2007, Ford, F350 dually with Alberta licence plate VBK19.

- Suspect #1 is described as:
- •Male, 6' tall and heavy set
- •Wide, thick shoulders,
- •Light brown bib style cover-
- •Black sweater with hood up;
- •Dark hat with possibly a headlamp
- Dark gloves
- •Grey/light coloured mask/ face warmer
- •Light brown/leather coloured skate board
  - Suspect #2 is described as:
- •Male, 6' tall and skinny build
- Dark colored boots,
- ·Dark colored pants
- •Black softshell jacket with white lettering on left and right breast
- Jacket hood up
- •Masked
- •Blue latex glove on right hand, white glove with possible black writing/logo on back of left hand

The third suspect was not observed outside of the vehicle.









## THIS WEEK'S MID-YEAR FISCAL UPDATE SHOWED THAT ALBERTA'S ECONOMY IS CONTINUING TO SOAR.

Submitted by Mark Smith, MLA for Drayton Valley

According to the update, the deficit for 2021-22 is now forecast at \$5.8 billion. This is \$12.4 billion lower than the budget estimate and \$1.9 billion lower than the first quarter fiscal update. Total revenue in 2021-22, meanwhile, is forecast at \$57.9 billion, \$14.2 billion higher than the budget estimate and \$2.9 billion higher than the first quarter fiscal update.

Alberta's updated forecasts show that real gross domestic product is expected to grow by 6.1 per cent this year, which is significantly higher than the 4.8 per cent forecast released at the start of the year.

Job numbers are way up, with Statics Canada's latest report showing that Alberta created 15,000 new jobs in November and has created 105,400 new jobs over the past 12 months. These jobs are in addition to the hundreds of thousands

of jobs that were lost and restored since the start of the pandemic. At 64 per cent, Alberta now has the highest employment rate in the nation!

Further, evidence now shows that the Job Creation Tax Cut and continued efforts to make Alberta the most competitive business environment in North America are working. Corporate income tax revenue of \$2.9 billion is forecast for 2021-22, \$1 billion more than what was forecast in February's budget. This revenue is now forecast to increase by an average of 19 per cent over the next two years to reach \$4.1 billion in 2023-24 as growth in investment and profits continue.

In true Alberta fashion, we are leading Canada's economy recovery. This is an astounding turnaround from the challenging times we saw under the NDP's terrible policies, low oil prices and the heights of the pandemic. According to economist Trevor Tombe, "This week's fis-

cal update represents the largest improvement in provincial finances ever recorded."

Various factors are supporting this strong economic comeback, including improved commodity prices, but our government's persistent focus on attracting new investment and improving competitiveness for our key sectors is making a major difference at this challenging economic time.

Thanks to our policy efforts, our province is seeing billions of dollars in new investment and capital being deployed across the province right now. This is happening in hydrogen, tech, aerospace, petrochemicals, and many other areas.

Alberta's Recovery Plan is working, and Albertans are going back to work. This is great news for our families and businesses who have endured so much over the past year. According to Minister of Jobs, Economy and Innovation Doug Schweitzer, Alberta is getting its "swagger back" and I couldn't agree more.

Our United Conservative government will remain relentless in delivering jobs and investment for Alberta families and businesses. Truly, our best days are still to come.







Page 4 Community**VOICE** December 21, 2021

### **UPCOMING NEW HORIZONS FOR SENIORS PROGRAM**

Submitted by Gerald Soroka MP for Yellowhead

Gerald Soroka Member of Parliament for Yellowhead

wishes to advise the advanced launch of the New Horizons for Seniors Program (NHSP) 2021-2022 Call for Proposals for Com-

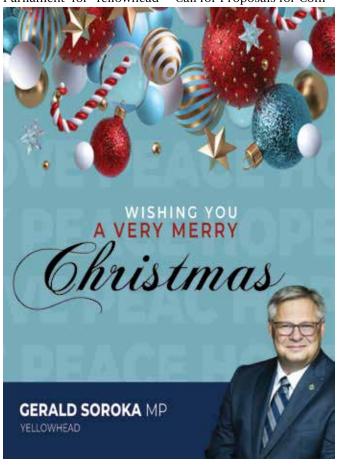
munity-based Projects on November 23.

The online application and applicant guide will only be available on the Employment and Social Development Canada (ESDC) web site starting on November 23, 2021. Applications can only be submitted on or after November 23, 2021, after the CFP is officially launched. Please consult the ESDC Funding Programs page.

The deadline to submit applications will be December 21, 2021, at 3:00 p.m. Eastern time. Organizations will have a total of four (4) weeks to submit their applications.

The New Horizons for Seniors Program supports projects addressing the following objectives:

- Promoting volunteerism among seniors and other generations;
- Engaging seniors in the community through the mentoring of others;
- Expanding awareness of elder abuse, including financial abuse;
- Supporting the social participation and inclusion of seniors; and
- Providing capital assistance for new and existing community projects and/or programs for se-



#### **NEW AMENDMENTS TO IMPROVE SAFETY AT GRADE CROSSINGS**

Submitted by MP Gerald new amendments to Grade Soroka

Gerald Soroka, Member of Parliament for Yellowhead, wishes to advise that Transport Canada has announced

Crossings Regulations.

Amendments to the Regulations will preserve the core safety objectives while providing financial relief to public and private authorities during the COVID-19 pandemic by extending compliance deadlines and ensuring that low-risk grade crossings are not subject to an undue burden. This includes:

- a one-year extension for existing public grade crossings which present a higher risk;
- a three-year extension for all remaining public and all private grade crossings; and
- an exclusion from the construction and maintenance requirements for very low-risk grade crossings (such as field-to-field crossings with minimal train traffic).



December 21, 2021 Community**Voice** Page 5

## JUSTICE PARTNERSHIP AND INNOVATION PROGRAMS

Submitted by MP Gerald Soroka

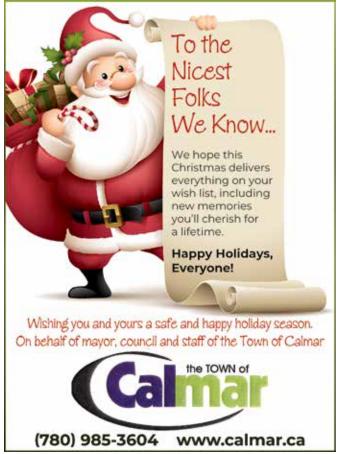
Gerald Soroka, Member of Parliament for Yellowhead. wishes to advise the launch of a call for proposals for projects that assist victims of intimate partner violence to access and navigate the family justice system, and that improve justice system responses to this type of violence. This funding will be provided through the Justice Partnership and Innovation Program (JPIP). Applicants are invited to submit project proposals by January 18, 2022, 12:00 PM PT.

Information can be found at: https:// www.justice.gc.ca/ eng/fund-fina/jspsjp/jpip-pjpi.html

Also being launched by JPIP is an anticipatory call for proposals that seeks to fill gaps in legal services and supports for racialized communities in Canada. Priorities include access to justice, family violence, and emerging justice issues. The long-term goal of JPIP is to contribute to increasing access to the Canadian justice system and strengthening the Canadian legal framework. Applicants are

invited to submit project proposals by January 10, 2022, 12:00 PM (PT).







## LEDUC RCMP HELD 3RD ANNUAL STUFF A CRUISER

Submitted by Leduc RCMP

On Dec. 4, 2021, Leduc RCMP held their 3rd Annual Stuff a Cruiser in Support of the Leduc District Food Bank.

Leduc RCMP partnered with City of Leduc peace

officers and Vintage Towing at three grocery stores in Leduc where donations were collected to Stuff a Cruiser and Tow Truck.

"As a team, we collected 1923 lbs of food and raised over \$1583.55 to support the local food bank. The

food collected and money raised will make a huge difference for many families. It was heart warming to see our community come together to support the Leduc & District Food Bank" says Constable Cheri-Lee Smith.

Leduc RCMP, City of

Leduc peace officers and Vintage Towing would like to thank Leduc Safeway, Craig's No Frills and Leduc Coop and for their support of the Leduc & District Food



















#### GRANDMA GOT RUN OVER BY A REINDEE!

Grandma got run over by a reindeer

Walking home from our house Christmas eve.

You can say there's no such thing as Santa,

But as for me and Grandpa, we believe.

She'd been drinkin' too much egg nog,

And we'd begged her not to go.

But she'd left her medica-

So she stumbled out the door into the snow.

When they found her

Christmas mornin', At the scene of the attack.

There were hoof prints on her forehead.

And incriminatin' Claus marks on her back.

Grandma got run over by a reindeer,

Walkin' home from our house Christmas eve.

You can say there's no

such thing as Santa,

But as for me and Grandpa, we believe.

Now were all so proud of Grandpa,

He's been takin' this so well.

See him in there watchin' football.

Drinkin' beer and playin' cards with cousin Belle.

It's not Christmas without Grandma.

All the family's dressed in

And we just can't help but wonder:

Should we open up her gifts or send them back?

Grandma got run over by a reindeer.

Walkin' home from our house Christmas eve.

You can say there's no such thing as Santa,

But as for me and Grandpa, we believe.

Now the goose is on the

table

And the pudding made of

And a blue and silver candle,

That would just have matched the hair in Grandma'swig.

I've warned all my friends and neighbours.

Better watch out for yourselves."

They should never give a license,

To a man who drives a sleigh and plays with elves.

Grandma got run over by a reindeer.

Walkin' home from our house, Christmas eve.

You can say there's no such thing as Santa,

But as for me and Grandpa, we believe.









#### **DECK THE HALLS**

Deck the halls with boughs of holly,

Fa la la la la, la la la la. Tis the season to be jolly,

Fa la la la la, la la la la. Refrain

Don we now our gay apparel,

Fa la la, la la la, la la la. Troll the ancient Yule tide carol,

Fa la la la la, la la la la. See the blazing Yule before us,

Fa la la la la, la la la la. Strike the harp and join the chorus.

Fa la la la la, la la la la. (Refrain)

Follow me in merry measure,

Fa la la la la, la la la la.

While I tell of Yule tide treasure,

Fa la la la la, la la la la. (Refrain)

Fast away the old year passes,

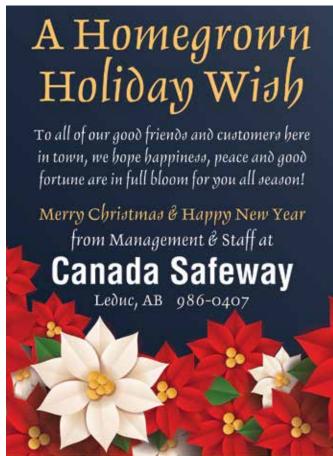
Fa la la la la, la la la la. Hail the new, ye lads and lasses,

Fa la la la la, la la la la. (Refrain)

Sing we joyous, all together,

Fa la la la la, la la la la. Heedless of the wind and weather,

Fa la la la la, la la la la.





#### **OH HOLY NIGHT**

Oh holy night!

The stars are brightly shining

It is the night of the dear Savior's birth!

Long lay the world in sin and error pining

Till he appear'd and the soul felt its worth.

A thrill of hope the weary world rejoices

For yonder breaks a new and glorious morn!

Fall on your knees Oh hear the angel voices

Oh night divine

Oh night when Christ was born

Oh night divine Oh night divine

Faith serenely beaming

With glowing hearts by His cradle we stand

So led by light of a star sweetly gleaming

Here come the wise men from Orient land

The King of Kings lay thus in lowly manger

In all our trials born

to be our friend.

Truly He taught us to love one another

Oh night divine His law is love and Led by the light of His gospel is peace

Chains shall He break for the slave is our brother

And in His name all oppression shall cease

Sweet hymns of joy in grateful chorus raise we,

Let all within us praise His holy name.



How sweet it is to have great friends and castomers like you!

We wish you and yours all the best this holiday.

Merry Christmas from Norma & Staff at

#### Norma Dee's Kitchen & Coffee Shop

Devon, AB (780) 987-2345

Closed: Christmas, Boxing Day & New Years Day





## OH COME, ALL YE FAITHFUL

O come, all ye faithful,

Joyful and triumphant,

O come ye, O come ye to Bethlehem;

Come and behold him.

Born the King of angels;

O come, let us adore him,

O come, let us adore him,

O Come, let us adore him, Christ the Lord.

God of God, Light of Light, Lo! he abhors not the Virgin's womb:

Very God,

Begotten, not created; Refrain

Sing, choirs of angels, Sing in exultation,

Sing, all ye citizens of heaven above;

Glory to God

In the highest; Refrain

See how the shepherds,

Summoned to his cradle,

Leaving their flocks, draw nigh to gaze;

We too will thither Bend our joyful footsteps; Refrain

Child, for us sinners

Poor and in the manger,

We would embrace thee, with love and awe;

Who would not live thee.

Loving us so dearly? Refrain

Yea, Lord, we greet thee,

Born this happy morning;

Jesus, to thee be glory given;

Word of the Father, Now in flesh appear-

ing; Refrain





ATB Financial Thorsby

789-3885



We hope your season is heaped with generous portions of fun, friendship, love, happiness and holiday spirit!

Merry Christmas to you and yours.

from Management & Staff at

Zambelli's Restaurant
Leduc, AB 980-9669

#### WINTER WONDERLAND

Sleigh bells ring, are you listening,

In the lane, snow is glistening

A beautiful sight,

We're happy tonight.

Walking in a winter wonderland.

Gone away is the bluebird.

Here to stay is a new bird

He sings a love song, As we go along,

Walking in a winter wonderland.

In the meadow we can build a snowman,

Then pretend that he is Parson Brown

He'll say: Are you married?

We'll say: No man, But you can do the

When you're in town. Later on, we'll conspire,

As we dream by the fire

To face unafraid,

The plans that we've made,

Walking in a winter wonderland.

In the meadow we can build a snowman.

And pretend that he's a circus clown

We'll have lots of fun with mister snowman, Until the alligators

When it snows, ain't it

knock him down.

thrilling,

Though your nose gets a chilling

We'll frolic and play, the Eskimo way,

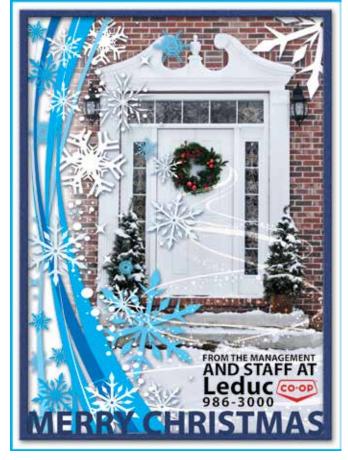
Walking in a winter wonderland.

Walking in a winter

wonderland,

Walking in a winter wonderland







#### **SLEIGH RIDE**

Just hear those sleigh bells jingling

Ring ting tingling too.

Come on, it's lovely weather For a sleigh ride together with vou.

Outside the snow is falling And friends are calling "Yoo

Come on, it's lovely weather For a sleigh ride together with you.

Giddy up, giddy up, giddy

up, Let's go, Let's look at the

show.

We're riding in a wonderland of snow.

Giddy up, giddy up, giddy

lt's grand, Just holding your hand,

We're gliding along with a song

Of a wintry fairy land.

Our cheeks are nice and

And comfy cozy are we We're snuggled up together Like two birds of a feather would be

Let's take that road before us

And sing a chorus or two Come on, it's lovely weather For a sleigh ride together with you.

There's a birthday party At the home of Farmer Gray It'll be the perfect ending a perfect day

We'll be singing the songs We love to sing without a single stop,

At the fireplace while we

watch

The chestnuts pop. Pop! pop! pop!

There's a happy feeling Nothing in the world can

When they pass around the chocolate

And the pumpkin pie It'll nearly be like a picture print

By Currier and Ives

These wonderful things are the things

We remember all through our lives!

Just hear those sleigh bells iingling,

Ring ting tingling too

Come on, it's lovely weather For a sleigh ride together with you,

Outside the snow is falling And friends are calling "Yoo hoo."

Come on, it's lovely weather For a sleigh ride together with vou.

Giddy up, giddy up, giddy

Let's go, Let's look at the show,

We're riding in a wonder-

land of snow. Giddy up, giddy up, giddy

lt's grand, Just holding your

hand, We're gliding along with a

song

Of a wintry fairy land.

Our cheeks are nice and rosy

And comfy cozy are we We're snuggled up together Like two birds of a feather would be

Let's take that road before

And sing a chorus or two Come on, it's lovely weather For a sleigh ride together with you.







#### WE WISH YOU A MERRY CHRISTMAS

We wish you a Merry Christmas;

We wish you a Merry Christmas;

We wish you a Merry Christmas and a Happy New Year.

Good tidings we bring to you and your kin;

Good tidings for

Christmas and a Happy New Year.

Oh, bring us a figgy pudding;

Oh, bring us a figgy pudding;

Oh, bring us a figgy pudding and a cup of good cheer: Refrain

We won't go until we get some;

We won't go until we get some;

We won't go until we get some, so bring some out here: Refrain

We wish you a Merry Christmas;

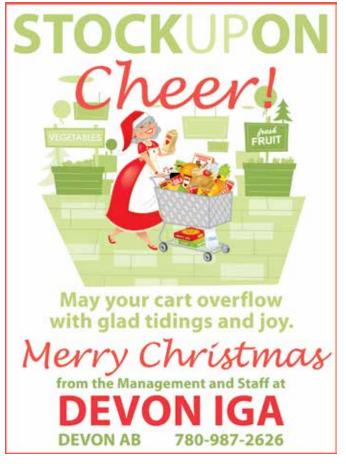
We wish you a Merry Christmas;

We wish you a Merry Christmas and a Happy New Year.









#### I'LL BE HOME FOR CHRISTMAS

I'll be home for Christmas

You can plan on me

Please have snow and mistletoe

And presents on the tree

Christmas Eve will

find me

Where the love light gleams

I'll be home for Christmas

If only in my dreams
I'll be home for
Christmas

You can plan on me Please have snow and mistletoe

And presents on the tree

Christmas Eve will find me

Where the love light

gleams

I'll be home for Christmas

If only in my dreams If only in my dreams











#### **JOY TO THE WORLD**

Joy to the world! the Lord is come;

Let earth receive her King;

Let every heart prepare Him room,

and heaven and nature sing,

and heaven and nature sing,

and heaven, and heaven and nature sing.

Joy to the earth! the joy, Savior reigns;

Let men their songs

employ;

while fields floods.

rocks, hills and plains Repeat the sounding

Repeat the sounding

Repeat, repeat the sounding joy.

No more let sins and sorrows grow,

nor thorns infest the ground:

He comes to make His blessing flow

far as the curse is found.

far as the curse is found.

far as, far as the curse is found.

He rules the world and with truth and grace,

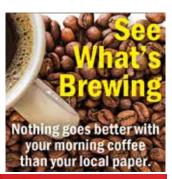
> and makes the nations prove

the glories of His righteousness,

and wonders of His love.

and wonders of His love.

and wonders, wonders of His love.



542-5391







#### JINGLE BELL ROCK

Jingle bell, jingle bell, jingle bell time jingle bell rock

Jingle bells swing and jingle bells ring

Snowing and blowing up bushels of fun

Now the jingle hop has begun.

Jingle bell, jingle bell, jingle bell rock

Jingle bells chime in

Dancing and prancing in Jingle Bell Square

In the frosty air.

What a bright time, it's the right time

To rock the night away Jingle bell time is a swell time

To go gliding in a onehorse sleigh

Giddy-up jingle horse, pick up your feet

Jingle around the clock Mix and a-mingle in the jingling feet

That's the jingle bell, That's the jingle bell, That's the jingle bell rock.

#### Dreaming of a Green Christmas

Christmas is coming, and we hope you're on course for a great holiday season! May your days be merry and bright, and your New Year happy and healthy.

Thanks for spending time with us in 2021. We appreciate you!

Merry Christmas from Management & Staff at



#### **LET IT SNOW**

Oh the weather outside is frightful,

But the fire is so delightful, And since we've no place to go,

Let It Snow! Let It Snow! Let It Snow!

It doesn't show signs of stopping,

And I've bought some

corn for popping,

The lights are turned way down low,

Let It Snow! Let It Snow! Let It Snow!

When we finally kiss goodnight,

How I'll hate going out in the storm!

But if you'll really hold me

All the way home I'll be warm.

The fire is slowly dying, And, my dear, we're still good-bying,

But as long as you love me

Let It Snow! Let It Snow! Let It Snow!





## **FROSTY THE SNOWMAN**

Frosty the snowman was a jolly happy soul,

With a corncob pipe and a button nose,

And two eyes made out of coal.

Frosty the snowman is a fairy tale, they say,

He was made of snow but

the children

know how he came to life one day.

There must have been some magic in that

Old silk hat they found.

For when they placed it on his head,

He began to dance

around.

could laugh

O, Frosty the snowman Was alive as he could be, And the children say he

And play just the same as you and me.

Thumpetty thump thump, Thumpety thump thump, Look at Frosty go.

Thumpetty thump thump, Thumpety thump thump, Over the hills of snow.

Frosty the snowman knew

The sun was hot that day, So he said, "Let's run and we'll have some fun now before I melt away." Down to the village,

With a broomstick in his hand,

Running here and there all

Around the square saying,

Catch me if you can.

He led them down the streets of town

Right to the traffic cop.

And he only paused a moment when

He heard him holler "Stop!"

For Frosty the snowman Had to hurry on his way,

But he waved goodbye saying,

"Don't you cry,

I'll be back again some day."

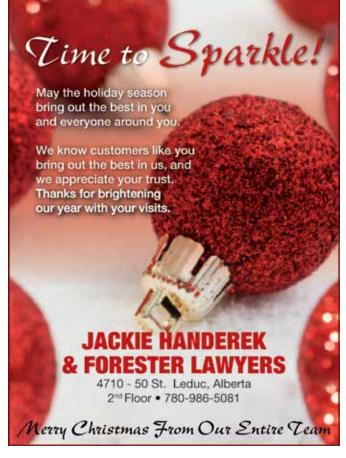
Thumpetty thump thump, Thumpety thump thump, Look at Frosty go.

Thumpetty thump thump, Thumpety thump thump,

Over the hills of snow.







#### DO YOU HEAR WHAT I HEAR?

Said the night wind to the little lamb,

"Do you see what I see?

Way up in the sky, little lamb,

Do you see what I see?

A star, a star, dancing in the night

With a tail as big as a kite,

With a tail as big as a kite."

Said the little lamb to the shepherd boy,

"Do you hear what I hear?

Ringing through the sky, shepherd boy,

Do you hear what I hear?

A song, a song high above the trees

With a voice as big as the the sea,

With a voice as big as the the sea."

Said the shepherd boy to the mighty king,

"Do you know what I know?

In your palace warm, mighty king,

Do you know what I know?

A Child, a Child shivers in the cold—

Let us bring him silver and gold,

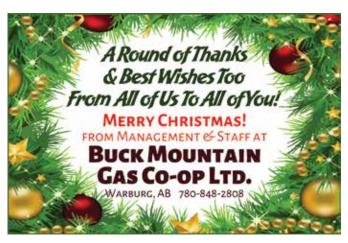
Let us bring him silver and gold."

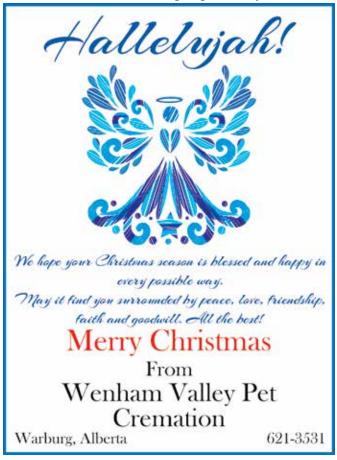
Said the king to the people everywhere,

"Listen to what I say! Pray for peace, people, everywhere,

Listen to what I say!
The Child, the Child sleeping in the night
He will bring us goodness and light,

He will bring us goodness and light."







## ALL I WANT FOR CHRISTMAS IS MY TWO FRONT TEETH

Every body stops and stares at me These two teeth are gone as you can see I don't know just who

to blame for this catastrophe!

But my one wish on Christmas Eve

is as plain as it can be!

All I want for Christmas

is my two front teeth,

my two front teeth, see my two front teeth!

Gee, if I could only have my two front teeth,

then I could wish you

"Merry Christmas."
It seems so long since I could say,

"Sister Susie sitting on a thistle!"

Gosh oh gee, how happy I'd be,

if I could only whistle (thhhh, thhhh)

All I want for Christmas

is my two front

teeth,

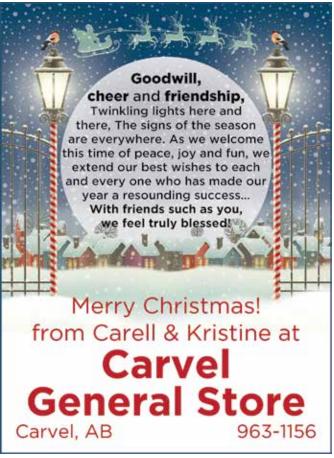
my two front teeth, see my two front teeth.

Gee, if I could only have my two front teeth,

then I could wish

"Merry Christmas!"







#### 5 WAYS TO SPRUCE UP YOUR SPROUTS THIS HOLIDAY



While your table may not be as crowded with friends and relatives this holiday, there are still plenty of ways to celebrate. Many families can still enjoy more intimate gatherings to share good company and delicious food.

Brussels sprouts have been a staple at holiday dinners for decades. But they're likely not your favourite or first choice when it comes to loading up your plate. Although often steamed or boiled, these mini cabbage look-a-likes have more tasty potential than you think.

The truth is that Brussels sprouts have only gotten better over the years, becoming more mellow and nuttier over time rather than the bitter, stinky sprouts of your childhood. So, put away the steamer basket and stop guests from pushing them around their plates by giving one of these tips and delicious roasted variations a try.

•Start at the store. For the best roasted sprouts, look for larger bright-green heads with tight leaves. Brussels sprouts are currently in season, meaning they're locally grown so you'll be getting ...

Continued on Page 22







Page 22 Community**VOICE** December 21, 2021

#### 5 Ways To Spruce Up Your Sprouts This Holiday

#### Continued from Page 21

... the best-possible flavour and nutrients out of your new favourite holiday side.

•Keep it simple. For an easy but far superior alternative to the standard steamed variety, slice sprouts in half and toss in extra virgin olive oil with salt and pepper. Spread them out evenly on a baking sheet and roast in the oven at 400°F (200°C) for 45 minutes.

•Everything is better with bacon. Toss sprouts in olive oil, salt and pepper and top them with chopped un-cooked bacon before roasting them. Craving that sweet and salty mix? Add a few tablespoons of maple syrup when tossing them in olive oil to achieve that perfect maple-bacon flavour.

•Cranberries aren't just for turkey. If bacon isn't your thing, once your simple sprouts are perfectly roasted, toss them with a mixture of dried cranberries and almonds or walnuts to add an unexpected sweetness and build on their nutty flavour.

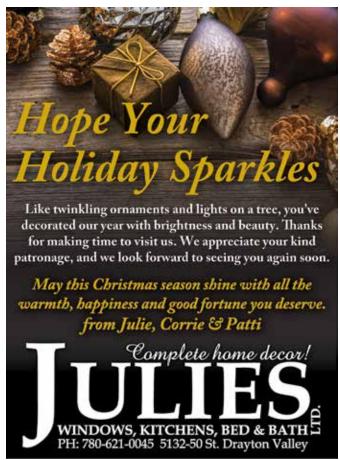
•Leaf it to the pecorino. Peeling away the leaves of each sprout may seem like a never-ending task, but it's so worth it. Try adding a warm salad to your holiday table by roasting the leaves with

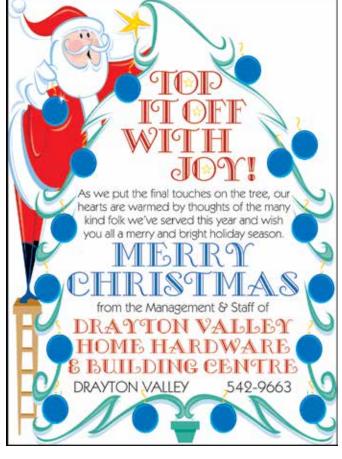
olive oil and salt and pepper for 20 minutes or until the leaves are crisp. Toss them in a bowl with grated or shaved pecorino Romano cheese and a squeeze of fresh lemon juice for a satisfying alternative.

Everything you need for your Holiday feast, including delicious and local Brussels sprouts, is available at your local Loblaws. If you need more time in the kitchen, simply place a PC Express order for easy instore pickup.

www.newscanada.com







#### A MATCH MADE IN HOLIDAY HEAVEN



There's a good reason fitness club memberships tend to spike come January. After a holiday season spent party hopping and letting their diets fall by the wayside, many people look to the gym as the means to helping shed those inevitable holiday pounds.

Perhaps no food is more popular around the holidays than cookies. Cookies are as much a part of the holiday season as Christmas trees, long lines at the mall and kids searching the house for presents. For those with guests to entertain this holiday season, the following recipe for "Kitchen-Sink Chocolate Chip Cookies" from Elinor Klivans' "The Essential Chocolate Chip Cookbook" (Chronicle Books) is sure to please.

Kitchen-Sink Chocolate Chip Cookies

Makes About 36 Cookies

1 cup plus 2 tablespoons unbleached all-purpose flour

3/4 teaspoon baking soda 1/2 teaspoon salt

1/2 cup (1 stick) unsalted butter, at room temperature 1/2 cup packed light

brown sugar 6 tablespoons granulated sugar

1 large egg

11/2 teaspoons vanilla extract

3 cups semisweet chocolate chips

1 cup pecan halves

1 cup walnut halves or large pieces

1 cup blanched whole almonds, toasted and chopped roughly in half

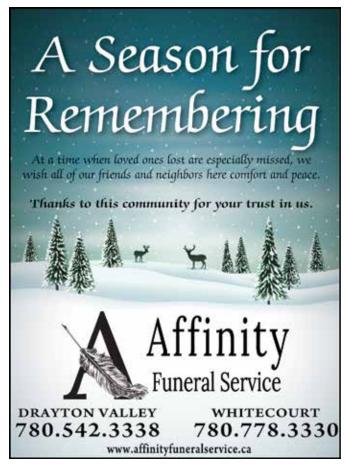
Position a rack in the middle of the oven. Preheat the oven to 350 F. Line two or three baking sheets with parchment paper.

Sift the flour, baking soda, and salt into a medium bowl and set aside.

In a large bowl, using an electric mixer on medium speed, beat the butter, brown sugar and granulated sugar until smoothly blended, about 1 minute.

Continued on Page 24







Page 24 Community**VOICE** December 21, 2021

# WE'RE FILLED WITH GRATITUDE!



As we gear up for Christmas, we'd like to share our thanks and best wishes with you, our valued customers and friends here in the community. Your support and goodwill have really made our year special, and we sincerely appreciate your patronage. Happy Holidays!

## ALSIKE CORNER GAS

Alsike

696-2399

#### A Match Made in Holiday Heaven

#### Continued from Page 23

Stop the mixer and scrape the sides of the bowl as needed during mixing. Add the egg and vanilla and mix until blended, about 1 minute. The mixture may look slightly curdled. On low speed, add the flour mixture, mixing just until it is incorporated. Mix in the chocolate chips, pecans, walnuts, and almonds until evenly distributed.

Use a tablespoon to drop well-rounded tablespoonfulls of dough (about 2 tablespoons each) onto the prepared baking sheets, spacing the cookies 2 inches apart.

Bake the cookies one sheet at a time until the edges are lightly browned and the centers are slightly colored, about 14 minutes. Cool the cookies on the baking sheets for 10 minutes, then use a wide metal spatula to transfer the cookies to a wire rack to cool completely.

The cookies can be stored in a tightly covered container at room temperature for up to four days.

Choices: You can add 1 cup of raisins, dried cranberries, or chopped dried apricots to the dough with the chips and nuts. White, bittersweet, or milk chocolate chips, or a combination, can be substituted for the semisweet chips.

#### 'Tis the season for celebrating friends and neighbors like you!

Greetings and best wishes to all of the folks who make our town such a wonderful place to work and live. We can't imagine anywhere we'd rather be this holiday season, and we're especially grateful for your support through the challenges and setbacks of this past year.

Looking ahead, we're excited to keep on growing with this community and sharing more time with all of you in 2022. Thanks again for sticking with us. We wish you all a very merry Christmas and a joyous New Year!



(780) 900-3424

Thorsby, AB



#### CINNAMON-LOG SLICES



Ingredients

- 3 sticks unsalted butter, softened
- 1 cup granulated sugar
- 3/4 cup packed light-brown sugar
- 2 large eggs plus 1 large egg white
- 1 teaspoon coarse salt
- 2 teaspoons ground cinnamon
- 2/3 cup whole milk
- 2 teaspoons pure vanilla extract
- 5 cups all-purpose flour, plus more for work surface
- 3 tablespoons unsweetened cocoa powder
- 1/3 cup turbinado sugar

Directions

1.Step 1

Beat together butter and granulated and brown sugars with an electric mixer on medium-low speed until creamy, about 3 minutes. Beat in whole eggs 1 at a time, then salt and 1 teaspoon cinnamon, until combined. Beat in milk and vanilla. Add flour a little at a time, beating until incorporated. Divide dough into 4 balls. Roll 1 ball into a 12inch log; wrap in parchment and refrigerate, along with remaining 3 balls of dough, until firm, about 1 hour.

2.Step 2

Combine cocoa powder and remaining 1 teaspoon cinnamon and sprinkle over work surface. Roll out 1 ball of dough into a 6-by-12-inch rectangle in cocoa mixture. Flip rectangle over

onto lightly floured work surface so that 1 long side is facing you; brush off excess cocoa mixture. Place log of dough, also with a long side facing you, in center of rectangle and wrap rectangle around log to enclose completely. Firmly squeeze and massage wrapped log of dough to adhere rectangle to log. Repeat process with second ball of dough,

rolling it out into an 8-by-13-inch rectangle, then with final ball, rolling it out into a 10-by-14-inch rectangle. Refrigerate log until firm, about 1 hour, 15 minutes. Log can be stored in refrigerator up to 1 day.

3.Step 3

Preheat oven to 350 degrees. Lightly beat egg white. Brush outside of log with egg white and roll in turbinado sugar, patting to adhere. Refrigerate until sugar is set, about 10 minutes. Slice log into 1/4-inchthick rounds and transfer to parchment-lined baking sheets. Bake until slices are golden around edges (rings may separate slightly), 18 to 20 minutes. Let cool completely. Slices can be made 3 days ahead and stored at room temperature.



Wishing you and your family health and happiness this Christmas Season and all the best in 2022! From the management and staff at Blue Falls Manufacturing

Thorsby, Ab.

780-789-2626

arcticspas.ca

#### Page 26 Community**VOICE**



#### **HOLIDAY PORK ROAST**

Prep: 30 min. Bake: 1 hour 40 min. + standing Yield: 16 Servings Ingredients

• 1 boneless whole pork loin roast (5 pounds)

1 tablespoon
minced fresh gingerroot
2 garlic cloves.

• 2 garlic cloves, minced

• 1 teaspoon rubbed sage

• 1/4 teaspoon salt

1/3 cup apple jelly1/2 teaspoon hot

pepper sauce
• 2 medium carrots, sliced

• 2 medium onions, sliced

• 1-1/2 cups water, divided

• 1 teaspoon browning sauce, optional

Directions

• Place pork roast on a rack in a shallow roasting pan. Combine the ginger, garlic, sage and salt; rub over meat. Bake, uncovered, at 350° for 1 hour.

• Combine jelly and pepper sauce; brush over roast. Arrange carrots and onions around roast. Pour 1/2 cup water into pan.

Bake 40-50 minutes longer or until a thermometer reads 145°. Remove roast to a serving platter; let stand for 10 minutes before slicing.

• Skim fat from pan drippings. Transfer drippings and vegetables to a food processor; cover and process until smooth. Pour into a small saucepan. Add browning sauce if desired and remaining water; heat through. Slice roast; serve with gravy. Yield: 16 servings.

Nutritional Facts 4 ounces cooked meat with 4-1/2 teaspoons gravy equals 204 calories, 7 g fat (2 g saturated fat), 70 mg cholesterol, 84 mg sodium, 7 g carbohydrate, 1 g fiber, 28 g protein. Diabetic Exchanges: 4 lean meat, 1/2 starch.









Made with orange juice, this simple, make-ahead breakfast is packed with protein to kick-start your day. Prep everything the night before so in the morning all you have to do is

#### START YOUR MORNINGS R

pop it in the oven for a warm, delicious breakfast your whole family will enjoy.

Berry Breakfast Strata

Ingredients: - 2 tbsp. butter

- 3 tbsp. honey
- 4 large eggs
- ½ cup whole milk ricotta
- 3 tbsp. sugar
- 1 cup whole milk
- ¼ cup Florida Orange Juice

- 4 slices of bread, torn into 1-inch pieces (about 4 cups)
- 275 g frozen mixed berries, thawed and drained Directions:
- 1. Combine butter and honey and melt in microwave.
- 2. In a large bowl, using a whisk, beat the egg, ricotta and sugar.
- 3. Add milk, Orange Juice, butter and honey mixture. Stir to combine. Gently fold

in bread and berries.

- 4. Place mixture into an 8×8-inch baking dish. Cover with plastic wrap and place in the refrigerator for at least 2 hours and up to 12 hours.
- 5. Preheat oven to 350°
- 6. Bake the strata until golden on top and baked through; about 40 minutes.
- 7. Let stand for 5 minutes before serving. Spoon into dishes to serve.

#### STRAWBERRY **CHEESECAKE COOKIES**

Prep Time: 15 minutes Cook Time: 12 minutes Total Time: 1 hour Yield: 18 cookies Ingredients

- •3/4 cup butter, at room temperature
- •1/2 cup brown sugar
- •1/2 cup granulated sugar
- •2 eggs
- •1 teaspoon vanilla
- •2 1/4 cup all-purpose flour •1 package (3.4 oz) instant cheesecake pudding mix
- ·1 teaspoon baking soda
- •1/4 teaspoon salt
- •1/2 cup chopped strawber-
- •10 whole graham crackers, processed into fine crumbs Instructions

1.Preheat the oven to 350F. Line a cookie sheet with parchment paper.

2.In a bowl, cream together the butter and both sugar until light and fluffy. Add the eggs, one at a time, scraping down the sides of the bowl in

between additions. Beat in the vanilla.

3.In another bowl, combine the flour, pudding mix, baking soda and salt. Add into the butter mixture and mix just until combined. Fold in the strawberries.

4.Place the graham crackers in a shallow bowl or dish. Roll the cookie dough into 2 tablespoon sized balls and roll in the graham cracker crumbs. Place on the baking sheet, about 3 inches apart. Flatten slightly. Bake until set around the edges, about 12 minutes.

Notes: for best results, store the cookies in the refrigerator.



Page 28 Community**VOICE** December 21, 2021

#### TASTE SOMETHING DIFFERENT DURING THE HOLIDAYS



From ham to homemade pie, from turkey to tasty desserts, holiday recipes are some of the best treats on the food calendar. But they can also get repetitive and wasteful.

Mix it up this year with popular Canadian chef Chuck Hughes. He has some colourful twists on holiday classics, with recipes that use the leftovers and help you cut down food waste. Try one for yourself:

Glazed Ham Prep time: 20 minutes Cook time: 3 hours Serves: 4 Ingredients:

- 1 bone-in half ham (about 6-10 lbs)
- <sup>3</sup>/<sub>4</sub> cups orange marmalade
- ¼ cup maple syrup
- ¼ cup whole grain Dijon mustard
- ¼ cup bourbon
- 2 thsp lemon juice, fresh if possible
- ½ tsp ground ginger

- Salt and black pepper to taste

Directions

- 1. Move oven rack to lower-third portion of the oven and preheat your LG ProBake oven to 325° Line bottom of a roasting pan with aluminum foil for easy cleanup and set aside.
- 2. Add orange marmalade, maple syrup, mustard, bourbon, lemon juice, ground ginger and salt and pepper to a small saucepan. Whisk to combine well and bring to a boil. Set aside.
- 3. Remove ham from package and pat dry if too wet. Place on roasting rack, flat side down, so the fatty side is facing up.
- 4. Gently score ham in a criss-cross pattern and brush all over with ½ cup of the prepared glaze. Scoring the ham will help the glaze to really sink in and create an amazing flavour
- 5. Cover ham loosely with aluminum foil to prevent drying out or burning.
- 6. Bake for about 2 to 2 ½ hours, until instant thermometer inserted into the middle of the ham registers 125 to 130°
- 7. Remove roasting pan from the oven and peel back or remove foil from the top and sides of the ham. Increase oven temperature to 425°
- 8. Brush 6 tbsp of glaze over the ham and bake for 20 minutes, brushing ham with additional 6 tbsp of glaze every 6 to 7 minutes. You'll be brushing the ham with glaze approximately three times during this step.
- 9. Be sure to watch that the glaze doesn't burn, but instead turns a rich, deep golden colour.
- 10. Remove roasting pan from oven and place ham on a large cutting board. Tent loosely with foil and let rest for 20 minutes before slicing.
- 11. To make mustard sauce for serving, mix ½ cup whole grain Dijon mustard with ¼ cup glaze.



Thanks for being an important part of our year. Your friendship and support have made 2021 a great ride for us, and we wish you all the best this holiday season and in the coming year.

Merry Christmas to You and Yours!

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#### WARM UP WITH HEARTY WINTER RECIPES



The colder months are perfect for testing out cozy new recipes in the kitchen made with wholesome, nutritious and hearty ingredients. It's the best time of year to make stews and soups, but if you're running out of ideas, you can always put a new spin on classic favourites.

This soup recipe by Renée Kohlman from the Sweetsugarbean food blog is a fun twist on the traditional mushroom and barley, with quinoa swapped in for the barley and added bacon for a little depth of flavour. Bursting with antioxidants and other important nutrients, not to mention being low in calories, mushrooms are great to use in the winter as they are the only vegetable that contains vitamin D. We've used sliced cremini mushrooms here, but feel free to use whatever mushrooms you like.

A little splash of sherry does wonders in the taste department, while the protein in the quinoa plus the meatiness of the mushrooms make the soup a hearty, satisfying meal perfect for fall and winter weather. If you want to keep the soup vegetarian, it's still great without the bacon.

Hearty Mushroom and Quinoa Soup with Bacon

Prep time: 15 minutes Cook time: 35 minutes Serves: 6 Ingredients: •2 tbsp butter

- •1 large yellow onion, chopped
- •1 large carrot, chopped

- •1 celery stalk, chopped •200 g sliced cremini mush-
- rooms
- •2 garlic cloves, minced
- •1 tsp dried thyme
- •1/2 tsp salt
- •1/4 tsp pepper
- •1/4 cup sherry
- •4 cups low-sodium vegetable or chicken broth
- •1 can (19 oz/540 mL) diced tomatoes
- •1/2 cup quinoa, rinsed
- •2 cups chopped kale, tough centre stems removed

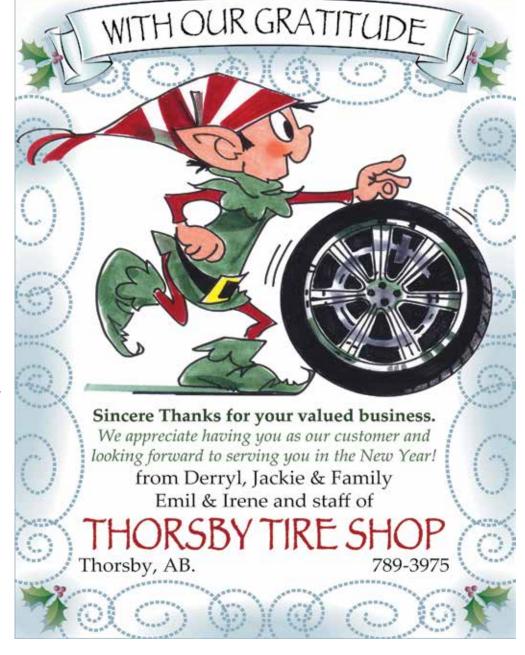
- •5 slices cooked bacon, chopped
- •1 tbsp low-sodium soy sauce or tamari

Directions:

1. Melt butter in a Dutch oven over medium-high heat. Add onion, carrot and celery. Cook for a few minutes then stir in mushrooms. Sauté for 3 minutes, then stir in garlic. Cook for another minute or two, until the vegetables are tender, and mushrooms have released their juices.

2. Stir in sherry and cook until vegetables have absorbed the liquid, about 2 minutes. Stir in broth, diced tomatoes and quinoa. Cover, bring to a boil, then turn the heat down to low and simmer for 20 to 25 minutes until quinoa is cooked through.

3. Stir in kale, bacon and soy sauce. Simmer until kale is softened, about 5 to 7 minutes. If you find it too thick, thin with a bit more broth or water. Season to taste with more salt and pepper, if desired.



# Page 30 Community VC

#### **CHRISTMAS CRUNCH**

Ingredients

- 1/2 cup popping popcorn kernels, or 2 bags tender white popcorn
- 1 (12 oz) bag Vanilla Candy Melts (such as Wilton Candy Melts)
- 1 1/3 cups broken pretzel pieces
- 1 (12 oz) bag green and red Milk Chocolate or

Mint M&Ms

•Red, green and white Sprinkles (I used Jingle Mix Nonpareils)

Directions

•Pop popcorn in a popcorn popper into a large bowl (or alternately in the microwave if using microwave bags of popcorn) according to manufactures directions. Remove any unpopped popcorn kernels. Toss in broken pretzel pieces and M&Ms.

•Melt Vanilla Candy Melts in a microwave safe bowl on 50% power in 30 second intervals, stirring after each interval until melted and smooth. Drizzle half of melted chips over popcorn mixture, then stir, tossing gently a few times with a rubber spatula. Then drizzle remaining half of melted chips over popcorn, and gently stir mixture until evenly coated (don't over stir though or your sprinkles wont stick if the white chips begin to set and harden). Pour mixture into a single layer onto wax paper. Sprinkle entire mixture evenly with sprinkles (as many as you'd like) before vanilla chips set. Allow to cool and harden, then gently break into pieces and store in an airtight container.

•Note: I was able to fill 8 - 9 1/2"x 4" party treat bags about 2/3 full with this recipe, just to let you know so you have an idea for gift giving.

•\*These can be found in the cake decorating section of some supermarkets, at craft stores or at specialty kitchen kneads stores.

•Recipe Source: Adapted from Bake at 350







#### WHITE-CHOCOLATE CHERRY SHORTBREAD



Makes: 60 servings Yield: 60 cookies

Prep: 40 mins Bake: 325°F 10 minsper batch Stand: 30 mins

- •1/2 cup maraschino cherries, drained and finely chopped
- •2 1/2 cups all-purpose flour
- •1/2 cup sugar
- •1 cup cold butter
- •12 ounces white chocolate baking squares with cocoa butter, finely chopped
- 1/2 teaspoon almond extract2 drops red food coloring
- (optional)
  •2 teaspoons shortening
- •White nonpareils and/or red

edible glitter (optional)

Directions:

- 1. Preheat oven to 325 degrees F. Spread cherries on paper towels to drain well.
- 2. In a large bowl, combine flour and sugar. Using a pastry blender, cut in the butter until mixture resembles fine crumbs. Stir in drained cherries and 4 ounces (2/3 cup) of the chopped chocolate. Stir in almond extract and, if desired, food coloring. Knead mixture until it forms a smooth ball.
- 3. Shape dough into 3/4-inch balls. Place balls 2 inches apart on an ungreased cookie sheet. Using the bottom of a drinking glass dipped in sugar, flatten balls to 1-1/2-inch rounds.
- 4. Bake in preheated oven for 10 to 12 minutes or until centers are set. Cool for 1 minute on cookie sheet. Transfer cookies to a wire rack and let cool.
- 5. In a small saucepan, combine remaining 8 ounces white

chocolate and the shortening. Cook and stir over low heat until melted. Dip half of each cookie into chocolate, allowing excess to drip off. If desired, roll dipped edge in nonpareils and/or edible glitter. Place cookies on waxed paper until chocolate is set. Makes about 60.

Storage: Layer cookies between waxed paper in an airtight container; cover. Store at room temperature for up to 3 days or freeze for up to 3 months.

Nutrition Facts: Servings Per Recipe 60, Calories 87, Protein (gm) 1, Carbohydrate (gm) 9, Fat, total (gm) 5, Cholesterol (mg) 9, Saturated fat (gm) 3, Vitamin A (IU) 97, Sodium (mg) 28, Calcium (DV %) 10, Iron (DV %) 0, Percent Daily Values are based on a 2,000 calorie







Yield: 32 brownies Prep: 15 mins Bake: 35 mins

Ingredients •1/2 cup all-purpose flour

#### TRILEVEL BROWNIES

- •1 cup quick-cooking rolled
- •1/2 cup packed brown sugar
- •1/4 teaspoon baking soda
- •1/2 cup butter, melted
- •3/4 cup granulated sugar
- •2/3 cup all-purpose flour
- •1/4 cup milk
- •1/4 cup butter, melted
- •1 ounce unsweetened chocolate, melted and cooled

- •1 teaspoon vanilla
- •1/4 teaspoon baking powder
- •1/2 cup chopped walnuts
- ·1 ounce unsweetened chocolate
- •2 tablespoons butter
- •1 1/2 cups sifted powdered
- •1/2 teaspoon vanilla
- Walnut halves (optional) Directions
- 1. For bottom layer, stir together oats, the 1/2 cup flour, the brown sugar, and baking soda. Stir in the 1/2 cup melted butter. Pat mixture into the bottom of an ungreased 11x7x1-1/2-inch baking pan. Bake in a 350 degree F. oven for 10 minutes.
- 2. Meanwhile, for middle layer, stir together egg, granulated sugar, the 2/3 cup flour, the milk, the 1/4 cup melted butter, 1 ounce melted chocolate, the 1 teaspoon vanilla, and the baking powder until smooth. Fold in chopped walnuts. Spread

batter over baked layer in pan. Bake about 25 minutes more or until a wooden toothpick inserted in center comes out clean. Set on a wire rack while preparing top layer.

3. For top layer, in a medium saucepan heat and stir 1 ounce chocolate and the 2 tablespoons butter until melted. Stir in the powdered sugar and the 1/2 teaspoon vanilla. Stir in enough hot water (1 to 2 tablespoons) to make a mixture that is almost pourable. Spread over brownies. If desired, garnish with walnut halves. Cool completely on wire rack. Cut into bars. Makes 32 brownies.

Nutrition Facts: Calories 141, Protein (gm) 2, Carbohydrate (gm) 18, Fat, total (gm) 7, Cholesterol (mg) 19, Saturated fat (gm) 4, Dietary Fiber, total (gm) 1, Sodium (mg) 76, Percent Daily Values are based on a 2,000 calorie diet







# SUGAR, SPICE AND EVERYTHING NICE WITH GINGERBREAD COOKIE BARS



- 3 tbsp (45 mL) white chocolate chips

- ½ cup (125 mL) dried cranberries

- ½ cup (125 mL) toasted chopped pistachios

Directions:

1. Preheat oven to 375°F (190° C). Line 13 x 9-inch (33 x 23 cm) baking pan with foil or parchment paper, leaving 2-inch (5 cm) overhang. Spray with

cooking spray and set aside. Combine flour, baking soda and salt in medium bowl; set aside.

2. Beat margarine sticks with sugars in large bowl. Beat in eggs and vanilla until blended. Gradually add in flour mixture; beat just until blended. Stir in cinnamon and ginger. Spread into prepared baking pan. Combine white chocolate chips,

cranberries and pistachios in small bowl. Evenly sprinkle over dough; press gently.

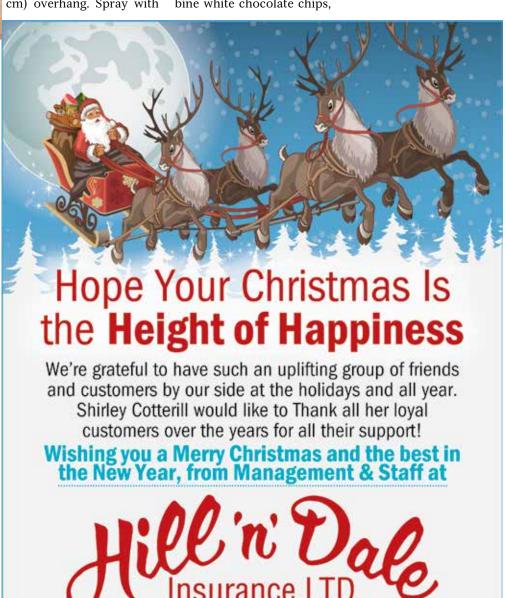
3. Bake 20 minutes or until toothpick inserted in centre comes out clean. Cool in pan on wire rack for 10 minutes. Using foil overhang, lift out of pan and cool completely. Cut into 30 pieces.

You can't beat traditional treats during the holiday season, and there's nothing quite as classic as gingerbread. From elaborately decorated gingerbread houses to crisp gingersnaps, there are many ways to enjoy the slightly spiced and cozy flavour.

These scrumptious bars combine two traditional holiday treats – gingerbread and cookie bars – to create a mouthwatering bite perfect for the holidays. Swap your butter 1:1 with Becel Sticks, which require no softening so you can go from prep to enjoyment in 30 minutes.

Gingerbread Cookie Bars Prep time: 10 minutes Cook time: 20 minutes Makes: 30 cookie bars Ingredients:

- 2 ¼ cups (550 mL) all-purpose flour
- 1 tsp (5 mL) baking soda
- ½ tsp (2 mL) salt
- 1 cup (250 mL) (2 sticks) Becel unsalted margarine sticks
- 1 cup (250 mL) firmly packed light brown sugar
- ¼cup (60 mL) granulated sugar
- 2 eggs
- 1 tsp (5 mL) vanilla extract
- 1 tsp (5 mL) ground cinnamon
- 1 tsp (5 mL) ground ginger

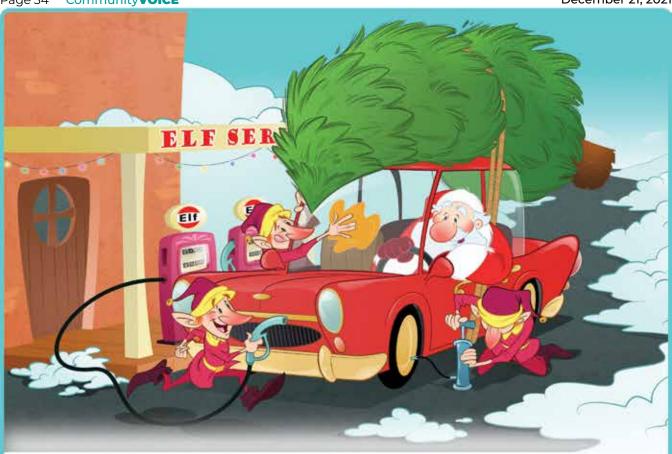


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Page 34 Community**VOICE** December 21, 2021



Here's hoping that you holiday
Leaves you laughing all the way...
And when the holiday is through
May much good cheer remain with you!

# Merry Christmas

From Management & Staff
At

Alsike Co-op Gas Bar Calmar Co-op Gas Bar	696-2487 985-4584

## WHITE CHOCOLATE PEPPERMINT FUDGE



TOTAL TIME: Prep: 10 min. Cook: 10 min. + chilling MAKES: 81 servings Ingredients

- •1-1/2 teaspoons plus 1/4 cup butter, softened, divided
- •2 cups sugar
- •1/2 cup sour cream
- •12 squares (1 ounce each) white baking chocolate, chopped
- •1 jar (7 ounces) marshmallow cream
- •1/2 cup crushed peppermint candy
- •1/2 teaspoon peppermint extract

Directions

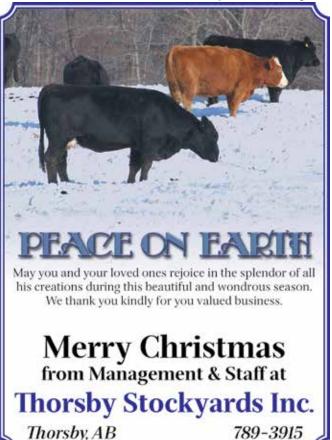
1.Line a 9-in. square pan with foil. Grease the foil with 1-1/2 teaspoons butter; set aside.

2.In a large heavy saucepan, combine the sugar, sour cream and remaining butter. Cook and stir over medium heat until sugar is dissolved. Bring to a rapid boil; cook and stir until a candy thermometer reads 234° (soft-ball stage), about 5 minutes.

3.Remove from the heat; stir in white chocolate and marshmallow creme until melted. Fold in peppermint candy and extract. Pour into prepared pan. Chill until firm.

4.Using foil, lift fudge out of pan. Gently peel off foil; cut fudge into 1-in. squares. Store in the refrigerator. Yield: 2 pounds.

Editor's Note: We recommend that you test your candy thermometer before each use by bringing water to a boil; the thermometer should read 212°. Adjust your recipe temperature up or down based on your test.







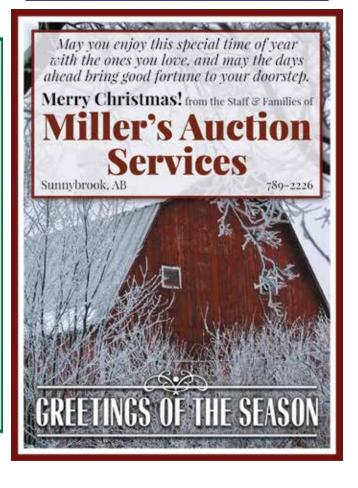
As we put yet another year out to pasture, we'd like to wish all of you a very joyous and satisfying holiday season. Working with great people like you has been udderly fantastic for us. Thanks!

From Oscar & Margaret

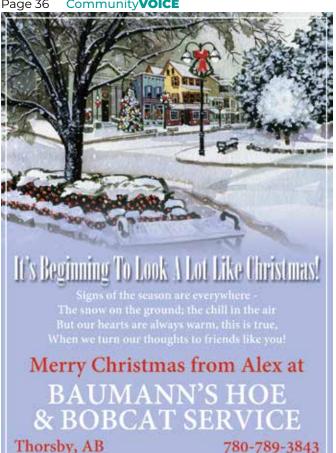
Oscar's Loader Service Ltd.

Warburg, AB

848-2472



Page 36 **Community VOICE** December 21, 2021



#### CHOCOLATE CHIP-COOKIE **DOUGH TRUFFLES**



Yield: about 20 truffles Prep: 30 mins Freeze: 30 mins Stand: 30 mins

Ingredients

- •1/3 cup butter, softened
- •1/3 cup packed brown sugar
- •1 tablespoon vanilla
- •1cup all-purpose flour
- •1 cup miniature semisweet chocolate pieces
- •4 ounces dark chocolate or semisweet chocolate, chopped
- •4 ounces chocolate-flavor candy coating, chopped
- •1 tablespoon shortening Directions
- 1. Line a 15x10x1-inch baking pan with waxed paper; set aside. In a medium bowl beat butter, brown sugar, and vanilla with an electric mixer on

medium speed until combined. Beat in flour just until combined. Stir in chocolate pieces. Shape dough into 1-inch balls. Place on prepared baking pan. Cover; freeze about 30 minutes or until firm.

- 2. Meanwhile, in a small saucepan heat chopped chocolate, candy coating, and shortening over low heat, stirring until until melted and smooth. Remove from heat.
- 3. Line a baking sheet with waxed paper. Using a fork, dip balls into chocolate mixture, allowing excess chocolate mixture to drip back into saucepan. Place dipped balls on the baking sheet. Let stand or chill about 30 minutes or until set. Lightly drizzle with the remaining melted chocolate mixture.

Storage: Place truffles in a single layer in an airtight container; cover. Store in the refrigerator for up to 1 week.



## lidings of Comfort &

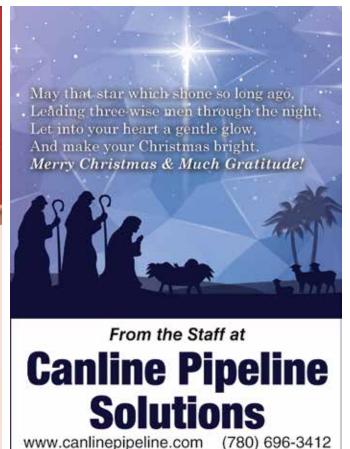
Wishing you a warm and cozy Christmas filled with family, friends and all the comforts of home. We thank you for giving us such a warm welcome here in the community and for your trust in us. Friends and neighbors like you make us feel especially grateful.

Happy Holidays! from Management & Staff at



Warburg, AB

848-2100



### **CHESTNUT, BACON & CRANBERRY STUFFING**

Prep: 30 mins - 40 mins Cook: 40 mins Plus 1 hour to soak the cranberries Makes 24 stuffing balls Ingredients

•100g dried cranberries

•50ml ruby port

•1 small onion, chopped •2 rashers unsmoked back bacon, cut into strips

•50g butter

•2 garlic cloves, chopped •450g sausage meat •140g fresh white or brown

breadcrumbs

•2 tbsp chopped fresh parsley

•½ tsp chopped fresh thyme leaves

•140g peeled, cooked chestnuts, roughly chopped •1 medium egg, lightly beaten

Directions:

1. Soak the cranberries in the port for an hour. Fry the onion and bacon gently in the butter, until the onion is tender and the bacon is cooked. Add the garlic and fry for another minute or so.

with all the remaining ingredients, including the cranberries and port, adding enough egg to bind - I find it easiest to use my hands. Fry a knob of stuffing in a little butter, taste and adjust the seasoning if

necessary.
3. To Cook: This stuffing can be baked in a dish, or rolled into balls that will be crisp on the outside and moist inside. To bake, press the stuffing into a greased ovenproof dish in a layer that is around 4cm thick. Bake at 190C/gas 5/fan 170C for about 40 minute, until browned and, in the case of sausagemeat stuffing, cooked right through. Alternatively, roll into balls that are about 4cm in diameter. Roast the stuffing balls in hot fat (they can be tucked around the turkey or done in a roasting tin of their own) for 30-40 minutes, until crisp and nicely browned on the outside.

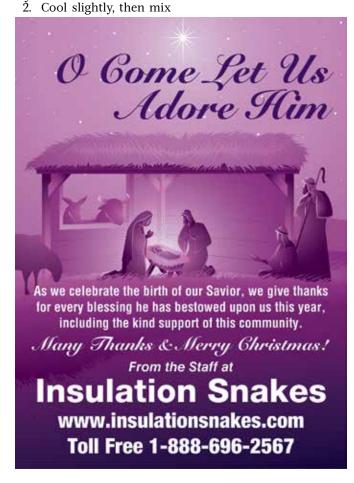


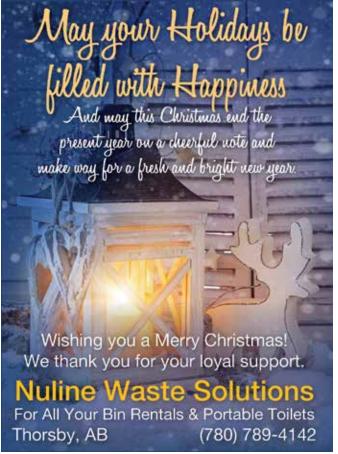
presence is one of the presents we most appreciate! Thank you for being a valued part of our

business at the holidays and all year.

**Season's Greetings** from Wilf & Staff at Wilf Brandt Trucking

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Page 38 Community**VOICE** December 21, 2021

## A LESS TRADITIONAL YET TASTY TAKE ON A HOLIDAY DINNER



Holiday dinners vary from household to household. Some might prefer a traditional meal of turkey with all of the trimmings, while others might want to try their hands at something new. For those among the latter group, the following recipe for "Winter-Stuffed Pork Tenderloin," from Laurey Masterton's "The Fresh Honey Cookbook" (Storey Publishing), is sure to make a splash at your holiday dinner table this season.

Winter Fruit-Stuffed Pork

Tenderloin

Serves 8

Ingredients

- •1/2 cup dried apricots
- •1/2 cup dried cherries
- •1/2 cup dried figs
- •2 pork tenderloins (about 3 pounds total)
- •1 teaspoon salt
- •1 teaspoon freshly ground black pepper
- •1 cup crumbled blue cheese
- •2 tablespoons extra-virgin olive oil
- •4 tablespoons butter
- •1/4 cup honey, preferably sourwood honey

Directions

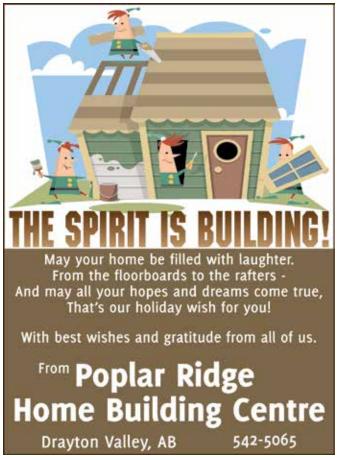
- 1. Mince the apricots, cherries and figs by hand or in a food processor.
- 2. Slice the tenderloins lengthwise, almost all the way through. Open them up and lay them flat. Place each tenderloin on a large piece of plastic

wrap. Cover with another piece of plastic wrap and pound each piece of meat with a meat tenderizer until it is about 1/2-inch thick. Remove the top piece of plastic.

- 3. Season the surface of the pork with the salt and pepper. Divide the fruit mixture in half and spread evenly on the cut surface of each tenderloin. Top each with half of the cheese. Roll up each tenderloin, using the bottom piece of plastic to help you, tucking in the fruit and cheese as you go. Tie kitchen string every 2 inches around the tenderloins, continuing to push in any fruit or cheese that may fall out.
  - 4. Preheat the oven to 450 F.
- 5. Heat the oil in a large skillet over medium-high heat. Sear the tied tenderloins, turning as each side is browned. Be careful when searing the open side,

as some fruit and cheese might fall out. You are just trying to seal in the meat juices, not trying to cook the pork all the way through.

- 6. Combine the butter and honey in a microwaveable bowl and microwave on high for about 20 seconds, or until the butter is melted. Drizzle the butter over the tenderloins.
- 7. Place the tenderloins on a baking sheet. Bake for 15 to 20 minutes, or until the meat reaches an internal temperature of 150 F. Remove the baking sheet and allow the tenderloins to sit for at least 10 minutes before slicing. This will keep the juices in the meat rather than all over your kitchen counter.
- 8. Snip off and discard the strings. Slice the pork into 1-inch-thick pieces and serve.







Presents may get much of the glory during the holiday season, but there is much to be said about the foods found throughout this time of year as well. During the holiday season, people frequently find that dinner invites, cocktail parties, office happy hour gatherings, and other opportunities for socialization are easy to come by. At the heart of these events are foods and beverages.

Whether one is hosting a holiday soiree or plans to bring something to a potluck party, it's helpful to have a list of fail-proof recipes at the ready. Tasting menus, bite-sized treats and finger foods are always a hit at holiday functions - and this recipe for "Mini Merry Meatballs," courtesy of the Cattlemen's Beef Board and National Cattlemen's Beef Association, is sure to please. Paired with a cranberry barbecue sauce, these savory appetizers are bursting with flavor and holiday appeal.

Mini Merry Meatballs (Serves 24)

1/2 pound ground beef brisket

1/4 pound ground beef ribeye steak boneless

1/4 pound ground beef (80 percent lean)

1 cup seasoned stuffing mix 1 egg, beaten

3 tablespoons water

1 teaspoon minced garlic

1/4 teaspoon salt

1/8 teaspoon pepper

Cranberry Barbecue Sauce:

2 teaspoons vegetable oil

1/2 cup chopped white onion

1 tablespoon minced garlic 21/2 cups fresh cranberries

1/2 cup orange juice

1/2 cup water

1/3 cup ketchup

# HOLIDAY APPETIZERS PERFECT FOR ENTERTAINING

1/4 cup light brown sugar 2 tablespoons cider vinegar 2 tablespoons molasses 1/2 teaspoon ground red pep-

per Salt

Preheat oven to 400 F. Combine brisket, ribeye, ground beef, stuffing mix, egg, water, garlic, salt, and pepper in a large bowl, mixing lightly but thoroughly. Shape into 24 11/2-inch meatballs. Place on a rack

in a broiler pan that has been sprayed with cooking spray. Bake for 13 to 15 minutes until the internal temperature reads 160 F.

Meanwhile, prepare the Cranberry Barbecue Sauce. Heat oil in a medium saucepan over medium heat. Add onions and garlic; cook and stir 2 to 3 minutes, or until tender, but not brown. Add remaining ingredients, stirring to combine.

Bring to a boil; reduce heat and simmer for 20 minutes, or until cranberries burst and the mixture has been reduced to a thick consistency, stirring occasionally. Remove from heat; cool slightly. Transfer mixture to blender container. Cover, allowing steam to escape. Process until smooth. Season with salt, as desired.

Serve meatballs with barbecue sauce.

# Coming Your Way:

# Our Best Wishes!

Hope this holiday season delivers a rush of happiness! May it find you surrounded by love, friendship, goodwill and good times.

Thank you for making our year run so smoothly. We wouldn't be here without good friends and customers like all of you.



Page 40 Community**VOICE** December 21, 2021

#### A HOLIDAY MULE TO WARM UP YOUR GUESTS



This extra-festive twist on a Moscow mule is sure to spice up your holiday party. Flavoured with the zing of ginger beer, notes of caramel and vanilla from bourbon, and balanced by the sweetness of

apple cider, it strikes a perfect balance.

"To make your drink look as good as it tastes, try garnishing with accents such as crystallized ginger," suggests Michelle Pennock, executive chef for the President's Choice Test Kitchen. "This small step brings the drink to the next level."

Maple Bourbon Cider Mule Prep time: 5 minutesServes: 1 Ingredients:

- 1/3 cup (75 mL) honeycrisp sweet apple cider
- 2 tbsp (25 mL) bourbon (1 oz)
- 4 tsp (20 mL) pure maple syrup
- 1 tsp (5 mL) fresh lime juice
- 1/4 cup (50 mL) ginger beer
- 1 slice crystallized ginger (optional)

Directions:

1. Fill cocktail shaker halfway with ice. Add apple cider, bourbon, maple syrup and lime juice. Cover and shake vigorously 15 to 20 seconds.

2. Strain into PC Stemless Red Wine Glass filled with ice. Top with ginger beer. Thread crystallized ginger onto wooden cocktail skewer (if using); place in glass.









# Sangria is often relegated to summertime patios, but this make-ahead pitcher drink is equally perfect for winter entertaining. Sweet-tart pomegranate juice and warm winter spices add festive flavour, and de-alcoholized red wine makes this a great non-alcoholic option.

"Spruce up this mocktail with sprigs of basil or fresh mint for an extra pop of colour and freshness," suggests Michelle Pennock, executive chef for the President's Choice Test Kitchen. "These small touches add bright tasting notes that get your guests' senses tingling and set the stage for your event."

Non-Alcoholic Spiced Sangria

Prep time: 15 minutes Cool time: 2 hours Serves: 8

Ingredients:

- 1 cup (250 mL) granulated sugar
- 1/2 tsp (2 mL) cinnamon
- 1/4 tsp (1 mL) each ground allspice and ground cloves
- Pinch (0.5 mL) ground nutmeg
- 1 navel orange (peel on), thinly sliced into rounds
- Half lemon (peel on), thinly sliced into rounds
- 1 bottle (750 mL) PC Red De-Alcoholized Wine with Natural Flavour, chilled
- 2 cups (500 mL) 100% pomegranate juice
- 1 cup (250 mL) pulp-free

# A MERRY MOCKTAIL FOR THE HOLIDAYS

orange juice

- 1/4 cup (50 mL) frozen pomegranate arils

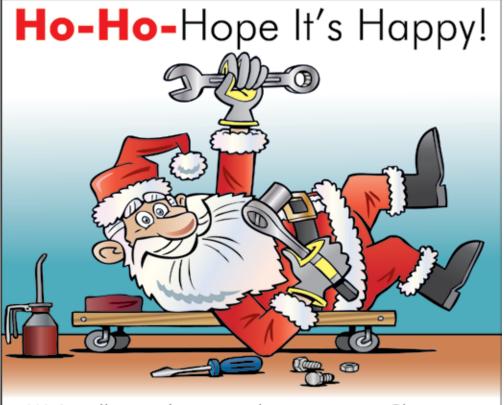
Directions:

1. Bring sugar, cinnamon, allspice, cloves, nutmeg and 1 cup water to a boil in small saucepan over medium-high heat. Cook, stirring often, until sugar is dissolved; about 2 minutes. Remove from heat; let cool 30 minutes. Refrigerate syr-

up until chilled; about 30 minutes.

- 2. Stir together orange, lemon, 1 cup wine, pomegranate juice, orange juice and ¼ cup syrup in 3-L (12 cup) pitcher. Cover and refrigerate one hour or up to 12 hours.
- 3. Stir in frozen pomegranate arils and remaining wine. Divide among wine glasses filled with ice.

Chef's tip: You'll make more of the spiced syrup than you need for one batch of this sangria. Refrigerate the remaining syrup in an airtight container or jar for up to one month and use in your favourite cocktails and mocktails, or as a dressing for fruit salad.



We're all revved up to wish you a merry Christmas powered by faith, family, friendship and joy.

Big thanks to all of our valued customers for your trust in us. Merry Christmas, everyone!

# From Fraser & Staff of Nitro Nut Mechancial

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Page 42 Community**VOICE** December 21, 2021

#### A DESSERT TO PLEASE SOUL FOOD DEVOTEES

Soul food is beloved by many people across the globe. While certain main dishes garner the bulk of that love, soul food desserts, such as the following recipe for "Miss Ruthie's Old-Fashioned Peach Cobbler" from Patty Pinner's "Sweets: Soul Food Desserts & Memories" (Ten Speed Press) can complete a meal and keep friends and family coming back for more.

Miss Ruthie's Old-Fashioned Peach Cobbler

Makes one 8-inch cobbler

Ingredients

- •1 unbaked double pie crust (see below)
- •8 cups peeled and sliced fresh peaches
- •2 cups granulated sugar
- •1/4 cup all-purpose flour
- •1/2 teaspoon ground cinna-
- •1/2 teaspoon ground nutmeg
- •1/8 teaspoon ground allspice
- •1/2 cup (1 stick) unsalted butter, melted
- •1 teaspoon vanilla extract Directions
- 1. Preheat the oven to 475 F.

- 2. Lightly butter an 8-inch square glass dish. Set it aside.
- 3. Prepare the pasty for a double-crust pie. Set it aside.
- 4. Combine the peaches, sugar, flour, cinnamon, nutmeg, and allspice in a 4-quart Dutch oven. Allow the mixture to sit until the dry ingredients are dissolved and a syrup forms, about 15 minutes. Bring the peach mixture to a boil over medium heat. Decrease the heat to low and cook until the peaches are tender, about 10 minutes. Remove the mixture

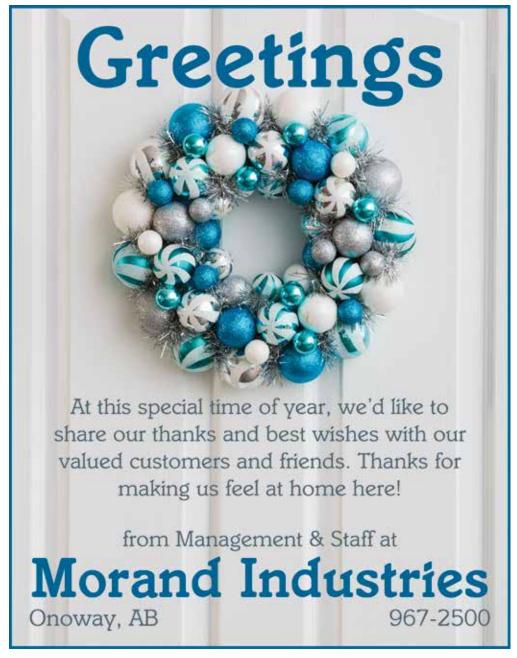
from the heat and add the but-

5. Roll out half of the pie pastry, then cut it into an 8-inch square. Spoon half of the peach mixture into the prepared dish. Cover the mixture with the pastry square. Bake 12 to 14 minutes, or until lightly browned. Take the dish out of the oven and spoon the remaining peach mixture over the baked pastry. Roll out the remaining pastry, then cut it into strips about an inch wide. Arrange the strips in a loose lattice pattern over the peach mixture. Bake an additional 15 to 20 minutes, or until browned. Remove from the oven. Serve warm.

Double Pie Crust Ingredients

- •2 cups all-purpose flour, sift-
- •1/2 teaspoon salt
- •1 cup vegetable shortening, chilled
- •1 egg, beaten
- •6 tablespoons cold milk

In a bowl, combine the flour and salt. Cut the shortening into the dry ingredients with a fork or by pinching the shortening into the flour mixture with your fingers. The result should be coarse crumbs and small clumps the size of peas. Add the egg and mix well. Add the milk 1 tablespoon at a time. Don't be afraid to add more milk if necessary to achieve a dough that's wet enough to form into a ball. Being careful not to overwork the dough, form the dough into a ball with your hands. Wrap the ball in plastic, then chill in the refrigerator for 30 minutes. Transfer the dough from the refrigerator to a lightly floured surface. Flatten the ball slightly and dust the top of it with flour before rolling it out with a rolling pin. Divide the dough into two portions before rolling. Begin rolling at the center of the dough and work outward. Roll the dough out into a circle about 4 inches wider than the pie pan it will be placed in.



# A TASTY TREAT FOR HOLIDAY GUESTS



Hosting family and friends is one of the joys of the holiday season. For many families, holiday gatherings are the one time of year when all family members get together to enjoy time as a family.

Holiday hosts not only have a lot on their plates, but they also want to ensure their guests end up with lots on their plates. Food plays a central role at holiday parties and dinners, and hosts who want to try their hand at creating a decadent treat their guests have likely never tasted before, can consider the following recipe for "Aint Luverta's Dr. Pepper Cake," courtesy of Patty Pinner's "Sweets: Soul Food Desserts & Memories" (Ten Speed Press).

Aint Luverta's Dr. Pepper Cake

Makes one 9- by 13-inch cake Ingredients

Cake

- •2 cups all-purpose flour, sift-
- •1 teaspoon baking soda
- •2 cups granulated sugar
- •1 cup (2 sticks) unsalted butter
- •11/2 cups miniature marshmallows
- •3 tablespoons unsweetened cocoa powder
- •1 cup Dr. Pepper
- •2 eggs
- •11/2 cups buttermilk
- •1 teaspoon vanilla extract
- Dr. Pepper Frosting
- •1/2 cup (1 stick) unsalted butter, softened
- •6 tablespoons Dr. Pepper
- •3 tablespoons unsweetened cocoa powder
- •1 1-pound box confectioners'

sugar, sifted

- •1 teaspoon vanilla extract
- •1 cup chopped pecans Directions

Preheat the oven to 350 F. Grease, but do not flour, a 9-by 13-inch pan. Set it aside.

To make the cake, in a large bowl, sift together the flour and baking soda. Gradually stir in the sugar. Set aside.

In a saucepan, heat the butter, marshmallows, cocoa, and Dr. Pepper. Stir constantly until the butter and the marshmallows are melted. Do not allow the mixture to boil. Pour the marshmallow mixture over the flour mixture. Beat well. Set side. In another bowl, beat the eggs until they are light and fluffy. Stir in the buttermilk and vanilla extract. Mix well. Beat the egg mixture into the flour mixture until well blended and the batter is smooth. Pour the batter into the prepared pan. Bake for 50 to 55 minutes, or until the center of cake springs back when lightly touched. Let

the cake cool on a rack for 10 minutes.

To make the frosting, in a saucepan, combine the butter, Dr. Pepper and cocoa powder. Bring the mixture to a boil over low heat, stirring constantly. Remove the pan from the heat. Gradually stir in the confectioners' sugar until the mixture is smooth, then fold in the vanilla extract and pecans. Spread over the warm cake.



#### Page 44 Community**VOICE**

Yield: 40 kringla Prep: 45 mins Chill: 1 hr Bake: 425°F 5 minsper batch Ingredients

## EGGNOG KRINGLA

- 1/2 cup butter, softened
- 3/4 cup sugar
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon freshly grated nutmeg or 1/2 teaspoon ground nut-

meg

- •1/4 teaspoon salt
- •1/4 teaspoon ground car-

damom (optional)

- •1 egg
- •1/2 teaspoon vanilla
- •1/2 teaspoon rum extract
- •3 cups all-purpose flour
- •3/4 cup dairy eggnog
- •1 recipe Eggnog Icing
- •Freshly grated nutmeg or ground nutmeg

Directions

1. In a large bowl beat butter with an electric mixer on medium to high speed for 30

seconds. Beat in the sugar, scraping sides of bowl occasionally. Beat in baking powder, baking soda, the 1 teaspoon fresh nutmeg, salt, and, if desired, cardamom until combined. Beat in egg, vanilla, and rum extract until combined. Alternately add flour and eggnog, beating after each addition until combined. Divide dough in half. Wrap and chill for 1 to 2 hours or until dough is easy to handle.

- 2. Preheat oven to 425 degrees F. On a well-floured surface, roll half of the dough at a time into a 10x5-inch rectangle. Using a sharp knife, cut each rectangle crosswise into twenty 5x1/2-inch strips. Roll each strip into a 10-inch rope. On an ungreased cookie sheet, shape rope into a loop, crossing rope over itself about 1 1/2 inches from ends. Twist rope at crossing point. Lift ends over loop and the ungreased cookie sheet.
- 3. Bake in the preheated oven about 5 minutes or until tops are very light brown. Transfer to a wire rack; cool completely. Drizzle cookies with Eggnog Icing. If desired, sprinkle with additional nutmeg.

Storage: Layer cookies between sheets of waxed paper in an airtight container; cover. Store in the refrigerator for up to 3 days or freeze up to 3 months.

Nutrition Facts: Calories 104, Protein (gm) 1, Carbohydrate (gm) 18, Fat, total (gm) 3, Cholesterol (mg) 15, Saturated fat (gm) 2, Monosaturated fat (gm) 1, Sugar, total (gm) 10, Vitamin A (IU) 97, Thiamin (mg) 0, Riboflavin (mg) 0, Niacin (mg) 1, Folate (µg) 16, Cobalamin (Vit. B12) (µg) 0, Sodium (mg) 77, Potassium (mg) 23, Calcium (DV %) 20, Iron (DV %) 1, Percent Daily Values are based on a 2,000 calorie diet



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Page 46 Community**VOICE** December 21, 2021

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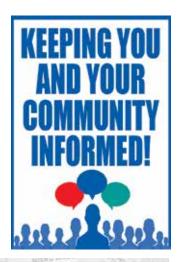
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of the week

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5	4	7				3	
	2	9	3	5			7
				9		4	6
			5			2	
		6		8			5
9	5		2			8	3
4	8			7		5	
7	6			3	5		

























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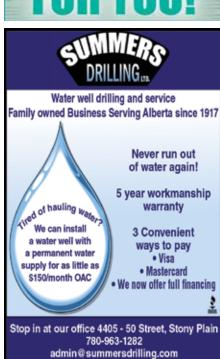
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