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April 19, 2022

MAYERTHORPE WELCOMES NEW ECONOMIC DEVELOPMENT/ COMMUNICATION SPECIALIST

Submitted by Town of Mayerthorpe

Town of Mayerthorpe welcomes Sherry Poole to the position of Economic Development/Communication Specialist.

Ms. Poole commenced her position with the Town on April 7, 2022.

A seasoned economic development practitioner, Ms. Poole brings 25 years of experience creating impactful outcomes in economic and community development. Her credentials include Cert. Mgmt. in Economic Development, Cert. Technology-Led Economic Development, Economic Recovery and Resiliency Train-

ing, and Bachelor of Science and Business Management. She has extensive experience in Market Research, Funding Development, Project Planning and Management, Client Centric Focus & CS Excellence Driven Resource Management, Budget Planning and Fiscal Management, Capacity...

Continued on Page 2

INTERMUNICIPAL COLLABORATION FRAMEWORK JOINT MEDIA RELEASE

Submitted by Town of Mayerthorpe

Lac Ste. Anne County and the Town of Mayerthorpe today announced the finalization of their Intermunicipal Collaboration Framework (ICF) agreement, thus concluding protracted negotiation efforts spanning several years. The parties reached terms of a five-year ICF by negotiated agreement on November 19, 2021.

ICFs are provincially-mandated agreements between bordering municipalities that are intended to integrate and streamline resources.

Following many rounds of negotiation attempts, the ICF mediation talks ended in 2020 with key issues unresolved. On June 15, 2021, Minister of Municipal Affairs Ric McIvor appointed an arbitrator to help resolve outstanding ICF issues between both parties. At

the core of this arbitration was the Recreation and Culture Services Agreement. Both municipalities devoted significant time and resources to sharing evidence and information on recreation and culture issues including facility operating costs and historical recreation funding amounts. At the conclusion of this process, a financial agreement was reached that allowed the...

Continued on Page 2



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Mayerthorpe Welcomes New Economic Development/Communication Specialist

Continued from Page 1

...and Networking Building. Ms. Poole moved to the area to be closer to family and is looking forward to working with Town officials in advancing the Town's economic development goals and objectives. She will be taking the time to engage with business

and industry to gain a better understanding of the community's strengths and opportunities.

"I am very pleased to welcome Sherry to the Town's organizational team. Ms. Poole's expertise, network of connections, and extensive experience will be a great asset to Mayerthorpe", said CAO St. Martin.

"To build a resilient community, economic development is essential. Council's strategic planning identified it as being of paramount importance," said Mayor Jabush. "Council and I are thrilled to have Sherry on board and we're excited to see where this seasoned professional's vision leads!"

Intermunicipal Collaboration Framework Joint Media Release

Continued from Page 1

...Town and County to finalize their ICF agreement and avoid a lengthy and expensive arbitration hearing.

Although the process was challenging at times, the Town and County are pleased to

have resolved the terms of this agreement and are eager to move forward in a positive direction. As part of the agreed resolution, Lac Ste. Anne County will withdraw its amalgamation request.

An additional outcome of the recent arbitration was the formation of an ICF commit-

tee. The Town and County are committed to using the newly formed ICF Committee to help support a more robust approach to intermunicipal collaboration in the coming years. The first meeting of this committee is expected to occur by June 2022.



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JOKE of the week

A girl walks into the kitchen first thing in the morning to find her mother holding a cookie jar and tapping her foot angrily.

"Young lady," says her mom, "last night I left 2 cookies in the jar, and now there's only one. How do you explain that?"

"I guess it was so dark I missed the second one."
— says the girl.



RICH VALLEY SCHOOL KINDERGARTEN — 2022-23 REGISTRATION —

If your child is 5 yrs old by Dec. 31, 2022, he or she is eligible to register for

Kindergarten. We will be holding a pre-registration meeting on

Apr. 21 @ 6:00 pm for the 2022-2023 school term. This will be an in-person meeting and you will be able to meet the teacher and check out the classroom.

If you would like to skip the meeting but still register your child for Kindergarten at Rich Valley School, then please go to our website richvalleyschool.ca for registration forms.

You can email the registrations to judy.Damery@ngps.ca, drop them off in the school mailbox outside, or mail them to the school. (R.R.1 Gunn, AB T0E 1A0).

If you have any questions please contact the office @ (780) 967-5754.

COUNTY NEWS HIGHLIGHTS

Submitted by Lac Ste. Anne County

Mountain Pine Beetle Protection for high value pine trees.

Small pouches of Beetle Block Verbenone can protect mature pine trees from attack by Mountain Pine Beetle (MPB).

Verbenone orders are available for pickup from Lac Ste. Anne County:

\$10/pouch or \$90/pack of 10 (including gst)

Please call ahead to reserve a time for pick-up and to pay for your order.

Sales will continue until supplies are gone. We are also happy to provide further consultation about this product.

Contact Details:
Lac Ste. Anne County Horticulturist

Interested In Getting Into Local Food Markets?

Need more information?

Courtesy of Leduc County, they've kindly shared the details to extend to our County residents. A webinar is being planned to communicate the various resources available

for different stages of business development.

Where are you on the spectrum of direct-market sales and growing your farm business? Are you looking at farmers' markets, on-farm sales, or retail and food service markets?

When: April 25, online Zoom Time: 1:30 - 2:15 p.m.

Cost: FREE
Solid Waste Utility Bills Did you receive yours?

Please note that the 2022 Solid Waste Utility Bills were mailed March 31st. If you didn't receive a bill and believe you should have please call our Administration Office.

Wastewater Hauler rate decrease

In conjunction with the road ban, please note that Lac Ste. Anne County, North 43 Lagoon

Commission, and Darwell Lagoon Commission are implementing a wastewater hauler rate decrease to \$32.50 per legal load from the current rate of \$65 per legal load until Lac Ste. Anne County spring road bans are lifted.

Onoway Facility Enhancement Association

The Onoway Community Hall is a busy place!
Come and enjoy our great food & events

LUNCHEON

Homemade lunch on Friday, April 22, 11:00 - 1:00
Soups: Lemon Chicken Orzo or Cream of Mushroom
Sandwiches: Grilled Ham & Brie or an Oriental Chicken Wrap
\$15 Comes with a coffee or water.
Add a piece of chocolate cake, \$3
Preorders are accepted. 780-902-4789 after 9 am that day.
Eat in or take out.

PANCAKE BREAKFAST

Sunday, April 24, 9-noon
Sausages, eggs, pancakes, juices & coffee.
Adults \$10, 10 yrs & under \$5, 2 & under free.

SIP & CRAFT

Saturday, April 30, 7:00pm
Gather your friends and enjoy a night out making a craft & sipping on a beverage. This spring project is made of wood & is either garden tags, \$70 or a planter, \$90. A glass of Prosecco comes with the price. There will be other snacks & drinks available to buy. Adults only.

To register please email: ofea2021@hotmail.com
Go to the Onoway Community Hall page on Facebook for more information

ONLINE AUCTION SALE

SPRING CONSIGNMENT SALE PLUS MANY OTHER CONSIGNORS

START OF RETIREMENT SALE FOR NRG GROUP OF COMPANIES ALBERTA-BASED, RETIREMENT SALE FOR DONNA HAYDUK AND RON KLAPESTEIN OF SPRING LAKE, RETIREMENT SALES FOR A COMMERCIAL ELECTRICAL CONTRACTOR, PLUS MANY OTHER CONSIGNORS STORAGE WAR CONTAINERS FROM VARIOUS ESTATES

Hwy 16A West, Range Road 11
Stony Plain, Alberta

Sunday April 24, 2022 at 6am - Friday, April 29, 2022 at 2pm
Load out: Saturday, April 30, 2022 at 10am - 5pm
Sunday, May 1, 2022 - CLOSED

This sale will be online internet bidding only.

As new product comes in our online auction catalogue gets updated.

Keep checking in so you don't miss anything.

Donna Hayduk - Kabota L6060 comes with LA 1055 loader & 3 point hitch - Low Hours

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June 20th - Closing June 24th

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Visit [LSAC.ca](https://lsac.ca) to explore the latest Lac Ste. Anne County news and events in greater detail.

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County News Highlights

April 18

County Office Closed

*April 28, 2022

County Council Meeting

ADMINISTRATION BUILDING STRUCTURAL ISSUES

Investigation continues

Lac Ste. Anne County continues to work towards resolution of the Administration Building structural issues.

To protect the County's interests, the lawsuit against the parties involved in the management, design, and construction of the Administration Building is ongoing. Litigation steps are expected to be taken throughout 2022.

Structural investigations and development of solution options continue. Once long-term solutions are provided to us, they will be considered with the goals of ensuring that the interests of the County residents and ratepayers are addressed, and they have a quality building to support the important services the County delivers.

We also remain focussed on ensuring that in the interim the building remains safe and appropriate mitigation measures are taken.

Based on the advice of the County's legal counsel handling the lawsuit, limited information can be shared during the litigation process. Unfortunately, elected officials and staff are not able to provide any comments or additional information at this time.

Lac Ste. Anne County Council and Administration continue to sincerely thank ratepayers for their understanding as we work to bring this matter to conclusion.

BEAVER CONTROL

Trapping season is now underway.

Please exercise caution and keep dogs leashed in common trap areas.

The County has begun setting beaver traps in problematic locations (ditches and ravines). Residents are strongly encouraged to keep their pets on leashes if they plan to venture into ditches.

If you encounter a beaver trap, do not go near or touch it; a beaver trap is a dangerous device. If you are trapping beavers, please make sure to follow the Code of Responsible Trapping, available at albertaregulations.ca

Please note that as stated in the 2021-22 Alberta Guide to Trapping Regulations, fur-bearing animals must be trapped using methods that are proven to avoid unnecessary pain and suffering.

The manner in which animals are trapped is a concern of many Albertans, including trappers.

Visit [LSAC.ca/beavers](https://lsac.ca/beavers) for more information on the County's beaver abatement program.

EARTH DAY

Time to celebrate.

Community Services - A FREE program for children up to 5 years old.

Join us for an Earth Day Celebration on April 22 from 9:30 a.m. - 11:00 a.m. at the Onoway Heritage Centre.

REGISTRATION is required (first-come, first-serve). Please contact Vivian at 780-284-9399. Note that children must be accompanied by a parent or guardian.

SENSORY PLAY

Time to get messy.

Community Services - Another FREE program for children up to 5 years old.

Sensory Play is also scheduled for Fridays: April 29, May 6 & May 13 from 9:30 a.m. - 11:00 a.m., also at the Onoway Heritage Centre.

REGISTRATION is required (first-come, first-serve). Please contact Vivian at 780-284-9399. Note that children must be accompanied by a parent or guardian.

SQUEAL ON PIGS

Hunting is not an effective control option.

Feral pigs, also known as wild boars at large, are one of the most damaging invasive species in North America.

On May 11 at 6 p.m., please sign up for a virtual forum, hosted by the Alberta Invasive Species Council.

Visit [LSAC.ca/Agriculture](https://lsac.ca/Agriculture) for calendar event details to register.

LESSARD LAKE OUTDOOR EDUCATION CENTRE

Bookings are available

Lessard Lake Outdoor Education Centre is available to rent for events such as weddings, family reunions, birthdays, etc. There are numerous dates available through the Spring, Summer and Fall. There are 4 cabins (with bunkbeds) included in the rental, along with a large group camping area and 10 power/water pedestals - plus firewood! Please contact Taryn at the County Administration office for further details.

MP SOROKA ASKS THE MINISTER TO STOP TAX INCREASES

Submitted by Gerald Soroka
MP for Yellowhead

Gerald Soroka, Member of Parliament for Yellowhead, asked the following during Question Period:

"Mr. Speaker, my constituent, Darren, sent me the following message on how inflation is affecting his life. He said, "With payments, registration, repairs and fuel to drive to work, there

isn't much motivation to keep working. Then the government takes two-thirds of my income for income taxes, CPP, EI and the carbon tax. I will have to soon borrow money to be able to stay working.

When will this Liberal government start listening to Canadians and stop these continual tax increases?"

Reply:

Terry Beech (Parliamentary

Secretary to the Deputy Prime Minister and Minister of Finance, Lib.):

"Mr. Speaker, our government has been focused on affordability issues and issues around inflation. Since taking office in fact, it was our government that implemented a thorough poverty strategy that lifted 1.3 million Canadians out of poverty.

We are investing in programs

like childcare that is going to lower the cost of childcare in B.C. by 50% by the end of this year. We are investing in the national housing strategy to make sure people can afford a place to live. These are all measures the Conservatives are not supporting, but we are going to get it done."

REMINDER NOMINATION DEADLINE FOR QUEEN ELIZABETH II'S 70TH PLATINUM JUBILEE PIN

Submitted by MLA Gerald Soroka

The Platinum Jubilee Pin will be awarded to those who have demonstrated the qualities extolled by Her Majesty the Queen: public service, dedication, and sacrifice.

If you know someone who has gone above and beyond what has been asked of them and you believe is deserving of this award, I invite you to nominate them.

A nomination form can be obtained by calling my Edson office at: 780-723-6068 or 1-800-268-7117.

You can also email my office at: Gerald.Soroka.c1@parl.gc.ca and a nomination form will be emailed to you.

Please note:

1. After May 15, all nominations will be given to an independent, non-political panel of judges who will determine the recipients.

2. All personal information will be kept private and confidential.

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Ag Barn - Bablitz Hall - Group Photo	9:00AM
Consumer Decision Making Judging	9:15am - 12:00pm
Lunch and CDM Awards	12:00pm - 12:45pm
Barrhead Ag Barn - Bablitz Hall	
Livestock Judging Registration	12:30pm - 1:00pm
Barrhead Ag Barn	
Large Group Photo	1:10pm
Livestock Judging and Awards	1:15pm - ~4:30pm

Classes:
 Consumer Decision Making - *WELDS BREADS ACTIVE WEAR
 HOCKEY STICKS* ID CLASS
 Livestock Judging - *DAIRY HORSE MARKET HOG MARKET
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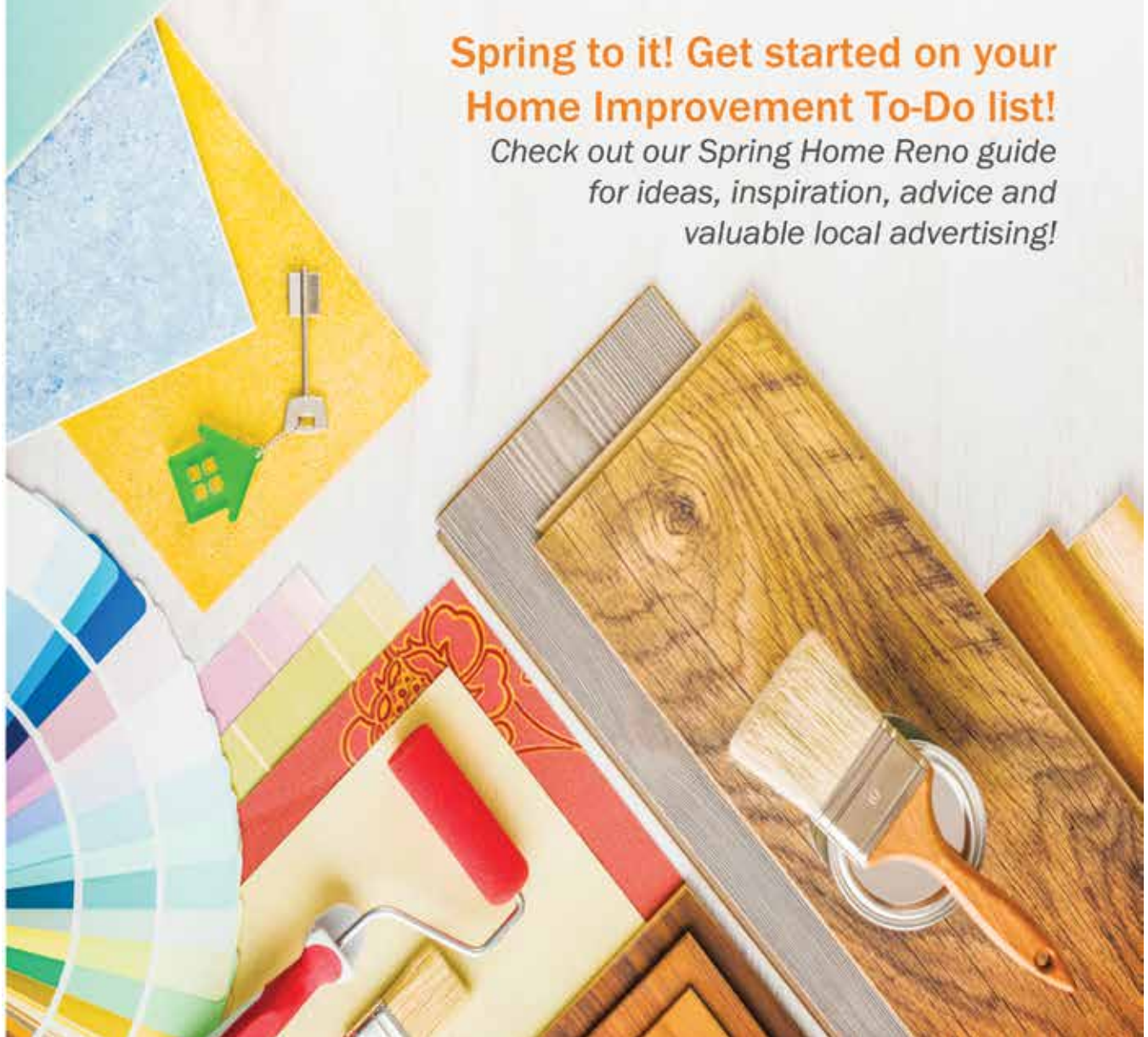


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MARCH 2022

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ADD CURB APPEAL TO YOUR PROPERTY

Many people are familiar with the idea that a strong first impression can go a long way. While that idea is most often referenced in regard to personal interactions, it's also applicable to real estate.

When selling a home, homeowners who emphasize curb appeal may find it far easier to sell their homes. Curb appeal refers to the impression a home's exterior makes on people seeing the home for the first time. In 2014, the online real estate database Zillow surveyed real estate agents and found that curb appeal was one of the five most important factors when selling a home.

Projects that improve curb appeal can be vast undertakings or simpler projects, and the following are a handful of projects to improve a home's curb appeal that run the gamut from simple to complex.

- Clean up the yard. Cleaning up the yard is among the simpler yet most effective projects to improve a home's curb appeal. When selling their homes, homeowners should clear the yard of any clutter, including kids' toys, grass clippings or items that might be scattered throughout the yard. A cluttered yard suggests homeowners do not care much about their home's appearance, and that may

lead buyers to think that indifference extended to maintaining the home's interior as well. Many buyers will ignore properties without any exter-

nal aesthetic appeal, but cleaning up the yard does not require much effort or expense on the part of sellers.

- Make the main entry-

way more inviting. Creating a more inviting entryway won't be as simple as cleaning up the yard, but it can help create a ...

Continued on Page 10

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Add Curb Appeal To Your Property

Continued from Page 9

...strong first impression without breaking the bank. To begin, remove plants and furniture from the front porch or area surrounding the doorway, as such items can create a cluttered feel. If the front door is old, replace it. Custom doors may be expensive, but they might add the wow factor buyers are looking for. If a new door is beyond your means or just unnecessary, repaint the door, ideally in a color that complements the col-

or of your home and the surrounding landscape.

• Address pavement problems. Paving problems are not necessarily an expensive fix, but the cost of repairing driveways and walkways can add up if it's been awhile since these areas were refurbished. Still, one of the first things buyers will notice when getting out of their cars is the ground they're walking on, so patch and repair or even replace driveways and walkways that have fallen

into disrepair.

• Add or upgrade outdoor living spaces. Outdoor living spaces also can set a property apart from others on the market. A recent study from the National Association of Realtors found that buyers would not hesitate to pay asking price for homes with outdoor living spaces. When adding or upgrading outdoor living spaces, try to depersonalize the spaces as much as possible, as buyers want to picture themselves, and

not the sellers, enjoying these areas. Include some comfortable furniture, adequate lighting and a dining area in your outdoor living space as well.

Curb appeal can add a lot to a home, while lack of such appeal can make a home difficult to sell. Homeowners who want to sell their properties for asking price or more should address curb appeal before putting their homes on the market.

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FACTORS TO CONSIDER WHEN PLANNING A HOME OFFICE

As technology has made working remotely easier, more and more professionals are working from home. Working from home can help working parents save money on childcare costs and help all workers avoid rush hour traffic jams and the costs of commuting to and from the office.

The right working environment is essential for men and women who work from home. An environment that's conducive to work can help people increase their productivity and make their employers

more likely to allow more employees to work from home. Professionals who are new to working from home may find it takes some time before they can create the perfect working environment, but the following are a few factors to consider when planning a home office.

Space

One of the disadvantages to working from home is that remote workers don't have access to the same level of equipment as in the main office, such as col- or copiers or scanners. If

you want to include even scaled-down versions of such equipment in your office, you will need ample space. In addition, less spacious home offices can feel too tight and enclosed, making workers uncomfortable and less enthusiastic about working every day. Pick a spot in your home that affords room for your equipment and the ability to move around so you don't feel cramped throughout the workday.

Lighting

Lighting is another factor remote workers must con-

sider when they're planning their home offices. Natural light can provide an energetic boost and improve your mood, so choose a room in your home that gets lots of sunlight during the day. Many professionals who work remotely do so from the basements of their homes, which can make it difficult to rely on natural light. If the basement is the only location in your home that can fit a home office, look for lighting sources that replicate daylight so you are not working in...

Continued on Page 12

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Living HOME ENO GUIDE



Factors To Consider When Planning A Home Office

Continued from Page 18

....dark quarters. Speak with your physician about how to arrange lighting to reduce eyestrain caused by staring at a computer.

Connectivity

Connectivity also must be considered when planning a home office. While wireless Internet has made Internet dead zones less problematic, certain areas or rooms in your home may still be touch-and-go with regard to Internet connectivity. Such areas should be avoided when choosing

a room for your home office, as it can be difficult to remain productive if your connection to your office's external server is routinely compromised. Find an area where the wireless connection is always strong.

Distractions

While your home might be empty for much of the day, you don't want to be distracted when the kids come home from school or when your spouse or roommate arrives home from work. Avoid putting your home office too close to popular hangout areas in your

home, such as the kitchen and the living room. Instead, choose a room where you have lots of privacy so you can focus on your work and won't be routinely interrupted.

Working from home can pay numerous dividends, but professionals who telework must put careful thought into the rooms or areas of their homes where they plan to work.



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CREATE KID-FRIENDLY SPACES AT HOME

Maintaining a home that is welcoming and kid-friendly can be challenging. Kids are full of energy and oftentimes put fun ahead of tidiness. But no matter how energetic their youngsters are, parents can still employ several strategies to ensure their homes are both sophisticated and child-friendly.

- Consider an open floor plan. Rooms that flow into one another make it easier to keep tabs on children. Such rooms also allow residents and guests to mingle in separate rooms but not be too far away from one another.

- Choose washable fabrics. Upholstery will need

to stand up to the abuse kids can dish out. Sofas and chairs with slipcovers can be advantageous because many slipcovers can be easily removed and laundered. Patterned fabrics will hide some stains, while treated fabrics may resist liquid spills for easier cleanup.

- Create a catch-all spot. Special bins or other organizational tools in the entryway can help to cull clutter when children come in the house from school or play. Be sure the keep cubbies, containers and coat hooks at a child-friendly height.

- Look for high-traffic rugs. Rugs designed for high-traffic areas will be more for-

giving when children march across them several times per day. There are no rules that say you can't bring an outdoor rug inside, and these rugs tend to be easier to clean.

- Ensure there is plenty of seating. Sectionals give children ample room to spread out. And ample seating ensures there is enough room for kids to invite their friends over to hang out.

- Think outside pink and blue. For children's rooms, make sure they're colorful, but consider other hues to give the rooms some personality. Focus on a hobby or activity and borrow the color scheme from the ac-

cessories used for decorating.

- Hang whimsical artwork. Employ framing and lighting to make kids' artwork look like professional pieces. Routinely change the pictures when a new look is desired.

- Designate a place for play. Devote an entire room or a nook in a house for imaginative play. Store toys here so these items will not create clutter in individual bedrooms.

Creating child-friendly spaces while ensuring a home maintains a sophisticated feel is easier than parents might think.



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WHAT MATTERS TO YOU – EASTER

Submitted by MLA Shane Getson

Like many families over the last couple of years we have had to change our normal routines, and this spring, I for one am very happy to be able to return to some semblance of normal.

The trend lines are all heading the right way, and the last push to remove the remaining restrictions will be right around the corner. I am truly looking forward to taking a long Easter break, having family over for Easter dinner for the first time in 2 years, and an “Easter

Egg Scavenger Hunt” with the kids and their cousins. I am sure that the Easter Bunny will have his hands full leaving treats in the most odd and unusual places for all the little ones out there, as he has for so many years.

We will be making the

Ukrainian Easter eggs this weekend, they too have become a family tradition over the years. My wife's cousin is an absolute artist when it comes to the traditional eggs and inspired the kids to do the same at home. It's a toss up between my wife and eldest daughter having ability for fine detail and motor control of who produces the best traditional eggs.

This year I think the theme may take on a more serious tone however as we think about what is happening in Ukraine with the Russian invasion. One of my wife's cousins is sponsoring a family member and her daughter to come live with them in Calgary, as she and her daughter find a safe place to be while the conflict runs its course, her husband stayed behind to fight. I have heard that many more families in our area, and across the province are doing the same for their friends and family from Ukraine.

Easter of course is more than the meals, the friends, family, the eggs. In the Christian faith, if not the most significant, a tie as to the most important miracle that took place involving Jesus Christ. Regardless of your beliefs the values of the Easter story resonate with all people, of holding true to your beliefs, your morals and principals, even in the face of persecution, having close friends turn on you, public shaming, and even death itself. The resolve that it took, to not take the easy way out or give in, and to stay the course for all the right reasons for others, how does that not tug at the soul.

Continued on Page 16

PREVAIL

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pH imbalance	balanced pH
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PLANNING & DEVELOPMENT

LAC STE. ANNE COUNTY: NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at **1-866-880-5722** or devassistant@lsac.ca, Monday to Friday 8:30 am to 4:30 pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL BODY	APPEAL DEADLINE
22-D0051	Lot 11, Block 1, Plan 0821529, Tuscany Hills within SE 34-54-01 W5M 22, 54514 RGE RD 12	Project management consulting home-based business	Lac Ste. Anne County Subdivision & Development Appeal Board	May 9, 2022
22-D0068	Lot 5, Block 1, Plan 0726923, Lessard Landing within NE 34-55-05 W5M 5, 55530 RGE RD 52	2 RVs Tiffin Mortorhomes, Allegro Open Road 36' long and Trailer 29.0' long	Lac Ste. Anne County Subdivision & Development Appeal Board	May 9, 2022
22-D0064	SW 30-54-02 W5M 2522 TWP RD 544	Additional Residence Main Floor 38.0' x 60.0' (2310.0 sq. ft.), 2nd Floor 38.0' x 37.0' (1410.0 sq. ft.), with Attached Garage 38.0' x 40.0' (1520.0 sq. ft.), Wall Heights 9.0'	Land & Property Rights Tribunal	May 9, 2022
22-D0022	Lot 7, Block 1, Plan 752 1407 Spruce Lane Estates within SW 04-54-02 W5M 27, 2320 TWP RD 540	Minor Home Based Business - Counselling Home Occupation	Lac Ste. Anne County Subdivision & Development Appeal Board	May 9, 2022

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30 p.m. on the above noted date(s) to Lac Ste. Anne County, Subdivision & Development Appeal Board, *Secretary of the Subdivision and Development Appeal Board*, c/o Lac Ste. Anne County, Planning & Development, Box 219, Sangudo, Alberta T0E 2A0

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash OR

send to: Land and Property Rights Tribunal, 2nd Floor, 1229 91 Street SW, Edmonton, AB T6X 1E9
email: lppt.appeals@gov.ab.ca, Website: alberta.ca/subdivision-appeals.aspx#jumplinks-1

The required appeal form may be obtained by contacting the Land and Property Rights Tribunal or on the LPRT website. The Land and Property Rights Tribunal (formerly Municipal Government Board) hears subdivision and development appeals where there is a provincial interest. Otherwise, the appeals are heard by the local Subdivision and Development Appeal Board. The Tribunal hears appeals of development authority decisions where the land that is the subject of the application is: the subject of a license, permit, approval or other authorization granted by the Natural Resources Conservation Board, Energy Resources Conservation Board, Alberta Energy Regulator, Alberta Energy and Utilities Board or Alberta Utilities Commission; the subject of a license, permit, approval or other authorization granted by the Minister of Environment and Parks

WHAT MATTERS TO YOU – EASTER

Continued from Page 14

I know that for far too many there are challenges, and that the days have seemed mighty dark indeed, some losing themselves, or just giving in to the pressures. In my position as an MLA, not only I hear these stories but so do my staff. We do what we can to help where we can, and when we can make a difference in someone's life to help them through a rough patch it is extremely rewarding and helps us remember why we are here. The negative things that come our way can take a toll, or when we are unable to help, it can be devastating, so we do all we can every time.

I would hope that over the next few months that we take the time to look out for one another as we come out of this dark period in our history, that we find ourselves and each other again, we reconnect, making the time to help each

other. We may not agree on everything, on how we obtain our goals, or what the highest priority items are at any given time, but achieving the common goal, for the common good, is what we can agree on. When good people fail to act, that is only when the bad guys win. When we are divided, that is when we are at the ultimate risk of falling, and there have been way too many things out there to divide us over the last few years. Perhaps Easter is the right time to reflect on that, to heal, and work together for the common good again.

I will be working on putting together a youth panel from the ages of 16 to 20 and will include some "Old People" as well so that we can get into the root of some serious challenges that our youth and young adults are facing as we come out of the last of the "Pandemic Phase" regarding covid. I've heard from a number of people concerns over mental health, sub-

stance abuse issues, suicide attempts, and giving up on school. Frankly a number of our youth are losing hope for a bright future. There are a ton of good things that are just up ahead, we have some rough road ahead to be sure, but when we pull together, we can mitigate bouncing off into the ditch. As the MLA I've had the chance to chair a task force specifically for the development of Economic Corridors, that will act as a catalyst for the next fifty years of growth in the province, and I'm very much wanting to share that with our youth!

I'm looking for youth leaders (4-H, Sports, Youth Groups, Student Councils, etc.) who can help provide insight of what they and their peers are experiencing as challenges, and what they see as opportunities. I am also looking for "Old People" business leaders, community leaders, and of course our seniors who can listen, and to help provide

insight into making the necessary changes needed so that we can get the message of hope back to our younger generations. We have some great success stories out there, with more on the horizon. I believe that there isn't a single success story that didn't have a failure first, or when they did make it, that they didn't succeed in vacuum devoid of inspiration, or mentoring.

From the bottom of my heart, wishing those that celebrate, a very Happy Easter, and for everyone else, all my best wishes for you to believe in something bigger, that there is hope out there despite all the setbacks, and that a miracle is just around the corner for you. You are not alone, and that who you are and what you do does matter. Your actions make an impact on more people that you will ever know, and they will need you for years to come.

SIT YOUR WAY TO A HEALTHY BACK

Submitted by Alberta Health Services

If you spend a lot of time in a chair for work, you may want to think about your posture. Slouching while sitting can cause short- and long-term back problems, but you don't need expensive gizmos and gadgets to fix the problem.

If you're sitting for a long time during the day, you may be noticing tightness and back pain. Slouching puts stress on your lower back. Slumping or slouching on its own may not cause low back pain, but after the back has been strained or

injured, bad posture can make pain worse. When you sit, keep your shoulders back, keeping a slight curve in your lower back.

There are many ways to improve your sitting posture, not just while working. Good posture is helpful when driving, at the movie theatre, on the couch, or even out at a restaurant. Here are some tips and exercises to help you sit your way to a healthy back:

- Place a lumbar/foam roller in the curve of your back while you sit. Don't have a roller? A small pillow or rolled up towel works great.

- Ensure your chair is low

enough to allow you to place both feet flat on the floor, with your knees slightly lower than your hips. If you are unable to set your chair lower, use a small footstool or even a book as a footstool to raise your knees.

- When driving, ensure your knees are nearly level with your hips by adjusting your seat closer or further from the wheel. Sit straight and upright with both hands on the wheel with your arms in a slightly flexed but comfortable position. Remember that lumbar roller? It works great here too. If your seat is angled back

away from the steering wheel, create a horizontal surface using a travel cushion or triangle foam wedge.

- Set breaks for yourself to get up and move around a bit if you've been sitting for a long time. Do some quick stretches to loosen up your back before sitting again.

As always, talk to your doctor or physiotherapist if your back pain is more persistent or doesn't improve with posture. A healthy back is a happy back--and a happy you!

Easter Coloring Contest Winners



Eastin S. Age 4



Aubry S. Age 6

Special
Winner



Olive S. Age 88

75+
Category



Kimberly W. Age 9



Kiera M. Age 11

Our contest was a huge success! There were so many great entries that it was difficult to choose the winners, but after careful deliberation, we made our decision.

Each winner received a gift bag.



Classified Ads - Call 962-9228

CLASSIFIED RATES
INCLUDE GST. 1st 20 Words: First Insertion = \$6.00; Subsequent insertion = \$3.00 each. (Eg: 2 insertions = \$9.00; 3 insertions = \$12.00; 4 insertions = \$15.00; etc) Each additional word

is 20 cents per word, per insertion. **BOLD/CAPITAL** text available for an additional \$1/line. Ads must be paid in advance. No Refunds Allowed on Classified Ads. **DEADLINE:** is Thurs. 4:00 pm. Classified ads

may be called in to the **COMMUNITY VOICE** office at (780) 962-9228, emailed to: comvoice@telusplanet.net Ads may also be placed on the web at www.com-voice.com/classified.htm

Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Seniors 50+ Club. Air conditioning! Space Available! Val: 780-690-1655 or Dianne: 780-217-8482

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Centennial Hall, 780-892-3099

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 780-920-3217

Mayerthorpe Diamond Centre, Charlotte at 786-4659



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Therapeutic Uses For Pure Hemp

Supports healthy blood sugar levels, promotes healthy energy levels, relieves anxiety, aids in digestion, supports optimal immune function and the regeneration of healthy cells, and promotes a sense of serenity and overall well-being.

Anti-Aging Uses For Pure Hemp

Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.



KEY BENEFITS

PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.

PROMOTES HEALTH: Helps to promote relaxation and overall health.

WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

PET PRODUCTS

PET CHEW TREATS

KEY BENEFITS

SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects.

NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication.

DIETARY SUPPLEMENT: Can be administered daily as part of your pet's diet.



ORAL SPRAYS & DROPS

KEY BENEFITS

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain.

TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling.

GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets.

CONVENIENT: Can be sprayed into pet's mouth or on food.

For more information, Call (780) 907-8642

Classified Ads - Call 962-9228

Mayerthorpe Legion,
786-2470.

Onoway Community
Hall, 967-4749.

Onoway Heritage Center
- Gym/Classrooms, 967-
1015

Onoway Legion , 967-
4980

Park Court Community
Hall, 727-4476

Parkland Village
Community Centre, 780-
298-9155 @PVCCentre

Ravine Community Hall,
Dawna @ 325-2460

Rich Valley Community
Hall, 967-5710 or 967-
3696

Rosenthal Community
Hall, 963-7984

Sandy Beach Rec Hall,
967-2873

Sangudo Community

Hall, 780-785-3221 or
780-785-2259

Stettin Nakumun
Comm. Hall, 967-9198

Dog Caretaker

Alberta Beach & Surrounding Areas, thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 05-03OG

For Sale

Beautiful Landscaping, Shelterbelt, Trees for sale 8 - 12 ft , spruce, pine, some Swedish aspen. 36 " cage root ball. \$175.00 picked up , \$250.00 planted 10 plus. Call 780-984-8744. rcl1957@live .ca (8) 005-17

For Rent

Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$975 + tax. Please call for viewing, 780-967-4420

or 780-945-1723. www.onowayinnandsuites.com (4) 05-03OG

Moving Sale

Selling out door and household items at Hillview (5 miles east of Onoway on Hwy 37 , #307) Month of April. 780-967-4361 (2) 04-26

**KEEPING YOU
AND YOUR
COMMUNITY
INFORMED!**



SUDOKU

of the week

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

ANSWER:

1	2	9	6	5	4	7	3	8
5	6	3	7	9	8	1	4	2
8	7	4	2	3	1	6	5	9
2	3	6	9	4	7	5	8	1
4	8	7	1	2	5	9	6	3
9	1	5	8	6	3	2	7	4
6	4	2	5	8	9	3	1	7
7	5	8	3	1	2	4	9	6
3	9	1	4	7	6	8	2	5

1	2			5		7	3	
5	6			9		1		2
8	7					6		
	3				7			
		7	1	2		9		
9								
6				5	8			1
	5	8				2	4	
				7	6	8		

COMMUNITY EVENTS

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

NOTE: Please inquire first as COVID-19 restrictions may still apply.

FARMERS MARKETS

ALBERTA BEACH: Sundays, 11:30 - 3pm. Contact Hali 780-666-1604 *May - September
BARRHEAD: Saturdays, 10AM-1PM at Barrhead Agrena. Sherry 780-674-6802 *May - Dec.
ONOWAY: Thursdays, 5-8PM at Onoway Community Hall. 780-667-6327 or onowayfarmersmarket@gmail.com. *Starts May 1st.
SPRUCE GROVE: at the Elevator, Sat 10:00-1:00PM, info (780)288-6174 *April - Dec.
STONY PLAIN: Saturdays, 9AM-1PM, Community Centre Downtown, Stony Plain. Nancy 780-962-3993. *April - Dec.
WHITECOURT: Tuesdays 11AM-2PM, Whitecourt Legion Hall, 779-7002. *May - Oct.

BINGO

CHERRILL BINGO: Tuesdays at Cherrill Community Association. Doors @ 6:30PM, Games @ 7:30PM.
CHERRILL LEGION: First Sunday of Month. Doors Open 12:00PM
RICH VALLEY COMMUNITY HALL BINGO: on Apr 13, & Apr 27 at 7:30PM
STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685
WHITECOURT SENIORS CIRCLE, Every Tuesday. Open @ 5PM, 1st call @ 6:45PM, Nevada's, Concession. 780-778-4950 *Sept - June

MEAT DRAWS

ALBERTA BEACH: Lac Ste Anne Community Choir & Museum Meat Draw/Prizes - Every Sundays, 4:00PM at Jungle's Bar & Grill.
BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50.
ONOWAY ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361
STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw & 50/50.
WHITECOURT LEGION: Saturdays 4:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@icloud.com
WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001
SANGUDO: Sangudo Community Hall Jamborees are on hold until further notice 780-785-4105.
SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June.
Edmonton Northwest Senior's Center: 12963 - 120st NW, Every Wed From 1-3:30pm Aug & Sept Admin: \$5 non members \$2 members Yearly membership \$30
STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2.
WHITECOURT SENIORS CIRCLE: 2nd Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 *Nov - June

TOPS (Take Off Pounds Sensibly)

SANGUDO: Tues, United Church, 6:00PM. Toni (780)-786-4612 or Sandy

(780-305-9669)
STONY PLAIN: Thurs evening at 5:30PM, Stony Plain Library. Susan (780) 968-0869
SPRUCE GROVE: Mon at 5pm at Anglican Church, 131 Church Rd. Betty (780)-962-3857
SPRUCE GROVE: Tues at 6:15pm at Anglican Church, 131 Church Rd. Sharren (780)-962-2722
SPRUCE GROVE: Wed at 8:45am at Anglican Church, 131 Church Rd. Christianne

YOUR COMMUNITY

THE LAC STE ANNE COMMUNITY CHOIR Meets every Wednesday at 7:00 pm in the Heritage Centre in Alberta Beach & welcomes new members who are fully vaccinated. Please wear a mask & abide by Covid rules.
MAYERTHORPE LEGION BR. #126: Seniors' Floor Curling - Thurs @ 1PM. Fun Darts - Thurs @ 7PM. Wings Night - Every Wed 5-8PM. Steak & Fish Night - 1st Friday of month 5-8PM. Everyone welcome. For more info please call 780-786-2470.
ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7PM to 10PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).
PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.
SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600.
UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.
FREE TUTORING FOR ADULTS: Need help with reading, writing, math, English language (ESL) or basic digital skills? Free 1-on-1 and small group tutoring! Odette Lloyd 780-220-6460. calp@norquest.ca

WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.
SOCIAL EVENTS
ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge; Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone Welcome.
BADMINTON: Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.
COME PLAY CRIB: Fridays, 7:00PM at Darwell Seniors Hall; lite lunch is served. All ages!
COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.
JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404
"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00AM starting May. Funded Lac Ste Anne FCS.

ONOWAY GOLDEN CLUB: Cards Tuesdays, 1PM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.
ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast. Fridays 10:30AM at the Drop In Centre, 5023-49 Ave. PH: 780-967-2056.
PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July, August
RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Loraine 286-5040.

SANGUDO ART CLUB meets every Thursday morning at 9AM at the Sangudo Community School. New members welcome. For further information call Brenda at 780-785-2402.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

THE ALBERTA WILDLIFE CARVING ASSOCIATION Images of Nature Show, Featuring wildlife carvings. Whitecroft Hall, 314 52313 RR252, Sherwood Park, Saturday Apr.30 2:00 - 5:00 pm, Sunday May 1, 10:00 am - 2:30pm, See beautiful hand carved wildlife sculptures

WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00PM. 780-778-4950

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

1ST ONOWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

2716 ROYAL CANADIAN ARMY CADETS, Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

AA - SANGUDO GOLDEN CLUB, Tues 8PM call 786-4402/785-9214/785-3599
AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

ALBERTA 55 PLUS: Villeneuve Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00PM, Alberta Beach Agliplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agliplex.

ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St. Onoway

BARRHEAD & AREA CANCER SUPPORT GROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church.

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7PM at the Legion Hall.

CHERRILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERRILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month, Cherrill Seniors Hall. Call Rosamy 780-785-2625

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agliplex. Info call 780-902-4879 or 780-999-7622. *Sept-June.

Citizens Helping In Life's Defence

(C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.
DARWELL & DISTRICT AG SOCIETY MEETINGS, 7:00PM, 1st Monday, Darwell
DARWELL DISTRICT RECREATION ASSOCIATION, Mon. Jan 10, 2022 7:30pm info contact Maria 892-3099
DDRA MEETING, 7:00PM, 2nd Mon, Darwell Centennial Hall 780-892-3099.
***except Jul/Aug/Dec**

GriefShare: Weekly grief support group held on Tuesdays 6:30 - 8:30 pm, starting Sept 14 at Crossroads Community Church, 4419 44 Ave, Mayerthorpe. \$25 for 12 sessions. Pre-registration required. Call 780-786-2695 today.

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

LAC STE ANNE COMMUNITY CHOIR, Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348.

LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5PM in Hospital Basement Education Room.

MAYERTHORPE LEGION BR. #126: Meetings 2nd Mon of month at 7:30PM. For more info please call 780-786-2470.

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCS5 Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *Sept-June

NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:00PM, Onoway Legion

ONOWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

ONOWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629.

ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7PM. *Sept-June

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agripex on the 2nd Wed of the month. 7:00PM.

RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180.

SANGUDO PAINTING GROUP: Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

WESTLOCK & AREA CANCER SUPPORT GROUP: 3rd Wed. 6:30-8:00PM at Westlock Library.

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