

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

September 6, 2022

THE LAC STE ANNE EAST FOOD BANK WILL BE OPENING AGAIN



Submitted by Lac Ste Anne East Food Bank

The Lac Ste Anne East Food Bank will be opening again September 7th after being closed for the month of August.

Anyone in need of assistance can contact the food bank at (780) 271-3131.Requests for hampers must be received by noon on Tuesdays and then pick up is from the food bank (5028 48ave) Wednesday mornings between 9 & 10am

We accept donations of non- perishable food, personal hygiene items, pet food and monetary donations. This time of year, we also accept fresh garden produce. *Continued on Page 2*

Continued from Page 1

If you are making a food do-



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FALL FUN FOR ALL AGES AT ONOWAY MUSEUM



Submitted by Onoway Museum

It's that time again – time to see the straw flying through the air and the freshly threshed grain coming out of the shute.

Onoway and District Historical Guild is once again hosting the Fall Harvest Festival on September 17th from 10:00 a.m. until 3:00 p.m. Visit the Onoway Museum/Heritage Centre grounds to watch the hefty volunteers pitch bundles (grain grown on the Turnbull farm) into the threshing machine, then enjoy the other events – rope making, blacksmithing, horsedrawn hay wagon rides. Indoors in the museum you can learn how to make sauerkraut or watch a demo of beadwork on leather.



Page 2 Community VOICE



PUBLISHED WEEKLY (Zone 1 & 2) AND BIWEEKLY (Zone 3)

E.J. Lewchuck & Associates Ltd.

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The Lac Ste Anne East Food Bank Will Be Opening Again

nation, please check the date and make sure the item(s) have not expired as we cannot give these items out to our clients. Food donations can be dropped off at the Food Bank between 8am & 10 am Wednesday mornings or at the ATB in Onoway. Monetary donations can be dropped off at the Food Bank during Wednesday mornings, they can be mailed to Box 300 Onoway, AB TOE 1V0, or e-transfers are accepted at lacsteanneeastfoodbank@ gmail.com. Whichever way you chose to make a monetary donation, please include your name and mailing address in t so that we can issue a tax receipt.

Thank you to Bernie Lehman, Perry Gordon, Percy Doyle, Clayton Bartel, and Brian Siewert who volunteered their time to build a new deck for the food bank. It looks amazing!

ARMY CADETS ARE RETURNING!

Submitted by Captain R Heinz, CD

The staff of 3053 (Lac Ste Anne) Royal Canadian Army Cadet Corps are eagerly waiting to welcome back cadets and new recruits for the new training year beginning on Wednesday, September 7th at 7 PM in the Alliance Activity Centre (gym behind the old brick schoolhouse) of the Onoway Historical Centre. The last two years have been very challenging trying to conduct training the way we were accustomed to in the past, during the covid pandemic.

Continued on Page 3



Sick of travelling all over the province for work? Academy Fabricators is hiring B-Pressure Welders and Apprentice and Journeyman Pipefitters to work in our state-of-the-art facility in Onoway, Alberta!

For steady hours, good pay, benefits, and overtime opportunities, head to the Careers Page at <u>www.academyfabricators.ca</u>

JOKE of the week

in the back seat. The police stop him and say that he can't drive around with the penguins in the car and that he should take them to the zoo. The man agrees and drives off.

The next day, the same man is driving down the road with twenty penguins in the back again. He is stopped by the same police officer who says, "Hey! I thought I told you to take those to the zoo."

The man replies, "I did. Today, I'm taking them to the movies."





September 6, 2022 Fall Fun For All Ages At Onoway Museum

Continued from Page 1

A wide variety of activities are planned for children games, crafts, and races as well as building a birdhouse. New this year is horseback rides for children. An adult must accompany the child as they mount the horse then go for a ride around the grounds.

Owners of antique tractors, cars, trucks and equipment are invited to come along and show off their vehicles. Hamburgers, hotdogs and, of course, home-made pies will be available while enjoying entertainment by Onoway's own Todd Butler and illusionist

Kevin Henry.

The museum, as well as the UFA equipment shed, will be open for visitors. Knowledgeable volunteers will be available to answer your questions. A market with familiar vendors will be held in the Heritage Centre open area.

Admission is by donation

at the gate. Public parking is available on the arena grounds and the school bus loop. Parking on the museum grounds is reserved for handicapped persons and seniors.

Bring family and friends and share in our fall fun!

Army Cadets Are Returning!

Continued from Page 2

Hopefully that is behind us now as we are moving ahead with getting back to a normal routine, but still having SAFE-TY as our number one priority for everyone. Our program has been adjusted to allow us to be more flexible in planning the required training.

The army cadet program is FREE and is open to all youth between the ages of 12-18.

3053 (Lac Ste Anne) RCACC is based in Onoway but cover a large area of responsibility from Spruce Grove west to Darwell, north to Rich Valley and Calahoo. Our cadets come from many different areas and schools to form a proud unit.

provide We instruction in community service, citizenship, leadership, physical fitness training, map and compass, bushcraft, and marksmanship skills all in a Canadian military setting with drill and uniforms.

All youth and parents that are interested in the local army cadet program are encouraged to check us out any Wednesday evenings after 7pm in the ACC. We will gladly answer any questions and have registration forms available. Copies of birth certificates and health care will be required and we can photocopy these documents at our office.

Questions regarding the Canadian Cadet Movement can also be sent to 3053army@cadets.gc.ca

Looking forward to seeing

all of our returning cadets, and new recruits as we plan for

another year of training, comradeship, adventure and FUN!

LAC STE. ANNE	Visit	LSAC.ca to explore the latest County n	ews and events in gr	eater deta	
PLANNING	DEVELOPMENT				
he followir and Use By lanning an	ng Development Permits hav ylaw. This list does not inclu	F DEVELOPMENT PERMIT APPROVALS we been approved or conditionally approve de Permitted Uses. Interested parties are of at 1.866.880.5722 or devassistant@LSA ion on a permit.	ed under the provisio encouraged to contac	t the	
PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL BODY	APPEAL	
22-D0243	Lot 6, Block 2, Plan 7822007 Knob Hill within NE 28-54-01 W5M 12, 54422 RGE Rd 13	Sea Can 8.0' x 40.0' (320.0 sq. ft.)	Lac Ste. Anne County - Subdivision & Development Appeal Board	Sep 19, 2022	
22-D0236	Within NW 03-57-08 W5M	Micro Home 16.0' x 36.0' (576.0 sq. ft.)	Lac Ste, Anne County - Subdivision & Development Appeal Board	Sep 26, 2022	
22-D0248	Lot C, Plan 5978NY within SE 03-56-01 W5M 1208A HWY 642	Shed 16.4' x 16.4' (268.96 sq. ft.); Rear Yard Variance Request for proposed development - Regulation: 7.5 m, Requested: 5.0 m, Variance 2.5 m	Land and Property Rights Tribunal	Sep 26, 2022	
22-D0216	Lot 10, Block 1, Plan 0525012 Winklemann within NW 07-57-02 W5M 4, 2531 TWP RD 572	New Home: Main floor 1432.0 sq. ft., Basement 1432.0 sq. ft., Deck 480.0 sq. ft. with Variance, West and East Side Yard: Required: 6.0 m, Requested: 2.5m, Variance: 3.5 m	Lac Ste. Anne County - Subdivision & Development Appeal Board	Sep 26, 2022	
22-D0223	Lot 1, Block 6, Plan 0623018 Belle Vista Estates within SE 09-56-01 W5M 6, 56110 RGE RD 13	Garage 40.0' x 40.0' (1600.0 sq. ft.) with living quarters 40.0' x 20.0' (800.0 sq. ft.)	Lac Ste. Anne County - Subdivision & Development Appeal Board	Sep 26, 2022	
22-D0227	Lot 2, Block 1, Plan 1023203 Hamlet of Sangudo within NW 36-56-07 W5M 5131 - 53 Ave	Childcare at Sangudo Community School	Lac Ste, Anne County - Subdivision & Development Appeal Board	Sep 26, 2022	

pplicable form on or before 4:30 pm on the above noted date(s) to Lac Ste. Anne County, Subdivision & Development Appeal Board, Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development, Box 219, Sangudo, Alberta TOE 240

PLEASE NOTE: Lac Ste. Anne County requires that a non-refundable fee of \$250 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash OR send to: Land and Property Rights Tribunal, 2nd Floor, 1229 91 Street SW, Edmonton, AB T6X 1E9

On send to: Line appeals @gov.ab.ca, Website: alberta.ca/subdivision-appeals.aspx#jumplinks-1
The required appeals @gov.ab.ca, Website: alberta.ca/subdivision-appeals.aspx#jumplinks-1
The required appeals form may be obtained by contacting the Land and Property Rights Tribunal or on the LPRT website. The Land and Property Rights Tribunal (formerly Municipal Government Board) hears subdivision and development appeals where there is a provincial interest. Otherwise, the appeals are heard by the local Subdivision and Development Appeal Board. The Tribunal hears appeals of development authority decisions where the land that is the subject of the application is: the subject of a license, permit, approval or other authorization granted by the Natural Resources Conservation Board, Energy Resources Conservation Board, Alberta Energy Regulator, Alberta Energy and Utilities Board or Alberta Utilities Commission; the subject of a license, permit, approval or other authorization granted by the Minister of Environment and Parks

LAC STE ANNE COUNT

ONOWAY LEGION NEWS

Submitted by Onoway Legion

GENERAL MEMBERSHIP MEETING

Monday Sep 12, 2022 at 7:00pm – Open to all members

VOLUNTEERS NEEDED!!!

All of the dinners and other events are fueled by volunteers. We are in need of people to work the dinners especially. Cooks, prep staff, servers, dish washers – No experience necessary just a desire to support your legion. Please reach out by phone (780) 967-5361 or by email contact@onowaylegion132.com Thank you!

LEAGUE START UP

Dart Club September 12 – 7:30pm

Pool Club September 13 – 7:30pm SPECIAL EVENTS

Legion Area A Singles Pool Tournament – Sep24 Dart Club Tournament -

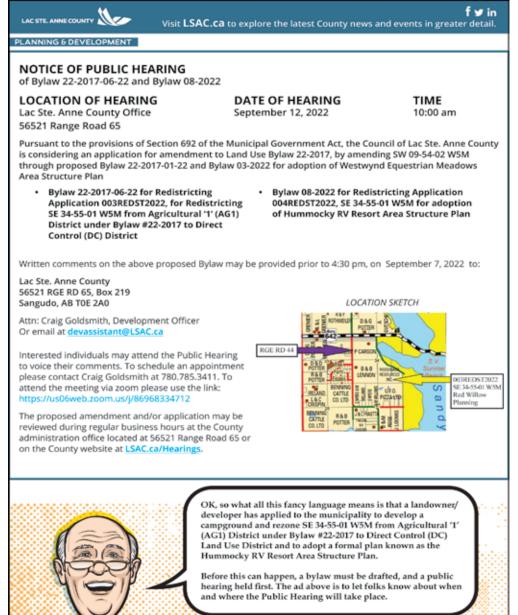
Oct 1 FRIDAY NIGHT DINNERS

- SEPTEMBER

Sep 9 – Roast pork loin and all the fixings - \$20/ adult – Carol, Lilly, Todd & Crew

Sep 16 – Steak night – \$20/ adult - Scott & Crew Please reserve your spot by noon Wednesday before the dinner by calling or texting 780-909-4558. You can also reserve through the Legion's Facebook page or website at onowaylegion132.ca or the Showpass link in the Facebook post. Please cancel if you are unable to attend. Thank you

COUNTY NEWS HIGHLIGHTS



Submitted by Lac Ste. Ann County

Concerned About Current Fire Conditions?

Want to learn the current Fire Hazard Rating for the County? Are fire pits allowed at the moment? Answer these questions and many more with a few quick clicks!

Fire advisory and fire ban information may be found at albertafirebans.ca or visit our Fire Services website countyfire.ca for up-to-date news and information.

Grand Opening Celebration

Onoway Regional Medical Clinic September 16| ORMC Parking Lot noon - 2 pm| hot dogs and bottled water will be provided ORMC municipal partners include Lac Ste. Anne County, Town of Onoway, Summer Villages of Silver Sands, West Cove, Val Quentin and Ross Haven.

No Illegal Dumping

Let's respect our wild spaces and take collective pride in the County Incidents of illegal dumping create a threat to our wildlife and environment, make it very difficult for our Public Works employees and can also increase the risk of wildfire in the area.

PRIZE SPONSOR

EQUS



(NORTH OF HWY.16 ON RR. 52) FALLIS COMMUNITY HALL Entry by Donations

Program:

- 10:00_{AM} Registration by Donation Opens
- 11:00_{AM} Car Show Starts/Concession Opens
- 2:30_{PM} Raffle Winners Announced
- 3:00PM Prizes Awarded according to Vintage of Vehicle
- 3:30[™] Concession Closes Children's Zone

Prize Categories:

By Vintage Pre-1940 1940-1949 1950-1959 1960-1969 1970-Present And....People's Choice

Note: AHS Guidelines Regarding Outdoor Events and Catering will be followed

> Info: Yvonne 780-797-3088 or Rick 780-695-8366

Page 6 Community**VOICE**County News Highlights

Continued from Page 4

Dumping is illegal and can result in fines of \$1,000 (Bylaw 17-2021). If you see someone dumping, please note the vehicle description and license and contact Enforcement Services at Lac Ste. Anne County or contact your local RCMP.

Red Ribbon Community Clean Up Coming To Cher-

hill

Team up to clean up September 12 – 16

This fall the county is taking steps to pitch in and clean up the hamlet of Cherhill. By doing so we seek to improve safety in the area, make streets more welcoming, attract new business and homeowners, and generally enhance the purpose, functionality and cleanliness of this community.

Dump Bins – Available all week in the Community Hall parking lot.

Labour Available –

Sept 12 – 8:30 am - 1:30 pm Sept 16 – 1:30 pm - 6:30 pm

Vehicle/Large Item Removal –

Please let the County know about these types of

items ASAP so we can plan accordingly.

Need County clean up help?

Residents are encouraged to tie a red ribbon to a visible spot on their house or property during the scheduled Red Ribbon Clean Up drive!

Submitted by Terry Slem- ir

I was saddened to hear of the recent passing of Bob Lehman, an icon in this community and beyond. Throughout his life, Bob placed great importance on serving his community. He coached various sports, was involved with the curling rink, snowmobile club in Alberta Beach, and in local and provincial politics. He was a county councillor, a school board member and mayor of Val Quentin for 13 years. Bob was not averse to volunteering in any way he could.

In 1970, when the provincial government instituted an agricultural society – arena program, Bob was in his element. He formed a committee, meetings were held, a society was formed and a request was sent to the government. Approval was received to construct an arena (actually a swim-arena) in Onoway. No one worked harder than did Bob to see the project completed. Labourers and tradespeople were hired, materials ordered, and Bob's supervision of the project ensured it would be completed on time and on budget. The Onoway Arena is only a small part of Bob's legacy.

Thanks, Bob! May you forever rest in peace.



LETTER TO THE EDITOR

September 6, 2022 CommunityVOICE Page 7 TAX RELIEF FOR PRAIRIE LIVESTOCK PRODUCERS FACING THE IMPACTS OF EXTREME WEATHER

Submitted by Government of Canada

Canadian farmers are directly impacted by climate change and its effects can be detrimental to sustaining operations. To provide assurance for producers as they make difficult herd management decisions, today the Minister of Agriculture and Agri-Food, the Honourable Marie-Claude Bibeau, announced an initial list of designated regions in Alberta, Saskatchewan and Manitoba where Livestock Tax Deferral has been authorized for 2022 due to extreme weather conditions.

The Livestock Tax Deferral provision allows livestock producers who are forced to sell a significant amount of their breeding herd due to drought or flooding to defer a portion of their income from sales until the following tax year. The income may be at least partially offset by the cost of reacquiring breeding animals, thereby reducing the potential tax burden associated with the original sale.

Eligible regions have been identified based on weather, climate and production data, in consultation with industry and provinces. The criteria for identifying regions for Livestock Tax Deferral includes forage shortfalls of 50 per cent or more caused by drought or excess moisture. The Government of Canada will continue to monitor conditions across the country to determine whether the addition of other regions throughout the year are required.

In addition to the Livestock Tax Deferral provision, producers have access to a comprehensive suite of Business Risk Management (BRM) programs to help them manage significant risks that threaten the viability of their farm and are beyond their capacity to manage. BRM programs are often the first line of support for producers facing disasters and farmers are encouraged to make use of these programs to protect their farming operations.

To help farm families succeed in a changing climate, the Government of Canada will continue to support farmers with the tools they need to get through the challenges of today, while working to build a sustainable future for the agriculture sector in Canada.

LIVE AUCTION Mary Cartwright/Hassett Saturday September 17 at 1pm

Located: From Fort Assinniboine Village - Go through Village. Turn N on Hwy 661 for 3mi to TWP 624. Turn W for 2mi to RR 63. Turn N for 3/4mi.

Please Note: 1. There are lots of Items at this sale 2. This will be a fast paced sale
3. Many Items will be in bigger groups or pallets 4. Most of the Equip and Vehicles have been parked for years. A family mechanic will do his best to have them running.
5. There is lots of interesting items on this sale.
5. The following is just a brief list of the items for sale.

STARTING AT 1PM: *Lots of Sporting Items *Fishing Rods, Depth Finder, Lures *Bow + Arrow *Camping Eq. *Meat Saw *12ft Alum Flat Bottom Boat *Mercury 6hp Twin, Eska 7.5hp, Hiawatha 7.5hp *Propane Tanks *Plus Lots of Misc and Tools and Yard Equip Through out the sale.

STARTING AT 2PM IN THIS APPX ORDER: *Case 580C Loader Back Hoe *MF 200C Crawler w Dozer *Gas Post Auger on trans *MF Tea (9N) Tractor w JD 503 Brush Mower *Terra Track Ranger Runner ATV w HD Tracks, diesel, 4000 Winch *Terra Tracks w HD Muskeg Tracks, diesel *As is 8W Argo *3 Single Aple Trailers *Unique Moto Ski and Massey Chinook Snowmobiles *Car Dolly *2 Utility Trailers *2 Flat Deck

Trailers w BH *1983 Ford F150 *52ft Inland Sprayers w 1000L Tank *12ft Super Sponge ATV Sprayer *Older Motorhome w good ONAN Generator *2013 Alum 8X12 Sled Bed Trailer *Cattle Squeeze *Hunters Bambi 4X4 Bombardier *3 Point-Disc + 2B Plow *7ft Trailing Scycle Mower *10X28 Skid Shack *45ft Dry Goods Truck Van *3 Ring Butler F/B Grain Bin

 SELLING AT APPX 3:30PM: *Pleasure Island 20ft Pontoon Boat w 50 Mercury *28ft Tropical Motor Home *Husquarna 20hp/42 Cut Riding Mower *Pea Sheller
 SELLING THROUGH OUT THE DAY AS PARKED: *Bolinder-Munktell RT Industrial Loader *MF 711 H/S Skid Steer *IHC Western Special Tractor *CS 570 ? Tractor *Appx 20 Vehicles - 06 Ford F150, 94 Ford Taurus, 83 Ford F150, 2 Nissan Trucks, 00 Jeep Cherokee, Many More

 Full Details & Many More Upcoming Auctions & Items available at

 WWW.parsons-auctions.com

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Page 8 Community**VOICE** September 6, 2022 **ALBERTA RCMP LAUNCH NEW COMMUNITY** SAFETY AND WELL-BEING BRANCH

Submitted by Alberta RCMP

Alberta RCMP are officially launching the new Community Safety and Well-being Branch that will work in collaboration and cooperation with operations to reduce crime, assist victims, and continue to build community partnerships.

Chief Superintendent Pe-

ter Tewfik, Officer-in-Charge of the Alberta RCMP's Community Safety and Wellbeing Branch, will provide a statement and be made available for questions on Sept. 1, 2022, at 11 a.m. at the "K" Division Headquarters, 11140 - 109 Street NW, Edmonton.

Chief Superintendent Tewfik will also be joined by various

stakeholders who will briefly speak to the importance of this new branch to their community.

This media availability will be offered in both virtual and in-person formats. Members of the media are asked to RSVP their attendance via email and stipulate whether they plan on joining us in person or virtually.

Virtual attendees will receive a link to the Microsoft Teams conference. Only those who RSVP will be allowed into the virtual conference. We kindly ask that the full name of the reporter and their news agency be used when signing into the system.

LEARN MORE ABOUT NEWBORN SCREENING IN ALBERTA

Submitted by Alberta Health Alberta. Service

September Newborn is Screening Awareness Month in

Are you a new or expecting parent? Newborn screening is an essential public health service that offers screening to

all babies born or living in Alberta for serious but treatable conditions. Finding these conditions early means babies get the treatment they need when



it can help them the most.

Your baby will have the opportunity to be screened before you're sent home from the hospital. You may also be given information on where to get screening done in the community. Screening is free, fast and safe, and it is done shortly after birth.

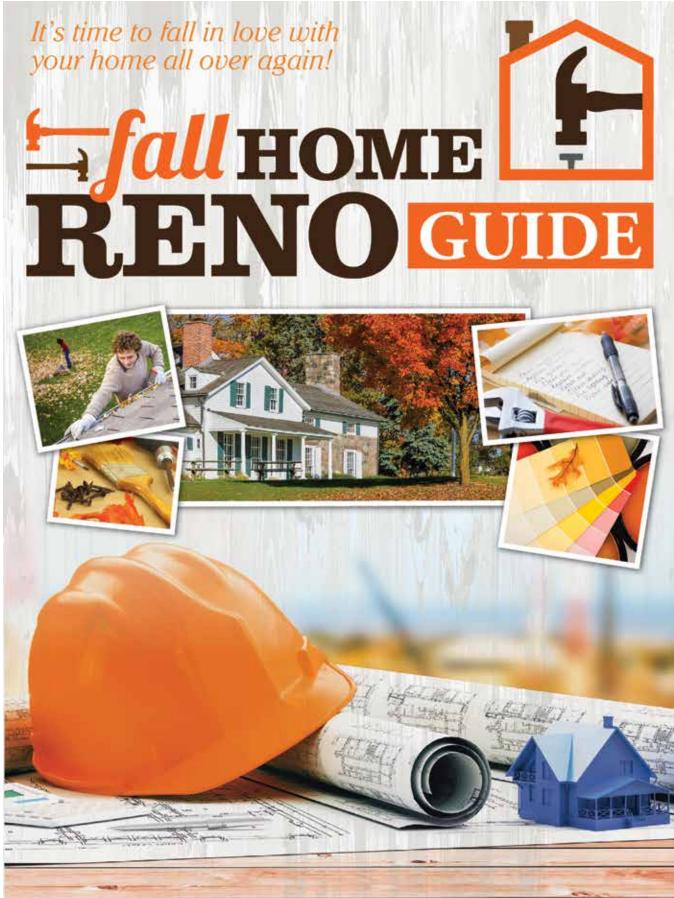
In Alberta, there are two parts to newborn screening: Blood spot screening (sometimes referred to as "heel poke") and hearing screening.

· Blood spot screening is provided by Alberta's Newborn Metabolic Screening (NMS) Program.

• Newborn hearing screening is provided by Alberta's Early Hearing Detection and Intervention (EHDI) Program and identifies if your baby has permanent hearing loss as early as possible.









Solar panels are seen more and more on roofs of residential homes and even some businesses. Due in part to more aggressive marketing by solar energy companies, as well as greater awareness by customers, solar energy has become increasingly popular in recent years.

The Solar Energy Industries Association" reports that solar energy in the United States is booming. The association offers that, since the passage of The Solar Investment Tax Credit in 2006, solar has experienced a compound annual growth rate of more than 60 percent.

While many might assume that environmental preservation is the driving force behind the growing popularity of solar energy, it's actually the financial benefits of solar energy that are leading the way. One Block Off the Grid polled nearly 200 solar homeowners to learn more about their motivations for going solar. Roughly 75 percent would not have gone solar if there was no economic benefit to doing so. A number of people who have switched to solar say they are getting a high rate of return on the investment. The average electricity bill a person saw prior to solar energy hovered around \$177 a month. After the conversion, bills were now as low as \$55.

Those who are still pondering the decision to go solar may want to know more about how it works. Although the guidelines vary depending on location and the energy company issuing the bill, here are some of the basics.

Generating solar electricity

Solar electricity is generated through a process known as the photovoltaic affect. Sunlight shines on solar panels, which are mounted on the roof of the home or in another prominent location. Each panel typically has between





Continued from Page 10

60 to 72 solar cells strung together. These photovoltaic cells use the irradiation in sunlight to stimulate the flow of electrons in the semiconductor material, which creates direct current, or DC, electricity. Systems that directly convert the DC to alternating current, or AC, the type of power voltage used in a house, do so by way of an inverter. The inverter feeds power to the circuit board.

Demand and excess When the demand from a home or business is equal to the amount of solar power being generated, the system is working optimally. When solar power falls a bit short, grid power will make up the deficit. There's also the possibility that excess electricity will be produced.

In a grid connect system, certain areas may operate with a 1:1 net metering policy, states Solar Reviews. which offers consumer reviews of solar products. This means that the utility company will credit a homeowner 1 to 1 for every kilowatt hour produced in excess because the excess energy goes back into the grid system. This is called "back-feeding" the grid. It's handy for powering homes at night with standard electricity at

no additional cost. If the production of kwhs exceeds what is purchased from the utility each year, some utility companies will continue to credit for the excess.

Solar electricity systems are changing the way people think about energy. With the financial motivation to do so, consumers who embrace solar energy are helping the environment while also saving money.



Monday to Friday 9:00AM to 5:30PM Saturday 9:30AM to 4:00PM Closed Sunday 226 McLeod Ave Spruce Grove (780) 960-9212 www.theflooringstore.ca

September 6, 2022

Page 12 Community VOICE

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Sangudo,

Alberta

785-2022 OR

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Drywall



WEATHER EVERY STORM WITH CONCRETE WALLS

Now is the time to take a few precautionary steps toward the utmost security of your home and family in the event of extreme weather occurrences, say officials observing climate change. You may be doing so already, but recent survey findings show that most Americans are worried about the ability to cope with damage caused by severe wind, fire, and flooding. Safety is the main preoccupation, but so are the costs associated with destruc-

HOME

tion and loss.

"One answer that solves many issues is to opt for the strongest impact-resilient house available," says Keven Rector at Nudura, a leading name in building with insulated concrete forms. "This ICF method is an advanced departure from traditional wood framing - and our design is recognized to be even more efficient. At the construction site, these compact concrete forms interlock (like Lego) to build a rock solid envelope from 4 to 12 inches thick."

And, says Rector, this construction innovation gives homeowners far more for their investment, such as:

Walls to weather any storm - If high winds and fire are a concern, data shows that an ICF home delivers hurricane and tornado impact-resistance up 250 miles per hour - and the fire protection rating is up to four hours.





Continued from Page 12

Energy bills with a smile - Concrete walls vastly reduce air infiltration as compared to wood walls, and that is the key to lower energy consumption. This saving is even more pronounced, says Rector, if builders use the most advanced ICFs available. The Nudura design, for instance, combines two panels of thick (EPS) foam with the structural strength and thermal mass of concrete. The resulting envelope pro-

duces an energy efficiency rating as high as R-50 (compared to an average R-20 in wood structures) saving you up to 50 percent on your utility bills.

Temperature consistency - The outside cold air easily travels through wood-framed walls, causing thermal bridging that produces drafts and chilly spots inside your home. Walls with a solid concrete core prevent thermal bridging so even temperatures result throughout the

house.

Better. breathable air -Mold, mildew, and toxins associated with wood structures are also diminished.

Shut out the noise -Solid concrete is an effective sound barrier. It dampens sound vibrations from outside noise such as traffic, trains and neighborhood parties. This internal peace and quiet is a welcomed bonus.

Rock solid asset - It is generally expected that a stronger, safer, storm

resistant, greener home - and one that is cost efficient with less maintenance and repair - will steadily increase in resale value.



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HOW TO CLEAN AND MAINTAIN STAINLESS STEEL

No matter the style of a homeowner's kitchen, be it modern, traditional or farmhouse, stainless steel appliances can add a pop of shine and a touch of class. Proponents of stainless steel appliances note their easy maintenance, stylish look and durability. Plus, the neutral tone of stainless steel helps it blend in with just about any color palette.

Stainless steel is lauded for its strength and resistance to corrosion and rust. These attributes make it a popular choice in kitchens, where moisture is an issue. Although they are certainly durable choices, stainless steel appliances require maintenance to keep them looking and performing at their best. Considering that stainless steel also costs more than other finish options, taking the time to learn proper care can help protect homeowners' investments.

· Avoid chlorine bleach or other products containing chloride. Although stainless steel is highly resistant to corrosion, it is not completely impervious. Chlorine products can damage the surface of stainless steel appliances and stain them if the chlorine is left to sit.

 \cdot Do not use metal scourers or coarse abrasives on

the stainless steel because such products may scratch the steel. Steel wool pads can leave behind a residue of small metal particles that may eventually rust.

· Baking soda mixed with a little dish soap can be used to remove some tough dirt and stains. Rinse well and towel dry to avoid streaking.

· Clean and wipe the steel in the direction of the "grain." Usually this means working from the top of the appliance and moving down toward the floor.

· Consult with the owner's manual before undertaking any maintenance or cleaning. The appliance may have a special coating over the stainless steel to help protect it, and it's best to know what you're dealing with before getting your hands dirty.

· If you will be trying a cleaning product or scouring method, always test it first in an inconspicuous spot to see if it is effective or harmful.

· Julien, a leader in commercial kitchen equipment, recommends applying cleansers with a soft cloth or sponge. Then wipe dry with a soft, clean cloth or allow to air dry.

Stainless steel remains a popular material in kitchens for sinks and appliances. With care, stainless steel can look like new for years to come.



ALBERTA RCMP URGES PARENTS TO BE MINDFUL OF PRIVACY RISKS ON SOCIAL MEDIA THIS BACK-TO-SCHOOL SEASON

Submitted by Alberta RCMP

This back-to-school season, the Alberta RCMP is reminding parents and guardians of the importance of online privacy, especially when it comes to sharing first-day photos of children.

As class comes into session, it is common to see photos of children posted to social media to commemorate the start of the school year. It has become increasingly common for parents to share images of their children alongside boards or placards outlining fun facts and personal details about them.

Information often includes the child's name, age, school, grade, favourite colour or activity, and more. While the intentions behind these images are innocent, posting these personal details to social media can risk the safety and privacy of our little ones.

The personal information often included in these photos can be used by individuals to identify, find, and build a false sense of trust or security with a child. A stranger could approach a youth, list their personal details, and claim they know their parents or are a trustworthy adult, when it is in fact untrue.

To avoid such risks, the Alberta RCMP encourages both parents and children to keep in mind the following safety tips:

Parents:

Do not post images to social media that include the name of the school your child attends.
 Ensure photos are taken outside of undisclosed locations and do not include visible addresses, such as house

numbers or street addresses.

• Avoid posting specific details about your child. Simply include a sign that reads something like "First Day of School" instead. Or keep these types of posters off the web entirely.

• If you are posting photos of children in general, ensure your online privacy settings are set to maximize security.

• Speak with children about online safety and have parental monitor software or ensure parental security settings are in place on their social media accounts.

• Have conversations with your kids about stranger danger and outline safety plans with them, i.e., establish safe words, identify trusted adults, etc. personal information online or share details including your last name, address, school, etc. on your social media profiles. • Have a parent review photos or videos before posting them online.

• If you feel uncomfortable with online activity or interactions, or are unsure if they are safe, tell a parent or trusted adult.

"We want to ensure that the start of this school year is a safe one. By being aware of the photos and details we are posting online, we can reduce the risk of our children's personal details being used to exploit their safety and well-being," said Cst. Lauren Mowbray, Alberta RCMP. "Children look to us as adults to act in their best interest - both online and in their day-to-day lives."

Children:

Do not give out

PILOT PROJECT TO ALLOW BLUE LIGHTS ON TOW TRUCKS

Submitted by Government of Alberta

Tow truck operators will be allowed to use blue lights to increase their visibility and safety while working on Alberta highways.

Effective June 30, the one-year pilot project will allow the optional use of blue lights on tow trucks.

"I want to thank MLA

Brad Rutherford for advocating for this change in his Private Member's Bill 207. Too many tow truck drivers are involved in collisions or dangerous situations because motorists have difficulty seeing them while they're working. This pilot project is intended to increase safety for these operators and will help determine the best lighting for tow trucks in Alberta." Rajan Sawhney, Minister of Transportation

"I am extremely pleased to see that Minister Sawhney is acting on the concerns raised from the tow truck industry on the importance of blue lights, which I also brought forward in Private Member's Bill 207. This pilot project will be critical to enhancing roadside safety for not only tow truck operators but the Albertans they are helping. This issue has been supported by stakeholders in the transportation industry and I want to thank all parties involved for their tremendous effort and advocacy." Brad Rutherford, MLA for Leduc-Beaumont

Additional consideration is also being given to



September 6, 2022 Community**VOICE** Page 17 **Pilot Project To Allow Blue Lights On Tow Trucks**

Continued from Page 15

include snowplow operators in the pilot this fall.

"Every Albertan deserves to be safe at work, even if their office is at the side of the road. Today we affirm this point and we're grateful to the government for this announcement. This change is as simple as it is profound, and it will make a life-saving difference for Al-

NEW INFO TO BE **ADDED TO FOOD** LABELS

Submitted by Alberta Health Service

Sugar is a carbohydrate and is found naturally in fruits, vegetables, and dairy products. Sugar is also added to food and drinks to improve taste, texture or shelf life.

Too much sugar, however, can lead to dental cavities in children, and may lead to people eating more calories than we need.

To help you make lower sugar choices, look for a new front-of-package symbol that will appear on some packaged foods in Canada. Food companies have until 2026 to put a front-of-package label that will tell you if a food is high in sugar, sodium (salt), or saturated fat.

The new nutrition label will look like a black-and-white symbol of a magnifying glass and will be beside any ingredient the food is high in. This symbol can help you when you are grocery shopping, so you can choose foods that are low in sugar. Regular pop, candies, chocolates, frozen desserts, and baked goods add the most sugar to Canadians' diets.

berta's essential tow operators and the Albertans they're responding to." Michelle Chimko, president and CEO, Alberta Motor Association

"This is a huge step forward in making our industry safer for roadside assistance workers and the motoring public through increased visibility. The effectiveness of this change will be noticeable and

will save Albertans' lives." Don Getschel, president, Towing & Recovery Association of Alberta and Oil Country Towing

These changes are in addition to new rules to protect highway workers under the Traffic Safety Amendment Act. Starting spring 2023, all motorists travelling in the same direction on multi-lane highways will need to slow down to at least

60 km/h and allow one lane of space, where possible, when passing stopped emergency vehicles, tow trucks and roadside workers' vehicles when their lights are flashing. Motorists travelling in both directions on single-lane highways will be required to slow down when passing roadside vehicles and workers.



PET PRODUCTS

PET CHEW TREATS **KEY BENEFITS**

SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects. NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication. DIETARY SUPPLEMENT: Can be administered daily

as part of your pet's diet



hydration, enhances radiance

as well as the appearance of dark spots

lessens age lines

ORAL SPRAYS & DROPS KEY BENEFITS MANAGES PAIN: Helps to treat

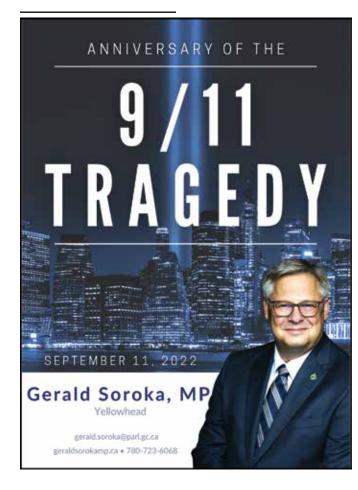
regeneration of healthy cells.

inflammation, arthritis and joint pain. TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea IBS and gastrointestinal swelling. GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets. CONVENIENT: Can be sprayed into pet's mouth or on food.

For more information, Call (780) 907-8642

September 6, 2022

Classified Ads - Call 962-9228



Hall Rentals

Alberta Beach Agliplex, Susan 780924-3545

Alberta Beach & District Seniors 50+ Club. Air conditioning! Space Available! Val: 780-690-1655 or Dianne: 780-217-8482

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Centennial Hall, 780-892-3099

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 780-920-3217

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/ Classrooms, 967-1015

Onoway Legion , 780-907-6300

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @ PVCCentre

Pioneer Cantre, Spruce Grove 780-962-5020 or email.

Ravine Community Hall, Dawna @ 325-2460

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 780-785-3221 or 780-785-2259

Stettin Nakumun Comm. Hall, 967-9198



Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle! 651371182914

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

0					0	0	0	
		3						
		1						
		7						
		8						
5	3	6	9	8	7	1	4	2
9	4	2	1	6	5	8	3	7
		4						
7	8	5	4	3	1	9	2	6
		9						

S////				13	NISK				
						2	9	4	
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			2	4		6	5		
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9			1		5	8			
2	1	4		7					
7	8		4		1	9	2		
	6			5					
		2 N			o of MUS	7 55	BE T	MR.	

Classified Ads - Call 962-92

Dog Caretaker

Alberta Beach & Surrounding Areas, thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 09-27OG

in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$975 + tax. Please call for viewing, 780-967-4420 or 780-945-1723. www. onowayinnandsuites.com (4) 09-270G

Onoway renovated 1 & 2 bdrm suites \$795 & \$895 780-920-3652

For Rent

Completely renovated Motel

or 780-782-6706 (6) 09-20

Computers

FREE CHECKUP SAME DAY. **REPAIRS ONLY \$50** - NO Prepayment. NO CHARGE - If is not worth repairing. FOR SALE: Refurbished, Clean, Good Computer for \$150. TRADE-IN OR DONATE: Old, Used, Broken Laptops, Tablets etc. for parts. Will SAVE your pictures or Documents. Call: 780-892-2407 (10) 12

Farm Equipment

New Holland, 1024 sq bale wagon, picker stacker, 1000 or best offer.. 780-967-2104. (4)08-16

5/10 farm tank 4ft ruff cut mower in good shape 1000 or best offer

For Sale

Canadian stamps on unity sheets, 2 3' binders, 2 4' binders with stamps. lots of new and used stamps. 4 boxes of trading stamps 01-1700 need to see call george 780-217-8413 Monday -Friday 9am - 6pm (2) 09-13

Services

Stump Grinding For Hire Alberta Beach & surrounding areas. Call 780- 779-3589 (24) 10-11

Refresh your home or business Nano. kills germs, odors, & disinfects! We clean any type ceiling. "Don't Paint" Seniors discount!, Call Nano Clean 780-914-0323, Edmonton (2) 09-06



Page 20 Community**VOICE** September 6, 2022 **INITY EVENTS**

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

NOTE: Please inquire first as COVID-19 restrictions may still apply.

Darwell District Recreation Association Community Information and Registration Sept 15,2022 5pm to 7pm This event is in conjunction with the Darwell School "Meet the Teacher Night". Local organizations are invited to come and promote your organization for the fall/winter season. For more info or to book a table call Maria 892-3099

FARMERS MARKETS

ALBERTA BEACH: Sundays, 11:30 - 3pm. Contact Hali 780-666-1604 *May -September

BARRHEAD: Saturdays, 10AM-1PM at Barrhead Agrena. Sherry 780-674-6802 *Mav - Dec.

EVANSBURD FARMERS MARKET: Every Saturday 10am - 2pm located right beside Evansburg Tipple Museum 780-505-0905

Way-Sept May-Sept LAC CTE ANNE COUNTY: Sat. Aug 13. Rural Roots Farmer Showcase. 10:00-4:00. Local Food Market, face painting, crafts. Alberta Open Farm Days. George Pegg Garden, Glenevis. Free admission. PeggGarden.org. 780-203-0331.

Steries Peggarden. Science Peggarden. Science Science

onowayfarmersmarket@gmail.com. * Starts May P[±]. SPRUCE CROVE: at the Elevator, Sat 10:00-1:00PM, Info (780)288-6174 *April - Dec. STONY PLAIN: Saturdays, 9AM-1PM, Community Centre Downtown, Stony Plain. Nancy 780-962-3933. *April - Dec. WHITECOURT: Tuesdays IIAM-2PM, Whitecourt Legion Hall, 779-7002. *May -Oct. Oct.

BINGO

CHERHILL BINGO: Tuesdays at Cherhill Community Association. Doors @ 6:30pm, Games @ 7:30pm.

CHERHILL LEGION: First Sunday of Month. Doors Open 12:00PM RICH VALLEY COMMUNITY HALL BINGO:

un Sept 14 8

NICH VALLEY COMMUNITY HALL BINGO: on Sept14 & 28 at. 7:30PM STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685 WHITECOURT SENIORS CIRCLE, Every Tuesday, Open @ 5PM, I[±] call @ 645FM, Nevadas, Concession. 780-778-4950 *Sept -June

- June

MEAT DRAWS

ALBERTA BEACH: Lac Ste Anne Community Choir & Museum Meat Draw/ Prizes - Every Sundays, 3:00PM at Jungle's Bar & Grill.

BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw &

ONOWAY ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361 STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM. Meat Draw

WHITECOURT LEGION: Saturdays 3:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ONOWAY: LSAC Div 1 & 2, East of Hwy 43. Hazel Bourke: 780.967.2338 or bhbourke@ icloud.com

WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@ outlook.com

JAMBOREES

CARVEL: 2nd Sunday of month, \$6 lunch served. Info 780-991-3001 SANGUDO: Sangudo Community Hall Jambores are on hold until further notice 780-785-4105.

780-785-4105. SPRUCE CROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June. Edmonton Northwest Senior's Center: 12963 - 12051 NW, Every Wed From 1-3:30pm Aug & Sept Admin: \$5 non members \$2 centrols *20

Aug & Sept Admin: \$5 non members \$2 members Yearly membership \$30 STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7pm, \$2. WHITECOURT SENIORS CIRCLE: 2nd Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 ***Nov** -June

TOPS (Take Off Pounds Sensibly)

SANGUDO: Tues, United Church, 6:00рм. Toni (780)-786-4612 or Sandy (780-305-

9669 STONY PLAIN: Thurs evening at 5:30PM, Stony Plain Library. Susan (780) 968-0869 SPRUCE GROVE: Mon at 5pm at Anglican Church, 131 Church Rd. Betty (780)-962-

SPRUCE GROVE: Tues at 6:15pm at

SPRUCE GROVE: Tues at 6:15pm at Anglican Church, 131 Church Rd. Sharren (780)-962-2722 SPRUCE GROVE: Wed at 8:45am at Anglican Church, 131 Church Rd. Christianne

YOUR COMMUNITY

MAYERTHORPE LEGION BR. #126: Seniors' Floor Curling – Thurs @ 1PM. Hu Darts – Thurs @ 7PM. Wings Night – Every Wed 5-8PM. Steak & Fish Night – 1²⁴ Friday of month 5-8PM. Everyone welcome. For more info please call 780-786-2470.

more info please call 780-786-2470. **ONOWAY ROYAL CANADIAN LEGION:** Open Tuesdays 7PM to 10PM for "Carnes" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to the public). **PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www. drugrehabresource.net. **SPRUCE CROVE ELEVATOR TOURS,** Tues-Sat. 9:00-3:00PM. Info 960-4600.

0-3:00рм. Info 960

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10ам-4рм

IUAM-44PM. FREE TUTORING FOR ADULTS: Need help with reading, writing, math, English language [ESL] or basic digital skills? Free 1-on-1 and small group tutoring! Odette Lloyd 780-220-6460. calp@norquest.ca

Lloyd 780-220-6460. calp@norquest.ca WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30pm.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+

ALBERTA BEACH & DISTRICT ACTIVE SU-CLUB ACTIVITIES: Non 7PM Darts; Tues 7:30PM Crib; Wed IPM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/ Fitness. Everyone Welcome. BADMINTON: Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

1674-6974 (780)674-6974. СОМЕ PLAY CRIB: Fridays, 7:00рм at

Darwell Seniors Hall; lite lunch is served.

All ages! **COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, <u>\$6/n</u>on-members. Contact Cindy 780-963-7170

7170.
JR. SCRAPBOOKING Wed 4-6pm. Preregister by Tues evg. Mayerthorpe Public Library www.mayerthorpelibrary.ab.ca (780)786-2404.
"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00Am starting May. Eunded Las Ste Apne ECSS. Sto Anno ECS ONOWAY GOLDEN CLUB: Cards Tuesdays,

1Рм. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.

ONOWAY HAVE FUN & GET FIT! Excercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July,

August RIVER TALKERS TOAST MASTERS CLUB, 72 Whitecourt Ave. Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne

286-5040. SANGUDO ART CLUB meets every Thursday morning at 9AM at the Sangudo Community School. New members welcome. For further information call Brenda at 780-785-2402.

STONY SPIRITUAL LIVING PLAIN INSPERATIONAL CIVING SIGNY PLAIN INSPERATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-7070 303

3032 SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

ALBERTA WILDLIFE CARVING THE ASSOCIATION Images of Nature Show, Featuring wildlife carvings,Whitecroft Hall, 314 52313 RR232, Sherwood Park, Saturday Apr.30 2:00 - 5:00 pm, Sunday May 1, 10:00 am - 2:30pm, See beautiful hand carved wildlife sculptures

WHITECOURT SENIORS CIRCLE DROP IN CRIB 1st & 3rd Sundays 1:00PM. 780-778-

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

IST ONOWAY SCOUTS: Registration, Mondays 6:30-8pm, Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339. 2716 ROYAL CANADIAN ARMY CADETS,

Wednesdays 6:30-9:00PM at Mayerthorpe Legion, Youths 12-18vrs, Call 780-515-1842 Legion, Youths 12-18yrs, Call /80-515-1642 299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30Pm, Youths 12-18, 963-0843 Center, Wed 6:30Pm, Youths 12-18, 963-0843 3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30pm, FREE program for youths 12+, Contact 3053army@cadets. 120,00

gc.ca or /80-886-1886 526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Family Link Centre Thurs 8рм. (780) 648-3903 or (780) 706-

0605 AA - SANGUDO GOLDEN CLUB, Tues 8PM

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-

ALBERTA 55 PLUS: Villenvue Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna

780-96 -5933 ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00PM, Alberta Beach

AUBERTA BEACH AC SOCIETY meets on the 4th Thurs of month, 7:00pm, Alberta Beach Agliplex. ALBERTA BEACH MUSEUM meets on the

Wed, 7:00рм at Heritage House 924-

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Mondays 8PM, Golden Club 5023-49Ave Present location in church basement 4805 - 50 St. Onoway BARRHEAD & AREA CANCER SUPPORT

GROUP: 4th Thurs. 6:30-8:00PM at Barrhead d Church

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7рм at the Legion

CHERHILL COMMUNITY ASSOC. Month Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *Except Jan, July, Aug. Sept. CHERHILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month,

Cherhill Seniors Hall, Call Rosamy 780-785-

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach Agliptex, Info call 780-902-4879 or 780-999-7622. *Sept-June.

7622. *Sept-June. Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chirs 780-963-6997. DARWELL & DISTRICT AC SOCIETY MEETING, 7:00PM, ¹²⁴ Mon, Darwell DDRA MEETING, 7:00PM, ²²⁴ Mon, Darwell Centennial Hall 780-892-3099. *except Jul/ Aug/Dec

Aua/Dec Aug/bec GriefShare: Weekly grief support group held on Tuesdays 6:30 - 8:30 pm, starting Sept 14 at Crossroads Community Church, 4419 44 Ave, Mayerthorpe. \$25 for 12 sessions. Pre-registration required. Call 780-786-2695 today. **CIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004. **CREENCOURT COMMUNITY**

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

'786-4648. KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail. com, Tracy. 780-786-0161. LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

0443

LAC STE ANNE COMMUNITY CHOIR, Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348. LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3" Fri,

7PM, Alberta Beach Council Chambers. LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

RR55) Ph # /80-892-3121 MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5PM in Hospital Basement Education Room. MAYERTHORPE LECION BR. #126: Meetings 2th Mon of month at 7:30PM. For more info please call 780-786-2470. MEN ECO SOPDIETA. Wednesdays, at

more info please call 780-786-2470. **MEN FOR SOBRIET:** Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Crove). Mike (780) 965-9991. **MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-477-3034 "Sept-June NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011 NNWAY & DIST HEDITACE SOCIETY

Valley Church (780)514-6011 ONOWAY & DIST HERITAGE SOCIETY:

Wed of each month, 7:00PM, Onoway ONOWAY & DISTRICT HISTORICAL GUILD:

Every Wed, 9-4pm at Onoway Golden Club Onoway Museum, 967-4485

Sangudo. Antique & Classic Tractor Pulls, both days. Sat. pulls begin approx. 11am Sun. pulls begin at 10am Free Admission. Sat only, Silent Auction 11am-1pm & Artisan Market Booth 9am - 4pm For more info: Darcy 780-785-2655 ONOWAY & DISTRICT QUILT CULLD: Every Ond Thurs 10am.(bm & the Las Ste Appa

2nd Thurs, Юам-4Рм, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @

ONOWAY ROYAL CANADIAN LEGION

General Meetings, ¹⁴ Mon, 7PM. ***Sept-June RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agriplex on the 2nd Wed of the meeth 7/00 M.

RIVER TALKERS TOASTMASTERS CLUB

Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-

SANGUDO PAINTING GROUP: Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy

WESTLOCK & AREA CANCER SUPPORT GROUP: 3rd Wed. 6:30-8:00PM at Westlock

7:00pm

967-2629

of the month

1180

960-5258

Library.

OPTPS 2022 Farmer's Day Tractor Pull June 11 & 12 at Deep Creek Camping, Sangudo. Antique & Classic Tractor Pulls,

September 6, 2022

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