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— YOUR LOCAL NEWSPAPER —

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

October 18, 2022

ONOWAY LEGION NEWS

Submitted by Onoway Legion

FRIDAY NIGHT DINNERS – OCTOBER

October 21 – Italian – Spaghetti & meat balls, salad and pizzelle with ice cream

October 28 – Octoberfest – Liane & Joanne – Rouladen, spaetzle with gravy, green beans, cucumber salad and dessert. Sponsored by Grande Tire

October 29 – Trivia night!

Register Now!!

WEEKLY EVENTS

Tuesday – Darts – Doors 6:30pm – Play 7:30pm

Wednesday – Pub Night – 6:30pm

Thursday – Pool – Doors 6:30pm – Play 7:30pm

VOLUNTEERS NEEDED!!!

All of the dinners and other events are fueled by volunteers. We are in need of people to work the dinners especially. Cooks, prep staff, servers, dish washers,

Bartenders – No experience necessary just a desire to support your legion. Please reach out by phone (780) 967-5361 or by email contact@onowaylegion132.com Thank you!

All the latest information can be found Facebook, Instagram and the Onoway Legion website. www.onowaylegion132.ca

LOCAL DESIGNERS LEAD LANDSCAPE WORKSHOP

Submitted by Lac Ste Anne County

While our outdoor gardening season is winding down, the opportunities to learn about horticulture continue.

On Saturday, October 22, gardeners are invited to take part in a workshop with two dynamic horticulturists- Maria Beers of Double Dutch Design and Clara Qualizza, of Meadow

& Thicket Farms. During this interactive session we'll learn about the basic principles for designing a "Wildscaping" style of perennial garden. Large or small, these naturalistic gardens are designed to use prairie hardy plants, have four-season interest, are pollinator friendly, and are low maintenance over time.

Maria and Clara launched a "New Perennials Adventure". Working with a group

of gardening volunteers, they grew plants, prepared the site, and planted a colourful demonstration bed at George Pegg Botanic Garden near Glenevis, AB. In August, more than 20 gardeners toured Clara's stunning gardens in Wildwood to see the range of plants we can use. This workshop is part of the adventure- helping gardeners design their own

Continued on Page 2

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Local Designers Lead Landscape Workshop

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perennial bed.
The workshop runs from 11:00 am to 4:00 pm at the Lac Ste. Anne County building, just east of Sangudo. Participants will learn how to choose a good location, see a photo gallery of plants, and start a basic design layout for their yard. More information about the workshop plus the cost and how to register is on the County website at www.LSAC.ca or

call Lorraine at 780-203-2968. Please pre-register by October 17.

Here are a few more opportunities to keep the gardening conversations going: Sangudo Horticultural Club on Monday, October 24, with Alana Tolenaar on Backyard Birds. Two sessions with Rob Spencer in the Getting into Horticulture series: Choosing Land for Field Crops, October 26 & Preparing to Plant Field Crops, November 8, for

commercial horticulture ventures. At the Mayert-horpe Public Library we are talking about Garden Plans – Learning from 2022 and Planning for 2023 on October 27 and Planting Terrariums November 23. Lac Ste. Anne County's Agricultural Service Board's Dinner and Awards night celebrates community successes, including the Rural Beautification Contest winners, on November 16.

WE CONSERVATIVES WILL CUT TAXES ON GROCERIES, GAS, AND HEAT

Submitted by MP Gerald Soroka

Not only are our seniors

suffering financially. Our young families, single parents and all of our society

are feeling the financial burden bestowed

Continued on Page 3



SERENITY FUNERAL SERVICE

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SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY

JOKE of the week

Apparently I was supposed to wait until October 31st to dress up like a ghost.

Guess I spook too soon.

EDMONTON – Capital Region

GUN SHOW

SATURDAY & SUNDAY
October 22 & 23 2022

Located at "The Pavilion at Heritage Park"
5100 -41 Avenue, Stony Plain, AB

~~~~~  
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**PUBLIC WELCOME - FREE PARKING ADMISSION: \$10**

**SATURDAY 10:00AM-5:00PM**  
**SUNDAY 9:30AM-3:00PM**  
**SET-UP TIME FOR EXHIBITORS - starts Oct 21:**  
**FRIDAY: 3:00PM-8:00PM; SATURDAY: 7:30AM-9:30AM**  
**TABLE RENT: \$60 PER 6' TABLE**  
**ALBERTA HEALTH REQUIREMENTS WILL BE ADHERED**  
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**FOR MORE INFORMATION CALL:**  
Darren (780) 473-3032  
EMAIL: [edmgunshow@hotmail.com](mailto:edmgunshow@hotmail.com)

**UPCOMING 2022 EDMONTON GUN SHOWS DATES**  
Dec 3 & 4 2022





# We Conservatives Will Cut Taxes On Groceries, Gas, And Heat

*Continued from Page 2*

upon them by this Liberal government.

Our Conservative party has been asking the Trudeau Liberal government to halt planned tax hikes due to the rising cost-of-living. Let's look at what is happening to our seniors. The Liberals say they are helping seniors by increasing their OAS by 10% for those aged 75+. With inflation rising, what about seniors aged 65 to 74? How will they cope with the drastic cost-of-living increases especially when the Liberals are willing to TRIPLE the carbon tax, making it more expensive to refuel, feed and heat homes. Seniors look forward to their

retirement and now they worry about making ends meet when their savings are quickly disappearing as they try to keep up with inflation.

I have received many emails and phone calls from those on a fixed income not able to keep up with expenses. In fact, inflation levels are the highest since January 1983.

I have risen in the House questioning and taking part in debates about the difficulties our seniors are having with the rising cost-of-living. And the addition of a carbon tax only makes things worse for everyone. The NDP-Liberal government is raising not one tax hike, not two tax hikes, but three

tax hikes in the next few months.

Our Conservative motion in the House of Commons was voted down. It read:

"That, in the opinion of the House, given that the government's tax increases on gas, home heating and, indirectly, groceries will fuel inflation, and that the Parliamentary Budget Officer reported the carbon tax costs 60% of households more than they get back, the government must eliminate its plan to triple the carbon tax."

What happened? The Liberals, NDP and Bloc all voted against our motion.

An Angus Reid Institute poll found that 88% of Ca-

nadians now say they've had to cut back on spending in one form or another to deal with inflation. Nearly half of Canadians say they are worse off financially than they were a year ago.

Since the House returned in January of this year, I have put forward, along with my Conservative colleagues, our concerns about the difficulties our seniors are facing as they try to make ends meet.

We Conservatives will continue to press this Liberal government. Enough with the taxes. Don't they realize that everyone in Canada is suffering financially?


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**Saturday, October 29th, 2022**  
1:30-3:30PM at the Darwell Cow Palace

Come on down to the Cow Palace, decorate your vehicle, hand out candy or just dress up and bring your kids down for some family fun! Those handing out candy please make individual bags, to be spaced out on table or hand them out with tongs.

If you are coming as a visitor, dressed up and in it for the candy, please park in the hall parking lot and walk in. We will have volunteers on site directing where the cars wanting to decorate and hand out candy are to park and Stage.

There will be FREE hot chocolate and hot dogs courtesy of SANG.

Masks are required. COVID-19 protocol will be followed. The event will be held all outside.

For those handing out candy 150 kids came through the grounds last year

See Less  
**This is a free Event and Everyone is welcome!!**



**DarwellAG.com**



# *fall...* **AUTO TUNE-UP**

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**The Businesses in  
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Automotive Needs!**  
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# AutoTUNE-UP

## HOW TO PROTECT YOUR CAR'S RESALE VALUE

Few drivers start thinking about resale value when driving a new car off of the dealership lot for the first time. Still enamored with that new car smell, drivers can be excused for not thinking of resale value as they put the pedal to the metal and speed off in their brand new ride.

But it's never too early to start protecting a vehicle's resale value, especially if you hope to recoup as much of your vehicle investment as possible when the time comes to sell your car or trade it in for a new-

er model. The following are some ways motorists can protect the resale value of their vehicles from the moment the dealer tosses them the keys.

- Keep all maintenance records. New cars typically do not require much maintenance. But drivers should keep records of all work and maintenance done on their vehicles, even if that work does not extend beyond routine tuneups or oil changes. Keeping maintenance records shows prospective buyers you priori-

tized taking care of the vehicle over the years, and that makes the car or truck more attractive to preowned vehicle buyers who want to avoid buying a lemon or a car that has not been taken care of.

- Don't overlook looks. Looks can be deceiving, but new car buyers who eventually plan to sell their vehicles should do all they can to keep the car looking as new as it did the day it was first driven off the dealership lot. Much like homeowners benefit when selling a home with curb

appeal, a car that looks good gives buyers the impression that it was well taken care of. But a dirty car or one with lots of dings and dents is a red flag to preowned car buyers.

- Keep a clean interior. New car owners typically maintain some strict rules with regard to food and beverages in their vehicles. After all, no one wants their brand new car to succumb to stains or spills. But the longer drivers have a car the more lax they tend to become with regard

*Continued on Page 6*



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# AutoTUNE-UP

## How To Protect Your Car's Resale Value

*Continued from Page 5*

to allowing food and drinks into their cars, and that can ultimately hurt the resale value of the vehicle. Maintain a clean interior whether you just bought the car or have driven it for a few years. Much like an impressive exterior leaves a lasting impression, a clean interior that has not succumb to coffee stains or muddy boots is more likely to impress buyers than a car with an interior that has seen better, cleaner days.

- Drive defensively. It's not just what you do to a car but how you drive the car that can affect its resale value. Driving defensively reduces your risk of accident, and an accident-free preowned vehicle is a top priority for potential buyers. But driving defensively also reduces wear and tear on your vehicle, as over time constant stop-and-go, aggressive driving takes its toll on vehicle engines and other components.
- Periodically examine

the vehicle history report. Today's preowned car buyers know to ask for a vehicle history report before buying a car. If your vehicle history report contains any suspicious or inaccurate information, you may be forced to sell the car for less than it's worth or delay selling until you can have any issues corrected. That won't necessarily happen overnight, but you can avoid dealing with a host of issues all at once by periodically examining the vehicle

history report. Any discrepancies on the report can be brought to the attention of your insurance company, who can then work with you to correct the issues and restore your vehicle's reputation.

Resale value may not be foremost on the minds of new car owners, but the earlier buyers begin to factor resale value into their car-care routines, the more they will benefit down the road.



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Visit [LSAC.ca](https://lsac.ca) to explore the latest Lac Ste. Anne County news and events in greater detail.

LAC STE. ANNE COUNTY



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 OFFICE HOURS: 8:30AM TO 4:30PM MONDAY THROUGH FRIDAY  
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## County News Highlights

\*Oct 18 Council Meeting  
 (rescheduled from Oct 13)

\*Oct 25 Council Meeting  
 (rescheduled from Oct 27)

Meetings take place on Zoom.

Visit [LSAC.ca/agenda](https://lsac.ca/agenda) for meeting agendas. Please note: to address Council, appointments must be booked at least 8 working days prior.

### RED RIBBON COMMUNITY CLEAN UP ALSO COMING TO DARWELL

Team up to clean up  
 October 24 – 28

We are pitching in to clean up the hamlet of Darwell. Our final Team up to Clean up event this fall.

Dump Bins — Available all week  
 Labour Available —

Oct 24 – 8:30 am – 1:30 pm

Oct 28 – 1:30 pm – 6:30 pm

Vehicle/Large Item Removal —

Please let the County know about these types of items ASAP so we can plan accordingly.

Need County clean up help?

Residents are encouraged to tie a red ribbon to a visible spot on their house or property during the scheduled Red Ribbon Clean Up drive!

Call Hannah Coombs for more information at 780.785.3411 or email [hcoombs@LSAC.ca](mailto:hcoombs@LSAC.ca).

### GETTING INTO HORTICULTURE

Webinars coming soon

October 26 | Choosing Land

November 8 | Preparing to Plant

Are you a new producer who wants to get into farming or an established farmer who wants to expand into horticulture?

These sessions will be hosted online from 7-8:30 pm. FREE admission.

Contact Lac Ste. Anne County Horticulturist Lorraine Taylor at 780.203.2968 or [LTaylor@LSAC.ca](mailto:LTaylor@LSAC.ca).

## MUNICIPAL BY-ELECTION

### Special Ballot Now Available

If you are a resident of Division 4 and will be away or unable to vote at the Advance Polls or on By-Election Day you may request a Special Ballot. Requests can be made by phone or email contacting the Returning Officer, Reanne Springer at 780.305.9013 or email at [returningofficer2022@LSAC.ca](mailto:returningofficer2022@LSAC.ca). Or, if more convenient request in person at the Lac Ste. Anne County Administration Office.

## BY-ELECTION DATES AND LOCATIONS

### Advance Polls:

Thursday, November 17 | 10 am to 7 pm | Cherhill Community Hall

Saturday, November 19 | 10 am to 4 pm | Darwell Centennial Hall

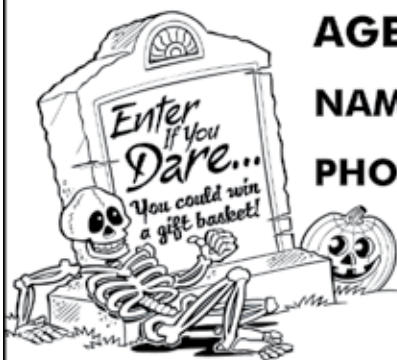
### Election Day Polls:

Monday, November 21 | 9 am to 8 pm | Cherhill Community Hall

Monday, November 21 | 9 am to 8 pm | Darwell Centennial Hall

| PERMIT # | LEGAL LAND DESCRIPTION                                                               | DESCRIPTION                                                                    | APPEAL BODY                                                            | APPEAL DEADLINE |
|----------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------------|-----------------|
| 22-D0260 | Block 23, Plan 8022106<br>Home Acres within<br>NW 27-54-04 W5M<br>8, 4219 TWP RD 545 | Detached Garage with slab on Grade<br>24.0' x 24.0' (579.0 sq. ft.) 9.0' walls | Lac Ste. Anne<br>County - Subdivision<br>& Development<br>Appeal Board | Nov 07,<br>2022 |
| 22-D0269 | Lot 1, Block 1, Plan<br>0823950 within<br>SW 27-56-03 W5M<br>56411A RGE RD 33        | Detached Garage 34.0' x 40.0' (1360 sq.<br>ft.) 11'9" walls                    | Lac Ste. Anne<br>County - Subdivision<br>& Development<br>Appeal Board | Nov 07,<br>2022 |

# SCREEPY, CRAWLY HALLOWEEN COLORING CONTEST



**AGE GROUPS: 3-4 YRS | 5-6 YRS | 7-9 YRS | 10+ YRS**

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **TOWN:** \_\_\_\_\_

**Entries must be recieved by October 27, 2022.**

**Mail to: Jack O'Lanterns, c/o Community Voice  
Box 3595 Spruce Grove, AB T7X 3A8**



# CHERRILL 4-H MULTI CLUB REPORT FOR SEPTEMBER

Submitted by Cherhill 4-H Multi Club

The 2022-2023 year has started up in our club! We had our first meeting on September 23 and we discussed the projects this year and club info, as well as upcoming events. We had the opportunity to have a stand in the George Pegg Botanic Gardens Farm Days in August where we sold multiple different things made by different projects. It was cool to see all of the different vendors and items being sold! Recently our club had the chance to pick garlic for Alberta Grown Ltd. We were very grateful for this opportunity as it helps our club fundraise and pay for new items! We are once again doing the Mundare Sausage Fundraiser! The deadline to order is October 14 and if you would like to order, please phone Dorothy Carlson at 780-674-1411. At our September meeting we had elections and these are our new executive for the year. President: Anthony Bouius, Vice President: Beau Churchill, Second Vice President: John Vanderwell, Secretary: Madison Bouius, Treasurer: Alyssa Blanchette, General Leader: Dorothy Carlson. Our district council reps for the year are Anthony Bouius and Beau Churchill. Our Project Leaders are, Sheep: Jackie Stadnyk and Assistant Steve Stadnyk, Beef: Rick Haltiner and Assistant Frans Bouius, Quilting: Dorothy Carlson and Assistants Brandi Vanderwolf and

Carlie Stadnyk, Feathered Friends: Tanya Vanderwell and Assistant Jared Vanderwell, Foods: Hailey Blanchette and Assistant Alexi Berry, Vet Science: Dr. Nay, Models: Jared Vanderwell and Assistant Tanya Vanderwell. The Archery Project will be led

by Mr. Pelchat from the Anselmo Club, with our leaders Mr. And Mrs. Yeoman and Mrs. Aaron Carlson as Assistants. If you are interested in joining 4-H or would like to order sausage please phone Dorothy Carlson at 780-674-1411. Our next meet-

ing is October 6, 2022. We are so excited for the year ahead!



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**PROMOTES HEALTH:** Helps to promote relaxation and overall health.

**WELL-BEING:** Helps to relieve anxiety, aid in digestion, supports optimal immune function and the regeneration of healthy cells.

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**DIETARY SUPPLEMENT:** Can be administered daily as part of your pet's diet.



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**MANAGES PAIN:** Helps to treat inflammation, arthritis and joint pain.

**TREATS DIGESTIONAL ISSUES:** Helps with loss of appetite, nausea, IBS and gastrointestinal swelling.

**GENERAL HEALTH:** Helps to manage mood, anxiety and general joint pain. For healthy, happy pets.

**CONVENIENT:** Can be sprayed into pet's mouth or on food.

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Bright Bank Hall, 780-968-  
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Cherhill Legion, Mary 780-  
 785-3578.

Cherhill Community Assoc.  
 Hall, Kevin 780-785-8153

Darwell Centennial Hall,  
 780-892-3099

Darwell Seniors, Phone  
 Debra 780-785-2907

Goose Lake Hall, Contact  
 Deanna (780) 584-3738

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 Community Hall, 780-920-  
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Mayerthorpe Diamond  
 Centre, Charlotte at 786-  
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Mayerthorpe Legion, 786-  
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Onoway Community Hall,  
 967-4749.

Onoway Heritage Center -  
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Onoway Legion, 780-907-  
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Park Court Community  
 Hall, 727-4476

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 Grove 780-962-5020 or  
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Ravine Community Hall,  
 Dawna @ 325-2460

Rich Valley Community  
 Hall, 967-5710 or 967-3696

Rosenthal Community Hall,  
 963-7984

Sandy Beach Rec Hall, 967-  
 2873

Sangudo Community Hall,  
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2259

Stettin Nakumun Comm.  
 Hall, 967-9198

## Dog Caretaker

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# COMMUNITY EVENTS

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

Fall Supper at the Stanger Hall  
October 23, 2022 4:30 pm - 6:30 pm Adults \$20 6 - 12 years \$10 5 and under Free  
Events at Sanguo Library  
Drop-in board games and free popcorn!  
Sunday Oct 30 @ 1PM, Friday Nov 11 @ 7PM, Sunday Nov 27 @ 1PM. Check sanguodollary.ca and our Facebook page for news on upcoming events.  
High School Halloween Dance Garden Valley Hall 52002 Range Rd 274, Spruce Grove 8pm to Midnight Tickets are \$10ea contact Kristine 780-718-4524 Concession Available during dance with Treats & Pizza

## FARMERS MARKETS

**ALBERTA BEACH:** Sundays, 11:30 - 3pm. Contact Hall 780-666-1604 \*May - September

**BARRHEAD:** Saturdays, 10AM-1PM at Barrhead Agrena. Sherry 780-674-6802 \*May - Dec.

**EVANSBURD FARMERS MARKET:** Every Saturday 10am - 2pm located right beside Evansburg Tipples Museum 780-505-0905  
\*May-Sept

**LAC CTE ANNE COUNTY:** Sat. Aug 13. Rural Roots Farmer Showcase. 10:00-4:00. Local Food Market, face painting, crafts. Alberta Open Farm Days. George Pegg Garden, Glenview. Free admission. PeggGarden.org. 780-203-0331.

Sat. Aug 13. Rural Roots Farmer Showcase. 5:30-9:00. Dinner & Concert. Chef Lindsay Porter, music with Erin Haley. Open Farm Days. George Pegg Garden, Glenview. Tickets PeggGarden.org. 780-203-0331.

Sun. Aug 14. Open Farm Days 10:00-4:00 + 30th Anniversary Celebration & pie! 1:30-3:00. Antiques displays, scavenger hunt, free admission. George Pegg Garden, Glenview. PeggGarden.org. 780-203-0331.

**ONOWAY:** Thursdays, 5-8PM at Onoway Community Hall. 780-667-6327 or onowayfarmersmarket@gmail.com. \*Starts May 1st.

**SPRUCE GROVE:** at the Elevator, Sat 10:00-1:00PM, Info (780)288-6174 \*April - Dec.

**STONY PLAIN:** Saturdays, 9AM-1PM, Community Centre Downtown, Stony Plain. Nancy 780-962-3993. \*April - Dec.

**WHITECOURT:** Tuesdays 11AM-2PM, Whitecourt Legion Hall, 779-7002. \*May - Oct.

## BINGO

**CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors @ 6:30PM, Games @ 7:30PM.

**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00PM

**RICH VALLEY COMMUNITY HALL BINGO:** on Oct 12 & 26 at 7:30PM

**STONY PLAIN SENIOR'S DROP-IN CENTRE:** public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

**WHITECOURT SENIORS CIRCLE:** Every Tuesday. Open @ 5PM, 1st call @ 6:45PM, Nevada's, Concession. 780-778-4950 \*Sept - June

## MEAT DRAWS

**ALBERTA BEACH:** Lac Ste Anne Community Choir & Museum Meat Draw/ Prizes - Every Sundays, 3:00PM at Jungle's Bar & Grill.

**BARRHEAD ROYAL CANADIAN LEGION:** Fridays 6:00PM. Queen Of Hearts draw & 50/50.

**DARWELL MARKET & MEAT DRAW** 4th Sat of the month, except Dec 10th. 1 till 4:30 (year round) All is welcome Lisa @ 780-233-0700 Opens Sept 24

**ONOWAY ROYAL CANADIAN LEGION:** Fridays, Ph. 780-967-5361

**STONY PLAIN ROYAL CANADIAN LEGION BR# 256:** Saturdays @ 3:00PM. Meat Draw & 50/50.

**WHITECOURT LEGION:** Saturdays 3:00PM. Located downtown behind the CIBC.

## MEALS ON WHEELS

**ONOWAY:** LSAC Div 1 & 2, East of Hwy 43, Hazel Bourke: 780.967.2338 or bnbourke@icloud.com

**WEST END:** Sanguo, Mayerthorpe & west

end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

## JAMBOREES

**CARVEL:** 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

**SANGUDO:** Sanguo Community Hall Jamborees are on hold until further notice 780-785-4105.

**SPRUCE GROVE:** at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051

\*September - June.

**Edmonton Northwest Senior's Center:** 12963 - 120st NW, Every Wed From 1-3:30pm Aug & Sept Admin: \$5 non members \$2 members Yearly membership \$30

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of month, 7PM, \$2.

**WHITECOURT SENIORS CIRCLE:** 2nd Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 \*Nov - June

## TOPS (Take Off Pounds Sensibly)

**SANGUDO:** Tues, United Church, 6:00PM. Toni (780)-786-4612 or Sandy (780)-305-9669

**STONY PLAIN:** Thurs evening at 5:30PM, Stony Plain Library, Susan (780) 968-0869

**SPRUCE GROVE:** Mon at 5pm at Anglican Church, 131 Church Rd. Betty (780)-962-3857

**SPRUCE GROVE:** Tues at 6:15pm at Anglican Church, 131 Church Rd. Sharren (780)-962-2722

**SPRUCE GROVE:** Wed at 8:45am at Anglican Church, 131 Church Rd. Christianne

## YOUR COMMUNITY

**MAYERTHORPE LEGION BR. #126:** Seniors' Floor Curling - Thurs @ 1PM. Fun Darts - Thurs @ 7PM. Wings Night - Every Wed 5-8PM. Steak & Fish Night - 1st Friday of month 5-8PM. Everyone welcome. For more info please call 780-786-2470.

**ONOWAY ROYAL CANADIAN LEGION:** Open Tuesdays 7PM to 10PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9:00-3:00PM. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway. Open Fri & Sat, 10AM-4PM.

**FREE TUTORING FOR ADULTS:** Need help with reading, writing, math, English language (ESL) or basic digital skills? Free 1-on-1 and small group tutoring! Odette Lloyd 780-220-6460. calp@norquest.ca

**WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

## SOCIAL EVENTS

**ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES:** Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/ Fitness. Everyone Welcome.

**BADMINTON:** Wed, 7:10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

**COME PLAY CRIB:** Fridays, 7:00PM at Darwell Seniors Hall; lite lunch is served. All ages.

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

**JR. SCRAPBOOKING** Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404.

**"ME, YOU, & EVERYBODY"** Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agriplex from 10:00-11:00AM starting May. Funded Lac Ste Anne FCSS.

**ONOWAY & DISTRICT HISTORICAL GUILD:** Every Wed, 9-4pm at Onoway Golden Club

Onoway Museum. 967-4485

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1PM. 1st Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.

**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

**PANCAKE/BREAKFAST SOCIAL:** 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. \*except June, July, August

**RIVER TALKERS TOAST MASTERS CLUB,** Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

**SANGUDO ART CLUB** meets every Thursday morning at 9AM at the Sanguo Community School. New members welcome. For further information call Brenda at 780-785-2402.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

**THE ALBERTA WILDLIFE CARVING ASSOCIATION** Images of Nature Show, Featuring wildlife carvings, Whitecourt Hall, 314 52313 RD232, Sherwood Park, Saturday Apr.30 2:00 - 5:00 pm, Sunday May 1, 10:00 am - 2:30pm. See beautiful hand carved wildlife sculptures

**WHITECOURT SENIORS CIRCLE DROP IN CRIB** 1st & 3rd Sundays 1:00PM. 780-778-4950

**WRITERS PROGRAM:** Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

## MEETINGS

**1ST ONOWAY SCOUTS:** Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

**2716 ROYAL CANADIAN ARMY CADETS,** Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs. Call 780-515-1842

**299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE:** Stony Plain Comm Centre, Wed 6:30PM. Youths 12-18, 963-0843

**3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS,** Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

**526 BARRHEAD AIR CADETS,** Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

**AA - MAYERTHORPE,** Family Link Centre, Thurs 8PM. (780) 648-3903 or (780) 706-0605

**AA - SANGUDO GOLDEN CLUB,** Tues 8PM call 786-4402/785-9214/785-3599

**AL-ANON** Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

**ALBERTA 55 PLUS:** Villeneuve Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

**ALBERTA BEACH & DIST LIONS CLUB** meets every 4th Tues 7:00PM, Alberta Beach Agriplex.

**ALBERTA BEACH AG SOCIETY** meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agriplex.

**ALBERTA BEACH MUSEUM** meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

**ALCOHOLICS ANONYMOUS:** The Journey of Hope Group, Mondays 8PM, Golden Club 5023-49Ave

**BARRHEAD & AREA CANCER SUPPORT GROUP:** 4th Thurs. 6:30-8:00PM at Barrhead United Church.

**BARRHEAD ROYAL CANADIAN LEGION,** meeting every 2nd Thurs, 7PM at the Legion Hall.

**CHERRILL COMMUNITY ASSOC.** Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 \*Except Jan, July, Aug, Sept.

**CHERRILL SILVER & GOLD SENIORS CLUB** Regular Meetings 1st Tuesday of month, Cherrill Seniors Hall. Call Rosamy 780-785-

2625

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12PM, Alberta Beach Agriplex. Info call 780-902-4879 or 780-999-7622.

\*Sept-June.

**Citizens Helping In Life's Defence (C.H.I.L.D.)** Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 7:00PM, 1st Monday, Darwell

**DDRA MEETING,** 7:00PM, 2nd Mon, Darwell Centennial Hall 780-892-3099. \*except Jul/ Aug/Dec

**GriefShare:** Weekly grief support group held on Tuesdays 6:30 - 8:30 pm, starting Sept 14 at Crossroads Community Church, 4419 44 Ave, Mayerthorpe. \$25 for 12 sessions. Pre-registration required. Call 780-786-2695 today.

**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30PM, Onoway Heritage Centre On-line Registration www.girlguides.ca

**GREENCOURT COMMUNITY ASSOCIATION** meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

**KINETTE CLUB OF MAYERTHORPE,** 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

**LAC STE ANNE COMMUNITY CHOIR,** Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Sandra @ 780-966-5678

**LAC STE. ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY:** 3rd Fri, 7PM, Alberta Beach Council Chambers.

**LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS:** 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4th Mon, 5PM in Hospital Basement Education Room.

**MAYERTHORPE LEGION BR. #126:** Meetings 2nd Mon of month at 7:30PM. For more info please call 780-786-2470.

**MEN FOR SOBRIETY:** Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 \*Sept-June

**NA MEETING,** Tuesdays 7:00PM Poplar Valley Church (780)514-6011

**ONOWAY & DIST HERITAGE SOCIETY:** 2nd Wed of each month, 7:00PM, Onoway Legion

**OPTPS 2022 Farmer's Day Tractor Pull** June 11 & 12 at Deep Creek Camping, Sanguo. Antique & Classic Tractor Pulls, both days. Sat. pulls begin approx. 11am Sun. pulls begin at 10am

Free Admission. Sat only, Silent Auction 11am-1pm & Artisan Market Booth 9am - 4pm For more info: Darcy 780-785-2655

**ONOWAY & DISTRICT QUILT GUILD:** Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629.

**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1st Mon, 7PM. \*Sept-June

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agriplex on the 2nd Wed of the month. 7:00PM.

**RIVER TALKERS TOASTMASTERS CLUB** Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcen, (780)778-1180.

**SANGUDO PAINTING GROUP:** Every Thurs, 9AM-12PM at Sanguo Community School. Info, call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

**WESTLOCK & AREA CANCER SUPPORT GROUP:** 3rd Wed. 6:30-8:00PM at Westlock Library.

# SUDOKU

of the week

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**ANSWER:**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 1 | 4 | 6 | 8 | 2 | 3 | 9 | 7 |
| 3 | 6 | 7 | 1 | 9 | 5 | 4 | 2 | 8 |
| 8 | 2 | 9 | 4 | 3 | 7 | 5 | 6 | 1 |
| 2 | 4 | 5 | 7 | 6 | 8 | 1 | 3 | 9 |
| 6 | 8 | 3 | 2 | 1 | 9 | 7 | 4 | 5 |
| 9 | 7 | 1 | 5 | 4 | 3 | 2 | 8 | 6 |
| 1 | 5 | 8 | 3 | 2 | 6 | 9 | 7 | 4 |
| 4 | 3 | 6 | 9 | 7 | 1 | 8 | 5 | 2 |
| 7 | 9 | 2 | 8 | 5 | 4 | 6 | 1 | 3 |

|   |   |   |   |  |   |   |   |   |
|---|---|---|---|--|---|---|---|---|
|   | 1 |   |   |  | 3 |   | 7 |   |
|   |   | 7 | 1 |  | 4 |   | 8 |   |
| 8 |   |   | 4 |  | 7 |   | 6 | 1 |
|   |   | 5 | 7 |  | 8 | 1 | 3 | 9 |
| 6 | 8 |   | 2 |  | 9 |   |   |   |
|   |   |   |   |  | 2 |   |   |   |
|   |   |   |   |  | 6 |   | 7 |   |
|   |   |   | 9 |  | 1 | 8 |   | 2 |
| 7 |   | 2 | 8 |  | 4 |   |   |   |

## Church Directory

### Rich Valley Community Church

Sunday School  
10:00 a.m.  
Worship Service  
11:00 a.m.

### Catholic Parish of Lac Ste. Anne

Sunday  
10:00 a.m.

### Good Shepherd Lutheran Church

Stony Plain  
Worship Service  
10am  
(780) 963-3131

### Mayerthorpe Baptist Church

Worship Service  
Sunday 10:30 a.m.  
Children's Church  
10:30 a.m.  
4606-54 St. Mayerthorpe  
(780) 786-2677

### Alberta Beach Alliance Church

Sunday Worship  
Service & Kid's  
Church 11:00 a.m.  
Sunday School  
10:00 a.m.  
(780) 924-3282

### St. John's Anglican Church

Onoway  
Sunday Service  
10:00 a.m.  
**Everyone Welcome**

### St. John's Lutheran Church

Alberta Beach  
Sunday Service  
11:00 a.m.  
Sunday School

### Zion United Church

Sunday Service  
10:00 a.m.  
Sunday School  
Serving Alberta Beach,  
Wabaman, Darwell &  
Lake Isle, Onoway & Area  
(780) 924-3351

### Sangudo United Church

**Christmas Eve Service 6:00 p.m.**  
Worship Service  
3rd Sunday 11:00 a.m.  
4907-50 Ave. Sangudo, AB

### St. Mary's Anglican Church Service

Holy Communion  
2nd Sunday each  
month 11:00 a.m.  
at Sangudo United Church  
Reverend Barry  
Rose Officiating

### Cherhill Community Church

Sunday School  
10:00 a.m. - 11:00 a.m.  
Worship Service  
Sunday 11:00 a.m.

### St. Michael Lutheran Church

Sunday Services 1st &  
3rd Sunday at 2:00 p.m.  
Pastor Rick Chappell  
(780) 282-0183  
Mystery Lake

### Trinity Lutheran Church (LC-C)

"The Church of the Lutheran Hour" - Rockfort Bridge  
Pastor Dan Hansard  
Church (780) 778-2035  
Sunday Worship  
9:00 a.m.  
Senior's Service & Cottage Bible Study - Phone for locations

### Crossroads Community Church

P.A.O.C.  
Rev. Arnold Lotholz  
Sunday Service  
10:30 a.m.  
(780) 786-2424

### Onoway Baptist Church

Sunday Service  
10:30 a.m.  
(780) 967-2266

### Roman Catholic Church

St. Agnes' Parish, Mayerthorpe  
Sunday 9:00 a.m.  
St. Elizabeth Parish,  
Evansburg  
Saturday 7:00 p.m.  
(780) 786-2032

### Calahoo Alliance Church

Family Worship  
Service Sunday  
10:00 a.m.  
For Info Call Jerry  
(780) 974-7734



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