



# COMMUNITYVOICE

—YOUR LOCAL NEWSPAPER—

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

## February 14, 2023

### ONOWAY LIBRARY VOLUNTEER GIVES BACK



Submitted by Onoway Library

David Martin is proof that

everyone offers value to our community through volunteer work. David, with help from caregiver Kathy Hafermehl (Bucyk), has been a key volunteer at the Onoway Public Library since 2019.

"During Covid, David couldn't come to the library and it was really hard on him," says Kathy. "He originally began volun-

teering because his family felt that doing more in the community would help him."

It certainly has and David is much more social now than when he started. As he put it, "I like coming here. I like helping my friends." Both Library Manager Kelly Huxley and Kathy agree that if he had to stop

*Continued on Page 2*

### PARKLAND RCMP SEIZE DRUGS, WEAPONS, FRAUDULENT CARDS AND STOLEN ID

Submitted by Parkland RCMP

On Wednesday, Feb. 1, 2023, the Parkland RCMP Crime Reduction Unit (CRU) received information that a male wanted on numerous Criminal Code warrants was in the community of Spruce Grove. With the assistance of Parkland RCMP Drug Section, the Crime Reduction

Unit was successfully able to locate and apprehend 22-year-old Keegan Patrick Dunn Power, of no fixed address.

Police obtained and executed a search warrant for the vehicle that Keegan Power was found operating. The following items were seized:

- 53 grams of Methamphetamine;
- 3.5 grams of Fen-

tanyl;

- 43 individual banking, membership and student cards where names cannot be determined;

- 74 individual bank card, credit cards, Alberta Health Care cards, drivers licenses and benefits cards;

*Continued on Page 12*

**Family Footcare & Reflexology**

• Registered CMP  
• Certified Reflexologist  
**780.984.9774**

Now in Onoway  
**ONE** Saturday a Month  
Restorative Footcare  
Seniors, Diabetics, & Grumpy Feet!

**BACK in BUSINESS!**

**CRACKMASTERS**  
Windshield Repair & Replacement Specialists

780.782.8282  
485 Diamond Ave  
Unit 13  
Spruce Grove, AB  
\*Windshield Repair  
\*Chip & Crack Repair

**SUPPORT LOCAL BUSINESSES**

**View us ONLINE!**  
**WWW.COM-VOICE.COM**

**Romantic Nations Inc.**

Bikinis, bras, boxers and briefs... and so much more!



**COMMUNITYVOICE**  
—YOUR LOCAL NEWSPAPER—

PUBLISHED WEEKLY  
(Zone 1 & 2) AND  
BIWEEKLY (Zone 3)

Box 3595  
Spruce Grove, AB  
T7X 3A8

**TELEPHONE:**

Advertising 962-9228  
Fax 962-1021

**E-MAIL:**

comvoice@telusplanet.net  
news@com-voice.com

## Onoway Library Volunteer Gives Back

*Continued from Page 1*

for some reason, he'd be devastated.

When the idea was first proposed, Kelly agreed to try David for a short while to see how it worked. "I had to change a few ways that I'd been doing things to make sure it was David, and not Kathy, doing the work." They've never looked back.

At first, David worked to reshelf books that had been returned. It wasn't long, however, until David graduated to helping to pull books requested for other libraries. His latest job has been to help fill bags for both child and adult crafts. At Christmas this year, he filled 100 bags with three marshmallows each so children could make snowmen from them.

"Sometimes we fill containers with paint or glue; whatever she gives us to put in the bags," explained David. "I don't drop the books because I'm very careful. I keep Kelly company doing what she's supposed to do, too."

David described his Tuesday routine. "I go and help with the walking group, then we come to the library for lunch and tea. After that, I help Kelly."

"Volunteering at the library began because I was trying to find audio books for David," explained Kathy. "He really loves being read to, so I was always trying to find books too. When his family wanted him to become more involved with the community, it seemed to fit."

She went on. "It's been fun, and watching how David has grown is a bonus. It's nice to see how he's progressed

*Continued on Page 4*



**SHANE GETSON**  
MLA for LAC STE. ANNE-PARKLAND

**CELEBRATING  
FAMILY DAY  
IN ALBERTA**

The love of a family is  
life's greatest blessing.

LacSteAnne.Parkland@assembly.ab.ca  
#18, 4708 Lac Ste Anne Trail, N. (Box 248)  
Onoway, AB T0E 1V0 780-967-0760

**JOKE** of the week

The wife and I took a long, leisurely drive out to the country and pulled over to fill up our car's gas tank and tires... She was surprised to see that the station had a fee to fill the tires and asked me, "Why in the world do they charge for AIR?!"

I responded, "Inflation."



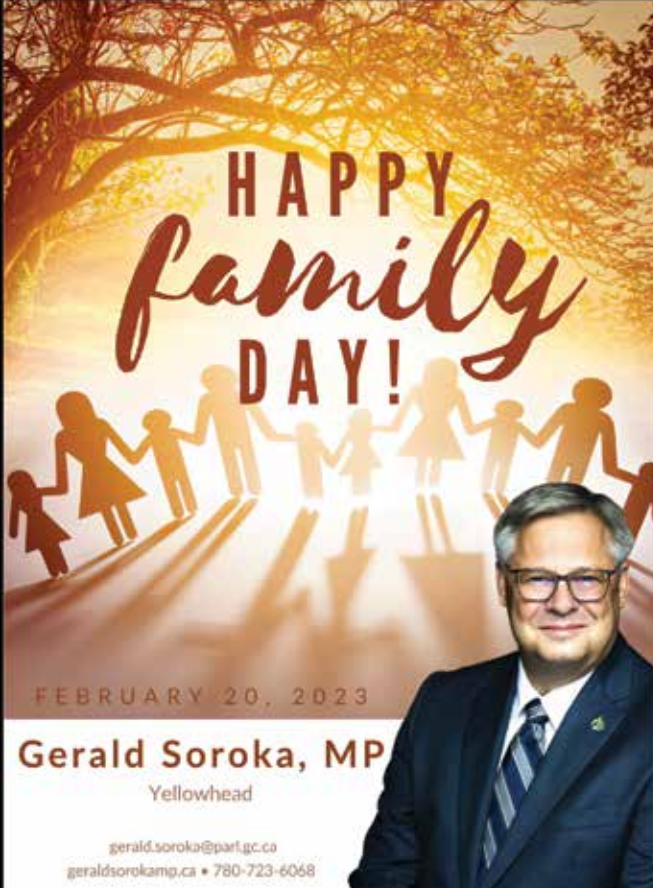
**SHANE GETSON**  
MLA for LAC STE. ANNE-PARKLAND

**Pink Shirt Day**

Show your support for  
**anti-bullying**  
programs.

Wear **PINK**  
today!

LacSteAnne.Parkland@assembly.ab.ca  
#18, 4708 Lac Ste Anne Trail, N. (Box 248)  
Onoway, AB T0E 1V0 780-967-0760



**HAPPY  
family  
DAY!**

FEBRUARY 20, 2023

**Gerald Soroka, MP**  
Yellowhead

gerald.soroka@parl.gc.ca  
geraldsorokamp.ca • 780-723-6068





## Do you operate a tourist destination or event northwest of Edmonton?

### Let's all come together and expand our opportunities

- Network with other tourism operators and supporting organizations
- Learn how to cross promote events and operations
- Get advice on how to create quality visitor experiences
- Learn how to create an effective marketing plan
- Share solutions and build alliances
- Learn how WILD Alberta can help promote your business

### Free networking sessions

Private operators, municipalities, museums,  
events and First Nations are welcome

#### February 18, 2023

Fort Assiniboine  
Fort Assiniboine Museum  
10 a.m. - 3 p.m.  
Lunch will be provided

#### March 11, 2023

Westlock  
Canadian Tractor Museum  
10 a.m. - 3 p.m.  
Lunch will be provided

#### March 18, 2023

Onoway  
Onoway Museum  
10 a.m. - 3 p.m.  
Lunch will be provided

Register now. Space is limited.  
[wildalberta.com](https://wildalberta.com)



[wildalberta.com](https://wildalberta.com)

**PUBLIC NOTICE****GFL ENVIRONMENTAL INC.****ENVIRONMENTAL PROTECTION AND ENHANCEMENT  
ACT****NOTICE OF APPLICATION**

GFL Environmental Inc. (herein called GFL) has submitted an application to renew the EPEA Approval for its Onoway Hazardous Waste Storage, Recycling of Hazardous Recyclables and Fuel Blend Processing Facility (herein called the Facility) under the Environmental Protection and Enhancement Act (EPEA). The Facility currently operates under EPEA Approval No. 522-02-00, as amended, and the primary activities at the facility include receiving, storing, blending, packaging and shipping various types of hazardous wastes and recyclables. The activities fall under the following sections of the Activities Designation Regulation: Schedule 1, Division 1— Subsection (c), (e) and (f).

**Facility Location:**

The Facility is located in the Town of Onoway in Lac Ste Anne County, Alberta (on Lotss18 and 22, Block 4, Plan 782 2095) within SE ¼ of Section 35, Township 054, Range 2, West of the 5<sup>th</sup> Meridian.

A directly affected person may provide input into certain regulatory decisions, as allowed by the Environmental Protection and Enhancement Act (section 73). Specifically, any person who is directly affected by this application may submit a written statement of concern within 30 days of the date of this notice to:

Environment and Protected Areas  
Regulatory Assurance Section  
Approvals Unit  
5th Floor, South Petroleum Plaza  
9915 - 108 ST  
EDMONTON, AB T5K 2G8  
Fax: (780) 422-0154  
E-mail: [aep.epeaapplications@gov.ab.ca](mailto:aep.epeaapplications@gov.ab.ca)

The written statement of concern should include the following:

- the application number 016-522
  - describe concerns that are relevant to matters regulated by the Environmental Protection and Enhancement Act
  - explain how the filer of the concern will be directly affected by the activities proposed in the application
  - provide the legal land location of the land owned or used by the filer where the concerns described are believed to be applicable
  - state the distance between the land owned or used by the filer and the site in the application
  - contact information including the full name and mailing address of the filer.
- Please provide a telephone number and/or email address for ease of contact.

Environment and Protected Areas will review each written statement of concern, seek more information if needed, and notify each filer by letter of the decision to accept or reject their written submission as a valid statement of concern. The Public Notice of this application will also be posted on the Department's website at <https://avw.alberta.ca/PublicNoticesViewer.aspx>.

Statements of concern submitted regarding this application are public records which are accessible by the public and the applicant. Failure to file a statement of concern may affect the right to file a Notice of Appeal with the Environmental Appeals Board.

Copies of the application and additional information can be obtained from:

GFL Environmental Inc.  
Attention: Cameron Prichard  
4208 48 Avenue  
Edmonton AB T6B 3N5  
Telephone: (780) 805-6107  
Email: [cprichard@gflenv.com](mailto:cprichard@gflenv.com)

## Onoway Library Volunteer Gives Back

*Continued from Page 2*

since we first started coming, and now the community is getting to know him too. Little children sometimes ask about his cane, and I tell them the cane is his eyes."

One of two volunteers, David shows how anyone can contribute. No matter what kind of a barrier there might be, enthusiasm and an offer to volunteer will magically open a door. Volunteering benefits not only the organization receiving the help, but also the individual. It opens doors to learning new things, improving social contacts, and brings a sense of purpose.

Outline:

On behalf of the Onoway & District Chamber of Commerce and the Onoway Community Crew, Grant Johnson presented Library Manager Kelly Huxley with a cheque and certificate, 1st prize in the 2022 Decorate the Lane Christmas Tree Competition.

Kelly Huxley provided more information. "I asked the library building neighbors to participate, and it became a joint effort between Onoway Public Library, Onoway Play-school & OSC, Onoway Historical Guild and MLA Shane Getson & staff. The kids had such fun making decorations and hanging them on the tree, and we won \$300 for our Heritage Tree. We will have a celebration party with all our partners."





## THESE PAGES ARE SPONSORED BY THE FOLLOWING BUSINESSES

<b>Dianne's Tri Village Pizza</b> 924-3132	<b>Beachside Market</b> 924-3155	<b>Beach Front Liquor</b> 669-8650	<b>Mama's In The Kitchen Restaurant &amp; Catering.</b> 924-2468
<b>Village of Alberta Beach</b> 924-3181	<b>Ecko Marine &amp; Power Inc.</b> 924-3255	<b>Jeddy's Bar &amp; Grill Ltd</b> 924-2121	<b>Alberta Beach Inn &amp; Suites</b> 587-763-0351
<b>ATB Financial - Alberta Beach</b> 924-2211	<b>Jack's Carstar - Onoway</b> 967-5850	<b>Beach Comber Beauty &amp; Barber Salon</b> 924-3242	<b>Rock Island Cannabis Inc.</b> 924-2009
<b>Top &amp; Drop Tree Services</b> 924-2014	<b>Guardian Beach Pharmacy</b> 924-3647	<b>Jungles's Bar &amp; Grill</b> 924-2242	<b>Leann Knysh - Century 21 Masters</b> 963-2285
<b>Bro Built Homes &amp; Contracting Ltd</b> 940-6415	<b>The Beach Shoe Repair</b> 825-975-7463	<b>Alberta Beach &amp; District Ag Society</b> 924-3545	<b>Summer's Drilling</b> 963-1282
<b>Alberta Beach Esso</b> 924-3707	<b>Estate's At Waters Edge</b> 1-877-405-1105	<b>Gunn General Store</b> 967-5550	<b>Gunn Liquor Store</b>



# SNOMO DAYS 2023

February 18th - 20th 2023



## ON ICE EVENTS

**SATURDAY:**

\$15/person

**SUNDAY:**

\$15/person

(10 and under,  
are FREE)



## Saturday

SnoMo Breakfast	Agliplex - 8:30 am - 11 am	Public Skating	Beachwave Park - 12 noon - 2 pm
50/50 Ticket Sales	All Day	Horse-Drawn Wagon Rides	Beachwave Park - 1 pm - 3 pm
Snowmobile Poker Rally Registration	Agliplex 9 am - 11 am	SnoMo Tattoos	Beachwave Park - 12-5pm
Snowmobile Poker Rally Event	Designated Trail - 9 am - 5 pm	Family & Friends Skate	Beachwave Park - 3 pm - 9 pm
Freeze Hunger Van	near Beachside Market - 10 am - 6 pm	Spagettie Dinner	Heritage Centre - 5 pm - 7 pm
Snow Sculptures Carving	Across from Lion's Park - All Day	Ice Breaker Party (18+)	On the Ice - 5 :30pm - 11:30 pm
Lake Ice Skating	On the Ice - All Day	Couples Skate Contest	Beachwave Park - 7 pm - 7:30 pm
Over the Line Snowball	Event Next to Heritage Centre - 11 am	SnoMo Bonfire	Beachwave Park - 7 pm - 9 pm
Car Racing on Ice	11:30 am to 4pm	Snowmobile & ATV Parade	Boat Launch - 7 pm
Monster Trucks on Ice	1pm to 3pm	Fireworks Boat Launch	- 9 pm
Skate Hut & Concession	Beachwave Park - 12 noon - 9 pm		

[WWW.SNOMODAYS.COM](http://WWW.SNOMODAYS.COM)



# SNOMO DAYS 2023

February 18th - 20th 2023



## Sunday

SnoMo Breakfast	Agliplex 8:30 - 11 am
50/50 Ticket Sales	All Day
Lake Ice Skating	on the lake All Day
Snowmobile Drag Race	Registration Agliplex - 9 am - 11 am
OHV Novelty Challenge	Registration Agliplex - 9 am - 11 am
Freeze Hunger Lake	Admin Gate - 10 am - 3 pm
Concessions on the Ice	Near tent 10am to 6pm
Ice Park & Kids Zone	Ice Park - 10 am - 4 pm
Car Racing on Ice	11:30 am to 4pm
Axe Throwing (Axe Monkeys Edm There is a fee fro this Event)	On the ice - 1pm - 4 pm
Skate Hut & Concession	Beachwave Park - 11 am - 8 pm
Broomball Tournament	Beachwave Park - 10 am - 3 pm
Snow Dig Event	at Ice Park- 11 am
OHV Novelty Challengege	Event-On the ice - 11 am- 1 pm
Snowmobile Drag Race	Event -On the ice - 12 noon - 5 pm
Vintage Show anAd Shine	On the ice - 12 noon - 5 pm
5 km Walk/Run	Starts on the ice - 1 pm
Family & Friends Skate	Beachwave Park - 3 pm - 9 pm

## Monday

SnoMo Breakfast	Agliplex - 8:30 am - 11 am
Freeze Hunger	Ice Entrance - 8 am - 1 pm
Lake Ice Skating	On the Ice - All Day
ATV Poker Rally Registration	Agliplex - 9 am - 11 am
ATV Poker Rally Event	- 9 am - 4 pm
Public Skate	Beachwave Park - 12 noon - 8 pm

### ON ICE EVENTS

#### SATURDAY:

\$15/person

#### SUNDAY:

\$15/person

(10 and under,  
are FREE)

[WWW.SNOMODAYS.COM](http://WWW.SNOMODAYS.COM)







THESE PAGES ARE SPONSORED  
BY THE FOLLOWING BUSINESSES

C&D Tank Truck  
Service  
-Cherhill  
785-3383



Wendy's Neats  
& Treats  
587-  
982-6004



Tim Hay  
Trucking &  
Construction  
818-5849



All Wood  
Services  
902-8687



XL Graphics  
& Design  
967-5959



Academy  
Fabricators  
967-3111



2K Small  
Engine Service  
952-3956



U.F.A.  
-Onoway  
**UFA**  
967-5340



Town of  
Onoway

967-5338



MAD Fitness  
-Onoway  
**MAD**  
886-4851



Burger Baron  
-Onoway

967-4488



Assertive  
Electric

967-3827



Onoway  
Timber Mart

967-2274



Onoway  
Bigway Foods

967-4291



Grande Tire  
-Onoway

967-3432



Trius Insurance /  
Onoway  
Registries  
967-5270



Onoway  
Veterinary Clinic

967-2967



Standstone Waste &  
Water Service Ltd  
**standstone**  
Waste & Water Services Ltd  
967-2118



Zee Best  
Renovations

967-3898



Border  
Paving

967-3330



Country  
Automotive  
Specialists  
**SAFETY - AFFORDABLE**  
967-2218



C&S  
Rentals

967-4254



Calahoo  
Meats Ltd.

458-2136

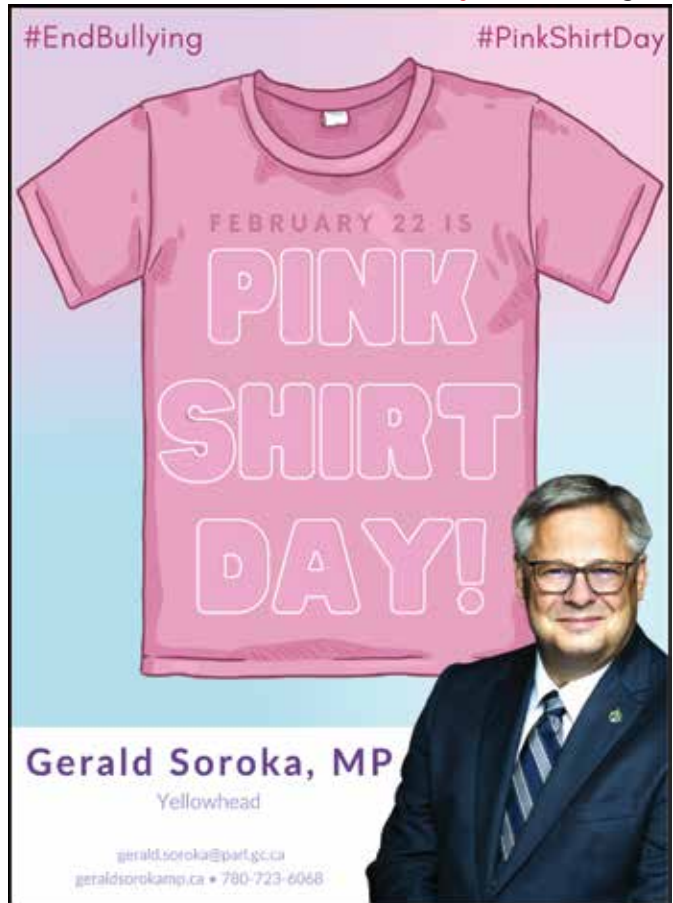


Check Mark  
Construction

619-4204







## Keeping Alberta affordable.

The Government of Alberta is providing support to Albertans struggling with the rising cost of living, with affordability payments totalling \$600 over six months for eligible Albertans.

# \$600\*

**over six months**  
January - June 2023

**SENIORS 65+**

**FAMILIES (FOR EACH CHILD UNDER 18)**

Sign up and apply now: [alberta.ca/affordable](https://alberta.ca/affordable)

---

**Automatic payments for Albertans on core support programs:**

- Assured Income for the Severely Handicapped (AISH)
- Persons with Developmental Disabilities (PDD)
- Income Support
- Alberta Seniors Benefit

\*\$100/month, household income below \$180,000

[alberta.ca/affordable](https://alberta.ca/affordable)

THE AFFORDABILITY  
ACTION PLAN



# Family Day Weekend Winter Carnival!

Saturday, February 18 • Noon–4:00pm • Rotary Park




*Join us for*

**Family Day weekend in Whitecourt.**  
We will have activities happening all weekend long!

- Ice Slide
- Family Games & Scavenger Hunt
- Skating Oval-New!
- Crokicurl
- Sleigh Rides
- Bannock Roasting
- Free BBQ and Hot Chocolate (while supplies last)

Can't make it to the event on Saturday? Don't worry, the ice slide, skating oval, crokicurl, and scavenger hunt will be up all weekend! Just drop off your completed scavenger hunt at the Allan & Jean Millar Centre for your chance at prizes.

**Monday, February 20**

**Family Day Public Skating**  
at the Scott Safety Centre  
11:00am-12:30pm  
**Free** with a Food Bank donation

**Vista Movie Theatre**  
**Free** 2:00pm  
Cash donations for the Food Bank are encouraged  
Sponsored by Primerica







Amanda St Pierre  
PPSL Investments Branch Manager





*Family Day Weekend*

# Winter Carnival!

Eagle River Chrysler Ltd. <b>778-2844</b>	Life Med Pharmacy <b>706-5012</b>	Stone R.V. (New & Used Sales & Services) <b>706-2223</b>	Canadian Tire -Whitecourt <b>778-6591</b>
<b>Fountain Tire</b> Fountain Tire -Whitecourt <b>778-4401</b>	<b>RF</b> Reschke Fritz LLP -Chartered Professional Accountants <b>778-3981</b>	Smyl Chevrolet Ltd. <b>778-2202</b>	CJ's Liquor <b>778-8989</b>
Whitecourt Insurance Ltd. <b>Whitecourt Insurance Ltd.</b> <b>778-3003</b>	Celebrations -Whitecourt <b>778-6700</b>	<b>NORTHERN METALIC</b> Northern Metallic Sales (WTC) Ltd. <b>779-4900</b>	Carptown Interiors <b>778-4144</b>
Caine's Jewellers <b>778-3302</b>	H&R Block -Whitcourt <b>778-3030</b>	Whitecourt Ford Inc. <b>778-4777</b>	RBC -Royal Bank -Whitecourt <b>778-6895</b>
Park Memorial Ltd. -Funeral Home & Crematorium <b>779-2533</b>	<b>EMCO</b> EMCO Plumbing & Heating <b>706-2459</b>	Whitecourt Sentinel Storage <b>SENTINEL STORAGE</b> <b>706-8880</b>	Whitecourt Veterinary Clinic <b>778-5767</b>

# Parkland RCMP Seize Drugs, Weapons, Fraudulent Cards And Stolen ID

*Continued from Page 1*

- Approximately 50 sets of keys, including vehicle, home and mailbox keys of unknown origin;
- Personal banking records;
- Multiple books of blank personal cheque books as well as individual blank

cheques and WCB cheques;

- A large quantity of business records with client information;
- Counterfeit American currency;
- A variety of ammunition;
- A prohibited electrical stun baton with handcuffs, masks and break and

enter tools;

- Gate and alarm codes for several commercial businesses;
- Personal Canadian income tax returns;
- An electronic bank card / credit card reader;
- Blank Alberta Health Care cards and additional evidence of credit card fraud.

In addition to his original warrants, Keegan Power is charged with the following offences as a result of the search warrant:

- Possession for the purposes of trafficking (Methamphetamine);
- Possession of property obtained by crime under \$5000;
- Drive while prohibited;
- Failing to comply

with a Release Order condition x 4;

- Failing to comply with a Probation Order x 2.

Investigation is ongoing into the stolen and/or fraudulent personal items and expected to take some time before further charges can be laid. There are dozens of related theft investigations and police will be attempting to contact victims in attempt to return personal items. Police remind everyone to keep government issued documents (birth certificates and SIN cards) stored in a safe place to mitigate the risk of identity theft.

Keegan Power has been remanded into custody. His next appearance in court is set for Feb. 15, 2023, at Stony Plain Provincial Court.

## Town & Country Funeral Services

*Wabamun*  
**780-983-2749**

*Evansburg*  
**780-727-2791**

- † Cemetery Monument Sales & Installation
- † Traditional Burial & Funeral Services
- † Pre-need Funeral Packages
- † Crematorium & Memorial Services



LAC STE. ANNE COUNTY

Visit [LAC.ca](https://www.lfac.ca) to explore the latest County news and events in greater detail.

f t in

**PLANNING & DEVELOPMENT**

**LAC STE. ANNE COUNTY: NOTICE OF DEVELOPMENT PERMIT APPROVALS**

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at **1.866.880.5722** or [devassistant@LAC.ca](mailto:devassistant@LAC.ca), Monday to Friday 8:30 am to 4:30 pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL BODY	APPEAL DEADLINE
22-D0124	Lot 2, Block 1, Plan 1720289 within SE 02-56-05 W5M 5107 HWY 43	Hobby Yard Sales, Contractor Equipment and RV Storage	Lac Ste. Anne County - Subdivision & Development Appeal Board	Mar 6, 2023

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30 pm on the above noted date(s) to Lac Ste. Anne County, Subdivision & Development Appeal Board, Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development, Box 219, Sangudo, Alberta T0E 2A0

**PLEASE NOTE:** Lac Ste. Anne County requires that a non-refundable fee of \$250 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash.

OR send to: Land and Property Rights Tribunal, 2nd Floor, 1229 91 Street SW, Edmonton, AB T6X 1E9  
email: [lprr.appeals@gov.ab.ca](mailto:lprr.appeals@gov.ab.ca), Website: [alberta.ca/subdivision-appeals.aspx#jumplinks-1](https://alberta.ca/subdivision-appeals.aspx#jumplinks-1)

The required appeal form may be obtained by contacting the Land and Property Rights Tribunal or on the LPRT website. The Land and Property Rights Tribunal (formerly Municipal Government Board) hears subdivision and development appeals where there is a provincial interest. Otherwise, the appeals are heard by the local Subdivision and Development Appeal Board. The Tribunal hears appeals of development authority decisions where the land that is the subject of the application is: the subject of a license, permit, approval or other authorization granted by the Natural Resources Conservation Board, Energy Resources Conservation Board, Alberta Energy Regulator, Alberta Energy and Utilities Board or Alberta Utilities Commission; the subject of a license, permit, approval or other authorization granted by the Minister of Environment and Parks.



LAC STE. ANNE MINOR SOFTBALL LEAGUE LEAGUE  
REGISTRATION INFORMATION 2023 SEASON

Alberta Beach	Online registration is open on Feb 15 by visiting <a href="http://albertabeachminorball.rampregistrations.com">http://albertabeachminorball.rampregistrations.com</a> <b>Contact</b> Amy Warren 780.940.9716 or <a href="mailto:abcommunityleague1@gmail.com">abcommunityleague1@gmail.com</a>
Alexis Nakota Sioux Nation	<b>Contact</b> Shelley Nelson 780.983.2205 to register or for more information
Anselmo	Online registration is open on Feb 3 at <a href="http://anselmofp.rampregistrations.com">http://anselmofp.rampregistrations.com</a> In person registration night is March 8 & 9 from 5:30-7:00pm at Elmer Elson Elementary School <b>Contact</b> Rennae Swartzenberger 780-706-5379 for more information
Darwell	<b>Contact</b> Craig Dahl 780.289.5889 to register or for more information
Onoway	Registration is open on Feb 14 - Mar 7. Visit the "Onoway Minor Softball" Facebook page to register through RAMP. <b>Contact</b> Karen McConaghy at <a href="mailto:onowayba@gmail.com">onowayba@gmail.com</a>
Rich Valley	Online registration is open Feb 1 - Mar 10 by visiting: <a href="http://www.richvalleysoftball.rampregistrations.com">www.richvalleysoftball.rampregistrations.com</a> <b>Contact</b> John Borle 780.819.0317 or <a href="mailto:rvsoftball@hotmail.com">rvsoftball@hotmail.com</a>
Sangudo	Register online through RAMP – Sangudo Minor Sports Association. Receive a discount if you volunteer to coach, assistant coach or manage a team. <b>Contact</b> Rene Werenka 780.305.8200, Jenn Kerr 780.305.9594, or Crystal Roy 780.224.1130 or email <a href="mailto:sangudominorsports@gmail.com">sangudominorsports@gmail.com</a>
Wabamun	<b>Contact</b> Donna Owen 780.991.5406 to register or for more information

This **co-ed** league's 2023 regular season will run April 24 – approximately mid June, and will include a playoff tournament. The league involves all the above noted communities, and players must register in the community where they reside, based on local elementary school boundaries. If you aren't sure which community you should register with, call your closest contact listed above to discuss. Physical addresses will be required to complete the registration process. **It is important to note, that this is a FUN league. Fair play and sportsmanship are encouraged.**

The Lac Ste. Anne Minor Softball League offers a program for all ages including:

- U7 for players born in 2015\*, 2016, 2017 (some communities accept younger participants)
- U9 for players born in 2014\*, 2015\*
- U11 for players born in 2012, 2013, 2014\*
- U13 for players born in 2010, 2011
- U15 for players born in 2008, 2009
- U17 for players born in 2006, 2007
- U19 for players born in 2004, 2005

*\*Age overlap within the U7/U9/U11 categories allows for flexibility based on each player's previous experience.*

*Category placement for overlap is at the discretion of each community.*

**To participate, waiver forms must be completed for all players.**

For further information on the Lac Ste. Anne Minor Softball League, please contact the Lac Ste. Anne County Administration Office 780.785.3411 or tf 1.866.880.5722.



# Pink Shirt Day

## IF MY CHILD IS WITNESSING BULLYING:

- Explore the different options for your child to stand up against bullying
- Educate your child to intervene immediately to stop the bullying, but to get an adult to help with the intervention if it's unsafe to act without an adult present
- Approach the person being bullied to provide support
- Explain the difference between "tattling" on someone as opposed to reporting in order to stop someone from getting hurt
- Encourage your child to come up with creative ways to intervene in a bullying situation, such as changing the subject or starting a game
- Set a good example for your child by showing that you care about others

<p>Sangudo Veterinary Clinic</p> <p>785-2200</p>	<p>Ray's Auto Repair &amp; Towing</p> <p>785-2251</p>	<p>Community Health Pharmacy</p> <p>785-3784</p>	<p>Once Loved Emporium</p> <p>785-2924</p>	<p>ATB Financial -Sangudo</p> <p>785-2737</p>
<p>C-5 Chadd Contractors Ltd.</p> <p>785-2548</p>	<p>Sangudo Custom Meat Packers</p> <p>785-3353</p>	<p>C&amp;D Tank Truck Service -Cherhill</p> <p>785-3383</p>	<p>W.V. Repair Service -HD &amp; AG</p> <p>305-1315</p>	<p>Sonny's Stucco &amp; Drywall</p> <p>785-2022</p>
<p>Paddle River Concrete</p> <p>786-2666</p>	<p>Park Memorial Ltd. -Funeral Home &amp; Crematorium</p> <p>786-2533</p>	<p>Paddle Plastics Ltd.</p> <p>786-4408</p>	<p>Co-operator's -Mayerthorpe</p> <p><b>co-operators</b></p> <p>786-2750</p>	<p>Jay Day Water Service</p> <p><a href="http://www.jaydaywater.ca">www.jaydaywater.ca</a></p> <p>674-0104</p>





# #PinkShirtDay Stop Bullying

## CYBERBULLYING TIPS

- Familiarize yourself with online activities. Learn about the websites, blogs, chat rooms and cyber lingo that your children are using.
- Keep the computer in a common area so you can monitor activities.
- Recognize that online communication is a very important social aspect in your child's life. Do not automatically remove their online privileges if you find out about a cyberbullying experience.
- Report incidents of online harassment, physical threats and bullying that occur over your child's cell phone to your local police.

Town of  
Mayerthorpe

786-2416

Co-operator's  
-Mayerthorpe

co-operators  
786-2750

Mayerthorpe  
Value Drug  
Mart

786-0185

Hub Hotel  
-Mayerthorpe

786-2688

Crockett  
Automotive  
Repair Ltd.

786-2216

Paddle Plastic  
Ltd.

786-4408

Doggie  
Style

786-0171

Pembina  
West Co-op  
-Mayerthorpe

786-2093

Vandenberg  
Collision Ltd.

786-2614

Rexall  
-Mayerthorpe

786-2044

Paddle River  
Concrete

786-2666

Park Memorial  
Ltd. Funeral  
Home &  
Crematorium

786-2533

Smyl  
Chevrolet  
Ltd.

778-2202

C-5 Chadd  
Contractors  
Ltd.

785-2548

C&D Tank  
Truck Service  
-Cherhill

785-3383



# Bridal Guide



## ALTERNATIVES TO ENGAGEMENT RINGS

Engagement rings are often sizable investments. Money magazine reports the average engagement ring costs around \$5,800. An engagement ring symbolizes the start of a lifelong commitment and may even set the tone for a couple's wedding day.

Jewelry styles are personal, and grooms-to-be should carefully research their significant others' preferences in terms of precious metals, colors and gemstones. Even though tradition holds that a diamond gemstone is classic for engagement rings, these precious

stones are not the only options. In fact, before World War II, just 10 percent of proposals involved diamond engagement rings. That number jumped to 80 percent by 1990. However, many modern couples now lean toward other offerings not only for the uniqueness

they provide, but also for the potential cost savings.

Those seeking something unique can embrace these engagement ring options.

•**Amethyst:** This vibrant, lavender-hued stone can be breathtaking when cut the correct way. Purple shades have long been associated with royalty, making an amethyst fitting for such an occasion as special as an engagement. Because amethysts, which are less expensive than diamonds, are a seven on the Mohs scale for gemstone hardness, they can be very durable.

•**Knot rings:** These rings do not have a center stone. Rather, they're designed to be a tied knot or infinity symbol. These rings can be particularly sentimental as they represent true, unbroken love.

•**Opal:** Gemstones, like flowers, have been assigned certain meanings. Tying the engagement ring to one of them can infuse more symbolism into the relationship. Opal, for example, represents love, passion, creativity, spontaneity, and inspiration. Those traits seem tailor-made for surprise proposals.

•**Sapphire:** While sapphire stones often are blue, they can also be yellow, green, pink, and white. Sapphires are the third hardest mineral. A white sapphire can be the perfect diamond replacement.

•**Garnet or ruby:** Red is the definitive color of love. A Valentine's Day proposal can be made even more special by presenting an engagement ring with a red gemstone.

•**Moissanite:** The jewelry source Brilliant Earth says moissanite is a gemstone first discovered in 1893 by Henri Moissan in a meteorite that fell to earth. It is remarkably similar to a diamond in appearance and strength. Moissanite also has heightened brilliance, with a refractive index higher than that of a diamond.

Couples have many beautiful alternatives to diamonds that they can explore when shopping for engagement rings.

*Eternal Love*

**Dreshush Jewellers & Goldsmiths**

Toll Free: 1-877-962-4367  
Phone: 780-960-4200  
Fax: 780-960-4201  
Suite 102, 215 McLeod Avenue  
Spruce Grove, AB. T7X 0G2

*"Your Spruce Grove Jewellery Store"*

Goldsmith on Premises Jewellery repairs done on site.  
• Engraving • Custom Make-ups • Jewellery Repairs • Clock & Watch Repairs



# Bridal Guide



## CHOOSING WEDDING COLOR PALETTES

Some brides may feel beholden to the color white on their wedding days, at least in regard to their gowns. Those who do often embrace the opportunity to showcase their personal styles and set the mood for their nuptials by embracing various colors throughout their ceremonies and receptions.

Color can be a critical component when establishing the ambiance for a wedding. Color can evoke certain moods and set the tone for the day. Some colors work better together than others, so while choosing a color scheme may seem like an easy undertaking, some couples may find it requires more careful consideration than they first imagined.

According to the bridal guide *A Practical Wedding*, wedding colors can give couples a starting-off

point for all of the other details of their weddings. This ensures the wedding ultimately has a cohesive look. Colors need not necessarily match, but borrowing on similar hues can make it easier to plan wedding party wardrobes, flowers, table linens, and much more.

Colors can come from anywhere, but many couples try to coordinate their color schemes with the season in which the wedding takes place. In fact, couples who are finding it difficult to decide on a palette can look to seasonal colors for inspiration. For example, pastels and blooming flowers can set the scene for spring weddings, while jewel tones and rich reds and greens may be fitting for winter ceremonies.

Some couples opt for more

loosely defined color palettes, such as neutral and natural colors. Country and garden weddings can borrow ideas from the landscape, with natural linens paired with wildflowers. Using whites, grays and beiges enables couples to add a pop of color without overwhelming the setting.

Brides magazine suggests that couples avoid choosing too many colors. A maximum of three with one metallic can ensure that things look cohesive without being over-the-top. Also, brides and grooms needn't feel pressured by the "hot" colors of the moment. As with clothing and hairstyles, trends change. It is better to select colors that will stand the test of time and look good for years to come.

Couples may have to incorporate

colors already at their wedding venues into their style. Fortunately many reception sites are outfitted in neutral tones to enable customization.

The wedding resource *The Knot* also says having a basic knowledge of the color wheel can help. Typically, colors that pair well together are those that are opposites on the color wheel. Also, colors that share proximity on the color wheel will have similar tones and play well together. Examples of opposite colors include purples and yellows, reds and greens, and oranges and blues.

Couples should not be afraid to take some chances with their color palettes, especially if they want to make a bold and modern statement.

**ONOWAY REGISTRIES TRIUS INSURANCE**

Box 390, Onoway, AB T0E 1V0 Tel: 967-5270 Fax: 967-4303

See us for Marriage Licenses & all your registry needs

OPEN 9:00AM - 5:00PM  
CLOSED 12:00AM - 1:00PM  
MONDAY - FRIDAY

*Clients first...Service Always!*

**Celebrations**

**YOUR ONE-STOP FLOWER SHOP**

- Fresh Flowers • Balloons
- Gifts • Wedding Supplies
- Plants

Mon - Wed 9AM-5PM • Thurs - Fri 9AM-6PM  
Sat 10AM-4PM • Closed Sundays & Holidays

**Phone: (780) 778-6700**  
5012-50th Ave. Whitecourt, AB

You said yes to the dress...  
but the fun doesn't stop there!

**Romantic Notions Inc.**

Book your appointment @ [www.romanticnotions.ca](http://www.romanticnotions.ca)

[f](#) RomanticNotionsAlberta

[i](#) romanticnotionsboutique

**#30, 210 McLeod Ave, Spruce Grove**  
**780-962-4944/1-855-962-4944**



# #PinkShirtDay #Anti-Bullying

## IF MY CHILD IS BEING BULLIED:

- Listen to your child entirely before reacting
- Involve your child in finding solutions
- With your child's help, create a team of support for you and your child (teachers, school counselors, trusted family members, etc.)
- Help your child learn how to cope with stress and anxiety
- Build your child's capacity to respond effectively to the bullying by:
  - Abstaining from violence
  - Not counter-bullying
  - Help your child to build their self-esteem by:
    - Engaging them in activities they enjoy
    - Praising their good efforts and accomplishments
    - Remind your child that you love them
- Know when the problem is getting too big for them, and seek appropriate intervention
- To get help: Kids Help Phone 1-800-668-6868 or kidshelpphone.ca







# #PinkShirtDay

# #Anti-Bullying

#### IF MY CHILD IS BEING BULLIED:

- Listen to your child entirely before reacting
- Involve your child in finding solutions
- With your child's help, create a team of support for you and your child (teachers, school counselors, trusted family members, etc.)
- Help your child learn how to cope with stress and anxiety
- Build your child's capacity to respond effectively to the bullying by:
  - Abstaining from violence
  - Not counter-bullying
- Help your child to build their self-esteem by:
  - Engaging them in activities they enjoy
  - Praising their good efforts and accomplishments
- Remind your child that you love them
- Know when the problem is getting too big for them, and seek appropriate intervention
- To get help: Kids Help Phone 1-800-668-6868 or kidshelpphone.ca



Visit [LSAC.ca](https://lsac.ca) to explore the latest Lac Ste. Anne County news and events in greater detail.

LAC STE. ANNE COUNTY



56521 RGE RD 65, BOX 219, SANGUDO AB T0E 2A0  
 OFFICE HOURS: 8:30AM TO 4:30PM MONDAY THROUGH FRIDAY  
 phone 780.785.3411 toll-free 1.866.880.5722 lsac@lsac.ca

# County News Highlights

## Feb 23 Council Meeting

## Mar 1 Municipal Planning Commission Meeting

*Council meetings are held the second and fourth Thursday of each month, however, this schedule is subject to change. County Council meetings begin at 9:30 am.*

Visit [LSAC.ca/agenda](https://lsac.ca/agenda) for meeting agendas. Please note: to address Council, appointments must be booked at least 8 working days prior.

## PINK SHIRT DAY 2023 Spreading kindness and awareness!

On Wednesday, February 22 join us in wearing pink for Pink Shirt Day and raise awareness about bullying prevention and promote healthy relationships.

Know how to find support, stay safe or help others who are experiencing bullying in person or online. Visit [Alberta.ca/BullyingChat](https://alberta.ca/BullyingChat) to learn where to turn, or call the Bullying Helpline at **310.1818** (toll free).

## ANNUAL COMMUNITY VOLUNTEER INCOME TAX PROGRAM CVITP is Coming Soon!

Lac Ste. Anne County FCSS is once again gearing up to offer the Community Volunteer Income Tax Program to eligible citizens.

The returns are then completed between March 1 and April 15 of each year. CVITP is a partnership between the Canada Revenue Agency (CRA) and community organizations, whereby volunteers prepare income tax returns for eligible residents, review those results with the client, and with the client's approval, e-file the return.

Specific details on appointment scheduling, pick-up/drop-off services, and eligibility requirements will be announced in the near future. For more information please contact County's Community Services Coordinator Taryn Monteith at 780.785.3411 or email [TMonteith@LSAC.ca](mailto:TMonteith@LSAC.ca).

## PAID-ON-CALL FIREFIGHTER RECRUITMENT UNDERWAY

## February is firefighter recruitment month for County Fire Services

Commit your time and energy to Lac Ste. Anne County Fire Services and get so much more in return. As a Paid-on-Call Firefighter, you'll receive compensation for your hours logged while part of an emergency response, as well as for other assigned duties by Fire Station Officers.

In addition to compensation, you'll be provided with personal protective equipment at no cost, plus all the training required to meet National Fire Protection Association Standards.

Thinking about becoming a member of the Lac Ste. Anne County Fire Services? Visit [countyfire.ca](https://countyfire.ca) to learn more about this role, and to submit your expression of interest form. Join a dedicated team of men and women who work as one to safeguard the Lac Ste. Anne region.

Submit an expression of interest form at [countyfire.ca](https://countyfire.ca)

## IMPORTANT DATES AHEAD

### Farm and Business Succession Planning Workshop

Thursday | February 16  
 10 am | lunch provided  
 \$10 | person  
 LSAC Administration Office

Register at [eventbrite.ca/e/492724100047](https://eventbrite.ca/e/492724100047)

### Kokedama Moss Balls DIY Project

Thurs | Feb 16 | 5:30 - 6:30 pm  
 Cost | \$8  
 Mayerthorpe Public Library

To register or for more details visit [mayerthorpepubliclibrary.ab.ca](https://mayerthorpepubliclibrary.ab.ca).

### Riparian Stewardship Workshop

Thursday | February 23  
 12 pm | lunch provided  
 \$10 | person  
 Darwell Centennial Hall

Register at [eventbrite.ca/e/492755895147](https://eventbrite.ca/e/492755895147)

## WILD WATER COMMISSION ANNOUNCES THE RICH VALLEY TRUCK FILL Is now open for business!

Located at the corner of Township Rd 564 & Range Rd 31, the Rich Valley Truck Fill provides commercial and private access to potable water in the region.

Interested in accessing this system or learning more about it? Please visit [www.wildrwc.com](https://www.wildrwc.com).



# ONOWAY LEGION NEWS

Submitted by Onoway Legion

No Dinner on Long Weekend  
Because it's a long weekend, there will be no meal on Friday, February 10. Our volunteers appreciate the time off that weekend to spend with their families.

## President's Message

The Onoway Legion Executive met on Monday evening, February 6. At that meeting, the Executive approved our strategic plan for the year ahead. Among other things, our team is also working on the 2023 business plan and budget, as well as our calendar of events for the remainder of the year. One new initiative that has been approved is having a table from time to time at

our Friday night suppers that is reserved for veterans and their spouses/partners, with sponsors donating the cost of the meals. Read the details below!

Our next General Members meeting is on Monday, March 6 at 7 pm at the Onoway Legion Hall. All members are welcome to attend and learn in detail what the Legion leadership and management team has been up to.

## Thank You to Veterans

The Onoway Legion is introducing a new program to say thank you to our veterans, police and emergency service personnel. Beginning February 24, we will have a sponsor table for six people set aside for our guests and one accompanied person.

The first veterans table on February 24 is sponsored by The Big Trux Company. Other special veterans' tables will be advertised at pre-planned dates when available throughout the year.

## Wednesdays Are Pub Nights!

Join the fun at the legion every Wednesday evening! There's a "kitchen party"-type jam, starting at 7 pm where everyone is welcome. Feel free to play an instrument, sing, dance, tap your feet, or even just sit and listen. If you want, you can also play darts, cards, crib or try your skills at pool. It's a great way to spend a Wednesday evening.

## Darts and Pool

Come out and throw some darts at the legion every Tuesday evening on a drop-in ba-

sis (no membership needed). Doors open at 6:30 and play begins at 7:30. There are seven games of 501 in teams of three or four (depending on numbers – teams are made up each week).

If shooting pool is more your style, the legion pool club runs every Thursday evening on a drop-in basis. Play begins at 7:30 pm, so please arrive no later than 7:15 to be included in the evening schedule. No membership is required.

## Did You Know?

The legion joins forces with the community centre, the library and the Heritage Centre for various community ventures through the year

# LIBERAL INCOMPETENCE IS HURTING SMALL BUSINESS OWNERS

Submitted by MP Gerald Soroka

Gerald Soroka, Member of Parliament for Yellowhead stood in the House today and asked the following question:

"Madam Speaker, after eight years of this Liberal Prime Minister, Vera, a car wash owner in my riding is struggling because of the carbon tax. She says that if she keeps

raising rates in her small rural town, people will stop coming and she will go out of business.

Will the Prime Minister take responsibility for crippling small business owners like Vera and remove the carbon tax? If he won't stop the tax, then get out of the way. Conservatives will keep the heat on and take the tax off."

Response from TheHon. Ju-

lie Dabrusin (Parliamentary Secretary to the Minister of Natural Resources and to the Minister of Environment and Climate Change, Lib.):

"Madam Speaker, If the Member opposite was talking to his constituents, he might have also been told that in January, they received either a direct deposit payment or a cheque as a climate action incentive and it has been shown

that eight out of ten Canadians will receive more through that backstop than it was paid through the climate pricing. So in fact, we are working very hard to make life more affordable and we are supporting them through these changes with utility bills and the like by helping them with retrofits and it's creating good paying jobs in communities like his."

# MP SOROKA'S STATEMENT ON 8 YEARS OF LIBERAL INCOMPETENCE

Submitted by MP Gerald Soroka

Gerald Soroka, Member of Parliament for Yellowhead, gave the following statement in the House.

"Mr. Speaker every day, I hear from countless people in my riding voicing their frustrations as they try to survive under this Liber-

al-made affordability crisis.

After eight years under this Liberal government everything in Canada is broken.

After eight years, Canadians are out of money and can't afford to eat, heat, or house themselves.

And just when you think it couldn't get any worse or more expensive, the carbon tax is, again, increasing on

April 1st.

It's no surprise Canadians are turning to their food banks as this is their only means to feed their families.

After eight years, this government has plagued the country with travel woes, passport & immigration backlogs, an affordability crisis, offers MAID as a solution instead of assistance. It eased

bail access for criminals, and eliminated mandatory minimum sentencing for offenders.

After eight years, it is time for this Liberal government to come to an end.

Conservatives will keep the heat on and take the tax off."



**BULLYING IS NOT A NORMAL PART OF GROWING UP. BUILD SELF-ESTEEM.** Value your child's contributions and achievements. If they are socially isolated at school, get them involved in community activities. Teach your children that if they see someone being bullied, **THEY SHOULD NOT WATCH, LAUGH OR JOIN IN.** Help kids see the value of offering **EMPATHY AND SUPPORT** to those who are bullied. **WORK WITH YOUR SCHOOL** to educate others about the problem of bullying. **MODEL RESPECTFUL BEHAVIOURS** at home and in your daily interactions.







# #PinkShirtDay

## Stop Bullying

### FACTS

1. Education is the key to making bullying a behaviour of the past.
2. Youth-led bullying prevention programs are associated with an increase in student and staff intervention to stop bullying.

### CYBERBULLYING PREVENTION TIPS

- Review and update existing policies and procedures to include cyberbullying both on and off school property.
- Your computer policy should specifically prohibit using the internet for bullying.
- Implement an effective bullying prevention program.
- Evaluate the bullying prevention program to ensure it is effective.

**Smyl  
Chevrolet Ltd.**

**778-2202**

**Northern  
Metalic Sales  
(WTC) Ltd**



**779-4900**

**Pembina  
West Co-op  
-Whitecourt**

**778-3239**

**Caine's  
Jewellers**

**778-3302**

**RBC Royal  
Bank  
-Whitecourt**

**778-6895**

**Canadian  
Tire  
-Whitecourt**

**778-6591**

**Whitecourt  
Insurance Ltd.**



**778-3003**

**Eagle River  
Chrysler Ltd.**

**778-2844**

**Life Med  
Pharmacy**

**706-5012**

**Carpetown  
Interiors Ltd.**

**778-4144**

**Celebrations  
-Whitecourt**

**778-6700**

**Stone R.V.  
(New & Used  
Sales & Service)**

**706-2223**

**H&R Block  
-Whitecourt**

**778-3030**

**Whitecourt  
Ford Inc.**

**778-4777**

**Park  
Memorial  
Funeral Home &  
Crematorium**

**779-2533**





# #PinkShirtDay

## Stop Bullying

### CYBERBULLYING TIPS

- Familiarize yourself with online activities. Learn about the websites, blogs, chat rooms and cyber lingo that your children are using.
- Keep the computer in a common area so you can monitor activities.
- Recognize that online communication is a very important social aspect in your child's life. Do not automatically remove their online privileges if you find out about a cyberbullying experience.
- Report incidents of online harassment, physical threats and bullying that occur over your child's cell phone to your local police.

Barrhead  
Ford Inc.

674-2227

KNM Sales  
& Service

674-2888

Fountain Tire

Fountain  
Tire

-Barrhead  
674-6151

All Around  
Manufacturing  
& Mechanical  
Ltd  
674-5115

Barrhead  
Chiropractic  
-Dr. Peter See  
674-2861

Comfort Corner  
/ Bert's TV &  
Appliances  
674-3001

PURE GLASS

Pure Glass

674-0130

Pembina  
West Co-op

674-2201

NAPA Auto  
Parts  
-McLean's  
674-3381

A&W  
-Barrhead

674-7666

MC EWEN'S

McEwen's  
Fuels &

Fertilizers  
674-2146

Stephani  
Motors

674-2211

Barrhead  
Auto Parts &  
Salvage Ltd.  
674-3443

Total Relief  
Plumbing &  
Heating  
674-4713

Barrhead  
Glass &  
Mirror

674-3398





# PINK SHIRT DAY ANTI-BULLYING

## IF MY CHILD IS ENGAGING IN BULLYING BEHAVIOUR:

- Stay calm and be firm—let your child know that bullying is not acceptable
- Find out what motivates your child to bully, and encourage an open and honest discussion
- Use non-violent and age-appropriate consequences; set rules
- Discuss how your child can take steps to repair the damage caused by the bullying behaviour
- With your child's help, create a team of support for the both of you (teachers, school counselors, trusted family members, etc.)
- Be a positive role model in your child's life by being aware of how you use your own power

**Parkland  
County**



968-8888

**Parkland  
Veterinary  
Clinic**

962-6300

**Sobeys  
-Spruce Grove**

962-4121

**Preshush  
Jewellers &  
Goldsmiths**  
960-4200

**TD Canda  
Trust  
-Spruce Grove**  
962-0404

**NAPA  
Auto Parts  
-Spruce Grove**  
962-4421

**H&E  
Upholstery**  
962-3048

**B.W.  
Eavestroughing**  
699-1880

**Grove  
Collision  
Repairs Ltd.**  
962-3755

**Royal  
LePage  
-Noralta**  
962-4950

**MADD  
Parkland  
Chapter**  
999-7924

**H&R Block  
-Spruce Grove  
(2 Locations)**  
962-8884

**Sandy  
View Farms**  
  
962-0067

**The  
Flooring  
Store**  
960-9212

**Serenity  
Funeral  
Services  
-Spruce Grove**  
962-2749



# PINK SHIRT DAY



Don't forget to wear pink!

**IF YOU KNOW SOMEONE WHO IS BEING BULLIED ONLINE:**

- When you see someone being bullied online, stand up for them.
- Write down or save what you see and when you see it.
- Help the person being bullied understand that they don't deserve to be bullied. You could do this by phoning them, sending them a private message, email or text, or by speaking with them at school.
- Don't encourage bullying behaviour by participating in a bullying conversation thread or, "liking" or forwarding a hurtful comment.

**Victim Services of Stony Plain/ Spruce Grove & Dist**  
825-220-2055

 <b>North Central Co-op</b> 963-2272	 <b>Greater Parkland Regional Chamber of Commerce</b> 963-4545	 <b>Parkland County</b> 968-8888	<b>Stony Plain Royal Canadian Legion Br #256</b> 963-9232
<b>Blue Diamond Jewellers</b> 968-0040	<b>L&amp;B Water Services Ltd.</b> 963-8134	<b>Apollo Drug Store</b> 968-0066	<b>West Parkland Gas Co-op Ltd.</b> 963-3311
<b>Stony Plain Denture Clinic</b> 963-2426	<b>Summer's Drilling</b> 963-1282	<b>Stony Plain Auto</b> 963-6297	<b>Bings #1 Restaurant -Stony Plain</b> 963-2609



# ALBERTA BEACH LIBRARY NEWS!

Submitted by Alberta Beach Library

Happy 2023 to everyone. We have had a wonderfully busy 2022 here at the Alberta Beach library. We welcomed over 7000 visitors during the year – people borrowing books, blu-rays/dvds, magazines, wifi hubs, snowshoes, puzzles, video games! People came to us for exam proctoring, computer use, wireless access, printing/photocopying/scanning/faxing, help with accessing government programs – the list goes on. Our kids' summer programs were packed, we hosted crocheters/knitters, welcomed people for tea/cookies. People walked with us in the spring and fall, volunteered at the book/dvd sale, picked up craft bags, and stopped in for a chat. We have a wonderful, supportive community around us and we are so grateful for it.

There's a lot happening at the library over the next couple of months. Mark your calendars!

Tuesdays – 1:00 pm and 6:30 pm. CROCHET/KNIT GROUP.

We invite you to meet at the library to work on your projects, have some tea and cookies, and enjoy some good company with other wool workers. Get to know other knit/crochet enthusiasts, swap information, and maybe, finally, finish that project that has been sitting in your closet

for a while. You can drop in (please use side door for the 1:00 pm session) any Tuesday.

Wednesday, February 22, 10:00 am. WRITERS GROUP.

Join our writers and aspiring writers for guidance and feedback to get your stories out. The group meets every two weeks. Just drop in or call Cydney at 780-298-2755 or e-mail [earthday2017@gmail.com](mailto:earthday2017@gmail.com) for more information.

Thursday, February 23, 6:15 pm – SOLD OUT! BEAUTIFUL TERRARIUMS CLASS.

Lorraine Taylor from Lac Ste. Anne County will teach you how easy it is to assemble and care for your low maintenance, tiny garden. All supplies and tea/goodies are provided. \$30 per person.

Wednesdays in March (2, 9, 16, 23, 30), 6:30 pm – MEET SOMEONE NEW.

You are invited to join us every Thursday evening in March. Anyone who is new (or not) to the area or anyone who would just like some social time is welcome to join us. This is a good way to meet other community members and maybe get to know about some of the services, clubs, etc. that are offered around the area. We will supply tea, coffee, juice, and goodies. Don't be shy – we don't bite. There's nothing on tv anyway on Thursday nights so come and join us. You can come on one night or on all of them –

we'd love to see you. Pre-registration is not needed – just show up.

Monday, March 6, 6:15 pm BEAUTIFUL TERRARIUMS CLASS.

Lorraine Taylor from Lac Ste. Anne County will teach you how easy it is to assemble and care for your low maintenance, tiny garden. All supplies and tea/goodies are provided. \$30 per person. Space is limited and will fill up fast. Drop into the library to pay and reserve your spot or you can e-transfer to [ablibrary@yrl.ab.ca](mailto:ablibrary@yrl.ab.ca).

Wednesdays, starting March 15, 6:00 pm WALKING WEDNESDAYS.

Enjoy a walk around the area, meet some new people, have a chat, and enjoy the fresh air. This is a drop-in program, no pre-registration is required. Sorry – no dogs.

April – CRAFT NIGHTS –

TBA

We are planning a weekly craft class and a beginner crochet class. Details will be posted when they have been finalized.

Be sure to check our website ([www.albertabeachlibrary.ca](http://www.albertabeachlibrary.ca)) and like us on facebook (Alberta Beach Municipal Library) so you get the most up-to-date information about programs. If you have any questions, our email is [ablibrary@yrl.ab.ca](mailto:ablibrary@yrl.ab.ca) and our phone number is 780-924-3491.

Many of the programs that we offer are funded by FCSS grants we receive from various communities and we are very grateful for this support.

There's something for everyone at the library! Hope to see you soon!



**SERENITY**  
FUNERAL SERVICE

**NEW FACILITY**  
Chapel & Reception Centre


600 Calahoo Road Spruce Grove, AB  
**780-962-2749** [www.serenity.ca](http://www.serenity.ca)

SERENITY FAMILY SERVICE SOCIETY - YOUR NOT-FOR-PROFIT SOCIETY

IT'S CANADA'S

# NATIONAL FLAG DAY

FEBRUARY 15, 2023



**Gerald Soroka, MP**  
Yellowhead

[gerald.soroka@parl.gc.ca](mailto:gerald.soroka@parl.gc.ca)  
[geraldsorokamp.ca](http://geraldsorokamp.ca) • 780-723-6068

# Classified Ads - Call 962-9228

## Hall Rentals

Alberta Beach Agliplex, Susan  
780924-3545

Alberta Beach & District Seniors  
50+ Club. Air conditioning!  
Space Available! Val: 780-690-  
1655 or Dianne: 780-217-8482

Anselmo Community Hall,  
Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-  
3578.

Cherhill Community Assoc. Hall,  
Kevin 780-785-8153

Darwell Centennial Hall, 780-  
892-3099

Darwell Seniors, Phone Debra  
780-785-2907

Goose Lake Hall, Contact  
Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-  
9452

Hathersage Community Centre,  
Noreen at 786-2946

Lake Isle Community Hall,  
PH: 780-892-3121 or Email:  
lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community

Hall, 780-920-3217

Mayerthorpe Diamond Centre,  
Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-  
4749.

Onoway Heritage Center - Gym/  
Classrooms, 967-1015

Onoway Legion, 780-907-6300

Park Court Community Hall, 727-  
4476

Parkland Village Community  
Centre, 780-298-9155 @  
PVCCentre

Pioneer Centre, Spruce Grove  
780-962-5020 or email.

Ravine Community Hall, Dawna  
@ 325-2460

Rich Valley Community Hall,  
967-5710 or 967-3696

Rosenthal Community Hall, 963-  
7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 780-  
785-3221 or 780-785-2259

Stettin Nakumun Comm. Hall,  
967-9198

## Dog Caretaker

**Alberta Beach & Surrounding Areas, thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel?** Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166

## For Rent

Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$975 + tax. Please call for viewing, 780-967-4420 [www.onowayinnandsuites.com](http://www.onowayinnandsuites.com)

## For Sale

Equipment Rental Business for sale in Barrhead. Turn key opportunity for a mechanically inclined individual. Will sell or lease shop with the business. Shop is 40x60 with mezzanine and office. Price is negotiable depending on what equipment units are included in sale. Serious inquiries only. For more information please call or text 780-674-7862. [Barrheadrentalandsales@hotmail.com](mailto:Barrheadrentalandsales@hotmail.com). (8) 03-07

8FT X 12FT WALK IN COOLER. 8 FT HIGH, asking \$7500. Call Dale 780-621-8161 (2) 02-23

## Pasture Wanted

2023, cow/calf pairs, fenced and water required 80 acres plus, 780-916-2333 (8) 04-4

## Employment Opportunities

**LOCAL DRIVERS NEEDED!!** Community Voice is looking for local newspaper delivery drivers. Every Tuesday. Must have own vehicle. Must be LOCAL! Call 780-962-9228 for more information.

# SUDOKU



*of the week*

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**ANSWER:**

7	3	2	8	6	9	5	4	1
8	4	1	7	5	3	2	9	6
9	6	5	2	4	1	7	8	3
5	8	3	6	9	7	1	2	4
6	1	7	5	2	4	8	3	9
4	2	9	3	1	8	6	5	7
2	9	6	4	7	5	3	1	8
3	7	4	1	8	2	9	6	5
1	5	8	9	3	6	4	7	2

7				6		5	4	1
								6
		5	2				8	
5					7	1	2	4
6				2				9
		9	3	1	8			7
	9		4	7				
3	7			8		9		5
1	5				6			2



# SERVICE DIRECTORY

**Scerv Construction Ltd.**

- Engineered Screw Piles • Framing • Trenching
- Skidsteer Work • Insulating • Roofing
- Snow Removal • Drywall • Decks
- Excavator Services • Taping

**Menko Helmus** Cell: **780-305-3864**  
 Email: [scerv2013@hotmail.com](mailto:scerv2013@hotmail.com)  
 PO Box 4795, Barrhead, AB T7N 1A6

**JAVORSKY DITCHING**  
 Onoway, AB  
 Phone: (780) 967-5486  
 Cell: (780) 906-7469  
 Fax: (780) 967-4961

*Dennis Javorsky - Owner / Operator*

**For All Your Excavating Needs**  
 Sand & Gravel Hauling • General Excavating  
 Septic Tanks & Cisterns • Site Prep & Clean Up  
 • Install & Repair of Water, Sewer,  
 Power & Telephone Lines

**2Bros**  
**Custom Contracting Ltd.**

Custom Framing • Concrete Floors • Shingling  
 Siding Soffit Fascia • ICF Basement  
 Foundation

**Jeff 780-717-0520**

**CALIBRE DRILLING LTD**  
 DRILLING AND SERVICING YOUR WATER WELL.

**SPECIALISTS IN AIR  
 & MUD ROTARY DRILLING**

- Water Well Drilling • Pump Installations
- Pressure Systems • Well Tests
- Licensed Drillers • Year Round Drilling
- Geotechnical Drilling • Cathodic Protection
- Free Estimates

**Quality Workmanship Five Year Warranty**  
**(780) 960-2992**  
 BOX 4083 SPRUCE GROVE, AB T7X 3B3

**ATB Financial™**  
**ALBERTA BEACH**  
**INVESTMENTS LOANS**  
 4824 - 50 Ave, Alberta Beach  
 Mon to Thurs 10:00AM - 4:00PM  
 Friday 10:00AM - 5:00PM  
**CALL 780-924-2211**

**R & S TOWING**

**FREE REMOVAL OF  
 UNWANTED VEHICLES**

**967-2492**  

**TRI-LAKES SERVICES LTD.**

- Septic Hauling • Drinking Water Delivery
- Portable Washrooms • Steam Truck

[www.trilakeservices.ca](http://www.trilakeservices.ca) / [office@trilakeservices.ca](mailto:office@trilakeservices.ca)  
 (877) 727-3939 / (844) 967-9176

SERVING: • Lac Ste. Anne County • Parkland County • Yellowhead County East

**COMMUNITYVOICE**  
 YOUR LOCAL NEWSPAPER

**THIS SPACE IS  
 RESERVED  
 FOR YOU!**

**Ste Anne Plumbing  
 And Heating**

36 YEARS EXPERIENCE  
**780-655-8402**

**PLUMBING & HEATING SERVICES**  
**PRICE BY THE JOB NOT THE HOUR!**

*Furnace and Air Conditioning Rebate Special*

**ZEE BEST RENOVATIONS**  
 Your Complete Line of Renovation Needs:

- Bathroom
- Basements
- Plumbing
- Tileworks
- Drywall & Taping
- Decks & Fencing
- Roofing
- Siding

**FREE ESTIMATES**  
**26 YEARS EXPERIENCE**  
**INSURED | GREAT RATES**

**JOE LAWRENCE**  
 MANAGER

BUS: 780-967-3898  
 CELL: 780-915-3348  
 FAX: 780-967-3798

**Beautiful Landscaping,  
 Trees**

**FOR SALE** 8-12ft, Spruce,  
 Pine, some Swedish Aspen.  
 36" cage root ball \$200  
 pick up in field, Planting \$300 in a  
 80km radius around Stony Plain.  
 Call 780-984-8744.  
 email [rc11957@live.ca](mailto:rc11957@live.ca)

**DONALD N. GREENWAY**  
 Chartered Accountant

Suite 205 Sunrise Professional Building  
 215 McLeod Avenue  
 Spruce Grove, AB

**(Bus.) 962-6366**  
**(Fax) 962-3990**

**PEMBINA CONCRETE PRODUCTS LTD.**

**Manufacturers of  
 ONE PIECE SEPTIC  
 & HOLDING TANKS**

**\* Water Cisterns \* Field Systems \*  
 Pumps and Accessories \* Sumps**

**DELIVERED  
 TO YOUR SITE**

**1-800-661-3047**  
**780-727-2702**  
[PembinaConcrete.com](http://PembinaConcrete.com)

**Concrete Statues,  
 Fountains and Garden  
 Ornaments.**

**BOX 123, Entwistle, T0E 0S0**



# SERVICE DIRECTORY



**PaddlePlastics Ltd.**  
Mayerthorpe, AB

Box 67  
Mayerthorpe, AB T0E 1N0

Ph: (780) **786-4408**  
Fax: (780) 786-4466



**Mo-Bil WASH SERVICES Ltd.**

• Steam • Hot & Cold High Pressure  
Wash • Sewer Thaw & Flush  
• Residential • Commercial - Oilfield

24 HOUR SERVICE  
Onway Call (780) 991-9466



**BACK COUNTRY PIPEFITTING LTD.**  
Plumbing & Heating

**Lee Hicks** 780-898-1062  
Journeyman Plumber

Residential and Commercial Plumbing and Heating.  
SERVING: YELLOWHEAD, PARKLAND, LAC STE. ANNE & BRAZEAU COUNTIES.



**Blakeman Drilling Ltd.**

Waterwell Drilling & Servicing  
Pumps & Pressure Systems

SERVING LAC STE. ANNE  
& WEST PARKLAND  
FOR OVER 25 YEARS

Joe (780) 924-3024



**BRO-BUILT**  
Homes & Contracting Ltd

"We Pride Ourselves In Turning  
Handshakes Into Hugs"

www.brobuilthomes.com  
Testimonials  
Phone 780-940-6415



**PREVAIL MAX**  
CELLULAR HOMEOSTASIS FORMULA

A NUTRITIONAL BREAKTHROUGH  
THAT SUPPORTS YOU...  
RIGHT DOWN TO THE LAST CELL!

LIVIN TRIM WITH  
**VALENTUS** (780) 907-8642  
www.ValentusTour.com/Ladybug



**SLIMROAST Optimum**  
DARK ROAST COFFEE

YOUR LOGICAL  
SOLUTION TO  
WEIGHT  
MANAGEMENT

(780) 907-8642



**COMMUNITYVOICE**  
YOUR LOCAL NEWS

**THIS SPACE IS  
RESERVED  
FOR YOU!**



**H&P Kosik CONSTRUCTION Ltd.**

• Road Building • Gravel • Sand • Dugouts  
• Black Dirt • Clearing

No Job too small! We do them all!

Harvey cell. 780-445-9010 ph. 780-892-3532  
Box 145, Darwell, AB. T0E 0L0



**COMMUNITYVOICE**  
YOUR LOCAL NEWS

**THIS SPACE IS  
RESERVED  
FOR YOU!**



**SANGUDO VETERINARY CLINIC**

Box 581, 4916 - 52 Ave. Sangudo, AB. T0E 2A0

**Dr. Ralf Sanders DVM**

Ph: 780-785-2200  
Fax: 780-785-2228  
sangudovet@gmail.com

24 HOUR EMERGENCY SERVICE



**standstone**  
WASTE & WATER  
SERVICES LTD.

Proudly Serving Lac Ste. Anne County  
1-877-226-5008 780-924-2435 780-967-2118  
www.standstonevac.ca or visit our facebook page

The service you need, from people you trust.

- Septic Services: Residential, Commercial
- Holding Tanks and Field Systems
- Effluent Pumps Supplied & Installed
- Portable Toilets: Standard, Wheelchair Accessible
- Products: BioClean, Liquid Enzyme, Potty Treat
- Potable Water

Great Rates & Reliable Service! Call us today!



**VILLAGE GLASS & MIRROR LTD.**

- AUTO
- RESIDENTIAL
- COMMERCIAL GLASS & MIRROR PRODUCTS

5027 - 50 Avenue • Phone: 967-2127  
PO Box 609, Onway, AB T0E 1V0



**ROY SHERWOOD**  
Master Electrician

Ph: 780-968-1425  
Cell: 780-908-2287  
Fax: 780-968-2211

Email: suretechroy@gmail.com

2-53220 Rge Rd 21  
Parkland County, AB  
T7Y 0C5

**SURETECH**  
ELECTRIC LTD.

Control & Automation  
Commissioning  
Solar Sales & Service

Industrial . Commercial . Residential



# SERVICE DIRECTORY

ANOTHER RAINBOW SALE

## RAINBOW LIQUIDATORS & AUCTIONS

Farm Sales, Equipment Sales, Estate Sales  
**BOOK YOUR SALE WITH US TODAY!**  
Serving the Community since 1978

**Ph: (780) 968-1000**  
Stony Plain, AB 1-866-968-1001  
[www.rainbowauctions.ca](http://www.rainbowauctions.ca)

## SMOOLE

- Construction & Septic Installation
- Environmental Wastewater Disposal
- Site Design & Evaluation
- Power, Water & Basement Excavation
- Trackhoe, Backhoe, Bobcat & Dump Truck

**For All Your Excavation Needs**

Call Ione 780-305-7077 Reid 780-909-0173

Jack's Auto Body JACK'S 24 Hour Towing  
**CARSTAR** Collision & Glass Service

**SPECIALIZING IN COLLISION REPAIR  
GUARANTEED WORK • INSURANCE CLAIMS**

CAA BOX 9 SITE 306 RR3, ONOWAY, AB T0E 1V0  
**(780) 967-5850**

## H&E UPHOLSTERY

FOR ALL YOUR UPHOLSTERY NEEDS

Convertible tops for cars and boats,  
custom car and boat interiors, 5th  
wheel trailer skirts, boat tarps, ATV  
seats, furniture, kitchen chairs,  
heavy equipment seats.

[WWW.HANDE.CA](http://WWW.HANDE.CA) 4-485 South Ave.  
For more information contact: Spruce Grove  
kirk@hande.ca **(780) 962-3049**

## GRANDE TIRE

5115 LAC STE. ANNE TRAIL N. ONOWAY, AB T0E 1V0

**Full Mechanical Services  
Tire Sales & Repairs**

**BUS: (780) 967-3432**  
**FAX: (780) 967-4816**  
[contacttire@xplornet.com](mailto:contacttire@xplornet.com)

COMMUNITYVOICE  
YOUR LOCAL NEWSPAPER

## THIS SPACE IS RESERVED FOR YOU!

## THE CORING GUY

- Concrete Coring & Cutting • Concrete Demolition
- Core Drilling • Skid Steer
- Coring fireplace & Dryer Vents

**Commercial - Residential**

**Laurence Markwart** Cell: **(780) 220-6164**  
LAC STE. ANNE COUNTY Email: [ljmarkwart@gmail.com](mailto:ljmarkwart@gmail.com)

COMMUNITYVOICE  
YOUR LOCAL NEWSPAPER

## THIS SPACE IS RESERVED FOR YOU!

**Pm** Park Memorial Ltd.  
Funeral Home & Crematorium

**Fran Marion**  
Licensed Funeral Director

Mayerthorpe: 780-786-2533  
Whitecourt: 780-779-2533

Serving Mayerthorpe, Whitecourt and area

Edmonton | Lamont | Mayerthorpe | Smoky Lake | Vegreville

## SUMMERS DRILLING LTD.

Water well drilling and service  
Family owned Business Serving Alberta since 1917

Never run out of water again!

5 year workmanship warranty

Tired of hauling water?  
We can install a water well with a permanent water supply for as little as \$150/month OAC

3 Convenient ways to pay

- Visa
- Mastercard
- We now offer full financing

Stop in at our office 4405 - 50 Street, Stony Plain  
780-963-1282  
[admin@summersdrilling.com](mailto:admin@summersdrilling.com)

## High-Performance Lifestyle Products

Call Today! **(780) 907-8642**  
[www.bepic.com/elaine1](http://www.bepic.com/elaine1)

## PURE HEMP PRODUCTS

GOING BE INEVITABLE - LOOKING AND FEELING OLD ISN'T

**KEY BENEFITS:**

- Inhibits Cell Growth in Tumors
- Relieves Pain
- Promotes Health
- Relieves Anxiety
- Neuroprotective

**(780) 907-8642**

TRUIS & ONOWAY REGISTRIES  
INSURANCE

Box 390, Onoway, Alberta T0E 1V0  
Tel: 967-5270 Fax: 967-4303

**OPEN 9-5 MONDAY - FRIDAY**  
Registries Closed from 12:00 pm - 1:00 pm

ALL GENERAL REGISTRY SERVICES

Home - Auto - Farm  
- Life and Business

Very Competitive  
Rates & Convenient  
Payment Plans.

**Clients first...Service Always!**

# EASTER COLORING CONTEST



*We're on the hunt for EGGCELLENT artists*

**AGE GROUPS: 4-5 YRS | 6-7 YRS | 8-9 YRS | 10 - 12 YRS**

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **TOWN:** \_\_\_\_\_

*Entries must be received by April 6, 2023.*

**Mail to: Easter Bunny c/o Community Voice  
Box 3595 Spruce Grove, AB T7X 3A8**

