



COMMUNITY VOICE

— YOUR LOCAL NEWSPAPER —

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

August 8, 2023

CYANOBACTERIA (BLUE-GREEN ALGAE) ADVISORY ISSUED FOR MATCHAYAW (DEVIL'S) LAKE

Submitted by Alberta Health Services

Cyanobacteria (blue-green algae) has been identified in the waters of Matchayaw (Devil's) Lake. Residents living near the shores of this lake, as well as visitors to this lake, are advised to take the following precautions:

- Avoid all contact with cyanobacterial blooms. If

contact occurs, wash with tap water as soon as possible.

- Do not swim or wade or allow your pets to swim or wade in any areas where cyanobacteria is visible.

- Do not feed whole fish or fish trimmings from this lake to your pets.

- Consider limiting human consumption of whole fish and fish trimmings from this lake, as it is known that

fish may store toxins in their liver. (People can safely consume fish fillets from this lake).

As always, visitors and residents are reminded to never drink or cook with untreated water directly from any recreational body of water, including Matchayaw (Devil's) Lake, at any time. Boiling of this water will not remove the

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ONOWAY LEGION NEWS



Submitted by Onoway Legion

Pub Night at the Legion

On Friday, Aug 18, it's our bi-weekly Pub Night from 5 to 7:30 pm. Everyone is welcome to drop in and enjoy an evening out. A full bar service, along with snacks and freshly-cooked hot dogs will be available for you to enjoy. We even offer some specialty cock-

tails now! Enjoy a friendly evening of cards, darts or pool with friends in a formal setting.

President's Message

On Saturday, July 29, 2023, our Legion hosted a concert by The Long Run, Canada's tribute to The Eagles. The event was the product of months of planning and anticipation by our event organizers, Anneliese Becht and Liane Wenckowski. Tickets were reasonably priced and sold out quickly.

It was a perfect evening for the event. The audience

included numerous veterans, other Legion members and Eagles fans from our entire community.

Everyone was welcomed at the door by Lou Hudon.

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Cyanobacteria (Blue-Green Algae) Advisory Issued For Matchayaw (Devil's) Lake

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toxins produced by cyanobacteria. An alternate source of drinking water should also be provided for pets and livestock, while this advisory is active.

Cyanobacteria is naturally occurring, and often becomes visible when weath-

er conditions are calm. Appearing like scum, grass clippings, fuzz, or globs on the surface of water, cyanobacteria can be blue-green, greenish-brown, brown, and/or pinkish-red, and often smell musty or grassy.

People who come in contact with visible cyanobacteria or who ingest water

containing cyanobacteria may experience skin irritation, rash, sore throat, sore red eyes, swollen lips, fever, nausea and vomiting and/or diarrhea. Symptoms usually appear within one to three hours and resolve in one to two days. Symptoms in children are often more pronounced; however, all humans are at risk of these symptoms. Exposure to the bacteria may be fatal to pets.

Weather and wind conditions can cause algae blooms to move from one location in the lake to another. As such, this advisory will remain in effect for Matchayaw (Devil's) Lake, until further notice.

Please note that waters of Matchayaw (Devil's)

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Cyanobacteria (Blue-Green Algae) Advisory Issued For Matchayaw (Devil's) Lake

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Lake in which the cyanobacterial bloom is NOT visible can still be used for recreational purposes, even while this Health Advisory is in place.

If you suspect a problem related to cyanobacteria or if you require further information on health concerns and cyanobacteria, please call Health Link at 811. Additional information is also available online, at www.ahs.ca/bga.



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ANOTHER RAINBOW SALE

**ONLINE -
DISPERSAL AND RETIREMENT SALE**

August 21, 2023
Hwy 16A West
Range Road 11
Stony Plain, Alberta

Dispersion and Retirement Sale
Bidding to open Monday, August 21, 2023 @ 6:00 a.m. and starts closing Friday, August 25, 2023 @ 12:00 noon
Load Out: Saturday, August 26, 2023 @ 10:00 a.m. - 5:00 p.m.
Sunday, August 27, 2023 - CLOSED
Monday, August 28, 2023 - Thursday, August 31, 2023 @ 10:00 a.m. - 5:00 p.m.

Additional load out times can be arranged by appointment only. Contact Rainbow Auctions if you require other arrangements.
This sale will be online internet bidding only.
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Keep checking in so you don't miss anything.

UPCOMING SALES

Sat Sept 16- 10:00 AM LIVE AUCTION Estate Sale for Mr Doug Steeves of the County of Parkland

Sept 25 and starts closing Sept 29 2:00 PM Annual ON Line fall Harvest Consignment Sale The last consignment sale for the year so buy or sell now!!

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17th ANNUAL MEETING

Thursday, August 31, 2023

Anselmo Hall

Starting at 6:00 p.m.

Join us for a complimentary Burger Meeting to follow
Financial Statements
Election of Directors

3 Door Prizes of \$100.00 Credit on Member's Gas Account

All TRL Members are invited and encouraged to attend.

Onoway Legion News

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A very busy bar staff consisting of Sue Jeffs, Scott Sadler and Liane catered to our thirsty guests. Sales of 50/50s were done by Mandi Gillis and Anneliese and the lucky winner took away \$362.50.

The band played two sets, each of 12 songs. They really got the audience engaged, and the dance floor was

busy! All in all, it was a night to remember. Big congratulations to Anneliese and Liane for staging such an impressive event.

Of course, once an event is concluded, there is more work to be done. Helping to clean up after the event were Jodi, Brian and Gabriel Shabada, Randy Wencowski and Broley Huxley. My thanks to all of these

volunteers for a job well done!

Remember, if you have any questions or concerns about our programs at the Onoway Legion, you can contact me, Ed Gallagher, your Legion Branch President, directly at 780-297-2203.

The Legion's a Happening Place on Wednesdays
Every Wednesday eve-

ning, starting at 7 pm, there's a musical jam at the legion. Bring an instrument to play, sing along or as a soloist, dance, tap your feet, or even just sit and listen. Everyone, member or not, is welcome.

Wednesdays have also become popular with darts players, or you're welcome to play pool or cards. Bring your friends or meet new ones.

The bar is open and it's also Wings Night. Munch on hot, salt & pepper (lemon & vinegar), dry rub, honey garlic, or BBQ wings for \$12/pound. Order at the bar and wings will be brought to your table.

Did You Know?

You can shop for a wide range of special items at poppystore.ca. There you'll find clothing, gifts, jewelry & watches, sports & recreation, youth, poppy & remembrance, memorial & tribute, commemorative, flags, flag stands and accessories.



Live Acreage Dispersal Sale for Gary and Janice Allen of Gunn 54530 – Ste. Anne Trail, Gunn, Alberta Sunday, August 13th 1:00 p.m.

Viewing – August 12 10:00 a.m. – 7:00 p.m.; August 13 11:00 a.m. to sale commencement

Partial Listing includes:

1983 Searay Sundancer Fibreglass Monohull Inboard/Outboard; solar panel; Motor – 350 cu.

Inch 260 Hp Mercury, new bellows; Trailer 1983 Meltrail VIN329298561 with 5 bolt rims

1960 36' Trawler Ex Fishing Boat – Poor Shape

Engine 200 HP John Deere Turbo Diesel (1996) – used by current owners in B.C.

1973 Charger VINWH23U3A185947; Motor 3230739 440 Motor – runs; 94,200 miles

Kustom Koach KT300 Travel Trailer

Everything works incl. air conditioning; used this year; 2 new 30 lb. propane tanks

Various boats/trailers, Kayaks, Peddleboat, canoe, aluminum boats, catamaran and monohull sailboats

100' galvanized marine grade chain

John Deere F1145 Diesel hydrostatic lawn tractor; 72" deck; 4 wheel drive

John Deere Lawn Tractor L130

23 Hp Kohler Motor; 48" cut

YT16 Ford Tractor

16 Hp Kohler Motor; deck needs repair

1963/1964 Chrysler Windsor/New Yorkers with motors – parts cars

16 packages shingles along with wooden shed

Skid steer trailer – 2 axle with ramps – no serial number

Various Household Items, antiques, die cast and RC models

Shop equipment, tools, small engine motors and parts, air compressor, generators, hydraulic press, drill press, welder, meat saw



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PARKLAND RCMP SEEK PUBLIC'S ASSISTANCE IN IDENTIFYING ATTACK ON HOMELESS MAN

Submitted by Parkland RCMP

Parkland RCMP are investigating after receiving a report that on July 25, 2023, between 11:00 a.m. and

noon, unknown subject(s) walked up to the location of an unhoused man and threw paint all over him and his nearby belongings. The man was sleeping within some trees in a park area

within the City. This assault was an unprovoked attack on a vulnerable individual who was sleeping.

Parkland RCMP seek information from the public and would like to identify

and speak with the suspect(s) involved in this incident.

CANADIAN GRAIN COMMISSION REPEALS GRADING CHANGES

Submitted by MP Gerald Soroka

Gerald Soroka, Member of Parliament for Yellowhead wishes to advise that in response to stakeholder concerns the Canadian Grain Commission is repealing the alignment of primary and export tolerances for test weight and total foreign material for all grades of the following classes of wheat:

- Canada Western Red Spring (CWRS)
- Canada Western Hard White Spring (CWHWS)
- Canada Western Extra Strong (CWES)
- Canada Western Soft White Spring (CWSWS)
- Canada Northern Hard Red (CNHR)

The alignment of total foreign material tolerances for Canada Western Amber Durum (CWAD) is also being repealed.

Changes to the tolerances announced in the Canada Gazette, Part II on July 19, 2023, will be repealed as soon as possible.

LIVE ON-SITE AUCTION

W/ INTERNET BIDDING ON SELECT ITEMS

Knafelc Mechanical

Keith 780-778-1270

Saturday August 26 at 1pm

Located: (From the Center of the Town of Blue Ridge, Turn West on TWP 594 for Appx 1/4 mile.)(Blue Ridge is Appx 1/2 Way Between Mayerthorpe and Whitecourt. Take Hwy 658 North for 6 miles.)

Starting At 1pm: *We Will Sell A Mechanical Repair Shop of Tools and Parts for Highway Trucks and Equipment. Including -80gl/5hp/2 Stage/18 CFM @ 100lb Vertical Air Comp *Rolling Hyd Truck Tire Transport and Hyd Motor Lift *M/C 295 Welder *Portable Trouble Shooter *Head Lite Aiming Gauge *Gas Light Plant w 295 Welder *Acetylene Torch w Tanks *1900 PSI PresWasher *Sand and Soda Blasters *Hand Tire JChanger *Brake Drum Calipers *Battery Chargers *2 Parts Cabinets, Many Trucks Parts and Items *Shop Press Drills, Grinders, Power Tools, Wrench Sets, Mechanical Tools, Air Greaser, Oil Lubsters *Lots More Sold in Bigger Quantities of Truck Parts, Air Lines, Lights, Fenders, Tires, 2 Alum Fuel Tanks *Lots of Chains, Slings, Truckers Items

Starting At 2pm SHARP: *Good 48ftX10ft Job Site Storage Shed on Skids *1978KW W 500 Truck w 2000 S 182 Hood Hyd Log Loader w By Pass Grapple *Terex 82-40 Crawler w Good 871 GM Motor 270hp, Good UC, 16ft Dozer, rear Hyd Rapper *2 of 42ftX8ft Highway Truck Vans w/Metal Access Steps, Built In Shelving for Parts Storage, Easy to Transfer Items to Different Work Sites *16ft Bed Truck Deck w Gyn Poles, Hidden 5th Wheel, End Roll, Manual pto Winc *1200X22.5 Tires on Dayton Rims *4 of 17.5X25 Grader Tires *2000 Arctic Log Pole Trailers w fold Hitch, front Bunk & bolster *30ft Shop Bilt Hi Boy Trailer w 1 Axle, Elite Brakes, Sr No *34ft IHC Bus Chassis w 466D, for Storage

*PLEASE NOTE: These Items Can Be Viewed and BID ON LINE ALSO AT: parsons-auctions.com

Followed By: *Project Vehicles - 1964 Plymouth Valient Signet Convertible Car and 1966 Chev Truck for Parts w 305, 6 spd *8ft Inflatable Boat *Water V-Snow Skis *Acreage Equip - White 1370 diesel Tractor w 3 PT, Fe Loader, 3 Point 2 Btm Plow/ 8' Cult/ PTO Post Auger/ 6' Rear Blade *PLUS - MF sd Rake, MF 269 Sq Baler w New Needle Parts, 24' Field Sprayer w pto pump, 5D Harrows. 8 ft Cult *YARD EQUIP - Elite Cement Mixer, Wheel Barrow, 2 Quad Blades, Quad Sprayer, Propane Torches and Heaters, JD 112 Tractor w Rottiller, Yard Eq & Tools, Barb Wire, 50 Posts, 48 Sheets of 3/8 DSB, Windows, Bicycles

PLUS Rows DF Misc: *22ft w 15ft Cross Beams *50gl Fuel Tank w Pump *3 of 4x4 Oil Tanks *8 ft Ramps, 2 Ext Ladders, Concrete Tools, 2 Truck Canopies, 2 SkiDoo Trailers, Older Horse Harness/Wagon Poles 1 Eq *Cream Separator *Firewood - 10 Cords of 16ft Seasoned Spruce, 10 Cords of 16ft Poplar *On Farm Usable 3 Axle GN Camper/Horse Trailer

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August 11th, 2023



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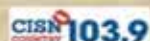
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Ag Drag August 12 & 13 - \$20 Advance/\$25 door



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Darwell Ag Drag

Modified Truck and Tractor pull

Saturday, August 12th - 5:00pm, Gates open 4:00pm

Sunday, August 13th - 11:00am, Gates open 10:00am

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Rainbow Pet
Cremation
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988-8651

Flanged Up
Mechanical
Services Ltd.
222-4089

HIGHER CIVIL CLAIMS LIMIT NOW IN EFFECT

Submitted by Government of Alberta

As of August 1, Albertans can represent themselves more effectively in civil claims court matters and save time and money on legal costs.

To make the civil claims process simpler and more cost effective, Albertans can now file civil claims of up to \$100,000 in the Alberta Court of Justice. This change is an increase from the previous limit of \$50,000 and the first time in nine years that Alberta's government has increased the civil claims limit. Albertans will continue to have the option to pursue their civil claim at the Court of King's Bench of Alberta.

This will make the civil claims process easier for Albertans to navigate compared to the Court of King's Bench of Alberta. The Alberta Court of Justice currently handles about 10,000 civil claims annually. It is highly accessible to Albertans, with 72 locations across the province.

"This increase to the civil claims limit will make the justice system more affordable and accessible for Albertans. Our government is committed to a more effective justice system in Alberta and this is another positive step in that direction."

Mickey Amery, Minister of Justice and Attorney General

The higher civil claims limit will free up time in the Court of King's Bench of Alberta, as it means more matters can be heard in the Alberta Court of Justice.

"The Alberta Court of Justice has grown and evolved to meet the changing needs of Albertans. This increase

reflects that evolution and our increased capacity as a forum for resolving civil disputes. This change empowers the court to handle a broader range of civil cases, easing the burden on higher courts and reducing delays in the judicial process."

Derek G. Redman, chief justice, Alberta Court of Justice



LAC STE. ANNE COUNTY
Visit LSAC.ca to explore the latest County news and events in greater detail.
f t in

PLANNING & DEVELOPMENT

NOTICE OF PUBLIC HEARING
of Bylaw 22-2017-03-2023

LOCATION OF HEARING
Lac Ste. Anne County Office
56521 Range Road 65

DATE OF HEARING
August 17, 2023

TIME
10:00 am

LOCATION SKETCH
Lac Ste. Anne County
Eagle Ridge Estates
Lot 7, Block 4 Plan 7821310

Pursuant to the provisions of Section 692 of the *Municipal Government Act*, the Council of Lac Ste. Anne County is considering an application for amendment to Land Use Bylaw 22-2017, by amending NW 15-54-01 W5M through proposed Bylaw 22-2017-03-2023.

- Redistricting the lands legally described as Lot 7, Block 4, Plan 7821310, Eagle Ridge Estates within NW 15-54-01 W5M from County Land (CL) District to Existing Country Residential (CRX) District under Bylaw 22-2017;
- Amending Map 6 Region F to reflect the redistricting of the lands legally described in Schedule "A" to Existing Country Residential (CRX) District under Bylaw 22-2017;

Written comments on the above proposed Bylaw may be provided prior to 4:30 pm, on August 10, 2023 to:
Lac Ste. Anne County 56521 RGE RD 65, Box 219 Sangudo, AB T0E 2A0
Attn: Amy Roberts, Development Officer Or email at devassistant@LSAC.ca

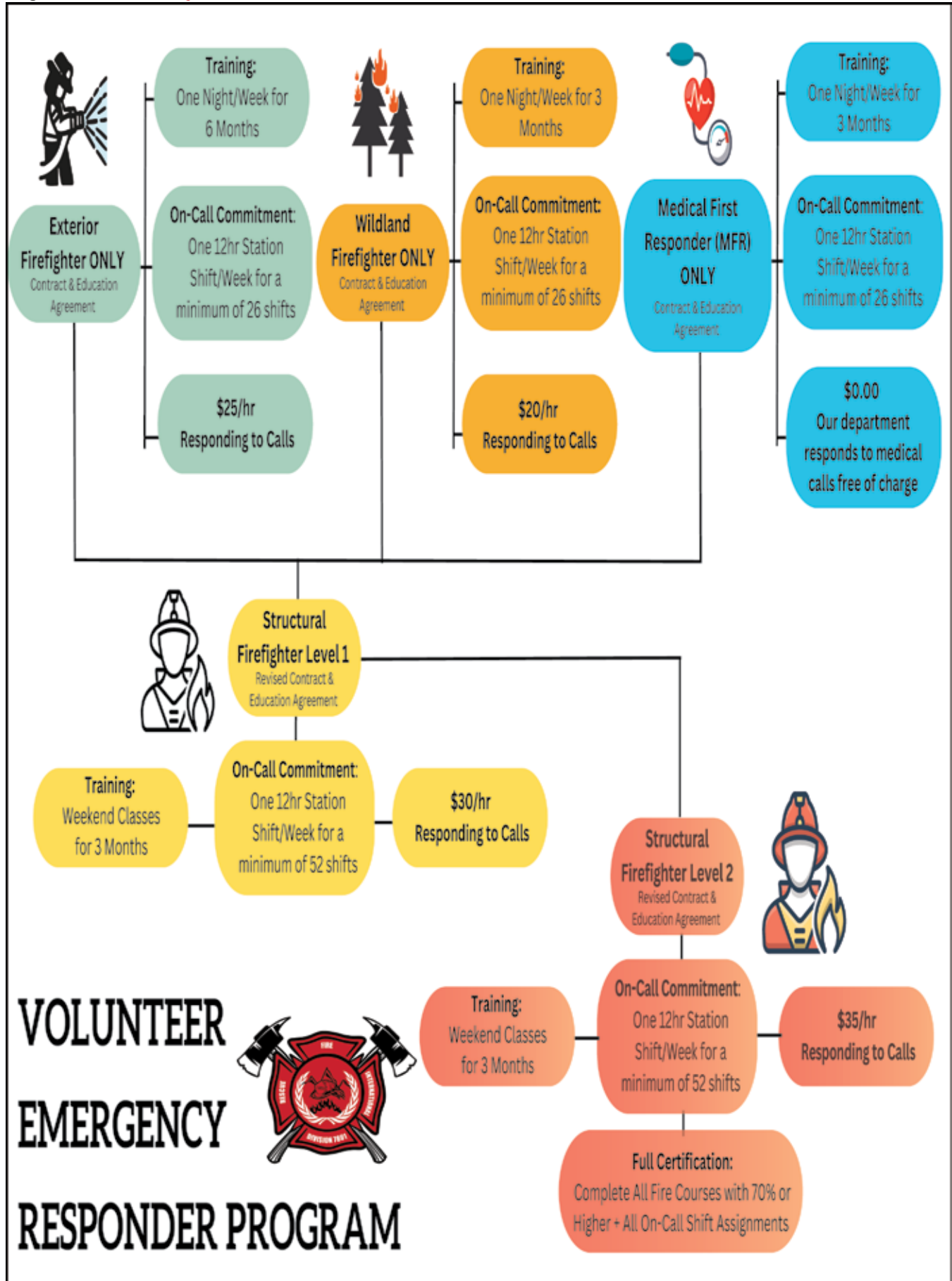
Interested individuals may attend the Public Hearing to voice their comments. To schedule an appointment please contact Development Officer, Amy Roberts at 780.785.3411. To attend the meeting via zoom please use the link:
<https://us06web.zoom.us/j/87299029471>

The proposed amendment and/or application may be reviewed during regular business hours at the County Administration Office located at 56521 Range Road 65 or on the County website at LSAC.ca/Hearings.

OK, so what all this fancy language means is that County owned lands have been identified and removed from municipal reserve designation and as a continuation in process now require redistricting to residential parcels in preparation for sale to the public.

In order to amend the Land Use Bylaw for redistricting, a bylaw must be drafted and a public hearing held first under the provisions of Part 17 of the *Municipal Government Act* (Sections 216.4, 606, 632, 640 and 692).

The above is to let folks know about when and where the Public Hearing will take place.





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UPDATES FROM HOME AND ABROAD

Submitted by MLA Shane Getson

It has been a while since I have had time to put pen to paper for this weekly article, like many of you I'm sure, something always seems to come up. However, based on the feedback I've received from you the reader, out and about as it were in the various communities, I'm going to make sure I pencil in an hour so that I can indeed put pen to paper,

and ensure this little article is a priority. It seems to be one of the sure-fire ways I can connect, rain or shine as it were.

As many whom have been following for the last few years, I've been going on and on about "Economic Corridors" pathways or conduits that can be formally identified, and that can be further developed to the benefit of not only the local area, but the region, province, and state as it were. I took the show on the road, with a fellow

MLA recently as I was named the official "Albertan Delegate" to represent our province in an organization called the Pacific Northwest Economic Region. Alberta was a founding member of this group of provinces and states that represents the 11th largest economy in the world when you compare us on the global stage. I was allocated/elected to the overall organizational executive, and its newly formed Canadian chapter.

The most recent conference took place in Boise, Idaho. It had a major focus on several issues that the economic corridor model will address. There is a huge need for energy security, food security, logistics efficiency, access to mineral assets, energy transition, infrastructure resiliency, and of course security. I have stated before that when we show up in person at these events, fully assert ourselves, inform others what we have been working on, and extend a hand to work collaboratively with them, we can move mountains. There is an emergent need for urgency like never before to sort out, what quite honestly has become a quagmire or fed tale and politics getting in the way of practicality for us to remain competitive, and secure here in Canada and the USA. Not only that, but our allies and friendly like-minded trading partners depend on us to be there for them.

Here is a real kick in the shin for anyone who has one foot grounded in reality, while following along with what seems to be pushed in the mainstream papers and media. If we are going to meet the mandates for the zero emissions future—with excessively aggressive timelines—we are going to have a massive failure. A large number of that group are running around like chicken little and pointing the finger at all of those who supply them with the modern-day conveniences that they can't live without, and they want to shut down the industries and places that are the solution to their dream. I heard elected officials from the left coast regions going all in on "Green" while at the same time not wanting power lines and power generating facilities. They want to pull approvals for existing hydroelectric dams that have been in operation for years,

Continued on Page 16

Visit [LSAC.ca](https://lsac.ca) to explore the latest Lac Ste. Anne County news and events in greater detail.

LAC STE. ANNE COUNTY

56521 RGE RD 65, BOX 219, SANGUDO AB T0E 2A0
OFFICE HOURS: 8:30AM TO 4:30PM MONDAY THROUGH FRIDAY
phone 780.785.3411 toll-free 1.866.880.5722 lsac@lsac.ca

County News Highlights

August 17 Council Meeting

Council meetings are held the second and fourth Thursday of each month, however, this schedule is subject to change. County Council meetings begin at 9:30 am.

Visit [LSAC.ca/agenda](https://lsac.ca/agenda) for meeting agendas. Please note: to address Council, appointments must be booked at least 8 working days prior.

CALLING ALL BUSINESS OWNERS

Considering a Transition into Retirement or Other Ventures

The County has recently become a participating community of the Alberta Advantage Immigration Program (AAIP) Rural Entrepreneur Stream. As such, LSAC will help connect business owners considering a transition into retirement or other ventures with qualified entrepreneurs looking to purchase existing businesses as successors.

If you are a business owner within the County interested in possible business succession through this stream, please email LSAC@LSAC.ca. Include the following information: your name, business, and telephone number. The County simply wants to connect like-minded entrepreneurs.

SURPLUS ITEMS AVAILABLE AT PUBLIC AUCTION

Including Fleet and Miscellaneous Items

The County has posted fleet and miscellaneous surplus items for sale via the **GovDeals** online auction platform. All items are sold on "as is, where is and with all faults" basis.

For more information and to view the items on offer, please use the following link:

<https://www.GovDeals.com/lacsteanneabfleeta>

This online auction is open to the public. To register to bid please visit [GovDeals.ca](https://www.GovDeals.ca), click on register, and complete the required information.

Please note, when registering, you must enter a physical address, not post office box.

For questions please contact **Operations Coordinator, Brad Parker** by emailing bparker@LSAC.ca.

Classified Ads - Call 962-9228

Obituaries



It is with heartfelt sadness to announce Joan Madeline Stellmaker (née Morrison) passed away at the age of 71, January 17, 2023, after braving a shockingly short battle with a rare form of cancer. Joan was born on January 9, 1952, at St. Paul's hospital in Saskatoon, Saskatchewan. Daughter of Andrew and Rose Morrison (née Bauman). She is survived by the love of her life Richard Stellmaker, and her children, whom she adored, admired, and loved unconditionally: Triena Hoople, husband Jason, Jaime Stellmaker, and Johnathon Stellmaker, wife Trish. Her grandchildren, whom she helped raise, grow with, guided, and gave all of her heart to: Ryan Hoople, Alixandra Hoople,

and Auren Shabada. And her stepchildren and grandchild: Richard Stellmaker, Rebecca Stellmaker, and Brittany Stellmaker. She will be missed dearly by her beloved siblings: Janet Faulkner, Debby Wilhauk, and Tim Morrison, wife Teresa. Joan was predeceased by her parents, Andrew and Rose Morrison, and her little brother, Donald, who are waiting with arms wide open to welcome her. She was loved and cherished by her cousins, family, and friends, and her memory lives on with her many nieces, nephews, great nieces, as well as her God Daughters, Jennifer Craig and Kaila Morrison. Joan was fearless, feisty, and independent, yet sensitive and incredibly compassionate. She was such a beautiful person inside and out. Her laughter was contagious, her smile lit up the room. She will forever be remembered for her passion and talent for music. She loved to entertain and be entertained. She cared so deeply for the people around her. She provided comfort and solace while asking nothing in return. She will be forever dearly missed. There will be a celebration of life for this amazing woman, wife, mother, grandmother, sister, aunt, cousin, and friend on Saturday, August 19, 2023

3:00pm - 6:00pm Held at the Seba Beach Pavilion 140 - 3rd South, Seba Beach, AB. There will be snacks, refreshments, and many stories to share after the ceremony.

Dog Caretaker

Alberta Beach & Surrounding Areas, thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166

For Rent

Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double beds, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$1050 + tax. Please call for viewing, 780-967-4420 www.onowayinnandsuites.com

For Sale

firewood for sale, spruce,

poplar, birch we deliver half and full cords 780-297-9172

Services

Stump Grinding For Hire - Alberta Beach & surrounding areas. Call 780- 779-3589 (27) 10-17

Cleaning

Ceiling & Walling Cleaning yes we can clean stipple and california knockdown, cigarette smoke, ceiling tiles/ office/restaurants **"don't paint" SENIORS DISCOUNT** residential & commercial. Call Nano Cleaning Service @ 780-914-0323

Computers

Free Computer Checkup, Computer Repairs not over \$25. 780-916-5613

Help Wanted

Caretaker for 17 suite apartment, in Onoway AB call 780-920-3652 or 780-423-3664 (4) 08-08

We're ONLINE!

www.com-voice.com

Updates From Home And Abroad

Continued from Page 14

and stop most of the mines in production, let alone approve any new ones. Farming was not a desired industry as well on any sizable scale, depending on the regions, because land should be used in better ways, like putting up more windmills and solar panels to plug in electric vehicles.

It was an educational conference; I can assure you. I cannot tell you who I spoke with or what was said in a number of the executive meeting rooms, but let's just say your outspoken MLA had a few things to share with his new colleagues at the table about how and why he got into politics. The harsh realities that would be encountered with the proposition that was laid out before us if we didn't face some real word truths. I can share with you that a number of those that hail from the left coast regions were somewhat gob smacked, and the others from similar regions and backgrounds as ours were shaking my hand and thanking me for speaking up. We have reached a point where we need to stand up and say

the emperor has no clothes, and that chicken little is indeed overacting to the sky is falling.

I'm not suggesting that we need to stay static, but we need to really step up and play our part, be assertive, be respectful, and when the others are running around in circles, sidestep them and get on with addressing the real problems. Digging in and coming up with the solutions, and then executing the plan.

At the start of the conference, only a handful knew about our economic corridor model. When we left, there was a spot designated for me to present at the winter conference, and a panel that is going to be dedicated to the subject at the next annual conference. Included in the discussion will be the evolution of the fast tracking of projects within the corridors that meet the national and North American interest. Time to get back to the period where common sense and the common interest thrives.

So, what does this mean on the home front? Well simply put, it means leading by example. Looking at our own

back yards and seeing what has become so cumbersome that it just does not make sense any longer. It means making a safe place again where folks can have good conversations and debates without being so darned hyper partisan or political polarized. We need to park the local politics, get back to getting things done for the good of others, and with that, the windfall for ourselves. It means identifying the elements which are dividing us, and parking them, so that we can work on the problems that are real. As one expert put it, rather than trying to change the weather, imagine how much more effective you would be if you simply planned for the weather.

On the home front we are going to be having some town halls to talk about where we are at regarding the fore season we just went through. We need to openly talk about what worked, what didn't, and how we can address some of the items that we need to. Not finger pointing, but problem solving. I honestly believe there are a number of process

and procedural items that need to be addressed so that we are all in better shape the next time something like this happens.

Our office will be selling some "Made in Alberta, Strong and Free" flags as well as some artwork prints to help a number of folks who were impacted by the fires and had challenges with insurance. We also want to explore some options that may be out there through Habitat for Humanity, or any other such organizations so that we can help folks get back up on their feet sooner than later. It is community coming together to help one another that makes the most meaningful impact.

Keep safe, take care of one another, and when you can, take the time to work together to work the real problems that can be solved. Don't get bogged down in the minutia or distracted by the chicken little out there. We have work to do, and we need to keep moving our province forward together. Other jurisdictions are looking up to us for leadership, and it's what we do at home that counts the most in making the biggest mark.

SUDOKU

of the week

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

				5		6		9
9						2	1	5
6		8			1		7	
	9	1		6			5	2
2	8		4					
7		6	5		3			
			6	7				8
	6		9		8			
		2					4	

ANSWER:

1	2	7	3	5	4	6	8	9
9	3	4	7	8	6	2	1	5
6	5	8	2	9	1	3	7	4
3	9	1	8	6	7	4	5	2
2	8	5	4	1	9	7	6	3
7	4	6	5	2	3	8	9	1
4	1	9	6	7	2	5	3	8
5	6	3	9	4	8	1	2	7
8	7	2	1	3	5	9	4	6

FREE REPLACEMENT DOCUMENTS FOR CANADIANS AND SPECIAL MEASURES FOR PEOPLE AFFECTED BY SEVERE WILDFIRES

Submitted by Government of Alberta

With the country experiencing an unprecedented wildfire season, the Government of Canada is urgently mobilizing to help support communities and the people who live in them. This includes help for Canadians and for people who are crucial to the rebuilding effort.

Today, the Honourable Sean Fraser, Minister of Immigration, Refugees and Citizenship, announced special measures for people who

have been impacted and need to replace vital documents or to extend or restore their status in Canada.

Immigration, Refugees and Citizenship Canada (IRCC) will issue free replacement documents for Canadians, permanent residents and temporary residents directly affected by the wildfires. These include permanent resident cards, Canadian citizenship certificates, Canadian passports and other travel documents that are lost, damaged, destroyed or inaccessible due to wildfires.

International students, temporary foreign workers and other visitors who have been directly affected by the wildfires and whose status will expire by September 30, 2023, will also be eligible to apply, restore or extend their status in Canada free of charge. This means that temporary workers who are unable to work because their workplace is closed due to the fires don't need to worry – they'll be able to extend their status and stay until their workplace reopens. In addition, international stu-

dents can extend their study permits if their classes are delayed or cancelled and finish their studies without penalty.

These special measures will be in effect until September 30, 2023. They give Canadians, permanent residents and temporary residents time to sort out documents or temporary status issues, so they can focus on what matters most right now: their families, their homes and their communities.

Church Directory

Rich Valley Community Church Sunday School 10:00 a.m. Worship Service 11:00 a.m.	Catholic Parish of Lac Ste. Anne Sunday 10:00 a.m.	Good Shepherd Lutheran Church Stony Plain Worship Service 10am (780) 963-3131	Mayerthorpe Baptist Church Worship Service Sunday 10:30 a.m. Children's Church 10:30 a.m. 4606-54 St. Mayerthorpe (780) 786-2677	Alberta Beach Alliance Church Sunday Worship Service & Kid's Church 11:00 a.m. Sunday School 10:00 a.m. (780) 924-3282	St. John's Anglican Church Onoway Sunday Service 10:00 a.m. Everyone Welcome
St. John's Lutheran Church Alberta Beach Sunday Service 11:00 a.m. Sunday School	Zion United Church Sunday Service 10:00 a.m. Sunday School Serving Alberta Beach, Wabaman, Darwell & Lake Isle, Onoway & Area (780) 924-3351	Sangudo United Church Christmas Eve Service 6:00 p.m. Worship Service 3rd Sunday 11:00 a.m. 4907-50 Ave. Sangudo, AB	St. Mary's Anglican Church Service Holy Communion 2nd Sunday each month 11:00 a.m. at Sangudo United Church Reverend Barry Rose Officiating	Cherhill Community Church Sunday School 10:00 a.m. - 11:00 a.m. Worship Service Sunday 11:00 a.m.	St. Michael Lutheran Church Sunday Services 1st & 3rd Sunday at 2:00 p.m. Pastor Rick Chappell (780) 282-0183 Mystery Lake
Trinity Lutheran Church (LC-C) <i>"The Church of the Lutheran Hour" - Rockfort Bridge</i> Pastor Dan Hansard Church (780) 778-2035 Sunday Worship 9:00 a.m. Senior's Service & Cottage Bible Study - Phone for locations	Crossroads Community Church P.A.O.C. Rev. Arnold Lethoiz Sunday Service 10:30 a.m. (780) 786-2424	Mount Carmel Spirituality Centre Catholic Chapel Sunday Masses 10a.m. & 2pm Weekdays 9am Saturday 10am 1225 TWP Rd 255 Parkland County	Onoway Baptist Church Sunday Service 10:30 a.m. (780) 967-2266	Roman Catholic Church St. Agnes' Parish, Mayerthorpe Sunday 9:00 a.m. St. Elizabeth Parish, Evansburg Saturday 7:00 p.m. (780) 786-2032	Calahoo Alliance Church Family Worship Service Sunday 10:00 a.m. For Info Call Jerry (780) 974-7734

Barrhead Ag Society presents

Blue Heron Fair 2023

August 12 & 13

All Weekend

WILDROSE RODEO

Wildrose Rodeo kicks up the dust, showcasing talented cowboys and cowgirls as they compete in thrilling events that will leave you breathless.

Hang on tight as you witness the heart-pounding Global FMX motocross show, where fearless riders defy gravity with jaw-dropping stunts and high-flying acrobatics

GLOBAL FMX MOTOCROSS SHOW

MINI CHUCKWAGON RACES

SLO-PITCH TOURNAMENT

BEER GARDENS

CHILDREN'S ACTIVITIES

Activities FREE

**with gate
admission**

Saturday

BLUE HERON PARADE 9:30 AM

PUDDLE OF MUD
PRODUCTIONS

- CHILDREN'S STAGE SHOW
AFTERNOON

HORSE SHOW

CABARET FEATURING

DONNY LEE 9:30 PM

SEPARATE TICKET REQUIRED

Sunday

MARKETPLACE

GYMKHANA

Adult \$20

2 day pass \$30

Youth \$10

2 day pass \$15

5 & Under FREE

Barrhead Ag Grounds 4802 57 Ave Barrhead, AB

These Pages are sponsored by the following businesses

**Pembina
West Co-op**

674-2201

TICKET

**Stephani
Motors Ltd.**

674-2211

TICKET

**Barrhead
Fas Gas Plus**

674-6356

TICKET

**Barrhead
Home Hardware
& Bldg Centre
(new location)**

674-4710

TICKET

**Bert's TV
/ Comfort
Corner**
674-3001
674-4933

TICKET

**A&W
-Barrhead**



674-7666

TICKET

**KNM Sales
& Services**



674-2888

TICKET

**JS
Jewellery**

674-5055

TICKET

**Fountain Tire
Fountain
Tire
-Barrhead**

674-6151

TICKET

**Pure
Glass**



674-0130

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**Wawaneat
Renovations &
Construction Ltd.**
305-1148

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**Barrhead
Ford Inc.**

674-2227

TICKET

**Barrhead
Building
Products Ltd.**

674-3397

TICKET

**Barrhead
Chiropractic**

-Dr. Peter See

674-2861

TICKET

**Prairie Chef
Family Dining
& Pizza**

674-3278

TICKET

**Barrhead
Machine &
Welding Ltd.**
674-2924

TICKET

**NAPA Auto
Parts
-McLeans**
674-3381

TICKET

**Total Relief
Plumbing &
Heating**
674-4713

TICKET



**McEwan's
Fuel &
Fertilizers**
674-2146

TICKET

**TD Canada
Trust
-Barrhead**
674-2216

TICKET

**Integ
Distributors**



674-8977

TICKET

**All Around
Manufacturing
& Mechanical
Ltd.**

674-5115

TICKET

**Barrhead
Glass & Mirror**

674-3398

TICKET

**Thomas
Trenching
Services**

674-2095

TICKET

**Barrhead
Auto Parts &
Salvage**

674-3443

TICKET

**MG Builders
Ltd.**

MG Builders Ltd.
305-4864

TICKET

**J's
Place**



674-5595

TICKET

**Barrhead
Golf &
Recreational
Area Society**
674-3053

TICKET

**All Around
Oilfield
Services Ltd.**
674-6457

TICKET

**Barrhead
Sound 1982 Ltd.
-Audio, Video
Unlimited**
674-3903

TICKET

COMMUNITY EVENTS

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 25 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

FARMERS MARKETS

ALBERTA BEACH: Sundays, 11:30 - 3pm. Contact Hali 780-666-1604 *May - September

BARRHEAD: Saturdays, 10AM-1PM at Barrhead Agrena. Sherry 780-674-6802 *May - Dec.

EVANSBURG FARMERS MARKET: Every Saturday 10am - 2pm located right beside Evansburg Tipples Museum 780-505-0905

May-Sept ONOWAY: Thursdays, 5-8PM at Onoway Community Hall. 780-667-6327 or onowayfarmersmarket@gmail.com. *Starts May 1st.

SPRUCE GROVE: at the Elevator, Sat 10:00-1:00PM, Info (780)288-6174 *April - Dec.

STONY PLAIN: Saturdays, 9AM-1PM, Community Centre Downtown, Stony Plain. Nancy 780-962-3993. *April - Dec. **WHITECOURT:** Tuesdays 11AM-2PM, Whitecourt Legion Hall, 779-7002. *May - Oct.

BINGO

RICH VALLEY COMMUNITY HALL BINGO: on August 2, 16 & 30 at 7:30PM **STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

WHITECOURT SENIORS CIRCLE, Every Tuesday. Open @ 5PM, 1st call @ 6:45PM, Nevada's, Concession. 780-778-4950 *Sept - June

MEAT DRAWS

ALBERTA BEACH: Lac Ste Anne Community Choir & Museum Meat Draw/Prizes - Every Sundays, 3:00PM at Jungle's Bar & Grill.

BARRHEAD ROYAL CANADIAN LEGION: Fridays 6:00PM. Queen Of Hearts draw & 50/50.

C.A.N. COMMUNITIES OF ALBERTA NETWORKING FOR SENIORS, Spruce Grove At Pioneer Center. first market March 25 1 - 5:30pm

DARWELL MARKET & MEAT DRAW 4th Sat of the month. till 4:30 (year round) All is welcome Lisa @ 780-233-0700

ONOWAY ROYAL CANADIAN LEGION: Fridays, Ph. 780-967-5361

STONY PLAIN ROYAL CANADIAN LEGION BR# 256: Saturdays @ 3:00PM.- 5:00 PM Meat Draw & 50/50.

MAYERTHORPE ROYAL CANADIAN LEGION: June - Fridays from 4 - 8 pm Pub Night//Meat Draw & 50/50

WHITECOURT LEGION: Saturdays 3:00PM. Located downtown behind the CIBC.

MEALS ON WHEELS

ONOWAY: LSAC Div 1 & 2, East of Hwy 43, Hazel Bourke: 780.967.2338 or bbourke@icloud.com

WEST END: Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

JAMBOREES

CARVEL: 2nd Sunday of month. \$6 lunch served. Info 780-991-3001

SANGUDO: Sangudo Community Hall Jamborees are on hold until further notice 780-785-4105.

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June.

Edmonton Northwest Senior's Center: 12963 - 120st NW, Every Wed From 1-3:30pm Aug & Sept Admin: \$5 non members \$2 members Yearly membership \$30

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 1st & 3rd Thurs of month, 6:30PM, \$2.

WHITECOURT SENIORS CIRCLE: 2nd Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 *Nov - June

TOPS (Take Off Pounds Sensibly)

SANGUDO: Tues 5pm at Sangudo United Church. Toni (780)786-4612

STONY PLAIN: Thurs evening at 5:30PM, Stony Plain Library. Susan (780) 968-0869

SPRUCE GROVE: Mon at 4:30pm at Anglican Church, 131 Church Road. Betty (780)962-3857

SPRUCE GROVE: Tues at 6:15pm at Anglican Church, 131 Church Road. Sharron (780)962-2722

SPRUCE GROVE: Wed at 8:45am at Anglican Church, 131 Church Road. Christiane (780)960-1109

WILDWOOD: Thurs at 10am at Wildwood Hall, Bea (780)727-2129

YOUR COMMUNITY

MAYERTHORPE LEGION BR. #126: Seniors' Floor Curling - Thurs @ 1PM. Fun Darts - Thurs @ 7PM. Wings Night - Every Wed 5-8PM. Steak & Fish Night - 1st Friday of month 5-8PM. Everyone welcome. For more info please call 780-786-2470.

ONOWAY ROYAL CANADIAN LEGION: Open Tuesdays 7PM to 10PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9:00-3:00PM. Info 960-4600.

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onoway. Open Fri & Sat, 10AM-2PM.

FREE TUTORING FOR ADULTS: Need help with reading, writing, math, English language (ESL) or basic digital skills? Free 1-on-1 and small group tutoring! Odette Lloyd 780-220-6460. calp@norquest.ca

WATER SAMPLE DROP OFF: Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

SOCIAL EVENTS

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES: Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone Welcome.

BADMINTON: Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

COME PLAY CRIB: Fridays, 7:00PM at Darwell Seniors Hall; lite lunch is served. All ages!

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

Darwell Public Skating 7-days wheel 8am - 8pm. more details on Darwellag.com or Facebook

JR. SCRAPBOOKING Wed 4-6PM. Pre-register by Tues eve. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ca (780)786-2404

"ME, YOU, & EVERYBODY" Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agliplex from 10:00-11:00AM starting May. Funded Lac Ste Anne FCSS.

ONOWAY & DISTRICT HISTORICAL GUILD: Every Wed, 9-4pm at Onoway Golden Club Onoway Museum. 967-4485

ONOWAY GOLDEN CLUB: Cards Tuesdays, 1PM. 5023 49 Ave. 780-967-3436.

ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast. Fridays 10:30AM at the Drop in Centre, 5023-49 Ave. PH: 780-967-2056.

PANCAKE/BREAKFAST SOCIAL: 3rd Sunday 9:00-11:30AM, Parkland Village Community Centre. *except June, July, August

RIVER TALKERS TOAST MASTERS CLUB, Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Lorainne 286-5040.

SANGUDO ART CLUB meets every Thursday morning at 9AM at the Sangudo Community School. New members welcome. For further information call Brenda at 780-785-2402.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St). 2nd Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St). Every 2nd & 4th Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

THE ALBERTA WILDLIFE WHITECOURT SENIORS CIRCLE DROP IN Crib 1st & 3rd Sundays 1:00PM. 780-778-4950

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1PM.

MEETINGS

1ST ONOWAY SCOUTS: Registration, Mondays 6:30-8PM. Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

2716 ROYAL CANADIAN ARMY CADETS, Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs, Call 780-515-1842

299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE: Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS, Onoway Historical Centre, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

526 BARRHEAD AIR CADETS, Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

755 PARKLAND AIR CADETS Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

AA - MAYERTHORPE, Community Service Bldg 4909-49Ave, Thurs 8PM. (780) 648-3903 or (780) 779-0155

AA - SANGUDO GOLDEN CLUB, Tues 8PM call 786-4402/785-9214/785-3599

AA - WHITECOURT, united church side door, Mon, Tues, Fri 8pm call 780-286-5144

AL-ANON Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

Hope and Help for Family and Friends, New Al-Anon meeting in Spruce Grove Wed @ 11am. 1A Fieldstone Dr Church Library

ALBERTA 55 PLUS: Villenvue Hall at 10AM. Meetings on 2nd Tues of month. Info: Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7:00PM, Alberta Beach Agliplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs of month, 7:00PM, Alberta Beach Agliplex.

ALBERTA BEACH MUSEUM meets on the 2nd Wed, 7:00PM at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS: The Journey of Hope Group, Mondays 8PM, Golden Club 5023-49Ave

BARRHEAD & AREA CANCER SUPPORT GROUP: 4th Thurs. 6:30-8:00PM at Barrhead United Church.

BARRHEAD ROYAL CANADIAN LEGION, meeting every 2nd Thurs, 7PM at the Legion Hall.

CHERRILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8PM at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERRILL SILVER & GOLD SENIORS CLUB Regular Meetings 1st Tuesday of month, Cherhill Seniors Hall. Call Rosamary 780-785-2625

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12PM, Alberta Beach

Agliplex. Info call 780-902-4879 or 780-999-7622. *Sept-June.

DARWELL & DISTRICT AG SOCIETY MEETINGS, 7:00PM, 1st Monday, Darwell **DDRA MEETING,** 7:00PM, 2nd Mon, Darwell Centennial Hall 780-892-3099. *except Jul/Aug/Dec

GriefShare: Experience the many benefits of a grief support group. Previous participants share, "the discussion time was encouraging and supportive", and "this gives me a sense of hope; that I am not going through this alone". GriefShare is held Tuesdays 6:30pm - 8:30 pm, starting Sept 19 at Crossroads Community Church, 4419 44 Ave, Mayerthorpe. \$35 for 12 sessions.

Pre-register by calling 780-786-2695. **GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30PM, Onoway Heritage Centre On-line Registration www.girlguides.ca

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30PM at Kinsmen Hall, 1st Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

LAC STE ANNE COMMUNITY CHOIR, Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Sandra @ 780-966-5678

LAC STE ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY: 3rd Fri, 7PM, Alberta Beach Council Chambers.

LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS: 3rd Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5PM in Hospital Basement Education Room.

MAYERTHORPE LEGION BR. #126: Meetings 2nd Mon of month at 7:30PM. For more info please call 780-786-2470.

MEN FOR SOBRIETY: Wednesdays at 7:30PM, FCSS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? Last Tues of month, 7-9PM, Westview Health Centre. Cassy 780-471-3034 *Sept-June

NA MEETING, Tuesdays 7:00PM Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:00PM, Onoway Legion

ONOWAY & DISTRICT QUILT GUILD: Every 2nd Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629.

ONOWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7PM. *Sept-June

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agliplex on the 2nd Wed of the month. 7:00PM.

RIVER TALKERS TOASTMASTERS CLUB Build confidence, speaking, leadership & listening skills. Thursdays 7-9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180.

SANGUDO PAINTING GROUP: Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

WESTLOCK & AREA CANCER SUPPORT GROUP: 3rd Wed. 6:30-8:00PM at Westlock Library.

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GOLFER'S GUIDE

9 WAYS TO IMPROVE YOUR GOLF GAME

Warmer weather sends scores of golfers to their favorite courses each and every day. Golf is a challenging pastime, but a few pointers can help golfers hone their short games, long games and everything in between.

- Choose the right clubs. There is more to selecting clubs than pulling any old iron out of your golf bag and whacking away. Wind, hazards and obstructions in landing areas should influence your decision of which club to use.

Novice golfers may want to rely on their caddies to make club recommendations, and as they become more confident in their abilities they can start to make their own choices.

- Anchor your feet. Anchor your foot behind the ball to drive the ball further. Right-handed players will keep the right foot anchored, and lefties will do the opposite. Do not lift your foot prematurely; otherwise, you can lose power and distance.

- Identify your weak-

nesses. As with any hobby, identifying those areas that need the most work can help you become a better golfer. Keep track of each shot you take, and then look at the results to see which areas of your game need the most work.

- Fix your alignment. Align your shots by assessing the target from behind the ball. Then set the clubface behind the golf ball and align it with the target before you enter your stance.

- Use your torso for

power. The torso is essential to a solid swing. Practice rotating from your core to control your backswing and then maintain the same spine angle and posture on the downswing.

- Use the wind. Not every golf game will be played in perfect weather. A good player knows how to make adjustments for the wind depending on the shot. Use the wind to your advantage when you can, and adjust your swing when hitting into the wind.

- Become a better chipper. Many players put so much emphasis on their backswings and putt shots that they fail to devote any practice to chips. All shots are important for golfers trying to shed strokes off of their scores.

- Keep fit. Maintaining or improving your physical strength and overall health can help your golf game. Exercise and eat right, and you will have more endurance on the links.



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